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# Energy Stable Numerical Schemes for Ternary Cahn-Hilliard System 

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#### Abstract

We present and analyze a uniquely solvable and unconditionally energy stable numerical scheme for the ternary Cahn-Hilliard system, with a polynomial pattern nonlinear free energy expansion. One key difficulty is associated with presence of the three mass components, though a total mass constraint reduces this to two components. Another numerical challenge is to ensure the energy stability for the nonlinear energy functional in the mixed product form, which turns out to be non-convex, non-concave in the three-phase space. To overcome this subtle difficulty, we add a few auxiliary terms to make the combined energy functional convex in the three-phase space, and this, in turn, yields a convex-concave decomposition of the physical energy in the ternary system. Consequently, both the unique solvability and the unconditional energy stability of the proposed numerical scheme are established at a theoretical level. In addition, an optimal rate convergence analysis in the $\ell^{\infty}\left(0, T ; H_{N}^{-1}\right) \cap$ $\ell^{2}\left(0, T ; H_{N}^{1}\right)$ norm is provided, with Fourier pseudo-spectral discretization in space, which is the first such result in this field. To deal with the nonlinear implicit equations at each time step, we apply an efficient preconditioned steepest descent (PSD) algorithm. A second order accurate, modified BDF scheme is also discussed. A few numerical results are presented, which confirm the stability and accuracy of the proposed numerical scheme.


Keywords Ternary Cahn-Hilliard system • Convexity analysis • Energy stability • Optimal rate convergence analysis • Fourier pseudo-spectral approximation • Partial and total spreading

Mathematics Subject Classification 35K30 • 35K55 • 65K10 • 65M12 • 65M70

## 1 Introduction

The Cahn-Hilliard (CH) flow, which models spinodal decomposition and phase separation in a binary fluid $[2,14,15]$, is one of the most well-known gradient flows. In the CH family of models, sharp interfaces are replaced by narrow diffusive transition layers, which often leads

[^0]to models that are simpler and more theoretically tractable than their sharp interface counterparts. Most existing works for the CH flow are based on the two-phase model, including both the isotropic and anisotropic ones [17,24,29,36,39,62], etc. Meanwhile, if three or even more phase components are involved in the physical system, an interaction of these components has to be taken into consideration; see the related works [3-7,10,12,13,37,38,65].

There have been many different choices of free energy for the ternary CH system. In this article, we focus on the following three-phase free energy [13], which is of polynomial pattern:

$$
\begin{equation*}
\mathcal{F}\left(\varphi_{1}, \varphi_{2}, \varphi_{3}\right)=\int_{\Omega} \frac{12}{\varepsilon} F\left(\varphi_{1}, \varphi_{2}, \varphi_{3}\right)+\frac{3}{8} \varepsilon\left(\Sigma_{1}\left|\nabla \varphi_{1}\right|^{2}+\Sigma_{2}\left|\nabla \varphi_{2}\right|^{2}+\Sigma_{3}\left|\nabla \varphi_{3}\right|^{2}\right) \mathrm{d} \mathbf{x} \tag{1.1}
\end{equation*}
$$

where $F\left(\varphi_{1}, \varphi_{2}, \varphi_{3}\right)=\sum_{i=1}^{3} \frac{\Sigma_{i}}{2} \varphi_{i}^{2}\left(1-\varphi_{i}\right)^{2}+\Lambda \varphi_{1}^{2} \varphi_{2}^{2} \varphi_{3}^{2}$ with $\Lambda$ large enough to make $F$ nonnegative. The domain $\Omega \in \mathbb{R}^{d}, d=2,3$ is open bounded and connected. The three unknowns $\varphi_{i}, i=1,2,3$ are the order parameters subject to a constraint $\varphi_{1}+\varphi_{2}+\varphi_{3}=1$. The triple constant parameters $\Sigma=\left(\Sigma_{1}, \Sigma_{2}, \Sigma_{3}\right)$ and the interface width $\varepsilon$ are constants. Note that the coefficients $\Sigma_{i}$ are not assumed to be positive in the physical literature, $-\Sigma_{i}$ is called the spreading coefficient of the phase $i$ at the interface between another two. If one of coefficients $\Sigma_{i}$ is negative, the spreading is said to be total, otherwise, it's said to be partial. For total spreading case, the following conditions are assumed to ensure the well-posedness of system:

$$
\begin{equation*}
\Sigma_{1} \Sigma_{2}+\Sigma_{1} \Sigma_{3}+\Sigma_{2} \Sigma_{3}>0, \quad \Sigma_{i}+\Sigma_{j}>0, \forall i \neq j \tag{1.2}
\end{equation*}
$$

In particular, it was proved in [13] that, the existence of a $\underline{\Sigma}>0$ such that $\forall n \geq$ 1 , $\left(\xi_{1}, \xi_{2}, \xi_{3}\right) \in\left(\mathbb{R}^{n}\right)^{3}$ with $\xi_{1}+\xi_{2}+\xi_{3}=0$,

$$
\begin{equation*}
\Sigma_{1}\left|\xi_{1}\right|^{2}+\Sigma_{2}\left|\xi_{2}\right|^{2}+\Sigma_{3}\left|\xi_{3}\right|^{2} \geq \underline{\Sigma}\left(\left|\xi_{1}\right|^{2}+\left|\xi_{2}\right|^{2}+\left|\xi_{3}\right|^{2}\right) \tag{1.3}
\end{equation*}
$$

is equivalent to condition (1.2).
In fact, making use of the mass conservation constraint $\varphi_{2}=1-\varphi_{1}-\varphi_{3}$, we are able to rewrite the energy functional as

$$
\begin{align*}
E\left(\varphi_{1}, \varphi_{3}\right)= & \int_{\Omega} \frac{6 \Sigma_{1}}{\varepsilon} \varphi_{1}^{2}\left(1-\varphi_{1}\right)^{2}+\frac{6 \Sigma_{2}}{\varepsilon}\left(\varphi_{1}+\varphi_{3}\right)^{2}\left(1-\varphi_{1}-\varphi_{3}\right)^{2} \\
& +\frac{6 \Sigma_{3}}{\varepsilon} \varphi_{3}^{2}\left(1-\varphi_{3}\right)^{2}+\frac{12 \Lambda}{\varepsilon} \varphi_{1}^{2} \varphi_{3}^{2}\left(1-\varphi_{1}-\varphi_{3}\right)^{2}  \tag{1.4}\\
& +\frac{3 \varepsilon}{8}\left(\Sigma_{1}\left|\nabla \varphi_{1}\right|^{2}+\Sigma_{3}\left|\nabla \varphi_{3}\right|^{2}+\Sigma_{2}\left|\nabla\left(\varphi_{1}+\varphi_{3}\right)\right|^{2}\right) \mathrm{d} \mathbf{x}
\end{align*}
$$

In turn, the chemical potential is defined as

$$
\begin{align*}
\mu_{1}:=\delta_{\varphi_{1}} E= & \frac{6 \Sigma_{1}}{\varepsilon}\left(4\left(\varphi_{1}-\frac{1}{2}\right)^{3}-\left(\varphi_{1}-\frac{1}{2}\right)\right)+\frac{6 \Sigma_{2}}{\varepsilon}\left(4\left(\varphi_{1}+\varphi_{3}-\frac{1}{2}\right)^{3}-\left(\varphi_{1}+\varphi_{3}-\frac{1}{2}\right)\right) \\
& +\frac{24 \Lambda}{\varepsilon} \varphi_{1}\left(1-\varphi_{1}-\varphi_{3}\right) \varphi_{3}^{2}\left(1-2 \varphi_{1}-\varphi_{3}\right) \\
& -\frac{3 \varepsilon}{4} \Sigma_{1} \Delta \varphi_{1}-\frac{3 \varepsilon}{4} \Sigma_{2} \Delta\left(\varphi_{1}+\varphi_{3}\right) \tag{1.5}
\end{align*}
$$

$$
\begin{align*}
\mu_{3}:=\delta_{\varphi_{3}} E= & \frac{6 \Sigma_{3}}{\varepsilon}\left(4\left(\varphi_{3}-\frac{1}{2}\right)^{3}-\left(\varphi_{3}-\frac{1}{2}\right)\right)+\frac{6 \Sigma_{2}}{\varepsilon}\left(4\left(\varphi_{1}+\varphi_{3}-\frac{1}{2}\right)^{3}-\left(\varphi_{1}+\varphi_{3}-\frac{1}{2}\right)\right) \\
& +\frac{24 \Lambda}{\varepsilon} \varphi_{3}\left(1-\varphi_{1}-\varphi_{3}\right) \varphi_{1}^{2}\left(1-2 \varphi_{3}-\varphi_{1}\right) \\
& -\frac{3 \varepsilon}{4} \Sigma_{3} \Delta \varphi_{3}-\frac{3 \varepsilon}{4} \Sigma_{2} \Delta\left(\varphi_{1}+\varphi_{3}\right) . \tag{1.6}
\end{align*}
$$

As a result, the mass conservative dynamic equations of the three-phase CH model are given by

$$
\begin{equation*}
\partial_{t} \varphi_{1}=\nabla \cdot\left(\frac{M_{0}(\varphi)}{\Sigma_{1}} \nabla \mu_{1}\right), \quad \partial_{t} \varphi_{3}=\nabla \cdot\left(\frac{M_{0}(\varphi)}{\Sigma_{3}} \nabla \mu_{3}\right), \tag{1.7}
\end{equation*}
$$

where $M_{0}(\boldsymbol{\varphi})$ is a diffusion coefficient called mobility which may depend on $\varphi \triangleq$ $\left(\varphi_{1}, \varphi_{2}, \varphi_{3}\right)$.

With periodic boundary condition imposed, and taking inner product with (1.7) by $\mu_{1}, \mu_{3}$, we get the energy dissipation law of the three-phase CH model:

$$
\begin{align*}
\partial_{t} E\left(\varphi_{1}, \varphi_{3}\right) & =\left(\partial_{t} \varphi_{1}, \delta_{\varphi_{1}} E\right)+\left(\partial_{t} \varphi_{3}, \delta_{\varphi_{3}} E\right) \\
& =\left(\partial_{t} \varphi_{1}, \mu_{1}\right)+\left(\partial_{t} \varphi_{3}, \mu_{3}\right) \\
& =-\int_{\Omega} \frac{M_{0}(\varphi)}{\Sigma_{1}}\left|\nabla \mu_{1}\right|^{2}+\frac{M_{0}(\varphi)}{\Sigma_{3}}\left|\nabla \mu_{3}\right|^{2} \mathrm{~d} \mathbf{x} \leq 0 . \tag{1.8}
\end{align*}
$$

Note that the above inequality also holds for total spreading case under the conditions (1.2) since there can only be one negative coefficient $\Sigma_{i}$ among $\Sigma$ (say $\Sigma_{2}<0$ ). Thus we can replace the order parameter with respect to the negative coefficient by another two.

In fact, such a substitution (to represent $\varphi_{2}$ in terms in $\varphi_{1}$ and $\varphi_{3}$ by the mass conservation constraint) reduces the three-variable system to a two-variable one. While the symmetry between $\varphi_{2}$ and $\left(\varphi_{1}, \varphi_{3}\right)$ has been broken, that between $\varphi_{1}$ and $\varphi_{3}$ is kept intact. In contrast, a Lagrange multiplier approach has also been reported in a few other related works [65,68]. In this approach, a three-component physical energy structure is preserved, while an average of the nonlinear chemical potentials (for each phase component) is subtracted from each equation, which plays a Lagrange multiplier role to enforce the mass conservation identity. To make a comparison between these two different ideas to enforce such an identity, each approach has its own advantages. Our approach, formulated as (1.4), (1.5)-(1.7), avoids the degeneracy in the PDE system. In addition, the PDE formulation (1.7) is more natural, since there is no reasonable physical explanation for the Lagrange multiplier terms. Also see the related discussions in the pioneering work [13].

Among the existing numerical works for the ternary CH model, theoretical analysis for the energy stability is very limited, due to the challenge associated with the three-phase nature of the nonlinear energy functional. This issue has been extensively discussed in [13] for a wide class of numerical schemes of various CH models; meanwhile, the stability analysis for the ternary system with the energy (1.1) depends on a convex-concave decomposition, which has not been available at a theoretical level, because of the non-convex, non-concave nature of the mixed product part. In a more recent work [65], an invariant energy quadratization (IEQ) approach is studied for the ternary flow, and a stability analysis has been provided for a numerically modified energy. Meanwhile, we point out that a uniform in time bound for the energy functional (1.1), in terms of the original phase variable, is not theoretically available in this approach. A related work [68] has been reported for a coupled system of ternary CH flow with incompressible fluid motion. In addition, the scalar auxiliary variable (SAV) approach has also been applied to the ternary model [66,67], in which a constant-coefficient linear
scheme was proposed, and the stability was proved for an SAV-induced energy functional. An extension of the IEQ idea to multi-component phase model, with an arbitrarily high order temporal accuracy, has also been reported in a recent work [45].

In this article, we propose and analyze a uniquely solvable, energy stable numerical scheme for the ternary CH system (1.5)-(1.7), with the stability in terms of the original energy functional (1.4). To assure both the unique solvability and unconditional energy stability, we look for a convex-concave decomposition of the physical energy (1.4). The convexity structures of $\varphi_{1}^{2}\left(1-\varphi_{1}\right)^{2}, \varphi_{3}^{2}\left(1-\varphi_{3}\right)^{2}$ and $\left(\varphi_{1}+\varphi_{3}\right)^{2}\left(1-\varphi_{1}-\varphi_{3}\right)^{2}$ are standard, following that for the two-phase CH model. The key difficulty has been associated with the convexity analysis for the mixed product term, namely, $\varphi_{1}^{2} \varphi_{3}^{2}\left(1-\varphi_{1}-\varphi_{3}\right)^{2}$, which turns out to be non-convex, non-concave in the three-phase field $\left(\varphi_{1}, \varphi_{2}, \varphi_{3}\right)$. To overcome this well-known difficulty, we observe that the detailed expansion of a convex function $\left(\varphi_{1}^{2}+\varphi_{2}^{2}+\varphi_{3}^{2}\right)^{3}$ contains a multiple of the mixed product term, namely, $6 \varphi_{1}^{2} \varphi_{2}^{2} \varphi_{3}^{2}$. Subsequently, we add and subtract a few non-trivial auxiliary terms in the energy functional, so that a convexconcave decomposition for the three-phase energy becomes available. In turn, we derive a numerical scheme which treats the convex terms implicitly and concave terms explicitly, and the unconditional unique solvability and unconditional energy stability follow immediately. To our knowledge, this scheme is the first to preserve both properties at a theoretical level.

As a result of the proposed numerical scheme, a challenging discrete nonlinear system for $\left(\varphi_{1}, \varphi_{3}\right)$ appears at each time step. We apply an efficient PSD solver, recently proposed and analyzed in [42], to solve the nonlinear system. The main idea is to use a linearized version of the nonlinear operator as a pre-conditioner, or in other words, as a metric for choosing the search direction. Only two constant-coefficient linear equations need to be solved in the preconditioning process, one for $\varphi_{1}$, one for $\varphi_{3}$, and these two solvers could be efficiently implemented via FFT-based computations. On the other hand, the mixed product term is explicitly treated at each iteration stage, and the convexity of the constructed energy functional assures the geometric convergence of the PSD iteration sequence. In practice, this approach greatly improves the numerical efficiency over Newton-type methods as reported in [42].

In addition, the convergence analysis of any numerical scheme applied to the ternary CH system has been an open problem for a long time. In this article, we perform an optimal rate convergence analysis for the proposed numerical scheme, in the $\ell^{\infty}\left(0, T ; H_{N}^{-1}\right) \cap$ $\ell^{2}\left(0, T ; H_{N}^{1}\right)$ norm. The energy stability in turn leads to a uniform in time $H_{N}^{1}$ analysis of the numerical solution. Such an $H_{N}^{1}$ estimate is sufficient to ensure a discrete $\ell^{8}$ bound for the 2-D flow, by making use of discrete Sobolev inequality. For the 3-D flow, a direct estimate is not available any more, while an $\ell^{8}$ bound for the numerical solution could still be obtained with the help of inverse inequality, combined with the discrete $\ell^{6}$ bound (coming from the $H_{N}^{1}$ estimate and the discrete Sobolev inequality) and a standard linear mesh requirement: $D_{1} h \leq \Delta t \leq D_{2} h$ with $D_{1}, D_{2}$ positive constants. To our knowledge, it is the first such result in this area.

The convexity analysis technique could also be applied to derive a second order accurate, energy stable scheme. We make use of a modified backward differentiation formula (BDF) approach, instead of the modified Crank-Nicolson approach, for the sake of nonlinear structure. In more details, the second order BDF concept is applied to obtain second order temporal accuracy, while the concave diffusion term is treated by an explicit extrapolation. Such an explicit treatment for the concave part of the chemical potential terms (for $\varphi_{1}, \varphi_{3}$, respectively) ensures the unique solvability of the scheme. And also, an additional second order Douglas-Dupont-type regularization is added (for both $\varphi_{1}$ and $\varphi_{3}$ ), for the sake of
energy stability. For simplicity of presentation, we only present the numerical algorithm in this article; the theoretical analysis is more complicated and will be left to future works.

In the spatial discretization, we choose the Fourier pseudo-spectral approximation. The advantage of this method is associated with the fact that all the numerical variables, such as the phase variable and its Laplacian, are evaluated at the regular grid points; no staggered finite difference mesh points are needed in the numerical implementation. And also, the summation by parts formulae enable one to perform the theoretical analysis for the fully discrete scheme, including the unique solvability, energy stability, and optimal rate convergence estimates.

This article is organized as follows. In Sect. 2, we provide a convexity analysis for the nonlinear energy functional. The numerical schemes are formulated in Sect. 3, where the unique solvability and energy stability are established. An optimal rate convergence analysis for the first order accurate scheme is presented in Sect. 4. Moreover, the preconditioned steepest descent solver is formulated in Sect. 5. Some numerical results are presented in Sect. 6, and concluding remarks are made in Sect. 7.

## 2 Convexity Analysis for the Physical Energy

As mentioned in the introduction section, the following four nonlinear energy functionals are non-convex, non-concave in terms of $\boldsymbol{\varphi}=\left(\varphi_{1}, \varphi_{2}, \varphi_{3}\right)$ :

$$
E_{n l,(i)}=\frac{1}{2} \int_{\Omega} g_{1}\left(\varphi_{i}\right) \mathrm{d} \mathbf{x}, \quad(i=1,2,3), \quad E_{n l,(4)}=\Lambda \int_{\Omega} g_{4}(\varphi) \mathrm{d} \mathbf{x},
$$

where

$$
g_{1}\left(\varphi_{i}\right)=\Sigma_{i} \varphi_{i}^{2}\left(1-\varphi_{i}\right)^{2}, \quad g_{4}(\varphi)=\varphi_{1}^{2} \varphi_{2}^{2} \varphi_{3}^{2} .
$$

The treatment of $E_{n l,(i)}$ for $1 \leq i \leq 3$ follows similar ideas as in the two-phase CH model, since only one phase variable is involved in each term. The following analysis is needed in the numerical design.

Lemma 1 For each $1 \leq i \leq 3, E_{n l,(i)}$ has the following convex-concave decomposition:

$$
\begin{equation*}
E_{n l,(i)}=\int_{\Omega}\left(\left(\varphi_{i}-\frac{1}{2}\right)^{4}+\frac{1}{16}\right) \mathrm{d} \mathbf{x}-\int_{\Omega} \frac{1}{2}\left(\varphi_{i}-\frac{1}{2}\right)^{2} \mathrm{~d} \mathbf{x} . \tag{2.1}
\end{equation*}
$$

Moreover, for the nonlinear functional $E_{n l,(4)}$, in which a triple product is involved, the following estimate is valid. Its proof is based on the confirmation of the non-negative definite property of the corresponding Hessian matrix (in terms of $\varphi=\left(\varphi_{1}, \varphi_{2}, \varphi_{3}\right)$ ); the technical details are left to interested readers.

Lemma 2 The energy functional $E_{n l,(4)}$ has a convex-concave decomposition: $E_{n l,(4)}=$ $H_{n l,(4)}+H_{n l,(4)}^{*}$, in which $H_{n l,(4)}$ is convex, $H_{n l,(4)}^{*}$ is concave with respect to $\varphi$ :

$$
\begin{align*}
H_{n l,(4)}= & \int_{\Omega} \frac{1}{6}\left(\varphi_{1}^{2}+\varphi_{2}^{2}+\varphi_{3}^{2}\right)^{3} \mathrm{~d} \mathbf{x}, \\
H_{n l,(4)}^{*}= & -\frac{1}{6}\left(\left\|\varphi_{1}\right\|_{L^{6}}^{6}+\left\|\varphi_{2}\right\|_{L^{6}}^{6}+\left\|\varphi_{3}\right\|_{L^{6}}^{6}\right) \\
& -\frac{1}{2}\left(\left(\varphi_{1}^{2}, \varphi_{2}^{4}\right)+\left(\varphi_{1}^{4}, \varphi_{2}^{2}\right)+\left(\varphi_{1}^{2}, \varphi_{3}^{4}\right)+\left(\varphi_{1}^{4}, \varphi_{3}^{2}\right)+\left(\varphi_{2}^{2}, \varphi_{3}^{4}\right)+\left(\varphi_{2}^{4}, \varphi_{3}^{2}\right)\right)  \tag{2.2}\\
= & -\int_{\Omega} h_{4}(\varphi) \mathrm{d} \mathbf{x}, \tag{2.3}
\end{align*}
$$

where

$$
\begin{equation*}
h_{4}(\boldsymbol{\varphi})=\frac{1}{6}\left(\varphi_{1}^{6}+\varphi_{2}^{6}+\varphi_{3}^{6}\right)+\frac{1}{2}\left(\varphi_{1}^{2}\left(\varphi_{2}^{4}+\varphi_{3}^{4}\right)+\varphi_{1}^{4}\left(\varphi_{2}^{2}+\varphi_{3}^{2}\right)+\varphi_{2}^{2} \varphi_{3}^{4}+\varphi_{3}^{2} \varphi_{2}^{4}\right) \tag{2.4}
\end{equation*}
$$

As a result, if we rewrite $H_{n l,(4)}$ as a functional of $\varphi_{1}$ and $\varphi_{3}$, by making use of $\varphi_{2}=$ $1-\varphi_{1}-\varphi_{3}$, it is also convex in terms of $\left(\varphi_{1}, \varphi_{3}\right)$ :

$$
\begin{equation*}
H_{n l,(5)}\left(\varphi_{1}, \varphi_{3}\right)=\int_{\Omega} \frac{1}{6}\left(\varphi_{1}^{2}+\left(1-\varphi_{1}-\varphi_{3}\right)^{2}+\varphi_{3}^{2}\right)^{3} \mathrm{~d} \mathbf{x} \tag{2.5}
\end{equation*}
$$

Therefore, the following convex-concave decomposition is available for the partial spreading case, i.e., $E\left(\varphi_{1}, \varphi_{3}\right)=E_{1}\left(\varphi_{1}, \varphi_{3}\right)-E_{2}\left(\varphi_{1}, \varphi_{3}\right)$, with

$$
\begin{align*}
E_{1}\left(\varphi_{1}, \varphi_{3}\right)= & \int_{\Omega} \frac{6 \Sigma_{1}}{\varepsilon}\left(\left(\varphi_{1}-\frac{1}{2}\right)^{4}+\frac{1}{16}\right)+\frac{6 \Sigma_{3}}{\varepsilon}\left(\left(\varphi_{3}-\frac{1}{2}\right)^{4}+\frac{1}{16}\right) \\
& +\frac{6 \Sigma_{2}}{\varepsilon}\left(\left(\varphi_{2}-\frac{1}{2}\right)^{4}+\frac{1}{16}\right) \\
& +\frac{3 \varepsilon}{8} \Sigma_{1}\left|\nabla \varphi_{1}\right|^{2}+\frac{3 \varepsilon}{8} \Sigma_{3}\left|\nabla \varphi_{3}\right|^{2}+\frac{3 \varepsilon}{8} \Sigma_{2}\left|\nabla \varphi_{2}\right|^{2} \mathrm{~d} \mathbf{x}+\frac{12 \Lambda}{\varepsilon} H_{n l,(5)}\left(\varphi_{1}, \varphi_{3}\right),  \tag{2.6}\\
E_{2}\left(\varphi_{1}, \varphi_{3}\right)= & \int_{\Omega} \frac{6 \Sigma_{1}}{\varepsilon}\left(\varphi_{1}-\frac{1}{2}\right)^{2}+\frac{6 \Sigma_{3}}{\varepsilon}\left(\varphi_{3}-\frac{1}{2}\right)^{2}+\frac{6 \Sigma_{2}}{\varepsilon}\left(\varphi_{2}-\frac{1}{2}\right)^{2} \mathrm{~d} \mathbf{x} \\
& +\frac{12 \Lambda}{\varepsilon} \int_{\Omega} h_{4}(\varphi) \mathrm{d} \mathbf{x}, \tag{2.7}
\end{align*}
$$

in which $\varphi_{2}=1-\varphi_{1}-\varphi_{3}$ has been used.
Similarly, for the total spreading case, the convex-concave decomposition becomes

$$
\begin{align*}
E_{1}\left(\varphi_{1}, \varphi_{3}\right)= & \int_{\Omega} \frac{6 \Sigma_{1}}{\varepsilon}\left(\left(\varphi_{1}-\frac{1}{2}\right)^{4}+\frac{1}{16}\right)+\frac{6 \Sigma_{3}}{\varepsilon}\left(\left(\varphi_{3}-\frac{1}{2}\right)^{4}+\frac{1}{16}\right)+\frac{6 \Sigma_{2}}{\varepsilon}\left(\varphi_{2}-\frac{1}{2}\right)^{2} \\
& +\frac{3 \varepsilon}{8} \Sigma_{1}\left|\nabla \varphi_{1}\right|^{2}+\frac{3 \varepsilon}{8} \Sigma_{3}\left|\nabla \varphi_{3}\right|^{2} \mathrm{~d} \mathbf{x}+\frac{12 \Lambda}{\varepsilon} H_{n l,(5)}\left(\varphi_{1}, \varphi_{3}\right),  \tag{2.8}\\
E_{2}\left(\varphi_{1}, \varphi_{3}\right)= & \int_{\Omega} \frac{6 \Sigma_{1}}{\varepsilon}\left(\varphi_{1}-\frac{1}{2}\right)^{2}+\frac{6 \Sigma_{3}}{\varepsilon}\left(\varphi_{3}-\frac{1}{2}\right)^{2}+\frac{6 \Sigma_{2}}{\varepsilon}\left(\left(\varphi_{2}-\frac{1}{2}\right)^{4}+\frac{1}{16}\right) \mathrm{d} \mathbf{x} \\
& +\frac{3 \varepsilon}{8} \Sigma_{2}\left|\nabla \varphi_{2}\right|^{2}+\frac{12 \Lambda}{\varepsilon} \int_{\Omega} h_{4}(\varphi) \mathrm{d} \mathbf{x} . \tag{2.9}
\end{align*}
$$

## 3 The Fully Discrete Numerical Schemes

Based on the convex-concave decomposition (2.6)-(2.7) for the physical energy $E\left(\varphi_{1}, \varphi_{3}\right)$, the convex splitting method could be derived; an extension to a modified BDF temporal discretization will also be discussed. On the other hand, the spatial discretization is carried out with Fourier collocation spectral method [11,46,54]. The standard Sobolev space notation follows from [1].

Let $N$ be a positive integer and $\Omega=(0, L)^{d}$. We focus on the difficult case $d=3$ which can be trivially modified for $d=2$. Divide the space uniformly with $N^{3}$ grid points $\left(x_{i}, y_{j}, z_{k}\right)$, where $N=2 K+1, x_{i}=i h, y_{j}=j h, z_{k}=k h, h=L / N, 0 \leq i, j, k \leq 2 K$. For a fixed $T \in \mathbb{R}^{+}$and $N_{t} \in \mathbb{N}^{+}$, we denote time step size by $\Delta t=T / N_{t}$. In this paper, we denote $C$ a generic positive constant independent of $h, \Delta t$ and $\varepsilon$. Let $\mathcal{G}$ be the periodic
grid function space. We assume the discrete Fourier expansion of a periodic grid function $f$ given by

$$
\begin{equation*}
f_{i, j, k}=\sum_{\ell, m, n=-K}^{K} \hat{f}_{\ell, m, n}^{N} \exp \left(\frac{2 \pi \mathrm{i}}{L}\left(\ell x_{i}+m y_{j}+n z_{k}\right)\right), \tag{3.1}
\end{equation*}
$$

where $\hat{f}_{\ell, m, n}^{N}=h^{3} \sum_{i, j, k=0}^{2 K} f_{i, j, k} \exp \left(-\frac{2 \pi \mathrm{i}}{L}\left(\ell x_{i}+m y_{j}+n z_{k}\right)\right)$ with $\mathrm{i}=\sqrt{-1}$ represents the discrete Fourier coefficients. The spectral derivatives of $f$ are formulated as

$$
\begin{align*}
\mathcal{D}_{x} f_{i, j, k} & :=\sum_{\ell, m, n=-K}^{K}\left(\frac{2 \pi i \ell}{L}\right) \hat{f}_{\ell, m, n}^{N} \exp \left(\frac{2 \pi \mathrm{i}}{L}\left(\ell x_{i}+m y_{j}+n z_{k}\right)\right),  \tag{3.2}\\
\mathcal{D}_{x}^{2} f_{i, j, k} & :=\sum_{\ell, m, n=-K}^{K}\left(-\frac{4 \pi^{2} \ell^{2}}{L^{2}}\right) \hat{f}_{\ell, m, n}^{N} \exp \left(\frac{2 \pi \mathrm{i}}{L}\left(\ell x_{i}+m y_{j}+n z_{k}\right)\right), \tag{3.3}
\end{align*}
$$

and $\mathcal{D}_{y}, \mathcal{D}_{y}^{2}, \mathcal{D}_{z}, \mathcal{D}_{z}^{2}$ can be defined in the same manner. Furthermore, the discrete Laplacian, gradient and divergence operators become

$$
\begin{align*}
\Delta_{N} f & :=\left(\mathcal{D}_{x}^{2}+\mathcal{D}_{y}^{2}+\mathcal{D}_{z}^{2}\right) f, \nabla_{N} f:=\left(\mathcal{D}_{x} f, \mathcal{D}_{y} f, \mathcal{D}_{z} f\right)^{T}, \\
\nabla_{N} \cdot f & =\mathcal{D}_{x} f_{1}+\mathcal{D}_{y} f_{2}+\mathcal{D}_{z} f_{3}, \tag{3.4}
\end{align*}
$$

at the point-wise level. Given $f \in \mathcal{G}$, its discrete $\ell^{p}$ norm is defined as

$$
\begin{equation*}
\|f\|_{p}:=\left(h^{3} \sum_{i, j, k=0}^{2 K}\left|f_{i, j, k}\right|^{p}\right)^{1 / p}, \quad 1 \leq p<\infty . \tag{3.5}
\end{equation*}
$$

For $p=2$, we can also define the discrete $\ell^{2}$ inner product:

$$
\begin{equation*}
(f, g)_{2}=h^{3} \sum_{i, j, k=0}^{2 K} f_{i, j, k} g_{i, j, k}, \forall f, g \in \mathcal{G} \tag{3.6}
\end{equation*}
$$

The summation-by-parts formulas have been discussed in [25,28,47,48]:

$$
\begin{equation*}
\left(f, \Delta_{N} g\right)_{2}=-\left(\nabla_{N} f, \nabla_{N} g\right)_{2},\left(f, \Delta_{N}^{2} g\right)_{2}=\left(\Delta_{N} f, \Delta_{N} g\right)_{2}, \forall f, g \in \mathcal{G} \tag{3.7}
\end{equation*}
$$

In the following analysis, the discrete $H^{-1}$ norm will be needed. We introduce a discrete operator $\left(-\Delta_{N}\right)^{-p}(p>0)$ for mean-free grid function $f \in \mathcal{G}:=\left\{u \in \mathcal{G} \mid(u, 1)_{2}=0\right\}$ :

$$
\begin{align*}
& \left(-\Delta_{N}\right)^{-p} f_{i, j, k} \\
& :=\sum_{(\ell, m, n) \neq 0}\left(\frac{4 \pi^{2}}{L^{2}}\left(\ell^{2}+m^{2}+n^{2}\right)\right)^{-p} \hat{f}_{\ell, m, n}^{N} \exp \left(\frac{2 \pi i}{L}\left(\ell x_{i}+m y_{j}+n z_{k}\right)\right) . \tag{3.8}
\end{align*}
$$

In turn, the discrete $H^{-1}$ norm and inner product are defined as

$$
\begin{align*}
& \|f\|_{-1, N} \\
& \quad:=\left\|\left(-\Delta_{N}\right)^{-1 / 2} f\right\|_{2},(f, g)_{-1, N}:=\left(\left(-\Delta_{N}\right)^{-1 / 2} f,\left(-\Delta_{N}\right)^{-1 / 2} g\right)_{2}, \forall f, g \in \dot{G} . \tag{3.9}
\end{align*}
$$

Recall the spectral interpolation operator $\mathcal{I}_{N}$ onto $\mathcal{P}_{N}$ and Fourier projection operator $\pi_{N}$ : $L^{2}(\Omega) \rightarrow \mathcal{P}_{N}$ where $\mathcal{P}_{N}$ represents the space of trigonometric polynomials of degree at most $N$ :

$$
\begin{align*}
& \mathcal{I}_{N} f(x, y, z)=\sum_{\ell, m, n=-K}^{K} \hat{f}_{\ell, m, n}^{N} \exp \left(\frac{2 \pi \mathrm{i}}{L}(\ell x+m y+n z)\right),  \tag{3.10}\\
& \pi_{N} f(x, y, z)=\sum_{\ell, m, n=-K}^{K} \tilde{f}_{\ell, m, n} \exp \left(\frac{2 \pi \mathrm{i}}{L}(\ell x+m y+n z)\right), \tag{3.11}
\end{align*}
$$

with $\tilde{f}_{\ell, m, n}=\int_{\Omega} f(x, y, z) \exp \left(\frac{-2 \pi \mathrm{i}}{L}(\ell x+m y+n z)\right) \mathrm{d} \mathbf{x}$ the continuous Fourier coefficients. Some relevant properties of the two operators are recalled.

Lemma 3 [48, Lemma 1] Let $f \in \mathcal{P}_{k N}$ in d-dimension space, we obtain

$$
\begin{equation*}
\left\|\mathcal{I}_{N} f\right\|_{H^{m}} \leq(k)^{d / 2}\|f\|_{H^{m}}, m \geq 0 \tag{3.12}
\end{equation*}
$$

Lemma 4 [16, Theorem 1.2] Suppose $f$ and $\partial^{\alpha} f(|\alpha| \leq m)$ are continuous and periodic, then

$$
\begin{equation*}
\left\|\partial^{k} f-\partial^{k} \mathcal{I}_{N} f\right\| \leq C_{1} N^{k-m}\|f\|_{H^{m}}, \forall 0 \leq k \leq m, m>d / 2 \tag{3.13}
\end{equation*}
$$

Lemma 5 [16, Theorem 1.1] Let $f \in H^{m}$ and be periodic on $\Omega$, then

$$
\begin{equation*}
\left\|\pi_{N} f-f\right\|_{H^{\mu}} \leq C_{2} N^{\mu-m}\|f\|_{H^{m}}, 0 \leq \mu \leq m \tag{3.14}
\end{equation*}
$$

To facilitate the analysis in later sections, we introduce a discrete average: $\bar{f}:=\frac{1}{|\Omega|}(f, \mathbf{1})_{2}$, for any $f \in \mathcal{G}$. Furthermore, a discrete version of the physical energy $E\left(\varphi_{1}, \varphi_{3}\right)$ (given by (1.4)) is defined as

$$
\begin{align*}
E_{h}\left(\varphi_{1}, \varphi_{3}\right) & =\frac{6 \Sigma_{1}}{\varepsilon}\left(\varphi_{1}^{2}\left(1-\varphi_{1}\right)^{2}, \mathbf{1}\right)_{2}+\frac{6 \Sigma_{2}}{\varepsilon}\left(\left(\varphi_{1}+\varphi_{3}\right)^{2}\left(1-\varphi_{1}-\varphi_{3}\right)^{2}, \mathbf{1}\right)_{2} \\
& +\frac{6 \Sigma_{3}}{\varepsilon}\left(\varphi_{3}^{2}\left(1-\varphi_{3}\right)^{2}, \mathbf{1}\right)_{2}+\frac{12 \Lambda}{\varepsilon}\left(\varphi_{1}^{2} \varphi_{3}^{2}\left(1-\varphi_{1}-\varphi_{3}\right)^{2}, \mathbf{1}\right)_{2}  \tag{3.15}\\
& +\frac{3 \varepsilon}{8}\left(\Sigma_{1}\left\|\nabla_{N} \varphi_{1}\right\|_{2}^{2}+\Sigma_{3}\left\|\nabla_{N} \varphi_{3}\right\|_{2}^{2}+\Sigma_{2}\left\|\nabla_{N}\left(\varphi_{1}+\varphi_{3}\right)\right\|_{2}^{2}\right) .
\end{align*}
$$

In addition, we also need some auxiliary techniques to derive the error analysis; the proof of Lemma 6 will be provided in Appendix A.

Lemma 6 We have

$$
\begin{align*}
\|f\|_{q} & \leq C_{3} h^{-(3 / p-3 / q)}\|f\|_{p}, \quad 1 \leq p \leq q<\infty, f \in \mathcal{G},  \tag{3.16}\\
\|f\|_{2} & \leq C_{2}\left(|\bar{f}|+\left\|\nabla_{N} f\right\|_{2}\right), \quad \forall f \in \mathcal{G},  \tag{3.17}\\
\|f\|_{6} & \leq C_{4}\left\|\nabla_{N} f\right\|_{2}, \quad \forall f \in \mathcal{G},  \tag{3.18}\\
\|f\|_{8} & \leq C_{5}\|f\|_{H_{N}^{1}} \text { in } 2-D, \quad \forall f \in \mathcal{G}, \quad \text { with }\|f\|_{H_{N}^{1}}^{2}:=\|f\|_{2}^{2}+\left\|\nabla_{N} f\right\|_{2}^{2} . \tag{3.19}
\end{align*}
$$

Lemma 7 ([30]) Let $f \in \dot{\mathcal{G}}$, we have

$$
\begin{align*}
\|f\|_{2} & \leq C_{6}\|f\|_{-1, N}^{1 / 2}\left\|\nabla_{N} f\right\|_{2}^{1 / 2},  \tag{3.20}\\
\|f\|_{4} & \leq C_{7}\|f\|_{-1, N}^{1 / 8}\left\|\nabla_{N} f\right\|_{2}^{7 / 8} . \tag{3.21}
\end{align*}
$$

For simplicity of presentation, we focus on the constant mobility case, $M_{0}(\varphi) \equiv M_{0}$, for the rest of this article, for both the theoretical analysis and numerical simulations. An extension to a general mobility $M_{0}(\varphi)$ could be carefully carried out, and the details may be reported in a future paper.

### 3.1 The First Order Scheme

### 3.1.1 The Convex Splitting for the Partial Spreading

Based on the decomposition (2.6)-(2.7) for the physical energy $E\left(\varphi_{1}, \varphi_{3}\right)$, our first order convex splitting scheme for the partial spreading system (1.7) is formulated as: find $\varphi_{i}^{k+1} \in$ $\mathcal{G}(i=1,3)$ for $0 \leq k \leq N_{t}$ such that

$$
\begin{equation*}
\frac{\varphi_{1}^{k+1}-\varphi_{1}^{k}}{\Delta t}=\frac{M_{0}}{\Sigma_{1}} \Delta_{N} \mu_{1}^{k+1}, \quad \frac{\varphi_{3}^{k+1}-\varphi_{3}^{k}}{\Delta t}=\frac{M_{0}}{\Sigma_{3}} \Delta_{N} \mu_{3}^{k+1}, \tag{3.22}
\end{equation*}
$$

with

$$
\begin{align*}
\mu_{1}^{k+1}= & \frac{6 \Sigma_{1}}{\varepsilon}\left(4\left(\varphi_{1}^{k+1}-\frac{1}{2}\right)^{3}-\left(\varphi_{1}^{k}-\frac{1}{2}\right)\right)+\frac{6 \Sigma_{2}}{\varepsilon}\left(4 \left(\varphi_{1}^{k+1}+\varphi_{3}^{k+1}\right.\right. \\
& \left.\left.-\frac{1}{2}\right)^{3}-\left(\varphi_{1}^{k}+\varphi_{3}^{k}-\frac{1}{2}\right)\right) \\
& +\frac{12 \Lambda}{\varepsilon}\left(\left(\varphi_{1}^{k+1}-\varphi_{2}^{k+1}\right)\left(\left(\varphi_{1}^{k+1}\right)^{2}+\left(\varphi_{2}^{k+1}\right)^{2}+\left(\varphi_{3}^{k+1}\right)^{2}\right)^{2}+\left(-\left(\varphi_{1}^{k}\right)^{5}+\left(\varphi_{2}^{k}\right)^{5}\right)\right. \\
& -2\left(\varphi_{1}^{k}\right)^{3}\left(\left(\varphi_{2}^{k}\right)^{2}+\left(\varphi_{3}^{k}\right)^{2}\right)+\left(\varphi_{1}^{k}\right)^{4} \varphi_{2}^{k}-\varphi_{1}^{k}\left(\left(\varphi_{2}^{k}\right)^{4}+\left(\varphi_{3}^{k}\right)^{4}\right)+2\left(\varphi_{1}^{k}\right)^{2}\left(\varphi_{2}^{k}\right)^{3} \\
& \left.+\varphi_{2}^{k}\left(\varphi_{3}^{k}\right)^{4}+2\left(\varphi_{2}^{k}\right)^{3}\left(\varphi_{3}^{k}\right)^{2}\right)-\frac{3 \varepsilon}{4} \Sigma_{1} \Delta_{N} \varphi_{1}^{k+1}-\frac{3 \varepsilon}{4} \Sigma_{2} \Delta_{N}\left(\varphi_{1}^{k+1}+\varphi_{3}^{k+1}\right),  \tag{3.23}\\
\mu_{3}^{k+1}= & \frac{6 \Sigma_{3}}{\varepsilon}\left(4\left(\varphi_{3}^{k+1}-\frac{1}{2}\right)^{3}-\left(\varphi_{3}^{k}-\frac{1}{2}\right)\right)+\frac{6 \Sigma_{2}}{\varepsilon}\left(4 \left(\varphi_{1}^{k+1}+\varphi_{3}^{k+1}\right.\right. \\
& \left.\left.-\frac{1}{2}\right)^{3}-\left(\varphi_{1}^{k}+\varphi_{3}^{k}-\frac{1}{2}\right)\right) \\
& +\frac{12 \Lambda}{\varepsilon}\left(\left(\varphi_{3}^{k+1}-\varphi_{2}^{k+1}\right)\left(\left(\varphi_{1}^{k+1}\right)^{2}+\left(\varphi_{2}^{k+1}\right)^{2}+\left(\varphi_{3}^{k+1}\right)^{2}\right)^{2}+\left(-\left(\varphi_{3}^{k}\right)^{5}+\left(\varphi_{2}^{k}\right)^{5}\right)\right. \\
& -2\left(\varphi_{3}^{k}\right)^{3}\left(\left(\varphi_{1}^{k}\right)^{2}+\left(\varphi_{2}^{k}\right)^{2}\right)+\left(\varphi_{3}^{k}\right)^{4} \varphi_{2}^{k}-\varphi_{3}^{k}\left(\left(\varphi_{1}^{k}\right)^{4}+\left(\varphi_{2}^{k}\right)^{4}\right)+2\left(\varphi_{3}^{k}\right)^{2}\left(\varphi_{2}^{k}\right)^{3} \\
& \left.+\varphi_{2}^{k}\left(\varphi_{1}^{k}\right)^{4}+2\left(\varphi_{2}^{k}\right)^{3}\left(\varphi_{1}^{k}\right)^{2}\right)-\frac{3 \varepsilon}{4} \Sigma_{3} \Delta_{N} \varphi_{3}^{k+1}-\frac{3 \varepsilon}{4} \Sigma_{2} \Delta_{N}\left(\varphi_{1}^{k+1}+\varphi_{3}^{k+1}\right),(3.24 \tag{3.24}
\end{align*}
$$

in which the notation of $\varphi_{2}=1-\varphi_{1}-\varphi_{3}$ is used. In particular, we observe that, all the diffusion coefficients are positive: $\Sigma_{i}>0,1 \leq i \leq 3$. Thus, all of the surface diffusion energy contributions are convex. This fact leads to an implicit treatment for all the surface diffusion terms in the numerical algorithm (3.22)-(3.24).

Theorem 8 The proposed numerical scheme (3.22)-(3.24) is uniquely solvable and unconditionally energy stable: $E_{h}\left(\varphi_{1}^{k+1}, \varphi_{3}^{k+1}\right) \leq E_{h}\left(\varphi_{1}^{k}, \varphi_{3}^{k}\right)$. In addition, we have a uniform in time $H_{N}^{1}$ bound for the numerical solution:

$$
\begin{equation*}
\left\|\varphi_{1}^{k}\right\|_{H_{N}^{1}},\left\|\varphi_{3}^{k}\right\|_{H_{N}^{1}} \leq C_{0}^{*} \tag{3.25}
\end{equation*}
$$

with $C_{0}^{*}$ only dependent on $\Sigma_{i}(1 \leq i \leq 3), \Lambda$ and the initial data, independent on $\Delta t, h$ and the final time.

Proof The existence and unique solvability follows from standard convexity analysis of $E_{1}\left(\varphi_{1}, \varphi_{3}\right)$ and $E_{2}\left(\varphi_{1}, \varphi_{3}\right)$, given by (2.6) and (2.7). For the energy decay property, taking discrete $\ell^{2}$ inner-product with the two terms in (3.22) by $\mu_{1}^{k+1}$ and $\mu_{3}^{k+1}$, respectively, we get

$$
\begin{align*}
E_{h}\left(\varphi_{1}^{k+1}, \varphi_{3}^{k+1}\right)-E_{h}\left(\varphi_{1}^{k}, \varphi_{3}^{k}\right) & \leq\left(\varphi_{1}^{k+1}-\varphi_{1}^{k}, \mu_{1}^{k+1}\right)_{2}+\left(\varphi_{3}^{k+1}-\varphi_{3}^{k}, \mu_{3}^{k+1}\right)_{2} \\
& =-\frac{\Delta t M_{0}}{\Sigma_{1}}\left\|\nabla_{N} \mu_{1}^{k+1}\right\|_{2}^{2}-\frac{\Delta t M_{0}}{\Sigma_{3}}\left\|\nabla_{N} \mu_{3}^{k+1}\right\|_{2}^{2} \leq 0 . \tag{3.26}
\end{align*}
$$

In turn, an application of induction argument implies that

$$
\begin{equation*}
E_{h}\left(\varphi_{1}^{k}, \varphi_{3}^{k}\right) \leq E_{h}\left(\varphi_{1}^{k-1}, \varphi_{3}^{k-1}\right) \leq \ldots \leq E_{h}\left(\varphi_{1}^{0}, \varphi_{3}^{0}\right):=C_{0}, \quad \forall k \geq 0 . \tag{3.27}
\end{equation*}
$$

Meanwhile, by the expansion of the discrete energy given by (3.15), we see that

$$
\begin{equation*}
C_{0} \geq E_{h}\left(\varphi_{1}^{k}, \varphi_{3}^{k}\right) \geq \frac{3 \varepsilon}{8} \Sigma_{0}\left(\left\|\nabla_{N} \varphi_{1}^{k}\right\|_{2}^{2}+\left\|\nabla_{N} \varphi_{3}^{k}\right\|_{2}^{2}\right), \quad \text { with } \quad \Sigma_{0}=\min \left(\Sigma_{1}, \Sigma_{3}\right) \tag{3.28}
\end{equation*}
$$

On the other hand, the mass conservative property of the numerical solution (3.22) reveals that

$$
\begin{equation*}
\overline{\varphi_{1}^{k}}=\overline{\varphi_{1}^{0}}:=\beta_{1}^{(0)}, \quad \overline{\varphi_{3}^{k}}=\overline{\varphi_{3}^{0}}:=\beta_{3}^{(0)} \tag{3.29}
\end{equation*}
$$

In turn, an application of the discrete Poincaré inequality (3.17) (stated in Lemma 6) leads to

$$
\begin{align*}
& \left\|\varphi_{1}^{k}\right\|_{2} \leq C\left(\left|\overline{\varphi_{1}^{k}}\right|+\left\|\nabla_{N} \varphi_{1}^{k}\right\|_{2}\right) \leq C\left(\left|\beta_{1}^{(0)}\right|+\left(\frac{8 C_{0}}{3 \varepsilon \Sigma_{0}}\right)^{1 / 2}\right),  \tag{3.30}\\
& \left\|\varphi_{3}^{k}\right\|_{2} \leq C\left(\left|\overline{\varphi_{3}^{k}}\right|+\left\|\nabla_{N} \varphi_{3}^{k}\right\|_{2}\right) \leq C\left(\left|\beta_{3}^{(0)}\right|+\left(\frac{8 C_{0}}{3 \varepsilon \Sigma_{0}}\right)^{1 / 2}\right), \tag{3.31}
\end{align*}
$$

for any $k \geq 0$, with the estimate (3.28) recalled. Therefore, a combination of (3.28) and (3.30)-(3.31) yields the desired $H_{h}^{1}$ estimate (3.25), with $C_{0}^{*}:=C\left(\left|\beta_{1}^{(0)}\right|+\left|\beta_{3}^{(0)}\right|+\left(\frac{8 C_{0}}{3 \varepsilon \Sigma_{0}}\right)^{1 / 2}\right)$.

### 3.1.2 The Convex Splitting for Total Spreading

When $\Sigma_{2}<0$, a total spreading ternary CH system is presented. The first order convex splitting scheme for system (1.7) becomes: find $\varphi_{i}^{k+1} \in \mathcal{G}(i=1,3)$ for $0 \leq k \leq N_{t}$ such that

$$
\begin{equation*}
\frac{\varphi_{1}^{k+1}-\varphi_{1}^{k}}{\Delta t}=\frac{M_{0}}{\Sigma_{1}} \Delta_{N} \mu_{1}^{k+1}, \quad \frac{\varphi_{3}^{k+1}-\varphi_{3}^{k}}{\Delta t}=\frac{M_{0}}{\Sigma_{3}} \Delta_{N} \mu_{3}^{k+1} \tag{3.32}
\end{equation*}
$$

where

$$
\begin{aligned}
\mu_{1}^{k+1}= & \frac{6 \Sigma_{1}}{\varepsilon}\left(4\left(\varphi_{1}^{k+1}-\frac{1}{2}\right)^{3}-\left(\varphi_{1}^{k}-\frac{1}{2}\right)\right)+\frac{6 \Sigma_{2}}{\varepsilon}\left(4 \left(\varphi_{1}^{k}+\varphi_{3}^{k}\right.\right. \\
& \left.\left.-\frac{1}{2}\right)^{3}-\left(\varphi_{1}^{k+1}+\varphi_{3}^{k+1}-\frac{1}{2}\right)\right) \\
& +\frac{12 \Lambda}{\varepsilon}\left(\left(\varphi_{1}^{k+1}-\varphi_{2}^{k+1}\right)\left(\left(\varphi_{1}^{k+1}\right)^{2}+\left(\varphi_{2}^{k+1}\right)^{2}+\left(\varphi_{3}^{k+1}\right)^{2}\right)^{2}+\left(-\left(\varphi_{1}^{k}\right)^{5}+\left(\varphi_{2}^{k}\right)^{5}\right)\right.
\end{aligned}
$$

$$
\begin{align*}
& -2\left(\varphi_{1}^{k}\right)^{3}\left(\left(\varphi_{2}^{k}\right)^{2}+\left(\varphi_{3}^{k}\right)^{2}\right)+\left(\varphi_{1}^{k}\right)^{4} \varphi_{2}^{k}-\varphi_{1}^{k}\left(\left(\varphi_{2}^{k}\right)^{4}+\left(\varphi_{3}^{k}\right)^{4}\right)+2\left(\varphi_{1}^{k}\right)^{2}\left(\varphi_{2}^{k}\right)^{3} \\
& \left.+\varphi_{2}^{k}\left(\varphi_{3}^{k}\right)^{4}+2\left(\varphi_{2}^{k}\right)^{3}\left(\varphi_{3}^{k}\right)^{2}\right)-\frac{3 \varepsilon}{4} \Sigma_{1} \Delta_{N} \varphi_{1}^{k+1}-\frac{3 \varepsilon}{4} \Sigma_{2} \Delta_{N}\left(\varphi_{1}^{k}+\varphi_{3}^{k}\right),  \tag{3.33}\\
\mu_{3}^{k+1}= & \frac{6 \Sigma_{3}}{\varepsilon}\left(4\left(\varphi_{3}^{k+1}-\frac{1}{2}\right)^{3}-\left(\varphi_{3}^{k}-\frac{1}{2}\right)\right)+\frac{6 \Sigma_{2}}{\varepsilon}\left(4\left(\varphi_{1}^{k}+\varphi_{3}^{k}-\frac{1}{2}\right)^{3}\right. \\
& \left.-\left(\varphi_{1}^{k+1}+\varphi_{3}^{k+1}-\frac{1}{2}\right)\right) \\
& +\frac{12 \Lambda}{\varepsilon}\left(\left(\varphi_{3}^{k+1}-\varphi_{2}^{k+1}\right)\left(\left(\varphi_{1}^{k+1}\right)^{2}+\left(\varphi_{2}^{k+1}\right)^{2}+\left(\varphi_{3}^{k+1}\right)^{2}\right)^{2}+\left(-\left(\varphi_{3}^{k}\right)^{5}+\left(\varphi_{2}^{k}\right)^{5}\right)\right. \\
& -2\left(\varphi_{3}^{k}\right)^{3}\left(\left(\varphi_{1}^{k}\right)^{2}+\left(\varphi_{2}^{k}\right)^{2}\right)+\left(\varphi_{3}^{k}\right)^{4} \varphi_{2}^{k}-\varphi_{3}^{k}\left(\left(\varphi_{1}^{k}\right)^{4}+\left(\varphi_{2}^{k}\right)^{4}\right)+2\left(\varphi_{3}^{k}\right)^{2}\left(\varphi_{2}^{k}\right)^{3} \\
& \left.+\varphi_{2}^{k}\left(\varphi_{1}^{k}\right)^{4}+2\left(\varphi_{2}^{k}\right)^{3}\left(\varphi_{1}^{k}\right)^{2}\right)-\frac{3 \varepsilon}{4} \Sigma_{3} \Delta_{N} \varphi_{3}^{k+1}-\frac{3 \varepsilon}{4} \Sigma_{2} \Delta_{N}\left(\varphi_{1}^{k}+\varphi_{3}^{k}\right) . \tag{3.34}
\end{align*}
$$

Again, the identity $\varphi_{2}=1-\varphi_{1}-\varphi_{3}$ has to be repeatedly used. In the total spreading case, since the diffusion coefficient $\Sigma_{2}$ is negative, $\Sigma_{2}<0$, the surface diffusion energy for the component $\varphi_{2}$ is concave. As a result, we treat the corresponding diffusion terms explicitly to ensure the energy stability. This is the primary difference between this numerical scheme and the one for the partial spreading case, as given by (3.22)-(3.24).

Similar to the partial spreading case, the unique solvability and energy stability could be established in a similar manner; the proof is skipped for the sake of brevity, and the details are left to interested readers.

Theorem 9 The proposed numerical scheme (3.32)-(3.34) is uniquely solvable and unconditionally energy stable: $E_{h}\left(\varphi_{1}^{k+1}, \varphi_{3}^{k+1}\right) \leq E_{h}\left(\varphi_{1}^{k}, \varphi_{3}^{k}\right)$. And also, a uniform in time $H_{N}^{1}$ bound (3.25) is available for the numerical solution.

Remark 10 The convex splitting framework, initiated by Eyre's pioneering work [40], has been successfully applied to various gradient models, such as the phase field crystal (PFC) equation and the modified version [8,9,34,55,60,63]; epitaxial thin film growth models [18, $20,22,27,56,58,59]$; non-local gradient model [49-51]; phase field model coupled with fluid flow [19,21,31,32,44,57,61]; functionalized CH and Willmore model [24,41]; phase field with Flory-Huggins energy potential [23,35], etc. In this approach, the unique solvability and energy stability could be established via a variational framework.

Meanwhile, we observe that an application of the convex splitting idea to the ternary CH system (1.5)-(1.7) is highly challenging, due to the fact that the mixed product term $\varphi_{1}^{2} \varphi_{2}^{2} \varphi_{3}^{2}$ is non-convex, non-concave in the three-phase field. In addition, the multi-component, multichemical potential feature makes a theoretical analysis even more complicated. To overcome this well-known difficulty, we include such a mixed product term into a convex multi-variable function $\left(\varphi_{1}^{2}+\varphi_{2}^{2}+\varphi_{3}^{2}\right)^{3}$, and subtract the additional terms, which turn out to be also convex in the three-phase field. In turn, the unique solvability and energy stability could be proved via a convexity analysis in the three-phase field.

### 3.2 The Second Order Scheme

### 3.2.1 A Modified BDF2 Method for the Partial Spreading Case

An energy stable BDF2 scheme for system (1.7) could be formulated as: find $\varphi_{i}^{k+1} \in \mathcal{G}(i=$ 1,3 ) for $1 \leq k \leq N_{t}$ such that

$$
\begin{equation*}
\frac{3 \varphi_{1}^{k+1}-4 \varphi_{1}^{k}+\varphi_{1}^{k-1}}{2 \Delta t}=\frac{M_{0}}{\Sigma_{1}} \Delta_{N} \mu_{1}^{k+1}, \quad \frac{3 \varphi_{3}^{k+1}-4 \varphi_{3}^{k}+\varphi_{3}^{k-1}}{2 \Delta t}=\frac{M_{0}}{\Sigma_{3}} \Delta_{N} \mu_{3}^{k+1} \tag{3.35}
\end{equation*}
$$

where

$$
\begin{align*}
\mu_{1}^{k+1}= & \frac{6 \Sigma_{1}}{\varepsilon}\left(4\left(\varphi_{1}^{k+1}-\frac{1}{2}\right)^{3}-2\left(\varphi_{1}^{k}-\frac{1}{2}\right)+\left(\varphi_{1}^{k-1}-\frac{1}{2}\right)\right) \\
& +\frac{6 \Sigma_{2}}{\varepsilon}\left(4\left(\varphi_{1}^{k+1}+\varphi_{3}^{k+1}-\frac{1}{2}\right)^{3}-2\left(\varphi_{1}^{k}+\varphi_{3}^{k}-\frac{1}{2}\right)+\left(\varphi_{1}^{k-1}+\varphi_{3}^{k-1}-\frac{1}{2}\right)\right) \\
& +\frac{12 \Lambda}{\varepsilon}\left(\left(\varphi_{1}^{k+1}-\varphi_{2}^{k+1}\right)\left(\left(\varphi_{1}^{k+1}\right)^{2}+\left(\varphi_{2}^{k+1}\right)^{2}+\left(\varphi_{3}^{k+1}\right)^{2}\right)^{2}\right. \\
& +\left(-2\left(\varphi_{1}^{k}\right)^{5}+\left(\varphi_{1}^{k-1}\right)^{5}+2\left(\varphi_{2}^{k}\right)^{5}-\left(\varphi_{2}^{k-1}\right)^{5}\right) \\
& -4\left(\varphi_{1}^{k}\right)^{3}\left(\left(\varphi_{2}^{k}\right)^{2}+\left(\varphi_{3}^{k}\right)^{2}\right)+2\left(\varphi_{1}^{k-1}\right)^{3}\left(\left(\varphi_{2}^{k-1}\right)^{2}+\left(\varphi_{3}^{k-1}\right)^{2}\right) \\
& +2\left(\varphi_{1}^{k}\right)^{4} \varphi_{2}^{k}-\left(\varphi_{1}^{k-1}\right)^{4} \varphi_{2}^{k-1}+4\left(\varphi_{1}^{k}\right)^{2}\left(\varphi_{2}^{k}\right)^{3}-2\left(\varphi_{1}^{k-1}\right)^{2}\left(\varphi_{2}^{k-1}\right)^{3} \\
& -2 \varphi_{1}^{k}\left(\left(\varphi_{2}^{k}\right)^{4}+\left(\varphi_{3}^{k}\right)^{4}\right)+\varphi_{1}^{k-1}\left(\left(\varphi_{2}^{k-1}\right)^{4}+\left(\varphi_{3}^{k-1}\right)^{4}\right) \\
& \left.+2 \varphi_{2}^{k}\left(\varphi_{3}^{k}\right)^{4}-\varphi_{2}^{k-1}\left(\varphi_{3}^{k-1}\right)^{4}+4\left(\varphi_{2}^{k}\right)^{3}\left(\varphi_{3}^{k}\right)^{2}-2\left(\varphi_{2}^{k-1}\right)^{3}\left(\varphi_{3}^{k-1}\right)^{2}\right) \\
& -\frac{3 \varepsilon}{4} \Sigma_{1} \Delta_{N} \varphi_{1}^{k+1}-\frac{3 \varepsilon}{4} \Sigma_{2} \Delta_{N}\left(\varphi_{1}^{k+1}+\varphi_{3}^{k+1}\right)-A_{1} \Delta t \Delta_{N}\left(\varphi_{1}^{k+1}-\varphi_{1}^{k}\right),  \tag{3.36}\\
\mu_{3}^{k+1}= & \frac{6 \Sigma_{3}}{\varepsilon}\left(4\left(\varphi_{3}^{k+1}-\frac{1}{2}\right)^{3}-2\left(\varphi_{3}^{k}-\frac{1}{2}\right)+\left(\varphi_{3}^{k-1}-\frac{1}{2}\right)\right) \\
& +\frac{6 \Sigma_{2}}{\varepsilon}\left(4\left(\varphi_{1}^{k+1}+\varphi_{3}^{k+1}-\frac{1}{2}\right)^{3}-2\left(\varphi_{1}^{k}+\varphi_{3}^{k}-\frac{1}{2}\right)+\left(\varphi_{1}^{k-1}+\varphi_{3}^{k-1}-\frac{1}{2}\right)\right) \\
& +\frac{12 \Lambda}{\varepsilon}\left(\left(\varphi_{3}^{k+1}-\varphi_{2}^{k+1}\right)\left(\left(\varphi_{1}^{k+1}\right)^{2}+\left(\varphi_{2}^{k+1}\right)^{2}+\left(\varphi_{3}^{k+1}\right)^{2}\right)^{2}\right. \\
& +\left(-2\left(\varphi_{3}^{k}\right)^{5}+\left(\varphi_{3}^{k-1}\right)^{5}+2\left(\varphi_{2}^{k}\right)^{5}-\left(\varphi_{2}^{k-1}\right)^{5}\right) \\
& -4\left(\varphi_{3}^{k}\right)^{3}\left(\left(\varphi_{1}^{k}\right)^{2}+\left(\varphi_{2}^{k}\right)^{2}\right)+2\left(\varphi_{3}^{k-1}\right)^{3}\left(\left(\varphi_{1}^{k-1}\right)^{2}+\left(\varphi_{2}^{k-1}\right)^{2}\right) \\
& +2\left(\varphi_{3}^{k}\right)^{4} \varphi_{2}^{k}-\left(\varphi_{3}^{k-1}\right)^{4} \varphi_{2}^{k-1}+4\left(\varphi_{3}^{k}\right)^{2}\left(\varphi_{2}^{k}\right)^{3}-2\left(\varphi_{3}^{k-1}\right)^{2}\left(\varphi_{2}^{k-1}\right)^{3} \\
& -2 \varphi_{3}^{k}\left(\left(\varphi_{1}^{k}\right)^{4}+\left(\varphi_{2}^{k}\right)^{4}\right)+\varphi_{3}^{k-1}\left(\left(\varphi_{1}^{k-1}\right)^{4}+\left(\varphi_{2}^{k-1}\right)^{4}\right) \\
& \left.+2 \varphi_{2}^{k}\left(\varphi_{1}^{k}\right)^{4}-\varphi_{2}^{k-1}\left(\varphi_{1}^{k-1}\right)^{4}+4\left(\varphi_{2}^{k}\right)^{3}\left(\varphi_{1}^{k}\right)^{2}-2\left(\varphi_{2}^{k-1}\right)^{3}\left(\varphi_{1}^{k-1}\right)^{2}\right) \\
& -\frac{3 \varepsilon}{4} \Sigma_{3} \Delta_{N} \varphi_{3}^{k+1}-\frac{3 \varepsilon}{4} \Sigma_{2} \Delta_{N}\left(\varphi_{1}^{k+1}+\varphi_{3}^{k+1}\right)-A_{1} \Delta t \Delta_{N}\left(\varphi_{3}^{k+1}-\varphi_{3}^{k}\right), \tag{3.37}
\end{align*}
$$

where $A_{1}$ is a positive constant and the notation of $\varphi_{2}=1-\varphi_{1}-\varphi_{3}$ has been used.

### 3.2.2 A Modified BDF2 Method for the Total Spreading Case

When $\Sigma_{2}<0$, a total spreading ternary CH system has to be considered. The corresponding energy stable BDF2 scheme for system (1.7) becomes: find $\varphi_{i}^{k+1} \in \mathcal{G}(i=1,3)$ for $1 \leq k \leq$ $N_{t}$ such that

$$
\begin{equation*}
\frac{3 \varphi_{1}^{k+1}-4 \varphi_{1}^{k}+\varphi_{1}^{k-1}}{2 \Delta t}=\frac{M_{0}}{\Sigma_{1}} \Delta_{N} \mu_{1}^{k+1}, \quad \frac{3 \varphi_{3}^{k+1}-4 \varphi_{3}^{k}+\varphi_{3}^{k-1}}{2 \Delta t}=\frac{M_{0}}{\Sigma_{3}} \Delta_{N} \mu_{3}^{k+1} \tag{3.38}
\end{equation*}
$$

where

$$
\begin{align*}
\mu_{1}^{k+1}= & \frac{6 \Sigma_{1}}{\varepsilon}\left(4\left(\varphi_{1}^{k+1}-\frac{1}{2}\right)^{3}-2\left(\varphi_{1}^{k}-\frac{1}{2}\right)+\left(\varphi_{1}^{k-1}-\frac{1}{2}\right)\right) \\
& +\frac{6 \Sigma_{2}}{\varepsilon}\left(8\left(\varphi_{1}^{k}+\varphi_{3}^{k}-\frac{1}{2}\right)^{3}-4\left(\varphi_{1}^{k-1}+\varphi_{3}^{k-1}-\frac{1}{2}\right)^{3}-\left(\varphi_{1}^{k+1}+\varphi_{3}^{k+1}-\frac{1}{2}\right)\right) \\
& +\frac{12 \Lambda}{\varepsilon}\left(\left(\varphi_{1}^{k+1}-\varphi_{2}^{k+1}\right)\left(\left(\varphi_{1}^{k+1}\right)^{2}+\left(\varphi_{2}^{k+1}\right)^{2}+\left(\varphi_{3}^{k+1}\right)^{2}\right)^{2}\right. \\
& +\left(-2\left(\varphi_{1}^{k}\right)^{5}+\left(\varphi_{1}^{k-1}\right)^{5}+2\left(\varphi_{2}^{k}\right)^{5}-\left(\varphi_{2}^{k-1}\right)^{5}\right) \\
& -4\left(\varphi_{1}^{k}\right)^{3}\left(\left(\varphi_{2}^{k}\right)^{2}+\left(\varphi_{3}^{k}\right)^{2}\right)+2\left(\varphi_{1}^{k-1}\right)^{3}\left(\left(\varphi_{2}^{k-1}\right)^{2}+\left(\varphi_{3}^{k-1}\right)^{2}\right) \\
& +2\left(\varphi_{1}^{k}\right)^{4} \varphi_{2}^{k}-\left(\varphi_{1}^{k-1}\right)^{4} \varphi_{2}^{k-1}+4\left(\varphi_{1}^{k}\right)^{2}\left(\varphi_{2}^{k}\right)^{3}-2\left(\varphi_{1}^{k-1}\right)^{2}\left(\varphi_{2}^{k-1}\right)^{3} \\
& -2 \varphi_{1}^{k}\left(\left(\varphi_{2}^{k}\right)^{4}+\left(\varphi_{3}^{k}\right)^{4}\right)+\varphi_{1}^{k-1}\left(\left(\varphi_{2}^{k-1}\right)^{4}+\left(\varphi_{3}^{k-1}\right)^{4}\right) \\
& \left.+2 \varphi_{2}^{k}\left(\varphi_{3}^{k}\right)^{4}-\varphi_{2}^{k-1}\left(\varphi_{3}^{k-1}\right)^{4}+4\left(\varphi_{2}^{k}\right)^{3}\left(\varphi_{3}^{k}\right)^{2}-2\left(\varphi_{2}^{k-1}\right)^{3}\left(\varphi_{3}^{k-1}\right)^{2}\right) \\
& -\frac{3 \varepsilon}{4} \Sigma_{1} \Delta_{N} \varphi_{1}^{k+1}-\frac{3 \varepsilon}{4} \Sigma_{2}\left(2 \Delta_{N}\left(\varphi_{1}^{k}+\varphi_{3}^{k}\right)-\Delta_{N}\left(\varphi_{1}^{k-1}+\varphi_{3}^{k-1}\right)\right) \\
& -A_{1} \Delta t \Delta_{N}\left(\varphi_{1}^{k+1}-\varphi_{1}^{k}\right),  \tag{3.39}\\
\mu_{3}^{k+1}= & \frac{6 \Sigma_{3}}{\varepsilon}\left(4\left(\varphi_{3}^{k+1}-\frac{1}{2}\right)^{3}-2\left(\varphi_{3}^{k}-\frac{1}{2}\right)+\left(\varphi_{3}^{k-1}-\frac{1}{2}\right)\right) \\
& +\frac{6 \Sigma_{2}}{\varepsilon}\left(8\left(\varphi_{1}^{k}+\varphi_{3}^{k}-\frac{1}{2}\right)^{3}-4\left(\varphi_{1}^{k-1}+\varphi_{3}^{k-1}-\frac{1}{2}\right)^{3}-\left(\varphi_{1}^{k+1}+\varphi_{3}^{k+1}-\frac{1}{2}\right)\right) \\
& +\frac{12 \Lambda}{\varepsilon}\left(\left(\varphi_{3}^{k+1}-\varphi_{2}^{k+1}\right)\left(\left(\varphi_{1}^{k+1}\right)^{2}+\left(\varphi_{2}^{k+1}\right)^{2}+\left(\varphi_{3}^{k+1}\right)^{2}\right)^{2}\right. \\
& +\left(-2\left(\varphi_{3}^{k}\right)^{5}+\left(\varphi_{3}^{k-1}\right)^{5}+2\left(\varphi_{2}^{k}\right)^{5}-\left(\varphi_{2}^{k-1}\right)^{5}\right) \\
& -4\left(\varphi_{3}^{k}\right)^{3}\left(\left(\varphi_{1}^{k}\right)^{2}+\left(\varphi_{2}^{k}\right)^{2}\right)+2\left(\varphi_{3}^{k-1}\right)^{3}\left(\left(\varphi_{1}^{k-1}\right)^{2}+\left(\varphi_{2}^{k-1}\right)^{2}\right) \\
& +2\left(\varphi_{3}^{k}\right)^{4} \varphi_{2}^{k}-\left(\varphi_{3}^{k-1}\right)^{4} \varphi_{2}^{k-1}+4\left(\varphi_{3}^{k}\right)^{2}\left(\varphi_{2}^{k}\right)^{3}-2\left(\varphi_{3}^{k-1}\right)^{2}\left(\varphi_{2}^{k-1}\right)^{3} \\
& -2 \varphi_{3}^{k}\left(\left(\varphi_{1}^{k}\right)^{4}+\left(\varphi_{2}^{k}\right)^{4}\right)+\varphi_{3}^{k-1}\left(\left(\varphi_{1}^{k-1}\right)^{4}+\left(\varphi_{2}^{k-1}\right)^{4}\right) \\
& \left.+2 \varphi_{2}^{k}\left(\varphi_{1}^{k}\right)^{4}-\varphi_{2}^{k-1}\left(\varphi_{1}^{k-1}\right)^{4}+4\left(\varphi_{2}^{k}\right)^{3}\left(\varphi_{1}^{k}\right)^{2}-2\left(\varphi_{2}^{k-1}\right)^{3}\left(\varphi_{1}^{k-1}\right)^{2}\right) \\
& -\frac{3 \varepsilon}{4} \Sigma_{3} \Delta_{N} \varphi_{3}^{k+1}-\frac{3 \varepsilon}{4} \Sigma_{2}\left(2 \Delta_{N}\left(\varphi_{1}^{k}+\varphi_{3}^{k}\right)-\Delta_{N}\left(\varphi_{1}^{k-1}+\varphi_{3}^{k-1}\right)\right) \\
& -A_{1} \Delta t \Delta_{N}\left(\varphi_{3}^{k+1}-\varphi_{3}^{k}\right) . \tag{3.40}
\end{align*}
$$

Similar to the first order schemes, since all the diffusion coefficients are positive in the partial spreading case, an implicit treatment has been taken for all the surface diffusion terms in the
corresponding numerical algorithm (3.35)-(3.37). In comparison, since $\Sigma_{2}<0$ in the total spreading case, the diffusion terms associated with $\varphi_{2}$ have to be updated explicitly to ensure the energy stability, which turns out to be the primary difference between (3.35)-(3.37) and (3.38)-(3.40).

Remark 11 There have been various second order accurate, energy stable schemes reported for the standard two-phase CH model, based on either the Crank-Nicolson $[33,52,53]$ or the modified BDF2 approach [26,64]. For the ternary CH system with a mixed product, we believe that the modified BDF2 approach would bring more convenience in the theoretical justification of both the unique solvability and energy stability.

The unique solvability for the proposed second order schemes, either (3.35)-(3.37) or (3.38)-(3.40), follows exactly the same analysis for the first order schemes. The energy stability is more involved, and the details will be left to future investigations.

Remark 12 The physical systems comprised of a phase field model coupled with a fluid motion model, such as the Cahn-Hilliard-Hele-Shaw system and the Cahn-Hilliard-NavierStokes system, have attracted much attention in the scientific computing community, due to their potential applications. There have been a great deal of numerical works in this area, some of which address stability and convergence analysis [21,31,32,57], et cetera. Meanwhile, most of these existing works have been focused on the two-phase flows. For the ternary CH model coupled with various fluid motion, the physical system is expected to be well-posed, and the total energy (composed of the phase field energy and the kinematic energy) dissipation law is also expected. The idea of convex-concave decomposition for the phase field energy and the corresponding numerical treatment for the nonlinear convection part will lead to a uniquely solvable, energy stable numerical scheme for the whole physical system, and such an energy stability is in terms of the energy functional in the original phase variables. No essential difficulty is expected, while the technical details are very involved, and will be left to the future works.

## 4 Convergence Analysis and Error Estimate

In this section, we provide the convergence analysis and error estimate of the first-order energy stable scheme. For simplicity of presentation, we only focus on the algorithm (3.22)(3.24) for the partial spreading case; the one for the total spreading could be analyzed in a similar manner. We denote $\varphi_{e, k}(t)$ the exact solution of (1.7), $1 \leq k \leq 3$. With sufficiently regular initial data, we could assume that the exact solution has regularity of class $\mathcal{R}$ :

$$
\begin{equation*}
\varphi_{e, k} \in \mathcal{R}:=H^{2}\left(0, T ; C_{\mathrm{per}}(\Omega)\right) \cap H^{1}\left(0, T ; C_{\mathrm{per}}^{2}(\Omega)\right) \cap L^{\infty}\left(0, T ; C_{\mathrm{per}}^{m+4}(\Omega)\right) . \tag{4.1}
\end{equation*}
$$

Define $\varphi_{N, k}(\cdot, t):=\pi_{N} \varphi_{e, k}(\cdot, t), 1 \leq k \leq 3$, the (spatial) Fourier projection of the exact solution into $\mathcal{B}^{K}$, the space of trigonometric polynomials of degree to and including $K$ (with $N=2 K+1$ ). The following projection approximation is standard: if $\varphi_{e, k} \in$ $L^{\infty}\left(0, T ; H_{\text {per }}^{\ell}(\Omega)\right)$, for some $\ell \in \mathbb{N}$,

$$
\begin{equation*}
\left\|\varphi_{N, j}-\varphi_{e, j}\right\|_{L^{\infty}\left(0, T ; H^{k}\right)} \leq C h^{\ell-k}\left\|\varphi_{e, j}\right\|_{L^{\infty}\left(0, T ; H^{\ell}\right)}, \quad \forall 0 \leq k \leq \ell, \quad 1 \leq j \leq 3 . \tag{4.2}
\end{equation*}
$$

By $\varphi_{N, j}^{n}, \varphi_{e, j}^{n}$ we denote $\varphi_{N, j}\left(\cdot, t_{n}\right)$ and $\varphi_{e, j}\left(\cdot, t_{n}\right)$, respectively, with $t_{n}=n \Delta t$. Since $\varphi_{N, j} \in \mathcal{B}^{K}$, the mass conservative property is available at the discrete level:

$$
\begin{equation*}
\overline{\varphi_{N, j}^{n}}=\frac{1}{|\Omega|} \int_{\Omega} \varphi_{N, j}\left(\cdot, t_{n}\right) d \mathbf{x}=\frac{1}{|\Omega|} \int_{\Omega} \varphi_{N, j}\left(\cdot, t_{n-1}\right) d \mathbf{x}=\overline{\varphi_{N, j}^{n-1}}, \quad \forall n \in \mathbb{N} . \tag{4.3}
\end{equation*}
$$

On the other hand, the solution of (3.22)-(3.24) is also mass conservative at the discrete level:

$$
\begin{equation*}
\overline{\varphi_{j}^{n}}=\overline{\varphi_{j}^{n-1}}, \quad \forall n \in \mathbb{N}, \quad j=1,3 . \tag{4.4}
\end{equation*}
$$

As indicated before, we use the mass conservative projection for the initial data: $\varphi_{j}^{0}=$ $\mathcal{P}_{h} \varphi_{N, j}(\cdot, t=0)$ where $\mathcal{P}_{h}: \mathcal{B}^{K} \rightarrow \mathcal{G}$ represents taking value on grid point, that is

$$
\begin{equation*}
\left(\varphi_{1}^{0}\right)_{i, j, k}:=\varphi_{N, 1}\left(p_{i}, p_{j}, p_{k}, t=0\right), \quad\left(\varphi_{3}^{0}\right)_{i, j, k}:=\varphi_{N, 3}\left(p_{i}, p_{j}, p_{k}, t=0\right) . \tag{4.5}
\end{equation*}
$$

The error grid function is defined as

$$
\begin{equation*}
\hat{e}_{\varphi_{1}}^{n}:=\mathcal{P}_{h} \varphi_{N, 1}^{n}-\varphi_{1}^{n}, \quad \hat{e}_{\varphi_{3}}^{n}:=\mathcal{P}_{h} \varphi_{N, 3}^{n}-\varphi_{3}^{n}, \quad \forall n \in\{0,1,2,3, \cdots\} . \tag{4.6}
\end{equation*}
$$

Therefore, it follows that $\overline{\hat{e}_{\varphi_{j}}^{n}}=0$, for any $n \in\{0,1,2,3, \cdots\}, j=1,3$, so that the discrete norm $\|\cdot\|_{-1, N}$ is well defined for the error grid function.

The following theorem is the main result of this section.
Theorem 13 Given initial data $\varphi_{1}, \varphi_{3}(\cdot, t=0) \in C_{\text {per }}^{6}(\Omega)$, suppose the exact solution for ternary CH flow (1.7) is of regularity class $\mathcal{R}$. Then, provided $\Delta t$ and $h$ are sufficiently small, and under the linear refinement requirement $D_{1} h \leq \Delta t \leq D_{2} h$, we have

$$
\begin{equation*}
\left\|\hat{e}_{\varphi_{j}}^{n}\right\|_{-1, N}+\left(\varepsilon \Delta t \sum_{k=1}^{n}\left\|\nabla_{N} \hat{e}_{\varphi_{j}}^{k}\right\|_{2}^{2}\right)^{1 / 2} \leq C\left(\Delta t+h^{m}\right), \quad j=1,3, \tag{4.7}
\end{equation*}
$$

for all positive integers $n$, such that $t_{n}=n \Delta t \leq T$, where $C>0$ is independent of $n, \Delta t$, and $h$.

The truncation error analysis for the numerical discretization can be obtained by using straightforward Taylor expansions, as well as the estimate (4.2) for the projection solution:

$$
\begin{align*}
& \frac{\Sigma_{1}}{M_{0}} \frac{\varphi_{N, 1}^{n+1}-\varphi_{N, 1}^{n}}{\Delta t}=\Delta_{N} \mu_{N, 1}^{n+1}+\mathcal{R}_{N, 1}  \tag{4.8}\\
& \frac{\Sigma_{3}}{M_{0}} \frac{\varphi_{N, 3}^{n+1}-\varphi_{N, 3}^{n}}{\Delta t}=\Delta_{N} \mu_{N, 3}^{n+1}+\mathcal{R}_{N, 3}
\end{align*}
$$

where

$$
\begin{align*}
\mu_{N, 1}^{n+1}= & -\frac{3 \varepsilon}{4} \Sigma_{1} \Delta_{N} \varphi_{N, 1}^{n+1}-\frac{3 \varepsilon}{4} \Sigma_{2} \Delta_{N}\left(\varphi_{N, 1}^{n+1}+\varphi_{N, 3}^{n+1}\right)+\frac{24 \Sigma_{1}}{\varepsilon}\left(\varphi_{N, 1}^{n+1}-\frac{1}{2}\right)^{3} \\
& -\frac{6 \Sigma_{1}}{\varepsilon}\left(\varphi_{N, 1}^{n}-\frac{1}{2}\right)+\frac{6 \Sigma_{2}}{\varepsilon}\left(4\left(\varphi_{N, 1}^{n+1}+\varphi_{N, 3}^{n+1}-\frac{1}{2}\right)^{3}-\left(\varphi_{N, 1}^{n}+\varphi_{N, 3}^{n}-\frac{1}{2}\right)\right) \\
& +\frac{12 \Lambda}{\varepsilon}\left(\left(\varphi_{N, 1}^{n+1}-\varphi_{N, 2}^{n+1}\right)\left(\left(\varphi_{N, 1}^{n+1}\right)^{2}+\left(\varphi_{N, 2}^{n+1}\right)^{2}+\left(\varphi_{N, 3}^{n+1}\right)^{2}\right)^{2}\right. \\
& +\left(\left(\varphi_{N, 2}^{n}\right)^{5}-\left(\varphi_{N, 1}^{n}\right)^{5}\right)-2\left(\varphi_{N, 1}^{n}\right)^{3}\left(\left(\varphi_{N, 2}^{n}\right)^{2}+\left(\varphi_{N, 3}^{n}\right)^{2}\right)+\left(\varphi_{N, 1}^{n}\right)^{4} \varphi_{N, 2}^{n} \\
& -\varphi_{N, 1}^{n}\left(\left(\varphi_{N, 2}^{n}\right)^{4}+\left(\varphi_{N, 3}^{n}\right)^{4}\right)+2\left(\varphi_{N, 1}^{n}\right)^{2}\left(\varphi_{N, 2}^{n}\right)^{3} \\
& \left.+\varphi_{N, 2}^{n}\left(\varphi_{N, 3}^{n}\right)^{4}+2\left(\varphi_{N, 2}^{n}\right)^{3}\left(\varphi_{N, 3}^{n}\right)^{2}\right),  \tag{4.9}\\
\mu_{N, 3}^{n+1}= & -\frac{3 \varepsilon}{4} \Sigma_{3} \Delta_{N} \varphi_{N, 3}^{n+1}-\frac{3 \varepsilon}{4} \Sigma_{2} \Delta_{N}\left(\varphi_{N, 1}^{n+1}+\varphi_{N, 3}^{n+1}\right)+\frac{24 \Sigma_{3}}{\varepsilon}\left(\varphi_{N, 3}^{n+1}-\frac{1}{2}\right)^{3} \\
& -\frac{6 \Sigma_{3}}{\varepsilon}\left(\varphi_{N, 3}^{n}-\frac{1}{2}\right)+\frac{6 \Sigma_{2}}{\varepsilon}\left(4\left(\varphi_{N, 1}^{n+1}+\varphi_{N, 3}^{n+1}-\frac{1}{2}\right)^{3}-\left(\varphi_{N, 1}^{n}+\varphi_{N, 3}^{n}-\frac{1}{2}\right)\right)
\end{align*}
$$

$$
\begin{align*}
& +\frac{12 \Lambda}{\varepsilon}\left(\left(\varphi_{N, 3}^{n+1}-\varphi_{N, 2}^{n+1}\right)\left(\left(\varphi_{N, 1}^{n+1}\right)^{2}+\left(\varphi_{N, 2}^{n+1}\right)^{2}+\left(\varphi_{N, 3}^{n+1}\right)^{2}\right)^{2}\right. \\
& +\left(\left(\varphi_{N, 2}^{n}\right)^{5}-\left(\varphi_{N, 3}^{n}\right)^{5}\right)-2\left(\varphi_{N, 3}^{n}\right)^{3}\left(\left(\varphi_{N, 2}^{n}\right)^{2}+\left(\varphi_{N, 1}^{n}\right)^{2}\right)+\left(\varphi_{N, 3}^{n}\right)^{4} \varphi_{N, 2}^{n} \\
& -\varphi_{N, 3}^{n}\left(\left(\varphi_{N, 2}^{n}\right)^{4}+\left(\varphi_{N, 1}^{n}\right)^{4}\right)+2\left(\varphi_{N, 3}^{n}\right)^{2}\left(\varphi_{N, 2}^{n}\right)^{3} \\
& \left.+\varphi_{N, 2}^{n}\left(\varphi_{N, 1}^{n}\right)^{4}+2\left(\varphi_{N, 2}^{n}\right)^{3}\left(\varphi_{N, 1}^{n}\right)^{2}\right) . \tag{4.10}
\end{align*}
$$

With repeated application of the consistency estimates in Lemmas 3-5, we obtain

$$
\begin{equation*}
\left\|\mathcal{R}_{N, 1}\right\|_{-1, N},\left\|\mathcal{R}_{N, 3}\right\|_{-1, N} \leq C\left(\Delta t+h^{m}\right) . \tag{4.11}
\end{equation*}
$$

Notice that we have introduced $\varphi_{N, 2}:=1-\varphi_{N, 1}-\varphi_{N, 3}$. In addition, we denote $\hat{e}_{\varphi_{2}}^{n}:=$ $\mathcal{P}_{h} \varphi_{N, 2}^{n}-\varphi_{2}^{n}$, and it is clear that $\hat{e}_{\varphi_{2}}^{n}=-\hat{e}_{\varphi_{1}}^{n}-\hat{e}_{\varphi_{3}}^{n}$.

Before the detailed convergence analysis, the following two preliminary results are needed, which provide an $\ell^{8}$ bound of the numerical solution.

Proposition 14 For numerical scheme (3.22)-(3.24) applied to the 2-D ternary CH flow (1.7), the following $\ell^{8}$ bound is always available:

$$
\begin{equation*}
\left\|\varphi_{1}^{k}\right\|_{8} \leq \tilde{C}_{1}, \quad\left\|\varphi_{3}^{k}\right\|_{8} \leq \tilde{C}_{1}, \quad \forall k \geq 0 \tag{4.12}
\end{equation*}
$$

with $\tilde{C}_{1}$ independent of $\Delta t, h$ and the final time.
Proof A combination of the discrete Sobolev inequality (3.19) (stated in Lemma 6) and the uniform in time $H_{N}^{1}$ estimate (3.25) (as derived in Theorem 8) yields the desired $\ell^{8}$ bound (4.12), with $\tilde{C}_{1}:=C_{5} C_{0}^{*}$.

Proposition 15 Consider the numerical solution (3.22)-(3.24) for the 3-D ternary CH flow (1.7). Under the following a-priori assumption for the numerical error function at the previous time step:

$$
\begin{equation*}
\left\|\nabla_{N} \hat{e}_{\varphi_{1}}^{n}\right\|_{2},\left\|\nabla_{N} \hat{e}_{\varphi_{3}}^{n}\right\|_{2} \leq \Delta t^{1 / 4}+h^{1 / 4} \tag{4.13}
\end{equation*}
$$

as well as the linear refinement requirement $D_{1} h \leq \Delta t \leq D_{2} h$, an $\ell^{8}$ bound becomes available:

$$
\begin{equation*}
\left\|\varphi_{1}^{n}\right\|_{8} \leq \tilde{C}_{2}, \quad\left\|\varphi_{3}^{n}\right\|_{8} \leq \tilde{C}_{2}, \quad \forall k \geq 0 \tag{4.14}
\end{equation*}
$$

with $\tilde{C}_{2}$ independent of $\Delta t, h$ and the final time.
Proof Since $\overline{\hat{e}_{\varphi_{1}}^{n}}=0$, we apply the discrete Sobolev inequality (3.18) in Lemma 6 and obtain

$$
\begin{equation*}
\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{6} \leq C_{4}\left\|\nabla_{N} \hat{e}_{\varphi_{1}}^{n}\right\|_{2} \leq C_{4}\left(\Delta t^{1 / 4}+h^{1 / 4}\right) . \tag{4.15}
\end{equation*}
$$

Subsequently, an application of inverse inequality (3.16) implies that

$$
\begin{equation*}
\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{8} \leq \frac{C\left\|\hat{e}_{e_{1}}^{n}\right\|_{6}}{h^{1 / 8}} \leq \frac{C C_{4}\left(\Delta t^{1 / 4}+h^{1 / 4}\right)}{h^{1 / 8}} \leq C C_{4}\left(D_{2}^{1 / 4}+1\right) h^{1 / 8} \leq 1, \tag{4.16}
\end{equation*}
$$

provided that $h \leq\left(C C_{4}\left(D_{2}^{1 / 4}+1\right)\right)^{-8}$. Also notice that we have made use of the requirement $\Delta t \leq D_{2} h$ in the derivation. As a consequence, the following $\ell^{8}$ estimate for the numerical solution $\varphi_{1}^{n}$ is available, with the help of triangle inequality:

$$
\begin{equation*}
\left\|\varphi_{1}^{n}\right\|_{8} \leq\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{8}+\left\|\varphi_{N, 1}^{n}\right\|_{8} \leq 1+C^{*}:=\tilde{C}_{2} \tag{4.17}
\end{equation*}
$$

The corresponding estimate for $\left\|\varphi_{3}^{n}\right\|_{8}$ could be derived in the same fashion. This completes the proof of Proposition 15.

Now we proceed into the proof of Theorem 13.
Proof Subtracting the numerical solution (3.22)-(3.24) from the truncation error estimate (4.8)-(4.10) leads to

$$
\begin{align*}
& \frac{\Sigma_{1}}{M_{0}} \frac{\hat{e}_{\varphi_{1}}^{n+1}-\hat{e}_{\varphi_{1}}^{n}}{\Delta t}=\Delta_{N} \widetilde{\mu}_{1}^{n+1}+\mathcal{R}_{N, 1},  \tag{4.18}\\
& \frac{\Sigma_{3}}{M_{0}} \frac{\hat{e}_{3}^{n+1}-\hat{e}_{\varphi_{3}}^{n}}{\Delta t}=\Delta_{N} \widetilde{\mu}_{3}^{n+1}+\mathcal{R}_{N, 3},
\end{align*}
$$

where

$$
\begin{align*}
\tilde{\mu}_{1}^{n+1}= & -\frac{3 \varepsilon}{4} \Sigma_{1} \Delta_{N} \hat{e}_{\varphi_{1}}^{n+1}-\frac{3 \varepsilon}{4} \Sigma_{2} \Delta_{N}\left(\hat{e}_{\varphi_{1}}^{n+1}+\hat{e}_{\varphi_{3}}^{n+1}\right)-\frac{6 \Sigma_{1}}{\varepsilon} \hat{e}_{\varphi_{1}}^{n}-\frac{6 \Sigma_{2}}{\varepsilon}\left(\hat{e}_{\varphi_{1}}^{n}+\hat{e}_{\varphi_{3}}^{n}\right) \\
& +\frac{24 \Sigma_{1}}{\varepsilon} \mathcal{R}_{1,1}+\frac{24 \Sigma_{2}}{\varepsilon} \mathcal{R}_{1,2}+\frac{12 \Lambda}{\varepsilon} \sum_{j=3}^{8} \mathcal{R}_{1, j},  \tag{4.19}\\
\tilde{\mu}_{3}^{n+1}= & -\frac{3 \varepsilon}{4} \Sigma_{1} \Delta_{N} \hat{e}_{\varphi_{3}}^{n+1}-\frac{3 \varepsilon}{4} \Sigma_{2} \Delta_{N}\left(\hat{e}_{\varphi_{1}}^{n+1}+\hat{e}_{\varphi_{3}}^{n+1}\right)-\frac{6 \Sigma_{1}}{\varepsilon} \hat{e}_{\varphi_{3}}^{n}-\frac{6 \Sigma_{2}}{\varepsilon}\left(\hat{e}_{\varphi_{1}}^{n}+\hat{e}_{\varphi_{3}}^{n}\right) \\
& +\frac{24 \Sigma_{1}}{\varepsilon} \mathcal{R}_{3,1}+\frac{24 \Sigma_{2}}{\varepsilon} \mathcal{R}_{3,2}+\frac{12 \Lambda}{\varepsilon} \sum_{j=3}^{8} \mathcal{R}_{3, j},  \tag{4.20}\\
\mathcal{R}_{1,1}:= & \left(\varphi_{N, 1}^{n+1}-\frac{1}{2}\right)^{3}-\left(\varphi_{1}^{n+1}-\frac{1}{2}\right)^{3},  \tag{4.21}\\
\mathcal{R}_{1,2}:= & \left(\varphi_{N, 1}^{n+1}+\varphi_{N, 3}^{n+1}-\frac{1}{2}\right)^{3}-\left(\varphi_{1}^{n+1}+\varphi_{3}^{n+1}-\frac{1}{2}\right)^{3},  \tag{4.22}\\
\mathcal{R}_{1,3}:= & \left(\varphi_{N, 1}^{n+1}-\varphi_{N, 2}^{n+1}\right)\left(\left(\varphi_{N, 1}^{n+1}\right)^{2}+\left(\varphi_{N, 2}^{n+1}\right)^{2}+\left(\varphi_{N, 3}^{n+1}\right)^{2}\right)^{2} \\
& -\left(\varphi_{1}^{n+1}-\varphi_{2}^{n+1}\right)\left(\left(\varphi_{1}^{n+1}\right)^{2}+\left(\varphi_{2}^{n+1}\right)^{2}+\left(\varphi_{3}^{n+1}\right)^{2}\right)^{2}  \tag{4.23}\\
\mathcal{R}_{1,4}:= & \left(\varphi_{N, 2}^{n}\right)^{5}-\left(\varphi_{N, 1}^{n}\right)^{5}-\left(\varphi_{2}^{n}\right)^{5}+\left(\varphi_{1}^{n}\right)^{5},  \tag{4.24}\\
\mathcal{R}_{1,5}:= & -2\left(\varphi_{N, 1}^{n}\right)^{3}\left(\left(\varphi_{N, 2}^{n}\right)^{2}+\left(\varphi_{N, 3}^{n}\right)^{2}\right)+2\left(\varphi_{1}^{n}\right)^{3}\left(\left(\varphi_{2}^{n}\right)^{2}+\left(\varphi_{3}^{n}\right)^{2}\right)  \tag{4.25}\\
\mathcal{R}_{1,6}:= & \left(\varphi_{N, 1}^{n}\right)^{4} \varphi_{N, 2}^{n}+\varphi_{N, 2}^{n}\left(\varphi_{N, 3}^{n}-\left(\varphi_{1}^{n}\right)^{4} \varphi_{2}^{n}-\varphi_{2}^{n}\left(\varphi_{3}^{n}\right)^{4}\right.  \tag{4.26}\\
\mathcal{R}_{1,7}:= & -\varphi_{N, 1}^{n}\left(\left(\varphi_{N, 2}^{n}\right)^{4}+\left(\varphi_{N, 3}^{n}\right)+\varphi_{1}^{n}\left(\left(\varphi_{2}^{n}\right)^{4}+\left(\varphi_{3}^{n}\right)^{4}\right)\right.  \tag{4.27}\\
\mathcal{R}_{1,8}:= & 2\left(\varphi_{N, 1}^{n}\right)^{2}\left(\varphi_{N, 2}^{n}\right)^{3}+2\left(\varphi_{N, 2}^{n}\right)^{3}\left(\varphi_{N, 3}^{n}\right)^{2}-2\left(\varphi_{1}^{n}\right)^{2}\left(\varphi_{2}^{n}\right)^{3}-2\left(\varphi_{2}^{n}\right)^{3}\left(\varphi_{3}^{n}\right)^{2},  \tag{4.28}\\
\mathcal{R}_{3,1}:= & \left(\varphi_{N, 3}^{n+1}-\frac{1}{2}\right)^{3}-\left(\varphi_{3}^{n+1}-\frac{1}{2}\right)^{3},  \tag{4.29}\\
\mathcal{R}_{3,2}:= & \left(\varphi_{N, 1}^{n+1}+\varphi_{N, 3}^{n+1}-\frac{1}{2}\right)^{3}-\left(\varphi_{1}^{n+1}+\varphi_{3}^{n+1}-\frac{1}{2}\right)^{3}=\mathcal{R}_{1,2},  \tag{4.30}\\
\mathcal{R}_{3,3}:= & \left(\varphi_{N, 3}^{n+1}-\varphi_{N, 2}^{n+1}\right)\left(\left(\varphi_{N, 1}^{n+1}\right)^{2}+\left(\varphi_{N, 2}^{n+1}\right)^{2}+\left(\varphi_{N, 3}^{n+1}\right)^{2}\right)^{2} \\
& -\left(\varphi_{3}^{n+1}-\varphi_{2}^{n+1}\right)\left(\left(\varphi_{1}^{n+1}\right)^{2}+\left(\varphi_{2}^{n+1}\right)^{2}+\left(\varphi_{3}^{n+1}\right)^{2}\right)^{2}  \tag{4.31}\\
\mathcal{R}_{3,4}:= & \left(\varphi_{N, 2}^{n}\right)^{5}-\left(\varphi_{N, 3}^{n}\right)^{5}-\left(\varphi_{2}^{n}\right)^{5}+\left(\varphi_{3}^{n}\right)^{5},  \tag{4.32}\\
\mathcal{R}_{3,5}:= & -2\left(\varphi_{N, 3}^{n}\right)^{3}\left(\left(\varphi_{N, 2}^{n}\right)^{2}+\left(\varphi_{N, 1}^{n}\right)^{2}\right)+2\left(\varphi_{3}^{n}\right)^{3}\left(\left(\varphi_{2}^{n}\right)^{2}+\left(\varphi_{1}^{n}\right)^{2}\right) \tag{4.33}
\end{align*}
$$

$$
\begin{align*}
& \mathcal{R}_{3,6}:=\left(\varphi_{N, 3}^{n}\right)^{4} \varphi_{N, 2}^{n}+\varphi_{N, 2}^{n}\left(\varphi_{N, 1}^{n}\right)^{4}-\left(\varphi_{3}^{n}\right)^{4} \varphi_{2}^{n}-\varphi_{2}^{n}\left(\varphi_{1}^{n}\right)^{4},  \tag{4.34}\\
& \left.\mathcal{R}_{3,7}:=-\varphi_{N, 3}^{n}\left(\varphi_{N, 2}^{n}\right)^{4}+\left(\varphi_{N, 1}^{n}\right)^{4}\right)+\varphi_{3}^{n}\left(\left(\varphi_{2}^{n}\right)^{4}+\left(\varphi_{1}^{n}\right)^{4}\right),  \tag{4.35}\\
& \mathcal{R}_{3,8}:=2\left(\varphi_{N, 3}^{n}\right)^{2}\left(\varphi_{N, 2}^{n}\right)^{3}+2\left(\varphi_{N, 2}^{n}\right)^{3}\left(\varphi_{N, 1}^{n}\right)^{2}-2\left(\varphi_{3}^{n}\right)^{2}\left(\varphi_{2}^{n}\right)^{3}-2\left(\varphi_{2}^{n}\right)^{3}\left(\varphi_{1}^{n}\right)^{2} \tag{4.36}
\end{align*}
$$

Taking a discrete $\ell^{2}$ inner product with the error equation (4.18) by $2\left(-\Delta_{N}\right)^{-1} \hat{e}_{\varphi_{1}}^{n+1}$, $2\left(-\Delta_{N}\right)^{-1} \hat{e}_{\varphi_{3}}^{n+1}$, respectively, we get

$$
\begin{align*}
& \frac{2 \Sigma_{1}}{M_{0} \Delta t}\left(\hat{e}_{\varphi_{1}}^{n+1}-\hat{e}_{\varphi_{1}}^{n}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{-1, N}+\frac{2 \Sigma_{3}}{M_{0} \Delta t}\left(\hat{e}_{\varphi_{3}}^{n+1}-\hat{e}_{\varphi_{3}}^{n}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{-1, N} \\
& \quad-\frac{3 \varepsilon}{2} \Sigma_{1}\left(\Delta_{N} \hat{e}_{\varphi_{1}}^{n+1}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2}-\frac{3 \varepsilon}{2} \Sigma_{3}\left(\Delta_{N} \hat{e}_{\varphi_{3}}^{n+1}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{2} \\
& \quad-\frac{3 \varepsilon}{2} \Sigma_{2}\left(\Delta_{N}\left(\hat{e}_{\varphi_{1}}^{n+1}+\hat{e}_{\varphi_{3}}^{n+1}\right), \hat{e}_{\varphi_{1}}^{n+1}+\hat{e}_{\varphi_{3}}^{n+1}\right)_{2}+\frac{24 \Lambda}{\varepsilon}\left(\left(\mathcal{R}_{1,3}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2}+\left(\mathcal{R}_{3,3}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{2}\right) \\
& \quad+\frac{48 \Sigma_{1}}{\varepsilon}\left(\mathcal{R}_{1,1}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2}+\frac{48 \Sigma_{3}}{\varepsilon}\left(\mathcal{R}_{3,1}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{2}+\frac{48 \Sigma_{2}}{\varepsilon}\left(\mathcal{R}_{1,2}, \hat{e}_{\varphi_{1}}^{n+1}+\hat{e}_{\varphi_{3}}^{n+1}\right)_{2} \\
& = \\
& \frac{12 \Sigma_{1}}{\varepsilon}\left(\hat{e}_{\varphi_{1}}^{n}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2}+\frac{12 \Sigma_{3}}{\varepsilon}\left(\hat{e}_{\varphi_{3}}^{n}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{2}+\frac{12 \Sigma_{2}}{\varepsilon}\left(\hat{e}_{\varphi_{1}}^{n}+\hat{e}_{\varphi_{3}}^{n}, \hat{e}_{\varphi_{1}}^{n+1}+\hat{e}_{\varphi_{3}}^{n+1}\right)_{2} \\
& \quad-\frac{24 \Lambda}{\varepsilon} \sum_{j=4}^{8}\left(\left(\mathcal{R}_{1, j}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2}+\left(\mathcal{R}_{3, j}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{2}\right)  \tag{4.37}\\
& \quad+2\left(\mathcal{R}_{N, 1}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{-1, N}+2\left(\mathcal{R}_{N, 3}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{-1, N},
\end{align*}
$$

in which we have repeatedly applied the summation by parts formula

$$
\begin{aligned}
& \left(-\Delta_{N} \tilde{\mu}_{1}^{n+1},\left(-\Delta_{N}\right)^{-1} \hat{e}_{\varphi_{1}}^{n+1}\right)_{2}=\left(\tilde{\mu}_{1}^{n+1}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2}, \\
& \left(-\Delta_{N} \widetilde{\mu}_{3}^{n+1},\left(-\Delta_{N}\right)^{-1} \hat{e}_{\varphi_{3}}^{n+1}\right)_{2}=\left(\tilde{\mu}_{3}^{n+1}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{2} .
\end{aligned}
$$

The derivation of the following identities are based on summation by parts formulas:

$$
\begin{align*}
2\left(\hat{e}_{\varphi_{1}}^{n+1}-\hat{e}_{\varphi_{1}}^{n}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{-1, N}= & \left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{-1, N}^{2}-\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{-1, N}^{2}+\| \hat{e}_{\varphi_{1}}^{n+1} \\
& -\hat{e}_{\varphi_{1}}^{n} \|_{-1, N}^{2},  \tag{4.38}\\
2\left(\hat{e}_{\varphi_{3}}^{n+1}-\hat{e}_{\varphi_{3}}^{n}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{-1, N}= & \left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{-1, N}^{2}-\left\|\hat{e}_{\varphi_{3}}^{n}\right\|_{-1, N}^{2}+\| \hat{e}_{\varphi_{3}}^{n+1} \\
& -\hat{e}_{\varphi_{3}}^{n} \|_{-1, N}^{2},  \tag{4.39}\\
-\left(\Delta_{N} \hat{e}_{\varphi_{1}}^{n+1}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2}= & \left\|\nabla_{N} \hat{e}_{\varphi_{1}}^{n+1}\right\|_{2}^{2}, \quad-\left(\Delta_{N} \hat{e}_{\varphi_{3}}^{n+1}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{2} \\
= & \left\|\nabla_{N} \hat{e}_{\varphi_{3}}^{n+1}\right\|_{2}^{2},  \tag{4.40}\\
-\left(\Delta_{N}\left(\hat{e}_{\varphi_{1}}^{n+1}+\hat{e}_{\varphi_{3}}^{n+1}\right), \hat{e}_{\varphi_{1}}^{n+1}+\hat{e}_{\varphi_{3}}^{n+1}\right)_{2}= & \| \nabla_{N}\left(\hat{e}_{\varphi_{1}}^{n+1}\right. \\
& \left.+\hat{e}_{\varphi_{3}}^{n+1}\right) \|_{2}^{2} . \tag{4.41}
\end{align*}
$$

For the term $\left(\mathcal{R}_{1,1}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2}$, it is observed that $\left(\varphi_{N, 1}^{n+1}-\frac{1}{2}\right)^{3}$ is the gradient of a convex function $\frac{1}{4}\left(\varphi_{N, 1}^{n+1}-\frac{1}{2}\right)^{4}$. This in turn indicates that

$$
\begin{equation*}
\left(\mathcal{R}_{1,1}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2}=\left(\left(\varphi_{N, 1}^{n+1}-\frac{1}{2}\right)^{3}-\left(\varphi_{1}^{n+1}-\frac{1}{2}\right)^{3}, \varphi_{N, 1}^{n+1}-\varphi_{1}^{n+1}\right)_{2} \geq 0 . \tag{4.42}
\end{equation*}
$$

Similarly, we also have

$$
\begin{equation*}
\left(\mathcal{R}_{3,1}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{2} \geq 0, \quad\left(\mathcal{R}_{1,2}, \hat{e}_{\varphi_{1}}^{n+1}+\hat{e}_{\varphi_{3}}^{n+1}\right)_{2} \geq 0 . \tag{4.43}
\end{equation*}
$$

Moreover, we observe that $\left(\varphi_{1}^{n+1}-\varphi_{2}^{n+1}\right)\left(\left(\varphi_{1}^{n+1}\right)^{2}+\left(\varphi_{2}^{n+1}\right)^{2}+\left(\varphi_{3}^{n+1}\right)^{2}\right)^{2}$ and $\left(\varphi_{3}^{n+1}-\right.$ $\left.\varphi_{2}^{n+1}\right) \cdot\left(\left(\varphi_{1}^{n+1}\right)^{2}+\left(\varphi_{2}^{n+1}\right)^{2}+\left(\varphi_{3}^{n+1}\right)^{2}\right)^{2}$ are the gradient of the following convex function, in terms of $\varphi_{1}^{n+1}, \varphi_{3}^{n+1}$, respectively:

$$
\frac{1}{6}\left(\left(\varphi_{1}^{n+1}\right)^{2}+\left(\varphi_{2}^{n+1}\right)^{2}+\left(\varphi_{3}^{n+1}\right)^{2}\right)^{3}
$$

with $\varphi_{2}^{n+1}=1-\varphi_{1}^{n+1}-\varphi_{3}^{n+1}$. Therefore, the sum of the following two discrete inner products turns out to be non-negative:

$$
\begin{equation*}
\left(\mathcal{R}_{1,3}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2}+\left(\mathcal{R}_{3,3}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{2} \geq 0 . \tag{4.44}
\end{equation*}
$$

On the right hand side of (4.37), the two terms associated with the truncation error could be controlled by the Cauchy inequality:

$$
\begin{align*}
& 2\left(\mathcal{R}_{N, 1}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{-1, N} \leq\left\|\mathcal{R}_{N, 1}\right\|_{-1, N}^{2}+\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{-1, N}^{2},  \tag{4.45}\\
& 2\left(\mathcal{R}_{N, 3}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{-1, N} \leq\left\|\mathcal{R}_{N, 3}\right\|_{-1, N}^{2}+\left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{-1, N}^{2} . \tag{4.46}
\end{align*}
$$

In addition, the Cauchy inequality could be applied to bound the linear error growth terms on the right hand side:

$$
\begin{align*}
2\left(\hat{e}_{\varphi_{1}}^{n}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2} & \leq\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{2}^{2}+\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{2}^{2}, \quad 2\left(\hat{e}_{\varphi_{3}}^{n}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{2} \\
& \leq\left\|\hat{e}_{\varphi_{3}}^{n}\right\|_{2}^{2}+\left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{2}^{2},  \tag{4.47}\\
2\left(\hat{e}_{\varphi_{1}}^{n}+\hat{e}_{\varphi_{3}}^{n}, \hat{e}_{\varphi_{1}}^{n+1}+\hat{e}_{\varphi_{3}}^{n+1}\right)_{2} & \leq\left\|\hat{e}_{\varphi_{1}}^{n}+\hat{e}_{\varphi_{3}}^{n}\right\|_{2}^{2}+\left\|\hat{e}_{\varphi_{1}}^{n+1}+\hat{e}_{\varphi_{3}}^{n+1}\right\|_{2}^{2} . \tag{4.48}
\end{align*}
$$

For the nonlinear error growth on the right hand side, we focus on $\mathcal{R}_{1,4}$; the other terms could be analyzed in a similar fashion. We begin with the following decomposition:

$$
\begin{equation*}
\left(\varphi_{N, 2}^{n}\right)^{5}-\left(\varphi_{2}^{n}\right)^{5}=\left(\left(\varphi_{N, 2}^{n}\right)^{4}+\left(\varphi_{N, 2}^{n}\right)^{3} \varphi_{2}^{n}+\left(\varphi_{N, 2}^{n}\right)^{2}\left(\varphi_{2}^{n}\right)^{2}+\varphi_{N, 2}^{n}\left(\varphi_{2}^{n}\right)^{3}+\left(\varphi_{2}^{n}\right)^{4}\right) \hat{e}_{\varphi_{2}}^{n} . \tag{4.49}
\end{equation*}
$$

If we make the a-priori assumption (4.13) for the numerical error function at time step $t^{n}$, an application of (4.14) of Proposition 15 reveals that

$$
\begin{equation*}
\left\|\varphi_{N, 2}^{n}\right\|_{8} \leq 2 C^{*}+1, \quad\left\|\varphi_{2}^{n}\right\|_{8} \leq 2 \tilde{C}_{2}+1, \quad \text { since } \varphi_{2}^{n}=1-\varphi_{1}^{n}-\varphi_{3}^{n} . \tag{4.50}
\end{equation*}
$$

In turn, an application of discrete Hölder inequality leads to

$$
\begin{align*}
& \left(\left(\varphi_{N, 2}^{n}\right)^{5}-\left(\varphi_{2}^{n}\right)^{5}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2} \\
& \quad \leq\left\|\left(\varphi_{N, 2}^{n}\right)^{4}+\left(\varphi_{N, 2}^{n}\right)^{3} \varphi_{2}^{n}+\left(\varphi_{N, 2}^{n}\right)^{2}\left(\varphi_{2}^{n}\right)^{2}+\varphi_{N, 2}^{n}\left(\varphi_{2}^{n}\right)^{3}+\left(\varphi_{2}^{n}\right)^{4}\right\|_{2} \cdot\left\|\hat{e}_{\varphi_{2}}^{n}\right\|_{4} \cdot\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{4} \\
& \leq C\left(\left\|\varphi_{N, 2}^{n}\right\|_{8}^{4}+\left\|\varphi_{2}^{n}\right\|_{8}^{4}\right) \cdot\left\|\hat{e}_{\varphi_{2}}^{n}\right\|_{4} \cdot\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{4} \\
& \leq C\left(\left(C^{*}\right)^{4}+\tilde{C}_{2}^{4}+1\right) \cdot\left\|\hat{e}_{\varphi_{2}}^{n}\right\|_{4} \cdot\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{4} \leq \tilde{C}_{3}\left(\left\|\hat{e}_{\varphi_{2}}^{n}\right\|_{4}^{2}+\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{4}^{2}\right), \tag{4.51}
\end{align*}
$$

with $\tilde{C}_{3}:=C\left(\left(C^{*}\right)^{4}+\tilde{C}_{2}^{4}+1\right)$. A similar estimate could be derived for the other error term contained in $\mathcal{R}_{1,4}$ :

$$
\begin{equation*}
\left(-\left(\varphi_{N, 1}^{n}\right)^{5}+\left(\varphi_{1}^{n}\right)^{5}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2} \leq \tilde{C}_{3}\left(\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{4}^{2}+\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{4}^{2}\right) . \tag{4.52}
\end{equation*}
$$

Then we arrive at

$$
\begin{equation*}
\left(\mathcal{R}_{1,4}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2} \leq \tilde{C}_{3}\left(\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{4}^{2}+\left\|\hat{e}_{\varphi_{2}}^{n}\right\|_{4}^{2}+2\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{4}^{2}\right) . \tag{4.53}
\end{equation*}
$$

The other nonlinear error growth terms on the right hand side of (4.37) could be analyzed in a similar manner; the details are skipped for the sake of brevity.

$$
\begin{align*}
& \left(\mathcal{R}_{3,4}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{2} \leq \tilde{C}_{3}\left(\left\|\hat{e}_{\varphi_{3}}^{n}\right\|_{4}^{2}+\left\|\hat{e}_{\varphi_{2}}^{n}\right\|_{4}^{2}+2\left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{4}^{2}\right),  \tag{4.54}\\
& \left(\mathcal{R}_{1, j}, \hat{e}_{\varphi_{1}}^{n+1}\right)_{2} \leq C \tilde{C}_{3}\left(\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{4}^{2}+\left\|\hat{e}_{\varphi_{2}}^{n}\right\|_{4}^{2}+\left\|\hat{e}_{\varphi_{3}}^{n}\right\|_{4}^{2}+\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{4}^{2}\right), \quad 5 \leq j \leq 8  \tag{4.55}\\
& \left(\mathcal{R}_{3, j}, \hat{e}_{\varphi_{3}}^{n+1}\right)_{2} \leq C \tilde{C}_{3}\left(\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{4}^{2}+\left\|\hat{e}_{\varphi_{2}}^{n}\right\|_{4}^{2}+\left\|\hat{e}_{\varphi_{3}}^{n}\right\|_{4}^{2}+\left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{4}^{2}\right), \quad 5 \leq j \leq 8 \tag{4.56}
\end{align*}
$$

Therefore, a substitution of (4.38)-(4.43), (4.44), (4.45)-(4.48), (4.53) and (4.54)-(4.56) into (4.37) results in

$$
\begin{align*}
& \frac{1}{\Delta t}\left(\Sigma_{1}\left(\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{-1, N}^{2}-\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{-1, N}^{2}\right)+\Sigma_{3}\left(\left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{-1, N}^{2}-\left\|\hat{e}_{\varphi_{3}}^{n}\right\|_{-1, N}^{2}\right)\right) \\
& \quad+\frac{3 \varepsilon}{2} \Sigma_{1}\left\|\nabla_{N} \hat{e}_{\varphi_{1}}^{n+1}\right\|_{2}^{2}+\frac{3 \varepsilon}{2} \Sigma_{3}\left\|\nabla_{N} \hat{e}_{\varphi_{3}}^{n+1}\right\|_{2}^{2} \\
& \leq \\
& \quad\left(6 \Sigma_{1}+12 \Sigma_{2}\right) \varepsilon^{-1}\left(\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{2}^{2}+\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{2}^{2}\right)+\left(6 \Sigma_{3}+12 \Sigma_{2}\right) \varepsilon^{-1}\left(\left\|\hat{e}_{\varphi_{3}}^{n}\right\|_{2}^{2}+\left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{2}^{2}\right) \\
& \quad+C_{8} \tilde{C}_{3} \Lambda \varepsilon^{-1}\left(\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{4}^{2}+\left\|\hat{e}_{\varphi_{3}}^{n}\right\|_{4}^{2}+\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{4}^{2}+\left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{4}^{2}\right)  \tag{4.57}\\
& \quad+\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{-1, N}^{2}+\left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{-1, N}^{2}+\left\|\mathcal{R}_{N, 1}\right\|_{-1, N}^{2}+\left\|\mathcal{R}_{N, 3}\right\|_{-1, N}^{2} .
\end{align*}
$$

To facilitate the calculation below, we denote $\tilde{C}_{4}=6 \Sigma_{1}+12 \Sigma_{2}, \tilde{C}_{5}=6 \Sigma_{3}+12 \Sigma_{2}$, $\tilde{C}_{6}=C_{8} \tilde{C}_{3} \Lambda$. Furthermore, with an application of (3.20), (3.21) in Lemma 7 (as cited in [30]), we have the following estimates:

$$
\begin{align*}
\tilde{C}_{4} \varepsilon^{-1}\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{2}^{2} & \leq \tilde{C}_{4} C_{6} \varepsilon^{-1}\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{-1, N} \cdot\left\|\nabla_{N} \hat{e}_{\varphi_{1}}^{n}\right\|_{2} \\
& \leq C\left(\tilde{C}_{4}, \varepsilon\right)\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{-1, N}^{2}+\frac{\Sigma_{0} \varepsilon}{8}\left\|\nabla_{N} \hat{e}_{\varphi_{1}}^{n}\right\|_{2}^{2},  \tag{4.58}\\
\tilde{C}_{4} \varepsilon^{-1}\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{2}^{2} & \leq C\left(\tilde{C}_{4}, \varepsilon\right)\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{-1, N}^{2}+\frac{\Sigma_{0} \varepsilon}{8}\left\|\nabla_{N} \hat{e}_{\varphi_{1}}^{n+1}\right\|_{2}^{2},  \tag{4.59}\\
\tilde{C}_{5} \varepsilon^{-1}\left\|\hat{e}_{\varphi_{3}}^{n}\right\|_{2}^{2} & \leq C\left(\tilde{C}_{5}, \varepsilon\right)\left\|\hat{e}_{\varphi_{3}}^{n}\right\|_{-1, N}^{2}+\frac{\Sigma_{0} \varepsilon}{8}\left\|\nabla_{N} \hat{e}_{\varphi_{3}}^{n}\right\|_{2}^{2},  \tag{4.60}\\
\tilde{C}_{5} \varepsilon^{-1}\left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{2}^{2} & \leq C\left(\tilde{C}_{5}, \varepsilon\right)\left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{-1, N}^{2}+\frac{\Sigma_{0} \varepsilon}{8}\left\|\nabla_{N} \hat{e}_{\varphi_{3}}^{n+1}\right\|_{2}^{2},  \tag{4.61}\\
\tilde{C}_{6} \varepsilon^{-1}\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{4}^{2} & \leq \tilde{C}_{6} C_{7} \varepsilon^{-1}\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{-1, N}^{1 / 4} \cdot\left\|\nabla_{N} \hat{e}_{\varphi_{1}}^{n}\right\|_{2}^{7 / 4} \\
& \leq C\left(\tilde{C}_{6}, \varepsilon\right)\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{-1, N}^{2}+\frac{\Sigma_{0} \varepsilon}{8}\left\|\nabla_{N} \hat{e}_{\varphi_{1}}^{n}\right\|_{2}^{2},  \tag{4.62}\\
\tilde{C}_{6} \varepsilon^{-1}\left\|\hat{e}_{\varphi_{3}}^{n}\right\|_{4}^{2} & \leq C\left(\tilde{C}_{6}, \varepsilon\right)\left\|\hat{e}_{\varphi_{3}}^{n}\right\|_{-1, N}^{2}+\frac{\Sigma_{0} \varepsilon}{8}\left\|\nabla_{N} \hat{e}_{\varphi_{3}}^{n}\right\|_{2}^{2},  \tag{4.63}\\
\tilde{C}_{6} \varepsilon^{-1}\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{4}^{2} & \leq C\left(\tilde{C}_{6}, \varepsilon\right)\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{-1, N}^{2}+\frac{\Sigma_{0} \varepsilon}{8}\left\|\nabla_{N} \hat{e}_{\varphi_{1}}^{n+1}\right\|_{2}^{2},  \tag{4.64}\\
\tilde{C}_{6} \varepsilon^{-1}\left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{4}^{2} & \leq C\left(\tilde{C}_{6}, \varepsilon\right)\left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{-1, N}^{2}+\frac{\Sigma_{0} \varepsilon}{8}\left\|\nabla_{N} \hat{e}_{\varphi_{3}}^{n+1}\right\|_{2}^{2} . \tag{4.65}
\end{align*}
$$

Notice that the Young's inequality has been repeatedly applied in the derivation. Then we arrive at

$$
\begin{aligned}
& \frac{1}{\Delta t}\left(\Sigma_{1}\left(\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{-1, N}^{2}-\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{-1, N}^{2}\right)+\Sigma_{3}\left(\left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{-1, N}^{2}-\left\|\hat{e}_{\varphi_{3}}^{n}\right\|_{-1, N}^{2}\right)\right) \\
& \quad+\frac{5 \varepsilon}{4} \Sigma_{1}\left\|\nabla_{N} \hat{e}_{\varphi_{1}}^{n+1}\right\|_{2}^{2}+\frac{5 \varepsilon}{4} \Sigma_{3}\left\|\nabla_{N} \hat{e}_{\varphi_{3}}^{n+1}\right\|_{2}^{2}-\frac{\varepsilon}{4} \Sigma_{0}\left\|\nabla_{N} \hat{e}_{\varphi_{1}}^{n}\right\|_{2}^{2}-\frac{\varepsilon}{4} \Sigma_{0}\left\|\nabla_{N} \hat{e}_{\varphi_{3}}^{n}\right\|_{2}^{2}
\end{aligned}
$$

$$
\begin{align*}
\leq & \left(C\left(\tilde{C}_{4}, \tilde{C}_{6}, \varepsilon\right)+1\right)\left(\left\|\hat{e}_{\varphi_{1}}^{n}\right\|_{-1, N}^{2}+\left\|\hat{e}_{\varphi_{1}}^{n+1}\right\|_{-1, N}^{2}+\left\|\hat{e}_{\varphi_{3}}^{n}\right\|_{-1, N}^{2}+\left\|\hat{e}_{\varphi_{3}}^{n+1}\right\|_{-1, N}^{2}\right) \\
& +\left\|\mathcal{R}_{N, 1}\right\|_{-1, N}^{2}+\left\|\mathcal{R}_{N, 3}\right\|_{-1, N}^{2} . \tag{4.66}
\end{align*}
$$

Consequently, an application of discrete Gronwall inequality yields the desired error estimate (4.7):

$$
\begin{equation*}
\left\|\hat{e}_{\varphi_{j}}^{n+1}\right\|_{-1, N}+\left(\varepsilon \Delta t \sum_{k=1}^{n+1}\left\|\nabla_{N} \hat{e}_{\varphi_{j}}^{k}\right\|_{2}^{2}\right)^{1 / 2} \leq \hat{C}\left(\Delta t+h^{m}\right), \quad j=1,3, \tag{4.67}
\end{equation*}
$$

in which the fact that $\left\|\mathcal{R}_{N, 1}\right\|_{-1, N},\left\|\mathcal{R}_{N, 1}\right\|_{-1, N} \leq C\left(\Delta t+h^{m}\right)$ has been applied.
Finally, we have to recover the a-priori assumption (4.13) at the next time step $t^{n+1}$. The convergence estimate (4.67) implies that

$$
\begin{align*}
\varepsilon \Delta t\left\|\nabla_{N} \hat{e}_{\varphi_{j}}^{n+1}\right\|_{2}^{2} & \leq \hat{C}^{2}\left(\Delta t+h^{m}\right)^{2}, \quad \text { which in turn gives } \\
\left\|\nabla_{N} \hat{e}_{\varphi_{j}}^{n+1}\right\|_{2} & \leq \hat{C} \varepsilon^{-1 / 2}\left(\Delta t^{1 / 2}+\frac{h^{m}}{\Delta t^{1 / 2}}\right) \leq \hat{C} \varepsilon^{-1 / 2}\left(\Delta t^{1 / 2}+h^{1 / 2}\right), \tag{4.68}
\end{align*}
$$

provided that $\Delta t \geq h^{2 m-1}$. In addition, it is observed that the a-priori assumption (4.13) is valid at the next time step $t^{n+1}$ under the following constraint for $\Delta t$ and $h$ :

$$
\begin{equation*}
\Delta t \leq \hat{C}^{-2} \varepsilon, \quad h \leq \hat{C}^{-2} \varepsilon \tag{4.69}
\end{equation*}
$$

This completes the proof of Theorem 13.
Remark 16 Because of the nonlinear decomposition (4.49), which comes from a mixed product energy term $\varphi_{1}^{2} \varphi_{2}^{2} \varphi_{3}^{2}$, an $\ell^{8}$ bound for the numerical solution is necessary for the nonlinear error estimate, as derived in (4.51). In comparison, for the two-phase CH flow, only a fourth degree polynomial appears in the double-well potential. In turn, only an $\ell^{6}$ bound for the numerical solution is needed for the convergence analysis of the two-phase flow, as reported in a related work [64].

For the 2-D ternary CH flow (1.7), an application of Proposition 14 gives a uniform in time $\ell^{8}$ bound for the numerical solution, so that the convergence analysis of (3.22)-(3.24) for 2-D ternary CH flow is unconditional; no linear refinement requirement is needed in the 2-D case.

Remark 17 In the proof of Theorem 13, we only focus on the convergence analysis for the partial spreading case $\left(\Sigma_{j}>0,1 \leq j \leq 3\right)$, for simplicity of presentation. In the total spreading case ( $\Sigma_{1}>0, \Sigma_{3}>0, \Sigma_{2}<0$ ), the well-posedness condition (1.2) assures the desired inequality (1.3) needed in the error estimates for the surface diffusion terms. In combination with the analysis for the nonlinear parts, which could be handled in a similar fashion as in the proof for the partial spreading case, we are able to obtain the convergence result. The technical details are skipped for the sake of brevity.

## 5 The Preconditioned Steepest Descent Solver

In this section, we describe a preconditioned steepest descent (PSD) algorithm for the proposed numerical schemes (3.22), (3.32), (3.35) and (3.38), based on the theoretical framework in $[42,43]$. We take the first order schemes (3.22), (3.32) for instance and others likewise.

### 5.1 PSD for the First Order Scheme of Partial Spreading Case

The numerical scheme (3.22) at time $k+1$ can be expressed as

$$
\left\{\begin{array}{l}
\mathcal{N}_{1}\left(\varphi_{1}^{k+1}, \varphi_{3}^{k+1}\right)=f_{1}  \tag{5.1}\\
\mathcal{N}_{3}\left(\varphi_{1}^{k+1}, \varphi_{3}^{k+1}\right)=f_{3}
\end{array},\right.
$$

with

$$
\begin{aligned}
\mathcal{N}_{1}\left(\varphi_{1}, \varphi_{3}\right)= & \frac{\Sigma_{1}}{M_{0}} \frac{\varphi_{1}-\varphi_{1}^{k}}{\Delta t}+\frac{3}{4} \Sigma_{1} \varepsilon \Delta_{N}^{2} \varphi_{1}+\frac{3}{4} \varepsilon \Sigma_{2} \Delta_{N}^{2}\left(\varphi_{1}+\varphi_{3}\right) \\
& -\frac{24 \Sigma_{1}}{\varepsilon} \Delta_{N}\left(\varphi_{1}-\frac{1}{2}\right)^{3}-\frac{24 \Sigma_{2}}{\varepsilon} \Delta_{N}\left(\varphi_{1}+\varphi_{3}-\frac{1}{2}\right)^{3} \\
& +\frac{12 \Lambda}{\varepsilon} \Delta_{N}\left(\left(\varphi_{1}-\left(1-\varphi_{1}-\varphi_{3}\right)\right)\left(\varphi_{1}^{2}+\left(1-\varphi_{1}-\varphi_{3}\right)^{2}+\varphi_{3}^{2}\right)^{2}\right), \\
\mathcal{N}_{3}\left(\varphi_{1}, \varphi_{3}\right)= & \frac{\Sigma_{3}}{M_{0}} \frac{\varphi_{3}-\varphi_{3}^{k}}{\Delta t}+\frac{3}{4} \Sigma_{3} \varepsilon \Delta_{N}^{2} \varphi_{3}+\frac{3}{4} \varepsilon \Sigma_{2} \Delta_{N}^{2}\left(\varphi_{1}+\varphi_{3}\right) \\
& -\frac{24 \Sigma_{3}}{\varepsilon} \Delta_{N}\left(\varphi_{3}-\frac{1}{2}\right)^{3}-\frac{24 \Sigma_{2}}{\varepsilon} \Delta_{N}\left(\varphi_{1}+\varphi_{3}-\frac{1}{2}\right)^{3} \\
& +\frac{12 \Lambda}{\varepsilon} \Delta_{N}\left(\left(\varphi_{3}-\left(1-\varphi_{1}-\varphi_{3}\right)\right)\left(\varphi_{1}^{2}+\left(1-\varphi_{1}-\varphi_{3}\right)^{2}+\varphi_{3}^{2}\right)^{2}\right), \\
f_{1}= & -\frac{6}{\varepsilon} \Delta_{N}\left[\Sigma_{1}\left(\varphi_{1}^{k}-\frac{1}{2}\right)+\Sigma_{2}\left(\varphi_{1}^{k}+\varphi_{3}^{k}-\frac{1}{2}\right)\right] \\
& +\frac{12 \Lambda}{\varepsilon} \Delta_{N}\left(-\left(\varphi_{1}^{k}\right)^{5}+\left(\varphi_{2}^{k}\right)^{5}-2\left(\varphi_{1}^{k}\right)^{3}\left(\left(\varphi_{2}^{k}\right)^{2}+\left(\varphi_{3}^{k}\right)^{2}\right)+\left(\varphi_{1}^{k}\right)^{4} \varphi_{2}^{k}\right. \\
& \left.-\varphi_{1}^{k}\left(\left(\varphi_{2}^{k}\right)^{4}+\left(\varphi_{3}^{k}\right)^{4}\right)+2\left(\varphi_{1}^{k}\right)^{2}\left(\varphi_{2}^{k}\right)^{3}+\varphi_{2}^{k}\left(\varphi_{3}^{k}\right)^{4}+2\left(\varphi_{2}^{k}\right)^{3}\left(\varphi_{3}^{k}\right)^{2}\right) \\
:= & \Delta_{N} g_{1}, \\
f_{3}= & -\frac{6}{\varepsilon} \Delta_{N}\left[\Sigma_{3}\left(\varphi_{3}^{k}-\frac{1}{2}\right)+\Sigma_{2}\left(\varphi_{1}^{k}+\varphi_{3}^{k}-\frac{1}{2}\right)\right] \\
& +\frac{12 \Lambda}{\varepsilon} \Delta_{N}\left(-\left(\varphi_{3}^{k}\right)^{5}+\left(\varphi_{2}^{k}\right)^{5}-2\left(\varphi_{3}^{k}\right)^{3}\left(\left(\varphi_{2}^{k}\right)^{2}+\left(\varphi_{1}^{k}\right)^{2}\right)+\left(\varphi_{3}^{k}\right)^{4} \varphi_{2}^{k}\right. \\
& \left.-\varphi_{3}^{k}\left(\left(\varphi_{2}^{k}\right)^{4}+\left(\varphi_{1}^{k}\right)^{4}\right)+2\left(\varphi_{3}^{k}\right)^{2}\left(\varphi_{2}^{k}\right)^{3}+\varphi_{2}^{k}\left(\varphi_{1}^{k}\right)^{4}+2\left(\varphi_{2}^{k}\right)^{3}\left(\varphi_{1}^{k}\right)^{2}\right):=\Delta_{N} g_{3} .
\end{aligned}
$$

Note that (5.1) can be recast as a minimization problem with energy functional that involves the discrete $H^{-1}$ norm. In particular, we see that

$$
\begin{align*}
J_{1}\left[\varphi_{1}, \varphi_{3}\right]= & \frac{\Sigma_{1}}{2 \Delta t M_{0}}\left\|\varphi_{1}-\varphi_{1}^{k}\right\|_{-1, N}+\frac{\Sigma_{3}}{2 \Delta t M_{0}}\left\|\varphi_{3}-\varphi_{3}^{k}\right\|_{-1, N} \\
& +\frac{3}{4} \Sigma_{1} \varepsilon\left\|\nabla_{N} \varphi_{1}\right\|^{2}+\frac{3}{4} \varepsilon \Sigma_{2}\left\|\nabla_{N}\left(\varphi_{1}+\varphi_{3}\right)\right\|^{2}+\frac{3}{4} \Sigma_{3} \varepsilon\left\|\nabla_{N} \varphi_{3}\right\|^{2} \\
& +\frac{6}{\varepsilon} \int_{\Omega}\left(\Sigma_{1}\left(\varphi_{1}-\frac{1}{2}\right)^{4}+\Sigma_{2}\left(\varphi_{1}+\varphi_{3}-\frac{1}{2}\right)^{4}+\Sigma_{3}\left(\varphi_{3}-\frac{1}{2}\right)^{4}\right) \mathrm{dx} \\
& +\frac{2 \Lambda}{\varepsilon} \int_{\Omega}\left(\varphi_{1}^{2}+\left(1-\varphi_{1}-\varphi_{3}\right)^{2}+\varphi_{3}^{2}\right)^{3} \mathrm{dx}+\left(g_{1}, \varphi_{1}\right)+\left(g_{3}, \varphi_{3}\right) . \tag{5.2}
\end{align*}
$$

Now we use a linearized version of the nonlinear operator as a preconditioner:

$$
\begin{equation*}
\mathcal{L}\left(d_{1}, d_{3}\right):=\binom{\frac{\Sigma_{1}}{M_{0}} \frac{d_{1}}{\Delta t}+\frac{3}{4} \varepsilon\left(\Sigma_{1}+\Sigma_{2}\right) \Delta_{N}^{2} d_{1}}{\frac{\Sigma_{3}}{M_{0}} \frac{d_{3}}{\Delta t}+\frac{3}{4} \varepsilon\left(\Sigma_{2}+\Sigma_{3}\right) \Delta_{N}^{2} d_{3}}, \tag{5.3}
\end{equation*}
$$

which is used to find an appropriate search direction. Given the current iterate $\left(\varphi_{1}^{k+1, n}, \varphi_{3}^{k+1, n}\right)$, the search direction can be computed by solving the equation $\mathcal{L}\left(d_{1}^{n}, d_{3}^{n}\right)=\left(f_{1}-\mathcal{N}_{1}, f_{3}-\right.$ $\left.\mathcal{N}_{3}\right)^{T}$. In this way, the search directions $d_{1}, d_{3}$ are also mean-free according to the periodic boundary condition. With the current iterate and search direction on hand, the next iteration is updated as

$$
\begin{align*}
\varphi_{1}^{k+1, n+1} & =\varphi_{1}^{k+1, n}+\alpha_{n} d_{1}^{n}, \\
\varphi_{3}^{k+1, n+1} & =\varphi_{3}^{k+1, n}+\alpha_{n} d_{3}^{n}, \tag{5.4}
\end{align*}
$$

where $\alpha_{n} \in \mathbb{R}$ satisfies

$$
\left(f_{1}-\mathcal{N}_{1}\left(\varphi_{1}^{k+1, n+1}, \varphi_{3}^{k+1, n+1}\right), d_{1}^{n}\right)+\left(f_{3}-\mathcal{N}_{3}\left(\varphi_{1}^{k+1, n+1}, \varphi_{3}^{k+1, n+1}\right), d_{3}^{n}\right)=0
$$

### 5.2 PSD for the First Order Scheme of Total Spreading Case

The numerical scheme (3.32) at time $k+1$ can be expressed as

$$
\left\{\begin{array}{l}
\tilde{\mathcal{N}}_{1}\left(\varphi_{1}^{k+1}, \varphi_{3}^{k+1}\right)=\widetilde{f}_{1}  \tag{5.5}\\
\tilde{\mathcal{N}}_{3}\left(\varphi_{1}^{k+1}, \varphi_{3}^{k+1}\right)=\widetilde{f}_{3}
\end{array},\right.
$$

with

$$
\begin{aligned}
\tilde{\mathcal{N}}_{1}\left(\varphi_{1}, \varphi_{3}\right)= & \frac{\Sigma_{1}}{M_{0}} \frac{\varphi_{1}-\varphi_{1}^{k}}{\Delta t}+\frac{3}{4} \Sigma_{1} \varepsilon \Delta_{N}^{2} \varphi_{1}-\frac{6 \Sigma_{1}}{\varepsilon} \Delta_{N}\left[4\left(\varphi_{1}-\frac{1}{2}\right)^{3}-\frac{\Sigma_{2}}{\Sigma_{1}}\left(\varphi_{1}+\varphi_{3}-\frac{1}{2}\right)\right] \\
& +\frac{12 \Lambda}{\varepsilon} \Delta_{N}\left(\left(\varphi_{1}-\left(1-\varphi_{1}-\varphi_{3}\right)\right)\left(\varphi_{1}^{2}+\left(1-\varphi_{1}-\varphi_{3}\right)^{2}+\varphi_{3}^{2}\right)^{2}\right), \\
\tilde{\mathcal{N}}_{3}\left(\varphi_{1}, \varphi_{3}\right)= & \frac{\Sigma_{3}}{M_{0}} \frac{\varphi_{3}-\varphi_{3}^{k}}{\Delta t}+\frac{3}{4} \Sigma_{3} \varepsilon \Delta_{N}^{2} \varphi_{3}-\frac{6 \Sigma_{3}}{\varepsilon} \Delta_{N}\left[4\left(\varphi_{3}-\frac{1}{2}\right)^{3}-\frac{\Sigma_{2}}{\Sigma_{3}}\left(\varphi_{1}+\varphi_{3}-\frac{1}{2}\right)\right] \\
& +\frac{12 \Lambda}{\varepsilon} \Delta_{N}\left(\left(\varphi_{3}-\left(1-\varphi_{1}-\varphi_{3}\right)\right)\left(\varphi_{1}^{2}+\left(1-\varphi_{1}-\varphi_{3}\right)^{2}+\varphi_{3}^{2}\right)^{2}\right), \\
\tilde{f}_{1}= & -\frac{6 \Sigma_{1}}{\varepsilon} \Delta_{N}\left[\left(\varphi_{1}^{k}-\frac{1}{2}\right)-\frac{4 \Sigma_{2}}{\Sigma_{1}}\left(\varphi_{1}^{k}+\varphi_{3}^{k}-\frac{1}{2}\right)^{3}\right]-\frac{3}{4} \varepsilon \Sigma_{2} \Delta_{N}^{2}\left(\varphi_{1}^{k}+\varphi_{3}^{k}\right) \\
& +\frac{12 \Lambda}{\varepsilon} \Delta_{N}\left(-\left(\varphi_{1}^{k}\right)^{5}+\left(\varphi_{2}^{k}\right)^{5}-2\left(\varphi_{1}^{k}\right)^{3}\left(\left(\varphi_{2}^{k}\right)^{2}+\left(\varphi_{3}^{k}\right)^{2}\right)+\left(\varphi_{1}^{k}\right)^{4} \varphi_{2}^{k}\right. \\
& \left.-\varphi_{1}^{k}\left(\left(\varphi_{2}^{k}\right)^{4}+\left(\varphi_{3}^{k}\right)^{4}\right)+2\left(\varphi_{1}^{k}\right)^{2}\left(\varphi_{2}^{k}\right)^{3}+\varphi_{2}^{k}\left(\varphi_{3}^{k}\right)^{4}+2\left(\varphi_{2}^{k}\right)^{3}\left(\varphi_{3}^{k}\right)^{2}\right) \\
:= & \Delta_{N} \tilde{g}_{1}, \\
\tilde{f}_{3}= & -\frac{6 \Sigma_{3}}{\varepsilon} \Delta_{N}\left[\left(\varphi_{3}^{k}-\frac{1}{2}\right)-\frac{4 \Sigma_{2}}{\Sigma_{3}}\left(\varphi_{1}^{k}+\varphi_{3}^{k}-\frac{1}{2}\right)^{3}\right]-\frac{3}{4} \varepsilon \Sigma_{2} \Delta_{N}^{2}\left(\varphi_{1}^{k}+\varphi_{3}^{k}\right) \\
& +\frac{12 \Lambda}{\varepsilon} \Delta_{N}\left(-\left(\varphi_{3}^{k}\right)^{5}+\left(\varphi_{2}^{k}\right)^{5}-2\left(\varphi_{3}^{k}\right)^{3}\left(\left(\varphi_{2}^{k}\right)^{2}+\left(\varphi_{1}^{k}\right)^{2}\right)+\left(\varphi_{3}^{k}\right)^{4} \varphi_{2}^{k}\right. \\
& \left.-\varphi_{3}^{k}\left(\left(\varphi_{2}^{k}\right)^{4}+\left(\varphi_{1}^{k}\right)^{4}\right)+2\left(\varphi_{3}^{k}\right)^{2}\left(\varphi_{2}^{k}\right)^{3}+\varphi_{2}^{k}\left(\varphi_{1}^{k}\right)^{4}+2\left(\varphi_{2}^{k}\right)^{3}\left(\varphi_{1}^{k}\right)^{2}\right):=\Delta_{N} \widetilde{g}_{3} .
\end{aligned}
$$

Note that (5.5) can be recast as a minimization problem with energy functional that involves the discrete $H^{-1}$ norm. In particular, we have

$$
\begin{align*}
\widetilde{J}_{1}\left[\varphi_{1}, \varphi_{3}\right]= & \frac{\Sigma_{1}}{2 \Delta t M_{0}}\left\|\varphi_{1}-\varphi_{1}^{k}\right\|_{-1, N}+\frac{\Sigma_{3}}{2 \Delta t M_{0}}\left\|\varphi_{3}-\varphi_{3}^{k}\right\|_{-1, N} \\
& +\frac{3}{4} \Sigma_{1} \varepsilon\left\|\nabla_{N} \varphi_{1}\right\|^{2}+\frac{3}{4} \Sigma_{3} \varepsilon\left\|\nabla_{N} \varphi_{3}\right\|^{2} \\
& +\frac{6}{\varepsilon} \int_{\Omega}\left(\Sigma_{1}\left(\varphi_{1}-\frac{1}{2}\right)^{4}-\Sigma_{2}\left(\varphi_{1}+\varphi_{3}-\frac{1}{2}\right)^{2}+\Sigma_{3}\left(\varphi_{3}-\frac{1}{2}\right)^{4}\right) \mathrm{dx} \\
& +\frac{2 \Lambda}{\varepsilon} \int_{\Omega}\left(\varphi_{1}^{2}+\left(1-\varphi_{1}-\varphi_{3}\right)^{2}+\varphi_{3}^{2}\right)^{3} \mathrm{dx}+\left(\widetilde{g}_{1}, \varphi_{1}\right)+\left(\widetilde{g}_{3}, \varphi_{3}\right) . \tag{5.6}
\end{align*}
$$

The linearized operator becomes

$$
\begin{equation*}
\widetilde{\mathcal{L}}\left(d_{1}, d_{3}\right):=\binom{\frac{\Sigma_{1}}{M_{0}} \frac{d_{1}}{\Delta t}+\frac{6 \Sigma_{2}}{\varepsilon} \Delta_{N} d_{1}+\frac{3}{4} \Sigma_{1} \varepsilon \Delta_{N}^{2} d_{1}}{\frac{\Sigma_{3}}{M_{0}} \frac{d_{3}}{\Delta t}+\frac{6 \Sigma_{2}}{\varepsilon} \Delta_{N} d_{3}+\frac{3}{4} \Sigma_{3} \varepsilon \Delta_{N}^{2} d_{3}} \tag{5.7}
\end{equation*}
$$

Given the current iterate $\left(\varphi_{\mathcal{L}}^{k+1, n}, \varphi_{3}^{k+1, n}\right)$, the search direction can be computed by solving the equation $\widetilde{\mathcal{L}}\left(d_{1}^{n}, d_{3}^{n}\right)=\left(\tilde{f}_{1}-\tilde{\mathcal{N}}_{1}, \widetilde{f}_{3}-\widetilde{\mathcal{N}}_{3}\right)^{T}$. With the current iteration and search direction on hand, the next iterate is updated as

$$
\begin{align*}
\varphi_{1}^{k+1, n+1} & =\varphi_{1}^{k+1, n}+\alpha_{n} d_{1}^{n} \\
\varphi_{3}^{k+1, n+1} & =\varphi_{3}^{k+1, n}+\alpha_{n} d_{3}^{n} \tag{5.8}
\end{align*}
$$

where $\alpha_{n} \in \mathbb{R}$ satisfies

$$
\left(\tilde{f}_{1}-\tilde{\mathcal{N}}_{1}\left(\varphi_{1}^{k+1, n+1}, \varphi_{3}^{k+1, n+1}\right), d_{1}^{n}\right)+\left(\tilde{f}_{3}-\tilde{\mathcal{N}}_{3}\left(\varphi_{1}^{k+1, n+1}, \varphi_{3}^{k+1, n+1}\right), d_{3}^{n}\right)=0
$$

## 6 Numerical Results

In this section, we provide some numerical results for the numerical method proposed in the previous sections and make some comparisons with pure BDF schemes. For brevity, we denote the first-order, second-order convex-concave schemes by CC 1 and CC 2 respectively, the implicit-Euler by BDF1 and the second-order implicit backward differential formula by BDF2. Some numerical examples have been described in [13]. In the presented numerical experiments, the approximate solutions are visualized through the isolines of the function:

$$
\begin{equation*}
\left(\varphi_{1}, \varphi_{2}, \varphi_{3}\right) \rightarrow\left(1-\varphi_{1}\right)\left(1-\varphi_{2}\right)\left(1-\varphi_{3}\right) . \tag{6.1}
\end{equation*}
$$

The stability and convergence estimates presented in the previous sections are valid for both the 2-D and 3-D models. In this section, we focus on the numerical simulation of the 2-D examples, since the 2-D results will be sufficient to illustrate the complicated structures of the ternary flow. Because the numerical ideas are independent of the dimension, as demonstrated in the earlier theoretical analysis, an extension of these numerical implementations to the 3-D ternary flow is expected to be standard, though they require sophisticated high-performance computing (HPC) techniques.

Table 1 Convergence rate of the first-order schemes for the partial spreading case, with a fixed spatial resolution $N=128$

| $h$ | $\Delta t$ | $\ell^{2}$-error-CC1 | order | $\ell^{2}$-error-BDF1 | order |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $X / 128$ | $1 / 160$ | $1.5332 \mathrm{e}-3$ | - | $1.0334 \mathrm{e}-3$ | - |
| $X / 128$ | $1 / 320$ | $7.6623 \mathrm{e}-4$ | 1.0007 | $5.1585 \mathrm{e}-4$ | 1.0024 |
| $X / 128$ | $1 / 640$ | $3.8297 \mathrm{e}-4$ | 1.0006 | $2.5775 \mathrm{e}-4$ | 1.0010 |
| $X / 128$ | $1 / 1280$ | $1.9142 \mathrm{e}-4$ | 1.0005 | $1.2886 \mathrm{e}-4$ | 1.0002 |

Table 2 Convergence rate of the second-order schemes for the partial spreading case, with a fixed spatial resolution $N=128$

| $h$ | $\Delta t$ | $\ell^{2}$-error-CC2 | order | $\ell^{2}$-error-BDF2 | order |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $X / 128$ | $1 / 160$ | $2.5159 \mathrm{e}-5$ | - | $1.6668 \mathrm{e}-5$ | - |
| $X / 128$ | $1 / 320$ | $6.2827 \mathrm{e}-6$ | 2.0016 | $4.1641 \mathrm{e}-6$ | 2.0010 |
| $X / 128$ | $1 / 640$ | $1.5753 \mathrm{e}-6$ | 1.9958 | $1.0404 \mathrm{e}-6$ | 2.0009 |
| $X / 128$ | $1 / 1280$ | $3.9692 \mathrm{e}-7$ | 1.9887 | $2.5975 \mathrm{e}-7$ | 2.0019 |

### 6.1 Three-Phase: Partial Spreading

### 6.1.1 Convergence Test

For the partial spreading case, the coefficients $\Sigma_{i}$ are positive, thus the potential $F_{0}=$ $\sum_{i=1}^{3} \frac{\Sigma_{i}}{2} \varphi_{i}^{2}\left(1-\varphi_{i}\right)^{2}$ is bounded by zero from below, then we can choose $\Lambda=0$. Some other parameters are given by

$$
\Sigma_{1}=0.4, \Sigma_{2}=1.6, \Sigma_{3}=1.2, M_{0}=10^{-4}, \varepsilon=0.1, X=2 \pi
$$

and the domain $\Omega=[-X / 2, X / 2]^{2}$ is divided uniformly with step size $h=X / 128$. An artificial term on the right hand side has to be added to make the exact solution satisfies the equations:

$$
\begin{align*}
& \varphi_{e, 1}=\sin (t) \cos ^{2}\left(\frac{2 \pi}{X} x\right) \cos \left(\frac{2 \pi}{X} y\right) \\
& \varphi_{e, 2}=\sin (t) \cos \left(\frac{2 \pi}{X} x\right) \cos ^{2}\left(\frac{2 \pi}{X} y\right),  \tag{6.2}\\
& \varphi_{e, 3}=1-\varphi_{e, 1}-\varphi_{e, 2}
\end{align*}
$$

First we perform the convergence test at the final time $T=0.5$. The temporal convergence rates in the discrete $\ell^{2}$ norm (i.e., $\left\|\varphi(\cdot, T)-\varphi_{N}^{\Delta t, h}\right\|$ ) are displayed in Tables 1, 2, for the first and second order numerical schemes, respectively. Both the CC schemes and pure BDF schemes are accurate.

### 6.1.2 Energy Decay

In the energy decay test, the same parameters are used, except that we let $\varepsilon=0.01$, and the domain is taken as $\Omega=[-0.3,0.3] \times[-0.25,0.25]$. Besides, the artificial terms are


Fig. 1 The energy evolution plot for the partial spreading, computed by the CC1 and CC2 schemes with $\Delta t=10^{-3}$
removed and we set the initial data $\varphi^{0}$ as

$$
\begin{aligned}
\varphi_{1}^{0} & =\frac{1}{2}\left[1+\tanh \left(\frac{2}{\varepsilon} \min \left(\sqrt{x^{2}+y^{2}}-0.1, y\right)\right)\right], \\
\varphi_{2}^{0} & =\frac{1}{2}\left[1-\tanh \left(\frac{2}{\varepsilon} \max \left(-\sqrt{x^{2}+y^{2}}+0.1, y\right)\right)\right], \\
\varphi_{3}^{0} & =1-\varphi_{1}^{0}-\varphi_{2}^{0} .
\end{aligned}
$$

The energy decay plots are presented in Fig. 1, computed by the first order scheme (3.22)(3.24) and the second order BDF one (3.35)-(3.37). It is believed that the dotted line, which stands for the energy plot computed by the second order scheme, is more accurate than the solid line, the one by the first order scheme. This fact is verified by both the formal Taylor expansion and the numerical comparison with the results computed by finer time step sizes. In addition, the evolution of the interface position is observed through the isolines of the transformed variables (6.1) and the corresponding results are displayed in Fig. 2. Also, we separately depict the phase states of the three order parameters at four different times in Fig. 3.

### 6.2 Three-Phase: Total Spreading

### 6.2.1 Convergence Test

For the total spreading case, the coefficients $\Sigma_{i}$ can be negative, thus the potential $F_{0}=$ $\sum_{i=1}^{3} \frac{\Sigma_{i}}{2} \varphi_{i}^{2}\left(1-\varphi_{i}\right)^{2}$ could be unbounded, while there exists $\Lambda_{0}>0$ such that for all $\Lambda \geq \Lambda_{0}$ the potential $F$ is non negative, and we can choose $\Lambda=7$. Some other parameters are given by

$$
\Sigma_{1}=3, \Sigma_{2}=-1, \Sigma_{3}=3, M_{0}=10^{-4}, \varepsilon=0.1, X=2 \pi,
$$



Fig. 2 Evolution of the interface position for the partial spreading case (visualized through the isolines of $\left.\left(1-\varphi_{1}\right)\left(1-\varphi_{2}\right)\left(1-\varphi_{3}\right)\right)$, computed by the CC 2 scheme with $\Delta t=10^{-3}$
and the domain $\Omega=[-X / 2, X / 2]^{2}$ is divided uniformly with step size $h=X / 128$. In this case, the following exact solution is chosen, and the corresponding artificial terms have to be added on the right hand side

$$
\begin{align*}
& \varphi_{e, 1}=\sin (t) \cos ^{2}\left(\frac{2 \pi}{X} x\right) \cos \left(\frac{2 \pi}{X} y\right), \\
& \varphi_{e, 2}=\sin (t) \cos \left(\frac{2 \pi}{X} x\right) \cos ^{2}\left(\frac{2 \pi}{X} y\right),  \tag{6.3}\\
& \varphi_{e, 3}=1-\varphi_{e, 1}-\varphi_{e, 2}
\end{align*}
$$

Similarly, the convergence test is performed at the final time $T=0.5$. The temporal convergence rates in the discrete $\ell^{2}$ norm are displayed in Tables 3, 4, for the first and second order schemes, respectively. The errors of pure BDF scheme are lower than that of CC scheme by one or two orders of magnitude. This is due to the convex-concave decomposition for the mixed product term in which some additional explicit terms are involved, resulting in certain numerical errors. Nevertheless, the convergence performances of CC scheme are still significant.


Fig. 3 Evolution of the three order parameters for the partial spreading case, computed by the CC2 scheme with $\Delta t=10^{-3}$

Table 3 Convergence rate of the first-order schemes for the total spreading case, with a fixed spatial resolution $N=128$

| $h$ | $\Delta t$ | $\ell^{2}$-error-CC1 | Order | $\ell^{2}$-error-BDF1 | Order |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $X / 128$ | $1 / 160$ | $6.6075 \mathrm{e}-2$ | - | $1.0612 \mathrm{e}-3$ | - |
| $X / 128$ | $1 / 320$ | $3.6439 \mathrm{e}-2$ | 0.8586 | $5.2964 \mathrm{e}-4$ | 1.0026 |
| $X / 128$ | $1 / 640$ | $1.9329 \mathrm{e}-2$ | 0.9147 | $2.6464 \mathrm{e}-4$ | 1.0010 |
| $X / 128$ | $1 / 1280$ | $9.9788 \mathrm{e}-3$ | 0.9538 | $1.3225 \mathrm{e}-4$ | 1.0008 |

### 6.2.2 Energy Decay

In the energy decay study, the same parameters are used, except that we take $\varepsilon=0.01$, and the domain is given by $\Omega=[-0.3,0.3] \times[-0.25,0.25]$. Again, the artificial terms are removed, and the following initial data $\varphi^{0}$ are taken:

Table 4 Convergence rate of the second-order schemes for the total spreading case, with a fixed spatial resolution $N=128$

| $h$ | $\Delta t$ | $\ell^{2}$-error-CC2 | Order | $\ell^{2}$-error-BDF2 | Order |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $X / 128$ | $1 / 160$ | $2.7027 \mathrm{e}-3$ | - | $1.7215 \mathrm{e}-5$ | - |
| $X / 128$ | $1 / 320$ | $6.8970 \mathrm{e}-4$ | 1.9704 | $4.3009 \mathrm{e}-6$ | 2.0010 |
| $X / 128$ | $1 / 640$ | $1.7413 \mathrm{e}-4$ | 1.9858 | $1.0748 \mathrm{e}-6$ | 2.0005 |
| $X / 128$ | $1 / 1280$ | $4.4094 \mathrm{e}-5$ | 1.9815 | $2.6591 \mathrm{e}-7$ | 2.0151 |



Fig. 4 The energy plot for the total spreading, computed by the CC1 and CC2 schemes with $\Delta t=10^{-3}$

$$
\begin{aligned}
\varphi_{1}^{0} & =\frac{1}{2}\left[1+\tanh \left(\frac{2}{\varepsilon} \min \left(\sqrt{x^{2}+y^{2}}-0.1, y\right)\right)\right], \\
\varphi_{2}^{0} & =\frac{1}{2}\left[1-\tanh \left(\frac{2}{\varepsilon} y\right)\right], \\
\varphi_{3}^{0} & =1-\varphi_{1}^{0}-\varphi_{2}^{0} .
\end{aligned}
$$

Similarly, the energy decay plots are presented in Fig. 4, computed by the first order scheme (3.32)-(3.34) (corresponding to the dotted line) and the second order BDF one (3.38)(3.40) (corresponding to the solid line). Again, it is believed that the dotted line is more accurate than the solid line, which could be verified by both the formal Taylor expansion and the numerical comparison with the results computed by finer time step sizes. Moreover, the snapshot evolution of the interface (in terms of the isolines of the functions (6.1)) is displayed in Fig. 5 and the phase states of the three order parameters at different times are shown in Fig. 6.


Fig. 5 Evolution of the interface position for the total spreading case (visualized through the isolines of $\left.\left(1-\varphi_{1}\right)\left(1-\varphi_{2}\right)\left(1-\varphi_{3}\right)\right)$, computed by the CC2 scheme with $\Delta t=10^{-3}$

## 7 Concluding Remarks

In this article, we propose and analyze a uniquely solvable and unconditionally energy stable numerical scheme for the ternary CH system. The total mass constraint leads to effective equations for two components, and the physical energy could be appropriately rewritten. However the nonlinear energy functional in the mixed product form, which turns out to be nonconvex, non-concave in the three-phase space, turns out to be highly challenging. To overcome this difficulty, we make a key observation that, such a mixed product term is included in $\left(\varphi_{1}^{2}+\varphi_{2}^{2}+\varphi_{3}^{2}\right)^{3}$, a convex function in the three-phase space. As a consequence, a convexconcave decomposition of the physical energy in the ternary system becomes available, and the numerical scheme could be appropriately constructed. Both the unique solvability and the unconditional energy stability of the proposed numerical scheme are theoretically proved. With a careful estimate of a discrete $\ell^{8}$ bound for the numerical solution, an optimal rate convergence analysis is derived for the proposed numerical scheme, which is the first such result in this area. The implicit terms in the resulting scheme are highly nonlinear, while they are the gradient of certain convex functional in the three-phase space; we present detailed descriptions of an efficient preconditioned steepest descent (PSD) algorithm to solve the corresponding nonlinear systems, with Fourier pseudo-spectral spatial approximation. A second order accurate, modified BDF scheme is also discussed in this article. A few numerical


Fig. 6 Evolution of the three order parameters for the total spreading case, computed by the CC 2 scheme with $\Delta t=10^{-3}$
results have also been presented in this work, including the convergence test, simulation results for both partial and total spreading models.

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## A Proof of Lemma 6

To prove the inverse inequality (3.16), we begin with the following observation:

$$
\begin{equation*}
\left(\sum_{i, j, k=0}^{2 K}\left|f_{i, j, k}\right|^{p}\right)^{q / p} \geq \sum_{i, j, k=0}^{2 K}\left(\left|f_{i, j, k}\right|^{p}\right)^{q / p}=\sum_{i, j, k=0}^{2 K}\left|f_{i, j, k}\right|^{q}, \quad \forall 1 \leq p \leq q<\infty \tag{A.1}
\end{equation*}
$$

due to the fact that $\frac{q}{p} \geq 1$. This is equivalent to

$$
\begin{equation*}
\left(\sum_{i, j, k=0}^{2 K}\left|f_{i, j, k}\right|^{q}\right)^{1 / q} \leq\left(\sum_{i, j, k=0}^{2 K}\left|f_{i, j, k}\right|^{p}\right)^{1 / p}, \quad \forall 1 \leq p \leq q<\infty \tag{A.2}
\end{equation*}
$$

In turn, we get

$$
\begin{equation*}
\left(h^{3} \sum_{i, j, k=0}^{2 K}\left|f_{i, j, k}\right|^{q}\right)^{1 / q} \leq h^{3 / q-3 / p}\left(h^{3} \sum_{i, j, k=0}^{2 K}\left|f_{i, j, k}\right|^{p}\right)^{1 / p} \tag{A.3}
\end{equation*}
$$

which is exactly (3.16), because of the fact that $h=\frac{L}{2 K+1}$.
For the rest three inequalities, we assume the periodic grid $f$ has the discrete Fourier transformation as given by (3.1). For simplicity of presentation, we also assume that $L=1$. In addition, we denote its extension to a continuous function as

$$
\begin{equation*}
f_{\mathbf{F}}(x, y, z)=\sum_{\ell, m, n=-K}^{K} \hat{f}_{\ell, m, n}^{N} \exp (2 \pi \mathrm{i}(\ell x+m y+n z)) \tag{A.4}
\end{equation*}
$$

The following estimates could be derived with the help of the Parseval's identity; also see the related analysis in $[30,42,43,52]:$

$$
\begin{align*}
\|f\|_{2}^{2} & =\left\|f_{\mathbf{F}}\right\|_{L^{2}}^{2}=\sum_{\ell, m, n=-K}^{K}\left|\hat{f}_{\ell, m, n}^{N}\right|^{2}  \tag{A.5}\\
\bar{f} & =\int_{\Omega} f_{\mathbf{F}} d \mathbf{x}=\hat{f}_{0,0,0}^{N}  \tag{A.6}\\
\left\|\nabla_{N} f\right\|_{2}^{2} & =\left\|\nabla f_{\mathbf{F}}\right\|^{2} \tag{A.7}
\end{align*}
$$

As a result, the discrete Poincaré inequality (3.17) is a direct consequence of its continuous version:

$$
\begin{equation*}
\left\|f_{\mathbf{F}}\right\|_{H^{1}} \leq C_{2}\left(\left|\overline{f_{\mathbf{F}}}\right|+\left\|\nabla f_{\mathbf{F}}\right\|\right) \tag{A.8}
\end{equation*}
$$

combined with the identities (A.5)-(A.7).
On the other hand, we recall a key estimate given by Lemma A. 2 in an existing work [43]:

$$
\begin{equation*}
\|f\|_{p} \leq \sqrt{\frac{p}{2}}\left\|f_{\mathbf{F}}\right\|_{L^{p}}, \quad \text { in } 2-\mathrm{D}, p=4,6, \ldots \tag{A.9}
\end{equation*}
$$

In addition, such an analysis could also be extended to the 3-D case

$$
\begin{equation*}
\|f\|_{p} \leq\left(\frac{p}{2}\right)^{3 / 4}\left\|f_{\mathbf{F}}\right\|_{L^{p}}, \quad \text { in } 3-\mathrm{D}, p=4,6, \ldots \tag{A.10}
\end{equation*}
$$

For the 3-D discrete Sobolev inequality (3.18), we begin with the observation that

$$
\begin{equation*}
f \in \stackrel{\circ}{\mathcal{G}} \text { is equivalent to } \hat{f}_{0,0,0}^{N}=0, \text { so that } \int_{\Omega} f_{\mathbf{F}} d \mathbf{x}=0 \tag{A.11}
\end{equation*}
$$

Subsequently, an application of the 3-D estimate (A.10) results in

$$
\begin{equation*}
\|f\|_{6} \leq 3^{3 / 4}\left\|f_{\mathbf{F}}\right\|_{L^{6}} \leq C_{4}\left\|\nabla f_{\mathbf{F}}\right\|=C_{4}\left\|\nabla_{N} f\right\|_{2} \tag{A.12}
\end{equation*}
$$

in which a continuous Sobolev embedding has been applied in the second step, due to the fact that $\int_{\Omega} f_{\mathbf{F}} d \mathbf{x}=0$.

Similarly, for the 2-D discrete Sobolev inequality (3.19), we apply the estimate (A.9) and obtain

$$
\begin{equation*}
\|f\|_{8} \leq 2\left\|f_{\mathbf{F}}\right\|_{L^{8}} \leq C_{5}\left\|f_{\mathbf{F}}\right\|_{H^{1}}=C_{5}\|f\|_{H_{N}^{1}} \tag{A.13}
\end{equation*}
$$

Again a continuous Sobolev embedding has been applied in the second step, and the last step is based on the identities (A.5), (A.7).

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