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# The choice of surgical treatment method of perforated pyloroduodenal ulcer

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## Вибір способу хірургічного лікування перфоративної пілородуоденальної виразки

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#### Abstract

**Objective.** To develop a method of organ-saving operation aimed at preservation of the physiological function of the pylorus and the normal physiological functioning of the pyloroduodenal area in patients with combined perforated, stenotic pyloroduodenal ulcers.

**Materials and methods.** The study included 60 patients who faced surgery treatment in relation to complicated combined perforated, stenotic pyloroduodenal ulcers. Depending on diagnostic and surgical tactics applied, patients were conditionally divided into two groups. The control group consisted of 30 patients who underwent standard suturing methods. The main group also consisted of 30 patients in whom the developed method was applicated.

**Results.** In the control group at the postoperative period of 30 patients operated in different ways complications occurred in 12 persons or in 40% of cases. In the main group of 30 patients operated according to the proposed method, complication in the form of anastomositis occurred in 1 patient only.

**Conclusions.** The obtained results substantiate recommendation to clinical application the suggested method of organ–saving operation aimed to preserve the physiological function of the pyloroduodenal area, which excludes perforated ulcers suturing without pyloric stenosis elimination and gastrectomy on the background of peritonitis.

**Keywords:** peptic ulcer disease; pyloroduodenal ulcer; pylorus stenosis; perforated ulcer; bleeding; penetration; gastrectomy; mo bilization of the duodenum.

#### Реферат

**Мета**. Розробити спосіб органозберігаючої операції для збереження фізіологічної функції воротаря та нормального фізіологічного функціонування пілородуоденальної ділянки при поєднаних перфоративних, стенозуючих пілородуоденальних виразках.

**Матеріали і методи.** У дослідження включено 60 пацієнтів, оперованих з приводу ускладнених поєднаних перфоративних, стенозуючих пілородуоденальних виразок. Хворих у залежності від застосованої діагностичної і хірургічної тактики умовно розподілили на дві групи. Контрольну групу склали 30 пацієнтів, яким були виконані стандартні способи ушивання. Основну групу склали також 30 пацієнтів, у яких було застосовано розроблений спосіб.

**Результати.** У контрольній групі в післяопераційному періоді з 30 пацієнтів, оперованих за різними способами, ускладнення виникли у 12, що становило 40%. В основній групі з 30 пацієнтів, оперованих за представленою методикою, ускладнення у вигляді анастомозиту виникло лише у 1 пацієнта, що становило (3 ± 0,3)% (p<0,001).

**Висновки.** Отримані результати дають підставу запропонований спосіб органозберігаючої операції з метою збереження фізіологічної функції воротаря та нормального фізіологічного функціонування пілородуоденальної ділянки, який виключає ушивання перфоративної виразки без ліквідації стенозу воротаря та резекцію шлунка на фоні перитоніту, рекомендувати до застосування в клінічній практиці.

Ключові слова: виразкова хвороба; пілородуоденальна виразка; стеноз воротаря; перфоративна виразка; кровотеча; пенетрація; резекція шлунка; мобілізація дванадцятипалої кишки.

The most common complications of the peptic ulcer disease is pyloroduodenal stenosis, which should be considered as culmination of the disease chronic course. The pyloroduodenal stenosis occurrence is facilitated by frequent and prolonged periods of exacerbation of peptic ulcer disease, inadequacy of conservative treatment, the presence of penetrating ulcers, as well as perforated ulcers in the anamnesis, repaired by suturing. The duodenal ulcer in about 90% of the patients causes stenosis, much less often this complication is caused by the ulcer, which is localized in the pyloric canal. With pyloroduodenal stenosis, depending on the degree of its severity, pathological disorders of the main gastro-duodenal functions are prone to develop – secretory, motor–evacuatory, as well as of a pyloric function [1 - 3].

The reduction in the incidence of duodenal ulcers has been facilitated by the possibility for the general population to receive a modern comprehensive conservative treatment both on an outpatient basis and in a specialized hospital, but this approach, unfortunately, does not reduce the incidence of complications requiring surgery. According to various authors, the gastro-duodenal ulcer course is complicated in 8 - 15% of the patients [4 - 8].

Among the complications of the gastro-duodenal peptic ulcer, which are particularly threatening and insufficiently studied, there are the combined morbidities, the frequency of which ranges from 25 to 30% [9 – 12]. Perforated gastroduodenal ulcers are more common in patients aged 20 - 40 yrs old [12]. In recent years, postoperative mortality has dropped below 10% [13]. Indications for the use of surgical methods in such patients are not yet clearly articulated [13]. The disadvantages of the perforation suturing are frequent recurrences of a peptic ulcer disease - from 27 to 45% [14]. Currently, the main method of treatment of perforated pyloroduodenal ulcers is recognized as emergency surgery. The advantages and disadvantages of palliative interventions, gastrectomy and various types of vagotomy with the gastric drainage operations are still discussed in the literature [17]. In recent years, in perforated ulcers of the pyloro-antral gastric region and duodenum different variants of vagotomy with the gastric drainage operations have become more widely used, but indications for both radical and palliative operations, and the choice of vagotomy with suturing are actively discussed in the literature [18, 19]. The procedure suggested involves the functional maintaining of the portal and duodenum state, as well as eliminating of damage to the pylorus and duodenal sphincters, applying the organ–sparing surgery in contrast to other previously proposed methods.

The objective of the research: to develop a method of organ-preserving surgery, based on the ulcer suturing, to preserve the physiological function of the pylorus and the normal physiological functioning of the pyloroduodenal area in the patients with combined perforated, stenotic pyloroduodenal ulcers.

## **Materials and methods**

The research have included 60 patients, operated on for complicated combined perforated and stenotic pyloroduodenal ulcers. The patients, depending on the diagnostic and surgical tactics applied, were divided into two groups. The control group consisted of 30 patients who underwent the standard suturing options. The main group consisted of 30 patients, in whom the developed method was applied. All 60 patients were operated mainly during the first two hours af-

Table 1.The nature and frequency of combined complications of duodenal ulcers									
		Groups of	patients		p <				
The nature of the combined complications of duodenal ulcers	con (n =	trol 30)	basic (n = 30)			Together			
	n	%	n	%	n	%			
Perforation + bleeding + stenosis	7	23,3±0,8	9	30±0,8	16	26,7±1,0	0,001		
Perforation + stenosis	5	$16,6\pm0,7$	7	23,3±0,8	12	20±0,5	0,001		
Penetration + perforation + stenosis	18	60±0,9	14	46,7±0,9	32	53,3±0,6	0,001		
Total	30	100	30	100	60	100			

Т	ab	le	2.

#### Types of surgical interventions for combined complications of duodenal ulcers

	Groups of patients											
The nature of the combined complications of duodenal ulcers	control (n = 30)								basic (n = 30)		Together	
	drainage operations pyloroplasty								bougienage due to ulceration			
	by Finney by Jabouay		by Jadd		suturing of an ulcer + gastroentero- anastomosis		of the lumen of the duodenum, stomach and suturing (gastroduodeno- anastomosis)		n	%		
	n	%	n	%	n	%	n	%	n	%		
Perforation + bleeding + stenosis	-	-	-	-	2	6,6±0,5	7	23,4±0,8	10	33,3±0,9	19	31,6±0,9
Perforation + stenosis	4	13,3±0,6	3	10±0,6	4	13,3±0,6	4	13,3±0,6	8	26,6±0,8	23	38,4±0,6
Penetration + perforation + stenosis	-	-	-	-	-	-	6	20±0,7	12	40±0,9	18	30±0,9
Total	4	13,3±0,6	3	10±0,6	6	20±0,7	17	56,6±0,6	30	100	60	100

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ter hospitalization. In 16 patients a severe intoxication, unstable hemodynamics, manifestations of widespread peritonitis, infectious–toxic shock have required a short–term preoperative preparation. The target indicators of the preparation in these patients were considered to be the achievement of central venous pressure up to 8 - 12 mm Hg, average blood pressure – more than 65 mm Hg, indicators of saturation of hemoglobin in the venous blood – more than 70%, diuresis – more than 0,5 ml / (kg × h). All the patients were examined, according to the standard scheme: clinical examination, instrumental (radiological, ultrasound diagnosis of the abdominal cavity, electrocardiography), and the laboratory research (general analysis of blood and urine, biochemical analysis of blood: bilirubin, alanine aminotransferase, aspartate aminotransferase hepatitis).

## Results

The nature and frequency of combined complications of duodenal ulcers in patients of the research groups are presented in *Table 1*.

The types of surgical interventions for combined complications of duodenal ulcers in patients of the researched groups are presented in *Table 2*.

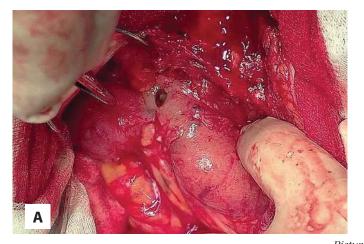
Surgery was performed in all 60 patients in a volume of upper median laparotomy and gastric drainage surgery in various modifications with mandatory mobilization of the duodenum.

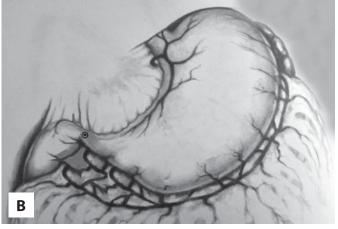
To solve the technically complex intraoperative situation and to prevent suturing of perforated ulcer without elimination of pyloric stenosis and avoiding gastric resection in conditions of peritonitis, a method of preserving of the pyloric functional state during suturing of perforated ulcer (Patent of Ukraine No. 141554 from 10.04.2020) is presented. [20].

Preservation of the functional state of the pylorus while the perforated ulcer suturing was realized as follows. When performing pyloroplasty in presence of perforated callous pyloroduodenal ulcer and stenosis of the pylorus (*Pic. 1*)

with the ulcer size 2.5-3.0 cm, the antrum and duodenum revision and mobilization with the help of the index finger, introduced through the perforation aperture, was done with subsequent finger bougienage of the stenosis with a minor damage to pathologically altered and healthy tissues of the pyloroduodenal area and at the site of a perforative opening of the ulcer (Pic. 2). In case of significant local tissue deficiency, severe infiltration and scarring of the tissues around the ulcer, the anterior and lateral duodenal walls were mobilized by inserting of the surgeon's index finger into its lumen with gradual freeing of duodenal wall and its ligament, connected with the retroperitoneal space. The peritoneal cover was cut on both sides to a length that depended on local conditions (Pic. 3) [21], to guarantee an adequate evacuation of gastric contents into the duodenum after suturing of their walls without a tension (Pic. 4).

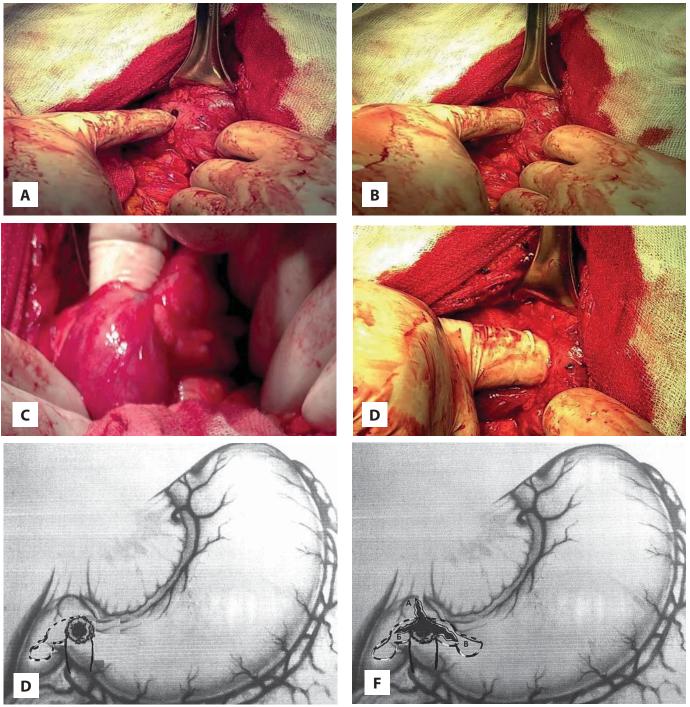
Patient S., 42 years old (case history No. 1707), was hospitalized to the Surgical Department of the Chornobayiv Multidisciplinary Hospital with a diagnosis of perforated duodenal ulcer, subcompensated pyloroduodenal stenosis. After preoperative preparation, the patient was operated. During the operation, a callous ulcer with a diameter of 0.7 cm in the pyloroduodenal area and subcompensated pyloroduodenal stenosis were detected. The edges of the ulcer were dense with a pronounced inflammatory shaft. After treatment of the edges of the perforated ulcer in the pyloroduodenal zone and pylorostenosis there were difficulties in its suturing due to the lack of tissues of the anterior wall, scarring in the ulcer area. In this regard, the proposed method was used. Suturing of the pyloroduodenal area was performed with a two-row suture. The course of the postoperative period was without complications. The treatment in the immediate postoperative period was supplemented with antisecretory, antibacterial and eradication pharmacotherapy. Low-molecular-weight heparins were used for 7 to 9 days to prevent pulmonary embolism. In 10 days after





Picture 1. Perforated callous pyloroduodenal ulcer with stenosis of the pylorus and a significant deficit of local tissues and severe infiltration and scarring of tissues around the ulcer: A – intraoperative photograph, B – scheme.

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Picture 2.

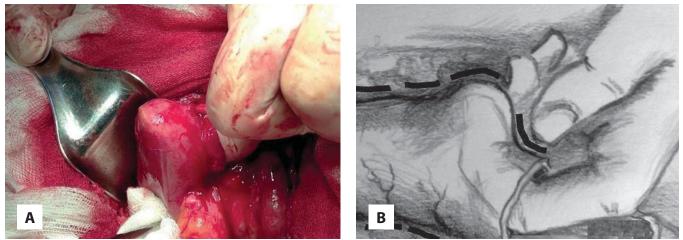
Performing finger buzzing of the internal opening of the duodenum and stomach with minor damage when passing through t be ulcer hole as pathologically altered and healthy tissues of the pyloroduodenal area: A, B, C, D – intraoperative photographs, D, F – schemes.

the operation the patient was discharged from the hospital in a satisfactory condition.

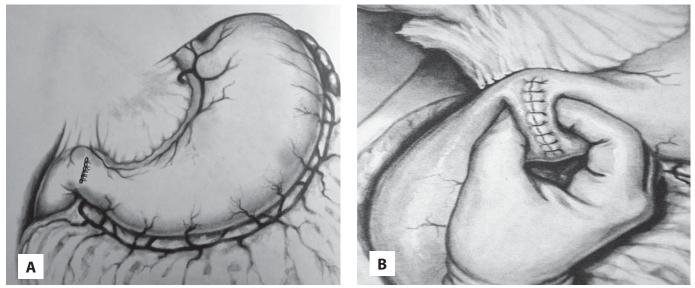
The proposed method of pyloroplasty was used in 30 patients. No stenosis of the pylorus was noted, patency was preserved.

In the control group of 30 operated patients, complications have occurred in 12: pyloroduodenal stenosis (8), bleeding from the ulcer of the posterior wall of the duodenal bulb (3), insufficiency of the gastro–enteroanastomosis sutures (1). The frequency of postoperative complications in the control group was 40%.

In the main group of 30 operated patients, complications in the form of anastomositis have occurred in only 1 patient in whom penetration was combined with perforation and stenosis, constituting  $(3 \pm 0.3)\%$  (p <0.001) of the complications.



Picture 3. Mobilization of joints in the pyloroduodenal area and duodenum: A – intraoperative photography, B – scheme.



Picture 4. Appearance after suturing of the walls of the duodenum and stomach without tension (A), patency is preserved (B).

## **Discussion**

The method of intra-intestinal finger mobilization, proposed by the authors, in contrast to the method of mobilization by Vautrin - Kocher, allows without external instrumental traction to move the walls of the duodenum in all necessary directions, minimally injuring them. The developed method of the pyloric functional state preserving while doing suturing of the perforated pyloro-duodenal callous ulcer with stenosis has the following advantages over classical methods: Access to the narrowed openings of the duodenum and stomach is achieved through the perforated opening of the ulcer with subsequent treatment by the finger bougienage. Intraintestinal finger mobilization of the duodenum is performed according to the method of the authors [21]. Surgery does not disrupt the anatomical and topographic structures of the pyloroduodenal area and preserves the duodenal sphincters (portal sphincter, ampuloduodenal sphincter, Kapanji sphincter, Oxner's sphincter). The method allows to inspect the duodenal posterior wall in the presence of an ulcer, improves technical conditions for the duodenal secure mobilization performance, prevents further complications (bleeding), provides reliability and tightness of the duodeno–gastric suturing without a tension.

## **Conclusions**

The proposed method of the pyloroduodenal functional state preservation while doing the ulcer suturing procedure for combined complication of the pyloroduodenal ulcer by perforation and stenosis and in presence of reactive peritonitis, constituting of additional application of a surgeon finger through the perforative ulcer opening for secure intraluminal revision and mobilization of duodenum and bougienage of stenosis, avoids performance of pyloroplasty or gastric resection, minimizes the likelihood of the gastro-duodenal sutures failure, and may be recommended for use in clinical practice.

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*Conflict of interest.* The authors declare the absence of conflict of interest and their own financial interest in the preparation of this article.

*Consent to publication.* All authors have agreed to publish this manuscript.

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