Today's Plan



Carl Majewski – Field Specialist at UNH Extension



Intro to Small Grain Production in the Northeastern US



Tyler Murray— Granite Grains

Dina Wilford— Vida Tortilla Sarah Cox— Tuckaway Farm

Grain Production, Processing, & Marketing

Grain Production in NH

Carl Majewski Field Specialist, Food & Agriculture



Why?

- Higher value crop
- Interest from local bakeries and breweries
- Good fit in rotation with corn and forages

412 • Yearbook, 1938



FIGURE 2.—Yields of corn grown continuously; corn grown in a 2-year rotation of corn and oats; and corn grown in a 3-year rotation of corn, oats, and clover, with and without fertilizer, on the Morrow field plots of the University of Illinois.



Other considerations

- Adapted to Northeast conditions
- Malting/baking quality
- Hard vs soft wheat
- Disease resistance

Nutrient (Nitrogen) Management

- pH 6.0-6.5
- Soil test to determine P and K needs
- Overfertilizing N can lead to lodging, quality issues
- 20-40#/A in fall to promote tillering
- Greatest demand in spring at stem elongation



Pest Management

- Occasional insect pests armyworm, cereal leaf beetle
- Weeds selective herbicide for broadleaves, grasses more difficult
- Rotation restrictions may affect plans



Ronald Smith, Auburn University, Bugwood.org; Steve Dewey, Utah State University, Bugwood.org





Diseases

- Rusts & Mildews
- Viral diseases
- Use certified seed, resistant varieties
- Scout fields regularly
- Early fungicide applications often not necessary

Clockwise, from top left: Howard F. Schwartz, Colorado State University, Bugwood.org; Gerald Holmes, Strawberry Center, Cal Poly San Luis Obispo, Bugwood.org; William M. Brown Jr., Bugwood.org



Fusarium Head Blight

- Produces deoxynivalenol (DON) mycotoxin
- Premature bleaching in head
- Shrunken, discolored grain
- Overwinters on residue
- Spreads in warm, humid conditions
- Higher risk with no-till following corn

Emmanuel Byamukama, South Dakota State University, Bugwood.org

Harvesting and Storage



- Physiologically mature, <20% moisture
- Higher moisture reduces losses, pre-harvest sprouting
- <12-13% moisture for storage
- Drying, aeration may be required



Cereal Grain Quality Evaluation Sample Report Form

DATE	3: 8/5/202	22							Moisture above 14% attracts mold, bacteria, insects	
FROM	f: NWCS Universi James M 63 Carri Burlingt	Quality Testing ty of Vermont f. Jeffords Build igan Dr. ton, VT 05405	Laboratory ing		Office: Fax: 80 E-mail:	802-524-6 2-524-606 : uvmgrain	5501 2 @uvm.edu	1	Test weight measures kernel density, should be 56-60 lbs/bu	
TO:	Adam Ca Highway 100 Rive Boscawe	rete View Farm er Rd en, NH 03303							Higher protein desirable for wheat, should be >12% for	
	Lab ID	Sample Description	Grain Moisture	Test Weight	Flour Moisture	* As-Is Protein	DM Protein	Falling Number	maiting barley	
	C3366	Warthog	% 8.7	<u>1bs/bu</u>	%	%	%	sec		
* "As-Is" protein values over 1 ppm are <u>NOT</u> considered safe for human consumption. Results with >5.0 ppm could be much higher than 5 ppm.										
Please note: results are representative of the submitted sample only.										
For information about our testing procedures please see the reverse side. Questions? Please contact Hillary Emick at hillary.emick@uvm.edu or Heather Darby at heather.darby@uvm.edu. Deoxynivalenol mycotoxin – must not exceed 1ppm										



USDA Foreign Agricultural Service U.S. DEPARTMENT OF AGRICULTURE

Source: U.S. Department of Agriculture, National Agricultural Statistics Service Source: U.S. Department of Agriculture, National Agricultural Statistics Service



Source: H. Darby et al. 2018 Winter barley Planting Date and Nitrogen Amendment Trial





Photos (clocskwise from top left): Howard F. Schwartz, Colorado State University, Bugwood.org; Gerald Holmes, Strawberry Center, Cal Poly San Luis Obispo, Bugwood.org; Howard F. Schwartz, Colorado State University, Bugwood.org; Howard F. Schwartz

Reviving the Local Grainshed

WHAT IS A GRAINSHED?...

The distance from where grain is produced to the place where it is consumed, including the land it grows on, the route it travels, the markets it passes through & the tables it ends up on...

Only ~5% of grain consumed in New England is grown in the Northeast











Abenaki Flint Corn, Maine







of

"Everywhere in the Northeast was its own bread basket at one time"

-Amy Halloran, author

The New American Breadbasket



STONE MILL:

- Grinds whole kernel
- Retains nutritional value & flavor (protein, fats, vitamin E, fiber, etc)
- Can be sifted afterwards to obtain different extraction rates
- Oils=shorter shelf life/fresh factor

ROLLER MILL (developed 1870s):

- multi -stream process separates the 3 parts of grain kernel
- Refined white flour = no germ oil or bran fiber = longer shelf life

































WHO MAKES UP THE GRAIN CHAIN?

Growers - Millers - Bakers - Chefs-

Tortilla Makers - Malsters - Distillers -

Consumers...*

*full value chain also includes: animal feed, bedding, cover crops, seed sales... also, distribution channels













- What knowledge do we need (as growers,
- millers, bakers, etc for best quality product):
- Type of Grain (ex. wheat)
- Variety, Hard or Soft? Spring or Winter? History?
- Tight planting and harvest windows
- Soil type, cultivation capacity
- Observing/testing for pests & disease
- Moisture
- **Protein Percentage**
- Falling Number
- **Extraction Rate**
- Ash Content
- Milling Date freshness/storage life

What are some of the growing and post-harvest challenges/goals?

- Farmer training/technical assistance
- Seed/variety availability
- <u>Scaled</u> Equipment & Infrastructure: Seed cleaning Storage Dehulling Flaking
- Milling Equipment and Expertise

What are marketing challenges/goals?

- Equitable price points for all parties
- Product consistency
- Education for end users
- Distribution!



^{THE} ORGANIC GRAIN GROWER

Small-Scale, Holistic Grain Production for the Home and Market Producer

JACK LAZOR



Research, Workshops, Orgs:

Cornell, UVM, UMaine, UNH, Glynwood Center, Hudson Valley Grain School, WSU Bread Lab Northern Grain Growers Association Northeast Grainshed Alliance Maine Grains Alliance Glynwood Center Staple Foods Program Artisan Grain Collaborative (Midwest) Colorado Grain Chain Appalachian Staple Foods Collaborative Millers Peer Group (spans US) Growers/Millers/Mentors: Todd Hardie, Thornhill Farm VT Klaas & Mary-Howell Marten, Lakeview Organic Thor Oechsner/Farmer Ground Jack Lazor (d.2020), Butterworks Farm VT David Kaisel, Capay Mills CA

Andrew Heyn, New American Stone Mills VT

YOU ARE WHAT YOU EAT, YOU ARE WHAT YOU DRINK.

NORTHEAST GRAINSHED ALLIANCE

SUPPORT NORTHEAST GROWN GRAIN & GRAIN GOODS

"Bread made with organic, whole grain flour with no additives and fermented slowly with a sourdough starter is a different kind of food."

> - Daniel Leader, "Living Bread"





RECIPES FOR THE GRAIN REVOLUTION

Restoring Heritage Grains

Culture, Biodiversity, Resilience, d Cuisine of Ancient Wheats ELI ROGOSA The NEW BREAD BASKET

How the New Crop of Grain Growers, Plant Breeders, Millers, Maltsters. Bakers, Brewers, and Local Food Activists Are Redefining Our Daily Loaf

AMY HALLORAN



Small-Scale Grain Raising

> An Guide to O Processing, ar Nutritious Whol for Home Garde Local

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