WhatisGlobalHealth-2012-Kony2012SocialMediaAndAgency MayaCohenBc10AndNicoleDussa ultCc14

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Hi, this is Wig. What is global health? The podcast from the Journal of Global Health

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at Columbia University that explores the philosophical underbelly of provocative issues in public

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health and science research. I'm Connie Chen and this is Episode #4. This week the spotlight

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is on the Coney 2012 controversy in youth social movements. Our guests are Maya Cohen,

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Executive Director of GLOBE-MED and Nicole Dussaud of GLOBE-MED's Columbia University

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chapter. In case you're wondering, GlobeMed, with over 45 chapters nationwide, is one of

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the largest student-driven global health organizations in the United States. It's composed of networks

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of university students who work together with grassroots community organizations around the

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world to improve the health of the impoverished. And in fact, we had such a stimulating discussion

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with Maya and Nicole that we decided episode number four will be delivered in two parts.

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Part one is entitled "Because You're a Student.

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What is special about a social movement driven by students?"

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Maya and Nicole comment on how Globemath has empowered students to put their visions

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of the world into action.

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Part two is entitled "Cony 2012 - Social Media and Agency."

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As The New York Times puts it, "Do social media campaigns give young people a false

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sense of accomplishment?

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And what is the meaning of agency, anyway?"

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You're currently listening to episode number four, part two.

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Covent, too. It's really so impressive what's come out of all this work and

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it's I was just thinking for a moment both of you both of us but both of you

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were talking about social media on that experience of talking with Pamela and

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just how how memorable and how striking and how powerful it is and it made me it

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It reminded me of this recent Room for Debate question in the New York Times, and it's

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sort of a segue to Kony.

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And they're talking about social media and just how powerful it is and how it allows

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so much incredible stuff to be done ultimately.

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And the question was, do social media campaigns like Kony end up giving young people a false

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sense of accomplishment, detracting from real action.

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And that was just something that just came into my head while listening to you guys talk

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about your collaboration with Gulu.

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And so I would be pretty curious to hear what your take is on this.

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This is a really timely question I think for a few reasons.

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I think the first is that I don't think that there's necessarily a need to condemn social media.

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It's not an either/or. We should really think about this as an and.

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Social media, you know, we've seen has been a really, really powerful tool for mobilizing young people.

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So I think that oftentimes it's this thing where the revolution will not be tweeted.

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I would rather say the revolution will be tweeted and it will be all these other things.

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So I don't think we have to condemn it as one thing or the other.

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I think that there are two key things that need to be considered in this question. The first is that I was talking with Pamela this morning and we were talking about the

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the Coney 2012 video and what she said was,

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you know, about 100 people maybe in Gulu

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have seen this movie, Coney 2012,

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and most of them are ex-paths.

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And the thing is that the access to internet,

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even to electricity is so slim in Gulu

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that the people about whom the story is being told

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are not having access to the story

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and were largely not engaged in telling the story.

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So let's imagine for a second that you,

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you're having the story being told about you

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and your community, and you don't know that it's happening.

You weren't engaged in the telling of this story,

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and people are mobilizing around the world

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to respond to the story in some way,

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and you were not involved.

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Like that seems like a strange parallel universe sci-fi film,

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right?

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just seems so bizarre that that would happen and that is in a sense what is happening right

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now. Pamela's point was that narratives are really powerful and if you're going to tell

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a story about a particular community, you better damn well involve them in the telling

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of that story. You better give them a voice, you better give them a place at the table,

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you better give them the microphone and let them explain what their experiences have been.

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The problem with the Coney 2012 video and social media right now is that the people

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and the communities about whom the story is being told are not plugged in.

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And that is an issue of power, it's an issue of voice, it's an issue of perspective, it's

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a huge, it's something that really, really needs to be considered.

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She said social media is just not something that's present in Gulu.

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So I think that in the coming years,

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the access to internet is going to skyrocket.

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This will change.

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But I think that we need to be incredibly critical of stories

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that are being told about communities who aren't being

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involved in the telling of their own narratives.

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That being said, I think that there

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are times in which social media can be very powerful.

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And I think it's about what your goal is.

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And I think that social media can be a part of the puzzle.

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But the question always needs to be,

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what are you trying to achieve?

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And are your actions gonna lead you there?

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And I think your point, Kevin, is that,

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does liking something on Facebook

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or buying a bracelet or an action kit

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or posting something, is that gonna logically get you

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to your point or to your end goal?

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And that question is really about putting your values

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into action and living and breathing them every day.

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And that's something that is a lifelong process

and that I hope that GlobeMed is challenging students to do.

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Because liking something on Facebook

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or posting something or tweeting something,

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voice is an important part of it,

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but actions speak louder than words.

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And in order to actually make the change,

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you need to put your values into action

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and think about what is the result of what I'm doing

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and is it gonna bring me closer to the goal?

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And the truth is that social change is hard.

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It takes time, it's difficult, it takes collaboration

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compromise, it takes perseverance and the constant ability to adapt.

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And that is something that I'm not sure our society, with its short attention span, is

so equipped to be doing.

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And so I think that as young people we need to challenge ourselves to think about what

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it really takes to make social change.

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And again, I think tweeting and Facebook and all of it can be part of it.

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about and, not or, but it's only going to be one piece of the equation.

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And we need to make sure that the people who were ostensibly trying to work with to realize

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their inherent rights are being not only brought to the table, but are being handed

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the microphone and being able to tell their own story and have their voice brought into

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the put at the forefront.

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So yeah, Nicole, what are your thoughts?

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We talked about this at our Gwomid E-Born meeting.

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And I have mixed opinions on this video because, like you

said, it's a video that focuses a

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lot on the organization of musical children.

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And I would much rather people hear about Gweji and hear about other Ugandan rock organizations

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that are trying to rebuild Uganda and are trying to work to heal a nation that's been through

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so much violence and so much conflict.

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And I think that those voices are the ones that should be heard.

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But on the other hand, I mean, our generation is very apathetic in some ways and very disconnected

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from anything real.

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We're very connected on Facebook and Twitter and Reddit and such, but we're kind of disconnected

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from real world issues.

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And I think that if this video and this campaign has done anything, it might have at least

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created a stepping stone to, or at least created a basis

where organizations like GlobeMed

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and working with Gweji and organizations that are interacting with the community, interacting

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with real citizens of the world who are engaged in these issues, can then take over and say,

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"Okay, you've heard this side of the story.

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Now here's ours.

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Now that you're interested, now that you know, now that you're aware, here's the other side

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of the view."

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I would never, I always support,

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I think it's always good to create dialogue.

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And I think that this Kony thing

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definitely has created dialogue.

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We've heard the Kony story from the Kony 2012.

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And then we've heard all of the backlash against Kony 2012.

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And just that, I mean, people are talking about,

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people are talking about, you know, talking about it.

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And I think it's so new to me to hear people

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who aren't in GlobeMed talking about Uganda and talking about Kony and the LRA and invisible

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children and I think that's, I don't really know, again this is one of the things I talked

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about I don't know where I quite stand on it yet because I mean it's a two double step

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love story is that the right phrase but it really is.

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I think what GlobeMed needs to do right now is take this initiative and take this wave

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passion and

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Insuration that so many people have got from the 2020 film video because it really has it really did

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Inspire a lot of people and I must give them credit for that because few organizations have managed to

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Spread their message so quickly so effectively and so broadly

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But that that energy needs to be directed somewhere. I think more

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productive and I think

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That organizations like wedgie could capitalize on that to bring attention to their cause and bring attention to the work that they're doing right now

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in a way that would, you know, sort of create more of a

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change that is tangible than just spreading a video via Facebook.

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And so that's what my hope is for this, that

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good can come out of it and that all of the hype and all of the, you know,

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all the energy that's being created right now will be funneled towards

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supporting organizations in Uganda that are currently working to rebuild the

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country. And so,

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Yeah, that's, I guess, I don't know necessarily, I guess I'm a little torn at how I feel about

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it, but that's what I hope for it.

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Yeah, I think a lot of people actually agree with Nicole that raising awareness is good,

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but it's just perhaps the oversimplification of the story of these people and the lack

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of perspective that's criticized a lot.

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But maybe more broadly for globe med, how do you sort of strike a balance between the

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need to raise awareness and to sort of emphasize action also?

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Where does globe med, what does globe med view as the importance of raising awareness?

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I think that the thing is that we actually challenged the fact that those two things

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could ever be separate.

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The whole, you know, the globe was born out of the question

of what is the best way for

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students to work with communities to achieve the vision of health and dignity for all.

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And the answer that we've gotten from that is that you have to think deeply and critically

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about what you're doing.

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You have to listen, you have to be patient, you have to know, you have to question in

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order to actually make any change.

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And I think that in taking that stance what we say is that awareness without awareness

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is an awareness.

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And what I mean by that is that, you know, you just knowing surface level about something

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isn't understanding it deeply.

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And if you don't understand it deeply, how are you going to push the levers of change

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to affect something at the deep and structural level that

you're going to need to in order

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to make that change?

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And so for us, I don't think we see it as one or the other.

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I think we say it takes time, it takes patience, it takes dedication, but in the long run,

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There's no other way to go about it because these issues are complex and we're dealing

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with human lives and what that means is that we have a responsibility to get it right and

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to work together to figure out what the real issues are and how to actually make that change.

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One thing that's really striking me right now that I'm kind of curious about, I'd love

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to hear your perspectives. At least in the past week or so, just going back to what we

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were saying about Koni, this just popped into my head. I remember reading yesterday, they

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said they say that it's become the most viral video in history.

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That makes me curious. Given all this traction that World Madness

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gained in the enormous and just really inspiring progress that's been going on, I have a question

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about context or about the time period that we're in at the moment. Let's say if we go to a different time era,

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let's say maybe the 90s or sometime in the 80s, would something like Kony or would GlobeMed gain the traction

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or the popularity that it's gained in 2012,

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would this type of movements thrive

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in a different time period?

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Is there something about our time at the moment

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that there's something fundamentally lacking?

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I was just wondering about right now.

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So I'd be curious about your take on that.

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- Yeah, I think that global med would not work in the 90s

because of the fact that it's built on the power

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of human connection and the ability to actually talk

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and communicate often with people

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on the other side of the world.

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I mean, when you think about the relationships

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that you have in your life,

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the thing that keeps them going is communication.

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I mean, that's the basis of most of our relationships, I think.

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And so it's fascinating to think about the fact

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that I do think that this time and the technological advances

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that have been made are really the foundation on which we've

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been able to build this global network of human connection.

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In terms of the Coney 2012 video, yeah,

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I mean, it's the same thing.

And just in terms of having the whole term viral media

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built on the rapidity of the exchange of information.

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I mean, it's just like if you don't have the host

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that the virus is moving through, which I suppose is the interwebs,

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then, you know, it would never work.

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So I think this is a really unique time to be able to actually bridge this,

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bridge the, what was huge cast between different parts of the world

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that are rapidly closing today,

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and being able to share information much more rapidly than ever before.

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And like Maya was saying, part of the reason we're able to

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communicate such a strong relationship with our partner organizations is because things like

Skype and the internet, email, video forums

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that allow us to connect with each other instantly and very

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fully. So I think without these modern technologies

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the model wouldn't be able to work quite as effectively as it does right now.

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I would go so far as to say, I think, I mean, I was an English major, I have no science

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background, so take this with a grain of salt.

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But I think that the act of seeing someone else's face, being able to turn on video Skype

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and see the face and connect that with the voice and the story of someone on the other

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side of the world is neurologically different than reading an email and getting on a phone

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call.

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And I think that the ability of people to connect deeply despite never having met, but

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being able to look face to face is actually an incredibly

important opportunity that was

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never available to people before.

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And if someone is studying neuroscience and has anything to say about that, I would love

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to hear it.

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This is a pop science theory that I've had for a while.

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I think that's...

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Should you study on it?

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pretty valid. I think I remember learning like in US history and high school

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during the Vietnam War for the first time they showed video footage and

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photography of dead bodies for the first time on television and through media.

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So it totally changes the way that we view the world I think.

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Kevin, did you have any other questions?

Yeah, I have a couple more that I'm curious about.

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Let's just finish up with the last few questions.

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I was just wondering, what's your definition of agency?

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How did you sort of come up with this definition over time?

00:18:52.680 --> 00:18:54.560

Has it changed over time?

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What does agency mean to you?

00:18:56.500 --> 00:19:02.060

- Agency is something that I've been really thinking

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a lot about lately and through the readings I've done

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and the classes I'm taking and a work with GlobeMed.

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And I think agency is about allowing people the chance

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to, you know, I'm already a send puts it really well.

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He's written a book called, "The Belmont is Freedom."

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It's a very famous book.

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And it's about the idea of capabilities

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and what you're able, not just what you do do,

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but what you could do with the opportunities available to you.

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And I think that's so important.

00:19:32.740 --> 00:19:36.380

And one of his examples is that a man who is starving

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because he can't access food is very different

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than a man who is starving because he's at a hunger strike.

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The man who's on the hunger strike could eat.

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He has the capability to eat, but he doesn't

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because he chooses that.

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He has the agency to choose not to eat.

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That's his decision.

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But the man who's starving because of lack of access

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food or economic possibilities to gain food is starving because he's lacking

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with agency. And I think something that GlobeMed really does strive to do is to

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create agency for the people that in the partner communities and that's so

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important in enabling people to be able to thrive and live to their full

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potential and allowing people to take the actions that they take because that

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is the choice that they have decided would be best for them and not the

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choice that they are taking because their opportunities are constrained and limited by the circumstances

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to which they live.

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And I think it's just so important that people have agency because it allows them to have

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dignity and allows them to have opportunities to expand themselves and to grow and learn

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and to become the people that they want to be.

00:20:42.920 --> 00:20:50.080

And I think that's why I really have thought a lot about this

idea of agency and why it's

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so important to humanity.

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I really think that enabling people to have agency

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is one of the most important things you can do for them.

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And by restricting someone's agency,

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you're really limiting them and their ability

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to live to their full potential,

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live their life to its fullest.

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And so I think any sort of situation

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that limits someone's agency is just,

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it's something that, like economic conditions

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or lack of education or lack of proper sanitation

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housing, all those things work to limit our agency. And I think those are the

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sorts of things that we need to be fixing in the world right

now, like

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creating conditions where people are able to thrive and people are able to

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choose the path they want to take because they think that will enable them

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to, you know, create a better life for themselves. So I think that's what

00:21:37.880 --> 00:21:43.520

GLOMED does. We remove the barriers that hinder people's agency and I

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think that's what Guajie does in Gulu. And they're creating such positive

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social change because they're allowing the members of their community to take

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control of their own lives and to you know to really just seize their own

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power and empower themselves. I just I that that's one of the most powerful

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things that both Gweji and then Glomed from Mordu.

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Well that was fantastic Nicole. That's beautiful. And I'll only

add just a few

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more things to back up everything that Nicole said. In terms of very specifically how I

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saw this in place with Queji when I was there in Northern Uganda, I think there are a few

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ways in which I saw this happen. Just the importance of linking agency and power with

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the fight for health.

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You know, when you think about the structures that cause people to suffer, you know, it's

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both positive and negative things in terms of both depravity and forces acting actively

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on them.

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So, what I mean by that is that, you know, you can say very directly that military oppression

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be beaten or thrown into jail is an act of oppression.

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A circumscribing agency, prison is such a powerful example of that.

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But how is that related to, for example, not having access to clean water?

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What is the relationship between that same kind of circumscription of someone's abilities

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between being civically or politically oppressed versus lacking the access to your basic, your

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basic needs in order to survive and live a healthy life.

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And that's a really fascinating question to explore

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and it requires a much longer conversation.

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But what Pamela helped me to understand

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is that if you take a community that,

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for example, doesn't have access to clean water,

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doesn't have a functioning health system,

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doesn't have access to nutrition or education,

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If you take that community, one of the things that they need

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is immediate resources, but the second and equally

as important thing that they need is to have the power

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to put their voice in front of the people

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who make the decisions about that community.

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And what that means is democratic mobilization.

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For Pamela, the act of just getting a well into a community

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and getting clean water is only half of the equation.

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The other half is being able to empower that community

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to elect a leader who's going to give voice to their needs

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and fight for their rights.

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And by doing that, you know, she says,

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that's the only way you're gonna be able to change

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the structures that are really oppressing the communities

00:24:42.560 --> 00:24:46.480

that she's a part of and that she's living and working for.

And so, you know, that act of challenging power

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of thinking about the relationship between health

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and power is something that really,

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I think ties together civil rights, political rights,

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you know, right to health, right to education,

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all of these different factors and shows us

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that they're actually part of one fabric

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and that we can't think of them independently.

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I think the second thing they'll add

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is that there's a very deeply personal experience to this

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that I saw when I was working in Northern Uganda with Gweji.

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And what I saw was that Pamela starts out,

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she said to us when we got to Gulu, she said,

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"Listen, you're gonna have the chance to go

"and meet the families who received goats

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"through the projects that you help funded.

00:25:37.520 --> 00:25:39.960

"And what I want you to know is that they're gonna be

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"so deeply grateful for what they're able to receive

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"through this project, but they're going to be

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"deeply grateful not because you swept in

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"and saved them in some way, but because you helped them

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realize the rights that they deserved in the first place.

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And that is such a powerful message to say, you know, you are helping them, you know,

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not lift them up, you know, with your helping hand, but you're helping them realize what

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they deserved, you know, just by being human.

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And that's the message that she brings to every community that she works in.

When she enters the community, you know, what she says is, you are a human being, you have

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inherent rights, you are worthwhile. You have value as a person and because you have value

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as a person that's why you deserve water and that's why you deserve education and that's

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why you deserve food. And that is that empowering message. Like all of us have had the experience

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of having someone look at us and say you have value as a human being. You are important

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just because you are human and because you are special and you are you. And that is something

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that all of us can relate to and that is a deeply personal and empowering experience

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that I think often gets left behind in "development work."

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And that is a message that cannot be underestimated for its power because in order for a community

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to advocate for its rights, it has to first believe that it has value.

And each individual person in that community, a woman who has been oppressed by her husband

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or kids who have experienced the violence of being child

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soldiers or any of that, they have

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to actually believe first and foremost that they had value

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and that their voices matter.

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And from that, that's when that change comes.

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And so I think that that was something

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that I learned so profoundly is to not discount

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the deeply human experience of empowerment, of human rights,

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and of feeling the value of yourself as a human being.

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Yeah, that's really profound. Wow.

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Yeah, I don't usually hear that at all when I read about or hear about development work.

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The human component.

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Kevin, unless you had any other questions to add?

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I've asked enough of this.

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Okay, we just have one last question that we ask everybody that we interview for wig and it's for both of you

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So we'd be interested in hearing your opinion on the question. What is global health?

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Nicole do you want to start? Oh, thank you, Maya

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You know I

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I think global health, which is, you should have asked this before we start talking about

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agency everything because it's basically said everything.

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It's on my line.

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I saw my own line.

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Global health is about, oh see, what is health really is so important and then it's global

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health is that for everyone, right?

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And health is just giving people the chance to thrive and to be in a state where they are

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are glad to be alive, or when they feel fulfilled,

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and when they feel that their lives are worth living.

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And then global health is that for everyone.

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Doesn't matter where you live.

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Doesn't matter who you are, what you have.

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It's just everyone should have that.

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Everyone should have the chance to lead a healthy life.

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And by that, I don't mean just a life free from illness,

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and a life free from--

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we all get sick.

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I just mean a life, a healthy life, a fulfilling, satisfying, and full life that isn't impeded

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by outside forces that restrict your agency as we've been

talking about.

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That's for me what why I care about global health and why I am dedicating my life to

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this field is just creating those conditions for everyone because I think everyone deserves

00:30:01.740 --> 00:30:02.740

them.

00:30:02.740 --> 00:30:06.940

That was beautiful, Nicole.

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Thank you.

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Yeah, I think this is such a fascinating question.

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I think that it's actually easier to answer when you're just diving into it and it gets

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harder and harder to answer the deeper you get in.

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And the reason for that is that the thing that I love about health and about global

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health is that to me health, you know, parts of health are determined by our genetics,

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by things that are just inherent in the way that we're set up as human beings. But in so many ways our health is determined by the experiences that we have, the places that

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we live, the way in which we are valued or devalued as people in our societies. And

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So the way that I see health is that it's the social, political, economic factors that

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act on you manifested in your body.

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If you take anyone in anywhere around the world and you look at why they die, you can

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uncover so much about that person and understand so much about their life and the society that

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they lived in by looking at that question.

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Why does a 30 year old mother in Zambia die of HIV?

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By asking that question, that is the life or death question, the basic, the fundamental

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question that you start with, but backing out from that, you interact with so many different

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historical, political, economic, social, environmental factors

that what it does is it really shows

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the ways in which all of those factors play out on life and death circumstances in each

00:31:53.260 --> 00:31:54.260

of our lives.

00:31:54.260 --> 00:32:02.460

And to me what's so beautiful or challenging about that is that it really makes it clear

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that all of those factors come down to the moral question of whether or not people have

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the opportunity to live to their greatest potential and brings into light the fact that

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everything from an economic policy to an environmental decision, you know, deeply impacts whether

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how people live and why they die, which is, you know, it becomes in so many ways a really

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powerful lens to understand what is right and wrong about the choices that we're making

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and how we're seeing each other as human beings.

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So you know, I think that that's the health piece.

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In terms of the global piece, global health versus international health, something that

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you learn all your basic global health classes, the idea of global is an assumption of being

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interconnected.

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International health draws the line between national and out there.

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Global health implies that you send a ripple through one end of the world and it will hit

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someone else's body, physical body, and another.

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And I think that we're seeing that this is true, everything from migrating patterns of

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pollution to the movement of infectious agents to food prices and how that affects whether

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or not something can afford bread in Uganda.

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And so many different levels, it really asks us to question how our actions affect the

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people around us.

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That to me is such a fascinating intellectual question.

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I think it's the issue of our day.

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I think global health is one piece of this.

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There are many different ways to answer that question.

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But again, the reason that I love it

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is because it's looking at the ways in which those factors

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play themselves out on human bodies, on human lives.

00:33:51.300 --> 00:33:54.580

And to me, there's no more important question

00:33:54.580 --> 00:33:56.540

than that.

00:33:56.540 --> 00:34:00.220

That's about our fundamental humanity.

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So that was in no way to perform a concrete answer.

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Nicole's I think was beautiful.

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But those are the things that I carry around with me

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on a day-to-day basis and why I wake up every morning

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excited to be involved in this field.

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This has been Wig, What is Global Health?

00:34:18.340 --> 00:34:20.380

The podcast from the Journal of Global Health

00:34:20.380 --> 00:34:22.380

at Columbia University.

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You just listened to episode number four, part two,

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Coney 2012, Social Media and Agency.

00:34:28.540 --> 00:34:30.660

Thank you so much to Maya Cohen,

00:34:30.660 --> 00:34:32.460

Executive Director of GlobeMed

00:34:32.460 --> 00:34:36.420

and Nicole Dousseau of GlobeMed at Columbia for joining us.

00:34:36.420 --> 00:34:40.100

Thanks also to Karina Yu for contributing to this episode

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and to Kevin Chu for co-hosting.

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You can find previous episodes of WIG online

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at www.ghjournal.org/wig.

That's www.ghjournal.org/wig, W-I-G-H question mark.

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We're excited to announce that WIG is also available now

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