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Title

2-Arachidonoyl glycerol suppresses gastric emptying via the cannabinoid receptor 1-cholecystokinin signaling pathway in mice

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Abbreviated title

2-Arachidonoyl glycerol suppresses gastric emptying via CB1 and CCK in mice

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Keywords

2-arachidonoyl glycerol, cannabinoid receptor 1, cholecystokinin, gastric emptying

1 **Abstract**

2 2-Monoacylglycerol (2-MAG) is one of the digestion products of dietary lipids.
3 We recently demonstrated that a 2-MAG, 2-arachidonoyl glycerol (2-AG) potently
4 stimulated cholecystokinin (CCK) secretion via cannabinoid receptor 1 (CB1) in a murine
5 CCK-producing cell line, STC-1. CCK plays a crucial role in suppressing postprandial
6 gastric emptying. To examine the effect of 2-AG on gastric emptying, we performed
7 acetaminophen and phenol red recovery tests under oral or intraperitoneal administration
8 of 2-AG in mice. Orally administered 2-AG (25 mg/kg) suppressed the gastric emptying
9 rate in mice, as determined by the acetaminophen absorption test and phenol red recovery
10 test. Intraperitoneal administration of a cholecystokinin A receptor antagonist (0.5 mg/kg)
11 attenuated the gastric inhibitory emptying effect. In addition, both oral (10 mg/kg) and
12 intraperitoneal (0.5 mg/kg) administration of a CB1 antagonist counteracted the 2-AG-
13 induced gastric inhibitory effect. Furthermore, intraperitoneal 2-AG (25 mg/kg)
14 suppressed gastric emptying. These results indicate that 2-AG exhibits an inhibitory effect
15 on gastric emptying in mice, possibly mediated by stimulating both CCK secretion via
16 CB1 expressed in CCK-producing cells and acting on CB1 expressed in the peripheral
17 nerves. Our findings provide novel insights into the 2-MAG-sensing mechanism in
18 enteroendocrine cells and the physiological role of 2-MAG.

19 **Abbreviations**

20	2-AG	2-arachidonoyl glycerol
21	2-MAG	2-monoacylglycerol(s)
22	2-OG	2-oleoyl glycerol
23	AEA	anandamide
24	20:4n-6	arachidonic acid
25	CB1	cannabinoid receptor 1
26	CMC	carboxymethyl cellulose
27	CCK	cholecystokinin
28	CCK-A	cholecystokinin A
29	FA	fatty acid(s)
30	GLP-1	glucagon-like peptide-1
31	TAG	triacylglycerol(s)

32 **Introduction**

33 Gastric emptying occurs after meal ingestion and primarily affects the
34 subsequent digestion and absorption of nutrients in the intestine. Luminal nutrients such
35 as lipids, proteins/peptides, and carbohydrates in the small intestine (rather than the
36 stomach contents) are critical for delaying gastric emptying via neuroendocrine pathways
37 such as enteroendocrine and vagal (Luttikhoud *et al.* 2013; Hellström *et al.* 2006). Delayed
38 gastric emptying facilitates efficient digestion and absorption of nutrients. Accordingly,
39 the rate of gastric emptying markedly affects postprandial glycemia and lipidemia
40 (Westphal *et al.* 2004; Muramatsu *et al.* 2014; Phillips *et al.* 2015), thereby suppressing
41 the rate of gastric emptying and contributing to the attenuation of postprandial
42 hyperglycemia and/or hyperlipidemia.

43 In the small intestine, dietary triacylglycerols (TAG) are hydrolyzed to fatty
44 acids (FA) and 2-monoacylglycerols (2-MAG). In contrast to FA (Hunt and Knox 1968;
45 McLaughlin *et al.* 1999), although it has been suggested that 2-oleoyl glycerol (2-OG)
46 inhibits gastric emptying via glucagon-like peptide-1 (GLP-1) secretion (Lauffer *et al.*
47 2009; Hansen *et al.* 2011; Hansen *et al.* 2012), studies on the inhibitory effects of 2-MAG
48 on gastric emptying are limited.

49 In a previous study (Marzo *et al.* 2008), intraperitoneal administration of
50 anandamide (AEA), one of the endogenous cannabinoids (endocannabinoids) that
51 regulate food intake and energy balance through cannabinoid receptor 1 (CB1) in the
52 brain and the peripheral tissues (Ueda *et al.* 2011; Gendaszewska-Darmach *et al.* 2019;
53 Di Marzo and Matias 2005), suppressed gastric emptying in mice; this inhibitory effect
54 was counteracted by the intraperitoneal injection of a CB1 antagonist. These results
55 suggest that CB1 activation can suppress gastric emptying; however, the site of action

56 and its relationship with gastrointestinal hormone secretion remain unknown.

57 We have recently demonstrated that one of 2-MAG and endocannabinoids, 2-
58 arachidonoyl glycerol (2-AG), potently stimulates cholecystokinin (CCK) secretion via
59 CB1 in the murine enteroendocrine cell line, STC-1 (Ochiai *et al.* 2021). CCK, a
60 gastrointestinal hormone produced by enteroendocrine 'I cells' located in the upper small
61 intestine (Dockray 2012; Rehfeld 2000), plays a major role in suppressing gastric
62 emptying (Liddle *et al.* 1986). Furthermore, CB1 is reportedly expressed in mouse
63 duodenal CCK-producing cells (Argueta *et al.* 2019; Sykaras *et al.* 2012). Accordingly,
64 we hypothesized that 2-AG suppresses gastric emptying via CB1 activation and CCK
65 secretion in enteroendocrine cells.

66 Herein, to examine this hypothesis, we assessed the effects of orally administered
67 2-AG on the gastric emptying rate in mice using the acetaminophen absorption test and
68 the phenol red recovery method. In addition, we investigated the molecular and signaling
69 mechanisms involved in the 2-AG-induced effects.

70

71 **Materials and Methods**

72 *Animals and diet*

73 Male C57BL/6J mice (6-week-old) were purchased from Japan SLC
74 (Hamamatsu, Japan) and individually housed in a temperature- and humidity-controlled
75 room ($22 \pm 2^\circ\text{C}$, $55 \pm 5\%$), maintained on a 12 h light-dark cycle (8:00-20:00 light period).
76 All animals had free access to water and were fed a laboratory chow containing 49.9%
77 carbohydrate, 24.8% protein, and 4.6% fat (CE-2, CLEA Japan Inc., Tokyo). Experiments
78 were performed after an acclimatization period of ≥ 1 week. Mice were fasted overnight
79 the day before the experiment. The study was approved by the Hokkaido University

80 Animal Committee, and animals were maintained according to the guidelines for the care
81 and use of laboratory animals at Hokkaido University (permission no. 19-0064).

82

83 *Reagents*

84 Arachidonic acid (20:4n-6) and acetaminophen were purchased from Sigma-
85 Aldrich (St. Louis, MO, USA). 2-AG was purchased from Cayman Chemical (Ann Arbor,
86 MI, USA). Devazepide, a cholecystokinin-A (CCK-A) receptor antagonist, was donated
87 by ML Laboratories (Liverpool, UK), and SR141716A, a selective CB1 antagonist, was
88 purchased from Tocris Bioscience (Ellisville, MO, USA). Unless otherwise specified, all
89 other reagents were purchased from FUJIFILM Wako Pure Chemical Corporation (Osaka,
90 Japan).

91

92 *Acetaminophen test*

93 Test agents were suspended in a vehicle composed of saline, containing 1.5%
94 w/v carboxymethyl cellulose (CMC), 1% w/v acetaminophen, and 2% ethanol.
95 Acetaminophen (100 mg/kg body weight) was used as an absorbable marker to assess the
96 gastric emptying rate (Heading *et al.* 1973; Maida *et al.* 2008). Lipid (2-AG or 20:4n-6;
97 25 mg/kg body weight)-containing test suspensions or the vehicle were orally
98 administered at a dose of 10 mL/kg body weight. Tail vein blood samples were collected
99 before (0 min) and 15, 30, 60, and 120 min after administration. Blood samples were
100 immediately mixed with heparin (final concentration, 50 IU/mL; Nacalai Tesque, Inc.,
101 Kyoto, Japan) and placed on ice. Plasma was separated by centrifugation at $2300 \times g$ for
102 10 min at 4°C, then stored at -80°C until analysis. Plasma acetaminophen concentrations
103 were measured using an acetaminophen detection kit (Kanto Chemical Co., Inc., Tokyo,

104 Japan).

105 In a separate experiment, we compared the effects of oral and intraperitoneal 2-
106 AG on gastric emptying. Mice were divided into control, oral 2-AG, and intraperitoneal
107 2-AG groups. Control mice were intraperitoneally administered sterile saline (10 mL/kg)
108 containing 1.5% CMC and 2% ethanol immediately after oral administration of 10 mL/kg
109 acetaminophen (100 mg/kg) dissolved in the same vehicle. The oral 2-AG group was
110 intraperitoneally administered the same sterile saline solution (10 mL/kg; same as the
111 control group) immediately after orally administering 2-AG (25 mg/kg) suspended in the
112 acetaminophen solution. Finally, the intraperitoneal 2-AG group was intraperitoneally
113 administered 2-AG (25 mg/kg) suspended in sterilized saline containing 1.5% CMC and
114 2% ethanol (10 mL/kg) immediately after oral administration of acetaminophen solution.
115 Tail vein blood samples were collected, and plasma acetaminophen concentrations were
116 determined as described above.

117

118 *RT-PCR*

119 RNA was isolated from the mouse jejunum using a Fast GeneTM RNA Premium
120 Kit (NIPPON Genetics, Tokyo, Japan) according to the manufacturer's instructions.
121 cDNA was prepared from 1 µg RNA using ReverTra Ace® qPCR RT Master Mix with
122 gDNA Remover (TOYOBO, Osaka, Japan) and subjected to PCR using primers based on
123 the mouse CB1 mRNA sequence (GenBank accession number NM001355020; forward
124 primer 5'-CCACCTTCCGTACCATCACC-3', reverse primer 5'-
125 AACCAACGGGGAGTTGTCTC-3') and mouse glyceraldehyde-3-phosphate
126 dehydrogenase (GAPDH) mRNA sequence (GenBank accession number NM008084;
127 forward primer 5'-TCACCACCATGGAGAAGGC-3', reverse primer 5'-

128 GCTAAGCAGTTGGTGGTGCA-3'). PCR conditions were as follows: 95°C for 2 min,
129 followed by 35 cycles of 95°C for 30 s, 63.3°C for 30 s, and 72°C for 30 s. In addition,
130 PCR products were separated by 1.5% agarose gel electrophoresis and visualized using
131 Midori Green Advance DNA stain (NIPPON Genetics, Tokyo, Japan).

132

133 *Phenol red test*

134 2-AG (25 mg/kg body weight) or the vehicle (1.5% w/v CMC and 2% ethanol
135 in saline) was orally administered (10 mL/kg body weight). The suspensions contained
136 phenol red (5 mg/kg body weight), as a non-absorbable marker, in addition to
137 acetaminophen (100 mg/kg body weight) to assess the gastric emptying rate (Feldman
138 and Gibaldi 1968; Nishimukai *et al.* 2003). Portal blood was collected into a syringe
139 containing heparin (final concentration 50 IU/mL), aprotinin (final concentration 500
140 KIU/mL), and dipeptidyl peptidase-IV inhibitor (final concentration 50 μ M, Millipore,
141 MA, U.S.A.), 15 min after oral administration from mice under isoflurane anesthesia
142 (MSD K.K., Tokyo, Japan). Plasma was separated and stored as described previously.
143 Immediately after the procedure, mice were euthanized by exsanguination. The stomach
144 was removed after clamping both the distal end of the esophagus and the proximal end of
145 the duodenum. The stomach content was flushed twice with cold saline, and the washout
146 solution was then collected. The debris was removed by centrifugation at $8400 \times g$ for 10
147 min at 4°C. After adding 1 N NaOH to the supernatant (1/10 volume of the supernatant),
148 the concentration of phenol red was spectrophotometrically measured at 560 nm. The
149 gastric emptying rate was calculated as follows:

150 Gastric emptying rate (%) = [$\frac{\text{the amount of phenol red administered (mg)} - \text{the amount of phenol red remaining in the stomach (mg)}}{\text{the amount of phenol red}}$]

152 administered (mg)] \times 100

153

154 *Statistical analyses*

155 All values are expressed as mean \pm SEM. Statistical analyses were performed
156 using JMP Pro version 14.0.0 software (SAS Institute, Inc., Cary, NC, USA). As described
157 in figure legends, significant differences among groups were determined using Student's
158 *t*-test to compare two groups, whereas Dunnett's post hoc test was employed to compare
159 multiple groups. Statistical significance was set at $p < 0.05$.

160

161 **Results**

162 *Oral administration of 2-AG delayed gastric emptying*

163 We first examined the effects of orally administered 2-AG or 20:4n-6 on gastric
164 emptying in fasted mice using an absorbable marker, acetaminophen (Fig. 1). In all groups,
165 plasma acetaminophen concentrations in tail vein blood increased immediately after oral
166 administration of test liquids, gradually decreasing after 15 or 30 min. Compared with the
167 vehicle, oral administration of 20:4n-6 significantly reduced the appearance of
168 acetaminophen in the tail vein blood at 15 min. In addition, oral administration of 2-AG
169 (25 mg/kg) significantly lowered acetaminophen levels after 15 min.

170

171 *Involvement of CCK-A receptor in the effect of 2-AG*

172 Next, we examined the involvement of the CCK-A receptor in mediating the
173 effects of oral 2-AG following the intraperitoneal administration of devazepide, a CCK-
174 A receptor antagonist. Compared with the control/vehicle treatment, a single oral
175 administration of 2-AG significantly reduced acetaminophen levels at 15 min (similar to

176 the result shown in Fig. 1) and 30 min (Fig. 2a). Conversely, oral 2-AG did not
177 significantly reduce acetaminophen levels following treatment with intraperitoneal
178 devazepide compared with orally administered vehicle (Fig. 2b).

179

180 *Involvement of CB1 in the effect of 2-AG*

181 2-AG is a ligand for CB1, an endocannabinoid receptor (Ueda *et al.* 2011;
182 Gendaszewska-Darmach *et al.* 2019). As determined by conventional PCR, single bands
183 were detected at the expected DNA size (182 bp) for CB1 in the mouse jejunum (Fig. 3a).

184 To elucidate the involvement of CB1, we next performed the acetaminophen test
185 by administering SR141716A, a selective CB1 antagonist. A single oral administration of
186 2-AG significantly reduced acetaminophen concentrations at 15 min compared with the
187 control group (Fig. 3b); however, no significant difference in acetaminophen levels was
188 observed between control and 2-AG groups treated orally with SR141716A (Fig. 3c).
189 Next, we examined the effect of the intraperitoneally administered SR141716A.
190 Treatment with intraperitoneal SR141716A suppressed the oral 2-AG-induced decrease
191 in acetaminophen levels at 15 min (Fig. 3d and e).

192

193 *Measurement of gastric emptying rate by phenol red test*

194 To further investigate the involvement of CB1 in the inhibitory effect of 2-AG
195 on gastric emptying rate, we performed experiments using an unabsorbable marker,
196 phenol red. We observed that the gastric emptying rate was significantly lower in the oral
197 2-AG group than in the control/vehicle group (Fig. 4a), thus further supporting the gastric
198 inhibitory effect of 2-AG. And no significant differences between the control and 2-AG
199 groups were observed following intraperitoneal treatment with SR141716A (Fig. 4b).

200 Similar to the phenol red test result, plasma acetaminophen levels in the portal vein were
201 significantly lower in the oral 2-AG group than in the control/vehicle group (Fig. 4c). In
202 contrast, plasma acetaminophen levels did not significantly differ between control and 2-
203 AG groups following intraperitoneal administration of SR141716A (Fig. 4d).

204

205 *Effect of intraperitoneal 2-AG*

206 Next, we examined the effect of intraperitoneal 2-AG (Fig. 5), given that
207 intraperitoneal administration of the CB1 antagonist attenuated 2-AG-induced effects
208 (Fig. 3 and 4). At an identical dose (25 mg/kg), both oral and intraperitoneal
209 administration of 2-AG significantly attenuated the elevation of plasma acetaminophen
210 concentrations at 15 min. Notably, intraperitoneal administration induced a considerably
211 greater and sustained (~30 min) reduction than oral administration. At 120 min, the
212 acetaminophen concentration in the intraperitoneal 2-AG group was significantly higher
213 than the control group.

214

215 **Discussion**

216 Notably, FA suppress gastric emptying in a carbon chain length-dependent
217 manner by stimulating the secretion of gastrointestinal hormones such as CCK (Hunt and
218 Knox 1968; McLaughlin *et al.* 1999); however, the effect of 2-MAG on gastric emptying
219 remains to be clarified. Accordingly, the objective of the present study was to examine
220 the effect of 2-AG, which is composed of 20:4n-6 and glycerol, on gastric emptying in
221 mice and to elucidate the mechanism underlying its effect. We observed that oral
222 administration of 2-AG (25 mg/kg) suppressed gastric emptying in mice. Furthermore,
223 the involvement of CCK and cannabinoid receptor CB1 was determined using antagonists

224 against CCK-A and CB1 receptors. These results provide novel insights into the 2-MAG-
225 sensing mechanism in enteroendocrine cells and afford a better understanding of the
226 physiological role of 2-MAG.

227 Oral administration of 2-AG (25 mg/kg) significantly reduced acetaminophen
228 levels at 15 min, similar to 20:4n-6 (25 mg/kg; Fig. 1); however, the time at which the
229 acetaminophen concentration peaked tended to differ between 2-AG (15 min) and 20:4n-
230 6 (30 min). In our previous recent study using the murine enteroendocrine cell line, STC-
231 1 (Ochiai *et al.* 2021), 2-AG was shown to stimulate CCK secretion via CB1, whereas
232 20:4n-6 stimulated CCK secretion via G protein-coupled receptor 120 (GRP120).
233 Although further studies are warranted to elucidate the mechanism underlying the effect
234 of 20:4n-6 *in vivo*, the present results (Fig. 1) suggest that 20:4n-6-rich TAG could
235 effectively exert inhibitory effects on gastric emptying.

236 The dose of 25 mg/kg 2-AG used in the present study was not supraphysiological,
237 as described below. According to previous reports (Hansen *et al.* 2012; Hansen and Vana
238 2019), westerners consume approximately 100 g of lipids (TAG) per day, equivalent to
239 33 g of lipids per meal on the consumption of three meals per day. Therefore, ingesting
240 33 g of lipid in a single meal could provide a maximum of 11 g of 2-MAG in the small
241 intestine. Accordingly, 11 g/55 kg body weight equals 200 mg/kg body weight, which is
242 considerably higher than the dose (25 mg/kg body weight) used in the present study.
243 Furthermore, a previous study has demonstrated enhanced GLP-1 secretion in humans
244 weighing 73-97 kg by administering 2 g of 2-OG into the jejunum (Hansen *et al.* 2011),
245 thus supporting the notion that the dose employed in the present study, i.e., 25 mg/kg (2
246 g/80 kg body weight), is within the physiological range.

247 CCK is mainly recognized by CCK-A receptors expressed on peripheral nerves

248 and inhibits gastric emptying (Herranz 2003). Treatment with a CCK-A receptor
249 antagonist, devazepide, reversed the gastric inhibitory effect of oral 2-AG (Fig. 2),
250 suggesting the involvement of CCK signaling. Our previous finding (Ochiai *et al.* 2021)
251 that 2-AG promoted CCK secretion in the CCK-producing cell line, STC-1 supports that
252 orally given 2-AG acts on CCK-producing enteroendocrine cells, namely, I cells, to
253 promote CCK secretion.

254 2-AG is an endocannabinoid, and previous reports have suggested that the
255 endocannabinoid system regulates food intake and energy balance through CB1 in the
256 brain and peripheral nerves (Di Marzo and Matias 2005; Sharkey and Pittman 2005; Osei-
257 Hyiaman *et al.* 2006). In the present study, we detected that CB1 was expressed in the
258 jejunum of mice (Fig. 3a). This result is consistent with previous findings that revealed
259 CB1 expression throughout the mouse gastrointestinal tract (Casu *et al.* 2003). CB1
260 expressed in the intestinal tract is likely involved in mediating the effect of oral 2-AG on
261 gastric emptying, as oral treatment with a CB1 antagonist, SR141716A, counteracted the
262 effect of oral 2-AG (Fig. 3b and c). Furthermore, CB1 expression has been confirmed in
263 murine CCK-producing cells (Argueta *et al.* 2019; Sykaras *et al.* 2012). We recently
264 demonstrated that 2-AG potently stimulates CCK secretion via CB1 expressed in the
265 CCK-producing cell line, STC-1 (Ochiai *et al.* 2021). Therefore, 2-AG might stimulate
266 CCK secretion by acting on CB1 expressed in CCK-producing enteroendocrine cells,
267 thereby suppressing gastric emptying.

268 Intraperitoneal CB1 antagonists also reversed the gastric inhibitory effect of oral
269 2-AG in the acetaminophen and phenol red tests (Fig. 3d, e, and 4). These findings suggest
270 that after absorption by intestinal epithelial cells, 2-AG suppresses gastric emptying by
271 acting on CB1 expressed on the basolateral side of CCK-producing cells or in peripheral

272 nerves. Consistent with this notion, intraperitoneal 2-AG potently suppressed gastric
273 emptying compared with oral 2-AG (Fig. 5). Furthermore, in a previous study (Marzo *et*
274 *al.* 2008), intraperitoneal AEA-suppressed gastric emptying was reversed following
275 intraperitoneal administration of a CB1 antagonist.

276 Treatment with a CCK-A receptor or CB1 antagonist did not completely
277 counteract the 2-AG-induced gastric emptying inhibition (Fig. 2, 3, and 4). These results
278 may be attributed to the insufficient inhibition of CCK-A or CB1 under experimental
279 conditions (although the doses used in the present study were selected based on previous
280 reports (Chen *et al.* 2012; Hira *et al.* 2015; Madsen *et al.* 2009; Orio *et al.* 2011; Marzo
281 *et al.* 2008)) or the involvement of additional mechanisms. A previous study (Burdyga
282 2004) has shown that vagal afferent neurons expressing CCK-A receptors also express
283 CB1; the expression of CB1 in the nodose ganglia is increased by fasting and inhibited
284 by CCK. Additionally, the CCK-A receptor antagonist, lorglumide, blocks the loss of CB1
285 expression in afferent neurons after refeeding (Burdyga 2004). Based on the results of
286 these previous reports and those noted in the present study, the following pathways are
287 potential mechanisms of action of 2-AG: When CCK-A receptors are inhibited, CB1
288 activation by 2-AG in peripheral nerves contributes to the suppression of gastric emptying.
289 On inhibiting CB1 on the peripheral nerves and the basolateral side of intestinal epithelial
290 cells, CCK release by 2-AG via activation of CB1 expressed on the apical side of I cells
291 contributes to suppressing gastric emptying. Treatment with a combination of the CCK-
292 A receptor antagonist and an oral or intraperitoneal CB1 antagonist could clarify these
293 possibilities in future studies.

294 Compared with oral administration (Fig. 5), intraperitoneal administration of 2-
295 AG, at the same dose (25 mg/kg), suppressed gastric emptying more potently and

296 continuously (~30 min). As the result of potent inhibition of gastric emptying, the plasma
297 acetaminophen concentration peaked much later (at 60 min) than other groups (peaked at
298 15 min). Accordingly, plasma acetaminophen concentration at 120 min was maintained
299 higher in the intraperitoneal 2-AG group than the other two groups. There are two possible
300 reasons for the more potent effect of intraperitoneal administration of 2-AG than oral 2-
301 AG. First, only a certain portion of orally administered liquid flows into the small
302 intestine over a short period, and the stomach and intestinal fluids dilute the liquid.
303 Second, only a fraction of 2-AG is transferred to the extracellular side of the basolateral
304 membrane, as 2-AG is degraded by hydrolytic enzymes such as monoacylglycerol lipase
305 expressed in the cell membrane and cytoplasm of intestinal epithelial cells (Dinh *et al.*
306 2002a; Dinh *et al.* 2002b; Blankman *et al.* 2007) and resynthesized into TAG
307 intracellularly (Mu and Høy 2004). Further studies are needed to confirm the presence of
308 2-AG in the lumen after oral administration and the extracellular transfer after absorption.

309 As rapid gastric emptying contributes to postprandial hyperglycemia and
310 lipidemia, the suppression of gastric emptying is a promising target for preventing or
311 reducing glucose intolerance and dyslipidemia. The limitation of the current study is that
312 the gastric inhibitory effect of 2-AG was not compared with that of other 2-MAG because
313 we primarily focused on *in vivo* effect of 2-AG. Although beyond the scope of our current
314 study, comparing their effects would provide valuable insights into the physiological role
315 of 2-MAG and warrant future investigation. Additionally, further studies are required to
316 verify the effects of dietary lipid-derived 2-MAG, including 2-AG, on postprandial blood
317 glucose levels and these diseases.

318 In conclusion, oral administration of 2-AG suppressed gastric emptying in mice,
319 as assessed by the acetaminophen and phenol red tests. Furthermore, studies using CCK-

320 A receptor or CB1 antagonists suggested the involvement of CCK and CB1 expressed on
321 peripheral nerves and CCK-producing enteroendocrine cells. These results demonstrate
322 that oral 2-AG suppresses gastric emptying in mice via the CB1-CCK and/or CB1
323 signaling pathways. Thus, our findings indicate a novel physiological interaction between
324 2-AG and neuroendocrine systems that regulate the gastric emptying rate.

325

326 **Author Contributions**

327 K.O. and T.H. conceived and designed the study and wrote the first draft of the
328 manuscript; K.O. performed the experiments; K.O. and T.H. analyzed the data. K.O., R.H.,
329 M.S., S.T., and T.H. contributed to and approved the final draft of the manuscript.

330

331 **Conflict of Interest**

332 The authors declare no conflict of interest.

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Figure legends

Fig. 1 Effects of oral administration of 2-AG or 20:4n-6 on gastric emptying. 2-AG or 20:4n-6 (25 mg/kg) was orally administered to fasted mice along with acetaminophen. Blood samples were collected from the tail vein for up to 120 min, and plasma acetaminophen concentrations were measured. Values are expressed as changes from the basal (0 min) concentration of plasma acetaminophen (Δ Acetaminophen) and as the mean \pm SEM (n = 6). Plots with asterisks (*) show significant differences compared with the control group at the same time point (* p < 0.05 and ** p < 0.01, Dunnett's test). 2-AG, 2-arachidonoyl glycerol; 20:4n-6, arachidonic acid

Fig. 2 Effects of 2-AG on gastric emptying in the absence (a) or presence (b) of the CCK-A receptor antagonist (devazepide). Devazepide (0.5 mg/kg) or vehicle (10% TWEEN80 + 10% DMSO in sterilized saline) was intraperitoneally injected at a dose of 5 mL/kg, 15 min before the oral administration of 2-AG (0 or 25 mg/kg) and acetaminophen (100 mg/kg) in fasted mice. Values are expressed as changes from the basal (0 min) concentration of plasma acetaminophen (Δ Acetaminophen) and as the mean \pm SEM (n = 6). Plots with asterisks (*) show significant differences compared with the control group at the same time point (* p < 0.05, Student's *t*-test). NS indicates that there was no significant difference between treatments. 2-AG, 2-arachidonoyl glycerol; Dvz, devazepide; CCK, cholecystokinin

Fig. 3 Expression of CB1 in the mouse jejunum (a) and effects of 2-AG on gastric emptying in the absence (b, d) or presence (c, e) of CB1 receptor antagonist (SR141716A). (a) Total RNA was extracted from the mouse jejunum and then subjected to RT-PCR with

specific CB1 or GAPDH primers. PCR products were separated in agarose gel and visualized by Midori Green Advance DNA stain. (b, c) 2-AG (25 mg/kg) was orally administered to fasted mice with SR141716A (10 mg/kg) or vehicle (saline containing 1.5% w/v CMC, 1% w/v acetaminophen, 10% TWEEN80, 10% DMSO, and 2% ethanol). (d, e) SR141716A (0.5 mg/kg) or vehicle (10% TWEEN80 + 10% DMSO in sterile saline) was intraperitoneally injected at a dose of 5 mL/kg, 15 min before the oral administration of 2-AG (0 or 25 mg/kg) and acetaminophen in fasted mice. Values are expressed as changes from the basal (0 min) concentration of plasma acetaminophen (Δ Acetaminophen) and as the mean \pm SEM (n = 5-6). Plots with asterisks (*) show significant differences compared with the control group at the same time point (* p < 0.05 and ** p < 0.01, Student's *t*-test). NS indicates that there was no significant difference between the treatments. 2-AG, 2-arachidonoyl glycerol

Fig. 4 Effects of 2-AG on the gastric emptying rate in the absence (a, c) or presence (b, d) of SR141716A (phenol red recovery method). 2-AG (25 mg/kg) was orally administered to fasted mice along with phenol red and acetaminophen, 15 min after the intraperitoneal injection of SR141716A (0.5 mg/kg) or vehicle (10% TWEEN80 + 10% DMSO in sterilized saline). Stomach contents and portal blood were collected 15 min after oral administration. (a, b) The gastric emptying rate was determined by measuring luminal phenol red collected from the stomach. (c, d) Acetaminophen levels in the portal plasma were measured. Values are expressed as the mean \pm SEM (n = 5-6). Plots with asterisks (*) show significant differences compared to the control group (* p < 0.05 and ** p < 0.01, Student's *t*-test). NS indicates that there was no significant difference between the treatments. 2-AG, 2-arachidonoyl glycerol

Fig. 5 Effect of intraperitoneal administration of 2-AG on gastric emptying. 2-AG (25 mg/kg) was orally or intraperitoneally coadministered (10 mL/kg) to fasted mice with oral acetaminophen. Values are expressed as changes from the basal (0 min) concentration of plasma acetaminophen (Δ Acetaminophen) and as the mean \pm SEM (n = 6). Plots with asterisks (*) show significant differences compared to the control group at the same time point (* p < 0.05 and ** p < 0.01, Dunnett's test). 2-AG, 2-arachidonoyl glycerol

Fig. 1

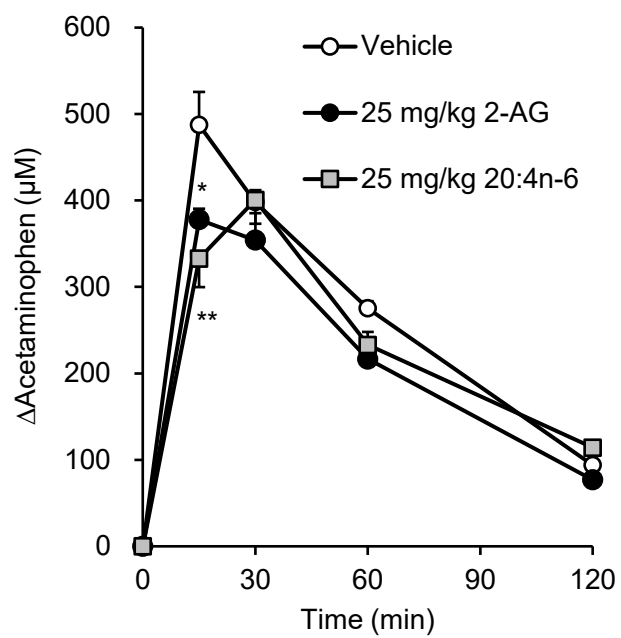


Fig. 2

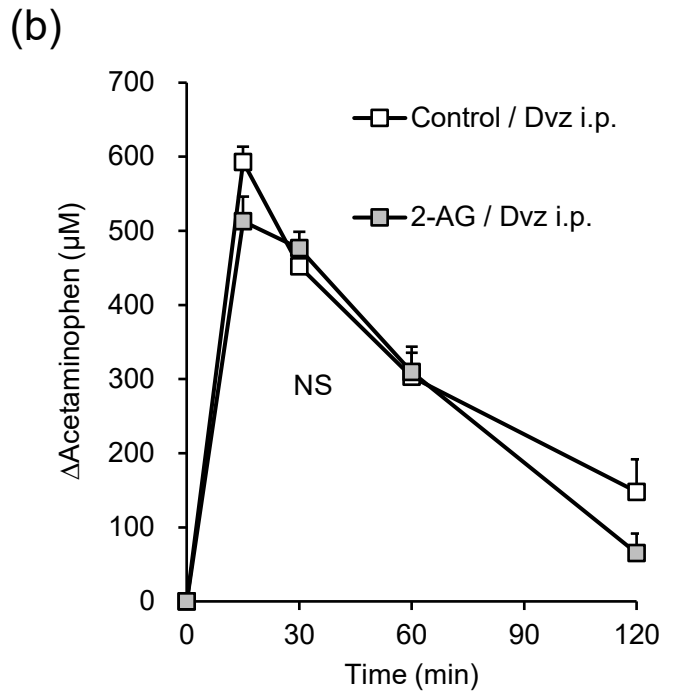
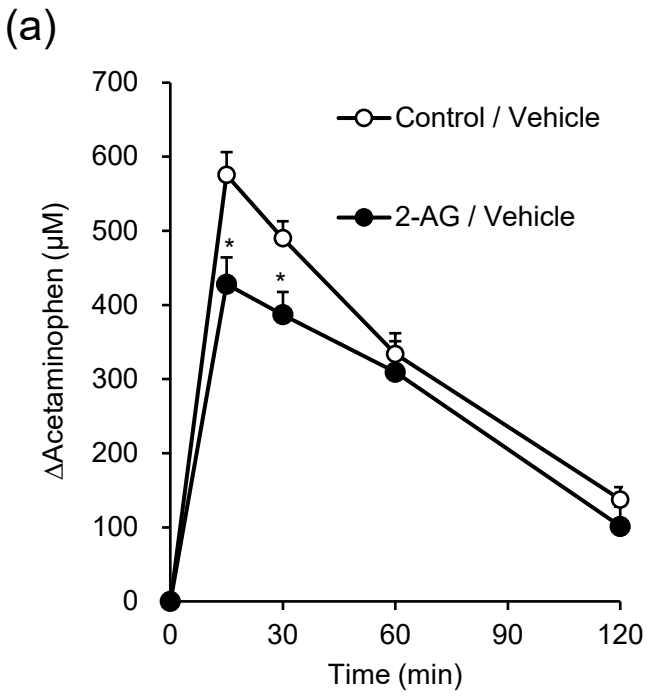
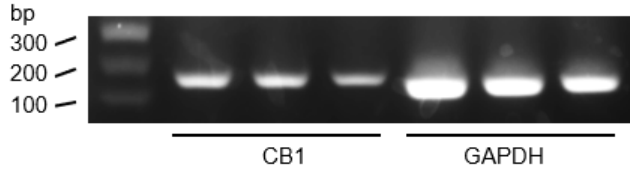
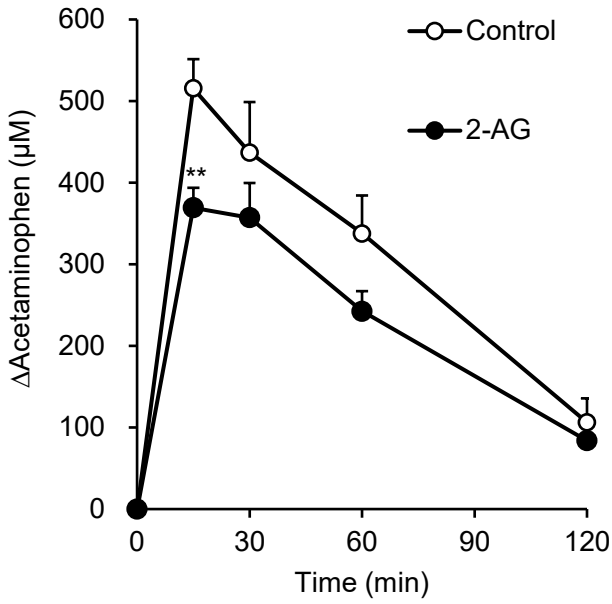


Fig. 3

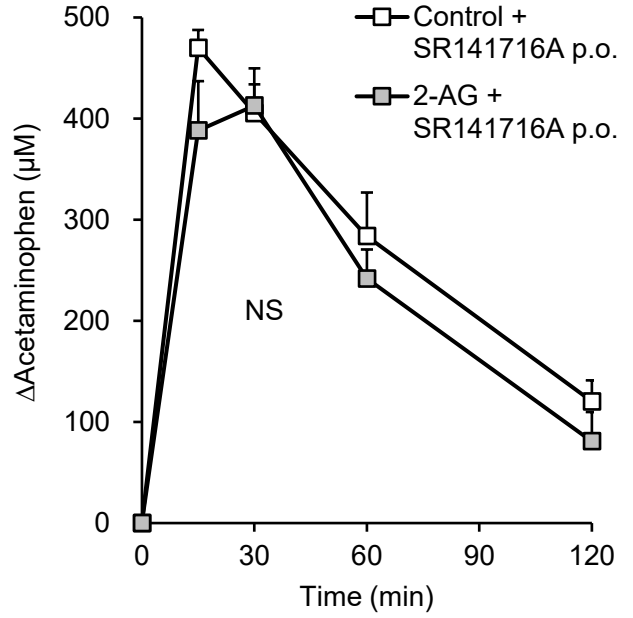
(a)



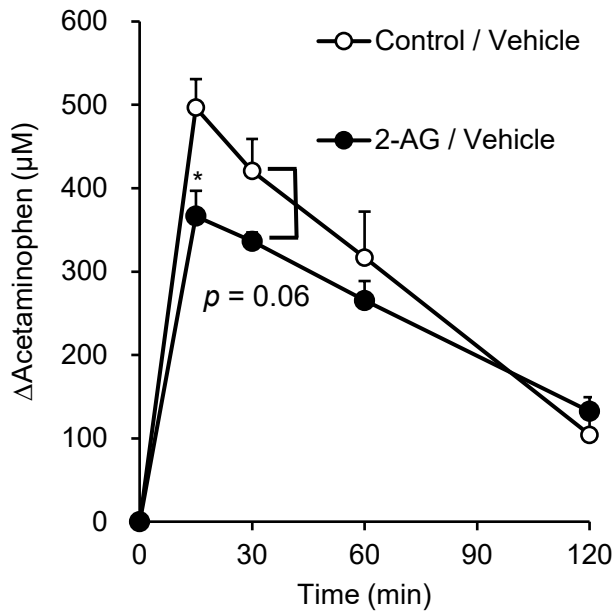
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(c)



(d)



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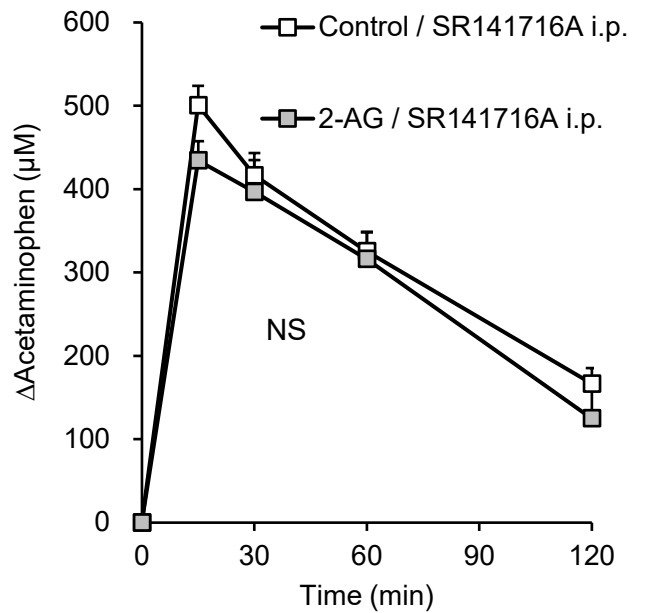


Fig. 4

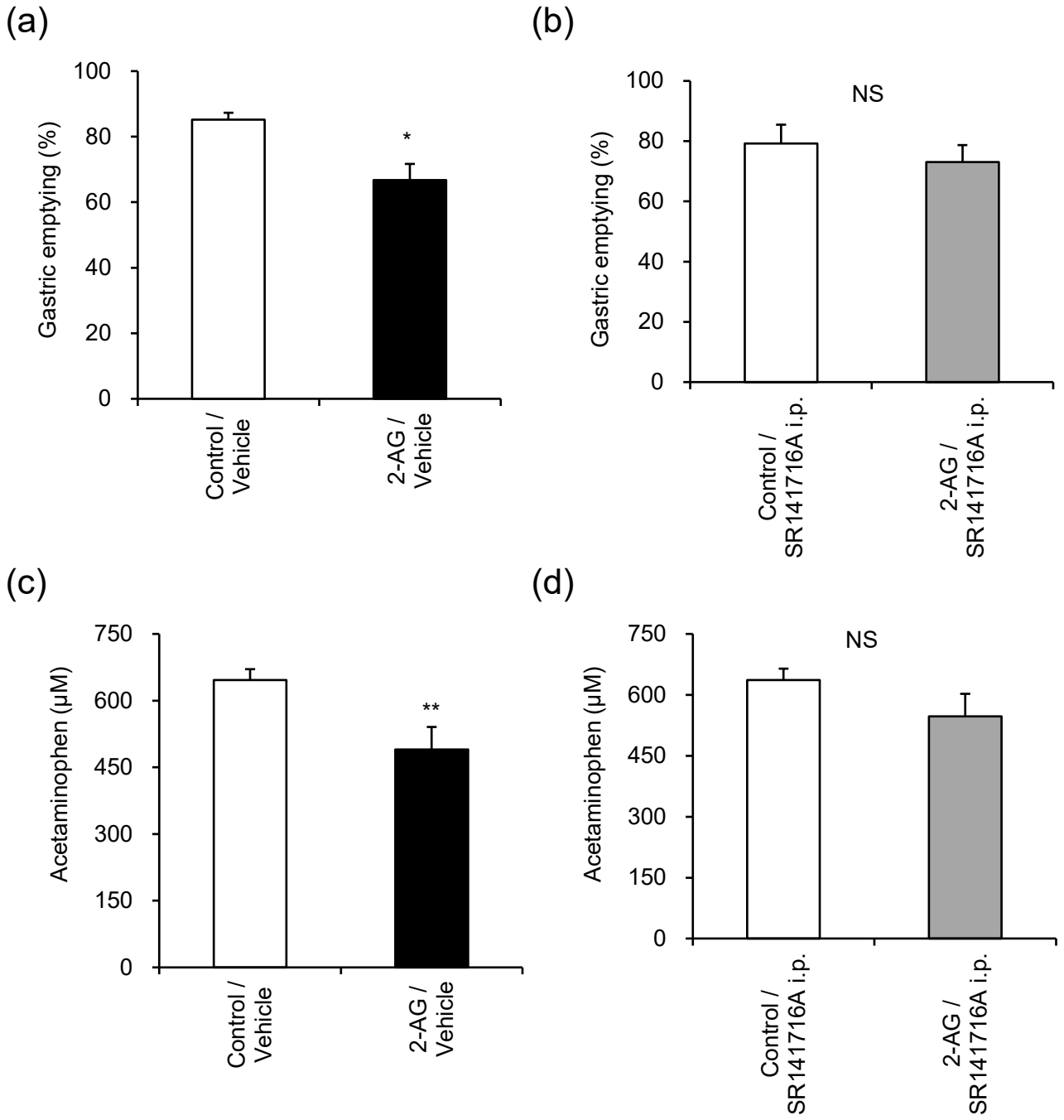
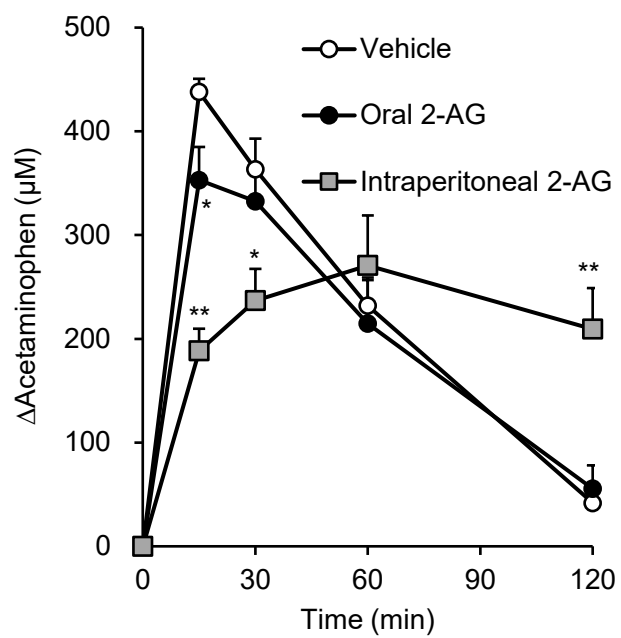


Fig. 5



Title

2-Arachidonoyl glycerol suppresses gastric emptying via the cannabinoid receptor 1-cholecystokinin signaling pathway in mice

Journal

Lipids

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