



RICKETTSIA CONORII INFECTION

RARE FORM OF CONJUNCTIVAL TRANSMISSION

Rosário Perry da Câmara¹; João Brissos¹; Catarina Gouveia¹; Luís Varandas¹

¹ Unidade de Infectiologia, Área de Pediatria Médica (Director: Dr. Gonçalo Cordeiro Ferreira)

Hospital Dona Estefânia, CHLC – EPE, Lisboa, Portugal

INTRODUCTION

Mediterranean spotted fever (MSF) is a tick-borne rickettsial disease, endemic in Portugal. It is caused by *Rickettsia conorii* and clinically characterized by a vasculitic process with the classical clinical triad: **fever, rash and lesion at the site of tick bite.**

It is accidentally transmitted to the human by its main vector, the *Rhipicephalus sanguineus* arthropod. Usually the disease develops after an infected tick bite but atypical forms of transmission such as mucosal contamination or inhalation have also been reported.

CASE PRESENTATION

15-year-old
Healthy male

Conjunctival splashes after crushing blood-engorged ticks from his dog

Right eye pain
Conjunctival hyperemia
Ocular purulent exudate
Palpebral edema

Fever, myalgias, severe headache, abdominal pain and vomiting

On observation:

Multiple cervical adenopathies
NO exanthema or hepatosplenomegaly

Six days later



Purulent conjunctivitis
Preseptal cellulitis

Treatment: Amoxicillin clavulanate

Eight days later

Hemoglobin 14.1 g/dL
WBC 5700/ μ L
Platelets 183000/ μ L
TP 16.1 sec
INR 1.41
CRP 49.6 mg/L

R. Conorii Serology (IFA titers)

Acute	At 3 weeks
IgM < 32	IgM = 64
IgG < 64	IgG = 128

Blood polymerase chain reaction negative for *Rickettsia*

Mediterranean spotted fever
Conjunctival transmission
Doxycycline for 7 days

Seroconversion for
Rickettsia conorii

DISCUSSION

Although the conjunctival transmission of *Rickettsia conorii* has been reported, it is extremely rare on the medical scientific literature. In fact, transmission can occur from infective tick tissues or feces by **conjunctival contamination, transcutaneous transmission or inhalation** (e.g. after crushing ticks). The onset of human symptoms usually occurs after

seven days (range 2-14 days). In this case, a severe unilateral conjunctivitis with preseptal cellulitis suggests that transmission occurred by conjunctival route. The optimal time to obtain a convalescent antibody titer is 14 to 21 days after the onset of symptoms and in this case seroconversion for *Rickettsia conorii* allows us to assume that this was the route of infection.

BIBLIOGRAPHY: