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- 5

6 ABSTRACT

7 Alluvial sedimentary archives contain important geochronological and paleo-environmental 8 information on past geomorphic processes in semi-arid regions. For North Ethiopia in particular, flashflood sediments transported by ephemeral streams can provide interesting 9 chronological information on Late-Holocene land degradation, whether or not impacted by 10 climate or land cover changes upstream. Here we compare geomorphic records with 11 independent regional records of rainfall regime changes, land use/cover changes and 12 macrohistory, supported by optically stimulated luminescence (OSL) dates for fluvial activity 13 at a sediment sequence in the May Tsimble catchment, in the Northeastern Highlands. We 14 15 identified two degradation periods over the past 4000 years, one broadly from 1500-500 BCE 16 and one from 500 CE onwards. At least one prior incision phase is responsible for the stabilized gullies that can be seen on photographs around 1900 and another incision phase is 17 dated to the late 20th century. Based on all datasets, we (re-)interpret the geomorphic history 18 of the Highlands. Land degradation is dominantly determined by a human impact, although 19 the impact of this human influence does get amplified during dry spells. 20

21 **Keywords:** alluvial sediments – hydrogeomorphology – land degradation – political ecology

22 1. INTRODUCTION

In drylands worldwide, land degradation and desertification put severe pressure on food 23 24 production and food security (Goudie, 2013). Deciphering the Late-Holocene history of land degradation forms an important aspect of a full understanding of the relative impacts of its 25 (long-term) driving factors, including climate, land cover changes and sociopolitical impacts. 26 River sediment yield and cycles of stream incision and deposition can provide suitable proxies 27 for the intensity of land degradation (Avni, 2006; Lanckriet et al., 2014a; Vanmaercke et al., 28 2011, 2014), since erosion by ephemeral streams in drylands constitutes between 50 to 80% 29 of all sediment production (Poesen et al., 2002). These sediments get accumulated or 30 aggraded in alluvial floodplains, stored as valuable archives on Late-Holocene land 31 32 degradation (Broothaerts et al., 2013).

33

We turn to the North Ethiopian Highlands, where severe gullying is indeed a major cause of 34 35 land degradation (Frankl et al., 2013; Nyssen et al., 2004). Here, dense gully networks are present in the landscape (Frankl et al., 2011). However, few datasets exist on the Late-36 Holocene evolution of degradation processes in this region. Nyssen et al. (2009) showed that 37 intense degradation occurred at least since the late 19th century, inferring a rather gradual 38 environmental change. The oldest gully activity phase identifiable using repeat photography 39 40 was a phase of relatively stable gullies that was evidenced on historical photographs of 1868-1936, lasting until the 1960s (Frankl et al., 2011, 2013). Hence, at a regional scale, Frankl et 41 al. (2011) have identified one cut-and-fill cycle since the second half of the 19th century, and 42 43 identified an earlier one based on the interpretation of historical photographs. Although at least one cycle had existed before 1868, the status of the gully networks that developed (and 44 stabilized) before 1868 is unclear, since other hydrogeomorphic information on gullies before 45 this period is lacking and no reliable direct sediment dating is available yet. A thorough 46 chronological study on older cycles was never performed. It is hitherto not known if there is a 47

continuous acceleration of geomorphic processes at longer time scales in the North Ethiopian
Highlands. However, it is likely that the current cycle is the last of a series of cut-and-fill
cycles, since driving factors were equally active during the previous centuries (Lanckriet et
al., 2014a).

52

The sediments deposited by flashfloods in aggraded paleo-channels or preserved in terraces 53 can also provide information on the driving factors of ephemeral stream systems. A literature 54 review (Lanckriet et al., 2014a) shows that vegetation cover and climate changes are the two 55 dominant driving factors of gullying named in most of the studies worldwide. Indeed, in the 56 Ethiopian Highlands a decreasing vegetation cover upstream leads to intensified stream 57 erosion and increased sediment supply downstream (aggradation) (Frankl et al., 2011). 58 Simultaneously, Carnicelli et al. (2009) discuss the possibility that in the Ethiopian Highlands 59 60 increased runoff under a wetter climate leads to overall gully incision; while decreased runoff and sediment transport capacity under a dryer climate would increase the sediment supply 61 62 downstream (aggradation). This is in line with the findings by Pelletier et al. (2011), who indicate that because of decreased runoff volumes, a drier climate is less capable of 63 facilitating stream incision. 64

65

Obtaining reliable chronologies of stream activity is a key element for the acquisition of accurate environmental information on early land degradation intensities. This can be a particularly difficult task in drylands such as North Ethiopia, partly because ephemeral stream sediments are often not containing convenient organic matter to use for radiocarbon dating. Exceptionally, Machado et al. (1998) obtained an alluvial chronology for three sites in North Ethiopia using radiocarbon dating on buried paleosols. Optically stimulated luminescence (OSL) dating of flash flood sediments can be a valuable alternative, although it can suffer

from insufficient or heterogeneous bleaching (Bourke et al., 2003; Arnold et al., 2007). OSL 73 dating of relatively young sediments is also difficult given a low signal-to-noise ratio and 74 processes such as thermic transfer (Costas et al., 2012; Eipert, 2004). A literature review 75 regarding luminescence dating of ephemeral stream deposits all over the world (Table 1) 76 shows that it is often possible to extract OSL ages from these flashflood sediments, although 77 bleaching properties can strongly impact the level of accuracy. The review shows that most 78 studies focusing on ephemeral stream sediments are dealing with heterogeneous bleaching 79 properties (13 out of 20 studies). Solutions to this problem are given by residual age 80 calculation, analysis of single grains or small aliquots and/or by applying the Minimum Age 81 82 Model (MAM) of Galbraith et al. (1999) (7 out of the 13 studies). In this model, the (log) equivalent doses D_e form a random sample from a mixed truncated normal distribution. For 83 (young) fluvial sediment samples, (un)logged MAM-3 or MAM-4 models are often preferred 84 85 over other equivalent dose decision models, such as the Central Age Model, the L-5% model or the Finite Mixture Model (Bailey and Arnold, 2006). Some studies report bleaching 86 properties dependent on grain size, with the coarsest quartz grains (e.g. 212-250 µm) yielding 87 the lowest values of D_e (Wallinga, 2002; Alexanderson, 2007). Others employ a residual age 88 calculation from a modern sample to empirically determine the age-overestimation due to 89 90 poor bleaching (Table 1), as it is a very simple and straightforward method.

91

92 TABLE 1

93 The aim of this study is to (re-)assess the Late-Holocene environmental evolution of the North 94 Ethiopian Highlands using alluvial sedimentary archives. This can be done (i) by comparing 95 geomorphic chronologies with other paleo environmental records from the region; and (ii) by 96 bringing supportive evidence from dating of aggradation in a suitable catchment.

98 **2. METHODS**

99 2.1 Geology of the study area and reconnaissance survey

The North Ethiopian Highlands drain towards the African Rift and the Tekeze-Nile rivers. The region is composed of Precambrian metavolcanics and Mesozoic sedimentary rocks, which include (from lower to upper) Adigrat sandstone, Antalo limestone, Agula shales, and Amba Aradam sandstone. These sedimentary rocks were intruded by younger (Cenozoic) dolerite dykes and sills and on top Tertiary basalts are found (Merla et al., 1979). Except for Enticho sandstone and the Adaga Arbi tillites, Paleozoic rocks are rare (Bussert and Schrank, 2007).

107 As it is wise to start with a mineralogical reconnaissance survey before turning to the luminescence procedures (Duller, 2008), several sites where observations had been done on 108 the presence of old debris cones or (filled) paleo channels (Frankl et al., 2013) were visited 109 110 during December 2012. Samples were taken at approximately 0.5 m depth in profile pits at interesting sediment accumulations in the main gullies, identified during walks around their 111 catchments. Mineralogy of the sandy fraction (250-106 µm) was studied by microscope 112 (Table 2). In the catchments of Nebelet and May Tsimble, in the uplands of the Rift Valley 113 escarpment, sufficient quartz was present in the sediment samples (Table 2). As the stream 114 system of May Tsimble is much more extensive compared to that of Nebelet, another 115 fieldwork focused on the May Tsimble catchment. Downstream of the large upper stream 116 network in May Tsimble (Figure 1), an interesting sequence of terraces was identified in 117 118 September 2013.

119 TABLE 2

120 FIGURE 1

121 **2.2 Review of paleo-environmental datasets**

Available alluvial records were compared with independent paleo-environmental datasetsfrom the region.

124 2.2.1 Hydroclimatic records

Two high-quality records of rainfall regime changes have been derived from sediment cores from Lake Ashenge (focus on BCE) (Marshall et al., 2009) and from Lake Hayk (focus on CE) (Lamb et al., 2007). At Lake Ashenge, the hydroclimatic record was derived from (i) diatom species analysis, (ii) diatom-inferred estimation of conductivity and (iii) stable oxygen and carbon isotope analysis of carbonates. At Lake Hayk, a similar methodology was used.

130 2.2.2 Land cover records

High-quality information of land cover changes was derived from pollen analysis of cores
from Lake Hayk (Darbyshire et al., 2003) and pollen identification from Lake Ashenge
(Marshall et al., 2009). At Lake Hayk, land cover was reconstructed from a combination of (i)
pollen counting, (ii) pollen-assemblage zoning and (iii) the analysis of microscopic and
macroscopic charcoal fragments.

136

137 2.2.3 Macrohistory

Macrohistory – the long-term patterns of political, economic and social change (Collins, 1999) – was derived from groundwork studies on the pre-Axumite period (Phillipson, 2009),
on the Axumite period (Phillipson, 2012) and on the post-Axumite dynasties (Pankhurst, 1990). All reported dates are expressed in (B)CE ((Before) Common Era), including the calibrated radiocarbon dates derived from literature.

144 2.3 Supportive OSL evidence complemented with semi-structured interviews

145 2.3.1 Fieldwork, interviews and sampling

The May Tsimble catchment comprises a large ephemeral stream system about 20 km to the 146 southeast of Mekelle, the capital city of the Tigray region in northern Ethiopia. Rainfall in the 147 catchment likely ranges between 400-800 mm because of regional rainfall gradients and high 148 relief. The sampling site (at around 2000 m a.s.l.) is located 6-8 km from the source of the 149 150 stream, which is located in mountains rising to 2550 m a.s.l. Very recent flood deposits were observed at a height of 1.70 m above the channel floor, indicating the occurrence of individual 151 152 flashflood events. The main stream is confined to a single ~3-m deep channel, with pool-riffle sequences cut into the alluvium until it reaches the underlying Antalo limestone bedrock. The 153 channel width is about 9 m near the village of Lahama. The identified sequence of terraces is 154 155 located at the left bank of the May Tsimble stream, along an abandoned palaeochannel next to the active channel (Figure 2). Topographic heights and positions of all terraces were recorded 156 (Figure 2). In line with the method developed by Nyssen et al. (2006), we performed semi-157 structured interviews with 6 farmers, focusing on the stream evolution and the timing and 158 processes of the changes in morphology. Samples for OSL dating were extracted from the 159 terrace walls and in two profile pits (Figure 2), in line with the recommendations of Duller 160 (2008). For instance, we sampled at sandy lenses, used opaque tubes and wrapped them in 161 thick black plastic. The sampled alluvial terraces are, similar to the contemporary bedload, 162 163 mainly consisting of large sandy lenses with pebbles of dolerite, sandstone and limestone inbetween. The sampling locations were chosen to include all alluvial terraces, in order to 164 165 investigate the possibility of a complex terrace genesis instead of floodplain aggradation.

166 In order to estimate residual ages, one subrecent sample was collected from a sandy alluvium 167 recently deposited just upstream of a new check dam built in 2010, 0.5 km upstream of the 168 studied cross-section (Figure 3).

169 FIGURE 2

170 FIGURE 3

171

172 2.3.2 Luminescence procedures

Measurements were performed at the Oxford University Luminescence Dating Laboratory on 173 sand-sized quartz (180-255µm) extracted from the seven samples (X6431-X6437) using 174 175 standard preparation techniques including wet sieving, HCl (10%) treatment to remove carbonates, HF treatment (48%) to dissolve feldspathic minerals and heavy mineral separation 176 177 with sodium polytungstate. All samples were measured in automated Risø luminescence readers (Bøtter-Jensen, 1988, 1997, 2000) using a SAR post-IR blue OSL measurement 178 protocol (Murray and Wintle, 2000; Banerjee et al., 2001; Wintle and Murray, 2006). Dose 179 180 rate calculations are based on the concentration of radioactive elements (potassium, thorium and uranium) within the samples and were derived from elemental analysis by Induced 181 Coupled Plasma Mass Spectroscopy / Atomic Emission Spectroscopy using a fusion sample 182 preparation technique. The final OSL age estimates include an additional 2% systematic error 183 to account for uncertainties in source calibration. Dose rate calculations are based on Aitken 184 (1985). These incorporated beta attenuation factors (Mejdahl, 1979), dose rate conversion 185 factors (Adamiec and Aitken, 1998) and an absorption coefficient for the water content 186 (Zimmerman, 1971). The contribution of cosmic radiation to the total dose rate was calculated 187 as a function of latitude, altitude, burial depth and average over-burden density based on data 188 by Prescott and Hutton (1994). The OSL dates were then corrected with the average residual 189

age of the modern samples and confronted with the vertical floodplain aggradation, based onthe relative vertical position of the samples above the Antalo limestone bedrock (in cm).

192

193 **3. RESULTS**

194 **3.1 May Tsimble alluvial record**

195 OSL age estimates (Table 3) are based on the concentration of radioisotopes within the sample and include corrections for cosmic radiation and moisture content (Appendix). Both 196 197 the recent sample and the sample from the upper right terrace correspond to modern ages, which is consistent with the statements made by the interviewees. The other deposition dates 198 199 range from 1846 ± 950 BCE to 1504 ± 290 CE. Despite the considerable errors due to the low 200 sensitivity of the quartz, the dated sequence is consistent with the relative vertical position above the Antalo limestone bedrock. The dates point to a relatively simple genesis by 201 202 floodplain aggradation instead of a more complex terrace genesis. One deposition date, 203 sampled from the bottom of a profile pit, yielded a date of $22,976 \pm 4760$ BCE but this age estimate was strongly dependent upon the influence on the mean De estimate by a single 204 outlier measurement. According to Wallinga (2002), the accuracy of OSL ages older than 205 about 13 ka for such fluvial deposits can be dubious given the strong possibility of insufficient 206 resetting at deposition and/or the inclusion of reworked older mineral grains having retained a 207 208 residual signal (Duller, 2008). Because of this inconsistency this Pleistocene date was not considered. 209

210 TABLE 3

We corrected the luminescence ages for an average residual age of 300 years (200-400 years for samples X6432 and X6431), an order of magnitude that is in line with findings by Porat et

al. (2001). By confronting the dates with their vertical position above the bedrock, we
calculated floodplain aggradation rates. We identify two broad periods of aggradation (Figure
4). A first period of aggradation is dated ~ 1500 BCE till 500 BCE, followed by a period of
low aggradation rates from ~ 500 BCE till 500 CE. A second phase of high aggradation rates
starts from ~ 500 CE onwards.

218 FIGURE 4

219 **3.2 Wechi, Adwa and May Kinetal alluvial records**

220 Based on three records of infilled valley deposits (the Wechi record, the Adwa record and the May Kinetal record) (Figure 5), Machado et al. (1998) identified three main stabilization 221 222 periods over the past 4000 years (ca. 2000–1500 BCE, 500 BCE-500 CE and 950-1000 CE) with vertisol formation and three degradation episodes (ca. 1500–500 BCE, 500-950 CE, after 223 1000 CE) with increased sediment supply in Tigray. Because of the broad similarities with 224 225 our record and the three records of Machado et al. (1998), we believe that the four records reflect a regional signal of altering geomorphic stability and degradation in the North 226 Ethiopian Highlands. All the datasets confirm the occurrence of degradation periods during 227 1500-500 BCE and from 500 CE onwards. However, Machado et al. (1998) interpret these 228 geomorphic degradation periods directly as phases of aridity, which should not necessarily be 229 the case (Nyssen et al., 2004). Taking into account several independent high-quality 230 paleoclimatic and palynological datasets obtained from lake cores in the region, a re-231 interpretation of these data is now proposed. 232

3.3 Correspondence with climate and land cover records

The paleoenvironmental records are schematized in Table 4 and localized on Figure 5. Broadly, we follow the evidence from stable carbon isotope and elemental analyses (Terwilliger et al., 2011), showing that human land clearings have had the dominant impact on the Late-Holocene landscape in North Ethiopia as compared to climate changes. This is in
line with the view of Connah (2001), who states in his review on African civilizations that the
control of arable land and external trade are the two dominant factors determining this human
impact in the Horn of Africa, by mediating the emergence of elites and states.

We constructed a conceptual geomorphic model (Figure 6), under the reasonable assumption 241 242 that aggradation periods correspond with phases of increased sediment supply from slopes into the valley, during phases of active degradation in the upper catchment. As a matter of 243 fact, in North Ethiopian ephemeral streams decreasing woody vegetation cover following land 244 clearings upstream leads to sediment accumulations downstream (Frankl et al., 2011). Indeed, 245 following the equations of Frankl et al. (2011), channel aggradation (d⁻) results from an 246 increase in sediment supply (Q_s^+) (and/or a decrease in runoff Q^-). Simultaneously, channel 247 incision (d⁺) follows an increase in water runoff (Q⁺) and/or a decrease in sediment load (Q_s⁻). 248 The earliest phase of incision might still be visible on historical photographs (late 19th 249 250 century) and a second incision phase is attributed to the late 20th century (Figure 6).

251 FIGURE 5

252 TABLE 4

FIGURE 6

254 *3.3.1 Geomorphic stability during the Cushitic era (before 1500 BCE)*

After the dry Younger Dryas and the dry Early Holocene, precession-driven insolation changes initiated the African Humid Period (from 5650 BCE onwards) (Marshall et al., 2009). We identified tufa deposits in the main May Tsimble channel on a waterfall next to our study site (Figure 7b), possibly referring to the stable hydrogeomorphic conditions at that time (Dramis et al., 2003; Moeyersons et al., 2006; Sagri et al., 2008). Pietsch and Machado (2012)

found evidence of soil formation under an open woodland cover during this period (near 260 261 Yeha, Tigray). Later, there was a shift to Late Holocene dryer conditions at ~ 3650 BCE, perhaps already starting from ~ 4000 BCE (Marshall et al., 2009). However, at the same time, 262 the *Podocarpus-Juniperus* forest in the Northern Highlands was still intact (Darbyshire et al., 263 2003). Mixed forest including *Podocarpus*, Juniperus, Celtis and Olea covered the landscape, 264 somewhat similar to the present montane forest of central Ethiopia (Darbyshire et al., 2003). 265 During the 3rd and 2nd millennium BCE (Late Bronze Age), paleosols indicate environmental 266 267 stability (Pietsch and Machado, 2012). Overall, the geomorphic stability during this period seems independent from the Late-Holocene shift to dryer conditions (4000-3650 BCE; 268 Marshall et al., 2009). 269

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272 *3.3.2 Aggradation during the Pre-Axumite chiefdoms (1500-500 BCE)*

273 At the base of our sequence (Figure 7a), a first depositional unit was identified (Figure 4, lower part). It represents about 300 cm of aggradation, deposited between 1500-500 BCE, 274 corresponding with the first degradation period of Machado et al. (1998). The onset 275 corresponds to the start of deforestation determined by Moeyersons et al. (2006), who date 276 backfill and overfill deposits of tufa dams in Tigray from 1430-1260 BCE onwards. Pietsch 277 and Machado (2012) identify slope degradation and high sediment yield during the second 278 half of the 2nd millennium. Similarly, Bard et al. (2000) report increased sedimentation at the 279 Meskilo River (near Mekele) after the early second millennium BCE. 280

Despite the absence of significant climate changes during this period (Marshall et al., 2009), these dates do match or closely follow the introduction of cattle herding from Sudan in the North Ethiopian Highlands, at the beginning of the 2nd millennium BCE (Lesur et al., 2014). Indeed, the oldest evidence for domesticated cattle in North Ethiopia is dated to ~ 1800 BCE

(Marshall and Negash, 2002). Simultaneously, during the 2nd millennium BCE, chiefdoms 285 rose in the Ethiopian Highlands and in the Gash (D'Andrea et al., 2008). 'Pre-Axumite 286 chiefdoms' might be the best term to describe these social organizations because, despite the 287 existence of the Sabaean ruins of Yeha, there was never a centralized 'Pre-Axumite state' (the 288 so-called 'Damaat') (Phillipson, 2009). Pietsch and Machado (2012) identify decreased trees-289 to-shrub ratios over the Pre-Axumite times, as compared to the earlier Bronze Age. 290

291

292 More to the South (Lake Hayk), the timing of a rapid decline in Podocarpus and Cupressaceae forest is dated to 775-410 BCE (Darbyshire et al., 2003). At that time, the 293 294 mixed conifer forest was replaced by disturbed, secondary bushland vegetation. Pollen evidence for this first large-scale deforestation concerns more than one taxon, indicating a 295 dominant human interference, including vegetation clearance with the use of fire (Darbyshire 296 297 et al., 2003). These large-scale deforestations happened about 600 years before deforestation in the Arsi and Bale Mountains (Hamilton, 1982), indicating a decreasing anthropogenic 298 299 impact as one moves away from the Red Sea (Phillipson, 1985). Indeed, both the first 300 deforestation and the high aggradation rates observed in May Tsimble by us, and in Wechi, Adwa and May Kinetal by Machado et al. (1998) coincide with migration of Semitic or 301 Sabaean peoples from South Arabia towards Cushitic North Ethiopia, during the eighth and 302 fifth century BC (Darbyshire et al., 2003). 303

304

3.3.3 Geomorphic stability during the (Proto-)Axumite state (500 BCE - 500 CE) 305

Much slower aggradation rates were dated between 500 BCE and 500 CE, although no clear 306 307 discordance was observed in the profiles. Compared to the faster aggradation before 500 BCE, this period comprising 16 cm of aggradation must represent a phase of 308 geomorphological stability. The phase corresponds with the soil formation period described 309

by Machado et al. (1998) (500 BCE-500 CE) and broadly coincides with the history of the 310 Axumite state. French et al. (2009) indeed infer considerable landscape stability both during 311 and prior to the Aksumite Period, evidenced by the development of vertic-like soils. In The 312 313 *History*, Herodotos of Halicarnassos (430 BCE) describes Ethiopia as a very rich civilization. Following an explosion of demand for South Indian products in the Roman Empire (Rome, 314 later Byzantium), there was a strong expansion of the Indian Ocean trade through the Red 315 Sea, giving rise to the urban Axum Empire (Burstein, 2001; Phillipson, 2012). As reported in 316 317 the Periplus of the Erythraean Sea, Adulis was an important sea port. The hegemony over the Red Sea and the Upper Nile ensured trade with Persians, Nubians and Yemen, while 318 319 achieving the monopoly over trade routes to central Africa (D'Andrea et al., 2008). It can be assumed that increased resources allowed reducing pressure on the lands, as Bard et al. (2000) 320 321 claim that no reduction in soil productivity can be found over the Axumite era. Pietsch and 322 Machado (2012) identify increased trees-to-shrub ratios over the Axumite times, as compared to the Pre-Axumite period. Following Ciampalini et al. (2008), there are the Proto-Axumite 323 324 (from ~ 450 BCE), Early Axumite (from ~ 90 BCE) and Classic Axumite (from ~ 100 CE) eras. Erosion rates in the immediate surroundings of Axum, calculated for these three main 325 intervals are relatively low, proving the strong positive impact of Axum's extensive soil and 326 water conservation (dams and terraces) (Ciampalini et al., 2008) and long-term landscape 327 management by the growing population (French et al., 2009). However, this was a relatively 328 dry period in the Highlands (Lamb et al., 2007). Generally, it is recognized that adoption and 329 intensity of investments in water and soil conservation are positively dependent on land tenure 330 security and farmers income (Kabubo-Mariara et al., 2006). During periods of social security, 331 agricultural technology and intensification prosper while long-term conservation issues 332 prevail over short-term survival (Nyssen et al., 2004). The impact of climate changes remains 333

unclear but Marshall et al. (2009) suggest increased wetness in northern Ethiopia between 350
BCE and 450 CE.

336 *3.3.4 Aggradation during the Post-Axumite era* (500-1000 CE)

337 A second phase of faster aggradation rates was dated from 500 CE onwards, when more than 150 cm of sediment vertically filled the valley bottom. Since we did not measure sediment 338 volumes, the vertical aggradation depth only gives an indication of the amount of deposited 339 sediment - volumetric increase rate is assumed to be many times more important, given the 340 triangular shape of the infilled valley bottom. Again, the ages correspond well with the 341 degradation period (500-1000 CE) identified by Machado et al. (1998). At Lake Ashenge, 342 pollen evidence points to an abrupt *Podocarpus* decline and enhanced soil erosion by 500 CE, 343 under intensified land use (Marshall et al., 2009). Arab expansions from the 6th century 344 345 onwards excluded Axum from the Indian Ocean trade system, leading to the chaotically post-Axumite era. Population continued to grow (McEvedy and Jones, 1978), deforestation 346 progressed from 900 CE onwards (Darbyshire et al., 2003) and around 800 CE 'roving 347 kingdoms' were rivaling over the Ethiopian plateau (Abebe, 1998) while famines and plagues 348 culminated between 831-849 CE (Bard et al., 2000). The onset of this second aggradation 349 period could coincide with a shift to a dryer climate around 500 CE (Marshall et al., 2009), 350 but this shift was not identified at Lake Hayk and soon a wet period followed (700-750 CE) 351 (Lamb et al., 2007), possibly lasting till 950 CE (Marshall et al., 2009). 352

353

354 *3.3.5 Possible geomorphic stability under the Zagwe state (1000-1150 CE)*

Machado et al. (1998) identified another period of low sediment activity (calibrated dates from 1013-1164 CE), which could have been left undetected in the May Tsimble record given its lower resolution. Brancaccio et al. (1997) also report on pedogenesis around 700 and 980 358 CE. This Medieval Warm Period (750-1200 CE) is in North Ethiopia relatively dry (Lamb et 359 al., 2008). However, the centralized Zagwe rule (1000-1250 CE) based in the Lasta region, 360 was rather peaceful, stable and urban and was involved in long-distance trade from the port of 361 Zayla (Pankhurst, 1997; Tekeste Negash, 2006). More datasets are required to investigate the 362 specificities of human-environment interactions at that time.

363

364 *3.3.6 Aggradation during the 'Early Medieval Times'*

A third phase of faster aggradation rates was reported by Machado et al. (1998) after 1050 365 CE. As the stabilization phase discussed above (~ 1000-1050 AD) was undetected in the May 366 Tsimble record, these faster aggradation rates are there dated from 500 CE onwards. 367 However, the 'Little Ice Age' was quite wet in North Ethiopia, characterized by another wet 368 interval around 1300 CE and a small drought around 1550 CE (Lamb et al., 2007). By 369 contrast, following intensification of grazing, grasslands were expanding around 1200-1400 370 CE (Darbyshire et al., 2003). European historical sources from the 'Early Medieval times' 371 372 report on vast amounts of cattle and grasslands under large-scale deforestation in Ethiopia (Pankhurst, 1990). There were frequent civil wars with rebelling vassals or Muslim 373 lowlanders during this unstable Solomonic dynasty. Lands were owned by noblemen or by the 374 Church while reported in *Il Milione* by Marco Polo (from second hand information), trade was 375 dominated by Arabs (and some Armenians). Instead of a fixed capital, there were 'moving 376 camps', and there are many reports on crop plagues by locusts and rats (Pankhurst, 1990). 377

378

379 *3.3.7 Late Medieval reforestation*

During the 'Late Medieval times', Darbyshire et al. (2003) identified a gradual reforestation of *Juniperus*-dominated dry Afromontane forest between 1400 and 1700 CE. Following the war between the Adal Sultanate and Ethiopia and Portugal, Oromo peoples moved to the

Highlands and their nomadic pastoralism reduced pressure on the land (Darbyshire et al., 383 2003). Portuguese reports state fewer cattle in the early 16th (Thomas of Angot) and 17th 384 century (Manuel de Almeida) (Pankhurst, 1990). Under the new capital of Gondar (1632) and 385 commercialization of agriculture, the late 17th century was an urban period of renaissance, 386 trading with Sudan and from the port of Massawa (Pankhurst, 1990). The rise of Gondar 387 occurred despite a drying trend since 1650 CE (Lamb et al., 2007). Little information on 388 geomorphic activity is available for this period, although a phase of soil formation has been 389 390 dated up to 1641 AD in Adi Kolen (Bard et al., 2000). It must be noted that such periods of soil formation can also result from a particular local evolution of vegetation cover (Nyssen et 391 al., 2004), so again more data must be gathered to identify spatial-regional patterns. Also note 392 the possibility that the stabilized channel incisions that are visible on 19th-century terrestrial 393 photographs (see Frankl et al., 2011) result from a *clear water effect* under an increased Late 394 395 Medieval vegetation cover.

396

397 *3.3.8 The 20th century*

Finally, according to the semi-structured interviews with farmers around our study site, the 398 May Tsimble stream incised and shifted its channel to the right (i.e. to the West) around the 399 1960s-1970s. Gully incision has been observed at regional scale during this period (Frankl et 400 al., 2011, 2013). In the modern channel, very recent re-incision is visible as a small intra-401 channel terrace. It might be the result of a clear-water effect after the large-scale 402 implementation of conservation measures (including the dam pictured in Fig. 3), following 403 increased sediment supply during the 1960s-1980s. These phases correspond well with the 404 three main geomorphic periods over the 20th century identified by Lanckriet et al. (2014b) and 405 Frankl et al. (2011). There is the *feudal era*, with some widely implemented conservation 406 407 structures (such as *dagets*) (Lanckriet et al., 2014b), quite stable channels with an oversized

inherited morphology and low sediment supply (Frankl et al., 2010). Following strongly
increased runoff coefficients, a general incision phase was documented to start in the (late
feudal) 1960s. It continued through the civil war as strengthened by the effect of droughts and
a lack on investments in conservation during the 1980s (Frankl et al., 2011). Finally, there is
the *post-war era*, with new conservation efforts, more equal land rights (Lanckriet et al.,
2014b) and again lower sediment supply and lower runoff response (Frankl et al., 2011).

414 FIGURE 7

415

416 **4. DISCUSSION**

417 Periods of stronger geomorphic activity do not directly coincide with periods of increased 418 aridity; although this does not strictly imply that more indirect or nonlinear climate-land 419 interactions did not occur.

Geomorphic stability is for instance present under both dry and wet conditions. Low 420 geomorphic activity before 1500 BCE is not in phase with the much earlier shift to dryer 421 422 conditions (3650 BCE; Marshall et al., 2009). The same is true for the first wave of largescale deforestation during the second-first millennium BCE (Darbyshire et al., 2003). 423 Geomorphic stability matching the emergence of the (Proto-)Axumite state (broadly from 500 424 BCE to 500 CE) (French et al., 2009) occurred during a relatively dry period (Lamb et al., 425 2007). Note that the diatom evidence from the Lake Ashenge record suggesting increased 426 wetness between 200 BCE - 500 CE is not evidenced by stable isotopes (Marshall et al., 427 2009). A period of lower sediment supply dated to 1013-1164 CE (Machado et al., 1998) 428 happened during the relatively dry Medieval Warm Period (Lamb et al., 2007) while 429 relatively high geomorphic activity in the Highlands from 1050 to 1700 CE coincides with the 430 wetter Little Ice Age. 431

Land cover records further indicate three waves of deforestation and subsequent reforestation 432 in the Highlands, suggesting but not clearly exhibiting a link with dry or wet periods. A 433 Podocarpus-Juniperus forest dominated the Highlands before the first millennium BCE, 434 while the earliest pollen evidence for forest decline in the Ethiopian Highlands was linked 435 with Semitic immigrations instead of drought (Darbyshire et al., 2003). Thereafter scrub and 436 grassland vegetation persisted for about 1800 years; with a specific dominance of grasslands 437 from ~ 1200 to 1400 CE (Darbyshire et al., 2003). Despite the dominance of scrub and 438 grassland vegetation from 500 BCE to 500 CE, the landscape was relatively stable (French et 439 al., 2009). Forest regrowth then did occur during the wet Little Ice Age as Juniperus, Olea 440 441 and Celtis forest extent increased again from 1400 to 1700 CE (Darbyshire et al., 2003; Lanckriet et al., 2015). The second phase of large-scale deforestation during the dry 18th 442 century was evidenced from pollen analysis by Darbyshire et al. (2003) and by Lanckriet et al. 443 444 (2015), who identified an 18th century decline in Olea, Celtis and Podocarpus under an increase in Poaceae pollen. Consequently, the Northern Ethiopian Highlands were heavily 445 446 deforested in the 19th century (Nyssen et al., 2009) when already considerable runoff was produced (Lanckriet et al., 2014a). A minimal woody vegetation cover persisted from the 447 1950s to the 1990s (Lanckriet et al., 2015), overlapping with the dry decade of the 1980s, but 448 449 a new period of increased forest extent is evident over the last two decades (Nyssen et al., 2014). Nyssen et al. (2009) hence show that nowadays, instead of total degradation, an 450 increase of woody biomass can be observed. 451

Finally it is worth mentioning that long-term and extreme dry conditions in the Highlands are a relatively rare phenomenon. The isotope record from Lake Hayk shows that the regional climate during the last two millennia was generally always moister than at present, with only two exceptions (a phase around 800 CE and from 1750 to 1880 CE) (Lamb et al., 2007).

457 **5. CONCLUSIONS**

In this study, we reviewed a number of paleo environmental records from the North Ethiopian 458 Highlands and additionally used optically stimulated luminescence to date aggradation phases 459 in the May Tsimble catchment (North Ethiopia). Preceded and interrupted by periods of low 460 aggradation rates, we identified two periods of faster alluvial deposition in the catchment, 461 from 1500-500 CE and after 500 CE. The results are consistent with radiocarbon dating 462 results from the Wechi, Adwa and May Kinetal catchments. We infer that the sequence of 463 terraces in May Tsimble is resulting from two depositional phases, followed by recent 464 incision. Stable channels observable on mid-19th-century terrestrial photographs indicate at 465 least one earlier incision phase. Comparison with independent records from lake sediments 466 shows that periods of faster aggradation do not correspond directly with periods of increased 467 aridity or wetness. There is however a clear dominant human impact, as the first degradation 468 phase coincides with the introduction of cattle herding and the second phase with the post-469 470 Axumite era. The Late-Holocene history of geomorphic activity in the Ethiopian Highlands, often interpreted as directly driven by climate, bears imprints of investments in soil and water 471 conservation during periods of social chaos. 472

473

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724 FIGURES

725 See separate file

726 TABLES

Table 1. Luminescence dating of ephemeral stream deposits all over the world. Only relevant
papers (empirical research on Late Pleistocene or Holocene stream deposits) were
incorporated in the review. Note that OD = Over Dispersion; IRSL = Infra-Red Stimulated
Luminescence; and MAM = Minimum Age Model.

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Table 2: Geology and mineralogy of the four catchments investigated during thereconnaissance survey.

Location	Sampled location	Geology of the Mineralogy of the sandy frac				
	(WGS84)	catchment	(250-106 μ m) in the sampled fill			
			sediments			
May Mekden	13.57834 °N,	Agula shales and	90 % micritic limestone fragments;			
	39.57178 °E	Antalo limestone	10 % quartz; some zircon, sparitic			
			calcite grains			
Nebelet	14.12790 °N,	Enticho sandstone cliffs	Nearly exclusively quartz; some			
	39.26888 °E	with underlying	opaque grains; mudstone			
		Precambrian	fragments; possible plagioclase			
		metavolcanics	and microcline			
May Tsimble	13.40372 °N,	Antalo limestone with	Nearly exclusively quartz; some			
	39.67131°E	dolerite and sandstone	plagioclase and microcline;			
		near the water divide	opaque grains			

	Ashenge	12.56571	°N,	Tertiary basalts	70 % hornblende; 25 % opaque
		39.51157 °E		(Ashangi group) and	grains; 5 % plagioclase; some
				consolidated volcanic	quartz, zircon, biotite, muscovite
				ashes	
736					

738 FIGURES



Figure 1. Upper stream network in the May Tsimble catchment, upstream of our sampling site
(indicated with green dot). For general localization of the catchment, see Figure 5 (location
C).



Figure 2. Location of the study site from a BingMaps® satellite image with blue dots 746 indicating the start and end of the paleo channel and the blue arrow indicating the paleo 747 stream direction (up); and schematic profile of the study site with sequence of terraces 748 (below) as indicated on the satellite image by red line, including relative heights (in m), coded 749 terraces or locations (in red Latin letters) and OSL sample field codes (in green Greek letters). 750 The Antalo limestone bedrock is indicated in yellow, colluvium in green and alluvium is 751 indicated in brown. The inlet of the paleochannel (13.40114°N; 39.68072°E) is indicated with 752 753 a letter X and the outlet is indicated with a letter Y (13.40050°N; 39.68125°E).





Figure 3. Sampling site (indicated with red arrow) and sampling of the modern sample (M),

just upstream of a newly built check dam in the May Tsimble channel.

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- Figure 4. Measured deposition ages (black dots) of sediment (BCE and CE) with errors (grey
- lines) as corrected for the residual age, and floodplain aggradation above the Antalo limestone
- base (cm) with indication of fast and slow aggradation rates. The degradation periods
- identified by Machado et al. (1998) are indicated with red bars, the vertisol stabilization
- periods are indicated with green bars. Important climatic and historical changes are also
- 766 indicated.



Figure 5. Map of all mentioned paleo environmental records in the Northern Highlands, with
A = Lake Hayk (Darbyshire et al., 2003; Lamb et al., 2007), B = Lake Ashenge (Marshall et al., 2009), C = May Tsimble (this study), D = Yeha (Pietsch & Machado, 2012), E = Adwa
(Machado et al., 1998), F = Wechi and May Kinetal (Machado et al., 1998).





Figure 6. Conceptual geomorphic model of stream and landscape evolution. The figure indicates channel aggradation (d⁻), increase in sediment supply (Q_s^+), channel incision (d⁺), increase in water runoff (Q⁺) and a decrease in sediment load (Q_s^-). Indication of 0 stands for a stable situation.



- Figure 7. (a) Base of the sequence (indicated by stick) (left); and (b) small waterfall parallel toour study site, with travertine identified (indicated by red arrow) (right).

787 Table 3. OSL data for single samples and aggradation depths (above the Antalo limestone788 base).

Description	Lab Code and Field Code	Burial Depth (cm)	Water Content (%)	Paleodose (Gy)	Ŧ	Dose Rate (Gy/ka)	±	OSL age (years before 2014)	Age after correction	Ŧ	Aggradation depth (above Antalo limestone base) (cm)
Residual age	X6431 (M)	34	13.3	0.48	0.2	1.22	0.07	<400	2010 CE		
Right upper terrace	X6432 (β)	150	13.6	0.27	0.24	1.45	0.07	<200	~ 1960 CE		474
Left upper terrace	X6433 (δ)	99	15.4	0.62	0.35	1.22	0.06	510	1804 CE	290	502
Top of the profile pit	X6435 (ε)	28	17.8	2.34	0.2	1.22	0.07	1920	394 CE	210	342
Left lower subterrace pit	X6434 (γ)	132	11.0	3.63	0.26	1.22	0.06	2970	656 BCE	270	326
Bottom of the aggradation	x6437 (α)	370	19.4	3.21	0.78	0.83	0.04	3860	1546 BCE	950	21
Bottom of the profile pit	X6436 (ζ)	120	14.5	27.27	4.98	1.09	0.05	24990	22676 BCE	4760	250

794	Table 4. Regional rainfall regime changes and land cover changes in the North Ethiopian
795	Highlands derived from Lake Hayk and Lake Ashenge; degradation derived from Wechi,
796	Adwa, May Kinetal and May Tsimble; and macrohistory.

797 See separate document

800 APPENDIX

K, Th and U concentrations, as determined by Induced Coupled Plasma Mass Spectroscopy /
 Atomic Emission Spectroscopy using a fusion sample preparation technique.

	Unit	X6431	X6432	X6433	X6434	X6435	X6436	X6437
Grain sizes								
Min. grain size	(mm)	180	180	180	180	180	180	180
Max . grain size	(mm)	255	255	255	255	255	255	255
Measured								
concentrations								
Standard fractional error	(%)	5	5	5	5	5	5	5
% K	(%)	0.697	0.905	0.672	0.706	0.755	0.64	0.43
Error (% K)	(%)	0.035	0.045	0.034	0.035	0.038	0.032	0.022
Th	(ppm)	3	4.3	3.5	3.1	3.4	2.9	2.3
Error (Th)	(ppm)	0.15	0.215	0.175	0.155	0.17	0.145	0.115
U	(ppm)	1.1	1.3	1.3	1.1	1.1	1	1.2
Error (U)	(ppm)	0.055	0.065	0.065	0.055	0.055	0.05	0.06

803

804 Equivalent doses, cosmic doses, moisture content, total dose rate and age estimates.

	Unit	X6431	X6432	X6433	X6434	X6435	X6436	X6437
De	(Gy)	(0.48)	(0.27)	0.62	3.63	2.34	27.27	3.21
uncertainty		0.19	0.24	0.35	0.27	0.21	5.01	0.77
Cosmic dose								
calculations								
Depth	(m)	0.34	1.5	0.99	1.32	0.28	1.2	3.7
error	(m)	0.05	0.05	0.05	0.05	0.05	0.05	0.05
Average	$(g.cm^3)$	1.9	1.9	1.9	1.9	1.9	1.9	1.9
overburden								
density								
error	$(g.cm^3)$	0.1	0.1	0.1	0.1	0.1	0.1	0.1
Latitude		13	13	13	13	13	13	13
Longditude		40	40	40	40	40	40	40
Altitude	(m a.s.l.)	2052	2023	2023	2020	2020	2019	2019
Geomagnetic	latitude	9	9	9	9	9	9	9
Dc	(Gy/ka),	0.201	0.172	0.184	0.176	0.202	0.179	0.131
	55N G.lat, 0							
	km Alt.							
error		0.033	0.014	0.016	0.014	0.039	0.015	0.01
Cosmic dose	(Gy/ka)	0.249	0.213	0.228	0.218	0.25	0.222	0.162
rate								
error	0.041	0.017	0.02	0.018		0.048	0.019	0.012
Moisture								
content	(a.)							
Measured	(% of wet	13.27	13.64	15.38	11	17.78	14.54	19.36
water	sediment)							
Moisture	(water/wet	0.13	0.14	0.15	0.11	0.18	0.15	0.19
	sediment)							
error	0.03	0.03	0.03	0.03		0.03	0.03	0.03
Total dose	(Gy/ka)	1.216	1.449	1.216	1.224	1.218	1.091	0.831
rate								
error		0.07	0.075	0.06	0.062	0.075	0.054	0.039
OSL age	(yr before	(<400)	(<200)	510	2970	1920	24990	3860
estimate	2014)							
error				290	270	210	4760	950