

1 Zeolite Structures Loading with an Anticancer Compound As Drug 2 Delivery Systems

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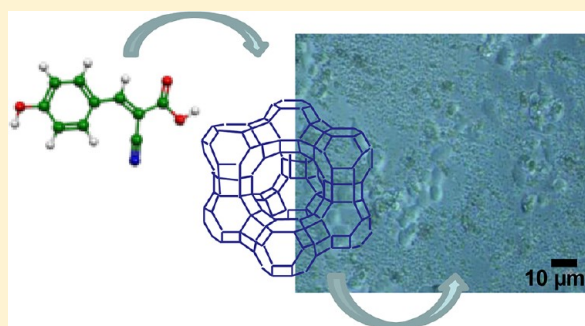
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10 **ABSTRACT:** Two different structures of zeolites, faujasite (FAU)
11 and Linde type A (LTA), were studied to investigate their suitability
12 for drug delivery systems (DDS). The zeolites in the sodium form
13 (NaY and NaA) were used as hosts for encapsulation of α -cyano-4-
14 hydroxycinnamic acid (CHC). CHC, an experimental anticancer
15 drug, was encapsulated in both zeolites by diffusion in liquid phase.
16 These new drug delivery systems, CHC@zeolite, were characterized
17 by spectroscopic techniques (FTIR, ¹H NMR, ¹³C and ²⁷Al solid-
18 state MAS NMR, and UV–vis), chemical analysis, powder X-ray
19 diffraction (XRD) and scanning electron microscopy (SEM). The
20 effect of the zeolites and CHC@zeolite drug deliveries on HCT-15
21 human colon carcinoma cell line viability was evaluated. Both
22 zeolites alone revealed no toxicity to HCT-15 cancer cells. Importantly, CHC@zeolite exhibit an inhibition of cell viability up to
23 585-fold, when compared to the non-encapsulated drug. These results indicate the potential of the zeolites for drug loading and
24 delivery into cancer cells to induce cell death.



25 ■ INTRODUCTION

26 Several inorganic materials are being explored as drug carriers
27 opening new possibilities for biomedical applications.¹ Due to
28 their biological properties and stability in biological environ-
29 nments, zeolites have been recently considered for medical
30 use.^{2,3} Zeolites are solid inorganic crystalline materials
31 comprised of silicon, aluminum, and oxygen in the three-
32 dimensional structure and the building blocks become arranged
33 in a periodic way to form channels and cages on a nano- and
34 subnanometer scale of strictly regular dimensions, named
35 micropores.⁴

36 There are numerous examples of biomedical applications of
37 zeolites reported in the literature including the enrichment and
38 identification of low abundance peptides/proteins,⁵ the
39 immobilization of enzymes for biosensing,⁶ for processes in
40 magnetic resonance imaging,^{6–10} in wound treatment,¹¹ and as
41 drug delivery systems (DDS).^{12–16} In DDS, the zeolitic
42 structures and drugs could be simultaneously administrated to
43 a patient without loss of the individual pharmacological effect of
44 each product.^{17–20} However, relatively fewer studies have been
45 reported exploring the potential of zeolites as DDS for cancer
46 applications. The latest experimental studies, based on the
47 results obtained in various tumor cells and in tumor bearing
48 animals, have shown that zeolites can be successfully applied as
49 adjuvants in anticancer therapy.²¹ In this context, we have

previously reported the preparation of a DDS based in zeolite Y
50 with an anticancer drug and demonstrated its efficacy against
51 colorectal carcinoma (CRC) cells in vitro.²² CRC is the most
52 common type of tumor in Western countries, being men
53 slightly more often affected.²³ Treatment of CRC includes
54 surgery, radiotherapy, and/or chemotherapy. However, the
55 treatment design depends largely on the cancer stage. Despite
56 the progress made with the introduction of new cytotoxic
57 agents^{24–28} and medical practices, survival rates of patients with
58 CRC changed little over the last 20 years,²⁹ justifying the need
59 for more effective therapies and new drugs.

60 α -Cyano-4-hydroxycinnamic acid (CHC) is a compound
61 derived from cinnamic acid and is a competitive inhibitor of
62 monocarboxylate transporter 1 (MCT1),³⁰ a protein recently
63 shown to be upregulated in colorectal and other cancers and
64 thus a potential target for cancer therapy.^{31–33} Published data
65 demonstrated the cytotoxic and cytostatic effectiveness of
66 CHC,^{34,35} both in vitro and in vivo.^{36,37} CHC used here in a
67 model of colon carcinoma was chosen as a guest in two
68 different structures of zeolites for drug delivery. Due to their
69 structural properties, zeolites have attracted much research 70

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71 attention for their potential application in the fields of
72 biotechnology, selective adsorption, heterogeneous catalysis,
73 polymer catalytic degradation, and functional materials.^{4,38–41}

74 The faujasite framework of zeolite Y is based on sodalite
75 cages that are joined by oxygen bridges between the hexagonal
76 faces. Eight sodalite cages are linked together, forming a large
77 central cavity or supercage with a diameter of 1.18 nm. The
78 supercages share a 12-membered ring with an open diameter of
79 0.74 nm.⁴² However, zeolite A exhibits LTA (Linde Type A)
80 structure with small pores. The pore diameter is defined by an
81 eight-member oxygen ring with an open diameter of 0.42 nm.
82 This leads into a larger cavity of minimum free diameter 1.14
83 nm. The cavity is surrounded by eight sodalite cages (truncated
84 octahedra), connected by their square faces in a cubic
85 structure.^{43–45}

86 In this study, we present the results obtained with two
87 different synthetic structures of zeolites, faujasite (FAU) and
88 Linde type A (LTA), and their suitability as drug delivery
89 systems (DDS) for the anticancer drug CHC. The zeolites in
90 sodium form (NaY and NaA) were used for encapsulation of
91 CHC as a guest by diffusion in the liquid phase in the void
92 space of the host zeolite porosity. The effect of the CHC
93 concentration in both zeolites was studied. These new DDS
94 were characterized by different methods (FTIR, ¹H NMR, ¹³C
95 and ²⁷Al solid-state MAS NMR, UV–vis, SEM, XRD, and
96 elemental analysis). The effect of the zeolites and CHC@
97 zeolite DDS was evaluated on HCT-15 human colon carcinoma
98 cell viability.

99 ■ EXPERIMENTAL SECTION

100 **Preparation and Characterization of DDS.** The zeolitic
101 structures are commercially available; FAU zeolite in powder
102 form (CBV100) was obtained from Zeolyst International and
103 Linde type A zeolite from Sigma-Aldrich (European Commis-
104 sion, Institute for Reference Materials and Measurements,
105 BCR-705). Zeolite NaA was available in pellet form with clay
106 impurities and was transformed in powder before use. The
107 encapsulation of CHC (α -cyano-4-hydroxycinnamic acid,
108 Sigma-Aldrich) in zeolites was based on a previously established
109 procedure.²⁰ Zeolites were dehydrated at 120 °C overnight,
110 prior to insertion of the drug, to avoid the presence of water
111 inside the pores, which renders the adsorption of the drug
112 molecules more difficult. CHC encapsulation into the zeolites
113 was achieved as follows: 500 mg of each zeolite with different
114 Si/Al atomic ratios, NaY (Si/Al ratio = 2.83) and NaA (Si/Al
115 ratio = 1.24) was reacted with a solution of 49.20 mg of CHC
116 (0.26 mmol) in acetone (15 mL, Merck analytical grade), as a
117 solvent. This mixture was carried out by stirring at room
118 temperature for 48 h. During this time, the original white color
119 of zeolites changed to the characteristic color of the CHC,
120 yellow, indicating that the drug species were effectively
121 incorporated inside the host. This finding was also confirmed
122 by the disappearance of the yellow color of the starting CHC
123 solution after 3 h in contact with the zeolite and the efficiency
124 of the encapsulation was screened by HPLC.

125 The mixture was filtered and the yellow solid was dried in an
126 oven at 60 °C for 12 h. This temperature is enough to
127 evaporate the acetone solvent. Two other samples with
128 different CHC concentrations, 98.40 mg of CHC (0.52
129 mmol) and 246.00 mg of CHC (1.30 mmol), were prepared
130 in both zeolites under the same experimental conditions. The
131 obtained DDS were denoted as CHC@zeolite_n, where *n*
132 represents the CHC:zeolite ratio. The drug loading in the

zeolites was determined by gravimetric analysis. In this
133 technique, loading was obtained between the difference in
134 weights of the powder starting zeolite and the DDS prepared by
135 using an analytical balance (Precisa 40SM-200A \pm 0.00001 g).
136 In order to evaluate the solvent effect, the zeolites were
137 prepared with 15 mL of solvent, using the same experimental
138 conditions as the CHC@zeolites samples. 139

Characterization Methods. ¹³C cross-polarization/magic
140 angle spinning nuclear magnetic resonance (¹³C CP/MAS
141 NMR) and MAS ²⁷Al spectra were recorded on a 9.4 T wide-
142 bore (400 MHz, ¹H Larmor frequency) Bruker Avance
143 spectrometer. A 4 mm double-resonance MAS probe was
144 employed at 100.6 (¹³C) and 104.2 MHz (²⁷Al) Larmor
145 frequencies. Samples were spun in ZrO₂ rotors, using a
146 spinning rate of 14 kHz. ¹³C CP/MAS NMR spectra were
147 recorded with use of a ramp step (varying from 100% to 50% in
148 amplitude using 100 points); contact time: 3.0 ms; ¹H 90°
149 excitation pulse: 2.5 μ s; ¹H and ¹³C radio frequency field
150 strengths for CP were set to 87 and 68 kHz, respectively;
151 recycle delay: 5 s. TPPM-15 decoupling was employed during
152 the signal acquisition, using a 4.75 μ s pulse length for the basic
153 TPPM pulse unit along the ¹H channel, employing a ¹H radio
154 frequency field strength of 100 kHz. For the ²⁷Al MAS
155 experiments, a 0.50 μ s pulse length was applied, equivalent to a
156 flip angle of 10°. ¹³C chemical shifts are quoted in parts per
157 million (ppm) from TMS and calibrated with respect to the
158 external reference, glycine (CO, 176.03 ppm). All ²⁷Al chemical
159 shifts were referenced with respect to an aqueous solution of
160 Al(NO₃)₃. All samples were kept in a sealed container and
161 exposed to a saturated solution of K₂SO₄ (relative humidity of
162 97%) for two weeks, prior to the acquisition of solid-state NMR
163 data. This experimental protocol was necessary to guarantee the
164 full hydration of the samples and therefore the reproducibility
165 of the results. The quantitative analysis (Si, Al, and Na) was
166 carried out by Inductively Coupled Plasma Atomic Emission
167 Spectrometry (ICP-AES), using a Philips ICP PU 7000
168 spectrometer. Elemental analyses for carbon, nitrogen, and
169 hydrogen were carried out on LECO CHNS-932 equipment.
170 Samples were combusted at 1000 °C for 3 min with helium
171 used as the purge gas. ¹H NMR spectra were obtained on a
172 Varian Unity Plus spectrometer at an operating frequency of
173 300 MHz, using the solvent peak as internal reference at 25 °C,
174 chemical shifts of protons being given in ppm using δ_{H} Me₄Si =
175 0 ppm as reference. The electronic UV–visible absorption
176 spectra of drug and residual solutions were collected in the
177 range 600–200 nm in a Shimadzu UV/2501PC spectropho-
178 tometer, using quartz cells at room temperature. Phase analysis
179 was performed by XRD with a Philips PW1710 diffractometer.
180 Scans were taken at room temperature in a 2θ range between
181 5° and 60°, using Cu K α radiation. Scanning electron
182 micrographs (SEM) were collected on a LEICA Cambridge
183 S360 scanning microscope equipped with an EDX system. To
184 avoid surface charging, samples were coated with gold under
185 vacuum prior to analysis, using a Fisons Instruments SC502
186 sputter coater. The analysis was carried out by high
187 performance liquid chromatography (HPLC JASCO 980-PU),
188 using an isocratic pump and a double on line detection
189 including an UV–vis detector and refractometer. Room
190 temperature Fourier transform infrared (FTIR) spectra of the
191 samples in KBr pellets (2 mg of sample was mixed in a mortar
192 with 200 mg of KBr) were measured with a Bomem MB104
193 spectrometer in the range 4000–500 cm⁻¹ by averaging 20
194 scans at a maximum resolution of 4 cm⁻¹. 195

Cell Culture Conditions. Human colon carcinoma-derived cell line HCT-15 was kindly provided by Dr. Raquel Seruca, (IPATIMUP, Porto, Portugal). HCT-15 colon carcinoma cells were maintained in RPMI 1640 medium (Gibco), supplemented with 10% (v/v) fetal bovine serum (FBS) (Gibco, Invitrogen, USA) and 1% (v/v) penicillin-streptomycin solution (P/S) (Invitrogen, USA) and incubated at 37 °C in a 5% CO₂ humidified atmosphere. Cells were subcultured approximately every three days and maintained in a log-phase growth.

Cell Viability Assays. Cell viability was assessed using the *In Vitro* Toxicology Assay Kit, Sulforhodamine B based (Sigma-Aldrich, St. Louis, MO, USA). HCT-15 cells were seeded in 96-well plates (5000 cells/100 μL/well) and incubated at 37 °C in a 5% CO₂ humidified atmosphere for 24 h. To assess the effects of the starting zeolites and the CHC@zeolite systems used (NaA and NaY), cells were incubated with increasing concentrations of the systems in culture medium. Controls were performed with culture medium alone. After an incubation period of 24 h, the spent media were removed and the plate wells were washed with 1× Phosphate-buffered solution, pH 7.4 (PBS). After a fixation step with cold 10% trichloroacetic acid (TCA), cells were stained with 0.4% Sulforhodamine B and the incorporated dye was solubilized with Sulforhodamine B solubilization solution (10 mM Tris). Absorbance was monitored with a microplate reader at 570 nm with a background absorbance of 655 nm. Cell viability was determined as percentage of viability: (OD experiment/OD control) × 100 (%). Results are presented as mean ± standard deviation (SD) of three independent experiments, each in triplicate. One-way ANOVA, followed by Dunnett post test was used to perform cell viability assay statistical analysis. The previous test and 50% growth inhibition (IC₅₀) were determined with Graphpad Prism 5 software. Values were considered statistically significant in all experiments when *p* < 0.05.

RESULTS AND DISCUSSION

Preparation and Characterization of DDS. In the present study, the anticancer drug CHC was chosen to test

Both zeolites have different pore diameters, large pores for NaY (7.4 Å) and small pores for NaA (4.2 Å), which can determine the access of CHC into the structures. However, for CHC the length between the OH group from the aryl ring and the COOH is approximately 10.6 Å in the planar and linear molecule, and the aryl ring is 5.9 Å, suggesting that this drug could have some difficulty in diffusing into the NaA zeolite structure. The loading of CHC into the zeolites was determined by gravimetric analysis. Table 1 shows the loading obtained for all prepared DDS.

The residual drug content in solution after evaporation of the solvent is very low. In the case of NaY zeolite, around 85% of the CHC initially present has been retained inside this zeolite. However, for NaA, only 67–76% of the CHC was incorporated into the structure.

To confirm the integrity of the molecular structure of CHC after preparation of DDS, ¹H NMR and UV–vis experiments were performed with the residual drug solid obtained after filtration and pure CHC. The ¹H NMR spectra of the samples were recorded at 300 MHz in CDCl₃. The chemical shifts of protons observed for residual drug are δ 13.3 (s, COOH), 10.6 (s, OH), 8.3 (s, CH=), and 7.8 and 6.7 (2ddd, 4H from the aryl group). These chemical shifts of protons are in the same position as observed for the CHC pure molecule.⁴⁶ In the UV–vis spectrum, the presence of residual drug was evidenced by the appearance of an intense band (λ_{max} = 334 nm) in the same position of CHC in acetone (λ_{max} = 337 nm).⁴⁶ These results show that the encapsulation process preserved the integrity of CHC.

Preservation of the zeolite structures of the DDS was monitored by powder X-ray diffraction (XRD). The powder XRD diffraction patterns of the zeolites and encapsulated CHC were recorded at 2θ values between 5° and 60°. The parent zeolite Y sample is pure, while LTA is contaminated with a small amount of an unidentified phase displaying a main resonance at 26.6° 2θ probably due to the presence of clay in the pellet form. All samples exhibited XRD patterns similar to the patterns of the parent zeolites. No variation was observed in the characteristic peaks of zeolites after encapsulation of CHC, indicating that the frameworks did not undergo any significant structural change during the CHC encapsulation process. The XRD pattern of DDS prepared with NaY presented over 85% of crystallinity, while for NaA the crystallinity was ca. 75%.

The morphology of the DDS obtained after the encapsulation was observed by SEM analysis. Figure 1 shows the parent zeolites and the DDS with lower concentration of CHC.

The SEM micrographs of parent zeolites and the DDS indicate that no changes occur in the morphology and structure upon encapsulation of the drug. In panels a and c of Figure 1, it is clear from the micrographs of NaY and CHC@Y_{1:10} that the morphology of the zeolite does not change after encapsulation of the CHC. The SEM microphotographs of the parent NaY and the DDS are typical of a microporous crystalline aluminosilicate structure with regular small particles.^{47,48} The average of the particle diameter of the starting NaY was about 0.4–1.0 μm and the DDS preserved the same diameter. The starting NaA (Figure 1b) and its DDS (Figure 1d), two types of particles with different dimensions, can be observed: (i) aggregates of particles with a diameter of ~2.6–5.0 μm and (ii) particles with a diameter of ~0.3–1.0 μm. However, for both DDS, the energy-dispersive X-ray analysis plots detected the presence of nitrogen from the CHC molecule on the spotted surface.

Table 1. Loading of CHC in the DDS

DDS	CHC (mmol) ^a	CHC (mmol) ^b	yield (%) ^c
CHC@A _{1:10}	0.260	0.198	76.2
CHC@A _{2:10}	0.520	0.377	72.5
CHC@A _{5:10}	1.300	0.876	67.4
CHC@Y _{1:10}	0.259	0.226	87.3
CHC@Y _{2:10}	0.517	0.438	84.8
CHC@Y _{5:10}	1.310	1.081	82.5

^aInitial CHC amount in the solution. ^bCHC loading in zeolite.

^cEncapsulation efficiency of CHC in zeolites.

the use of zeolite structures as DDSs. The approach for the preparation of DDS was the adsorption of CHC as a guest in liquid phase within the framework of the zeolite as a host. This approach required that the drug diffused inward the space available of the zeolite framework and the starting zeolites were not cytotoxic to the HCT-15 cell line. In this cell line, preliminary studies with NaY, NaMOR, NaA, and ZSM5 were also carried out. NaY (Faujasite) and NaA structures (Linde type A) showed to be nonotoxic to the cells.

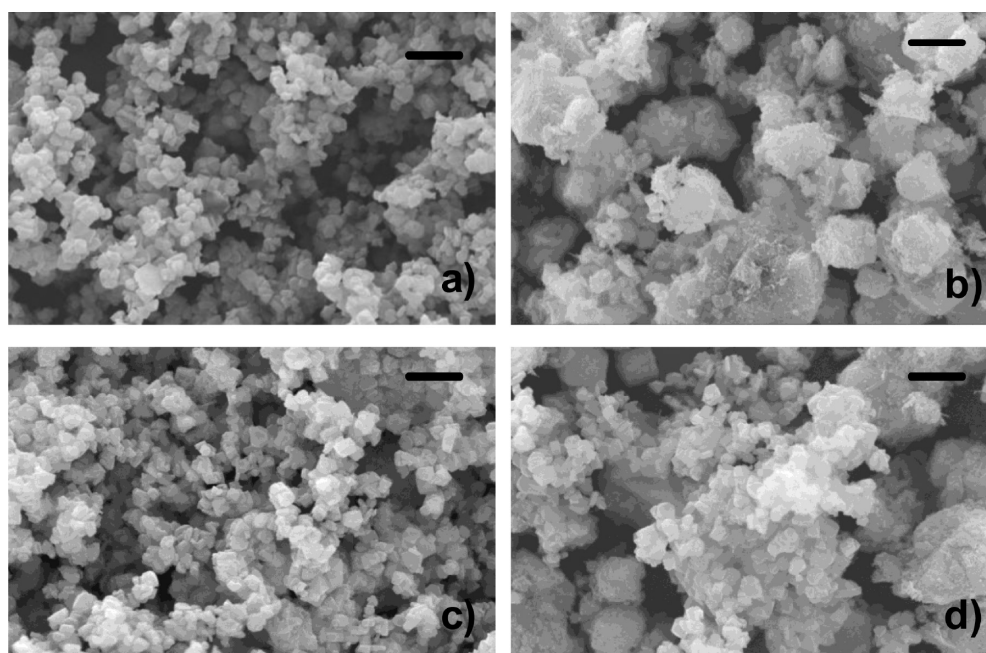


Figure 1. Scanning electron microscopy (SEM) images of zeolites and DDS herein studied. Scale bars represent 5 μm : NaY (a), NaA (b), CHC@Y_{1:10} (c), and CHC@A_{1:10} (d) with the same resolution ($\times 5000$).

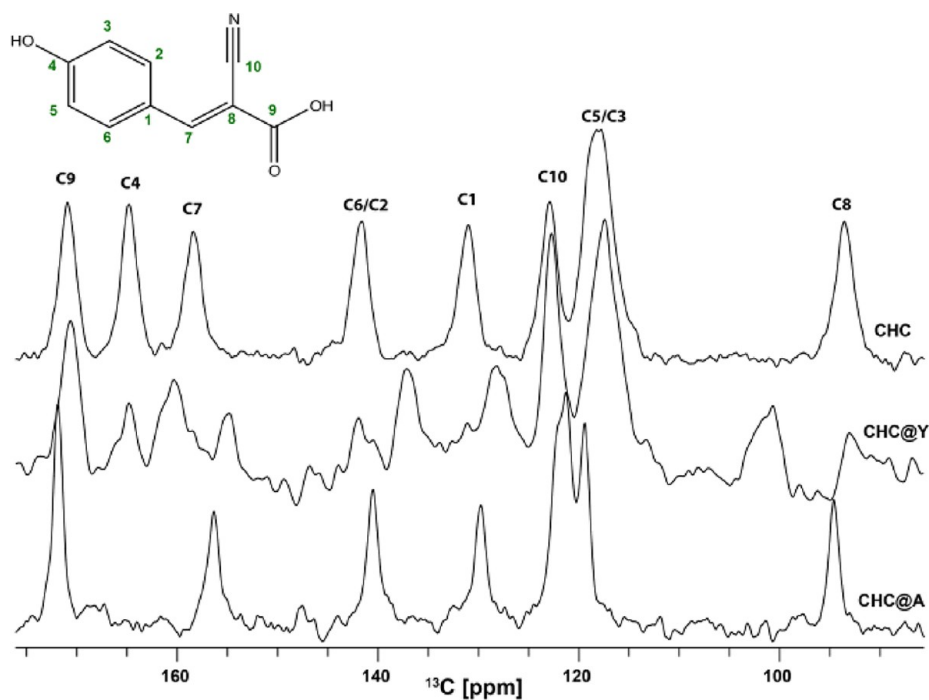


Figure 2. ^{13}C CP/MAS NMR spectra of CHC, CHC@Y_{1:10}, and CHC@A_{1:10}.

307 The integrity of the CHC in zeolites was confirmed by the
 308 analytical data of carbon and nitrogen content obtained by
 309 elemental analysis. The theoretical C/N ratio for CHC is 8.6
 310 (63.49% to C and 7.40% to N). All samples based in different
 311 zeolites present a similar C/N ratio. For example, the guest C/
 312 N ratio obtained for CHC@Y_{1:10} is 8.7 (1.66% to C and 0.19%
 313 to N) and for CHC@A_{1:10} it is 8.3 (1.49% to C and 0.18% to
 314 N), indicating the presence of the molecular drug structure in
 315 the zeolite.

316 Evidence for the interaction between CHC and the zeolites is
 317 forthcoming from spectroscopic data. The ^{13}C CP/MAS NMR

spectra of CHC, CHC@Y_{1:10}, and CHC@A_{1:10} are shown in
 Figure 2.

The spectrum of CHC shows the characteristic peaks of the
 drug molecule, consistent with the assignment previously
 reported for similar compounds.⁴⁹ Peaks in the same spectral
 regions appear in both encapsulated zeolites, indicating the
 presence of CHC in the pores of the materials. The differences
 between the spectra of the pure and the zeolite-encapsulated
 samples are attributed to drug interactions with and/or
 conformational changes induced by the presence of Na⁺ ions,

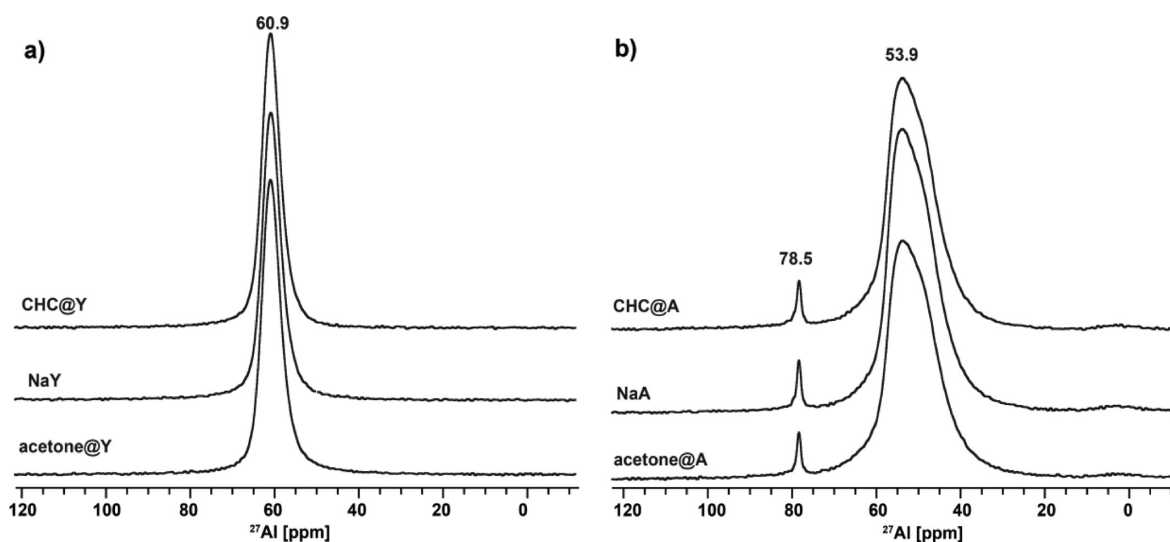


Figure 3. ^{27}Al MAS NMR spectra of parent Y (a) and LTA (b) zeolites and in the presence of solvents: acetone@zeolite and CHC@zeolite_{1:10}.

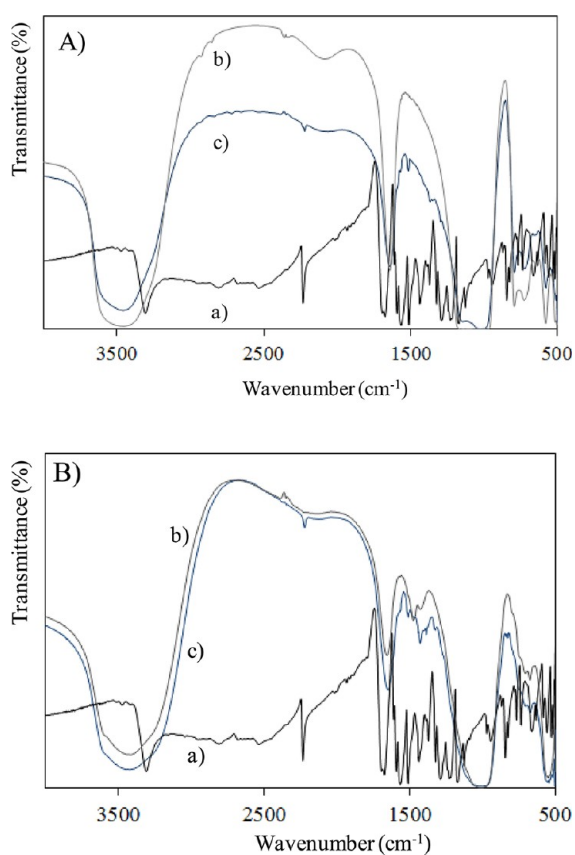


Figure 4. FTIR spectra of NaY (A) and NaA (B) for CHC (a), zeolites (b), and CHC@zeolite_{1:10} (c).

Table 2. Final Assay Concentrations of CHC in the Different DDS

	DDS 1.00 mg/mL (mM)	DDS 0.25 mg/mL (mM)	DDS 0.10 mg/mL (mM)	DDS 0.05 mg/mL (mM)
CHC@A	0.198	0.050	0.020	0.010
1:10				
CHC@A	0.377	0.094	0.038	0.019
2:10				
CHC@A	0.876	0.219	0.088	0.044
5:10				
CHC@Y	0.226	0.057	0.023	0.011
1:10				
CHC@Y	0.435	0.109	0.044	0.022
2:10				
CHC@Y	1.081	0.270	0.108	0.054
5:10				

upon drug-molecule encapsulation, including no changes in the octahedral-coordinated region (even if a faint broad peak at ca. 5 ppm, presumably from the impurity, is observed for all LTA samples), indicating that the experimental procedures do not provoke damages in the structure in agreement with XRD and SEM analyses. The same behavior was observed in the ^{23}Na solid-state MAS NMR spectra. The faint and sharp ^{27}Al resonance at 78.5 observed in the spectra of the LTA samples (Figure 3b) is assigned to the unknown impurity contaminating the parent sample and also revealed by XRD.

The presence of the drug and its interactions in both zeolites are also screened by Fourier transformed infrared spectroscopy (FTIR). Figure 4 shows the infrared spectra of NaY (A) and NaA (B) for CHC (a), zeolites (b), and CHC@zeolite_{1:10} (c).

The FTIR spectrum of CHC (Figure 4a) shows the presence of $\nu(\text{C}\equiv\text{N})$ at 2230 cm^{-1} , $\nu(\text{C}=\text{O})$ at 1678 cm^{-1} , and the vibrational bands characteristic of the C—C and C—H groups around 1550 and 1150 cm^{-1} . For the prepared DDS, the FTIR spectra of zeolites and the samples are dominated by the strong bands assigned to the vibration of the zeolite structure. The presence of physisorbed water is detected by the $\nu(\text{O—H})$ stretching vibration at 3410 cm^{-1} and the $\nu(\text{O—H})$ deformation band at 1635 cm^{-1} . The bands corresponding to the lattice vibrations are observed in the spectral region between 1300 and 450 cm^{-1} .

water molecules, and/or the zeolite framework. These observations are consistent with the FTIR results (see below).

The effect of the solvent on the preparation of the samples was also studied by ^{27}Al MAS NMR. The ^{27}Al MAS NMR spectra of the parent zeolites, CHC@zeolites_{1:10} and acetone@zeolites, are shown in Figure 3.

All samples contain four-coordinated aluminum framework species $[\text{Al}(\text{OSi})_4]$, as revealed by the peaks at 60.9 ppm for Y and 53.9 ppm for LTA samples. No shift or broadening of the ^{27}Al peaks were observed upon introduction of the solvent or

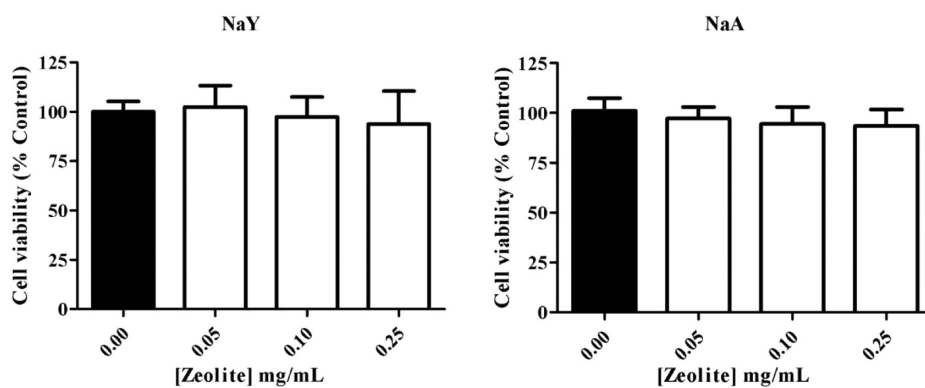


Figure 5. Effect of NaY and NaA zeolites on HCT-15 colon carcinoma cell viability. The HCT-15 cell line was incubated with the different zeolite concentrations for 24 h. Cell viability was measured by SRB assay. Values are means \pm SD of three independent experiments, each performed in triplicate. $p < 0.05$, compared to the control bar (cells without zeolite).

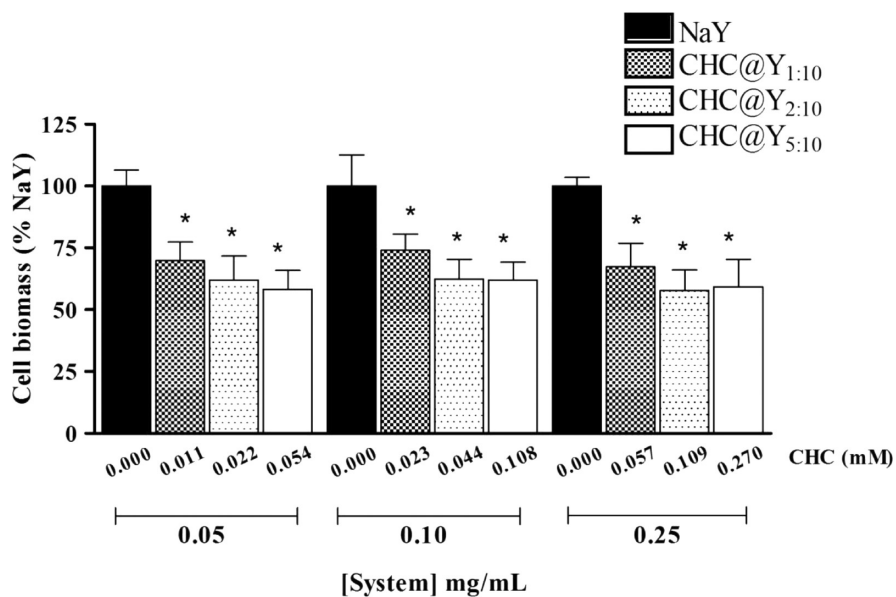


Figure 6. Effect of NaY zeolite and CHC@NaY systems on HCT-15 colon carcinoma cell viability. The HCT-15 cell line was incubated with NaY and different DDS concentrations for 24 h. Cell viability was measured by SRB assay. Values are means \pm SD of three independent experiments, each performed in triplicate. The asterisk indicates $p < 0.05$, compared to the control bar (NaY).

In addition to these strong bands caused by the host zeolite, the FTIR spectra for CHC@zeolite_{1:10} (Figure 4c) exhibits bands in the regions 2500–2000 cm^{-1} and 1600–1200 cm^{-1} where the zeolites do not absorb and they are attributed to the presence of the encapsulated drug. The spectra of the encapsulated as well as pure CHC showed similar bands. For example, the spectrum of CHC@A_{1:10} shows bands from CHC at 2216, 1506, 1419, and 1311 cm^{-1} . No shift or broadening in the principal zeolite vibrational bands occur upon inclusion of the drug, further substantiating that the zeolite framework remains unchanged. Although the characteristic CHC FTIR vibrational bands in the CHC@zeolite spectra are weak, they provide evidence for the presence of drug in the zeolite. Due to overlap with the strong bands arising from the zeolite framework, it is not possible to draw any further conclusions from these data. NMR spectroscopy is, thus, much more sensitive to molecule structural changes than is FTIR.

Drug Bioactivity Studies. Working DDS concentrations (0.05, 0.10, and 0.25 mg/mL) were obtained by diluting a stock suspension (1.00 mg/mL) in culture medium (RPMI1640). For better homogenization, all suspensions were submitted to

ultrasonic dispersion for 2 min prior to use. The concentrations of zeolite suspensions used in this work and the corresponding CHC final assay concentrations are presented in Table 2.

To be considered as suitable DDS, zeolites themselves should present small or no effect on cell viability. The cytotoxicity of the starting zeolites was investigated in the HCT-15 cell line. Figure 5 shows the effect of increasing amounts of both zeolites NaY and NaA on the viability of HCT-15 cells, determined by the SRB assay.

The two zeolites used gave similar results. The differences between controls (without zeolite) and the range of zeolite concentrations are insignificant, showing in this way that both zeolites are nontoxic to the cells for the selected period of incubation. To verify whether the encapsulation of CHC into zeolites potentiates the effect of this monocarboxylate transporter (MCT) inhibitor, the effect of zeolite NaA and NaY loaded with different amounts of CHC was tested in HCT-15 cell viability with increasing concentrations of the CHC@zeolite systems (0.05–0.25 mg/mL). Compared to NaY alone (control), there is an evident reduction in cell viability, from

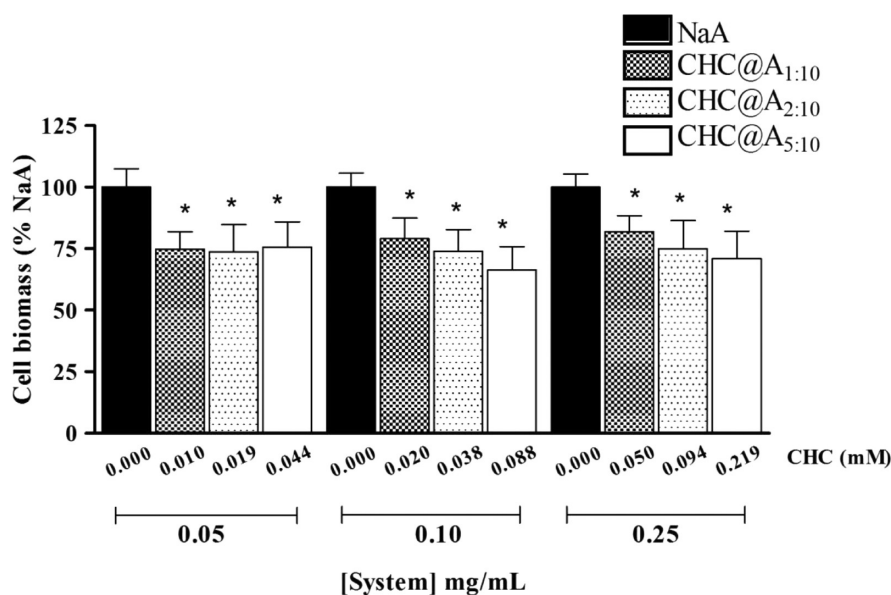


Figure 7. Effect of NaA zeolite and CHC@NaA systems on HCT-15 colon carcinoma cell viability. The HCT-15 cell line was incubated with NaA and different DDS concentrations for 24 h. Cell viability was measured by SRB assay. Values are means \pm SD of three independent experiments, each performed in triplicate. The asterisk indicates $p < 0.05$, compared to the control bar (NaA).

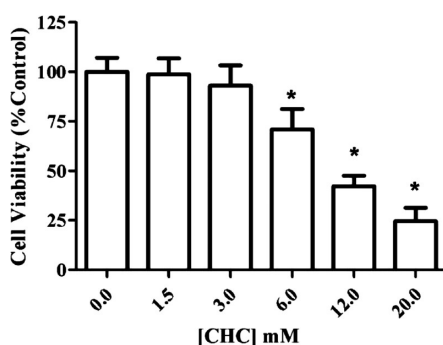


Figure 8. Effect of CHC on HCT-15 colon carcinoma cell viability. The HCT-15 cell line was incubated with increasing concentrations of CHC for 24 h. Cell viability was measured by SRB assay. Values are means \pm SD of three independent experiments, each performed in triplicate. The asterisk indicates $p < 0.05$, compared to the control bar (vehicle, no CHC).

nonencapsulated drug is necessary for a 30% of inhibition of cell viability (IC_{30}) (Figure 8). In contrast, with the encapsulated drug, for the same magnitude of inhibition and for the 0.05 mg/mL of concentration zeolite suspension of the different system of CHC@Y, there is an increase in efficiency of the drug between 119- and 585-fold, corresponding to CHC assay concentrations of 0.054 and 0.011 mM, respectively (Table 2).

The studies for CHC@A showed a lower effect on in-cell viability when compared with NaY. For 30% inhibition of cell viability, using 0.05 mg/mL of concentration zeolite suspension of the CHC@A system, there is an efficiency of the drug effect between 29- and 146-fold, corresponding to CHC assay concentrations of 0.220 and 0.044 mM, respectively (Table 2).

NaY DDS was more effective than NaA DDS due to the more open structure of the zeolite Y, in which CHC could freely diffuse to the outside of the structure toward the cells. However, for higher concentrations of the system or parent zeolite (above 0.25 mg/mL), the cell viability begins to be affected, likely due to the compromise of cell-nutrient exchange with the culture media.

By encapsulating CHC into zeolites, we increased significantly the efficiency of this drug, which could be related to CHC solubility. Since it is a hydrophobic molecule, it is difficult to obtain a homogeneous solution with CHC. Thus, we believe that similarly to other systems,^{50–53} the zeolite DDSs allow the slow release of CHC, increasing the bioavailability of the drug, and thus explaining this increase in potency. Another hypothesis, which would explain the high increase in potency, could be the promotion of CHC entry into the cell. It is described that CHC could inhibit the entry of pyruvate into the mitochondria, compromising the normal respiration of cells,⁵⁴ at much lower concentrations. Thus, this high potency could be the combined result of both the increase in CHC bioavailability and the promotion of CHC entry into the cell by the DDS.

459 ■ CONCLUSIONS

460 The studies on the zeolites discussed here demonstrate that
461 these structures can be used effectively for sustained release
462 applications. Two different structures of zeolites, faujasite
463 (FAU) and Linde type A (LTA), were prepared and
464 characterized to assess their ability to encapsulate and release
465 the experimental anticancer drug CHC. The effect of the
466 zeolites and CHC@zeolite DDS on the HCT-15 human colon
467 carcinoma cell line viability was evaluated. Both zeolites alone
468 revealed no toxicity to HCT-15 cancer cells. Importantly,
469 CHC@zeolite led to an inhibition of cell viability up to 585-
470 fold when compared to the nonencapsulated drug. These
471 results indicate the potential of the zeolites for drug loading and
472 delivery to cancer cells.

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477 Notes

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