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The development of emotion processing of body expressions from infancy to early childhood: A meta-analysis

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Conflict of interest statement

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest

Author contribution statement

QV contributed to the conception and interpretation of the work; conducted the literature search and meta-analysis; worked on the draft of the manuscript. EG contributed to the conception and interpretation of the work; contributed to the literature search; worked on the draft of the manuscript. All authors contributed to manuscript revision, read, and approved the submitted version.

Keywords

emotion, body expression, development, Discrimination, recognition, Meta-analysis

Abstract

Word count: 168

Body expressions provide important perceptual cues to recognize emotions in others. By adulthood, people are very good at using body expressions for emotion recognition. Thus an important research question is: How does emotion processing of body expressions develop, particularly during the critical first 2-years and into early childhood? To answer this question, we conducted a meta-analysis of developmental studies that use body stimuli to quantity infants' and young children's ability to discriminate and process emotions from body expressions at different ages. The evidence from our review converges on the finding that infants and children can process emotion expressions across a wide variety of body stimuli and experimental paradigms, and that emotion-processing abilities do not vary with age. We discuss limitations and gaps in the literature in relation to a prominent view that infants learn to extract perceptual cues from different sources about people's emotions under different environmental and social contexts, and suggest naturalistic approaches to further advance our understanding of the development of emotion processing of body expressions.

Contribution to the field

An important question is how this ability develops. In this mini-review, we highlight gaps in the research on the development of emotion processing of body expressions in relation to a prominent view that infants learn to extract perceptual cues from different sources about people's emotions under different environmental and social contexts. To address this issue and to provide evidence to guide future research directions, we conducted a meta-analysis of developmental studies that use body stimuli to quantity infants' and young children's ability to discriminate and process emotions from body expressions at different ages. Our review provides a summary and quantification of the existent literature testing infants and children from 3-months to about 7-years-old. This summary will allow other researchers interested in the field to have a holistic view of the evidence to date, including the variety of outcome measurements (e.g., accuracy, EMG, ERPs), body stimuli and experimental manipulations used. We will also make available our data (descriptive statistics extracted from the studies for the meta-analysis) and R scripts to reproduce the findings in our review.

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| 5 | A meta-analysis |
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27 Abstract

Body expressions provide important perceptual cues to recognize emotions in others. By adulthood, people are very good at using body expressions for emotion recognition. Thus an important research question is: How does emotion processing of body expressions develop, particularly during the critical first 2-years and into early childhood? To answer this question, we conducted a metaanalysis of developmental studies that use body stimuli to quantity infants' and young children's ability to discriminate and process emotions from body expressions at different ages. The evidence from our review converges on the finding that infants and children can process emotion expressions across a wide variety of body stimuli and experimental paradigms, and that emotion-processing abilities do not vary with age. We discuss limitations and gaps in the literature in relation to a prominent view that infants learn to extract perceptual cues from different sources about people's emotions under different environmental and social contexts, and suggest naturalistic approaches to further advance our understanding of the development of emotion processing of body expressions.

52 *Introduction*

The ability to discriminate and recognize other people's emotion is important for social interactions. 53 Adults process a rich combination of perceptual cues from people's facial, vocal and body 54 55 expressions to recognize emotions quickly and accurately so they can take appropriate actions (Belin et al., 2011; de Gelder 2009; Keltner et al., 2016). These cues also include changes in body 56 57 odour and temperature (de Groot and Smeets, 2017; Robinson et al., 2012; Rosen et al., 2015; 58 Salazar-López et al., 2015). For emotion body expressions, adults seem to focus on perceptual cues 59 in the upper body, including the arms and hands (Pollux et al., 2019; Ross & Flack, 2020). Bodies 60 can provide more diagnostic information about emotions than other perceptual cues under certain 61 circumstances, such as when a person is far away (Bhatt et al., 2016; de Gelder, 2009; Enea & 62 Iancu, 2016). Thus, an important research question is how emotion processing develops, particularly during the critical first 2-years and into early childhood. For example, we recently 63 64 showed that the focus on the upper body shown by adults may emerge as early as 7-months (Geangu & Vuong, 2020). Developmental research, however, has focused predominantly on facial 65 66 expressions (Bayet & Nelson, 2019; Geangu et al., 2016a).

Our aim in this mini-review is to synthesize evidence from developmental studies of 67 68 emotion processing of body expressions from infancy until early childhood to address the research 69 question. We have two goals toward this aim. First, we highlight the importance of environmental 70 and social contexts for learning perceptual cues to emotion expressions. As infants grow, different 71 visual information related to faces and bodies become more prevalent in the visual field during their 72 daily activities (Smith et al., 2018), and they experience more and more varied emotion expressions 73 under different social contexts. Second, we present a meta-analysis of developmental studies that 74 use body stimuli to quantity infants' and children's ability to discriminate and process emotion 75 expressions at different ages. The evidence suggests that there is a shift from faces being prevalent 76 in the visual field towards other parts of the body (e.g., hands; Ausderau et al., 2017; Fausey et al., 77 2016; Jayaraman et al., 2017; Smith et al., 2018), and so the meta-analysis may help us relate

laboratory-based studies to infants' and children's natural learning environment. We conclude with
suggestions for future research directions.

80

81 Emotion Body Expressions in Context

82 A prominent view of the development of emotion processing is that infants learn to extract 83 perceptual cues from different sources about people's emotions and their communicative value 84 (Campos et al., 1994; Leppänen & Nelson, 2009; Smith et al., 2018; Walle & Lopez, 2020; Widen, 85 2013). With respect to body expressions, infants frequently have people (e.g., parents, siblings) in 86 their visual field view throughout the first year of life (Ausderau et al., 2017; Jayaraman et al., 87 2017). Importantly, the prevalence of different body parts that are present in the visual field changes during development. For example, faces are more prevalent than other body parts during the first 4 88 89 months after birth (Jayaraman et al., 2017). This prevalence shifts to other body parts after this age. 90 Fausey et al. (2016) used head-mounted camera recordings in infants' home environment to 91 demonstrate an increase in the proportion of hands in infants' visual field with a corresponding 92 decrease in the proportion of faces, with a larger proportion of hands emerging between 6 and 9-93 months-old. The changes in prevalence of different body parts are observed across the first 2-years 94 of life, and are likely due to cognitive and motor development that allow infants to more actively 95 explore and interact with their environment and people (Ausderau et al., 2017; Fischer & Silvern, 1985; Flavell, 1982). 96

97 Thus as infants mature and explore their environment, they are likely to extract and process 98 different body parts that become more prevalent in their visual field to recognize different emotion 99 expressions, and possibly relate body parts to perceptual cues in other modalities such as vocal 100 expressions or odor changes. The prevalence of bodies in the visual field may also be relevant for 101 other social tasks. For example, infants as young as 6-months-old fixate on the hands of people who 102 reach and grasp objects, and look less at other body parts that are in view (Falck-Ytter et al., 2006; 103 Geangu et al., 2015; Kochukhova & Gredebäck, 2010). These changes in the availability of different body cues to emotions and social interactions also increase the opportunities infants have
to learn the relation between body expressions and the social and non-social contexts in which they
occur, further contributing to the development of emotion processing of body expressions (Campos
et al., 1994; Leppänen & Nelson, 2009; Walle & Lopez, 2020; Widen, 2013). These experiences
during maturation may lead to appropriate neuro-physiological responses associated with emotion
processing (e.g., Krol et al., 2015; Rajhans et al., 2015; Ross et al., 2019).

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111 Visual information for Emotion Processing of Body Expressions

112 By adulthood, research suggests that combinations of body postures and movements define 113 signature cues for recognizing emotions from body expressions (Atkinson et al., 2004; Atkinson, 2013; Poyo Solanas et al., 2020a,b). For example, signature cues for happy expressions may include 114 an upright posture with raised arms. The cues for *anger* expressions may include a forward-leaning 115 116 posture and shaking fists, contrasted to a backward-leaning posture and hands in front of the body for *fear* expressions. Sad expressions have the most subtle cues that tend to include a dropped 117 118 position of the head, with arms brought near the body. The existent evidence indicates that adults 119 rely on visual information contained in the upper body (e.g., torso, arms and hands) to recognize 120 emotions expressed in static body images (Pollux et al., 2019; Ross & Flack, 2020).

121 The naturalistic studies discussed in the previous section provide evidence that bodies are prevalent in infants' visual field from very early on (Fausey et al., 2016; Jayaraman et al., 2017; 122 Smith et al., 2018). The results from these studies are complemented by behavioural and neural 123 124 evidence that, from birth, infants are sensitive to body postures and movements (e.g., Bhatt et al., 125 2016; Geangu, 2008; Geangu et al., 2015; Hirai & Hiraki, 2005; Gillmeister et al., 2019; Simion et 126 al., 2008). This initial sensitivity may help them orient and attend to bodies. Infants seem to also 127 attend to visual information in the upper body like adults, in line with the increased prevalence of body parts in infants' visual field (Geangu & Vuong, 2020). Thus infants and young children's 128 129 reliance on signature cues based on body parts for emotion processing of body expressions may

| 130 | reflect changes to the prevalence of different body parts in the visual field under different contexts |
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| 131 | during infancy and early childhood (Ausderau et al., 2017; Smith et al., 2018). There is currently no |
| 132 | direct evidence for this possibility. Furthermore, developmental studies on the emotion processing |
| 133 | of body expressions use different emotions, body stimuli and outcome measurements across |
| 134 | different age groups, leading to gaps in the literature. |
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| 140 | Review of Emotion Processing of Body Expressions |
| 141 | To address this issue and our overarching aim, we synthesize published studies on emotion |
| 142 | processing of body expressions by infants and children. This synthesis can provide a holistic view |
| 143 | to identify gaps and motivate future research. We conducted a literature search on PUBMED, |
| 144 | Scopus, Medline, Embase and PsycInfo in October 2022 for articles which investigated emotion |
| 145 | processing of body expressions in typically developing infants and children up to ~7.5-years-old. |
| 146 | Although studies may include older age groups or developmental groups, we focused on typical |
| 147 | development and body stimuli (or stimuli that included the body) within our age range. The |
| 148 | electronic searches were complemented with hand citation searches. There were 1787 unique |
| 149 | articles, with 3 additional articles from hand searches. QV undertook the searching and screening |
| 150 | processes. See the Supplementary materials for details. |
| 151 | Study characteristics. Table 1 summarises the 38 articles included in the review. The studies |
| 152 | are ordered by the youngest age group (mean age in months), and range from 3.4-months-old to |
| 153 | 87.1-months-old (7.3-years-old). Most studies balanced the number of male and female participants. |
| 154 | Several studies included comparisons to older age groups (e.g., adults) or developmental conditions |

155 (e.g., hearing impairments or mental disabilities). We include developmental milestones from

156 Ausderau et al. (2017) to illustrate some known developmental changes occurring at different ages.

157 A few studies considered psychological (Rajhans et al., 2015), social (Krol et al., 2015) and 158 cultural factors (Tuminello & Davidson, 2011; Yang et al., 2022) in emotion processing of body 159 expressions. Anger, fear, happy and sad expressions were tested the most, and ~29% (11/38) 160 included an emotionally *neutral* condition as recommended by Hepach and Westermann (2016). 161 Other expressions included, for example, *disgust*, *surprise*, *pride* and *irritation*. The body stimuli 162 ranged from abstract representations (e.g., point-light displays or schematic line drawings) to videos 163 and real-time interactions with experimenters (Quam et al., 2012). Thus the stimuli could include 164 static (e.g., body posture), dynamic (e.g., body movements) information (or both), and they could be 165 combined with other perceptual cues such as faces and voices.

166 The studies used different outcome measurements, including accuracy, facial muscle 167 activities from electromyography (EMG), eye-tracking measurements (e.g., fixations or pupil 168 dilations), and event-related potentials (ERPs) in electroencephalography (EEG) related to different 169 neural markers of emotion processing. One study measured facial thermal-imaging responses to 170 body expressions (Nicolina et al., 2019). The studies also tested emotion processing of body 171 expressions under different experimental conditions, such as body inversion. Several studies also 172 compared emotion processing between different developmental conditions.

Meta-analysis. The studies in this review highlight the rich variety of body stimuli, outcome 173 174 measurements and experimental manipulations used to test whether and how infants and children 175 recognize emotion body expressions. Although this richness allows for a broad generalization, there 176 is no quantification of infants and young children's overall ability to discriminate between different 177 emotion pairs (given differences in these studies). Thus, the goals of the meta-analysis is to 178 combine effect sizes across studies to determine: (1) whether there is an overall ability to 179 discriminate between different expression pairs; (2) whether this ability differs between different 180 pairs; and (3) whether this ability varies with age.

| 183 | For 22 of the 38 articles, we could derive mean and standard deviation for each body |
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| 184 | expression from graphs and/or tables to be included in the meta-analysis. We focused on anger, |
| 185 | fear, happy, sad and neutral expressions as most studies used one or more of these expressions, |
| 186 | resulting in 10 possible pairs (~14% [3/22] included a <i>neutral</i> condition). We calculated Hedges' g |
| 187 | as the effect size and took the absolute value to quantify participants' ability to discriminate |
| 188 | expression pairs. We log-transformed any effect sizes calculated from sample proportion data |
| 189 | (Nelson et al., 2013; Witkower et al., 2021). For each study included in the meta-analysis, the effect |
| 190 | size was calculated separately for each outcome measurement, within-subject experimental |
| 191 | condition and age group. The effect sizes were averaged across outcome measurements and within- |
| 192 | subject conditions resulting in 2 (sad vs neutral) to 21 (anger vs happy) effect sizes for each pair. A |
| 193 | random-effects model with restricted maximum likelihood estimation (REML) was used to test |
| 194 | whether the overall effect size for each emotion pair was greater than zero. Lastly, we conducted a |
| 195 | meta-regression between effect size and mean age (in months) for each pair. The meta-analysis was |
| 196 | conducted using the meta (v6.1-0; Schwarzer et al., 2015) package for R-Studio (v1.4.1106). See |
| 197 | Supplementary materials for details. The data and scripts are available at the Open Science |
| 198 | Framework (https://osf.io/tyg6n/). |
| | |

199Figure 1 presents a forest plot for the 10 expression pairs, with studies ordered200chronologically by the mean age in months. For the 6 pairs including two emotions (Row 1 in201Figure 1), combining the effect sizes across all studies showed consistent evidence for small to202medium effects (g=0.36 to 0.68; ps<0.001). The meta-regression showed inconsistent evidence that203effect size varied with age for these pairs (ps>0.05).

| 206 | A similar but weaker pattern was found when each emotion was compared to the <i>neutral</i> |
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| 207 | condition (Row 2 in Figure 1; 4 pairs). The mean effect size also ranged from small to medium |
| 208 | effects. It was significantly greater than 0 for <i>anger</i> and <i>happy</i> expressions (g=0.69 and 0.28, |
| 209 | respectively; <i>ps</i> <0.02) but not for <i>fear</i> and <i>sad</i> expressions (<i>g</i> =0.20 and 0.34, respectively; |
| 210 | <i>ps</i> >0.07). There was a significant correlation between effect size and age for <i>anger</i> expressions |
| 211 | (p < 0.001) but not for the other expressions $(p > 0.61$ for <i>fear</i> and <i>happy</i> expressions; no solution for |
| 212 | sad expressions). However, there was a small number of effect sizes that included a neutral |
| 213 | condition (e.g., <i>N</i> =2 for <i>sad</i> , <i>N</i> =4 for the other emotions) and so we do not make any strong |
| 214 | conclusions from these results. |
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| 217 | Discussion and Future Directions |
| 218 | Our review identified a wide range of laboratory-based developmental studies of emotion |
| 219 | processing of body expressions. We also note that researchers use different terms for similar or |
| 220 | related emotions, such as <i>joy</i> vs <i>happy</i> (e.g., Lagerlof & Djerf, 2009), as well as more ambiguous |
| 221 | cases such as win and lose (Nyugen & Nelson, 2021) which can be associated with |
| 222 | happy/excitement and disappointment. Many individual effect sizes in these studies had confidence |
| 223 | intervals that included 0. However across these studies, the evidence suggests that infants and |
| 224 | children can discriminate between emotion expressions across a variety of body stimuli and |
| 225 | experimental paradigms, and that infants and children can integrate perceptual cues across bodies, |
| 226 | faces and voices. A similar pattern was seen for discriminating emotion from neutral body |
| 227 | expressions, but this finding is limited by the small number of effect sizes. |
| 228 | |
| 229 | |
| 230 | The ability to recognize emotions is often <i>inferred</i> from infants' and children's ability to |
| | |

231 discriminate emotion pairs. Several studies in our review measured neuro-physiological outcomes

- 232 while participants viewed different emotion body expressions, such as ERP components (e.g., Krol
- et al., 2015; Rajhans et al., 2016), EMG responses (Addabo et al., 2020; Geangu et al., 2016), pupil
- dilations (Geangu & Vuong, 2023) and facial temperature (Nicolina et al., 2019). Importantly, these
- 235 measurements are related to emotion processing in adults (Kret et al., 2013; Robinson et al., 2012;
- 236 Yeh et al., 2016). They suggest that infants and children can process the emotional content of body
- 237 *expressions* using static (e.g., body posture) and dynamic (e.g., body movements) cues, rather than
- 238 *discriminating emotion pairs* (Ross & Atkinson, 2020). A second finding is that emotion-processing
- abilities do not vary with age (as indicated by the meta-regression for the 6 emotion pairs), which is
- surprising given the developmental milestones and changes in visual information that are prevalent
- in infants' and children's visual field as they mature (Ausderau et al., 2017; Smith et al., 2018).
- 242 These 2 main findings should be considered in light of emotion processing in adults.
- Although body postures and gestures contribute to emotion processing in adulthood, body cues do
- 244 not necessarily convey all emotions equally (Atkinson et al., 2004; Atkinson, 2013; Poyo Solanas et
- al., 2020a,b) and may need to interact with other perceptual cues for effective emotion processing in
- the natural environment. For example, body expressions may be important for disambiguating fear
- and surprise, which can be easily confused with facial expressions (Actis-Grosso et al., 2015; Smith
- 248 & Schyns, 2009). Thus our review and meta-analysis underscores the importance of investigating
- 249 the development of emotion processing from multiple perceptual cues.

250 The 2 main findings should also be considered in light of potential limitations highlighted by our review. First, the sample size for young infants tend to be less than for older infants and 251 252 children resulting in more variability for the younger group. Second, young infants were not tested 253 with as many emotion pairs compared to the older age groups leaving a gap in understanding the 254 early development of emotion processing of body expressions. This younger age group also tended 255 to be tested with fewer emotion expressions within a study (e.g., typically 2 expressions) than older 256 age groups. There was also a smaller proportion of studies that included a *neutral* condition (~29%; 257 Hepach & Westermann, 1996). Third, there is a relatively small number of body-stimulus databases used across all studies (see Table 1). Nearly all studies with infants younger than 9-months used the
stimuli from Atkinson et al. (2004). For other age groups, several studies used static and dynamic
body-stimulus databases that have only been validated by adults. A few studies recorded their own
body expression videos with different expressivity (e.g. expressive dance movements; Boone &
Cunningham, 1998). Finally, few studies presented naturalistic stimuli that combined body, facial
and vocal cues. Those that did manipulated the congruency of the emotion expression between
different cues, leading to stimuli that were not necessarily naturalistic.

265 Given these limitations, we suggest several future research directions. The first is to test 266 young infants with a larger variety of emotion body expressions, including neutral expressions

267 (Hepach & Westermann, 1996). It would also be important to test infants longitudinally to map out

268 the developmental trajectory for emotion processing of body expressions. Future work can also

269 combine different outcome measurements (e.g., pupil dilation, EMG and EEG), use naturalistic

270 dynamic multi-sensory perceptual cues (e.g., Geangu et al., 2011; Quadrelli et al., 2019; Poulin-

271 Dubois et al., 2018), test different cultures (e.g., Geangu et al., 2011, 2016a; Quadrelli et al., 2019;

272 Poulin-Dubois et al., 2018; see Parkinson et al., 2017, for adults), and investigate factors

273 contributing to observed individual differences (e.g., Crespo-Llado et al., 2018). One key limitation

is that the body stimuli used in laboratory studies are visually impoverished and may not capture

275 many of the perceptual cues that infants and children may experience in their daily activities (e.g.,

276 Smith et al., 2018). Given the importance of the maturing infants' environmental and social

277 contexts, future studies can be conducted in the *real world* and focus on, for example, the frequency

of different facial and body emotion expressions in the infants' visual field, parenting behaviors,

and the context in which emotion expressions occur (e.g., Fausey et al., 2016; Jayaraman et al.,

280 2017; Smith et al., 2018). These directions will be highly challenging but will be important to

address the gaps in understanding the development of emotion processing of body expressions—

and emotion processing more generally—highlighted by our mini-review.

283

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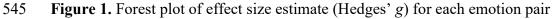
- 533 Table 1. Summary characteristics of the 38 studies included in the mini-review
- 534 The studies are listed by first author and year and ordered by the mean age (in months) of the youngest age group tested by the author(s). The mean age
- 535 is listed for each group tested, along with the sample size and number of females (F). Across these 3 columns, the age groups are presented in the same
- 536 corresponding order and separated by commas. Other age groups tested in the same study are listed but not considered in this review. Other study
- 537 characteristics include: body stimulus used; whether the stimuli included body motion, faces or voices; the emotion expressions tested; the outcome
- 538 measurements; and additional summary information about any conditions tested (e.g., upright vs inverted bodies) and notes. The Meta column
- 539 indicates whether the study was included in the meta-analysis or not. Notes. Milestones from Ausderau et al. (2017). * = feature was included on some
- 540 conditions. Atkinson = from Atkinson et al. (2004). BEAST = from de Gelder & van den Stock (2011). BESST = from Thoma et al. (2012). GEMEP =
- 541 from Bänziger et al. (2012). Max Planck = from Volkova et al. (2014). NIMSTIM = from Tottenham et al. (2009). Saunter = from Saunter et al.
- 542 (2010). The Excel file version of Table 1 is available at: https://osf.io/tyg6n/

| Age Category | Milestones | First Author | r Year | Mean Months | N | Sex | Other Age Group Tested | os Body Stimulus | motion | n Face | voice | e Emotion | Outcome Measurements | Conditions/Notes |
|-----------------------|--|----------------------|--------------|--------------------------|---------------------|------------------------------|---------------------------|---|-----------|------------|-------------|---|---|---|
| birth to 6 months | Visually tracks person moving across room; Regards toys (3 months) | Zieber | 2014b | 3.4, 3.5, 6.6 | 16, 16, 32 | 9F, 7F, 14F | resteu | full light videos (Atkinson) | Yes* | No | Yes* | Angry, Happy, Neutral | preference | Upright and inverted bodies (voices from Saunter) |
| | | Heck | 2018 | 3.4, 5.0 | 60, 32 | 23F, 18F | | full light videos (Atkinson) | Yes | No | Yes | Angry, Happy | preference | Body/voice congruency |
| | Calms in response to parent or soothing voice | Missani | 2015a | 4.3, 8.4 | 20, 20 | 10F, 9F | | point light videos (Atkinson) | | No | No | Fear, Happy | ERP (Pb, Nc and Pc components) | Upright and inverted bodies |
| | Lifts head to look around; Reaches/grasps hanging toys (4-5 months) | Missani | 2015b | 4.3, 8.4 | 20, 20 | 10F, 9F | | point light videos (Atkinson) | Yes | No | No | Fear, Happy | ERP (frontal assymetry) | Upright and inverted bodies |
| | Transfers objects from hand to hand; Begins to display separation anxiety and preference for specific caregiver | Hock | 2017 | 6.4 | 30 | 19F | | full light images (Atkinson) | No | Yes* | No | Angry, Happy, Sad | preference | |
| | preference for specific caregiver | Zieber | 2014a | 6.5 | 30* | 18F | | full light videos (Atkinson) | Yes | No | Yes* | Angry, Happy, Neutral | preference | Upright and inverted bodies (voices fron Saunter) |
| 6 months to 1 year | Sits well without support | Geangu | 2020 | 7.6 | 48 | 30F | | body images (BEAST) | No | No | No | Angry, Fear, Happy, Neutral | eye tracking (proportion looking times, proportion fixations, fixation durations) | |
| | | Geangu | 2023 | 7.6 | 48 | 30F | | body images (BEAST) | No | No | No | Angry, Fear, Happy, Neutral | eye tracking (pupil dilation) | |
| | Crawls on belly; Reach is smooth and efficient in all directions | Rajhans | 2016 | 8.2 | 32 | 16F | | full light images (Atkinson) | No | No | No | Fear, Happy | ERP (P1, N290, P400 and Nc components) | Priming by body on faces; Body/face congruency |
| | | Krol | 2015 | 8.3 | 28 | 15F | | full light images (Atkinson) | No | No | No | Fear, Happy | ERP (Nc component) | Compared groups with low and high exclusive breastfeeding (EBF) durations |
| | | Missani | 2014 | 8.4 | 15 | 10F | | full light images (Atkinson) | No | No | No | Fear, Happy | ERP (N290 and Nc components) | Upright and inverted bodies |
| | Visually follows pointing, engages in joint attention (9 months) | Rajhans | 2015 | 8.4 | 27 | 13F | | full light images (Atkinson) | No | No | No | Fear, Happy | ERP (Nc component) | Also assessed temperament and mater empathy |
| | Creeps on hands and knees; Begins standing unsupported; Gives object to adult to communicate need for help | Addabo | 2020 | 11.6 | 17 | 6F | | action videos (upper body) | Yes | No | No | Angry, Happy | EMG (corrugator supercilii; medial frontalis; zygomaticus major) | |
| | Walks indepdently | Ogren | 2019 | 14.7, 15.0 | 26, 26 | 15F, 14F | | point light videos | Yes | | No | Angry, Happy, Sad, Neutral | preference | |
| 2 to 4 years | Begins running; Well-coordinated, balanced gait; Social, parallel play begins (24 months) | Quam | 2012 | 24.0, 36.0, 48.0, 60.0 | 12, 59, 27, 20 | Not provided | | live experimenter with puppet | Yes | Yes | Yes | Happy, Sad (puppet) | various | |
| | | Witkower | 2021 | 24.0, 54.0, 84.0 | 164, 196, 168 | Not provided | 9-12yrs | body images (BEAST) | No | | No | Angry, Fear, Sad | accuracy | B 1 (|
| | Understands caregivers will return, increasing flexibility in relationship with caregivers; Associative play in groups | Mondloch | 2013 | 37.0, 46.5, 71.9 | 12, 24, 12 | Not provided | adults | body images | No | | No | Fear, Sad | accuracy | Body/face congruency (faces from NIMSTIM) |
| | | Geangu | 2016 | 40.4 | 22 | 12F | | body images (BEAST) | No | No | No | Angry, Fear, Happy, Neutral | EMG (corrugator supercilii; medial frontalis; zygomaticus major) | |
| | | Nelson | 2011 | 42.7, 53.6, 64.8 | 48, 48, 48 | 24F, 24F, 24F | | body videos | Yes | | | | accuracy | faces blurred or not |
| | - | Ke | 2022 | 45.8, 78.2 | 17, 17 | 8F, 10F | | point light videos (Max Planck) | | | No | Angry, Happy | ERP (N300 and N400 components) | priming by body on words; word/body congruency |
| 4 to 6 years | Cooperative play with peers to reach common goals | Lagerlof Boone | 2009 | 48.0, 60.0 49.8, 60.6 | 20, 21 | 10F, 11F | 8yrs, adults | dance videos | Yes | | No | Angry, Fear, Happy, Sad | accuracy | Happy labelled as joy |
| | | Parker | 2013 | 49.8, 60.6 54.0 | 25, 25 55 | 13F, 12F 24F | 8yrs, adults | body images | | | No No | Angry, Fear, Happy, Sad Angry, Disgust, Fear, Happy, | accuracy | Angry labelled as mad, fear labelled as |
| | | Faikei | 2013 | | | 241 | | body images | NO | NO | | Sad, Surprise, Neutral | accuracy | scared |
| | | Nelson | 2012 | 55.0, 80.0 | 36, 36 | 18F, 18F | 8-11yrs | body videos | | Yes* | | Pride | accuracy | faces blurred or not |
| | | Nelson | 2013 | 55.3, 63.8 | 68, 72 | 34F, 36F | | body videos | | | Yes | Angry, Disgust, Fear, Happy, Sad, Surprise | accuracy | |
| | | Nelson | 2018 | 60.0 | 32 | 17F | 9yrs, adults | body videos, body images from videos | Yes* | Yes* | No | Angry, Fear, Happy, Sad | accuracy, eye tracking (relative fixation number, relative fixation duration) | faces blurred or not |
| | | Sanders Tuminello | 1985 2011 | 60.0, 84.0 63.3 | Not provided 111 | Not provided Not provided | 11yrs, 15yrs | schematic body drawings body images | No No | No Yes* | No No | not stated Anger, Fear, Happy, Sad, Surprise, Neutral | accuracy | Compared hearing and non-hearing Compared African American and Europ American children |
| | | Hao | 2014 | 65.8 | 25 | 13F | | body videos (faces occluded) | | | No | Anger, Fear, Happy, Sad | accuracy | |
| | | Brosgole | 1986 | 66.5 | 20 | 9F | | animal line drawings | No | | No | Angry, Happy, Sad, Neutral | errors | Compared mild, moderate and severe mental disabilities |
| | | Yang | 2022 | 67.8 | 41 | 21F 5F | adults | body images BEAST) | No | No | No | Anger, Fear, Happy, Sad | accuracy | Tested asian participants |
| | | Gioia | 1988 | 71.0 | 10 | | | animal line drawings | No | No | No | Angry, Happy, Sad | errors | Compared mild, moderate and severe mental disorders |
| 6 to 8 years | | Balas | 2018 | 72.0 | 20 | 13F 41F | 8-11yrs, adults | body images (BESST) | No | No Yes | No | Angry, Sad | acucracy, dprime, response criterion eye tracking (fixation ratios in | Add spatial noise in vertical, horizontal of both directions Compared hearing and non-hearing |
| | | | | | | | | | | | | | defined areas of interests [AOIs]) | compared nearing and non-nearing |
| | | Vieillard | 2009 | 74.0 | 28 | 14F | 8yrs, adults | body videos (GEMEP) | | | No | Angry, Happy, Irritation, Pleasure, Neutral | errors | |
| | | Nguyen | 2021 | 76.9 | 30 | 14F | 8-10yrs, adults | body images | Yes | | No | win/lose | accuracy | |
| | | Nicolini Ross | 2019 2021 | 79.2 87.1 | 15 32 | 6F Not provided | 8-11yrs, adults | body videos body images (BEAST) | Yes No | | Yes Yes* | Fear, Happy, Sad, Neutral Happy, Fear | thermal imaging accuracy | Compared with and without facial palsy Body/voice congruency, happy/fear voice |



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546 The effect sizes from the 22 studies are ordered chronologically based on mean age in months.

547 Some studies tested groups in different conditions (as indicated in brackets). Horizontal lines depict

548 95% confidence interval (95%-CI), size of squares represents the weight of individual data sets, and

549 diamonds represent mean effect sizes based on a random-effects model (vertical dashed line). The

effect size mean and 95%-CI for each emotion pair (column), respectively, are: Row 1 0.36 [0.23;

- 551 0.48]; 0.41 [0.28; 0.54]; 0.68 [0.48; 0.88]; 0.50 [0.26; 0.74]; 0.64 [0.40; 0.88]; 0.50 [0.27; 0.72]
- 552 (*p*s<0.001); <u>Row 2</u> 0.69 [0.22; 1.16] (*p*<0.001); 0.20 [-0.03; 0.44] (*p*=0.09); 0.28 [0.04; 0.51]

553 (p=0.02); 0.34 [-0.03; 0.71] (p=0.07). *Notes*. The scale was truncated to Hedges' g = -0.5 to 3.0 for

visualisation purposes. Arrows on the confidence interval indicate that the horizontal line extended

555 beyond the limits of the truncated scale.

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- 557

