

University of Groningen

**Response to Alwardat comments on our systematic review entitled: "Predictors of adherence to exercise interventions during and after cancer treatment: A systematic review"**

Ormel, Harm L; Walenkamp, Annemiek M E

*Published in:*  
 Psycho-oncology

*DOI:*  
[10.1002/pon.4652](https://doi.org/10.1002/pon.4652)

**IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.**

*Document Version*  
 Publisher's PDF, also known as Version of record

*Publication date:*  
 2018

[Link to publication in University of Groningen/UMCG research database](#)

*Citation for published version (APA):*

Ormel, H. L., & Walenkamp, A. M. E. (2018). Response to Alwardat comments on our systematic review entitled: "Predictors of adherence to exercise interventions during and after cancer treatment: A systematic review". *Psycho-oncology*, 27(4), 1354. <https://doi.org/10.1002/pon.4652>

**Copyright**

Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

The publication may also be distributed here under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license. More information can be found on the University of Groningen website: <https://www.rug.nl/library/open-access/self-archiving-pure/taverne-amendment>.

**Take-down policy**

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from the University of Groningen/UMCG research database (Pure): <http://www.rug.nl/research/portal>. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.

**LETTER TO THE EDITOR**

# Response to Alwardat comments on our systematic review entitled: “Predictors of adherence to exercise interventions during and after cancer treatment: A systematic review”

Dear Editor

Thank you for the opportunity to respond to Alwardat's comments on our systematic review entitled: “Predictors of adherence to exercise interventions during and after cancer treatment: a systematic review”.

The correspondent comments on the quality assessment of the included trials with the PEDro scale. As discussed in the article, the PEDro scale is a generally used and reliable scale for assessing the methodological quality of RCTs (C.G. Maher, 2003; R van Peppen, 2004).

Secondly, Alwardat questions why comparing different types of exercise were not included in the inclusion criteria. The aim of our review was to investigate predictors of adherence to physical exercise interventions in cancer patients. We selected papers reporting a RCT

design (intervention versus control), and therefore, the type of intervention was not included. However, we did summarize all control group programs in Table 1. We agree with Alwardat that further investigation of type of intervention is interesting and warranted.

Yours sincerely,

Harm L. Ormel

Annemiek M.E. Walenkamp 

*Department of Medical Oncology, University Medical Center Groningen, Groningen, The Netherlands*

**Correspondence**

Email: a.walenkamp@umcg.nl