Full Length Research Paper

Regeneration ability and genetic transformation of root type chicory (*Cichorium intybus* var. *sativum*)

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Accepted 28 May, 2012

To develop an efficient protocol for shoot regeneration of root chicory (Cichorium intybus var. sativum), some factors, including different concentrations of plant growth regulators in Murashige and Skoog (MS) medium, type of explants and genotypes were evaluated. Initiation of callusing were best achieved in MS medium supplemented with 1-naphthaleneacetic acid (NAA) (0.1 mg l⁻¹) plus 6-Benzylaminopurine (6-BAP) (1 mg I^{-1}), indole-3-acetic acid (IAA) (0.01 mg I^{-1}) plus 6-BAP (1.0 mg I^{-1}), and IAA (0.5 mg I^{-1}) plus (0.5 mg l⁻¹) 6-BAP combinations on leaf and cotyledon explants. Explant-derived calli were able to produce multiple adventitious shoots in MS medium containing IAA (0.5 mg l⁻¹) plus 6-BAP (0.5 mg l⁻¹). MS medium containing indole-3-butylric acid IBA (1 mg⁻¹) efficiently induced rooting on elongated shoots. Various responses to the number of generated shoots were observed when regeneration abilities of different chicory cultivars were examined. Among root and "Witloof" cultivars, 'Melci' and 'Hera' belong to the root cultivars and exhibited higher shoot regeneration ability. Using the optimized regeneration method, genetic transformation of 'Melci' with Agrobacterium tumefaciens strain C58C1 Rif^R (pGV2260) (pTJK136) was successfully carried out. Histochemical GUS assay, polymerase chain reaction (PCR) and reverse transcription-polymerase chain reaction (RT-PCR) analysis of putative transformed plants confirmed successful integration of the T-DNA into the chicory genome. Expression of the neomycine phosphotransferase (NPTII) in the regenerated plants was also shown by welldeveloped roots on root inducing medium containing 100 mg l⁻¹ kanamycin. This simple, efficient and reproducible protocol could be useful for inducing somaclonal variation and genetic modification of root chicory cultivars to broaden genetic variation and transferring of important genes.

Key words: Chicory, regeneration, transformation, 1-Naphthaleneacetic acid (NAA), indole-3-acetic acid (IAA), 6-Benzylaminopurine (6-BAP).

INTRODUCTION

Cichorium intybus var. sativum has been mostly

cultivated as a coffee substitute in Europe and also for the production of inulin used for food industry (Pazola, 1987; Langer et al., 1991; De Bruyn et al., 1992). "Witloof" chicory or "Belgian endive", perhaps the most known among the leafy chicories, is an important vegetable used as salad in Belgium, France and the

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Netherlands. The tuberous root of chicory contains a number of medicinally important compounds such as inulin, sesquiterpene lactones, coumarins, flavonoids and vitamins. Inulin, a polymer of fructose, is an important storage carbohydrate in some plants. Inulin has a wide range of applications in food and non-food industries because of its benefit for human health. Inulin is present in significant guantities in several fruits and vegetables, such as Jerusalem artichoke, salsify, asparagus, onion, garlic, dahlia and chicory (Nilsson et al., 1988; Silva, 1996; Rumessen et al., 1990; Van Loo et al., 1995), but the main source for commercial scale of inulin production is root chicory (Silva, 1996; De Leenheer, 1996). Although several cultivars of root chicory have been bred, it is desirable to breed new root chicory cultivars for high inulin content and resistance to herbicides, insects and pathogens. Classical breeding methods have been proved be time-consuming laborious. to and Agrobacterium-mediated plant transformation has been one of the preferred methods for genetic manipulation and rapid improvement of crops. However, the availability of an efficient regeneration protocol is a prerequisite for transformation of root chicory plants. Moreover, somaclonal variation is often induced by tissue culture conditions in differentiating vegetative cells (Larkin and Scowcroft, 1981; Muller et al., 1990). Somaclonal variation could be considered as one of the possible sources of inducing genetic variability to breeding programmes of root chicory plants. Some reports of regeneration in chicory do already exist (Lim et al., 2003; Rehman et al., 2003; Velayutham et al., 2007; Nandagopal and Ranjitha, 2007). However, most of the earlier studies were limited to specific varieties such as "Witloof" chicory and few experiments were carried out on the regeneration and genetic transformation of different root type chicory cultivars (C intybus L. var. sativum).

Transformation of Belgian endive has already been reported using Agrobacterium rhizogenesis (Sun et al., 1991). Vermeulen et al, (1992) successfully transferred Chlorsulfuron resistance through leaf disc transformation. NPTII combined with uidA genes, under the control of different promoters, were transferred either through tap root, cotyledon, and leaf disc explants (Abid et al., 1995). А transformation system. using Agrobacterium tumefaciens, has been developed for root chicory cultivars, using shoot bud as tissue explant and B5 (Gamborg) medium supplemented with 0.9 mM BA (Frulleux et al., 1997). Fructosyltransferase gene from onion was transformed into chicory (Cichorium intybus), by using Agrobacterium-mediated leaf disk transformation to study synthesis of fructan of the inulin neoseries (Vijn et al., 1997). "Witloof" chicory (Cichorium intybus L. cv. Lucknow local), using Agrobacterium rhizogenes-mediated system, was stably transformed and the expression of transgene was confirmed (Harsh et al., 2001). The nodules derived from a "Witloof" Chicory cultivar were transformed with a 2.3 kb fragment of an apple calmodulin promoter region fused to the coding sequence of *uidA* reporter gene to study nodule morphogenesis in chicory leaves (Pieron and Watillon, 2001). *Lol1* gene from over-wintering rye grass (*Lolium perenne* L.) which encodes a protein that inhibits the recrystallisation of ice was successfully introduced through *Agrobacterium*-mediated transformation into cotyledons excised from 17 days-old seedlings of "Witloof" chicory. cv. Brussels (Williams et al., 2003).

Therefore, we focus on the study of regeneration and transformation of recent commercially bred root type cultivars such as 'Melci' and 'Hera'. The effect of different combinations and concentrations of a number of plant growth regulators was assessed for their effect on callus induction or shoot regeneration on cotyledon and leaf explants. Since, an efficient and reliable regeneration in many plant species is affected by the genotype (Zhang et al., 1997; Khatun et al., 2003), therefore, to assess aenotypic effect of different cultivars on frequency of regeneration in chicory, we compared the regeneration ability of ten different cultivars, including old and new root type, besides some already used "Witloof" cultivars. The results would be helpful in providing the optimum concentrations of plant growth regulators, genotype and explant source for further use in regeneration and transformation of chicory. It is well known that for an efficient Agrobacterium-mediated plant transformation, a reliable and efficient callus induction and shoot regeneration procedures are main concern. In this study we also presented the results of an Agrobacteriummediated transformation on cotyledon and leaf explants of 'Melci', a root chicory cultivar, using the optimised regeneration procedure to assess the efficiency of the developed system. The genetic transformation method can be used as a basis for the future development of commercial cultivars of root chicory plants.

MATERIALS AND METHODS

Plant material and explant preparation

In this experiment, root chicory (*C. intybus* var. *sativum*) and "Witloof" chicory (*C. intybus* var. *foliosum*) cultivars were used (Table 1). Seeds of the selected cultivars were surface-sterilised as follows. The seeds were immersed in 70% ethanol for 2 to 3 min then, they were rinsed five times in sterile distilled water. Next, the explants were incubated for 30 min in 10% (v/v) sodium hypochlorite containing 0.5% Tween20. After rinsing five times with sterile distilled water, seeds were placed on semi-solidified germination medium (GM) (Table 2) in sterilised glass jars. Leaf and cotyledon pieces from three-week-old seedlings were used as explants for callus induction.

Media recipes, callus induction, shoot and root organogenesis

MS medium (Murashige and Skoog, 1962), including vitamins (Duchefa), was used in all experiments. Sucrose, appropriate plant

Cultivar (V)	Name
V1	'Melci' Root type (C. intybus var. sativum) cultivar
V2	'Hera' Root type (C. intybus var. sativum) cultivar
V3	'Nula' Root type (C. intybus var. sativum) cultivar
V4	'Tilda' Root type (C. intybus var. sativum) cultivar
V5	'Hicor' Root type (C. intybus var. sativum) cultivar
V6	'Bea' "Witloof" type (C. intybus var. foliosum) cultivar
V7	'Zoom' (F1) "Witloof" type (C. intybus var. foliosum) cultivar
V8	'Middelvroeg' "Witloof" type (C. intybus var. foliosum) cultivar
V9	'Brussels' "Witloof" type (C. intybus var. foliosum) cultivar
V10	'Focus' (F1) "Witloof" type (C. intybus var. foliosum) cultivar

Table 1. Different chicory	cultivars used to compar	e regeneration ability.

Table 2. Composition of various media with all additives used for different steps of chicory regeneration and transformation.

Medium	MS (g l ^{−1})	Sucrose (g l ⁻¹)	Gelrite (g l ⁻¹)	Plant growth regulator	рН
liquid medium	4.4	20	3	M ₁	5.8
germination (GM)	2.2	20	3	-	5.8
co-cultivation	4.4	20	3	M ₁	5.8
callus induction (CIM)/shoot induction (SIM)	4.4	20	3	M ₁ -M ₁₂	5.8
root induction (RIM)	4.4	15	3	R ₁ -R ₉	5.8

Table 3. Combination of different plant growth regulators used to make different media.

Code name (treatment)	Plant regulator combinations for callus induction or shoot induction	Code name (treatment)	Plant regulator combinations for root induction
M ₁	0.1 mg l ⁻¹ NAA + 1.0 mg l ⁻¹ 6-BAP	R₁	0.1 mg l ⁻¹ NAA
M ₂	0.5 mg l ^{−1} NAA + 1.0 mg l ^{−1} 6-BAP	R_2	0.5 mg l ⁻¹ NAA
M ₃	0.1 mg l ^{–1} IAA + 1.0 mg l ^{–1} 6-BAP	R_3	1.0 mg l ⁻¹ NAA
M ₄	0.5 mg l ^{–1} IAA + 1.0 mg l ^{–1} 6-BAP	R_4	0.1 mg l ⁻¹ IAA
M ₅	0.1 mg l ^{−1} NAA + 0.5 mg l ^{−1} 6-BAP	R₅	0.5 mg l ⁻¹ IAA
M ₆	0.5 mg l ^{−1} NAA + 0.5 mg l ^{−1} 6-BAP	R_6	1.0 mg l ⁻¹ IAA
M ₇	0.1 mg l ^{–1} IAA + 0.5 mg l ^{–1} 6-BAP	R ₇	0.1 mg l ⁻¹ IBA
M ₈	0.5 mg l ^{–1} IAA + 0.5 mg l ^{–1} 6-BAP	R ₈	0.5 mg l ^{−1} IBA
M ₉	0.01 mg l ⁻¹ NAA + 1.0 mg l ⁻¹ 6-BAP	R ₉	1.0 mg l ⁻¹ IBA
M ₁₀	0.01 mg l ⁻¹ IAA + 1.0 mg l ⁻¹ 6-BAP		
M ₁₁	0.01 mg l ^{−1} NAA + 0.5 mg l ^{−1} 6-BAP		
M ₁₂	0.01 mg l ^{–1} IAA + 0.5 mg l ^{–1} 6-BAP		

growth regulators with different concentrations (Tables 2 and 3), and Gelrite (0.3% w/v; Duchefa) as gelling agent, were added into media, and the pH of the media was adjusted to 5.8 using KOH before autoclaving. For transformation experiment, filter-sterilized antibiotics were added after autoclaving. The explants (leaf or cotyledon) were placed on callus induction medium (CIM) supplemented with M_1 - M_{12} (Table 3) to select appropriate combination of plant growth regulators in callus induction phase. Callus-derived explants from cotyledon or leaf pieces were also cultured on shoot induction medium (SIM), supplemented with M_1 - M_{12} to select appropriate combination of plant growth regulators in

shoot regeneration phase. In each phases of callus induction or shoot regeneration, a total of 18 explants were placed on each medium (three replicates, six explants on each replicate). The cultures were incubated at 24 \pm 2°C under 16/8 h (light/dark) photoperiod with white fluorescent lights, giving a photon flux density of 150 to 200 μM m⁻² s⁻¹, and relative humidity of 50 to 60%. To select appropriate combination of plant growth regulators on root inducing, the regenerated shoots were excised from calli and transferred to the medium supplemented with root, inducing growth regulators (R₁.R₉) (Table 3). 16 shoots were placed on each rooting medium.



Figure 1. Schematic outline of T-DNA region of binary vector (pTJK136). RB, right border; Tocs, octopine synthase terminator; NPTII, neomycin phosphotransferase; Pnos, nopaline synthase promoter; P35S, CaMV 35S promoter; GUS-INT, β -glucuronidase interrupted by an intron; Tnos, nopaline synthase terminator; LB, left border; p₁, p₂, p₃, p₄, p₅ and p₆ designed primers to amplify different expected size by PCR. p₁ and p₂ amplify GUS1 expected size 866 bp, p₃ and p₄ amplify GUS2 expected size on cDNA 432 bp and on DNA 622 bp, p₅ and p₆ amplify NPTII expected size 481 bp.

Effect of chicory cultivars on shoot regeneration

An experiment was set up, using optimised callus and shoot, inducing plant growth regulators (M_1 used for callus induction and M_8 for shoot induction) to study the regeneration ability of different cultivars belonging to "Witloof" or root chicory (Table 1). A sample of leaf or cotyledon explants from each cultivar was incubated on MS media containing M_1 to produce explant-derived callus. The 20 explant-derived calli (four explants in five replicates) were then incubated on media containing M_8 to induce shoots. The numbers of produced shoots from leaf or cotyledon explant-derived calli of ten cultivars were eventually compared.

Agrobacterium strain, plasmids and transformation

Agrobacterium tumefaciens strain C58C1 Rif^R (pGV2260) (pTJK136) was provided by PSB, Ghent, Belgium. pGV2260 vector has the octopine-type vir genes (Deblaere et al., 1987). The pTJK136 binary vector in the T-DNA contains a *β*-glucouronidase (GUS) gene, under control of the cauliflower mosaic virus 35S RNA promoter (CaMV 35S) and NOS terminator and kanamycin resistance gene (neomycin phosphotransferase-II; NPTII) (Figure 1). The GUS reporter gene is interrupted by an intron originating from the potato st-ls1 gene and it has been demonstrated that intron spliced out in Arabidopsis, tobacco, poplar and bean (Vancanneyt et al., 1990; Kapila et al., 1997). The Agrobacterium was inoculated into a YEB medium (Vervuet et al., 1975) containing 50 mg l⁻¹ rifampicin, 100 mg l⁻¹ carbenicillin and 100 mg l⁻¹ spectinomycin. The inoculated YEB medium was incubated at 28°C with reciprocal shaking (200 cycles/min) for 24 h. The culture was transferred to a sterile 50 ml tube, and then centrifuged at room temperature for 10 min at 3000 g. After removing the supernatant, the pellet was gently resuspended in 100 ml of sterile MS liquid medium (Table 2).

Cotyledon and leaf explants were prepared from 'Melci' 21-dayold seedlings. After wounding on the abaxial surfaces, they were immersed for 30 min in the infection medium, supplemented with 20 mg l⁻¹ acetosyringone and *Agrobacterium* strain (OD A600 nm = 0.6 to 1.0). Cotyledon and leaf pieces were blotted dry on sterile filter paper and transferred to co-cultivation medium (Table 2) containing no antibiotics. Eight to ten cotyledon or leaf pieces were placed on co-cultivation medium in a 9 cm Petri dish. Co-cultivated explants were incubated for three days in growth chamber under 16/8 h (light/dark) photoperiod with white fluorescent lights, giving a photon flux density of 150 to 200 μ M m⁻² s⁻¹ at a temperature of 24°C ± 2.

After co-cultivation, the explants were washed three times in sterilised liquid MS medium supplemented with 500 mg I^{-1} cefotaxime to counter selection of *Agrobacterium* cells. The

explants were dried on sterilised-tissue paper and were transferred onto MS supplemented with M_1 , 50 mg I^{-1} kanamycin and 500 mg I⁻¹ cefotaxime. After callus induction, the explants were sub-cultured every two weeks on fresh MS containing M_{8} 50 mg I^{-1} kanamycin and 500 mg l⁻¹ cefotaxime until shoots appeared. Shoots (<2 cm in height) were excised from regenerated explants and were individually transferred into 175 ml glass jars containing MS supplemented with R_9 (1 mg Γ^1 IBA) (Table 3). Concentration of kanamycin in the MS supplemented with R9 was doubled (100 mg I⁻¹ kanamycin) to increase the selection pressure. The rooted shoots were gently removed from root inducing medium and washed in liquid medium to clean the gelling pieces. The well developed complete plantlets were transferred into 10 to 15 cm pots containing sterilized-soil. Pots were covered with a perforated transparent plastic and placed in the growth chamber to acclimatize. After two to three days, plastic cover was opened from the top, and after one week, when the plants were strong enough, the transparent plastic cover was completely removed.

Histochemical GUS assay

At two different stages of development, including calli formation and well-developed leaf or tuberous root, histochemical GUS assay, according to the modified method of Jefferson (1987), was performed. The calli, leaf or root explants from the putative transgenic lines, and controls were immersed into the GUS staining solution, and vacuum infiltrated for 10 min. The samples were wrapped in aluminium foil and incubated overnight at 37°C. After staining, plant materials were washed three times in phosphate buffer and were fixed in 0.5% gluteraldehyde for 1 h, and then they were kept in 70% ethanol to clear the chlorophyll. The GUS staining solution contained 38.3 mM 5-bromo-4-chloro-3-indolyl- β -D-glucuronic acid (X-gluc), 12.5 mM potassium hexacyanoferrate (III) trihydrate, 0.3% Triton X-100, and 150 mM sodium phosphate (pH 7.0).

DNA isolation and the polymerase chain reaction (PCR)

Genomic DNA was isolated from leaves of the putative transgenic and non-transgenic (control) root chicory plants using the DNeasy Plant Mini kit according to the manufacturer's instructions (Qiagen). Concentration of total DNA was measured using a Nanodrop ND1000 spectrophotometer (Thermo SCIENTIFIC). The PCR reaction was done with the final volume of 50 µL that contained: 100 to 200 ng of plant DNA, 15 pmol of each primer (Table 4), 200 µM dNTPs mix, 5 ul PCR buffer 5x and 1 unit Taq DNA polymerase (AmpliTaq-Applied Biosystems) and autoclaved millipore water. The PCR was completed, using a thermocycler (Applied Biosystems) with the following conditions; 2 min at 95°C, followed by 35 cycles

Table 4. Selected amplicor	s for PCR or RT-PCR analysis.
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Name amplicon	Size (bp)	Forward primer	Reverse primer	PCR	RT-PCR
GUS1	866	CGTGGCAAAGGATTCGATAA	ATGCCAGTCCAGCGTTTTT	+	
GUS2	422	TTCGATGCGGTCACTCATTA	GCTAGTGCCTTGTCCAGTT		+
NPTII	481	AGCGGCGATACCGTAAAGCACGA	AAGGGACTGGCTGCTATTGGC	+	

of denaturation for 30 s at 94°C, annealing for 30 s (various temperature) and extension at 72°C (60 s per kb) and ending with 7 min at 72°C for final extension. The PCR amplified products along with DNA ladder (Fermentas) were separated by electrophoresis in a 1.2% agarose gel in TAE buffer, stained with ethidium bromide, and visualized under ultraviolet light.

RNA isolation and RT-PCR

Total RNA was isolated from leaf tissues of putative transgenic plants using RNeasy Plant mini kit according to the manufacturer's instructions (Qiagen). RNA was treated with RNase-free DNase, and the DNase removed according to the manufacturer's instructions (Ambion). RNA was quantified using a Nanodrop ND1000 spectrophotometer (Thermo SCIENTIFIC). cDNA was synthesized from 500 ng total RNA, using SuperScript[™] III Reverse Transcriptase (Invitrogen) following company's instructions. 1 µl of the first cDNA strand solution, using a specific primer flanked intron region (Figure1 and Table 4) was used for each PCR reaction as described above. The PCR amplified products, along with DNA ladder (Fermentas), were separated by electrophoresis in a 1.2% agarose gel in TAE buffer, stained with ethidium bromide, and visualized under ultraviolet light.

Statistical analysis

The experiments were set up in a completely randomised design. Data were recorded on the total number of shoots. All data were transformed to satisfy the assumption of normality prior to analysis of variance. Means and standard errors were obtained from analysis for each treatment. The means of the induced shoots were compared using Duncan's multiple range test at a 1% probability level.

RESULTS

Effect of plant growth regulators on callus induction

The effect of different combinations and concentrations of the selected plant growth regulators (Table 3) on callus induction from cotyledon or leaf explant of 'Melci' and 'Hera' were investigated. Calli got initiated after two weeks of culture, both for cotyledon or leaf explants on MS medium supplemented with all combinations of NAA or IAA plus 6-BAP. In the callus induction phase, cells on the cutting edge of the explants start to form callus in response to the plant growth regulators. All formed-calli had a round shape and seem to be non-embryogenic. The formed-calli on different combinations of plant growth regulators varied in colour and regenerative capacity (Figure 2 and Table 5). In general, some combinations such as M_1 , M_2 , M_4 , M_8 , and M_{10} could induce green calli with high biomass for both types of explants. However, compact and green, with maximum regenerative callus biomass were induced by leaf explants in MS supplemented with M_1 , M_8 , and M_{10} combinations, and very good green calli with high regenerative callus were also formed by cotyledon explants with M_1 , M_8 , and M_{10} combinations (Figure 2 and Table 5). In addition, leaf explants in most of the combinations were more responsive than cotyledon explants in terms of callus induction such as in the M_1 , M_2 , M_3 , M_4 , M_7 , M_8 and M_{10} combinations (Figure 2).

Effect of plant growth regulators on shoot organogenesis

The effect of various combinations of plant growth regulators (Table 3) on shoot regeneration from cotyledon and leaf explant-derived calli of the cultivars 'Melci' and 'Hera' were investigated. Shoot buds were visible after three weeks of culture and the number of produced shoots was recorded after six weeks. Since all media containing a plant growth regulator formulation could induce shoots in all leaf or cotyledon explantderived calli, the evaluation of shoot induction was based on the number of shoots for each plant growth regulator combination (treatment). The frequency of adventitious shoot regeneration differed, depending on the explants, genotypes and concentration of different growth regulators added to the media. Analysis of variance per treatment on the number of produced shoots from leaf or cotyledon explants of 'Melci' or 'Hera' were separately carried out. F-values for all analyses on the number of induced shoots from leaf and cotyledon explants of 'Melci' or 'Hera' were significant. Therefore, it can be concluded that significant differences existed between the combinations of growth regulators in the function of the number of generated shoots.

The " M_8 " combination showed the highest number of induced shoot on leaf or cotyledon derived-calli explants for 'Melci' and 'Hera' cultivars. In all Duncan test, M_8 combination stayed in group A, with the highest mean for number of regenerated shoots (Tables 6 and 7). In addition, M_7 and M_{11} combinations showed high effect on the number of generated shoots. M_2 , M_4 , M_6 and M_{12} were the least effective combinations for inducing shoot. Except M_7 and M_8 , all combinations regenerated some vitrified shoots. Additionally, leaf explant-derived calli









Figure 2. Effect of various plant growth regulators (M1-M12) on callus induction of cotyledon and leaf explants.

Table 5. Effect of different regulators on callus induction in cotyledon and leaf explants of 'Melci'.

Treatment	Quality of calli formed on 'Melci' cotyledon explants	Color of calli formed on 'Melci' cotyledon explants	Quality of calli formed on 'Melci' leaf explants	Color of calli formed on 'Melci' leaf explants
M ₁	+++	green	++++	green
M ₂	+	yellow	+++	green
M ₃	+	white to yellow	++	light green
M_4	++	light green	+++	green
M ₅	+	brownish-green	+	green to white
M ₆	+++	green	+	yellow to brown
M7	+	white to yellow	++	green
M ₈	+++	green	++++	green
M9	+	white to yellow	++	white to yellow
M ₁₀	+++	green	++++	green
M ₁₁	++	yellow to green	++	yellow
M ₁₂	+	brown	+	brown

+ = weak callus; ++ = good callus; +++ = very good callus; ++++ = compact callus.

Treatment	Mean number of shoots induced on 'Melci' cotyledon explant	Duncan grouping	Mean number of shoots induced on 'Melci' leaf explant	Duncan grouping
M ₁	7.66	С	10.66	СВ
M ₂	2.33	ΕD	3	D
M ₃	8.33	С	8.33	С
M ₄	0.66	ΕD	3	D
M ₅	7	С	10.33	СВ
M ₆	1.66	D	2.66	D
M7	14	В	14.33	В
M ₈	28.33	А	41.66	А
M ₉	8.66	С	13.33	В
M ₁₀	6.66	С	4.33	D
M ₁₁	11	СВ	13.33	В
M ₁₂	2.66	D	4	D
Total mean	8.25		10.74	

Table 6. Means* comparison for 'Melci' explant-induced shoots on different plant regulator combinations (treatment; see Table 3).

*Means with the same letter are not significantly different.

Table 7. Means* comparison for 'Hera' explant-induced shoots on different plant regulator combinations (treatment; see Table 3).

Treatment	Mean number of shoots induced on 'Hera' cotyledon explant	Duncan grouping	Mean number of shoots induced on 'Hera' leaf explant	Duncan grouping
M ₁	6.33	CD	8.66	CDE
M ₂	1.66	Е	4	G
M ₃	6.33	CD	7.66	DEF
M ₄	2.66	Е	4.66	FG
M ₅	8	CBD	9	CDE
M ₆	2.33	Е	3.66	G
M ₇	11.66	В	15	В
M ₈	24	А	39.33	А
M ₉	5.66	D	10.66	CBD
M ₁₀	8	CBD	6	EFG
M ₁₁	10	СВ	13	СВ
M ₁₂	1.33	Е	3.66	G
Total mean	7.33		10.44	

*Means with the same letter are not significantly different.

could produce more shoots than cotyledon-derived calli (30% for 'Melci' and 42% for 'Hera') (Tables 6 and 7).

Effect of plant growth regulators on root organogenesis

The excised-shoots from calli started root formation after one week on all root inducing medium combinations, except for R_2 and R_3 (Table 3). After three weeks of culture, it was found that among the three tested auxins, IBA was the best inducing rooting plant growth regulator in comparison with IAA or NAA. Higher frequency of root induction was obtained in MS medium supplemented with R_9 combination (Table 8). Root length varied within each treatment (Table 8). MS medium supplemented with NAA produced thick and short roots. Roots in the media containing IAA and IBA were thin and with abundant hair-like secondary roots. Maximum root length was observed in MS supplemented with R_7 (Table 8).

Effect of chicory cultivars on shoot regeneration

From high regeneration ability for 'Melci' and 'Hera' cultivars during optimization of the regeneration, we were

Treatment	T 1*	T ₂ *	Root length after three week
R ₁	4	8	1 cm
R ₂	0	4	≤1 cm
R ₃	0	2	0.5 ≤
R ₄	9	12	>2
R₅	6	7	2 cm
R ₆	3	5	1.5 - 2 cm
R ₇	6	14	>3
R ₈	7	13	2 cm
R ₉	10	16	1 cm

 Table 8. Effect of different auxins used to root induction.

 $T_1 \mbox{ and } T_2,$ number of shoots induced root after one week and after three weeks, respectively.

Table 9. Comparison of means* on number of induced-shoots from cotyledon and leaf derived callus of different chicory cultivars.

Cultivar	Mean number of shoots induced on cotyledon derived calli	Duncan Grouping	Mean number of shoots induced on leaf derived calli	Duncan Grouping
V1	10	А	15	А
V2	10	А	14.6	А
V3	2.2	D	8.2	СВ
V4	2.2	D	6.6	С
V5	3.6	CD	7	С
V6	4.8	СВ	9.4	СВ
V7	7	В	9.2	СВ
V8	5.6	В	8.4	СВ
V9	7.2	В	11.2	В
V10	10.2	А	11	В
Total mean	6.27		10.06	

*Means with the same letter are not significantly different.

interested to compare regeneration abilities of those cultivars with some "Witloof" chicory cultivars which have been used in earlier regeneration and transformation experiments. In this experiment, in callus induction phase, explants started to produce calli after two weeks incubation on MS medium supplemented with M₁. Developed calli were then transferred to MS medium supplemented with M₈. Regenerated shoots in each replicate were counted for all cultivars after six weeks. Analysis of variance on the number of shoots was done using a completely randomised design. Comparisons of means by the Duncan multiple range test (p < 0.01) on the number of induced shoots from leaf-derived calli revealed that the cultivars 'Melci' and 'Hera' had the highest mean and they were grouped in 'A' (Table 9). The 'Focus' and 'Brussels' belonging to "Witloof" cultivars were grouped in 'B', meaning high shoot regeneration ability. Additionally, the cultivars 'Focus', 'Melci' and 'Hera' were grouped in 'A' by the Duncan multiple range test (p < 0.01) for the number of induced shoots from cotyledon-derived calli explants (Table 9). 'Melci' and 'Hera' for both type of explants showed the highest regeneration capacity. In general, shoot regeneration ability calculated for the entire cultivars for calli derived from leaf was 60% higher than calli derived from cotyledon (Table 9).

Agrobacterium-mediated transformation

Calli produced on MS containing M_1 , shoots appeared from calli after three to four weeks incubation on MS containing M_8 , 50 mg Γ^1 kanamycin, and 500 mg Γ^1 cefotaxime. The regenerated shoots were excised at the base, and transferred to MS supplemented with R_9 for rooting. Shoots mostly were generated roots from cutting surface of the shoots after three weeks. The plantlets with well-developed root were then transferred to pots for further growth and analysis. Along the transformation experiment, a few non *Agrobacterium*-infected explants



Figure 3. Overview of GUS staining at different developmental stages and tissues. (a) GUS staining on three-week-old calli. (b) GUS staining in tuberous root. (c) GUS staining in leaf. (d) Different response to GUS staining in different plant tissues.

were put on callus inducing medium containing kanamycin as control. All control explants got brownish and died. In total, 200 explants were inoculated and incubated on callus inducing medium. Eventually, following transformation and regeneration, 32 plantlets were selected. This represents a transformation frequency of about 16%.

Histochemical GUS assay

To be able to monitor transformation, a histochemical GUS assay was performed after inoculation of the explants with the *Agrobacterium* strain. Un-inoculated explants were used as control. The generated calli stained positively for GUS assay (Figure 3a), while none of the controls stained positively with the X-gluc substrate. Additionally, leaf and root explants from the regenerated plants after transformation were tested for the histochemical GUS assay. Positive staining was found on leaf and root tissues (Figure 3b and c). However, the intensities of GUS staining for the studied samples were different (Figure 3d), while the controls showed no staining reaction.

Molecular analysis of transformant plants

The PCR was used to verify the presence of the T-DNA in the selected putative transgenic plants, using specific primers for the GUS and NPTII amplicons (Figure 1 and Table 4). The presence of GUS and *NPTII* were confirmed by amplification of the expected 866 bp (base pair) and 481 bp fragments, using specific primers, respectively (Table 4, Figure 4a and b). For all putative transgenic plants, a fragment of 422 bp was amplified using GUS2 primer pairs with RT-PCR (Figure 4c and Table 4). This confirms the presence of transgenes in the selected putative transformants. A fragment of 632 bp would have been obtained if no splicing occurred or genomic DNA was used as template for PCR (Figure 4c).

DISCUSSION

Callus induction and shoot regeneration are in vitro tissue culture methods, which depend on environmental conditions and plant growth regulators. Optimisation of these factors is essential to establish a high frequency of callus induction and shoot regeneration. Plant growth regulators and types of explant are the most important factors for callus induction and shoot regeneration phases (Mineo, 1990). Transformation, by means of Agrobacterium-mediated or direct gene transfer methods is a widely-used technique for genetic improvement of crops (de la Riva, 1998). The transformation techniques essentially based on callus formation and are regeneration of transformed calli. Additionally, to improve crops using somaclonal variation and in vitro selection, an efficient method of shoot regeneration from calli is necessary. Therefore the important described issues were studied to generate an optimised protocol for regeneration and transformation of root chicory plants.

The application of different concentrations of plant growth regulators had a significant influence on callus development and organogenesis. The data showed the response of explants to form calli, and was seen within two weeks incubation on callus-inducing medium containing different plant growth regulators for both 'Melci' and 'Hera' cultivars. The same observation on the period of callus induction was reported by Nandagopal and Raniitha (2007). The combinations of IAA or NAA with 6-BAP showed a positive effect on cell division for both leaf and cotyledon explants in root chicory (Figure 2). Leaf or cotyledon explants were able to form calli, but the qualities of produced calli were different. Calli were formed, going from weak to very compact type, in the presence of NAA or IAA, with combination of 6-BAP. Combinations of 0.1 mg Γ^1 NAA + 1.0 mg Γ^1 6-BAP, 0.5 mg I^{1} IAA + 0.5 mg I^{1} 6-BAP; and 0.01 mg I^{1} IAA + 1.0 ma I¹ 6-BAP induced the highest callus formation inboth leaf and cotyledon explants.

Yucesan et al. (2007) reported that NAA alone or in



Figure 4. PCR and RT-PCR to detect transgenic plants.(a) A 866 bp fragment from the GUS coding sequence was amplified from DNA isolated from 32 different selected plants using GUS1 primer pairs (p_1 and p_2 in Figure 1 and Table 4). (b) A 481 bp fragment from the *NPTII* was amplified from DNA isolated from 32 different selected plants using NPTII primer pairs (p_5 and p_6 in Figure 1 and Table 4); (c) A 432 bp fragment from cDNA of 15 selected transformed plants was amplified using GUS2 primer pairs (p_3 and p_4 in Figure 1 and Table 4); (d) Indicates molecular marker (M) (GeneRulerTM 100 bp Plus DNA Ladder, Fermentas). Regenerated plants are indicated as numbers on the lanes; NC = negative control (non-transgenic plant); PC = positive control (vector pTtjk136); GD = genomic DNA from transgenic plant; V = vector pTJK136; W = water.

combination with 6-BAP produced considerably more callus with green-to-yellowish and highly friable callus.

Velayutham et al., (2007) reported that a higher frequency of callus was observed on MS medium

supplemented with NAA (1.86 mg Γ^1) in combination with BAP (0.45 mg Γ^1). Although, they also used combinations of IAA with 6- BAP, but this combination with different concentration was not an efficient formula for callus induction in their study. However, Nandagopal and Ranjitha (2006) obtained maximum callusing for 'Focus', a cultivar belonging to "Witloof" on a combination of 6-BAP (1.5 mg Γ^1) with IAA (0.5 mg Γ^1).

Shape of formed calli was globular on callus inducing phase, and shoots were directly induced from calli. The same observations were reported by Wagner and Gailing (1996), Rehman et al. (2003) and Velayutham et al., (2007). In shoot inducing phase, shoots were produced within three to four weeks. The number of induced-shoots was found to vary in the different combinations of 6-BAP plus IAA or NAA. High promotion of shoot regeneration in the presence of 6-BAP plus IAA in this study is compatible with several reports for different chicory cultivars by Park and Lim (1999), Velayutham et al., (2007), Nandagopal and Ranjitha (2006) and Yucesan et al. (2007). Multiple shoots and the highest shoot regeneration frequency were obtained with callus from leaf or cotyledon explants on MS medium containing 0.5 mg I^{1} 6-BAP plus 0.5 mg I^{1} IAA (M₈). Other combinations such as M_3 , M_5 , M_{10} and M_{11} induced multiple shoots but a number of shoots were vitrified. Eventually, applying different concentrations of plant growth regulators had significantly different influence on frequency of produced shoots (Table 6 and 7). In this study, the best regeneration rate was found from leaf-derived-calli explant. Moreover, among three different tested auxins, IBA (1 mg l⁻¹) was found to be more efficient plant growth regulators on root initiation. IBA was also reported as the most efficient rooting plant growth regulator for "Witloof" cultivars by Rehman et al. (2003), Velayutham et al., (2007) and Nandagopal and Ranjitha (2007).

In shoot regeneration abilities of different cultivars, we used MS containing M₁ combination for inducing callus to equally treat both cotyledon or leaf explants for all ten cultivars, then the derived-calli explants were cultured on MS containing M₈ combination to induce shoot. The regeneration rates according to the number of produced shoots varied between leaf and cotyledon explants for each cultivar. Leaf explants showed better performance to shoot regeneration. In addition, our result indicate that 'Melci' and 'Hera' cultivars from the root varieties produced the highest number of shoots, indicating higher shoot regeneration capacity. Therefore, the regeneration frequencies are greatly influenced by the type of cultivar. The 'Melci' and 'Hera' cultivars had good ability to vegetatively multiply mature root pieces (Joost Baert, ILVO, Belgium). It might be that the clones, which have been selected for the final polycross to build up 'Melci' and 'Hera' cultivars in breeding programmes, were indirectly selected for great regeneration capacity addition to high inulin yield, no bolting and resistance to diseases. In contrast, this may not be the case for old

"Witloof" chicory. This could be one possible reason for better regeneration ability of these two root type chicory genotypes. Park and Lim (1999) also reported that 'Guilio', a cultivar belonging to var, *sativum*, was found to be the best genotype among a number of investigated genotypes for shoot regeneration capacity. These findings support that the different genetic backgrounds might have an impact on the regeneration capacity in chicory as it was also reported for other plant species (Zhang et al., 1997; Khatun et al., 2003). Therefore, it can be concluded that regeneration frequencies in chicory were greatly influenced by the cultivar.

Furthermore, transformation of 'Melci' was successfully achieved by applying the Agrobacterium-mediated gene transfer technology. The regeneration protocol of the present study was used for transformation to generate transgenic root chicory plants. The results confirmed the successful callus formation, shoot and root organogenesis through leaf and cotyledon explants during transformation of root chicory. To avoid development of undesirable number of escapes, kanamycin was increased from 50 to 100 mg l⁻¹ in root inducing medium. There was no negative effect on rooting in comparison with controls. Draper et al., (1988) demonstrated that roots are generally much more sensitive to antibiotics; therefore the root induction on medium containing high levels of selective agent is a strong indication of transformation. All derived plants with selection pressure seemed morphologically normal, compared to the wild type plants. The regenerated putative transgenic plants showed complete blue coloration derived from GUS staining in leaf and root tissues, confirming the activity of the CaMV 35S promoter in these tissues of root chicory. PCR and RT-PCR analyses clearly showed integration of the T-DNA into genome of the regenerated root chicory plants (Figure 4). The developed shoot regeneration system in this experiment proved to be a potential system for future Agrobacterium-mediated gene transfer technology.

Conclusion

Different regeneration frequency among the different combinations of plant growth regulators indicated that regeneration was partially dependent upon the media sequence. Therefore, the appropriate media sequence could increase the efficiency of regeneration. Additionally the potentiality of different genotypes and explants are different for regenerablity. Using the suitable media with appropriate combination of plant growth regulators, high regenerable genotype and explant frequency of transformation could be maximised. 'Hera' and 'Melci' cultivars belonging to root chicory showed high regeneration ability either with cotyledon or leaf explant. However, leaf explant exhibited higher regenerability. The differential ability of different cultivars may be due to differences in genetic background between the cultivars. Accordingly, the genotypes such as 'Hera' and 'Melci' with high regeneration ability may be used further for regeneration and transformation studies. From the result of *Agrobacterium* mediated-transformation, it can be concluded that the reported regeneration system is repeatable and can be easily used to develop new root chicory cultivars with desirable traits.

ACKNOWLEDGEMENTS

This work was supported financially by Institute for Agricultural and Fisheries Research- ILVO, Merelbeke, Belgium and Ministry of Science, Research and Technology of Iran.

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