# Fact Book on AGING in BRITISH COLUMBIA 

Second Edition

Gloria M. Gutman, Ph.D. • Andrew V. Wister, Ph.D. Heather Campbell, B.A. • Jessica Duguid, B.A.

## The Gerontology Research Centre SIMON FRASER UNIVERSITY

# FACT BOOK ON AGING IN BRITISH COLUMBIA 

2nd Edition<br>March, 1995

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## Foreword

In 1986, the Gerontology Research Centre (GRC) at Simon Fraser University compiled the first Fact Book on Aging in British Columbia. The many requests the GRC received each year for information about the Province's older population provided the impetus for its production. These requests came from a variety of sources including: students, faculty, government agencies, community groups and organizations, the media, business and industry, senior citizens and their organizations and the general public. They covered a broad variety of topics including questions about geographic distribution, life expectancy, housing, living arrangements and health service utilization.

Much of the information in the original Fact Book was drawn from the 1981 Census of Canada. This second edition updates and expands that material using 1991 census data. Like the original Fact Book, the Second Edition meticulously references all source documents and presents data primarily in numeric rather than graphic form. While more numbers are presented than may suite everyone's taste, we have deliberately chosen a presentation format that maximizes the potential usefulness of the data for its audience. This decision reflects our frustration in working with graphs, charts and tables containing only summary information, the original of which is extremely difficult or, in the case of unpublished source material, impossible to reconstruct or recombine in ways necessary to suite our information needs.

This does not mean that we have done away with useful summary statistics such as percentages. To the contrary, these are almost always presented -- but generally in tabular rather than in graphic form. With respect to percentages, it should be noted that some tables total to $99 \%$ or $101 \%$ due to rounding. Rounding also accounts for small discrepancies (5-20 persons) in numbers reported for total populations vs. the sum of component parts or, between data in different tables.

It should also be noted that throughout the document terms such as "the aged", "the elderly", etc. refer to persons aged 65 and over. This reflects conventional usage of these terms and the way data are usually aggregated. It should not be taken to imply lack of recognition of the heterogeneity of the older population.

Topics covered in this document are listed in the Table of Contents and include: the size and historical rate of growth of the elderly population of British Columbia; trends in life expectancy, mortality rates and causes of death; the marital status of the elderly population; its geographic distribution and residential mobility; ethnic composition; a description of living arrangements and housing; education, employment, and economic status; disabilities; and health service utilization. Several other important topics have been omitted, either because provincial information was unavailable or the sample was too small to be considered reliable. These topics include: sources of income; diet and physical activity; self-reported health status; source of family support; criminal victimization rates; and leisure activities.

The Canadian Government Report on Aging (1982) stated that "the development of good policies and programs reflects upon good research. This is in turn dependent upon a reliable data base" (p. 150). As more data become available and with succeeding censuses, plans are to up-date this document so that it can continue to serve the needs of the growing number of individuals and groups requiring information concerning the senior segment of B.C.'s population.

Gloria Gutman
Andrew Wister
Heather Campbell
Jessica Duguid

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## 1. Size of the Elderly Population

### 1.1 Past Trends and Future Growth

The size of the older population of British Columbia has grown consistently since the turn of the century from slightly more than $4,000(4,045)$ persons aged 65 and over in 1901 to 422,010 in 1991 (see Table 1.1). This increment reflects a rate of growth that is more than five times greater than the rate for the total population of the province, which increased from 178,657 to $3,282,065$ over the same time period. The increase in the size of the population aged 65 and over was substantially greater in B.C. than for Canada as a whole, which experienced a rate of growth among persons aged 65 and over that was only twice as large as that for the total population, between 1901 and 1991.

Reflecting national trends, the growth of the B.C. population aged 80 and over during this century has been even more dramatic than that of the population aged 65 and over (not reported in tabular form). In 1901, only 368 British Columbians were aged 80 and over; by 1991, there were 87,065 in this age group. In other words, the increase in the population aged 80 and over was more than double the increase in the population aged 65 and over.

In 1991, $12.9 \%$ of British Columbians were aged 65 and over; $2.7 \%$ were aged 80 and over. Projections for the year 2001 are $13.3 \%$ and $3.4 \%$ respectively. By the year 2011, 14.4\% are expected to be aged 65 and over and $3.8 \%$ aged 80 and over.

Total Population and Population Aged 65+: Canada and British Columbia, 1901 to 2011

Canada

| Year | Total Population (in thousands) | Population Aged 65+ (in thousands) | \% of Total Population Aged 65+ |
| :---: | :---: | :---: | :---: |
| 1901 | 5,371.3 | 271.8 | 5.0 |
| 1911 | 7,206.6 | 335.6 | 4.7 |
| 1921 | 8,787.9 | 420.2 | 4.8 |
| 1931 | 10,376.8 | 576.1 | 5.6 |
| 1941 | 11,506.7 | 767.8 | 6.7 |
| 1951 | 14,009.4 | 1,086.3 | 7.8 |
| 1961 | 18,238.2 | 1,391.1 | 7.6 |
| 1971 | 21,568.3 | 1,744.4 | 8.1 |
| 1981 | 24,343.2 | 2,360.9 | 9.7 |
| 1991 | 27,296.9 | 3,170.0 | 11.6 |
| 2001* | 31,877.3 | 4,030.7 | 12.6 |
| 2011* | 35,420.3 | 4,981.2 | 14.1 |

## British Columbia

| Year | Total Population (in thousands) | Population Aged 65+ (in thousands) | \% of Total <br> Population <br> Aged 65+ |
| :---: | :---: | :---: | :---: |
| 1901 | 178.7 | 4.0 | 2.3 |
| 1911 | 392.5 | 9.5 | 2.4 |
| 1921 | 524.6 | 18.4 | 3.5 |
| 1931 | 694.3 | 38.0 | 4.5 |
| 1941 | 817.9 | 68.1 | 8.3 |
| 1951 | 1,165.2 | 126.1 | 10.8 |
| 1961 | 1,629.1 | 165.6 | 10.2 |
| 1971 | 2,184.6 | 205.0 | 9.4 |
| 1981 | 2,744.5 | 298.2 | 10.9 |
| 1991 | 3,282.1 | 422.0 | 12.9 |
| 2001* | 4,187.5 | 555.4 | 13.3 |
| 2011* | 4,855.4 | 699.4 | 14.4 |

* Based on projection 2, which assumes medium growth and medium migration.


## Sources:

For 1901 and 1911: Statistics Canada. 1941 Census. Ages of the Population, Eighth Census of Canada, Vol. 3, King's Printer, 1946.

For 1921-1991: Statistics Canada. Age, Sex and Marital Status, Catalogue 93-310, July, 1992.
For 2001 and 2011: Statistics Canada. Population Projections for Canada, Provinces and Territories, 1993-2016. Catalogue 91-520, December, 1994, Table A3, Projection 2.

### 1.2 Population Aging Within the Older Population Itself

The older population is itself aging. Within the 65 and over age group, the proportion aged 80 and over is growing and it is expected to continue to rise sharply in the near future. As shown in Table 1.2, in 1991, people aged 80 and over represented $20.6 \%$ of B.C.'s population aged 65 and over; by 2001 , they are expected to comprise $26.8 \%$, and by $2011,29.3 \%$ of the elderly population residing in B.C. In other words, by the end of the century, the population aged 65 and over is expected to have increased over 1991 levels by $31.6 \%$, while the population aged 80 and over is expected to have increased by 70.7\%. By 2011, the increase since 1991 will be $65.7 \%$ for the 65 and over population and $135.1 \%$ for the 80 and over population.

## Table 1.2

Age Structure of the Population Aged 65+:
British Columbia, 1991, 2001, and 2011

| Age | 1991 |  | 2001* |  | 2011* |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\text { (in } \frac{\text { Number }}{\text { thousands) }}$ | \% of Pop. <br> Aged 65+ | (in $\frac{\text { Number }}{\text { thousands) }}$ | \% of Pop. <br> Aged 65+ | $\text { (in } \frac{\text { Number }}{\text { thousands) }}$ | $\frac{\% \text { of Pop. }}{\underline{\text { Aged } 65+}}$ |
| 65-69 | 138.8 | 32.9 | 153.0 | 27.5 | 210.6 | 30.1 |
| 70-74 | 111.3 | 26.4 | 138.8 | 25.0 | 158.0 | 22.6 |
| 75-79 | 84.8 | 20.1 | 114.9 | 20.7 | 126.0 | 18.0 |
| 80-84 | 49.9 | 11.8 | 78.6 | 14.1 | 97.8 | 14.0 |
| 85-89 | 24.7 | 5.8 | 45.9 | 8.3 | 64.1 | 9.2 |
| $90+$ | 12.5 | 3.0 | 24.2 | 4.4 | 42.9 | 6.1 |
| Total | 422.0 | 100.0 | 555.4 | 100.0 | 699.4 | 100.0 |

* Based on projection 2, which assumes medium growth and medium migration.

Sources:
For 1991: Statistics Canada. 1991 Census. Age, Sex and Marital Status, Catalogue 93-310, July 1992.

For 2001 and 2011: Statistics Canada. Population Projections for Canada, Provinces and Territories, 1993-2016. Catalogue 91-520, December, 1994, Table A3, Projection 2.

### 1.3 Median Age of the Population

Another way of measuring population aging is to examine the median age. The median is a statistical figure that describes the age at which a population is split into two equal groups. As may be seen in Table 1.3, the median age in British Columbia has been steadily increasing since 1901. It was 29.1 years in 1981, and in 1991 it was 34.7 years. The median age is projected to continue to increase, to 37.4 in 2001, to 39.9 in 2011, and to 40.7 in 2016, based on the medium growth scenario for fertility, mortality and migration.

## Table 1.3

## Median Age of Population: Canada and British Columbia, 1901-1991

Median Age<br>(in years)

Year
1901
1911
1921
1931
1941
1951
1961
1971
1981
1991
2001* 2011* 2016*

Canada
22.6
23.8
24.0
24.8
26.8
27.7
26.3
26.2
29.6
33.5
37.0
39.5
40.4

British Columbia

28.0 28.0 29.8 30.6 32.1 32.0 29.8 27.9 29.1 34.7 37.4 39.9 40.7

* Based on projection 2, which assumes medium growth and medium migration.


## Sources:

For 1901 and 1911: Statistics Canada. 1941 Census. Ages of the Population, Eighth Census of Canada, Vol. 3, King's Printer, 1946.

For 1921-1971: Statistics Canada. Population Age Groups, Catalogue 92-751, Vol. 1-Part 2, April, 1973.

For 1981: Statistics Canada. Population - Age, Sex and Marital Status, Catalogue 92-901, Vol. 1 - National Series, September, 1982.

For 1991: Statistics Canada. Age, Sex and Marital Status, Catalogue 93-310, July, 1992.
For 2001, 2011 and 2016: Statistics Canada. Population Projections for Canada, Provinces and Territories, 1993-2016, Catalogue 91-520, December 1994, Table A3, Projection 2:

## 2. Sex Ratios

The sex ratio is the number of men per 100 women in a given population. As shown in Table 2.1, the B.C. population aged 65 and over has become increasingly comprised of women since 1941. In 1941, there were more men than women at all older ages except for the age group 90 and over; the overall sex ratio was 133, a figure considerably higher than the national sex ratio of 104. The very high sex ratio in B.C. was largely a function of high rates of male inmigration to the province in the latter part of the 19th Century and the early decades of the 20th Century.

However, by 1951, women outnumbered men at all ages over 65, and increasingly so with advancing years. In 1991, the sex ratio for ages 65 and over was 76 males per 100 females. For ages 80 and over, there were only 59 men for every 100 women. B.C. continues to have a higher sex ratio than the national average, although the gap has narrowed considerably since 1941.

Table 2.1
Males and Females Aged 65+ and Sex Ratios: British Columbia, 1941 and 1991

|  | 1941 |  |  |
| :---: | :---: | :---: | :---: |
| Age | Males | Females | Sex Ratio** |
| 65-69 | 17,266 | 12,327 | 140 |
| 70-74 | 11,223 | 8,196 | 137 |
| 75-79 | 6,385 | 4,876 | 131 |
| 80-84 | 2,801 | 2,543 | 110 |
| 85-89 | 970 | 926 | 105 |
| $90+$ | 239 | 320 | 75 |
| Total: B.C. | 38,884 | 29,188 | 133 |
| Total: Canada* | 390,900 | 376,900 | 104 |
|  | 1991 |  |  |
| Age | Males | Females | Sex Ratio** |
| 65-69 | 64,720 | 74,085 | 87 |
| 70-74 | 49,280 | 62,000 | 79 |
| 75-79 | 36,190 | 48,675 | 74 |
| 80-84 | 19,720 | 30,175 | 65 |
| 85-89 | 8,895 | 15,800 | 56 |
| $90+$ | 3,550 | 8,930 | 40 |
| Total: B.C. | 182,355 | 239,665 | 76 |
| Total: Canada | 1,330,425 | 1,839,540 | 72 |

* Excludes Newfoundland.
** Number of males per 100 females.
Sources:
For 1941: Dominion Bureau of Statistics. 1941 Census. Vol. 2, Table 3, 1944.
For 1991: Statistics Canada. 1991 Census. Age, Sex and Marital Status, Catalogue 93-310, July, 1992, Table 1


## 3. Mortality

### 3.1 Trends in Life Expectancy

Major gains in life expectancy of British Columbians were achieved between 1931 and 1990 (see Table 3.1 and Figure 3.1 Part A, Part B and Part C). In terms of life expectancy at birth, females gained 15.6 years and males gained 12.5 years during that 59 year period. While females outlived males throughout the entire period, gains in life expectancy have been greater for females than for males at all ages, until recently. The male-female gap in life expectancy at birth increased from 3.1 years in 1931 to 7 years in 1980-82, but is currently 6.2 years.

Life expectancy at age 65 increased 5 years for women and 2.5 years for men between 1931 and 1985-87. Sixty-five year old females could expect (in 1985-87) to live a further 19.6 years, whereas their male counterparts could expect to live an additional 15.9 years. This difference across the sexes (3.7 years) is substantially greater than the 1.2 year difference in 1931, but again, the sex differential has shown some signs of decreasing over recent years.

A similar trend occurs for life expectancy at age 80 . Women aged 80 in 1985-87 could expect to live 9.1 more years, compared to 7.4 more years for males of that age. This 1.7 year sex difference exceeds the 0.7 year difference experienced in 1931.

A substantial proportion of the gains in life expectancy occurred during the 1970s. The figures for the 1980s suggest that this trend is slowing. For men, the gain in life expectancy at birth was 2.1 years between $1980-82$ and 1990 . For women, it was only 1.3 years.

Table 3.1
Life Expectancy at Birth, Age 65, and Age 80, by Sex: British Columbia, 1931 to 1990

Average Years of Life Remaining At:

1931
1941
1951
1960-62
1970-72
1980-82
1985-87
1989*
1990*

|  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Increase from <br> 1931 to $1985-87$ <br> (in years) | 11.8 | 15.0 | 2.5 | 5.0 | 1.7 | 2.7 |

* data available from birth only


## Sources:

For 1931 and 1941: Life Tables for Canada and Regions, Dominion Bureau of Statistics Catalogue 48-515, 1947.

For 1951: Provincial and Regional Life Tables, Dominion Bureau of Statistics, Catalogue 84-512, August, 1960.

For 1960-62: Provincial and Regional Life Tables, Dominion Bureau of Statistics, Catalogue 84517, October, 1964.

For 1970-72 and 1980-82: Life Tables, Canada and Provinces, Statistics Canada, Catalogue 84532, October, 1974 and May, 1984.

For 1985-87: Life Tables, Canada and Provinces, Statistics Canada, Catalogue 82-003S Quarterly, Supplement No. 13, 1990, Volume 2, No. 4.

For 1989 and 1990: Report on the Demographic Situation in Canada 1992 - Age Structure in Transition: Two Centuries of Demographic Change, Statistics Canada, Catalogue 91-209E Annual, November, 1992.

Figure 3.1, Part A
Life Expectancy at Birth, by Sex:
British Columbia, 1931-1990


Source:
Table 3.1

Figure 3.1, Part B
Life Expectancy at Age 65, by Sex:
British Columbia, 1931-1987


Source:
Table 3.1

Figure 3.1, Part C
Life Expectancy at Age 80, by Sex: British Columbia, 1931-1987


Source:
Table 3.1

### 3.2 Mortality Rates

It is not unexpected that mortality rates increase with advancing age. For both men and women in 1992, the mortality rate at ages 90 and over was more than 10 times the rate at ages 65-69, as observed in Table 3.2.

As already noted, major reductions in mortality have occurred since the early 1970s. However, the pattern of reduction differs for men and women, and across time periods. Between 1971 and 1984, for men, larger reductions occurred among the population aged 70 to 74 than for those aged 65 to 69 . For women, the largest reductions occurred at ages 80 and over. Significant decreases continued for men aged 65-69 between 1984 and 1992. However, during this period, it was women aged $70-74$ who exhibited the greatest reduction in mortality rates. Interestingly, it appears as if women aged 80 and over may have reached a threshold regarding mortality decline. Between 1984 and 1992, for ages $85-89$ and $90+$, female mortality rates actually increased slightly ( $2.9 \%$ and $3.2 \%$, respectively). It should be noted, however; that these are crude mortality rates, and that age-sex-specific rates by cause of death are needed to further elaborate this trend.

Table 3.2
Age-specific Mortality Rates, by Sex:
British Columbia, 1971, 1984 and 1992

|  | Mortality Rates (per 1,000 population) |  |  |  |  |  | Percent Change |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Males |  |  | Females |  |  | Males |  | Females |  |
|  | 1971 | 1984 | 1992 | 1971 | 1984 | 1992 | $\begin{gathered} 1971- \\ 1984 \end{gathered}$ | $\begin{gathered} 1984 \\ 1992 \end{gathered}$ | $\begin{gathered} 1971- \\ 1984 \end{gathered}$ | $\begin{gathered} 1984- \\ 1992 \end{gathered}$ |
| 65-69 | 30.6 | 24.3 | 19.8 | 16.0 | 13.3 | 12.0 | -20.6 | -18.5 | -16.9 | -09.8 |
| 70-74 | 49.4 | 37.8 | 34.0 | 24.6 | 20.9 | 17.7 | -23.5 | -10.0 | -15.0 | -15.3 |
| 75-79 | 74.0 | 61.4 | 56.5 | 42.2 | 34.4 | 31.7 | -17.0 | -08.8 | -18.5 | -07.8 |
| 80-84 | 109.9 | 99.0 | 87.7 | 77.1 | 58.4 | 57.0 | -09.9 | -11.4 | -24.3 | -02.4 |
| 85-89 | 167.3 | 155.3 | 145.2 | 127.9 | 101.4 | 104.4 | -07.2 | -06.5 | -20.7 | +02.9 |
| 90+ | 244.0 | 259.0 | 228.4 | 234.9 | 195.3 | 201.5 | +06.1 | -11.8 | -16.9 | +03.2 |

## Sources:

For 1971: Statistics Canada. 1971 Vital Statistics, Vol. III: Deaths, Catalogue 84-206, February, 1974, Tables 3 and 12.

For 1984: Statistics Canada. 1984 Vital Statistics, Vol. I: Births and Deaths, Catalogue 84-204, March, 1986, Table 18; Statistics Canada. Postcensal Annual Estimates of Population by Marital Status, Age, Sex, and Components of Growth for Canada, Provinces and Territories, Vol. 2, 2nd issue, Catalogue 91-210, May, 1985, Table 2.

For 1992: B.C. Ministry of Health. Population of British Columbia Calendar: 1985 - 1992 by Local Area. Health Planning Data Base, Vital Statistics, Preliminary Tables.

### 3.3 Causes of Death

The three leading causes of death - heart disease, malignant neoplasms, and cerebrovascular disease - account for more than two-thirds of all deaths in British Columbia. This pattern is in keeping with a population in which life expectancy is high and mortality is concentrated at the older ages.

The small differences between males and females (accidents comprise a larger portion of deaths for males and cerebrovascular disease comprises a larger portion of deaths for females) are, in part, a function of the age compositional differences between the sexes, i.e., the male population is "younger" than the female one. They are also due to gender differences in mortality.

## Table 3.3

## Leading Causes of Death, by Sex, Total Population: British Columbia, 1989*

|  | Male | Female |
| :--- | :---: | :---: |
| Heart disease | 3,565 | 2,826 |
| Malignant neoplasms | 3,336 | 2,867 |
| Cerebrovascular disease | 799 | 1,005 |
| Respiratory disease | 1,170 | 978 |
| Accidents | 1,239 | 532 |
| Other | 2,467 | 2,213 |

Total Deaths $12,576 \quad 10,421$

* These data refer to all ages combined as published Statistics Canada information is not crossclassified by age and province.
"Heart disease" includes ischaemic heart disease.
"Malignant neoplasms" include: intestine, lung, and breast.
"Respiratory diseases" include: pneumonia, influenza, bronchitis, emphysema, and asthma.
"Accidents" include: motor vehicle and other accidents, suicide, and homicide.
"Other" includes: chronic liver disease, cirrhosis, still births, arteriosclerosis, and diabetes mellitus.


## Source:

Statistics Canada, Mortality - Summary List of Causes 1989, Catalogue 82 003S12, Supplement 12, 1991, Volume 3, No. 1.

## 4. Marital Status

According to the 1991 Census, approximately three-quarters of male British Columbians aged 65 and over were married; however, nearly half of women aged 65 and over were widowed. Of those in the $65-69$ age group, $5.5 \%$ of men and $24.2 \%$ of women were widowed. More than half ( $51.0 \%$ ) of women in the age group 75-79 were widowed, compared to only $13.8 \%$ of men. Even at ages 90 and over, only $45.3 \%$ of men were widowed, compared to $85.7 \%$ of women. The gap in life expectancy between the sexes, the tendency for men to marry younger women, and men's higher rate of re-marriage have all contributed to the substantial difference in the marital status composition of the elderly male and elderly female population shown in Table 4.1.

Table 4.1

Number and Percent of Population Aged 65+ in Marital Status Groups, by Age and Sex: British Columbia, 1991

Males
Males

$65-69$
$70-74$
$75-79$
$80-84$
$85-89$
$90+$

| Single* |  | Married** |  |
| :---: | :---: | :---: | :---: |
| Number | \% | Number | \% |
| 3,535 | 5.5 | 54,395 | 84.0 |
| 2,405 | 4.0 | 40,650 | 82.0 |
| 1,715 | 4.7 | 28,325 | 78.3 |
| 1,065 | 5.4 | 13,885 | 70.4 |
| 585 | 6.6 | 5,295 | 59.5 |
| 305 | 8.6 | 1,570 | 46.9 |

Widowed Divorced

Total
5-69
70-74
75-79
80-84
85-89
$90+$

| Total $65+$ | 9,610 | 5.3 | 144,120 | 79.0 | 21,640 | 11.9 | 6,975 | 3.8 | 182,355 | 100.0 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

## Females

|  | Single* |  | Married** |  | Widowed |  | Divorced |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number | \% | Number | \% | Number | \% | Number | \% | Number | \% |
| 65-69 | 2,725 | 3.7 | 48,265 | 65.1 | 17,960 | 24.2 | 5,135 | 6.9 | 74,085 | 100.0 |
| 70-74 | 2,585 | 4.2 | 33,755 | 54.4 | 22,360 | 36.1 | 3,305 | 5.3 | 62,000 | 100.0 |
| 75-79 | 2,340 | 4.8 | 19,635 | 40.3 | 24,835 | 51.0 | 1,865 | 3.8 | 48,675 | 100.0 |
| 80-84 | 1,740 | 5.8 | 7,965 | 26.4 | 19,645 | 65.1 | 825 | 2.7 | 30,175 | 100.0 |
| 85-89 | 990 | 6.3 | 2,215 | 14.0 | 12,350 | 78.2 | 245 | 1.5 | 15,800 | 100.0 |
| 90+ | 600 | 6.7 | 585 | 6.5 | 7,650 | 85.7 | 95 | 1.1 | 8,930 | 100.0 |
| Total 65+ | 10,980 | 4.6 | 112,420 | 46.9 | 104,800 | 43.7 | 11,470 | 4.8 | 239,665 | 100.0 |

[^0]|  | Males |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| $65-69$ | $2.5 \%$ | $65-69$ | Females |  |
| $70-74$ | $2.2 \%$ | $70-74$ | $2.3 \%$ |  |
| $75-79$ | $2.0 \%$ | $75-79$ | $1.6 \%$ |  |
| $80-84$ | $1.9 \%$ | $80-84$ | $1.0 \%$ |  |
| $85-89$ | $2.0 \%$ | $85-89$ | $0.6 \%$ |  |
| $90+$ | $1.4 \%$ | $90+$ | $0.4 \%$ |  |
| Total $65+$ | $2.2 \%$ | Total $65+$ | $1.7 \%$ |  |

## Source:

Statistics Canada. Age, Sex and Marital Status, Catalogue 93-310, July, 1992, Table 3.

Figure 4.1, Part A
Marital Status Composition of Men Aged 65+: British Columbia, 1991


MALES

Source:
Table 4.1

Figure 4.1, Part B Marital Status Composition of Women Aged 65+: British Columbia, 1991


FEMALES

Source:
Table 4.1

## 5. Geographic Distribution and Mobility

### 5.1 The Older Population of B.C. in Relation to Other Provinces

The geographic distribution of the elderly population in Canada parallels that of the total population. Like the general population, the aged population tends to be concentrated in the three provinces of Ontario, Quebec and British Columbia (see Table 5.1). In 1991, the largest number of the aged resided in Ontario $(1,183,475)$, Quebec $(770,920)$ and British Columbia $(422,010)$.

The proportion of persons aged 65 and over within the provinces displays a different pattern. In 1991, Saskatchewan, Manitoba, and Prince Edward Island in that order, had the largest proportions of older persons in their total populations. B.C. was in fourth place, closely followed by Nova Scotia and New Brunswick.

## Table 5.1

Total Population and Population Aged 65+: Canada, Provinces and Territories, 1991

| Province | Total <br> Population | Population <br> Aged 65+ | \% of <br> Population <br> Aged 65+ in <br> Canada | \% of <br> Provincial <br> Population <br> Aged $65+$ |
| :--- | ---: | ---: | ---: | ---: |
| Nfld. | 568,475 | 55,160 |  |  |
| P.E.I. | 129,765 | 17,080 | 1.7 | 9.7 |
| N.S. | 899,945 | 113,405 | 0.5 | 13.2 |
| N.B. | 723,900 | 88,140 | 3.6 | 12.6 |
| Quebec | $6,895,960$ | 770,920 | 2.8 | 12.2 |
| Ontario | $10,084,885$ | $1,183,475$ | 37.3 | 11.2 |
| Manitoba | $1,091,940$ | 146,605 | 4.3 | 11.7 |
| Saskatchewan | 988,930 | 139,925 | 4.4 | 13.4 |
| Alberta | $2,545,550$ | 230,550 | 7.3 | 14.1 |
| B.C. | $3,282,065$ | 422,010 | 13.3 | 9.1 |
| N.W.T. | 57,650 | 1,605 | 0.05 | 12.9 |
| Yukon | 27,795 | 1,100 | 0.03 | 2.8 |
| Total |  |  |  | 4.0 |

## Source:

Statistics Canada. 1991 Census. Age, Sex and Marital Status, Catalogues 93-310, July, 1992, Table 1.

### 5.2 Rural-Urban Distribution

Table 5.2 shows that in 1991, like the total population, a majority ( $83.5 \%$ ) of B.C.'s older adults lived in urban centres. More than half of the older population ( $56.5 \%$ ) resided in urban centres of 100,000 or more population. In all urban areas, except those with a population of less than 2,500, the percentage of older people exceeded the provincial average of 12.9 percent. Urban centres in the size range $2,500-4,999$ had the highest proportion of their population aged 65 and over ( $15.0 \%$ ). This contrasts with B.C. in 1981, at which point the communities with the highest proportion of persons 65 years of age and older were urban centres with 100,000-499,999 population (17.4\%).

The distribution of persons 75 and over is fairly even across the urban size groupings (ranging between $5.5 \%$ and $6.2 \%$ ), except for communities of less than 2,500 , which had a lower proportion of older seniors (4.2\%).

The percentage of B.C. seniors living in rural non-farm areas in 1991 was $15.5 \%$, and in farm areas, it was only $1 \%$. Within rural non-farm areas, seniors constituted $11.1 \%$ of the population. In farm areas, they accounted for $8.1 \%$ of the population.

## Table 5.2

# Number and Percent of Total Population Aged 65+ and Aged 75+ for Urban and Rural Areas: British Columbia, 1991 

| Areas |  | Total Population | Population Aged $65+$ |  | Population Aged 75+ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Number | \% | Number | \% |
| Urban Areas: |  |  |  |  |  |  |
| 100,000+ |  | 1,793,355 | 238,510 | 13.3 | 103,130 | 5.8 |
| 10,000-99,999 |  | 657,970 | 87,650 | 13.3 | 36,000 | 5.5 |
| 5,000-9,999 |  | 81,595 | 11,850 | 14.5 | 5,075 | 6.2 |
| 2,500-4,999 |  | 70,920 | 10,630 | 15.0 | 4,365 | 6.2 |
| less than 2,500 |  | 36,300 | 3,880 | 10.7 | 1,520 | 4.2 |
| Total | n | $\begin{gathered} 2,640,140 \\ 80.4 \\ \hline \end{gathered}$ | $\begin{gathered} 352,520 \\ 83.5 \\ \hline \end{gathered}$ | 13.4 | $\begin{gathered} 150,090 \\ 87.3 \\ \hline \end{gathered}$ | 5.7 |
| Rural Areas: |  |  |  |  |  |  |
| Non-farm |  | 591,570 | 65,405 | 11.1 | 20,765 | 3.5 |
| Farm |  | 50,355 | 4,100 | 8.1 | . 1,075 | 2.1 |
| Total | n | $\begin{gathered} 641,925 \\ 19.6 \\ \hline \end{gathered}$ | $\begin{gathered} 69,505 \\ 16.5 \\ \hline \end{gathered}$ | 10.8 | $\begin{gathered} 21,840 \\ 12.7 \\ \hline \end{gathered}$ | 3.4 |
| B.C. |  | 3,282,060 | 422,005 | 12.9 | 171,925 | 5.2 |

## Source:

Statistics Canada: 1991 Census. Profile of Urban and Rural Areas - Part A, Canada, Provinces and Territories, Catalogue 93-339, April, 1993, Table 1.

### 5.3 Geographic Distribution Within British Columbia

In 1991, a total of $189,670(44.9 \%)$ of B.C.'s seniors lived in the Greater Vancouver Regional District, 66,160(15.7\%) of them in the City of Vancouver (see Table 5.3), The Capital Regional District was the next most popular region of the province among seniors, occupied by 56,265 (13.3\%) of the elderly population. The Okanagan ranked third. Together, the three regional districts of Okanagan Similkameen, Central Okanagan, and North Okanagan were home to 44,800 (10.6\%) of B.C. seniors.

However, when Regional Districts are rank ordered in terms of the percentage of their population aged 65 and over, a different picture emerges. The Regional District with the highest proportion of its population aged 65+ was Okanagan Similkameen (22.9\%), followed by the Capital Region (18.8\%), Central Okanagan (17.6\%), and the Sunshine Coast (17.2\%).

Table 5.3

Total Population and Population Aged 65+, by Regional District: British Columbia, 1991

| Regional District | Total <br> Population | Population Aged 65+ |  |  | $\frac{\frac{\% \text { Dist. }}{o \text { P Pop }}}{\frac{\text { of in }}{65+\text { B.C. }}}$ | $\begin{array}{r} \frac{\%}{\text { Aged }} \\ \frac{65+}{\frac{12}{i n}} \\ \text { Distr- } \end{array}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Popu | a Aged |  |  | $\underline{\text { ict }}$ |
|  |  | Total | Males | Females |  |  |
| East Kootenay | 52,365 | 5,325 | 2,405 | 2,920 | 1.3 | 10.2 |
| Central Kootenay | 51,075 | 7,945 | 3,705 | 4,240 | 1.9 | 15.6 |
| Kootenay Boundary | 31,195 | 5,125 | 2,330 | 2,795 | 1.2 | 16.4 |
| Okanagan Similkameen | 66,700 | 15,285 | 7,010 | 8,275 | 3.6 | 22.9 |
| Fraser Cheam | 68,680 | 10,395 | 4,715 | 5,680 | 2.5 | 15.1 |
| Central Fraser Valley | 87,360 | 12,710 | 5,660 | 7,050 | 3.0 | 14.5 |
| Dewdney Alouette | 89,970 | 8,970 | 4,030 | 4,440 | 2.1 | 10.0 |
| Greater Vancouver | 1,542,745 | 189,670 | 78,010 | 111,660 | 44.9 | 12.3 |
| Capital | 299,550 | 56,265 | 23,020 | 33,245 | 13.3 | 18.8 |
| Cowichan Valley | 60,560 | 8,815 | 4,140 | 4,675 | 2.1 | 14.6 |
| Nanaimo | 101,735 | 17,165 | 7,850 | 9,315 | 4.1 | 16.9 |
| Alberni-Clayquot | 31,225 | 3,230 | 1,460 | 1,770 | 0.8 | 10.3 |
| Comox-Strathcona | 82,730 | 8,97.0 | 4,090 | 4,880 | 2.1 | 10.8 |
| Powell River | 18,480 | 2,490 | 1,115 | 1,375 | 0.6 | 13.5 |
| Sunshine Coast | 20,785 | 3,575 | 1,670 | 1,905 | 0.8 | 17.2 |
| Squamish-Lillooet | 23,420 | 1,495 | 730 | 765 | 0.3 | 6.4 |
| Thompson-Nicola | 104,385 | 10,275 | 4,825 | 5,450 | 2.4 | 9.8 |
| Central Okanagan | 111,845 | 19,690 | - 8,915 | 10,775 | 4.7 | 17.6 |
| North Okanagan | 61,740 | 9,825 | . 4,500 | 5,325 | 2.3 | 15.9 |
| Columbia Shuswap | 41,665 | 5,915 | 2,855 | 3,060 | 1.4 | 14.2 |
| Cariboo | 61,055 | 4,690 | 2,350 | 2,340 | 1.1 | 7.7 |
| Mount Waddington | 13,895 | 475 | 235 | 240 | 0.1 | 3.4 |
| Central Coast | 3,480 | 210 | 110 | 100 | $<0.1$ | 6.0 |
| Skeena-Queen Charlotte | 23,770 | 1,390 | 645 | 745 | 0.3 | 5.8 |
| Kitimat-Stikine | 42,055 | 1,950 | 965 | 985 | 0.5 | 4.6 |
| Bulkley-Nechako | 38,345 | 2,290 | 1,155 | 1,135 | 0.5 | 6.0 |
| Fraser-Fort George | 90,735 | 4,410 | 2,140 | 2,270 | 1.0 | 4.9 |
| Peace River* | 53,320 | 3,285 | 1,605 | 1,680 | 0.8 | 6.2 |
| Stikine | 2,155 | 60 | . 30 | 30 | $<0.1$ | 2.8 |
| Fort Nelson, Liard* | 5,040 | 110 | 65 | 45 | $<0.1$ | 2.2 |
| Total | 3,282,060 | 422,005 | 182,335 | 239,670 | 100.0 | 12.9 |

*Combined in 1981 as Peace River-Liard

## Source:

Statistics Canada, 1991 Census. Profile of Census Divisions and Subdivisions in British Columbia - Part A, Catalogue 95-384, Table 1, November 1992.

### 5.3.1 Geographic Distribution Within the Greater Vancouver Regional District

The Greater Vancouver Regional District (GVRD) consists of an area of just over 1,000 square miles ( 2,603 square kilometers), including 18 communities, 2 electoral areas, and Indian reserves, with populations ranging in size from 590 to 473,215.

Table 5.3.1 shows that one third (33.1\%) of the seniors in the GVRD live in the City of Vancouver. A further $18.3 \%$ live in Surrey, while $11.1 \%$ live in the District Municipality of Burnaby.

In several communities within the GVRD, the proportion of seniors in the population substantially exceeded the 1991 provincial average of $12.9 \%$. These communities included: White Rock, where more than one-third (34.5\%) of the population was aged 65 and over in 1991, West Vancouver (20.2\%), New Westminster (15.6\%), Langley City (14.7\%), Vancouver (14.0\%), North Vancouver (14.0\%), and Burnaby (14.0\%).

Total Population and Population Aged 65+: Greater Vancouver Regional District, 1991

| Communities/ <br> Electoral Areas* | Total <br> Population | Population Aged 65+ |  |  | \% |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | $\frac{\frac{\text { Distribution }}{\text { of Pop. } 65+}}{\frac{\text { in GVRD }}{\prime}}$ | $\frac{\frac{\% \text { of }}{\text { Pop. }}}{65+}$ |
|  |  | Tota | Males | Female |  |  |
| Anmore | 740 | $\frac{40}{}$ | $\bigcirc 25$ | \% 15 | 0.02 | 5.4 |
| Belcarra | 590 | 30 | 15 | 15 | 0.01 | 5.1 |
| Burnaby | 158,860 | 22,210 | 9,070 | 13,140 | 11.1 | 14.0 |
| Coquitlam | 84,025 | 7,115 | 2,945 | 4,170 | 3.6 | 8.5 |
| Delta | 89,430 | 7,890 | 3,410 | 4,480 | 3.9 | 8.8 |
| Langley City | 19,765 | 2,915 | 1,095 | 1,820 | 1.5 | 14.7 |
| Langley District | 66,040 | 6,205 | 2,905 | 3,300 | 3.1 | 9.4 |
| Lions Bay | 1,325 | 55 | 30 | 25 | 0.03 | 4.1 |
| New Westminster | 43,585 | 6,815 | 2,795 | 4,020 | 3.4 | 15.6 |
| North Vancouver City | 38,720 | 5,405 | 2,000 | 3,405 | 2.7 | 14.0 |
| North Vancouver Dist. | 77,225 | 7,705 | 3,245 | 4,460 | 3.8 | 10.0 |
| Port Coquitlam | 36,770 | 2,280 | 960 | 1,320 | 1.1 | 6.2 |
| Port Moody | 17,710 | 985 | 435 | 550 | 0.5 | 5.6 |
| Richmond | 126,625 | 13,010 | 5,425 | 7,585 | 6.5 | 10.3 |
| Surrey | 245,390 | 36,595 | 25,325 | 11,270 | 18.3 | 10.3 |
| Vancouver | 473,215 | 66,160 | 26,490 | 39,670 | 33.1 | 14.0 |
| West Vancouver | 38,785 | 7,835 | 3,210 | 4,625 | 3.9 | 20.0 |
| White Rock | 16,315 | 5,630 | 2,120 | 3,510 | 2.8 | 34.5 |
| Electoral Areas (Univ.) | 6,990 | 895 | 390 | 505 | 0.4 | 12.7 |
| Indian Reserves** | 580 | 330 | 180 | 150 | 0.2 | 56.9 |
| Total | 1,542,685 | 200,105 | 92,070 | 108,035 | 100.0 | 3.0 |

* See Appendix 1 for a listing of census divisions and subdivisions included in each GVRD community and electoral area.
** Includes reserves that are not combined with other categories: Matsqui, McMillon Is., and Seymour Creek. The interpretation of these numbers should be made with care because of the small sizes of these reserves and the potential for significant proportions of non-responses.


## Source:

Statistics Canada. 1991 Census. Profile of Census Divisions and Subdivisions in British Columbia - Part A, Catalogue 95-384, November, 1992, Table 1.

### 5.3.2 Geographic Distribution Within the Capital Regional District

The Capital Regional District (CRD), located on Southern Vancouver Island, encompasses a total land area of 937 square miles (2,427 square kilometers). Within its boundaries are 7 communities and 7 electoral areas.

Almost one-third (30.3\%) of the seniors in the CRD live in the City of Victoria as observed in Table 5.3.2. More than one-quarter (27.6\%) live in the Municipality of Saanich.

In terms of the proportion of their population aged $65+$, three communities equal or exceed 20\%. These are Sidney (31.6\%), Oak Bay (30.1\%), and Victoria (23.9\%).

## Table 5.3.2

## Total Population and Population Aged 65+:

 Capital Regional District, 1991| Communities/ <br> Electoral Areas* | Total <br> Population | Population Aged 65+ |  |  | Distribution $\frac{\text { of Pop. } 65+}{\text { in CRD }}$ in | $\frac{\frac{\% \text { of }}{\text { Pop. }}}{\underline{65+}}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Males | Females |  |  |
| Victoria | 71,230 | 17,030 | 5,850 | 11,180 | 30.3 | 23.9 |
| Central Saanich | 13,685 | 2,345 | 1,090 | 1,255 | 4.2 | 17.1 |
| Esquimalt | 16,195 | 2,660 | 1,060 | 1,600 | 4.7 | 16.4 |
| North Saanich | 9,645 | 1,775 | 875 | 900 | 3.2 | 18.4 |
| Oak Bay | 17,815 | 5,365 | 2,040 | 3,325 | 9.5 | 30.1 |
| Saanich | 95,575 | 15,545 | 6,815 | 8,730 | 27.6 | 16.3 |
| Sidney | 10,085 | 3,190 | 1,350 | 1,840 | 5.7 | 31.6 |
| Electoral Areas | 65,320 | 8,355 | 3,940 | 4,415 | 14.8 | 12.8 |
| Total | 299,550 | 56,265 | 23,020 | 33,245 | 100.0 | 18.8 |

* See Appendix 2 for a listing of census divisions and subdivisions included in each CRD community and electoral area.


## Source:

Statistics Canada. 1991 Census. Profile of Census Divisions and Subdivisions in British Columbia - Part A, Catalogue 95-384, November, 1992, Table 1.

### 5.4 Mobility

### 5.4.1 Total Population and Population Aged 65+

Canadians are a relatively mobile people. In each of the census years, 1961, 1971, 1976, 1981 and 1991, approximately one half (ranging between 46.7\% and $54.2 \%$ ) of the population five years of age and over, and approximately onequarter of the population 65 years of age and over (ranging between $22.2 \%$ and $31.5 \%$ ) were living in a different dwelling than five years earlier. Since 1971, there has been a steady decline in the mobility rate for Canadians aged 65 and over.

In each of these census periods, a higher proportion of older British Columbians (ranging between $32.3 \%$ and $40.3 \%$ ) changed residence than was the case for the country as a whole (see Table 5.4.1). In 1991, senior British Columbians had a mobility rate that was $10 \%$ higher than the national average, although they too have experienced a decline since 1971.

## Table 5.4.1

Percent of the Population Aged 65+ who Changed Residence in the 5 Years Preceding the Census of 1961, 1971, 1976, 1981 and 1991: Canada and British Columbia*

Percent of Population Aged 65+ Changing Residence

## Period

1956-1961
1966-1971
1971-1976
1976-1981
1986-1991

## Canada

27.4
31.5
30.9
26.2
22.2

British Columbia
34.7
40.3
39.0
32.6
32.3
*Based on 20\% sample data.

## Sources:

Dominion Bureau of Statistics. 1961 Census. Population Sample. General Characteristics of Migrant and Non-migrant Population, Catalogue 98-509, Vol. 4, July, 1965, Table 11.

Statistics Canada. 1971 Census. Population: Internal Migration, Catalogue 92-719, Vol. 1, Part 2, November, 1974, Table 31.

Statistics Canada. 1976 Census. Population: Demographic Characteristics - Mobility Status, Catalogue 92-828, December, 1978, Table 35.

Statistics Canada. 1981 Census. Mobility Status Canada, Provinces, Census Divisions, Census Metropolitan Areas, Catalogue 92-907, October, 1983, Table 1.

Statistics Canada. 1991 Census. Mobility and Migration: The Nation, Catalogue 93-322, June, 1993, Table 1A.

### 5.4.2 Distance Moved

Moves by the older age group are mainly of a short distance. For example, of the 126,670 elderly British Columbians who changed residence between 1986 and $1991,45.3 \%(57,435)$ remained in the same census subdivision; $36.8 \%(46,665)$ moved elsewhere within the province; $11.8 \%(15,005)$ moved to B.C. from a different province; while $6.0 \%(7,565)$ immigrated from a different country (see Table 5.4.2).

In comparison to Canada as a whole, a relatively larger proportion of B.C.'s older residents in 1991 lived outside the province in 1986. In Canada, 2.8\% of the elderly population in 1991 had lived in a different province or in a different country in 1986 ; in B.C., the comparable figure was $5.7 \%$.

Table 5.4.2

## Mobility Status of Population Aged 65+: Canada, British Columbia and Selected Areas Within B.C., 1986-1991*

| Mobility Status | Canada |  | B.C. |  | CMA |  | $\frac{\text { CMA }}{\text { Victoris }}$ |  | Rest of B.C. |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number | $\underline{\chi}$ | Number | $\underline{\chi}$ | Number | \% | Number | $\underline{\chi}$ | Number | \% |
| Non-mover | 2,254,900 | 77.8 | 266,055 | 67.7 | 122,075 | 67.8 | 34,270 | 68.5 | 109,710 | 67.5 |
| Non-migrant mover** | 334,360 | 11.5 | 57,435 | 14.6 | 28,030 | 15.6 | 7,890 | 15.8 | 21,515 | 13.2 |
| Moved within same province | 230,870 | 8.0 | 46,665 | 11.9 | 20,450 | 11.4 | 4,190 | 8.4 | 22,025 | 13.6 |
| Moved from other province | 42,450 | 1.5 | 15,005 | 3.8 | 4,395 | 2.4 | 2,970 | 5.9 | 7,640 | 4.7 |
| Moved from outside Canada | 37,510 | 1.3 | 7,565 | 1.9 | 5,175 | 2.9 | 750 | 1.5 | 1,640 | 1.0 |


| Total | $2,900,090$ | 100.0 | 392,725 | 100.0 | 180,120 | 100.0 | 50,065 | 100.0 | 162,535 | 100.0 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

*Based on $20 \%$ sample data. Includes only persons living in private households.
${ }^{* *}$ Non-migrants are movers who, on Census Day, were living within the same census subdivision (CSD) they resided in five years earlier.

CMA is an abbreviation for Central Metropolitan Area.

## Source:

Statistics Canada. 1991 Census. Mobility and Migration: The Nation, Catalogue 93-322, June 1993, Table 1A.

## 6. Ethnic Composition

### 6.1 Predominant Groups

The 1991 Census provides information on ethnic origin both as a single selection and as a multiple selection. The following data are based on responses to these two types of ethnic origin. It should be noted that an individual can be included in more than one ethnic category.

Table 6.1.1 shows that in 1991, the English were the predominant ethnic group (as a single or multiple selection) among British Columbians, both for the total population (43.3\%) and for those 65 and over (40.1\%). Among persons of all ages in B.C., those of Scottish origin constituted the second largest group (22.8\%), followed by the Irish (16.8\%). Turning to ethnic elders, the four largest groups were the English (40.1\%), Scottish (18.3\%), Irish (11.8\%) and German (9.1\%).
Fact Book on Aging in B.C., 2nd Ed., 1995.
Table 6.1.1
Ten Leading Ethnic Origin Groups, Total Population and Population Aged 65+: British Columbia, 1991*

| Ethnic | Total Population of B.C. |  |  | \% of Total | Ethnic Origin |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Origin |  |  |  | $(3,247,505)$ |  |
| Group |  | , |  |  | Group |
|  | Single | Multiple | Total ${ }^{* *}$ |  |  |
| English | 581,185 | 824,300 | 1,405,485 | 43.3 | English |
| Scottish | 144,705 | 594,970 | 739,675 | 22.8 | Scottish |
| Irish | 78,640 | 467,520 | 546,160 | 16.8 | Irish |
| German | 156,635 | 337,225 | 493,860 | 15.2 | German |
| French | 68,665 | 271,510 | 340,175 | 10.5 | French |
| Chinese | 181,185 | 15,540 | 196,725 | 6.1 | Chinese |
| Dutch | 66,525 | 117,895 | 184,420 | 5.7 | Dutch |
| Ukrainian | 52,760 | 125,155 | 177,915 | 5.5 | Ukrainian |
| N. A. Indian | 69,065 | 80,510 | 149,575 | 4.6 | Norwegian |
| Italian | 49,260 | 62,725 | 111,985 | 3.4 | Italian |
| Total | 1,448,625 | 2,897,350 | 4,345,975 | 133.9 |  |

### 6.2 Proportion of Ethnic Origin Groups Aged 65+

Among persons selecting English as a single or multiple ethnic origin, 12.0\% were elderly. As shown in Table 6.1.2, there were several other ethnic groups in which the proportion aged $65+$ exceeded $10 \%$. These groups included the Americans, Austrians, Belgians, Estonians, Guyanese, Jewish, Latvians, Scottish, Serbians and Slovaks. It should be noted that the percentages of ethnic groups aged 65+ were lower in 1991 than in 1981. This is because individuals could select as many ethnic origins as they felt were applicable, and multiple origin ethnic groups were more common among younger age groups.

Table 6.1.2
Population Aged 65+, by Selected Ethnic Origin Groups: British Columbia, 1991*

| Ethnic Origin | $\underline{\text { Number } 65+}$ | $\underline{\frac{\% \text { Dist. Single \& }}{\text { Multiple Origins }}}$ | Percentage of <br> Group |
| :---: | :---: | :---: | :---: |
| $\underline{65+^{* *}(492,245)}$ | $\underline{\text { Ethnic Group }}$ |  |  |
| $\underline{\text { Aged } 65+^{* *}}$ |  |  |  |

Single Multiple Total**

| Acadian | 20 | 10 | 30 | $<0.1$ | 8.6 |
| :--- | ---: | ---: | ---: | ---: | ---: |
| African | 55 | 65 | 120 | $<0.1$ | 3.4 |
| American | 565 | 845 | 1,410 | 0.3 | 13.9 |
| Arab | 20 | 10 | 30 | $<0.1$ | 1.4 |
| Armenian | 125 | 10 | 135 | $<0.1$ | 9.3 |
| Austrian | 1,980 | 865 | 2,845 | 0.6 | 11.6 |
| Belgian | 610 | 385 | 995 | 0.2 | 10.2 |
| Black | 330 | 160 | 490 | 0.1 | 3.4 |
| Cambodian | 25 | 10 | 35 | $<0.1$ | 2.6 |
| Canadian | 4,240 | 1,600 | 5,840 | 1.2 | 6.8 |
| Chilean | 35 | 20 | 55 | $<0.1$ | 3.0 |
| Chinese | 16,105 | 310 | 16,415 | 3.3 | 8.3 |
| Croatian | 560 | 45 | 605 | 0.1 | 7.5 |
| Czech | 645 | 210 | 855 | 0.2 | 8.2 |
| Czechoslovakian | 755 | 175 | 930 | 0.2 | 9.1 |
| Danish | 2,595 | 945 | 3,540 | 0.7 | 8.9 |
| Dutch(Netherlands) | 9,295 | 5,100 | 14,395 | 2.9 | 7.8 |
| East Indian | 4,950 | 365 | 5,315 | 1.1 | 5.4 |
| Egyptian | 40 | - | 40 | $<0.1$ | 5.6 |
| English | 117,945 | 51,175 | 169,120 | 34.4 | 12.0 |
| Estonian | 620 | 70 | 690 | 0.1 | 18.9 |
| Filipino | 1,810 | 90 | 1,900 | 0.4 | 5.8 |
| Finnish | 1,830 | 410 | 2,240 | 0.5 | 9.5 |
| French | 9,570 | 11,030 | 20,600 | 4.2 | 6.1 |
| German | 26,665 | 11,860 | 38,525 | 7.8 | 7.8 |
| Greek | 630 | 200 | 830 | 0.2 | 5.8 |
| Guyanese | 15 | 10 | 35 | $<0.1$ | 11.3 |
| Hungarian(Magyar) | 2,595 | 420 | 3,015 | 0.6 | 9.2 |
| Icelandic | 835 | 355 | 1,190 | 0.2 | 7.4 |
| Inuit | - | 40 | 40 | $<0.1$ | 2.0 |
| Iranian | 455 | 10 | 465 | $<0.1$ | 6.0 |
| Irish | 17,025 | 32,770 | 49,795 | 10.1 | 9.1 |
| Italian | 7,050 | 1,110 | 8,160 | 1.7 | 7.3 |
| Jamaican | - | 35 | 35 | $<0.1$ | 2.6 |
| Japanese | 2,570 | 60 | 2,630 | 0.5 | 9.7 |
| Jewish | 2,425 | 715 | 3,140 | 0.6 | 10.1 |
|  |  |  |  |  |  |


| Ethnic Origin | Number $65+$ |  |  | \% Dist. Single \& Multiple Origins | Percentage of Ethnic Group |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | $65+^{* *}(492,245)$ | Aged 65+** |
|  | Single | Multiple | Total** |  |  |
| Korean | 350 | 10 | 360 | $<0.1$ | 3.7 |
| Laotian | 25 | - | 25 | $<0.1$ | 2.3 |
| Latvian | 380 | 75 | 455 | $<0.1$ | - 18.2 |
| Lebanese | 130 | 25 | 155 | <0.1 | 4.8 |
| Lithuanian | 190 | 50 | 240 | $<0.1$ | 8.0 |
| Macedonian | 10 | - | 10 | $<0.1$ | 4.3 |
| Maltese | 45 | 45 | 90 | $<0.1$ | 8.5 |
| Metis | 205 | 315 | 520 | 0.1 | 2.3 |
| N. A. Indian | 2,985 | 1,740 | 4,725 | 1.0 | 3.2 |
| Norwegian | 5,865 | 2,365 | 8,230 | 1.7 | 9.1 |
| Pakistan | 155 | 50 | 205 | <0.1 | 5.3 |
| Polish | 5,210 | 2,410 | 7,620 | 1.5 | 7.8 |
| Portuguese | 925 | 195 | 1,120 | 0.2 | 4.8 |
| Punjabi | 525 | 180 | 705 | 0.1 | 5.4 |
| Romanian | 635 | 190 | 825 | 0.2 | 7.3 |
| Russian | 3,105 | 835 | 3,940 | 0.8 | 8.0 |
| Salvadorean | - | 15 | 15 | <0.1 | 1.0 |
| Scandinavian | 830 | 230 | 1,060 | 0.2 | 7.7 |
| Scottish | 37,655 | 39,430 | 77,085 | 15.6 | 10.4 |
| Serbian | 105 | 30 | 135 | $<0.1$ | 11.9 |
| Slovak | 255 | 45 | 300 | $<0.1$ | 10.3 |
| Spanish | 390 | 675 | 1,065 | 0.2 | 4.7 |
| Sri Lankan | 30 | 15 | 45 | $<0.1$ | 4.2 |
| Swiss | 720 | 700 | 1,420 | 0.3 | 8.7 |
| Ukrainian | 11,290 | 2,090 | 13,380 | 2.7 | 7.5 |
| Vietnamese | 190 | - | 190 | $<0.1$ | 1.5 |
| Welsh | 1,770 | 2,540 | 4,310 | 0.9 | 8.6 |
| West Indian | 25 | 10 | 35 | $<0.1$ | 2.4 |
| Yugoslav | 1,035 | 190 | 1,225 | 0.2 | 7.5 |
| Total |  | $\cdot$ | 492,245 | 99.3 |  |

Definitions: Prior to 1981, only one ethnic origin was asked per respondent. In 1986 and 1991, respondents specified as many origins as applicable. -A single response occurs when a respondent provides only one ethnic origin. A multiple response occurs when a respondent provides two or more ethnic origins.

* Based on 20\% sample data
** Includes single and multiple ethnic origin. Therefore, an individual can be included in more than one ethnic category. This is more common among younger persons, resulting in lower percentages of an ethnic group 65+ than if only single ethnic origins were used.

Source:
Statistics Canada. 1991 Census. Ethnic Origin: The Nation, Catalogue 93-315, February, 1993, Table 3.

### 6.3 Aboriginal Peoples

Using the $199120 \%$ census sample data, it is estimated that 470,610 Canadians selected a single ethnic origin including North American Indian, Metis and Inuit. A further 575,275 Canadians claimed one of these ethnic groups as a multiple origin. More than one-half of these persons lived in three provinces: Ontario, British Columbia and Alberta. B.C. alone had $16.6 \%(173,855)$ of the total number of people reporting single and multiple Aboriginal* ethnic origins.

While Native Peoples of single or multiple origin constituted $5.3 \%$ of the total population of the province in 1991, they were under-represented in the 65 and over population, constituting only $1.2 \%$ of all elderly. It should be noted, however, that the proportion of Native Peoples aged 65 and over in Canada rose from approximately $3.5 \%$ in 1981 to $4.5 \%$ in 1991, and is estimated to rise to about $7 \%$ by the turn of the century. This pattern suggests considerable population aging among First Nations people in Canada.

[^1]
## 7. Living Arrangements

### 7.1 Persons by Type

Similar to the rest of Canada, the vast majority (92.8\%) of elderly in British Columbia live in private households. In 1991, only about $6.5 \%$ of the population 65 and over were residents of "collective dwellings," defined by Statistics Canada as including nursing, chronic care and old age homes; hospitals; religious institutions; and hotels, motels, tourist homes, YM/YWCA's, etc.

In Table 7.1 we observe that the majority ( 138,995 or $76.2 \%$ ) of older men resided in families with a spouse and/or never-married children. Even among men aged 75 and over, over two-thirds ( 46,710 or $68.3 \%$ ) lived in such family settings. Among elderly women, the proportion living in family arrangements decreases dramatically with age ( 87,535 or $64.3 \%$ in the $65-74$ age group; 35,950 or $34.7 \%$ among those aged $75+$ ). There is a concomitant increase in the proportion living in non-family households, either alone in private households ( 39,390 or $28.9 \%$ of women aged $65-74 ; 44,040$ or $42.5 \%$ of women aged $75+$ ) or as residents of "collective dwellings."

The large proportion of older women living alone is a relatively new phenomenon. Between 1961 and 1991 in B.C., the proportion of women aged 65 and over living alone increased from $21.2 \%$ to $34.8 \%$.

## Table 7.1

Population Aged 65+, by Living Arrangements and Sex: British Columbia, 1991

|  | Total Population Aged 65+ |  | Ages 65-74 |  | Ages 75+ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female | Male | Female |
| Total | 182,355 | 239,665 | 114,000 | 136,085 | 68,355 | 103,580 |
|  | (100\%) | (100\%) | (100\%) | (100\%) | (100\%) | (100\%) |
| Persons | 172,965 | 218,865 | 111,030 | 132,500 | 61,935 | 86,365 |
| in Private | (94.9\%) | (91.3\%) | (97.4\%) | (97.4\%) | (90.6\%) | (83.4\%) |
| Households |  |  |  |  |  |  |


| a) Family | 138,995 | 124,485 | 92,285 | 87,535 | 46,710 | 35,950 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Households <br> b) Non-family | 33,970 | 94,375 | 18,745 | 44,965 | 15,225 | 49,410 |
| Households |  |  |  |  |  |  |
| - with relatives | 1,930 | 7,105 | 930 | 3,230 | 1,000 | 3,87 |
| - non-relatives | 3,965 | 3,840 | 2,605 | 2,345 | 1,360 | 1,495 |
| - alone | 28,080 | 83,430 | 15,210 | 39,390 | 12,870 | 44,040 |
| Persons in | 8,275 | 19,160 | 2,270 | 2,585 | 6,005 | 16,575 |
| Dwellings ${ }^{\text {Coll }}$ ( ${ }^{\text {d }}$ |  |  |  |  |  |  |
|  |  |  |  |  |  |  |


|  |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| a) Special Care <br>  <br> chronically ill) | 6,565 | 17,050 | 1,375 | 1,975 | 5,190 | 15,075 |
| b) Hospitals <br> c) Religious | 945 | 1,605 | 360 | 345 | 585 | 1,260 |
| Institutions | 50 | 120 | 30 | 55 | 20 | 65 |
| d) Hotels, Motels, <br> Tourist Homes <br> e) All other** | 650 | 350 | 465 | 200 | 185 | 150 |
| Households | 65 | 35 | 40 | 10 | 25 | 25 |
| outside Canada | $\mathbf{1 , 1 1 5}$ | $\mathbf{1 , 6 4 0}$ | $\mathbf{7 0 0}$ | $\mathbf{1 , 0 0 0}$ | $\mathbf{4 1 5}$ | $\mathbf{6 4 0}$ |

* Includes residents and staff
** Includes all other collective households, such as jails, military camps, work camps, etc.
Source:
Statistics Canada. 1991 Census. Families: Number, Type and Structure, Catalogue 93-312, July, 1992, Table 8.

Statistics Canada. 1991 Census. Dwellings and Households, Catalogue 93-311, July, 1992, Table 2.

### 7.2 Private Households - Present and Future

The 1991 Census indicated that there were 151,110 private households in British Columbia maintained by persons 65-74 years of age and 105,090 headed by persons 75 or older. As shown in Table 7.2, these two groups total 256,200 households, which represent $20.6 \%$ of all households in the province.

Table 7.2

Households by Age of Primary Maintainer: British Columbia, 1981, 1991, and 2001

| Age of Primary |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Household | 1981 |  | 1991 |  | 2001 |  |
| Maintainer | Number | \% | Number | \% | Number | \% |
| <25 | 83,350 | 8.4 | 59,880 | 4.8 | 89,300 | 6.4 |
| 25-34 | 245,395 | 24.6 | 256,320 | 20.6 | 250,100 | 18.0 |
| 35-44 | 187,585 | 18.8 | 296,565 | 23.8 | 320,000 | 23.1 |
| 45-54 | 156,345 | 15.7 | 206,135 | 16.6 | 272,000 | 19.6 |
| 55-64 | 143,550 | 14.4 | 168,795 | 13.6 | 184,400 | 13.3 |
| $65+$ | 180,415 | 18.1 | 256,200 | 20.6 | 270,800 | 19.5 |
| Total | 996,640 | 100.0 | 1,243,890 | 100.0 | 1,386,700 | 100.0 |

Source:
Statistics Canada. 1991 Census. Housing Costs and Other Characteristics of Canadian Households, Catalogue 93-330, May 1993, Table 2.

## 8. Housing

### 8.1 Home Ownership

Data from the 1991 census in Table 8.1.1 show that household heads aged 55-64 and 65-74 were more likely than either younger or older groups to be homeowners; slightly more than three-quarters ( $78.9 \%$ and $77.0 \%$, respectively) in each of these two age groups owned their homes in 1991. The percentage of household heads reporting home ownership drops as age increases past 75 years. Even in the 75 -and-over age group, however, approximately two-thirds (65.9\%) own their own home.

As shown in Table 8.1.2, males are more likely to be homeowners than females in all age groups. However, between the 1981 and 1991 censuses, the proportion of elderly female homeowners increased (in the 65-74 age group, from $56.1 \%$ to $66 \%$; in the $75+$ age group, from $44.6 \%$ to $55.1 \%$ ).

## Table 8.1.1

Number and Percentage Distribution of Private Households, by Tenure, for Selected Age Groups of Household Heads: British Columbia, 1991

| Tenure | AGE |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 25-54 |  | 55-64 |  | 65-74 |  | $\underline{75+}$ |  |
|  | Number | \% | Number | \% | Number | \% | Number | \% |
| Owners | 465,210 | 61.4 | 133,245 | 78.9 | 117,130 | 77.0 | 69,845 | 65.9 |
| Renters | 289,810 | 38.3 | 35,275 | 20.9 | 34,825 | 22.9 | 35,985 | 34.0 |
| Band Housing | 2,130 | 0.3 | 350 | 0.2 | 220 | 0.1 | 105 | 0.1 |
| Total | 757,150 | 100.0 | 168,870 | 100.0 | 152,175 | 100.0 | 105,935 | 100.0 |

## Source:

Statistics Canada. 1991 Census. Dwellings and Households. Cätalogue 93-311, January 1992, Table 13.

Table 8.1.2
Percentage Distribution of Private Households, by Tenure and by Sex, for Selected Age Groups of Household Heads: British Columbia, 1991

|  | AGE |  |  |  |  |  | $\underline{75+}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 25-54 |  | 55-64 |  | 65-74 |  |  |  |
|  | Males | Females | Males | Female | Males | Females | Males | Females |
| Total Number | 552,895 | 204,265 | 127,480 | 41,390 | 98,320 | 53,855 | 53,605 | 52,330 |
|  | $\underline{\%}$ | \% | \% | \% | \% | \% | \% | \% |
| Owners | 67.0 | 46.3 | 82.7 | 67.2 | 83.0 | 66.0 | 76.5 | 55.1 |
| Renters | 32.7 | 53.4 | 17.1 | 32.5 | 16.9 | 33.8 | 23.4 | 44.8 |
| Band Housing | 0.3 | 0.3 | 0.2 | 0.3 | 0.1 | 0.2 | 0.1 | 0.1 |

Source:
Statistics Canada. 1991 Census. Dwellings and Households. Catalogue 93-311, January, 1992, Table 13.

### 8.2 Preferred Structural Type

In 1991, the single family detached dwelling was the housing form occupied by the majority (54.9\%) of British Columbia households headed by persons aged 65 and over. As shown in Table 8.2.1, another 31.4\% lived in dwellings that fall into a category that includes low-rise apartments (less than 5 stories), semi-detached houses, and apartments in duplexes. A further $9.4 \%$ lived in high-rise apartments. A small proportion of the elderly population (4.3\%) resided in movable dwellings.

Table 8.2.2 shows that in both the 65-74 and $75+$ age groups, males were much more likely than females to live in single detached dwellings.

Table 8.2.1
Number and Percentage Distribution of Elderly Households, by Structural Type and Age of Primary Maintainer: British Columbia, 1991*

| Age of |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| Primary <br> Maintainer | Single <br> Detached | Apartment <br> $5+$ stories | Movable <br> Dwelling | Other <br> Dwelling ** |
| $\mathbf{6 5 - \mathbf { 7 4 }}$ |  |  |  |  |
| Number | 90,660 | 11,085 | 6,955 | 42,410 |
| \% | 60.0 | 7.3 | 4.6 | 28.1 |
| $\mathbf{7 5 +}$ |  |  |  |  |
| Number | 49,930 | 12,995 | 4,000 | 38,165 |
| \% | 47.5 | 12.4 | 3.8 | 36.3 |
| Total 65 + |  |  |  |  |
| Number | 140,590 | 24,080 | 10,955 | 80,575 |
| \% | 54.9 | 9.4 | 4.3 | 31.4 |

* 20 \% Sample Data
** Includes: "Semi-detached house", "Row house", "Other single house attached", "Apartment or flat in a detached duplex", and "Apartment in a building that has fewer than 5 stories".


## Source:

Statistics Canada. 1991 Census. Housing Costs and Other Characteristics of Canadian Households, Catalogue 93-330, May, 1993, Table 2.

## Table 8.2.2

Number and Percentage Distribution of Elderly Households, by Structural Type, and Age and Sex of Primary Maintainer:

British Columbia, 1991*

## Type of Dwelling

| Age and Sex of Primary Maintainer | Single <br> Detached | Apartment <br> $5+$ Stories | Movable <br> Dwelling | Other <br> Dwelling** |
| :---: | :---: | :---: | :---: | :---: |
| 65-74 |  |  |  |  |
| Males |  |  |  |  |
| Number | 66,305 | 5,290 | 4,615 | 21,430 |
| \% | 64.4 | 6.7 | 4.7 | 24.2 |
| Females |  |  |  |  |
| Number | 24,355 | 5,795 | 2,335 | 20,980 |
| \% | 45.6 | 10.8 | 4.4 | 39.2 |
| $75+$ |  |  |  |  |
| Males |  |  |  |  |
| Number | 31,215 | 4,785 | 2,510 | 15,230 |
| \% | 58.1 | 8.9 | 4.7 | 28.3 |
| Females |  |  |  |  |
| Number | 18,715 | 8,210 | 1,485 | 22,935 |
| \% | 36.4 | 16.0 | 2.9 | 44.7 |
| Total $65+$ |  |  |  |  |
| Males |  |  |  |  |
| Number | 97,520 | 10,075 | 7,125 | 36,660 |
| \% | 64.4 | 6.7 | 4.7 | 24.2 |
| Females |  |  |  |  |
| Number | 43,070 | 14,005 | 3,820 | 43,915 |
| \% | 41.1 | 13.4 | 3.6 | 41.9 |

* 20 \% Sample Data
** Includes: "Semi-detached house", "Row house", "Other single house attached", "Apartment or flat in a detached duplex", and "Apartment in a building that has fewer than 5 stories".


## Source:

Statistics Canada. 1991 Census. Housing Costs and Other Characteristics of Canadian Households, Catalogue 93-330, May, 1993, Table 2.

### 8.3 Housing Costs

1991 Census data indicate that housing costs for elderly homeowners were relatively modest because most have built up equity in their homes over the years. As shown in Table 8.4, renters spend a substantially larger portion of their income on housing. For those 75 years of age and older, renters' housing costs as a percentage of income were double those of owners ( $21.8 \%$ and $11.0 \%$, respectively).

## Table 8.4

Average Monthly Housing Costs of the Population Aged 65+: British Columbia, 1991

|  | Average <br> Owner's <br> Major <br> Payments* | Average <br> Gross Rent | Average <br> Household <br> Income <br> (Monthly) | Owner's <br> Major <br> Payment as <br> a Percentage <br> of Income | Average <br> Renter's |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Age | Percentage of <br> Income |  |  |  |  |
| $65-74$ | $\$ 308$ | $\$ 502$ | $\$ 3,030$ | $10.2 \%$ | $16.6 \%$ |
| $75+$ |  | $\$ 260$ | $\$ 517$ | $\$ 2,369$ | $11.0 \%$ |

* Owners' major payments include those for heat and light, water and other municipal services, monthly mortgage payments, and property taxes.


## Source:

Statistics Canada. 1991 Census. Housing Costs and Other Characteristics of Canadian Households, Catalogue 93-330, May, 1993, Table 2.

## 9. Education

### 9.1 Educational Attainment

The elderly in British Columbia tend to be better educated than their counterparts elsewhere in Canada. In 1991, in Canada as a whole, $60.4 \%$ of seniors reported 9 or more years of schooling. Among British Columbians aged 65 and over, the comparable figure was $74.1 \%$. Table 9.1 compares the $65+$ population of B.C. with persons aged 25-64. The proportion of elderly in each of the higher categories of education was lower than among younger adults. At the high end of the educational scale, $6.6 \%$ of seniors reported a university degree, compared with $14.1 \%$ of adults aged 25-64.

These findings reflect the progressive improvement of the educational status of the population over time. Another way of showing this trend is to document the decrease over time in the proportion of elderly in B.C. with less than grade 9 education: $49.9 \%$ in $1971,45.2 \%$ in $1976,38.6 \%$ in 1981 , and $25.9 \%$ in 1991.

## Table 9.1

Highest Level of Schooling of the Population Aged 25-64 and 65+: British Columbia, 1991*

| Highest Level of Schooling | Age 25-64 |  | Males | Population Aged 65+ |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |
|  | Total | \% |  | \% | Females | \% | Total | $\underline{\underline{O}}$ |
| Less than Grade 9 | 113,070 | 6.4 | 45,445 | 26.0 | 56,575 | 25.8 | 102,020 | 25.9 |
| Some high school | 354,525 | 20.2 | 46,695 | 26.8 | 70,890. | 32.3 | 117,580 | 29.8 |
| High school graduation | 243,555 | 13.9 | 13,745 | 7.9 | 25,025 | 11.4 | 38,770 | 9.8 |
| Trades certificate or diploma | 69,480 | 3.9 | 11,930 | 6.8 | 4,490 | 2:0 | 16,425 | 4.2 |
| Other nonuniversity education | 517,805 | 29.5 | 28,960 | 16.6 | 39,140 | 17.8 | 68,095 | 17.3 |
| Some University | 208,785 | 11.9 | 10,880 | 6.2 | 14,345 | 6.5 | 25,230 | 6.4 |
| University degree | 247,945 | 14.1 | 16,835 | 9.6 | 9,075 | 4.1 | 25,910 | 6.6 |
| Total | 1,755,170 | 100.0 | 174,490 | 100.0 | 219,540 | 100.0 | 394,035 | 100.0 |

* Based on 20\% sample data.

Source:
Statistics Canada. 1991 Census. Educational Attainment and School Attendance. Catalogue 93328, May 1993, Table 2.

## 10. Labour Force

### 10.1 Labour Force Participation Trends

Since 1961 , there has been a steady decline in the percentage of men aged $55+$ participating in the labour force (see Table 10.1). This trend can be observed for both Canada and British Columbia, although rates of labour force participation are lower in British Columbia than in Canada as a whole for the $65+$ age group. In 1991 in Canada, $18.0 \%$ of men aged $65+$ were in the labour force; the comparable figure for British Columbia was $15.5 \%$.

The trend for women is markedly different. In all age groups, including women aged 60-64 and $65+$, there has been an increase in labour force participation rates since 1961. In 1961 in B.C., 19.1\% of women aged $60-64$ were in the labour force. The rate had increased to $34.4 \%$ by 1991. In 1961 in British Columbia, $5.1 \%$ of women aged $65+$ were part of the labour force, whereas this percentage was $6.9 \%$ in 1991 .

Table 10.1
Labour Force Participation Rates, by Age and Sex: Canada and British Columbia, 1961-1991*

Percent in Labour Force

| Males |  |  |  |  |  |  | Females |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{aligned} & 25- \\ & 34 \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline 35- \\ & 44 \\ & \hline \end{aligned}$ | $\begin{aligned} & 45- \\ & 54 \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline 55- \\ & 59 \\ & \hline \end{aligned}$ | $\begin{aligned} & 60- \\ & 64 \end{aligned}$ | $65+$ | $\begin{aligned} & 25- \\ & 34 \end{aligned}$ | $\begin{aligned} & 35- \\ & 44 \\ & \hline \end{aligned}$ | $\begin{aligned} & 45- \\ & 54 \\ & \hline \end{aligned}$ | $\begin{aligned} & 55- \\ & 59 \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline 60- \\ & 64 \\ & \hline \end{aligned}$ | $65+$ |
| Canada |  |  |  |  |  |  |  |  |  |  |  |  |
| 1961 | 94.1 | 94.3 | 91.9 | 86.7 | 75.8 | 28.5 | 29.6 | 31.0 | 33.4 | 27.9 | 20.3 | 6.7 |
| 1971 | 92.6 | 92.8 | 90.3 | 84.9 | 74.1 | 23.6 | 44.5 | 43.9 | 44.4 | 38.7 | 29.1 | 8.3 |
| 1981 | 95.3 | 95.2 | 92.3 | 84.4 | 68.3 | 17.3 | 65.8 | 64.3 | 55.9 | 41.9 | 28.3 | 6.0 |
| 1991 | 93.7 | 94.0 | 91.7 | 81.3 | 60.7 | 18.0 | 80.6 | 80.6 | 73.8 | 53.9 | 33.1 | 7.3 |
| British |  |  |  |  |  |  |  |  |  |  |  |  |
| Columbia |  |  |  |  |  |  |  |  |  |  |  |  |
| 1961 | 94.5 | 93.8 | 90.7 | 83.4 | 68.7 | 19.6 | 28.4 | 33.0 | 36.8 | 29.1 | 19.1 | 5.1 |
| 1971 | 94.5 | 95.3 | 92.3 | 86.9 | 72.8 | 19.0 | 44.6 | 46.2 | 46.9 | 40.5 | 29.9 | 6.6 |
| 1981 | 95.6 | 96.1 | 92.8 | 83.4 | 64.7 | 13.8 | 66.4 | 66.9 | 59.1 | 42.6 | 27.8 | 5.4 |
| 1991 | 94.6 | 94.7 | 92.7 | 81.6 | 59.6 | 15.5 | 81.0 | 81.2 | 76.4 | 55.5 | 34.4 | 6.9 |

*Trends should be interpreted with caution, due to census changes in definition of labour force.

## Sources:

For 1961: Dominion Bureau of Statistics. 1961 Census. General Review. The Canadian Labour Force, Catalogue 99-522, September, 1967, Table XIV; and Dominion Bureau of Statistics. Class of Worker - Western Provinces, Catalogue 94-526, September, 1963, Table 9.

For 1971: Statistics Canada. Labour Force Activity. Labour Force Participation Rates by Age and Sex and by Marital Status and Sex, 1971 and 1976, Catalogue 94-804, September, 1978, Table 9.

For 1981: Statistics Canada. 1981 Census. Population. Labour Force Activity - Canada, Provinces. Urban Size Groups, Rural Non-Farm and Rural Farm, Catalogue 92-915, February, 1984, Table 1.

For 1991: Statistics Canada. 1991 Census. Labour Force Activity, Catalogue 93-324, March, 1993, Table 2.

### 10.2 Full and Part-time Employment

Table 10.2 shows that in 1991, part-time employment was performed by $25 \%$ of the labour force aged $55+$, a figure which was slightly higher than for the total labour force ( $22.1 \%$ ). Women were more likely to work part-time than men. In British Columbia, more than one-third (38.4\%) of the female labour force aged $55+$ was employed on a part-time basis.

The proportion working part-time increased between 1983 and 1991 for both males and females.

Table 10.2
Percent of Labour Force Aged 55+ Employed Full-time and Part-time, by Sex: British Columbia, 1983 and 1991

|  | $\underline{\text { 1983 }}$ |  |  |  |
| :--- | ---: | ---: | ---: | ---: |
| Males | $\underline{\text { Full-time }}$ | $\underline{\text { Part-time }}$ | \% Total |  |
| Females | 88.3 | 11.7 | 100.0 |  |
| Total (55+) | 65.9 | 34.1 | 100.0 |  |
| Total (All Ages) | 82.2 | 17.8 | 100.0 |  |
|  | 90.9 |  | 9.1 | 100.0 |
| Males |  |  |  |  |
| Females | $\underline{\text { Full-time }}$ |  |  |  |
| Total (55+) | 83.3 |  | 16.7 | 100.0 |
| Total (All Ages) | 61.6 | 38.4 | 100.0 |  |

## Sources:

For 1983: Statistics Canada. Labour Force Survey Division. Labour Force Annual Averages, 1975-1983, Catalogue 71-529, Table 29, February, 1984.

For 1991: Statistics Canada. Labour Force Activity, Catalogue 93-324, Table 2, pp. 74-75, March 1993.

## 11. Income

### 11.1 Median Income of Individuals

The median income (in constant 1990 dollars) for males aged 65-69 rose from $\$ 19,532$ in 1985 to $\$ 21,518$ in 1990 (see Table 11.1). For males aged $70+$, the median income increased from $\$ 14,019$ to $\$ 16,633$. However, for women aged 65-69, median income rose from only $\$ 10,123$ to $\$ 11,410$ between 1985 and 1990 . The median incomes for women $70+$ were $\$ 10,497$ and $\$ 11,594$ for the same period. Thus, the female/male income ratio for the 65-69 age group was similar to the ratio for all ages -- about .53. However, it was .70 for the $70+$ age group. In fact, at all ages, women's incomes continue to be considerably lower. than men's incomes.

## Table 11.1

Median Income of Individuals by Age and Sex: British Columbia, 1985 and 1990*

| Age | $\frac{\text { Males }}{(\$)}$ |  | $\frac{\text { Females }}{(\$)}$ |  |  |  |
| :--- | ---: | ---: | ---: | ---: | :---: | :---: |
|  |  |  |  |  |  |  |
|  | $\underline{\mathbf{1 9 8 5}}$ | $\underline{\mathbf{1 9 9 0}}$ | $\underline{\mathbf{1 9 8 5}}$ | $\underline{\mathbf{1 9 9 0}}$ |  |  |
|  | 2,325 | 3,204 | 2,120 | 2,872 |  |  |
| $15-19$ | 11,603 | 13,673 | 8,896 | 10,620 |  |  |
| $20-24$ | 28,898 | 28,938 | 15,491 | 16,664 |  |  |
| $25-34$ | 38,210 | 37,421 | 16,813 | 19,424 |  |  |
| $35-44$ | 37,303 | 39,162 | 15,955 | 19,774 |  |  |
| $45-54$ | 29,943 | 30,261 | 11,025 | 12,885 |  |  |
| $55-64$ | 19,532 | 21,518 | 10,123 | 11,410 |  |  |
| $65-69$ | 14,019 | 16,633 | 10,497 | 11,594 |  |  |
| $70+$ |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

*In constant 1990 dollars. Based on $20 \%$ sample data.
Source:
Statistics Canada. 1991 Census. Selected Income Statistics: The Nation, Catalogue 93-331, April 1993, Table 2.

### 11.2 Poverty Rate

Table 11.2 shows poverty rates for the population aged $65+$ for Canada and the provinces for 1980,1992 and 1993. As in the rest of the country, rates have dropped more sharply for men than for women over the 13 year period. The 1993 rate for male British Columbians aged 65 and over was $12.7 \%$ compared with $29.6 \%$ in 1980 ; for females the 1993 poverty rate was $23.6 \%$ compared with $32.7 \%$ in 1980 .

While poverty rates for seniors have fallen sharply in recent decades, comparison of the 1992 and 1993 data suggests that the trend may be reversing in British Columbia, at least for women. It should also be noted that poverty rates are much lower for married couples than for unattached seniors.

Unpublished 1993 data from the National Council of Welfare place the poverty rate for unattached British Columbians aged $65+$ at $35.9 \%$ compared with only 9.2\% for married couples $65+$.

Provincial data are not available comparing poverty rates among unattached older people by gender. National rates indicate, however, that unattached women aged $65+$ (as with younger women) are more disadvantaged than their male age peers. In 1993, the national poverty rate for unattached men aged $65+$ was $32.1 \%$ compared with $47.3 \%$ for unattached women aged $65+$.

Table 11.2
Poverty Rates for the Population Aged 65+, by Sex and Province, 1980, 1992 and 1993.

|  | Males |  |  | Females |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
|  | 1980 | 1992 | 1993 | 1980 | 1992 | 1993 |
| Newfoundland | 27.6 | 18.1 | 13.1 | 36.9 | 23.1 | 17.6 |
| Prince Edward Is. | 33.7 | 6.4 | 5.8 | 52.7 | 11.9 | 12.6 |
| Nova Scotia | 22.8 | 7.6 | 8.4 | 31.5 | 25.1 | 21.1 |
| New Brunswick | 22.1 | 5.4 | 8.3 | 34.2 | 16.5 | 22.0 |
| Quebec | 33.7 | 19.4 | 21.4 | 46.2 | 32.3 | 34.2 |
| Ontario | 24.0 | 7.6 | 12.9 | 34.3 | 18.9 | 22.3 |
| Manitoba | 23.8 | 16.3 | 12.6 | 41.2 | 24.4 | 24.9 |
| Saskatchewan | 28.1 | 5.4 | 8.1 | 49.0 | 13.4 | 15.7 |
| Alberta | 25.2 | 15.8 | 13.7 | 38.8 | 26.0 | 22.6 |
| British Columbia | 29.6 | 14.8 | 12.7 | 32.7 | 21.7 | 23.6 |
| Canada | 27.3 | 12.4 | 14.4 | 38.4 | 23.3 | 25.1 |

Source: National Council of Welfare (1995). Poverty Profile 1993.

## 12. Disabilities

### 12.1 Disability Rates

In 1991, 181,930 British Columbians aged 65 and over $=44.0 \%$ according to Statistics Canada calculations - reported some degree of disability. As seen in Table 12.1, this rate is only slightly different from the rate reported for 1986 (43.4\%).

At both times of measurement, there were proportionately fewer seniors with disabilities in B.C. than among seniors in Canada as a whole.

Males and females aged 65 and over have about the same disability rate. In 1991, 79,015 (43.3\%) of B.C.'s elderly men reported disabilities, compared with 102,910 (42.9\%) women aged $65+$.

## Table 12.1

## Disability Rates of the Population Aged 65+:

 Canada and British Columbia, 1986 and 1991\author{

$65+$ Disability Rate (\%) <br> 1986 1991 <br> Canada $45.5 \quad 46.3$ <br> | B.C. | 43.4 | 44.0 |
| :--- | :--- | :--- | <br> Sources: <br> Statistics Canada. 1991 Census. The Daily, Catalogue 11-001E, October 13, 1992. <br> B.C. Health and Activity Limitations Survey, 1991-Revised Back-up Tables Provinces and Territories, October 29, 1992, Table 1.

}

### 12.2 Seniors with Disabilities in Private Households and Institutions

Of the estimated 181,930 B.C. seniors with disabilities, the 1991 Health and Activities Limitations Survey (HALS) shows that 157,425 (86.5\%) lived in private households and 24,505 (13.5\%) resided in institutions.

The probability of disabled seniors living in an institution increases with age. Among persons with disabilities aged 65-74, 4.3\% lived in an institution. The proportion increases to $13.4 \%$ among those aged $75-84$ and to $40.8 \%$ among those aged $85+$.

Although males and females aged 65 and over have about the same disability rate, females are more likely to live in institutions than males. As shown in Table 12.2, among disabled persons aged 65 and over in B.C. in 1991, $17.1 \%$ of females lived in institutions compared with only $8.8 \%$ of males.

Differences between the sexes increase noticeably with age. Among those $65-74,4.8 \%$ of females and $3.7 \%$ of males lived in institutions. Proportions in the age group $75-84$ are $15.7 \%$ and $9.9 \%$ respectively. At age $85+, 45.6 \%$ of B.C.'s females with disabilities were living in institutions. The high sampling variability for the $85+$ male sub-sample restricted the calculation of comparable estimates.

## Table 12.2

## Population Aged 65+ with Disabilities Residing in Households and Health-Related Institutions, by Sex and Age Group: British Columbia, 1991

|  | Seniors with |  |  |
| :---: | :---: | :---: | :---: |
|  | Disabilities | Seniors with Disabilities Residing in: |  |
|  |  | Households | Institutions |
|  | Number | \% | \% |
| Both Sexes |  |  |  |
| Total $65+$ | 181,930 | 86.5 | 13.5 |
| 65-74 years | 83,695 | 95.7 | 4.3 |
| 75-84 years | 69,820 | 86.6 | 13.4 |
| $85+$ years | 28,415 | 59.2 | 40.8 |
| Males |  |  |  |
| Total 65+ | 79,015 | 91.2 | 8.8 |
| 65-74 years | 42,160 | 96.3 | 3.7 |
| 75-84 years | 28,230 | 90.1 | 9.9 |
| $85+$ years | - | - | - |
| Females |  |  |  |
| Total 65+ | 102,910 | 82.9 | 17.1 |
| 65-74 years | 41,535 | 95.2 | 4.8 |
| 75-84 years | 41,590 | 84.3 | 15.7 |
| $85+$ years | 19,795 | 54.4 | 45.6 |

* Dashes indicate that the data have been withheld due to high sampling variability.


## Source:

Statistics Canada Health and Activity Limitation Survey, 1991-Back-up Tables Provinces and Territories, October, 1992, Table 6.

### 12.3 Nature of Disabilities

Overall, among seniors in B.C., the most frequently reported disabilities were in mobility ( $67.5 \%$ ), agility ( $64.8 \%$ ) and hearing ( $50.1 \%$ ).

Except for hearing, reporting of all types of disability was substantially higher among seniors with disabilities living in institutions. The largest difference was in the category "other", defined in the HALS as including limitations due to "a learning disability, a mental health condition, a mental handicap, or because of labelling by others." As shown in Table 12.3, 63.7\% of seniors residing in institutions reported disabilities in the category of "other" compared with $23.9 \%$ of seniors living in private households. The next largest differences were in agility ( $91.8 \%$ of disabled persons living in institutions compared with $60.6 \%$ living in households) and mobility ( $89.6 \%$ in institutions. vs. $64.1 \%$ in households).

Table 12.3
Population Aged 65+ with Disabilities Residing in
Households and Health-Related Institutions, by Nature of Disability: British Columbia, 1991

|  | Total |  | Seniors with Disabilities Residing in: |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Households |  | Institutions |  |
|  | Number | \% | Number | \% | Number | \% |
| Total | 181,930 | 100.0 | 157,425 | 100.0 | 24,505 | 100.0 |
| Mobility | 122,850 | 67.5 | 100,900 | 64.1 | 21,950 | 89.6 |
| Agility | 117,970 | 64.8 | 95,485 | 60.6 | 22,485 | 91.8 |
| Hearing | 91,085 | 50.1 | 80,940 | 51.4 | 10,145 | 41.4 |
| Seeing | 39,785 | 21.9 | 30,500 | 19.4 | 9,285 | 37.9 |
| Speaking | 19,025 | 10.5 | 12,270 | 7.8 | 6,755 | 27.6 |
| Other | 53,195 | 29.2 | 37,590 | 23.9 | 15,605 | 63.7 |

* Individuals may report more than one type of disability. Therefore, columns do not add to the totals.


## Source:

Statistics Canada. Health and Activity Limitation Survey, 1991-Back-up Tables Provinces and Territories, October, 1992, Table 2.

### 12.4 Severity of Disabilities

The HALS sub-divides respondents into those whose disabilities are mild, moderate and severe. Classification is on the basis of response to the screening questions concerned with mobility, agility, vision, hearing, speaking and "other". One point is assigned for each partial loss of function and two points for each total loss of function. Persons whose score totals to under 5 are classified as having a mild disability. Scores of 5-10 are considered indicative of a moderate disability and 11, and over as indicative of a severe disability. The category "severe" is reported as a total for persons living in private households. It is further subdivided for persons in institutions into three groups: level 1 (11-17 points), level 2 ( $18-25$ points) and level 3 (26-42 points).

Table 12.4 shows that of British Columbians aged 65 and over reporting a disability in 1991, $39.1 \%$ were classsified as mildly disabled, $22.8 \%$ as moderately disabled and $38.1 \%$ as severely disabled. Overall, $32.6 \%$ of seniors with disabilities living in private households had severe disabilities. The proportion with severe disabilities among those living in institutions was $73.4 \%$.

Among the institutional population with disabilities, $23.1 \%$ were classified as at level $1,24.5 \%$ as at level 2 , and $26.0 \%$ as at level 3 . The distribution was similar in the 65-74, 75-84 and $85+$ age groups.

Table 12.4

Population Aged 65+ with Disabilities Residing in Households and HealthRelated Institutions, by Level of Severity and Age Group: British Columbia, 1991

|  | Seniors with Disabilities |  | Seniors with Disabilities Residing in: |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Households |  | Institutions |  |
|  | Number | \% | Number | \% | Number | \% |
| Total 65+ | 181,930 | 100.0 | 157,425 | 100.0 | 24,505 | 100.0 |
|  |  |  | (86.5\%) |  | (13.5\%) |  |
| Mild | 71,135 | 39.1 | 68,795 | 43.7 | 2,230 | 9.1 |
| Moderate | 41,480 | 22.8 | 37,310 | 23.7 | 4,240 | 17.3 |
| Total Severe* | 69,315 | 38.1 | 51,320 | 32.6 | 18,035 | 73.4 |
| Severe level 1 |  |  |  |  | 5,660 | 23.1 |
| Severe level 2 |  |  |  |  | 6,005 | 24.5 |
| Severe level 3 |  |  |  |  | 6,370 | 26.0 |
|  |  |  | - |  |  |  |
| 65-74 years | 83,695 | 100.0 | 80,120 | 100.0 | 3,575 | 100.0 |
| Mild | 45,280 | 54.1 | 44,870 | 56.0 | - | - |
| Moderate | 17,155 | 20.5 | 16,665 | 20.8 | 510 | 14.2 |
| Total Severe* | 21,260 | 25.4 | 18,585 | 23.2 | 2,690 | 75.2 |
| Severe level 1 |  |  |  |  | 815 | 22.8 |
| Severe level 2 |  |  |  |  | 800 | 22.3 |
| Severe level 3 |  |  |  |  | 1,075 | 30.1 |
| 75-84 years | 69,820 | 100.0 | 60,495 | 100.0 | 9,325 | 100.0 |
| Mild | 23,110 | 33.1 | 21,840 | 36.1 | 1,225 | 13.1 |
| Moderate | - | - | - | - | 2,200 | 23.6 |
| Total Severe* | 29,465 | 42.2 | 23,595 | 39.0 | 5,900 | 63.3 |
| Severe level 1 |  |  |  |  | 1,900 | 20.4 |
| Severe level 2 |  |  |  |  | 1,660 | 17.8 |
| Severe level 3 |  |  |  |  | 2,340 | 25.1 |
| 85+ years | 28,415 | 100.0 | 16,810 | 100.0 | 11,610 | 100.0 |
| Mild | - | - | - | - | 640 | 5.5 |
| Moderate | - | - | - | - | 1,535 | 13.2 |
| Total Severe* | - | - | - | - | 9,445 | 81.3 |
| Severe level 1 |  |  |  |  | 2,940 | 25.3 |
| Severe level 2 |  |  |  |  | 3,545 | 30.5 |
| Severe level 3 |  |  |  |  | 2,960 | 25.5 |

* The category "sévere" was reported as a total for seniors with disabilities residing in households and was subdivided into three (3) levels for seniors with disabilities living in healthrelated institutions.


## Source:

Statistics Canada. Health and Activity Limitation Survey, 1991-Back-up Tables Provinces and Territories, Table 7, October, 1992.

## 13. Health Service Utilization

### 13.1 Hospitals

The number of separations from acute care hospitals and hospital days used increase dramatically with increasing age (see Table 13.1). In 1985/86, the number of acute care separations per thousand persons aged 65-74 was $114.2 \%$ higher than for the age group 15-64. Among persons 75 to 84 , the separation rate was $233.2 \%$ higher than for the age group 15-64 and among those $85+$, it was 292.9\% higher.

While acute hospital use in B.C. fell between 1969 and 1985/86 as a result of concerted efforts to reduce hospital bed capacity, the rate of decline was lower among persons aged 75 and over. As shown in Table 13.2, patient days per 1000 population fell overall for acute hospitals by $33.5 \%$ in this 10 year period. While the decline for persons 65-74 (30.9\%) approximated the overall rate, for those aged 75-84 and $85+$ declines were, respectively, only $15.9 \%$ and $16.3 \%$.

Over the same time period, use of extended care hospital beds increased. This trend is reflected in separation rates ( $2.4 \%$ of all separations were from extended care beds in 1985/86 compared with $0.9 \%$ in 1969). It is shown even more dramatically in days used. As can be seen in Table 13.2, in 1985/86, 43.7\% of all hospital days used were in extended care beds compared with only $11.0 \%$ in 1969. Increased use of extended care hospitals is especially noticeable among persons aged $85+$, reflecting both the increased availability of beds at this care level and the growth of the $85+$ population.

Table 13.1

## Hospital Separations by Patient Age and Bed Type: British Columbia, 1969 and 1985/86



* Patients were classified as residing in one of four types of bed: acute care bed in acute care hospital; extended care bed in acute care hospital; rehabilitation care bed; or extended care bed in extended care hospital. Days in all but the first type are included in the "extended" category in this table.

Source:
Adapted from Barer, M. L., Evans, R. G. and Hertzman, C. (1994). Avalanche or glacier: Health care and the demographic rhetoric. Vancouver: University of B. C. Centre for Health Services and Policy Research (HPRU 94:3D).

Table 13.2

## Hospital Days by Patient Age and Bed Type: British Columbia, 1969 and 1985/86,

| 1969 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Days per 1000 |  | \% of all Days |  |  |  |
|  | Acute Extended |  | Acute |  | nded |  |
| 0-14 | 1186.7 | 41.4 | 17.5 |  | 0.6 |  |
| 15-64 | 1479.4 | 74.8 | 46.4 |  | 2.3 |  |
| 65-74 | 4078.4 | 817.5 | 11.3 |  | 2.3 |  |
| 75-84 | 6421.8 | 2430.2 | 10.3 |  | 3.9 |  |
| 85+ | 8416.2 | 4332.8 | 3.6 |  | 1.9 |  |
| All ages | $1750.4 \quad 215.6$ |  | 89.0 | + | 11.0 | =100\% |
| 1985/86 |  |  |  |  |  |  |
| Age | Days per 1000 |  | \% of all Days |  |  |  |
|  | Acute Extended |  | Acute |  | ended |  |
| 0-14 | 657.7 | 92.4 | 6.6 |  | 0.9 |  |
| 15-64 | 809.0 | 201.6 | 26.4 |  | 6.6 |  |
| 65-74 | 2819.6 | 1635.5 | 10.0 |  | 5.8 |  |
| 75-84 | 5402.9 | 8278.9 | 9.2 |  | 14.1 |  |
| $85+$ | 7041.9 | 33049.4 | 4.1 |  | 16.3 |  |
| All ages | 1164.1 | 904.2 | 56.3 | + | 43.7 | = 100\% |

[^2]
### 13.2 Continuing Care

During 1991/92, 90,791 persons aged 65 and over received one or more continuing care services. As shown in Table 13.3, 29,154 received residential care in community care facilities and/or hospital-based extended care units. A total of 52,114 older persons were clients of community long term care (LTC) programs (i.e. received homemakers service, attended an adult day care, or were residents of a group home). A total of 30,664 received clinical services at home (community home care nursing and/or community rehabilitation).

While level of care cannot be predicted by age alone, the probability that some care will be required increases markedly with increasing age. In 1991, just under two-thirds (64.4\%) of persons $85+$ were receiving residential or LTC community and/or clinical services compared with $27.5 \%$ of persons aged $75-84$ and 9.3\% aged 65-74.

Not all of the very old are incapacitated, but persons $85+$ constitute the greatest proportion of the residential care population ( $42.7 \%$ in 1991). Persons aged 75-84 are also highly represented (36.7\%) in institutions while those 65-74 account for only $13.6 \%$ of the residential care population. The $85+$ group, on the other hand, consume a lower proportion of LTC community and clinical services (14.1\%) than persons aged 75-84 (35.4\%) or 65-74 (25.7\%).

Using data from the fiscal year 1988/89, Table 13.4 shows that between the ages of 20-64, residential care utilization rates tend to be higher for males than for females. This holds true for group home beds as well. The trend reverses for persons aged 65 and over.

Table 13.5 shows the number of continuing care beds per 1,000 aged $65+$ available and targeted for British Columbia in 1988/89 in comparison to rates reported for other jurisdictions. The targeted rate is similar to that reported for the United States and United Kingdom and is at the low end of the distribution.
Table 13.3
Unique Continuing Care Clients by Age and Sex: British Columbia, Fiscal Year 1991/92


Source: Clinical and Experimental Research, 7 (2).
** $=$ total is not the sum of the component services as some clients received more than one service.

Continuing Care Utilization Rates per 1,000 Population by Type of Service, Age and Sex: British Columbia, Fiscal Year 1988/89

| Type of Service | Age Groups |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0-19 | 20-44 | 45-64 | 65-74 | 75-84 | $85+$ |
| Population |  |  |  |  |  |  |
| Female | 386,242 | 598,342 | 295,161 | 127,065 | 67,636 | 21,804 |
| Male | 418,955 | 596,275 | 298,292 | 104,729 | 48,992 | 10,507 |
| Continuing Care <br> Beds/Clients |  |  |  |  |  |  |
| Female | 0.00 | 0.07 | 1.41 | 10.63 . | 64.52 | 249.62 |
| Male | 0.00 | 0.12 | 1.62 | 9.39 | 39.34 | 157.39 |
| Extended Care Beds/Clients |  |  |  |  |  |  |
| Female | 0.06 | 0.20 | 0.98 | 4.43 | 22.10 | 110.19 |
| Male | 0.05 | 0.25 | 0.96 | 3.99 | 16.28 | 64.09 |
| Total Residential Beds/Clients |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Female | 0.06 | 0.27 | 2.39 | 15.06 | 86.63 | 359.81 |
| Male | 0.05 | 0.37 | 2.58 | 13.38 | 55.62 | 221.48 |
| Homemaker Hours per Month |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Female | 0.15 | 15.54 | 114.14 | 703.40 | 1986.31 | 2487.23 |
| Male | 0.23 | 8.82 | 43.47 | 305.55 | 1051.58 | 2065.12 |
| Homemaker Clients |  |  |  |  |  |  |
| Female | 0.01 | 1.26 | 9.30 | 57.29 | 161.78 | 202.55 |
| Male | 0.02 | 0.72 | 3.54 | 24.88 | 85.65 | 168.22 |
| Adult Day Care Days per Month |  |  |  |  |  |  |
| Female | 0.00 | 0.29 | 2.02 | 10.87 | 42.25 | 66.04 |
| Male | 0.00 | 0.18 | 1.30 | 7.81 | 26.45 | 56.06 |
| Adult Day Care Clients |  |  |  |  |  |  |
| Female | 0.00 | 0.08 | 0.54 | 2.90 | 11.28 | 17.61 |
| Male | 0.00 | 0.05 | 0.35 | 2.08 | 7.06 | 14.98 |
| Group Home Beds/Clients |  |  |  |  |  |  |
| Female | 0.01 | 0.09 | 0.04 | 0.01 | 0.02 | 0.04 |
| Male | 0.00 | 0.16 | 0.09 | 0.01 | 0.00 | 0.00 |
| LTC Community Clients |  |  |  |  |  |  |
| Female | 0.03 | 1.43 | 9.87 | 60.20 | 173.08 | 220.20 |
| Male. | 0.02 | 0.92 | 3.97 | 26.97 | 92.70 | 183.19 |
| Community Clients) |  |  |  |  |  |  |
| Female | 0.08 | 1.70 | 12.26 | 75.26 | 259.71 | 580.01 |
| Male | 0.07 | 1.29 | 6.55 | 40.35 | 148.32 | 404.68 |


| Type of Service |  | Age Groups |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  | $0-19$ | $20-24$ | $45-64$ | $65-74$ | $75-84$ | $85+$ |
| FTE Assessor Staff |  |  |  |  |  |  |  |
| Female | 0.00 | 0.01 | 0.04 | 0.26 | 0.90 | 2.02 |  |
| Male | 0.00 | 0.00 | 0.02 | 0.14 | 0.52 | 1.41 |  |
| FTE Clinical Services Staff |  |  |  |  |  |  |  |
| Female | 0.02 | 0.04 | 0.18 | 0.66 | 1.45 | 2.16 |  |
| Male | 0.02 | 0.03 | 0.14 | 0.55 | 1.22 | 2.11 |  |
| Clinical Services Clients |  |  |  |  |  |  |  |
| Female | 0.34 | 0.70 | 3.06 | 11.20 | 24.71 | 36.81 |  |
| Male | 0.35 | 0.52 | 2.34 | 9.48 | 20.86 | 35.77 |  |
| Total Community Clients |  |  |  |  |  |  |  |
| (LTC \& Clinical Services) |  |  |  |  |  |  |  |
| Female | 0.37 | 2.13 | 12.93 | 71.40 | 197.79 | 257.01 |  |
| Male | 0.38 | 1.44 | 6.31 | 36.45 | 113.56 | 218.96 |  |
| Total Residential and |  |  |  |  |  |  |  |
| Community Clients |  |  |  |  |  |  |  |
| Female | 0.43 | 2.40 | 15.32 | 86.46 | 284.41 | 616.83 |  |
| Male | 0.42 | 1.81 | 8.90 | 49.83 | 169.18 | 440.44 |  |

Note: Ratios are based on the number of active clients, on an average day, unless otherwise specified.

## Source:

Hollander, M.J. and Pallan, P. (1995) The British Columbia Continuing Care System: Service Delivery and Resource Planning. Aging: Clinical and Experimental Research, 7 (2).

Table 13.5
Continuing Care Beds per 1,000 Population Aged 65+: British Columbia and Other Jurisdictions
Jurisdiction Beds/1,000, 65+
British Columbia (1988/89)
Personal Care (PC), Intermediate Care (IC) and Extended Care (EC) ..... 63.0
Target (1988/89 Base) ..... 55.0
Other Provinces (1986)
Alberta ..... 69.0
Saskatchewan ..... 74.0
Ontario ..... 70.1
Quebec ..... 72.2
United States (1989) ..... 53.6
Europe (1980s)
Belgium ..... 65
Denmark ..... 69
France ..... 63-80
Netherlands ..... 100-110
Norway Nursing Homes (EC and high IC) ..... 45
Sheltered Housing (Includes PC and low IC) ..... 24
Total ..... 69
Sweden Nursing Homes (EC and High IC) ..... 33-37
Sheltered Housing (Includes PC and low IC) ..... 42
Total ..... 75-79
United Kingdom ..... 53.5
Australia (1980s) ..... 64-70

## Source:

Hollander, M.J. and Pallan, P. (1995) The British Columbia Continuing Care System: Service Delivery and Resource Planning. Aging: Clinical and Experimental Research, 7 (2).

# Appendix 1 <br> Census Divisions and Subdivisions Included in Greater Vancouver Regional District Member Communities and Electoral Areas 

Communities/<br>Electoral Areas

Census Divisions and Subdivisions, 1991

## Communities

Anmore
Belcarra
Burnaby
Coquitlam
Delta
Langley City
Langley District
Lions Bay
New Westminster
North Vancouver City
North Vancouver District

Port Coquitlam
Port Moody
Richmond
Surrey
Vancouver
West Vancouver
White Rock

## Electoral Areas

University Endowment Lands
Greater Vancouver (subdivision)

- Anmore, VL
- Belcarra, VL
- Burnaby, DM
- Coquitlam, DM
- Delta, DM
- Tsawassen, $R$
- Langley, C
- Langley, DM
- Lions Bay, VL
- New Westminster, C
- North Vancouver, C
- Mission 1, R
- North Vancouver, DM
- Burrard Inlet 3, R
- Capilano 5, R
- Port Coquitlam, C
- Port Moody, C
- Richmond, C
- Surrey, DM
- Semiahmoo, R
- Vancouver, C
- Musqueam 2, R
- West Vancouver, DM
- White Rock, C
- University Endowment Area, SRD
- Greater Vancouver, Subd. A, SRD

Key to Abbreviations:
C City
DM District (Municipality)
R Indian Reserve
SRD Subdivision of Regional District
VL Village

Appendix 2
Census Divisions and Subdivisions Included in Capital Regional District Member Communities and Electoral Areas

Communities/
Electoral Areas
Census Divisions and Subdivisions, 1991

Communities
Victoria

- Victoria, C

Central Saanich

- Central Saanich, DM

Esquimalt

- Esquimalt, DM

North Saanich

- North Saanich, DM

Oak Bay

- Oak Bay, DM

Saanich

- Saanich, DM

Sidney

- Sidney, T

Electoral Areas
Colwood
Metchosin

- Becher Bay 1, R and 1, R

View Royal

- New Songhees 1A, R

Capital Subdivision Areas

- Capital Subd. A, SRD
- Capital Subd. B, SRD
- Capital Subd. C, SRD
- Capital Subd. D, SRD

Key to Abbreviations:
C City
DM District (Municipality)
R Indian Reserve
SRD Subdivision of Regional District
T Town

## Gerontology Research Centre

Since its establishment in June 1982, the Centre has served as a focal point for research on topics relating to aging and the aged, secondly as a centre of teaching and study, and thirdly as an information centre for both university scholars and community researchers and practitioners.

The Centre has earned international recognition for its applied research in the areas of: Aging and the Built Environment; Prevention of Victimization and Exploitation of Older Persons; Aging and Changing Lifestyles; and Health Promotion and Aging.

The Centre also provides consultation and technical assistance to academic, government, public and private organizations and is an active member of two inter-university research consortia. The first is the B.C. Consortium for Health Promotion Research which links the Centre with the Institute for Health Promotion Research at UBC and with researchers from the Faculty of Human and Social Development at the University of Victoria. The second is the B.C. Consortium for the Canadian Study of Health and Aging. Partners include the Department of Geriatric Medicine at UBC, the Faculty of Arts and the Centre on Aging at the University of Victoria and the Mental Health Division of the Ministry of Health.


Simon Fraser<br>UNIVERSITY<br>AT HARBOUR CENTRE


[^0]:    * Refers to the never married.
    ** Married column includes those categorized as "separated". Percentages, by age and sex, of separated people in B.C. are:

[^1]:    *Aboriginal ethnic group includes North American Indians, Metis and Inuit.

[^2]:    * Patients were classified as residing in one of four types of bed: acute care bed in acute care hospital; extended care bed in acute care hospital; rehabilitation care bed; or extended care bed in extended care hospital. All but the first type are included in the "extended" category in this table.


    ## Source:

    Adapted from Barer, M. L., Evans, R. G. and Hertzman, C. (1994). Avalanche or glacier: Health care and the demographic rhetoric. Vancouver: University of B. C. Centre for Health Services and Policy Research (HPRU 94:3D).

