

1 Fungicidal activity of miconazole against *Candida* spp.  
2  
3  
4 biofilms

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25 **Abstract**

26 *Objectives:* Although azole antifungals are considered to be fungistatic, miconazole  
27 has fungicidal activity against planktonic *Candida albicans* cells, presumably  
28 associated with the induction of reactive oxygen species (ROS) production. Only few  
29 data are available concerning the effect of miconazole against sessile *Candida*  
30 *albicans* cells. In the present study, the fungicidal activity of miconazole against *in*  
31 *vitro* grown mature *Candida* biofilms and its relationship with the induction of ROS  
32 and ROS-dependent apoptosis were examined.

33

34 *Methods:* The effect of miconazole on mature biofilms formed by ten *Candida*  
35 *albicans* strains and five strains from other *Candida* species was evaluated by plate  
36 counting and measuring the level of ROS induction. MIC tests were performed in the  
37 absence and presence of ascorbic acid, a quencher of ROS. The apoptotic population  
38 in *C. albicans* cells was determined using Annexin-Cy3.

39

40 *Results:* Miconazole showed a significant fungicidal effect against all mature *Candida*  
41 biofilms tested and caused elevated ROS levels, both in planktonic and sessile cells.  
42 Addition of ascorbic acid drastically reduced these levels. While ROS quenching  
43 decreased the susceptibility to miconazole of planktonic cells of most *Candida* strains,  
44 no reduced fungicidal activity of miconazole against biofilms was observed.  
45 Miconazole did not cause a significant increase in apoptosis.

46

47 *Conclusions:* ROS levels increased in all *Candida* biofilms upon addition of  
48 miconazole. However, ROS induction was not the only factor that underlies its  
49 fungicidal activity, as quenching of ROS did not lead to an enhanced survival of

50 biofilm cells. ROS-induced apoptosis was not observed in *C. albicans* cells after  
51 miconazole treatment.

## 52 **Introduction**

53 *Candida* species are frequently associated with nosocomial infections in  
54 immunocompromised hosts.<sup>1</sup> Device-related infections caused by this organism often  
55 involve biofilm formation, a process in which planktonic yeast cells adhere to a biotic  
56 or abiotic surface, ultimately resulting in the formation of a complex three-  
57 dimensional structure of yeast cells, filaments and extracellular polymeric matrix.<sup>2,3</sup>  
58 There are profound differences between planktonic and sessile cells, including an  
59 increased tolerance of the latter towards antifungal agents.<sup>4</sup>

60 Azole antifungals are widely used to treat infections with *Candida* spp. These  
61 compounds inhibit the 14 $\alpha$ -demethylation of lanosterol by interacting with  
62 cytochrome P450, a crucial enzyme in the ergosterol biosynthetic pathway. The  
63 resulting decrease of ergosterol levels and the accumulation of toxic sterol  
64 intermediates in the cytoplasmic membrane lead to growth inhibition.<sup>5</sup> Miconazole  
65 (an imidazole) has reportedly a higher *in vitro* activity against planktonic *Candida*  
66 *albicans* cells than the more recently developed and presumably more active  
67 fluconazole (a triazole).<sup>6-8</sup> However, few data are available about the effect of  
68 miconazole against *Candida* biofilms. A fungicidal activity was observed for  
69 miconazole on *C. albicans* biofilms, but only in young (2 – 6h) biofilms.<sup>9</sup> Recent  
70 research has shown that the fungicidal activity of miconazole against planktonic *C.*  
71 *albicans* cells is related to the induction of reactive oxygen species (ROS). Although  
72 the exact mechanism of this enhanced ROS accumulation is not completely  
73 understood, combined inhibition of catalase and peroxidase, as well as changes in the  
74 actin cytoskeleton appear to be involved.<sup>7,8</sup> It is well known that anti-oxidants can act  
75 as a reductant for ROS. Anti-oxidative compounds are important for the prevention of  
76 peroxidation and free radical accumulation.<sup>10</sup> Furthermore, ROS are inducers of

77 apoptosis.<sup>11</sup> Programmed cell death was observed in *Saccharomyces cerevisiae*  
78 exposed to different types of oxidative stress.<sup>12,13</sup> Hyperactivation of the RAS-  
79 signaling pathway by stabilization of the actin cytoskeleton leads to an increase in  
80 cAMP, followed by the loss of the mitochondrial membrane potential and the  
81 accumulation of ROS, ultimately leading to apoptosis.<sup>14</sup> Apoptosis is also induced in  
82 *C. albicans* upon treatment with low doses of H<sub>2</sub>O<sub>2</sub>, acetic acid or amphotericin B.<sup>15</sup>  
83 The aim of the present study was to investigate the activity of miconazole against  
84 *Candida* biofilms. To this end, the effect of miconazole and fluconazole against  
85 mature biofilms of ten *C. albicans* strains and five strains belonging to other *Candida*  
86 species was compared. ROS levels were determined in miconazole-treated and  
87 untreated mature *Candida* biofilms to verify whether there is a correlation with the  
88 activity of miconazole. Finally, we investigated whether increased apoptosis  
89 contributes to the antimicrobial effect of miconazole.

90

## 91 **Materials and methods**

### 92 *Strains*

93 The following strains were used: *C. albicans* SC5314 (ATCC MYA-2876) (American  
94 Type Culture Collection, Teddington, UK), *C. albicans* ATCC 10231, *C. albicans*  
95 IHEM 10284 (Institute of Hygiene and Epidemiology-Myology Section, Brussels,  
96 Belgium), *C. albicans* IHEM 9559, *C. albicans* NCYC 1467 (National Collection of  
97 Yeast Cultures, Norwich, UK), *C. albicans* MUCL 29800 (Mycothèque de  
98 l'Université Catholique de Louvain, Louvain-la-Neuve, Belgium), *C. albicans* MUCL  
99 29903, *C. albicans* MUCL 29981, *C. albicans* MUCL 29919, *C. albicans* MUCL  
100 30112, *Candida dubliniensis* IHEM 14280, *C. glabrata* MUCL 15664, *Candida*  
101 *krusei* IHEM 1796, *Candida parapsilosis* IHEM 3270 and *Candida tropicalis* IHEM

102 4225. A stock culture of all these strains was kept in Microbank Tubes (Pro-Lab  
103 Diagnostics, Richmond Hill, ON, Canada) at -80°C. Cells were routinely transferred  
104 to Sabouraud Dextrose Agar (SDA) (Oxoid, Basingstoke, UK) plates or Sabouraud  
105 Dextrose Broth (SDB) (Oxoid) and incubated at 37°C for 24 h.

106

#### 107 *Biofilm formation on silicone disks*

108 *Candida* biofilms were grown on sterile silicone disks (4 mm thickness and 13 mm in  
109 diameter) in a 24-well microtiter plate (TPP, Trasadingen, Switzerland). Silicone  
110 sheets were prepared from a medical grade silicone rubber kit (Q7-4735; Dow  
111 Corning Corp., Midland, MN, USA), according to the manufacturer's instructions.  
112 The disks were punched from the sheets, washed in 2% RBS 35 detergent (Sigma-  
113 Aldrich, St. Louis, MO, USA) and in MilliQ water (Millipore, Billerica, MA, USA)  
114 and autoclaved. Inoculum suspensions were prepared by incubating the cells in SDB  
115 for 16 h at 37°C. After removing the supernatant, the cells were washed three times  
116 with and finally resuspended in 1 mL 0.9% (w/v) NaCl (Novolab, Geraardsbergen,  
117 Belgium). This inoculum was further diluted with yeast nitrogen base 0.1x (YNB,  
118 BD, Franklin Lakes, USA) supplemented with 5 mM glucose (Sigma-Aldrich) to  
119 yield an optical density of 0.07 at a wavelength of 600 nm. One mL of a 1:100  
120 dilution of the inoculum in YNB 0.1x was added to each well containing a silicone  
121 disk and the 24-well microtiter plates were incubated for 1 h at 37°C. Subsequently,  
122 the silicone disks were rinsed three times with 1 mL 0.9% (w/v) NaCl to remove non-  
123 adherent cells and aseptically transferred to a new well. Following the addition of 1  
124 mL of diluted YNB (0.004x with final glucose concentration 0.2 mM) to each well,  
125 the plates were further incubated for 24 h at 37°C.

126

127 *Biofilm formation in 96-well microtiter plates*

128 *Candida* biofilms were grown in round-bottomed 96-well microtiter plates (TPP), as  
129 described previously,<sup>16</sup> with an adhesion phase of 1 h followed by a growth phase of  
130 24 h (both at 37°C in SDB).

131

132 *Treatment of biofilms with antifungal agents*

133 The silicone disks containing the mature biofilms were transferred to a new 24-well  
134 microtiter plate. One mL of a solution of fluconazole (Diflucan, Pfizer, Brussels,  
135 Belgium) or miconazole nitrate (Certa, Braine-l'Alleud, Belgium) (final  
136 concentration 5 mM, corresponding to 1531 mg/L for fluconazole and 2081 mg/L for  
137 miconazole) in PBS (phosphate buffered saline) with 2% DMSO (Sigma-Aldrich) was  
138 added to the biofilms. Appropriate controls were also included. The plates were  
139 incubated at 37°C for 24 h. The silicone disks were subsequently washed three times  
140 with 1 mL 0.9% (w/v) NaCl. The number of colony forming units (cfu) on each  
141 silicone disk was determined by pour plating. To this end, the silicone disks with  
142 biofilms were transferred to 10 mL of SDB and biofilm cells were removed from the  
143 silicone by three cycles of 30 s of sonication and 30 s of vortex mixing. With this  
144 procedure, all sessile cells were removed from the silicone disks and clumps of cells  
145 were broken apart.<sup>17</sup> Serial tenfold dilutions of the resulting cell suspension were  
146 made and 1 mL of each dilution was plated and SDA was added, resulting in a lower  
147 limit of detection of 10 cfu per disk. Plates were incubated for 24 h at 37°C, after  
148 which the number of cfu per disk was calculated by counting colonies on the plates.  
149 For each strain and treatment, biofilms formed on at least three silicone disks in at  
150 least three independent experiments ( $n \geq 9$ ) were included.

151

152 *Detection of ROS*

153 Mature biofilms formed in round bottomed 96-well microtiter plates were rinsed with  
154 100  $\mu$ L 0.9% (w/v) NaCl and treated for 24 h at 37°C with 100  $\mu$ L of a miconazole  
155 suspension (5 mM in PBS with 2% DMSO). Appropriate controls were included and  
156 incubated under identical conditions. ROS accumulation was measured in a  
157 fluorometric assay using 2',7'-dichlorofluorescein diacetate (DCFHDA) (Invitrogen,  
158 Carlsbad, CA, USA).<sup>6</sup> To this end, biofilms were incubated with 10  $\mu$ M DCFHDA,  
159 simultaneously with the antifungal treatment. Fluorescence was measured after 24 h  
160 incubation using a Wallac Victor Multilabel Counter (Perkin Elmer, Wellesley, MA,  
161 USA) ( $\lambda_{EX} = 485$  nm;  $\lambda_{EM} = 535$  nm). Values obtained were corrected for background  
162 fluorescence (measured in the absence of cells) and compared to those obtained with  
163 untreated biofilms. ROS levels were quantified in duplicate on at least three biofilms  
164 ( $n \geq 6$ ) for each strain. To determine whether fluorescence is generated in the  
165 extracellular environment or intracellularly, the entire content of the well (supernatant  
166 and biofilm) was removed and cells were separated from the supernatant by  
167 centrifugation. The fluorescence of the supernatant and of the resuspended sessile  
168 cells in PBS was measured separately, as described above.

169

170 *Influence of anti-oxidants on miconazole-treated biofilms*

171 A set of anti-oxidative compounds was used to investigate their possible protective  
172 effect against miconazole activity, including cysteine (0.025% w/v and 0.25% w/v)  
173 (Sigma-Aldrich), mannitol (10 mM and 100 mM) (Merck, Darmstadt, Germany),  
174 glutathione (1.5 mM and 15 mM) (Sigma-Aldrich), ascorbic acid (10 mM and 100  
175 mM) (Merck) and pyrrolidinedithiocarbamate (PDTC) (10  $\mu$ M and 1 mM) (Sigma-  
176 Aldrich). The level of ROS was determined in miconazole-treated biofilms using



177 DCFHDA (10  $\mu$ M) in the presence and absence of the anti-oxidants. The number of  
178 cfu on silicone disks of *C. albicans* SC5314 treated with miconazole in combination  
179 with the selected anti-oxidative compounds was determined by plating in at least three  
180 independent experiments on at least three silicone disks for each condition ( $n \geq 9$ ).

181

#### 182 *Antifungal susceptibility assay*

183 The minimal inhibitory concentration (MIC) of miconazole in the presence and  
184 absence of ascorbic acid (10 mM) was determined according to the protocol of the  
185 European Committee on Antimicrobial Susceptibility Testing.<sup>18</sup> The medium used for  
186 these experiments was RPMI-1640 2x with L-glutamine and without sodium  
187 bicarbonate (Sigma-Aldrich), supplemented with 2% w/v glucose (Sigma-Aldrich)  
188 and buffered to pH 7.0 with MOPS (Sigma-Aldrich). Flat-bottomed 96-well microtiter  
189 plates were inoculated with *Candida* to obtain  $5 \times 10^5$  cells per mL in each well. After  
190 24 h incubation at 35°C, the absorbance was measured at a wavelength of 590 nm  
191 using a Wallac Victor microtiter plate reader (Perkin Elmer). DCFHDA (10  $\mu$ M) was  
192 also added to each well and the absorbance measurement was immediately followed  
193 by a measurement of fluorescence ( $\lambda_{EX} = 485$  nm;  $\lambda_{EM} = 535$  nm).

194

#### 195 *Detection of apoptosis*

196 To investigate a possible apoptosis inducing effect of miconazole on *C. albicans*  
197 SC5314 biofilms the Apoptosis Detection Kit Annexin V-CY3 (Sigma-Aldrich) was  
198 used. This test allows to differentiate between living (green fluorescence), necrotic  
199 (red fluorescence) and apoptotic cells (green and red fluorescence). Biofilms were  
200 grown in 96-well microtiter plates and treated with miconazole, as described above.  
201 Sessile cells were removed and diluted 1:10 in PBS, after which 50  $\mu$ L was spotted on

202 a microscope slide and left at room temperature, allowing the cells to be adsorbed to  
203 the slide. The adsorbed cells were carefully washed three times with binding buffer  
204 (supplied with the apoptosis kit) and treated with a mixture of 6-carboxyfluorescein  
205 diacetate (500  $\mu$ M) and annexin V-Cy3 conjugate (1 mg/L) for 10 min. Excess  
206 labelling agent was removed by washing the cells three times with binding buffer. *C.*  
207 *albicans* biofilms treated with acetic acid (60 mM and 300 mM) and hydrogen  
208 peroxide (5 mM and 25 mM) were included as positive controls in this assay.  
209 Apoptosis in planktonic *C. albicans* SC5314 cells was also tested. Therefore  
210 overnight cultures were treated with miconazole (10 x MIC) for 24h and compared to  
211 untreated planktonic cultures. The staining procedure was performed as described  
212 above for sessile cells. Results were observed using a fluorescence microscope  
213 (Olympus BX40, Olympus, Tokyo, Japan). For each condition, between 241 and 1174  
214 cells were photographed and co-localisation of the fluorescein and Cy3 fluorescence  
215 signal was quantified on a cell per cell basis with an in house developed image  
216 processing program based on Matlab to differentiate between living, necrotic and  
217 apoptotic cells.

218

### 219 *Statistical analysis*

220 Statistical analysis was performed using SPSS 16.0 software. The non-parametric  
221 Mann-Whitney test was used to compare the results.

222

## 223 **Results**

### 224 *Effect of azoles on Candida biofilms*

225 The effect of fluconazole and miconazole on *Candida* biofilms formed on silicone  
226 disks was determined for 15 strains (Figure 1). Untreated biofilms contained  $10^5$ - $10^6$

227 cfu/disk depending on the strain tested. Treatment with fluconazole did not result in a  
228 significant reduction in cfu. In contrast, treatment with miconazole resulted in a  
229 substantial reduction (ranging from 89.3% to 99.1% ;  $p < 0.05$ ) in the number of cfu  
230 recovered from the disks for all strains investigated. The lowest reductions were  
231 observed for *C. parapsilosis* IHEM 3270 (89.3%) and *C. tropicalis* IHEM 4225  
232 (90.3%) and the highest reductions were observed for *C. albicans* MUCL 30112  
233 (99.1%) and *C. albicans* IHEM 10284 (99.1%).

234 Our results showed only a fungistatic effect for fluconazole, whereas miconazole  
235 showed fungicidal activity against *Candida* biofilms.

236

#### 237 *ROS accumulation in miconazole-treated biofilms*

238 Accumulation of ROS following treatment with miconazole was measured using  
239 DCFHDA. As the conversion of this dye depends on the number of metabolically  
240 active cells in the biofilm, results were normalized to the number of cfu/disk.  
241 Treatment with miconazole resulted in a significant increase of ROS accumulation for  
242 all strains investigated ( $p < 0.005$ ) (Figure 2). No ROS accumulation could be  
243 observed for untreated *C. dubliniensis* IHEM 14280, *C. glabrata* MUCL 15664 and  
244 *C. parapsilosis* IHEM 3270 biofilms. In contrast, all untreated *C. albicans* biofilms  
245 tested showed a basal ROS accumulation. A remarkable high fluorescence could be  
246 observed for *C. albicans* MUCL 30112. The highest increases (more than 100-fold) in  
247 ROS accumulation after miconazole treatment could be observed for *C. albicans*  
248 MUCL 29919, *C. albicans* IHEM 9559 and *C. albicans* MUCL 29800. The lowest  
249 impact of miconazole treatment was detected for *C. tropicalis* IHEM 3270 (2-fold  
250 increase) and *C. albicans* 1467 (7-fold increase). Measurements were also carried out  
251 separately in sessile *C. albicans* SC5314 cells and in the supernatant. The ROS-

252 induced increase in fluorescence was only observed for the cells and not for the  
253 supernatant (data not shown), indicating an intracellular origin.

254 In conclusion, miconazole caused a significant intracellular increase of ROS  
255 accumulation in all *Candida* strains investigated.

256

#### 257 *Effect of anti-oxidants on miconazole-treated biofilms*

258 The effect of the addition of five compounds with anti-oxidative properties on  
259 miconazole-treated *C. albicans* SC5314 biofilms was investigated using DCFHDA ( $n$   
260  $\geq 9$  for each treatment). Only cysteine (0.25% w/v), glutathione (15 mM), PDTC (10  
261  $\mu$ M) and ascorbic acid (10 mM and 100 mM) significantly reduced ( $p < 0.05$ )  
262 miconazole-induced ROS accumulation (Figure 3). However, addition of anti-  
263 oxidants to miconazole-treated biofilms did not result in a statistically significant  
264 increase in survival (Figure 3). Ascorbic acid (10 mM) was selected to further  
265 examine the effect of ROS quenchers on other miconazole-treated *Candida* biofilms.  
266 The addition of ascorbic acid did not significantly increase the number of cfu on the  
267 silicone disks, but resulted in a reduction of ROS accumulation following treatment  
268 with miconazole for all strains tested (Table 1). This reduction was statistically  
269 significant ( $p < 0.05$ ) when compared to biofilms treated with miconazole alone ( $n \geq 9$   
270 for each strain), except for *C. albicans* MUCL 30112, MUCL 29919 and *C. glabrata*  
271 MUCL 15664.

272 Ascorbic acid reduced the miconazole-induced ROS accumulation in sessile cells, but  
273 did not cause an enhanced survival.

274

#### 275 *Effect of ascorbic acid on the susceptibility of planktonic cells*

276 Miconazole also induced ROS accumulation in planktonic *Candida* cultures. Addition  
277 of ascorbic acid to planktonic cultures, incubated with miconazole reduced ROS  
278 production (47.8% to 89.9% reduction) for all strains tested (data not shown). The  
279 MIC of miconazole increased 2 to 64 fold for most strains following the addition of  
280 ascorbic acid. This increase was not observed for strains with an intermediate (0.125  
281 mg/L) MIC (*C. albicans* IHEM 10284 and MUCL 29919) and for most strains with a  
282 high (1.0 – 4.0 mg/L) MIC (*C. glabrata* MUCL 15664, *C. krusei* IHEM 1796 and *C.*  
283 *parapsilosis* IHEM 3270) (Table 2).

284 For planktonic cells of most strains the addition of ascorbic acid reduced the ROS  
285 accumulation and the susceptibility to miconazole.

286

#### 287 *Apoptosis in miconazole-treated planktonic and sessile C. albicans cells*

288 To determine whether the effect of miconazole was due to increased apoptosis, we  
289 quantified the number of apoptotic cells in treated and untreated biofilms and  
290 planktonic cultures (see supplementary data). Untreated planktonic *C. albicans*  
291 SC5314 cultures contained  $14.0\% \pm 7.0\%$  apoptotic cells, which was not significantly  
292 different from miconazole-treated cells ( $14.6\% \pm 4.5\%$ ). In contrast, a slight but not  
293 significant increase in the number of necrotic cells could be observed when planktonic  
294 cells were treated with miconazole ( $13.2\% \pm 3.6\%$ ) compared to untreated cells ( $7.5\%$   
295  $\pm 2.3\%$ ). Untreated *C. albicans* SC5314 biofilms contained  $9.7\% \pm 4.0\%$  apoptotic  
296 cells. A slight increase was observed following treatment with miconazole alone  
297 ( $14.4\% \pm 11.5\%$ ) or in combination with ascorbic acid ( $18.5\% \pm 6.5\%$ ). However,  
298 these increases were not significant. In contrast, the fraction of necrotic cells  
299 increased significantly ( $p < 0.05$ ) compared to the untreated biofilms ( $8.9\% \pm 3.7\%$ )  
300 following treatment with miconazole alone ( $25.1\% \pm 1.9\%$ ) or in combination with

301 ascorbic acid ( $32.7\% \pm 8.6\%$ ). Low concentrations of acetic acid (60 mM) and  
302 hydrogen peroxide (5 mM) resulted in a significant increase ( $p < 0.05$ ) in the fraction  
303 of apoptotic cells ( $34.6\% \pm 5.1\%$  and  $20.6\% \pm 5.2\%$ , respectively). The hydrogen  
304 peroxide-treated biofilms also showed a significant increase in the amount of necrotic  
305 cells ( $26.1\% \pm 3.5\%$ ).

306 Miconazole did not result in increased apoptosis in planktonic or in sessile *Candida*  
307 cells.

308

### 309 **Discussion**

310 In the present study the antifungal activity of miconazole against *Candida* biofilms  
311 was investigated.

312 Results from our study showed that miconazole, unlike fluconazole, has a pronounced  
313 anti-biofilm effect against *C. albicans* and other *Candida* spp. It should be noted that  
314 the antifungal concentration used in our *in vitro* experiments (5 mM) was higher than  
315 the common therapeutic *in vivo* concentrations. However, this high concentration is  
316 achievable during antifungal lock therapy,<sup>19,20</sup> and allowed us to investigate the  
317 mechanism of action of miconazole.

318 We observed that the accumulation of ROS was strongly increased in sessile *Candida*  
319 cells treated with miconazole, indicating that ROS may be responsible for the  
320 fungicidal effect. ROS are generally described as important inducers of apoptosis in  
321 yeasts,<sup>10</sup> but ROS induced by treatment with miconazole did not cause an increase in  
322 programmed cell death in sessile *C. albicans* cells. The majority of cells killed by  
323 miconazole were necrotic.

324 The addition of ascorbic acid to miconazole-treated *Candida* biofilms considerably  
325 reduced ROS accumulation for all strains. Surprisingly, this did not lead to a reduction

326 of the fungicidal activity of miconazole. Sessile *Candida* cells are reportedly more  
327 tolerant to oxidative stress than their planktonic counterparts.<sup>21</sup> This inherent tolerance  
328 may explain why several anti-oxidative compounds did not result in an additional  
329 protection. Furthermore, previous studies have shown that prior to the induction of  
330 ROS miconazole affects the organization of the actin cytoskeleton in yeasts.<sup>8</sup> The  
331 coupling of mitochondria to the actin cytoskeleton might lead to an association of  
332 actin with channels in the mitochondrial membranes. The opening of these channels is  
333 followed by reduction of the membrane potential and finally the release of ROS into  
334 the cytoplasm.<sup>22</sup> The targeting of the actin cytoskeleton by miconazole may have  
335 other effects, which are not counteracted by ascorbic acid. Alternatively, a yet  
336 unknown mechanism may contribute to the fungicidal activity of miconazole against  
337 sessile *Candida* cells.

338 An increase in ROS accumulation caused by miconazole treatment was also observed  
339 in all planktonic *Candida* cultures tested, confirming earlier observations in *C.*  
340 *albicans*.<sup>6,7</sup> The addition of ascorbic acid to miconazole-treated planktonic *Candida*  
341 cells reduced ROS induction for all strains. Furthermore, a simultaneous decrease in  
342 susceptibility to miconazole was observed for most strains, which confirmed earlier  
343 findings concerning the protective effect of anti-oxidants during miconazole  
344 treatment.<sup>6</sup> However, we demonstrated that the protective effect of ascorbic acid was  
345 limited in case of strains with intermediate to high MICs for miconazole.

346 Our data suggest that miconazole may be useful for the treatment of biofilm-related  
347 *Candida* infections. We have also shown that ROS induction is probably not directly  
348 responsible for the reduction of the number of cfu. So far, the basis for the fungicidal  
349 activity of miconazole remains unclear and further investigations are needed.

350

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357

## 358 **Transparency declaration**

359 None to declare.

360

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423 **Figure legends**

424

425 **Figure 1.** Number of colony forming units (logarithmic) per silicone disk of  
426 *Candida* biofilms in the presence and absence of antifungals. Black bars, untreated  
427 mature biofilms; grey bars, mature biofilms treated with 5 mM fluconazole; white  
428 bars, mature biofilms treated with 5 mM miconazole. Data presented are the mean  
429 and SEM of at least three independent experiments on at least three biofilms ( $n \geq$   
430 9). Statistical analysis with Mann-Whitney Test indicated significant differences  
431 in biofilm biomass between miconazole-treated and untreated biofilms for all  
432 strains tested ( $p < 0.05$ ), but not between fluconazole-treated and untreated  
433 biofilms.

434

435 **Figure 2.** Accumulation of ROS expressed as fluorescence per 1000 cells in  
436 mature *Candida* biofilms in the presence and absence of miconazole. Black bars,  
437 untreated mature biofilms; grey bars, mature biofilms treated with 5 mM  
438 miconazole. Data presented are the mean and SEM of two independent  
439 experiments on at least three biofilms ( $n \geq 6$ ). Statistical analysis with Mann-  
440 Whitney Test indicated a significant difference ( $p < 0.05$ ) in fluorescence between  
441 miconazole-treated and untreated biofilms. \* Fluorescence below background  
442 level

443

444 **Figure 3.** Number of cfu of *C. albicans* SC5314 biofilms (left Y-axis) and ROS  
445 accumulation (right Y-axis) following treatment with miconazole in the absence  
446 or presence of anti-oxidants. Black bars, log cfu per silicone disk; grey bars,  
447 fluorescence. Data presented are the mean and SEM of at least three independent

448 experiments on at least three biofilms ( $n \geq 9$ ). All treated biofilms showed a  
449 significant increase ( $p < 0.05$ ) in cfu compared to the control. Significant  
450 reductions ( $p < 0.05$ ) in ROS accumulation compared to the control are marked  
451 with an asterisk.

452 **Table 1.** Number of cfu of *Candida* biofilms and ROS accumulation after miconazole treatment and the addition of ascorbic acid (10 mM). Plate  
 453 counts correspond to the mean  $\pm$  SEM of at least three independent experiments on at least three silicone disks ( $n \geq 9$ ). There was no significant  
 454 increase in cfu after the addition of ascorbic acid compared to miconazole-treated biofilms without ascorbic acid. Fluorescence results  
 455 correspond to the mean  $\pm$  SEM of two independent experiments on three biofilms ( $n = 6$ ). Statistically significant reductions ( $p < 0.05$ ) in ROS  
 456 accumulation are marked with an asterisk.  
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	PLATING (log cfu / silicone disk)	FLUORESCENCE (% compared to miconazole treatment without ascorbic acid)
<i>C. albicans</i> SC5314	4.13 $\pm$ 0.41	10.4 $\pm$ 2.3*
<i>C. albicans</i> MUCL 29800	2.00 $\pm$ 0.02	32.2 $\pm$ 7.7*
<i>C. albicans</i> MUCL 29981	2.99 $\pm$ 0.20	30.7 $\pm$ 4.2*
<i>C. albicans</i> MUCL 29903	3.47 $\pm$ 0.04	60.3 $\pm$ 14.1*
<i>C. albicans</i> MUCL 30112	2.53 $\pm$ 0.31	17.9 $\pm$ 5.6*
<i>C. albicans</i> NCYC 1467	4.16 $\pm$ 0.21	25.0 $\pm$ 5.9*
<i>C. albicans</i> IHEM 10284	3.19 $\pm$ 0.27	47.6 $\pm$ 5.5*
<i>C. albicans</i> ATCC 10231	2.89 $\pm$ 0.32	33.4 $\pm$ 2.5*
<i>C. albicans</i> IHEM 9559	3.28 $\pm$ 0.15	11.5 $\pm$ 3.9*
<i>C. albicans</i> MUCL 29919	3.80 $\pm$ 0.19	81.7 $\pm$ 16.9
<i>C. dubliniensis</i> IHEM 14280	3.90 $\pm$ 0.21	23.3 $\pm$ 2.3*
<i>C. glabrata</i> MUCL 15664	3.21 $\pm$ 0.19	64.4 $\pm$ 13.3
<i>C. krusei</i> IHEM 1796	2.73 $\pm$ 0.16	20.3 $\pm$ 4.5*
<i>C. parapsilosis</i> IHEM 3270	3.36 $\pm$ 0.22	53.2 $\pm$ 8.5*
<i>C. tropicalis</i> IHEM 4225	4.05 $\pm$ 0.22	26.5 $\pm$ 3.8*

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**Table 2.** Minimal inhibitory concentrations (MIC) (mg/L) of miconazole in the absence and presence of ascorbic acid.

	MIC miconazole (mg/L)	MIC miconazole (mg/L) in the presence of 10 mM ascorbic acid	Fold change in MIC
<i>C. albicans</i> SC5314	0.063	0.250	4
<i>C. albicans</i> MUCL 29800	0.031	0.125	4
<i>C. albicans</i> MUCL 29981	0.031	2.000	64
<i>C. albicans</i> MUCL 29903	0.063	0.250	4
<i>C. albicans</i> MUCL 30112	0.063	0.500	8
<i>C. albicans</i> NCYC 1467	0.063	0.500	8
<i>C. albicans</i> IHEM 10284	0.125	0.125	1
<i>C. albicans</i> ATCC 10231	0.125	0.250	2
<i>C. albicans</i> IHEM 9559	0.125	0.250	2
<i>C. albicans</i> MUCL 29919	0.125	0.125	1
<i>C. dubliniensis</i> IHEM 14280	0.063	0.125	2
<i>C. glabrata</i> MUCL 15664	1.000	1.000	1
<i>C. krusei</i> IHEM 1796	4.000	4.000	1
<i>C. parapsilosis</i> IHEM 3270	1.000	1.000	1
<i>C. tropicalis</i> IHEM 4225	1.000	4.000	4

464 **Supplementary data :**

465 ***Candida albicans* sessile cells stained with the Apoptosis Detection Kit**  
466 **Annexin V-CY3.**

467 Picture A: Untreated sessile *Candida albicans* cells (green fluorescence)

468 Picture B: Untreated sessile *Candida albicans* cells (red fluorescence)

469 Picture C: Miconazole-treated sessile *Candida albicans* cells (green fluorescence)

470 Picture D: Miconazole-treated sessile *Candida albicans* cells (red fluorescence)

471 Picture E: Miconazole and ascorbic acid treated sessile *Candida albicans* cells  
472 (green fluorescence)

473 Picture F: Miconazole and ascorbic acid treated sessile *Candida albicans* cells  
474 (red fluorescence)

475 Picture G: Hydrogen peroxide treated sessile *Candida albicans* cells (green  
476 fluorescence)

477 Picture H: Hydrogen peroxide treated sessile *Candida albicans* cells (red  
478 fluorescence)











