



Research in the Works

A Publication of the Systems & Psychosocial Advances Research Center (formerly the Center for Mental Health Services Research)
A Massachusetts Department of Mental Health Research Center of Excellence

The University of Massachusetts Medical School Child Trauma Training Center (UMMS-CTTC)

BACKGROUND: Research indicates that childhood trauma is a pervasive, global, healthcare crisis with a majority (68%) of children having experienced exposure to traumatic events.¹ Youth who have multiple exposures to violence or victimization are at higher risk for mental health problems, behavioral problems, substance abuse, and delinquent behaviors, often resulting in their involvement with the court system.^{2,3,4,5} The majority of children who experience traumatic events are seen first by their pediatricians, schools, or courts and law enforcement before being referred for trauma assessment/treatment. By training professionals in these groups, the University of Massachusetts Medical School Child Trauma Training Center (UMMS-CTTC) aims to identify and improve access for children who would benefit from evidence-based trauma-focused treatment, specifically, Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT).⁶

MISSION: The UMMS Child Trauma Training Center mission is to improve the identification of trauma and increase trauma-sensitive care and access to evidence-based trauma-focused treatment for at-risk and underserved populations in Central and Western Massachusetts, including court-involved youth and military families, ages 6 to 18 years.

Population Focus:	<ul style="list-style-type: none"> Children and adolescents ages 6-18 who have experienced trauma and reside in Central and Western Massachusetts (Worcester and Hampden counties)
Specific Trainings CTTC will provide:	<ul style="list-style-type: none"> Trauma-informed, trauma-sensitive training for professionals (pediatricians, court personnel, law enforcement, attorneys, schools) to assist in the identification, screening, and/or assessment of trauma and trauma-related symptoms Training in Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT), and adaptations to TF-CBT for court-involved youth and youth of military families Disaster response training Training on cultural competence and the treatment of trauma (e.g. trauma & Latino families) Training on family engagement strategies with youth and families who have experienced trauma
Goals:	<ul style="list-style-type: none"> Provide training in trauma-sensitive care to 1800 professionals Create a centralized referral system inclusive of a network of mental health agencies and practitioners trained in evidence-based trauma treatments, toll-free number 1-855-LINK-KID Provide training in TF-CBT to increase number of clinicians trained in an evidence-based trauma treatment Provide trauma-focused treatment to 900 youth and their families in 60 cities and towns in Central MA and 23 cities and towns in Western MA

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For more information: <http://www.umassmed.edu/CTTC.aspx>

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