

Gynaecological issues in Adolescence

Do Paediatricians and Paediatric Residents feel comfortable about it?



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Introduction

In Portugal, recent paediatric age extension to 18 years old brought new challenges to the Paediatrician, who is now frequently facing with Adolescence Gynaecological problems.

Through longstanding contact with the teen and her family, the Paediatrician is in an ideal position to approach common concerns in this field. However, lack of familiarity and training may compromise it.

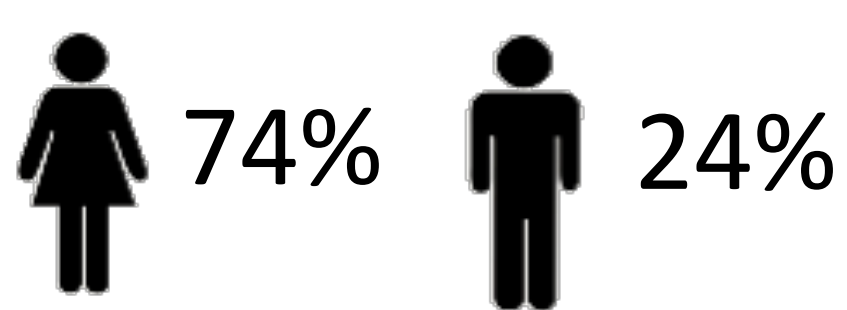
Aims & Methods

Aims: To identify Gynaecological issues evaluated in hospital General Paediatrics and Adolescent Clinics, both by consultants and residents.

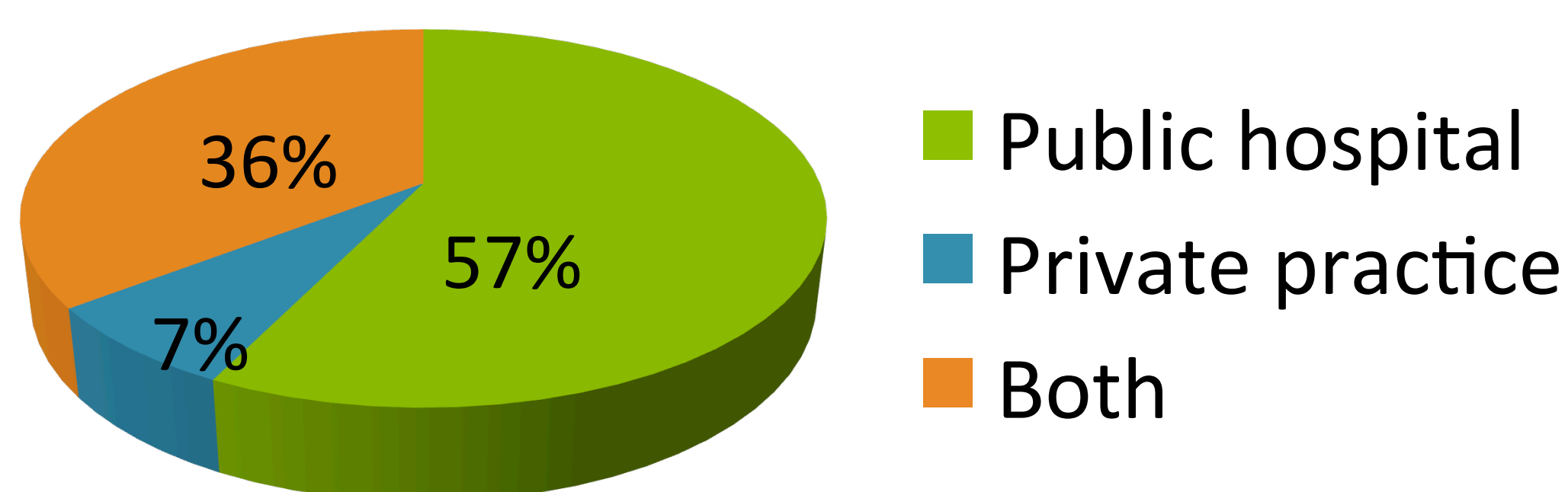
Methods: An anonymous survey was filled out by 96 physicians from 4 Paediatric Departments from Lisbon and surrounding areas.

Results

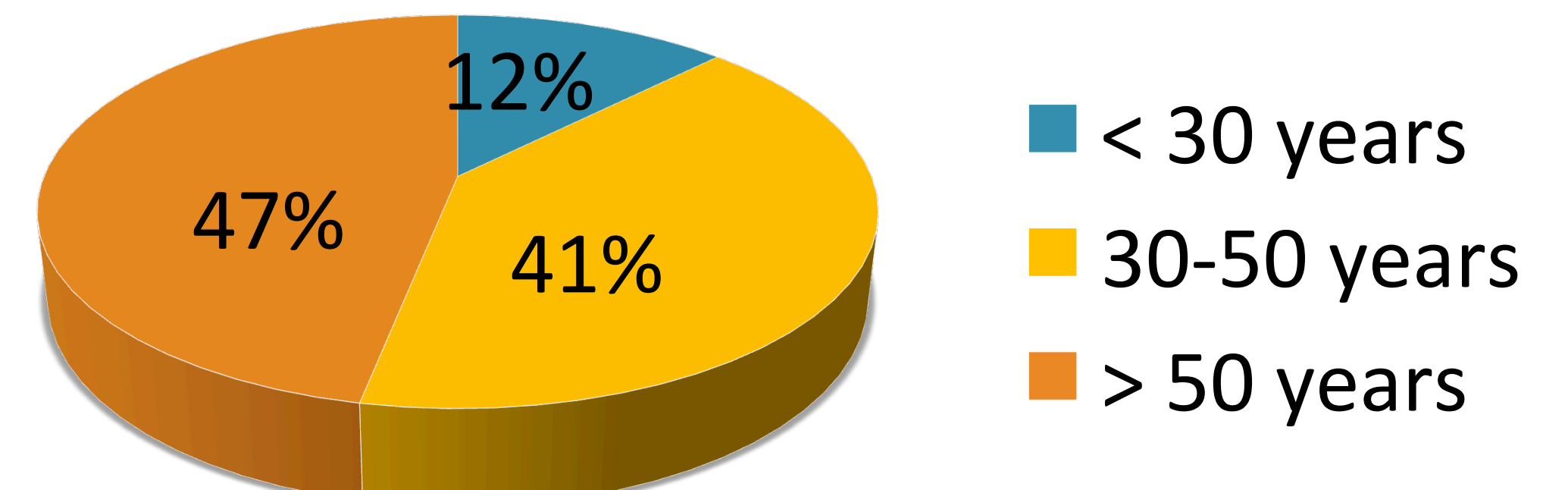
n = 96



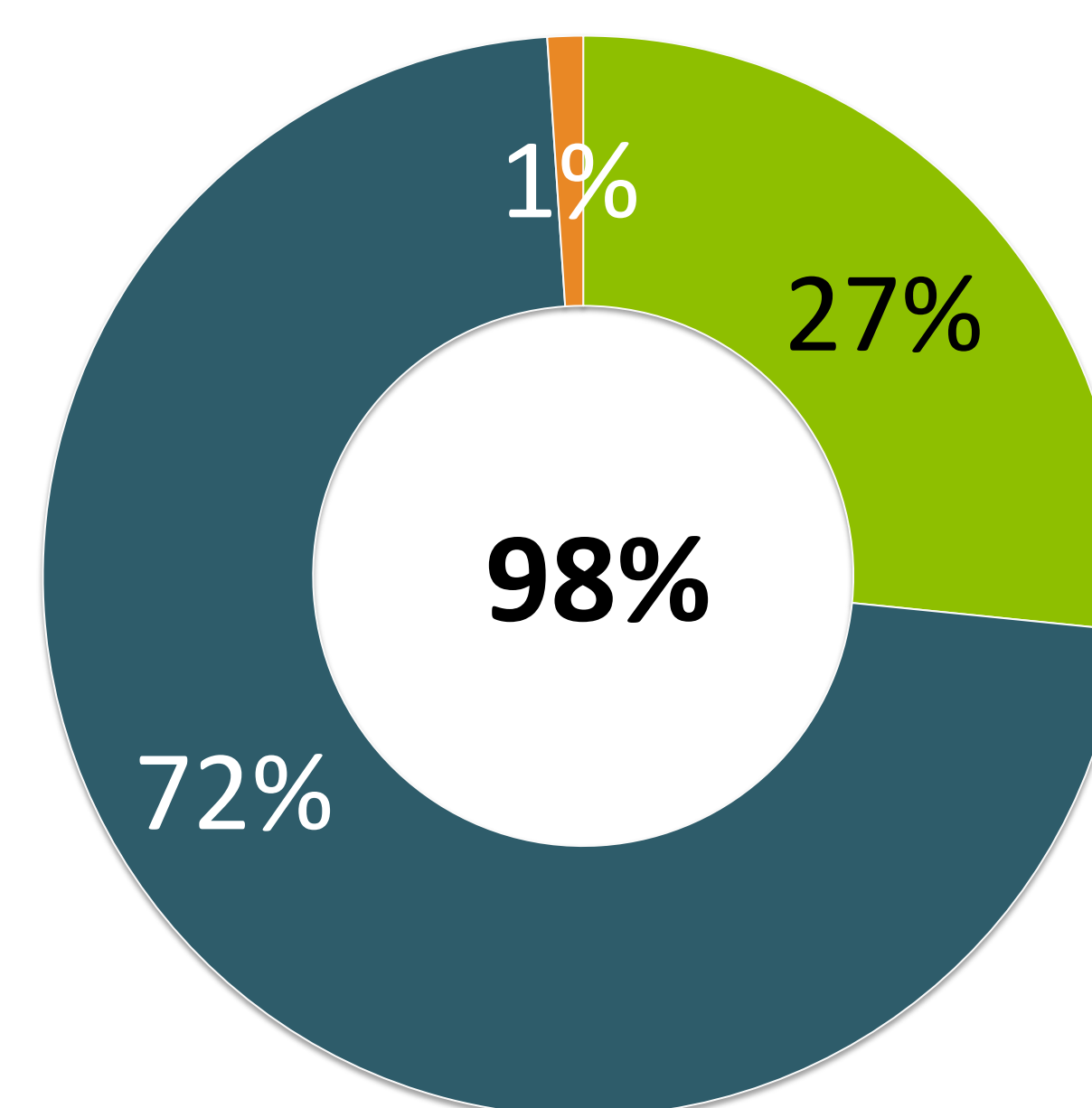
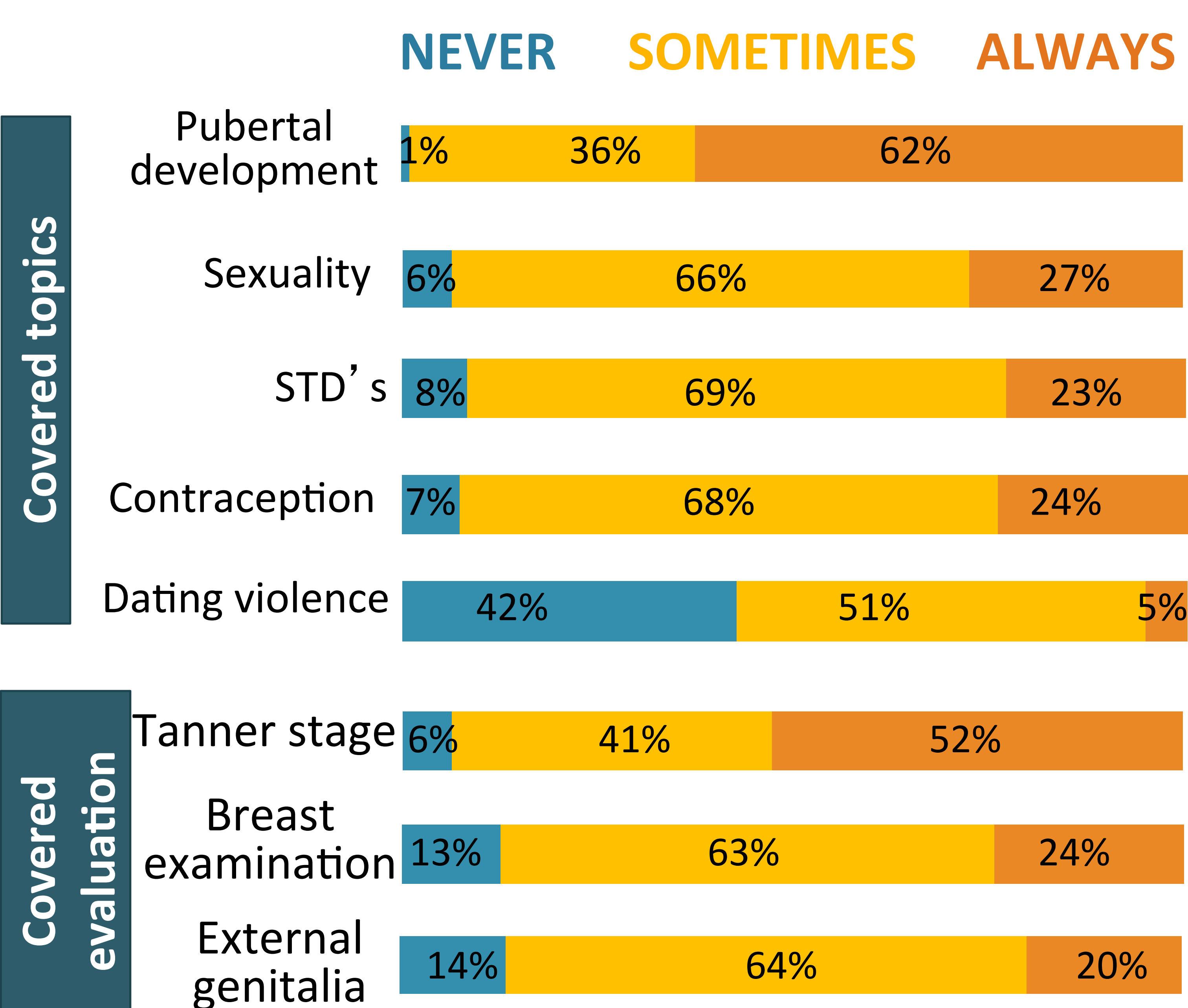
Work place



Physician's age



90% of clinicians attend patients until 18 years old in their daily practice.



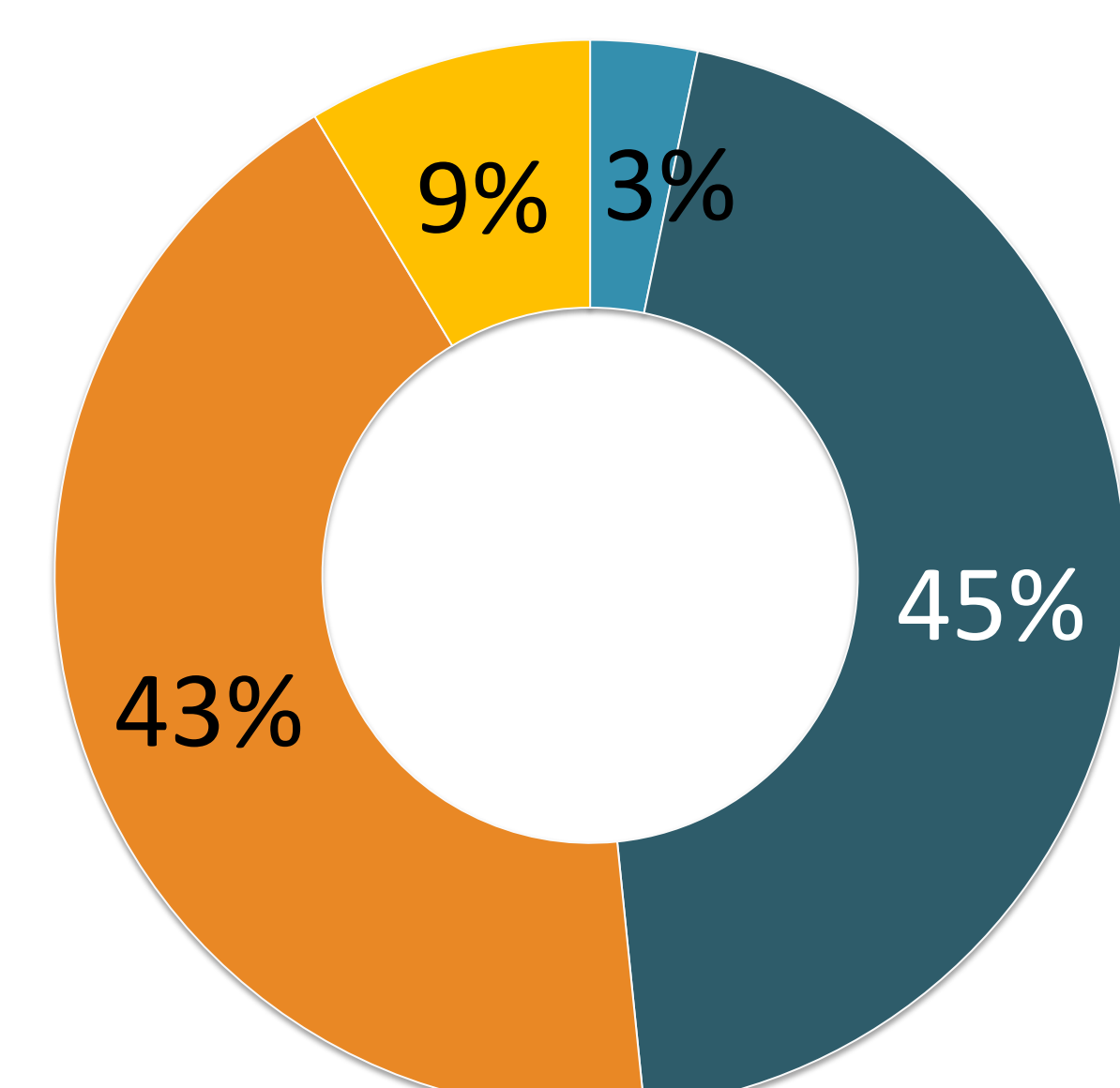
Gynaecology referral

Usually
Sometimes
Never

53% between 12-15 years
44% by routine

How does the Paediatrician feel about it?

Uncomfortable
A little uncomfortable
Comfortable
At ease



No clinician's gender or age differences were found

91% of the Paediatricians think these topics belong to their competence and 87% express learning needs

Discussion

Clinicians showed important information gaps and urgent learning needs in this area.

More opportunities for being taught should be included in the Portuguese Paediatric Training

Program, as well as activities in Continuing Medical Education for General Paediatrics Consultants.

Bibliografia: Bibliografia: Cavanaugh RM, Screening Adolescent Gynecology in the Pediatrician's Office: Have a Listen, Take a Look, Pediatrics in Review 2007;28;332 ; Braverman PK, Gynecologic Examination for Adolescents in the Pediatric Office Setting, Pediatrics 2010;126;583 ; Committee on Psychosocial Aspects of Child and Family Health and Committee on Adolescence, Sexuality Education for Children and Adolescents, Pediatrics 2001;108;498