

# Toward the renal vesicle: Ultrastructural investigation of the cap mesenchyme splitting process in the developing kidney

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Monica Piras<sup>1</sup>, Clara Gerosa<sup>1</sup>, Terenzio Congiu<sup>1</sup>, Flaviana Cau<sup>1</sup>, Daniela Fanni<sup>1</sup>, Giuseppina Pichiri<sup>1</sup>, Pierpaolo Coni<sup>1</sup>, Joanna Izabela Lachowicz<sup>1</sup>, Enrico Schirru<sup>2</sup>, Mauro Congia<sup>3</sup>, Rossano Rossino<sup>1</sup>, Sandro Muntoni<sup>4</sup>, Mariusz Jaremko<sup>5</sup> and Marco Piludu<sup>4,6</sup>

## Abstract

**Background:** A complex sequence of morphogenetic events leads to the development of the adult mouse kidney. In the present study, we investigated the morphological events that characterize the early stages of the mesenchymal-to-epithelial transition of cap mesenchymal cells, analyzing in depth the relationship between cap mesenchymal induction and ureteric bud (UB) branching.

**Design and methods:** Normal kidneys of newborn non-obese diabetic (NOD) mice were excised and prepared for light and electron microscopic examination.

**Results:** Nephrogenesis was evident in the outer portion of the renal cortex of all examined samples. This process was mainly due to the interaction of two primordial derivatives, the ureteric bud and the metanephric mesenchyme. Early renal developmental stages were initially characterized by the formation of a continuous layer of condensed mesenchymal cells around the tips of the ureteric buds. These caps of mesenchymal cells affected the epithelial cells of the underlying ureteric bud, possibly inducing their growth and branching.

**Conclusions:** The present study provides morphological evidence of the reciprocal induction between the ureteric bud and the metanephric mesenchyme showing that the ureteric buds convert mesenchyme to epithelium that in turn stimulates the growth and the branching of the ureteric bud.

## Keywords

Electron microscopy, nephrogenesis, kidney development, ureteric bud, cap mesenchyme

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<sup>1</sup>Department of Medical Sciences and Public Health, AOU, University of Cagliari, Cagliari, Sardegna, Italy

<sup>2</sup>CeSaSASt. Centro Servizi di Ateneo per gli Stabulari, University of Cagliari, Cagliari, Sardegna, Italy

<sup>3</sup>Unit of Pediatric Gastroenterology, Microcitemico Hospital, Cagliari, Cagliari, Sardegna, Italy

<sup>4</sup>Department of Biomedical Sciences, University of Cagliari, Cagliari, Sardegna, Italy

<sup>5</sup>Biological and Environmental Sciences & Engineering Division (BESE), King Abdullah University of Science and Technology (KAUST), Thuwal, Saudi Arabia

<sup>6</sup>Consorzio Interuniversitario per lo Sviluppo dei Sistemi a Grande Interfase (CSGI), Sesto Fiorentino, Italy

## Corresponding author:

Terenzio Congiu, Department of Medical Sciences and Public Health, AOU, University of Cagliari, Via Ospedale Cagliari, Cagliari, Sardegna 09124, Italy.

Email: [terenzio.congiu@unica.it](mailto:terenzio.congiu@unica.it)



## Introduction

Nephrogenesis is mainly characterized by the interaction of two primordial derivatives, the ureteric bud (UB) and the metanephric mesenchyme. The complex sequence of morphogenetic events that occur in mouse and in several other animal species leads to the development of the adult kidney and is induced mainly by specific signals from the UB to surrounding metanephric mesenchyme. These signals supposedly determine the condensation process of mesenchymal cells around the tips of the UB, forming most of the cap mesenchymal aggregates that characterize the outer portion of the renal cortex in the developing kidney.<sup>1</sup> At this stage of development, the mouse kidney, which seems to be in the grip of chaotic events, actually is under the control of specific events, among these hypoxia probably plays a major role.<sup>2</sup> Cap mesenchymal aggregates undergo differentiation and intense proliferation that lead to the formation of spherical cysts, the so-called renal vesicles, through the mesenchyme-to-epithelium transition process.<sup>3</sup> Between these stages several morphogenetic events occur that are controlled by a complex interaction of specific intercellular signals involved in the regulation of protein synthesis, cell proliferation, cell motility, and apoptosis.<sup>4</sup> However, although the molecular mechanisms involved in the conversion of the surrounding mesenchyme to epithelial cells are not completely understood, a new hypothesis is emerging. The classic notion of mesenchymal and epithelial constituents, as separate and unrelated components has recently been replaced by the more dynamic idea of renal primordial constituents that can change their identity from mesenchymal-to-epithelial and vice versa.<sup>5</sup> Recent studies from our group suggest the existence of multiple stem cell niches scattered in human developing kidney.<sup>6,7</sup>

The aim of the present study was to determine by means of light and electron microscopy some of the early morphological events that lead to the differentiation of the cap mesenchyme and formation of the renal vesicle, with special attention to the relationships between cap mesenchymal differentiation and UB branching.

## Materials and methods

Five newborns non-obese diabetic (NOD) mice were obtained from a local colony housed in a pathogen-free environment in the animal care facility of the University of Cagliari. The animals were euthanized according to the guidelines for the Care and Use of Laboratory Animals (NIH) and the European Communities Council Directive for the use of animals in scientific experiments. Authorization n. 120/2019-PR. Issued by the Italian Ministry of Health according to the law D.lgs 26/2014 (for the use of experimental animals). The excised kidneys were cut into small pieces and fixed in a mixture of 3% formaldehyde and 0.1% glutaraldehyde in 0.1M cacodylate buffer, pH 7.2, then rinsed and stored in 0.1M cacodylate buffer at 4°C. As

described in previous works,<sup>7-9</sup> samples were dehydrated in a cold methanol in ascending concentrations and infiltrated with LR gold resin, transferred to gelatin capsules or to flat polyethylene molds filled with fresh resin and placed in polymerization chamber under UV light (365 nm) at -20°C. For light microscopic observations, 1- $\mu$ -thick sections stained with toluidine blue were observed and photographed in a Leica 2000 microscope. For electron microscopy, ultrathin sections were stained with uranyl acetate and bismuth subnitrate and observed and photographed in a JEOL 100S transmission electron microscope (TEM).

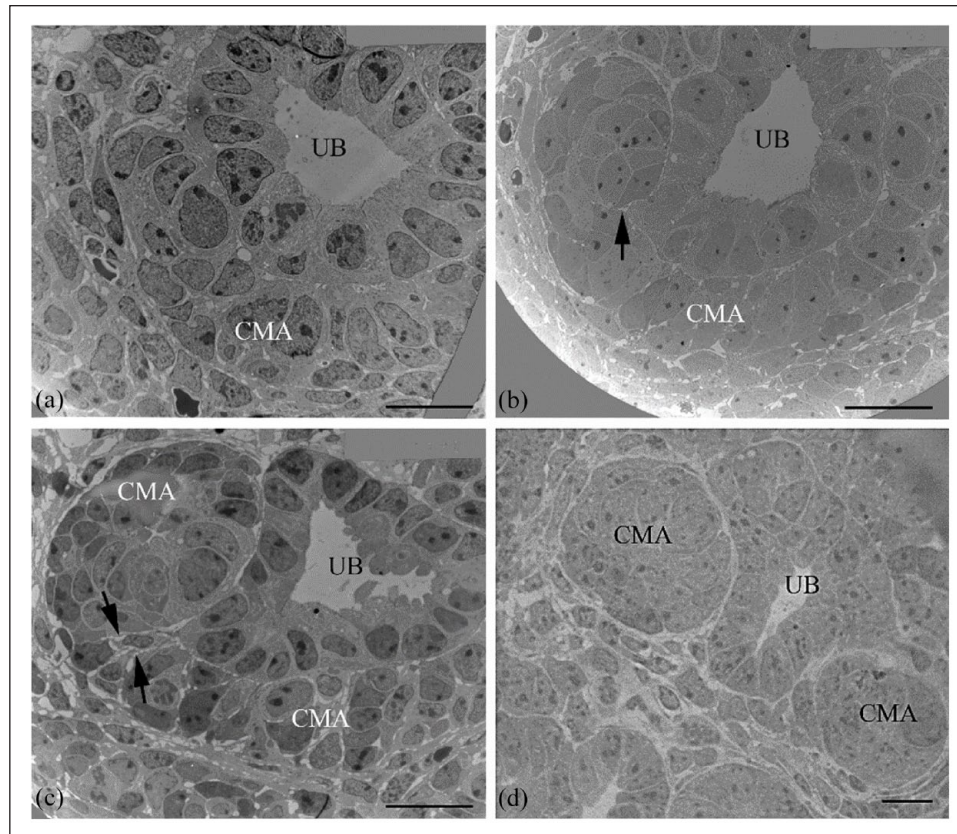
## Results

At the light microscopic level, nephrogenesis was observed in the outer portion of the renal cortex, where scattered, isolated mesenchymal cells were intermingled with several cap mesenchymal aggregates (Figure 1(d)). Cap mesenchymal aggregates were of variable size and morphology, forming a spectrum from isolated mesenchymal nodules to continuous layers of condensed mesenchymal cells embracing the UB tips.

At the electron microscopic level, we examined the ultrastructure of the metanephric condensation process and the relationship between metanephric mesenchyme and UB (Figure 1(a)-(c)). Ultrastructurally, the cellular constituents of the mesenchymal aggregates exhibited peculiar morphological features. Variations in cellular shape were frequently observed in different mesenchymal aggregates. In general, the cells were small, with skimpy cytoplasm containing few cellular organelles; the nuclei usually were large and contained pleomorphic nucleoli (Figure 1(a)-(c)). There were obvious intercellular spaces in specific areas of the different mesenchymal aggregates (Figure 1). These spaces were related to the sequential morphological changes that characterize the profound ultrastructural reorganization that cap mesenchymal aggregates undergo, together with the branching UB, before renal vesicle formation. The "cap mesenchymal splitting process" appeared initially as the formation of a continuous layer of condensed mesenchymal cells (Figures 1(a) and 2(a)), that underwent a progressive enlargement at one of its extremities, forming a spherical nodule (Figures 1(b) and 2(b)). At the same time, the presence of condensed mesenchymal cells affected the epithelial cells of the adjacent UB, possibly influencing the growth and branching of the UB (Figures 1(c) and 2(c)). The two processes, that is, cap mesenchyme enlargement and bud branching, proceeded in unison until the cap mesenchyme split into two parts by the expansion of the adjacent UB tips (Figures 1(d) and 2(d)).

## Discussion

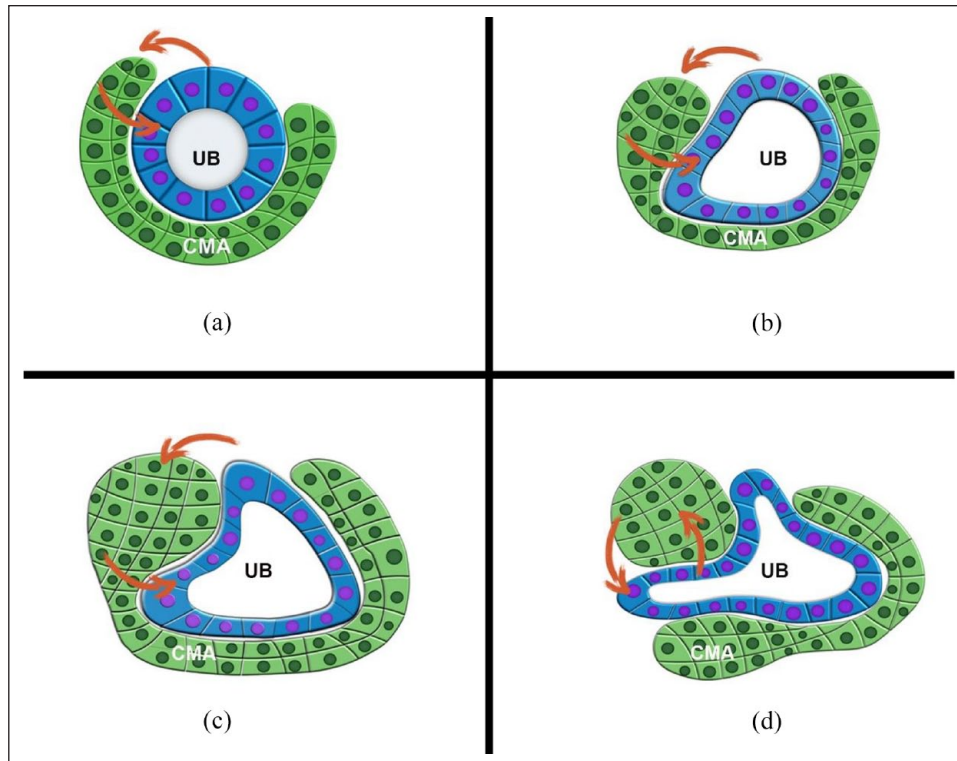
The complex sequence of morpho-molecular events taking place during kidney development is not well understood



**Figure 1.** Sequential morphological events that characterize the “cap mesenchymal splitting process.” (a–c) Electron micrographs of the outer portion of the mouse renal cortex. (a) Initially, mesenchymal cells condense forming a continuous cap mesenchymal aggregate (CMA) around the ureteric bud tip (UB). (b) The cap mesenchymal aggregate starts to enlarge at one of its extremities, forming a spherical nodule. (c) The condensed mesenchymal cells seem to affect the epithelial cells of the adjacent ureteric bud, inducing branching of the ureteric bud (UB). Note the presence of intercellular spaces in specific areas of the different mesenchymal aggregates (arrows). (d) Light micrograph of the outer portion of the mouse renal cortex. The cap mesenchyme (CMA) is finally split into two parts by the expansion and growth of the ureteric bud tip (UB). Bars = 10  $\mu\text{m}$ .

yet. Most of studies on nephrogenesis have produced a huge amount of data describing the main steps of kidney development<sup>10–14</sup> and, others new potential biological events, like milk mesenchymal stem cells, could be involved in post-natal kidney remodeling.<sup>15,16</sup> Authors have usually subdivided nephrogenesis into five main stages: (1) primary UB; (2) cap mesenchyme formation; (3) mesenchymal epithelial-transition; (4) glomerulogenesis; (5) interstitial cell differentiation.<sup>11,17,18</sup> However, significant gaps in the knowledge of the molecular and morphological mechanisms involved in nephrogenesis were left. Recently we have focused more in depth on the early events of mouse nephrogenesis, that, starting from the cap mesenchymal induction, lead to the renal vesicle formation ending with nephron development. We have found out that, between these two extremes, additional and significant morphological events take place.<sup>11</sup> The cap mesenchymal induction process has been shown to give rise to specific mesenchymal aggregates that we defined the “pine-cone bodies,” due to their peculiar architectural

organization.<sup>19</sup> In the present study, we further investigated the morphological events that characterize the early stages of the mesenchymal-to-epithelial transition of cap mesenchymal cells. In particular we analyzed the relationship between cap mesenchymal induction and UB branching. Our results show a tight dependency of the two processes. Cap mesenchymal induction is initiated by the growing UB, determining the differentiation and proliferation process of the mesenchymal cells that start to condense around the tips of the UB. This process is initially characterized by the formation of a continuous layer of condensed mesenchymal cells that enlarges at one of its extremities, forming a spherical nodule. At the same time, the presence of condensed mesenchymal cells seems to affect the epithelial cells of the adjacent UB, which undergo a burst of proliferation, determining the growth and the branching of the UB. The two processes, that is, cap mesenchyme enlargement and bud branching, proceed in unison until each cap mesenchymal aggregate is split into two parts by the expansion of the UB tips (Figure 2).



**Figure 2.** Schematic representation of the sequential morphological steps that characterize the “cap mesenchymal splitting process” in the developing mouse renal cortex. CMA: cap mesenchymal aggregates; UB: ureteric bud.

These fascinating phenomena suggest that nephrogenesis is fundamentally based on the reciprocal induction and tight interaction between the UB and the metanephric mesenchyme. Each UB tip converts metanephric mesenchymal cells to epithelial cells and, in turn, cap mesenchyme stimulates growth and branching of the UB tips, as demonstrated in this study by the presence of intense mitotic events among the epithelial constituents of the UB. Previous studies have shown that different genes products are needed to control kidney organogenesis.<sup>14,20–23</sup> Among these factors, Thymosin Beta 4 (TB4) has been detected in the fetal kidney and might regulate the main morphological changes that occur during the early events of nephrogenesis.<sup>24</sup> Most of them regulate the main morphological changes that occur during the early events of nephrogenesis. In particular, cell motility and cell proliferation represent specific target processes that are under the control of definite gene products. Early studies have reported the role of multiple signaling genes that regulate UB origin and growth.<sup>25</sup> In mouse, a member of the receptor tyrosine kinase superfamily (RET) that was found to be expressed in the branching UB, has been supposed to regulate signals that induce proliferation of the UB epithelium.<sup>26,27</sup> Moreover, the glial cell line-derived neurotrophic factor (GDNF) seems to interact with RET in the same signaling pathway involved in the regulation of bud growing and

branching.<sup>28</sup> Several other regulatory genes have been reported to act as inducers of metanephric mesenchyme<sup>29,30</sup>; however, other specific genes involved in the molecular mechanism that regulate cell motility and adhesion need to be discovered. It's well known that development and growth of the differentiating tissues require changes in cellular shape and motility.<sup>31</sup> Our data show, at ultrastructural level, a sequential rearrangement of the renal cellular constituents that change shape and move continuously, migrating toward specific kidney areas in order to give rise to different aggregates. The presence of evident extracellular spaces, that we observed among the cap mesenchymal cells adjacent to the branching UB region, seems to confirm this hypothesis. The cap mesenchymal splitting process here described could depend on the differential expression of specific adhesion molecules in the mesenchymal cells that are condensing around the tip of the UB. Previous analyses have investigated the expression of E-cadherin and K-cadherin in the cellular constituents forming renal vesicles. They have shown how the expression of these adhesion molecules may depend on the distance from the UB,<sup>32</sup> and therefore upon signaling generated by the adjacent UB epithelial cells. In turn, the conversion of mesenchyme to epithelia could trigger the branching process of the UB, by activating the proliferation and growth of their cellular constituents. Further evidences, in line with our findings, have been provided by

previous experiments in vitro of UB cell lines, that were found to express mesenchymal growth proteins as well as receptors for factors produced by the metanephric mesenchyme.<sup>33–35</sup> Molecular technologies expanded the number of diagnostic approaches in clinical protocols and detection of important nucleic acids sequences present in different types of cancer and new molecular intraoperative test are now available.<sup>36–38</sup>

In this contest, our study shows the presence of additional events that trigger the epithelialization of the metanephric mesenchyme and provides further morphological evidence of the reciprocal induction between UB and cap mesenchyme. However, several important questions still remain open, including which genetic and post-translational factors regulate the reciprocal induction process between UB and metanephric mesenchyme. For instance, some of these factors might be studied by electron immunohistochemical analyses of the developing renal tissues and by developing of an in vitro “ad hoc model” of induction of UB and mesenchymal cell lines. A better knowledge of these basic mechanisms by using in vitro and animal models will provide critical data for human nephrogenesis allowing, in the future, the development of a renal regenerative medicine that could be applied starting from the perinatal period, aimed at preventing chronic renal failure in adulthood.<sup>39</sup>

### Declaration of conflicting interests

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