# Centering of interactions in lower-level mediation models

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#### Introduction - Lower level Mediation

#### 1. Mediation

Unravel causal pathways between exposure X and outcome Y:

$$X \xrightarrow{\zeta} Y$$

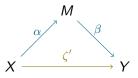
What is the effect of X on Y? = Total Effect

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#### Introduction - Lower level Mediation

#### 1. Mediation

Unravel causal pathways between exposure X and outcome Y:



- What part of the effect is mediated by M? = Indirect Effect
- What is the remaining causal effect of X on Y? = Direct Effect

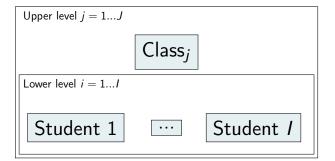
Problems & complications

Simulations

Conclusion

#### Introduction - Lower level Mediation

2. Multilevel data

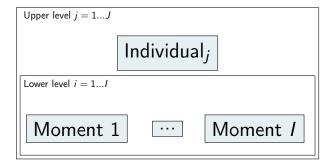


Problems & complications

Simulations 0 0 0 Conclusion

## Introduction - Lower level Mediation

2. Multilevel data

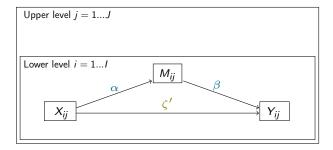


Problems & complications

Conclusion

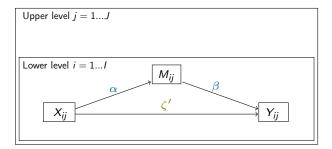
#### Introduction - Lower level Mediation

#### 3. Lower level Mediation



#### Introduction - Lower level Mediation

#### 3. Lower level Mediation



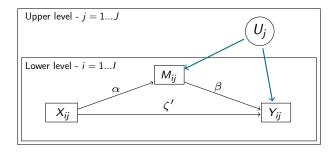
$$\begin{split} X_{ij} &= \delta_j^{\mathsf{x}} + \epsilon_{ij}^{\mathsf{x}} \\ M_{ij} &= \delta_j^{m} + \alpha X_{ij} + \epsilon_{ij}^{m} \\ Y_{ij} &= \delta_j^{\mathsf{y}} + \zeta' X_{ij} + \beta M_{ij} + \epsilon_{ij}^{\mathsf{y}} \end{split}$$
(1)

with all  $\epsilon$  independently and normally distributed

Problems & complications	Conclusion

#### Problem in lower level mediation

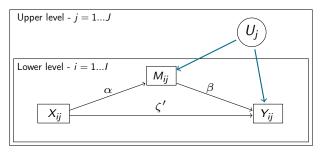
Unmeasured upper level confounding of M-Y relation may induce bias in the regression coefficients:



Problems & complications	Conclusion

#### Problem in lower level mediation

Unmeasured upper level confounding of M-Y relation may induce bias in the regression coefficients:



$$X_{ij} = \delta_j^{x} + \epsilon_{ij}^{x}$$

$$M_{ij} = \delta_j^{m} + \alpha X_{ij} + U_j + \epsilon_{ij}^{m}$$

$$Y_{ij} = \delta_j^{y} + \zeta' X_{ij} + \beta M_{ij} + U_j + \epsilon_{ij}^{y}$$

$$(2)$$

$$(3)$$

Introduction Problems & complications Simulations Conclusion

## Dealing with unmeasured upper level M-Y confounding

Possible estimation models:

▶ Within-cluster centering of *X* and *M* in the outcome equation:

$$Y_{ij} = i_{Yj} + c'^{w}(X_{ij} - \bar{X}_{j}) + c'^{b}\bar{X}_{j} + b^{w}(M_{ij} - \bar{M}_{j}) + b^{b}\bar{M}_{j} + e_{ij}$$
(3)

with  $ar{X}_j$  the mean of cluster j $X_{ij}-ar{X}_j$  the cluster-mean deviations.

Joint modeling of M and Y through dummy coding:

$$Z_{ij} = S_M(i_{Mj} + aX_{ij} + e^M_{ij}) + S_Y(i_{Yj} + c'X_{ij} + bM_{ij} + e^Y_{ij})$$
(4)

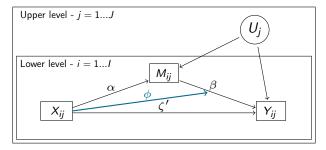
where  $i_{Mj}$  and  $i_{Yj}$  are allowed to correlate

Problems & complications	Conclusion

#### Lower level Mediation + Moderation

Add one extra complication to out lower level mediation setting:

 $\Rightarrow$  Lower level Moderated Mediation!

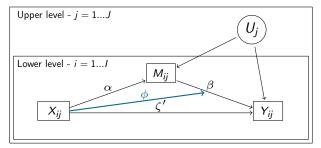


Problems & complications	Conclusion

#### Lower level Mediation + Moderation

Add one extra complication to out lower level mediation setting:

 $\Rightarrow$  Lower level Moderated Mediation!



$$X_{ij} = \delta_j^{x} + \epsilon_{ij}^{x}$$

$$M_{ij} = \delta_j^{m} + \alpha X_{ij} + U_j + \epsilon_{ij}^{m}$$

$$Y_{ij} = \delta_j^{y} + \zeta' X_{ij} + \beta M_{ij} + \phi X_{ij} M_{ij} + U_j + \epsilon_{ij}^{y}$$
(5)

11/19

Introduction Problems & complications Simulations Conclusion

#### Dealing with unmeasured upper level M-Y confounding

THREE ways of centering the interaction within-clusters:

1. Multiply first and center later:

$$Y_{ij} = i_{Yj} + c'^{w}(X_{ij} - \bar{X}_{j}) + c'^{b}\bar{X}_{j} + b^{w}(M_{ij} - \bar{M}_{j}) + b^{b}\bar{M}_{j} + f^{w}(X_{ij}M_{ij} - \overline{XM}_{j}) + f^{b}\overline{XM}_{j} + e_{ij}$$
(6)

2. Center first and multiply later:

$$Y_{ij} = i_{Yj} + c'^{w}(X_{ij} - \bar{X}_{j}) + c'^{b}\bar{X}_{j} + b^{w}(M_{ij} - \bar{M}_{j}) + b^{b}\bar{M}_{j} + f^{w}(X_{ij} - \bar{X}_{j})(M_{ij} - \bar{M}_{j}) + f^{b}\bar{X}_{j}\bar{M}_{j} + e_{ij}$$
(7)

3. Center first and multiply later, THEN add crosslevel interactions:

$$Y_{ij} = i_{Yj} + c'^{w}(X_{ij} - \bar{X}_{j}) + c'^{b}\bar{X}_{j} + b^{w}(M_{ij} - \bar{M}_{j}) + b^{b}\bar{M}_{j} + f^{w}(X_{ij} - \bar{X}_{j})(M_{ij} - \bar{M}_{j}) + f^{b}\bar{X}_{j}\bar{M}_{j} + f^{c1}(X_{ij} - \bar{X}_{j})\bar{M}_{j} + f^{c2}\bar{X}_{j}(M_{ij} - \bar{M}_{j}) + e_{ij}$$

$$(8)$$

Problems & complications	Conclusion

#### Dealing with unmeasured upper level M-Y confounding

ONE joint modeling approach:

4. Joint modeling of M and Y:

$$Z_{ij} = S_M(i_{Mj} + aX_{ij} + e^M_{ij}) + S_Y(i_{Yj} + c'X_{ij} + bM_{ij} + fX_{ij}M_{ij} + e^Y_{ij})$$
(6)

#### GOAL: Which of these four methods performs best?

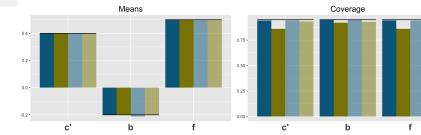
Problems & complications	Simulations	Conclusion
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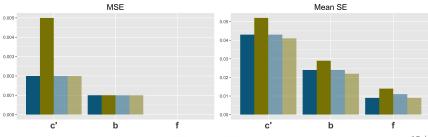
# Simulation Studies

- Start with NO unmeasured upper level M-Y confounding ⇒ Do all four estimation models estimate the target parameters unbiasedly?
- ► In a lower level mediation study, focus usually lies in within-effects, so we focus on c<sup>'w</sup>, b<sup>w</sup> and f<sup>w</sup>
- Three different simulation settings of 1000 runs:
  - 1. No intercepts for normally distributed X and M
  - 2. Intercepts for normally distributed X and M
  - 3. Binary distributed X (no intercepts)

Problems & complications	Simulations	Conclusion
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#### Results: first setting



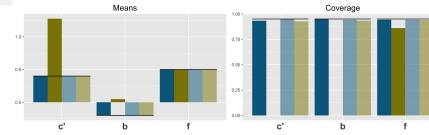


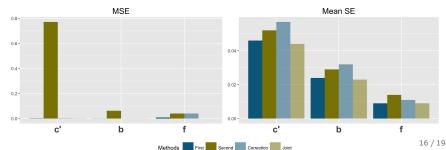
Methods First Second Correction Joint

15/19

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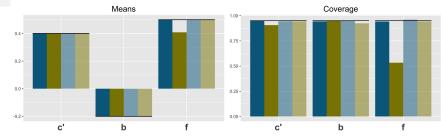
## Results: second setting

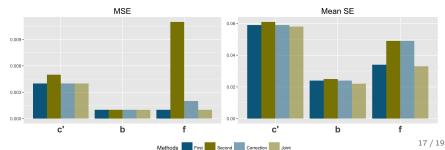




Problems & complications	Simulations	Conclusion

#### Results: third setting





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# Summary of results

When there is NO unmeasured upper level confounding, we see that: Sim 1 When X and M are centred:

No problems

Sim 2 When either X of M show cluster means  $\neq$  0:

- The second centering approach does not estimate  $\zeta'$  and  $\beta$ .
- It estimates  $\zeta' + \phi E(\overline{M}_j)$  and  $\beta + \phi E(\overline{X}_j)$  instead.
- Inclusion of crosslevel interactions in the estimation model resolves this.

Sim 3 When X is binary:

- The second centering approach biasedly estimates  $\phi$ .
- Inclusion of crosslevel interactions resolves this.
- Overall, the first centering and joint modeling approach provide the smallest SE's (mean and empirical).

Problems & complications	Conclusion

## Conclusion

- When there is NO unmeasured upper level confounding, we recommend to either center interactions with the first centering approach, of use joint modeling of M and Y:
  - The second centering approach does sometimes estimate the target parameters indirectly, or even with bias.
  - Adding the crosslevel interactions (i.e. the third centering approach) removes these problems, but still yields higher SE's compared to the first centering or the joint modeling approach
- We are currently working on settings WITH unmeasured upper level M-Y confounding, to extend these conclusions.