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Oligomerization by co-assembly of β -amyloid and α -synuclein

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Aberrant self-assembly of an intrinsically disordered protein is a pathological hallmark of protein misfolding diseases, such as Alzheimer's and Parkinson's diseases (AD and PD, respectively). In AD, the 40–42 amino acid-long extracellular peptide, β -amyloid (A β), self-assembles into oligomers, which eventually aggregate into fibrils. A similar self-association of the 140 amino acid-long intracellular protein, α -synuclein (α S), is responsible for the onset of PD pathology. While A β and α S are primarily extracellular and intracellular polypeptides, respectively, there is evidence of their colocalization and pathological overlaps of AD and PD. This evidence has raised the likelihood of synergistic, toxic protein-protein interactions between A β and α S. This mini review summarizes the findings of studies on A β - α S interactions related to enhanced oligomerization *via* co-assembly, aiming to provide a better understanding of the complex biology behind AD and PD and common pathological mechanisms among the major neurodegenerative diseases.

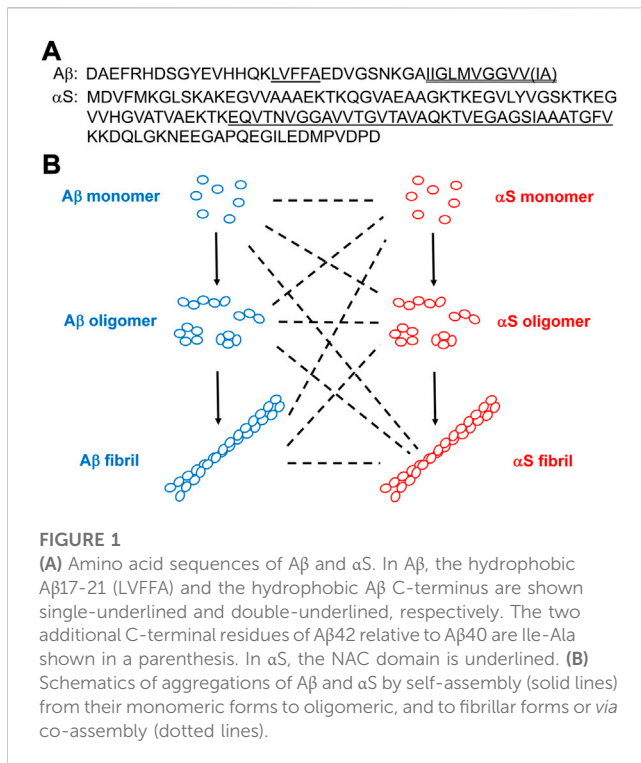
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1 Introduction

Alzheimer's disease (AD) is the most common neurodegenerative disorder characterized by the losses of forebrain cholinergic and hippocampal neurons (Dallaire-Theroux et al., 2017). AD pathology is caused by aggregation of the peptide, β -amyloid (A β), containing 40 or 42 residues (referred to as A β 40 and A β 42, respectively; Figure 1A) leading to the formation of extracellular amyloid plaques in the brains of AD patients (Aguzzi and O'Connor, 2010). The typical physiological ratio of A β 40/A β 42 is ~9 (Qiu et al., 2015). The hydrophobic sequences of A β (e.g., A β 17-21 and the C-terminus; Figure 1A) promote A β aggregation (Bolognesi et al., 2010; Hu et al., 2012). A β aggregation involves three distinct conformers (Figure 1B): monomeric A β spontaneously self-assembles into soluble oligomeric A β (Gao et al., 2020; Xiao et al., 2020), which then aggregates further to form insoluble fibrillar A β (Petkova et al., 2002; Luhrs et al., 2005). The primary toxic agents in AD are oligomeric rather than monomeric or fibrillar A β (Kayed et al., 2003; Aguzzi and O'Connor, 2010). Toxic A β oligomers can disrupt neuronal activity at the synapse, disturb cell membranes, cause oxidative stress, and perturb calcium homeostasis (Aguzzi and O'Connor, 2010), thereby initiating degeneration in AD (He et al., 2019). While A β monomers and some small A β oligomers are structurally disordered (Jin et al., 2011; Potapov et al., 2015), β -sheet content grows with increasing size of oligomeric A β (Ono et al., 2009). The major A β oligomeric morphologies include spherical and protofibrillar forms (Harper et al., 1997; Lasagna-Reeves et al., 2011). A β fibrils adopts in-register cross β -sheet structures (Petkova et al., 2002; Luhrs et al., 2005).

The AD afflicted brain is also characterized by intraneuronal filamentous aggregates composed of phosphorylated tau (Twohig and Nielsen, 2019), a microtubule-binding



protein that consists of 352–441 residues. The multiple repeat regions in tau are aggregation-prone (Jouanne et al., 2017). In AD, tau pathology generally occurs later relative to neuronal cell loss, memory deficit and A β plaque formation (Oddo et al., 2003) and can be induced by A β aggregates (Gotz et al., 2001; Vasconcelos et al., 2016).

Parkinson's disease (PD) is the second most common neurodegenerative disorder after AD, and the most common movement disorder (Surmeier et al., 2017). PD is characterized by the loss of substantia nigra dopamine neurons and the presence of Lewy bodies (LB) with intracellular protein inclusions that contain the 140 residue-protein, α -synuclein (α S; Figure 1A) (Irwin et al., 2013). Hydrophobic α S 61–95, known as the non-amyloid component (NAC; Figure 1A), is critical in α S self-assembly (Giasson et al., 2001). Similar to the role of A β in AD, aggregation of α S is the hallmark event in PD pathology (Surmeier et al., 2017; Hijaz and Volpicelli-Daley, 2020). Self-assembly of α S monomers produces soluble α S oligomers, which eventually aggregate into fibrillar α S (Figure 1B). As is the case with A β in AD, oligomeric rather than monomeric or fibrillar α S is a major toxic agent in PD (Winner et al., 2011; Chen et al., 2015). Toxic α S oligomers disrupt lipid membranes (Giehm et al., 2011; Winner et al., 2011), disturb ion homeostasis (Danzer et al., 2007) and cause oxidative stress (Cremades et al., 2012). Many toxic α S oligomers are β sheet-structured and globular or pore-like in morphology (Giehm et al., 2011; Cremades et al., 2012). Also, like A β , monomeric α S is structurally disordered (Eliezer et al., 2001) and fibrillar α S is cross β -sheet-structured (Vilar et al., 2008).

The recent progresses in AD therapy and diagnosis have reinforced the critical role of oligomers in AD pathology,

though no symptom-modifying therapeutic agents are currently available for PD (Paolini Paoletti et al., 2020). A couple of antibody-based AD drugs, aducanumab and lecanemab, have recently been approved by FDA (Walsh et al., 2021; Couzin-Frankel and Piller, 2022). Aducanumab targets A β aggregates, including oligomers and fibrils (Sevigny et al., 2016), whereas lecanemab does A β protofibrillar oligomers (van Dyck et al., 2023). These findings support that amyloid oligomers play a critical role in neurodegenerative diseases, though the efficacy of aducanumab and the safety of lecanemab are still debatable (Walsh et al., 2021; Couzin-Frankel and Piller, 2022). While oligomerizations of single amyloid proteins have been extensively examined (for example, see (Nguyen et al., 2021)), oligomer formation driven by interactions between multiple amyloid proteins (e.g., A β and α S) is relatively understudied, which is a major focus of this minireview.

2 Pathological synergy between AD and PD *via* interactions between A β and α S

A great deal of evidence indicates that both AD- and PD-related symptoms are detected in some patients. For example, many (~50%) patients with AD develop LB pathology in addition to A β plaques and tau tangles (Irwin et al., 2013; Visanji et al., 2019). These patients exhibit faster cognitive decline and shorter lifespan compared to those with only AD pathology (Kraybill et al., 2005). Similarly, PD patients can be diagnosed with dementia (PDD) and PDD patients show more severe cognitive dysfunction than AD patients (Hamilton 2000; Irwin et al., 2013). Moreover, both dementia and parkinsonism are evident in Diffuse Lewy Body disease (DLB) (Hamilton 2000). Importantly, previous *in vivo* studies with transgenic (Tg) mice showed greater neuronal degeneration, stronger neuroinflammation, and more severe deficits in cognition and motor skill when A β and α S are both present (Larson et al., 2017; Khan et al., 2018; Lloyd et al., 2021). These findings serve as direct evidence that the synergistic connections of AD and PD pathologies are mediated by A β and α S (Twohig and Nielsen, 2019; Bassil et al., 2020; Murakami and Ono, 2022).

3 Oligomerization enhanced by A β - α S interactions: Clinical and animal studies

Strong evidence in the literature has shown that the synergistic toxic effects are associated with enhanced oligomerization *via* A β - α S interactions. For instance, the level of soluble α S oligomers is higher and amyloid plaque load is lower in human brain with AD and PD co-pathologies than in AD alone (Heyman et al., 1999; Tsigelny et al., 2008). A post-mortem analysis showed greater amounts of toxic oligomeric α S in AD brains compared to healthy controls (Larson et al., 2017). A β and α S co-expression in double Tg mice enhances α S oligomerization compared to single Tg mice, while reducing A β fibrillar plaques (Larson et al., 2017; Khan et al., 2018). Moreover, intracerebral injections of α S-containing brain

TABLE 1 Summary on effects of A β - α S interactions on aggregation.

| Effect on aggregation | Model system | Experimental method | References |
|-------------------------------------------------------------|------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| A β enhances α S fibrillar neuronal inclusions | APP/ α S mice and α S mice | Immunohistochemistry; Transmission electron microscopy | Maslah et al. (2001) |
| | APP/ α S mice and α S mice with injection of recombinant α S (F) | Immunohistochemistry | Lloyd et al. (2021) |
| | Synthetic A β 42 (fresh) and neuronal cells expressing α S | Immunostaining | Maslah et al. (2001) |
| A β promotes α S oligomerization | APP/ α S mice and α S mice | Immuno-dot blot assay; Western blot | Maslah et al. (2001), Tsigelny et al. (2008), Larson et al. (2017), Khan et al. (2018) |
| | Synthetic A β 42 (fresh and aggregated) and recombinant α S (fresh) | Western blot | Maslah et al. (2001), Tsigelny et al. (2008) |
| A β promotes α S aggregation | Synthetic A β 42 (fresh, O and F) and recombinant α S (fresh) | Thioflavin T fluorescence | Ono et al. (2012), Koppen et al. (2020) |
| α S promotes A β plaque deposition | APP/ α S _{A53T} mice and APP mice | ELISA; Thioflavin S fluorescence; Immunohistochemistry | Clinton et al. (2010) |
| α S inhibits A β plaque deposition | APP/ α S mice and APP mice | Immunofluorescence | Khan et al. (2018) |
| | APP/ α S mice and APP mice with injection of recombinant α S (F) | Immunohistochemistry | Lloyd et al. (2021) |
| | APP/ α S _{A30P} mice and APP mice | Immunofluorescence | Bachhuber et al. (2015) |
| | APP mice with injection of α S _{A30P} -containing brain extracts | Immunofluorescence | Bachhuber et al. (2015) |
| α S promotes A β aggregation | Synthetic A β 40 or A β 42 (fresh) and recombinant α S (O and F) | Thioflavin T fluorescence; Transmission electron microscopy | Ono et al. (2012) |
| α S inhibits A β aggregation | Synthetic A β 42 (fresh) and recombinant α S (fresh) | Thioflavin T fluorescence | Bachhuber et al. (2015) |
| α S inhibits A β fibrillization | Synthetic A β 40 or A β 42 (M and O) and recombinant α S (M, O and F) | Native-PAGE with in-gel fluorescence; Competitive immuno-dot blot assay | Candrea et al. (2020), Chau and Kim (2022) |
| α S promotes A β oligomerization | Synthetic A β 40 or A β 42 (M and O) and recombinant α S (M, O and F) | Native-PAGE with in-gel fluorescence; Competitive immuno-dot blot assay | Candrea et al. (2020), Chau and Kim (2022) |

APP/ α S mice: double Tg mice expressing human APP and human α S

APP mice: single Tg mice expressing human APP

α S mice: single Tg mice expressing human α S

α S_{A30P}: α S variant with A30P mutation

α S_{A53T}: α S variant with A53T mutation

M: monomer

O: oligomer

F: fibril

Fresh: freshly prepared

extracts into AD mice inhibit A β deposition into fibrillar plaques, presumably increasing the quantity of A β oligomers (Bachhuber et al., 2015).

4 Co-localization of A β and α S for direct protein-protein interactions

While A β and α S can facilitate oligomerization of each other indirectly, for example, by enhancing protein production (Roberts et al., 2017), a large body of evidence points to direct A β - α S interactions as a more effective cross-talk mechanism (Ren et al., 2019). Generally, A β and α S are considered as extracellular and intracellular proteins, respectively.

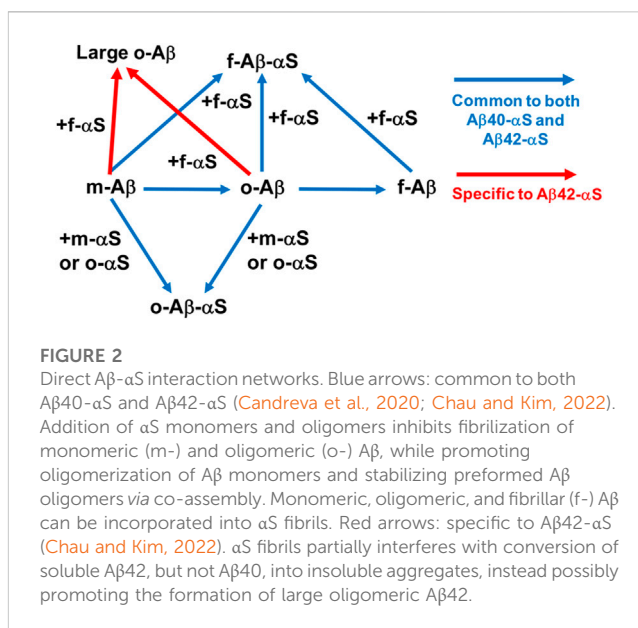
Nevertheless, a chance of these proteins being in spatial proximity is not negligible, permitting the direct protein-protein interactions. For example, expression levels of α S are high in human brain regions where AD lesions are abundant (Mandal et al., 2006). In addition, co-localization of A β and α S (either its NAC fragment or full-length form) was detected within fibrillar plaques (Drummond et al., 2017; Bluhm et al., 2022) in clinical and animal studies and suggested to occur in cellular compartments, such as an mitochondrion (Hashimoto et al., 2003). A β once produced extracellularly can be accumulated intraneuronally (LaFerla et al., 2007). Likewise, α S initially produced intracellularly can be secreted into extracellular space (Lee et al., 2005). Thus, direct protein-protein interactions between A β and α S occur both intracellularly and

extracellularly (Masliah et al., 2001; Hashimoto et al., 2003; Tsigelny et al., 2008; Kaye et al., 2020).

5 Impact of A β - α S interaction on aggregation: *In vivo* and *in vitro* studies

Studies on A β - α S interactions *in vivo* would be most ideal to understand the outcome of the interactions under a biological context. Several animal and cell culture studies have reported impact of direct A β - α S interactions on aggregations (Table 1). For example, A β promotes α S oligomerization and LB inclusions in Tg mice and cultured neurons (Masliah et al., 2001; Tsigelny et al., 2008; Larson et al., 2017; Khan et al., 2018; Lloyd et al., 2021). A β plaque deposition can be accelerated by α S in animal studies (Clinton et al., 2010), though the opposite effects of α S were reported elsewhere (Bachhuber et al., 2015; Khan et al., 2018; Lloyd et al., 2021). Unfortunately, conformations of amyloid proteins are crucial for their associations with other amyloid proteins, internalization mechanisms and pathological effects (Peng et al., 2018; Kaye et al., 2020), yet are difficult to control in samples of biological origin (Peng et al., 2018). Similarly, the collection of brain-derived amyloid aggregates requires sample treatments that can alter aggregation state (Casali and Lanreth, 2016), for example, the use of denaturing agents (e.g., Sarkosyl) for extraction (Ren and Sahara, 2013) or acidic buffer for elution of proteins (Puangmalai et al., 2020). Moreover, isolations of A β and α S from biological origins suffer from low quantities and the lack of concentration controls (Casali and Lanreth, 2016).

Instead, *in vitro* studies with synthetic A β and recombinant α S might be more suitable to examine A β - α S interactions for several reasons: 1) synthetic A β and recombinant α S injections into animal models have proven effective for studying the onset, progression and outcomes of AD and PD pathologies, and their co-pathology (Bloom 2014; McAllister et al., 2020); 2) conformations and aggregation states of A β and α S – critical for the severity and the phenotype of pathology – are relatively easier to control and characterize *in vitro* than *in vivo* (McAllister et al., 2020), permitting an understanding of molecular outcomes from specific A β - α S interactions. In previous *in vitro* studies (Table 1), A β enhanced α S aggregation (Ono et al., 2012; Koppen et al., 2020), including α S oligomerization (Masliah et al., 2001; Tsigelny et al., 2008). α S can either accelerate (Ono et al., 2012) or inhibit A β aggregation *in vitro* (Bachhuber et al., 2015). Unfortunately, the intrinsic complexity associated with different conformers of A β and α S (i.e., monomeric, oligomeric, and fibrillar forms) has precluded the identification of exact synergistic mechanisms linked to AD, PD and their co-pathologies. Moreover, most previous studies have provided limited insight into conformer-specific A β - α S interactions. This limitation arose because aggregation was frequently ill-defined with no distinction between oligomerization and fibrillization. In addition, A β - α S interactions were often characterized under denaturing conditions (e.g., with SDS), which can introduce undesired artifacts on aggregation states, complicating data interpretation. Other histopathology and



injection studies have focused on fibrils, underestimating the role of oligomers in comorbidities.

6 Conformer-specific A β - α S interactions: α S-assisted oligomerization of A β *in vitro*

Recent *in vitro* studies by Kim and coworkers have provided experimental evidence of A β - α S co-assembly into potentially toxic oligomers, revealing important insights into the nature of A β - α S interactions: excess soluble α S species (i.e., α S monomers and oligomers) prevent fibrillization of A β 40 while enhancing oligomerization of A β 40 (Figure 2; Table 1). Though the α S monomer concentration tested in this study was 350 μ M, exceeding the physiological α S concentrations (i.e., low μ M range (Wilhelm et al., 2014)), oligomeric α S at 17 μ M, which is slightly above the physiological α S concentrations, was effective for enhancing A β oligomerization *in vitro*. Thus, this observation suggests a possibility of oligomeric α S seeding A β oligomerization *in vivo*. Moreover, *in vivo* α S concentrations can be elevated locally by various mechanisms (Owen et al., 2019), which may promote the formation of α S oligomers. Once formed, these oligomers are kinetically stable at < μ M concentrations (Nag et al., 2011), available for enhancing A β oligomerization. In the same study, the C-terminus of A β 40 was shown to be directly involved in interactions with α S, facilitating the formation of co-assembled oligomers. The competitive immunoassay provides evidence for binding of A β 40 in all three forms (i.e. monomeric, oligomeric and fibrillar A β 40) to α S fibrils *via* the A β C-terminus (Candrea et al., 2020). In addition, aggregations of α S monomers and oligomers were facilitated by A β 40 fibrils (Candrea et al., 2020), as reported elsewhere (Ono et al., 2012). Interestingly, when judged by

thioflavin T fluorescence, incorporation of α S into fibrillar A β 40 or A β 42 into fibrillar α S was relatively minor or slow compared to co-assembled oligomerization (Candreva et al., 2020). The implication is that A β 40- α S interactions might occur more drastically for the formation of oligomers rather than fibrils.

The subsequent study showed both similarities and dissimilarities between A β 42- α S and A β 40- α S interactions. Specifically, while monomeric and oligomeric α S promoted oligomerization of A β 42, similar to A β 40, α S fibrils induced the formation of large A β 42 oligomers - a finding unique to A β 42 (Figure 2; Table 1) (Chau and Kim, 2022). The C-terminus of A β 42 is primarily utilized for its interactions with α S, similar to A β 40, yet other regions of A β 42 (e.g., A β 22-35) are also involved (Chau and Kim, 2022). A molecular dynamics simulation study suggested that direct A β 42-NAC interactions induce the formation of new β -strands in A β 42 while the NAC domain remains structurally unchanged (Atsmon-Raz and Miller, 2016). A similar structural study with A β and the full-length α S will provide valuable insight into the molecular determinants crucial in A β - α S interactions.

Overall, these studies demonstrate that A β and α S can directly interact to form A β - α S co-assembled oligomers, possibly responsible for the enhanced oligomerization *in vivo* when A β and α S co-exist. Thus, A β - α S interactions provide a synergistic mechanism to produce oligomeric assemblies and may have common biological consequences in AD, PD, DLB and PDD, given that amyloid oligomers are usually neurotoxic (Ahmed et al., 2010; Giehm et al., 2011).

7 Discussion

7.1 A β - α S interactions in a biological context

For a better understanding of pathogenic overlap between AD and PD, how the conformer-specific A β - α S interactions are manifested in a biological context would be a critical first step (Murakami and Ono, 2022). This biological examination would interrogate the pathological relevance of A β - α S interactions, closing a knowledge gap in a link among A β - α S co-assembly, oligomerization and synergistic toxic effects. Intracellular and extracellular co-localizations of A β and α S (Chinta et al., 2010; Drummond et al., 2017) raise a possibility of transportation across cell membranes of oligomers formed by A β - α S interactions, spreading their toxic effects (Kayed et al., 2020). Given α S's ubiquitous and abundant expression in brain and strong innate ability to shuttle between intra- and extracellular compartments (Irwin et al., 2013), the role of α S in orchestrating a pathophysiological ensemble of AD and PD by enhancing A β oligomerization is of a particular therapeutic relevance (Kayed et al., 2020). Moreover, the co-assembly of A β and α S may facilitate circumvention of their proteolytic clearances, possibly increasing their toxic effects *in vivo*. Thus, a strategy to modulate the interactions would open a new therapeutic avenue, beyond targeting self-assembly of a single amyloid protein adopted by most anti-amyloid therapeutic strategies developed against AD and PD (Murakami and Ono, 2022).

7.2 Additional complexity

While A β - α S interactions may provide additional routes to form oligomeric species beyond aggregation of individual amyloid proteins, heterogeneity of oligomers in size, morphology, structure, and seeding ability further increases pathological complexity. A β and α S oligomers of biological or synthetic origins range from dimers to ~200 mers (Breydo and Uversky, 2015) and display different morphologies, such as globular and protofibrillar shapes (Chen et al., 2015). While many A β and α S oligomers possess well-defined secondary structures, usually β -sheets, others are structurally disordered (Breydo and Uversky, 2015; Gao et al., 2020). Moreover, amyloid oligomers can be either on-pathway intermediates of fibrillization or off-pathway end products (Breydo and Uversky, 2015), differing in seeding ability. Inhibitions of A β 42 fibrillization by off-pathway α S oligomers - generated by forming covalent adducts with a dopamine metabolite or a polyunsaturated fatty acid - have recently been reported (Dhakal et al., 2021), though whether the modulations lead to A β - α S co-assembly into oligomers remains unclear. In this study, interactions of A β 42 with the two structurally distinct off-pathway α S oligomers were found to promote the formation of A β 42 assemblies that differ in toxicity, suggesting the importance of α S oligomer conformation in the observed phenotypes and clinical manifestations (Dhakal et al., 2021). Thus, testing with specific subgroups of A β and α S oligomers for the outcomes of their interactions would further depict the heterogeneity-driven complexity of the interactions.

The A β - α S interaction may extend further with other amyloidogenic and non-amyloidogenic proteins, increasing the boundaries of interaction networks (Murakami and Ono, 2022). For example, tau is an intracellular amyloid protein, whose filamentous aggregates are found in the AD afflicted brain (Buee et al., 2000; Twohig and Nielsen, 2019). Tau is highly abundant as soluble monomers and does not spontaneously aggregate under the physiological condition (Jouanne et al., 2017; Visanji et al., 2019), yet its aggregation into oligomers and filaments related to neurotoxicity can be induced by A β following phosphorylation-dependent and independent mechanisms (Jin et al., 2011; Vasconcelos et al., 2016; Gyparaki et al., 2021). Similar to A β and α S, oligomeric rather than monomeric or filamentous tau is toxic (Ghag et al., 2018) and responsible for neuronal dysfunction in AD (Spires et al., 2006). α S can also induce tau aggregation in both phosphorylation-dependent (Twohig and Nielsen, 2019) and independent manners (Giasson et al., 2003). α S oligomers rather than α S monomers and fibrils catalyze tau oligomerization (Lasagna-Reeves et al., 2010) and α S and tau can promote their mutual aggregations (Giasson et al., 2003; Dasari et al., 2019). Thus, the direct A β - α S interactions extend further with tau through the shared release, trafficking and uptake mechanisms (Twohig and Nielsen, 2019; Visanji et al., 2019), that allow intra- and inter-cellular propagation of pathological seeds of A β , α S and tau (Frost et al., 2009; Irwin et al., 2013; Kayed et al., 2020), initiating an autocatalytic cycle of aggregation (Vasconcelos et al., 2016) and spreading pathology (Lloyd et al., 2021). The protein-protein

interaction network centered on A β - α S can also extend with a non-amyloidogenic protein, such as DNA-binding protein TDP-43, known to bind to α S (Dhakal et al., 2022).

8 Conclusion

A β - α S interactions leading to the formation of co-assembled oligomers and their propagation are deemed responsible for pathological complexity, overlap, and heterogeneity of AD, PD and other major neurodegenerative diseases. Thus, a better understanding of A β - α S interactions will be required to close current knowledge gaps and point to new therapeutic strategies targeting oligomerization.

Author contributions

JRK collected materials, wrote the manuscript and approved its submission.

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Conflict of interest

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