



Just Keep Slipping

by Andres Taborda '15
Asst. News Editor

CAMPUS NEWS

While the storm's name was not threatening, its impact was surely felt at Providence College this past weekend. The magnitude of Nemo was projected to be close to that of the Blizzard of '78, a storm that shut down the state of Rhode Island for weeks, dumping over three feet of snow.

The Friar Alert that the student body was patiently awaiting came in on Thursday evening. According to weather reports, the storm would arrive in the morning hours, causing Dr. Hugh Lena, provost of Providence College, to cancel all classes on Friday. "I shouldn't have called off in the

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SAADIA AHMAD '14 / THE COWL

The McDermott freshmen helped to shovel out St. Pious Church after the storm.

SAADIA AHMAD '14 / THE COWL

Confidence Achieved, Statement Denied

by Kathleen McGinty '16
News Staff

CAMPUS NEWS

Following its vote of no support for the College's Mission Statement and the formal request made for a vote of no confidence in President Fr. Brian Shanley's, O.P., administration during its Jan. 23 meeting, the Faculty Senate reconvened to further discuss its position on both pieces of business this past Wednesday, February 13. Among the pieces of legislation voted on, the Senate voted 21 to 15 in opposition of accepting a fifth draft of the document as an articulation of the College's Mission Statement, unanimously passed a motion requesting Fr. Shanley meet with members of the Senate to discuss the use of the statement, and 27 to seven in favor of removing the vote of no confidence from the meeting's agenda.

Since the Senate's last meeting on Jan. 23, Fr. Shanley has provided a fifth draft of the College's Mission

Statement, which he coined the "Via Media" Mission Statement, roughly translating to mean middle of the road in Latin. The revised document was delivered last Wednesday, February 6.

"The draft makes pretty much all

exclusive. However, the Senate's push for the placement of the section on academic excellence to be elevated was not included, with the section still remaining third in the statement.

"I think our voice has been heard,"

"The draft makes pretty much all the key changes that the Senate said are absolutely necessary for us to consider it." — Dr. Fred Drogula

the key changes that the Senate said are absolutely necessary for us to consider it," said Faculty Senate President Dr. Fred Drogula. According to Drogula, this fifth draft incorporates many of the changes requested by the Senate, including a substantial section on academic excellence and a revision of the religious wording that the Senate felt made the document too

Drogula said as he addressed the Senate, noting that grievances amongst Senate members about the procedure of drafting the statement should not be forgotten.

Drogula prepared a motion prior to Wednesday's meeting, which the Senate used as a launching point to discuss whether or not

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UNDER THE HOOD

Providence College's Student-Run Newspaper

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World

Vampires are real.

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Commentary

Students react to Kelly Sullivan's '15 article on diversity.

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Pope Benedict XVI Resigns

Many Members of Campus Community Stunned by Sudden Resignation

by Christine Rousselle '13
News Editor

WORLD EVENTS

On Monday, February 11 the world awoke to the startling news that Pope Benedict XVI, Bishop of Rome and leader of the Catholic Church, announced that he would be resigning from the papacy as of February 28, 2013. Immediately, campus started buzzing with response to the resignation, and the Providence College community reacted to the news in a variety of manners.

“I’m going to miss Papa Benny so much.”

Some, like Branan Durbin '16, described themselves as being “really upset” at the news. Durbin, who had seen Pope Benedict XVI at World Youth Day in Madrid in 2011, said that she viewed him as “an inspirational man,” and she “hated” to lose him as pope. Despite her initial distraught feelings regarding the Pope’s resignation, Durbin said that she remains excited for the future of

the Church, saying that she “trust[s] it’s all in God’s hands.” Even still, Durbin admits that she is “going to miss Papa Benny so much.”

Others, like Kevin Collins '13, completely sympathize with Benedict XVI’s decision to step down. “He’s an old guy that’s been having increasing trouble walking for months now. He doesn’t want to be in the public’s eye as his health degrades further. It’s completely understandable,” explained Collins.

The last pope to resign the papacy, Gregory XII, did so in 1415 in the midst of a papal crisis and did so to mend the schism. This time around, Benedict XVI cited his age and inability to perform the duties associated with the papacy as the reason for his resignation.

Unlike in 1415, where people discovered news of Gregory XII’s resignation through word of mouth and letters, today people learned of Benedict XVI’s resignation as it was being announced via social media like Twitter and Facebook.

When Pope John Paul II died in 2005, Twitter had not yet been created and Facebook was restricted to college students.

Meredith Cook '13 was one of the many people who learned of the papal resignation on Twitter. Cook hopes that the Church will use the next pope to modernize and improve communication and outreach with the current generation. Cook feels as though the younger generation has trouble agreeing with and understanding the Church’s positions and beliefs.

“I also really hope the next pope is African,” explained Cook. “I think it would really help our global community reach out to those in need in places like Africa.”

Many share Cook’s thoughts regarding an African pope, and two African cardinals, Cardinal Peter Turkson of Ghana and Cardinal Francis Arinze of Nigeria, are listed as front-runners for

the papacy in several bookkeeping websites.

Another person being discussed for the post is Cardinal Marc Ouellet of Quebec. A North American pope would be another first for the Church. Pope John Paul II, who reigned from 1978-2005,

“I also really hope that the next pope is African. I think it would really help our global community reach out to those in need.”

was the first non-Italian elected to the papacy in over 400 years. Cardinal Ouellet is considered to be relatively young at 68 years old and has extensive experience working in South and Central America, both heavily Catholic areas. Cardinal Arinze is currently 80 years old and Cardinal Turkson is 64 years old.

The official process for electing a new pope, conclave, is expected to commence in mid-March, with the new pope hopefully being elected by the beginning of April. There is no deadline for the College of Cardinals to elect a new pope.



COURTESY OF EXPRESS.CO.UK

MISSION: No Approval on Statement Yet

Continued from front page

to approve the fifth draft of the Mission Statement and how the statement should be used in hiring and academic course approval. In Dr. James Keating’s opinion, the explicitness of the Catholic and Dominican nature of the College has been increased in the new Mission Statement.

“Now we have [a statement] that’s more robust,” said Keating, chair of the Committee on Academic Affairs, leading him to question how the new document will be used.

In the past, the College’s Mission Statement has been used in course approval, requiring proof as to how a pending course would fit in with the document. Moreover, according to Drogula, the practice of using the Mission Statement in hiring began 15 years ago with the last president of the College. However, according to Fr. Gabriel Pivarnik, O.P., the Faculty Senate representative on the Mission Committee, there has been no conversation that the use of the document will now change.

Following the discussion on the use of the Mission Statement, members of the Faculty Senate voted with secret ballots on whether or not to accept the fifth draft as an articulation of the

College’s mission. The motion was not passed by a margin of 21 to 15. The Senate also voted unanimously to invite Fr. Shanley to meet with representatives of the Senate to discuss and decide the role the Mission Statement should have in hiring faculty and in academic course approval.

As for the request for a vote of no confidence in the administration, Dr. Paul Czech, who made the proposal at the January Senate meeting, expressed the rationale behind his action, noting that his lack of confidence stemmed from the relationship between the faculty and the administration.

“I think that relationship should be reassessed,” he said. Keating agreed, noting that “We have to change the dynamic.”

The Senate voted with secret ballots to either remove or table the vote of no-confidence. Twenty-seven voted to remove the vote of no-confidence from the agenda, while only seven voted to move the vote to the Faculty Senate’s next meeting.

After Wednesday’s Senate meeting, it is understood by Drogula that the Board of Trustees will meet Thursday, February 14 via a phone conference to vote on the fifth draft of the Mission Statement.

Student Congress Updates

by Jackie McCarthy '14
News Staff

STUDENT CONGRESS

- The Class of 2013 announced the new date for 113 Nights, March 23. The refund policy for any tickets bought for the original 113 Nights will be instituted by the SAIL office.
- The Class of 2014 is excited for Midnight Zumba, and they are working with the Publicity Committee to get the word out.
- The Class of 2015 is looking to revamp the “Tip Now. See It, Text It” system where students can report emergencies anonymously.
- The Class of 2016 is pursuing a Coffee House meet and greet in McPhail’s. There is also a possibility that they will be presenting a lifeguard certification legislation in the future.
- There were two new proposed legislations. The first was for the Establishment of the Position of Alumni Ambassador (SCA 63-06). The position apparently existed a number of years ago and Congress is looking to bring it back. The position would allow Congress to maintain communication with its alumni. They will be working with the Publicity Committee to get this up and running.
- The second piece of proposed legislation was the proposal of Feinstein Reservation for Group Use (SCRC 63-08). This would offer students another place to study besides the library and Slavin.



@TheCowl

Former NBA Player Chris Herren Addresses Students, Athletes

by Carolyn Bothwell '15
News Staff

CAMPUS EVENTS

"And I said to myself, you have two choices: get help, or get high," recalled Chris Herren, former Celtics player and recovered drug addict. On Monday, February 11, PC BOP, Recreational Sports and PC Athletics co-sponsored Herren's lecture on the dangers of drugs and addiction for college students and athletes.

Chris Herren, a Fall River, Mass. native, grew up within a half an hour of Providence College. At age 18, Herren, the McDonald's All-American, was recruited to every school in the country for his basketball talents. With bright horizons, Herren had it all; a scholarship to Boston College, a two-page spread in *Sports Illustrated*, and a prospective NBA future.

"Little did I know, my dream come true was my nightmare beginning," Herren recollected. When he was 18 years old, Herren experimented with cocaine for the first time. This "one-time deal" became a dark future as his passion for basketball competed with his obsession with drugs.

Herren spent his first season with a fractured wrist and multiple failed drug tests, which resulted in the termination of his career at BC. Jerry Tarkanian, a believer in second chances, recruited Herren to Fresno State in California to play for his team. Herren had the best season of his career during his sophomore year with Fresno State. Unfortunately, his increased success and ego boost resulted in an upsurge of cocaine abuse. Regardless of Herren's consistent narcotic intake, he made it to the NBA.

"My first memory as a Boston

Celtic was hanging on a street corner waiting for OxyContin just minutes before my game," Herren confessed.

As the starting point guard of the Boston Celtics, Herren was more concerned with getting his hands on "that little yellow pill" than on a basketball. He was more involved with his drug dealer than he was with his wife and child.

After Shaquille O'Neal tore Herren's rotator cuff, Herren's career with the NBA was over and he went to play basketball overseas. "I used to say, 'All I do is drink and smoke.' Six years later, I'm in an alleyway with an Italian shooting heroin in my arm," he told the audience. Herren could not last 10 days without drugs, so he quit the team and returned home to the Portsmouth, R.I.

Herren's roller coaster battling

"My first memory as a Boston Celtic was hanging on a street corner waiting for an OxyContin just minutes before my first game."

addiction seemingly hit rock bottom when he overdosed on heroin outside of the local Dunkin' Donuts. In years to come, Herren faced two more narrow escapes from death. He attempted to commit suicide and overdosed for a second time. Herren spent nights homeless on the streets, abandoning his family.

"At 27 years old, my son asked me, 'How come you don't wanna be my Dad no more?'"

Herren moved back home, but drugs remained his first priority. "One line, one pill, 14 years, I'm a broken junkie," he reminisced. Herren was checked into a rehab program for the third time in his life at age 32. Throughout that year, Herren found his faith and finally came to his senses.



COURTESY OF EXNBA.COM

Chris Herren was a former NBA player who became addicted to drugs.

"My faith, my recovery, finally brought me peace," Herren said gratefully.

Now, at age 37, Chris Herren has been sober for almost five years. "When I became coach-able, I became sober. And when I became sober, I became a dad and a husband." Herren is grateful everyday for his experiences, his sobriety, and his family. He has since founded Project Purple, a non-profit organization against substance abuse.

Herren's lecture had a tremendous impact on many students and athletes that attended the event. "It was really inspiring and opens your eyes to how such a small decision can have a lasting impact," Ted Bancroft '14, a PC basketball player and SAAC member said.

Christina Troy '15, a member of the tennis team, echoed Bancroft's sentiments, saying, "It was very interesting and as an athlete it reminded me how I always need to take care of my body."

Other athletes sympathized with Herren's story and saw it as a cautionary tale for their own lives.

"As an elite athlete with a golden future, Chris and myself have a lot in common. His story definitely had a big impact on me. It showed how you may feel a couple small decisions may not be a big deal but can take you down a very bad path." He continued, "It's a good example for me to consider in my future endeavors and how big an impact my decisions can have on my friends and family," said Kevin Hart '14, a defenseman on the ice hockey team.

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Alyse Bailey '14 Leads the Way for PC Dance Club

by Kathleen Sullivan '14
Senior News Writer

CLUB PRESIDENTIAL SPOTLIGHT

"Dance Club runs my life!" Alyse Bailey '14 exclaimed with a laugh and a smile when asked about her responsibilities as president of Providence College's Dance Club. Bailey is a junior business management major from Bridgewater, Mass., and she simply loves to dance and share that passion with others.

Bailey explained that Dance Club is PC's only dance group that is run entirely by students. The club is comprised of the executive board, choreographers, and members who all share a passion for dance, no matter their skill level. That, Bailey pointed out, is the other great thing about Dance Club: it is open to everyone, regardless of skill. The only audition aspect of the organization is the choosing of the student choreographers who vie to create and lead others in learning routines throughout the semester. Dance Club performs one show each semester for two nights in a row, and in preparation for that, "choreographers meet for hour-long classes every week up until the show. This makes about eight rehearsals, or eight hours, in total to put these dances together," Bailey explained.

In addition, Dance Club also holds weekly Sunday classes that highlight many different types of dance that give participants the opportunity to try something new and have fun. These classes are run by current students,

and even dance instructors from outside companies.

Dance Club includes every type of dance you can think of, but mainly focuses on lyrical, contemporary, jazz, tap, and hip hop pieces. Bailey and the rest of Dance Club are open to trying any new type of dance people are enthusiastic about, noting that this semester they are planning to do a "jazz cha-cha" piece in the performance.

"My favorite thing about Dance Club is that there is no experience

necessary," Bailey stated. "I grew up dancing at the studio at my school, and it was always very intense and competitive. Going into college, I wanted the chance to do it just for fun." Bailey mentioned her favorite success story about her friend Nicole Lipari '14, who joined Dance Club having no prior experience and has grown so much in her dancing skills and passion for dance. "It's really great that it gives everyone a chance to dance, and that the people involved

are all having fun." Bailey noted that everyone is always willing to do everything they can to help one another, and it is truly a great learning experience for new people.

Granted, it is not always fun and games for the president, who is in charge of sign-ups, selecting choreographers, organizing meeting times and rehearsals, and planning the shows. Bailey acknowledged that it does get a bit stressful at the beginning and end of each semester, but she is happy to take on the challenge along with her fellow executive board members. "I definitely wouldn't be sane without the other four girls." The rest of the executive board includes Danielle Coles '13, vice president, Michaela Cameron '13, secretary, Brianna Lutz '13, treasurer, and Katie Kauffman '13, publicity chair. Bailey swears she has the absolute best executive team possible, as they are always there to help each other out and work well together.

Bailey sees her role as president of Dance Club less about leading and directing others, and "more about working together to create something beautiful." Participating in Dance Club has helped her grow as a person by allowing her to come out of her shell and by getting to know a lot of people. She explained, "With dance, you get to know people in different ways and it is great to meet people with the same deep love for dance, but also connect with people from all different backgrounds. Dance is its own language and everyone can speak it."



MORGAN PEKERA '15 / THE COWL

Alyse Bailey '14 appreciates the relaxed nature of PC Dance Club compared to her previous dancing experiences.

Business Owner Shares Her Success Through Teaching

by Elizabeth Nako '15
News Staff

FEATURED PROFESSOR

Faith Lamprey is a woman of many dimensions. Not only is she a professor at Providence College for the Department of Accountancy, but she is also an entrepreneur and a successful businesswoman. Lamprey, a Rhode Island native who has lived in different places all over the Northeast, knew business was her calling when she attended Elmira College located in upstate New York, where she double majored in economics and computer science.

While at Elmira College she was a distance freestyler for her college's swim team in which she was the ECAC Athlete of the Year at her school. She then went on to receive her MBA from the University of Rhode Island. Her first jobs in the business world included a computer auditor and consultant for a big auditing firm.



CONTRIBUTED PHOTO

Faith Lamprey is a fan of British cars, especially Austin Minis.

Her love of British sports cars is evident in that she is a co-owner of a publishing company, Enthusiast Publications, LLC that comes out with a newspaper every month about the British car club scene in the US. Although she does not name her cars, she admitted that she does become very attached to them.

If she is such an enthusiast for both computer software and British Minis, then what brought her to PC? Lamprey took extra classes in accounting when she worked for an accounting firm and really enjoyed the material.

Lamprey was approached back in 2006 by an accounting professor at PC who had known her when she worked at an accounting firm before. PC needed an instructor for their Accounting Information Systems class and she was the person who best fit the job.

She loves to teach and describes her favorite part of the profession as having a different class each semester and meeting a new group of

students. Her favorite class to teach is Financial Accounting, the introductory accounting course that all business majors are required to take. One of the difficulties she finds with being a professor is teaching accounting to non-business majors. This is a field that does not come easily to everyone but she is always up for the challenge.

Lamprey also teaches pass/fail Computer Application in Business I and II courses (CAB). Lamprey admits, "I have taught at a lot of different colleges and I have to say I enjoy teaching at PC the most. I really enjoy the students and the high caliber of the faculty at the College School of Business." She believes that the accreditation of PC's business school was excellent for the school's reputation and was a long process, but worth the effort.

Lamprey is a perfect example of doing a job he or she loves and never working a day in one's life. She said that if she ever retires she will travel. She goes to Mexico every year for a "getaway" between the semesters, but she would also love to see more of Europe. Lamprey says, "Right now, I am actually doing everything I want to do, teaching and running my own company."

Olivia Haddad '14 is College's Nominee for Truman Scholarship



CONTRIBUTED PHOTO

Olivia Haddad '14 is currently studying in Washington D.C. in the Washington Semester Program.

by Micaela Cameron '13
News Staff

FEATURED STUDENT

For many college upperclassmen, the road after graduation is a giant path of uncertainty. For Olivia Haddad '14, the future is not formidable, but full of opportunity. Haddad, a native of North Providence, is a health policy and management major and political science minor. Recently, Haddad has been selected as the College's nominee for the Harry S. Truman Scholarship. The Truman Scholarship is awarded to approximately 65 students across the country who are interested in pursuing a career in public service. Students who are awarded with the scholarship are eligible to receive funding to further pursue their education through graduate studies.

Haddad first heard about the scholarship through an email from the honors program at the College. She then spoke to her advisor, Dr. Robert Hackey, director of the Health Policy and Management Program, and Dr. Eve Veliz, faculty representative for the Truman Scholarship. With Hackey and Veliz's help, Haddad looked into the scholarship application process and decided that it was an opportunity of which she wanted to take advantage.

Haddad began the application process in the early weeks of the previous semester by submitting a letter of intent as well as her transcript to the scholarship committee at the College. "Most colleges nominate one student to be their representative in the competition, and Providence College has not had a nominee in some time," said Veliz. "The vetting process to become the campus representative is extremely rigorous, and I am so proud that PC's first nominee in some time is a native Rhode Islander. Olivia has an impressive record of service and internships along with an exemplary academic record."

After Haddad was selected by the College's committee, she gathered her letters of recommendation and completed a number of essays. The biggest essay she completed was a policy proposal in which she highlighted her desired focus of her future education.

As a health policy major, Haddad looked at the effects of the Affordable Care Act on primary physician shortage, the challenges ahead for the 2014 implementation of the Act, as well as the effect that this will have throughout the country. Haddad's interest in the subject was sparked during her introductory health policy class her freshman year. In this class, Haddad learned about the inadequacies in the American health care system.

"When I got the email about the scholarship I realized I have a strong interest in public policy and looking into how legislation can affect so many people around the country. It motivated me to want to do something and further my education so I can propose my own policies and legislation and help as many people as possible," said Haddad.

Haddad's interest in public policy has followed her to the nation's capital where she is studying for the semester. The Washington semester program is offered to four students at the College per year. There, Haddad takes classes with guest speakers and lecturers and interns two days a week with Friar Alum and CEO of America's Health Insurance Plans Karen Ignani.

In the upcoming weeks, Haddad will learn if she is a finalist for the national scholarship. "It was an honor to be recommended. I'm indebted and have a lot of gratitude towards Dr. Hackey and Dr. Veliz and the committee at PC. They did a lot of work preparing me and looking over policy proposal. They have been a very big help and I am very thankful for what the committee has done on my behalf," said Haddad.

After graduation, Haddad wishes to move back to Capitol Hill and work for the Department of Health or Human Services. "We are beginning the vetting process now for current freshmen and sophomores who are interested in a career in policy/public service," said Veliz. "The requirements are a minimum G.P.A. of 3.7 along with a well-documented, extensive record of policy-oriented internships and community service. For those who are interested, the informational meeting will be held on Tuesday, February 27 at 3:30 p.m. in the Slavin Soft Lounge."

**Want your event covered,
in brief?**

Email cowlnewsstaff@gmail.com!

NEMO: Storm Cancels Classes, Dumps Two Feet of Snow on Campus

Continued from front page

morning," said Lena in an interview with *The Cowl*. He continued, "I wanted to cancel classes after 11:20, but a weather report indicated that the storm would be here by that time. Friday morning I said, 'Damn, Lena. You made another mistake.'"

Upon waking up on Friday morning, students witnessed minor flurries, not a blizzard. The anticipated arrival of the storm shifted to later in the day on Friday, after classes had been cancelled, making morning cancellations pointless.

In a bunker-style room in Harkins Hall sits Koren Kanadian, director of emergency management. His job is to prepare and analyze reports whenever there is an impending storm or any other event that could threaten the safety of students and faculty.

Kanadian was responsible for handing Lena the latest reports he obtained from different weather models in order for Lena to make the decision on whether or not to close the school.

His responsibilities were also to communicate with the different departments on campus, such as the Office of Residence Life and Sodexo, to make sure everything was in order regarding housing and food supply for those on campus.

Kanadian, along with Res Life, conducted an inventory of open beds on campus that can serve as temporary refuge from the storm should any student off campus or faculty/staff need to leave their homes. All affected by the storm were able to contact the school for arrangements.

The Safety & Emergency Response Committee was also in charge of the decision-making process to

make sure that the College took the right procedures. Members of the committee come from different departments of campus.

The last storm to hit the campus was Hurricane Sandy in the fall of 2012. Due to the intensity of Sandy, students were on lockdown in their dorms. For Nemo, students were not forced to stay in their dorms, but as Kanadian said, "The campus was actually quiet. Even though we didn't give [the students] an order to stay in the dorms, they did."

Another key player in the process was Major John Leyden, director of the Office of Safety and Security. "My responsibility is to get road conditions from the state police and the conditions on campus," he said.

"Two marijuana incidents, one non-student disorderly person, one non-student suspicious person, and a lone parietal violation."

"I then pass that on to the Provost."

Leyden mentioned in an interview that he worked closely with Bill Hartigan, executive director of the Physical Plant, and Matt Lambert, manager of grounds and vehicles, to provide adequate information to the administration regarding the conditions of the campus as well as the conditions on the roads that bring commuters and employees to the campus.

Students may have seen Leyden, as well as other Safety and Security officers, walking around the parking lots shortly after the abrupt 8 a.m. wake-up call that students with vehicles received. Leyden said that student response was extremely

positive, something that is not usually expected in a storm. "We have 750 cars on campus that needed to be moved," he said. "Out of the 750, only six or seven were not moved. That's just a fantastic response from students, and it eased the process."

Students who do not have vehicles on campus were seen in the parking lots offering to help those students digging their cars out.

Leyden also reported that there were 23 incidents on campus during the storm. There were 13 medical aids with four transported to area hospitals, four fire alarms, two marijuana incidents, one non-student disorderly person, one non-student suspicious person, and a lone parietal violation.

The big question on campus rose on Sunday evening as students began to find out through Twitter that multiple campuses in the area were closed on Monday. The official PC Twitter account, @providencecol, alerted students that the administration was in the process of making a decision. Shortly after, the Friar Alert that no one wanted to hear came. Lena made the decision to resume activity on campus on Monday, as he believed that the campus was clear.

"I don't make the decision alone," said Lena. "I consult with Kathy Alvino, who is the associate vice president for human resources, while taking information and reports from the various departments on campus."

One of Lena's main concerns was off-campus parking. "The other schools around here closed because they have many students who park on the streets," he said. He contacted Leyden and asked him not to turn down any student drivers without a tag. Leyden confirmed that there was enough space in the parking lots to do

that and this resolved the concern of many commuters questioning Lena's decision given the parking ban in the city of Providence.

Lena was quick to point out that social media had a great impact on communication throughout the storm. "Students took on Facebook and Twitter regarding the decision," he said. Most, if not all, of the posts by students on the web were in opposition to the decision made, which eventually made it back to those who made the decision.

Lena drove to campus at 4 a.m. on Monday morning to reanalyze the situation and stood by his decision.

Lena praised the process of decision-making and all those involved. As he prepares to debrief this week, Lena told *The Cowl* one thing that went wrong was communication. "Everyone was sending messages out," he said. "There needs to be one consistent person that sends out messages. It was unfortunate that the messages were coming out from multiple people."

At a stressful time student response made the process smoother. From students helping shovel out their friends' cars to the residents of McDermott Hall taking on the task of shoveling out St. Pius Church, the way students reacted allowed for safer conditions both on campus and in the community, something that Leyden, Kanadian, and Lena praised.

Nemo dumped about two feet of snow on campus, leaving mountains of snow. In the coming days, the snow will be removed by dump trucks, but it may be weeks or even months before the College greens are exposed to sun again.

Get to Know Your Newsies

Carolyn Bothwell '15

Major:

English

Hometown:

Marshfield, Mass.

Fun Fact:

Both of my parents also attended PC.

Most Commonly Found:

Suites Hall

Biggest Role Model:

My older sister, Joanne, who is a senior at PC.

Annoys Her Most:

Misplacing my PC ID

Most Passionate About:

Making the most of my college experience



Are you 21?



Be a driver on a PC Habitat for Humanity Team this Spring Break!

Contact Gabriella Carbone at gcarbon4@friars.providence.edu



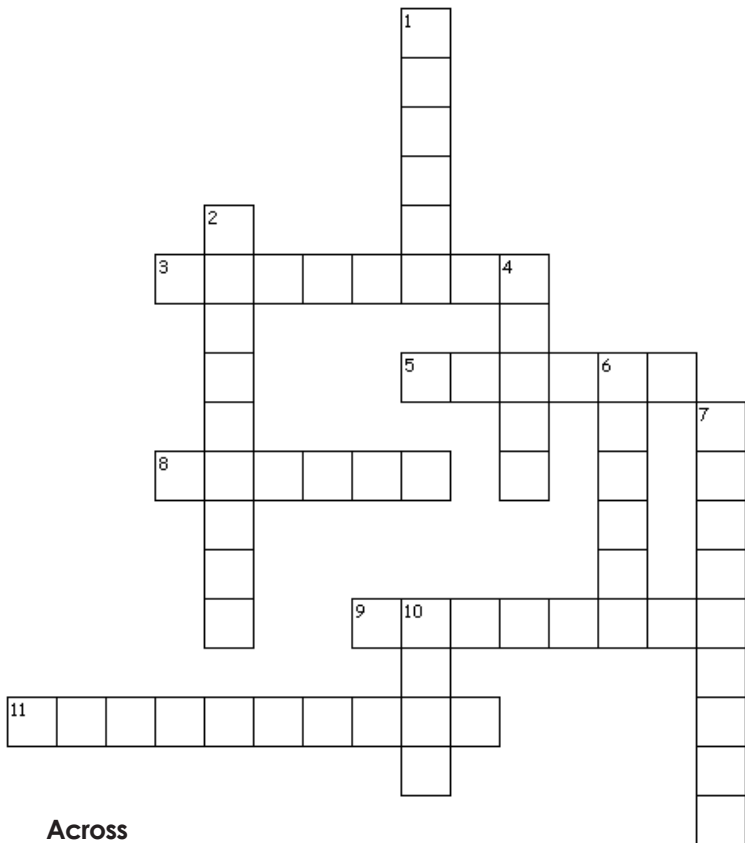
Sponsored by Campus Ministry & PC Habitat for Humanity

Habitat for Humanity®

The Procrastination Station

Featuring Arizona, who was granted statehood 101 years ago today

Famous Arizonans



Across

- 3. The second oldest Jonas Brother.
- 5. Singer of "Everywhere."
- 8. Actor who played "Kyle" in *Kyle XY*.
- 9. Congresswoman who was injured in 2012 shooting.
- 11. Landed a vault on an injured ankle in the 1996 Olympic gymnastic finals.

Down

- 1. ____ Sparks, winner of season six of *American Idol*.
- 2. Unsuccessful candidate for president in 1964.
- 4. Titular actor in *Meet Joe Dirt*.
- 6. "School's Out" singer known for eyeliner.
- 7. Red-headed actress from *Superbad* and *Easy A*.
- 10. Don ____, controversial radio show host.

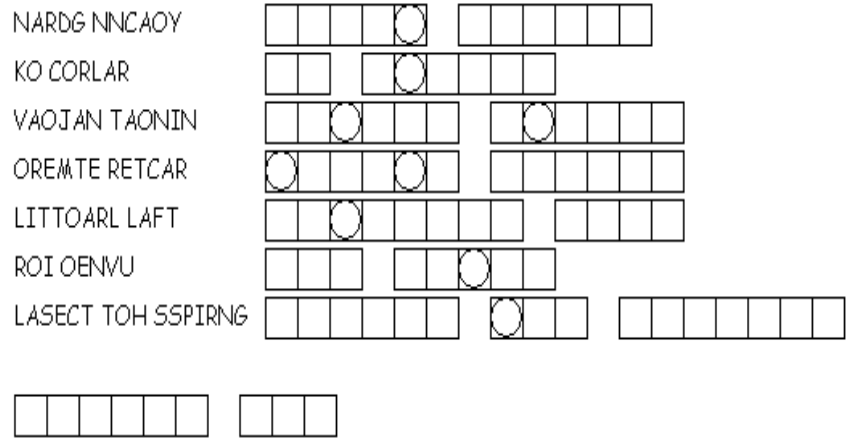
Math Square

	X		-		19
X		X		+	
	X		+		79
+		-		+	
	X		+		12
38		37		14	

Directions: Using the numbers 1 through 9, fill in the grid. Each number is only used once. Each row is a math equation. Each column is a math equation. Multiplication and division are performed before addition and subtraction.



Arizona Landmarks



by Christine Rousselle '13
News Editor

PC Picture of the Week



Meet the newest recruit for the Providence College Men's Basketball Team

PC Tweet of the Week



Got a suggestion for the PC Picture of the Week or PC Tweet of the Week? Tweet us @TheCowl!



Vampires Among Us: Turkish Man Suffers from Human Blood Addiction Professor Weighs In on Bizarre Mental Illness

by Naomi Eide '13
Senior World Writer

TURKEY

Not very often does an actual vampire crop up in the news. Since the booming popularity of cult favorites like *Buffy the Vampire Slayer* and *Twilight*, people have assumed somewhat vampiric identities without actually consuming blood. Reports have recently emerged out of Turkey of a real-life vampire addicted to human blood. According to a report released last Friday by the *Journal of Psychotherapy and Psychosomatics*, a 23-year-old man was treated for his human blood addiction. He began his treatment after being arrested several times in previous years for stabbing and biting others to collect and drink their blood. He was even able to have his father take blood bags from a local blood bank to satisfy his craving.

The *Journal of Psychotherapy and Psychosomatics* published a study on the Turkish man last fall after doctors discovered he was suffering from dissociative identity disorder (DID), post-traumatic stress disorder (PTSD), chronic depression and alcohol abuse. DID was made famous by the story of Shirley Mason, or Sybil, who was documented to have 16 separate personalities as a result of chronic physical and sexual abuse from her mother as a child.

Dr. Fred Drogula, associate professor in the Providence College history department, posits that the Turkish blood addict could in fact be an example of someone suffering from Renfield Syndrome, also known as clinical vampirism. Drogula says that Renfield Syndrome is “thought to have

its origins in a childhood trauma of some sort, although it is also connected with the belief that drinking blood confers immortality.” In documented cases of Renfield Syndrome, Drogula says that people “start by drinking their own blood, then start drinking the blood of animals, and end up seeking out the blood of other humans.”

The young Turkish man, however, is the first to have a documented case of vampirism associated with DID. Doctors concluded that DID, which is often linked to childhood abuse and neglect, in the blood addict’s case was a result of his mother’s “freak out” episodes where she would attack him when he was a child.

Doctors also found a series of traumatic incidents later in his life which they believed contributed to his separate vampire personality. Before his two-year blood sucking phase began, the Turkish man witnessed his four-month-old daughter become ill and die, he saw his uncle murdered, and witnessed another murder when “one of his friends cut off [a] victim’s head and his penis.”

The blood addict began satisfying his craving by cutting his arms, chest, and belly with a razor, allowing the blood to drip into a cup so he could drink it. As his addiction developed, he eventually began to seek blood from other sources, which is when he began to stab and bite others to satisfy his craving which he said was “as urgent as breathing.”

The doctors, led by Direnc Sakarya, of Denizli Military Hospital in southwestern Turkey discovered that the man was plagued by an “imaginary companion” who forced him to commit the violent acts and



PHOTO COURTESY OF THETIMES.CO.UK

The Turkish “vampire,” identity unknown, fed his blood addiction primarily through violent acts. He also supplemented his need for blood by consuming stolen blood bags.

even attempt to commit suicide. The doctors concluded that the “imaginary companion” was a result of his body switching personalities, leaving him with memory gaps in his daily life, losing track of his bloody crimes, and finding himself in new places without being able to recall how he got there.

Since his treatment began, doctors say that his blood cravings are in remission, though he still is suffering from DID. Doctors are worried about potential health consequences, as the human body is not well adapted to

digest blood. There is concern that the man could suffer from an iron overdose or potentially contract a blood-borne disease.

Drogula says what makes this case most disturbing is that “the man in question is drinking human blood,” therefore making him a cannibal. Drogula adds that “in various parts of the world, people have happily eaten ‘blood sausage’ or ‘blood pudding’ for centuries, but those, of course, are made with animal blood.”

Retaliatory Russia Halts Adoptions to United States Both Countries in Protest; Thousands of Children Affected

by Ben Remillard '13
World Staff

RUSSIA

On December 28, Russian President Vladimir Putin signed a law banning the adoption of Russian children by Americans. The law was passed in response to an American law that targeted Russians accused of human rights violations.

Led by Senator John McCain, the law, named for Russian lawyer Sergei Magnitsky, blacklisted Russians accused of human rights violations from both entering America and from owning assets here. Magnitsky tried exposing government corruption and tax fraud, but was arrested on charges of tax evasion and died in prison in 2009, days before he was to be released. A Moscow judge acquitted the only official to be charged in Magnitsky’s death. The New York Times reports that Dmitry Kratov, the former head of medical services at the prison where Magnitsky was held, was let off for charges of negligence after repeatedly refusing requests for a life-threatening illness. Putin defended the ruling

by saying Magnitsky died of a heart attack.

The New York Times reports that many orphans that had already been told they would get new parents would be affected by the decision. Some cases were allowed because they were approved by a judge before the passing of the bill. New Jersey residents, Robert and Kim Summers, were one such family able to bring their adopted child through to the US. After fearing that they might not be allowed to bring their child home, they implored Putin to “please, consider alternate means, but don’t let these children suffer. Please. That’s all we ask.”

CBS News reports that the State Department estimates 50 American families had their adoptions approved by a judge prior to the passing of the law. At the time the law was put in effect, however, 1,000 American families were in the middle of the adoption process.

In January, thousands of Russians marched in protest of the law across Moscow. The Huffington Post reports that nearly 20,000 people took part in the demonstrations. Russian opponents of the measure argue that the law victimizes children to make a political point, a contention

mirrored by McCain.

The New York Times reports that several Russian commentators have compared Putin to the biblical King Herod, who signed the adoption ban on the same day that the Orthodox Church commemorates the massacre of infants in Bethlehem.

The Kremlin, in response to the protests, said that the demonstrations were unpatriotic and were proof of anti-Kremlin opposition being funded by Americans abroad.

Russian Prime Minister Dmitry Medvedev partially defended the decision by saying, “In our country we know a lot of cases when children adopted by American parents died or were tortured or lost their health in the US.” Pressed further by CNN reporter Fareed Zakaria about documentation of this point, Medvedev argued, “These cases have been described on Russian TV and the Internet, even,” though perhaps “the cases, maybe they don’t reach you [in America].”

The law, known as the Dima Yakovlev Act, is named after a Russian child—later named Chase Harrison by his adoptive American parents—who was left in a parked hot car and died. The Washington Post reports that stories such as

Harrison’s are “widely reported” in Russia, feeding into a “version of Russian nationalism that sees the United States as a violent, dangerous place.” The numbers, however, do not reflect this claim. The Washington Post reports that since 1998, out of the tens of thousands of orphans adopted by US parents, 19 have died. Meanwhile, 1,220 adopted children in Russia have died.

Conditions in Russian orphanages are notorious and have been in decline since the fall of the Soviet Union. According to The Washington Post, due to increasing social problems—joblessness, alcoholism, drug use—80 percent of orphans are deemed “social orphans,” children whose parents turned them over to the state because they were unable to care for them. The new adoption ban puts increased pressure on an already stressed system to provide for and find homes for more children in need. UNICEF reports that 740,000 Russian children are not in parental custody.

PHOTO COURTESY OF VOANEWS

Hong Kong's Poorest Forced into Abysmal Housing Conditions

by **Conor McGinley '15**
World Staff

HONG KONG

Hong Kong harbors a disturbing secret. While the rich live lavishly in extravagantly decorated estates, the poor are forced to dwell in wire cages resembling oversized lobster traps, and many struggle to make the necessary payments.

The incessantly rising cost of housing in the metropolis has forced nearly 100,000 citizens of Hong Kong to live in what the Society for Community Organization calls "inadequate housing."

These cages can be found in towering buildings that seem to threaten collapse. Many times, more than 20 people can be squeezed into a room only 625 square feet, with wire mesh dividing the space into cubicles. The cages are often stacked one on top of the other and are no wider than a coffin.

The people who inhabit these cages have everything they own with them. Crammed inside a cage with a roof too low to stand, the inside is packed with clothes, dirty dishes, and blankets - anything that will fit.

And, not surprisingly, the conditions are nightmarish. Lice, bed bugs, cockroaches, and lizards plague those living in cages. There are no



Yeung Yin-biu, 77, sits in his cage. This metal cage, similar to a prison cell, is what he must call home. Hong Kong is facing a housing crisis, where many of its poorest residents are forced into "inadequate housing."

working toilets, and they must wash their clothes in a bucket. Temperatures inside of these buildings can easily reach the high 90s, creating a breeding ground for pests and bacteria. Illness and infection run rampant, with no

easy way to put an end to it. But what can they do? They must make this a way of life. They must make the decision of life in a cage, or life on the street.

Amazingly, these cages do not come

cheap, and many of the inhabitants find a real issue in coming up with the necessary funds. The average price of renting one of these cubes is about \$150 (HK \$1,160) per month.

The cages are mostly populated by single, aged men who have been laid off due to the recent economic downturn in Hong Kong, and those who do not have a family to rely on for support.

Although the government of Hong Kong is aware of the bleak situation that thousands of citizens find themselves in, they find it difficult to remedy.

Leung Chun-yin became Hong Kong's chief executive this past July, vowing to create more affordable housing for the city's poor. Yet promises are not enough for many, and dissatisfaction and resentment toward the government has been steadily increasing.

Chun-yin has stated that the middle class's inability to purchase decent housing is a serious threat to social stability and is therefore among his top concerns.

Regardless of the measures taken to put an end to these squalid living conditions, it is not a problem fixed overnight. The cold reality is that most people who currently live in the cages may never see their condition improve.

Nemo Finds Northeast Storm Brings Historic Snowfall, Power Outages; PC Students React

by **Korbin Bullard '16**
World Staff

NORTHEAST

This past Friday, New Englanders found themselves engulfed in what was considered one of the worst winter storms in over a decade. Winter Storm Nemo ravaged New England with more than 20 inches of snow in some areas and caused downed power lines through much of Rhode Island, Massachusetts, New Hampshire, Connecticut, and Maine. All over New England, people are still without heat and power.

TF Green airport in Providence and Logan airport in Boston were both closed for incoming and outgoing flights. Amtrak throughout New

England and New York remained closed for the rest of the weekend. The RIPTA and the MBTA were closed as well.

State officials in Massachusetts, Rhode Island, and Connecticut issued road bans, due to the dangerous road conditions. Kenneth Rapoza, a journalist for Forbes, stated, "Fines upwards of \$500 and a year in prison are possible for drivers caught venturing out in what has been the worst snow storm in the region since 2003."

Five states issued a state of emergency, thousands were rendered without power, and nine people are dead due to the effects of Winter Storm Nemo.

Providence College cancelled

all undergraduate and graduate classes Friday, February 8 due to the inclement weather. Students saw it as an opportunity to sleep late, not do homework, and enjoy an extra day off. Will Cavedon '16 stated, "I tried but was not motivated to do any work on Friday." When Will was asked if he enjoyed his Friday off, he replied with "I did, it was a nice break." Spencer Williams '16 also commented on the storm, stating, "When I discovered classes were cancelled Friday, a typical Thursday night of studying turned into a night of fun."

After the storm concluded, students were seen outside on Saturday through most of the day, partaking in snowball fights, sledding, and

building snowmen with their friends. Students also volunteered to shovel out St. Pius Church, as well as houses on Eaton, Pembroke, Radcliffe, and various others.

Even after 12 hours of plowing the Providence College campus could have been categorized as dangerous to say the least. Walkways and sidewalks were covered in about one to two inches of black ice. Austin Wiegand '16 was on his way to the Peterson Center to play basketball when he slipped on a large patch of black ice and landed on his back. Austin is in a decent amount of pain but is fortunately not severely injured.

PHOTO COURTESY OF COMPLEX.COM

Roman Catholic Bishops Reject Obama's Mandate on Birth Control

by **Emily Kennedy '15**
World Staff

DOMESTIC

The nation's Roman Catholic bishops have rejected the Obama administration's latest proposal attempting to broaden accommodations for religious groups that have opposed the insurance mandate on contraception.

The new proposal, released Friday, February 1, expanded the exemption for religious groups from the requirement that insurance companies and employers provide health insurance coverage of birth control.

The original rule exempted only churches, synagogues, or mosques from the mandate and did not exempt faith-based hospitals, schools, charities, or private employers with moral objections to contraception. The new proposal attempted to guarantee free employee coverage of birth control "while respecting religious concerns" of organizations opposed to paying or providing for it.

"Today, the administration is taking the next step in providing women across the nation with coverage

of recommended preventive care at no cost, while respecting religious concerns," said Health and Human Services Secretary Kathleen Sebelius. "We will continue to work with faith-based organizations, women's organizations, insurers, and others to achieve these goals."

This new proposal more clearly defined what constitutes a religious group, in an attempt to accommodate the demands of the bishops and other critics.

But the US Conference of Catholic Bishops announced on Thursday, February 7 that it was not satisfied with the

new approach, and will continue to push for eliminating the mandate for contraceptive coverage altogether.

Cardinal Timothy Dolan of New York, president of the US Conference of Catholic Bishops, said that the new rules offer only "second-class status" to church-affiliated universities, hospitals, and charities by refusing to grant them the same full exemption given to houses of worship.

"We have been assured by the administration that we will not have to refer, pay for, or negotiate for the mandated coverage," Dolan said. "We remain eager for the administration to fulfill that

pledge."

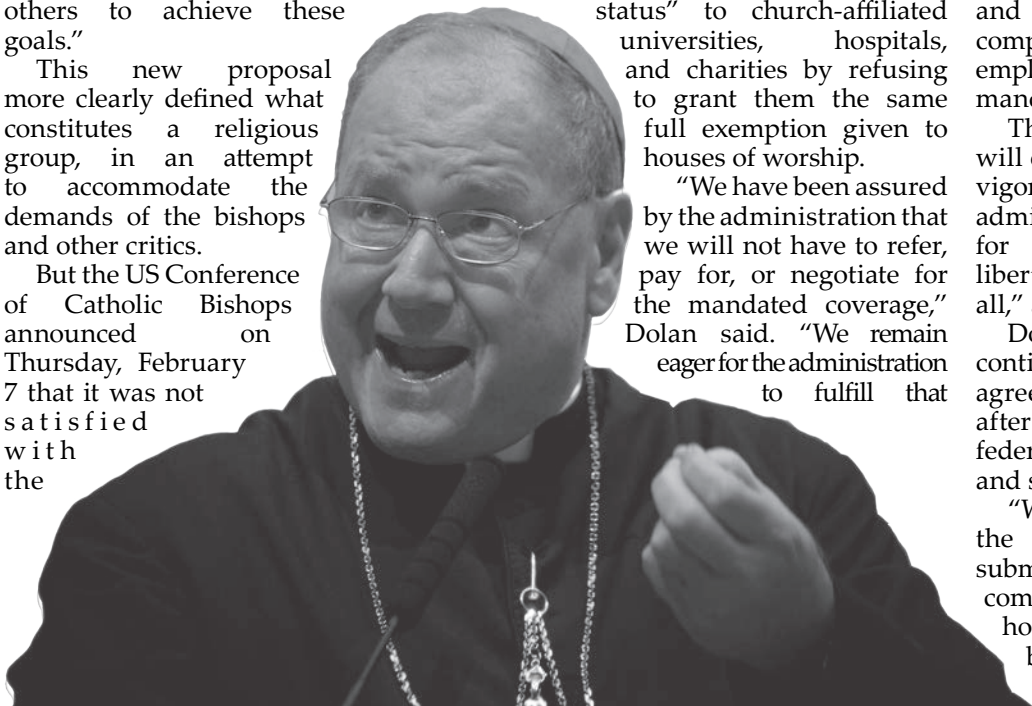
The Obama administration said the proposal would allow faith-based employers—especially religiously affiliated hospitals and universities—to be protected from any involvement in providing contraceptive coverage and could defer to their insurance companies. Individual private employers will remain under the mandate.

The conference of bishops said it will continue to demand "with no less vigor, no less sense of urgency" that the administration overturn the mandate for everyone "to protect religious liberty and freedom of conscience for all," according to *USA Today*.

Dolan said his group would continue to push efforts to reach an agreement on the contraceptives issue after more than a year of protest and federal lawsuits from Catholic groups and social conservatives.

"We welcome and will take seriously the administration's invitation to submit our concerns through formal comments, and we will do so in the hope that an acceptable solution can be found," he said.

PHOTO COURTESY OF POLITICKER.COM



BUSINESS IN THE WORLD

by Iryna Bocharova '15
World Staff

BUSINESS

American Airlines parent AMR Corp. and US Airways Group Inc. are discussing a merger that would create a combined carrier valued between \$10.5 billion to \$11 billion. In November 2011, AMR filed for bankruptcy protection to reorganize its business. The company struggled with increased fuel prices and labor union negotiations. It could not effectively compete against Delta and United Continental, losing its business travel customers.

Since then, US Airways has been looking for a merger with American. AMR Chief Executive Tom Horton was rejecting the offer until now. The two sides have to come to an agreement on the new airline's management. While US Airways CEO Doug Parker would lead the company, Horton has the chance to become an executive chairman for a limited time. The companies also have to negotiate how to deal with American's creditors in the bankruptcy court.

American's most influential creditors are reported to support the merger since they expect to retrieve more of their invested money from a new and stronger company. As a result of the merger, the companies would cut costs by reducing the duplicative management roles and by sharing airport gates. The merger's fate should be solved by Friday, February 15, before the nondisclosure agreement, signed by American's creditors expires.

The US Treasury Department plans to introduce a new product next year: floating-rate notes. The floating-rate notes would be the first new Treasury product since 1997 Treasury Inflation-Protected Securities (the principal is inflation-adjusted). In contrast to the fixed-rate securities that do not adjust the interest rate over time, floaters pay interest based on the change in interest rates. The issue for now is what index to use as a benchmark for interest rate assessment.

The Treasury Borrowing Advisory Committee, including officials from some of the biggest Wall Street banks, considered a few alternatives. Repo rates is one possibility for a reference index. Repo rates are derived from short-term bond repurchase agreements. Unfortunately, their recent volatility makes them an unreliable candidate for a benchmark. A less volatile three-month Treasury bill rate is another option.

Designed to attract a new investor base, the floating-rate notes should help the government pay back its budget deficit. The Treasury's innovation is relevant in light of the debt ceiling suspension. The critics of the new product emphasize that the government should not risk increasing its borrowing costs. When the interest rates rise in the future, the government will have to pay back higher interest.

The postmaster general Patrick R. Donahoe announces that the Postal Service Saturday mail delivery is to end by August. Packages and prescription drugs would still be delivered six days a week, and the post office would remain open on Saturdays. Customers, however, would not receive direct mail, magazines, and some newspapers. Other countries, like Australia, Sweden, and Canada, are already used to this routine.

The reason for the cutbacks is financial losses suffered in the past years. Last fiscal year, the agency lost almost \$16 billion and defaulted twice on the payments to the federal government. Over the years, the Postal Service laid off its workers, shut down many post offices, and cut down on hours in smaller rural offices. One of the burdensome liabilities that drags the business down is the annual required payment of nearly \$5.5 billion for health benefits to future retirees.

Due to growth in online payments, first-class mail volume has fallen by 37 percent in the past five years. At the same time, the demand for packages delivery steadily increased with e-commerce development. Although the changes are approved by seven of 10 Americans, according to *The New York Times/CBS News* poll, the government has a word in the final decision and may oppose the change.



Photo courtesy of Wikimedia Commons



Mike's Market Corner

by Mike Lynch '14
World Staff

The Dow Jones Industrial Average hovered around 14,000, and the S&P 500 held above 1,500, even amid concerns over US fiscal policy. Obama has also pressed Congress to extend the March 1 deadline when automatic spending cuts are activated.

PC giant Dell (DELL) agreed in principle to be taken private on February 5 by its founder and CEO Michael Dell and Silver Lake (a technology investment firm). The deal, which is valued at approximately \$24.4 billion (\$13.65 per share), has faced stiff opposition from Dell's largest shareholders because they believe the deal is not a fair representation of Dell's value.

AMR, the parent of American Airlines, and US Airways (LLC) are discussing a deal of their own. The merger, which is reportedly valued at \$11 billion, would create the largest airline in the world. The negotiations have entered its final stage and an announcement of the deal is imminent.

The WORLD in BRIEF

by Ben Remillard '13
World Staff

US Department of Defense Secretary Leon Panetta announced that all branches of the military will extend family benefits to same-sex military couples by Oct. 1. The benefits include child care, legal help, joint duty assignments, emergency leave, and transportation. The remaining benefits will be withheld barring a change in federal law that allows for same-sex marriage.

After nearly eight years at the helm of the Catholic Church, Pope Benedict XVI will retire Feb. 28. Benedict will be the first pope in 600 years to step down from his position, citing his declining health as the reason for his departure. The announcement came as a shock, surprising even those close to his Holiness. The Vatican expects a new pope will be elected by Easter.

President Obama gave his fifth State of the Union address on Tuesday, February 12. Some key points included reducing troop sizes in Afghanistan, raising the federal minimum wage to \$9, immigration, the economy, and gun control. The Republican rebuttal was given afterwards by Senator Marco Rubio, who attacked the president for increasing the size of government.

The body of English King Richard III, which was rediscovered last year, has been positively identified using DNA testing. His body had been missing since the Battle of Bosworth Field during the decisive battle of the War of the Roses in 1485. Other notable British rulers whose remains are still missing include William the Conqueror and Oliver Cromwell.

While many New Englanders were worrying about Nemo battering them with snow last weekend, a 160 foot asteroid passed within 17,000 miles of earth, which is closer than some NASA satellites. Had the asteroid hit, it would have left a crater about 0.75 miles wide. NASA reports that an asteroid that size passes that close to earth about every 40 years.



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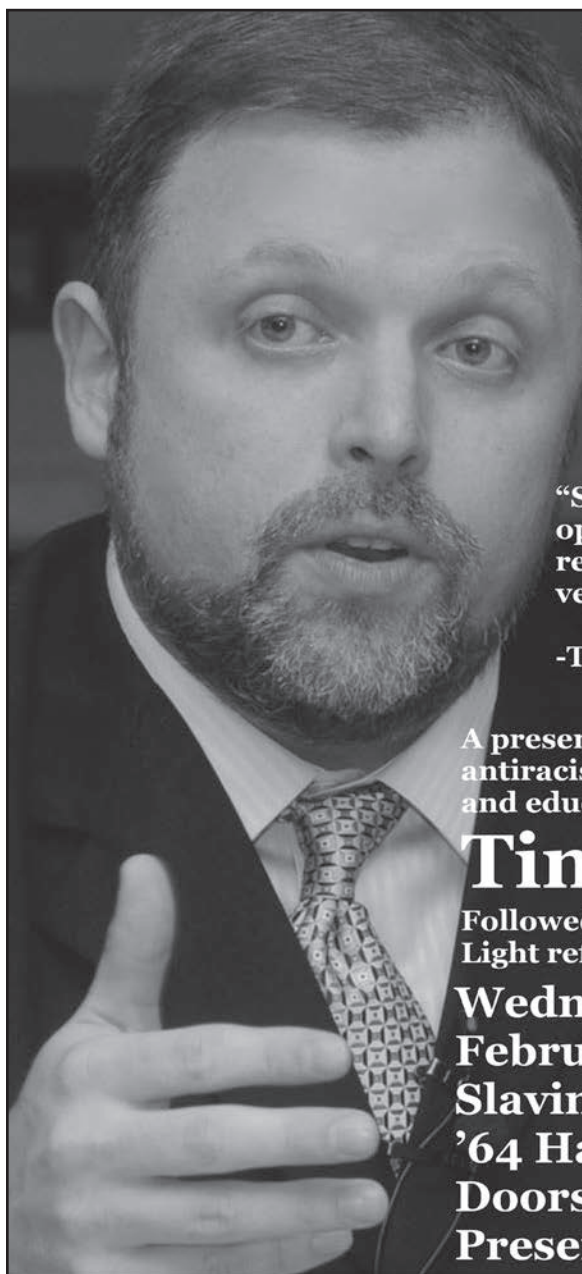
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PHOTOGRAPHY

The Cowl 13
February 14, 2013



ABOVE: JESSICA HO '14/ THE COWL
The Asian American Association held a celebration of the lunar new year in the Campus Ministry Center on Tuesday afternoon, featuring dumplings and Chinese yo-yos.



ABOVE: PHOTO COURTESY OF CHRISTINA MOAZED '15
Students enjoy the latest edition of *The Cowl* shortly after Winter Storm Nemo.



ABOVE: MORGAN PEKERA '15/ THE COWL
BOP, Campus Ministry, and Fête Française sponsored a Mardi Gras Jazz Night on Tuesday night, featuring traditional Louisiana food, Mardi Gras mask decorating, music by the PC Jazz Band, and NOLA participants sharing their experiences from the trip.



ABOVE: MORGAN PEKERA '15/ THE COWL
Campus Ministry held a Fair Trade chocolate sale on Tuesday afternoon for Valentine's Day.

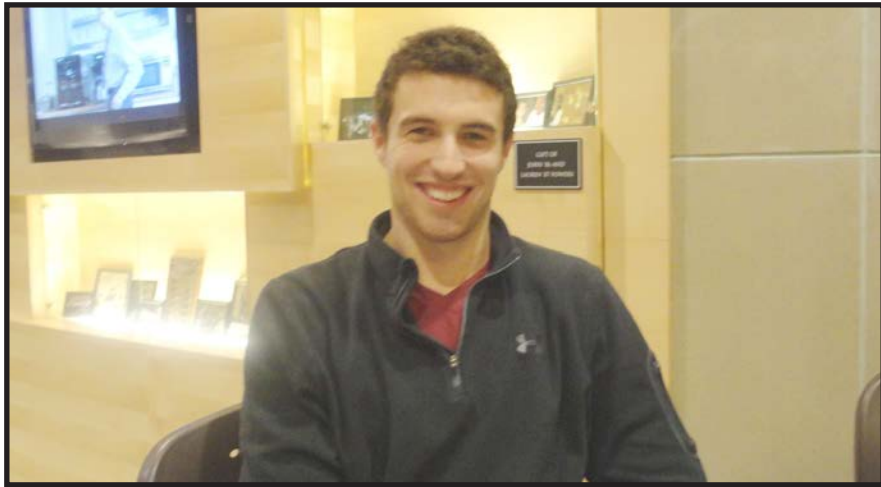


ABOVE: SAADIA AHMAD '14/ THE COWL
Snow occupies the benches in front of Aquinas Hall following Winter Storm Nemo.



PROVING PHOTOGRAPHY

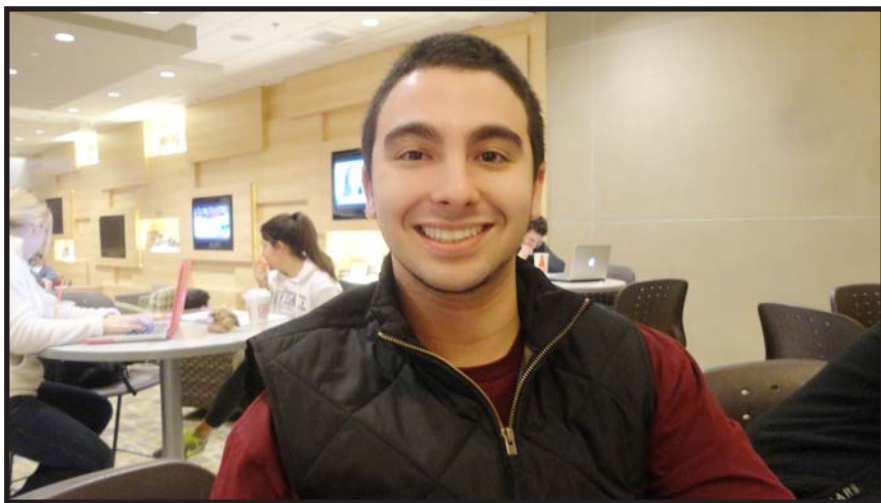
*If anyone could be your **Valentine**,
who would it be?*



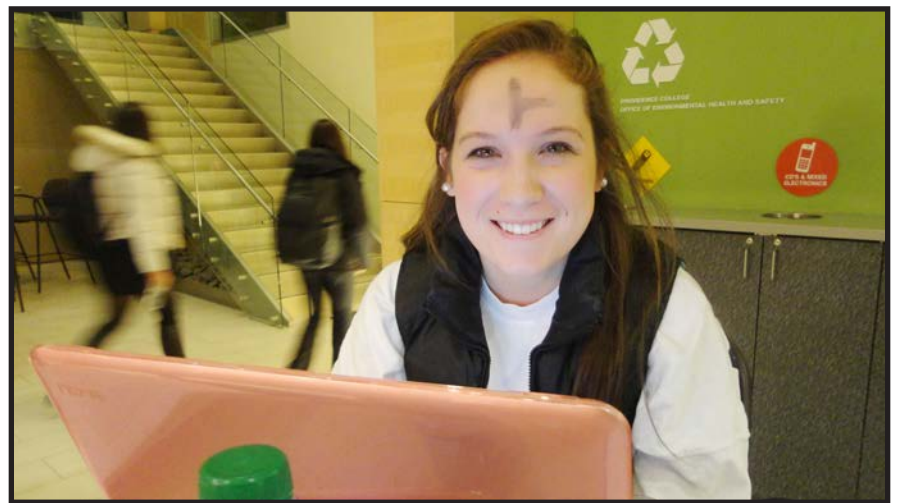
"Matt Santos."
Sean Buckley '14



"Jennifer Aniston."
Eric Lizzul '16



"Selena Gomez."
Stephen Kozak '16



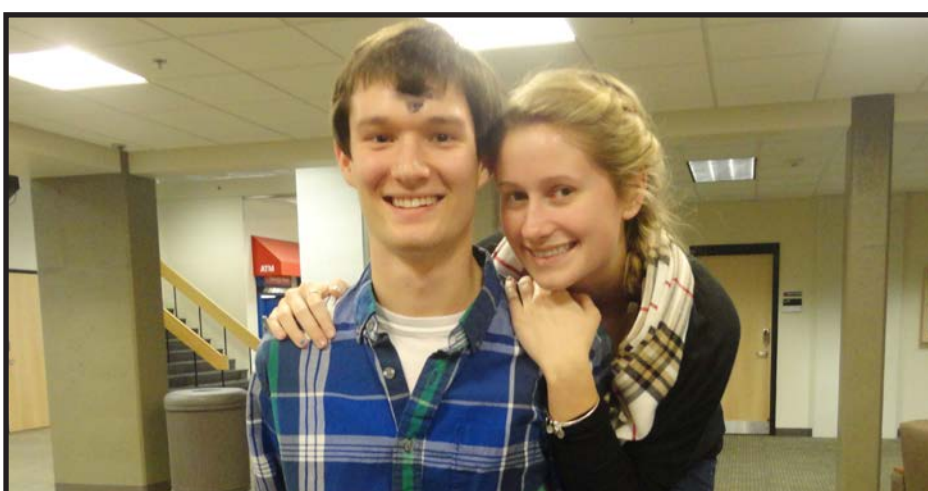
"Bradley Cooper."
Florette Pursell '16



"Ryan Gosling."
Lucy Reynoso '16, Sam Mueller '16,
Lauren Sabas '16, Katie Sisco '16



"Mila Kunis."
Bryan McNamasa '15



"Each other!"
Joe Flynn '15, Gabriella Galeazzi '15



IT'S THE OSCARS

by Kelly Laske '16
A&E Staff

EVENT



Once the year changed over to 2013, the Oscar buzz was already in the air. Now, just a few days before the big event, predictions of who is going to win the six biggest awards are all anyone interested in the entertainment business can talk about.

Let us face it, the Oscars are the mother of all the award shows. Yes, January and February are filled with prestigious award shows for movies, television, and music, but winning one of those does not compare to winning an Academy Award gold man statue. Who will be the big winners for Best Picture, Best Actor, Best Actress, Best Supporting Actor, Best Supporting Actress, and Best Director?

It does not seem to be a very close race between the nominations for Best Picture with *Argo* starring and directed by Ben Affleck. After being publicly snubbed a nomination for Best Director, many are saying that it is almost definite

he will be taking home an award for Best Picture. *Argo* is a movie based on true events about a mission to rescue six Americans who were being held in Tehran, Iran during what is known as the Iran Hostage Crisis of 1979. Already having brought in over \$190 million, *Argo* is a must see according to movie goers and is rumored to be favored by the Hollywood Foreign Press.

Just like the Best Picture Award, many critics are saying the Best Actor award is going to Daniel Day-Lewis, nominated for *Lincoln*. Hugh Jackman, who many say had the performance of his career this year in *Les Miserables*, picked the wrong year to do such an outstanding job because some say he still does not have a chance up against Daniel Day-Lewis. Day-Lewis, who plays President Abraham Lincoln himself, really gets into character by showing viewers the Lincoln that not everyone may have known, the side of Lincoln that was not displayed in the textbooks.

It is said that the Best Actress category is going to be the most competitive of them all. The race for the statuette is between Jennifer Lawrence for *Silver Linings Playbook* and Jessica Chastain for *Zero Dark Thirty*. But for Chastain, losses at a couple recent award shows like the Screen Actors Guild made her lose some of her momentum to win the Oscar. Lawrence, on the other hand, just won awards at the Golden Globes and the SAGs. Because of her great performance and recent victories for *Silver Linings Playbook*, Lawrence is now the front-runner for the Best Actress Oscar.

Tommy Lee Jones is said to be the front-runner for the Best Supporting Actor category. Tommy Lee Jones, who is said to have nearly stolen the show, plays Congressman Thaddeus Stevens, who has a big role in fighting for abolition. Jones just recently won the SAG award for this role. There is talk that Phillip Seymour Hoffman, who stars in *The Master*, could possibly snag the statue, but Tommy Lee Jones' recent victory at the SAG awards solidifies that he has a great chance of getting the award.

One of the most emotional award speeches of the night could possibly come from Anne Hathaway for her role in *Les Miserables*. Hathaway is said to be the clear front-runner for the award and after winning a Globe, it is almost a definite fact that she could win the statuette for Best Supporting Actress. Hathaway, who plays Fantine, did all of her own singing, as did the other actors, making the film more real and raw cut. Hathaway's performance of "I Dreamed A Dream," is memorable, a tearjerker, and one

of the best scenes she's ever filmed.

Finally, the Best Director award will most likely be going to the one and only Steven Spielberg. Although he is going to be tough to beat for his masterpiece, *Lincoln*, Ang Lee for *Life of Pi* and David O. Russell for *Silver Linings Playbook* are said to still have a chance. Spielberg, who has already won three Best Director Oscars, impressed his *Lincoln* audience by mixing together myths from Abe's life with beautiful cases of romanticism and imagery.

Although to many people the Oscars are all about the glitz, glamour, and after parties, there is even more buzz than usual surrounding who is going to win the six biggest awards. There are a few favorites to win, but who knows whether or not the Hollywood Foreign Press will throw in a curveball this year and surprise viewers on the most glamorous night of the year. Tune in to see if these predictions are correct on Sunday, February 24 at 7 p.m. on ABC.



PHOTOS COURTESY EXTRAVAGANZI.COM
PHOTOS COURTESY PIXEL77.COM

TIMBERLAKE BRINGING SEXY BACK

by Serena Ambroselli '16
A&E Staff

MUSIC

When news broke (via a vague video from the man himself) that Justin Timberlake was back in the studio and re-entering the music scene, the anticipation was palpable. The male pop star took a musical hiatus from 2007 until recently in order to focus on an acting career. He appeared in movies like *The Social Network*, *Bad Teacher*, and *Friends with Benefits* in his attempt to be included among the world of actors. However, most people were just confused as to why he was starring in films when he should have been making music.

Timberlake's hiatus was sad, to say the least; his songs had become familiar anthems that no one could resist singing along to whenever they came on the radio, even several years after their first release. Especially popular was his last album, *FutureSex/ LoveSounds*, which introduced us to a unique genre of music that only a former 'NSYNC-er with a smooth voice like Timberlake's could pull off.

Looking back on his musical history, one cannot help but smile and reminisce on the classics like "Cry Me a River," "My Love," and "SexyBack." Timberlake has had a slew of incredibly popular songs. There is no denying that he is a talented musician, and his next album will likely and hopefully present many more memorable songs.

The release of "Suit & Tie" was an exciting moment. Finally, after a hiatus that can overall be categorized as a *miss* on the *hit or miss* spectrum, we received new music from Timberlake. When I first listened to the song, featuring Jay-Z, my hopes were so high. And they were dashed upon reaching the end of the song. Not to say that it is the worst song playing on the radio—that honor, in my humble opinion, goes to anything sung by Carly Rae Jepsen (I am not sorry)—but I do not think "Suit & Tie" is up to par with Timberlake's other songs. I still listen to it if it comes on the radio, but it is just not what I was expecting. Given the fact that he had a few years to make his musical comeback worthwhile, he simply did not satisfy my aural expectations.

Although "Suit & Tie" falls short of being great, we have an entire album to look forward to. *The 20/20 Experience*, due in mid-March, will be the true test of whether or not Justin Timberlake's musical abilities got rusty beyond repair during his acting career. I highly doubt that the album will be unbearable.

On the contrary, I am expecting great things from Timberlake's third studio album. Just because one song does not quite suit me (pun fully intended) does not mean that all of our hopes and dreams for what could be should be resigned to nothingness. Justin Timberlake deserves his long-awaited comeback, and we need only patiently await his next album before any hasty conclusions are made.



PHOTOS COURTESY MENSFASHION.ABOUT.COM

EDITOR vs. EDITOR

This Week: Favorite Pick-Up Line

Sarah O'Brien

Her Choice: Got any raisins? No? How 'bout a date?

Her Views: This will always work for three reasons. One: NO ONE EVER HAS RAISINS. Therefore, the answer to the question will always be no, which will set up the line perfectly. If by some chance the person does have raisins? Well, now you know not to date him/her without raisin awareness that you were ever even interested. Foolproof. Two: wordplay, baby. Use clever wordplay in your flirting, and I promise your efforts will be fruitful. Three: pick up lines are silly. Take some time to chew that over. I'll spit it out again: PICK UP LINES ARE SILLY. This line is silly, but not corny (stay away from those vegetable pick up lines), so it will make someone laugh. Use this line tonight and make 'em eat their hearts out.

Her Views on Dombroski: Didn't Cheesefest happen last semester, Sarah? First of all, this is the less cool version of "Do you have a map? Cause I'm getting lost in your eyes." Second, people can totally lose interest in you, thinking you seriously need directions: "Sorry, I'm not from around here..." Third, STAGE FIVE CLINGER ALERT. Directions to his heart? Are you not finding this as creepy as I am, Sar? Hate to break yours, hon, but he's gonna direct you to the nearest therapist.

Sarah Dombroski

Her Choice: Can I have directions? (To where?) Your heart.

Her Views: Directional pick-up lines are the best route to travel, no detouring around it! A man who can circumnavigate the map to your soul is clearly a man of many skills, a Magellan of the heart if you will, and a man who is humble enough to ask for directions to your heart or a map for your eyes seems to be full of it, skills that is. Even those willing to give directions (Are you lost Ma'am? Because Heaven is a long way from here.) show care and concern about your orientation. So grab your compass rose and head on down to the local mall, ladies!

Her Views on O'Brien: So here it is: I have a significant problem with dried fruit. I am honestly very weird about it, so if a man asked me for raisins I would a) be offended and b) judge him. I think I would be so judgy about the raisin comment in and of itself that the pick up line would not be able to be completed, rendering it useless. That's just my opinion on raisins, forgetdabba dates!

PHOTO COURTESY OF socialeyezer.com

ARRESTED DEVELOPMENT DEVELOPS

by Marisa Urgo '14
A&E Staff

TELEVISION

Arrested Development is probably the wittiest show on television. It shows the dysfunctional Bluth family and how they seek to get their father out of jail. It has been nominated for and has won countless awards and was deemed "smart humor." Their most obvious weakness is also their greatest success because the show relies on intricate pranks, one liners, and recurring jokes. To an inattentive audience perhaps tuning in for the first time, the wit may go unappreciated. Yet, these jokes are precisely what are most praised about the show. Unfortunately, even devoted fans could not save the show, and it was canceled after three seasons in 2006.

Fans now have something to be happy about! Due to its surge of popularity on Netflix, *Arrested Development* will be given a fourth season. The show might not have done well when televised, but it quickly became a Netflix hit. Fourteen brand new episodes will premiere directly to Netflix this May. Netflix made the decision to release all fourteen episodes at one

time, considering that many new fans watched the original episodes in that fashion. Releasing the shows all at once is a good decision because viewers may lose interest weekly or forget to tune in. My only concern is that the director has stated that each episode will feature different characters (except for Michael, played by Jason Bateman) and will be of various lengths. I trust the director to continue the hilarious work, but I do worry that we will miss seeing Lindsay (Portia Di Rossi) or Gob (Will Arnett).

It has been rumored that the show's creator, Mitchell Hurwitz, has been working on turning the series into a movie. According to *The Verge* magazine, Hurwitz said the new episodes are a "first act to what we eventually want to do, which is a big movie." Perhaps the finale of "season 4" will leave a big cliffhanger that will lead to the feature film.

A feature film will definitely get more people who have not yet watched the show more involved in the series. It is a shame that such fantastic humor is lost among the

masses. If you enjoy shows like *30 Rock*, you should really check out *Arrested Development*. It truly is a show worth watching, and is available on Netflix. Each character is written in-depth with a slew of hilarious antics that will keep you interested and wanting more.

PHOTO COURTESY OF GEEKTYRANT.COM



Heartthrob Robs Hearts

by Mary McGreal '15
A&E Staff

MUSIC

Heartthrob, the seventh studio album by Tegan and Sara, was released on January 29, 2013. Known for songs such as "Walking with a Ghost" and "The Con," the band's first album came out 14 years ago. You could say they have been together even longer than that, though...thirty-two years to be exact. That is because Tegan and Sara Quin are not just a band, they are also identical twin sisters.

I am not willing confirm or deny anything, but there is the possibility that I had a phase around junior year of high school when I listened to a lot of Tegan and Sara. A lot. Consequently, I am able to easily distinguish between the two. I accredit this ability to the fact that I am also a twin, which means that I have some sort of magical twin power. Granted, it could be because they have rather distinct face shapes. And voices. But I digress.

Tegan and Sara gradually circulated their way out of my playlists until recently, when I heard that they were releasing a new album. After listening to the single "Closer," I put on my "I'm grumpy because I haven't even listened to the whole album yet, and I already hate it" face and reluctantly got to work.

However, I was pleasantly surprised with the majority of the album. Tegan and Sara seem to be experiencing



PHOTO COURTESY OF BASEDONNOTHING.COM

nostalgia for the music of their childhood, as there is a definite 1980s influence to the majority of the tracks.

Heartthrob has a different sound than anything they have done before, at least album wise. The Canadian duo has always had an indie rock, folk, alternative thing going on, but their newest album goes in a different direction, revealing a more electro-pop side.

If I had been paying closer attention, though, I would have realized that this is not a new development. Over the past three years or so, the band has collaborated with Tiësto, Morgan Page, David Guetta, and Alesso. However, some tracks feel a little too generic. The abovementioned single "Closer" did not do much for me; in fact, it seemed more like cookie cutter pop than what is found on previous albums such

as *So Jealous* (2004) or *The Con* (2007). Another track, "I'm Not Your Hero," makes me inexplicitly irritated. At some points, it feels as if it is missing the heart behind it all.

If you listen long enough, though, you just might hear something you like. Maybe it will be the raw emotion of the bonus track "Guilty As Charged" or the desperation of "How Come You Don't Want Me." It seems like *Heartthrob* is what the duo would have produced if they had been pop stars of the 1980s and used their past albums for inspiration.

That being said, they still manage to sound modern and cover a spectrum of topics. A new sound, but not necessarily a new Tegan and Sara. And I mean, who cannot relate to songs about the pain of unrequited love, especially during this month of amour?

I am pretty sure I have listened to "How Come You Don't Want Me" and "Guilty As Charged" at least 50 times each in the past four days. Chalk it up to #singlegironvalentinesdayprobs, I guess.

Don't Miss:

"Guilty As Charged" (Bonus track)
"I Run Empty" (Bonus track)
"How Come You Don't Want Me?"
"Drove Me Wild"
"Love They Say"



Adios America, Hello Argentina!

On Packing & Preparing for the Journey

by Jenn Giffels '14
Commentary Staff

ABROAD

If our favorite Disney fish Nemo thought traveling down the EAC (East Australian Current) for the first time was frightening, I can only imagine the terrors he experienced blowing down the Polar and Subtropical jet streams this past weekend.

Ranking as the fifth heaviest snowstorm in Boston with snow totals that reached almost 25 inches in the city, Nemo brought not only a weekend of fun in the snow, but also shut down most of our area. Airline travel was one of the services unfavorably affected, with thousands of flights cancelled all across the United States for the duration of the weekend.

With an important flight scheduled in less than two weeks, I thought more about these cancellations than the average person. Millions of passengers, those expecting them to arrive, and airline staff were forced to quickly alter their plans. Whether a business conference, family event, vacation, or other occasion to travel, many events were being missed.

While I'm praying Nemo's friend Dory doesn't decide to hit the Boston area on the day of my scheduled flight to Argentina, I'm thinking of all those international travelers who are now scrambling to make other arrangements.

All those international travelers who, like me, never thought the day would come. With the convenience of online ticket purchasing and receiving international emails, all the planning really occurs from the comfort of your own home. The "new" part doesn't start until you arrive at the airport.

All those international travelers who, like me, had stared at their suitcases for weeks, dreading the day they actually had to start packing. (As well as all those who were prepared, had multiple lists going, and knew exactly how many pairs of socks would be packed.)

All those international travelers who, like me, read the *History of Argentina in the 20th Century* and *Social Movements and State Power* books, Googled social customs, and tried their best to figure out what they were getting themselves into.

All those international travelers who, like me, actually had no idea what they were getting themselves into.

Study abroad is a bit crazy when you put it that way. You're asked to pack up your entire life into a suitcase for three and a half months, be adopted by a new family, call a group of strangers your best friends, and survive without a smart phone.

Here's something even crazier: All those international travelers, like me, are excited about precisely those things.

Studying abroad is an incredible and, pardon the cliché, once in a lifetime opportunity to immerse yourself in a foreign culture and see the world from another perspective. Being eager for this does not take away from appreciation for the life and culture you have, but only shows a mature understanding of the call for global responsibility for the happenings and trends in our world.

Here's to all my fellow study-abroaders as they explain the ironic naming of the blizzard "Nemo" to the world outside America.

The Pope Devotes Life to Followers, Even in Resignation

by Tommy Cody '13
Senior Commentary Writer

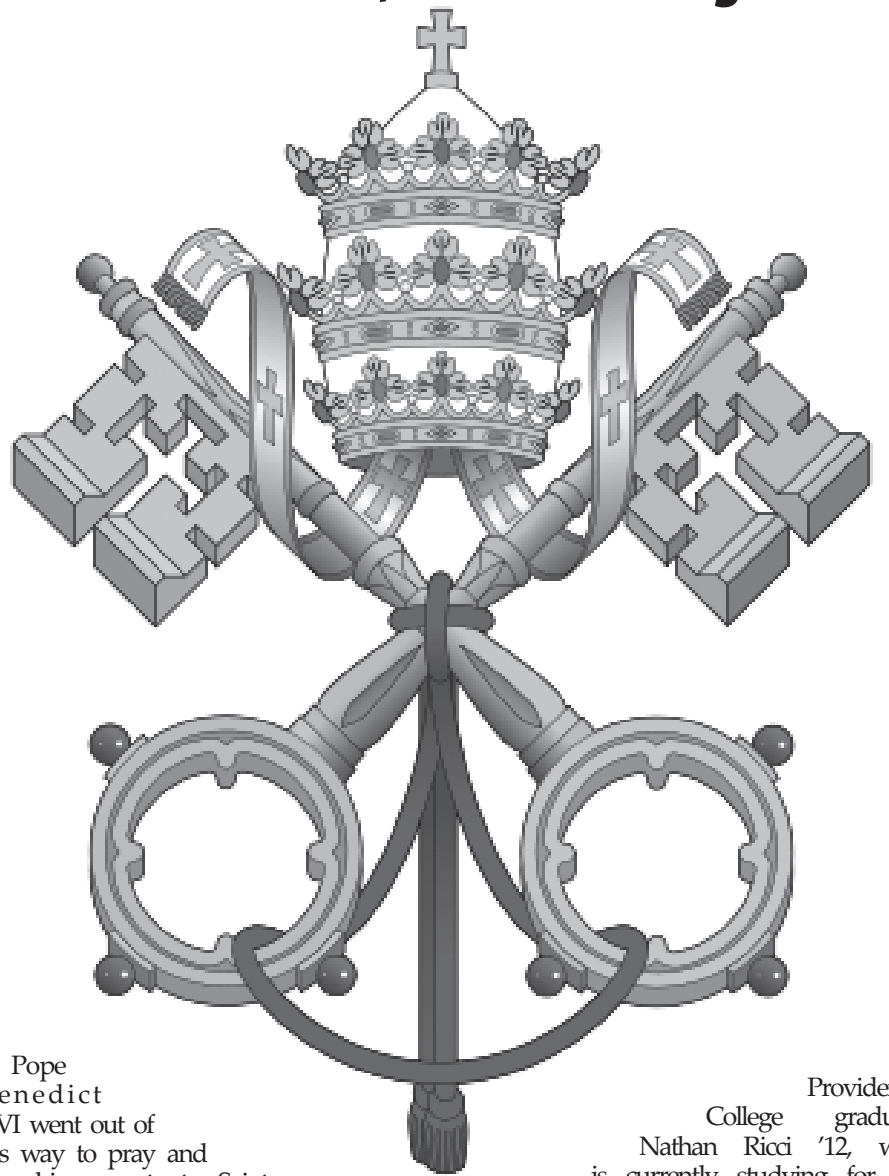
SOCIETY

Over the past century, the role of the Pope has changed a great deal but the job description has remained the same. At the core of the papal ministry lies the immense responsibility of being the shepherd, the spiritual leader of over two billion Catholics around the world. Pope Benedict's decision to step down and resign from the Papacy is a reflection not only of a rapidly changing world that requires the Church to adapt, but more importantly a testament to a great man's humility and immense devotion to his ministry.

Benedict XVI knows as well as anyone the intense scrutiny the Pope faces. The shapes and forms that these pressures take have been changing a great deal over the past decade, and Benedict's decision to resign directly correlates to them. Now more than ever, ministerial trips have become a huge part of the Pope's ministry. When his doctors told him that he could no longer make long trips away from the Vatican due to his deteriorating health, Pope Benedict was faced with the reality of no longer being able to completely fulfill his role as the Bishop of Rome.

Although it may seem like a paradox, his passionate pursuit of the truth and his fierce devotion to the Church shine through in his decision to step down. Let us forget his nickname, "God's Rottweiler." If his health is going to disable him from fulfilling his ministry, he will do whatever it takes to ensure that the Church and its people are taken care of, even if that means sacrificing his position. In what may be his final act as Pope, Benedict has fulfilled his role as the successor to Peter in a way few ever have. He has made the difficult realization that the best way he can serve the Church at this point in his life is through prayer. His decision seems to mirror that of a little known medieval Pope.

Pope Celestine V was elected to the Papacy soon before his 80th birthday in 1294. He was known as a humble and pious man who was hesitant to accept the Papacy when he was elected. A mere five months after being elected, he resigned as the Bishop of Rome and devoted himself to prayer.



Pope Benedict XVI went out of his way to pray and pay his respects to Saint Celestine V at his tomb in Aquila, Italy and a cathedral where Celestine's relics lay in Sulmona, Italy in 2009 and 2010. What may have seemed like two trivial visits by Pope Benedict XVI to venerate the medieval saint over two years ago have taken on an entirely new meaning. In his devotion to Saint Celestine V Benedict reveals his own desire to emulate the saint's humility and exercise it even in the toughest situations, when humility does not seem to be the obvious answer. Benedict XVI did not abdicate out of cowardice or fear of scrutiny but rather out of a deep understanding of the ministry of the Papacy and love for the Church.

Providence College graduate Nathan Ricci '12, who is currently studying for the priesthood in Rome, eloquently sums up the situation at hand, "Yes, one man—one great and holy man—will leave the Chair of St. Peter, but another will fill it. Christ always provides for His Church. Through the instrumental leadership of great men like Pope Benedict, God continues to lead and guide the Church through the centuries."

In Benedict XVI we should see, not a man desperate to escape the scrutiny of the press or any controversy surrounding his Papacy, but a man who has selflessly put the people of the Catholic Church and their best interests above all else. He has been to us all a radical example of what it means to be a servant of God, to serve Him in any way He asks of us.

PHOTO COURTESY OF WIKIMEDIA COMMONS

PC's Response to Nemo (or Lack Thereof)

by Matt Santos '14
Commentary Staff

CAMPUS

As I write this article, I find myself attempting to thaw from this weekend's frozen tempest and cope with the fact that we will indeed have classes tomorrow morning. Perhaps I've been spoiled by a surprise three-day weekend, but the prospect of slipping and sliding my way to class simply sounds gruesome. All-in-all it seems as though this snowstorm could have possibly been handled a bit better.

First, it seems as though having the entire day off on Friday was a little bit excessive. With the snow only starting in the afternoon, perhaps closing the school down after noon would have been most conducive to reducing the amount of headaches caused by the storm (for professors and students alike). As such, having some closing on Monday (like the rest of the state) would make more sense, as the campus and the rest of the city extricates themselves from the many feet of snow. Walking around Slavin tonight, there are still paths unplowed

and those that remain are incredibly icy. Compounding the ice-sheets with hundreds of students walking to class could easily result in a slippery mess which, no one will enjoy. Maybe giving us the morning to improve conditions would make the difference?

However, while some blame may be put on the powers-that-be in their misplaced snow days, perhaps more could be said about the severely spotty plowing performance by the city of Providence itself. Admiral Street currently looks as though someone could ski down it. Sidewalks on Eaton Street remain covered completely, even further exacerbating the conditions in which some students will walk to school. While plows, sand, and salt are not indispensable resources to be distributed to no end, there must be a more efficient way to clear the streets without leaving the city looking like Wachusett Mountain.

My main hope is that an ill-placed snow day on Friday was not the cause of classes resuming on Monday. One can envision a scenario in which the College, having realized that they, perhaps, wasted half of a day on Friday, opened again on Monday to make up for the

error. It would be rather disappointing if this was the case, as it would endanger those traveling to and from the College in order to amend a prior mistake. Surely, it would make more sense to treat each day as distinct from the other and to make the proper judgment call for the specific day and weather conditions.

Granted, I'm writing this article on a Sunday evening, one which could be followed with a wholly uneventful Monday with not even the slightest slip on a path. I certainly hope this is the case because I would rather have a misguided critique of the school than to have someone be injured on their way here. However, whatever the outcome, I hope that I am wrong in suggesting that Monday's normal schedule resulted from a premature cancellation of Friday's morning classes. It would not be fair to the poor student taking a spill on Guzman Hill. Not a good look.

Authorial note added Monday, February 11, 2013 at 6:30 PM—Wow. I have never seen so much snow melt so fast. Guess you can never count out those Dominicans with God on their side. Please excuse me while I season that foot in my mouth with a little Sriracha sauce from Ray.

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The Cowl welcomes guest commentaries and letters to the editor from members of the Providence College community and outside contributors. All submissions must include the writer's name, signature, a phone number, and an e-mail address where he or she can be reached. Letters should be no more than 250 words in length and will be printed as space permits. Guest commentaries should be limited to 500 words in length, and only one will be published per week. *The Cowl* reserves the right to edit articles for space and clarity. Submissions must be emailed to *The Cowl* office no later than 9:00 p.m. on the Sunday before publication. We do not print previously published articles. Email responses to cowlcommentary@gmail.com, and remember a guest submission is only an email away!

Tiffany & Earl Note

The Tiffany & Earl feature in Portfolio is a satirized account of Providence College. Both the question and answers are purely works of fiction. Tiffany & Earl are anti-heroes whose comments ultimately satirize the stereotypes they each represent.

Accuracy Watch

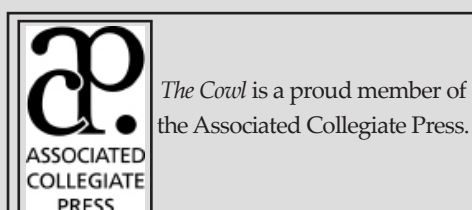
The Cowl is committed to accuracy and carefully checks every article that goes into print to ensure that the facts are presented clearly and truthfully. If you find an error in any article, please e-mail the Editor-in-Chief at thecowl@providence.edu. Corrections will be printed as necessary.

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We Want to Hear Your Voices, Please Submit

by Arman Organisan '13 &
Dara Plath '13
EIC & Associate EIC

CAMPUS



It is fitting that our editorial has moved to the Commentary section. What is an editorial if not a piece of writing based upon the opinions and observations of a group of individuals? In 400 words, we attempt to comment upon a certain issue developing in the world or occurring on our campus. While sometimes our editorial can sermonize on a specific topic such as not fretting about breakdowns in technology, we always try to relate these problems to student life at Providence College. Whether or not you agree with what we have to say is your own opinion.

Every now and then a story in *The Cowl* attracts more attention than usual. It could hit upon a controversial topic or espouse a certain tone that invites either robust applause or screams of indignation. Here at *The Cowl*, we accept both.

Write a Letter to the Editor; submit a guest Commentary article. *The Cowl* prides itself upon being an open forum for the student body and any alumni who feel passionate enough to speak their beliefs. We cannot stress enough the importance of democratic debate. Just check out

our Commentary section this week: there are disputes arising about the issue of gun control, the importance of studying abroad, and the topic of diversity. In order for us to accurately represent the College, we need to be able to print the views of all of its members, regardless of political preference, ethnic background, or religious affiliation. Accordingly, we encourage you to disagree with each other, one of our writers, or the school at large. This is what makes us a truly student-run organization.

This being said, it is important to understand that while we do accept all types of opinions, we also maintain the discretion to choose which Letters to the Editor and guest Commentary articles to print. We do not choose these articles based on whether they correspond with our own creed, but whether they meet *The Cowl's* technical obligations—such as word count and grammar—and time restraints. Like any other campus club, we strive for consistency in our stated purpose: to be an outlet of expression for the student body. To fall short of this responsibility would be to dishonestly represent the opinions of the College student-body and alumni.

The Cowl hopes that you will not be deterred to express your beliefs through this publication. It is your paper as much as it is ours. We want to hear your voice; even if it is loud, especially if it is resonant. Thank you for reading *The Cowl* every week. We would not be the paper we are now if it were not for you.

Analyzing Gun-Control: Taking It One Step Further Just Regulating the Sales of Guns Won't Do the Trick

by Nathan McGuire '16
Commentary Staff

SOCIETY

A man walks onto a college campus, onto a military base, into a movie theatre, into a mall, through the doors of a quiet elementary school in a suburban Connecticut town, and he opens fire on innocent men, women, and children. His only motive is his own delusions and he will act out his delusions regardless of his accessibility to a weapon.

Regulating the sale of guns is a short-term solution to a deep societal ill. The gun-debate should be focused on two points: (1) the nation's mental health care system and (2) social attitudes toward gun violence.

Before one arrives at action, before one pulls the trigger, there is a stage of contemplation. Targeting the action, regulating the sale of guns, is necessary to an extent, but it is insufficient. For there to be a true, lasting decrease in gun violence, programs should be developed that help those who suffer from mental illnesses that may lead to violence.

ABC News has reported, "Eight of the nine killers in mass shootings last year had histories of mental illness." Many of them were not in any kind of treatment, and all of them were able to purchase guns. Resources should be focused on both the detection and treatment of mental illnesses.

Introduced last week, the bipartisan Excellence in Mental Health Act would provide greater access to mental health care and better monitor risks associated

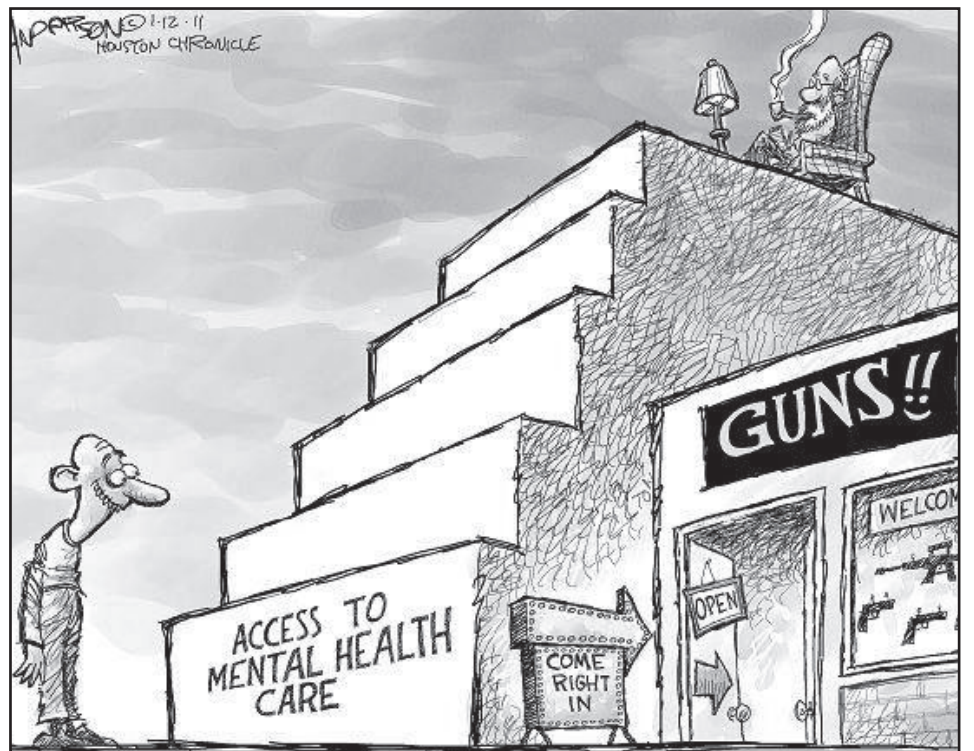


PHOTO COURTESY OF WIKIMEDIA COMMONS

Those on both sides of the gun-control debate can agree that improving access to mental health care will help reduce the level of gun violence, regardless of gun regulation.

with mental illness. This bill is an essential step toward improving the mental health care system.

While legislating social attitudes is nearly impossible, a change in cultural perceptions surrounding gun-violence is also vital to decreasing gun violence. Guns and violence are gloriously portrayed on television, in movies, in video games, and in music.

One feels a rush of power and sense of strength by shooting down "enemies" in a video game or by watching Batman battle the Joker. While research has disproven theories linking violent video games and youth violence, the glorification

of violence and guns adds to a negative trend in cultural values.

Over time, it is likely that the more youths are immersed in the violence put out by Hollywood and the media, the more inherently violent society will become.

There is no quick and easy solution to the gun violence problem. Much of the debate has been on partisan lines, however, all agree that gun violence must be combated. The attack should come from government, social organizations, private companies, and families. When all could be victims, all must contribute to a solution.

TANGENTS & TIRADES

What It Means to Be a Friar

When I graduate from Providence College this May, I will carry a handful of images with me that sum up what it means to be a Friar. Standing-room-only at the 4:30 mass for Sandy Hook Elementary during finals week, the excitement at Late Night Madness for Coach Cooley's inaugural year, singing "God Bless America" at Civ Scream. It only makes sense that with three months to go, I was graced with the most profound image yet. Saturday at sunset, I watched as PC students ran to help each other free their trapped cars from two feet of heavy snow. Students grabbing shovels, buckets, lunch trays, and using their bare hands to dig tires free from the mounds of snow had me staring, dumbfoundly, unable to move for what seemed like ages. There are few images more moving than three complete strangers lining along the trunk of a stranger's car, screaming "Floor it!" and watching them push the hunk of metal free with all their might. So kudos to you, PC, for those frequent and beautiful reminders of what's really important in life.

—Emily Corr '13

New Cutest Animal in Town: Jerboas

Most of us still have teddy bears, though we may reluctantly admit that we have these reminders from our childhood. However, I'm fairly certain that I may be one of the few people who has a friend that owns a stuffed jerboa. Jerboas are a cross-breed between a mouse, a kangaroo, and a rabbit. They proudly hail from North Africa, Asia, China, and Manchuria. Here's something else about these strange rodents: they're the creepiest animals I've ever seen in my life. But of course, that's just my opinion. Search for them on YouTube and judge for yourself.

—Beatriz Forster '14

Heavenly Cookies

If heaven made cookies, they'd be Girl Scout cookies. Not Shortbread, not Thin Mints, but Caramel DeLites (also called Samoas, depending on where you're from). Caramel DeLites are what I imagine heaven will be like. After waiting all year for Girl Scout cookie season, finally opening up the box and taking a bite of that cookie is miraculous. The chocolate, caramel, and the cookie all wrapped up on a ring of chewy goodness. The only problem with these cookies is the typo next to the serving size. 2? I think they meant 12. Regardless, I'd say the Girl Scouts earned their badge on this one.

—Kelly Sullivan '15

by Christina Moazed '15
Commentary Staff

SOCIETY

As college students, we are bound to indulge in our temptations. But who should be held accountable for our aberrant desires and instinctual inducements? If an individual persistently fails to make constructive decisions, is it crucial they bear the imperfections of success and experience public humiliation in order to one day become a better person? The students capable of achieving greatness are able to acknowledge that they have voluntarily fallen into temptation. Gandhi proclaimed, "Each one has to find his peace from within. And peace to be real must be unaffected by outside circumstances." Those who satisfy their temptations and attribute their ensuing judgments to their limited environment or pressuring social conditions will never experience inner tranquility.

I have always found historical aristocrats humans for their superior rational abilities, while simultaneously defending individuals for their selfish, reckless, and inconsiderate exploitations. John Stuart Mill once said, "Men lose their high aspirations as they lose their intellectual tastes, because they have not time or opportunity for indulging them; and they addict themselves to inferior pleasures." But if people are intellectually stimulated beings who consciously perform every action, then should we not be blamed for submitting to our temptations and harming others along the way? In opposition to Mill, I believe that the limited amounts of time or inadequate

opportunities one possesses will never be factors in compliance with ignorance, but rather the inner qualities and priorities one holds.

The abundant advantages provided at the College has softened our spirits and uplifted our innocent hearts to develop impractical aspirations. Following graduation, we will soon face defeat and rejection in the workforce. We have spent our lives attending brilliant educational institutions and will possibly be unable to apply our talents to the world. Strangely, this is a perfect example of how we can effectively ascribe this predicament to become our own problem. If we are able to harness these known challenges and look to the guy that played Wilson on *7th Heaven*, we will become proactive students as we blame others less and look to see how we can anticipate the challenging economical situations of the future.

Public humiliation forces individuals to reflect upon the imperfections of happiness. We have all struggled, persevered, and succeeded in pursuing our dreams to eventually unleash our passions. Growing up as the youngest in a financially suppressed childhood, I had learned to accept the wavering educational conditions, uncertainty of the future, and separation of my parents. I take responsibility for my upbringing and am proud that I have attributed my concealed experiences for my current

Faith Matters: Kick Off Lent

by Fr. James Cuddy, O.P.
Campus Chaplain

Feeling disheartened by my ever-expanding waistline, I recently found myself glued to an infomercial for P90X. My eyes were fixed on the smarmy countenance of Tony Horton, the program's creator. With a confident grin, he told me that the body I've only dreamed of is only 90 days away.

A parade of satisfied clients gave witness to the program's effectiveness. Standing next to sad looking pictures of their former pudgy selves, these men and women described the program. A little bit of weight training, some martial arts, plenty of jumping and twisting, and a touch of yoga for good measure, and 90 days later you're good to go.

These P90X veterans with impossibly small waists, washboard abdominal muscles, and hideous barbed-wire tattoos on their arms were on the verge of tears as they offered their testimonies. They had all thought their best days were behind them and that they were doomed to lives of flabby mediocrity. And then after 90 short days, they had better bodies and happier lives.

As wonderful as all of these things sound, the Church offers something even better, and it'll take you less than half the time. The program takes only 40 days to complete, and the results can be completely life changing. It's called Lent.

In this holy season, Christ invites us to enter into this program of prayer, fasting, and almsgiving. He asks us to be deliberate about our relationship with God. The Lord wants us to look at those parts of ourselves that keep us from him and strive to cut them out of our lives.

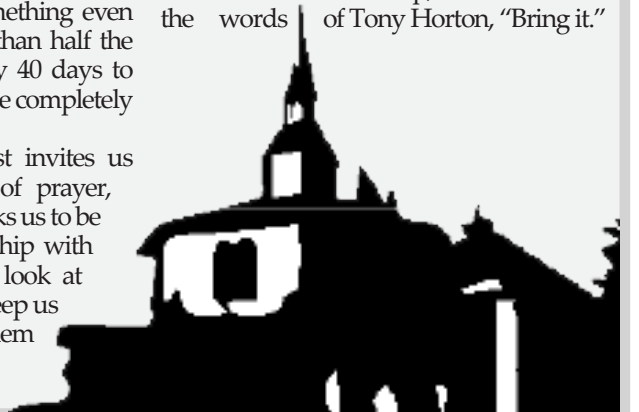
But wait! There's

more. This Lenten program also includes seeking out the poor, the lost, and the lonely and helping to provide for their spiritual and material needs. The Lord invites us to remember that they are our brothers and sisters, and we are all members of the same wonderful human family. And if we accept the challenge, we're only 40 days away from experiencing freedom and joy the likes of which we've never known.

It's a tough program, but the Lord would never leave us to do it alone. He has given us the best possible support system, starting with the sacraments. There's confession to cleanse us from our sins, and the Eucharist to strengthen us and bring us into communion with Christ and with one another. There's the witness of the saints and the support of our fellow Christians who are on traveling down that same road to Easter.

Imagine what your life might look like in 40 days! Imagine the testimonies you might give! Through God's grace working through us, with us, and in us, we can be renewed in mind, body, and spirit. Patterns of sin can be broken, and we can walk in the light of the Lord as the free men and women we were made to be. How great does that sound?

I'm excited to plunge into this Lenten program with all enthusiasm and invite you to do the same. It only takes 40 days. With the Lord's help, we can do it. In the words of Tony Horton, "Bring it!"



TAKE PERSONAL RESPONSIBILITY

independent willingness and love of liberty and success.

If we do not recognize our problems and mistakes, whether they are within or beyond our control, how can we attempt to improve our moral obligations? It is irrefutable that the being whose faculties strive to implement the highest quality achievements is granted the universal authority to achieve great successes. The past or present environmental circumstances are indirect forces that will never be able to take the blame for our failures.



PHOTO COURTESY OF WIKIMEDIA COMMONS

Students Speak Out: Perspectives on Diversity

I Earned It!

by Kwaku Frimpong '14
Guest Commentary

My name is Kwaku Frimpong. I'm from the Bronx, N.Y., and I'm currently a junior here at Providence College. I'm a marketing major and finance minor, a member of the varsity track team, BOP leader, Urban Action leader, and also an MLK full scholarship recipient.

Applying to college was an interesting time. I did not know where I would end up because college is so expensive in this day and age. One thing that all my teachers and family kept telling me was that I need to be patient and that all my hard work would pay off during this process. The night I read the letter that I was chosen to be the recipient for that full scholarship was the happiest day of my life. My parents, teachers, and coaches were all extremely proud of me. I was extremely proud and honored. Being my high school class president, varsity track and basketball captain, student advisory council, student council, and writer for the school newspaper had all finally paid off. I was recognized for my hard work, dedication, and most of all my character.

For me to have to read an article in *The Cowl* that brings to question my character as an MLK scholarship recipient I think is outrageous. I understand a newspaper is supposed to be a place where freedom of speech is encouraged and people are free to state their opinions, but certain opinions need to be kept to oneself. Not everything should be allowed to be placed in print because it can belittle and offend many people, and that is what I believe this article has done. For someone to say that me receiving my MLK scholarship "would not be outrageous if diverse students earned the scholarships only because they are intelligent and well rounded, not because they are colored" is a slap in the face to myself, my family, and all the hard work I put in to get to where I am today. "A student should not receive a special award because of his or her skin color." For things like that to be allowed in our school paper I have to question what our standards are for what we allow to be published within *The Cowl*. The writer of this article, Kelly Sullivan '15, I believe is completely ill informed. I was not a person who received a scholarship for being an African-American student from the Bronx, N.Y., I received this because I worked hard and earned my spot in the PC Class of 2014. Nothing I received in life was just given to me for nothing, especially my skin color.

Everything I have has been earned, NOT given. Whatever opinions Sullivan may have, I believe proper research needs to be done before an article like this was written and allowed to be placed in the paper. I don't fit that description of an MLK recipient that she stated, and I believe many other recipients don't either. This article is a slap in the face to every student who worked hard in high school and earned their place here in Providence. Her facts were completely false. No recipient of the scholarship applies for the MLK scholarship thinking they will get it because they are a minority, they are blessed with the scholarship because PC believes in the students they give the scholarship to. I am writing this letter to you today to bring your attention to this because I wasn't sure if it was known the insult of this article because it was already published and placed all over our campus. Again I want to say, I earned my place here, it wasn't given to me because of my skin color.

Empirical Evidence Lends Support for Sullivan '15

by Meryl Ertelt '13
Guest Commentary

Sullivan '15 has hit a hot button issue, and despite people's personal attacks on her writing and her intelligence, I strongly believe that neither she, nor I, want to offend anyone in our writing. Further, I want to assert that I am not a scholar, and I am simply looking to support Sullivan's argument and her merit as a writer.

With that caveat, I want to address claims of Sullivan being "misinformed." Despite a lack of empirical evidence within her commentary, numerous scholars have lent support to her ideas. For example, scholars note that it is often, unsurprisingly, disadvantageous for students to be put in environments which they cannot thrive.

In 2008, the United States Commission on Human Rights held a hearing on the issue of "academic mismatch," which resulted in a report that supports Sullivan's view. In particular, the commission addresses why there is unequal attrition rates from science, technology, engineering, and math degrees amongst different races and ethnicities.

The brief decrees, "Regardless of their racial or ethnic background, college freshmen show equally substantial degrees of interests in STEM careers... When black and white students have

similar academic credentials, black students are actually more likely than their white counterparts to obtain STEM degrees. Thus, the commission ascribed the higher minority attrition from STEM programs to credential gaps or mismatch stemming in part from racially preferential admissions policies."

Further, one can cite Richard Sander and Stuart Taylor Jr.'s work, two of the leading scholars on the effects of racial preferencing. They assert that one has "no reason to think that small preferences are not, on net, beneficial. But contemporary racial preferences used by selective schools—especially those extended to blacks and Native Americans—tend to be extremely large, often amounting to the equivalent of hundreds of SAT points."

Due to these inherent gaps in "merit," such as Sullivan states, Sander and Taylor point out the ills of academic mismatching. For example, these preferential policies harm short-term success—"Blacks who start college interested in pursuing a doctorate and an academic career are twice as likely to be derailed from this path if they attend a school where they are mismatched"—and long-term success—"black law school graduates are four times as likely to fail bar exams as are whites; mismatch explains half of this gap."

Whether you see the ideas laid out

here as right or wrong, in light of such prominent critiques, it is difficult to assert that Sullivan's opinion is not underlined by facts, misinformed, or offensive.

Next I would like to address claims that college admissions policies for minorities are needed because, as a *Friarside Chat* blog post states, "A hierarchal social pyramid has developed here in the United States, in which (generally speaking) white people are afforded significantly more advantages than minorities."

It would certainly be misinformed for someone to deny that there is an inherent difference in "advantages" afforded to different races, but that issue needs to be reformed on the macro level, rather than on college campuses. In particular, it needs to be remedied with systematic primary and secondary school reform.

Admissions to a university does not equip one with the necessary tools for success. Rather, primary and secondary school reform could provide equal opportunities for people of all races and ethnicities—whether through the voucher system, open enrollment in public schools, or simply raising the standards of what is considered acceptable teaching. Through societal reforms, not quotas, scholarships, or anything of the like, one can begin to create a path to equality.

The Commentary Section Is a Venue for Opinion

by Michael Rose '13
Managing Editor

In the most recent issue of *The Cowl*, Kelly Sullivan '15 outlined her view of the College's diversity plan to the dismay of some readers. The Commentary section of this paper, in which Sullivan's article ran, is dedicated to opinion. The strange uproar that has resulted from the seemingly innocuous opinion of a lone writer is utterly bizarre to me. A number of readers have written lengthy letters to the editor or even penned their own articles in response to Sullivan's implication that the College's diversity initiatives may not be as effective as they claim to be. Stranger than the uproar, though, is the response of a few people who claim to espouse the inclusive liberalism of which diversity is a core value.

These individuals claim to love diversity in all its forms, yet when they find an opinion that does not correlate exactly to their own worldview they seek to stamp it out with a level of immediacy and vigor that the Spanish Inquisition would envy. Repeated assertions on the part of some that Sullivan was naïve, ignorant, shortsighted, or biased in her piece rank somewhere in the hilarious as

far as I am concerned. Sullivan thoroughly researched her piece and rendered her opinion based on what she found, something we are all entitled to do now and again. Moreover, this opinion, which in the ensuing week has been characterized in many quarters as radical or somehow out of the ordinary is one held in common by more than a small group of students at this college.

I completely respect the views of those at odds with Sullivan, but I respect just as much, if not more, Sullivan's right to voice her own concerns. The issue of diversity tends to polarize and once they are entrenched on one side or the other of the issue it seems that it is becoming increasingly difficult for opposing factions to understand, never mind respect, the opinions of others. Diversity is an inherently complicated concept, and it is hard for me to believe that either of these polar opposites can be categorized as purveyors of the whole truth. That truth seems to belong to the real estate somewhere in between, an area that is only navigable when one approaches it with an openness and sensitivity that is necessary for meaningful discussion.

I applaud Sullivan for giving her

opinion, and I think that some of the complaints about her article have truly lowered the level of discourse on this issue. Providence College is better than that as a community. If we are to take up the issue of diversity, which is real and pressing on this campus, then we must participate in a discussion that is not partisan. We must include, respect, and consider the views of every member of this campus community and reach out to those whose views are different from our own in order to embrace diversity in its most essential form.

Success is Defined in Many Colors

by Pratima Benjamin '16
Guest Commentary

Colleges around the nation are looking to diversify. Providence College is one of them; they are trying their best to bring diversity to our campus by having the Multicultural Scholarship Program. Students that are chosen for the scholarship have to have "strong academic backgrounds (taking most rigorous courses offered at their high school) and leadership potential with emphasis in cultural competency and or community service activities." This means students have to be "intelligent and well-rounded students." In the article posted in *The Cowl*, "Diversity: More than Skin Color" the author stated that it is outrageous that the students are chosen because of their skin color and not because we are intelligent and well-rounded students. I am currently a student who is part of the Multicultural Scholarship Program, and I was outraged after reading this. My peers and I worked very hard in high school and many of us were involved in extracurricular activities. We have brought our drive to flourish with us. The color of our skins are not the reasons why we are here today, we are here because we have earned it. Just like the students that are not part of the Multicultural Scholarship Program, we are here to further our education and to succeed in today's society.

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Students Speak Out: Perspectives on Diversity

Let's Be Open about the Open Forum

by Keely Mohin '14
Portfolio Editor

Let me preface this article with the following: I am the Portfolio Editor on *The Cowl*, and, as such, I edit and design pages of fiction, prose, song lyrics, and illustrations for the enjoyment of what I hope is a fairly large audience.

However, I felt compelled to write this Commentary article because I want to discuss what I feel is an act of division.

As some of you may know, Michael Walsh, assistant dean/director of the Multicultural Scholarship Program, invited multicultural scholarship recipients to an open forum Wednesday evening in Harkins Hall to discuss the diversity article written by Kelly Sullivan '15, Commentary's assistant editor, in last week's paper.

A member of *The Cowl* received an invitation to the event, as this particular writer earned a Martin Luther King scholarship upon admission. According to the staffer, he emailed Walsh on Wednesday afternoon and asked if Arman Oganisian '13, the editor-in-chief, and Sullivan could attend the forum.

Walsh declined and, according to *The Cowl* member, said it was too soon, and it would be better for Sullivan to come for a discussion at a later date or schedule a meeting with him personally.

I have no desire to share my own opinion regarding Sullivan's article. This piece is not about its perceived merits or its perceived faults.

With that said, I think it unfair to deny Sullivan access to a forum where she could hear students' opinions, discuss her own, and hopefully create a sense of unity and heal any wounded feelings on both sides.

Denying Sullivan such access creates an "Us" vs. "Them" mentality and cultivates an air of division amongst students, particularly between Sullivan and those offended by her article.

But does Sullivan not deserve the same emotional support as her peers? In the past week, students accused her of racism, spread false rumors about her ethnicity and heritage, and, on one occasion, threatened to punch her in the face in Raymond Cafeteria.

I cannot speak for Sullivan, but I can only hope that no one, on either side of the debate, ever intended to hurt a fellow student. I am, however, shocked and saddened that she was denied a safe place to share her feelings and respectfully respond to others at a time when she needs this opportunity most.

The denial of access to the open forum (in which the invitation was only addressed to a select group of students) implies that Sullivan's feelings are not important or relevant enough to share at this time, and that she does not deserve a safe place to discuss her feelings and her opinions.

In addition, by calling the open forum a safe place at all implies that there is no other safe place on campus for MLK scholars, which further divides PC students at this sensitive time.

I am sure whoever organized this event had their reasons for structuring it the way they did. And although it is a step in the right direction, it must be done more inclusively.

Instead of separating students with differing opinions, we should be able to bring them together, find a common ground, and solve any problems or issues together. Only then can we truly grow stronger as a school and an institution.

Read, Discuss, Submit

by Arman Oganisian '13
Editor-in-Chief

I am writing my first non-"Editor's Desk" commentary piece of my tenure as editor-in-chief to address my fellow students regarding the wording in Sullivan's '15 article, particularly to the use of "colored" versus "people of color." On behalf of *The Cowl*, I would like to apologize for this unfortunate error. It has offended many, many members of our community.

I do not believe a simple apology is enough. Those who were offended by this incident deserve an explanation. This necessitates a detailing of our editorial process. Before an article goes to print, it is subjected to three rounds of correction. One round consists of three copy editors reviewing the particular article. That is a total of nine readers, including the section editor, and myself (which brought the count up to 11 readers). Not once in this process did a single person raise alarm to this wording.

Unfortunately, none of these people (including myself) knew

that there was a distinction between these terms. Sullivan, in an attempt to not repeat "people of color," used "colored" as a synonym in order to make the article more stylistically dynamic, unaware of the negative connotations. Still, the question remains: how could 11 of our peers, including myself, be unaware of the terrible historical connotations of this term?

A possible explanation is that the context and historical connotations of a word vary from article to article and with time, respectively. Perhaps the negative connotations of the word "colored" have lost their hateful meaning among whites. After serious discussions with many staff members, the editorial board and I feel that this is, indeed, a major reason for the error. Many also agreed that this is a failure of education on matters of diversity. Both of these elements are, in my opinion, responsible for this error. Please do not mistake my explanations for excuses.

I am deeply apologetic for the error and recognize that much damage has been done that can only be undone with time. I can

only hope that the members of our community can see *The Cowl* as part of the healing process.

Having said this, I would like to reiterate that no member of *The Cowl* had any intention of offending anyone. I hope that we can all agree on that singular fact. That having been said, I cannot apologize for the article as a whole. Doing so would betray the more than 80 members of *The Cowl* as well as my own conscience. Since the start of my tenure, I've stressed to them that *The Cowl* has four objectives: to inform, to facilitate discussion, to educate, and to entertain. Our Commentary staff has succeeded in the second of these four objectives (the only objective with which it is charged), as is evident from the student submissions in this section.

As always, *The Cowl* remains an open and uncensored forum for discussion. This is everyone's newspaper. We simply do the grunt work of putting it together. Please read the submissions of your fellow peers. Read, discuss, and most importantly, SUBMIT!

MLK Scholar Offers Insight

by Andres Taborda '15
Asst. News Editor

As a member of the editorial board of *The Cowl* and as an MLK scholar, I'm in a very tough position when it comes to diversity.

I don't wish to offer my opinion on Kelly Sullivan's '15 article, but I do want to offer you this insight.

Certainly Sullivan's article in last week's issue caused a lot of controversy, enough controversy that an open forum was called for MLK scholars. The email was sent out through a Sakai group. While I understand that this was intended for those directly affected as MLK scholars, I believe if it's going to be called an open forum, both sides should have been invited.

As an MLK scholar, and please know I'm speaking for myself and not any other MLK scholars out there, I don't feel unsafe on this campus. I've never had any incidents with anyone based on my race, nor did I assimilate with this campus to make sure this didn't happen. I have also never felt the need to "prove" to someone why I'm here.

I personally feel like we didn't need a "safe space" on this campus to discuss Sullivan's article. If anything, Sullivan should be the one needing a safe space. Her safety has been threatened, and that is completely unacceptable.

I've been threatened by my writing before and I don't wish it upon anyone. The fact is that my personal safety was in danger after writing an article about my residence hall last year. Within hours of that *The Cowl* issue being published, the Office of Residence Life and the Office of Safety and Security contacted me and had legal counsel appointed to me. This was in the

best interest of the administration, and it should be in their best interest once again, yet Sullivan has been offered nothing that I was offered.

As a member of the editorial board of *The Cowl*, I'm disturbed by the stereotypes that have been made of our organization. We are not racists, right-wing extremists, nor biased. We are an entity that promotes discussion, but unfortunately we get slapped with stereotypes when we try to do so. Just keep in mind that we only publish what we get. It is impossible for us to publish both sides of the argument if people do not submit.

Could Sullivan's article have been worded better? Sure, but we aren't perfect journalists. We only strive to be better and learn from all of our mistakes to bring you better issues each week.

Like I told everyone at the open forum, *The Cowl* is an open venue for discussion. Props to Sullivan for starting the discussion on diversity, something this campus lacked. Hopefully the setup of these forums is reevaluated, and both sides can discuss the issue. The last thing we want to do is promote a form of seclusion in 2013, no matter how high the tempers are.

As *Cowl* writers, we stand by our work. Our words are in print...forever. We will discuss it with you whenever you want, and we will engage in conversation. I swear we don't bite.

When you attack an article in *The Cowl*, attack the content of it. I beg you to not attack the writer. I've been there, and no one should have to endure it. I'll quote myself from the forum, "Attack the article, not Kelly Sullivan."

Sullivan Is Not Alone

by Shayna Kaufmann '13
Guest Commentary

This week, a friend of mine recommended I read Kelly Sullivan's '15 article from last week's edition of *The Cowl*. After hearing about the ruckus this article has caused, I'm compelled to write to *The Cowl*. Even as a woman of mixed racial and religious background, the majority of Sullivan's points I share. I'm thankful that she's delivered them more eloquently than I could.

I strongly believe that the evils of favoritism and bias don't dissolve when the end goal is "diversity." Showing partiality to minority students just because of their minority status is not justifiable.

I think Sullivan's opinion is the same opinion many PC students also have, meaning that it's worth the College's attention. I'm glad to see some people other than myself are displeased with PCs racial and ethnic favoritism in the name of "diversity."

I applaud *The Cowl* for including Sullivan's article. Like I said, it is probably giving many PC students a voice.

Let freedom ring.

Your guest submission is only an email away!
Please send them to cowlcommentary@gmail.com.



Love the One You're With

by Keely Mohin '14
Portfolio Editor

FICTION

Helen had a habit of not caring. She didn't care about her homework, she didn't care about her lame part-time job swiping students into the dining hall, and she certainly didn't care about herself. Because there was this thing inside, this strange, weird thing, which she just couldn't like. Call it a character flaw, a weakness, or an irrational manifestation of some obscure mental disorder, but something felt off-kilter, something felt "not right," something just journeyed off.

So when the dreaded Valentine's Day rolled around and the world's multitude of singles indulged in nonsensical crying fits, overconsumption of processed sugar, and marathon showings of *When Harry Met Sally* (because, after all, life couldn't be so bad if it took even Meg Ryan 12 years to land her man), Helen sat in her room, solemn and unmoved as ever. Because to care

that much about having someone else, to want someone to jump into the void with and say, "Hey, be my partner in this creepy, dangerous thing called life," would require caring that much about herself. And, like I said, Helen had a habit of not caring.

So when the commercialized love holiday appeared, Helen went about her day as usual. She showered, threw on some frayed, gray sweatshirt, pulled up her tattered jeans, and went to some class that didn't matter much for a requirement in a major that didn't really matter that much either.

But, as known by every melancholic Eeyore, depression took energy, and the best kind of energy came in the form of a hot, brown, bitter liquid with two sugars and a dash of whole milk on top.

"Can I help you?" a far too cheery Dunkin' worker asked.

"Erm, yes. Iced vanilla swirl, two sugars, with milk." Helen said as she reached into her pocket for some cash.

"Would you like a 'Love Yourself' donut? It's a V-Day special, two-for-one." Helen smirked one of those evil smirks that really held no humor at all as she spied a Pepto Bismol pink donut covered in confetti nonsense.

"No," said Helen. "I just need the coffee."

"Well okay, sweetheart."

Helen winced. False shows of stranger affection always had a way of inducing nausea in her.

And, if the queasiness mingled with the ever-present general feeling of malaise wasn't enough, Helen discerned a clap of thunder and a flash of lightning outside. She pulled up her hood with a ferocious groan and faced the flood as she walked down campus to her class on the Bronte sisters. She made no attempt to avoid the teeming puddles, but instead walked on until her jeans were soaked to her knees and her feet had numbed of feeling.

The fact that Helen also ran 10 minutes late was of little consequence to her.

"Ah, Ms. Petralia, how good of you to join us," said Dr. Ashdown as Helen made her way to the back of the class. "You're just in time for the good news."

Helen hardly listened, but instead pulled a book from her backpack that had nothing to do with the class and perused through its pages until she found her spot. A few moments later, there erupted a scattered, somewhat unenthusiastic, round of applause.

Helen paid little mind until someone to her left patted her on the shoulder.

"As I was saying, Ms. Petralia, you've been awarded the Feldman Essay Prize for the best paper on Gothic literature." Dr. Ashdown placed a long, squared envelope on Helen's desk. "A two thousand dollar prize—a veritable honor."

"But I...I didn't enter any essay." Helen said.

"I know," said Dr. Ashdown. "I entered one for you." She smirked a smirk filled with delight, and walked back to the front of the room. Helen, her heart all aflutter, spent the rest of the class lost in a daze of wonder.

The rain still fell outside when Helen emerged from the liberal arts building, but this time she made it a point to avoid the puddles. She held her hood firm against her head, and chanced a small smile with a girl beside her doing the same as they walked into the student center.

"How can I help you?" the cheery Dunkin' worker asked when Helen came to the front of the line.

"I'll have a 'Love Yourself' donut."



Name that Character!

Claims to Fame

A master of words, and the best valentine ever. Friends with priests and a boy with a good voice. Comes from a powerful family.

Chosen Craft

Hiding in bushes proclaiming his love to a girl he met three days ago, walking around aimlessly claiming to be lovestruck.

Hunk or Flunk?

The hottest guy this side of Verona, could possibly be confused with Leonardo DiCaprio.

Personality

Romantic, quick to fall in love, would give his life for those he lusts.

Conflicts

His parents hate the girl he loves. Does he dare go against their wishes to be with her? Should he run away with her for the the sake of love?

**Check Back Next Week
for the Answer!**

Illustration by
Casey Lynch '14

Last Week's Answer: Daisy Buchanan

"The best thing a girl can be in this world, a beautiful little fool."

-Daisy Buchanan, *The Great Gatsby*

Sonnet of a God-Fearing Man

by Mason Sciotti '15
Asst. Portfolio Editor

A luminescent moon, the night's raiment,
A crown more fitting for an angel's head.
Long nights together, restless yet content,
Under the stars we made our lovers' bed.
I crowned you Queen of Eros, Cupid's wife.
Idolatry in fair, sensual form,
Electric eyes protect the spark of life,
A tranquil place amidst a raging storm.
Our kingdom come, o let thy will be done
In me, a metamorphosis of heart.
Conversion's sweet succor, a blazing sun,
And at your word, the Trinity will part.
Alone now. I try my best to trace
The sins by which I must have lost my faith.

Falling in Love

by Elizabeth O'Neill '16
Portfolio Staff

The way the light falls on her hair
The way her hair falls on her face
When she laughs
At your sideways smile
The way your hand finds the small of her back
If only for a moment
The way she dances to music in her head
The way you can hear the music
As real as her hips swaying
The way her lips part when she's sleeping
The way she sleeps on your shoulder
In the middle of the afternoon
The way her neck smells
When she leans into you
The way she bites her lip
The way her lips move
When she breathes
The way the walls lean in to listen to her words
The way her words mean everything to you
The way you love her
And the way she doesn't know
The way two best friends dance around the Truth.

Learn to Love

by Justin Fernandez '15
Portfolio Staff

Her autumn eyes look deep into my soul
And call me from a dream of dread and death.
Locked in her gaze, my fears melt quick like ice
Left in the sun from winter's coldest day.

Her bleeding heart pumps blood into my veins
To teach my heart to beat a song again.
Like harmony, our hearts synch up and meet
Tonight in song, and dance, and love, and play.

Her gentle soul leads me when I am lost
From caves and caverns to the blinding lights.
And like the planets orbit 'round the sun,
I'm drawn ever closer to her light soul.

And in the light I see her love grow clear;
And now I feel my love has learned to heal.

We Found Love in Ray Parking Lot

by Emily Goodnow '14
Portfolio Staff

Yellow snow on our headlights
Our cars buried side by side
As your shovel crosses mine
Hope our cars will come alive

It's the way you're shoveling I
Just can't deny
So Nemo let it snow

We found love in Ray parking lot
We found love in Ray parking lot
We found love in Ray parking lot
We found love in Ray parking lot

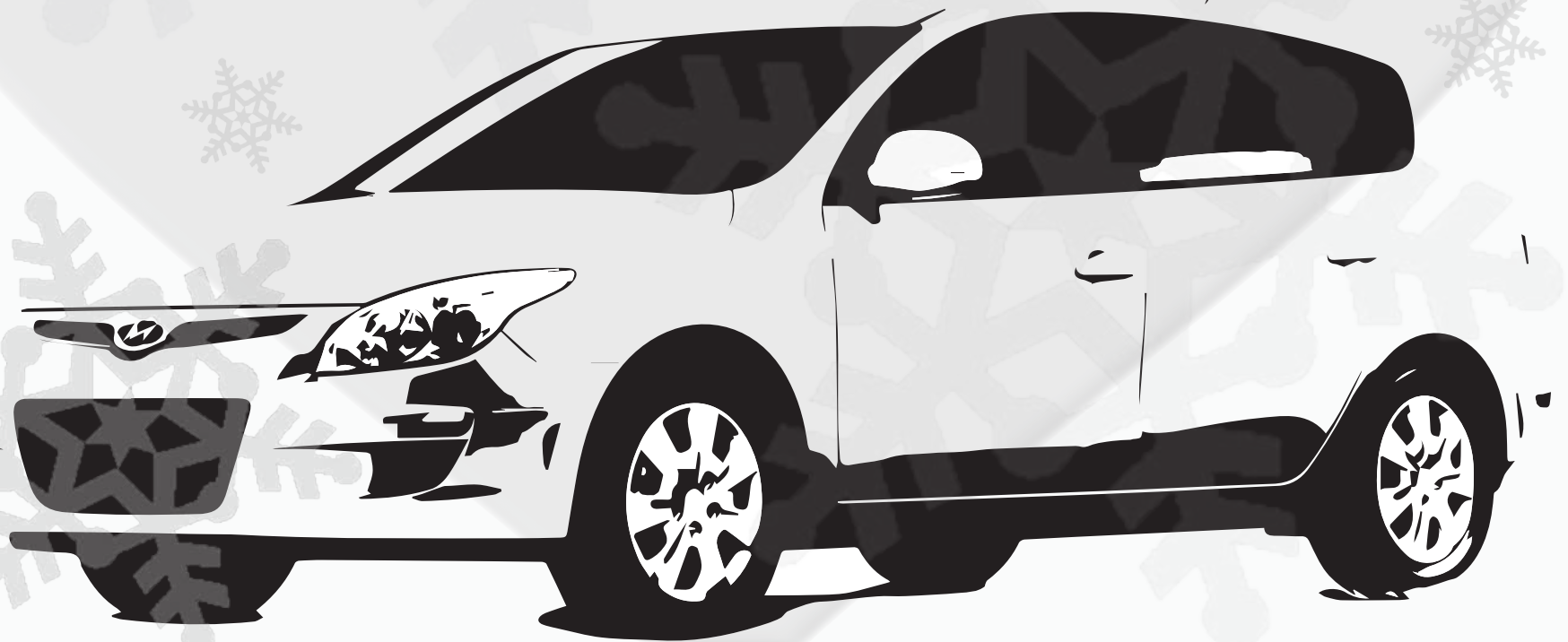
Brush away my snowy door
Snow and ice I will divide

Scrape away 'cause I need you more
Feel the frostbite override
It's the way you're scraping I just can't
Deny
So Nemo let it snow (oh oh oh)

We found love in Ray parking lot
We found love in Ray parking lot
We found love in Ray parking lot
We found love in Ray parking lot

Yellow snow on our headlights
Our cars are buried side by side
As your shovel crosses mine...

We found love in Ray parking lot.



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What Is Your Favorite Winter Sport?

Hockey

Snowboarding

When you grow up in the Midwest, you tend to grow up watching hockey. I specifically grew up watching hockey on the CBC, and it is difficult to spend your childhood watching Hockey Night in Canada on Saturday nights without coming away with a love of the game and a reverence for its history and tradition. That history and tradition is a good part of what makes hockey great, from the Imjin Memorial Cup, commemorating the games played on the Imjin River during the Korean War, to the respect given to the "Original Six" simply by virtue of being one of the original NHL teams, to the backlash the NHL or the IIHF has to deal with when they try to place more restrictions on fighting.

Hockey is a winter sport, and the fans and the governing bodies of the sport embrace it as such. Fans flock to outdoor games with a disregard for the temperature unparalleled by none other than those attending a game at Lambeau in January. The Winter Classic and the Heritage Classic, its Canadian counterpart, are considered by many to be the high points of the NHL season. When a rink was built in Michigan Stadium, the largest arena in the country was filled to capacity for a college hockey game.

To me there is just something about hockey that is far more different than any other sport, and that is why it is great.

-Veronica Lippert '15

Snowboarding is the best winter sport simply because it is the coolest to watch. Honestly, who can bear to change the channel during the X Games, especially during a half-pipe shred-fest with Shaun White and Scotty Lago? This year, Shaun White won the X Games Grand Prix with a wait for it-backside air, frontside 1080 double cork, cab 1080 double cork, frontside 540 stale fish, backside right double McTwist, alley oop rodeo 540. Witnessing the mastery of these complex tricks is a fascinating spectacle for both die-hard snowboarding fans and newbies to the sport.

The spectator-friendliness of snowboarding makes watching each event a fun experience with minimal head scratching over rules and regulations. Furthermore, snowboarders are the essence of awesome. They are thrill-seeking daredevils that do not shy away from the neck-breaking risk of their profession. Snowboarding utilizes the elements of winter to create a sport that embodies the season.

The extreme nature of the game adds an element of adrenaline that can be felt by both athletes and spectators alike. Each successfully landed trick is met with a sigh of relief and absolute admiration. The coolness factor of snowboarding also contributes to the fact that we could never do it. For indoor court sports like volleyball or basketball, learning how to dribble or pass a ball is a relatively simple skill to learn. Standing on a snowboard, let alone racing down mountainsides at high speeds and propelling your body off of icy platforms takes years to master. The edginess and talent of snowboarders, combined with the visual stimulation for spectators, is why I believe that snowboarding is the best winter sport.

-Julia Claudy '13

In the Spotlight

Men's Basketball: It is understandable if you had given up on the basketball team after frustrating losses to Brown and BC. But you can tune in again because the Friars are undefeated this February. The Friars improved to 2-0 for the month, beating a ranked Cincinnati squad 54-50. Kadeem Batts '14 led the team with 25 points and nine rebounds. PC takes on Notre Dame this Saturday at noon.

Women's Basketball: It was a tough week for the Friars, as they dropped both Big East contests. The first one was a 82-54 loss to South Florida. Symone Roberts '13 pumped in 13 points and dished out four assists. The Friars then welcomed UConn and dropped the game 105-49. Brianna Edwards '13 led the team in scoring with 17 points.

Men's Ice Hockey: The men took on UNH twice this week, tying the first time 3-3. Nick Saracino '16 tallied two goals, earning him Pro Ambitions Rookie of the Week for Hockey East. Jon Gillies '16 saved 41 shots, earning him Co-Defensive Player of the Week for Hockey East.

Women's Ice Hockey: The women did not have their game this week due to Nemo. However, last week PC earned their 300th win at Schneider Arena with a 4-3 overtime win over UConn.

In the News

Honors Podium: Jon Gillies '16 and Nick Saracino '16 were honored by Hockey East for their play last week at UNH. Gillies earned Co-Defensive Player of the Week honors after stopping 41 shots in the overtime thriller. Saracino rattled in two goals and picked up an assist in the game, earning him Pro Ambitions Rookie of the Week.

Player of the Week: Kadeem Batts '14 was named Big East Player of the Week last week. In the upset of Cincinnati, Batts stood out with 25 points and 9 rebounds. Batts will try to continue his hot play this coming week against USF and Notre Dame.

Love and Sports

How to Share Sports this Valentine's Day

by Sean Bailey '14
Asst Sports Editor

COLUMN

Love and sports are synonymous to me. I love sports. They were my first love. Baseball and basketball are the two greatest of these loves, but I have come to accept football, soccer, and even some hockey into my heart. Throughout my years, I have always had my love. Throughout my obnoxious middle school puberty stage, through my high school know-it-all phase, and even now in my college phase. And I anticipate my first love sticking with me until Judgment Day. (As a side note, I picture my Judgment Day to go somewhat like Selection Sunday in college basketball.) However, it can be hard to share your first love. How am I supposed to enjoy my love with someone else? At first I was a jealous lover, but I have grown to accept many who also love sports. I share pretty well now. With Valentine's Day approaching though, the question is, how do you share your love of sports with another lover? Can we be polygamists?

This is a question that has plagued men and women for centuries. From *Rocky II* when Rocky's trainer Micky yells, "Women weaken legs, Rock!" to Jason Segel in *I Love You, Man*, when he gives Paul Rudd a stern talking-to about taking girls on sports dates. The golf scene later on is enough to make any sports lover quiver at the prospect of taking a guy and/or girl on a sports-related date.

Fever Pitch, the one movie filmed in Boston that makes me queasy,

is another movie that attacks the issue. Jimmy Fallon struggles to share his love of baseball with Drew Barrymore. I understand those fears. I have had them myself. Would a girl get jealous at my gushing over a high heater from Justin Verlander? Could she understand my squeal of delight when watching Rondo fake a defender out of their shoes? Could she understand my intense man crush on Dustin Pedroia? Could she cope with

my uncontrollable Sunday blues after an inevitable Rams loss?

However, there is hope. In all the movies the guys and girls figure it out. Rocky wins the Heavyweight Title versus Apollo Creed and keeps Adrian around. Jimmy Fallon and Drew Barrymore resolve their differences to find love. And Paul Rudd still is able to keep his girlfriend, in spite of the horrendous golf date.

Before you object, and say that it is only in Hollywood where two lovers can coexist, let me say that it can happen. I for one went on a pleasant date to a sports bar to watch the Pats game. Even though they lost, and I was devastated, I was picked up by my date. We had a rather enjoyable time, and there was no jealousy over my marveling at Tom Brady's cannon for a right arm. No dirty looks over my desire to wear Bill Belichick's sweatshirt. Nope, instead we peacefully coexisted. We were both happy at the end of the night (in spite of the Pats loss). If anything, this sharing of my love with a significant other helped ease the pain. So this Valentine's Day, do not be shy about sharing your two loves. It can be done. Polygamy on ,PC. Polygamy on.



PHOTO COURTESY OF ILoveYouMan.com

Lady Friars Stroll into 300 Club

Friars Earn 300th Win at Schneider Arena

by DJ Anderson '16
Sports Staff

WOMEN'S ICE HOCKEY

Since its opening on September 24, 1973, Schneider Arena has seen several impressive women's and men's ice hockey teams. This season, the Lady Friars have continued the winning tradition on the Schneider ice. They have posted an impressive 14-11-4 record in the notoriously tough Hockey East. The team's many accomplishments include a serious milestone in the history of Providence Ice Hockey. On February 2, 2013 the team squeezed out a narrow 4-3 overtime victory over the Connecticut Huskies and secured their 300th all-time win in Schneider Arena.

This is a huge feat for the entire sports program here at PC, but Coach Bob Deraney has to be given special credit for the job that he has done with the program. Since Coach Deraney took over the reins of the team in the '99-'00 season, he has not had a losing season. Although this year's team may not match the record of some of Deraney's past teams, they have supreme confidence heading into the latter part of the regular season.

Since their loss to Boston College on Jan. 26, the Lady Friars have rattled off three straight wins while only allowing five goals in that time. The team's offense has been deadly in the three-game winning streak; scoring 18 goals, nine of those coming in a 9-2 blowout of Maine at home. This streak and the impressive play on both ends of the ice were good enough to make the Lady Friars the Hockey East Team of the Week for the week of Sunday, January 27.

The awards for the week were not solely for the team. Two players received personal recognition. Forward Jessica Vella '13 won Athletic Republic Player of the Week for her strong play and leadership throughout the week. In total, Vella scored three goals against UConn in their two matchups during the week. The most important goal came in overtime of the 300th win at Schneider Arena, giving the Lady Friars the sweep of UConn this season.

In addition to Vella's award, goalie Sarah Bryant '16 won Pro Ambitions Rookie of the Week for her stellar play. She was the main contributor to the mere five goals allowed by the Lady Friars in their three-game winning streak and was recognized by the Hockey East.

It appears that the only thing capable of stopping this streak was winter storm Nemo, which caused the

Feb. 9 game against Boston College to be postponed. However, the Lady Friars will take the ice again this Friday against UNH. The team hopes to continue their momentum in this impressive season and show no signs of slowing down.

PHOTO COURTESY OF FACEBOOK

Friars Starting to Click

Rebounding and Defense Are Keys

by Danny McNamara '13
Sports Staff

MEN'S BASKETBALL

What if we grabbed that defensive rebound late in the second half? If only we made our free throws and stayed out of foul trouble.

What if we could finish all those times around the rim? How many times are we going to turn the ball over when teams press us?

Those were the kind of questions people asked about the Men's Basketball Team early in the season and the first few weeks of Big East action. Head Coach Ed Cooley signaled for his players to grab the ball off a rebound more than he clapped his hands for a solid defense or great execution of a play.

Late game execution against both Villanova and Cincinnati was anything but spectacular. It was the same as it was earlier in the season against UMass and Brown, and most recently Pittsburgh and UConn. On a night when the league's scoring leader, Bryce Cotton '14 went just 2-10 and as the team shot an abysmal 2-17, just shy of 12%, from three point range, the Friars were able to persevere. Sean Kilpatrick of Cincinnati, one of the league's best off ball guards, was just 5-14 and 1-8 from three point range. Much of this was due to the fact that Kris Dunn '16 smothered him all night. There was not a screen he was not able to fight



through or get on top of and there was not a time where he was beaten off the dribble or did not keep Kilpatrick in front of him.

"Defense is a mindset. Defense is an attitude. Defense is an approach." How is that Ed Cooley quote for a locker room slogan?

The one inconsistency with the Friars the last two games was their ability to rebound from their mistakes and move on to the next possession, the next defensive stand, and the next two free throws.

The latter can be said for Kadeem Batts '14, who earned player of the week honors in the Big East for his 25 points, none bigger than the two he scored with just over two seconds remaining. Eleven seconds earlier, Batts stood at the line and watched his first free throw rim out and his second fall short off the rim to keep the Bearcats alive.

"Like coach says, it's mental toughness," Batts added after the game. "I had to focus on seeing the ball going through the rim."

That mental toughness is what Ed Cooley has been searching for, to no avail for the most part; Since his arrival at Providence, Cooley has given the Friars new life in conference play, something they have not enjoyed the last few seasons.

PHOTO COURTESY OF AP PHOTO



SPORTS

The Owl 28

February 14, 2013

Winter Sports Recap

PC Athletics Is on the Ups

by Chris Sczimanski '14
Sports Staff

WINTER SPORTS RECAP

The Men's Ice Hockey Team finds itself tied for fourth place in the Hockey East standings and poised for home ice in the Hockey East playoffs if they are able to finish hot. While they need a little help to pass Boston University, this season has been impressive as the team has relied on big contributions from freshmen, with the biggest impact coming from starting goaltender Jon Gillies '16. Mark Jankowski '16, Nick Saracino '16, and John Gilmour '16, as well as another solid offensive and defensive season by Ross Mauermann '15 and Shane Luke '15, leave hope that the young legs will stay fresh for the playoff push. Derek Army '14 and Steve Shamanski '14 have provided offensive production beyond expectations and are poised to take over leadership roles in the coming season. Inconsistency late in games has hampered the team this season, allowing points to slip away late in games. This is the only drawback the young team has shown thus far.

The Men's Basketball Team is starting

to play more consistently as they get deeper into the Big East schedule. With a good start to the non-conference games, there was hope in Friartown that the team would be able to compete and win once conference play began despite the lack of healthy, eligible scholarship players. With a disappointing finish to out of conference play with losses to Brown and BC, the team limped into the conference matchups, but has started to play better as of late with big contributions by Bryce Cotton '14. If the team hopes to continue to improve, Kadeem Batts '14, Vincent Council '13, and LaDontae Henton '15 need to increase their production in order to help Cotton. The team has the starters to make a push and win. However, the bench needs to step up their contribution to make a more balanced attack.

The Women's Ice Hockey Team, much like the men's, is having a successful season thus far in Hockey East despite a very young roster. The team is positioned third in the tightly contested conference as Boston College and Boston University find themselves comfortably on top. Molly Illikainen '16 has been a bright spot all season and has consistently seen her name at or near the top of the scoring list for the

team. Nicole Anderson '13, Corinne Buie '14, and Haley Frade '15 are all in the top four for team scoring. This is a testament to the depth of the team as a member of each class is amongst the leaders on the team. Sarah Bryant '16 has taken a strangle-hold of the crease as she won the early season goaltender competition with her stellar play. The Lady Friars have positioned themselves well for another deep run in the Women's Hockey East playoffs, hoping to avenge their loss in last season's championship game.

The Women's Basketball Team has played with a lot of heart this year under first year Head Coach Susan Robinson Fruchtl. A slow start has proved difficult to overcome, but the team has seen success in overtime as of late, defeating no. 25 Villanova in overtime and Pittsburgh in double overtime. These games have proven to be character wins, as the team looks to build off of them heading into their matchup with no. 3 Connecticut. Symone Roberts '13 and Tori Rule '15 have provided solid guard play and lead the team in scoring, while Chanise Baldwin '15 and Brianna Edwards '13 have anchored the Lady Friars in the defensive half of the court.

The Track Team has embarked on its indoor season and continues to set the

pace. In the two team competitions this semester, the men have come in fourth and seventh in meets of nine and eleven teams respectively. The women have finished in fourth and eighth in the same tournaments. At the URI Invitational, the men's and women's distance medley teams each took home first place for the sweep. Standout performers include Emily Sisson '14 and Grace Thek '14 on the women's side, and Nik Andrews '14 and Dominic Channon '13 on the men's side. The team looks to build on recent performances for a successful conclusion to the season.

The Men's and Women's Swim Teams are trying to stay afloat this winter season, as the men are out to a 2-2 record and women are 1-3. These records include a sweep against Holy Cross in an effort led by John Fatigati '15 and Justin Tse '15 on the men's side who each won three events, and on the women's side by Kelly O'Neill '15, Leia Federiconi '15, and Jillian Mullany '15 who all won two races. The team's performance is trending upwards as the season swims along.

State of the Catholic Seven

Where Does Providence Fit?

by Joey Ciccarello '14
Sports Staff

COLUMN

If you are an avid follower of conference realignment like I am, you probably already know about the imminent fall of the Big East as we know it. This began with the departures of Pittsburgh, Syracuse, Notre Dame, and Louisville to the ACC, and Rutgers to the Big Ten. This left the remaining schools in a tough spot, and in the toughest spot were basketball only schools.

These seven schools, Providence, Marquette, Georgetown, DePaul, St. John's, Seton Hall, and Villanova, decided late in 2012 to also leave the Big East and form their own basketball only conference.

This leaves the remaining Big East schools (UConn, Cincinnati, USF, and Temple, who will join next year) in a tough position. These four are almost certain to temporarily combine with Conference USA schools such as SMU, Houston, Central Florida, and others in not only basketball, but in all sports in the coming years.

The so-called "Catholic 7," is in a much better position. They may also be taking the Big East name with them as they start their new conference. Many other basketball-only schools have been rumored in this new conference expansion, including top 10 programs Butler and Gonzaga, as well as Atlantic 10 schools such as Dayton, VCU, and

St. Louis.

The opponents for PC basketball may be different, but it is possible that we will still be able to call PC a Big East school. Their travel schedule may be more daunting, and their competition will still be stiff. All in all, however, Providence and these other Catholic, basketball-only Big East schools currently find themselves in a better position than the Big East schools that have been forced to remain idle in the current conference realignment process.

The Science of Storms

Tips for Friar Fans Looking to Take to the Court

by James Kirby '15
Sports Staff

COLUMN

During Orientation week freshman year, my leaders posed a question to my group: "What is one thing you want to do at Providence College?" While most had a goal for getting good grades, making memorable friends (blah blah blah). I replied, "Storm the court just once in my four years here."

Sadly, a year and a half later I can say I have not accomplished my goal. The art of storming the court is a legendary and glorified moment in a college student's life. Not only is it a guaranteed spot on ESPN, but it is a showing of school pride incomparable to any other. Last week after the Friars pulled off a big upset against no. 17 Cincinnati, a group of freshman fanatics wanted to storm the court. Luckily, they were in the minority and a couple of knowledgeable fans persuaded them to not embarrass themselves and, more importantly, the College. Even though I knew it would be wrong and was strongly against the movement, I understood that what these relatively innocent freshmen wanted to do was the same exact thing I wanted to. In fact, I was in their exact shoes last year when we knocked off then no. 17 UConn at the Dunk. Typical freshman mistake.

BleacherReport.com recently published "The 15 Most Annoying Court Stormings." PC came in at 12th after storming in a 15-point win over no. 19 UConn in 2010. Why is this bad? When students storm the court, it has a

deeper meaning than just celebrating a huge win. It reflects the current state of the program, especially for PC, where we are still rebuilding. Storming the court is a science that has very complex requirements. There are other exceptions than just beating a top five team, but for the most part that should be the golden standard. An unranked Villanova stormed twice in one week this year after beating no. 5 Louisville and no. 3 Syracuse respectively. No. 23 Notre Dame rushed the court after a win against number 11 Louisville, which may have been unjustified if not for the fact that ND won in five overtimes. To keep it simple, storming the court should be rare, which is why there are few victories that merit storming the court.

So this is a public service announcement to all students, regardless of year: PC, whether you believe so or not, is a well-respected college basketball program. Do not ruin that tradition or show that we have slipped in the past decade by storming against an undeserved opponent. Trust me and trust in Cooley that the team in a short amount of time will be once again at the top, and when that happens, there will be plenty of opportunities to storm the court.

PHOTO COURTESY OF MEDIAGALLERY.USATODAY

Valentine's Day Insert

*Romance in the Renaissance
City* pg. 2

Thrift Shop pg. 3

Athlete Crushes pg. 4

Tiffany & Earl pg. 4

Top Romcoms pg. 5

Tasty Snacks pg. 7

Charles Dickens

"A loving heart is the truest wisdom."

Finding Romance in the Renaissance City

Cable Car Cinema & Cafe



With a great ambiance and fancy food, the Cable Car Cinema & Cafe is the ideal cozy movie house for your next romantic outing. Cuddle up with your sweetheart and share a steaming hot chocolate while you watch a foreign film. This is the perfect opportunity to learn some French: the language of love!

55 to Kennedy & walk to destination

The Avon



Feeling a little hipster? Take in an indie film with your darling at this classic theater. Located on Thayer Street, you are steps away from a great dinner. And what better way to end a dinner date than with a hip movie with a hip boy or girl. Buy some M&M's and enjoy.

55 to Kennedy & walk up College Hill to Thayer Street

Palmieri's Bakery & Cafe

by Dara



Everyone knows that Federal Hill is a great date spot. But if you are looking for something extra sweet, head over to Palmieri's Bakery and Cafe. Bask in some Italian glory as you share a cream puff together. Go ahead and kiss the extra cream off her or his nose!

55 to Kennedy, then 92 from Kennedy to Federal Hill

Olga's Cup & Saucer



This restaurant is located in the heart of Providence's jewelry district. After you have bought her that diamond necklace she has been eyeing, stop here for some delectable thin pizza. Look out at their charming courtyard while swapping sweet nothings and staring deeply into each other's eyes. You know how the song goes: When the moon hits her eyes like a big pizza pie.....that's amore!

55 to Kennedy, then 1 from Kennedy to Point Street

Trinity Repertory Company



Get theatrical at a production of one of Trinity Rep's fantastic plays. You will be so mesmerized by the great acting and singing that you will not even notice when he drapes his arm around your chair. Just across the street are plenty of great restaurants for that romantic after-show you have been dreaming of. And there will be nothing distracting at the end of this perfect date!

55 to Kennedy & walk to destination

Pastiche

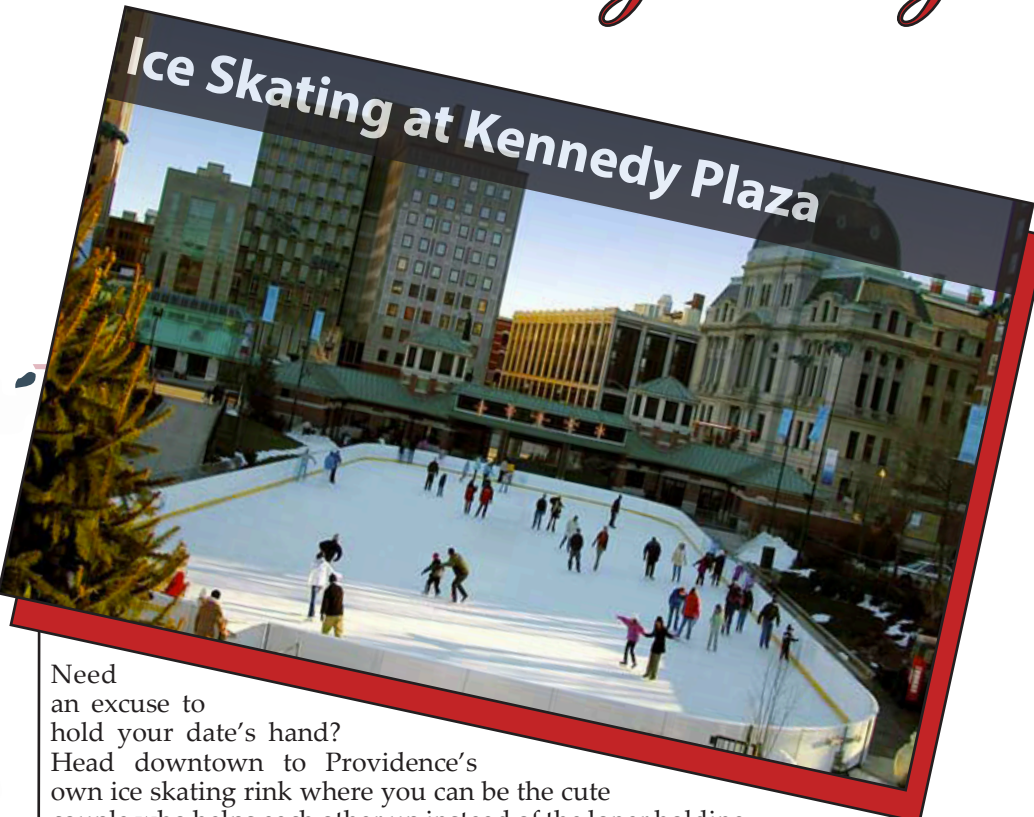


This cute European café is très perfect for you and your date. The smell of delicious pastries will lure you inside where you can share a cozy booth in the corner. This lack of personal space gives you a great excuse to get nice and close. Sip some coffee and share a piece of cake. Here, you will not be *les miserable*...so let them eat cake!

55 to Kennedy, then 92 from Kennedy to Federal Hill

Thrift Shop: Romantic Activities on a College Budget

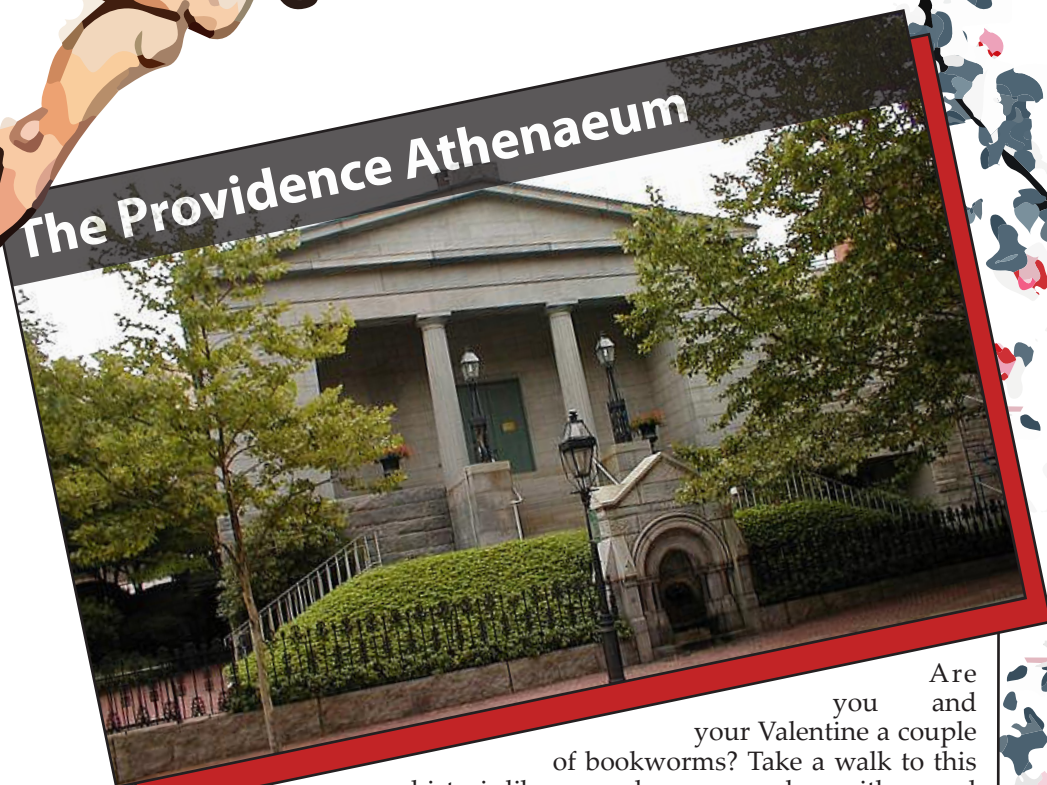
Pratt '13 and Michael Rose '13



Ice Skating at Kennedy Plaza

Need an excuse to hold your date's hand? Head downtown to Providence's own ice skating rink where you can be the cute couple who helps each other up instead of the loner holding on to the sides. Brew up your own hot cocoa, and you can share a sweet treat as you glide along the icy surface. Bring your own skates and this date is 100 percent free, unless you charge for kisses!

55 to Kennedy & walk to the ice skating rink



The Providence Athenaeum

Are you and your Valentine a couple of bookworms? Take a walk to this historic library, and you can curl up with a good book in one of their dim nooks. Read some love poems to each other to really get the mood going; we suggest John Donne or Shakespeare. The atmosphere is straight out of the 19th Century, but your romance will be totally modern. And obviously this is free...you do not even need a library card!

55 to Kennedy & walk up College Street.



Museum of Art at RISD

For an evening of culture, head to the RISD Museum where you and your Valentine can peruse the artwork. It will not take long to see that beauty is not just found on the walls. Pull a Ferris Bueller and pick a specific work of art to gaze at. When you are finished, share your thoughts with each other. It will be a great way to not only learn something new about a piece of art, but also to learn something new about your special someone...perhaps he/she is a closet art history major. Don't forget, admission is free!

55 to Kennedy & walk to South Main Street



Prospect Park

Take your date to Providence's park on the hill to watch a sunset you will never forget. Pack a picnic and share some chocolate covered cherries with your sweetie pie. But make sure you bundle up or you might suffer from some serious frost-bite! Bring a few extra blankets and cuddle up next to your honey as you watch the sun set over the city of Providence. Those rosy cheeks will not be from the cold!

55 to Kennedy & walk to Pratt Street



Benefit Street

Take a stroll to get your blood pumping. This romantic road on Providence's east side will remind you of a time when paramours wrote long-winded love letters to their Valentines. Look up and you will see some spectacular architecture, not as spectacular, though, as your date. They will be holding your hand so make sure you leave those gloves at home!

55 to Kennedy & walk to Benefit Street

The Cowl's Top Athlete Crushes



Paul de Jersey '16

While Paul may be spectacular on the ice, he is versatile in that he could probably have an equally spectacular career as a model for Ralph Lauren or Calvin Klein if the whole hockey thing does not work out. He is easily the hottest Canadian on campus. A freshman, de Jersey, may be tied for sixth currently in points, but he is first in *The Cowl's* collective hearts.



Ted Bancroft '14

Ted can walk on...into our heart! He is one of the most lovable players on the team, an underdog who pulls through when we need him, and looks good doing it. His smile when he hits a three or gets a steal is the cutest.



Mark Jankowski '16

While there is nothing undesirable about being a first round NHL draft pick, Jankowski could be considered as a bit of a sleeper pick in this draft. He may already be above average in looks and talent, but *The Cowl* has high hopes for Jankowski's development both on and off the ice. We cannot wait to see him in a few years.



Bryce Cotton '14

Every game we become more convinced that Bryce Cotton is not human. There is no way someone that adorable can also be the leading scorer in the Big East. It is just not fair to the rest of us mortals. His ice cool demeanor and winning smile make him an obvious basketball crush.

Tiffany & Earl



How to Know He's Into You...

He doesn't text you back.

Call him adoringly anxious or wonderfully bashful, but this cutie patutie is just feeling a little intimidated by your many virtues and tear-inspiring beauty. Boys, minions, are not like girls. They don't share their feelings every 31 seconds, dissect their every minute thought, spend 22 minutes analyzing a seven second conversation, or daydream about their wedding day during ACC 203. In short, they're not really in touch with their feelings. So don't sweat it. If he's not texting you, he's just wondering why his body changes when he's near you.

His friends and family know nothing about you.

Let's face it: male friends and family mock their "boy" when he's lovesick over a PC babe. Men must be strong, they must grunt, they must scratch themselves inappropriately, they must go to the gym and compare their nonexistent muscles whilst flexing with all their might. They are not, under any circumstances, supposed to think about a girl unless it's to admire her voluptuous form. No worries, girls, this guy is a lovesick puppy even if his BFF and mommy have never heard him utter your name.

He's always talking to other girls in front of you.

"The course of true love never did run smooth." So said Willy Shakes, and so say I. Jealousy, the ancient language of the mating dance, is at work here. OF COURSE he's talking to other girls in front of you! He wants to gauge your reaction. He wants to see your pupils dilate, your blood boil, your eyes moisten with livid tears. If he just spoke to you, just confessed every single feeling he ever had, he would run the risk of feeling totally crushed if you didn't return his affection. Let the guy gab. He'll be putty in your hands in 72 hours.

You're not allowed to tell anyone you hooked up a few times.

Okay, this one is a tad tricky. At first, you'll feel used, betrayed, dirty, and, let's admit it, like a total trollop. But this is exactly why your guy wants to keep you his dirty little secret. If everyone knew you broke parietals and, were, erm, indisposed every Saturday night since the last glow party, they would think you were completely easy and the prey for any flesh thirsty predator with a penchant for drunken blackouts. The guy in question is just protecting your good name. Roll with it. After-all, secret sporting is the best kind of sporting ;). Willy Shakes said that too.



How to Know He's Not Into You...

He doesn't text you back.

This dude has declined to communicate with you. Like I mean a relationship is based on having human interaction, so if you don't have human interaction you probs don't have a relationship. You are literally at the same level as two people who have never met. That suggests that he regrets meeting you.

His friends and family know nothing about you.

You are the down low girl. Did he use the words "keep our love a secret"? He wasn't talkin' bout the love (he was talking about the physical stuff). Maybe there's other down low girls, like some kind of black ops Mormon arrangement. Maybe not. In any case, if you are the down low girl you gotta rise up, breach the surface like a rabid mole, demand access to the family, and then drop your boy for his hottest male relative. It's nature's way.

He's always talking to other girls in front of you.

Rawr! It is definitely not permitted for your boy to interact with a non-you human female fleshbody in any way, shape, or form. Cut off all his contact with human female fleshbodies immediately. And when you complete your mission, when he kneels at your feet and begs to be allowed to speak to his mother, just one time, you will look down, smile coldly, and answer, "No." There is zero tolerance for breaking his complete servitude to your femininity.

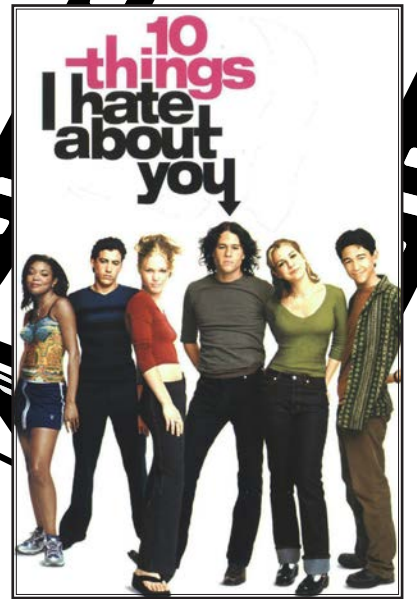
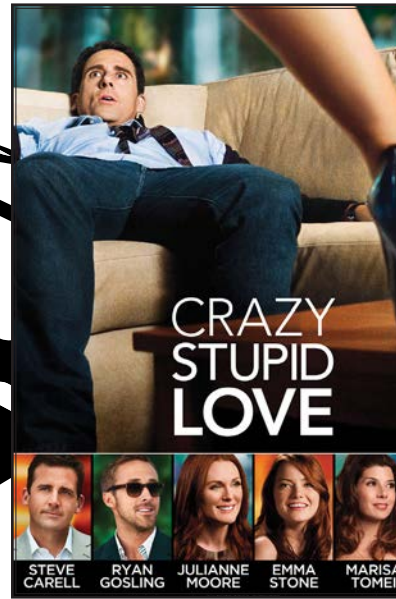
You're not allowed to tell anyone you hooked up a few times.

Is he like keeping you tied up in his shed or something because really the "not allowed" phrasing is setting off my *Silence of the Lambs* radar. Ping. That's the sound my radar makes when I read the words "not allowed." You should probably update a tumblr to your FaceTweet and brag about how much ~hooking up~ you did. Protip: you are allowed to lie.



Top 4 Romcoms To Watch on V-Day

by Kelly Sullivan '15



This is a movie for everyone. If you are young, old, single, married, in a relationship, or anything in between, this one is for you. It is one of those fantastic movies with a million storylines that all beautifully tie together in the end. Regardless of whether or not your own love life is going smoothly, this movie will leave you with happy, fuzzy feelings. Not to mention it is a definite crowd-pleaser because basically every star in the book has a role.

Have a needy best friend today? Is she sitting by the phone waiting for a call while eating her feelings in conversation hearts and chocolate? Watch this one with her. Not only is it fun and light-hearted, but it tells girls like your best friend that she needs to move on. Despite the "signs" she's been reading into, Jennifer Aniston, Ben Affleck, Drew Barrymore, Justin Long, and many more will help her see the light - he is not interested.

We all need a little eye candy, especially on Valentine's Day, right? Ryan Gosling does the trick in this one. His perfectly sculpted abs will leave you either in awe, or with a dire need to hit the gym. Our favorite comedy actor, Steve Carell, teams up with this stud in order to get his outdated love life back on track. For all the guys out there, you will definitely pick up a few moves to win over your gal from this one.

It is a '90s movie, it is free on YouTube, it is a musical performance by Heath Ledger and the guy that played Wilson on *7th Heaven*—have I won you over yet? This old-school classic is sure to bring back that hope for puppy-love you had in your high school days. Spoiler alert: While the underdog may not have ended up with the cheerleader in real life, as in any great romcom, he does in this movie.

Five Artists Who Really Set the Mood

by Sarah Dombroski '13

As Valentine's Day is here, there is one thing the ladies vie to hear: A soothing, sultry voice speaking the universal language of love, ya'll. Sometimes, one needs to seek inspiration on how to "set the mood" from elsewhere, and who better to tap than some of the world's most profound and prolific voices? These five artists are considered in my book to speak love and lust fluently, so invest in a good pair of speakers and let the experts do the talking.

Frank Sinatra



Sinatra really goes by Sinatra, not Frank, but his music is so familiar, and so known, that the temptation to refer to him by his first name is understandable. Everything about Frank is distinct: the look, the voice, the songs. Ol' Lavender eyes will never get old, because he makes us feel so young.

Smokey Robinson



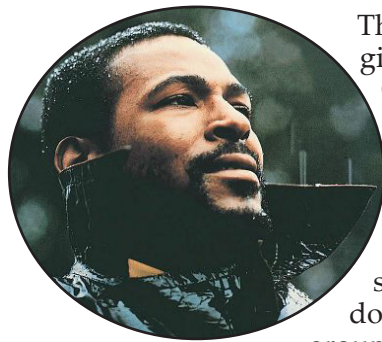
Smokey Robinson is a poet in his own right, and the fact that he was kind enough to put his words to song is really a courtesy for listeners. "You've Really Got A Hold on Me" is one of my favorite songs, and it is a beautiful testament to simple ideas and shared feelings, uncomplicated and stripped down.

Sam Cooke



Sam Cooke's voice is like butter as it glides over notes and cradles each word of every song that is lucky enough to have him sing it. "You'll Send Me" is a sweet, sweet string of assured professions and loving harmonies—a simple yet beautiful representation of Sam Cooke as an artist.

Marvin Gaye



This one is a gimme. Marvin Gaye is the lord of affection, the duke of lovin', the emperor of sensuality. He does not beat around the bush, he just says how he feels, and he wants to "get it on" because he needs some "sexual healing." Marvin is the gamemaker of romance, and regularly appears at one on the "Most Romantic Ever" list, so, there is that.



Valentine's Day Snacks: Tasty & Healthy

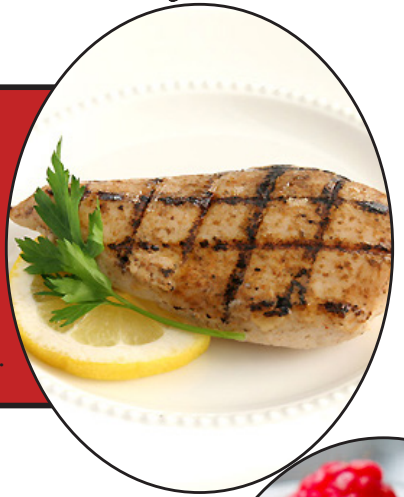
by *Generoso Ag' 14*

Valentine's Day and American Heart Month are both celebrated in February. Think you need to buy a rich, heavy meal and a full box of chocolates on Valentine's Day to express your love? Not so! You can still create a heavenly meal that is heart-healthy too to celebrate the best of February! Here is a list of healthy Valentine's Day foods for you and your romantic partner.

Dr. Felicia D. Stoler, author of *Living Skinny in Fat Genes*, writes that foods that are low in saturated fat, high in fiber and protein, and include functional ingredients such as plant sterols and omega-3 fatty acids create the most nutritious meals. Based on that point and her book as a whole, here are ways to create delicious and nutritious meals on Valentine's Day.

BROIL, GRILL, OR BAKE

Filet mignon (a lean cut of beef) is a good idea for those with a healthy disposable income, but stick to no more than 4 ounces per person. Other choices: Rack of lamb, pork tenderloin, skinless chicken breast, turkey breast tenderloin, or any seafood. Chicken is both delicious and cost effective.



SMOKED SALMON

Take strips of smoked salmon (also known as lox) and roll into a circle, creating a cup. Add a dollop of zero-fat Greek yogurt or reduced fat cream cheese in the middle and sprinkle with some fresh or dried dill.



CHOCOLATE PUDDING

Make it using Smart Balance Heart Right milk. Then spoon it into a parfait or champagne glass, layer with berries, and sprinkle with dark-chocolate shavings.



FRUIT AND YOGURT PARFAIT

Use vanilla Greek yogurt (again, no fat), layer it with All-Bran Buds or granola for a crunch and mix in fruit or berries.



CHOCOLATE FONDUE

Dip fresh fruit into melted chocolate. You can also cut some squares of angel food cake or dip in graham crackers and marshmallows. No need to trek all the way downtown for a spot at The Melting Pot!



Correct Grammar: The Key to Your Lover's Heart

by *Courtney Buchl '15, Andrew Butler '16, & Olivia Winslow '16*

If your Valentine is anything like the copy editors of The Cowl, he or she knows that the biggest turnoff is a Valentine's Day card with poor grammar. To help out those of you with love in your hearts but less-than-stellar grammar skills, we have made this list of common grammar mistakes. Keep it next to you as you write your love letter, and your Valentine is sure to swoon over your flawless word choice!

Using **could of** instead of **could have**:

It is easy to mistake the contraction **could've** for **could of**, but it is really meant to be **could have**.

"I **could have** bought you an extravagant gift, but I figured my love was enough."

Confusing **your** and **you're**:

Your is a possessive pronoun, as in something that belongs to someone.

"I'm **your** Valentine!"

You're is a contraction of "you are."

"**You're** my Valentine!"

Confusing **there**, **they're**, and **their**:

There refers to a place or is used with the verb to be.

"We're going **there** for Valentine's Day."

"**There** is nothing worse than a grammatically incorrect Valentine."

They're is a contraction of "they are."

"**They're** going to be so jealous of our amazing date."

Their is a possessive pronoun, as in something that belongs to them.

"You know Jay-Z and Beyoncé? **Their** love is nothing compared to ours."

Confusing **to**, **two**, and **too**:

To is a preposition before a noun or verb.

"**To** my Valentine..."

"We're going **to** have so much fun today."

Two means more than one but less than three.

"We're **two** peas in a pod!"

Too means also or indicates excessiveness.

"I love you, **too**!"

"I love you **too** much!"



Valentine's Day Desserts for the Forever Alone

by Christine Rousseau '13

Crispy Heart Treats

6 cups crisped rice cereal
3 tbsp butter
4 cups mini marshmallows
Red food coloring (optional)
½ cup chocolate chips
(optional, but yummy)

1. Melt butter in a saucepan.
2. Add marshmallows, stir until fully melted.
3. Remove from heat, add food coloring if so desired.
4. Stir in crisped rice cereal until evenly coated in marshmallow mixture. (Using a greased spatula will help.)
5. Pour out mixture onto parchment paper, and using a piece of greased parchment paper, press flat.
6. Cut out hearts using cookie cutter.
7. Melt chocolate chips in microwave, dip hearts in halfway. Let cool.



1 box cake mix
Eggs (follow directions on box)
Vegetable oil (follow directions on box)
frosting

Lonely Heartcakes

1. Set oven to 350 degrees (or whatever the box of cake mix calls for).
 2. Prepare box of cake mix as directed on the box.
 3. Roll 1/2 inch balls of tin foil, and nestle into cupcake liners to create indent for the heart.
 4. Spoon batter into cupcake liners, filling about 2/3 of the way.
 5. Bake as directed by the box, let cool, and frost.
- Makes 24 heartcakes.



Never-Been-Kissed Pies

1. Set the oven to 350 degrees.
 2. Unroll pie crust, unwrap Hershey kisses.
 3. Using a glass, cut pie crust circles about 2-3 inches in diameter. Place a Hershey kiss in the center of each circle.
 4. Seal dough around the Hershey kiss. First folding up half the dough around the kiss, then seal up the ends to create four corners. Place pies on the cookie sheet.
 5. Whisk together the egg white and water, then brush egg wash over sealed pies.
 6. Sprinkle granulated sugar over pies, then bake for 15-20 minutes, until golden brown on the edges.
 7. Let sit for five minutes, then sprinkle with powdered sugar.
- Makes 8-10 Kiss Pies.

1 premade pie crust
8-10 Hershey kisses
1 egg white
1 tbsp water
Granulated sugar
Powdered sugar



10 Things I Hate About You, Valentine's Day

by Sarah O'Brien '15

Back in the day, Feb. 14 was epic. I am looking at you, grade two. You would pick out awesome cartoon Val's Day cards and candy, which were placed in the homemade mailboxes of everyone in class. You would get high on sugar and on the fact that OMG, MATT DREW A HEART ON MINE, SO HE MUST LOVE ME. Then, this horrible epidemic called "middle school" hit, and suddenly the magic was lost. Sure, someone may have gotten a love note taped to his locker or a special message in an AIM profile (A&F baby<3333333), but the simple sweetness of the holiday had vanished.

Now, being "adults," we are supposed to handle holidays with poise and maturity (just check us out on Halloweekend or New Year's Eve). Rather than subtly observing the Feast of Saint Valentine in our own private way, however, we feel the need to flaunt our feelings toward this holiday like we would toward our favorite team in the final game of the season—everyone's either rooting for or against the day, and no one keeps their opinions to themselves. The pro-Valentiners are all, "You only hate the holiday cause you're single!" and team Singles Awareness Day is all, "Pretty much, yeah. Go suck a heart-shaped lollipop."

If you are into reading titles, you can guess which side I am on. The Hallmark holiday just doesn't do it for me anymore. But, hey, the day of love is one that all we free folk love to hate.

1. The Color

Pink is fine. Nice, even. A decent color. Until Valentine's Day struck and pink became a color of love. When I was four, I had a favorite stuffed bear, which was pink. Future-creative-writing-major me named it "Pink Bear." But now that pink is a universal color of love or whatever, I get totally judged if I push it around campus in a stroller or sing to it during Civ exams. Like, come on, Val's Day, this one's on you.

2. The Winged Kid in the Diaper

One question: why? Why is there this image of a half-naked baby flying around and shooting people with arrows? Who do this child's parents think they are, selling him out like this? And naming your son anything that rhymes with "stupid" is basically setting him up for a lifetime of bullying and bad blind dates. Poor kid never had a chance. No wonder he's so violent.

3. The Conversation Hearts

Has anyone actually had a conversation with these things? Not only are they essentially useless, they are also completely bipolar. "Marry me" one piece and "Get real" the next? A mixed bag of mixed emotions, yuck. Can you stomach the truth? On the sweet side, at least the stale aftertaste of these hard candies will last longer than the would-be relationship! Crunch over crush, forever!

4. The Flowers

Flowers are a contradiction. It is like, here, take these plants I killed by uprooting, and let them symbolize my living love for you. Dry humor trumps dried plants any day. Pick wisely.

5. The Complaints

Hypocrite alert. But, come on, do we really need to hear about how much you detest Valentine's Day again? I know you have brought it up only 12 times since December, but whining is not the way to wining and dining. (Unless maybe it is? Boys?)

6. The Font

You know, that swirly, fancy, curly font that just bleeds Val's Day. I am surprised you even stopped to read this thing, given the gag-inducing headline font. Your tolerance for tackiness is far greater than mine, congrats.

7. The Social Networking PDA

PDA is bad enough. But adorable professions of love clogging my Twitter feed or strewn across my Facebook timeline are almost worse. I mean, I have always wondered what you want to name your kids and what color shirt you were wearing on your second date with the significant other. Obviously. @CuteCouplesEverywhere stop. #now. Love, @SaneSingleSomewhere

8. The Predictability

Oh wow, you bought her roses? Oh, you two are going out to dinner? My, oh my, a teddy bear with a stomach that claims "I Love You Beary Much"? Originality at its best. Not at all unbearable.

9. The Pressure

Ohmygosh it is Valentine's Day, and I totally forgot. Sound familiar? Or maybe you are the type who has been thinking about this day for months, looking forward to the holiday like one looks forward to open heart surgeries or dentist appointments. Just think: you only have to top every other date he/she has ever been on, ever. That is all! Easy!

10. The Chocolate

LOL JK I love the chocolate. Give me all the chocolate.



