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A computational analysis of motor synergies by dynamic response decomposition

Cristiano Alessandro^{1,*}, Juan Pablo Carbajal² and Andrea d'Avella³

¹*AI Lab, University of Zurich, Department of Informatics, Zurich, Switzerland*

²*Department of Electronics and Information Systems, Ghent University, Ghent, Belgium*

³*Laboratory of Neuromotor Physiology, Fondazione Santa Lucia, Rome, Italy*

Correspondence*:

Cristiano Alessandro

AI Lab, University of Zurich, Department of Informatics, Andreasstrasse 15, Zurich, 8050, Switzerland, alessandro@ifi.uzh.ch

Modularity in motor control: from muscle synergies to cognitive action representation

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1 ABSTRACT

2 Analyses of experimental data acquired from humans and other vertebrates have suggested
3 that motor commands may emerge from the combination of a limited set of modules. While
4 many studies have focused on physiological aspects of this modularity, in this paper we propose
5 an investigation of its theoretical foundations. We consider the problem of controlling a planar
6 kinematic chain, and we restrict the admissible actuations to linear combinations of a small
7 set of torque profiles (i.e. motor synergies). This scheme is equivalent to the time-varying
8 synergy model, and it is formalized by means of the dynamic response decomposition (DRD).
9 DRD is a general method to generate open-loop controllers for a dynamical system to solve
10 desired tasks, and it can also be used to synthesize effective motor synergies. We show that
11 a control architecture based on synergies can greatly reduce the dimensionality of the control
12 problem, while keeping a good performance level. Our results suggest that in order to realize an
13 effective and low-dimensional controller, synergies should embed features of both the desired
14 tasks and the system dynamics. These characteristics can be achieved by defining synergies as
15 solutions to a representative set of task instances. The required number of synergies increases
16 with the complexity of the desired tasks. However, a possible strategy to keep the number
17 of synergies low is to construct solutions to complex tasks by concatenating synergy-based
18 actuations associated to simple point-to-point movements, with a limited loss of performance.
19 Ultimately, this work supports the feasibility of controlling a non-linear dynamical systems by
20 linear combinations of basic actuations, and illustrates the fundamental relationship between
21 synergies, desired tasks and system dynamics.

22 **Keywords:** muscle synergies, number of synergies, system dynamics, kinematic strokes, kinematic chain

1 INTRODUCTION

23 Richness, flexibility, and adaptability characterize the generation of movements in many animal species.
24 During the last century these features have fascinated many scientists, who started to investigate the
25 possible mechanisms underlying the observed motor performance. Although many questions remain open,
26 today there is a large consensus that motor skills may arise from a modular and hierarchical organization
27 of the movement system (**Bizzi et al.**, 2008; **Ting and McKay**, 2007; **d'Avella and Pai**, 2010; **Kargo and**
28 **Giszter**, 2000b,a; **Hart and Giszter**, 2004; **Kargo and Giszter**, 2008). This idea was initially introduced
29 by **Bernstein** (1967) in the context of motor redundancy, and it has then evolved into different, yet related,
30 concepts (**Flash and Hochner**, 2005; **Giszter et al.**, 2010). The common denominator of these ideas is
31 that motor actions emerge from the combination of a limited set of modules. This strategy would reduce
32 the number of variables to be controlled, and therefore it might simplify motor control and learning.

33 One of the proposed forms of modularity are the so-called muscle synergies, coordinated activations
34 of groups of muscles (**Tresch et al.**, 1999; **Saltiel et al.**, 2001; **d'Avella et al.**, 2003). Hypothetically,
35 the central nervous system (CNS) encodes a parsimonious set of synergies and combines them in a
36 task-dependent fashion to generate appropriate motor commands. This hypothesis is typically evaluated
37 by analyzing the spatio-temporal regularities of electromyographic signals (EMG) recorded from a
38 group of subjects. Decomposition-based techniques, such as principal component analysis (PCA) or
39 non-negative matrix factorization (NMF), are used to extract the components that best reconstruct the
40 recorded dataset. In many cases these components (i.e. synergies) appear very similar across different
41 experimental conditions, and therefore they are regarded as an indirect evidence of the hypothesized
42 neural modularity. This methodology has been successful in explaining muscle contractions across a
43 wide range of complex tasks (e.g. running, walking, keeping balance, reaching and other combined
44 movements) in humans (**Ivanenko et al.**, 2005; **Cappellini et al.**, 2006; **d'Avella et al.**, 2008, 2006,
45 2011; **Torres-Oviedo and Ting**, 2007, 2010), in frogs (**Giszter et al.**, 1993; **Mussa-Ivaldi et al.**, 1994;
46 **Mussa-Ivaldi and Bizzi**, 2000; **Kargo and Giszter**, 2000b, 2008), cats (**Ting and Macpherson**, 2005;
47 **Torres-Oviedo et al.**, 2006), monkeys (**Overduin et al.**, 2008, 2012), and other species (**Dominici et al.**,
48 2011). However the results are often descriptive in nature and they do not offer a principled investigation
49 of the hypothesized synergy-based control strategy (**Alessandro et al.**, 2013).

50 The implementation of muscle synergies within the CNS is currently under investigation (**Bizzi and**
51 **Cheung**, 2013). Recently, **Hart and Giszter** (2010) have provided direct evidence that dedicated sets
52 of spinal interneurons are associated to the temporal activations of synchronous synergies in frogs.
53 Experiments with monkeys (**Overduin et al.**, 2012) and humans (**Cheung et al.**, 2009b; **Clark et al.**,
54 2010) suggest that synergies may be organized in the spinal cord and in the cortico-spinal divergent
55 connectivity, and that the motor cortex modulates their recruitment. For visually guided tasks, time-
56 varying synergies might be represented also at the cortical level; their spatial structure might derive from
57 divergent corticospinal connectivity or from spinally organized modules, and their temporal characteristic
58 may originate from the activation dynamics of the motor cortex (**d'Avella et al.**, 2006, 2008, 2011).

59 While these studies focus on physiological aspects of the muscle synergy hypothesis, very little research
60 addresses the theoretical foundation of the proposed modular controller. Which synergies should be
61 employed to execute the desired motor tasks? How many synergies are needed? How does the dynamics
62 of the system to be controlled affect the synergy-set? Is there a relation between the desired tasks and
63 these elementary control modules? Addressing these theoretical questions would certainly provide a better
64 understanding of the muscle synergy hypothesis, and might eventually lead to a computational model to
65 explain the experimental data. In this paper we analyze these aspects from the perspective of controlling
66 an idealized arm. We formulate control signals for a planar kinematic chain as linear combinations
67 of a small set of predefined actuations (i.e. synergies) in accordance with the model of time-varying
68 synergies (**d'Avella et al.**, 2003). For this purpose we propose the dynamic response decomposition
69 (DRD), a general tool to find the open-loop controllers that enable a dynamical system to solve desired
70 tasks (**Alessandro et al.**, 2012; **Carbajal**, 2012). Our method initially solves the task in state variables
71 by interpolation; then, it identifies the combination of synergies (i.e. actuation) that leads to the closest

72 kinematic trajectory to the computed interpolant. Additionally we propose a procedure to synthesize a
 73 limited set of effective synergies. In this manuscript we apply the DRD to point-to-point reaching tasks,
 74 and to via-point movements. Within the latter class of tasks we analyze two specific scenarios: (1) moving
 75 to a desired target and coming back to the initial posture (i.e. reversal task), and (2) reaching a desired
 76 location, passing through a given via-point (i.e. via-point reaching). Our theoretical analysis is independent
 77 of the biological implementation details of muscle synergies; i.e. we employ a kinematic chain instead of a
 78 biologically plausible musculoskeletal model, and DRD is currently not proposed as a model of the CNS
 79 mechanisms underlying muscle synergies. However, we believe that our results have a general validity
 80 as they interpret the fundamental problem of controlling a non-linear dynamical system by means of a
 81 modular synergy-based controller.

82 Reversal and via-point reaching movements can be subdivided in two distinct kinematic phases: from
 83 the initial to the intermediate point, and from the intermediate to the final point. A possible strategy to
 84 solve these tasks is therefore to concatenate the actuations associated to the two phases; each actuation
 85 is in turn realized as a combination of synergies. This idea is related to another form of modularity, the
 86 composition of movements into sequences of kinematic primitives, or strokes (Flash et al., 1992; Novak
 87 et al., 2003). While this segmentation explains a vast amount of experimental data, there is no consensus
 88 on whether such strokes effectively reflect a segmented control strategy (Fishbach et al., 2005, 2007).
 89 Alternatively they could just emerge as a result of a possible trajectory optimization (Dagmar and Schaal,
 90 1999), or even be artifacts of the data analysis. In these latter cases the actuation could be computed in its
 91 entirety without concatenation. In this manuscript we analyze both strategies: the concatenation of simple
 92 synergy-based control signals, and the computation of a synergy-based actuation for the whole task. This
 93 investigation provides some computational insights on the advantages and the disadvantages of these two
 94 approaches, and it offers a proof of concept on how muscle synergies and kinematic modularity might be
 95 integrated into a unified framework.

96 This paper is organized as follows. In Sec. 2 we introduce the mathematical formulation of DRD,
 97 the method that we employ throughout the paper to synthesize synergies and to compute task solutions.
 98 Section 3 presents the results obtained for reversal and via-point reaching tasks. Such results are further
 99 discussed in Sec. 4, where we additionally summarize and speculate on important aspects of the muscle
 100 synergy hypothesis that are highlighted by DRD; finally we provide some concluding remarks.

2 METHODS

101 In this section we introduce the mathematical details of the dynamic response decomposition (DRD). After
 102 some definitions, we present the core element of the method: a general procedure to compute actuations
 103 that solve generic reaching tasks (see Sec. 2.1). Subsequently, in Sec. 2.2, we show how DRD can be used
 104 for the synthesis of a set of synergies.

105 Let us consider a differential equation modeling a physical system

$$\mathcal{D}(\mathbf{q}(t)) = \mathbf{u}(t),$$

106 where \mathcal{D} is a differential operator, $\mathbf{q}(t)$ represents the time-evolution of the configuration variables (their
 107 derivatives with respect to time are $\dot{\mathbf{q}}(t)$), and $\mathbf{u}(t)$ is the actuation applied. Inspired by the hypothesis of
 108 muscle synergies, we formulate the actuation as a linear combination of predefined motor co-activation
 109 patterns:

$$\mathbf{u}(t) = \sum_{i=1}^{N_\phi} \phi_i(t) \mathbf{b}_i := \mathbf{\Phi}(t) \mathbf{b}, \quad (1)$$

110 where the N_ϕ functions $\phi_i(t) \in \Phi$ are called *motor synergies*, and are modulated by the weighting
 111 coefficients b_i . The notation $\Phi(t)$ describes a formal matrix where each column is a different synergy, and
 112 the column vector \mathbf{b} encapsulates the weighting coefficients. If we consider a time discretization, $\Phi(t)$
 113 becomes a $N \dim(\mathbf{q})$ -by- N_ϕ matrix, where N is the number of time steps and $\dim(\mathbf{q})$ is the dimensionality
 114 of the configuration space. Equation 1 is essentially equivalent to the model of time-varying synergies
 115 (d'Avella et al., 2003), however in this paper we neglect the possibility to modulate the onset time of each
 116 synergy.

117 We define *dynamic responses* (DR) of the set of synergies the responses $\theta_i(t) \in \Theta$ of the system to each
 118 synergy (i.e. forward dynamics):

$$\mathcal{D}(\theta_i(t)) = \phi_i(t) \quad i = 1 \dots N_\phi. \quad (2)$$

119 with initial conditions chosen arbitrarily.

2.1 THE DYNAMIC RESPONSES DECOMPOSITION

120 A generic reaching task consists in reaching a final state $(\mathbf{q}_T, \dot{\mathbf{q}}_T)$ from an initial state $(\mathbf{q}_0, \dot{\mathbf{q}}_0)$ in a given
 121 amount of time T satisfying intermediate constraints called *via-points*. In the case of a single via-point
 122 defined at time t_v , the task can be formalized as follows:

$$\begin{aligned} \mathbf{q}(0) &\doteq \mathbf{q}_0, & \dot{\mathbf{q}}(0) &\doteq \dot{\mathbf{q}}_0, \\ \mathbf{q}(t_v) &\doteq \mathbf{q}_v, & \dot{\mathbf{q}}(t_v) &\doteq \dot{\mathbf{q}}_v, \\ \mathbf{q}(T) &\doteq \mathbf{q}_T, & \dot{\mathbf{q}}(T) &\doteq \dot{\mathbf{q}}_T, \end{aligned} \quad (3)$$

123 where \doteq indicates a prescribed value, i.e. a point constraint. Depending on the desired task, more or
 124 less requirements can be imposed. For example a simple point-to-point reaching task consists only of
 125 the constraints defined at $t = 0$ and $t = T$. Furthermore, one could formulate *via-point* tasks without
 126 prescribing any velocity. This would define a class of tasks where the system is free to traverse the desired
 127 positions with any velocity. In addition, it is also possible to constrain higher order time derivatives of the
 128 configuration vector, e.g. acceleration, jerk, etc.

129 Controlling a system to perform a given task amounts to finding the actuation $\mathbf{u}(t)$ that leads to an
 130 evolution of the system-variables that fulfills the point constraints (3). Specifically, assuming that the
 131 synergies are known, the goal is to identify the appropriate synergy combination coefficients \mathbf{b} . The DRD
 132 procedure consists of, first, solving the problem in kinematic space (i.e. finding an appropriate $\mathbf{q}(t)$), and
 133 then computing the corresponding actuation. From the kinematic point of view, solving the task can be
 134 seen as an interpolation problem; i.e. a set of functions is used to generate a trajectory $\mathbf{q}(t)$ that interpolates
 135 the points $\{\mathbf{q}_k(t_k), \dot{\mathbf{q}}_k(t_k)\}_{k=0,v,T}$ associated to the task-constraints (3); the idea is not to track a desired
 136 trajectory defined a priori, but to find any trajectory that passes through the points defined by the task. To
 137 build this interpolant one could employ orthonormal polynomials, trigonometric or Gaussian functions, to
 138 mention just a few possibilities. One of the most salient properties of DRD is that it employs the dynamic
 139 responses of the synergies (given by Eq. (2)), that is:

$$\mathbf{q}(t) = \sum_{i=1}^{N_\theta} \theta_i(t) \mathbf{a}_i := \Theta(t) \mathbf{a}. \quad (4)$$

140 The quality of the DRs as building blocks for the interpolation was evaluated in our previous works on
 141 planar kinematic chains (Alessandro et al., 2012) and other dynamical systems (Carbajal, 2012). As we
 142 mentioned before, if time is discretized, $\Theta(t)$ becomes a $N \dim(\mathbf{q})$ -by- N_θ matrix, where N_θ is the number

143 of dynamic responses. The vector of combination coefficients \mathbf{a} is chosen such that the task constraints
 144 are satisfied, obtaining one out of the myriad of possible trajectories that solve the task. Specifically, this
 145 vector is computed by solving the following linear system of equations:

$$\begin{pmatrix} \boldsymbol{\theta}_1(0) & \dots & \boldsymbol{\theta}_{N_\theta}(0) \\ \boldsymbol{\theta}_1(t_v) & \dots & \boldsymbol{\theta}_{N_\theta}(t_v) \\ \boldsymbol{\theta}_1(T) & \dots & \boldsymbol{\theta}_{N_\theta}(T) \\ \dot{\boldsymbol{\theta}}_1(0) & \dots & \dot{\boldsymbol{\theta}}_{N_\theta}(0) \\ \dot{\boldsymbol{\theta}}_1(t_v) & \dots & \dot{\boldsymbol{\theta}}_{N_\theta}(t_v) \\ \dot{\boldsymbol{\theta}}_1(T) & \dots & \dot{\boldsymbol{\theta}}_{N_\theta}(T) \end{pmatrix} \mathbf{a} = M\mathbf{a} = \begin{pmatrix} \mathbf{q}_0 \\ \mathbf{q}_v \\ \mathbf{q}_T \\ \dot{\mathbf{q}}_0 \\ \dot{\mathbf{q}}_v \\ \dot{\mathbf{q}}_T \end{pmatrix} = P. \quad (5)$$

146 The matrix M in the left-hand side is called *alternant matrix*; the solvability of the problem depends on
 147 its rank. If the matrix has full row rank, any point constraint can be solved. Otherwise, the possibility
 148 to find an exact solution (as opposed to an approximation) becomes strictly dependent on the specific
 149 task. According to the Rouché-Capelli theorem, if the rank of the alternant matrix (not necessarily
 150 equal to number of rows) is equal to the rank of the augmented matrix $[M|P]$, where P is the vector
 151 of point constraints, the specific problem can be solved exactly. Section 3 presents some examples. These
 152 observations, and their implications for the hypothesis of muscle synergies, are further discussed in Sec. 4.

153 Once a kinematic solution has been found (as a linear combination of DRs), the corresponding actuation
 154 $\tilde{\mathbf{u}}(t)$ can be obtained by applying the differential operator (i.e. inverse dynamics);

$$\mathcal{D}(\Theta(t)\mathbf{a}) = \tilde{\mathbf{u}}(t).$$

155 Finally, the vector \mathbf{b} can be computed by projecting $\tilde{\mathbf{u}}(t)$ onto the linear span of the synergy set Φ . If
 156 $\tilde{\mathbf{u}}(t)$ does not belong to the linear span of Φ , the solution can only be approximated in terms of a defined
 157 norm (e.g. Euclidean):

$$\mathbf{b} = \arg \min_{\mathbf{b}} \|\tilde{\mathbf{u}}(t) - \Phi(t)\mathbf{b}\|. \quad (6)$$

158 When time is discretized, all functions of time become vectors and this problem can be solved explicitly
 159 using the psuedo-inverse of the matrix $\Phi(t)$,

$$\Phi^+ \tilde{\mathbf{u}} = \Phi^+ \mathcal{D}(\Theta\mathbf{a}) = \mathbf{b}. \quad (7)$$

160 This equation highlights the mapping between the kinematic combination coefficients \mathbf{a} (kinematic
 161 solution) and the synergy combination coefficients \mathbf{b} (dynamic solution):

$$\mathcal{F} = \Phi^+ \circ \mathcal{D} \circ \Theta, \quad (8)$$

162 where \circ denotes composition. Generically, this operator represents a nonlinear mapping $\mathcal{F} : \mathbb{R}^{N_\theta} \rightarrow \mathbb{R}^{N_\phi}$,
 163 and it will be discussed in Sec. 4.3.

164 To assess the quality of the solution we define the following measures:

165 *Interpolation error*: measures the quality of the interpolant $\Theta(t)\mathbf{a}$ with respect to the task-constraints.

$$\text{err}_I = \sqrt{\sum_{k \in K} e_{IPk}^2 + e_{IVk}^2} \quad (9)$$

$$e_{IPk} = \|\mathbf{q}_k - \Theta(t_k)\mathbf{a}\| \quad e_{IVk} = \|\dot{\mathbf{q}}_k - \dot{\Theta}(t_k)\mathbf{a}\|$$

$$K = \{0, v_1, \dots, v_n, T\}$$

166 where $\|\cdot\|$ denotes the Euclidean norm, and the difference between angles are mapped to the interval
 167 $(-\pi, \pi]$. The subindex k identifies the point constraint, i.e. $k = 0$ for the initial condition, $k = v_i$ for
 168 the i -th via-point, and $k = T$ for the final condition. In this work we consider tasks with a single or with
 169 no via-points, i.e. $K = \{0, v, T\}$ and $K = \{0, T\}$ respectively (the latter case corresponding to simple
 170 point-to-point tasks). Note that err_I is not a tracking error with respect to a predefined trajectory, but a
 171 measure of the distance between $\Theta(t)\mathbf{a}$ and the points $\{\mathbf{q}_k(t_k), \dot{\mathbf{q}}_k(t_k)\}$ defined by the tasks.

172 *Projection error*: measures the distance between the actuation $\tilde{\mathbf{u}}(t)$, that solves the task, and the control
 173 signal obtained by the linear combination of the synergies Φ

$$\text{err}_P = \sqrt{\int_0^T \|\tilde{\mathbf{u}}(t) - \Phi(t)\mathbf{b}\|^2 dt}. \quad (10)$$

174 This error represents the loss caused by projecting the actuation $\tilde{\mathbf{u}}(t)$ onto the linear span of the
 175 synergies, and is zero only when the calculated actuation is an element of this span.

176 *Forward dynamics error*: measures the quality of the trajectory $\tilde{\mathbf{q}}(t, \mathbf{b})$, obtained by applying the actuation
 177 $\Phi(t)\mathbf{b}$ to the dynamical system (i.e. forward dynamics), with respect to the task constraints

$$\text{err}_F = \sqrt{\sum_{k \in K} e_{FPk}^2 + e_{FVk}^2} \quad (11)$$

$$e_{FPk} = \|\mathbf{q}_k - \tilde{\mathbf{q}}(t_k, \mathbf{b})\| \quad e_{FVk} = \|\dot{\mathbf{q}}_k - \dot{\tilde{\mathbf{q}}}(t_k, \mathbf{b})\|$$

$$K = \{0, v_1, \dots, v_n, T\}$$

178 Similarly to the interpolation error, err_F is not a tracking error with respect to a desired trajectory, but a
 179 measure of the distance between $\tilde{\mathbf{q}}(t, \mathbf{b})$ and the points defining the tasks. Replacing $\tilde{\mathbf{q}}$, $\dot{\tilde{\mathbf{q}}}$, \mathbf{q}_k and $\dot{\mathbf{q}}_k$ with
 180 their corresponding end-effector values provides the *forward dynamics error of the end-effector*.

181 Note that the quantities err_I and err_F provide a cumulative evaluation of the DRD solution with respect
 182 to all the task-constraints. Mathematically, they represent the Euclidean distance between the DRD
 183 solution and the points characterizing the task. Since these errors are defined as a sum over quantities with
 184 different units, it could be hard to interpret them from a physical point of view. To overcome this problem,
 185 we present our results in two ways. On one hand, we present them in terms of error measures above,
 186 which provide a cumulative assessment of the results simplifying the explanation. On the other hand, we
 187 report the results in terms of the quantities e_{IPk} , e_{IVk} , e_{FPk} , e_{FVk} , which represent interpolation and
 188 forward dynamics errors with respect to position and velocity constraints independently, and therefore
 189 are susceptible to a physical interpretation. These quantities will be normalized by factors that provide
 190 references to the obtained results, and that will be defined in the next sections.

2.2 SYNTHESIS AND DEVELOPMENT OF SYNERGIES

191 The synthesis of synergies is carried out in two phases: exploration and reduction. The exploration phase
192 consists in actuating the system with an extensive set of motor signals Φ_0 to obtain the corresponding DRs
193 Θ_0 . The reduction phase consists in solving a small set of tasks (that we call proto-tasks, and are defined
194 as a set of point constraints) in kinematic space, and then computing the corresponding actuations. The
195 elements of the set Θ_0 are used to interpolate the proto-tasks as described in Eq. (4) and (5); the obtained
196 trajectories are taken as the elements of the reduced set Θ . Finally, the synergy set Φ is computed by
197 applying relation (2), i.e. inverse dynamics, to these kinematic trajectories. As a result, there will be as
198 many synergies as the number of proto-tasks (i.e. $N_\phi = N_\theta$).

199 In a nutshell, the synthesized synergies are the actuations solving the proto-tasks. A legitimate question
200 is: “how do we choose the proto-tasks?”. In principle, the DRD method does not impose any restriction.
201 However, in order to obtain satisfactory performance, synergies should be able to approximate the desired
202 actuations. Since the control signals corresponding to similar tasks are likely to be characterized by similar
203 features, a reasonable choice is that the proto-tasks belong to class of the desired tasks (e.g. reversal, via-
204 point reaching). In such a case, the synthesized synergies are actuations solving instances of the desired
205 class of tasks, and therefore they embed the characteristic features of the desired control signals. Thus, we
206 expect that appropriate linear combinations of these synergies are able to approximate the other actuations
207 belonging to the desired set. In general, the more similar the proto-tasks are to the tasks to be solved (in
208 terms of Eq. (3)), the better the performance of the corresponding synergies. Section 3.4 provides some
209 examples and addresses these issues in detail.

210 Two other aspects that directly influence the quality of the synergy-based controller are the number
211 of proto-tasks and their particular instances. To obtain good performance in a wide variety of tasks, the
212 constraints defining the proto-tasks should cover relevant regions of the state space. Clearly, an increasing
213 number of (different) proto-tasks corresponds to a gradual improvement of the overall performance.
214 However, it also systematically expands the synergy-set, thus affecting the dimensionality of the
215 controller. In order to tackle this trade-off, we propose a procedure that parsimoniously adds a new proto-
216 task only when and where it is needed: if the performance in a desired task is not satisfactory, we add a
217 new proto-task in one of the regions of the state-space with the highest projection error. In other words, the
218 new proto-task is the task with the worst approximated actuation. Note that the procedure to evaluate the
219 projection error in the entire workspace does not involve any actual task execution nor forward dynamics
220 integration, and therefore it is relatively light in calculation.

3 RESULTS

221 We apply the methodology described in Sec. 2 to a simulated planar kinematic chain modeling a human
222 arm (see (Hollerbach and Flash, 1982) for model details). In the exploration phase, we employ an
223 extensive set of motor signals Φ_0 to actuate the arm model and generate the corresponding dynamic
224 responses Θ_0 . The nature of these signals has a marginal role and it does not affect the quality of the
225 obtained results (Alessandro et al., 2012; Carbajal, 2012). Here we use a set of 90 low-pass filtered
226 uniformly random signals (butterworth with cutoff frequency of 0.314 rad). We test the performance of
227 the method on three classes of tasks: point-to-point (Sec. 3.1), reversal (Sec. 3.2) and via-point-reaching
228 (Sec. 3.3).

3.1 POINT-TO-POINT TASKS

229 A point-to-point reaching task consists in reaching a final state from an initial state in a given amount of
230 time. Thus, a task instance is specified by four two-dimensional point constraints: initial and final joint
231 angles and velocities. In this section we restrict our analysis to the subclass of tasks that are characterized
232 by the initial position q_c (red cross in Fig. 1), and that impose initial and final velocities equal to zero,

233 i.e. $\dot{\mathbf{q}}_T = \dot{\mathbf{q}}_0 = 0$. The only unspecified constraints are the joint-coordinates of the target; i.e. since
 234 the kinematic chain has two degrees of freedom (DoF) there are 2 free task-parameters. Essentially the
 235 arm is required to start from the configuration \mathbf{q}_c and reach a desired target with zero velocity. Note that
 236 the velocity constraints are added just to restrict the class of desired tasks, and therefore to simplify the
 237 explanations throughout the paper. The method is mathematically general, and therefore can also be used
 238 to solve tasks in which these constraints are not imposed.

239 After the reduction phase the linear system in Eq. (5) becomes:

$$\begin{pmatrix} \mathbf{q}_c & \cdots & \mathbf{q}_c \\ \boldsymbol{\theta}_1(T) & \cdots & \boldsymbol{\theta}_{N_\theta}(T) \\ 0 & \cdots & 0 \\ 0 & \cdots & 0 \end{pmatrix} \mathbf{a} = \begin{pmatrix} \mathbf{q}_c \\ \mathbf{q}_T \\ 0 \\ 0 \end{pmatrix}, \quad (12)$$

240 where $\boldsymbol{\theta}$ are the reduced DRs, and \mathbf{q}_T is the target posture (that uniquely defines a desired task instance as
 241 \mathbf{q}_c is a fixed value). Since each element is a two-dimensional column vector, the extended matrix consists
 242 of 4 non-zero rows; the first two rows consist of repetitions of the same numerical values (the components
 243 of \mathbf{q}_c). As a result, an exact kinematic solution is guaranteed if the rank of the alternant matrix is equal to
 244 3; i.e. there should be at least 3 linearly independent columns. This poses a lower bound on the minimum
 245 required number of DRs and therefore of synergies. However, a higher number of synergies might be
 246 necessary to achieve satisfactory approximations of the desired actuations, and ultimately to fulfill the
 247 task requirements.

248 Notice that in order to obtain the alternant matrix described in Eq. (13), the proto-tasks should belong to
 249 the same class of the desired tasks (i.e. point-to-point, starting at \mathbf{q}_c). Additionally, the exploration DRs
 250 $\boldsymbol{\Theta}_0$ should be able to generate kinematic solutions that fulfill all the constraints of the proto-tasks (i.e.
 251 zero interpolation error). As it was shown by **Carbajal** (2012), for systems with non-linear dynamics
 252 this is likely to happen as the 8-by-90 alternant matrix, built from the exploration DRs, most probably
 253 contains more than 8 linearly independent columns. Thus any point-to-point task could be solved.

254 Figure 2A shows the distribution of the projection error for an increasing number of synergies, and
 255 exemplifies the proposed procedure to incrementally add new proto-tasks. Initially, two targets are chosen
 256 randomly (top left panel); subsequent targets are added in the regions characterized by higher projection
 257 error. As it can be seen, the introduction of new proto-tasks leads to better performance on wider regions
 258 of the space, and eventually the actuations needed to solve any point-to-point task can be reasonably
 259 approximated ($\text{err}_P < 10^{-2}$ Nm with 7 synergies). The bottom right panel shows the distribution of the
 260 forward dynamics error of the end-effector obtained with 7 proto-tasks. Comparing this panel with the
 261 bottom center one (projection error with 7 proto-tasks), it can be seen that the forward dynamics error
 262 reproduces the distribution of the projection error, rendering the latter a good estimate of the relative
 263 forward performance across tasks. However, it is important to stress that, due to the non-linearity of the
 264 dynamical system, the projection error serves only as an heuristic estimate of the actual error made when
 265 executing the task.

266 Figure 2B shows the trend of the average projection error (across the targets distributed in the workspace)
 267 as a function of the number of proto-tasks. Depending on the precision required, more or less proto-tasks
 268 can be used. Here we employ 7 proto-tasks to obtain an average projection error $< 10^{-2}$ Nm. This means
 269 that the actuations to solve any point-to-point task (starting at \mathbf{q}_c) can be approximated by combining
 270 only 7 synergies. The average forward dynamics error err_F using 7 synergies amounts to $\approx 10^{-2}$. These
 271 results show that a set of “good” synergies can drastically reduce the dimensionality of the controller,
 272 while maintaining satisfactory performance. Note that the controller has to “choose” the values of two
 273 joint-torques at each time-step, thus its dimensionality is much higher than the number of DoF of the
 274 system (in fact it is infinite dimensional if we consider actuations as continuous vector-valued functions of
 275 time). Hence, 7 synergies contribute a dimensionality reduction even if the system has 2 DoF (**Alessandro**
 276 **et al.**, 2013).

task	int _T ($\times 10^{-16}$)		fwd. dyn. _T ($\times 10^{-4}$)	
	pos	vel	pos	vel
1	1.77	2.91	0.23	1.80
2	0.99	3.77	1.14	4.50
3	0.99	0.75	1.34	1.27
4	4.51	0.97	0.96	8.45
5	3.78	2.45	0.22	4.20
6	0.91	1.70	0.64	7.23
7	1.59	3.66	0.48	1.91
8	1.76	2.41	0.86	2.87
9	5.59	2.02	1.13	6.47
10	4.53	6.56	1.05	7.93
11	0	2.98	3.38	51.3
12	0.88	0.25	3.62	2.38
13	2.21	5.39	1.37	28.9

Table 1. Normalized interpolation (int) and forward dynamics (fwd. dyn.) errors for each task-constraint of the testing point-to-point tasks. The normalization factors are $\|e_{PM}\| = 5.02$ rad and $\|e_{VM}\| = 5.70$ rad/s for position and velocity errors respectively; the rationale behind these factors is discussed in Sec. 3.1. The errors are evaluated at the time of the target constraint T . The expressions *pos* and *vel* identify position and velocity constraints respectively.

277 To further demonstrate that the reduction phase is not trivial, we compare the errors resulting from
 278 the set of 7 synthesized synergies, with the errors corresponding to 100 random subsets of size 7 drawn
 279 from the exploration signals. The testing point-to-point tasks are identified by the 13 targets depicted in
 280 Fig. 1. Figure 2C shows that the errors of the random subsets (box-plots) are always orders of magnitude
 281 higher than the errors of the synergies resulting from the reduction phase (filled circles). The 7 reduced
 282 DRs lead to an alternant matrix with rank equal to 3, therefore any point-to-point constrain-vector of
 283 this class can be interpolated exactly. As a result, in contrast to the case of random DRs, the obtained
 284 interpolation error is negligible for all the testing tasks ($err_I \simeq 10^{-15} \sim 0$). In terms of projection and
 285 forward dynamics error, the reduced synergies perform about 2–3 orders of magnitude better than any
 286 random subset. Additionally, they lead to high task performance (forward dynamics errors in the range
 287 $[10^{-3}, 10^{-2}]$), yet greatly reducing the dimensionality of the controller.

288 Figure 2D exemplifies these results for the testing tasks characterized by the highest projection error
 289 (target 11). The difference between the torque that solves the task $\tilde{u}(t)$ (continuous lines) and that
 290 obtained as a linear combination of synergies $\Phi \mathbf{b}$ (dashed lines) is negligible. Similarly, there is negligible
 291 difference between the kinematic solution obtained as a linear combination of DRs (continuous lines) and
 292 the trajectory resulting from the projected actuation (dashed lines).

293 A more detailed evaluation of the obtained results is summarized in table 1, which presents the
 294 normalized values of interpolation and forward dynamics errors for each task-constraint separately at
 295 the target points (i.e. $k = T$, see Eq. (9) and (11)). The errors in position (e_{IPT} and e_{FPT}) are normalized
 296 to $\|e_{PM}\| = 5.02$ rad, where e_{PM} is a vector containing the angular ranges of the two joints (therefore
 297 encoding the maximum position error possible); the errors in velocity (e_{IVT} and e_{FVT}) are normalized
 298 to $\|e_{VM}\| = 5.70$ rad/s, where e_{VM} contains the peak angular velocities of the two joints across the
 299 kinematic solutions to the 13 testing tasks. As it can be seen, the very satisfactory maximum normalized
 300 values are 3.62×10^{-4} (i.e. 0.0002 rad, task 12) for position, and 5.13×10^{-3} (0.03 rad/s, task 11) for
 301 velocity forward dynamics errors.

3.2 REVERSAL TASKS

302 A reversal task consists in reaching a desired target and coming back to the initial position. The tasks
 303 considered in this subsection are characterized by zero velocity at the time of the constraints, i.e. $\dot{\mathbf{q}}(0) =$
 304 $\dot{\mathbf{q}}(t_v) = \dot{\mathbf{q}}(T) = 0$, and by the initial (and final) posture placed in the center of the operational space,
 305 i.e. $\mathbf{q}(0) = \mathbf{q}(T) = \mathbf{q}_c$ (red cross in Fig. 1). Thus, the only free task-parameters are the joint-coordinates
 306 of the intermediate target (2 parameters). In other words, the agent is required to reach a certain location
 307 with zero velocity (i.e. the via-point), and return to its initial posture. These reversal tasks have relevance
 308 as they resemble the motion performed for carrying objects to and from the agent, e.g. reaching for food
 309 and bringing it to the mouth, or picking up a salient object and moving it closer for examination.

310 After the reduction phase, the linear system of equations (5) becomes:

$$\begin{pmatrix} \mathbf{q}_c & \cdots & \mathbf{q}_c \\ \boldsymbol{\theta}_1(t_v) & \cdots & \boldsymbol{\theta}_{N_\theta}(t_v) \\ \mathbf{q}_c & \cdots & \mathbf{q}_c \\ 0 & \cdots & 0 \\ 0 & \cdots & 0 \\ 0 & \cdots & 0 \end{pmatrix} \mathbf{a} = \begin{pmatrix} \mathbf{q}_c \\ \mathbf{q}_v \\ \mathbf{q}_c \\ 0 \\ 0 \\ 0 \end{pmatrix}. \quad (13)$$

311 where $\boldsymbol{\theta}$ are the reduced DRs, and \mathbf{q}_v is the intermediate desired position (that uniquely defines the
 312 specific task instance). For the same rationale discussed in Sec. 3.1, to guarantee the existence of an
 313 exact kinematic solution for any reversal task belonging to this class, the rank of the alternant matrix, and
 314 therefore the minimal number of DRs, should be equal to 3. However, the number of synergies required
 315 to obtain satisfactory values of projection and forward dynamics errors might be higher.

316 Like in the case of point-to-point movements, proto-tasks belong to same class of the desired tasks (i.e.
 317 reversal, $\mathbf{q}_0 = \mathbf{q}_T = \mathbf{q}_c$), and they are added incrementally. Since the position of the desired intermediate
 318 target is the only unknown, the newly added proto-task is identified by placing the via-point in the region
 319 of the operational space with the highest projection error. As shown in Fig. 3A, this strategy aims at
 320 decreasing the projection error over the entire configuration space, such that eventually the actuations
 321 necessary to solve any reversal task can be approximated satisfactorily. In particular, 8 synergies are
 322 enough to obtain an average projection error $\text{err}_P < 10^{-2}$ Nm (see Fig. 3B, blue line), and an average
 323 forward dynamics error of $\approx 10^{-2}$.

324 The reduced synergies are compared to 100 subsets of 8 actuations, randomly chosen from the
 325 exploration motor signals. The testing reversal tasks are identified by the 13 intermediate targets depicted
 326 in Fig. 1. The results shown in Fig. 3C provide additional evidence that the reduction phase identify
 327 effective synergies: the mean errors of the random subsets (boxplot) are orders of magnitude higher than
 328 those corresponding to the reduced synergies (filled circles), and the forward dynamics errors lie in the
 329 range $[10^{-3}, 10^{-2}]$, meaning that the 13 approximated actuations lead to good task performance. Figure
 330 3D depicts the DRD solution of the task with highest projection error (target 11). The difference between
 331 computed and projected torques, as well as the difference between computed and executed trajectories are
 332 negligible, showing the quality of the synthesized synergies.

333 The values of the normalized interpolation and forward dynamics error for each task constraints are
 334 summarized in table 2. The normalization factors, computed as in Sec. 3.1, are $\|e_{PM}\| = 5.02$ rad, and
 335 $\|e_{VM}\| = 8.20$ rad/s, for position and velocity errors respectively. The maximum normalized values of
 336 the errors are 1×10^{-3} (i.e. 0.005 rad, task 12, $k = T$) for position, and 2.5×10^{-3} (0.02 rad/s, task 11,
 337 $k = T$) for velocity forward dynamics errors.

338 *3.2.1 Concatenation of point-to-point actuations* Reversal tasks are composed by two kinematically
 339 different phases: from the initial point to the target (center-out), and from the target back to the initial

task	int _v ($\times 10^{-16}$)		fwd. dyn. _v ($\times 10^{-4}$)		int _T ($\times 10^{-16}$)		fwd. dyn. _T ($\times 10^{-4}$)	
	pos	vel	pos	vel	pos	vel	pos	vel
1	1.82	0.86	0.63	0.98	1.78	1.90	4.62	1.31
2	4.42	2.79	0.27	1.25	4.29	3.14	2.76	7.40
3	2.74	1.52	1.18	2.16	3.96	2.13	8.29	10.55
4	1.77	0.20	0.63	0.38	0.66	1.69	5.93	5.82
5	0.99	1.58	0.91	1.47	0.66	2.63	4.13	4.29
6	1.78	0.29	0.80	0.83	2.74	2.24	7.00	4.77
7	2.21	3.15	0.91	1.71	3.45	3.04	3.88	6.83
8	1.98	1.02	0.50	0.57	1.98	0.39	4.08	1.26
9	0.99	1.79	0.46	2.30	6.38	6.50	0.67	2.90
10	0.75	3.21	0.13	2.23	2.43	3.23	1.43	2.08
11	0.46	1.58	1.51	14.05	5.93	7.73	3.92	25.60
12	0.88	2.45	1.44	9.53	4.17	4.74	10.02	5.34
13	1.33	2.23	1.45	2.25	2.69	6.06	5.75	16.55

Table 2. Normalized interpolation (int) and forward dynamics (fwd. dyn.) errors for each task-constraint of the testing reversal tasks. The normalization factors are $\|e_{PM}\| = 5.02$ rad and $\|e_{VM}\| = 8.20$ rad/s for position and velocity errors respectively. The errors are evaluated at the via-point ($k = v$) and at the final point $k = T$. The expressions *pos* and *vel* identify position and velocity constraints respectively.

340 position (out-center). Therefore, it should be possible to generate suitable control signals by concatenating
 341 the actuations associated to the individual point-to-point tasks. Each of these subtasks are solved by means
 342 of DRD. In the following we explore this possibility, and we compare the obtained solutions to the results
 343 of applying DRD to the entire reversal tasks.

344 In order to produce a meaningful solution from the concatenation, at the beginning of the out-center
 345 movement all the system variables (positions, velocities and accelerations) should match the values
 346 obtained at the end of the center-out phase. This condition can be enforced by imposing additional
 347 constraints on the acceleration of the joints. Here we prescribe zero velocity and acceleration at the end of
 348 the center-out tasks, at the beginning of the out-center, as well as at the target-point of the reversal tasks.
 349 Clearly, any other value would represent an equally suitable choice. Additionally, we assign zero velocity
 350 at the beginning and at the end of the reversal movements. Formally, the tasks are defined as follows:

Center-out

$$\begin{aligned} \mathbf{q}(0) &= \mathbf{q}_c, & \dot{\mathbf{q}}(0) &= 0, \\ \mathbf{q}(t_v) &= \mathbf{q}_v, & \dot{\mathbf{q}}(t_v) &= 0, & \ddot{\mathbf{q}}(t_v) &= 0 \end{aligned} \quad (14)$$

Out-center

$$\begin{aligned} \mathbf{q}(t_v) &= \mathbf{q}_v, & \dot{\mathbf{q}}(t_v) &= 0, & \ddot{\mathbf{q}}(t_v) &= 0, \\ \mathbf{q}(T) &= \mathbf{q}_c, & \dot{\mathbf{q}}(T) &= 0 \end{aligned} \quad (15)$$

Reversal

$$\begin{aligned} \mathbf{q}(0) &= \mathbf{q}_c, & \dot{\mathbf{q}}(0) &= 0, \\ \mathbf{q}(t_v) &= \mathbf{q}_v, & \dot{\mathbf{q}}(t_v) &= 0, & \ddot{\mathbf{q}}(t_v) &= 0, \\ \mathbf{q}(T) &= \mathbf{q}_c, & \dot{\mathbf{q}}(T) &= 0. \end{aligned} \quad (16)$$

351 The synthesis of the synergies for each class of tasks follows the same procedure described in Sec.
 352 2.2 and exemplified in Fig. 3A. We choose the number of synergies for the point-to-point (6 synergies)

	Reversal		Via-point reaching	
	Error ($\times 10^{-2}$ Nm)	N_ϕ	Error ($\times 10^{-2}$ Nm)	N_ϕ
1st phase	1.1	6	1.2	6
2nd phase	1.4	6	1.4	6
Concatenation	1.3	12	1.5	12
DRD	1.6	7	1.3	17

Table 3. Mean projection errors obtained for the testing instances of reversal and via-point reaching tasks using N_ϕ synergies. See text for more details.

353 and for the reversal tasks (7 synergies) in order to achieve comparable average projection errors across
 354 the 13 testing targets (0.011 for center-out, 0.014 for out-center, 0.016 for reversal tasks as computed by
 355 DRD, and 0.013 for the concatenation of DRD point-to-point solutions). The individual projection errors
 356 are depicted in Fig. 4A. For the targets 1-8,10 and 13, the actuations provided by the concatenation of
 357 point-to-point DRD solutions are better suited than those computed by applying DRD to the entire tasks.
 358 However, the forward dynamics errors do not always follow the same relation (Fig. 4B). As an example,
 359 for the targets 2-7, the entire DRD solution performs better than the concatenation of the point-to-point
 360 actuations. The relation is however kept for targets 1, 8, 10, 11 and 12. Although these results might seem
 361 counter intuitive, they can be explained by analyzing the forward dynamics errors of the single center-
 362 out and the out-center tasks. It can be noticed that when the error of the entire DRD reversal solution is
 363 lower than any of the point-to-point errors, the former solution is preferable to the concatenation-based
 364 trajectory (targets 2-7, 9, 11-13). On the other hand, when the forward errors of both point-to-point tasks
 365 are lower than the error of the entire reversal solution, concatenation seems to be a better strategy (targets
 366 1, 8, 10). In most of the cases, the forward error of the concatenation err_{Fcoc} is almost close to the “sum”
 367 of the single point-to-point errors, err_{Fco} and err_{Foc} . In order to conform to the definition of the error (see
 368 Eq. (11)), this sum is computed as $\text{err}_{Fcoc} = \sqrt{\text{err}_{Fco}^2 + \text{err}_{Foc}^2}$.

369 The relation between the forward error of the concatenation and the forward errors of the individual
 370 point-to-point DRD solutions is, in reality, far from trivial. The scenario is depicted schematically in Fig.
 371 5, where the red line represents a possible solution to a reversal task. Trivially, in the first part of the
 372 movement the trajectory obtained from the concatenation strategy (dashed line) corresponds to the DRD
 373 solution to the center-out task (dashed green). The actuation corresponding to the out-center task is then
 374 applied. Since the first submotion is affected by errors (i.e. forward error of the center-out task, $e_{co}(t_{vp})$),
 375 the system does not lie in the initial conditions associated to the out-center task (yellow line). This initial
 376 error propagates over the course of the movement according to the dynamical properties of the system
 377 (dashed blue line), and affects the state at the end of the motion. The resultant final error $e_{coc}(T)$ is in
 378 general different from the forward error of the DRD out-center solution $e_{oc}(T)$. As a result, the overall
 379 forward error of the concatenation can be higher (e.g. target 11) or lower (e.g. target 9) than the “sum” of
 380 the point-to-point errors. In theory, due to this effect, applying DRD to the entire task could lead to better
 381 performance than concatenating DRD point-to-point actuations even if the error of the entire solution is
 382 higher than both the errors of center-out and out-center tasks. Such a scenario is however not very likely
 383 if the error associated to center-out task is very low (as in our examples).

384 In general terms, none of the two methods seems to be better than the other, however the following
 385 conclusions can be drawn. The concatenation-based solution accumulates the errors of the single
 386 movement phases. Furthermore, this strategy requires additional conditions on the kinematic variables
 387 to enable the compatibility between the two point-to-point trajectories. On the other hand, the application
 388 of DRD to the entire reversal task requires the definition of adequate proto-tasks. If these details are not
 389 available (the class of desired tasks is too general, see Sec. 3.4), the concatenation method might be a
 390 viable alternative. Table 3, summarizes the results of this and the next sections.

3.3 VIA-POINT REACHING

391 In this section we show the performance of DRD to solve via-point reaching tasks. These motions require
 392 the agent to reach a desired final position, passing through a given via-point. Specifically, in this section
 393 we set the via-point to be the center of the operational space \mathbf{q}_c (red cross in Fig. 1), and the initial,
 394 intermediate, and final velocities to be equal to zero. The joint-coordinates of initial and final postures,
 395 \mathbf{q}_0 and \mathbf{q}_T , represent the free task-parameters as they can be chosen arbitrarily to instantiate specific
 396 tasks (4 parameters). Finally, we prescribe acceleration equal to zero at the via-point. As described in the
 397 previous section, this enables us to generate meaningful task solutions by concatenating the actuations
 398 corresponding to the two phases of the movement. Formally, the desired class of tasks can be described
 399 as follows:
 400

$$\begin{aligned} \mathbf{q}(0) &= \mathbf{q}_0, & \dot{\mathbf{q}}(0) &= 0, \\ \mathbf{q}(t_v) &= \mathbf{q}_c, & \dot{\mathbf{q}}(t_v) &= 0, & \ddot{\mathbf{q}}(t_v) &= 0 \\ \mathbf{q}(T) &= \mathbf{q}_T, & \dot{\mathbf{q}}(T) &= 0. \end{aligned} \quad (17)$$

401 The synergies are synthesized as described in Sec. 2.2. Since the parameters \mathbf{q}_0 and \mathbf{q}_T can be chosen
 402 arbitrarily, the parameter space is four-dimensional. This condition does not affect the general procedure;
 403 i.e. proto-tasks are sequentially added in the point of the space characterized by the highest projection
 404 error. Figure 6A depicts the averaged projection error (across the targets distributed in the parameter
 405 space) as a function of the number of synergies.

406 The synthesized synergies are tested on 18 tasks, the initial and final positions of which are drawn from
 407 the targets in Fig. 1. Figure 6B reports the errors obtained by using 17 reduced synergies (upward green
 408 triangles), and the performance of 100 sets of size 17 drawn from the exploration signals (box-plots).
 409 The interpolation errors corresponding to the synthesized synergies are lower than, but comparable to,
 410 the mean errors of the random sets ($\approx 10^{-14}$). This is not surprising since 17 random signals are likely
 411 to produce an alternant matrix with full row-rank, thus any desired constraint vector can be obtained
 412 with negligible interpolation error. However, it is interesting to notice that the information added by the
 413 reduction phase leads to lower interpolation errors. In relation to projection and forward dynamics errors,
 414 the synthesized synergies perform about 2 orders of magnitude better than the random signals, providing
 415 further evidence that the reduction phase is a valuable procedure. Figure 6C shows the DRD solution of
 416 the via-point reaching task with the highest projection error (starting at point 10 and arriving at point
 417 5). Similarly to point-to-point and reversal movements, the difference between computed and projected
 418 actuations, and the difference between interpolated and executed trajectories are negligible.

419 The detailed values of normalized interpolation and forward dynamics errors are summarized in table 4.
 420 Similarly to the position and velocity errors, the acceleration errors are defined as $e_{IAk} = \|\ddot{\mathbf{q}}_k - \ddot{\Theta}(t_k)\mathbf{a}\|$
 421 and $e_{FAk} = \|\ddot{\mathbf{q}}_k - \ddot{\tilde{\mathbf{q}}}(t_k, \mathbf{b})\|$ (interpolation and forward dynamics respectively). The normalization factors,
 422 computed as in Sec. 3.1, are $\|e_{PM}\| = 5.02$ rad, and $\|e_{VM}\| = 7.05$ rad/s, for position and velocity errors
 423 respectively; the errors in acceleration are normalized to $\|e_{AM}\| = 61.5$ rad/s², where e_{AM} contains
 424 the peak angular accelerations of the two joints across the kinematic solutions to the testing tasks. The
 425 maximum normalized values of the errors are 4.2×10^{-3} (i.e. 0.021 rad, task 10-3, $k = T$) for position,
 426 6.4×10^{-3} (0.046 rad/s, task 13-1, $k = T$) for velocity, and 2.03×10^{-6} (1.2×10^{-4} rad/s², task 2-8,
 427 $k = v$) for acceleration forward dynamics errors.

428 Finally, we compare the use of DRD for solving the entire tasks, to the concatenation of individual
 429 DRD point-to-point solutions. In the same vein of the reversal tasks, the considered via-point reaching
 430 movements can be composed of an initial out-center motion (from \mathbf{q}_0 to \mathbf{q}_c), followed by a center-out
 431 movement (from \mathbf{q}_c to \mathbf{q}_T). The number of synergies is chosen to obtain a comparable mean projection
 432 error across the 18 testing tasks. We used 6 synergies for both out-center and center-out tasks, and
 433 17 synergies for via-point reaching, leading to the following average errors: 0.012 Nm for center-out,

task	int _v ($\times 10^{-16}$)			fwd. dyn. _v ($\times 10^{-4}$)			int _T ($\times 10^{-16}$)		fwd. dyn. _T ($\times 10^{-4}$)	
	pos	vel	acc	pos	vel	acc	pos	vel	pos	vel
13 – 9	4.85	6.34	3.73	1.58	17.86	0.0127	1.59	7.90	8.19	38.26
2 – 4	5.16	4.12	0.27	11.79	24.88	0.0201	2.50	4.02	19.53	17.86
10 – 5	3.43	3.66	0.66	10.90	19.31	0.0117	1.33	5.20	35.56	28.91
12 – 6	3.65	0.78	2.67	9.87	12.55	0.0051	3.32	2.60	5.71	11.39
3 – 5	2.66	2.09	0.57	3.41	1.12	0.0001	2.50	2.91	10.93	9.66
1 – 9	3.19	1.42	2.17	3.41	5.05	0.0011	0.88	7.14	8.94	21.68
13 – 7	6.38	6.13	1.78	1.33	10.89	0.0065	1.82	3.59	4.71	5.62
2 – 12	5.93	4.24	1.91	7.20	11.63	0.0042	2.70	5.28	22.32	13.66
10 – 3	2.59	3.47	0.80	11.64	24.35	0.0189	1.11	9.02	42.07	61.72
12 – 2	2.83	2.88	2.58	1.70	17.67	0.0099	1.77	5.78	11.47	15.36
3 – 8	4.42	2.24	0.48	7.42	8.21	0.0023	1.11	1.76	3.54	4.99
1 – 7	0.22	3.02	0.54	0.71	7.84	0.0019	2.38	3.81	15.40	6.14
13 – 1	6.53	6.39	2.34	2.63	20.00	0.0190	4.53	4.86	31.77	64.69
2 – 8	6.25	4.53	0.47	11.59	25.12	0.0203	3.07	2.69	5.25	4.44
10 – 11	1.89	3.20	2.68	8.71	14.96	0.0073	0.83	17.83	18.40	22.30
12 – 4	2.59	0.76	2.11	10.23	11.06	0.0039	3.32	7.12	5.50	10.91
3 – 11	5.16	1.69	3.13	2.26	3.76	0.0005	1.25	9.98	5.42	4.22
1 – 10	2.50	3.77	1.01	1.93	1.25	0.0001	4.45	5.00	11.79	34.46

Table 4. Normalized interpolation (int) and forward dynamics (fwd. dyn.) errors for each task-constraint of the testing via-point reaching tasks. The normalization factors are $\|e_{PM}\| = 5.02$ rad, $\|e_{VM}\| = 7.05$ rad/s and $\|e_{AM}\| = 61.5$ rad/s² for position, velocity and acceleration errors respectively. The errors are evaluated at the via-point ($k = v$) and at the final point $k = T$. The expressions *pos*, *vel* and *acc* identify position, velocity and acceleration constraints respectively.

434 0.014 Nm for out-center, 0.013 Nm for via-point reaching as solved by DRD, and 0.015 Nm for the
 435 concatenation. Table 3 summarizes these results.

436 The yellow downward triangles in Fig. 6B indicate the performance of the concatenation strategy. In
 437 line with the rationale in Sec. 3.2.1, this method accumulates the errors of the sequential point-to-point
 438 solutions, resulting in higher values of forward dynamics and interpolation error. From the point of view of
 439 dimensionality reduction, the concatenation strategy might be convenient as the the number of synergies
 440 reduces from 17 to 12 (6 for each movement phase) with a small loss of performance (see Table 3).

3.4 TASK GENERALITY AND NUMBER OF SYNERGIES

441 The obtained results show that via-point reaching tasks require a higher number of synergies than reversal
 442 tasks. To achieve a mean projection error $< 10^{-2}$ Nm, via-point reaching needs at least 17 synergies,
 443 and the reversal tasks at least 7. In this section, we provide a plausible interpretation of this difference,
 444 accompanied by additional results to support our rationale.

445 For the sake of clarity let us first define the *generality* of a class of tasks as the number of its free task-
 446 parameters. As discussed above, the desired class of tasks can be defined by imposing certain values to
 447 the state variables and their derivatives. For example, the reversal tasks presented in Sec. 3.2 impose zero
 448 velocities, and additionally fix initial and final postures to a specific point of the configuration space, q_c .
 449 Although they are essentially via-point tasks, each instance is defined only by the position of the desired
 450 intermediate target. Thus the generality of this class of task is 2 as the target is specified by two values
 451 (i.e. its joint-coordinates). Via-point reaching tasks, as defined in Sec. 3.3, fix the position of the via-point
 452 to q_c , and impose initial, intermediate and final velocities equal to zero; each task instance is therefore
 453 defined by the desired initial and final postures, thus the generality of this class of tasks is 4.

454 The lower the generality of the desired class of tasks, the lower the variability of the control signals.
455 This observation is exemplified in Fig. 7, which shows the actuations associated to the reversal (panel
456 **A**) and the via-point reaching testing tasks (panel **B**). As expected, the actuations in panel **A** are more
457 regular than those in panel **B**. Quantitatively, the mean correlations between the (absolute values of the)
458 control signals of the shoulder are 0.97 and 0.67 for reversal and via-point reaching respectively, and the
459 correlations between the actuations of the elbow are 0.70 and 0.53. The regularities that can be observed
460 in the first phase of the via-point reaching movements are simply due to the fact that groups of testing
461 tasks are characterized by the same initial position (see the abscissas label of Fig. 6B). If this was not the
462 case, the corresponding mean correlation values would be even lower.

463 The number of required synergies is strictly related to the previous observations. Since the proto-tasks
464 belong to the desired class of tasks (see Sec. 2.2), the reduced synergies are elements of the set of desired
465 actuation. If the desired control signals are characterized by a low degree of variability (e.g. reversal case),
466 their essential features can be captured by a handful of elements. Otherwise, a higher number of synergies
467 is required.

468 To further test the validity of our rationale, we consider three increasingly more general classes of
469 tasks. The first class (a) consists of the reversal tasks described in Sec. 3.2, in which the only free task-
470 parameters are the joint-coordinates of the via-point. The second one (b) fixes only the initial position,
471 while via-point and final posture can be chosen arbitrarily. Finally, the third class of tasks (c) does not
472 impose any fixed posture. Figure 3B shows the trends of the average projection errors as a function of the
473 number of synergies for the three cases (blue continuous, red dotted and green dashed lines respectively).
474 As expected, the number of synergies that are needed to obtain a certain degree of performance increases
475 with the generality of the class of tasks. The projection error is meaningful only if the kinematic solution
476 fulfills the task constraints, thus the trends in Fig. 3B should be considered starting from the minimum
477 number of proto-tasks that guarantees this condition (i.e. 3, 5 and 6 synergies). The oscillations that can
478 be observed for a smaller number of synergies can therefore be ignored as they are not representative of
479 task performance in any way.

480 The effectiveness of the reduction phase is strictly related to the generality of the desired class of tasks.
481 Very general classes lead to weakly correlated control signals. Thus, the reduction phase becomes less
482 useful, and the synthesized synergies will embed regularities that are solely due to the dynamics of
483 the system. Additionally, in order to obtain good performance in all the desired tasks, a large number
484 of synergies will be required. As a direct consequence, the performance of the synthesized synergies
485 will approach the performance of generic actuations. To illustrate this concept we compare the synergies
486 synthesized for each of the previous classes of tasks with random sets of exploration actuations. The latter
487 control signals are not generated through the process of reduction, and therefore they are not expected to
488 embed any information about the tasks to be solved. We choose the minimum number of synergies that
489 guarantees a mean projection error $< 10^{-2}$ Nm, i.e. 8, 18, 24 for classes (a), (b) and (c) respectively (see
490 Fig. 3B). Then we use these groups of synergies to solve the 13 reversal testing tasks. Figure 8 depicts the
491 difference between the mean projection errors obtained by using the random sets e_{ri} , and the projection
492 errors corresponding to the three sets of synergies e_{si} (i.e. $I_i = e_{ri} - e_{si}$ for each class i). As expected,
493 this difference reduces for increasingly more general tasks.

4 DISCUSSION

494 We performed an analysis of the muscle synergy hypothesis from a computational perspective; i.e. the
495 control of a planar kinematic chain through linear combinations of a limited set of torque profiles (motor
496 synergies). We proposed the DRD as a tool to generate appropriate synergy-based controllers and to
497 synthesize an effective set of synergies; such a tool has been tested to solve point-to-point and via-
498 point tasks. DRD generates a kinematic solution by combining the dynamic responses of the synergies,
499 and it employs inverse dynamics to compute the corresponding actuation; this control signal is finally
500 approximated by a linear combination of synergies. The problem of finding a kinematic solution is

501 therefore reduced to a simple interpolation, and the associated combination of synergies is obtained by
502 projection. The quality of the obtained controller (and ultimately the task performance) depends on the
503 set of synergies used.

504 Although our approach involves many assumptions and simplifications, we believe that it highlights
505 important theoretical aspects of the muscle synergy hypothesis. First, we have provided direct evidence
506 to the possibility of controlling a non-linear dynamical system by linear combinations of a parsimonious
507 set of basic actuations; these scheme can result in good performance across many instances of the desired
508 class of tasks. Hence, we support the paradigm of muscle synergies as a possible CNS principle to simplify
509 motor control and learning. Furthermore, our results suggest that, in order to realize an effective and low-
510 dimensional controller, synergies should embed features of the system dynamics and the desired class of
511 tasks. Within the DRD, the information on the system dynamics is captured by the DRs (i.e. trajectories of
512 the system variables under the actuation of each synergy), and that on the desired class of tasks is obtained
513 by means of the reduction procedure (i.e. solving a representative set of proto-tasks). The beneficial effect
514 of this approach is visible from two perspectives: at the kinematic level, it leads to an alternant matrix
515 that can generate the desired constraint vectors (see Eq. (12) and (13)); at the actuation level, it provides
516 samples of the desired control signals (see Fig. 7). As a result, the obtained synergies over-perform
517 hundreds of arbitrary choices of basic controllers taken from the exploration motor signals.

518 The number of required synergies to achieve a given performance depends on the generality of the
519 desired class of tasks (i.e. number of free task-parameters); general tasks (e.g. via-point reaching)
520 require more synergies than highly specific ones (e.g. reversal). These considerations further confirm
521 that synergies are strictly tailored to the class of tasks to be solved. The mathematical formulation of
522 DRD shows a clear non-linear relationship between kinematic and actuation modularity, that is directly
523 intertwined to the dynamics of the system. Our analysis on the concatenation of synergy-based controllers
524 to solve via-point tasks is directly related to the notion of kinematic primitives (Flash et al., 1992), and
525 it represents a control scheme that, for the first time, integrates this form of modularity together with
526 muscle synergies. The obtained results show that the concatenation method accumulates the errors of the
527 individual submotions. On the other hand, the application of DRD to the entire via-point task requires the
528 definition of well specified proto-tasks. If the class of task is too general, concatenation could be a viable
529 strategy to keep the number of synergies low (see Table 3).

530 The usage of a kinematic chain rather than a muscle-driven skeletal model is a simplification in our
531 work that is worth discussing. This simplification implies the definition of control signals (and therefore
532 synergies) in the space of joint torques, and not in muscle activation space. In a musculoskeletal system,
533 the non-linear relation between torques and kinematic variables is complemented by the additional non-
534 linear dynamics that translates muscle activations into joint torques. The total mapping between muscle
535 activations and kinematic variables is non-trivial. The chain of the two non-linear relations might either
536 compensate each other, resulting in overall milder non-linearities, or form an even stronger one. A more
537 detailed model could also bring into play other effects, for example the reflex dynamical properties of
538 muscles, which might themselves correct mild external disturbances, stabilizing the overall system. In
539 any case, our mathematical framework aims at capturing the fundamental theoretical problem behind
540 the muscle synergy hypothesis; i.e. the possibility of controlling the output variables of a non-linear
541 dynamical system (i.e. kinematic chain or musculoskeletal model) by means of a linear input strategy
542 (i.e. linear combination of torque or muscle synergies). Thus, although muscle synergies may emerge
543 from the interaction between neural as well as biomechanical constraints (Ting and McKay, 2007), we
544 believe that the findings of this work (see Sec. 4.1) are qualitatively valid also for realistic musculoskeletal
545 models. Nevertheless, quantitative details such as the obtained number of synergies and their waveforms
546 are strongly intertwined to the dynamical system used. We intend to evaluate DRD in more biologically
547 plausible systems in future developments of our work. In what follows we are going to discuss our work
548 in relation to the current debate on muscle synergies (Sec. 4.1 and 4.2), and to the field of robotics (Sec.
549 4.3).

4.1 COMPUTATIONAL INSIGHTS ON THE MUSCLE SYNERGY HYPOTHESIS

550 Many studies in experimental neuroscience analyze the validity of the muscle synergy hypothesis solely
551 in terms of the accuracy in approximating recorded EMG signals (d'Avella et al., 2003; d'Avella and
552 Bizzi, 2005; Torres-Oviedo and Ting, 2007, 2010; Cheung et al., 2009a). This measure is equivalent to
553 our projection error, and it does not explicitly quantifies the quality of the synergy-based controller. The
554 introduction of complementary measures, similar to the forward dynamics error, would provide a direct
555 evaluation of task performance, and therefore they could shed new lights on the hypothetical modularity
556 of the CNS (Delis et al., 2013; Alessandro et al., 2013).

557 In this vein, some researchers introduced the concept of functional synergies, i.e. the components of
558 an extended dataset that includes muscle activations as well as measurements of task variables (e.g. joint
559 angles, end-limb force) (Torres-Oviedo et al., 2006; Chvatal et al., 2011). As a result, each component
560 consists of two elements: a pattern of muscle contractions, and the corresponding evolution of the task
561 variables. Such an approach is not too different from the idea behind DRD: synergies are associated
562 to their DRs (i.e. biomechanical functionalities), which are linearly combined to obtain the kinematic
563 solution of the task. However, the identification of functional synergies by means of non-negative matrix
564 factorization (NMF), implies that muscle synergies and their biomechanical functionalities are scaled by
565 the same coefficients. This contrasts with our theoretical results, which show a nonlinear relationship (the
566 mapping \mathcal{F} , see Eq.(8)) between the mixing weights of the synergies and those of the DRs. Ideally, one
567 should go beyond the use of NMF, and develop novel techniques that do not impose a linear mapping
568 between the two sets of coefficients.

569 The mapping \mathcal{F} points out a fundamental non-linear relationship between kinematic and actuation
570 modularity. More generally, this result applies to any groups of variables that are related to each other
571 by a non-linear differential operator like \mathcal{D} (e.g. kinematic and muscle variables, muscle excitation and
572 activation, neural and muscle activation). However, linear forms of modularity have been investigated
573 both at the kinematic (Berret et al., 2009) and at the muscle activation level (d'Avella et al., 2006). Our
574 result suggests that these modularities cannot coexist; i.e. if one level of variables is bounded to a linear set
575 (e.g. kinematic variables in our work), the other level of variables can at most be approximated linearly,
576 but they intrinsically belong to a non-linear space (e.g. torque). Alternatively, additional processes might
577 linearize the system dynamics as suggested by Berniker et al. (2009) and Nori (2005).

578 The fact that synergies and DRs are related through the dynamics of the system has another important
579 implication. Since the former are feasible kinematic solutions to the proto-tasks, the obtained synergies
580 can always be realized as actuations. The same cannot be said, in general, for synergies identified
581 from numerical analyses of biomechanical data. Though some studies have verified the feasibility of
582 the extracted synergies as actuations (McGowan et al., 2010; Neptune et al., 2009; Allen and Neptune,
583 2012), biomechanical constraints are not explicitly included in the extraction algorithms. Additionally,
584 Eq. (2) provides an automatic way to cope with smooth variations of the agent morphology. That is, both
585 the synergies and their dynamic responses evolve together with the body. In line with Nori (2005), these
586 considerations highlight the importance of the body in the hypothetical modularization of the CNS.

587 The mathematical formulation of DRD, and in particular the system of linear equations (5), shows a
588 clear relation between the minimum number of synergies and the difficulty of the task. To guarantee
589 the existence of a kinematic solution, the alternant matrix should be full-row rank. In other words, the
590 minimum number of proto-tasks, and therefore of synergies, should correspond to the dimensionality of
591 the task-constraint vector. For a two-DoF kinematic chain, general via-point tasks consist of three position
592 and three velocity constraints (each of them is two-dimensional); thus, at least twelve DRs are required
593 to be able to solve any task in kinematic space. A highly specified class of tasks reduces the minimum
594 number of required synergies. For example, point-to-point and reversal tasks, that are characterized by two
595 free task-parameters (i.e. location of the target), require 3 DRs (instead of 12); for via-point reaching this
596 number increases to 5 (see Sec. 3). Note that these bounds are solely based on kinematic considerations;
597 since the dynamical system is non-linear, they do not necessarily guarantee low values of projection and
598 forward dynamics error. In fact, as shown in Sec. 3, the number of synergies that is required to obtain

599 satisfactory performance is certainly higher than the theoretical kinematic-based estimation. However,
600 this number still follows the principle that more general tasks require a higher number of synergies (see
601 Fig. 3B and Sec. 3.4).

602 Our method to synthesize synergies might be interpreted from a developmental perspective. Initially,
603 the agent explores its sensory-motor system employing a variety of actuations. Later, it attempts to
604 solve the first tasks (proto-tasks), perhaps obtaining weak performance as the exploration phase may
605 not have produced enough responses yet (see the box-plots in Fig. 2C, 3C and 6B). If the agent finds
606 an acceptable solution to a proto-task, such a solution is used to generate a new synergy (populating the
607 set Φ), otherwise it continues with the exploration. The failure to solve important tasks for its survival,
608 could motivate the agent to include additional proto-tasks; Fig. 2A and 3A illustrate this mechanism. The
609 development of the synergy-set incrementally improves the overall abilities of the agent. Alternatively,
610 existing proto-tasks could be modified. It has to be clear that we are not arguing in any way that this
611 procedure resembles the mechanisms involved in the motor development of biological organisms. It is
612 however interesting that our procedure facilitates the autonomous generation of new synergies, and the
613 possible adaptation of the existing ones to cope with the changes in the body dynamics (see Eq. (2)).
614 These features are in line with the recent findings by **Dominici et al.** (2011). An alternative strategy for
615 synergy development (not implemented in this paper) might be the concatenation of movement chunks. If
616 the agent has already developed the synergies to solve point-to-point tasks, via-point proto-tasks could be
617 solved by the concatenation of point-to-point actuations. As shown in Fig. 4B and 6B the results might
618 not be as good as if the solution were computed ad-hoc (i.e. for the entire via-point proto-tasks). However,
619 inspired by **Sosnik et al.** (2004) and **Rohrer et al.** (2004), one could imagine that such solutions might
620 improve with practice, eventually leading to appropriate via-point modules.

621 The concatenation of point-to-point control signals to solve via-point tasks is based on the observation
622 that movements can be composed by sequences of kinematic strokes, or submovements. The relation
623 between this form of planning modularity (**Morasso and Mussa-Ivaldi**, 1982) and muscle synergies is
624 still under debate. Possibly, as implemented in our formulation, each kinematic stroke translates into a
625 combination of time-varying synergies, and therefore the final movement plan corresponds to a sequence
626 of mixing patterns. This strategy would be in line with the hypothesis of an intermittent controller
627 that sequentially initiates discrete movement primitives (**Fishbach et al.**, 2005; **Karniel**, 2013; **Squeri**
628 **et al.**, 2010; **Loram et al.**, 2010). Submovements might be combined in time succession (**Meyer et al.**,
629 1988; **Soechting and Terzuolo**, 1987), or based on the vectorial summation of overlapping preplanned
630 trajectories (**Flash and Henis**, 1991; **Henis and Flash**, 1995; **Novak et al.**, 2003; **Roitman et al.**, 2004;
631 **Pasalar et al.**, 2005). In this manuscript we have exemplified the former approach; the analysis of the latter
632 by means of DRD is non-trivial, and it is therefore left for future work. As shown by recent experimental
633 studies (**d'Avella et al.**, 2011), such a strategy might enable reusing synergies underlying point-to-point
634 kinematic trajectories to generate more complex trajectories involved in reaching a jumping target. Finally,
635 it is important to notice that the kinematic solution to a via-point task appears to be composed of different
636 movement-chunks even when it is obtained from a single composition of highly specified synergies. This
637 observation supports the idea that strokes could just emerge as a result of the trajectory optimization
638 (**Dagmar and Schaal**, 1999) or even be data analysis artifacts.

639 Our work analyzes the theoretical aspects, rather than the implementation details, of the muscle synergy
640 hypothesis. As such DRD does not represent a model of the neural substrates involved in muscle
641 synergies, and we do not claim that DRD is somehow implemented within the CNS. In fact, the biological
642 mechanisms involved in muscle synergies are probably very different from the mathematical techniques
643 used in this paper. For example, in our method synergies can be obtained simply by computing the solution
644 to the proto-tasks; on the contrary, the biological process of synergy development is very likely to be
645 incremental, and it spans several years of development (**Dominici et al.**, 2011). However, some of the
646 functionalities of DRD are not biologically implausible. The computation of a kinematic solution to a
647 task (see Eq. (8)) can be regarded as a form of kinematic planning, and can be performed by means of
648 a recurrent neural network (**Cichocki and Unbehauen**, 1992a,b) that computes the DRs mixing weights
649 α . Interestingly, DRD suggests that, although muscle synergies are defined at the motor command level

(i.e. muscle activation), they could also be related to kinematic planning, and that the planning process might be carried out by exploiting knowledge of the system dynamics (in our framework embedded in the DRs). The non-linear function \mathcal{F} is a mapping between two finite dimensional sets of variables (the DR weights, expression of the planned trajectory, and the synergy weighting coefficients \mathbf{b}), therefore it can be encoded by means of a feedforward neural network. Conceptually, this function represents the neural pathways between the cortical areas related to planning (Buneo and Andersen, 2006) and the neural substrate where synergies are supposedly located; the outputs of this function represent the descending neural commands that modulate synergy recruitments (Ting and McKay, 2007; Ting, 2007; Ivanenko et al., 2003; Torres-Oviedo et al., 2006; Torres-Oviedo and Ting, 2010). As a matter of fact, \mathcal{F} is a compact form of inverse dynamical model. Thus, its hypothetical neural implementation may involve the primary motor cortex (M1), which is known to be related to dynamical features of the movements (and in particular to inverse dynamics) (Kalaska, 2009), and the cerebellum, which is supposedly involved in the neural representation of internal models (Bursztyn et al., 2006; Diedrichsen et al., 2005; Kawato, 1999). These considerations are supported by the recent hypothesis suggesting that muscle synergies might be organized both at the spinal (Hart and Giszter, 2010) and at the cortical level (Overduin et al., 2012); their spatial structure might derive from divergent corticospinal connectivity or from spinally organized modules, and their temporal characteristic may originate from the dynamics of the recurrent connections of the motor cortex (d'Avella et al., 2006).

4.2 COMPARISON WITH OTHER COMPUTATIONAL STUDIES

While many studies try to validate or falsify the hypothesis of muscle synergies, only a few researchers have focused on developing and testing control architectures based on this concept. Some of these works aim at proposing novel techniques for robot control, other intend to analyze the hypothesized modularity from a computational point of view. Our work falls into the second category; in this section we briefly compare it to similar contributions, in particular to those studies that provide a possible interpretation of muscle synergies. The reader is referred to (Alessandro et al., 2013) for a more comprehensive review.

Inspired by the original work by Mussa-Ivaldi (1997), Nori and Frezza (2005) developed a control architecture for non-linear systems based on the idea of spinal force fields (Nori, 2005; Mussa-Ivaldi et al., 1994; Mussa-Ivaldi and Bizzi, 2000; Giszter et al., 1993). Relying on the technique of feedback linearization, the method yields a set of synergies that is able to generate a complete repertoire of movements (i.e. the system can reach any arbitrary state in an arbitrary amount of time). Thus, the authors interpreted muscle synergies as a basis of the entire control action space. Berniker et al. (2009) defines synergies as the smallest set of input vectors that influences the output of a reduced-order model of the agent, and that minimally restrict the commands useful to solve the desired tasks. Practically, this set is found by optimizing the synergies against a representative dataset of desired sensory-motor signals. Similarly, Todorov and Ghahramani (2003) employ an unsupervised learning procedure to identify muscle synergies from a collection of sensory-motor data, which is obtained by actuating the robot with random signals. Their work proposes that synergies are a constituent part of an inverse model of the sensory-motor system. Another interpretation is given by Marques et al. (2012), who suggest that synergies solely reflect the biomechanical constraints of the agent.

Similar computational approaches have also been used to test whether a given model of muscle synergies (or more generally, a primitive-based controller) is competent to reproduce experimental observations. The comparison between simulated and experimental data is often performed both at the kinematic and at the muscle activation level. Furthermore, the role of biomechanical constraints is explicitly taken into account. Hence, employing biologically plausible models of the musculoskeletal apparatus becomes necessary. Kargo et al. (2010) have demonstrated that the model of premotor drives accounts for the kinematic trajectories and the isometric force fields observed in frog wiping reflexive behaviors (Kargo and Giszter, 2008). In particular they have showed that realistic wiping trajectories can be obtained simply by modulating the amplitudes and the phase-shifts of the activation pulses, without altering the muscle activation balance of each synchronous synergy. Similar studies have been carried out in the

698 context of human walking (McGowan et al., 2010; Neptune et al., 2009; Allen and Neptune, 2012) and
699 balancing in cats (McKay and Ting, 2008, 2012).

700 Unlike all those studies, the work presented herein does not aim at reproducing experimental data, rather
701 it provides a theoretical investigation of motor synergies. As discussed in Sec. 3.4, our work suggests
702 that synergies can be obtained by solving well defined control problems. Similar ideas have already been
703 proposed (Alessandro and Nori, 2012; Chhabra and Jacobs, 2008; Todorov, 2009; Thomas and Barto,
704 2012). However, these studies do not investigate which class of problems are best suited for this purpose.
705 In this manuscript we show that these problems (i.e. proto-tasks) should belong to the same class of the
706 desired tasks; this would lead to a compact set of synergies that capture features of the system dynamics
707 and the desired class of tasks, and therefore result in good task performance. Additionally we show a clear
708 relation between the number of synergies and two characteristics of the task: generality (i.e. number of
709 free task parameters), and difficulty (i.e. number of constraints). Further, we propose a possible integration
710 scheme between kinematic stroke and muscle synergies; to the best of our knowledge no other synthetic
711 study has tested this idea.

4.3 THE DRD METHOD AND ITS RELEVANCE TO ROBOTICS

712 In robotics an active field of research focuses on novel mechanisms to generate trajectories (e.g. kinematic
713 patterns or motor commands) and to learn their representations from given samples. The frameworks
714 of Dynamic Movement Primitives (DMPs) (Ijspeert et al., 2013) and Stable Estimator of Dynamical
715 Systems (SEDS) (Khansari-Zadeh and Billard, 2011) have recently received particular attention for
716 their stability and invariance properties. Both methods encode desired trajectories in the attractor
717 landscapes of appropriately tuned autonomous dynamical systems. While in DMPs this is obtained by
718 modifying the dynamics of a well known system by mean of a learned forcing term, SEDS employs
719 Gaussian mixture models (GMM) to identify the desired attractor landscape from scratch. Also the DRD
720 can be interpreted as a method to generate kinematic trajectories and control signals. The former are
721 obtained by linearly combining the DRs (i.e. kinematic solutions to the proto-tasks), and the latter by
722 linearly combining the synergies (i.e. projections of the actuations that solve the proto-tasks onto the
723 synergy-span). A quantitative comparison between our method and dynamical system-based architectures
724 is out of the scope of this paper, however the following considerations can be made.

725 DMPs and SEDS employ advanced machine-learning techniques to learn a representation of externally
726 provided desired trajectories (e.g. via imitation learning). In contrast, DRD is not only limited to represent
727 task solutions, but it also provides a strategy to self-generate them (i.e. planning). Given a set of constraints
728 defining the task, DRD finds both a kinematic solution by interpolation, and the corresponding actuation
729 by projection. As a result, no desired trajectory has to be provided externally nor any complex learning
730 procedure is required, instead simple algebraic operations are used to solve the control problem. These
731 features are possible mainly for two non-trivial results: (1) the dynamic responses of non-linear systems
732 are good basis functions to build interpolant trajectories, (2) the actuations solving the proto-tasks (i.e.
733 synergies) span a representative set of control signals.

734 In terms of generalization, the spatial invariance property of DMP can be exploited to generate only
735 scaled versions of the learned movement kinematics (e.g. point-to-point reaching and reversal tasks). This
736 is not the case for combinations of DRs, which, for example, can generate via-point reaching movements
737 that share the same initial and intermediate points, but have different targets (see Sec. 3.3). This kind of
738 generalization could be obtained by shaping the dynamics of the DMPs by means of appropriate basis
739 functions that capture common features of the desired tasks (Rückert and d'Avella, 2013). This idea
740 is in spirit similar to solving proto-tasks, however it requires a computationally intense learning phase
741 if compared to our method to synthesize synergies. The same drawback is experienced by using SEDS.
742 Furthermore, synergies embed essential features of the desired control signals, and therefore, unlike DMP
743 and SEDS, DRD can generalize also at the actuation level.

744 The main disadvantage of DRD is its explicit time-indexing; as a result it does not provide an easy
745 strategy to modulate the velocity of a given movement, and it leads to controllers that are not robust

746 to time-perturbation. Moreover, at the current stage DRD does not provide proved stable controller, a
747 feature that can be enjoyed in DMP and SEDS. These drawbacks could be avoided by encoding synergies
748 and DRs by means of DMPs. In a similar vein, techniques based on mixture of DMPs have recently
749 been proposed to improve generalization. Outstanding results have been obtained, however each primitive
750 has to be learned by demonstration (Muelling et al., 2010). Using DRD such primitives could be self-
751 generated by means of the procedure to solve proto-tasks, and then they could be translated into dynamical
752 systems. In conclusion, DRD and DMP could be combined into a unified powerful technique that inherit
753 the advantages of both approaches, rendering the two methods more complementary than competitive.

754 In the DRD method, once the task is solved in kinematic space, the corresponding actuation can be
755 computed using the explicit inverse dynamical model of the system (i.e. the differential operator \mathcal{D}).
756 It might appear that there is no particular advantage in projecting this solution onto the linear span of
757 the synergy set. However, the differential operator might be unknown or affected by errors; this is very
758 often the case in robotics, where learning inverse models is still a hot topic of research (Nguyen-Tuong
759 and Peters, 2011). A synergy-based controller would enable to compute the appropriate actuation by
760 evaluating the mapping \mathcal{F} on the vector \mathbf{a} , hence obtaining the synergy combinators \mathbf{b} . Since \mathcal{F} is a
761 mapping between two finite low-dimensional vector spaces, estimating this map may turn out to be easier
762 than estimating the differential operator \mathcal{D} . In order to estimate the map \mathcal{F} , the input-output data generated
763 during the exploration phase (i.e. Φ_0 and Θ_0) could be used as learning data-set. The obtained relation
764 could be instrumental to estimate a first guess of the synergy set; \mathcal{F} and Φ could then be iteratively
765 modified until convergence. Further work is required to test these ideas.

4.4 CONCLUSIONS

766 The current work analyzes the hypothesis of muscle synergies from a computational perspective; i.e. the
767 control of a planar kinematic chain through linear combinations of a limited set of torque profiles (motor
768 synergies). The proposed Dynamic Response Decomposition is able to generate effective synergies,
769 greatly reducing the dimensionality of the problem, while keeping a good performance level. In order
770 to obtain good performance across a variety of task instances, synergies should capture the essential
771 features of the tasks to be solved, and take the system dynamics into account. The number of required
772 synergies increases with the generality of the desired class of tasks. Nevertheless, to keep the number of
773 synergies low, solutions to general tasks can be obtained by concatenating the synergy-based controllers
774 associated to simple point-to-point movements with a limited degradation of task performance. Overall
775 our work serves as a proof of concept for the notion of muscle synergies, showing that linear combinations
776 of actuation modules can be used to control a non-linear dynamical system. This paper highlights the
777 advantages and the limitations of this approach, and it draws attention to important aspects that are not
778 easily accessible in experimental studies.

779 The future developments of this research point towards different directions. The relations between
780 muscle synergies and kinematic submovements will be further investigated. In particular, we will analyze
781 the idea of overlapping point-to-point strokes (Flash et al., 1992). Another interesting line of investigation
782 is the validation of our method against biological data, paving the way towards a predictive model
783 of the muscle synergy hypothesis. To this end, a first step will be the evaluation of DRD on realistic
784 musculoskeletal models. From the theoretical point of view, we are currently studying the mathematical
785 properties of the synergies synthesized by means of the reduction procedure. Finally, we plan to tackle the
786 challenge of learning the mapping between kinematic and synergy coefficients.

787 The software used to produce all the results reported in this paper is available as a GNU Octave package
788 under free and open source license¹. The reader is encouraged to download, test, report bugs and submit
789 improvements to the algorithm.

¹ <http://users.elis.ugent.be/~jcarbaja/DRD/drd.html>

DISCLOSURE/CONFLICT-OF-INTEREST STATEMENT

790 The authors declare that the research was conducted in the absence of any commercial or financial
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CAPTIONS

Figure 1: Salient points of the testing-tasks in end-effector space. The solid line delimits the workspace of the kinematic chain. For point-to-point testing tasks, the red cross represents the initial position of the arm, and the blue dots indicate the final targets. For reversal tasks, the red cross represents the initial and final position of the arm, and the blue dots illustrate the intermediate targets. Finally, for the via-point reaching tasks the red cross indicates the location of the via-point, and the blue dots represent the initial and the final positions of the arm. In the text, the joint configuration vector corresponding to the red cross is referred as q_c .

Figure 2: Results of point-to-point tasks. **A** Selection of proto-tasks based on projection error. Each panel shows the kinematic chain in its initial posture (straight segments), and the distribution of the projection error over the end-effector space (colored region). The color of each point indicates the projection error produced to reach a target in that position. The bottom right panel shows the distribution of the forward dynamics error of the end-effector using 7 proto-tasks (7 synergies). **B** Average projection error (across targets distributed in the workspace) as a function of the number of synergies. **C** Evaluation of the reduction phase for the testing point-to-point tasks. Comparison between the synthesized synergies (filled circles) and subsets randomly selected from the exploration-actuators (box-plots). **D** Actuation that solves the task (continuous lines) and projected (dashed lines) torque, and interpolated (continuous lines) and executed (dashed lines) joint trajectories for the tasks with the highest projection error (i.e. target 11).

Figure 3: Results of reversal tasks. **A** Selection of proto-tasks based on projection error. Each panel shows the kinematic chain in its initial posture (straight segments), and the distribution of the projection error over the end-effector space (colored region). The color of each point indicates the projection error produced to reach that position and to go back to the initial posture. The bottom right panel shows the distribution of the forward dynamics error of the end-effector using 8 proto-tasks (8 synergies). **B** Averaged projection error as a function of the number of proto-tasks for increasingly general classes of via-point tasks. The least general tasks are reversal motions (blue continuous line), characterized by two free task-parameters (i.e. configuration of the intermediate target). An increase in generality consists in fixing only the initial posture, while intermediate target and final position represents free task-parameters (red dotted line). Finally the most general class (green dashed line) does not fix any posture (6 free task-parameters). The number of synergies required to achieve the same error increases with the generality of the class of tasks. These results are discussed in Sec. 3.4. **C** Evaluation of the reduction phase for the testing reversal tasks. Comparison between the synthesized synergies (filled circles) and subsets randomly selected from the exploration-actuators (boxplots). **D** Actuation that solves the task (continuous lines) and projected (dashed lines) torque, and interpolated (continuous lines) and executed (dashed lines) joint trajectories for the tasks with the highest projection error (i.e. target 11).

Figure 4: Comparison between the DRD solutions to the entire testing reversal tasks (green triangles) and the concatenation of DRD point-to-point solutions (blue crosses) in terms of projection (**A**) and forward dynamics errors (**B**). The plot also indicates the performance of the individual center-out (magenta circles) and out-center tasks (red squares), and the sum of their corresponding errors (black Xs).

Figure 5: Schematic representation of the concatenation of DRD point-to-point solutions. The red line represents a possible exact solution to a reversal task. The first part of the concatenation-based trajectory (until the time of the via-point t_{vp}) corresponds to the individual center-out solution (dashed green line), which is affected by the forward dynamics error $e_{co}(t_{vp})$. This error propagates over the course of the second submovement (dashed blue line), leading to the final error $e_{coc}(T)$. The latter is in general different from the final forward dynamics error $e_{oc}(T)$ of the individual out-center movement (orange continuous line).

Figure 6: Results of via-point reaching tasks. **A** Average projection error (across via-point reaching tasks with initial and final positions distributed in the workspace) as a function of the number of synergies. **B** Evaluation of the reduction phase for 18 testing via-point reaching tasks; “Start” and “End” indicate the indexes of the initial and final points respectively (see Fig. 1). The plots also present the errors obtained by concatenating individual out-center and center-out DRD solutions (yellow downward triangles). **C** Actuation that solves the task (continuous lines) and projected (dashed lines) torque, and interpolated (continuous lines) and executed (dashed lines) joint trajectories for the tasks with the highest projection error (i.e. Start 10, End 5).

Figure 7: Actuations corresponding to the testing reversal and via-point reaching tasks. Since the latter class of tasks is more general, the corresponding control signals are less correlated than the reversal ones. This is particularly visible in the second phase of the movement (after the dashed vertical line that marks the time of the via-point). See text for more details and for the values of the correlation.

Figure 8: Difference between the mean projection errors obtained by using the random sets, e_{ri} , and the projection errors corresponding to three sets of synergies, e_{si} (i.e. $I_i = e_{ri} - e_{si}$ for each set i), for solving the reversal testing tasks. The sets of synergies correspond to increasingly more general classes of tasks; i.e two, four and six free task-parameters (right diagonal blue, green and left diagonal red bars respectively). This difference reduces for increasingly more general tasks, showing that the effectiveness of the reduction phase decreases as the actuations become less regular.

Figure 1.TIF

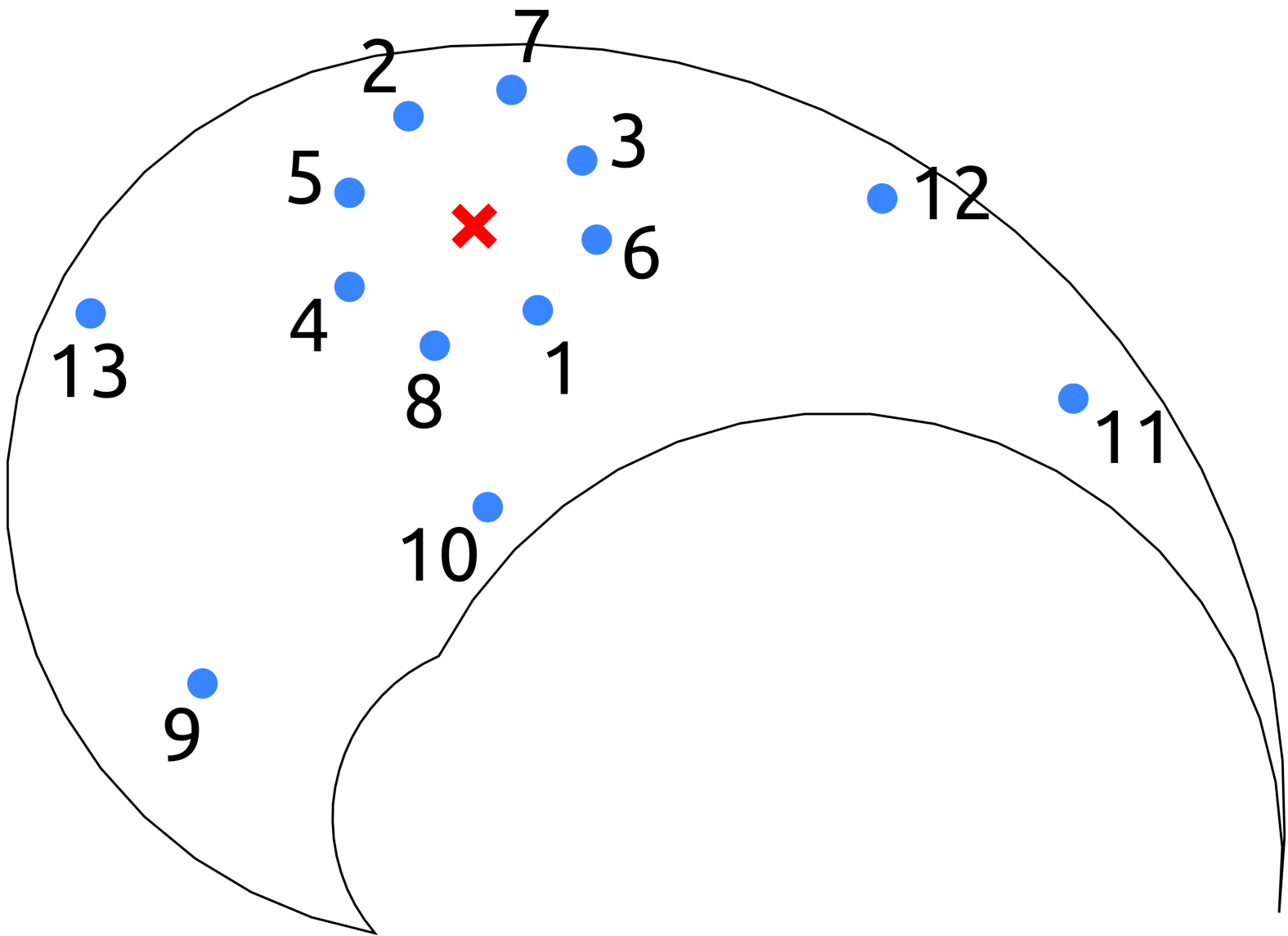


Figure 2.TIF

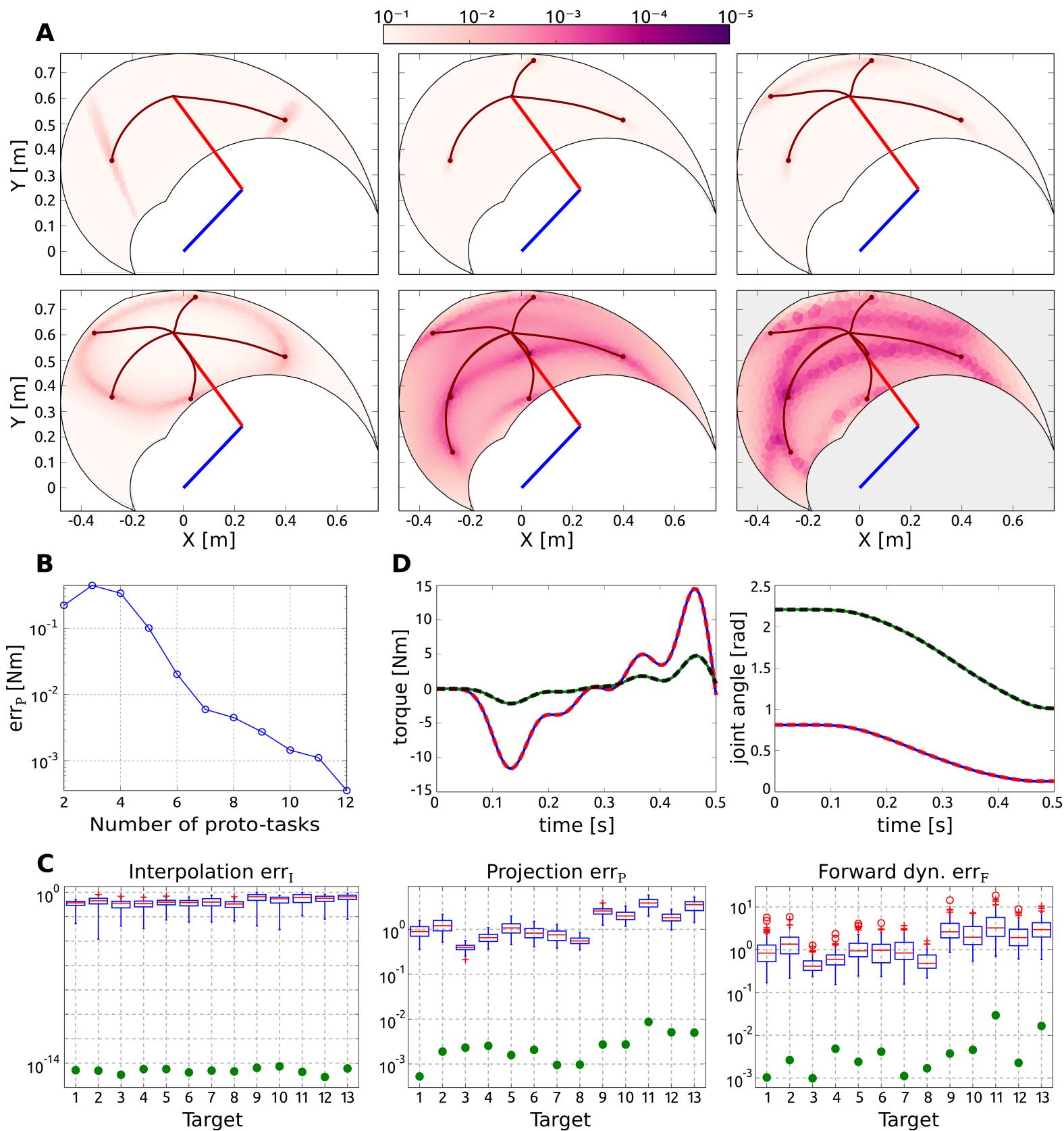


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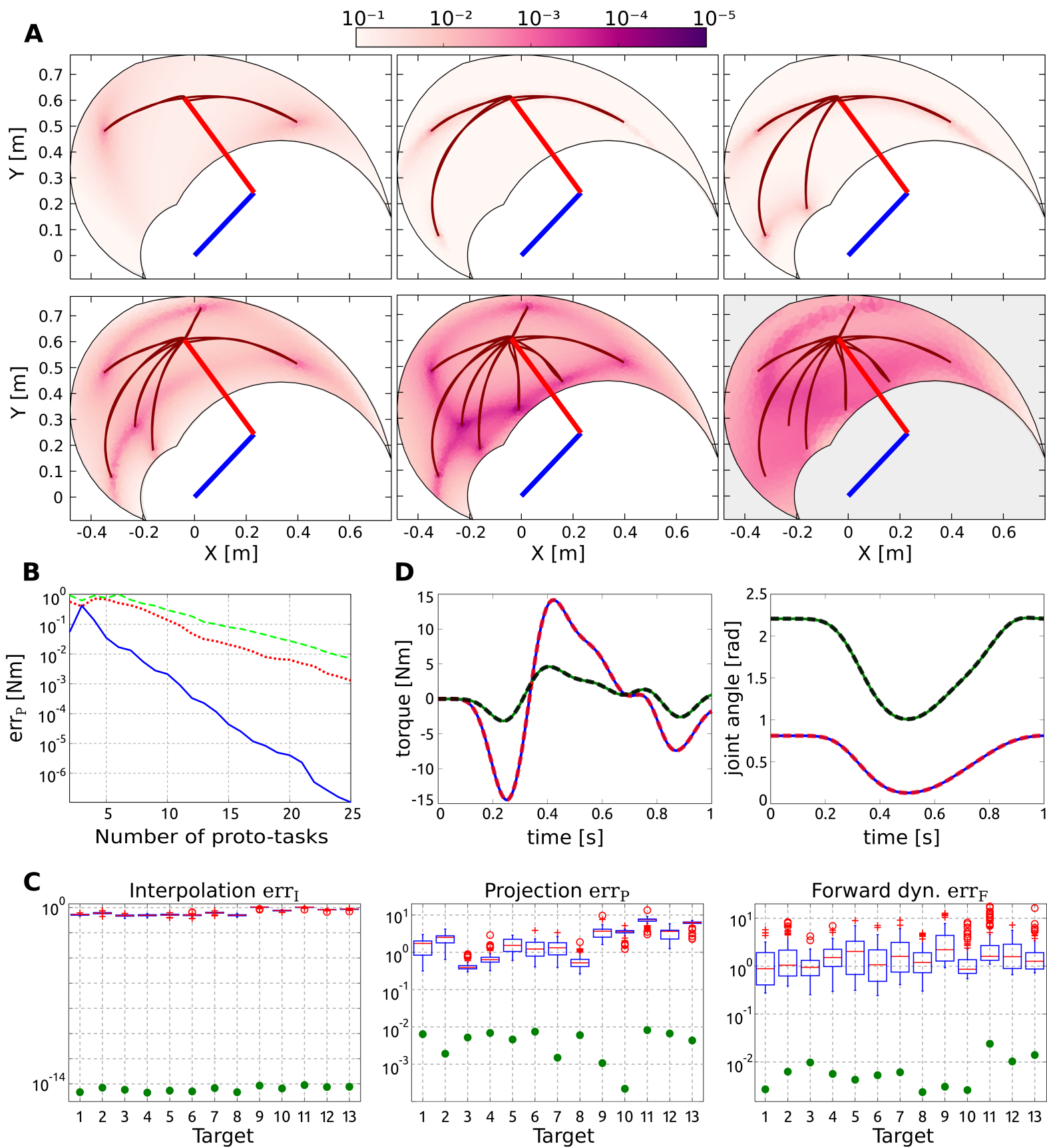


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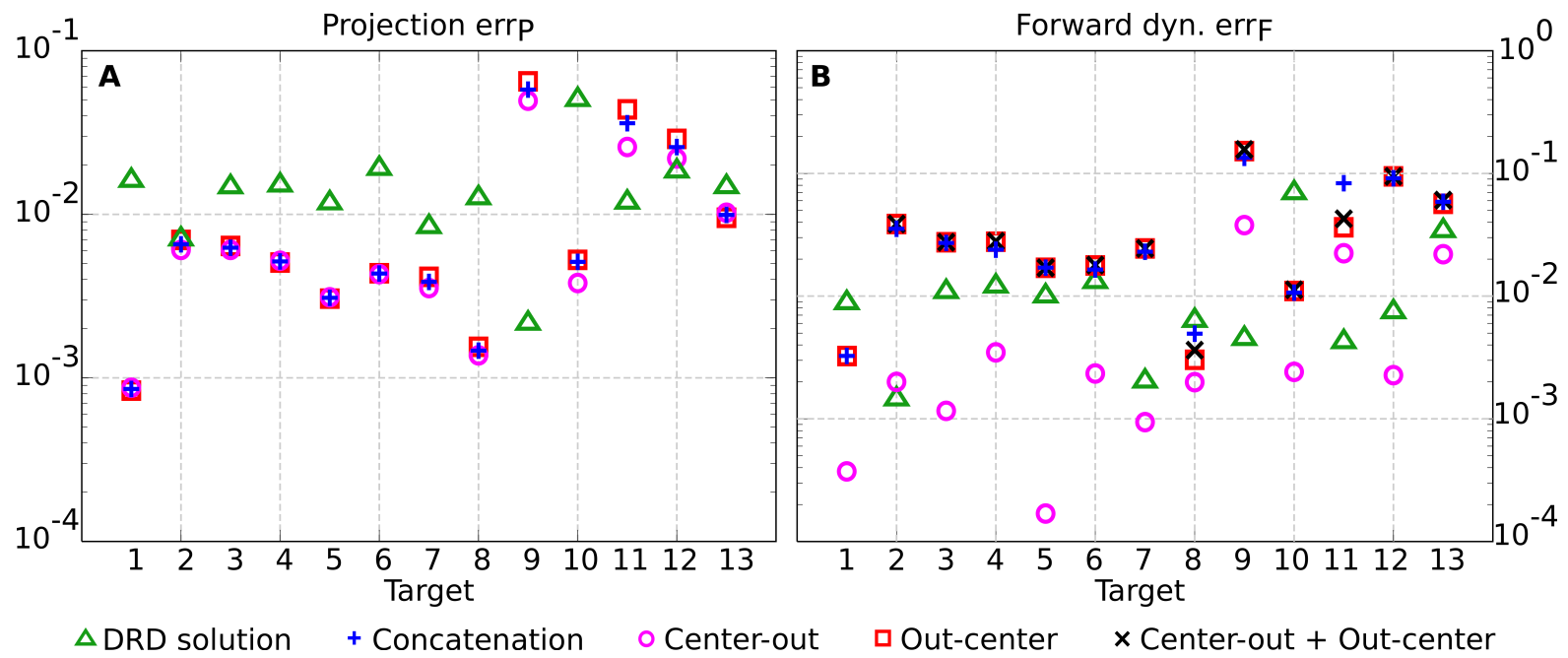


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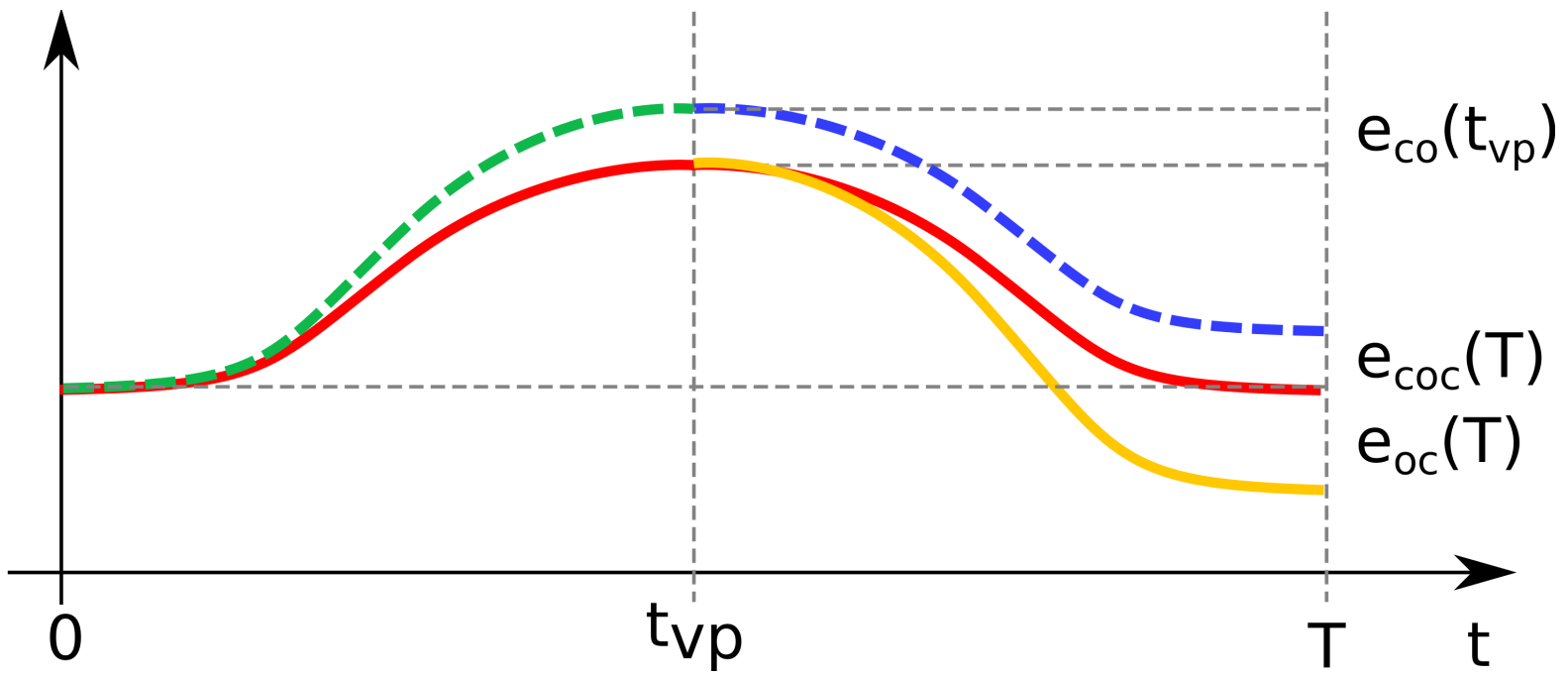


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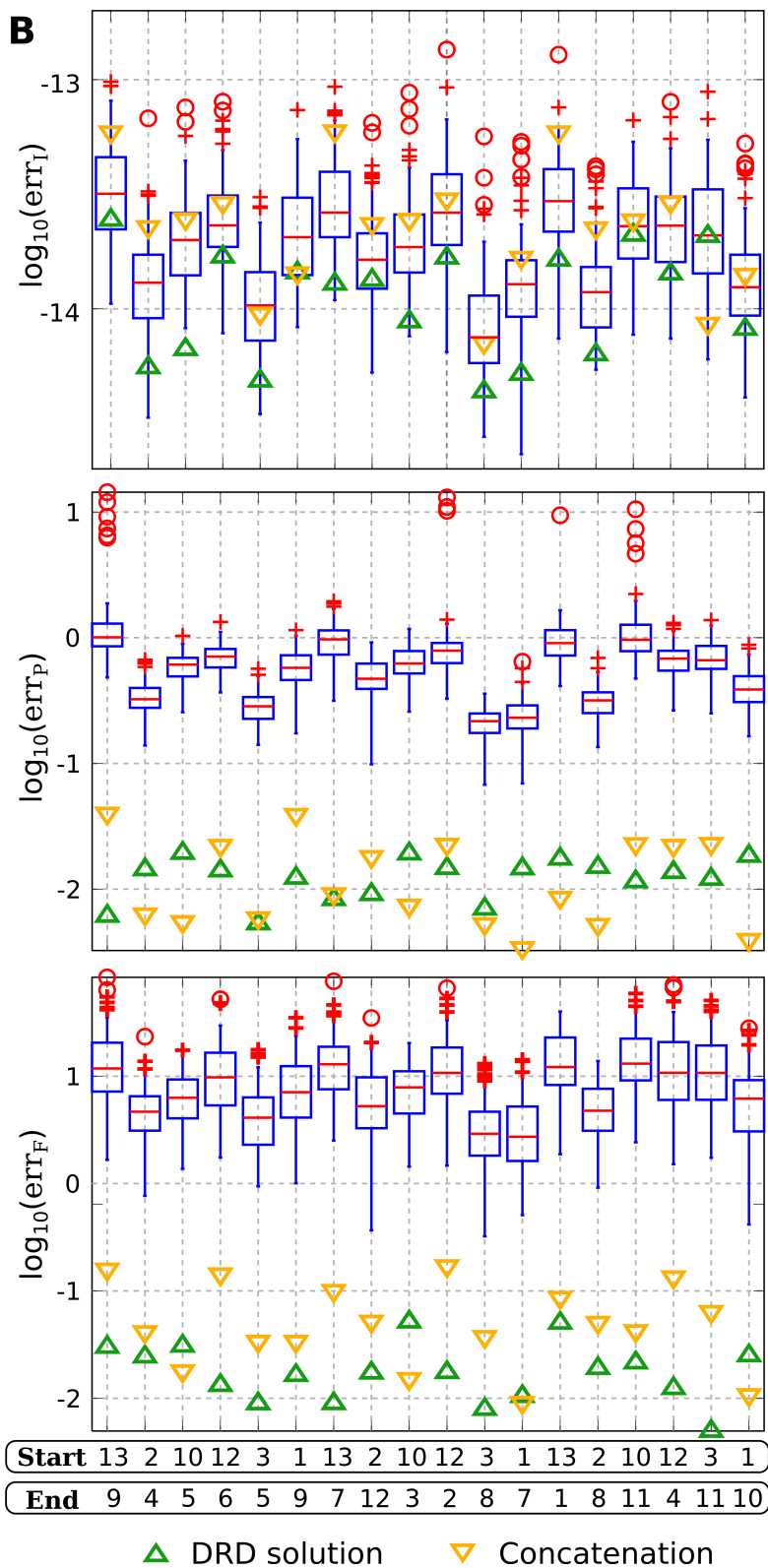
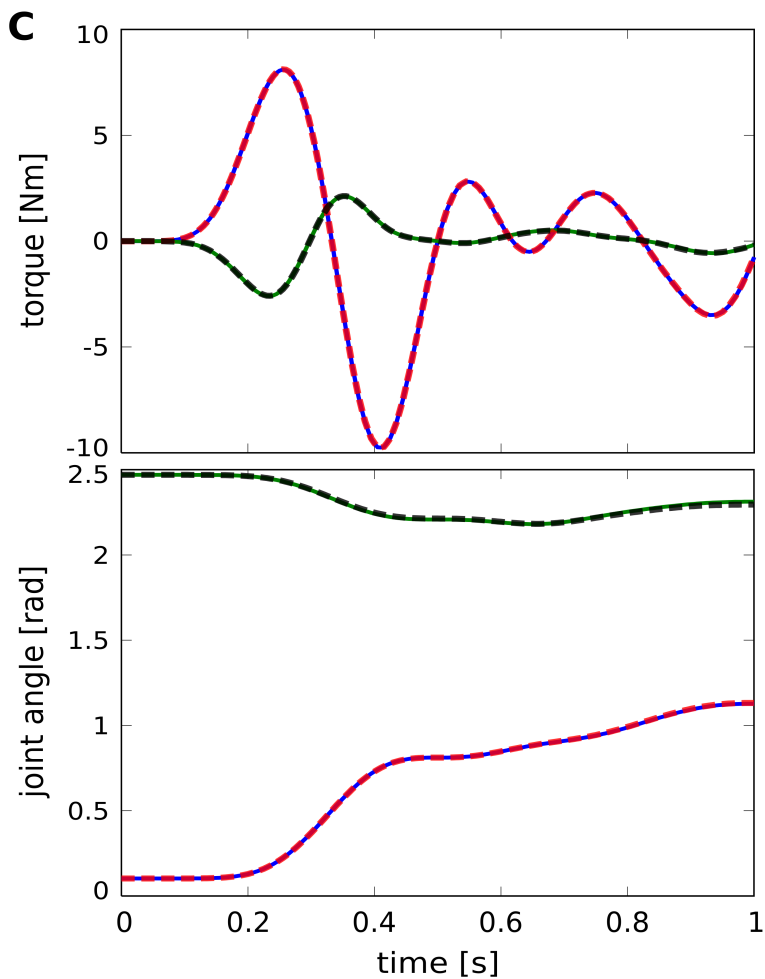
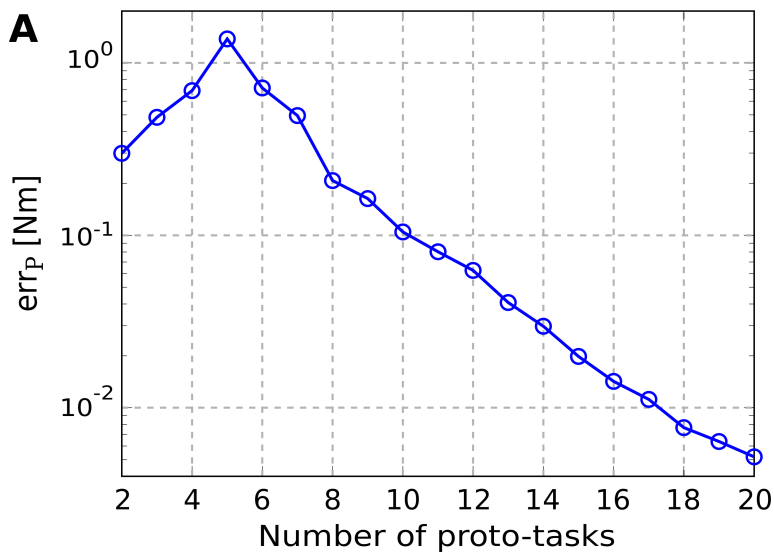


Figure 7.TIF

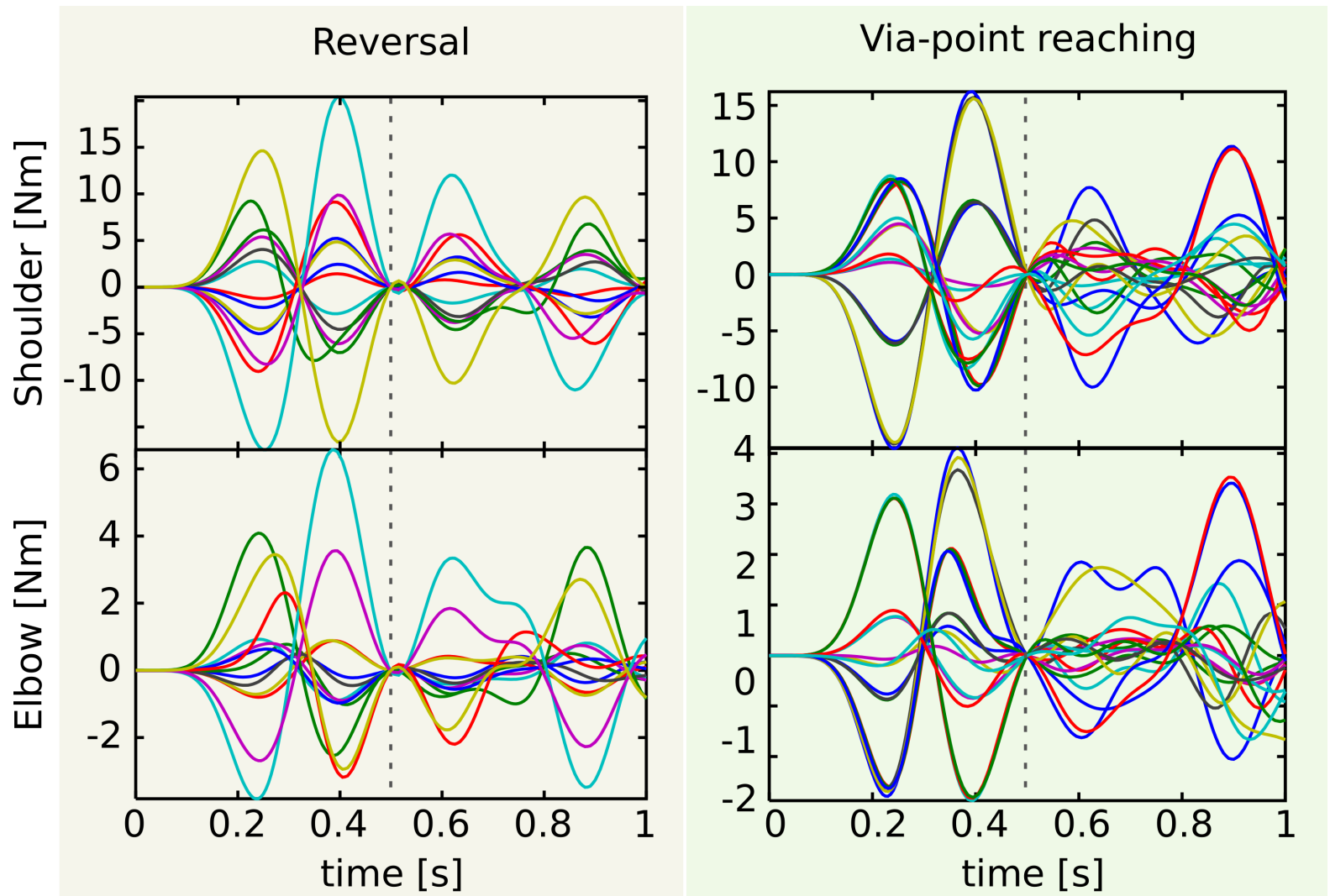


Figure 8.TIF

