

## **Research in the Works**

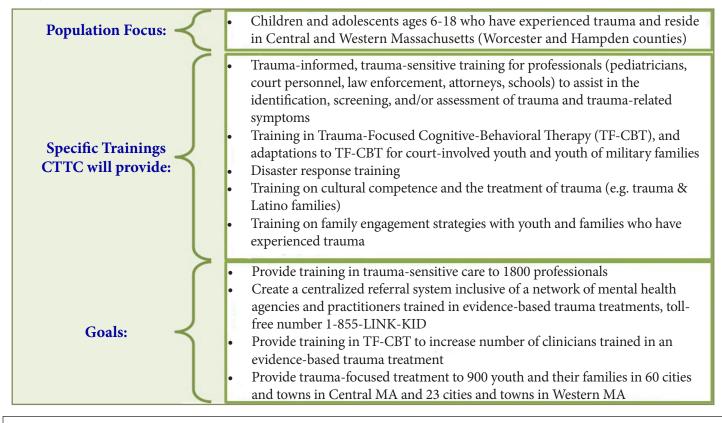
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## The University of Massachusetts Medical School Child Trauma Training Center (UMMS-CTTC)

BACKGROUND: Research indicates that childhood trauma is a pervasive, global, healthcare crisis with a majority (68%) of children having experienced exposure to traumatic events.<sup>1</sup> Youth who have multiple exposures to violence or victimization are at higher risk for mental health problems, behavioral problems, substance abuse, and delinquent behaviors, often resulting in their involvement with the court system.<sup>2,3,4,5</sup> The majority of children who experience traumatic events are seen first by their pediatricians, schools, or courts and law enforcement before being referred for trauma assessment/treatment. By training professionals in these groups, the University of Massachusetts Medical School Child Trauma Training Center (UMMS-CTTC) aims to identify and improve access for children who would benefit from evidence-based trauma-focused treatment, specifically, Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT).<sup>6</sup>

**MISSION:** The UMMS Child Trauma Training Center mission is to improve the identification of trauma and increase trauma-sensitive care and access to evidence-based trauma-focused treatment for at-risk and underserved populations in Central and Western Massachusetts, including court-involved youth and military families, ages 6 to 18 years.



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For more information: http://www.umassmed.edu/CTTC.aspx

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