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THE PAN AMERICAN



The Student Newspaper of The University of Texas-Pan American

September 28, 2006

STC fall enrollment surpasses UTPA

By JAVIER CAVAZOS
The Pan American

South Texas College has posted its highest enrollment rate ever with 18,466 students, surpassing The University of Texas-Pan American, which currently has 17,330 students.

William Zarate, vice president for student services and development at STC, said this is quite surprising for an institution that began with only 1,000 students 13 years ago.

"It just shows the need of the community and students' hunger for education," Zarate said.

Dennis McMillan, associate vice president for enrollment and student services at UTPA, said STC deserves to be congratulated on what he called a "big enrollment success."

"This is a win-win situation. We're all kind of in this together to educate students," McMillan said. "A lot of people will start off over there and after they complete their basics, they'll transfer to UTPA."

In addition, McMillan said UTPA does not fight over students.

"We would certainly like for all the students who can to enroll here, but I don't look at it as a competition or anything," he said.

In 2005, UTPA and STC had enrollment rates of 17,049 and 16,636 respectively. Zarate said STC's 11 percent increase is due to many factors, but he believes it's mainly because the institution's tuition rates did not increase and will not do so any time soon.

"Our increase in enrollment is due in large part because of the board of trustees and the president who felt it was not in the best interests of the

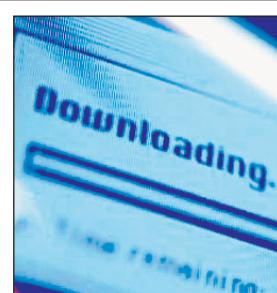
See **STC** page 11



News

Faculty, staff turn to water aerobics for health, fitness

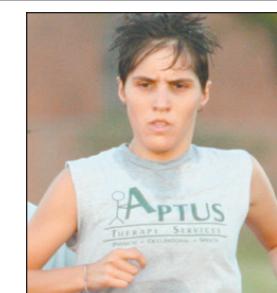
See page 3



A&E

Illegal downloading continues despite crackdown

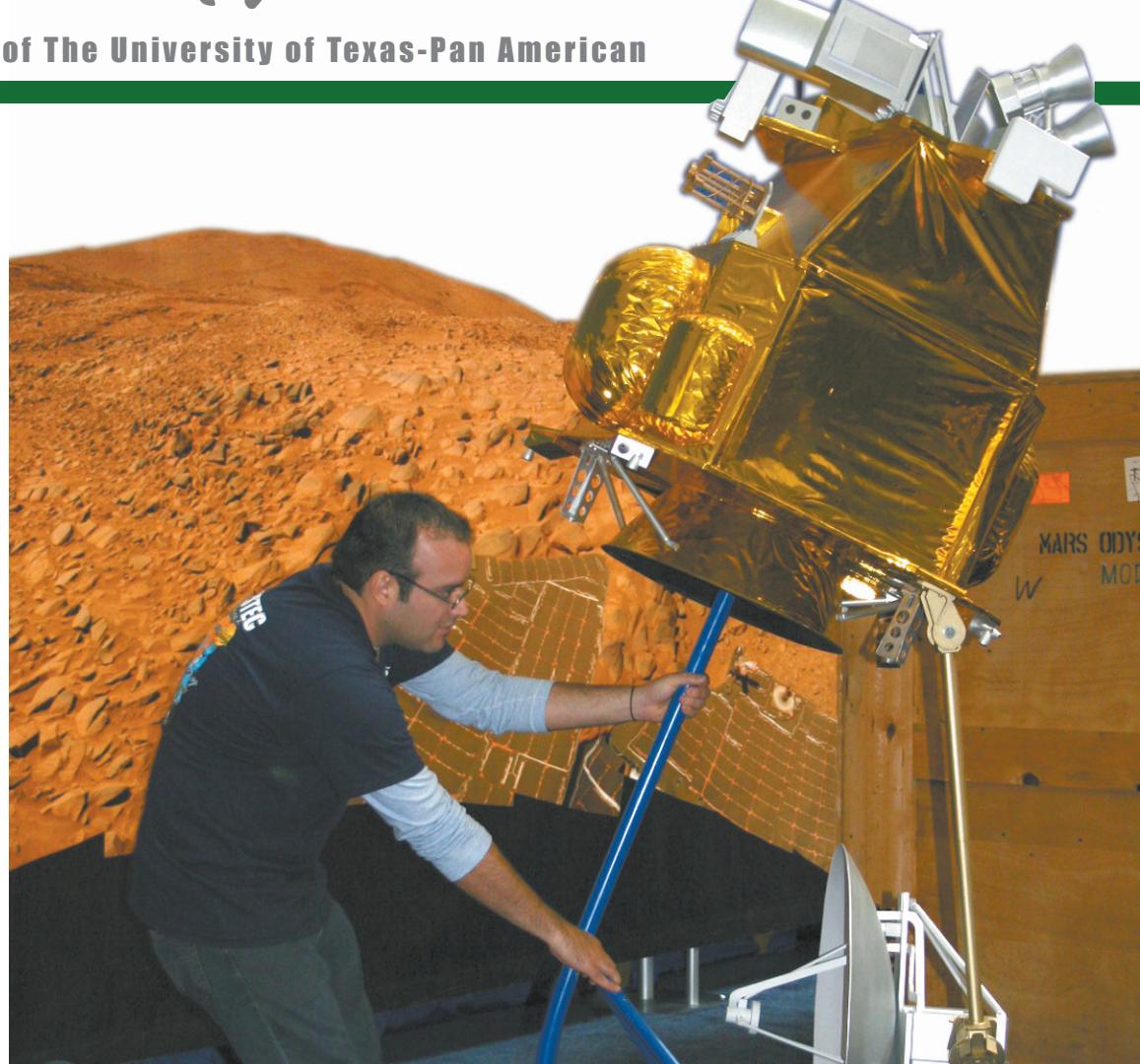
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Sports

Deanah Chavez gives tips on running track

See page 13



Sandra Gonzalez/*The Pan American*

SET-UP - Gustavo Salinas, coordinator for Student Exploration, helps set up the NASA exhibit in the Health and Education II building. Today, the exhibit is open to about 800 middle school students and the public on Saturday at Community Day.



Onydia Garza/*The Pan American*

By SANDRA GONZALEZ
The Pan American

When Jennifer Moser grows up, the eighth-grader from Olivera Middle School in Brownsville wants to be a veterinarian.

A few tables down, Melissa Lugo, an eighth-grader from San Juan Middle School, dreams of becoming a psychologist.

The University of Texas-Pan

American welcomed middle-school students from all over the Valley Tuesday as part of Hispanic Engineering, Science, and Technology (HESTEC) week. On the hot afternoon, 1,000 students sat down to lunch with careers on their minds, making a familiar UTPA complex into a Field House of dreams.

However, much to some students'

See **HESTEC** page 11



Sandra Gonzalez/*The Pan American*

Survey: Texas more fit than ever

By EDWARD PROA
The Pan American

Texans aren't as fat as they were before. At least, Texas no longer ranks No. 6 on the nation's list of states with the most obese adults, according to a new survey. Instead, it takes 10th place.

According to the study done by Trust for America's Health, Texas is No. 10 on the list of states with the most obese adults. The study, based on numbers gathered in 2005, found that unlike Texas, 31 states saw an increase in the number of obese adults.

Programs around the Rio Grande Valley and at The University of Texas-Pan American have in recent years targeted this widening obesity trend in an effort to avoid a financial catastrophe, which in the end, will affect people in the younger age groups.

"From 1999 to 2000, 16 percent of children in all age groups were overweight," said Leslie Breidger, a chronic disease nutrition consultant with the Texas Department of Health Public Nutrition Program.

Breidger added that in 2001, the number of obese adults in the state rose about 20 percent, with most being men, minorities and middle-aged adults. The financial catastrophe comes from costly medical treatments and health-care expense needed to treat problems like diabetes and heart disease.

At UTPA, the Border Health Office (BHO) runs programs like the Acanthosis Nigricans: The Education and Screening Program (ANTES) and the UTPA Provost's Initiative On-Campus Program. All are designed to help with the obesity epidemic.

ANTES is a statewide program where elementary and middle-school students are screened for Acanthosis Nigricans (AN) by their school nurse. AN is a skin condition

See **TEXAS** page 11

September 28, 2006

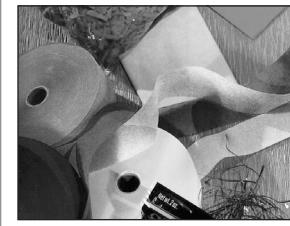
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1201 West University, CAS 170
 Edinburg, Texas 78539
 (956) 381-2541 Fax: (956) 316-7122
<http://www.panam.edu/dept/panamerican>
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Editor
Claudette Gonzalez
ThePanAmerican@gmail.com

News Editor
Sandra Gonzalez
sandra_panamerican@yahoo.com

NEWS



News in brief:

Oct. 2 is the deadline for the 6th Annual Office Decorating Contest. To sign up, call the Wellness and Recreational Sports Office at 292-0839

Faculty, staff turn to water aerobics for fitness

By ANA LEY
The Pan American

LuAnn Buchner, like most staff and faculty members at The University of Texas-Pan American, wants to maintain good health but has little time to do it. But for the past few weeks, the school's health and kinesiology department has provided her and others a solution for keeping in shape without sacrificing hours from their schedule.

On Sept. 11, the department began hosting water aerobics sessions free for all faculty and staff members. Participants gather every Monday, Wednesday and Friday from noon to 1 p.m. at the university swimming pool.

Driven by the need to stay fit and relieve stress, the ambition to win the school's Operation Wellness competition, and her trainer, Amy Moses, Buchner tries to show up to every session. The clerk for the library's acquisitions and serials department, says that since she doesn't have much time to drive home or to a gym during her lunch break, squeezing a workout into her

daily routine would normally be a challenge.

"By the time I'm out of work in the afternoon, I'm too exhausted to exercise," she said. "But coming to the pool between work hours really relaxes me...I'm ready to do it all over again after I cool off and release some tension."

Buchner added that she would like to lose weight, and water aerobics is a good way to do so.

"Amy really pushes us to exercise, and I feel like I get more done coming with friends and having someone instruct me versus me coming alone and just kind of swimming around," she said.

Moses, a former All-American track athlete at UTPA and an Edinburg native, is an assistant to the athletic department's compliance coordinator. After attending water aerobics sessions held by the City of Edinburg, Moses pushed for the same thing on campus.

"I went to the H&K department and asked intramurals and recreation, I

See **AEROBICS** page 12



Onydia Garza/The Pan American

SPLISH, SPLASH - Amy Moses conducts one of her water aerobic sessions on Wednesday afternoon. The sessions are every Monday, Wednesday and Friday at noon at the university pool and are open to all faculty and staff.

Students urged to use low-cost health care on campus

By CELINA GILPATRICK
The Pan American

Every semester all students are charged \$17.85 for a medical service fee, but not everyone takes advantage of what they are paying for.

Student Health Services at The University of Texas-Pan American is developing its services and facility to better care for the university community – especially its students.

The health center plans to move to a larger building next fall and hopes to expand on its current women's wellness program, as well as offer other things.

Crystal Stewart, a registered nurse at the center, said that while they are getting a steady flow of students, many more should take advantage of the convenient, friendly help they offer.



Onydia Garza/The Pan American

CHECK UP - Crystal Stewart, an RN at the Health Services Center, checks the blood pressure of Alberto Baez, a junior anthropology and philosophy major. Although everyone pays a health services fee each semester, few avail themselves of the center's services.

services because of the additional space," Stewart said.

She added that the health center is also planning to add new offerings such as an assault response effort, which will include sexual assault counseling and forensic exams so that students who are victims of abuse don't have to leave campus to get help.

Health Services helped 9,955 students last year, and the number is expected to increase because of additional services.

Jennifer Morales, sophomore
See **HEALTH** page 12

Men's Resource Center aims to stem violence

By LUKE KOONG
The Pan American

Emiliano Diaz de Leon's exposure to men's violence existed long before the doors of the Men's Resource Center (MRC) of South Texas opened.

The executive director of the center grew up witnessing the violence and abuse that his mother went through. As a teenager, he continued that violence in his relationships.

However, after a change in his attitude toward females, Diaz de Leon began working as a public advocate in Austin. Amid the darkness of violence, he found inspiration to foster change.

"I was exposed daily to the aftermath of men's violence, both to women and children, and really began seeing what my personal role was in ending domestic violence, but also what men could do to end their own violence and violence against women and children," Diaz de Leon said.

Now in his seventh year living in South Texas, he works as an immigrant-rights legal advocate for *Casa de Proyecto Libertad* during the day and walks over to the MRC after work. As a testament to his dedication, Diaz de Leon

currently handles all the accounting and administrative work for free.

The MRC is a place where men can go and engage in a variety of services such as support groups and workshops.

"It's a really safe, comfortable space to think about things and we want it to be welcoming, not just for men, but also for women," Diaz de Leon said.

The Harlingen Literacy Center offered the MRC a room almost two years ago. Before then, it did not have a permanent place to meet.

"It's something we didn't think we'd acquire in such a short amount of time. We thought in five years, maybe we'll have an office space," Diaz de Leon said.

Most of the supplies they have received have been through donations. As a result, MRC's primary expenses encompass only rent and utilities. The organization launched its annual fundraising campaign in early September. The goal: \$5,000. To date, members have received close to \$3,500.

In addition to individual donations, MRC has also been the recipient of several corporate grants. That money is going

See **RESOURCE** page 12

Professors awarded large research grants

By LEZETTE VILLARREAL
The Pan American

President Blandina Cardenas' initiative to increase research at The University of Texas-Pan American received a boost recently as Yuank Lin, a physics professor, received a \$1 million grant from the National Science Foundation.

Lin said he and his group worked hard to ensure their proposal for the project, "3D Hierarchical Nanomanufacturing for Active Photonics-on-Chip," was good enough to beat out the other 380 applicants.

"The NSF gives out 30 awards and everyone can apply," Lin said. "So it's stiff competition."

Along with Lin, Jeremy Qualls, an associate professor of physics and geology, Karen Lozano, an associate professor of mechanical engineering, and Shaochen Chen and Grant Wilson of the University of Texas-Austin collectively make up the group that will head the research.

Originally, Lin said they had applied for a grant valued at over \$1.3 million for four years. While they didn't receive that one, Lin said NSF realized the potential their proposal had.

"[We had] an excellent proposal that could lead to substantial advance in nanomanufacturing," Lin said. "The team brings about a unique systematic approach based on the existing technologies developed by the PIs (or Principal Investigators) to address the specific needs of nanophotonic processing applications, which also have large impact on other nanostructures and systems."

While the title alone can cause confusion, Lin explained the project quite simply, saying it basically studies the transmission of information through light.

While the grant has already been awarded, Lin's work with the NSF is not over. As part of the grant agreement, he and his group must create annual reports, which will include published results – plus met and unmet objectives – to the NSF. Along with the \$1 million, Lin has also been awarded \$150,000 from the U.S. Air Force.

"The money was awarded to purchase an ultra-fast laser system with femosecond pulse width and with tunable infrared wavelength from 720 to 950 nanometers," Lin said. "The laser system will be used to study nanophotonics."

This state-of-the-art instrument

will be available for access to local members of the community. According to Lin, access to such advanced equipment will surely encourage science awareness in the Valley.

"Nano technology presents an incredible opportunity to encourage and motivate individuals to pursue science and engineering careers," Lin said. "A skilled workforce is essential to the Rio Grande Valley at the head of high-growth, engineering-driven high-tech industries."

Lin wasn't the only one to receive a large grant in recent days. Bimal Banik, a professor in the chemistry department, received a nearly \$725,000 grant from the National Institute of Health SCORE Program over four years. The proposal that won the grant was for Banik's research in new anticancer beta lactams, which have shown greater potency than the drugs currently available.

"This grant is based on the synthesis, biological evaluation and mechanism of action of novel organic compounds as anticancer drugs," Banik said. "I have synthesized and studied the stereochemical distribution of a number of novel beta-lactams. Some of them have shown promising anticancer activity in vitro against ovarian, breast, colon



Onydia Garza/The Pan American

VERGE OF DISCOVERY - Professor Yuank Lin demonstrates the optical table. Lin was recently awarded \$1 million grant to use on research concerning the transmission of information through light.

and leukemia cancer cell lines and in animal tumor model systems."

The grant will help pay the salaries

of four student research assistants and a possible postdoctoral fellow or research technician.

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Student government looks to future

By JAVIER CAVAZOS
The Pan American

The second annual State of the Student Body address was held Sept. 20, and the focus was on the growth, changes and challenges The University of Texas-Pan American faces.

Student Government Association president Argelia Barrera highlighted accomplishments such as the creation of a Student Advisory Board with the City of Edinburg, and named parking, safety and recycling as other avenues SGA is looking to bring change to.

"We have found that advisory boards and student forums are some of the best ways to get ideas from the student body and put them into action," Barrera said.

Alleviating parking and traffic congestion is one issue SGA plans on tackling next, with a planned forum on the matter.

"We are really trying to look ahead, not just to the next year, but to what the changes we make mean for future generations who attend school here," Barrera said.

The university recently acquired two new parking shuttles and expanded the area serviced by the shuttles in an attempt to ease strain on overcrowded parking lots.

"The majority of our goals we set for this year were achieved. The new residence halls, Oracle and the Wellness Center were all made possible through Dr. Cardenas' guidance," Barrera said.

Cardenas, who also addressed the crowd, said UTPA is putting in place processes, attitudes, climate and personality to build a better university for the future.

While the results of some of SGA's new initiatives won't be seen for years, the university is accomplishing many things that will have positive results for the university, she added.

"We need to remove barriers and

streamline the path to success if we're to become a better institution," said Cardenas.

Cardenas noted that the university retained almost 73 percent of last year's freshman class. This is a solid retention rate, given that the national average is 72 percent. Just four years ago UTPA's retention numbers were in the low 60s.

"The building of the new dorms and other factors are moving this university from a 'just-in-time' university to a real home," said Cardenas. "We don't want to be a school where the students are 'just in time' to go to class, the faculty is 'just in time' to teach their classes and no one ever gets more involved or attached."

According to Cardenas, one major step to getting student's ideas and priorities voiced was made by the creation of the Cost of Education Committee, started by the 2004-05 SGA administration. The committee was composed equally of students and faculty and laid out a financial plan for the university.

"The students on the committee knew we needed money if we wanted new programs or facilities and they came to me with a proposal that I and the vice presidents thought was too high to warrant any attention from the regents," said Cardenas. "We were able to polish it up and get support but the whole process really inspired all of us and made us delighted we had included students on the committee."

Cardenas urged students to make the most of their experience here and "educate the heart as well as the mind."

"This university is you. It will project you into life, but you will also project life into it," said Cardenas. "Your experience here is symbiotic and you can have a true and rich academic career but not without involvement and interaction."



FUTURE - Argelia Barrera, SGA president, speaks to middle school students at a HESTEC event on Tuesday.

Onydia Garza/*The Pan American*

Building ties between UTPA and the City of Edinburg

By CRYSTAL LEE ROBINSON
The Pan American

The University of Texas-Pan American has been a part of Edinburg for 79 years. Soon, it will be part of the city in a way it never has been before.

The Student Government Association worked this summer on planning a new committee to aid the mayor and city council, according to SGA president Argelia Barrera.

The Mayor's Advisory Council of University Students was the brainchild of Barrera and SGA vice president Bonnie Bustos. After meeting with Edinburg Mayor Joe Ochoa, all parties agreed that the establishment of such a council would help enrich the learning experience of students at UTPA.

"The university students will serve as liaisons to the mayor and council, discussing and advising on issues of common concern," Ochoa said.

Ochoa, who was present at the SGA State of the Student Body Address, says he is excited about

getting the project moving.

"I look forward to this committee and know it will open many doors to both students and the city," he said.

Barrera added that the committee would address issues such as parking, traffic, recycling, Greek housing, and other issues which affect students.

"We believe the city's involvement could be very beneficial," Barrera said.

Ochoa, who won back the post this year after serving for almost 10 years before being defeated by Richard Garcia, added that the council will not only be beneficial now, but in the future as well.

"The purpose of this committee is to aid and/or boost the uniting of The University of Texas-Pan American and the City of Edinburg to further enhance positive experiences for students and aid the city in better planning and preparing for the future increase in the university's population," he said.

Barrera said that after meeting with Ochoa during the summer, SGA

members did extensive research on student advisory boards across the state and nation to get ideas on how theirs could be organized.

"There is a board in Austin which is basically composed of all the different colleges in Austin. Each college is represented by one student which is usually the student body president," Barrera said.

As of now, SGA is still "patching up the last details" in establishing the committee, said Barrera, but it is expected to launch it soon.

In order to establish this committee, Barrera drafted a resolution to present to the Student Body Senate. The resolution consisted of details on the purpose, mission, goals, membership, responsibilities and other issues concerning the Student Advisory Board of Edinburg. The senate recently voted unanimously for the resolution.

SGA will have its final meeting with the mayor in one week before presenting to the council of Edinburg in the second week of October.

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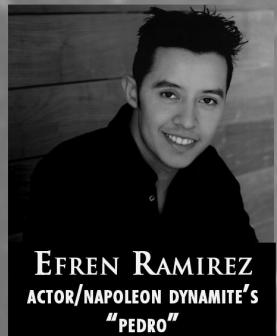
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Editor's Pick:
Must-see Movie
"The Fountain"
starring
Hugh Jackman
and
Rachel Weisz

Biology major rocks stage as 'All Hour Blue'

By TREY SERNA
The Pan American

People express themselves in different ways. Some dance, draw, exercise or simply take up their time with a hobby. Others go so far as to bare their soul on a piece of paper and put music to their stories, heartaches and experiences.

Eloy Cavazos is a senior pre-med biology major with a lot on his plate. At first glance he may look like your average 21-year-old, but beyond countless hours of studying and work lies a guitar-playing singer-songwriter.

Cavazos, a Weslaco native, started playing guitar at the age of 15 with no instructions.

"I bought my first guitar for like \$15. I guess I started playing because it was considered a cool instrument," said Cavazos. "It was a really crappy guitar but I just started teaching myself."

His first public performances came in high school, when he was part of a punk band.

"I played a miserable talent show my sophomore year of high school," he said. "I think I did okay, but I was with a really bad punk band and it was one of



Eloy Cavazos

ROCKIN' ON - Eloy Cavazos' enjoyment of music has turned into a passion which he plans to continue into the future.

those things where we thought we sounded better than we really did."

After having jumped from band to band throughout his earlier years, Cavazos said that now that he's doing

solo material, there's a better aspect to his music and more time to work it around his studies.

"The thing about doing it solo is that you're at your own pace and that's

what I like about it," said Cavazos. "A band is more of a collective thing and it has different pools, potentials and structures that make it unique, but playing solo is more conducive with my schooling."

Biology major Rejh Lester Cabrera, a former band mate and roommate, has an upbeat attitude about Cavazos' musical talent.

"I think he has a very deep understanding of melody and I think he'll develop it more through the years," said Cabrera. "He's pretty open-minded about things, music-wise."

Beyond his musical ability, Cabrera feels Cavazos is a good friend. He recalls an instance last semester when he had to take his Medical College Admission Test (MCAT) and Cavazos was there to make sure he was awake on time.

"I had to wake up at some ungodly hour. He came to my bedroom door and knocked to make sure I was awake," said Cabrera. "I was already gone, though. I found out later that he did that and thought it was really nice of him because he didn't even have to be up that early."

After taking a short time off from playing, Cavazos returned to the stage

last spring at The Smoke Shack, located at 2403 Buddy Owens Ave., in McAllen.

For more information on All Hour Blue, visit <http://www.myspace.com/all-hourblue>.

"The first time he auditioned to play here, it was different from any other locals we had heard. As soon as we heard him, we wanted to hire him," said Ali Naqvi, booking manager for the Smoke Shack.

Cavazos's stage name is All Hour Blue, which was also the name of his former band. However, while his former band played punk rock, his solo act focuses on the mellower emo sub-genre. And although some have gained a liking for his tunes, Cavazos's hope for the future isn't the typical 'I want to be a rock star' motto.

"Part of the reason I wanted to learn to play guitar is because I had this vision of playing for my kids or something like that," said Cavazos. "I can see myself as a doctor, no doubt. But I want to be that guy who plays for his kids and shows them that professionalism and creativity

Summer's last chance for outdoor movie nights in Harlingen

By LESLIE ESTRADA
The Pan American

Are you ready to do something fun and out of the ordinary while spending quality time with your family? Then you're ready to go to the next movie night taking place in downtown Harlingen this Saturday.

Jackson Street Movie Nights started this summer after a historical building burned down. Downtown district people in partnership with the city of Harlingen worked together to create a nice green space now known as Lozano Plaza, where the building had been, at the corner of Jackson Avenue and "A" Street.

"After we got that done people started asking what we were going to do with it," said Cheryl La Berge, Harlingen's downtown manager. "We decided to show movies so that we had another fun event for people to enjoy."

Harlingen's goal is to get people to visit downtown and experience the historic buildings while spending time with their families.

This movie night is a bring-your-own-chair or -blanket event. There are three different activities for people to enjoy.

Karaoke will start off the night at 6 p.m. Then at about 7:30 p.m. Looney Tunes cartoons will be shown, culminating with the feature film, "The Legend of Zorro," which will start roughly about 7:45 p.m.

For more information regarding this event you may contact La Berge at (956) 216-4910, or e-mail her to cherylberge@myharlingen.us

There will be a couple of restaurants open late that night should the attendees get hungry.

"Refreshments will be available," said La Berge. "But you may bring your own cooler and snacks as well."

She made it clear that no alcoholic beverages will be permitted, since organizers do not have permission for that.

"We are having this event to give

people another reason to come downtown," said La Berge. "It is family oriented and we don't want to have any alcohol-related problems."

About 500 people are expected to this event, based on attendance in the past.

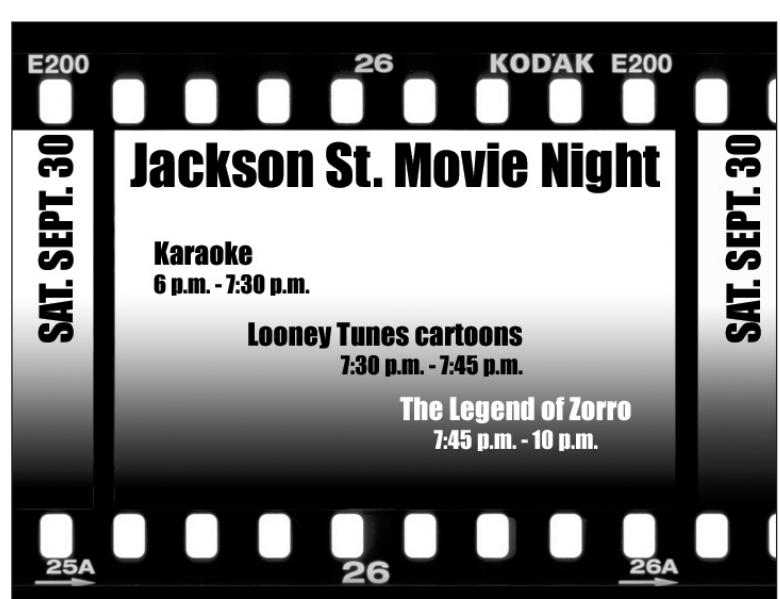
"We would like to have more people," said La Berge. "But since the movies are Hollywood productions, we have certain restrictions with the advertising."

Even though the group's prime way of advertising is mouth to mouth, they've had good response from the community.

"This event is sort of community building," said La Berge. "People come down to this event, and aside from having a good time, they get to meet people and relate with one another."

Even though Karina Tamayo, a junior marketing major at The University of Texas-Pan American, has not had the chance to attend to a movie night, she has heard it is a very fun event.

"My cousin lives in Harlingen and



attended one of the movie nights," said Tamayo. "She said that it is a great opportunity to do something different since you get to sit under the stars, watch a movie, eat popcorn, and have a great time in general."

Saturday's movie night will be the last of a three-film series that began at

the end of July. The other two movies shown were "Raiders of the Lost Ark" and "Grease."

"We would like to invite everyone to come and enjoy themselves here," said La Berge. "It is a great idea to spend the day shopping downtown and then stay for the movie."

ILLEGAL

YELLOWCAKE
LIGHTS + SOUNDS

PANIC! AT THE DISCO
A FEVER YOU CAN'T SWEAT OUT

DOWN
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PARENTAL
ADVISORY
EXPLICIT CONTENT

DOWNLOADING

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WIDESCREEN

"Laugh-Out-Loud Funny."
—David Edelstein, ENTERTAINMENT WEEKLY

FIRE
MINER
The Rising Tide

SHARING THE CRIME, BUT NOT THE TIME

BY: FRANK CALVILLO

In a large federal lawsuit which took wing last week, more than a dozen Texas residents were slapped with lawsuits from major record labels such as Virgin and Sony BMG for illegally downloading music from major artists.

The lawsuits are just a few of the many that have been spawned in recent years as the result of a crackdown on the downloading and file-sharing phenomena.

HOW IT ALL STARTED

The craze began in early 2000 with the introduction of a file-sharing program called Napster that made its way into America's computers.

The system was created by Shawn Fanning - then a student at Boston's Northeastern University - who created the program because a friend was having trouble sorting out his collection of mp3 files. It wasn't long before the newly christened Napster began spreading throughout the campus and beyond.

Soon the program itself expanded and Fanning saw his simple invention being used by millions of music lovers from different backgrounds to download all kinds of songs. In addition, Napster boasted an online store and a chat function, which allowed users of similar tastes to mingle with one another.

However, with the sweet came the sour, and by the spring of 2000, Napster found itself slapped with multiple lawsuits from record labels and their displeased artists. Among the many vocal musicians who spoke out again Napster's illegal downloading practices was Metallica front man Lars Ulrich, whose group was one of the first musical acts to file suit against Fanning and Napster.

In a statement given shortly after the singer-songwriter filed, Ulrich equated the act of downloading music to common thievery.

"From a business standpoint, this is about piracy and that is morally and legally wrong," Ulrich said. "The trading of such information, whether it's music, videos, photos, or whatever is, in effect, trafficking in stolen goods."

Eventually Ulrich and his fellow musicians had their day in court and Fanning was forced to put limitations on his beloved creation, before eventually shutting it down.

AN UNSTOPPABLE CRAZE

In the years to come, Napster would re-open its doors once again, but this time as a business, charging all users 99 cents for each song downloaded.

Needless to say, although successful, the new Napster was not the hit it once was due in large part to the many free imitators in existence throughout the world.

Among others, in late 2001, Morpheus, a similar file-sharing system created in Europe, made its North American debut and in 2003 Kazza became the new way of quickly getting one's favorite tunes for free.

Today, the music source of choice for the majority of downloading fanatics is Limewire, a system created in late 2004. Despite various legal clashes since its debut, it remains at the top of the downloading chain with multiple versions to choose from and future versions to be introduced.

TRUTH AND CONSEQUENCES

Although it has certainly been a practice for many years now, the act of illegally downloading songs, in particular copyrighted material, is still considered a federal offense.

In 2003 an Iowa grandmother was arrested after illegal mp3 files were found on her computer; they had been downloaded by her grandchildren. And earlier this year four Mississippi residents found themselves faced with jurisprudence from the Record Industry Association of America or RIAA, after being accused of acquiring a variety of illegal files.

Since 2003, the RIAA has made it its job to track down illegal downloaders and bring them to justice. To date the organization has filed more than 18,000 lawsuits and settled nearly 6,000 cases with all settlement funds reinvested into anti-piracy efforts.

RIAA spokesperson Amanda Hunter believes in downloading music, but feels that it should not be done illegally.

"There is no hard and fast rule about what someone does or does not have to do to get caught," she said. "The important message here is there are a number of ways for people to get music legally and we want people to support the legal ways of getting music online."

HEED NO WARNING

Despite the many potential consequences, including jail time and hefty fines, online users continue to download music illegally.

Jimmy Dicus, a sophomore at The University of Texas-Pan American, has been downloading music through networks like Napster for years.

"I've been doing this since Napster came out," Dicus said. "In fact one of the most recent songs I've downloaded was 'Rockstar,' by Nickelback."

Dicus, a rehabilitative services major, understands the cons to obtaining music illegally.

"It's wrong and there are laws against it, but it's also easy and free," he said. "There are so many people out there doing it that the odds of getting caught are slim."

Unlike Dicus, some music fans don't even realize the possible implications of their actions, like UTPA social studies composite major Patty Garza.

"You can seriously get arrested for that? I didn't know," said the sophomore. "I've done it before, but I never knew that could happen."

Those

accused in the past of illegally downloading music claimed that record labels and artists take in such vast amounts of revenue that there is nothing morally or legally wrong with downloading copyrighted material.

ONCE AND ALWAYS

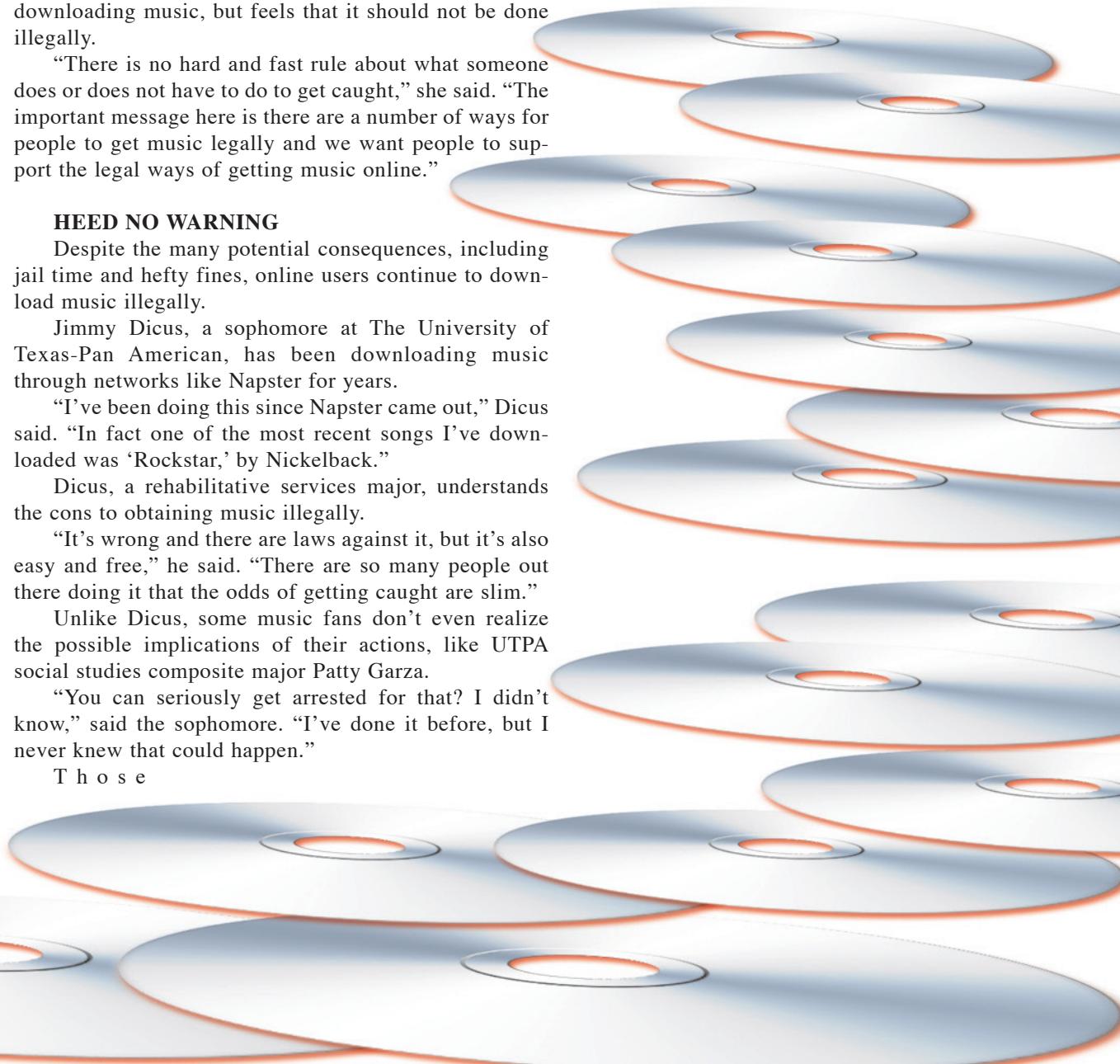
However today the practice has spread even further as television shows, full-length feature films and even private videos have found their way onto file-sharing sites such as Rapidshare. And in recent times, former record-label employees have been caught leaking unreleased tracks by popular artists onto the Internet for mass consumption.

Actions like these pose the question: where do ethics and morality fit into all of this?

Is there a difference between waiting 30 seconds for a piece of music to download onto your computer and pressing "record" when you hear a good song playing on the radio?

It appears as if the cycle will continue as record labels keep suing and Internet users keep downloading.

Whether right or wrong, the practice of downloading music has now become a whole new way to define a generation, and marks a fresh chapter in its continuing relationship with society.



Angela Salazar/ *The Pan American*

MUSIC OF THE NIGHT - Many well-known artists bring different musical flavors to Derry South, a new club that has recently opened in the Valley.

Derry South brings new club, big name acts to Valley scene

By ANGELA SALAZAR
The Pan American

College life brings an array of experiences for everyone. Not all students have the same hobbies or interests, but one key rite of passage is going clubbing. Derry South Entertainment has brought a new style of club to the Rio Grande Valley along with some surprise guests.

The club goes by three names. On Thursdays, which are college nights, it is known as Club Frequency; Fridays it's Club Cielo, and caters to a more adult crowd with International and techno music. Saturdays, its third alias is Unleashed.

Each day accommodates a different scene for different people. Frequency nights are meant for the college crowd. On regular nights with no performances the cover is only \$5 and free with a college ID. Of course, when there are performances going on the cover goes up to \$15 or \$20.

Club Cielo is for the "upscale" crowd. The cover for this night is \$10 at the door. Some performers coming in October are latin pop groups Mana and Sin Bandera, both of whom have released top-selling albums within the last year. This night has a "sophisticated" dress code that is going to be enforced.

"What that means is we will be the ones checking at the door to see if we will actually let them in," added Joel Soza, a promoter. "We try not to judge people...we

just want to make sure everyone feels comfortable in the environment."

Finally, on Saturday nights, when it's known as Unleashed, the night belongs to the 21-and-over scene unless of course there is a scheduled performance. A dress code is also enforced for this night.

The grand opening of the Derry South club was Sept. 21 and the response so far has been a positive one for the entertainment company. The club is located in McAllen at 500 E. Hackberry.

For more information on concert dates visit <http://www.derrysouth.com>

"People are still in shock, saying, 'Wow I can't believe the Ying Yang Twins are coming down,'" said Soza.

The Ying Yang Twins are only the tip of the iceberg when it comes to the types of performances the club offers. At the grand opening weekend there were appearances by "Rollin' on 20s" singer Li'l Flip and Jagged Edge, whose self-titled album was released this past May.

In October Derry South plans to have more than one performance a week from some of the biggest names in music today. Houston rappers Paul Wall, Mike Jonze and multi-platinum selling rapper Chamillionaire are just a few.

"The Valley is at that point where they are ready for something like this," said Soza, "It's boggling people's minds that there is a Vegas or Miami style club

[in the Valley]."

The idea is to bring some of the hottest acts in the nation to the RGV. The club has a spacious area with a large, circular dance floor and a stage down in front. For those who would rather observe than dance, there is plenty of lounge area. For those who are lucky enough, the VIP room is a club of its own.

"They have their own bar...they never have to wait in line with anybody else and they are the only ones who have access to it," Soza said.

Derry South also features big-screen plasma televisions. Another one of the features is its pool in the back of the restaurant and the fact that there is a restaurant located within the club as well.

The Valley is a small part of Texas, where entertainment for the college crowds seems somewhat limited. Now with the club opening, the Valley is getting a little star power. Even "Snap Ya Fingers" htmaker Li'l Jon is rumored to be coming as MC one night. But it will not be promoted; in order to find out when and if, you must go to the club.

No matter what taste in music or atmosphere someone might have, Derry South Entertainment has found a way to please them all. And just like the Web site says

"Derry South Night Club and Restaurant is extraordinary. This up-and-coming entertainment phenomena is here to stay."

Third Mars Volta CD satisfies old fans, but won't make new ones

By BRIAN CARR

The Pan American

The Mars Volta's latest endeavor "Amputechture," like all releases from the El Paso prog-rockers, should be pack-

aged with a bong and a set of headphones.

The only way listening to the album can be a truly enjoyable experience is if you're wrapped in a cocoon of absentmindedness, shut out from the rest of the world with the Volta providing all conceivable stimuli.

According to the band, which is the more successful half of the now defunct At the Drive-In, the album marks the first time guitarist Omar Rodriguez-Lopez and vocalist Cedric Bixler-Zavala have created a work without a single unifying narrative.

The first two albums from the Los Angeles-based studio duet followed illustrious, yet pretentious fictional tales through make-believe universes and along degraded human experiences.

In true arrogant front-man form, Zavala likens his lyrical offerings on the latest LP to the masterful works of Rod Serling and David Lynch. But in truth the lyrics on "Amputechture" come across like the hopeless screams of flood victims behind the lush hi-fi landscape provided by studio-genius Lopez, accompanied by the Red Hot Chili Peppers' John Frusciante.

The collaboration between the two musicians leads to a guitar-rich album wrought with arpeggios, and flamenco style, and cock-rock riffs galore.

Over indulgence is the theme of the

eight-track LP, which opens lethargically with the reverb-heavy multi-guitar track "Vicarious Atonement" and is laden with pelvic-anchored string bends and finger-tapping note melees.

In the opening lines Zavala states plainly, "Don't you pretend that I'm not alive," which is ironic based on the sheer atmospheric quality of the Texan's latest work.

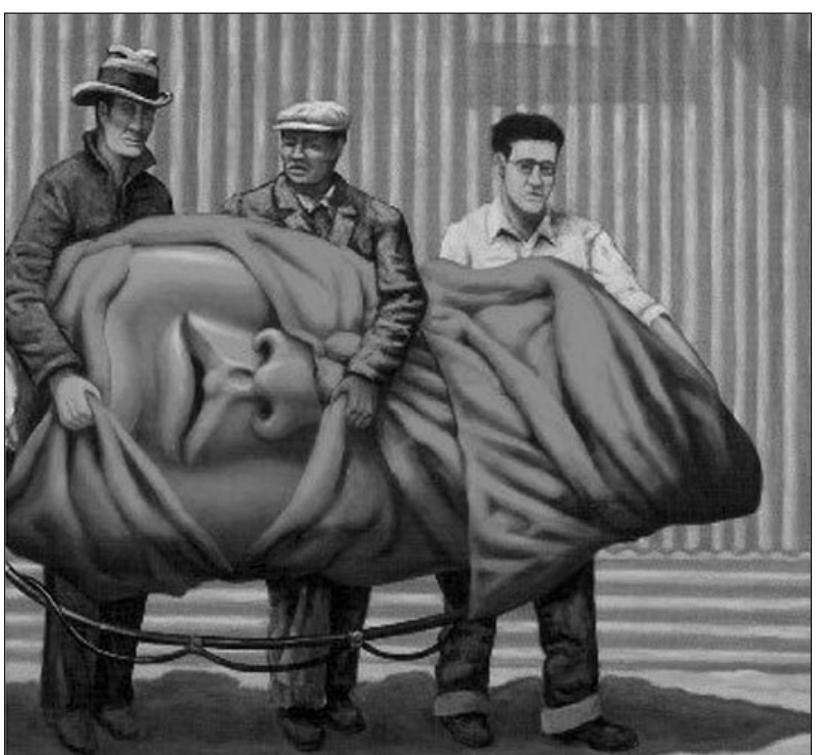
To be fair, The Mars Volta is our generation's version of Pink Floyd. They produce highly worked-out musical epics perfect for fueling arena-rock mental-holocausts just as their predecessors did before them. Unlike contemporary jam-band counterparts - the Volta is ultimately categorized thus - the once post-punk phenoms are focused on constructing and replicating audio landscapes for the listener to journey through. But excessive musical maneuvers have tethered the band to the drug-influenced music set.

This latest endeavor suffers from a sad conceptual fate, as individual songs are digested into their context, and are all but incapable of standing on their own.

The 11-minute "Meccamputechture" is the sole offering with an infectious hook, but obviously with its lengthy time the track will not see radio play in today's market.

But commercial success is far from the aim. And to paraphrase Zavala, it is obvious they are out to create music as ornaments.

Long-time fans will revel in the musical virtuosity of "Amputechture." But The Mars Volta will not garner hordes of new fans.



TONGUE-IN-CHEEK ROCK - "Amputechture," the latest album from The Mars Volta, was released earlier this month.

HESTEC

continued from page 1

5 p.m. Astronaut Mike Fossum
5:30 p.m. Actor Efren Ramirez
7 p.m. Comedian Paul Rodriguez
8 p.m. Grupo Atrapado

HESTEC Guest Lineup
Saturday

For a full schedule, visit www.HESTEC.org.

TEXAS

continued from page 1

found typically on the neck, which signals high insulin levels in the body.

This signal identifies people who are at risk of developing diabetes and obesity caused by high levels of insulin. If this condition is present, the student is referred to a physician and encouraged to join in a wellness program.

"The screening program is a tool for children to become aware of their health conditions," said Gina Garza, a health education coordinator at BHO. "The AN marker is a checkpoint for students and their parents to work in preventing long-term conditions like diabetes, high blood pressure and obesity."

ANTES seems to have made progress in the battle against wider waistlines, as last year, Region One - which encompasses the Valley - showed the greatest decrease in obesity of any region in Texas.

BHO also involves school faculty and staff in wellness programs by holding competitions within university departments through the provost's wellness program. Faculty and staff who volunteer to participate form teams and go through a screening process where all their information is monitored to see what team can show the greatest decrease in unhealthy indicators.

"The goal of the wellness

surprise, speakers from top companies, such as Ford Motor company, Boeing and Verizon to name a few, didn't just speak about science-oriented careers.

"They talked about all types of jobs," Moser said. "It's been very educational."

Moser, a straight 'A' student, said while she was already planning on going to college, it was fun to attend speeches surrounded by peers.

But for Lugo, the highlight of the event was not the people she sat next to, but the ones she heard speak.

"They're experienced people who we can look up to," she said. "I learned a lot about their different jobs and who they are."

WEEK IN PROGRESS

The beginning of HESTEC week, which started Monday and extends

through the weekend, was heavily geared toward encouraging the Valley's youth to attend college with events like breakout sessions, educator round-table discussions, and panel talks.

Rita Cedillo, a GEAR UP facilitator for Mercedes Junior High, said the 35 students she brought to HESTEC will only benefit from their experiences on campus.

"We have a phrase that goes: 'the more you learn, the more you earn,'" she said.

Today, 800 GEAR UP students will have a chance to explore a NASA exhibit; they will be able to look at full-sized rover models and do several hands-on activities.

"The student exploration day is a chance for students, particularly eighth-graders, to get a chance to

explore careers in math, science and technology," said Gustavo Salinas, coordinator of student exploration. "It will also be open on community day. We want for them (the middle school students) to invite their families and come back."

The end of HESTEC week will feature a career expo Friday starting at 10 a.m. in the Field House, where over 70 representatives from companies such as Boeing, Lockheed Martin, and Kraft Foods Global will be present.

HESTEC will conclude on Saturday with Community Day where local astronaut Mike Fossum, Efren Ramirez (played Pedro in "Napoleon Dynamite") and comedian Paul Rodriguez will be on hand to entertain the crowd. The main stage events begin at 3:30 p.m.

STC

continued from page 1

students to raise tuition," said Zarate.

The current cost of 15 credit hours at STC for Hidalgo and Starr county residents is \$885 and for those in any other Texas county, \$1,141.50. And students are taking notice of the bargain.

"The classes are cheaper so I have money left from financial aid to spend for books or just to keep for myself," said Maricruz Valencia of McAllen, a sophomore educational psychology major at STC.

STC officials know that the chance to save money is the main driving force for students to enroll at the college.

"We are cheaper, and this will make us have more students," said Irene Garcia, Board of Trustees chair.

Retention rates at STC are at 55 percent, a middling rate which is not uncommon for community colleges. However, the college is not content with this number.

"If you ask if we are satisfied with this number, the answer is absolutely

not," said Zarate, "We are implementing initiatives to increase our retention and to ensure that we are doing everything we can to facilitate student success."

Among these initiatives was the recent addition of four-year bachelor's degrees in applied technology and technology management, and future plans to implement more bachelor degree options.

"This college is always with its eyes open to jobs that are out there and implementing them into the curriculum to develop new programs," said Garcia.

However, despite these new programs, student transfer rates to UTPA continue to rise. This fall, UTPA welcomed 801 transfer students, many of whom came from STC, for an increase of 7.37 percent from 2005 in the number of transfer students. The college has a number of matriculation agreements with UTPA, to make it easy for students to transfer from the two-year school to Edinburg.

Cost of tuition rising, no relief in sight

It seems like everything is increasing in price and will continue to do so for the future. It is no surprise that the cost of higher education is on the rise as well. At The University of Texas-Pan American, the cost of tuition for 15 credit hours has increased by \$400 from last semester.

In the spring, students taking 15 hours paid a total of \$1,738.35, while this semester the cost is \$2,082.70.

Many students are beginning to pay for their higher education out of their own pockets, as the percent of tuition and fees covered by financial aid decreases. In 1975, federal Pell grants covered an average of 84 percent of tuition costs; as of 2004, only 34 percent of college costs are covered by this grant.

In Texas, the main type of aid is the Texas Grant, which was only able to fund 40 percent of eligible students this year, according to the Texas

Higher Education Coordinating Board.

In addition, average state tuition costs have gone up 62 percent since 2003, the year that lawmakers deregulated university tuition.

However, the increase in rates should also yield benefits for the students. UTPA will use funds raised by the hike to hire 43 additional faculty members in fiscal year 2007 - which will cost approximately \$2.35 million - and to add 45 more faculty members in 2008, with a \$2.47 million price tag.

Also, approximately \$1.8 million will be provided for student financial aid in fiscal year 2007 and an additional \$1.2 million in 2008.

In addition to increasing faculty and financial aid, funds from tuition increases will also go to retention and graduation initiatives, and toward developing and enhancing graduate programs.

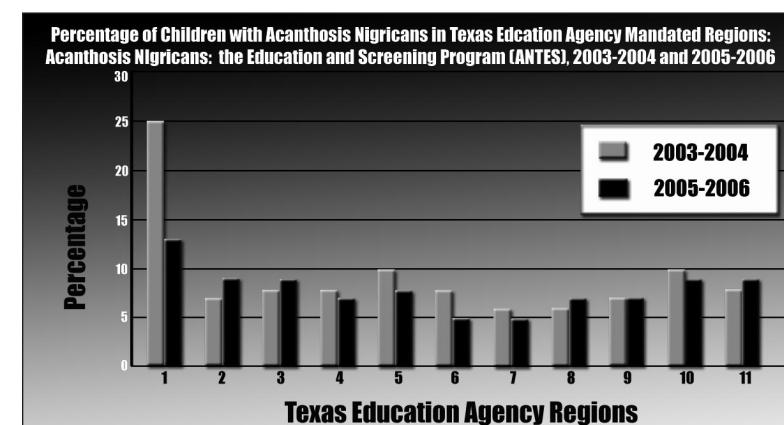
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Student Publications Office
in COAS 170
or call (956) 381-2541.



HEALTH

continued from page 3

chemistry major, visits health services for all her medical needs, and urges students to use the place they paid for.

"I recommend coming here because the staff is very nice and understanding," said Morales. "They are also very willing to answer questions, and I don't feel like I'm being judged so I can tell them anything."

Morales, a Mission resident, said she appreciates the health center's efforts in making its women's wellness program available. Services provided include contraceptives, annual examinations and certified pregnancy tests.

"I think the program is great," said Morales. "We're here every day, and I

figure they've seen everything so I don't have to be afraid."

While many students like Morales visit Health Services, there are others who aren't as well informed about what is available to them.

Maray Enriquez, a freshman pre-med chemistry major, said that more information should be provided during spring orientation.

"I don't even know exactly where it is much less all the services that are offered," said Enriquez, a Mission resident. "I was an incoming freshman in the spring, and I don't think I got as much information as those that started in the fall."

While Enriquez may not know what's offered, she was informed by a local sorority of one service available to all students.

"I did hear one thing from the Delta Zetas: they sell cheap condoms," said Enriquez. "Oddly, that's all I know about their services, and I learned that before Spring Break."

Student Health Services does sell six condoms for a dollar, and has free HIV testing every other Wednesday from 1 p.m. to 4 p.m. There are plans to make the test available every week.

For a full list of services or for directions, contact Student Health Services at (956) 381-2511.

AEROBICS

continued from page 3

e-mailed professors, but they all said we didn't have a water aerobics program," she said. "I eventually was given a list of faculty/staff members who responded to an e-mail sent out and showed they were interested, and was asked to be the trainer."

Moses believes that water aerobics are better for those seeking a mild workout, because during a session, the heart rate is lower so you don't exhaust your body as quickly.

"[In addition], the water cools you down," she said. "There is also less pressure on the joints and the muscles are relaxed."

She added that water aerobic exercise is one of the best means of burning

fat, getting a good cardiovascular workout, and building muscle.

"It's also good for people who don't really know how to swim," she said.

Moses hopes that in the future, the class will grow big enough so that they can hold sessions every day. Currently, each class has about 10 participants according to Moses.

"Maybe if enough people come, we can even continue reserving the pool for our sessions until next semester," she said. "It would be very nice to keep our class going so that we can all continue getting some moderate exercise."

The water aerobics classes are expected to run until Dec. 14.

RESOURCE

continued from page 3

The most important thing, however, is that there is a natural interest to foster. Diaz de Leon said that men have to be willing to step forward and take a stand in order to end violence.

"Men are both the problem and the solution to ending violence against women and children," he said.

In 2005, 143 women were killed as result of domestic violence. Of that number, eight were from the Rio Grande Valley. Those women will be honored at a community march on Oct. 7.

For more information on the MRC and its services visit www.mrcosfouthtexas.org or call 956-425-6110.

SPEAKING OUT - Emilio Diaz de Leon, executive director of the Men's Resource Center of South Texas, says MRC is dedicated to helping men address and prevent domestic violence.

Sidney Meadows/The Pan American



Hazing is both a violation of university policy and a criminal offense (Sections 37.151 et seq. and 51.936, Texas Education Code) and may result in the arrest and prosecution by civil authorities as well as disciplinary action pursuant to the Reagent's Rules and Regulations (Part One Chapter VI, Sections 3.28 and 3.6).

Hazing with or without the consent of a student is prohibited by the university and by the UT System. Both the hazer and the victim are subject to discipline.

According to state law, a person can commit a hazing offense not only by engaging in a hazing activity, but also by soliciting, directing, encouraging, aiding or attempting to aid another in hazing; by intentionally, knowingly or recklessly allowing hazing to occur; or by failing to report in writing to the Dean of Students or other appropriate official of the institution first-hand knowledge that a hazing incident is planned or has occurred. The fact that a person consented to or acquiesced in a hazing activity is not a defense to prosecution for a hazing under the law.

In an effort to encourage reporting of hazing incidents, the law grants immunity from civil or criminal liability to any person who reports a specific hazing event to the Dean of Students or other appropriate official of the institution and immunizes that person from participation in any judicial proceeding resulting from that report. The penalty for failure to report is a fine of up to \$1,000, up to 180 days in jail, or both. Penalties for other hazing offenses vary according to the severity of the injury which results and include fines from \$5,000 to \$10,000 and/or confinement for up to two years.

The law does not affect or in any way restrict the right of the university to enforce its own rules against hazing.

The law defines hazing as any intentional, knowing, or reckless act, occurring on or off the campus of an educational institution, by one person alone or acting with others, directed against a student, that endangers the mental or physical health or safety of a student for the purpose of pledging, being initiated into, affiliating with, holding office in, or maintaining membership in any organization whose members are or include students at an educational institution. Hazing includes but is not limited to:

Notice to

- Any type of physical brutality, such as whipping, beating, striking, branding, electronic shocking, placing of a harmful substance on the body, or similar activity;
- Any type of physical activity, such as sleep deprivation, exposure to the elements, confinement in a small space, calisthenics, or other activity that subjects the students to an unreasonable risk of harm or that adversely affects the mental or physical health or safety of the student;
- Any activity involving consumption of a food, liquid, alcoholic beverage, liquor, drug, or other substance that subjects to an unreasonable risk of harm or that adversely affects the mental or physical health of the students;
- Any activity that intimidates or threatens the students with ostracism, that subjects the students to extreme mental stress, shame, or humiliation, or that adversely affects the mental health or dignity of the student or discourages the student from entering or remaining registered in an educational institution, or that may reasonably be expected to cause a student to leave the organization or the institution rather than submit to acts described in this subsection; and
- Any activity that induces, causes, or requires the student to perform a duty or task which involves a violation of the Penal Code.

all Students

SPORTS CLIPBOARD

Sudden coaching move affects Bronc cross country team Cunningham resigns as coach

In recent news The University of Texas-Pan American Athletic Department suffered a setback this past week, when cross country coach Brian Cunningham officially resigned from his position at UTPA Thursday. The official reason given was "family matters."

"It came as a surprise, but I understand and support Coach Cunningham's decision to go home and take care of his family matters", Ricky Vaughn, head track and field coach, said "It is unfortunate, and it is always hard to lose a staff member, particularly at this time of year when we are in season. But we have a strong group of athletes, and I know that they will go out and perform with the best of their abilities."

Since Cunningham's resignation, Vaughn has brought in some former students to take the lead until a new coach can be hired.

"Right now I have help from two fellow alumni, Hugo Cervantes and Westley Keating, that are fully capable of taking the reins," he said. "I am looking to hire a new coach fast and hope to have one in about two weeks. I do feel though that right now the team is in good hands with Westley and Hugo taking care of them."

Senior Deanah Chavez said the team is adjusting to the changes.

"We recently lost our coach due to family reasons, so we are going through a transition right now."

She noted that the lack of continuity has been a problem.

"We have been through three coaches since my freshman year and as an athlete it has been really hard to trust any new coach," Chavez said. "Training requires trust and faith; faith in yourself and trust in your coach. All I can say that I have learned through all of this is that a person who is serious about running shouldn't have to rely on someone to make them better; a true runner will take initiative in their own running and make themselves better."

But the season continues this weekend in Stillwater at the Cowboy Jamboree, coach or no coach.

"You can never let yourself down and when it gets down and dirty all you have is yourself," Chavez concluded.

The Pan American

Hickey to attend at UTPA Baseball Scholarship Golf Tournament

Former Bronc baseball standout will be guest of honor

The University of Texas-Pan American announced that Jim Hickey, former Bronc baseball All-American and current pitching coach for the Houston Astros, will attend the Fourth Annual UTPA Baseball Scholarship Golf Tournament to be held at the Monte Cristo Golf Course and Country Club on Jan. 20.

The former UTPA standout is in his 15th season with the Houston Astros and his third season as the pitching coach. As a pitching coach Hickey helped lead them to a National League West Division Title in 2004 and National League Wild Card in 2005.

During his collegiate years, Hickey was named first team All-American hurler in 1983 and helped lead the Broncs to a school record 64 wins that season. That same year, he set a Bronc pitching record for wins in a season when he posted a record of 16-2, including a record 16 complete games during his final season with the program.

This will be the third time Hickey has attended the tournament as its featured alumnus, and with his presence, the event has gained popularity in the Rio Grande Valley.

Participants can donate to the program through any of the five sponsorship levels, each of which brings its own special privileges.

Platinum Sponsors cost \$1,750 with registration of two three-man teams. Privileges include hole-sign sponsorship, two UTPA golf shirts, one box of golf balls, two UTPA baseball caps, eight UTPA baseball season tickets and three spots per home game for a business logo on the video board. Gold Sponsors cost \$1,000 with registration for two three-man teams, and it also includes hole-sign sponsorship, one UTPA golf shirt, one box of golf balls, one UTPA baseball cap and six UTPA baseball season tickets. With a \$500 donation, Silver participants are entitled to one three-man team along with hole-sign sponsorship, one UTPA baseball cap, and four UTPA season tickets. For \$200, Bronze Sponsors receive hole-sign sponsorship, one UTPA baseball cap and two UTPA baseball season tickets.

Individual Sponsors are \$200, which includes one player's fee, cart, breakfast and lunch.

Prizes will be awarded for the top three places in the golf tournament. Following the outing, a silent auction will be held. The money raised will go toward the baseball scholarship fund for the 2006-2007 academic campaign.

For more information, call the Monte Cristo Golf Course and Country Club at (956) 381-0964 or contact head coach Willie Gawlik at (956) 381-2235.

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EVENTS

	Degree Beyond Your	
Thurs. Sept. 28		Religious Freedom Week
Fri. Sept. 29		Not On This Campus - Hazing Prevention Week Event <i>Movie: Unless a Death Occurs</i> From 6 to 8 p.m. at the Student Union Theater
Tues. Oct. 3		"Leadership Skills that Take you from Average to Great!" Starting at 3 p.m. at the Student Union Theater
Wed. Oct. 4		Develop your Presentation Style Workshop Starting at 6:30 in UC 307
Thurs. Oct. 5		Coffee House: Rachel Loy Starting at 7 p.m. at the Student Union Café
Fri. Oct. 6		Dinner & A Movie with the Dean: "High Noon" From 4 to 6 p.m. at the Student Union Palmetto
		Food Handling Workshop Starting at 5:30 in Student Union Theater
		Hispanic Poetry Night Starting at 6 p.m. at the Student Union Café
		SLTS Alcohol/Risk Management Workshop From 12:30 to 4:30 p.m. at the SU Theater
		SLTS Alcohol/Risk Management Workshop From 12:30 to 4:30 p.m. at the SU Theater

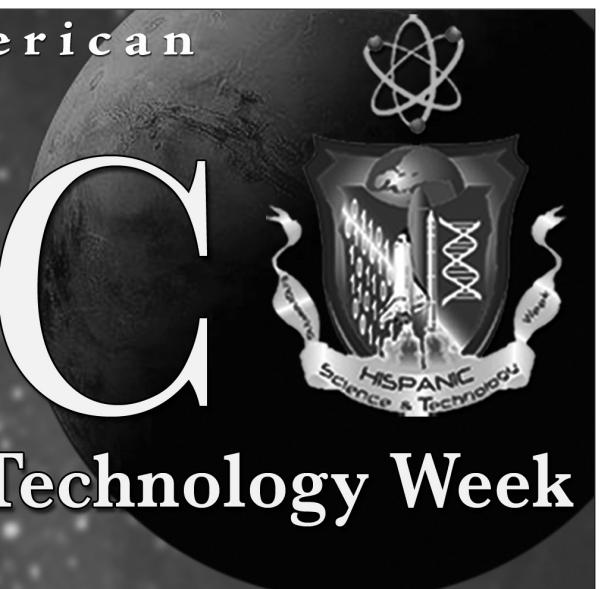
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Onydia Garza/The Pan American

PERSEVERANCE - The netters notched a win Tuesday against rival Texas A&M University-Kingsville for the second time in a row. They defeated TAMUK in straight sets (32-30, 30-21, 30-25) and advanced their record to 4-13.

Broncs finish 1-3 on road trip

By RODERICK DORSEY

The Pan American

The University of Texas-Pan American Lady Broncs have endured a long volleyball season with several bumps in the road. The struggle continued last weekend, as the Lady Broncs lost all three matches at the Indiana University-Purdue University Fort Wayne (IPFW) Volleyball Invitational.

Fortunately for the Lady Broncs, they traveled to Kingsville on Tuesday to take on Texas A&M University-Kingsville, where they ended a three-match losing streak with a win over the Javelinas in straight sets (32-30, 30-21, 30-25).

Still, memories of the bad road trip north lingered.

"We didn't play like we hoped to have played," said head coach Dave Thorn, who mentioned that the team came out flat and did not capitalize on opportunities to control any of the matches.

On Friday, the Lady Broncs played the first two matches of the tournament, starting off against IPFW. The squad lost all three sets of the match, 30-27, 30-15, and 30-22. In the process, the Mastodons posted a .268 hitting percentage, while UTPA managed to only compile a .128 mark.

The first match was a nail-biter for the Lady Broncs, as they kept it close throughout the set, until IPFW managed to pull away in the end. The next two sets were dominated by the Mastodons, who controlled the ball with hitting percentages of .281 and .265 during the second and third sets respectively.

For IPFW, Jessica Miller posted a team-high 10 kills in the match with a .421 hitting percentage and Jessica Dominik

distributed a team-high 33 assists. For UTPA, Monique Schaal posted 10 kills, while Kellie Phillips led the way with a team-high 11 kills. Chelsea Blakely dished a team high 36 assists in the match up with IPFW.

Senior ace Heather Bravo was one kill shy of a double-double (9 kills, 11 digs), and her head coach believes that her hard work is showing each and every match.

"Heather is having a great season, and that is because she is putting a lot of effort towards helping this team get better," said Thorn.

In the second match of the IPFW tournament, UTPA suffered a heartbreaking defeat at the hands of Robert Morris, losing the match three sets to two (30-25, 26-30, 30-21, 27-30, 15-12). In the match, the Lady Broncs had four players who posted double-digits in kills, with Bravo leading the crew with a double-double (17 kills, 19 digs). Schaal and Phillips each collected 11 kills in the match, and sophomore Deanna Schneyer recorded 10 kills. Blakely recorded a double-double with 44 assists and 14 digs.

The last match of the tournament, against The University of North Florida ended with similar results as the first two. The Lady Broncs fought hard and kept each set very close and competitive, but the Ospreys still found a way to finish off the Lady Broncs in four sets (30-22, 30-25, 25-30, 30-28).

Double-doubles were recorded by three Lady Bronc athletes. Bravo had her best performance of the tournament, posting a double-double with 16 digs and 15 kills. Phillips also scored a double-double with 13 kills and 15 digs. Blakely, who led the Lady Broncs in the tournament in

assists (126), had 46 assists and 12 digs in the match. Senior Chrissie Carrigan played a solid defensive match, leading the squad with 22 digs.

Thorn believes that the team has holes to fill in their efforts to produce more offensive firepower, despite their solid defensive showing.

"Our defense is still strong, but we definitely need to improve on offense," he said. "We are making too many mental errors, and that has effected our entire season."

COMEBACK AGAINST RIVAL

The Lady Broncs fared much better in Kingsville.

Bravo lead the way again with 13 kills and seven digs. Phillips posted her eighth double-double of the season with a 10-kill, 10-dig performance; she now has 13 such performances for the year.

Blakely was her usual self, dishing out 32 assists and producing eight digs in the contest. Senior Rio Grande Valley product Karen Lyons had 10 digs, while Schneyer pulled off six kills and a block. Schaal was effective in the match, recording eight kills and a .238 hitting percentage.

Thorn was happy with the team's improvement and hopes that it can continue to execute the way it did Tuesday.

"We played loose and aggressive and played with poise," he said.

The team did not let their miscues distract their rhythm, and that was key, according to their coach.

"When we did make mistakes, we didn't let it bother us. We just moved on to the next play, and that's what helped us out," he said. "It's what I've been preaching to them all season long."

Broncs stampede over Scorpions 4-2

By PATRICK KENNEDY

The Pan American

A major storm hit the area this past weekend, not just the one that involved rain and thunder, but also the clash between The University of Texas-Pan American Men's Soccer Club and the University of Texas at Brownsville Scorpions. The UTPA men continued their stellar performance this season with a win over UTB, 4-2.

"We had control of the game the whole time," said club president Luis Aguirre, a junior criminal justice major from Alamo.

The Bronc offense dominated the field for the entire game on Saturday, except for two instances when the Scorpions took advantage of field position to chalk up two goals against the Broncs. Both teams played aggressively (at times too aggressively), garnering Brownsville and UTPA two red cards each.

"The game was pretty tough," said Scorpion Soccer Club president Carlos Ireta, whose Scorpions struggled to put points on the board. As the game continued, the Scorpion players seemed to lose both their concentration and stamina.

"They were strong at first, but they got tired, and we took advantage," said Aguirre.

This matchup sent the Scorpions off to a rough start in their first season back in the Collegiate Club Soccer Association. They were absent from play in 2005, and suspended for the 2003 and 2004 seasons. The loss sent Brownsville plummeting to the lower standings of the CCSA Lone Star Men's South division standings.

On the other hand, if the Bronc Soccer Club continues its winning streak, fans could see a Cinderella story develop. The club's superior performance in starting 4-0 has launched the team into the Collegiate Club Soccer Association's national rankings. They

are at number six now, beating out the likes of St. Louis University and the University of Houston. Heading into the pre-season, the Bronc Soccer Club was not even ranked, but has since proved that it is a formidable soccer team.

If they are to continue climbing the ladder of success, team member Tony Garcia, a senior business management major from Mission, says that the team will need to work on its focus.

"We lost concentration after a while, and it got really tough," he said.

Despite all of this, Garcia believes that the team can overcome the obstacles only if it works together.

"Every player is good. We have come together as a group...we are unified," he said.

Coming off of this victory, the men of the Bronc Soccer Club are gearing up to take on their rivals, the University of Texas-San Antonio Roadrunner Soccer Club, in what club members are already calling a "grudge match." The two teams will meet on Oct. 8; the site of the match has yet to be determined (either Edinburg or McAllen, according to Aguirre).

The last time the two met, the Broncs won, but that doesn't mean that the team isn't taking their upcoming match seriously. Team members say that they will be practicing extra hard for the match.

With a confident tone in his voice, Aguirre said, "we are going to get them here at home."

NOTES: The women's soccer club game was cancelled last weekend. The team will resume play on Sunday, in a double-header at the intramural field. They will play both matches against Tarleton State University, the first game starting at 9 a.m. and the second one at noon.

The men play in Edinburg against San Antonio College at 1 p.m. on Saturday.



UTPA Intramural Rec. Sports
AHEAD OF OPPONENTS - Jose Ramon (21) a sophomore interdisciplinary studies major from Mission, and Cesar Olivares (9) a freshman international business major from Edinburg, attempt to make a play on the ball during the Broncs 4-2 win over The University of Texas-Brownsville Saturday.

SPORTS

Editor's Pick: Game to Watch

High School Football

When: Today

Time: 7 p.m.

Where: PSJA Stadium



Running free into the great wide open

By RACHEL REIDA

The Pan American

Running is something that comes naturally to Deanah Chavez.

The Edinburg native and senior member of The University of Texas-Pan American cross country team has been running ever since she can remember. She is going into her fourth and final season as a student-athlete at UTPA.

Running in any competition at this the collegiate level is hard and takes technique, an ethic of hard work, determination, and heart, among many other things.

Chavez had a few words to say about how to participate and be successful in the sport of cross country as well as track and field; what part of the race is the most crucial; and advice for those who are seeking to run at the college level.

"I tell this to my sister when she talks about jogging to lose weight," commented Chavez. "It's not easy, but it's not hard. It's not fun, but it can be. Some days your body hurts from the previous day, but don't quit because it will go away."

That seems to be the mentality that

one must have in order to participate and be successful in a sport such as cross country. The women run 5K (5,000 meters) in competition. Chavez explained

"I try to envision myself and every position of the race at the time I need to be there. Doing this allows me to go over the race in my head and add in any factors that may occur."

- Senior Deanah Chavez

that her method of getting through the races is to divide it into smaller sections.

"It is basically 3.2 miles and the easiest way to approach it is to separate the race into five 1,000-meter segments, that way you can separate each section by time," explained Chavez. "The first 1,000 meters is one of the most important, because that is the start which can be very crowded at times. The next two 1,000 meters is basically positioning and

this is the area you must work at, for this is the part of the race where your body tends to finally get in the groove of things. Your feet start turning and your heart rate begins to elevate."

Then it gets more interesting, she said.

"The positioning factor is where you want to find a teammate and start rolling with them, using each other to gain positioning from the pack. The fourth 1,000 meters is where it starts to hurt and this is where your focus is tested, and your strength measured. You are about to finish your fourth 1,000 meters - which I believe is the hardest part of the race - and now you have the last 1,000 meters left. Then it's go time...this is where you start to lift your knees, remember your posture to gain a larger stride and use less energy and just roll it in trying to pick off opposing runners," she said.

Running the race also takes some special techniques, and Chavez shared what some of hers are in running the race.

"I use visualization practice," explained Chavez. "I try to envision myself and every position of the race at the time I need to be there. Doing this

allows me to go over the race in my head and add in any factors that may occur. I have learned that if you believe it, it can happen. Mind over matter, as Freud used to say."

There is never any easy part of a race, but some parts are harder than others.

"I believe the hardest and most crucial parts of the race would be the first 1,000 meters, and the fourth," said Chavez. "This is the part of the race that really shows what kind of an athlete and person you are. It tests the work you've done since then, and it pretty much shows where you will finish."

For people looking to start a 5K run, Chavez has a little advice on becoming a runner and achieving one's goals.

"It's hard, but fun," says Chavez. "Once you start doing it though, you will see the benefits and you'll love it. When you take time off from it, you will miss it. Just start easy and make it fun. Run places that you have never been and take in the day and the air, don't just make it about running. Make it a moment to connect with yourself and with the world around you. Remember it is just you and the outside."



Onydia Garza/*The Pan American*

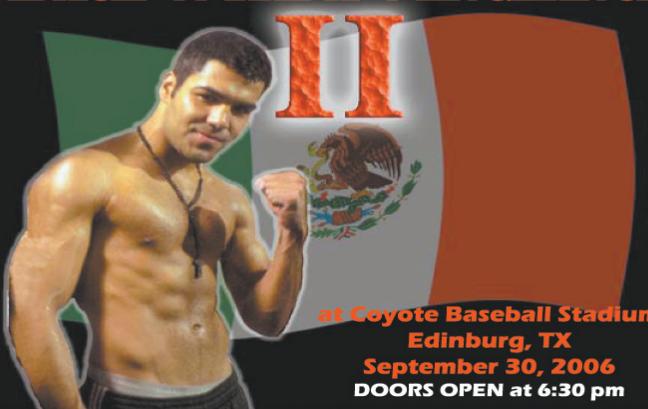
CROSSING THE FINISH LINE -
Deanah Chavez pushes herself to her limits as she practices running in preparation for the next meet.

Getting ready to rumble in the Rio Grande Valley

By JORGE HINOJOSA

The Pan American

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On Sept. 30 the Edinburg Baseball Stadium will open its doors at 6:30 p.m. to all who want to check out headliner Roberto "La Amenaza" Garcia of Weslaco (20-2, 15 KOs). "La Amenaza" is ranked No. 13 in the world by the International Boxing Federation in the welterweight division and is also the current WBC and IBA Continental Americas Welterweight Champion.

Pablo "Baby" Pena (9-4) of Edinburg will also be fighting on the card, the second of the year in the outdoors at the stadium. The main event should start by 9 or 10 p.m.

Homer Gibbons (44-14, 31 KOs), Garcia's opponent, will be coming all the way from Georgia for the bout against the Valley's favorite son. The two are separate in age by some 10 years; "La Amenaza" with the advantage of youth as he is only 26. However, sometimes the upper hand plays a large factor in favoring the opponent with experience, like Bernard Hopkins, who was a champ at 41.

Gibbons has experience and Garcia has the rising power, but it would be arbitrary to try and determine the outcome of

this card. With 31 KOs, Gibbons can obviously give a hard blow, but whether he will do so against the Weslaco native Saturday night is the question.

In his last fight, March 10, Garcia went against Juan Carlos Rubio, who was then ranked number 10 by the WBC. "La Amenaza" put on a great performance landing combinations that eventually sent Rubio to the canvas not once, not twice, but three times. With Rubio's withered body standing by, Garcia was announced the new IBA world champion.

Back With A Vengeance
II
7 bouts
Doors open at 6:30 p.m.
General Admission: \$10
Ringside: \$40

"It was a great victory for me and my trainers. I had worked so hard to get here, and I proved I had what it takes to move up," Garcia said, in a Rising Star Magazine article after the win.

It was a hectic process to finally get where Garcia is now. He had beaten Jose

Medina from Puerto Rico before the Rubio bout gave him the chance to move his ranking closer to the number one spot. After Rubio, Garcia moved up to 13 from No. 24.

"This win has opened the doors for me. It is a fight that will stay with me for a long time," Garcia said in Rising Star Magazine.

In a *fightnews.com* interview Garcia was said big things were on the horizon.

"I cannot tell you what will happen too far from now in the future, but I can tell you that I will defend one of my titles or fight for another one real soon. I have been offered another television fight for early next year," he said. "Other than that, I will tell you that I will finish this year (2006) with two more fights, good match-ups to open some eyes. I want for Silverhawk promotions to look down my way; you know they just signed B.J. Flores."

There is no question that "La Amenaza" has already opened up the eyes of many people in the Rio Grande Valley. His skills have become more and more apparent since his first professional bout at the age of 21. In five more years, at still a relatively young age of 31, Garcia will just maybe widen the eyelids at a national or even worldwide level.