

Vera Ladeska-Effects of Stelechocarpus burahol [Blume] Leaf Ethanol Extract Ointment on Burns Healing

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4 ABSTRACT

5 *Stelechocarpus burahol* [Blume] Hook.f & Thomson is a plant native to Indonesia with
6 antibacterial, antioxidant, antifungal and antiseptic properties. This study aimed to determine
7 the action on burns healing of a 70 % ethanol extract of *Stelechocarpus burahol* leaf, which
8 was formulated as an ointment. Testing was conducted by modelling burns on rats with four
9 parameters, namely the number of macrophages, the density of fibroblasts, the rate of re-
10 epithelialisation and measurement of the decrease in the burn wound surface area. A total of 30
11 rats of the Sprague Dawley strain were used in this study, divided into five groups:
12 *Stelechocarpus burahol* leaf extract ointment with concentrations of 3.25%, 6.5% and 13%,
13 vaselin flavum as a negative control and silver sulfadiazine as a positive control. The number
14 of macrophages and fibroblast density were measured by observing the cells in 10 fields of
15 view under a 400x microscope magnification. The thickness of the re-epithelialization was
16 measured using the Image Raster 3.0 application. The measurement of the burn area used the
17 Macbiophotonic Image J program. It can be concluded that *Stelechocarpus burahol* leaf
18 ointment extract is capable of accelerating the healing of burn wounds, with the best results
19 obtained at a concentration of 13 %.

22 INTRODUCTION

23 Indonesia is a country with rich biological resources. Indonesia's forest biodiversity is a
24 national asset which have priceless benefits to human beings. One of those benefits is its use as
25 medicine, i.e. kepel plant. Kepel (*Stelechocarpus burahol* [Blume] Hook.f. & Th) is a native
26 Indonesian plant which is the symbol of Special Region of Yogyakarta and can be found in the
27 palaces in the region. Burn wound is a form of tissue damage or tissue loss caused by exposure
28 to heat sources i.e. fire, hot water, chemical substances, electricity, and radiation.^{1,2} The severity
29 of the wound is determined by two factors, first is the width of the surface area exposed, and
30 second is the depth of the burn, which categorized into first-degree burn, second-degree burn,
31 and third-degree burn.² Third-degree burn is a full depth burn involving the epidermis, dermis,
32 and appendix part of the skin. The healing process of burn is very complex, thus stabilizing the
33 general condition, the healing care, and also preventing and treating the complications is
34 considered costly, especially since the complications could lead to morbidity and mortality.
35 There's a need to resolve the problems effectively, safely, and reasonably affordable. One of
36 the alternatives is by using traditional medicine.

37 Based on a research by Sunarni et al.,³ kepel leaves have antioxidant ability. Another
38 research also stated that kepel leaves's juice with 60% concentration showed healing process
39 activity in open wound on rats with 59.84% of healing percentage.⁴ Based on the kepel leaves'
40 antioxidant and antibacterial activity, and also including the kepel juice's role in the healing
41 process of open wound, there's a possibility that the 70% kepel leaves' ethanol extract could
42 have the ability to boost the healing process of burn wound. This research aim is to proof the
43 efficacy of kepel leaves in healing burn wounds.

44 This research is carried out on rats which have been induced with third-degree burn and
45 will be observed by measuring four parameters, the number of macrophages, fibroblast density,
46 reepithelialization speed, and the decrease of burn wound surface area. The measurement will
47 be done by using Image Raster 3.0 application. This parameters measurement will support the
48 data that will prove the efficacy of kepel leaves on burn wound medication. It is hoped that the

49 result of this study could increase the knowledge on the efficacy of native Indonesian plants
50 and useful in the burn wound healing process.

51

52 **MATERIAL AND METHODS**

53 **Chemicals**

54 The following chemicals were used in this study: HgCl₂ (Merck), KI (Merck), CHCl₃
55 (Merck), FeCl₃ (Merck), metal Mg (Merck), methanol (Merck), xylol (Merck), paracetamol
56 (Indofarma), ketamin HCl injections (Guardian Pharmatama Indonesia), vaselin flavum
57 (Pharma Laboratoria Bandung Indonesia) and silver sulfadiazine (SSD)/Burnazin[®] (Darya
58 Varia Laboratoria Tbk). The following equipment was used: a microscope (Leica, Germany), a
59 rotary vacuum evaporator (Eyela), a microtome (Thermo, USA), an analytical scale (Ohaus)
60 and an oven (Mettler). All chemicals used in this study were of analytical grade.

61

62 **Plant Materials**

63 Materials used in this research are kepel leaves obtained from The Research Center for
64 Spices and Medicinal Plants (BALITTRO), Vaseline, Silver Sulfadiazine (Burnazin[®]),
65 Ketamine injection. All chemical used in this study were analytical grade.

66 **Preparation of Extract**

67 ³ The kepel leaves could be determine in “Herbarium Bogoriense”, Botanical field,
68 **Biology Research Center, Indonesian Institute of Sciences (LIPI), Cibinong** with register No.
69 1592/IPH.1.01/If.07/VI/2017 . Kepel leaves (7 kg) was washed with running water and dried
70 under the sun. The sample was grinded and sieved with a 40 mesh sieve. Then extracted (1.2
71 kg) with 8 L ethanol 70% by maceration. The maceration process was repeated twice for residue
72 at same duration (48 hours). The macerat was evaporated in vacuum rotary evaporator and
73 continued with 40°C waterbath until it attains the form of thick extract. This extract labelled as
74 KLEE (Kepel Leaves’ Ethanol Extract)

75

76 **Preparation of Test Animals**

77

78 Rats that was used as test animal was acclimatized and given food and drink daily. There
79 were 30 Sprague Dawley male white rats (*Rattus norvegicus*) weighed 150-200 g. The research
80 procedure has been approved by the Health Research Ethics Commission University of
81 Muhammadiyah Prof.DR.Hamka with ethical approval letter number : 02/17.10/017

82

83 **Determination of Extract Characteristics**

84 Organoleptic observations of KLEE include of shape, color, odor, and taste.
85 Determination of Loss on Drying is done by using gravimetric, where 2g of thick extract is
86 weighed in a calibrated and dried it at 105 °C in an oven for 30 minutes until constant weight.⁵
87 Preliminary ² phytochemical screening was carried out for KLEE by testing several secondary
88 metabolites. This extract were being tested for its alkaloids content using Dragendorff, Mayer
89 and Bouchardat reagents, flavonoid test (Shinoda and ammonia test), tannin test (test with
90 gelatin and FeCl₃), saponin test (foam test) and steroid and terpenoid test (Liebermann
91 Burchard test).^{6,31}

92

93 **Preparation of *Stelechocarpus burahol* Leaves’ Ethanol Extract Ointment**

94

95 KLEE ointment with a concentration of 3.25% ; 6.5% ; 13% (w/w) is made by weighing
96 0.325; 0.65; 1.3 g of KLEE then add vaselin flavum until 10 g and crushed until homogeneous.

97

98 **Generating Third-Degree Burn and Treating of Test Animals**

99

100 The rats are anesthetized by using ketamine injection at a dose of 40.08 mg/kgBB
101 intramuscular. A special metal plate with 1.5 cm x 1.5 cm in diameter is heated until it reached
102 100°C, which then would be paste for 30 seconds on the back part of the rat that was shaved
103 previously. After the wound was generated, the rat is given analgetic medication orally. There
104 are 6 test groups namely KLEE with concentration of 3.25%, 6.5%, and 13%, Burnazin®
105 (positive control), and vaselin flavum (negative control) is then spread evenly on the wound
106 surface twice daily (morning and afternoon) for each treatment for 14 days.⁷ Dosing and
107 treatment of test animals can be seen in table 1.

108

109 **Histology Sample Preparations**

110 Skin tissue samples are taken from the biopsy of the burn wound and the subcutaneous
111 fat tissue. The sample is taken on the third, seventh, and 14th day after giving the test sample.
112 Before samples are taken, the testing animal is anesthetized by using ketamine injection. The
113 specimen is then fixated by using Buffer Neutral Formalin 10% solution.

114

115 **Histopathology Sample Preparations**

116 The tissue is fixated by using Buffer Neutral Formalin (BNF) 10% solution and left at
117 room temperature for 24 hours. The tissue is then cut to pieces and placed in a specimen
118 container made from plastic. Subsequently, it will go through dehydration process done with a
119 graded alcohol concentration, which is 70%, 80%, 90%, for 2 hours each. Later, the clearing
120 process is done by using xylol to eliminate alcohol traces. After that, the molding process is
121 done by using paraffin blocks and stored in the fridge. These paraffin blocks are then sliced
122 thinly around 6-8 μm by using microtom. Afterwards, these pieces are floated on 60°C warm
123 water (waterbath) to stretch the tissue and avoid creasing. These specimens are then lifted and
124 placed on object glass to do the Hematoxyllin and Eosin (HE) staining and later observed under
125 the microscope.⁸

126

127 **Data Analysis**

128 Obtained data in form of numbers of macrophages, numbers of fibroblast, and collagen
129 density is statistically analyzed by using the one-way ANOVA test with 95% confidence ($\alpha =$
130 0,05). Tukey test is then used to observe whether there is significant difference.

131

132 **RESULTS (AND DISCUSSION)**

133 Kepek leaves' ethanol extract (KLEE) is obtained through maceration method by using
134 ethanol 70% as the solvent. The maserat is then evaporated by using vacuum rotary evaporator
135 at 50°C until the thick extract is obtained. This 70% kepek leaves' ethanol extract characteristics
136 are semi solid, has a unique smell, bitter taste, and blackish green color. The phytochemical
137 screening results showed that this extract contain flavonoid, saponin, and tannin. This extract
138 yields 11.25% and the loss on drying is 8.92%. Organoleptic and homogeneity observations of
139 the 70% kepek leaves' ethanol extract ointment showed homogenous consistency with the color
140 of the ointment darkens as the extract concentration increases.

141 The parameters observed from the histology samples are the numbers of macrophages,
142 fibroblast density, and reepithelialization thickness by observing 10 field views. The width of

143 the burn wound is measured by processing the image using the *Macbiophotonic Image J*
144 program.

145 The burn wound model on rats as test animal is made by inducing third-degree burn which
146 damage the tissue until the dermis. The prepared samples used the 70% kepel leaves' ethanol
147 extract at the concentration of 3.25%, 6.5%, 13%; Burnazin[®] as the positive control group and
148 vaseline flavum as the negative control group. The reason Burnazin[®] was chosen as the positive
149 control group is because it is the gold standard for burn wound topical treatment due to the
150 Silver Sulfadiazine (SSD) as its active agent. SSD inhibits bacterial DNA replication and
151 damages bacterial cell wall. The silver content in SSD also has antibacterial functions that help
152 cleanse the wound thus avoids compromising the tissue regeneration.^{10,11,12} The sample
153 preparation in the form of ointment with vaseline flavum base has a hydrocarbon characteristics
154 which is not easily dissolved in water, thus prolonged the contact between the medical
155 ingredients and skin.¹³

156 Burn wound is a form of tissue damage or loss caused by exposure to heat sources, i.e.
157 fire, hot water, chemical substances, electricity, and radiation.¹ Generally, the healing process
158 is divided into 3 phases.¹⁴ The early phase or the inflammation phase is started immediately
159 after the injury happened where it eliminates dead tissues and avoid infection. The second phase
160 is the proliferation phase where the balance between the scar tissue formation and tissue
161 regeneration occur. The third phase is the maturation phase that aimed at maximizing the
162 structural strength and integrity of the wound.¹⁴ The healing process of burn wound has
163 similarities with other wound healing process in general, yet had a different duration for each
164 phase.¹⁵

165 Macrophage cells calculation process is done by taking the image from a light microscope
166 which then observed and counted by using Image Raster 3.0 application. The result of the
167 ANOVA table on the number of macrophage on the third, seventh, and 14th day showed
168 significant difference on every group ($p < 0.05$). On the third day of observation, the number of
169 macrophage cells on the 13% concentration group is higher than the 6.5%, 3.25%, and negative
170 control group, with the latter has the lowest number (Table 2). This is due to the macrophages
171 became the predominant cell at the third day after the wound occurred. Macrophage is an
172 effective cell for the phagocytosis process where the macrophage phagocytoses pathogens,
173 foreign bodies, and other unnecessary cells. Macrophages in the tissue originates from the
174 monocyte cells in the blood that migrated to the connective tissue. In cases that inflammation
175 happened, the number of monocytes that migrated to the connective tissue will increase, thus
176 the macrophages is activated.^{17,18}

177 On the seventh and 14th day of observation, the number of macrophages in the 13%
178 concentration group is equivalent with the positive control group and the 6.5% concentration
179 group, yet showed significant difference with the negative control group and the 3.25%
180 concentration group (Table 2). This result shows that inflammation process in the negative
181 control group is still in progress. The high number of macrophages in the negative control group
182 indicates a prolonged inflammation due to the growth of more microorganism in the burn
183 wound. The absence of active ingredients in the negative control group might be the reason of
184 the presence of microbes and the number of tissue damage that needs to be phagocytosed by
185 the macrophage in the wound area.^{19,20} Thus, the wound healing process in the negative control
186 group will be prolonged and lead to the delay of proliferation phase. In the 13% concentration
187 group and also other concentration group, the number of macrophages is lower which indicates
188 the end of inflammation process and mark the beginning of the proliferation process.

189
190 During the proliferation phase, macrophage is also needed to produce growth factors such
191 as fibroblastic growth factor, transforming growth factor-beta (TGF- β), and DGF in which they
192 stimulate the migration of fibroblast towards the wound area. Macrophages also activated

193 fibroblasts and increase their migration which play a role in tissue formation process and
194 produce collagens.^{21,22}

195 Administration of KLEE ointment could speed the inflammation phase on burn wound. It
196 is supposed to be related to the presence of secondary metabolite compounds in the kepel
197 leaves' extract that helps the healing process such as flavonoids, saponin, dan tannin which
198 functions as antioxidant and antimicrobial agent that affects the wound healing.^{23,24} Tannin and
199 saponin also have the ability as an antiseptic agent. Saponin could trigger the vascular
200 endothelial growth factor (VEGF) and increase the number of macrophages that migrate
201 towards the wound area thus increase the production of cytokine that activates fibroblast in the
202 wound tissue.^{25,26}

203 Another wound healing parameter which is fibroblast density could be seen in Table 3.
204 The third day observation showed the mean density of the fibroblast in all of the concentration
205 groups have significant difference with the negative control group. Fig.1 showed that fibroblast
206 density in all of the concentration groups still have a small number due to the fibroblast is yet
207 to have a role in the inflammation process.²⁷ Fibroblast start to have a part in both proliferation
208 and maturation phase.²⁷ The seventh day of observation showed the mean density in the 13%
209 concentration group does not have significant difference with the positive control and 6.5%
210 concentration groups. Significant difference is only found between the negative control and
211 3.25% concentration groups. The increase number of fibroblast cell would trigger the increase
212 number of collagen fibers which speed the process of wound healing.³ The 14th day observation
213 showed the mean density of fibroblast in the 13% concentration group does not show significant
214 difference with the positive control and 6.5% concentration groups. This shows that the
215 proliferation of fibroblast determines the end result of wound healing. Fibroblast produces
216 extracellular matrix which then will be replaced by collagen. Fibroblast will disappear
217 immediately as the collagen matrix fill the wound cavity and the formation of neovascular will
218 decrease through the apoptosis process.¹⁴

219 Reepithelialization thickness as another wound healing parameter does not show any
220 significant results during the third day of observation. On the seventh and 14th day of
221 observation, the 13% concentration group has an equivalent value with the positive control
222 group, where the mean value of the reepithelialization thickness is $13.65 \mu\text{m} \pm 0.77$ (Table.4).
223 It could be interpreted that wound proliferation started on the fourth day until the 14th day,
224 where the epithelial cell proliferation closed the wound that was affected by the epithelial cells'
225 mytosis activity in the wound edges, subsequently the mature epithelial cells will move from
226 the wound edges to the dermis, thus epithelial cells migrated and attached together at the center
227 part of the wound. ⁷

228 Figure 2 it can be seen that the positive control group and KLEE ointment concentration
229 of 13% showed thicker epithelial formation compared to all test groups. In the proliferation
230 phase, the thickness of the epithelial layer continues to increase until the wound area closes
231 completely. Epithelium layered in the epidermis which is composed of many layers of cells
232 called keratinocytes. These cells are constantly renewed through the mitosis of cells in the basal
233 layer which are gradually shifted to the epithelial surface.²⁷

234 The observation of the wound surface area is done by using *Macbiophotonic Image J*
235 program. Based on the microscopic observation from the first day until the 14th day, it is showed
236 that there's a decrease in wound surface area. On the first day, the wound appears pale white
237 and is still wet. On the third day, the wound in all test groups appears large and swollen, which
238 indicates that the inflammation process is still in progress. The inflammation process role is to
239 prevent the entry of bacteria, eliminate dirt from the wound tissue and prepare the advanced
240 healing process.¹⁴ On the seventh day, the wound appears reddish brown on the positive control
241 group while on the 6.5% and 13% concentration group showed the formation of scab and the
242 wound began to shrink in size. On the 14th day, the wound has dried out and the scabs started

243 to come off.. The removal of scab indicates the growth of new cells thus speeds the process and
244 help attaching the wound edges.^{28,29,30} Wound constriction percentage in the 13% concentration
245 group is 92.32% and in positive control group is 95.31% on the 14th day of observation. This
246 proves that the 13% kepel leaves' ethanol extract ointment is the fastest in healing burn wound
247 with a percentage that is proportional to the positive control group (Silver sulfadiazine®).
248

249 CONCLUSION

250 Based on this research, it could be concluded that the 70% kepel leaves' ethanol extract
251 with 13% concentration shows burn wound healing acceleration activity with decreased number
252 of macrophages and wound surface area and also the increase of fibroblast density and
253 reepithelialization thickness.

254 CONFLICT OF INTEREST

255 The authors declare no conflict of interest.

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261

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348 **Table 1. Effect of *Stelechocarpus Burahol* ethanol extract ointment on Macrophages**
 349 **Density**

| Groups | Third day (cells±SD) | Seventh day (cells±SD) | 14 th day (cells±SD) |
|-------------------|----------------------------|-------------------------------|------------------------------------|
| Positive control | 139.3±8.944 | 104.725±5.998 | 94.975±6.602 |
| Negative control | 109.875±7.221 | 119.95±7.083 | 112.3±4.231 |
| 3.25 % KLEE oint. | 116.421±5.549 ^b | 114.900±5.780 ^b | 106.37±3.398 ^b |
| 6.5 % KLEE oint. | 124.175±7.322 ^b | 109,925±4.332 ^b | 99.875±4.678 ^b |
| 13 % KLEE oint. | 134.3±6.710 ^{a,b} | 107.025±4.0343 ^{a,b} | 97.025±3.927 ^{a,b} |

350 Note: ^a not significantly different from the positive controls ($p > 0.05$)

351 ^bsignificantly different from the negative controls ($p < 0.05$)

352

353 **Table 2. Effect of *Stelechocarpus Burahol* ethanol extract ointment on fibroblast density**
 354

| Groups | Third day (cells±SD) | Seventh (cells±SD) | day 14 th day (cells±SD) |
|-------------------|---------------------------|-----------------------------|-------------------------------------|
| Positive control | 58.65±4.577 ^a | 73.15±4.577 ^a | 34.87±3.4674 ^a |
| Negative control | 29.5±2.8191 | 49.55±3.1030 | 50.9±4.9139 |
| 3.25 % KLEE oint. | 45.95±3.2602 ^a | 63.2±4.1688 ^a | 43±3.9603 ^a |
| 6.5 % KLEE oint. | 49.75±4.2534 ^a | 67.35±4.3922 ^a | 38.95±3.5388 ^a |
| 13 % KLEE oint. | 51.2±3.6685 ^a | 70.18±4.1372 ^{a,b} | 37.02±3.0842 ^{a,b} |

355 Note: ^a significantly different from the negative controls ($p < 0.05$)

356 ^b not significantly different from the positive controls ($p > 0.05$)

357 **Table 3. Effect of *Stelechocarpus Burahol* ethanol extract ointment re-**
 358 **epithelialisation thickness**

| Groups | Third day (cells±SD) | Seventh (cells±SD) | day 14 th day (cells±SD) |
|-------------------|-------------------------|-------------------------|-------------------------------------|
| Positive control | 15.86±0.63 | 21.67±0.67 | 30.67±0.90 |
| Negative control | 7.72±0.55 | 10.84±0.60 | 25.06±0.94 |
| 3.25 % KLEE oint. | 10.78±0.58 ^b | 15.79±0.69 ^b | 26.10±0.74 ^b |
| 6.5 % KLEE oint. | 12.72±0.59 ^b | 18.22±0.65 ^b | 28.95±0.73 ^b |
| 13 % KLEE oint. | 13.65±0.77 ^b | 21.66±0.73 ^a | 55±0.90 ^{a,b} |

359 Note: ^a = not significantly different from the positive controls ($p > 0.05$)

360 ^b = significantly different from the negative controls ($p < 0.05$)

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362 **Table 4. Effect of *Stelechocarpus Burahol* ethanol extract on percentages of burn healing**

| Day | Negative control | Positive control | 3.25 % KLEE oint. | 6.5 % KLEE oint. | 13 % KLEE oint. |
|-----|------------------|------------------|-------------------|------------------|-----------------|
| 1 | 1.22±0.45 | 1.23±0.07 | 1.55±0.31 | 1.60±0.33 | 1.83±0.35 |
| 2 | 1.35±0.55 | 3.43±0.74* | 2.32±0.69 | 3.57±1.02 | 3.18±0.55* |
| 3 | 1.84±1.00 | 7.08±2.16* | 3.62±1.46 | 50±1.60 | 6.52±2.93* |
| 4 | 3.55±2.23 | 10.87±2.24* | 7.40±4.07 | 8.50±1.77 | 10.11±3.12* |
| 5 | 6.44±3.20 | 16.72±2.80* | 11.16±6.24 | 12.44±3.86 | 15.50±5.93* |
| 6 | 8.84±4.04 | 22.98±3.04* | 13.52±6.41 | 15.89±3.58 | 20.33±6.02* |
| 7 | 11.02±3.30 | 26.92±2.42* | 17.50±5.50 | 21.09±5.81* | 27.13±3.54* |
| 8 | 13.06±3.40 | 35.84±8.54* | 21.92±7.91 | 24.71±4.92* | 31.03±3.10* |
| 9 | 15.81±2.65 | 46.77±10.71* | 26.27±7.36 | 29.75±5.80* | 37.93±3.71* |
| 10 | 18.25±2.54 | 57.46±7.06* | 32.54±7.94* | 40.33±3.58* | 48.94±6.57* |
| 11 | 20.04±2.20 | 67.41±6.85* | 39.72±4.09* | 46.64±6.48* | 57.04±3.3* |
| 12 | 22.67±1.85 | 84.00±5.70* | 44.25±2.74* | 51.70±5.47* | 76.55±6.56* |
| 13 | 25.09±1.51 | 92.25±3.00* | 48±54±1.44* | 56.30±4.12* | 84.34±4.67* |
| 14 | 26.72±1.77 | 95.31±2.72* | 51.64±2.49* | 61.70±4.34* | 92.32±2.58* |

363 Note: * = significantly different from the negative controls ($p < 0.05$)

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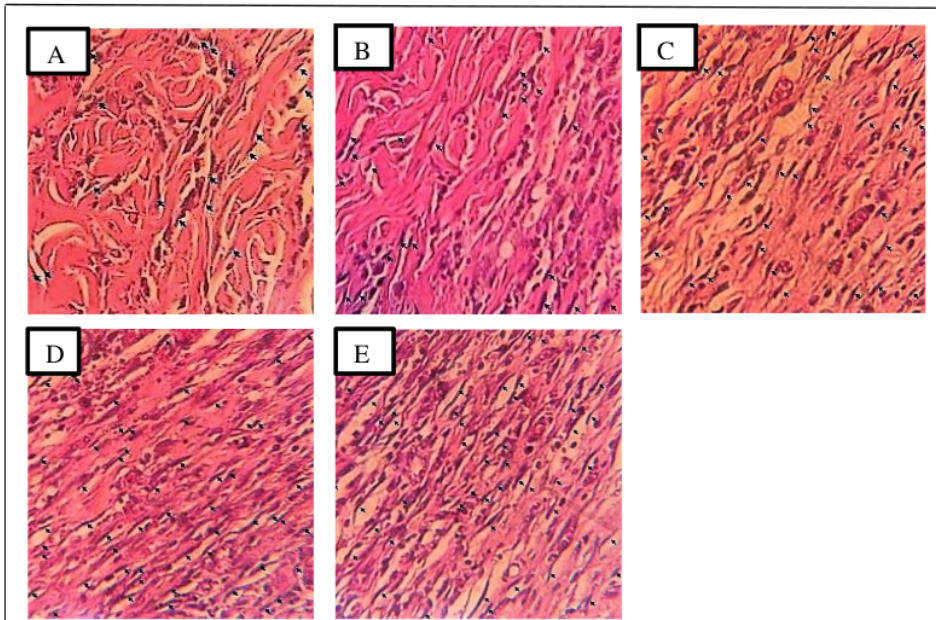
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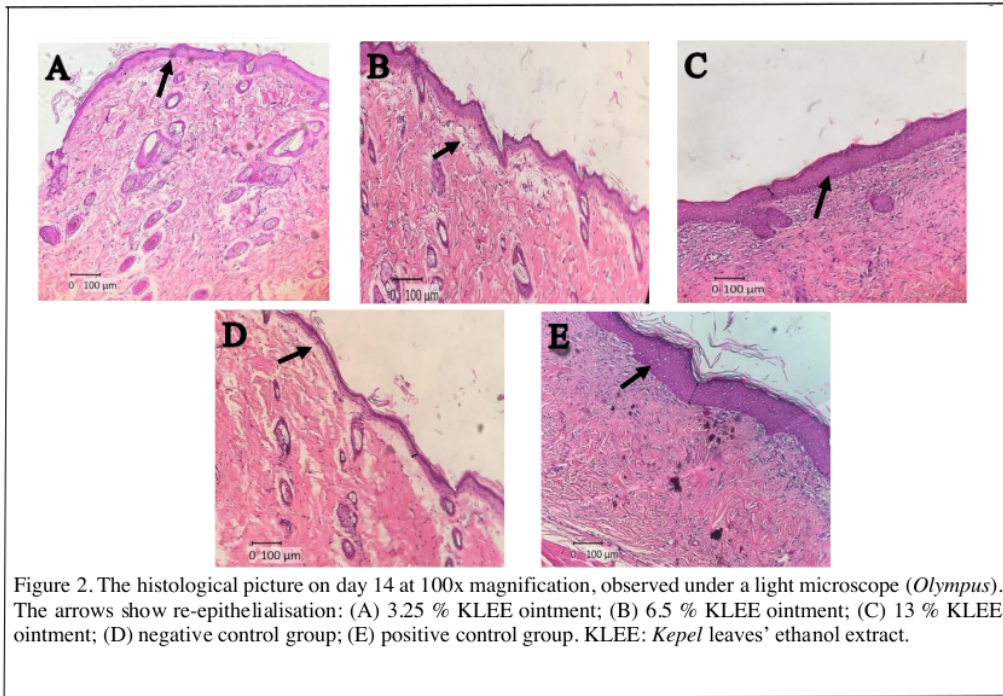
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Figure 1. The histological picture on day 7 at 400x magnification under a light microscope (*Olympus*). Arrows indicate fibroblasts: A) negative control group; (B) 3.25 % KLEE ointment; (C) 6.5 % KLEE ointment; (D) 13 % KLEE ointment; (E) positive control group. KLEE: *Kepel* leaves' ethanol extract.

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