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### Biocompatibility of mannan nanogel-safe interaction with plasma proteins

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#### ABSTRACT

*Background:* Self-assembled mannan nanogels are designed to provide a therapeutic or vaccine delivery platform based on the bioactive properties of mannan to target mannose receptor expressed on the surface of antigen-presenting cells, combined with the performance of nanogels as carriers of biologically active agents. *Methods:* Proteins in the corona around mannan nanogel formed in human plasma were identified by mass spectrometry after size exclusion chromatography or centrifugation followed by sodium dodecyl sulfate polyacrylamide gel electrophoresis. Structural changes and time dependent binding of human apolipoprotein A-I (apoA-I) and human serum albumin (HSA) to mannan nanogel were studied using intrinsic tryptophan fluorescence and circular dichroism spectroscopy. The mannan nanogel effect on blood coagulation and fibrillation of Alzheimer's disease-associated amyloid  $\beta$  peptide and hemodialysis-associated amyloidosis  $\beta$ 2 microglobulin was evaluated using thrombin generation assay or thioflavin T fluorescence assay, respectively. *Results:* The protein corona around mannan nanogel is formed through a slow process, is quite specific comprising apolipoproteins B-100, A-I and E and HSA, evolves over time, and the equilibrium is reached after hours to days. Structural changes and time dependent binding of apoA-I and HSA to mannan nanogel are minor. The mannan nanogel does not affect blood coagulation and retards the fibril formation.

*Conclusions:* Mannan nanogel has a high biosafety and biocompatibility, which is mandatory for nanomaterials to be used in biomedical applications.

*General Significance:* Our research provides a molecular approach to evaluate the safety aspects of nanomaterials, which is of general concern in society and science.

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#### 1. Introduction

Nanometer-sized polymeric hydrogels, i.e. nanogels, combine favorable and exceptional properties, such as flexible size in the nanometer range, tunable chemical and physical structures, large surface areas for multivalent conjugation, high water content, and biocompatibility [1,2]. Nanogels represent a promising class of delivery devices for biologically active agents because of their loading capacity, their stability, as well as their responsiveness to environmental factors [1].

A self-assembled mannan nanogel has been designed and characterized in our group as a potential multifunctional nanosized device for biomedical applications [3]. The mannan nanogel is spherical and polydisperse with a mean hydrodynamic diameter between 50 and 140 nm, and has a slightly negative surface charge [3].

cecilia.oslakovic@gmail.com (C. Oslakovic), risto.cukalevski@biochemistry.lu.se (R. Cukalevski), birgitta.frohm@biochemistry.lu.se (B. Frohm), bjorn.dahlback@med.lu.se (B. Dahlbäck), sara.linse@gmail.com (S. Linse), fmgama@deb.uminho.pt (FM.. Gama), tcedervall@yahoo.com (T. Cedervall). Mannose receptor, expressed in the surface of antigen-presenting cells [4–7], was previously shown to take part in host defense, providing a linkage between innate and adaptive immunity [7–10]. The choice of mannan as the main component of the nanogel aims to take advantage of the association of the bioactive properties of mannan with the performance of nanogels as carriers of biologically active agents. The mannan nanogel is thus suggested as a possible tool for vaccine formulations, acting as an adjuvant suitable to induce a protective and long-lasting immune response, or as a targeted therapeutic delivery system to be used for the treatment of macrophage associated pathologies.

Nanoparticles, including nanogels, will interact with proteins in a biological environment creating an outer layer around the particle known as the protein corona [11,12]. The proteins are the most studied substances in the corona but it can include other biomolecules, for example lipids [13]. The composition and surface chemistry of a specific nanoparticle will dictate the extent and specificity of protein binding [12]. Surface charge, hydrophobicity, particle size, morphology, shape and surface curvature of nanoparticles affect what proteins bind to the nanoparticle [11,12,14–20]. The composition of the protein corona on a given nanoparticle, at a given time, will depend on the protein concentrations in the physiological fluid and the on- and

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off-rates for each protein [14]. Thus the protein corona, the biological identity of the nanoparticle, will change with time [20–24] and with environmental changes [24,25], for example, when nanoparticles travel from blood to inside cells [25]. The protein corona will be important for the biocompatibility and biosafety. Proteins on the nanoparticle surface can interact with blood proteins and cell receptors, and consequently affect uptake and intracellular fate [24,26–32], biodistribution of the nanomaterials throughout the body, toxicity and/ or efficacy [14,15,33–35].

When proteins bind to nanoparticles a structural change in the protein often occurs [16,36]. It has been proposed that these structural changes, in addition to the protein composition in the corona, may lead to changed biological functions and consequently be important for evaluating the biosafety of nanoparticles [14,30,36]. Recent reports describe how changes in the corona can mediate the biological impact of the nanoparticles. Fibrinogen bound to poly(acrylic acid)-coated gold nanoparticles undergo a structural change that can facilitate interaction and activation of MAC-1 receptor pathway on macrophage-like cells and subsequent inflammation response [37]. Enzyme activity can be enhanced and stabilized over time when bound to nanoparticles [38]. The opposite is also true as trypsin immobilized on silica and polystyrene nanospheres [39], or lysozyme and  $\alpha$ -chymotrypsin [40] bound to gold nanoparticles experienced a large structural change, and the enzymes lost their activity. On most studied spherical particles, apolipoproteins are identified in the corona formed in human blood plasma [11]. They suffered a structural change after binding to polystyrene particles [41]. Apolipoproteins are central in the fat metabolism and uptake of apolipoprotein binding polystyrene particles through a feeding web could cause severe metabolic and behavioral disturbances in fish [42].

Proteins important for the initiation and regulation in the coagulation cascade have been identified in the corona from polystyrene [20], citrate-capped gold [24], and silica nanoparticles [25]. Recent results in our laboratory have shown that amine-modified polystyrene nanoparticles inhibited coagulation by specific interactions with two coagulation factors and that in opposite carboxyl-modified polystyrene nanoparticles activated the coagulation [43]. It is highly relevant to test particle destined to circulate in the body for its effect on the coagulation cascade because disorders of coagulation can lead to an increased risk of bleeding (hemorrhage) or obstructive clotting (thrombosis). The fluorometric thrombin generation assay is proposed as a good method to evaluate the procoagulant activity of nanomaterials in human plasma and has been used to study the procoagulation effects caused by several nanoparticles [44].

Protein aggregation can lead to major disturbances of cellular processes and is associated with several diseases. Proteins may under certain conditions and as a function of time give up their natively folded state and form amyloid fibrils [45,46]. Human amyloid diseases involve self-assembly of soluble proteins into large insoluble fibrils through nucleation-dependent assembly, often via the formation of oligomeric structures that possess toxic properties [47,48]. The fibrillation of amyloid proteins and peptides as Alzheimer's disease-associated amyloid  $\beta$ peptide (AB(M1-40)) found in brain lesions and hemodialysis-associated amyloidosis  $\beta 2$  microglobulin ( $\beta 2m$ ) are well studied. Nanomaterials [46], such as nanogel formed by self-aggregation of cholesterol-bearing pullulan with molecular chaperone-like activity [49] and *N*-isopropylacrylamide:*N*-tert-butylacrylacrylamide (NIPAM: BAM) nanoparticles [50], have been linked to  $A\beta$  fibrillation retardation. In contrast, NIPAM:BAM nanoparticles caused acceleration of  $\beta$ 2m fibrillation [51]. Also, at constant A $\beta$ (M1-40) concentration, the fibrillation process was accelerated by amino-modified polystyrene nanoparticles at low concentration, while at high nanoparticle concentration, the fibrillation process was retarded [52].

In the present work, the protein corona around mannan nanogel in human plasma was characterized to evaluate its biosafety and biocompatibility from a molecular perspective. Proteins in the corona were identified by mass spectrometry after gel filtration using size exclusion chromatography (SEC) or centrifugation followed by sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE). Time dependence and structural changes of human apolipoprotein A-I (apoA-I) and human serum albumin (HSA) binding to mannan nanogel were studied using intrinsic tryptophan fluorescence and circular dichroism (CD) spectroscopy. The mannan nanogel effect on blood coagulation was evaluated by fluorometric thrombin generation assay. The role of mannan nanogel in protein fibrillation was evaluated by continuous thioflavin T (ThT) fluorescence assay using both  $A\beta(M1-40)$  and  $\beta 2m$ .

#### 2. Material and methods

#### 2.1. Materials

Mannan-VMA-SC<sub>16</sub> (VMA: vinyl methacrylate, SC<sub>16</sub>: hydrophobic alkyl chain) was synthesized as described previously [3] with 31 acrylate groups (DS<sub>VMA</sub> 31%) and 20 alkyl chains (DS<sub>C16</sub> 20%) per 100 mannose residues. Resultant amphiphilic mannan is named as MVC<sub>16</sub>-31-20. With DS<sub>C16</sub>/DS<sub>VMA</sub> equal to 65%, it has critical aggregation concentration (cac) or critical micelle concentration (cmc) equal to 0.01 mg/mL [3]. Human donors' plasma from lipidemic patients was obtained from the local hospital blood bank and preserved in aliquots at -80 °C. Before each experiment aliquots were defrosted and centrifuged for 2 min at 14,927g (Biofuge 13, Heraeus) and immediately used after rejecting the top lipid layer. ApoA-I was purified from human plasma as previously described [53]. HSA (Sigma, A3782, fatty acid free, 99% pure) was purified from dimer and contaminating proteins using gel filtration on a 200×3.4 cm Sephadex G50 column in 50 mM ammonium acetate buffer, pH 6.5. Fractions containing HSA monomer were pooled, lyophilized and desalted by gel filtration on a G25 Sephadex superfine column in Millipore water. ApoA-I and HSA stock solutions (10 mg/mL) were dialyzed for 5 days against frequently changed phosphate buffered saline pH 7.5 (PBS) at 4 °C using twice boiled in distilled water regenerated cellulose tubular membranes, with 6000-8000 nominal MWCO, obtained from Membrane Filtration Products. Phospholipids were obtained from Avanti Polar Lipids, Inc. (Alabaster, AL, USA). Recombinant tissue factor was obtained from Dade Innovin (Marburg, Germany). The thrombin fluorogenic substrate I-1140 (Z-Gly-Gly-Arg-7-amino-4-methylcoumarin·HCl) was purchased from Bachem (Bubendorf, Switzerland). AB(M1-40) was expressed in Escherichia coli and purified as previously described [54]. B2m was expressed in *E. coli* and purified as previously described [51]. Organic and inorganic reagents of laboratory grade were purchased from Sigma-Aldrich and used without any further purification, unless otherwise stated. Water was purified with a Milli-Q system (Millipore Corporation).

#### 2.2. Mannan nanogel preparation

Colloidal dispersions of amphiphilic mannan were prepared stirring the lyophilized MVC<sub>16</sub>-31-20 in PBS, for 3–5 days at 50 °C, followed by filtration (Orange; pore size 0.22 µm). The nanogel formation was confirmed by dynamic light scattering (DLS; Malvern Zetasizer NANO ZS–Malvern Instruments Limited, UK) as previously described [3]. The colloidal dispersion of nanogel (2 mg/mL) showed *z*-average equal to  $154.1 \pm 5.625$  nm and polydispersity index (PdI) of 0.229  $\pm$  0.007.

#### 2.3. Gel filtration of mannan nanogel and plasma proteins

Plasma (250  $\mu$ L) was incubated with mannan nanogel (800  $\mu$ L at 2 mg/mL) or with PBS (800  $\mu$ L; control) stirring for 24 h at 37 °C. Samples were separated by SEC on a 100  $\times$  1 cm Sephacryl 1000 column. The absorbance of all fractions was recorded at 280 nm in UV-

1800 spectrophotometer (SHIMADZU UV). Individual fractions from 22 to 37 pooled from four different experiments were precipitated with trichloroacetic acid 10% and frozen at -20 °C. Samples were centrifuged 15 min at 14,927g (Heraeus Kendro Biofuge 13), and the pellet was washed with ice cold acetone. Pellets were resuspended in 5 µL of PBS, and proteins were desorbed from the nanogel by adding 10 µL of sodium dodecyl sulfate (SDS) loading buffer and incubated for 5 min at 95 °C. Samples were separated by SDS-PAGE, with resolving gel 15% and stacking gel 4%. Each gel run included one lane of a molecular weight ladder standard, PageRuler Prestained Protein Ladder (Fermentas). Gels were Coomassie stained. All fractions resultant of SEC separation of nanogel alone had similar absorbance to that obtained with the PBS at 280 nm.

# 2.4. Identification of corona proteins using centrifugation and mass spectrometry

Colloidal dispersions of mannan nanogel in PBS (100 µL; 0, 0.1, 0.25, 0.5, 0.75, 1 or 2 mg/mL) were incubated stirring with plasma or PBS (100 µL) for 1 and 24 h at 37 °C. Colloidal dispersions of mannan nanogel in PBS (100 µL; 2 mg/mL) were incubated stirring with increasing amount of plasma (50 µL, 100 µL, 200 µL, 400 µL or 800 µL; in a fixed final volume), for 1 and 24 h at 37 °C. Samples were centrifuged 15 min at 19,873g (Heraeus Kendro Biofuge 15), and the pellet was washed twice with 500 µL PBS changing the vial after each washing step. Samples were separated by SDS-PAGE and Coomassie blue stained as described above. Each experiment was performed twice. Gels were preserved in 1% acetic acid in water at 4 °C for mass spectrometry. Bands were excised from the gel, reduced, alkylated, and digested with trypsin (Sequencing Grade Promega, Madison, WI), and the resulting peptide mixtures were analyzed by MALDI-TOF mass spectrometry using a 4700 Proteomics Analyzer (Applied Biosystems, MA) mass spectrometer in positive reflector mode. Both MS and tandem MS (MS/MS) spectra were analyzed by Matrix Science Mascot software to identify tryptic peptide sequences.

#### 2.5. Circular dichroism spectroscopy

ApoA-I or HSA were incubated stirring at 37 °C in the absence and in the presence of the mannan nanogel at various concentrations in PBS. CD measurements were carried out using a JASCO J-815 spectropolarimeter (JASCO, Easton, MD) with a Peltier type thermostated cell holder. Far-UV CD spectra (190–260 nm) were recorded at 37 °C in continuous mode with a scan rate of 50 nm/min and a digital integration time of 8 s using 0.1 cm quartz cuvettes with a Teflon stopper. Three spectra were accumulated and averaged for each sample. The average spectra for a blank (colloidal dispersion of mannan nanogel – Fig. S1A in Supplementary data – or buffer) were subtracted from the spectrum of each protein sample. The conformation of protein in the absence and in the presence of the nanogel was estimated from CD spectra. This experiment was performed at least twice.

#### 2.6. Intrinsic tryptophan fluorescence

ApoA-I or HSA were incubated stirring at 37 °C in the absence and the presence of the mannan nanogel at various concentrations in PBS. Fluorescence measurements were performed on a luminescence spectrometer LS 50B (PerkinElmer) with a cuvette holder thermostated at 37 °C. Fluorescence emission spectra (310–460 nm) were recorded at an excitation wavelength of 290 nm with a scan rate of 100 nm/min. Three spectra were accumulated and averaged for each sample. Reported average spectra are those after the subtraction of the spectrum for a blank (colloidal dispersion of mannan nanogel – Fig. S1B in Supplementary data – or buffer) from the spectrum of each protein sample. Also fluorescence emission spectra of a colloidal dispersion of mannan nanogel (0.6 mg/mL) with ApoA-I or HSA (0.1 mg/mL) were recorded over time at 37  $^\circ$ C. These experiments were performed at least twice.

#### 2.7. Thrombin generation assay

The amount of thrombin formed in plasma/mannan nanogel samples were monitored using the thrombin generation assay as previously described [55] with the following modifications. Natural phospholipids, 20-20-60 phosphatidylserine-phosphatidylethanolaminephosphatidylcholine (PS-PE-PC), were mixed and prepared. Citrate platelet poor plasma (40 µL) was preincubated with 40 µL of 4-(2hydroxyethyl)-1-piperazineethanesulfonic acid (HEPES) buffered saline (HBS, 10 mM HEPES, 150 mM NaCl, pH 7.4) or mannan nanogel (final concentration of 1 mg/mL) at 37 °C for 15 min. Fluorogenic substrate (Z-Gly-Gly-Arg-7-amino-4-methylcoumarin·HCl; 20 µL) was added to samples and coagulation was initiated with 20 µL of phospholipids/tissue factor/CaCl<sub>2</sub> mixture in a final volume of 120 µL. All reagents were diluted in HBSBSA (HBS buffer supplemented with 5 mg/ mL of bovine serum albumin (BSA)), and final concentrations were approximately 1.17 pM tissue factor, 4.2 µM phospholipids, 300 µM fluorogenic substrate and 16 mM CaCl<sub>2</sub>. Fluorescence measurements over time were taken in black flat bottom 96-well plates (Nalge Nunc International, Rochester, NY, USA) in a plate Tecan Infinite 200 fluorometer equipped with a 360 nm excitation/460 nm emission filter set (Mölndal, Sweden) and Magellan software (Gröedig, Austria).

#### 2.8. Thioflavin T fluorescence assay

Peptide A $\beta$ (M1-40) samples in 20 mM sodium phosphate buffer pH 7.4, 200  $\mu$ M ethylenediaminetetraacetic acid (EDTA), 0.02% NaN<sub>3</sub> or protein  $\beta$ 2m samples in 20 mM sodium phosphate buffer pH 2.5, 50 mM NaCl, 0.02% NaN<sub>3</sub>, were pipetted into wells of a 96-well halfarea plate of black polystyrene with a clear bottom and polyethylene glycol coating (Corning 3881), 50  $\mu$ L per well, which contained either 50  $\mu$ L of respective buffer or 50  $\mu$ L of mannan nanogel in respective buffer, resulting in final 10  $\mu$ M A $\beta$ (M1-40) or 40  $\mu$ M  $\beta$ 2m concentrations and final nanogel concentrations between 0.001 mg/mL and 0.9 mg/mL. All samples were supplemented with 20  $\mu$ M ThT. Plate was sealed with a plastic film (Corning 3095). The nanogel size was not affected in the buffers used as confirmed by DLS. Fibrillation of A $\beta$ (M1-40) and of  $\beta$ 2m at 37 °C was monitored by the temporal development of ThT binding in the absence and in the presence of mannan nanogel at 0.001–0.9 mg/mL.

The experiment was initiated by placing the 96-well plate at 37 °C and shaking at 100 rpm in a plate reader (Fluostar Omega, BMGLabtech, Offenburg, Germany). The ThT fluorescence was measured through the bottom of the plate every 6 min (with excitation filter 440 nm and emission filter 480 nm) with continuous shaking at 100 rpm between reads. The ThT fluorescence was followed for two different 96-well plates (one plate with 8 samples for  $A\beta(M1-40)$  and  $\beta 2m$  in pentaplicate, and another plate with 8 samples for  $A\beta(M1-40)$  and β2m in hexaplicate) yielding in total 11 kinetic traces per sample. Controls that ran with only nanogel with ThT showed that the nanogel did not interfere with the assay. The dye selectively binds to amyloid fibrils with an accompanying increase in fluorescence intensity [56,57]. Interaction of amyloid fibrils and protofibrils with ThT causes a red shift in its excitation spectrum [58], and ThT fluorescence is therefore a measure of fibrillogenesis. The kinetics aggregation data have a sigmoidal appearance and exhibits characteristics of a typical nucleation-dependent polymerization and growth process. The time course of fibrillogenesis includes a lag phase during which the concentration of ThT-positive aggregates is too low to be detected followed by a rapid exponential growth (elongation) of fibrils [59,60].

#### 3. Results and discussion

#### 3.1. Apolipoprotein corona around mannan nanogel

Samples of mannan nanogel incubated with human plasma for 24 h at 37 °C were separated by SEC. Two distinct peaks are seen in the elution profile (Fig. 1A upper panel). The major peak that elutes at fraction 71 is also found in SEC of plasma only and corresponds to the elution of unbound proteins. A minor peak elutes at around fraction 26. This peak is not seen in experiments with plasma only and likely corresponds to mannan nanogel associated with plasma proteins. In order to characterize the proteins associated with the nanogel, individual fractions 22 to 37 from four different experiments were pooled, precipitated with trichloroacetic acid and the proteins visualized by Coomassie blue after separation by SDS-PAGE (Fig. 1A middle panel). Several proteins are found in the precipitated fractions. In control experiments without mannan nanogel no proteins

are found in fractions 22 to 37 (Fig. 1A lower panel), which strongly indicates that these proteins are associated and co-elute with the nanogel. The protein profile of human plasma is shown in Fig. S3 in Supplementary data, and clearly it is different from the profile of plasma proteins associated with mannan nanogel. One protein with a molecular weight around 68 kDa is seen in all fractions when nanogel is added. This is likely to be HSA, which is the most prominent protein in plasma (about 35 mg/mL). The high concentration of HSA means that even if it binds to the nanogel with low affinity it is likely to co-elute and continuously detach from the nanogel over the elution time.

Another common way to separate particles with bound proteins from unbound proteins is by centrifugation. The mannan nanogel was mixed with human plasma and incubated 1 h at 37 °C. The mixture was centrifuged, the pellets washed and bound proteins dissolved in buffer with SDS and separated by SDS-PAGE (Fig. 1B). Several proteins are co-pelleted with the nanogel indicating that they are bound to the



**Fig. 1.** Protein corona around mannan nanogel. Colloidal dispersion of mannan nanogel in PBS incubated with human plasma for 24 h at 37 °C or pure plasma as control were separated by size exclusion chromatography: average absorbance at 280 nm of collected fractions of loaded human plasma in the absence (open circles) or in the presence (closed circles) of nanogel (upper panel A); Coomassie stained gels of plasma proteins associated with the nanogel (middle panel A) and control with only plasma (lower panel A), within individual fractions 22 to 37 pooled from four different experiments, precipitated with trichloroacetic acid. Coomassie stained gels of plasma proteins co-pelleted with mannan nanogel after 1 h (B) and 24 h (C) of incubation stirring at 37 °C of constant amount of mannan nanogel and increasing amount of plasma from left to right, in a fixed final volume.

nanogel in plasma. Longer time of incubation, higher nanoparticle concentrations, or higher concentration of plasma produced larger pellets during centrifugation experiments. No pelleted proteins were seen in experiments without nanogel (data not shown). Nanogel in buffer will not pellet at the same centrifugation speed showing that the density and/or aggregation properties of the mannan nanogel are changed after plasma proteins have bound. To identify the bound proteins, the five major protein bands were cut out from a similar SDS-PAGE, the proteins digested with trypsin and the peptides subjected to mass spectrometry. The five major proteins after 1 h of incubation are identified as apolipoproteins B-100, A-I and E, and HSA (Fig. 1B). One major protein band with an apparent molecular weight of 55 kDa is unidentified. This is a comparably simple protein corona. Most studied nanoparticles have a much more complex protein corona with a wide variety of proteins. One particle, the NIPAM:BAM copolymer, has a protein corona with mainly apolipoproteins, but without B-100 [11,12]. It would be interesting to compare the influence on the biocompatibility of the corona for these two materials with other nanoparticles.

A comparison of the bound proteins isolated by SEC and centrifugation, after incubation for 1 or 24 h, shows not only several similarities but also differences. The five major proteins are present in all conditions, but the ratios between the proteins are different. In the centrifugation experiments, apolipoproteins B-100 and A-I are the dominating proteins but after 24 h the ratio between HSA and apolipoproteins is larger than after 1 h of incubation (Fig. 1B and C). This change in ratios is more pronounced in SEC in which mannan nanogel also was incubated for 24 h in plasma before separation. In SEC experiments there is an extra major protein band around 50 kDa. This protein band also appears in centrifugation after 24 h of incubation but in much smaller amounts. These differences in the corona between 1 and 24 h indicate that the corona is formed through a slow process and that equilibrium is reached only after a long time. A time dependent corona has been observed for sodium citrate stabilized gold nanoparticles [22,24]. It was also shown that cell uptake of particles was different depending on the time particles were incubated in media before adding to the cells [61]. Consequently, time may be an important factor for how mannan nanogel interacts with the surrounding fluids and tissues after administration into the body.

## 3.2. Structural consequences of apoA-I and HSA binding to mannan nanogel

Protein binding to nanoparticles is often accompanied by a structural change in the proteins [16,37,41,62]. Two proteins in the corona around mannan nanogel, apoA-I and HSA were chosen for further analysis of the protein structure after binding to the nanogel. CD spectroscopy was used to follow changes in the secondary structure of the proteins. The CD spectrum of apoA-I has two minima at 222 and 208 nm, which are characteristic of the  $\alpha$ -helical structure (Fig. 2A). After adding mannan nanogel to apoA-I the negative signal at 222 and 208 nm is stronger, indicating an increase or stabilization of the  $\alpha$ -helical structure. Also HSA has  $\alpha$ -helical structure, but for HSA there are no significant changes in the structure after adding nanogel (Fig. 2C).

Intrinsic tryptophan fluorescence spectroscopy is used to follow changes in the tertiary structure of the proteins. The fluorescence spectra of apoA-I and HSA have maxima at 340 and 344 nm, respectively (Fig. 2B and D) indicating a folded protein structure in which the tryptophan side chain is buried in a hydrophobic internal environment. Adding mannan nanogel to the apoA-I causes a decreased



**Fig. 2.** Far-UV CD (A and C) and tryptophan fluorescence emission ( $\lambda_{ex}$  = 290 nm) (B and D) spectra of protein in the absence (black dashed line) or in the presence of a colloidal dispersion of mannan nanogel in PBS at 0.5 mg/mL (gray solid line) and at 1 mg/mL (black solid line) recorded at 37 °C after 1 h of incubation stirring at 37 °C. The left panel (A and B) shows spectra recorded with apoA-I at 0.1 mg/mL, and the right panel (C and D) shows spectra recorded with HSA 0.2 mg/mL.

intensity, indicating that the signal is quenched by nanogel or that the tryptophan side chain is buried in the interface between the protein and nanogel after protein binding. Adding mannan nanogel to HSA induces, in addition to the decrease in intensity, a blue shift in the wavelength maximum, indicating that the environment around the tryptophan side chains is more hydrophobic after binding to the nanogel.

ApoA-I is the main protein in high-density lipoprotein (HDL) particle and central in the lipid metabolism. A structural change in the protein altering the function of apoA-I could thereby influence the lipid metabolism in a potential harmful way. An increase of helical structure in apoA-I is also seen when it binds to phospholipids in HDL [63–65]. The structural change seen in both cases may be caused by stabilization of the protein structure normally occurring when apoA-I binds to a spherical surface.



**Fig. 3.** Time dependent binding of apoA-I (black) and HSA (gray) at 0.1 mg/mL to mannan nanogel at 0.6 mg/mL in PBS at 37 °C. Normalized tryptophan emission intensity ( $\lambda_{ex}$  = 290 nm) at 345 nm as function of time (A). Fluorescence titration of apoA-I (black) and HSA (gray) solutions at 0.1 mg/mL in the presence of colloidal dispersions of mannan nanogel at various concentrations in PBS after stirring 1 h (open circles) and 24 h (closed circles) at 37 °C. Normalized fluorescence intensity at 345 nm as function of mannan nanogel concentration (B).



**Fig. 4.** The effect on thrombin generation by mannan nanogel. Plasma was incubated in the absence (solid line) or in the presence (dashed line) of a colloidal dispersion of mannan nanogel at 1 mg/mL, and tested for thrombin generation using the thrombin generation assay. The first derivative, fluorescence units/min, is shown (average, n = 3).

#### 3.3. Time dependent binding between apoA-I and mannan nanogel

The centrifugation experiments in human plasma showed that ratios between proteins in the corona change over time. In general this is expected as predicted by the Vroman effect; proteins present at high concentration in plasma will bind first but will be replaced over time by proteins with lower concentrations but higher affinity. However, for mannan nanogel also the total amount of proteins in the corona appeared to be lower after 24 h compared to after 1 h. A plausible scenario is that the proteins and/or the mannan nanogel structures are changed slowly over time whereby the time to reach equilibrium will be many hours. One such scenario could be that the proteins with time enter the nanogels and interact with the hydrophobic domains inside the nanogels. To test if the proteins' structural change is time dependent, the intrinsic tryptophan fluorescence was measured after 1 and 24 h. A clear difference in intensity is seen for apoA-I, but not for HSA after 1 and 24 h of incubation with nanogel (Fig. S2 in Supplementary data). To further characterize the time dependency, the intensity from the proteins in the presence of nanogel at 0.6 mg/mL was obtained at different time points (Fig. 3A). The intensity from HSA is constant while the intensity from apoA-I decreases over time. The most prominent change takes place within 1 h, but the intensity continues to decrease for several hours indicating that the process of apoA-I binding to the nanogel is slow. The affinity of the binding is compared by measuring the intensity at 345 nm after 1 h (open circles) and 24 h (closed circles) for apoA-I (black circles) and HSA (gray circles) in increasing concentrations of mannan nanogel (Fig. 3B). The intensity decreases with increasing concentrations of nanogel for both apoA-I and HSA. No differences are seen between the titration curves for HSA after 1 and 24 h, and at high concentrations of nanogel the intensity is constant indicating that all proteins are bound to the nanogel. In contrast there is a striking difference between the titration curves after 1 and 24 h of incubation of nanogel and apoA-I. The intensity decreases more at nanogel concentrations over 0.3 mg/mL after 24 h of incubation than after 1 h, indicating that more proteins are bound to the nanogel or that a different structural change has occurred after 24 h of incubation. As the estimated amount of apoA-I on the particle is lower after 24 h than after 1 h of incubation (Fig. 1B) the explanation that apoA-I undergoes a slow structural change, which may involve interactions with hydrophobic domains inside the mannan nanogel, is more plausible. The stability in size of nanogel over time was tested by measuring the mean hydrodynamic diameter of the mannan nanogel in the presence and in the absence of HSA (Fig. S4 in Supplementary data). No significant changes were observed indicating that the nanogel is stable over the time frame of the measurement. The time dependent structural changes that were seen in the corona

proteins emphasize the importance of studying the biocompatibility over time.

Attempts were made to estimate the affinity from the titration experiments. The dissociation constant ( $K_D$ ) of HSA-nanogel complex is estimated to be in  $\mu$ M range (not shown). A similar value of  $K_D$ , 6  $\mu$ M, was obtained by isothermal titration calorimetry (Fig. S5 in Supplementary data), indicating that HSA binds with low affinity to the mannan nanogel. The apoA-I data could not be fitted using Langmuir equation. Low affinity of albumin binding has been observed for other nanoparticles NIPAM:BAM copolymer, 0.83  $\mu$ M [66]; 20 nm gold, 2.5  $\mu$ M [62]; and polystyrene, 1.2  $\mu$ M [41]. The low affinity, compared to for example the higher affinity, 1 nM, of apoA-I to NIPAM:BAM copolymer [21], explains why only small amount of HSA is found on the particles although the plasma concentration is high.

#### 3.4. Mannan nanogel does not affect blood coagulation

The effect on blood coagulation by mannan nanogel was tested by the thrombin generation assay. No inhibition or stimulation of the thrombin generation is seen when mannan nanogel is added to the system (Fig. 4). In another study, using the same assay, aminemodified polystyrene nanoparticles (0.5 mg/mL) inhibited the thrombin generation whereas 220 nm carboxyl-modified polystyrene nanoparticles (0.5 mg/mL) promoted the thrombin generation [43]. Several other nanoparticles can act as procoagulants in the same assay, for example carbon black, silicon dioxide, silicon carbide, titanium carbide and copper oxide nanoparticles [44]. As shown above the protein corona around mannan nanogel is, in contrast to most other nanoparticles studied, simple and consists mainly of apolipoproteins. For NIPAM:BAM copolymer nanoparticles, however, a similar protein corona of apolipoproteins was described [11,12]. An increase of the more hydrophilic NIPAM part leads to decreased amount of proteins bound, but that did not change the identity of the proteins [11,12]. To compare two different polymer particles with similar protein corona, NIPAM coated gold nanoparticles were tested by the thrombin generation assay (Fig. S6 in Supplementary data). No stimulation of the coagulation was seen. Maybe a simple corona of apolipoproteins is less prone to stimulate the coagulation and is a sign of biocompatibility from a coagulation perspective.

#### 3.5. Mannan nanogel retards $A\beta(M1-40)$ and $\beta 2m$ fibrillation

The formation of amyloid aggregates was studied in the absence and in the presence of mannan nanogel using a continuous ThT binding assay. A significant increase in ThT fluorescence was observed over time, suggesting amyloid fibrils are formed both with and without nanogel present. However, the presence of mannan nanogel leads to a slight retardation of both A $\beta$ (M1-40) and  $\beta$ 2m fibrillation at nanogel concentrations in the range 0.03–0.9 mg/mL where the aggregation is delayed by at most a factor of two–three (Fig. 5). An important result is that under no conditions do we see any acceleration of aggregation as has been observed for other nanoparticles [49,50]. Thus it appears that the nanogel acts to reduce the rate of nucleation, but the elongation rate is essentially unaffected by the presence of the nanogel. At constant A $\beta$ (M1-40) and  $\beta$ 2m concentration, the time



**Fig. 5.** Fibrillation of  $A\beta(M1-40)$  (A and B) and of  $\beta$ 2m (C and D) at 37 °C monitored by the temporal development of thioflavin T (ThT) binding. ThT fluorescence intensity as function of time for 10  $\mu$ M  $A\beta(M1-40)$ , in 20 mM sodium phosphate buffer pH 7.4, 200  $\mu$ M EDTA, 0.02% NaN<sub>3</sub> (A) or 40  $\mu$ M  $\beta$ 2m, in 20 mM sodium phosphate buffer pH 2.5, 50 mM NaCl, 0.02% NaN<sub>3</sub> (C), in the absence (dash line) or in the presence (solid line) of mannan nanogel at 0.03 mg/mL, as an example. Each sample contained 20  $\mu$ M ThT. Five replicates of a representative experiment are shown. Half-time of fibrillation ( $t_{1/2}$ ) as function of the log of mannan nanogel concentration (0–0.9 mg/mL) for  $A\beta(M1-40)$  (B) and  $\beta$ 2m (D). Error bars indicate the standard deviation of the average of 11 replicates, 5 and 6 of two independent experiments.

required to reach half of the maximum fluorescence intensity ( $t_{1/2}$ ), increases with the increase in mannan nanogel concentration suggesting that the formation of fibrils is delayed by interaction of A $\beta$ (M1-40) and  $\beta$ 2m with the nanogel. Moreover, the inhibitory effect is clearly concentration dependent. Addition of nanogel at a concentration 0.03 mg/mL is needed in order to see a significant effect. This is the first concentration tested above the cac or cmc equal to 0.01 mg/mL, which corresponds to the self-assembly of the amphiphilic monomers of MVC<sub>16</sub>-31-20 and to the formation of the mannan nanogel.

So far studies indicate that it is the composition of nanoparticles and their surface characteristics that determine their impact on fibrillogenesis [45]. The mannan nanogel acts as artificial chaperones to inhibit the formation of A $\beta$ (M1-40) and  $\beta$ 2m fibrils. Hydrophobicity and hydrogen bonding between A $\beta$ (M1-40) or  $\beta$ 2m and mannan nanogel, through their hydrophobic domains and polar groups of polymer backbone, respectively, may play a role in binding and/or preventing the nucleation and elongation of the fibrils. The present study was performed using pure A $\beta$ (M1-40) or  $\beta$ 2m without competition from other proteins for binding to the nanoparticle surface, which are conditions dissimilar to those *in vivo* in terms of salts, metabolites and biological membranes, and unlike any realistic clinical situation. Still, systematic investigation *in vitro* of the aggregation process shows evidence of a retardation effect of mannan nanogel in fibrillation, an extraordinary hint of its biosafety and promising biomedical applicability.

#### 4. Conclusions

The corona around nanogel is quite specific and simple, and contains a small number of proteins including apolipoproteins B-100, A-I and E, and HSA. The protein corona evolves over time and is formed through a slow process, and the equilibrium is reached only after ca. 24 h. Interaction with the mannan nanogel leads to an increased or unchanged  $\alpha$ helical structure for apoA-I and HSA, respectively. After binding of HSA to the nanogel, the environment around the tryptophan side chains is more hydrophobic. Moreover, blood coagulation is unperturbed and A $\beta$ (M1-40) and  $\beta$ 2m fibrillation is retarded by mannan nanogel suggesting biosafety, which is mandatory for nanomaterials to be used in biomedical applications.

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