



A True Friar Great

Remembering Marvin Barnes

by DJ Anderson '16
Sports Editor

COLUMN

There are certain people in this world who never lose their loyalty to a hometown. They are born in their respective towns or cities and become "lifers" to the places they originally called home. In the history of Providence College, there has never been a bigger "lifer" than Marvin Barnes '74. Barnes was born in Providence on July 27, 1952. Sadly, his life came full circle in his place of birth, as he passed away very abruptly just 10 days ago. Even with his struggles off the court and in his personal life, Barnes remained a devoted Friar fan until the day he died, and this is the type of person we should remember him as.

Barnes is unanimously considered a top-five player in the history of our Men's Basketball program. Kevin McNamara, a writer for the *Providence Journal*, described the opinion of many when he said Barnes "grew up on Providence's South Side and is known as the greatest basketball talent the city ever produced." He was an absolute bruiser in the paint, collecting rebounds and converting field goals at an alarming pace during his time as a Friar.

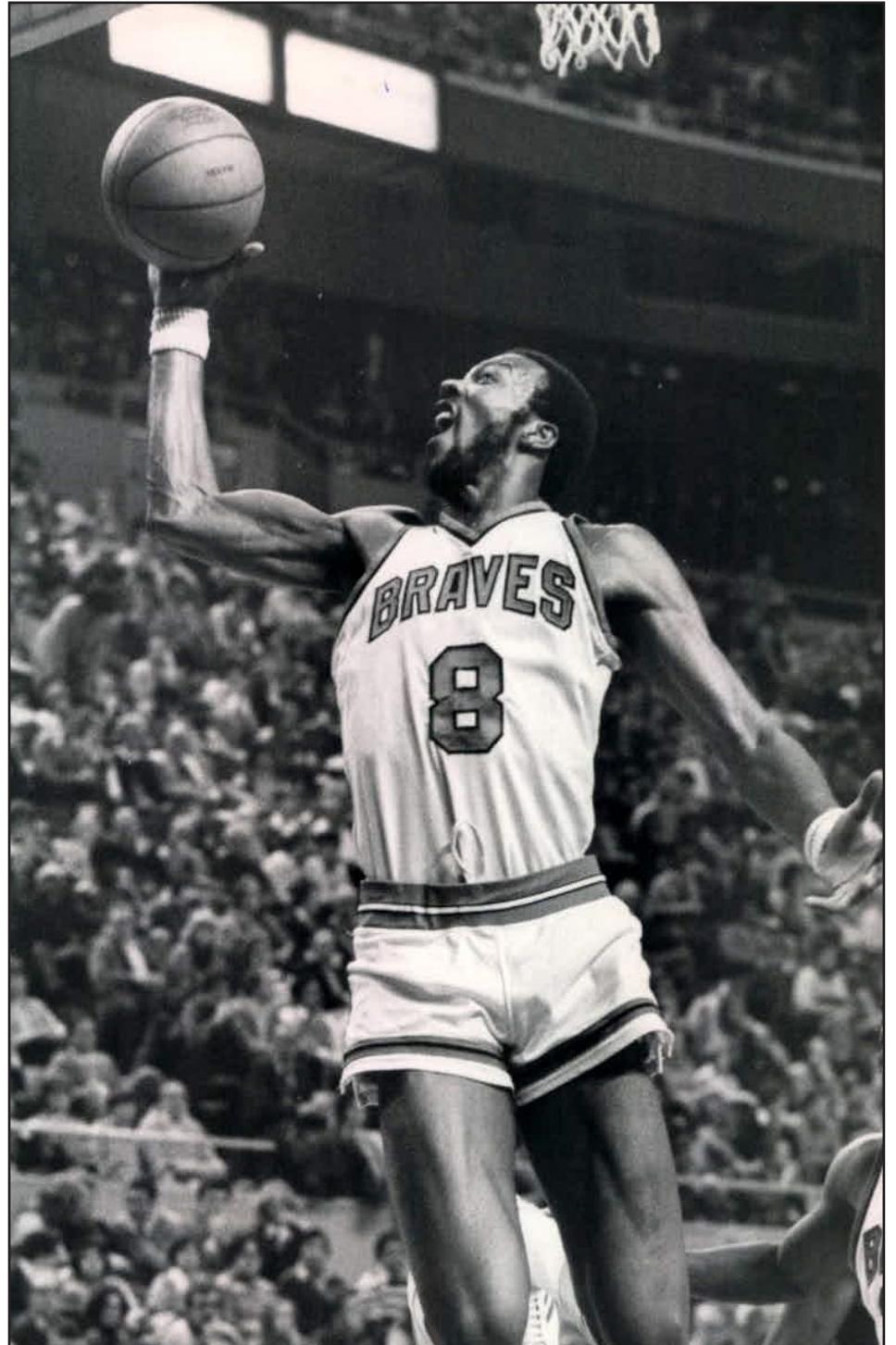
Barnes's junior and senior seasons were remarkable, yet his junior season may have been his most notable. Teaming up with fellow Friar Legend Ernie DiGregorio '73, the most dominant big man in our

school's history was able to guide our school to its first ever Final Four appearance.

Unfortunately, the team's luck ran out when Barnes hurt his knee in the course of their 98-85 semi-final loss to Memphis State. One season later, the Central High School graduate had his best season as a Friar, averaging 22 points and nearly 19 rebounds a game.

This incredible season put Barnes at the forefront of most NBA and ABA teams' draft plans. He was sought out by both leagues in 1974, going second overall to the Philadelphia 76ers of the NBA. However, instead of playing his rookie season in the NBA, Barnes signed a \$2.5 million contract with the St. Louis Spirits of the ABA. Barnes had a very quick stint in the ABA, winning Rookie of the Year in the 1974-75 season but flaming out soon after. However, the problem with the former Friar was never his talent. He simply couldn't put it together off the court, finding himself in several incidents such as a 1976 arrest for possession of a firearm in a Detroit airport.

Even with all the trouble that Barnes faced during his youth and after his professional career, you won't find many people that have negative words to speak about him. At the end of the day, Friar fans will look up to the "Barnes" jersey in the rafters of the Dunkin' Donuts Center and remember the player that nearly captured them a national championship in 1973.



Marvin Barnes '73 during his professional career.

PHOTO COURTESY OF NASLJERSEYS.COM

PC Adds Two Weeks to Academic Year Length

by Meaghan Dodson '17
News Staff

CAMPUS EVENTS

One can often hear Providence College students, and especially members of the senior class, exclaim, "I never want to leave PC!" Although it is inevitable that we all must one day say goodbye to college and enter the "real" world of jobs and taxes and rent, this year does grant students two more weeks here at PC. The 2014-2015 academic calendar is two weeks longer than previous

years, with 14 weeks of classes and one week of final exams per semester.

The chief organizer of this new academic calendar is Chuck Haberle, the assistant vice president of academic affairs, academic facilities, and technology planning here at PC. Haberle reveals that this decision for a longer academic year was reached after consulting extensively with Student Congress and the Faculty Senate, as well as holding open forum discussions. The motivation behind this decision stems from the 2011 memo from the United States

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December 2014						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19 END OF FINALS!	20
21	22	23	24	25	26	27
28	29	30	31			

UNDERTHEHOOD

Providence College's Student-Run Newspaper Since 1935

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News

Student Congress letters of intent from the Class of 2018.

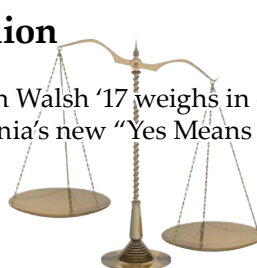
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Opinion

Carolyn Walsh '17 weighs in on California's new "Yes Means Yes" law.

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A&E

Check out the Providence College...

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NEWS

Calendar: One Week Added to Semester

Continued from front page

Department of Education, which features a credit-hour definition that must be followed in order to receive federal funding. This definition states that for each semester hour of credit, "One hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work" is required "for approximately 15 weeks."

The College is due for its 10-year review by the New England Association of Schools and Colleges at its 2017 centennial, and Haberle stresses how important it is for PC to comply to national standards. If these requirements are not met, the College's accreditation could be negatively affected. All professors, however, are not required to utilize all 15 weeks of the semester if more hours of out-of-class work are required of their students.

Many of PC's science and mathematics professors especially support this new schedule as they now have more time to teach their respective curricula. Many of the College's peer institutions, Haberle asserts, have more hours in the semester and therefore more time to cover the copious amounts of material required for demanding classes such as these. He affirms that there is an "expectation

December 2014						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 Civ Final II-I	16 Theology Final 8:30-10:30	17 History Paper Due Finance Final 4-6	18	19	20 Physios Exam II-I HOME!
21	22	23	24	25	26	27
28	29	30	31	Merry Christmas!		

KATHLEEN MCGINTY '16 / THE COWL

This year's academic calendar includes 14 weeks of classes followed by one week of final exams.

of what credit hours mean...we want to make sure our students are getting their money's worth."

This is not the first year in which PC has 15-week semesters; in fact, several years ago the academic calendar featured a 15-week spring semester and a 14-week fall semester. Some

people were not satisfied with this unequal distribution, however, and for the next couple of years, the College reverted back to its 14-week semester. Now is the time, Haberle states, to standardize PC's academic calendar so that it remains competitive with its peer institutions.

The Calendar Committee, which includes two student representatives, was in charge of creating the 2014-2015 academic calendar. The subcommittee, meanwhile, is currently drafting the calendars for 2015-2016 and 2016-2017. It is projected that the next academic year will not begin on Labor Day, but rather a day earlier on August 31, 2015.

Kelsie LaFerriere '17, one of the student representatives of the subcommittee, comments, "We really took into consideration what the College thought would be best for academic life here at PC, but we also wanted to incorporate students' opinions and make sure that everyone had a say in the decision-making process. It is going to be an adjustment not only for the teachers but for the students as well, and we plan on making the transition as smooth as possible for everyone."

When asked whether the tuition rate will increase with the addition of two extra weeks, Haberle happily replied that the rates are set and that the administration has a commitment to keeping them that way. He confirms, "The College's budget has enough flexibility to accommodate the extra weeks... it will all be absorbed within existing costs."

Super Bingo Kicks Off SAIL's Popular Events

by Elizabeth Nako '15
Asst. News Editor

CAMPUS EVENTS

On Friday evening, September 12, SAIL held their second annual Super Bingo event. The event kicked off at 9 p.m. and went until around midnight in the Peterson Recreation Center.

Sharon Hay, director of Student Union and Student Activities at Providence College, described Super Bingo as a fun event and a success despite it being a Friday night. Hay estimates about 400 students attended this event. Hay described how they had set up Peterson "just shy for 400 people" and when she looked out into the crowd only the very last tables were empty.

For those who are unfamiliar with Super Bingo, it is a huge bingo event with free food and many cool prizes. Hay, along with George Morganis, graduate assistant for SAIL, and Katcy Stephan '16, past summer internee for SAIL, all sat in front of the audience and called out each number and letter combination into a microphone so everyone could hear. Students would come to the front to grab as many Bingo cards as they thought they would need depending on how many rounds they were planning to play.

Each round of Bingo was a little different to make the event more interesting and fun to play. At the beginning of a new round, a projection screen would show how students could achieve "bingo." Patterns of how to get "bingo" varied from making an "X" or making a nine-box square with the "free space" in the center, to covering all "four corners." Also, the event had "speed rounds" where students just had to get the classic "five in a row" either horizontally, vertically, or diagonally,

and up to 15 people could receive a prize during a speed round such as \$5 to Dunkin' Donuts.

Once a student called out "bingo," he or she would go to the front for one of the three moderators to verify. Sometimes rounds got competitive if more than one student called out "bingo" at the same time and there would then be a dash to see who reached the moderators' table first. The winner of each round would then claim his or her prize.

At the beginning of each round, the judges showed what the prize entailed which ranged from a 39" flat screen television, an Apple TV, a Kindle Fire, a Keurig, a \$100 gift certificate to Southwest Airlines, a bike, a pair of Beats headphones, to an assortment of gift certificates. Also, during the event, students could help themselves to slices of free pizza from Ronzio's.

SAIL did Super Bingo last spring semester and due to the popularity of the event decided to bring it back as part of the PC After Hour Weekend series. Hay said SAIL got the idea for this event from Bentley University, located in Waltham, Massachusetts, where a graduate assistant's brother used to attend. Since Bingo has been really popular at PC for the last few years, Hay said they decided to adapt this program from Bentley.

When asked what accounted for the huge turnout at the Super Bingo event, Hay thinks, "[It was] the appeal of bingo and the prizes they could win. [Also,] a lot of students who came in the spring said they wanted to come back." At the end of the night, Hay said they asked with a show of hands, how many students would want to see an event like this one again, and students responded back enthusiastically. Also, Hay talked about how at the end of the night a group of freshman boys on their way out said, "Thanks for bingo, it was awesome!"

Looking ahead at this upcoming school year, Hay talked about the plans SAIL has for other big events. Hay said SAIL plans to sponsor another Super Bingo next semester. The first Open Skate Night will take place Oct. 4 in Schneider Arena. Also, next semester the annual Casino Night will be back by popular demand and will most likely take place during the winter months—end of February/early March. Finally, this Friday, Hay is pleased to announce that SAIL will be co-sponsoring with BOP a '50s themed Greased Lightning Carnival that will take place on Slavin Lawn and will include free food, carnival games, and an outdoor showing of the movie *Grease* at 10:30 p.m.

Hay is appreciative of the volunteers

who helped out at Super Bingo and the Golf Par-Tee that took place the first weekend back. Hay encourages to students to come by SAIL with new ideas for events. Hay remarked, "Events students want to see, we would love to hear." Also, Hay talked about a special grant program with PC After Hours for clubs and organizations who want to put together proposals and co-sponsor with SAIL.

Tom Pell '15, although he did not win any rounds of Bingo, commented, "[Super Bingo] was fun to be with everyone and see people win." Hay said, "We love to have students work with us to give us ideas as well as volunteer. If interested, contact me directly or the SAIL office."



MORGAN PEKERA '15 / THE COWL

Stephan and Hay call out numbers for Super Bingo.



Bursting the PC Bubble

by David Toro '16
News Staff

US Airstrikes Begin

Upon Obama's speech last week, the United States has started its offensive against ISIS with airstrikes in order to support Iraqi troops. ISIS has spread throughout western and northern Iraq and now controls large areas in both Syria and Iraq. The president of France, François Hollande, has declared ISIS a global threat. So far, 30 countries have pledged to join the US in fighting ISIS.

Pope Francis Marries 20 Couples

This past weekend, Pope Francis married 20 couples at the Vatican to further show how the Church is aiming to be more open and inclusive. Amongst the married people were couples that had previously lived together and had kids before marriage. Pope Francis, known for his unorthodox ways, made sure that couples were from different social backgrounds representing modern couples.

Hurricane Odile Hits Baja California

Hitting at speeds close to 100 miles per hour, Hurricane Odile hit close to Los Cabos, Mexico. After having destroyed beach resorts and villages in the area, Hurricane Odile weakened and continued to travel north. The Mexican government has warned of possible landslides and flooding. The poor neighborhoods in the area have been left without electricity and have limited access to food and water.

Airborne Ebola

For now, the Ebola virus spreads through bodily fluids such as blood and vomit, but recent research suggests that as the number of infected people increases, so do the possibilities of a mutation of a virus. Every time the Ebola virus reproduces, it has a chance to mutate. Scientists fear that an unexpected mutation could make the virus airborne.

New eFriars Launches

by Emily Marzo '16
News Staff

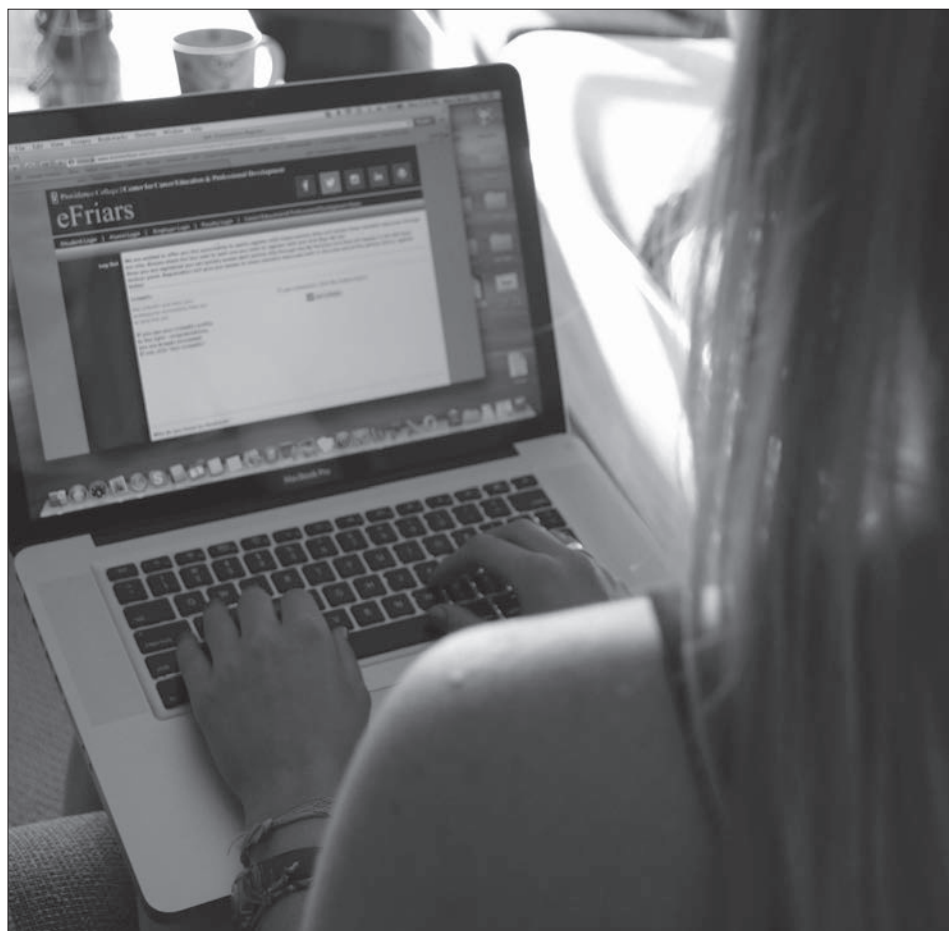
CAREER EDUCATION CENTER

As deadlines are approaching, students are realizing that applying for jobs and internships is not as easy as it was last year. Recently, there has been a change to the new eFriars system. Students have to start to build their account from the beginning again.

The new system came about late last spring when the previous eFriars parent company filed for bankruptcy and the Career Education Center was forced to find a new system quickly. Although the new site has come as a shock for students it has an ample amount of features that will help them with their job and

internship searches.

Some features include a user-friendly search service based on preferences and industries, a calendar of upcoming events, and a resource library filled with tips, forms, and handouts. Both indeed.com and internships.com opportunities and postings are accessible through the site as well. Students are now able to access GoinGlobal through the new system too. Students are able to create a job search agent that emails them when new positions are posted. Eventually students will be able to schedule advising appointments electronically through the site, in addition to stopping by Slavin 108 or calling the Career Education Center. Despite the quick change, the new site is proving to work well for students, alumni, and administrators overall.



MORGAN PEKERA '15 / THE COWL

Students can now activate their accounts and upload personal information to the new eFriars.

Congress Updates

by Kathleen McGinty '16
News Editor

STUDENT CONGRESS

Eric St. Peter, a representative from the Rhode Island Blood Center, visited to spread the word about the upcoming blood drives being held next Tuesday, September 23, and Wednesday, September 24 from noon to 7 p.m. in '64 Hall. Mike Gamma, a leukemia survivor, also spoke to the importance of donating blood and marrow. Needing a stem cell donor, he relied on a marrow donation from a college-age woman in North Carolina to save his life, underscoring his appreciation for "the kindness of complete strangers."

Captain George Stamatakos '78 of the Providence Police Department fielded questions and concerns regarding the surrounding community. He noted that the city of Providence responds to approximately 145 shootings, 15 homicides, and 4,000 robberies a year in addition to garbage and neighborly complaints. Thus, Stamatakos stated that the police department would rather not see events like Golf Party occur since it results in shifting resources when neighbors of the College call with nuisance complaints. While public drinking poses challenges not only to PC but to colleges around the country, no one best practice exists. Part of the city of Providence's response has been doling out orange stickers, invented for out-of-state landlords who rent substandard and affordable housing, to houses acting contrary to the public nuisance law. He stressed that public safety is a priority to everyone, believing that law enforcement is only one element of the solution to the public drinking and that it all comes down to respect.

The elections calendar for the 2014-2015 academic year was approved. The calendar includes dates for executive, special, and regular class elections.

Allocations of funds for clubs via the student activity fee were passed. Ally Rohmann '15, executive treasurer, stated that the process of allocating funds takes a week. Clubs are allotted 15 minutes to discuss their budget with the Finance Committee, after which allocations are determined. Senior Ring Weekend and Academic Media Services are both now included in the student activity fee. Rohmann also noted that of the \$550,000 the Finance Committee had to allocate, \$50,000 of that has been saved to reallocate in January.

Living in Poverty to Determine What Matters?

by Kathleen McGinty '16
News Editor

LECTURES

Following their journey of living on \$1.25 a day in 15 countries and three continents, friends Rob Lehr, Dan Parris, and David Peterka visited Providence College this past Thursday, September 11, to share and discuss their documentary *What Matters?* The film viewing, sponsored by Board of Programmers (BOP), chronicled the three men's confrontations with poverty and adversity as well as challenged PC students to explore their own talents and gifts to implement change.

"Think about how you're going to impact the world with those [skills, goals]," urged Parris, director and producer of the documentary. Answering the questions of what breaks your heart and what makes you come alive serve as a launching point.

For Parris, a sense of responsibility for those living in extreme poverty provided answers to those two questions. According to the *What Matters?* website, he traveled to Kenya's Kibera slum, the second largest in Africa, in 2005. Four years later in 2009, Parris returned with Lehr, uncertain about the journey, and Peterka, up for any adventure, to film the documentary.

"This was not the same Africa we know at home through infomercials,"



Parris, Lehr, and Peterka take questions and discuss their experiences living on a \$1.25 a day.

Parris narrated. Despite the lack of paved roads and indoor plumbing, the presence of roaming wild animals and mud houses, Peterka was awed by the residents' way of life.

"Their sense of contentment, interconnectedness... is one of the most inspiring things I think I could ever experience in my life," said Peterka.

As part of their mission, enunciated in the documentary, to "connect young people" and give them something to live for, Lehr, Parris, and Peterka committed themselves to keeping their food, lodging, and transportation costs on the trip to \$1.25 a day. Items already in their possession, such as camping gear and cell phones, were

available to them, and they agreed that they would accept up to one meal a day from strangers who offered. The one circumstance that would send them home would be a visit to the hospital.

While building relationships with residents of the Kibera slum, interacting with the young children excitedly greeting them with "How are you!" and singing with the adults at community gatherings, Lehr and Parris did just that. A fiery plane crash during their helicopter tour over the slum sent them to the hospital. The pilot and mechanic operating the plane were killed, and Lehr and Parris returned home, Lehr suffering from stress and anxiety and Parris from

intestinal distress.

Although the two returned back to the United States, Peterka continued the journey alongside his brother, visiting other countries such as Uganda and Democratic Republic of Congo. During the remainder of the trip, his eyes were opened to "a sobering reality," particularly to the expansive presence of HIV and AIDS in the region.

Reflecting on their trip, which deviated from its original plan following the plane crash, the three friends walked away fulfilled by the experience.

"I think it's my responsibility to know what's going on in the world," Lehr, initially reluctant to tag along, concluded at the end of the film.

Parris echoed a similar message during the question and answer session after the viewing.

"I was making an investment into my future...and my heart," he said.

For students looking to make a difference in a cause they feel passionate about, Lehr and Peterka stressed that one should not feel bad about what he or she possesses in comparison to others since guilt is not an effective motivator.

"A relationship is what is going to motivate you to continue on," added Parris. "Everybody is so similar across the world...when you are being real, other people recognize you are being real."

Richard Rodriguez Reflects on Humanity

by Elizabeth Nako '15
Asst. News Editor

LECTURES

On Tuesday evening, September 16, the Latin American Studies Program and the Office of Institutional Diversity presented "A Conversation With Richard Rodriguez." Rodriguez is the author of the recent book *Darling: A Spiritual Autobiography*. The talk took place in a standing room only lecture hall in the Ruane Center for the Humanities.

Rodriguez is hailed in the *Washington Post* as "among the very best essayists of his generation" and "one of the most eloquent and probing public intellectuals in America." Rodriguez has received a list of prestigious accolades for his writing—his book *Days of Obligation* was nominated for the Pulitzer Prize, and his book *Brown: The Last Discovery of America* was nominated for the National Book Critics Circle Award. Also, Rodriguez received the prestigious Frankel Medal, which is the highest honor the federal government gives to recognize any work done in the humanities.

Rodriguez was on a panel with Rafael Angel Zapata, associate vice president/chief diversity officer at Providence College, and Rev. David Orique, O.P., assistant professor of history and Latin American studies. Orique and Zapata asked Rodriguez questions to encourage conversation. Orique approached Zapata last spring about bringing Rodriguez to PC, since Rodriguez's autobiography had just recently been published. Orique and

Zapata thought both students and faculty would be interested to hear Rodriguez discuss important issues on a range of topics.

Rodriguez is proud to be born into a Mexican American immigrant family. He is against affirmative action, he is a Roman Catholic actively involved with his Church, and he is openly gay.

Rodriguez, a native of Sacramento, California, only knew Spanish until the age of six when he attended parochial school. Rodriguez is a devout Catholic and says, "I belong in this tradition." However, since Rodriguez is gay he said, "The Church has no way of describing what we [he and his husband] feel for each other." When Rodriguez, who was not allowed to be married to his husband in the Church, was asked by the panel why he decided to be Catholic, he said that Catholicism is "[the] faith of my fathers, and how I was raised."

Rodriguez continued saying, "That cross is something." He also said, "We are always in Good Friday." Later during his conversation he clarified, saying, "As a Catholic, [we are] united by some image of suffering and we cannot get away from it." Rodriguez says he has noticed a change in Catholicism since his youth. When he attended his parochial grammar school, he said everyone was Catholic except for one student who was Episcopalian. Now this parochial school and other Catholic schools have students who are Muslim and students whose parents are divorced. Rodriguez said, "You are changing as much as the Church is changing and [the Church] is becoming something different because of you."

As stated on the back cover of Rodriguez's latest work *Darling: A Spiritual Autobiography*, he "considers religious violence worldwide, growing public atheism in the West, and his own mortality." Although he identifies himself as a Catholic, he is "always mindful of his relationship to Judaism and Islam" and in his memoir, "he seeks to reconcile faith and spirituality with personal and public tragedy." Finally, his book centers on the importance of women "to Rodriguez's spiritual formation and their centrality to the future of the desert religions."

Among many other valuable topics brought up, Rodriguez left the audience with a small piece of advice. He reflected back on his experience teaching an 8 a.m. writing class at UC Berkeley that contained many players on the football team. He told the story of a student, Lance, who always looked afraid to speak. Rodriguez explained that as a teacher, one is always trying to get their students to talk. One day Lance spoke in class, and although it

had nothing to do with what they were discussing, Rodriguez described it as wonderful. Lance's friend Steve gave him a look to stop, and he did. Lance never spoke again in class. Rodriguez advised the audience, "Sometimes there will be someone who will not let you be." Rodriguez advises to stay away from these "Steve" type people "who will not let you go."

After Orique and Zapata finished asking Rodriguez questions, they then opened questions up to the audience. Also, students and faculty could purchase *Darling: A Spiritual Autobiography*. After the event, Rodriguez told *The Cowl*, "I want people to realize all of these identities we have—white, Jew, Muslim—do not describe us. We are complicated people and labels do not even begin to us who we are." He continued by saying that calling someone "white" does not describe them and that "we need to get past these labels and see how intense our humanity is."



Orique (left) and Zapata (right) pose with guest speaker Rodriguez (center).

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Letters of Intent for Freshman Student Congress

President

Phionna-Cayola Claude

My name is Phionna-Cayola Claude and I am hoping to be president of Providence College's freshman class of 2018. Student government and the responsibilities it comes with have played a major role in my life since seventh grade. In high school I was consistently re-elected onto student council to represent my classmates and during my senior year I was elected president of the Student Council. My re-elections serve as evidence of the respect I practice, my commitment, and most importantly my ability to get the job done. I involve myself in leadership roles because it is a chance to assist others in developing or enhancing their voices. As president I would long to fill the gap between the freshmen's voices and the PC community. Furthermore, I hope to strengthen the Friartown community and lead our class down an encouraging path as we begin to make Providence College our home. Therefore, I ask for the opportunity to be the face of the freshman class as president. I believe our days at PC are influenced by the decisions and diverse personalities that we bring to the table and I, for one, anticipate serving my class and my community while keeping that in mind.

Michael Bartels

My name is Michael Bartels, and I am seeking the office of president in the Student Congress for the Class of 2018. There are multiple causes I seek to promote, the first of which is transparency.

The Student Congress of PC is obligated to represent our best interest, requiring transparency. If elected, I will establish transparency by more openly publicizing Student Congress meetings and seeking to draw back unnecessary campaign regulations. This will allow for a better educated public and a better avenue for representation. We can do this.

I will also seek to help address some other lingering concerns on campus. Many residence halls, for instance, lack water fountains which are present in most academic buildings. If elected, I can advocate for a solution to this problem, something I am already tackling as the treasurer in St. Joseph Hall. We can do this. Another example is the matter of making sure once and for all that every campus organization receives the funds they need to operate so nobody will be "cut short." Everyone deserves representation and nobody should be ignored. We can do this.

With transparency and honesty, any concern can be addressed. We can do this.

Kiana Estevez

Classmates,

I have had the honor of being class president of my high school for all four years. Within my role as class president, I coordinated the first powder-puff football game for the senior class in order to fundraise money, and it has now become an annual tradition in my hometown. I believe that the Class of 2018 has the potential to bring the change to Providence College that it needs. The outgoing and social person that I am will allow me to interact and represent my classmates from all different cultural and social backgrounds. As an active member of the board, I will organize activities such as spring concerts and annual outings with the class to give everyone the opportunity to interact and bond with each other. It is also important

that I demonstrate my passion for community service, I will take part in service programs and take the initiative to help those in need. I am a person that takes action when a problem is brought to me, and will always be approachable whenever needed. I would appreciate your vote for class president for the 2014-2015 school year on Sept. 14.

Patrick Reynolds

The students of the PC Class of 2018 have many great choices when choosing their class officers this year. I hope that you will consider casting your vote for me to be your next class president.

As an elected municipal official in my hometown of North Attleboro, Massachusetts, I oversee a \$75 million budget and 1,000 employees. I believe that this, in conjunction with my experience working for U.S. Senator Scott Brown and in the Massachusetts House of Representatives, gives me the skills that are necessary to lead our class.

Make no mistake about it, this is our class and your input matters. That's why I'm not going to preach to you about why my ideas for our school are the smartest or the best, instead I want to hear your ideas. As your president, I look forward to listening to all of your concerns, comments, complaints, etc. Feel free to email me at anytime at preynol3@friars.providence.edu or stop by McDermott 113. I look forward to serving you!

Vice President

Paula Arrigg

I am interested in helping to create a better environment for my classmates as we experience the stresses and difficulties of freshman year at Providence College. We have a great school that provides us with many opportunities to learn and develop as students for our future. I would like to ensure that all my classmates' needs are being fulfilled and that all our goals are attainable.

My plan of action is to let my classmates' voices be heard. I will listen to my classmates' ideas and concerns and take action to meet their needs. This is a special time for all freshmen as we enter our four year commitment to Providence College. If I do win, I will continue throughout the year and beyond to improve the quality of life for Providence College students.

My vision for our freshman year at Providence College is to work to unite the class, to provide new activities, and improve our safety and awareness of our surroundings. I will help organize activities on campus, which will allow the community to enjoy life at Providence College. I will help students reach their maximum potential in all areas of their college experience.

Jenna Shanley

My name is Jenna Shanley and I am writing to inform you of my intentions to run for office in the Providence College Student Congress.

I will be running for the vice president position to represent my freshman class. I have previous experience being a part of Student Congress in my high school during my senior year. I was the senior representative/senior president for my class. I also have experience being in many other leadership positions throughout high school. I was also the treasurer for the National Honor Society. With my background in management

and guidance, I feel I have the abilities to fulfill what would be needed of me as a vice president. I have a strong admiration for Providence College. I want this year to be a safe and fun environment for all freshmen involved and I am willing to give to all needs that need to be met with my class.

Treasurer

Olivia Lo

As some of you may know, I absolutely love food, especially chocolate chip cookie dough ice cream...

Anyway, I'm majoring in health policy and management and I'm from Fitchburg, Massachusetts! I was very involved in high school and would definitely love to continue with student leadership here at PC! Some of the organizations I led at my previous school were my a cappella group, I was the yearbook editor for two years, I founded a peer mentor program for new incoming students, I was a student leader of my school's multicultural activities, I was president of the Worcester Academy Residential Life Committee for two years...and those are just a few!

You should vote for me because I have had plenty of experience leading students and creating change within school communities. I'm very friendly, approachable, and open-minded to new ideas. One idea that I have already planned on proposing was to make printers available in every building. I would love to create more class unification by having more class activities and trips.

By voting for me, we will be able to put the cookie dough in the ice cream and leave our Class of 2018 mark in the Providence College community!

Alec Manfre

My name is Alec Manfre, and I intend to be elected for the position of treasurer for the Class of 2018. I am the best candidate because of my dedication to the student body as well as my sheer desire to control the finances of each treasury with efficiency, legitimacy, and adequacy. Unlike my opponents, my intentions are not simply for self-gain or the attainment of power on campus. Organization and clarity are imperative to a successful treasury, and my credentials are ideal for the position of treasurer. As I pursue the academic major of finance, I believe my studies, coupled with the responsibilities allocated to me as treasurer, will allow me to fulfill my duties with the utmost perfection. With Mrs. Rios as my inspiration, I intend to follow in her footsteps and assist in the adequate leadership of the Providence College student body.

Secretary

Sabrina Guilbeault

Hello Class of 2018! My name is Sabrina and I'm so excited to be at Providence College. I was very involved and held many leadership roles in high school. I was the editor-in-chief of my school paper for two years, I was president of the drama club, and was vice president of student council.

After serving on my student council, I know just how much student government can help the school and it would be an honor representing such a fantastic class.

I am a very approachable person and would love to hear from you if there are changes you want to see, concerns with how something may be run, or even if you just need a friend to talk to. I love making new friends and honestly, I want to be friends with all of you. I want to wish everyone running for a position on Student Congress the very best of luck and I thank you for your consideration. I'll end with a cheesy joke to help you remember me: have you heard the joke about toast? Well, I butter not tell you because you might spread it.

Meghan Phelan

My name is Meghan Phelan and I am interested in being the 2018 class secretary. Although I am new to the Providence College community, I am anxious to become involved in and develop school-wide events, community service opportunities, and social gatherings here at PC. I am very approachable and always willing to lend a hand to anyone in need. As class secretary, I would bring my organization skills and creative ideas to the table as well as my willingness to work. My intent is to unify the students of the Class of 2018 individually as well as with the entirety of the Providence College community. I will do my best to fully understand and represent the opinions of my peers and bring their comments, concerns, and ideas to the Student Congress meetings. I am determined to make the next four years enjoyable and unforgettable. Here at Providence College, we as a class need to make our mark in a positive way and I believe that through the newly elected Student Congress members that we, the Class of 2018, can do that. I would appreciate your vote and go Friars!

Representatives

Doug Cassidy

My name is Doug Cassidy and I am a member of the Class of 2018. I am a biology major from Scotch Plains, New Jersey. I am running for one of the freshman class representative positions for the 2014-2015 school year. I have been involved in Student Congress in high school and loved how I was able to make a difference in the school and community working alongside students and faculty. I hope to continue my passion for Student Congress this year and I know that I can bring lots of great ideas to the table. I am really looking forward to the possibility of being on Congress this year!

Cassandra Caggiano

My name is Cassandra Caggiano and I'm running for freshman class representative for the 65th Student Congress here at Providence College. For those of you who don't know me yet, I hail from the greatest land on Earth aka New Jersey. During my most recent four years at an all-girls Catholic high school, I was actively involved in student council, eventually working my way up to executive board secretary in my senior year. I was also captain of the varsity cheerleading team and served other leadership positions for various clubs, including one I started myself!

But enough about me—I'm sure you want to hear about what I can do for YOU. That's the most important part about Student Congress. I can promise

you that I will keep an open mind, heart, and ears to all your ideas, advice, and suggestions. I will work tirelessly to get you what you want and constantly improve our already near-perfect school.

If you elect me, you'll not only be electing an exceptional leader and hard worker, but a great representative of our class and a loyal friend.

Thank you and, as always, go Friars!

Caitlin Lawlor

I am running for the position of class representative because I believe that I have the background and leadership skills to represent my fellow classmates. I am a member of the cross-country and track teams at Providence College so I understand the time restraints and pressures of being a student athlete at a Division I school. I am also a biology major so I recognize the academic pressures that many of my other classmates experience. In high school I was a leader in my school's freshman orientation program, and I was a peer minister with my church, so I have experience working with groups of people and making sure that I hear every voice. I think that these skills will help me represent my class and make the most of our college experience. GO FRIARS!!!

Conor Glendon

I'm running for a spot in Student Congress because I want to take an active role in the Providence College Class of 2018. Class representative is an important position because it is the link between the student government and the rest of the class. I feel that I am approachable and a good listener so people should feel comfortable coming to talk to me; this will allow me better to represent the views and opinions of the class. I'm also organized and dedicated and will take my responsibilities seriously. Being involved previously as a team captain, an Eagle Scout, and a volunteer firefighter has given me important leadership skills and also taught me the importance of communication and teamwork. Overall, I want to run for office to have a positive impact on the Class of 2018.

Vania Romero

My name is Vania Daniella Romero. I am also known as Daniella Romero. A little about myself: I am from Boston, Massachusetts. I am a political science major. I speak fluent Spanish. I love soccer and lacrosse. More importantly, I am looking to run for class representative because I would like to give the Class of 2018 the best freshman year ever. I know many candidates promise changes and such, but I ask for a chance. I want a chance to hear your opinions in order to help make your PC experience better. I do not want to list all my promises to you about how I can help make PC a better place, but rather show it if you pick me as class representative. I think I would be a good class representative because I am a very approachable person. I am 5 ft. exactly, so I am not exactly an intimidating person. I am mostly running because I want to be that person you can count on to talk about issues you see at PC. I do not want to be the person in charge that you're scared of talking to but rather the person in charge you can confide in. I hope that you can give me a chance to show you that I am the right choice for class representative.

Morgan Itz

My name is Morgan Itz and I am running for one of the freshman class representative positions for this year. A little background about myself is that I am from Basking Ridge, New Jersey, and have played field hockey and basketball

all throughout high school. I have been involved with a lot of community service, including Urban Action here at PC. I love spending time with my friends and I look forward to meeting all of my fellow classmates!

Not only am I excited to meet all of you, but I am also excited to help make these next four years as amazing as possible. I want to be a representative who will always be ready to listen to your many ideas and suggestions. Since I am similar to all of you in one way or another, I know I would be a good candidate to represent you as a whole!

Thanks and vote for me!

Special Election Class of 2017

Zachary Brown

Last year I tried out for the finance committee of Student Congress to try to get involved in the program. I did not make it, yet Congress is still a body on PC's campus I want to immerse myself in. Although I am a global studies major, politics has always been a passion of mine. Representing my fellow student body and making their four years at PC the best years of their lives is one of my goals should I win representative. Over the summer, I worked for House Ways and Means leader Brian Dempsey in the Massachusetts State House. I learned a lot taking calls and trying to help the people of my hometown of Haverhill with any and all of their needs. I want to take what I learned about helping individuals' needs in the State House and use it to help my fellow students of Providence College.

John Hindley

When I first heard about the special election for the open representative position, I immediately knew I wanted to run for it. This is because I have a strong, passionate desire to continue to serve this class to the best of my abilities. I believe it is my duty to serve because I deeply care about the direction and the welfare of the centennial class. During my time here at PC, I have gained experience leading successful class fundraisers and events. In addition, I have served with the administration on various committees. Through my efforts, I was instrumental in bringing therapy dogs onto campus not just once a semester, but once a month! If elected, I will continue to fight for what is best for our class. I will work to create more possibilities for federal work study jobs, bring about equity in the housing process, and open up more options in your educational careers. But most importantly, I want the Class of 2017 to be a strong, unified class. This can be done if I am elected as your representative. With your vote, I hope to accomplish these goals in order to serve you. Go Friars!

Meaghan Creamer

My name is Meaghan Creamer and I am running to be the class representative for the Class of 2017. In the past I have been involved in student government by being the treasurer of my class for my junior and senior year of high school. Being involved in a school that I attend has always been in my interest. As a result I am included in the decisions that not only affect me directly but my classmates as well. Providence College has given me some opportunities that have resulted in experiences that I will utilize for years to come. My goal is to have all students attending Providence College treated equally, and be as immersed in the decisions our school makes as much as possible. If elected, I will meet as many

individuals' needs as I can, by relaying messages of what I hear students wanting from Student Congress. From my past experience I have learned how to talk to individuals to achieve goals together. Providence College is a place where all individuals feel like they belong to a community, and if elected I will continue to help students feel that way.

Jack Barnes

Hi, my name is Jack Barnes and I am running in the special election for representative for the Class of 2017. I believe it is important to think about and take into account every student's opinion and view on how to improve our time here at Providence College. All my life I have been helping people when they have had problems and have found ways for them to overcome their issues. I wish to join the existing eight elected members of the Class of 2017 and assist them in making our sophomore year the best one yet.

Thank you and don't forget to vote on Tuesday, September 23 at 9:30 a.m. – Wednesday, September 24 at 4:30 p.m.

Liz Longo

Hello, my name is Liz Longo, and I am a sophomore public and community service studies and global studies major at Providence College. I am writing this letter of intent of being a class representative for the sophomore class in the 65th Student Congress.

The Providence College community is one that I am very passionate about. Being a class representative would give me the opportunity to represent my classmates in ways that would promote positive change and transformation. I feel I would be able to successfully bring what I have learned in my studies and experiences to contribute to community development in creative and effective ways. In addition to this, I am excited by the possibility of bettering the Providence community both on and off campus, and to work with others who feel committed and deeply to Providence and its future.

Us. We. Together. Forever. Family. Friars.

Jimmy Carrillo

My name is Jimmy Carrillo and I am running for the fifth spot for class representative. I am an HPM major on a pre-dental track. My current position on Congress is a member on the Academics Committee.

For some time, I've aspired to run for class rep because I want to take a more active role in being a voice for our class. If given the honor of being elected class rep, I would have the best of both worlds because I would continue to work within my committee as well as take all of your ideas and share them with the fellow officers during class meetings. Working in my committee allows me to have a good idea of what kinds of changes the students want. Being elected representative would give me the opportunity to do everything I can to make these ideas into reality, such as introducing new and innovating classes.

Many of you know who I am so please don't hesitate to ask me any questions, and for those who don't, I would love to meet and talk to you! Vote the Congress Nugget for class rep!!

Voting will be
held Tuesday,
September
23 and
Wednesday,
September 24
on Sakai.

Providence College
Student Congress
meets every Tuesday
at 5:30 p.m. in the
Slavin Soft Lounge.

Meetings are open to the
public!



“Yes Means Yes” Sexual Assault Bill Is a Positive Step California Law Represents Progressive Action in Combatting Campus Sexual Assaults

by Carolyn Walsh '17
Senior Staff Writer

SOCIETY

Columbia University student Emma Sulkowicz has turned her visual arts senior thesis into a brave and powerful protest. For her thesis, she will be carrying a dorm mattress around campus as long as she and her rapist attend the same school.

Titling her project “Carry that Weight,” Sulkowicz has constructed a physical representation of the feelings of burden she has been carrying for two years since her rape on campus.

Despite the fact that she and two other female students reported that the same student sexually assaulted them, the student in question remains on campus, and the cases against him have been dismissed. In April, Sulkowicz and 23 other students collectively filed federal complaints against Columbia University, accusing it of mishandling sexual assault cases.

The incredible courage displayed by Sulkowicz and other survivors has helped make the public more aware of the long-standing problem of sexual assault on college campuses. The Department of Education is currently investigating 64 schools over concerns for how they have handled sexual assault cases. Many schools already have policies addressing sexual assault, but it is clear that more effective tools are needed to help



PHOTO COURTESY OF WWW.NYDAILYNEWS.COM

Emma Sulkowicz carries her mattress around the Columbia University campus.

colleges prevent it and manage cases in an appropriate way that ensures support and advocacy for the well-being and safety of students. The “affirmative consent” bill recently passed by the California State Senate in August is a sign that the country is working toward positive change on this issue.

Nicknamed the “Yes Means Yes” bill, it requires universities in the state of California that receive state-financed student aid to adopt “affirmative consent” language in their definitions of consensual sex. It is essentially a dismantling of the traditional policy of “no means no,”

shifting the responsibility explicitly onto the person initiating sex to receive an affirmative “yes” rather than on his or her partner to communicate a “no.”

The bill defines affirmative consent as “affirmative, conscious, and voluntary agreement to engage in sexual activity.” It also clearly draws the line as to when sex is not consensual: when a person is under the influence of drugs or alcohol, asleep or unconscious, or unable to communicate due to a mental or physical condition. Furthermore, it states that consent “must be ongoing throughout a sexual activity, and can be revoked at any time.”

The state will also require college officials to adopt “detailed, transparent and victim-centered policies” in regard to sexual assault and rape. Under these policies, students must also be guaranteed that their identities will be kept confidential and that they will not be punished for any student conduct code violations committed at the time of the incident.

California’s “Yes Means Yes” bill represents a positive step toward helping schools better handle sexual assault cases and promoting an environment of support, understanding, and healthy discussion about these issues on college campuses. It helps to remove the “victim blaming” that students who allege sexual assault often experience. Survivors no longer have to go through systems that put the burden on them for not trying to do something to try to prevent the incident.

College officials will also now have a clearer standard to handle cases: the survivor no longer has to prove she or he didn’t want to engage in sexual activity, but the alleged perpetrator must prove that his or her partner did want to.

“Yes Means Yes” and similar policies in place at schools around the country do not provide a perfect solution to the rampant sexual assault and violence on college campuses. However, they are signs of progress. We are hopefully moving toward a day when students like Emma Sulkowicz won’t be forced to “carry that weight.”



by Fr. James Cuddy, O.P.
Campus Chaplain

CAMPUS

Take Your Rightful Place At Mass

My great-grandmother was tougher than a two-dollar steak. In one of the more vivid memories of my early childhood, I recall being at a family gathering when someone asked me to take a picture with her. Before the camera clicked, Nana Connor turned to me and said, “Put your arm around me and pretend that you like me.”

By way of contrast, my grandmother was positively delightful. A stunning beauty even in her seventies, Nana Murphy was always impeccably dressed and had a personality to match. She was quick to laugh and irresistibly charming. In fact, I’ve heard of only one person who didn’t instantly fall in love with my grandmother. And that would be her mother-in-law, the aforementioned Nana Connor.

Given the chance, I could regale you with countless stories about these two great ladies. Some are hysterical (like when the well-coiffed Nana Murphy joined my family on a camping trip; the results were disastrous). Others are gut-wrenching (such as Nana Connor suffering the tragic deaths of two husbands and a son coming home

from World War II; her toughness was born of suffering).

And those are just two of my family members. We’re just getting warmed up! There are aunts and uncles, siblings and spouses, cousins galore, and those people who though not related by blood, are family nonetheless. Their own lives are marked by successes and failures, mourning and rejoicing. And it was in their midst that I first began to discover who I am. So to tell their stories is, in a way, to give voice to my own.

I promised a couple of weeks ago that I would devote some serious time this semester to helping explain the beauty and importance of the Holy Mass. And this consideration of the family is a good place to start. It’s by no means the most important part of the Mass, but it’s no little thing either.

When we gather together to celebrate Mass, we find ourselves in the midst of our brothers and sisters. And not in some mere symbolic way, either. Baptism refashions us as sons and daughters of God. That being the case, our relationships to one another are changed as well. No longer can we be strangers to one another; baptism has made us a family, and Mass is where the family gets together in a singularly important way.

The Holy Mass is where we assemble to seek a deep and lasting communion



PHOTO COURTESY OF FR. JAMES CUDDY, O.P.

with the Lord. We bow our heads and raise our voices giving praise and glory to God. We beg for mercy and ask for strength. We pray for ourselves and for one another. And as we draw nearer to Him, our communion with one another grows at the same time.

Like the family gatherings at home, gathering together for Mass might not always be the most thrilling thing in the world. There are plenty of “put your arm around me and pretend that you like me” moments. The person to your left might be singing too loudly, while the person to your right just won’t accept that you don’t want to hold hands at the Our Father. I’m even told that there is the occasional priest who drones on and on from the pulpit.

But a family gathering is about something much deeper and much more important than entertainment and amusement. At its heart, it’s a giving and receiving, a listening and a speaking. It’s about learning who we are, where we come from, and where we’re going.

After years of Christmases and Easters together in the same family, Nana Connor broke down and told Nana Murphy, “You know, I’m learning to love you.”

Get yourself to Mass and take your rightful place with your family. We miss you when you’re not there. It might take a while, but the more we see the Mass for what it is, the more we’ll learn to love it too.

Think Twice Before Leaving Your Windows Unlocked

Take Precautions to Avoid Being a Victim of Crime

by **Christina Moazed '15**
Opinion Staff

CAMPUS

Don't leave your windows open off-campus. Or your doors. And keep in mind that you are most likely being watched at night. My house was robbed this past weekend while my roommate was in the shower. And the worst part? It will probably happen again soon.

When we constantly read stories on the weekly crime alert emails and hear details on campus, we tend to think that it couldn't possibly happen to us. As of the year 2014, there have been 5,664 property crimes in Providence thus far according to the Weekly Crime Comparison Report by the Providence Police Department. What's mine is

yours, they say.

Oh, another crime alert email? A group of people were assaulted and robbed on Eaton Street? The assailants came from behind and struck the students in the face, then fled the scene? What I'm really thinking is, how am I alive? I walk down Eaton Street "all day erryday" and run a seven-mile loop surrounding the neighborhood a few times a week.

I am left to imagine the thief sliding his body through the living room window, low to the ground and silent in thought. The house is fully lit. He knows my roommate just came home and went up to take a shower, but swiftly goes upstairs, searches a few rooms, and snatches a computer, wallet, and iPad. He passes an Xbox and car keys on the way out, and shockingly forgets to leave a thank you

note. The next day, we find ourselves sitting around the living room, left in wonder as to the items he meticulously chose.

Why go immediately upstairs right next to where my roommate is showering and avoid the rooms on the ground floor? Why take one computer in the room and leave the other adjacent to it? Are you looking through the emails on my roommate's computer as I write this article, planning your next move? I am perplexed. Congratulations, you got me, thief.

Don't just close your windows at night: lock them. Especially because my house is on Tyndall, a charming street filled with lovely neighbors who have gardens and read on their porches everyday. An area originally described as quiet and on the safe side

is nonetheless just as prone to crime as any other street. A car was stolen from the house across the street, and our house was broken into last year as well.

You are being watched. At any moment when somebody walks by your house and sees a window cracked open, it's almost like a direct invitation to enter. We're innocent, happy college students. We leave for class on a sunny day with a window slightly open, and at the blink of an eye our valuables disappear.

I believe that disadvantages trigger advantages. We can be robbed of our belongings but not of our dignity. Lock your door on your way out and forget all your worries.

We Need to Take Action to Make a Change for Our Planet

by **Brianna Abbott '17**
Opinion Staff

SOCIETY

Public protest is sweeping through New York City as thousands of people plan to march on Sept. 21 in anticipation of the UN Climate Summit 2014. Hosted this year by UN Secretary-General Ban Ki-moon and taking place on Sept. 23, the UN Climate Summit aims to discuss the problems of climate change and how to act to reduce harmful emissions. The time for discussion, however, has been swept away in the rising ocean, and the earth now needs everyone to buck up and take action before it is too late.

According to the UN website, "The Climate Summit will be about action and solutions that are focused on accelerating progress in areas that can significantly contribute to reducing emissions and strengthening resilience." That sounds fantastic. They're taking action. Or they're discussing action, anyway.

Even though legislatures and officials from all over the world are gathering with the best intentions, they're doing what they always do—talk.

"Countries are presently working toward a new climate agreement and a new set of sustainable development goals that will be concluded in 2015," the UN site also claims. Working toward an agreement means compromise—which is good—and

squabbling—which is bad. The parties are not even planning on coming to a solution until next year, leaving an entire year of pollution and emissions to ravage our already beaten down planet.

"The leaders of China and India recently said they wouldn't be attending the UN Summit," ClimateProgress.org reporter Ari Phillips explains. India and China make the list of the most polluted countries year after year—don't even think about how large they are in relation to the other countries on the list—and the fact that they won't attend the Summit demonstrates how little they care about their pollution levels. In order to make any sort of valuable progress, the main polluters and problems of the world have to be part of the main solution. They need

to see and understand the demand for change.

Following the march on Sept. 21 is Climate Week 2014, an entire week with hundreds of events devoted to discussing and stopping pollution and climate change. Events, according to the Climate Week NYC website, include lectures, concerts, screenings, art exhibitions, and community projects. Community projects are productive. Attending a concert in the name of climate change is questionable. Presence and vocalization at an event in front of world leaders and demanding that they take action is vital, life-changing, and potentially life-saving as well.

Sitting around and declaring concern for the planet isn't enough anymore. If the world continues to merely discuss climate change, the population of the earth will simply be saying, "I believe climate change is a present danger, and something must be done," while sitting on their couches as water rushes into their living rooms. Ideology isn't enough; the only way to save the planet is through action.

That being said, there's still time to join the fight in New York City on Sept. 21, and attempt to push the bigwigs of the world into action. Even if you can't go, find another way to act. Join an organization. Petition to your leaders. Write about it. Go green.

The only way to change is through the action of the people—and who has been more active throughout the course of recent American history than impassioned college students? Get enraged. Realize that you have the power to act. Realize that there will be consequences if you don't.



**CLIMATE
SUMMIT 2014**
CATALYZING ACTION

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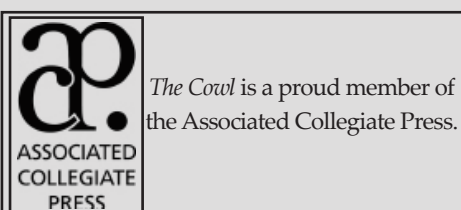
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Look Good, Let Loose, and Have Fun

SRW Is a Time for Seniors to Forget about Worries

by Kelly Sullivan '15
Associate EIC

EDITORIAL



I will refer to the class of 2015 as members of the S Club (S Club 7, get it?) in an attempt to avoid the word senior (that's the only time you'll see it, I promise). So from what I have heard, I am one of the few members of the S Club excited about SRW. I've seen some members drag their feet to the ticket line, some fear that their prom horror stories will repeat themselves, others can't pronounce the word cummerbund, and still others fear the actions of their date on the dance floor.

After the Career Expo next week shocks us into applying for jobs and grad schools and into making something of ourselves, SRW will remind us that this is our last year at PC, and that is more important than worrying about the future (for next weekend anyway).

This is our last year to make great memories as Friars. SRW is a chance to embrace the S Club and to officially kick off the year together. It's a chance to look our best, let loose on the dance floor, and have a great time.

It's going to be a fun night to bond together and embrace what is to come. Put the worries behind you. We should all get excited, not just a few of us!

NFL Should Help Players Manage Aggression

Emphasis on Mental Health May Prevent Domestic Violence

by Jacquelyn Kelley '17
Asst. Opinion Editor

SOCIETY

When NFL players like Ray Rice and Adrian Peterson abuse their loved ones, the automatic reaction is to dismiss these players as despicable people. Simply dismissing them for their wrongdoing, however, will not change anything. In order to change the violent nature of NFL players, one must first understand what it is like to be in a profession that demands constant aggression.

A video released on Sept. 8 shows Ray Rice's then fiancé and now wife Janay Palmer, charge at Rice in an elevator. Rice responds by punching Palmer in the face, a blow that sends her to the floor and renders her seemingly unconscious. Rice then proceeds to drag her out of the elevator and into the hallway. The altercation is devastating and portrays intolerable domestic abuse that has many people criticizing Rice.

The video of the attack has many wondering whether Rice's actions were initiative or reactive. In either case, there is certainly no excuse for the powerful blow that Rice delivers to Palmer's face. However, his profession may very well explain his violent reaction. As a professional football player, it is his instinct to react to any threat on the field aggressively, and it must be incredibly difficult to suppress that instinctive feeling off the field.

An NFL player is expected to be forceful at practice every day for hours on end. Then they are expected



Former Baltimore Ravens running back Ray Rice.

PHOTO COURTESY OF WWW.PHILLYCRIMENEWS.COM

to return home as cool and collected family men, a transition that cannot be easy. If the NFL wants their players to accomplish this difficult transition, they need to focus on their mental health.

Unfortunately, the NFL has done little to show that they are interested in improving the mental health of their players. Instead, they have simply condemned Rice as a bad person who is harmful to their overall reputation, and have suspended him from the NFL indefinitely. In the case of Adrian Peterson, who stands accused of abusing his young child, they have taken similar action by deactivating him, pending investigation.

Although the League has established that they are against domestic violence by punishing these two players, they have not solved the underlying problem. Their punishments will not make any mental health issues Rice or Peterson experience disappear nor will

they prevent them from hurting loved ones in the future.

More importantly, the punishments they have inflicted on these two players do nothing for other NFL players who are also struggling to balance their work and home lives. If anything, they have proven that such behavior is so intolerable that they do not even want to hear about it, ultimately discouraging other players from speaking out and seeking help.

If the NFL is serious about ending domestic violence, they need to do more than dissociate from players who have screwed up. They need to emphasize the importance of the mental health of their players, require anger management sessions, and foster an environment where players can speak up about any distress they may feel before something terrible happens.

Punishments will only get the NFL so far. Prevention, on the other hand, could go a long way.

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SAVE THE DATE

The Fall Career Expo

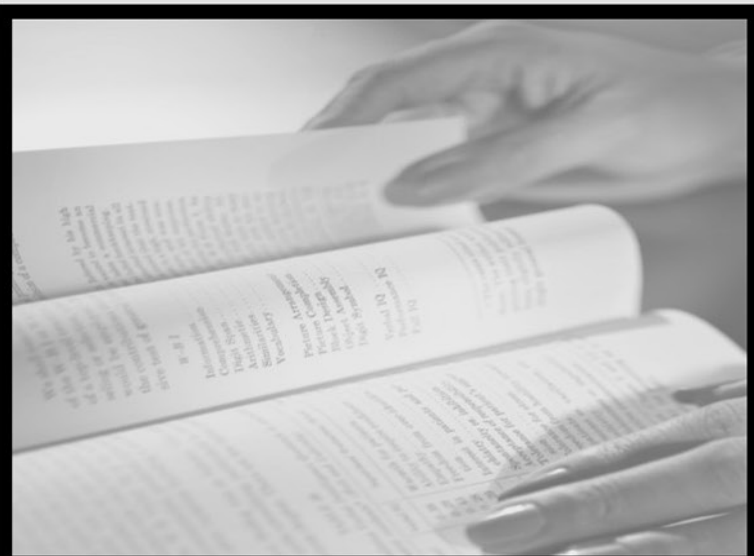
ONE day, ONE event, something for EVERYONE



Major/Minor Fair
Speak with faculty & students



Internship Showcase
Speak with students



Grad School Fair
Speak with admission counselors



Career Fair
Speak with employers

Wednesday, September 24, 2014
Peterson Center



PHOTOGRAPHY

The Cowl 11

September 18, 2014



MORGAN PEKERA '15/ THE COWL

ABOVE: As a part of the school's Never Forget Project, 2,977 American flags are on display on Slavin Lawn to commemorate the lives lost in 9/11.

RIGHT: Karaoke Night in McPhail's draws in a crowd of brave friends who belt out their favorite songs well into the night.

FAR RIGHT: To celebrate African, Asian, and Caribbean culture, BOP sponsors Cultural Arts, a night of fun and food with performances by PC's Motherland Dance group.



MORGAN PEKERA '15/ THE COWL



MORGAN PEKERA '15/ THE COWL



JESSICA ARTIGLIERE '17/ THE COWL



MARISA DELFARNO '18/ THE COWL

LEFT: Beta Gamma Sigma, Providence College's national honor society for business administration shares their organization with newly declared business majors and freshmen at the college's School of Business involvement fair.

ABOVE: The Departments of Mathematics and Computer Science sponsor a colloquium featuring student experts Meghan Malachi '16 and Tucker Kibbee '15 who both traveled this summer while studying different topics in mathematics.



PROVING PHOTOGRAPHY

If you could have any superpower, what would you want?



"Time travel, forwards and backward."
Catherine Barrett '18 and Madeline Klimm '18



"Read people's minds."
Austin McGowan '18 and Jamie Fuger '18



"The ability from *Jumper*, that would be cool. Teleportation."
Carlos Ayala '18



"Being able to get into anything, walk through walls."
Dania Derivois '15 and Ruth Laurent '16G



"Invisibility!"
Sean Donovan '15, Devin Joyce '15,
and Niall Cahill '15



"Teleportation, just because I'm lazy sometimes."
Michaela Fahey '16



"A good memory."

-Neville Longbottom



Be a Part of the PC Art Club

by Katie Puzycki '17
A&E Editor

ART

Providence College has a lot of extracurricular activities to offer. Even so, for those of you who have a creative side, you may not have quite found your niche yet among all the sports, more serious clubs, etc. What a lot of you—especially freshmen—may not know is that PC also has an art club. It is the perfect opportunity to express your creativity in a carefree and fun environment.

Everyone in the PC Art Club is incredibly friendly and loves having new members. The group meets every Tuesday at 7 p.m., and throughout the year hosts different campus-wide events. Even if you are not artistic, you are encouraged to visit. Secretary of the club Thomas O'Connor '17 says the reason he loves Art Club is because "it is an all-inclusive club that anyone can join. It is great for those of you who are proficient in art, and those who are not."

Taking an hour break from homework in a productive environment has actually proved to be better for studying habits. Students are urged to do something engaging between study breaks, meaning you should stay away from the computer or cell phone and do something hands-on. Singing, playing an instrument, and creating art are all great ways to do this; they allow your brain to rest and to better absorb the information.



PC Art Club members enjoy finger painting at their meeting this past Tuesday.

Art Club also offers a variety of projects, so every week you can expect something different. Rebecca Marisseau '16, vice president of the club, says, "I love Art Club because no artistic talent is required to join—it simply offers anyone the opportunity to take a break from their hectic workweek to relax and be creative! Art Club allows members to explore new forms of art without any pressure. Projects range from more serious artistic endeavors, such as watercolor painting and pencil drawing, to crafts such as collaging

and cupcake decorating. The club is member-driven; the executive team is always looking to turn suggestions into projects for our meetings!"

Throughout the year, students can expect events such as "Pizza and Painting," pottery painting, and create-your-own Christmas cards. If time is a concern, there is no need to worry. O'Connor says that the club "doesn't require too much commitment from its members or put too much stress on them. All that a member needs to do is come when they can or when they want to and have a good time." For O'Connor, Art Club was also a great

opportunity to branch out and meet new people at PC.

As for Erin Colby '16, the club's president, she hopes to "encourage all students, no matter their artistic background or ability, to spend an hour each week being creative." Her biggest goal is to "continue fostering the laid-back, fun, artistic atmosphere" which has made the club so enjoyable for her since her freshman year. If you need a new outlet, consider joining the art club. You can always expect something fun, and to leave feeling a little more inspired and happier.

Explore Providence: Masala Restaurant

by Mary McGreal '15
A&E Staff

FOOD

In 2012, *The New York Times* wrote, "Home to an Ivy League college, one of the best design schools in the country and a major culinary institute, Providence, unsurprisingly, has exceptional food [...] Yet the city remains unpretentious and affordable, a place where even the best restaurants rarely demand reservations." While the *New York Times* readership may have a slightly different idea of what constitutes "affordable" than your average college student, the fact remains that Providence has a wide range of food choices that appeal to a variety of appetites.

Rhode Island has a number of Indian restaurants, several of which are located in Providence. Favorites such as Kabob and Curry on Thayer and Taste of India on Wickenden offer an opportunity to get off campus and enjoy the city. However, for times when only take-out will do, it does not hurt to think outside the city and get a little creative. That is where Masala Indian Cuisine comes in. Found on Mineral Spring Avenue in North Providence, the restaurant offers a quality dining experience—one that can be experienced from your dorm room, if you please.

After placing an order on a recent

Sunday night, the food arrived a mere half hour later—sooner than the time advertised online. It arrived piping hot, the main dishes in unassuming plastic take-out tubs, and the pieces of naan nestled in foil. Customers are given the option to choose how spicy they would like their food to be, which is a considerate touch, especially for those who may not have a lot of experience with Indian food. So what about the food? Yelp user Christian V. of Providence writes, "I can tell you that the food is delicious. That's what you really

want to hear right? Well, it is. I had the Chicken Tikka Makhani and the Chicken Korma. I requested the heat be turned all the way up and was pleased by the ratio of flavor and burn in both dishes. Served over a bed of basmati rice or with a dippable, scoopable naan, the dishes were amazing!"

There is a \$25 delivery minimum, which gives the discerning college student several options. One could round up a few friends and make a party of it. Masala offers a number of appetizers for under \$5, and most of the meat and seafood dishes do not cost

more than \$12. Order a few servings of kheer, a sweet rice pudding, to finish off your meal. The second option is selfish, but satisfying: let your appetite go wild and order more naan than one person could eat alone. Masala's portions are large enough that you could easily stretch one dinner to last two nights. However, good luck trying to make the naan last that long—the bread is fresh, warm, and too good not to eat right away. If you are searching for delicious, affordable food, check out Masala Indian Cuisine.



PHOTO COURTESY OF vimlapatil.com

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Pop Culture Takes a Stance on Feminism

by Maria Grande '15
A&E Staff

CULTURE

The word "feminism" has been gaining a lot of recognition in recent pop culture, being as trendy as crop tops and harem pants in the summer. Celebrities from Taylor Swift to Miley Cyrus all self-label as feminist, giving the impression that if one does not consider herself a feminist then she may feel outside the trend. According to the *Merriam-Webster* definition, feminism is "the advocacy of women's rights on the grounds of political, social, and economic equality to men." Yet the term has seemed to morph into an idea that is far-fetched from the above definition.

On Aug. 24, Beyoncé flooded social media after her performance at the MTV Video Music Awards, where the word "feminist" was highlighted in large, bright letters while she sang a medley of her most popular songs. Many praised Beyoncé for her bold statement toward the empowerment of women, claiming her as the new face of feminism. As a wife to Jay-Z, mother of 2-year-old Blue Ivy, hip-hop sensation, diverse actress, and brand creator in Hollywood, Beyoncé seems to epitomize the empowerment of women, and is admired for her "nothing is impossible" attitude.

Yet there are many others who express that Beyoncé's feminist takeover is actually the antithesis of the origin of the "feminist theory," made so popular by Bell Hooks in the 1980s. In her esteemed book *Feminist Theory: From Margin to Center*, Hooks explains the importance of



allowing men to be involved in the feminist movement, creating a better understanding toward all genders and sexes. Recent ideas of feminism seem to have shifted away from including men in the movement by focusing too greatly on the empowerment of women, while disregarding the idea that men and women are equal.

In some of Beyoncé's well-known songs, she raises women to a level that is much higher than men, while

simultaneously snubbing women who are not of a certain caliber. In her song "Run the World (Girls)," Beyoncé praises women who are college graduates and those who hold a career while being wives and mothers; however she overlooks all other women who do not fit into these categories.

"If I Were a Boy" expresses how much easier life would be if women were able to do all the things that men have been able to get away with. The

song plays into a stereotype that men look out for themselves and ignore the feelings of their significant other. While this song may tell a familiar story to some women, it addresses a one-sided view of men, neglecting the way men and women are equal in relationships.

Beyoncé is not the only celebrity who seems to misrepresent the idea of feminism. There is also a large amount of body shaming against women that is presented in music nowadays. Nicki Minaj has garnered herself a feminist, expressing herself through provocative outfits and profane language. However, those exact characteristics are contrary to feminism. In her latest song "Anaconda," Minaj approves of curvy-figured women, mentioning how men prefer women who are fuller figured. She blatantly shuns women of other body types throughout the song, and in the music video there are only women who possess a curvy figure.

Of course, theories are bound to evolve, and the idea of feminism has taken many shapes since its origin. There is nothing to say that celebrities, like Beyoncé and Nicki Minaj, do not want to bring forth feminism; it is the way these artists go about spreading the movement that has its faults. Labeling oneself as a feminist means to be in favor of the equality of women, in which women are on the same level as men. Raising women higher than men, and knocking other women down in the process, does not represent feminism in the way that past advocates have tried to create.

Songs of Innocence: U2 Releases Surprise

by Dan Gagnon '15
A&E Staff

MUSIC

Irish rock band U2 suddenly released *Songs of Innocence*, the group's 13th studio album, on Tuesday of last week without any prior notice or promotion. The surprise album drop was announced at Apple's launch event for the Apple Watch. At the event, U2 took the stage to perform "The Miracle (Of Joey Ramone)." After the performance, Apple CEO Tim Cook announced that the entire album is now available for free download through iTunes. The album is available exclusively through iTunes until Oct. 13, when physical copies will be released.

The way in which *Songs of Innocence* was released is part of a new trend of dynamic album releases by major artists. In December 2013, Beyoncé similarly released her surprise self-titled album exclusively through iTunes a week before physical copies were available. However, U2's album will be exclusive to iTunes for a much longer period of time, and, more significantly, it is free to download.

Apple reportedly paid U2 and their label Universal Music Group a significant amount of money for the exclusive rights to release *Songs of Innocence*. Additionally, Apple agreed to mount a large-scale advertising campaign which



has included numerous television spots advertising the album and its availability on iTunes.

In a letter posted on the band's webpage, Bono sought to emphasize that although the album was available for free download, the music was, in fact, paid for by Apple, and the download from iTunes should not be seen as being similar in any way to illegal free music downloads. He writes that the album is "free, but paid for. Because if no one's paying anything for it, we're not sure 'free' music is really that free. It usually comes at a cost to the art form and the artist."

This is not the first time that the band has partnered with Apple. U2's Grammy Award-winning

song "Vertigo" was featured in a commercial for the iPod in 2004, and Apple released a special edition U2 iPod in 2006.

The album itself was produced by Danger Mouse, of Gnarls Barkley and of Broken Bells. The Grammy Award-winner has produced several other albums including Beck's *Modern Guilt* (2008), The Black Keys' *El Camino* (2011), and *Turn Blue* (2014).

U2 hasn't released a studio album since 2009, and upon listening to *Songs of Innocence* it is clear that the band devoted much of the last five years to crafting and polishing this album. Overall, the album is crisp and emotional. U2's work over the past decade has become increasingly deeper both lyrically

and instrumentally, and this album is the pinnacle of that effort.

"Sleep Like a Baby Tonight" is melancholy and delicate, featuring Bono on keyboard and vocals, and Leo Pearson on keyboard. Bono's lyrics include lines such as: "You're gonna sleep like a baby tonight / In your dreams, everything is alright / Tomorrow dawns like someone else's suicide." The song "Cedarwood Road" is similarly gloomy, including the line: "Symbols clashing, bibles smashing / Paint the world you need to see / Sometimes fear is the only place that we can call our home." The album's title *Songs of Innocence* does not prevent the band from tackling dark and mature themes.

On other tracks, such as "The Miracle (Of Joey Ramone)" and "Raised By Wolves," the Edge reminds the listener that the guitar is still the hallmark of U2's sound. "The Miracle (Of Joey Ramone)" features a straightforward and powerful overdrive guitar riff, as is appropriate in a song dedicated to the punk rocker Joey Ramone. On "Raised By Wolves," the Edge uses a muted guitar rhythm to build tension that is released with the bright and punchy guitar riffs during the chorus.

For those who enjoy *Songs of Innocence*, there is even more good news on the horizon: Bono writes on the band's webpage that a sequel, *Songs of Experience*, "should be ready soon enough."

Finding Your Personal Style

by Christina D'Adamio '16
A&E Staff

FASHION

Merriam-Webster defines style in three sentences: "Style is a distinctive manner of expression. Style is a distinctive manner or custom of behaving or conducting oneself. Style is a particular manner or technique by which something is

done, created, or performed."

The definitions provided by *Merriam-Webster* are basic. However, there is more to style than these dictionary definitions reveal. How, then, do you define personal style? Undoubtedly, it can be a little tricky. With the help of *whowhatwear.com*, a celebrity style and fashion trend coverage blog, you will be defining your style in no time. These tips and tricks will get you motivated

to shop your look. Keep in mind that style is more than just a trend. Style is a signature look created over time and is continuously evolving. Style is about individuality and personality, and is not always about designer labels and celebrity brands. Style is a way of dressing that reflects your personality; do not feel trapped into one category of style. From lady-like to modern, from classic to edgy, and from bohemian to preppy, there is plenty of room to play around and be creative.

To find your personal style, get inspiration. Take a good look at what designers and celebrities are wearing. Look to your friends or even fashion on the street. Inspiration is not difficult to find. From magazines, books and movies to social media sites, there is something for everyone. When you find inspiration, take note of it. *Whowhatwear.com* recommends keeping a fashion reference journal. Fill the journal with photographs and magazine pages. When you are adding to your fashion collection, look through your fashion journal for motivation. When you are having a fashion hiccup, look through your fashion journal for guidance. Soon you will be identifying fashion preferences, and your favorite fashion styles will be developing right before your eyes.

While designers and celebrities are figures of fashion inspiration, do not feel obligated to copy their styles from head-to-toe. In most cases, their ensembles are not cost-friendly. Stay true to your style, and most importantly, your budget. To keep your look fresh, mix and match

the old and the new. While style is a lot about what you wear, it is also about how you feel. Be fearless in your favorite outfits. A confident girl is always the prettiest.

The clothes you wear say a lot about who you are. Therefore, it is important to invest in a signature piece. This signature piece will pull your outfit together and help you develop your personal style. Wearing it day-in and day-out, you will be remembered for this personalized statement. Jackie O's oversized glasses and Edie Sedgwick's chandelier earrings, while iconic, are not for everyone. Instead, *whowhatwear.com* recommends a minimalist statement.

While fashion fluctuates, proper fit is essential. Tailor pieces to your body shape. Choose complimentary styles that flatter your best features. There is nothing more stunning than a girl who knows how to rock her look.

Now it is up to you. Whatever your personal style may be, have fun with your looks. Style is not permanent; it is continuously evolving. You can deconstruct an ensemble and start over as easily as you can create it. British fashion designer and couturier Alexander McQueen states it clearly: "It's a new era in fashion—there are no rules. It's all about the individual and personal style, wearing high-end, low-end, classic labels, and up-and-coming designers all together." So what are you waiting for? Go explore your personal style, and remember, stay true to who you are.



PHOTO COURTESY OF glamradar.com



McConaughey and Van Sant Collaborate on New Film

by Frank Flanagan '15
Asst. A&E Editor

FILM

Earlier this week, the entertainment world ignited in excitement over several images that have emerged from one of Matthew McConaughey's newest projects *Sea of Trees*. Scheduled for release in 2015, *Sea of Trees* is the first collaboration between McConaughey and legendary director Gus Van Sant.

McConaughey is slated to play Arthur Brennan, a suicidal man who journeys to the infamous suicide forests of Japan, where he contemplates life alongside an unexpected new acquaintance played by Ken Watanabe. *Sea of Trees* will also star Katie Aselton and Naomi Watts.

As of late, McConaughey has been dominating the entertainment world. This past award season, the 34-year-old took home Best Actor at both the Academy Awards and the Golden Globes for his role as Ron Woodroof in *Dallas Buyers Club*. In the film, he played an AIDS-ridden cowboy type who began dealing unapproved drugs to fellow AIDS patients under the front of a club.

Examining McConaughey's career, *Dallas Buyers Club* marks the peak of what most would consider his most serious roles. Since 2012, trends show McConaughey taking on more serious roles in films and shows such



PHOTO COURTESY OF thefilmstage.com

as *Dallas Buyers Club* and HBO's series *True Detective*, where McConaughey played a very complicated lead role alongside Woody Harrelson. His role in *The Wolf of Wall Street* was small, but certainly memorable, and his upcoming role in Christopher Nolan's *Interstellar* is sure to be memorable too.

McConaughey's combined success and the seriousness of his recent roles may still be shocking to his audience. It does not seem plausible that anyone saw his performances in *True Detective* or *Dallas Buyers Club* coming out of his past roles in *How to Lose a Guy in 10 Days* or *Failure to Launch*, but nonetheless, audiences seem pleased.

Now, in addition to working with Christopher Nolan on a serious role

in *Interstellar*, McConaughey will be acting beside a true master of the art in his next film *Sea of Trees*. Gus Van Sant, who claims audiences will be surprised by his film, cast McConaughey for the part back during the winter when *Interstellar* was still in production.

Van Sant, now 62 years old, has had more than just a notable career in the entertainment world. He was the brains behind classic films such as *Good Will Hunting*, *My Own Private Idaho*, and the critically acclaimed *Milk*. Van Sant came close to winning an Academy Award with nominations for *Good Will Hunting* and *Milk*, but has still has been fortunate enough to win the Palm d'Or at the Cannes Film Festival in 2003 for his film *Elephant-*

no small feat. Van Sant has a penchant for raw and emotion-provoking pictures—something we will be looking for in *Sea of Trees*.

It seems that Van Sant will have another shot at winning a major award, alongside McConaughey, who also seems capable of accruing another honor. It will be interesting to see how the two work together. Legend has it that Van Sant is a tough director to work with, not in the sense that he is a bother, but more in the sense that he truly knows what he wants.

With McConaughey in the lead role, the success that has reinvigorated his career, and the stability and veteran career of Van Sant, look for *Sea of Trees* as a must-see in 2015.

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INTERNATIONAL EDUCATION WEEK AT PROVIDENCE COLLEGE

Business in China Information Session

MONDAY 9/29

Learn about semester and summer
opportunities to study business
and intern in China!

12:00 pm in the Slavin Fishbowl

**FALL STUDY
ABROAD FAIR**
SEPT. 29 '64 HALL
6PM-8PM

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**Global Studies Study Abroad
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Imagine where you could go!

*Come hear what returned study abroad students have
defined as their most transformative moments
overseas.*

"The Intricate Nature of Justice: Bolivia as a Case Study in Catholic Social Thought"

TUESDAY 9/30

Professor Terry McGoldrick
Center for Catholic & Dominican Studies
12:00 pm

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Tuesday, September 30 at 7pm

Wednesday, October 1, 4:00 p.m.

Thursday, October 2, 7:00 p.m.

in the Center for Catholic and Dominican Studies
(Aquinas Hall through the Study Lounge towards the chapel)

Open to sophomores and juniors.

Light refreshments will be served.

Reflections by Summer 2014 Fr. Smith Fellows

Saturday, October 4th 3:00pm in the Ruane Center

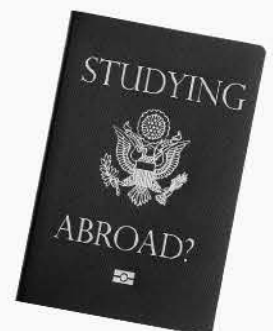
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"Infusing International Experiences into the Business Curriculum: Japan/China 2014 Summer Seminar"

Professor Piotr Chelminski
10/1 at 12:00pm in the Center for Teaching Excellence

Wordsworth in the Lake District Maymester with Dr. Bruce Graver

THURSDAY 10/2

Info session is at 4:30pm in Ruane LL48





PORTFOLIO

Page 18

September 18, 2014

MOM'S ADVICE

by Joey Aiello '17
Portfolio Staff

DIALOGUE

Dan: What does Jenna see in him?

Nick: Oh I don't know, he's handsome and he plays three varsity sports?

Dan: Yeah but he's a jerk, she told me he never answers her texts.

Nick: So?

Dan: I'd answer her texts.

Martin: You're a much nicer guy than him, Dan!

Dan: Thanks Martin.

Nick: Have you two learned nothing? Nice doesn't matter, especially if girls think you're handsome, and in his case the more he scores on the court the more he scores in Jenna's bedroom.

Dan: Shut up!

Martin: My mom told me if you have premarital sex then you'll go to Hell!

Dan: Uhh...

Nick: Don't worry about that Martin, you'll be on the righteous path for quite some time. *chuckles*

Martin: That's why my mom makes me go to church!

Nick: That's nice, Martin.

Dan: I just don't get why girls say they want a nice guy and then they date guys like Aaron.

Nick: Girls like Jenna say they want a nice guy but they date guys for status, Dan. She's a cheerleader and he's a three-season athlete, it's not rocket surgery!

Martin: *giggles* Rocket surgery!

Dan: She told me the other night that she just wants to date a nice guy!

Martin: My mom said that any girl would be lucky to date a guy as nice as me!

Nick: Jeez Martin, at this rate we might as well just hang out with your mom instead of you!

Wait a minute... she tells you her problems?

Dan: Well yeah, last night she called me all upset because she

saw Aaron at the ice cream place with one of her teammates.

Nick: This is you *pretends to be trapped in an invisible box*

Dan: What are you doing?

Nick: You're stuck in her friendzone!

Martin: My mom—

Dan, Nick: MARTIN!

Dan: I think it's a good thing she tells me her problems, it means she trusts me!

Nick: She has a boyfriend and she's telling you her problems, it means you're her BFF! That last F stands for forever!

Dan: Yeah but—

Nick: Forever.

Dan: There's no way she stays with him!

Nick: Oh sure, I'm not counting on the everlasting happiness of their wonderful relationship by any means, but you and she will never be a thing, there will just be another Aaron.

Dan: I think I have a chance if she dumps him and sees what a gentleman I am.

Nick: HA! Key word "if."

Martin: If you guys aren't busy, do you guys want to see a movie Friday night? That one with the aliens and the robots, or maybe it was robots from space? Alien robots? It's sci-fi!

Nick: Martin, has this whole conversation we're having just flown over your head? Dan is having a crisis of the female variety and you're talking about your mom and robot and aliens.

Martin: Oh I never have girl problems, they find me irresistible!

Nick: Oh, that's right. You leave all the ladies satisfied and hungry for more, isn't that right Martin's lady friends? Cricket. Cricket.

Martin: I've had plenty of lady friends. You guys don't know how I spend my time at math camp every summer!

Dan: Oh yeah? Care to share the wealth doctor love?

Martin: Well my mom says—
lunch bell rings

Black-Out In the Corner

by Justin Fernandez '15
Portfolio Editor

POETRY

The Meaning of the Crisis

[REDACTED]

The crisis was only partially
happened [REDACTED], in [REDACTED]
the Common Market, [REDACTED]
That is why [REDACTED], sooner or later
the [REDACTED]
technocracy, [REDACTED] would be
overruled [REDACTED]

81

REALITY CHECK

by Austin Harney '17
Asst. Portfolio Editor

POETRY

I can't conceive of any other
Means of expressing this doubt
I conceal and deal with,
Did I forget something?
Or have I chosen to forget?

Out of regret
I've given myself a chance,
— Thank God I have no pity —
To return to my roots;
A yellow house bathed in
The melancholy of the
Sun above.

And I love its inhabitants,
Yet I am so far from
This hope of mine.
Once the trees turn bare,
I'll say farewell to this life
Of artificial protection and
Institutional growth.

And unbeknownst to me,
Upon my return
I'll learn,
The house is gone.

And here I remain.

Where do I belong?

PHOTO COURTESY OF VANGEL_PL

EIGHT WORDS

by Paul Francisco '15
Portfolio Staff

FICTION

"I am getting married!!!!!"

Austin's mouth just dropped. He was speechless. He was panicking on the inside. Rebecca had been dating the same guy for a while now, but he didn't think that it was going anywhere. Austin had been used to seeing a different guy every other week whenever the two of them went on double dates, but Chip had been a regular for the past couple of months. Chip was a nice guy, but Austin would never approve of any of the guys that Rebecca would date. In the last year or so, the feelings that should have been popping up when they were teenagers were starting to come up. At the age of 24, Austin had finally caught feelings for Rebecca. They were starting to split paths and Austin had finally decided to say the most dangerous eight words that best friends can say to each other.

"What do you mean you are getting married? Didn't you just meet this guy like a year ago? That is way too fast Beccs. You can't just marry the first guy that says something crazy like 'Will you marry me?'" Austin blurted out nervously.

"It's not too fast Austin. A year is plenty of time to know someone! It's

not like we just met the other day. What is your problem with him anyway? Every single time we hang out together you are always giving him your sass to the max."

"I am not sassy..."

"You are very sassy when you want to be, Sassy McSasserPants. What is the matter with you right now? Why aren't you happy for me? You are my best friend, Austin. A best friend would love for their friend to get married. There is going to be a wedding! Open bar, Austin! OPEN. BAR."

"I don't know. I just don't think he is the right guy for you. I'm just sayin', you could do better."

"Haha very funny, Drake...He is perfect for me, Austin! Who else could be better than him?"

"Me?" Austin said looking right into her eyes to see her reaction.

"Come on, Austin. Stop joking around. This isn't a Taylor Swift song." Rebecca started blushing after she said that.

"I think I am in love with you." As Austin finished saying those eight words Rebecca got up and ran outside. "Oh crap." Austin signed the receipt that the bartender put in front of him and ran after her.

"Rebecca, wait!" Austin yelled out in the middle of the mall parking lot. She turned around and Austin's

heart stopped. It was the first time in 22 years that Austin has felt this way when Rebecca has looked at him. Rebecca was no longer the girl that lived next door to him. She wasn't the girl who got stuck in his tree house when they were 11 years old. She wasn't the girl wrapping up his ankle with ice after spraining it while playing basketball when they were 15. She is the best friend that can look so hauntingly beautiful after crushing guys in pickup basketball games when her hair is in a bun and is covered in sweat. She never looked at him this way. She had only taken a few steps toward her car and her eyes were starting to get watery and puff up. When Rebecca finally gained enough composure to say something back she was pissed.

"What Austin? In 22 years of knowing each other this is the first time you say this? 22 YEARS AUSTIN! What about when we were in high school? WHY DIDN'T YOU SAY ANYTHING THEN? I joined the cheerleading squad to get your attention. You didn't even bat an eye at me then. I hooked up with a girl so you would notice me, and you didn't say a thing. I tried and tried to make you notice me, and you SAID NOTHING!"

Austin didn't want this to happen. He didn't want her to be angry with him. He didn't plan on making her cry. Austin was just acting like the teenager his heart had turned into.

"Austin...Give me one good reason

why I should run off with you into the moonlight and never look back. Say anything to me, and I am yours forever." Rebecca said, completely out of energy. Rebecca had a look of despair. She was so confused and she had no idea what to do with the ring box that was still grasped in her hand. Austin walked toward her and took her hand and held it in his.

"It may have taken me 22 years to realize that you are the one for me, but, Rebecca, you are my best friend. You are the one that I want to see first thing in the morning and the last before I go to sleep. You are the girl that melts my heart. I was blinded before, but now that you are about to leave my life I am holding on with all my strength. Please. Don't go. You are the love of my life and I just want you to know that. Stay with me. Marry me. Let's go to California. Let's live the life that you dreamed of when we were teenagers." Rebecca just looked at Austin and it looked like she just wanted to punch him. But the bitch-face look that she had on turned into a small smile as she dropped the ring box to the ground.

"House on the beach, beach chairs on the back porch, drinking fruity drinks out of swirly straws...I always dreamed that it would be you by my side."

Listomania

Rejected PC Courses

Natural Science Core: The Science of the Coolatta

Cooking with Sodexo

Intro to Snapchat: The Selfie and You

Math 136: How to Even

Buzzfeed Journalism

Instagram Filter Photography

DWC: The Destruction of Western Civilization

Foreign Language Requirement: PC Girl

Alcoholics Anonymous

Flappy Bird Aggression Therapy

SOC 400: Thursday Night at Whiskey's

History 600: Golf Party Through the Ages

Trinkets

by Branan Durbin '16
Portfolio Staff

POETRY

Crumpled, dark,
slightly dusty with odd, speckly dirt,
are old scraps of paper
and other assorted gems
in the bottom of my backpack.
Books squash them,
pens join them,
but mostly, they're unfound,
until, that is, I close my eyes
and reach my hand out
to find the glorious—
prayers when my heart is troubled,
knocks on dorm doors late at night,
his hand to hold on a short walk home.
Before I can pull them out,
they're lost again,
decorating the inside
of a lovingly ratty Jansport...
but I think my mind may need cleaning,
too.

PHOTO COURTESY OF MASHAJOJIC

Tiffany & Earl

*Making PC an emotionally stable place one
letter at a time*

This week...

Dear Tiffany and Earl,

I keep thinking that you and me
should be together. I'll be there, always
care, not one action without love.

Sincerely,
Like, OMG

Dear Silly Safari,

Man up. If you think we should be together, then
you should buy me everything I want in this world in
order to prove it.

If I am your girl with the awesome face, then you
should treat me like your princess...that includes
buying me the world and ditching that creepy
sweatshirt I hate (you know which one I'm talking
about).

I can think of a few things I need right now besides
your love...cough, earplugs, cough. I could use some
new Uggs, Keratin treatment, and boxes of Franzia...I
also wouldn't mind some more hairspray...

Seriously, ditch the hoodie.
XOXO

Dear OMG Girl(?),

Earl always enjoys a good time. As a matter of fact,
Earl finds nothing more enjoyable than a good time.

But to be honest, you're coming off a little strong
here. Nobody likes the clingy type. Especially when
the clingy type comes off as crazy obsessive.

Worse than this, you sound like the "commitment"
type, and Earl ain't about that commitment life. Earl
only commits to two things: answering your scrub
questions every week and growing this awesome
mustache.

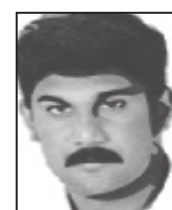
So here's the deal. You ditch the whole clingy love
bit and I'm your guy. Otherwise, I'm going to have
to pass off your offer to Tiff, and, let's be real, no one
wants to deal with Tiff.

Disclaimer

The Tiffany & Earl feature is a satirized account of
Providence College. Both the question and answers are
purely works of fiction. Tiffany & Earl are anti-heroes
whose comments ultimately satirize the stereotypes
they each represent.



Tiffany



EARL

**GOT
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TO SAY?**

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The Mal Brown Club is raffling off a pair of
Providence College men's basketball season
tickets (in section 104) for the 2014-2015
season! Proceeds will benefit the Mal Brown
Scholarship for Providence area PC
students.

Raffle tickets are \$50 and will be available for a
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A Quick Check-up on San Antonio Spurs Guard Bryce Cotton



Former Friar Bryce Cotton '14 in the NBA Summer League

PHOTO COURTESY OF YOUTUBE.COM

by Joey Ciccarello '16
Assistant Sports Editor

NBA

Similar to his college career, Bryce Cotton '14 is starting his NBA career from humble beginnings. Many thought Cotton would be a late second round pick in the 2014 NBA Draft, especially after he burst onto the national scene in the Friars' NCAA Tournament loss to North Carolina, a game in which Cotton scored 36 points and nearly willed Providence to victory. Instead, Cotton's phone went quiet that night. Fortunately, it didn't take long for teams to take interest into signing him, and he landed an invitation to play for the San Antonio Spurs. The situation could not have been more perfect for Cotton; the Spurs are not only the defending NBA champs, and they have built their titles through developing talent and drafting players who have spent multiple years in college before declaring for the NBA Draft.

Cotton's summer was spent in Las Vegas, competing with fellow rookies and other unproven talent in the NBA Summer League. It was just prior to the

beginning of the Summer League that Cotton received the news that the Spurs had signed him to a non-guaranteed two-year contract; in other words, Cotton was officially a Spur. The injury to Spurs guard Patty Mills partially influenced the Spurs to make this move, but Cotton's performance in Vegas only made them feel better about signing him. Showcasing the same scoring ability that made him a college star, Cotton became one of the top players in the Summer League, often scoring in double digits and effectively running the Spurs' intricate offense.

Cotton, who also got married to his longtime girlfriend this summer, will now return to San Antonio and begin training camp with the Spurs. It will undoubtedly be a valuable experience for Cotton, who gets to learn under one of the best point guards in the league in Tony Parker and one of the league's most decorated coaches in Gregg Popovich. The final step for Cotton is being one of the final 12 players on San Antonio's roster come October 28, when the defending champs open their season at home against Dallas.

Will Ray Rice Ever Play in the NFL Again?

Yes

No

There is a general consensus in society that everyone deserves a second chance. There have been endless examples of superstars getting second chances. Michael Vick, Ben Roethlisberger, and Johnny Manziel (who seems to be on his 20th chance) have all rebounded from events that severely damaged their images. What Ray Rice did certainly warrants a lifetime ban, but it just won't happen. My personal opinion aside, what Ray Rice did will unfortunately fade away from public attention and, while it likely won't be in a Ravens uniform, Ray Rice will be back in the NFL next year.

The video of Ray Rice hitting his now-wife was made public earlier this month and, rightfully so, the Internet exploded. Rice, who was only serving a two game suspension, was indefinitely suspended from the League and cut from the Ravens. Without a doubt, the NFL mishandled the entire situation, which is just the highlight in a string of NFL mishandlings this year. While it would make sense to ban Ray Rice for life in order to set an example, as long as Roger Goodell is commissioner that isn't going to happen.

The video is all the evidence one needs to see to draw a conclusion on the case. Unfortunately, society has a short memory and the NFL doesn't have the conviction to make such a statement by banning Rice for life. A year from now, when Rice is backup running back on the Cardinals, who is going to remember this incident?

-James Kirby '15

This summer, the NFL's reputation has taken a serious hit. There have been numerous arrests (including Vikings star Adrian Peterson for injuring his son) that have marred the league's image. Drug violations have led to overly severe punishments—Wes Welker of the Broncos and Orlando Scandrick of the Cowboys were suspended for the first four games of this season for amphetamines, and Josh Gordon of the Browns was suspended for a full season for multiple positive marijuana tests.

What has put the NFL and commissioner Roger Goodell the most under fire? The Ray Rice scandal. The running back was initially arrested after being caught on video dragging his unconscious fiancée (now wife) out of an elevator. Despite an outcry that pushed for a long suspension, he was only barred two games. On Sept. 8, TMZ released a video showing him punching her in the face, knocking her out cold in the elevator. The reaction was immediate—Goodell banned him indefinitely and the Baltimore Ravens released him.

Ray Rice will never play in the NFL again because the above controversies damaged the image of the League and Goodell in particular. They have already shown harshness towards drug offenders and lenience towards violent offenders. Even if the league does reinstate him, no team will want to be seen as enablers of this behavior. Ray Rice will never be an NFL player again because he is going to be used as an example for how not behave as a professional.

-Jeff Williams '17

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PC Cross Country Keeps on Rolling

Men and Women Win both of First Two Events this Season

by Nate Svogun '16
Sports Staff

CROSS COUNTRY

Providence College's Men's and Women's Cross Country teams have put forth a good number of outstanding seasons in past years, and from the looks of it, the tradition of success will continue this season. Following twin victories at the University of New Hampshire's Dual Meet, the men's and women's cross country teams emerged victorious again at the Wolfie Invitational, which took place this past Saturday, September 13, hosted by Stony Brook University.

In a field comprised of Columbia, the University of Connecticut, Marist College, and Stony Brook, as well as PC, the men's team secured a convincing win, capturing every spot in the top three. Shane Quinn '15 finished the eight-kilometer course in first place with a time of 24:53.28. Thomas O'Neill '18, named Corvias ECAC Men's Cross Country Rookie of the Week and Big East Male Athlete of the Week after an impressive first place victory at the UNH Dual Meet, finished just a fraction of a second behind Quinn, with a time of 24:53.61. Brian Doyle '15 was right there with the top two finishers, finishing in third place (24:53.95).

Trevor Crawley '17 was the next Friar across the finish line, coming in ninth place, posting a solid time of 25:14.82, while Hugh Armstrong '17 finished in 11th place after posting a time of 25:18.57.

The other eight PC athletes who ran for the men's team submitted strong performances as well. Harvey Dixon '16 finished in 12th place (25:26.32), with Joseph Vercollone '16 right behind him in 13th place (25:31.57). Stephen Robertson '16 crossed the finish line in 16th place (25:45.26), while Christian Costello '16 finished 24th (25:58.76), and Jake Feinstein '17 finished 29th



Three Members of the Cross Country Team in the Event Last Week

PHOTO COURTESY OF LAURA NAGEL '14

(26:11.59).

Brendan Sullivan '16 finished 31st (26:22.42), Brendan Ungemach '18 finished 40th (26:38.75) and Jonathan Estrada '17 finished 56th (27:14.75) in what was an all around impressive showing in a field of eighty-one runners.

The defending NCAA Champion women's cross country team also achieved excellent results in a field

of 63 runners. Up against Marist, Stony Brook, and Columbia, the team was able to secure three spots in the top four, as well as a victory on the day. Brianna Ilarda '18 ran very well in her debut as a college athlete, finishing as the first PC runner, and the second runner overall, with a time of 18:41.86 on the five-kilometer course. Several seconds behind her was promising rookie and Big East Female Athlete of the Week

Katie Lembo '18, who finished in third (18:47.51), as well as Lauren Mullins '16, who came in fourth place with a time of 18:49.03.

Mackenzie Barry '18 finished next for PC (19:19.54) in 15th place, followed by Katie Sischo '16 (19:23.56) in 16th. Molly Keating '16 came in 19th place (19:31.72), Julie Solimine '15 finished 21st (19:36.40), and Keelin Hollowood '17 finished 23rd (19:44.94).

Jillian Fanning '18 crossed the finish line 26th with a time of 19:50.50, while Devyn Pryor '15 (19:58.50) and Caille Kohlbrenner '15 (20:03.83) crossed in 27th and 29th place respectively to round out another complete performance.

After the meet, Ilarda described how it felt to cross the finish line in her debut meet. "I was feeling confident when I was the first PC runner to cross the line, especially because this was my collegiate debut," Ilarda said, adding, "I guess things just worked out for me on the day."

When asked about the PC women's team's chances of repeating as NCAA Cross Country Champions this November, Ilarda was cautiously optimistic. "I think we have a strong team this year, who are so supportive of one another, and committed to give everything out there," she emphasized, noting, "This is what I think makes a championship team so we will just have to see how things go!"

The men's team is also expected to compete for an NCAA title, after a strong 2013 season in which they placed fourth in the Northeast region, and 16th at the NCAA championship. A pre-season NCAA poll has them ranked 16th in the nation for the 2014 season as well.

The PC men's and women's cross country teams will compete next on Friday, September 26 at the Boston College Invitational in Franklin Park, Boston, Massachusetts.

Men's Soccer Loses a Heartbreaker

by Sarah Wacik '15
Sports Staff

MEN'S SOCCER

Over this past weekend, the Providence College Men's Soccer team kept up their strong early season play as they opposed the Brown University Bears and the Clemson University Tigers. The team's strong overall performances in each game resulted in overtime to decide a victor.

On Friday night, the Friars faced off against the cross-town rival Bears in a well-played game. In the first few minutes, Brown had a great scoring opportunity but was thwarted by the efforts of keeper Keasel Broome '14RS. The first half was evenly fought battle between the two sides, but Providence managed to strike first. With a few minutes before the halftime whistle, Markus Naglestad '14RS masterfully placed a free kick from outside the 18-yard box into the bottom corner of the net. The goal marked Naglestad's team-leading fifth goal of the year. In the 68th minute, Brown netted a goal on a free-kick deflection to even the score and several minutes later they took a 2-1 lead off of a corner kick header into the back of the net. However, the Friars quickly responded to Brown's two



The Men's Soccer Team Huddled Towards the End of a Game This Season

PHOTO COURTESY OF LAURA NAGEL '14

goals when Mac Steeves '17 launched a 24-yard shot into the bottom left corner. At the end of regulation, the score was tied 2-2. In the 96th minute, Daniel Neustädter '18 found an opening in the Brown defense and beat the keeper in a one-on-one situation to notch the game-winning goal. The goal marked Neustädter's first collegiate goal.

On Sunday afternoon, the Providence squad opposed Atlantic Coast Conference rival Clemson. The Friars had a few early opportunities,

but were unable to capitalize. After a foul in the PC box, Clemson was awarded a penalty kick and recorded the first goal of the game by beating Broome on a narrow margin. This play only sparked the Friars, who retaliated in less than four minutes. Julian Gressel '17 sent a pass outside to Fabio Machado '15 who managed to find the back of the net from a difficult angle and stun the onlooking Clemson keeper. In the second half, PC almost took the lead when Broome blasted a goal kick up the field to Gressel, who beat a defender and

barely missed a goal. A full 90 minutes proved to be insufficient for both sides, so the match was sent into overtime. Unfortunately, Clemson scored in the 93rd minute on a golden goal to defeat Providence.

Overall, the Friars went 1-1-0 over the weekend and are 4-2 for the season. The men's soccer team looks forward to a home match against Northeastern on Saturday, September 20, at 7 p.m. on Ray Treacy Track.



SPORTS

Volleyball Hosts Friar Invitational

Team Picks Up First Two Wins in 10th Anniversary of the event

by Veronica Lippert '15
Sports Staff

VOLLEYBALL

The Providence College Volleyball Team opened their home season this weekend with the Friar Classic, hoping to build off of last season's turnaround. The Friars had a rocky start to the season, but picked up their first two wins of the season over the weekend.

Providence dropped their first game of the tournament on Friday night in four sets. Morgan State took all three of the sets they won 25-17, while the Friars showed some fight in the third set, winning it handily 25-13. In the fourth set, the Friars kept the score close, but eventually fell behind, dropping the set 25-17. Kayla Fitzgerald '17 led the Friars with 11 kills. Fitzgerald has continued her strong freshman season into this year, becoming a key player for the Friars.

On Saturday morning, the Friars struggled through their first set against Farleigh Dickinson, dropping it 25-20. Providence pulled even with a hard fought second set 27-25, before handily winning the next two 25-19 and 25-15. Four Friars recorded double digit kills in the game: Fitzgerald, Abbie Trzeciak '18, Mackenzie Ziegler '15, and Annie Russian '15.

The Friars swept Quinnipiac 3-0 in their later game, jumping to six straight set wins, a streak that remains active for their next tournament in the upcoming weekend. The Friars dominated the first two sets, tallying



Michelle Cruz '17 Serving in a Match Last Season

PHOTO COURTESY OF KELSEY CHEPIGA

wins of 25-14 and 25-16. The third set was far closer but Providence eventually came away with a 25-21 win. Providence dominated the early sets of the game on the strength of their defense, which was led by Michelle Cruz '17's match-high 22 digs.

Two Friars posted career highs in Saturday's games. Jordan Wiesler '16 was a force for the Friars against Farleigh Dickinson, recording a career high in both assists and digs with 56 and 22 respectively. Fitzgerald also recorded a career high in kills in the earlier game against Farleigh Dickinson, with 22 kills in the match.

Morgan State came away with the tournament win and the MVP award, which went to Ariana Hayden who

recorded 36 kills and 29 digs on the weekend. Morgan State dominated through most of the tournament and went undefeated on the weekend, dropping only one set in three games—the one they dropped to Providence 25-13 on Friday night.

Providence is still a young team, anchored mainly by sophomores and juniors, and these young players were the stars of the tournament for the Friars, making major contributions in all phases of the game. These young players earned recognition as well, with PC's two All-Tournament selections going to young players Kayla Fitzgerald '17 and Abbie Trzeciak '18. Both are quickly becoming the Friars' leaders on offense. Fitzgerald reached

double digit kills in all three of the Friars' matches this weekend. Trzeciak recorded 35 kills on the weekend, 15 of them against Quinnipiac, also making major contributions in other phases of the game.

This can still be considered a transition season for the Friars with a new conference and a young team. PC begins its first season in the Big East this year, hoping to build off of last season's relative success in the America East. The Friars will play at the CCSU Blue Devil Invitational next weekend before they begin conference play at Seton Hall.

Athlete of the Week: Keasel Broome

by Bryan Blum '17
Senior Staff Writer

MEN'S SOCCER

Last season, the Men's Soccer Team surprised nearly everyone with a NCAA Tournament win before falling in the second round, victorious in no small part to goalkeeper Keasel Broome '14RS. The anchor of the defense last year, Broome started every game and recorded five shutouts en route to a 12-6-4 record. He also recorded 63 saves last season and posted a save percentage of .704. Going into his final year, Broome looks to continue right where he left off last season.



Goalie Keasel Broome '14RS After a Save In the Bryant Game

PHOTO COURTESY OF LAURA NAGEL '14

Bryan: Coming off a successful season last year, what were your expectations heading into the season?

Keasel: My expectations this year will be to at least repeat the success of last year. We have a lot of guys returning that have experience and the quality within the team is very high.

B: How would you say this season is going so far?

K: I would say the season thus far has been decent. 4-2 so far, but there's always room to improve defensively and offensively as well, to keep our season going and play deep into November and early December.

B: One of your specialties is your ability to save penalty kicks. What would you attribute that success to?

K: I would attribute that success to the coaching staff and their tireless work of scouting the other team and giving us and myself a competitive edge when a PK does occur.

B: I recently heard that you managed to play a game after dislocating your shoulder. If that is true, how did you manage to do that?

K: Yes, that actually happened twice before the Bryant and URI games. I managed to do that by our outstanding trainer and training room staff that helped me rehab and do the necessary

things to be able to play shortly after the dislocation happened.

B: What separates a good goalie from a bad goalie, and how would you say you measure up to your own standards of goalkeeping?

K: I would say at the college level it's not all about making saves that separates a good goalie from a bad goalie. It's organizing the defense, being aggressive off your line, dealing with service into the box, and distribution from your feet and hands. I have very high expectations for myself, and that in itself gives me motivation to be the best I can be day in and day out.

B: What are your future aspirations in life?

K: My future aspirations are to be a professional soccer player.

B: You are very talented at soccer football. What are your thoughts about football football?

K: Haha! I love American football. I used to play back in HS, but I was just the kicker. I love watching college football on the weekends and watching the big conference match-ups. The excitement and hype behind it all is something I love to watch.

B: If you had any super power in the world what would it be?

K: To fly, for sure.

B: I am amazed by your facial hair. Any suggestions to grow out a beard like yours?

K: I am actually trying to grow a beard bigger and better than last year. Hopefully as the weather starts to change I will have something like Tim Howard had during the World Cup.

B: Ketchup on the fries or on the side to dip?

K: Ketchup on the side to dip.

B: Boxers or briefs?

K: Boxer briefs.

B: If a tree falls in the forest and no one is around to hear it, does it really make a sound?

K: Yes.