Nocardia Infection With Adrenal Gland Abscess Mimicking Metastatic Lung Cancer on FDG PET/CT

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Abstract: We present FDG PET/CT findings of a human immunodeficiency virus-positive patient suspicious for lung cancer with a solitary metastasis to the adrenal gland. Wedge resection of the pulmonary nodules revealed Nocardia infection and a repeat FDG PET/CT imaging after the antibiotic treatment demonstrated complete metabolic response of the adrenal lesion and pulmonary nodules. It should be kept in mind that nocardiosis may present with FDG-avid lesions masquerading as malignancies in immunocompromised patients.

Key Words: Nocardia, pulmonary nocardiosis, adrenal gland abscess, FDG PET/CT

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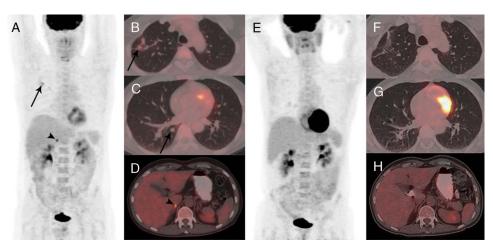


FIGURE 1. A 49-year-old man infected with the human immunodeficiency virus with a former history of tuberculosis presented with hemoptysis and thorax CT showed an irregular-shaped 1-cm pulmonary nodule in the right lung suspicious for malignancy. He was referred to FDG PET/CT to evaluate pulmonary nodule for malignancy. FDG PET/CT revealed mild FDG uptake in the nodular lesion in the apical segment of the upper lobe of right lung (arrows in A, MIP image; B, axial PET/CT image) and an ametabolic pulmonary nodule in the superior segment of the lower lobe of right lung (arrow in C, axial PET/CT image). Also, intense FDG uptake with an SUV_{max} of 7 was noted in the 1-cm nodular lesion in the right adrenal gland, suggestive of metastasis (arrowhead, D, axial PET/CT image). Wedge resection of the apical pulmonary nodule revealed necrotizing granulomatous inflammation, and microbiologic assessment showed Gomori methenamine silver-positive branching filamentous Nocardia spp. He received treatment for nocardiosis with trimethoprim/sulfamethoxazole, and a repeat FDG PET/CT showed complete regression of the adrenal lesion and pulmonary nodules (E, MIP image; F, G, H, axial PET/CT images). Nocardiosis is a rare, localized, or disseminated opportunistic infection caused by a Gram-positive, aerobic, filamentous bacteria, commonly affecting immunosuppressed patients, in whom it most commonly presents as pulmonary disease. Whole-body functional imaging with FDG PET/CT has an emerging role in the diagnosis of infection, identifying disease extent, defining the biopsy location, monitoring therapy response, and guiding therapy duration decisions for *Nocardia*. 1-Radiological features of pulmonary nocardiosis are nonspecific as it may present as consolidation, infiltration, solitary, or multiple nodules. 4 The clinical and radiological findings along with increased FDG uptake on PET scan may be misdiagnosed as malignancies.^{5,6} Also, in extrapulmonary nocardiosis, malignancy is often suspected in the setting of the abdominal or brain abscess, which can lead to misinterpretation as metastatic disease.⁷ Adrenal gland involvement in *Nocardia* infection is exceedingly rare and has been reported in a few case reports with immunocompetent and immunocompromised patients. 8-11 Adrenal abscess is usually confined to a single gland as a result of hematologic dissemination in disseminated nocardiosis patients or direct abdominal inoculation in peritoneal dialysis patients. 12 Despite its rarity in the clinical setting, this case hints us that nocardiosis may present with FDG-avid adrenal lesions, which could mimic metastatic disease, especially in patients with pulmonary nocardiosis.