Revista Portuguesa de Cardiologia xxx (xxxx) xxx-xxx



Revista Portuguesa de Cardiologia Portuguese Journal of Cardiology www.revportcardiol.org



ORIGINAL ARTICLE

- Acute kidney injury patterns in acute heart failure:
- The prognostic value of worsening renal function and
- its timing
- 🛿 🛛 João Presume ^{a, b, *}, Gonçalo J.L. Cunha^b, Bruno M.L. Rocha^b, Luís Landeiro^a,
- Sara Trevas^a, Marta Roldão^a, M. Inês Silva^a, Margarida Madeira^a, Sérgio Maltês^{a,b},
- ¹⁰ Catarina Rodrigues^a, Inês Araújo^a, Cândida Fonseca^{a, c}

11 Q2 ^a Heart Failure Clinic, Internal Medicine Department III, Hospital de São Francisco Xavier, Centro Hospitalar Lisboa Ocidental, Lisbon, Portugal

- ¹³ ^b Cardiology Department, Hospital de Santa Cruz, Centro Hospitalar Lisboa Ocidental, Lisbon, Portugal
- ¹⁴ ^c NOVA Medical School, Faculdade de Ciências Médicas, Universidade Nova de Lisboa, Lisbon, Portugal

Received 2 November 2021; accepted 2 June 2022

 KEYWORDS Acute heart failure; Acute kidney injury; Cardiorenal syndrome; Horroduction: Acute decompensated heart failure (ADHF) admissions are frequently comp cated by different patterns of serum creatinine (SCr) elevation. We aimed to assess the prognostic impact of worsening renal function (WRF) based on the timing of its occurrence. Methods: This was a retrospective cohort of patients admitted for ADHF. Standard WRF with defined as an increase in SCr of ≥0.3 mg/dl during hospitalization. WRF timing was classified early (within 48 hours of admission) or late (>48 hours). Acute kidney injury (AKI) at admissis was defined as a rise in SCr of ≥0.3 mg/dl from outpatient baseline measurement to ff measurement at admission. The primary endpoint was a composite of all-cause mortality hospitalization for cardiovascular events at one-year follow-up. <i>Results</i>: Overall, 249 patients were included (mean age 77±11 years, 62% with preserved by ventricular ejection fraction). Early WRF occurred in 49 patients (19.7%) and was associat with a higher risk of the primary outcome (HR 2.49; 95% CI 1.66–3.73), whereas late WRF w not (p=0.411). After stratification for the presence of early WRF and/or AKI at admission and patients with early WRF but no AKI at admission and patients with both AKI at admission a early WRF showed a higher risk of the primary outcome after multivariate Cox regression. 			
17Q3 Acute heart failure; Acute kidney injury; Cardiorenal syndrome;Introduction: Acute decompensated heart failure (ADHF) admissions are frequently comp cated by different patterns of serum creatinine (SCr) elevation. We aimed to assess the prognostic impact of worsening renal function (WRF) based on the timing of its occurrence. Methods: This was a retrospective cohort of patients admitted for ADHF. Standard WRF with defined as an increase in SCr of ≥ 0.3 mg/dl during hospitalization. WRF timing was classified early (within 48 hours of admission) or late (>48 hours). Acute kidney injury (AKI) at admission was defined as a rise in SCr of ≥ 0.3 mg/dl from outpatient baseline measurement to fit measurement at admission. The primary endpoint was a composite of all-cause mortality hospitalization for cardiovascular events at one-year follow-up. Results: Overall, 249 patients were included (mean age 77±11 years, 62% with preserved IN ventricular ejection fraction). Early WRF occurred in 49 patients (19.7%) and was associat with a higher risk of the primary outcome (HR 2.49; 95% CI 1.66-3.73), whereas late WRF with a dimission at early WRF showed a higher risk of the primary outcome after multivariate Cox regression.3232	16	KEYWORDS	Abstract
Prod Acute heart failure; Acute kidney injury; Cardiorenal syndrome;Introduction. Acute decompensated neart failure (ADM) admissions are frequently comp (Acute kidney injury; Cardiorenal 			Introduction: Acute decomponented heart failure (ADHE) admissions are frequently compli-
18Acute kidney injury; Cardiorenal syndrome;cated by different patterns of serum creatinine (SCr) elevation. We aimed to assess the prognostic impact of worsening renal function (WRF) based on the timing of its occurrence. Methods: This was a retrospective cohort of patients admitted for ADHF. Standard WRF w defined as an increase in SCr of ≥ 0.3 mg/dl during hospitalization. WRF timing was classified early (within 48 hours of admission) or late (>48 hours). Acute kidney injury (AKI) at admissi was defined as a rise in SCr of ≥ 0.3 mg/dl from outpatient baseline measurement to fi measurement at admission. The primary endpoint was a composite of all-cause mortality hospitalization for cardiovascular events at one-year follow-up.26Results: Overall, 249 patients were included (mean age 77±11 years, 62% with preserved le ventricular ejection fraction). Early WRF occurred in 49 patients (19.7%) and was associat with a higher risk of the primary outcome (HR 2.49; 95% Cl 1.66-3.73), whereas late WRF w not (p=0.411). After stratification for the presence of early WRF and/or AKI at admission a early WRF showed a higher risk of the primary outcome after multivariate Cox regression.32	17 Q3	Acute heart failure;	incroduction. Acute decompensated near traitile (ADIF) admissions are frequently compti-
19Cardiorenal syndrome;prognostic impact of worsening renal function (WRF) based on the timing of its occurrence. Methods: This was a retrospective cohort of patients admitted for ADHF. Standard WRF w defined as an increase in SCr of ≥0.3 mg/dl during hospitalization. WRF timing was classified early (within 48 hours of admission) or late (>48 hours). Acute kidney injury (AKI) at admissi was defined as a rise in SCr of ≥0.3 mg/dl from outpatient baseline measurement to fi measurement at admission. The primary endpoint was a composite of all-cause mortality hospitalization for cardiovascular events at one-year follow-up.26Results: Overall, 249 patients were included (mean age 77±11 years, 62% with preserved lo ventricular ejection fraction). Early WRF occurred in 49 patients (19.7%) and was associat with a higher risk of the primary outcome (HR 2.49; 95% CI 1.66–3.73), whereas late WRF w not (p=0.411). After stratification for the presence of early WRF and/or AKI at admission a early WRF showed a higher risk of the primary outcome after multivariate Cox regression.3232	18	Acute kidney injury;	cated by different patterns of serum creatinine (SCr) elevation. We aimed to assess the
20syndrome; Worsening renal functionMethods: This was a retrospective cohort of patients admitted for ADHF. Standard WRF w defined as an increase in SCr of ≥0.3 mg/dl during hospitalization. WRF timing was classified early (within 48 hours of admission) or late (>48 hours). Acute kidney injury (AKI) at admissi was defined as a rise in SCr of ≥0.3 mg/dl from outpatient baseline measurement to fi measurement at admission. The primary endpoint was a composite of all-cause mortality hospitalization for cardiovascular events at one-year follow-up.26Results: Overall, 249 patients were included (mean age 77±11 years, 62% with preserved low ventricular ejection fraction). Early WRF occurred in 49 patients (19.7%) and was associat with a higher risk of the primary outcome (HR 2.49; 95% CI 1.66-3.73), whereas late WRF w not (p=0.411). After stratification for the presence of early WRF and/or AKI at admission, or patients with early WRF but no AKI at admission and patients with both AKI at admission a early WRF showed a higher risk of the primary outcome after multivariate Cox regression.282931	19	Cardiorenal	prognostic impact of worsening renal function (WRF) based on the timing of its occurrence.
 Worsening renal function defined as an increase in SCr of ≥0.3 mg/dl during hospitalization. WRF timing was classified early (within 48 hours of admission) or late (>48 hours). Acute kidney injury (AKI) at admission was defined as a rise in SCr of ≥0.3 mg/dl from outpatient baseline measurement to fi measurement at admission. The primary endpoint was a composite of all-cause mortality hospitalization for cardiovascular events at one-year follow-up. <i>Results:</i> Overall, 249 patients were included (mean age 77±11 years, 62% with preserved to ventricular ejection fraction). Early WRF occurred in 49 patients (19.7%) and was associat with a higher risk of the primary outcome (HR 2.49; 95% Cl 1.66–3.73), whereas late WRF w not (p=0.411). After stratification for the presence of early WRF and/or AKI at admission, or patients with early WRF but no AKI at admission and patients with both AKI at admission a wRF showed a higher risk of the primary outcome after multivariate Cox regression. 	20	syndrome;	Methods: This was a retrospective cohort of patients admitted for ADHF. Standard WRF was
22 function early (within 48 hours of admission) or late (>48 hours). Acute kidney injury (AKI) at admissi 23 was defined as a rise in SCr of ≥0.3 mg/dl from outpatient baseline measurement to fi 24 measurement at admission. The primary endpoint was a composite of all-cause mortality 25 hospitalization for cardiovascular events at one-year follow-up. 26 <i>Results</i> : Overall, 249 patients were included (mean age 77±11 years, 62% with preserved to 27 ventricular ejection fraction). Early WRF occurred in 49 patients (19.7%) and was associat 28 with a higher risk of the primary outcome (HR 2.49; 95% Cl 1.66–3.73), whereas late WRF w 29 not (p=0.411). After stratification for the presence of early WRF and/or AKI at admission, or 31 patients with early WRF but no AKI at admission and patients with both AKI at admission at 31 early WRF showed a higher risk of the primary outcome after multivariate Cox regression.	21	Worsening renal	defined as an increase in SCr of \geq 0.3 mg/dl during hospitalization. WRF timing was classified as
was defined as a rise in SCr of ≥0.3 mg/dl from outpatient baseline measurement to fi measurement at admission. The primary endpoint was a composite of all-cause mortality hospitalization for cardiovascular events at one-year follow-up. <i>Results</i> : Overall, 249 patients were included (mean age 77±11 years, 62% with preserved to ventricular ejection fraction). Early WRF occurred in 49 patients (19.7%) and was associat with a higher risk of the primary outcome (HR 2.49; 95% Cl 1.66–3.73), whereas late WRF w not (p=0.411). After stratification for the presence of early WRF and/or AKI at admission, on patients with early WRF but no AKI at admission and patients with both AKI at admission at early WRF showed a higher risk of the primary outcome after multivariate Cox regression.	22	function	early (within 48 hours of admission) or late (>48 hours). Acute kidney injury (AKI) at admission
 measurement at admission. The primary endpoint was a composite of all-cause mortality hospitalization for cardiovascular events at one-year follow-up. <i>Results:</i> Overall, 249 patients were included (mean age 77±11 years, 62% with preserved loventricular ejection fraction). Early WRF occurred in 49 patients (19.7%) and was associat with a higher risk of the primary outcome (HR 2.49; 95% Cl 1.66–3.73), whereas late WRF w not (p=0.411). After stratification for the presence of early WRF and/or AKI at admission, or patients with early WRF but no AKI at admission and patients with both AKI at admission at early WRF showed a higher risk of the primary outcome after multivariate Cox regression. 	23		was defined as a rise in SCr of \geq 0.3 mg/dl from outpatient baseline measurement to first
 hospitalization for cardiovascular events at one-year follow-up. <i>Results:</i> Overall, 249 patients were included (mean age 77±11 years, 62% with preserved le ventricular ejection fraction). Early WRF occurred in 49 patients (19.7%) and was associat with a higher risk of the primary outcome (HR 2.49; 95% Cl 1.66–3.73), whereas late WRF w not (p=0.411). After stratification for the presence of early WRF and/or AKI at admission, or patients with early WRF but no AKI at admission and patients with both AKI at admission arearly WRF showed a higher risk of the primary outcome after multivariate Cox regression. 	24		measurement at admission. The primary endpoint was a composite of all-cause mortality or
26Results: Overall, 249 patients were included (mean age 77±11 years, 62% with preserved le ventricular ejection fraction). Early WRF occurred in 49 patients (19.7%) and was associat with a higher risk of the primary outcome (HR 2.49; 95% Cl 1.66-3.73), whereas late WRF w not (p=0.411). After stratification for the presence of early WRF and/or AKI at admission, or patients with early WRF but no AKI at admission and patients with both AKI at admission a early WRF showed a higher risk of the primary outcome after multivariate Cox regression.32	25		hospitalization for cardiovascular events at one-year follow-up.
 ventricular ejection fraction). Early WRF occurred in 49 patients (19.7%) and was associat with a higher risk of the primary outcome (HR 2.49; 95% Cl 1.66-3.73), whereas late WRF w not (p=0.411). After stratification for the presence of early WRF and/or AKI at admission, or patients with early WRF but no AKI at admission and patients with both AKI at admission a early WRF showed a higher risk of the primary outcome after multivariate Cox regression. 	26		Results: Overall, 249 patients were included (mean age 77 ± 11 years, 62% with preserved left
 with a higher risk of the primary outcome (HR 2.49; 95% Cl 1.66-3.73), whereas late WRF w not (p=0.411). After stratification for the presence of early WRF and/or AKI at admission, or patients with early WRF but no AKI at admission and patients with both AKI at admission a early WRF showed a higher risk of the primary outcome after multivariate Cox regression. 	27		ventricular ejection fraction). Early WRF occurred in 49 patients (19.7%) and was associated
 not (p=0.411). After stratification for the presence of early WRF and/or AKI at admission, or patients with early WRF but no AKI at admission and patients with both AKI at admission at early WRF showed a higher risk of the primary outcome after multivariate Cox regression. 	28		with a higher risk of the primary outcome (HR 2.49; 95% CI 1.66-3.73), whereas late WRF was
 patients with early WRF but no AKI at admission and patients with both AKI at admission a early WRF showed a higher risk of the primary outcome after multivariate Cox regression. 	29		not (p=0.411). After stratification for the presence of early WRF and/or AKI at admission, only
early WRF showed a higher risk of the primary outcome after multivariate Cox regression.	30		patients with early WRF but no AKI at admission and patients with both AKI at admission and
32	31		early WRF showed a higher risk of the primary outcome after multivariate Cox regression.
32			
	32		

* Corresponding author.

E-mail address: joaopresume@hotmail.com (J. Presume).

https://doi.org/10.1016/j.repc.2022.06.015

0870-2551/© 2023 Sociedade Portuguesa de Cardiologia. Published by Elsevier España, S.L.U. This is an open access article under the CC BY-NC-ND license (http://creativecommons.org/licenses/by-nc-nd/4.0/).

Please cite this article as: J. Presume, G.J.L. Cunha, B.M.L. Rocha et al., Acute kidney injury patterns in acute heart failure: The prognostic value of worsening renal function and its timing, Revista Portuguesa de Cardiologia, https://doi.org/10.1016/j.repc.2022.06.015

33 34

35

36

37

38

39

40

41

42

43

44

45

46

47

48

49

50

51

52

53

54

55

56

57

58

59

60

61

62

63

64

65

66

ARTICLE IN PRESS

J. Presume, G.J.L. Cunha, B.M.L. Rocha et al.

Conclusion: Early WRF was associated with a higher risk of the primary outcome. The timing of WRF seems to be an important factor to take into account when considering the prognostic impact of creatinine variations during hospitalization for ADHF.

© 2023 Sociedade Portuguesa de Cardiologia. Published by Elsevier España, S.L.U. This is an open access article under the CC BY-NC-ND license (http://creativecommons.org/licenses/by-nc-nd/4.0/).

Padrões de lesão renal aguda na insuficiência cardíaca aguda: o valor prognóstico do agravamento da função renal e o seu timing

Resumo

Introdução: Admissões por insuficiência cardíaca aguda (ADHF) são frequentemente complicadas por elevação creatinina sérica (sCr), as quais podem ter padrão variável.

Objetivo Avaliar o impacto prognóstico do agravamento da função renal (WRF) com base no timing da sua ocorrência.

Métodos: Estudo retrospetivo de coorte de doentes hospitalizados por ADHF. WRF standard foi definida como um aumento na SCr \geq 0,3 mg/dL durante internamento, foi subclassificada consoante o timing da sua ocorrência em precoce (quando ocorreu nas primeiras 48 horas desde a admissão) ou tardia (quando ocorreu após as 48 h). Lesão renal aguda (AKI) à admissão foi definida como um aumento da SCr \geq 0,3 mg/dL desde um valor basal ambulatório até a primeira determinação hospitalar. O endpoint primário foi um composto de mortalidade por qualquer causa ou hospitalização por eventos cardiovasculares, com um ano de follow-up.

Resultados: Foram incluídos 249 doentes (média de 77 \pm 11 anos, 62% com fração de ejeção do ventrículo esquerdo preservada). WRF precoce ocorreu em 49 doentes (19,7%) e associou-se a maior risco para o outcome primário (HR 2,49; 95% Cl 1,66-3,73), enquanto a WRF tardia não demonstrou essa associação (p=0,411). Após estratificação para a presença de WRF precoce e/ou AKI à admissão, apenas os doentes com WRF precoce mas sem AKI à admissão, bem como os doentes com ambas (WRF precoce e AKI à admissão), demonstraram maior risco para o outcome primário após regressão multivariável de Cox.

Conclusão: WRF precoce parece estar associada a maior risco para o outcome primário. O momento da ocorrência da WRF durante o internamento parece ser um importante fator a ter em conta quando se considera o impacto prognóstico das variações de creatinina em doentes admitidos por ADHF.

© 2023 Sociedade Portuguesa de Cardiologia. Publicado por Elsevier España, S.L.U. Este é um artigo Open Access sob uma licença CC BY-NC-ND (http://creativecommons.org/licenses/by-nc-nd/4.0/).

67 Introduction

Heart failure (HF) is a major cardiovascular syndrome 68 associated with a significant risk of mortality and 69 hospitalization.¹⁻³ Congestion and/or hypoperfusion can 70 lead to organ injury, which is associated with increased 71 mortality.⁴ Renal dysfunction is one of the most frequent 72 noncardiac comorbidities in HF.⁵ Increased serum creatinine 73 (SCr) levels are very common in acute decompensated HF 74 (ADHF), with an incidence ranging from 20% to 50%.^{6,7} 75

⁷⁶Several groups have studied the prognostic significance ⁷⁷of worsening renal function (WRF) following initiation of ⁷⁸diuretic therapy. However, studies have yielded conflicting ⁷⁹results.⁸⁻¹¹ The timing of creatinine rise may identify dif-⁸⁰ferent subgroups of patients with different prognoses. The ⁸¹aim of this study was to assess the prognostic impact of the ⁸²timing of WRF in patients with ADHF.

Methods

We studied a single-center retrospective cohort of patients admitted to an HF unit due to ADHF with a 'warm and wet' clinical profile (type B) according to the 2016 European Society of Cardiology HF guidelines,¹ between January 2014 and August 2018. Patients with chronic kidney disease (CKD) on hemodialysis, need for renal replacement therapy, need for inotropic therapy, no outpatient SCr measurement in the six months before admission, no serial SCr assessment available during hospitalization, or discharge in less than 48 hours were excluded.

During hospitalization patients underwent treatment with intravenous furosemide and started guideline-directed medical therapy as soon as indicated. Data pertaining to the index hospitalization, patient characteristics, laboratory study results and medication use, as well as events 83

98

99

ARTICLE IN PRESS

Revista Portuguesa de Cardiologia xxx (xxxx) xxx-xxx



Figure 1 Representation of heart failure patient timeline and the different types of creatinine variation. AKI: acute kidney injury; HF: heart failure; WRF: worsening renal function.

during follow-up, were extracted from electronic medical records.

WRF was defined as an increase in SCr of ≥ 0.3 mg/dl 100 based on the standard definition (from admission to any 101 time during hospitalization).9,10 WRF timing was classified 102 as early, when occurring within 48 hours, or late, when 103 observed after 48 hours of hospitalization (Figure 1). Acute 104 kidney injury (AKI) at admission was defined as a rise in SCr 105 of >0.3 mg/dl from outpatient baseline measurement (up 100 to six months before the acute episode as an outpatient) to 10 the first measurement after patient arrival. 108

Patients were then stratified into four groups according to the presence of AKI at admission and the development of early WRF: group 1 (A-/W-) – no AKI at admission and no early WRF; group 2 (A+/W-) – lone AKI (AKI at admission with no early WRF); group 3 (A-/W+) – lone early WRF (no AKI at admission but with early WRF); and group 4 (A+/W+)- AKI at admission and early WRF.

The primary endpoint was a composite of all-cause mor tality or hospitalization for cardiovascular events, truncated
 at one year after admission.

Estimated glomerular filtration rate (eGFR) was cal culated using the Chronic Kidney Disease Epidemiology
 Collaboration (CKD-EPI) equation.¹² CKD was defined as
 eGFR <60 ml/min/1.73 m².

Categorical variables are presented as frequencies and 123 percentages, and continuous variables as means and stan-124 dard deviations, or medians and interguartile ranges for 125 variables with skewed distributions. Differences between 126 the experimental groups were assessed by an analysis of 127 variance (ANOVA) model, followed by the Tukey-Kramer test 128 when findings with ANOVA were significant. Kaplan-Meier 129 survival curves were calculated for each patient group. Uni-130 variate and multivariate analysis with Cox regression were 131 performed to assess the prognostic value of different param-132 eters. All reported p-values are two-tailed, with a p-value 133 of 0.05 indicating statistical significance. The analysis was 134 performed using IBM SPSS Statistics, version 25 (2017). 135

136 Results

137 Baseline population characteristics

A total of 249 patients were included, of whom 47% were male, with a mean age of 77 ± 11 years (Table 1). The

Table 1Baseline characteristics of the study populationQ4(n=249).

(11-2-17):	
Age, years, mean ± SD Males, n (%)	77±11 116 (46.6)
LVEF, mean (±SD) Reduced, n (%) Mid-range, n (%) Preserved, n (%)	51±17 66 (26.5) 28 (11.2) 155 (62.2)
HF etiology Ischemic, n (%) Hypertensive, n (%) Valvular, n (%) Other, n (%)	76 (30.5) 113 (45.4) 29 (11.6) 31 (12.4)
Comorbidities Hypertension, n (%) AF, n (%) Baseline SCr, mg/dl, median [IQR] Baseline eGFR (ml/min/1.73 m ²), mean \pm SD ^a Baseline eGFR <60 ml/min/1.73 m ² , n (%) ^a Diabetes, n (%)	203 (81.5) 149 (59.8) 1.08 [0.85-1.41] 58.4±22.4 139 (55.8) 92 (36.9)
Laboratory results at admission Hemoglobin, g/dl, median [IQR] Creatinine, mg/dl, median [IQR] Urea, mg/dl, median [IQR] NT-proBNP, pg/ml, median [IQR] Sodium, mmol/l, median [IQR] Potassium, mmol/l, median [IQR]	11.8 [10.3–13.2] 1.26 [0.95–1.69] 61 [44–96] 4740 [2554–10950] 140 [137–142] 4.2 [3.8–4.7]
Medication at admission Beta-blocker, n (%) ACE inhibitor/ARB, n (%) MRA, n (%) Furosemide, n (%) Outpatient daily oral furosemide (mg), median [IQR] Oral anticoagulation, n (%) Antiplatelet therapy, n (%) Length of hospital stay, days, median [IQR]	150 (60.2) 166 (66.7) 58 (23.3) 180 (72.3) 40 [0-60] 108 (43.4) 79 (31.7) 7 [5-10]

ACE: angiotensin-converting enzyme; AF: atrial fibrillation; ARB: angiotensin receptor blocker; CKD: chronic renal disease; COPD: chronic obstructive pulmonary disease; eGFR: estimated glomerular filtration rate; HF: heart failure; IQR: interquartile range; LVEF: left ventricular ejection fraction; MRA: mineralocorticoid receptor antagonist; NT-proBNP: Nterminal pro-B-type natriuretic peptide; SCr: serum creatinine; SD: standard deviation.

^a eGFR was calculated using the Chronic Kidney Disease Epidemiology Collaboration formula.

most frequent HF etiologies were hypertensive (45.4%) and ischemic (30.5%). Overall, 155 patients (62.2%) had preserved left ventricular ejection fraction (EF) and the majority had hypertension (81.5%), atrial fibrillation (AF) (59.8%) or CKD (55.8%). At admission, patients had a median SCr and serum urea of 1.26 [0.96–1.68] mg/dl and 61 [44–96] mg/dl, respectively. Median N-terminal pro-B-type

140

141

142

143

144

145

J. Presume, G.J.L. Cunha, B.M.L. Rocha et al.

 Table 2
 Association of standard, early and late worsening renal function with the primary outcome at one year after hospitalization (univariate Cox regression).

	n (%)	HR (95% CI)	р
Standard WRF	90 (36.1)	1.689 (1.152-2.477)	0.007
Early WRF (≤48 h)	49 (19.7)	2.487 (1.659-3.728)	<0.001
Late WRF (>48 h)	41 (16.4)	0.795 (0.453-1.395)	0.411

Log-rank test: p<0.001

CI: confidence interval; HR: hazard ratio; WRF: worsening renal function.



Figure 2 Kaplan-Meier curves for the primary outcome (all-cause mortality or hospitalization for cardiovascular events) truncated at one year. Early WRF: <48 h; late WRF: >48 h; WRF: worsening renal function.

natriuretic peptide (NT-proBNP) was 4740 [2548–11400]
pg/ml. Patients were hospitalized for a median of 7 [5–10]
days. Over a median follow-up of 351 [73–366] days,
81 patients died (nine in-hospital, 72 during follow-up),
and 125 were admitted due to a cardiovascular event.
Medication at admission and at discharge for patients with
reduced EF is described in Supplementary Table S1.

154 Characterization of worsening renal function

Overall, 90 patients (36.1%) developed WRF. These patients were significantly older and had a higher SCr at baseline and admission and longer hospital stay than those without WRF. Patients with WRF had an increased incidence of the composite endpoint in comparison to those who did not (hazard ratio [HR] 1.69 [1.15-2.48]; p=0.007) (Table 2).

Early WRF (<48 h) was associated with a significantly higher incidence of the primary outcome (HR 2.49 [1.66-3.73]; p<0.001), whereas late WRF was not (HR 0.80 [0.45-1.40]; p=0.411), compared to patients who did not develop WRF (Table 2). Survival over follow-up is depicted in Figure 2. These subgroups are characterized in Supplementary Table S2. Patients with early WRF were older, had a longer hospital stay, and had a higher proportion of patients with preserved EF. Shorter follow-up analysis is described in Supplementary Table S3, which reveals a worse outcome for the early-WRF subgroup at one, three and six months.

171

158

159

Revista Portuguesa de Cardiologia xxx (xxxx) xxx-xxx

Table 3 Baseline characteristics of each group according to the presence of acute kidney injury at admission and/or early worsening renal function (\leq 48 h).

	G1 (A-/W-) (n=137)	G2 (A+/W–) (n=63)	G3 (A-/W+) (n=36)	G4 (A+/W+) (n=13)	р
Age, years, mean±SD Males, n (%)	75±12 62 (45.3)	79±10 29 (46)	82±9 19 (52.8)	82±6 6 (46.2)	0.003 0.882
LVEF, mean ± SD Reduced, n (%) Mid-range, n (%) Preserved, n (%)	49±16 43 (31.4) 14 (10.2) 80 (58.4)	48±18 19 (30.2) 8 (12.7) 36 (57.1)	61±14 3 (8.3) 3 (8.3) 30 (83.3)	53±10 1 (7.7) 3 (23.1) 9 (69.2)	0.001
HF etiology Ischemic, n (%) Hypertensive, n (%) Valvular, n (%) Other, n (%)	43 (31.4) 59 (43.1) 17 (12.4) 18 (13.1)	22 (34.9) 26 (41.3) 7 (11.1) 8 (12.7)	9 (25.0) 21 (58.3) 4 (11.1) 2 (5.6)	2 (15.4) 7 (53.8) 1 (7.7) 3 (23.1)	0.585
Comorbidities Hypertension, n (%) AF, n (%) Baseline creatinine, median [IQR] Type 2 diabetes, n (%) Outpatient daily oral furosemide, median [IQR]	113 (82.5) 82 (59.9) 1.04 [0.84-1.29] 51 (37.2) 40 [0-60]	53 (84.1) 35 (55.6) 1.11 [0.87-1.49] 27 (42.9) 40 [0-60]	28 (77.8) 23 (63.9) 1.10 [0.85–1.57] 9 (25) 40 [0–60]	9 (69.2) 9 (69.2) 1.57 [1.22–1.84] 5 (38.5) 40 [0–70]	0.575 0.755 0.003 0.370 0.687
Laboratory results at admission, media Hemoglobin, g/dl Creatinine, mg/dl Urea, mg/dl NT-proBNP, pg/ml Sodium, mmol/l Potassium, mmol/l	an [IQR] 12.0 [10.6-13.7] 1.07 [0.85-1.34] 52 [40-73] 4380 [1974-10178] 140 [138-142] 4.1 [3.6-4.5]	11.9 [10.2–12.7] 1.65 [1.40–1.98] 81 [61–123] 6952 [3418–20 387] 139 [134–142] 4.3 [4.0–4.8]	11.6 [10.4–13.1] 1.10 [0.86–1.32] 57 [43–79] 3500 [2316–6724] 141 [139–142] 4.4 [3.9–4.7]	9.7 [8.9-10.7] 2.07 [1.67-2.65] 110 [74-145] 4380 [3171-17035] 139 [132-141] 4.3 [4.0-4.9]	0.001 <0.001 <0.001 0.001 0.090 0.023
Length of hospital stay, days, median [IQR]	7 [5-8]	7 [4–11]	8 [7-11]	12 [6-14]	0.021

A+: AKI at admission; A-: no AKI at admission; AF: atrial fibrillation; AKI: acute kidney injury; CKD: chronic kidney disease; COPD: chronic obstructive pulmonary disease; IQR: interquartile range; LVEF: left ventricular ejection fraction; NT-proBNP: N-terminal pro-B-type natriuretic peptide; SD: standard deviation; W+: presence of early WRF; W-: no early WRF; WRF: worsening renal function.

Outcomes stratified by group according toadmission acute kidney injury and timing of

174 worsening renal function

Different patterns of creatinine variation were observed andclassified into four groups.

A total of 137 patients (55.0%) were included in group 177 1 (A-/W-), 63 (25.3%) in group 2 (A+/W-), 36 (14.5%) 178 in group 3 (A-/W+) and 13 (5.2%) in group 4 (A+/W+). A 179 detailed overview of baseline characteristics according to 180 group is shown in Table 3. Group 2 (A+/W-) had significan-181 tly higher admission NT-proBNP than groups 1 (A-/W-) and 182 3 (A-/W+); group 3 (A-/W+) were significantly older than 183 group 1 (A - / W -) and had a higher proportion of patients 184 with preserved EF than groups 1 (A-/W-) and 2 (A+/W-); 185 and group 4 (A+/W+) had higher baseline SCr, lower admis-186 sion hemoglobin and longer median hospital stay than the 187 other groups. Survival over follow-up for each of the four 188 subgroups is depicted in Figure 3. 189

After multivariate Cox regression, this stratification showed a statistically significant association with the primary outcome both for lone early WRF (A-/W+) (HR 2.34 [1.37-4.00]; p=0.002) and early WRF with AKI at admission (A+/W+) (HR 2.43 [1.18-4.00]; p=0.016) (Table 4). However, lone AKI at admission lost its statistical significance (p=0.166) after multivariate analysis.

190

191

192

193

194

195

197

198

199

200

201

202

203

204

Discussion

The main findings of the current analysis can be summarized as follows: (i) in patients hospitalized for ADHF, standard WRF was associated with all-cause mortality or cardiovascular events at one year; (ii) after adjustment for a set of baseline characteristics and admission laboratory results, the presence of early WRF (either alone or in association with AKI at admission) remained an independent predictor of the primary outcome.

J. Presume, G.J.L. Cunha, B.M.L. Rocha et al.



Figure 3 Kaplan-Meier curves for the primary outcome (all-cause mortality or hospitalization for cardiovascular events) truncated at one year. AKI: acute kidney injury; early WRF: \leq 48 h; WRF: worsening renal function.

Our findings regarding standard WRF are similar to those 205 previously reported by other studies.^{8,11,13} In particular, a 206 study by Forman et al. assessing 1004 ADHF patients, the 207 majority of whom had heart failure with reduced ejection 208 fraction (HFrEF), showed an association between WRF and 209 in-hospital death.¹³ However, other studies showed conflict-210 ing results. A prospective study by Metra et al. that included 211 318 patients revealed that standard WRF was not associated 212 with death or HF hospitalization,⁹ although a sizable pro-213 portion of these patients were treated with dopamine (22%) 214 or inotropes (9%), which may have influenced SCr variation 215 in response to diuretic therapy and renal hemodynamics.⁹ 216 Similarly, Cowie et al. studied 299 patients with acute 217 decompensated HFrEF and showed no statistically signifi-218 cant association between standard WRF and mortality at 219 six months.¹⁰ The majority of these patients developed late 220 WRF (median time to WRF was four days), which, in our 221 study, was not associated with worse outcomes.¹⁰ Other 222 studies have been published on WRF, using a wide variety of 223 definitions, hindering the comparability of the results.^{11,14-16} 224

Another important finding of our work is that early WRF 225 was associated with worse outcomes not only at one year of 226 follow-up, but also at shorter follow-ups, in comparison to 227 late WRF. This underscores the importance of this adverse 228 event in patient hospitalization, which may be explained 229 by the presence of more severe disease, associated with 230 lower cardiac and/or renal reserve, limiting the compen-231 satory response that is usually triggered. 232

To the best of our knowledge, this is the first study to assess the prognostic impact of WRF timing in patients with ADHF. We aimed to analyze whether early deterioration of renal function, specifically within 48 hours of admission, was a marker of worse prognosis. We employed a 48-hour cut-off for WRF, as this excluded several confounding factors associated with SCr variations during hospitalization. For example, excessive diuretic therapy or initiation/uptitration of reninangiotensin-aldosterone inhibitors frequently occur during hospitalization and may raise SCr. This type of WRF (often labeled pseudo-WRF) does not seem to be associated with worse outcomes.¹⁷ This idea is further corroborated by our study, since we found no association between late WRF (>48 hours after admission) and worse outcomes. Hence, the timing of SCr elevation seems to have an impact in differentiating risk and its pathophysiology.

Furthermore, stratification of patients according to AKI at admission and early WRF status shows that lone early WRF (A–/W+) was associated with a higher risk for the primary outcome. Although this was in a population that was older, had longer hospital stay and had a higher proportion of preserved EF, the prognostic impact remained after controlling for various relevant factors. Conversely, lone AKI at admission (A+/W–) was not an independent predictor of the primary outcome after multivariate Cox regression. These results seem to differ from the work of Shirakabe et al., who concluded that, in a cohort of 1083 ADHF patients, lone WRF (in the first five days) was not associated with

233

Revista Portuguesa de Cardiologia xxx (xxxx) xxx-xxx

Table 4 Hazard ratios (univariate and multivariate analysis) for the primary outcome, according to selected patient characteristics.

	Composite outcome at 1 year				
	Univariate analy	/sis	Multivariate analysis		
	HR (95% CI)	р	HR (95% CI)	р	
No AKI at admission+no early WRF	1.000		1.000		
AKI at admission+no early WRF	1.653 (1.032-2.648)	0.036	1.409 (0.868-2.287)	0.166	
No AKI at admission+early WRF	2.833 (1.711-4.692)	<0.001	2.339 (1.368-3.999)	0.002	
AKI at admission+early WRF	3.592 (1.843-7.001)	<0.001	2.429 (1.181-4.995)	0.016	
Age	1.028 (1.009-1.049)	0.005	1.017 (0.995-1.040)	0.127	
Gender	1.183 (0.808-1.731)	0.388			
LVEF	1.011 (0.999-1.023)	0.078	1.001 (0.986-1.015)	0.912	
Preserved LVEF	1.000				
Mid-range LVEF	0.604 (0.302-1.206)	0.153			
Reduced LVEF	0.639 (0.397-1.028)	0.065			
Outpatient daily furosemide dose	1.005 (1.000-1.011)	0.060			
Hypertension	1.393 (0.818-2.371)	0.222			
AF	1.282 (0.860-1.912)	0.222			
Baseline creatinine	1.223 (0.562-2.662)	0.611			
Type 2 diabetes	1.037 (0.703-1.531)	0.854			
Hemoglobin ^a	0.854 (0.775-0.941)	0.001	0.909 (0.813-1.016)	0.909	
NT-proBNP ^a	1.000 (1.000-1.000)	0.287	1.000 (1.000-1.000)	0.655	
Urea ^a	1.005 (1.001-1.010)	0.017			
Sodium ^a	0.977 (0.937-1.019)	0.279			
Potassium ^a	1.050 (0.817-1.348)	0.704			
Chloride ^a	0.980 (0.949-1.012)	0.222			
Ischemic etiology	0.955 (0.628-1.451)	0.828			
Length of hospital stay	1.027 (0.997-1.057)	0.073			

AF: atrial fibrillation; AKI: acute kidney injury; CI: confidence interval; CKD: chronic kidney disease; COPD: chronic obstructive pulmonary disease; HR: hazard ratio; LVEF: left ventricular ejection fraction; NT-proBNP: N-terminal pro-B-type natriuretic peptide. ^a At admission.

higher risk of all-cause death.⁸ However, as well as using 260 a broader WRF definition, this cohort of patients had more 261 severe disease, and were admitted to an intensive care unit 262 with frequent need for intravenous inotropes/vasopressors, 263 and had a considerably longer hospital stay.8 264

Each of these subtypes of WRF seems to identify a differ-265 ent set of patients. Changes in renal function in patients with 266 HF are complex and multifactorial. Multiple mechanisms can 267 play a part in WRF, including renal hypoperfusion, activation 268 of the renin-angiotensin-aldosterone and sympathetic sys-269 tems, and venous congestion.^{18,19} The clinical importance of 270 each mechanism is likely to vary from patient to patient.⁸ 271 AKI at admission may also be related to progression of renal 272 disease in the months preceding hospitalization as well as to 273 the cumulative congestion these patients usually develop.⁴ 274 On the other hand, early WRF may be related to reduced car-275 diac output and low cardiac and/or low renal reserve, which 276 result in elevation of SCr after initiation of diuretic therapy.⁴ 277 Consequently, the prognosis varies, depending mostly on 278 the main underlying mechanism of renal dysfunction rather 279 than SCr, which is a limited surrogate biomarker of renal 280 function. 281

In our opinion, acute renal dysfunction sh differentiated 282 according to various factors. As well as considering absolute 283 variation in SCr, the timing of its appearance should be taken 284

into account. We speculate that early WRF after initiation of diuretic therapy may be a marker of more severe underlying cardiac and/or renal disease, thus identifying patients in whom the usual compensatory mechanisms cannot counteract the hemodynamic effects of diuretics, unveiling reduced organ reserve.

Limitations

The present study has some limitations. Most patients were not admitted directly to the HF clinic. There was some variation between patients in the time from arrival at the emergency department until admission to the HF clinic. Nonetheless, the vast majority were admitted to our unit within 24 hours. Also, information regarding diuretic doses administered was not available.

Mechanisms associated with creatinine variation during hospital stay were not directly measured, since the data were collected retrospectively. Studying these factors prospectively would shed more light on their mechanisms and prognostic impact.

This was a single-center retrospective study. Thus, it should be viewed as hypothesis-generating, due to the possible presence of unmeasured confounding factors and selection bias.

301

302

303

304

305

306

285

286

J. Presume, G.J.L. Cunha, B.M.L. Rocha et al.

The low number of patients influences the power of this study. Consequently, associations with smaller effect sizes may not be apparent in this analysis.

Nonetheless, our study supports the findings of previous
 investigations, reinforcing the importance of timing patterns
 of WRF as a prognostic predictor.

313 Conclusion

In this study, the presence of WRF, particularly when occurring within 48 hours of initiation of diuretic therapy, was associated with a higher risk of death from any cause or hospitalization for cardiovascular events. The timing of WRF appears to be an important characteristic to take into account when considering the prognostic impact of creatinine variation during hospitalization for ADHF.

321 Authors' contributions

Conception and design: JP, GC, BR, IA, CF; data collection: JP, GC, LL, ST, MR, MIS, MM, SM; data analysis: JP, GC, BR; drafting: JP, GC, BR; revising: JP, GC, LL, ST, MR, MIS, MM, SM, BR, CR, IA, CF. All authors read and approved the final manuscript.

327 Conflicts of interest

The authors have no conflicts of interest to declare.

Appendix A. Supplementary data

Supplementary associated with this artidata 330 cle can be found, in the online version, at 331 doi:10.1016/j.repc.2022.06.015. 332

333 References

- Ponikowski P, Voors AA, Anker SD, et al. 2016 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure: The Task Force for the diagnosis and treatment of acute and chronic heart failure of the European Society of Cardiology (ESC). Developed with the special contribution of the Heart Failure Association (HFA) of the ESC. Eur Heart J. 2016;37:2129-200.
- 2. Gouveia MRDA, Ascenção RMSES, Fiorentino F, et al. Current costs of heart failure in Portugal and expected increases due to population aging. Rev Port Cardiol. 2020;39:3–11.
- 3. Gouveia M, Ascenção R, Fiorentino F, et al. The current and future burden of heart failure in Portugal. ESC Hear Fail. 2019;6:254-61.

4. Harjola V-P, Mullens W, Banaszewski M, et al. Organ dysfunction, injury and failure in acute heart failure: from pathophysiology to diagnosis and management. Eur J Heart Fail. 2017;19:34. 346

347

348

349

350

351

352

353

354

355

356

357

358

359

360

361

362

363

364

365

366

367

368

369

370

371

372

373

374

375

376

377

378

379

380

381

382

383

384

385

386

387

388

389

390

391

392

393

394

395

396

397

398

399

- 5. Schefold JC, Filippatos G, Hasenfuss G, et al. Heart failure and kidney dysfunction: epidemiology, mechanisms and management. Nat Rev Nephrol. 2016;12:610–23.
- 6. Damman K, Testani JM. The kidney in heart failure: an update. Eur Heart J. 2015;36:1437-44.
- Di Lullo L, Bellasi A, Russo D, et al. Cardiorenal acute kidney injury: epidemiology, presentation, causes, pathophysiology and treatment. Int J Cardiol. 2017;227:143–50.
- 8. Shirakabe A, Hata N, Kobayashi N, et al. Worsening renal function definition is insufficient for evaluating acute renal failure in acute heart failure. ESC Hear Fail. 2018;5:322-31.
- Metra M, Nodari S, Parrinello G, et al. Worsening renal function in patients hospitalised for acute heart failure: clinical implications and prognostic significance. Eur J Heart Fail. 2008;10:188–95.
- 10. Cowie MR, Komajda M, Murray-Thomas T, et al. Prevalence and impact of worsening renal function in patients hospitalized with decompensated heart failure: results of the prospective outcomes study in heart failure (POSH). Eur Heart J. 2006;27:1216–22.
- 11. Kociol RD, Greiner MA, Hammill BG, et al. Long-term outcomes of Medicare beneficiaries with worsening renal function during hospitalization for heart failure. Am J Cardiol. 2010;105:1786–93.
- 12. Levey AS, Stevens LA, Schmid CH, et al. A new equation to estimate glomerular filtration rate. J Nephrol Ther. 2009;150:604–12.
- 13. Forman DE, Butler J, Wang Y, et al. Incidence predictors at admission, and impact of worsening renal function among patients hospitalized with heart failure. J Am Coll Cardiol. 2004;43:61–7.
- Patel UD, Greiner MA, Fonarow GC, et al. Associations between worsening renal function and 30-day outcomes among Medicare beneficiaries hospitalized with heart failure. Am Heart J. 2010;160, http://dx.doi.org/10.1016/j.ahj.2010.03.033, 132-138.e1.
- 15. Ather S, Bavishi C, McCauley MD, et al. Worsening renal function is not associated with response to treatment in acute heart failure. Int J Cardiol. 2013;167:1912–7.
- Akhter MW, Aronson D, Bitar F, et al. Effect of elevated admission serum creatinine and its worsening on outcome in hospitalized patients with decompensated heart failure. Am J Cardiol. 2004;94:957–60.
- Mullens W, Damman K, Testani JM, et al. Evaluation of kidney function throughout the heart failure trajectory – a position statement from the Heart Failure Association of the European Society of Cardiology. Eur J Heart Fail. 2020;22:584–603.
- 18. Carubelli V, Metra M, Lund LH. Negotiating renal dysfunction when treating patients with heart failure. Expert Rev Cardiovasc Ther. 2018;16:113–22.
- 19. Ellison DH, Felker GM. Diuretic treatment in heart failure. N Engl J Med. 2017;377:1964-75.