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Preterm Baby Feeding Cues

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Preterm Baby Feeding Cues

Feeding readiness cues



Rooting/ turning head/ seeking



Mouth opening



Awake and quietly alert



Hand to mouth/ sucking hands



Increasing physical movement



Crying (late cue; calm then feed)

Stop Cues



Suddenly tired or stopping sucking



'High five' or hand splaying



Change in colour, breathing or oxygen levels