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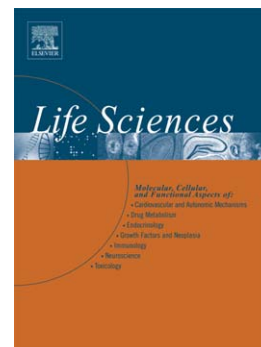
Phenolic compounds protect HepG2 cells from oxidative damage: Relevance of glutathione levels

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1 **Phenolic compounds protect HepG2 cells from oxidative damage: Relevance of**
2 **glutathione levels**

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13

14 **Abstract**

15 In the present work, the potential hepatoprotective effects of five phenolic compounds
16 against oxidative damages induced by *tert*-butyl hydroperoxide (*t*-BHP) were evaluated
17 in HepG2 cells in order to relate *in vitro* antioxidant activity with cytoprotective effects.
18 *t*-BHP induced considerable cell damage in HepG2 cells as shown by significant LDH
19 leakage, increased lipid peroxidation, DNA damage as well as decreased levels of
20 reduced glutathione (GSH). All tested phenolic compounds significantly decreased cell
21 death induced by *t*-BHP (when in co-incubation). If the effects of quercetin are given
22 the reference value 1, the compounds rank in the following order according to inhibition
23 of cell death: luteolin (4.0) > quercetin (1.0) > rosmarinic acid (0.34) > luteolin-7-
24 glucoside (0.30) > caffeic acid (0.21). The results underscore the importance of the
25 compound's lipophilicity in addition to its antioxidant potential for its biological

26 activity. All tested phenolic compounds were found to significantly decrease lipid
27 peroxidation and prevent GSH depletion induced by *t*-BHP, but only luteolin and
28 quercetin significantly decreased DNA damage. Therefore, the lipophilicity of the
29 natural antioxidants tested appeared to be of even greater importance for DNA
30 protection than for cell survival. The protective potential against cell death was
31 probably achieved mainly by preventing intracellular GSH depletion. The phenolic
32 compounds studied here showed protective potential against oxidative damage induced
33 in HepG2 cells. This could be beneficial against liver diseases where it is known that
34 oxidative stress plays a crucial role.

35

36 **Keywords:** Phenolic compounds; Liver; Oxidative stress; HepG2 cells; *tert*-butyl
37 hydroperoxide; Antioxidants

38 Introduction

39 An overall increase in cellular levels of reactive oxygen species (ROS) above the cells'
40 defenses results in oxidative stress that can ultimately cause cell death. Oxidative stress has
41 been recognized to be involved in the etiology of several age-related and chronic diseases
42 such as cancer, diabetes, neurodegenerative and cardiovascular diseases (Tiwari, 2004; Cui
43 et al., 2004; Ceriello and Motz, 2004; Klaunig and Kamendulis, 2004; Willcox et al., 2004;
44 Ballinger, 2005; Gibson and Huang, 2005). In particular with respect to liver diseases such
45 as hepatocellular carcinoma, viral and alcoholic hepatitis and non-alcoholic steatosis, it is
46 known that ROS and reactive nitrogen species play a crucial role in disease induction and
47 progression (Adachi and Ishii, 2002; Loguercio and Federico, 2003; Vitaglione et al.,
48 2004). The liver is particularly susceptible to toxicants since the portal vein brings blood to
49 this organ after intestinal absorption. The absorbed drugs and xenobiotics in a concentrated
50 form can cause ROS- and free radical-mediated damage that may result in inflammatory
51 and fibrotic processes (Jaeschke et al., 2002).

52 Because oxidative stress plays a central role in liver diseases pathology, dietary
53 antioxidants have been proposed as therapeutic agents to counteract liver damage
54 (Vitaglione et al., 2004). This same idea has also been suggested for other oxidative stress-
55 based chronic diseases (Tiwari, 2004; Willcox et al., 2004). In fact, several
56 epidemiological studies have shown that diets rich in fruit and vegetables and other plant
57 foods (including tea and wine) are associated with a decreased risk of premature death and
58 mortality from chronic diseases, such as cardiovascular diseases and some types of cancer
59 (Stanner et al., 2004; Scalbert et al., 2005). Phenolic compounds (PhC), and in particular
60 polyphenols, are believed to be, at least in part, responsible for such effects. Results from
61 some human clinical trials support the role of these compounds in prevention of some

62 chronic diseases (Ren et al., 2003; Spencer et al., 2004; Tiwari, 2004; Willcox et al., 2004;
63 Scalbert et al., 2005).

64 Today much is known about the chemistry and antioxidant potential of PhC as a result of
65 in vitro chemical and sub-cellular studies (Rice-Evans et al., 1997; Croft, 1998). However,
66 besides their strong free radical scavenging activity, PhC can also act as antioxidants by
67 chelating metal ions, preventing radical formation, and indirectly by modulating enzyme
68 activities and altering the expression levels of important proteins, such as antioxidant and
69 detoxifying enzymes (Ferguson, 2001; Ross and Kasum, 2002; Ferguson et al., 2004). Few
70 studies, however, address the biological effects of PhC, and the ones performed using
71 cellular and in vivo models indicate a poor correlation between the antioxidant potency of
72 PhC measured in vitro and the compound's biological activity. The biological effect of
73 PhC and their in vivo circulating metabolites will ultimately depend on their cellular
74 uptake and/or the extent to which they associate with cell membranes (Spencer et al.,
75 2004).

76 HepG2 cells, a human hepatoma cell line, are considered a good model to study in vitro
77 xenobiotic metabolism and toxicity to the liver, since they retain many of the specialized
78 functions which characterize normal human hepatocytes (Knasmuller et al., 1998). In
79 particular, HepG2 cells retain the activity of many phase I, phase II and antioxidant
80 enzymes ensuring that they constitute a good tool to study cytoprotective, genotoxic and
81 antigenotoxic effects of compounds (Knasmuller et al., 2004; Mersch-Sundermann et al.,
82 2004). Recently, studies of cytoprotection by natural antioxidants in HepG2 cells have
83 increasingly been using *tert*-butyl hydroperoxide (*t*-BHP), an organic hydroperoxide, as the
84 toxic agent (Thabrew et al., 1997; Kinjo et al., 2003; Mersch-Sundermann et al., 2004; Lee
85 et al., 2005a, 2005b; Alia et al., 2006). *t*-BHP can be metabolized in the hepatocyte by
86 glutathione peroxidase, generating oxidized glutathione (GSSG) (Sies and Summer, 1975;

87 Rush et al., 1985). GSSG is converted back to reduced glutathione (GSH) at the expense of
88 NADPH by glutathione reductase (GR). Depletion of GSH and NADPH oxidation are
89 associated with altered calcium homeostasis, leading to loss of cell viability (Bellomo et al.,
90 1982; Martin et al., 2001). Alternatively, *t*-BHP can be converted into its peroxy and
91 alkoxy free radicals by cytochrome P450 enzymes and by free iron-dependent reactions.
92 These free radicals can subsequently initiate lipid peroxidation, form covalent bonds with
93 cellular molecules (such as DNA and proteins) and further decrease GSH levels. The latter
94 effect, in addition to altering calcium homeostasis, affects mitochondrial membrane
95 potential, eventually causing cell death (Rush et al., 1985; Nicotera et al., 1988; Masaki et
96 al., 1989; Davies, 1989; Buc-Calderon et al., 1991; Kass et al., 1992; VanderZee et al.,
97 1996; Hix et al., 2000).

98 In this study we evaluate hepatoprotective effects of PhC against *t*-BHP-induced oxidative
99 damage in HepG2 cells, in order to relate in vitro antioxidant activity with cytoprotective
100 effects. Two phenolic acids, caffeic acid and rosmarinic acid (an ester of caffeic acid and
101 3,4-dihydroxyphenyllactic acid), and three flavonoids, luteolin (flavone), luteolin-7-
102 glucoside (flavone glycoside) and quercetin (flavonol), were used (Fig. 1). Firstly, the
103 concentrations of PhC that protected by 50% (IC_{50}) against *t*-BHP-induced cell death were
104 determined. Based on the IC_{50} values for each compound, biological activity was related to
105 both antiradical efficiency and hydrophobicity. Subsequently, IC_{80} values, a concentration
106 that effectively protects 80% of the cells against *t*-BHP-induced cell death, were used to
107 evaluate the effects of each compound on several markers of oxidative damage, such as
108 intracellular glutathione, lipid peroxidation, glutathione-related enzyme such as
109 glutathione-S-transferase (GST), GR and glutathione peroxidase (GPox), as well as on
110 DNA damage. The relative importance of effects of PhC on these parameters to protection
111 against *t*-BHP-induced cell death is discussed.

112

113 **Materials and methods**114 *Chemicals*

115 Minimum Essential Medium Eagle (MEM), *tert*-butyl hydroperoxide, quercetin,
116 rosmarinic acid, caffeic acid and Bradford reagent were purchased from Sigma-Aldrich
117 (St. Louis, MO, USA). Fetal bovine serum (FBS) was obtained from Biochrom KG
118 (Germany). Luteolin and luteolin-7-O-glucoside were purchase from Extrasynthese
119 (Genay, France). All other reagents were of analytical grade.

120

121 *Cell culture*

122 HepG2 cells (hepatocellular carcinoma cell line), obtained from the American Type
123 Culture Collection (ATCC), were maintained in culture in 75 cm² polystyrene flasks
124 (Falcon) with MEM containing 10% FBS, 1% antibiotic -antimycotic solution, 1 mM
125 sodium pyruvate and 1.5 g/l sodium bicarbonate under an atmosphere of 5% CO₂ at 37°C.

126

127 *Assay for *t*-BHP cytotoxicity and protection by phenolic compounds*

128 HepG2 cells were plated in 24-multiwell culture plates at 2.5×10^5 cells per well. To study
129 *t*-BHP cytotoxicity, forty hours after plating, the medium was discarded and fresh medium
130 containing *t*-BHP at various concentrations was added. At different time points, cellular
131 viability was determined by the MTT assay (Mosmann, 1983) and by lactate
132 dehydrogenase (LDH) leakage assay (Lima et al., 2005). In order to determine the
133 concentration of PhC that protects 50% of the cells from damage induced by the toxicant
134 (IC₅₀), cells were incubated with 2 mM of *t*-BHP for 5 h to induce significant cell death.
135 The prevention of LDH leakage (cell death) was measured in co-incubations with PhC
136 dissolved in DMSO (1% v/v final concentration, controls with DMSO only) at several

137 concentrations. The IC_{50} and the Hill slope – the slope of the PhC concentrations (in
138 logarithm) plotted versus cell death protection relative to the control (2 mM *t*-BHP, 5 h) –
139 were calculated graphically using a computer program (GraphPad Prism, version 4.00,
140 GraphPad Software Inc.). Based on the dose–response curves of cell death protection by
141 PhC against the *t*-BHP-induced oxidative damage in HepG2 cells, the IC_{80} concentrations
142 were estimated and used in the following experiments to evaluate the protective potential
143 of the compounds on several cellular parameters.

144

145 *Evaluation of the effects of t-BHP and PhC at the IC_{80} concentration on lipid peroxidation,*
146 *glutathione levels and glutathione-related enzyme activities in HepG2 cells*

147 HepG2 cells were plated in 6-multiwell culture plates at 7.5×10^5 cells per well. Forty hours
148 after plating, the medium was discarded and fresh medium containing 2 mM *t*-BHP and/or
149 the IC_{80} concentration of each PhC was added. Five hours later, cell culture medium and
150 cell scrapings were harvested and kept at -80°C for following quantification of several
151 parameters. Cell scrapings were harvested in lysis buffer (25 mM KH_2PO_4 , 2 mM MgCl_2 ,
152 5 mM KCl, 1 mM EDTA, 1 mM EGTA, 100 μM PMSF, pH 7.5) after rinsing the cells
153 with PBS (137 mM NaCl, 2.7 mM KCl, 8.5 mM Na_2HPO_4 , 1.5 mM KH_2PO_4 , pH 7.4).

154

155 *Evaluation of the effects of t-BHP and PhC at the IC_{80} concentration on DNA damage in*
156 *HepG2 cells*

157 HepG2 cells were plated in 6-multiwell culture plates at 5×10^5 cells per well. To study *t*-
158 BHP-induced DNA damage, 16 h after plating, the medium was discarded and fresh
159 medium containing *t*-BHP at various concentrations was added. After 1 hour of incubation,
160 cells were rinsed in warm PBS and then incubated for 5 min with 0.125% (w/v) trypsin in
161 PBS. The cells were then harvested in PBS to be used in the alkaline version of the comet

162 assay for evaluation of DNA damage. To study the protective potential of PhC at IC₈₀
163 concentration on *t*-BHP-induced DNA damage, cells were incubated with 200 μ M *t*-BHP
164 for 1 h to induce significant DNA damage. For that, sixteen hours after plating, the
165 medium was discarded and fresh medium containing 200 μ M *t*-BHP and/or the IC₈₀
166 concentration of each PhC was added to the cells. After 1 h incubation, cells were treated
167 as above to carry out the comet assay.

168

169 *Comet assay*

170 The single cell gel electrophoresis (comet) assay was performed based on previous
171 descriptions (Klaude et al., 1996; Uhl et al., 1999, 2000) with slight modifications. Briefly,
172 40,000 cells in PBS were centrifuged (80 \times g, 2 min), the pellet was mixed with 100 μ l of
173 low melting agarose 0.5% (w/v) in PBS, at 37°C and spread on agarose coated slides. The
174 agarose was allowed to set at 4°C for 10 min, and then the slides were immersed in lysis
175 buffer (2.5 M NaCl, 100 mM EDTA, 10 mM Tris, pH 10 with NaOH, triton X-100 1% v/v
176 added fresh) at 4°C for 2 h. After being rinsed with distilled water, the slides were
177 immersed in a horizontal electrophoresis tank with electrophoresis buffer (300 mM NaOH,
178 1 mM EDTA, pH >13) at 4°C and exposed for 40 min to allow alkaline unwinding.
179 Afterwards, electrophoresis was carried out under alkaline conditions for 20 min, 300 mA,
180 at 0.8 V/cm in a cold room (4°C). Finally, the slides were neutralized by washing three
181 times for 5 min each with 0.4 M Tris, pH 7.5, at 4°C, fixed with methanol and kept at 4°C
182 until evaluation. For analysis of the comet images, the DNA was stained with ethidium
183 bromide and scored under a fluorescent microscope using a computer assisted image
184 analysis system and/or a visual scoring method avoiding analyzing cells at the edges of the
185 gel. The computer image analyses were done using a public domain image-analysis
186 program – NIH image (Helma and Uhl, 2000), and the results expressed in terms of tail

187 length, tail moment and % DNA in tail of 50 cells in 4 independent experiments. In the
188 semiquantitative method of visual scoring, the comet images were classified in five classes
189 according to the intensity of fluorescence in the comet tail, attributing a value of 0, 1, 2, 3
190 or 4 from undamaged to maximal damage. In this way, the total score for 100 images can
191 range from 0 (all undamaged) to 400 (all maximally damaged, giving the overall DNA
192 damage of the cell population expressed in arbitrary units (Duthie and Dobson, 1999;
193 Duthie, 2003).

194

195 *Biochemical analyses*

196 *Lipid peroxidation*

197 The extent of lipid peroxidation was estimated by the levels of malondialdehyde measured
198 using the thiobarbituric acid reactive substances (TBARS) assay at 535 nm following a
199 methodology previously described (Lima et al., 2005). The results are expressed as
200 nmol/mg of protein using a molar extinction coefficient of $1.56 \times 10^5 \text{ M}^{-1} \text{ cm}^{-1}$.

201 *Glutathione levels*

202 The glutathione levels from the cell cultures were determined by the DTNB-GSSG
203 reductase recycling assay as previously described (Anderson, 1985), with some
204 modifications (Lima et al., 2004). The results are expressed as nmol GSH/mg of protein.

205 *Glutathione-related enzyme activities*

206 For measurement of the glutathione-related enzyme activities, the cell scraping
207 homogenates were centrifuged at $10,000 \times g$ for 10 min at 4°C and the supernatant
208 collected.

209 GST and GR activities were measured spectrophotometrically at 30°C as previously
210 described (Lima et al., 2005) and the results expressed in nmol/min/mg protein (mU/mg).

211 The selenium-dependent and -independent GPox activity was assayed as previously
212 described (Martin-Aragon et al., 2001) with some modifications. Briefly, GPox activity
213 was measured at 30°C following NADPH oxidation at 340 nm on a plate reader
214 spectrophotometer (Spectra Max 340pc, Molecular Devices, Sunnyvale, CA, USA) in the
215 presence of 1 mM GSH, 0.18 mM NADPH, 1 mM EDTA, 0.5 U/ml GR and 0.7 mM *t*-
216 BHP in 50 mM imidazole (pH 7.4). The activity was expressed as nmol of substrate
217 oxidized per minute per mg of protein (mU/mg).

218 *Protein*

219 Protein content was measured with the Bradford Reagent purchased from Sigma using
220 bovine serum albumin as a standard.

221

222 *Antiradical activity*

223 The free radical scavenging (antiradical) activity of PhC was studied against two radicals:
224 the stable free radical 2,2-diphenyl-1-picrylhydrazyl (DPPH?) and the superoxide radical.
225 For DPPH scavenging activity, after addition of different concentrations of PhC to DPPH
226 (90 μ M), the percentage of remaining DPPH was determined at different times from the
227 absorbance at 515 nm using a plate reader spectrophotometer. As suggested by Sanchez-
228 Moreno and collaborators (Sanchez-Moreno et al., 1998), the amount of antioxidant
229 necessary to decrease by 50% the initial DPPH concentration (IC_{50}) was expressed in terms
230 of initial concentration of DPPH to make the results easier comparable with other
231 published results. However, we put the results of the PhC in terms of moles instead of
232 grams to better relate the results with the chemical structures (Fig. 1) of the PhC studied.
233 We also calculated the parameter antiradical efficiency (AE) (Sanchez-Moreno et al.,
234 1998) using the estimated $T_{IC_{50}}$ – time needed to reach the steady state at the corresponding
235 IC_{50} concentration, where $AE = 1/(IC_{50} \times T_{IC_{50}})$. Finally, a new parameter is also shown –

236 the Hill slope, the graphically calculated slope from the plotted PhC concentration (in
237 logarithm) versus the remaining DPPH concentration (GraphPad Prism). The higher this
238 value, the narrower the concentration range from 0 to 100% of antiradical activity. This
239 graph was also used to calculate the IC₅₀ of each compound.

240 The superoxide radical scavenging activity was determined using the phenazine
241 methosulphate-NADH nonenzymatic assay as previously described (Valentao et al., 2001).

242 As for DPPH assay, we also show the Hill slope from the graphics used to calculate the
243 IC₅₀ (GraphPad Prism).

244

245 *Measurement of the partition coefficients*

246 The degree of hydrophobicity of the PhC was examined by measuring the partition
247 coefficients taken in logarithm using an n-octanol/HEPES system (K_{ow}) as previously
248 described (Areias et al., 2001), at ambient temperature (~25°C).

249

250 *Statistical analysis*

251 Data are expressed as means ± SEM. Statistical significances were determined using a one-
252 way ANOVA followed by the Student-Newman-Keuls post-hoc test. *P* values = 0.05 were
253 considered statistically significant.

254

255 **Results**

256 *t*-BHP cytotoxicity

257 The cytotoxicity of *t*-BHP to liver cells has been extensively studied although its
258 mechanisms of action have not been totally established (Sies and Summer, 1975; Cadenas
259 and Sies, 1982; Bellomo et al., 1982; Rush et al., 1985; Jewell et al., 1986; Nicotera et al.,
260 1988; Masaki et al., 1989; Davies, 1989; Buc-Calderon et al., 1991; Kass et al., 1992; Hix

261 et al., 2000; Martin et al., 2001). Recently, HepG2 cells have been used to study the
262 hepatotoxicity of *t*-BHP (Kim et al., 1998, 2000; Piret et al., 2002, 2004; Alia et al., 2005),
263 and this model suggested to evaluate the protective properties of natural compounds and
264 plant extracts against oxidative damages (Thabrew et al., 1997; Kinjo et al., 2003; Lee et
265 al., 2005a, 2005b; Alia et al., 2006). However, because the cell's response to *t*-BHP
266 depends on culture conditions, we first studied HepG2 cells' response to *t*-BHP dose (1
267 mM and 2 mM) and incubation time (1-16 h) by measuring LDH leakage and by the MTT
268 assay (Fig. 2). All our experiments with HepG2 cells were done with a culture medium
269 containing 10% (v/v) FBS. LDH leakage and MTT assay gave similar results for effects on
270 cell viability in response to *t*-BHP at both studied concentrations (Fig. 2). In the subsequent
271 studies, cell incubations were performed with 2 mM of *t*-BHP for 5 h to induce 40-50% of
272 cell death (Fig. 2) and used to evaluate the hepatoprotective potential of PhC against this
273 oxidant insult.

274

275 *Potential hepatoprotective effects of the PhC against t-BHP-induced toxicity in HepG2* 276 *cells*

277 The potential hepatoprotective effects of the five PhC against the *t*-BHP-induced toxicity
278 (2 mM, 5 h) was evaluated by determining protection of cell viability, as measured by
279 LDH leakage (Fig. 3) in HepG2 cells. From the graphically computed values (Fig. 3), IC₅₀
280 and Hill slope values for each compound were obtained (Table 1). As shown in Table 1, of
281 the tested compounds, luteolin had the highest protective activity against *t*-BHP-induced
282 toxicity. The glycosylation of the hydroxyl group at position 7, present in luteolin-7-
283 glucoside, significantly decreased both IC₅₀ and Hill slope (Table 1). Quercetin, the
284 flavonol of luteolin, in addition to a higher IC₅₀ also had a lower Hill slope, indicating a
285 lower hepatoprotective potential when compared to the flavone. Rosmarinic and caffeic

286 acids had lower protective potentials against the oxidant insult to HepG2 cells when
287 compared to the flavonoids – higher IC_{50} values and lower Hill slopes (Table 1).
288 Comparing the phenolic acids (Table 1), the polyphenol rosmarinic acid had higher
289 hepatoprotective potential than caffeic acid, which correlates well with the presence of one
290 more ortho dihydroxy phenolic structure (Fig. 1).

291 Based on the dose–response curves of protection from cell death, the PhC IC_{80}
292 concentrations were extrapolated (Table 1) and used to evaluate the effects of each
293 compound against *t*-BHP-induced oxidative injuries in HepG2 cells in terms of lipid
294 peroxidation, glutathione levels, glutathione-related enzyme activities and DNA damage.
295 The level of protection of cell viability obtained for each compound was correlated with
296 the effect on each of the several parameters outlined above.

297

298 *Effects of the t-BHP and PhC at the IC_{80} concentration on lipid peroxidation, glutathione*
299 *levels and glutathione-related enzyme activities in HepG2 cells*

300 The incubation of HepG2 cells with 2 mM *t*-BHP for 5 h decreased cell viability by 40-
301 50% (Fig. 2), along with a significant increase in lipid peroxidation and GSSG levels
302 (Table 2), as well as a decrease in GSH levels (Fig. 4). The toxicant also significantly
303 decreased the GR and GPox activities and had no significant effect on GST activity (Table
304 3).

305 All the PhC tested at IC_{80} concentration decreased significantly the *t*-BHP-induced
306 increase in lipid peroxidation (Table 2), caffeic acid being the most powerful with a 35%
307 reduction and the weakest being luteolin-7-glucoside with a 25% reduction. None of the
308 PhC significantly changed lipid peroxidation and GSSG levels in cells incubated alone
309 (without *t*-BHP) for 5 hours. As shown in Table 2, all the compounds reduced the *t*-BHP-
310 induced increases in GSSG levels, but the effect was significant only for rosmarinic acid.

311 The decrease in the GSH levels induced by *t*-BHP was significantly attenuated by all of the
312 PhC (Fig. 4). Luteolin-7-glucoside showed the best protective effect (81%) against the *t*-
313 BHP-induced decrease in GSH levels, followed by luteolin (53%), quercetin (40%), caffeic
314 acid (36%) and rosmarinic acid (34%). When HepG2 cells were incubated alone with the
315 PhC for 5 h, rosmarinic acid and the three tested flavonoids slightly decreased basal GSH
316 levels, although not significantly (Fig. 4). When this effect is taken into consideration,
317 luteolin-7-glucoside almost completely prevented the decrease of GSH induced by the
318 toxicant.

319 When incubated alone with HepG2 cells, luteolin-7-glucoside decreased significantly the
320 GST activity by 17% (Table 3). As observed in Table 3, the *t*-BHP-induced decreases in
321 GR and GPox activities were only slightly attenuated by the PhC, and only quercetin
322 showed a significant protective effect (19%) on GPox activity.

323

324 *t*-BHP-induced DNA damage in HepG2 cells

325 The extent of DNA damage produced by 1-hour incubations with increasing concentrations
326 of *t*-BHP were determined by the comet assay and the images analyzed both by computer
327 assisted program and visual scoring. This model of *t*-BHP-induced DNA damage in
328 HepG2 cells has been used by other authors (Woods et al., 1999, 2001). As stated
329 previously, due to effects of culture conditions a dose–response to *t*-BHP on DNA damage
330 was studied. As shown in Figure 5, *t*-BHP concentrations of 200 μ M and higher result in
331 significant DNA damage as visualized by the comet assay. The semiquantitative method of
332 visual scoring used has been extensively validated by comparison with computerized
333 image analysis systems and correlates well with more quantitative measures, such as %
334 DNA in the tail and tail moment (Duthie, 2003). Our results also showed good correlations
335 between the semiquantitative method and the parameters given by computer analysis

336 system (Fig. 5E). To evaluate the effect of the PhC at IC_{80} concentration on *t*-BHP-induced
337 DNA damage, HepG2 cells were co-incubated for 1 h with the different PhC plus 200 μ M
338 *t*-BHP, and the DNA damage was assessed using the alkaline version of the comet assay
339 (results scored using the semiquantitative method). Incubation conditions of 1 h with 200
340 μ M *t*-BHP were chosen to test the protective effects of PhC because intermediate damage
341 to the DNA was produced (~200 AU).

342

343 *Effects of PhC at the IC_{80} concentration on *t*-BHP-induced DNA damage in HepG2 cells*

344 Of the PhC tested, quercetin and luteolin conferred the best protection against *t*-BHP-
345 induced DNA damage (Fig. 6). Even if the IC_{80} concentration for luteolin is 4 times lower
346 than that for quercetin (Table 1), luteolin gave better protection than the flavonol (76% and
347 58%, respectively) (Fig. 6). Both quercetin (Fig. 7) and luteolin (data not shown) showed a
348 concentration-dependent DNA protection. As shown in Figure 7B, the protective effect of
349 quercetin was visually clear in the comet assay images. Rosmarinic acid (14%) and
350 luteolin-7-glucoside (18%) also protected significantly from DNA damages, although to a
351 much lower extent. At IC_{80} concentration, caffeic acid did not show protection of the
352 DNA. None of the PhC tested induced DNA damage when incubated alone for 1 h at IC_{80}
353 concentration (Fig. 6).

354

355 *Antiradical activity*

356 The antiradical activity of the PhC used in this study was evaluated by the DPPH and
357 superoxide radical scavenging assays. Figure 8 shows graphically the results from the
358 DPPH scavenging assay of caffeic acid as an example, which was used to calculate the
359 IC_{50} and the Hill slope for the compound. Rosmarinic acid had the best IC_{50} values both
360 against DPPH and superoxide radicals (Tables 4 and 5). The IC_{50} values in both antiradical

361 activity assays for caffeic acid were, as expected, significantly higher than those for
362 rosmarinic acid, but both compounds showed similar Hill slopes. Quercetin presented
363 lower IC₅₀ values than the other flavonoids against both radicals (Tables 4 and 5). On the
364 other hand, quercetin had the lowest AE (Table 4). Comparing luteolin with its glucoside,
365 the aglycone had a slightly lower IC₅₀ and a higher Hill slope against both radicals. In the
366 case of the DPPH scavenging activity, the higher AE value with a similar IC₅₀ means that
367 for luteolin-7-glucoside the time needed for it to reach the steady state at the corresponding
368 IC₅₀ concentration was shorter than for luteolin.

369 The antiradical activity of some of these PhC has been extensively studied by many
370 authors (Sanchez-Moreno et al., 1998; Moridani et al., 2003; Butkovic et al., 2004; Parejo
371 et al., 2004; Kosar et al., 2004), and our results are, in general, in agreement with theirs.

372

373 *Partition coefficients*

374 The degree of hydrophobicity of the PhC was examined by measuring the partition
375 coefficients using an n-octanol/HEPES system. Flavonoids are much more hydrophobic
376 than phenolic acids (Table 6). As expected, the glycosylation of the hydroxyl group at
377 position 7 of luteolin decreased considerably the degree of hydrophobicity of this
378 compound. Luteolin had a slightly higher PC than that of quercetin (Table 6). The
379 experimentally determined hydrophobicity of these two flavonoids has often been referred
380 in the literature, but the results are controversial. Some authors describe luteolin as more
381 hydrophobic than quercetin (Brown et al., 1998; Areias et al., 2001; Murata et al., 2004)
382 whereas others hold the opposite to be true (Moridani et al., 2003). The computer program
383 that can be accessed at <http://www.esc.syrres.com>, the KowWin (LogKow) software, gives
384 a lower degree of hydrophobicity for quercetin than for luteolin, 1.48 and 2.36,
385 respectively. This program uses fragmental analysis of the compound's structure for the

386 prediction and the computed values show usually a high correlation with quoted
387 experimental values ($r^2 = 0.95$).

388

389 **Discussion**

390 The present work demonstrates that all the tested PhC possess protective effects against *t*-
391 BHP-induced cell death in HepG2 cells. Conferred protection decreased in the following
392 order: luteolin > quercetin > rosmarinic acid > luteolin-7-glucoside > caffeic acid as shown
393 by IC₅₀ values. Considering the compounds' hydrophobicity (luteolin > quercetin >
394 luteolin-7-glucoside > rosmarinic acid > caffeic acid) and the antiradical activity evaluated
395 both for DPPH (rosmarinic acid > quercetin > caffeic acid > luteolin > luteolin-7-glucoside)
396 and superoxide radical (rosmarinic acid > quercetin > luteolin > luteolin-7-glucoside >
397 caffeic acid) scavenging activities, the results show that the hepatoprotective potential of
398 these PhC correlates primarily with their degree of hydrophobicity and only secondarily
399 with their antiradical capacity. In fact, Rice-Evans et al. (1996) and Spencer et al. (2004)
400 suggested that the antioxidant biological activity of PhC will depend more heavily on the
401 extent to which they associate, interact and permeate cell membranes than on its antiradical
402 activity alone. In agreement with this, it was only for compounds with comparable
403 hydrophobicities, such as the two tested phenolic acids, that a direct correlation between
404 biological activity and antiradical activity was obtained.

405 The importance of the compound's lipophilicity in addition to the antiradical capacity is
406 corroborated by comparisons between structurally related compounds. When luteolin is
407 glycosylated at position 7 in the A ring to become luteolin-7-glucoside, the compound's
408 hydrophobicity decreases dramatically. As a result, although the antiradical activity of
409 luteolin-7-glucoside was only slightly affected (5% to 11%), its biological activity
410 decreased dramatically (about 13 times lower) when compared with that for luteolin. The

411 results observed for quercetin and luteolin also implicate hydrophobicity as an important
412 factor for this cytoprotective antioxidant effect of compounds. The absence of the hydroxyl
413 group at position 3 (C ring) decreases the antiradical (hydrogen-donating) activity of
414 luteolin while increasing its hydrophobicity relative to quercetin. In agreement with the
415 previously stated, in co-incubations with *t*-BHP, luteolin showed the best protection with
416 an IC₅₀ four times lower than that for quercetin. Also, in certain types of non cellular
417 lipophilic oxidation systems, luteolin showed higher antioxidant effects than those of
418 quercetin (Brown et al., 1998; Filipe et al., 2001; Hirano et al., 2001).

419 The importance of the compounds' hydrophobicity is also shown by comparing the results
420 between rosmarinic acid and luteolin-7-glucoside. Although rosmarinic acid had higher
421 antiradical scavenging activity, because the degree of hydrophobicity of luteolin-7-
422 glucoside was higher than rosmarinic acid, both compounds showed similar biological
423 effect (similar IC₅₀ values).

424 Because our model of cytoprotection tests the PhC in co-incubations with the toxicant,
425 their antioxidant effects may reflect mainly their direct actions on mediators of *t*-BHP
426 toxicity. These direct effects include, besides the antiradical scavenging or hydrogen-
427 donating activity measured in this study, the compounds' ability to chelate metal ions
428 (Rice-Evans et al., 1996). Iron chelation could indeed be important for the protection
429 against *t*-BHP toxicity, which is known to be mediated by intracellular iron ions (Hix et al.,
430 2000). PhC may also indirectly act as antioxidants in cells by modulating the activity of
431 antioxidant, detoxifying and repairing enzymes as well as enzymes involved in the
432 bioactivation of xenobiotics (Ferguson, 2001; Ross and Kasum, 2002; Ferguson et al.,
433 2004). In the present study, where short term simultaneous incubations were used, PhC
434 protection through increased activity of glutathione-related enzymes seems not to be
435 relevant. In fact, the activity of GST, an important phase II detoxifying enzyme (Ferguson,

436 2001; Ferguson et al., 2004), was decreased rather than increased in controls exposed to
437 luteolin-7-glucoside, the only compound that had a significant effect on glutathione-related
438 enzymes. Longer term pre-incubations would provide the opportunity for induction of
439 proteins and enzymes, such as antioxidant enzymes, by interaction with antioxidant
440 response elements (Ferguson et al., 2004).

441 *t*-BHP-induced cell death was accompanied by increased lipid peroxidation and GSSG
442 levels, and DNA damage as well as decreased GSH levels and glutathione-related enzyme
443 activity. The increase in GSSG levels was not in the same range as the decrease in GSH
444 levels. This indicates that *t*-BHP reduced GSH levels mainly through formation of GSH
445 conjugates rather than oxidation to GSSG. These effects are in accordance with previous
446 studies in liver cells (Sies and Summer, 1975; Bellomo et al., 1982; Rush et al., 1985;
447 Jewell et al., 1986; Nicotera et al., 1988; Masaki et al., 1989; Buc-Calderon et al., 1991;
448 Kass et al., 1992; Thabrew et al., 1997; Martin et al., 2001; Kinjo et al., 2003; Alia et al.,
449 2005, 2006; Lee et al., 2005a, 2005b). However, particularly in HepG2 cells, *t*-BHP
450 exposure conditions are different among different studies published so far (Thabrew et al.,
451 1997; Kim et al., 1998, 2000; Piret et al., 2002, 2004; Kinjo et al., 2003; Alia et al., 2005,
452 2006; Lee et al., 2005a, 2005b). Previous reports indeed alert to the fact that different
453 origins of HepG2 clones, culture medium composition and cultivation time (age of cells)
454 may affect the experimental outcome through differences in sensitivity towards drugs
455 (Knasmüller et al., 2004; Mersch-Sundermann et al., 2004). It therefore becomes
456 imperative to characterize the cells' response to the toxicant as well as the experimental
457 conditions used for the detection of protective effects of test compounds.

458 In an attempt to explain the observed cytoprotective effects of the tested PhC, we looked at
459 their effects at IC₈₀ concentration on several markers of cellular oxidative stress, such as
460 lipid peroxidation, glutathione levels and DNA damage.

461 *t*-BHP-induced lipid peroxidation in HepG2 cells was attenuated by all tested PhC at IC₈₀
462 concentrations to a similar extent, of about 30% (25% to 35%). A good correlation seems
463 to exist between hepatoprotective effects and the prevention of lipid peroxidation. The
464 ability of PhC to chelate metal ions and/or to act as chain breaking antioxidants by
465 scavenging (as hydrogen donors) lipid alkoxyl and peroxy radicals (Rice-Evans et al.,
466 1996; Brown et al., 1998) could provide an explanation for the observed reduction in lipid
467 peroxidation. Nevertheless, the extent of this reduction was relatively small, only about
468 30%. This indicates that it is most likely not only through reduction of lipid peroxidation
469 that PhC protect HepG2 cells against death. In agreement with this, previous reports
470 indicated that *t*-BHP-induced toxicity was not mediated by lipid peroxidation (Rush et al.,
471 1985; Jewell et al., 1986; Buc-Calderon et al., 1991; Martin et al., 2001). Moreover, our
472 own observations (data not shown) and a previous work (Rush et al., 1985) reported that
473 incubations of liver cells with the oxidant pair ascorbate/iron induced massive cell lipid
474 peroxidation without significantly affecting cell viability. Preservation of cell viability
475 seems therefore to depend also on effects at other levels.

476 All tested PhC also significantly attenuate the decrease of GSH levels induced by *t*-BHP at
477 their IC₈₀ concentrations. GSH plays an important role in hepatocyte defence against ROS,
478 free radicals and electrophilic metabolites (Kedderis, 1996; Castell et al., 1997). A severe
479 GSH depletion leaves cells more vulnerable to oxidative damage by radicals and increases
480 protein thiolation or oxidation of SH groups that may lead to alterations in cellular calcium
481 homeostasis (Castell et al., 1997). A sustained increase in cytosolic calcium levels results
482 in activation of enzymes (phospholipases, non-lysosomal proteases, endonucleases) and
483 cytoskeletal damage which ultimately causes cell death (Castell et al., 1997). The decrease
484 of GSH levels has indeed been suggested as one of the primary mechanisms of *t*-BHP-
485 induced toxicity in liver cells (Jewell et al., 1986; Buc-Calderon et al., 1991; Martin et al.,

486 2001) that is generally followed by an increase in the intracellular levels of calcium
487 (Bellomo et al., 1982; Nicotera et al., 1988; Buc-Calderon et al., 1991; Kass et al., 1992).
488 Thus, the potential of PhC to maintain GSH at reasonably high levels could be of great
489 importance against *t*-BHP-induced toxicity. Therefore, the ability of the tested PhC in
490 preventing against *t*-BHP-induced GSH depletion by about 40% was probably a major
491 contribution to their cytoprotective effects. In the case of luteolin-7-glucoside, there was a
492 higher protection (~80%) of GSH levels that did not reflect higher cytoprotection (all
493 compounds were tested at their IC₈₀ concentration). This may have been due to the
494 observed inhibitory effect of luteolin-7-glucoside on GST having a sparing effect on GSH.
495 Because protection by PhC against increases of GSSG levels induced by *t*-BHP was weak,
496 it seems that PhC protect against the decrease of GSH levels mainly by preventing the
497 formation of GSH conjugates rather than oxidation to GSSG.

498 In spite of this general protection of GSH, when incubated alone, PhC decreased GSH
499 levels by 5% in the case of rosmarinic acid and between 10% and 14% for the tested
500 flavonoids. Although not statistically significant, this effect seems to indicate some pro-
501 oxidant activity of these compounds. Previous studies also found a decrease in GSH
502 induced by flavonoids (Duthie et al., 1997; Galati et al., 2002). For flavonoids with a 3',4'-
503 dihydroxyl group on the B ring (catechol B ring), as is the case here, the decrease of GSH
504 levels was found to be through formation of GSH conjugates instead of oxidation to GSSG
505 (Galati et al., 2002).

506 Incubations of HepG2 cells with *t*-BHP induced DNA damage in a concentration-
507 dependent manner, as visualized by the comet assay. Exposure to 200 μ M *t*-BHP induced
508 significant DNA damage without inducing cell mortality (data not shown). This seems to
509 indicate that *t*-BHP-induced DNA damage was not implicated in the cell death induced by
510 this organic peroxide in HepG2 cells. In fact, caffeic acid, at IC₈₀ concentration,

511 significantly decreased *t*-BHP- induced cell death without protecting DNA from damage.
512 Also, previous reports showed a dissociation between the oxidative DNA damage induced
513 by *t*-BHP from the killing of hepatocytes (Coleman et al., 1989; Latour et al., 1995).
514 Latour and collaborators (1995) ruled out both the formation of oxidized DNA bases and
515 the activation of a calcium -dependent endonuclease as mechanisms by which *t*-BHP
516 induces DNA single strand breaks. They showed that *t*-BHP causes DNA single strand
517 breaks most likely by covalent binding of free radicals to DNA by mechanisms dependent
518 on iron ions (Latour et al., 1995). Iron-dependent reactions have been proposed as the key
519 factor to the DNA damage induced by *t*-BHP since it can be prevented by iron chelators
520 but not by free radical scavengers, such as butylated hydroxytoluene and trolox (Coleman
521 et al., 1989; Latour et al., 1995; Guidarelli et al., 1997; Sestili et al., 1998, 2002). Recently,
522 another study using a different model showed the importance of iron chelation on DNA
523 protection over free radical scavenger activity (Melidou et al., 2005). In our study, where
524 the compounds were tested at their IC₈₀ concentration (concentration that protected 80%
525 against cell death), only luteolin and quercetin conferred a very clear protection against
526 DNA damage. An ortho dihydroxy phenolic structure is one of the requirements for PhC
527 ability to chelate transition metal ions such as copper and iron (Rice-Evans et al., 1996;
528 Williams et al., 2004). All the compounds used in this study possess this element, but only
529 luteolin and quercetin conferred noticeable protection against DNA damage. It seems
530 therefore, that even more than in the case of preserved cell viability, the degree of
531 hydrophobicity of the compound is an important factor for protecting from DNA damage,
532 since this could explain the higher effects obtained for luteolin and quercetin. Also in
533 accordance with this are the results obtained from the comparison between quercetin and
534 luteolin themselves. Metal ion chelation ability of flavonoids appears to be not only
535 dependent on the presence of the catechol B ring but also an oxo group at position 4 in C

536 ring in combination with hydroxyl group either at position 5 or 3 (Mira et al., 2002;
537 Williams et al., 2004). Therefore, quercetin probably has higher metal ion chelation ability
538 than luteolin, which lacks the OH group at position 3. In fact, previous results showed
539 higher capacity of quercetin to chelate iron and copper than luteolin (Mira et al., 2002).
540 Our results show that luteolin, although at a concentration 4 times lower, protected DNA
541 against damage better than quercetin, which emphasizes the importance of the compounds'
542 lipophilicity. Also others have already drawn attention to the fact that the biological effects
543 of a compound would be a direct function of its lipophilicity, which is expected to increase
544 the cellular uptake of these agents, as well as their subcellular localization in lipid
545 compartments (Sestili et al., 2002; Spencer et al., 2004). Studies using other models and/or
546 different cell types showed that luteolin had higher potential to decrease DNA damage than
547 quercetin (Noroozi et al., 1998; Romanova et al., 2001; Horvathova et al., 2004, 2005), or
548 the opposite—quercetin having higher ability to reduce DNA damage than luteolin
549 (Horvathova et al., 2003; Melidou et al., 2005). As well, higher cytoprotective effects of
550 luteolin over quercetin were found by some authors (Kaneko and Baba, 1999; Sasaki et al.,
551 2003), although others reported the opposite (Ishige et al., 2001). It seems, therefore, that
552 the protective potential of luteolin and quercetin is cell type specific and/or dependent on
553 the agent used to induce DNA damage. Nevertheless, although DNA damage induced by *t*-
554 BHP in HepG2 cells seems not to be a crucial event for cell death, this experimental model
555 can be of use to extensively study the protective potential of PhC against DNA damage. It
556 would be, for example, a good model for structure-activity relationships between several
557 classes of flavonoids.

558 In conclusion, the PhC studied here showed protective effects against oxidative damages
559 induced in HepG2 cells that could be of use against liver diseases where it is known that
560 oxidative stress plays a crucial role. Moreover, their protective potential seems to be

561 dependent on the compound's lipophilicity in conjunction with its antioxidant activity.
562 Their effects on protection against *t*-BHP-induced GSH depletion seem to be an important
563 factor for preserving cell viability.

564

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Results (tables)

Table 1 – Potential hepatoprotective effects of the tested PhC against *t*-BHP-induced toxicity in HepG2 cells.

TABLE

Hepatoprotective effects of PhC were tested in co-incubations with 2 mM of *t*-BHP (5 h) in HepG2 cells. IC₅₀ and the Hill slope were taken from the plotted dose–response curve (Fig. 3). IC₈₀ concentration was estimated from the same dose–response curve. Values are mean ± SEM of at least 4 independent experiments.

Table 2 – Effects of *t*-BHP and PhC at IC₈₀ concentration on lipid peroxidation and oxidized glutathione levels in HepG2 cells.

TABLE

HepG2 cells were incubated with *t*-BHP 2 mM (5 h) and/or with individual PhC at IC₈₀ concentration and lipid peroxidation (as estimated by TBARS assay) and GSSG levels measured. Values are mean ± SEM, n = 5 (TBARS), n = 4 (GSSG). *** P=0.001 when compared with the negative control. # P=0.05 and #### P=0.001 when compared with the *t*-BHP control.

Table 3 – Effects of *t*-BHP and PhC at IC₈₀ concentration on glutathione-related enzyme activities in HepG2 cells.

TABLE

HepG2 cells were incubated with *t*-BHP 2 mM (5 h) and/or with individual PhC at IC₈₀ concentration and the activities of GST, GR and GPox measured. Values are mean ± SEM, n = 5. * P=0.05, ** P=0.01 and *** P=0.001 when compared with the negative control. # P=0.05 when compared with the *t*-BHP control.

Table 4 – DPPH scavenging activity of the tested PhC.

TABLE

Different concentrations of each PhC were added to the ethanolic solution of DPPH and the discoloration measured spectrophotometrically at 515 nm. From the results expressed as the percentage of the remaining DPPH obtained for each PhC concentration (Fig. 8), the IC_{50} and Hill slope were taken. From the results, the AE was also calculated for each PhC. Values represent mean \pm SD of 5 replicates.

Table 5 – Superoxide radical scavenging activity of the tested PhC.

TABLE

Using the phenazine methosulphate-NADH nonenzymatic assay, superoxide radicals were produced continuously and measured spectrophotometrically at 560 nm. In co-incubations with individual PhC at several concentrations, the scavenging of superoxide radical was measured and from the plotted results the IC_{50} and the Hill slope were taken.

Values represent mean \pm SD of 3 independent experiments with 3 replicates each.

Table 6 – Experimental partition coefficients values obtained for each tested PhC.

TABLE

Partition coefficient values in logarithm (K_{ow}) were measured in an n-octanol/HEPES (20 mM, pH 7.4) system. Values are mean \pm SD of 3 independent experiments.

Results (figures)

Figure 1 – Chemical structures of the phenolic compounds used in this study.

Figure 2 – *t*-BHP-induced toxicity in HepG2 cells. HepG2 cells were incubated with *t*-BHP 1 mM and 2 mM for different time periods and cell viability measured by LDH leakage (% of LDH in the extracellular medium) (**A**) and MTT assay (**B**). Time scale was logarithmized in order to obtain sigmoidal response curves. Values represent mean \pm SEM, n = 4. In **A**: * P=0.05 and *** P=0.001 when compared to the same time point in the control situation.

Figure 3 – Dose–response effect of the tested PhC against *t*-BHP-induced toxicity in HepG2 cells. After incubating HepG2 cells with 2 mM of *t*-BHP and individual PhC for 5 h, protection against cell death (as measured by LDH leakage) versus PhC concentration (in logarithm) were plotted in order to take the IC₅₀ and Hill slope of each compound (Table 1). Values are mean \pm SEM of at least 4 independent experiments.

Figure 4 – Effects of *t*-BHP and PhC at the IC₈₀ concentration on reduced glutathione levels in HepG2 cells. HepG2 cells were incubated with *t*-BHP 2 mM (5 h) and/or with individual PhC (CA – caffeic acid; RA – rosmarinic acid; L-7-G – luteolin-7-glucoside;

L – luteolin; Q – quercetin) at IC₈₀ concentration and GSH levels measured. Values are mean ± SEM, n = 5. *** P=0.001 when compared with the negative control. # P=0.05, ## P=0.01 and ### P=0.001 when compared with the *t*-BHP control.

Figure 5 – *t*-BHP-induced DNA damage in HepG2 cells. HepG2 cells were incubated with different concentrations *t*-BHP for 1 h and DNA damage assessed by the comet assay. Comet images were examined by computer assisted image analysis system (**A** – tail length; **B** – tail moment; **C** – % DNA in the tail) and by a semiquantitative method of visual scoring (**D**). The correlation coefficients between the semiquantitative method and the computer assisted parameters are given in graph **E**. Values are mean ± SEM, n=4. * P=0.05, ** P=0.01 and *** P=0.001 when compared with the control.

Figure 6 – Effects of *t*-BHP and PhC at IC₈₀ concentration on DNA damage in HepG2 cells. HepG2 cells were incubated with *t*-BHP 200 μM (1 h) and/or with individual PhC at IC₈₀ concentration and DNA damage evaluated by the comet assay. DNA damage was assessed by the semiquantitative method of visual scoring. Values are mean ± SEM, n = 4. *** P=0.001 when compared with the negative control. ### P=0.001 when compared with the *t*-BHP control.

Figure 7 – Dose-dependent protection of *t*-BHP-induced DNA damage in HepG2 cells by quercetin (**A**). HepG2 cells were incubated with *t*-BHP 200 μM (1 h) and/or with quercetin at different concentrations and DNA damage evaluated by the comet assay.

DNA damage was assessed by the semiquantitative method of visual scoring. Values are mean \pm SEM, n = 4. *** P=0.001 when compared with the negative control. ###

P=0.001 when compared with the *t*-BHP control. **B** – Representative pictures of the comet assay results.

Figure 8 – Dose-dependent DPPH scavenging activity of caffeic acid. Different concentrations of caffeic acid were added to the ethanolic solution of DPPH and the discoloration measured spectrophotometrically at 515 nm. At the time point where all tested concentrations had reached the steady state (9 min), the percentages of the remaining DPPH were plotted against the corresponding caffeic acid concentrations (in logarithm). From this graph, the IC₅₀ and Hill slope were taken (Table 4). Values represent mean \pm SD of 5 replicates.

Compound	IC ₅₀ (μM)	Hill slope	IC ₈₀ (μM)
Caffeic acid	114.1 ± 11.5	1.17 ± 0.16	370
Rosmarinic acid	69.2 ± 5.3	1.48 ± 0.16	180
Luteolin-7-O-glucoside	78.0 ± 7.6	1.47 ± 0.22	200
Luteolin	5.9 ± 0.5	2.46 ± 0.44	11
Quercetin	23.5 ± 1.4	2.12 ± 0.27	45

Phenolic compound	<i>t</i> -BHP 2 mM, ~5 h	Parameter	
		TBARS (nmol/mg)	GSSG (nmol GSH equiv/mg)
–	–	0.20 ± 0.05	1.2 ± 0.3
	+	2.25 ± 0.13 ***	5.0 ± 0.4 ***
Caffeic acid	–	0.19 ± 0.10	1.2 ± 0.4
	+	1.54 ± 0.10 ###	4.2 ± 0.1
Rosmarinic acid	–	0.15 ± 0.05	1.2 ± 0.3
	+	1.71 ± 0.08 ###	3.5 ± 0.3 #
Luteolin-7-glucoside	–	0.15 ± 0.02	1.3 ± 0.2
	+	1.74 ± 0.08 ###	3.8 ± 0.5
Luteolin	–	0.20 ± 0.07	1.6 ± 0.4
	+	1.66 ± 0.12 ###	4.4 ± 0.4
Quercetin	–	0.15 ± 0.06	1.5 ± 0.3
	+	1.64 ± 0.12 ###	4.6 ± 0.2

Phenolic compound	<i>t</i> -BHP 2 mM, ~5 h	Enzyme activity (mU/mg)		
		GST	GR	GPox
–	–	24.7 ± 1.0	25.9 ± 0.8	18.2 ± 0.5
	+	23.5 ± 0.5	21.8 ± 0.9 *	6.3 ± 0.6 ***
Caffeic acid	–	24.4 ± 0.8	25.6 ± 1.3	17.8 ± 0.3
	+	23.1 ± 0.9	23.2 ± 0.8	7.5 ± 0.8
Rosmarinic acid	–	23.1 ± 0.4	23.6 ± 0.4	16.1 ± 0.5
	+	24.5 ± 0.3	21.3 ± 0.9	5.5 ± 0.5
Luteolin-7-glucoside	–	20.6 ± 0.6 **	23.6 ± 0.3	16.0 ± 0.5
	+	23.7 ± 0.6	22.7 ± 0.8	5.7 ± 0.5
Luteolin	–	22.6 ± 0.6	24.6 ± 0.3	16.1 ± 0.7
	+	26.1 ± 0.8	23.2 ± 0.8	5.6 ± 0.7
Quercetin	–	24.0 ± 1.0	25.9 ± 1.0	17.2 ± 0.4
	+	22.6 ± 0.8	22.9 ± 0.6	8.6 ± 1.1 #

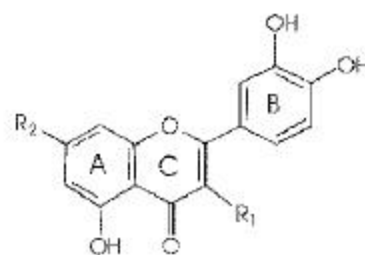
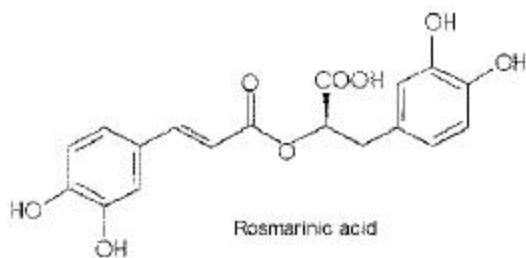
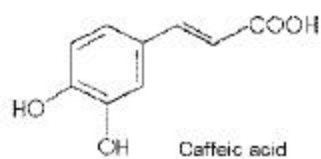
Compound	IC ₅₀ (mmol/mol DPPH)	Hill slope	AE ($\times 10^{-3}$)
Caffeic acid	179.6 \pm 4.1	2.03 \pm 0.06	0.81
Rosmarinic acid	102.6 \pm 2.2	2.07 \pm 0.09	0.53
Luteolin-7-O-glucoside	277.3 \pm 14.9	1.48 \pm 0.06	1.21
Luteolin	263.9 \pm 11.0	1.66 \pm 0.03	0.70
Quercetin	126.0 \pm 2.4	1.66 \pm 0.05	0.36

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Compound	IC ₅₀ (μM)	Hill slope
Caffeic acid	99.1 ± 5.3	1.02 ± 0.06
Rosmarinic acid	21.0 ± 0.9	0.95 ± 0.04
Luteolin-7-O-glucoside	50.4 ± 2.4	0.93 ± 0.05
Luteolin	45.3 ± 3.0	1.70 ± 0.19
Quercetin	35.1 ± 3.3	1.69 ± 0.25

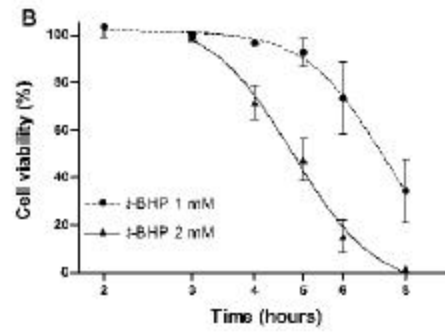
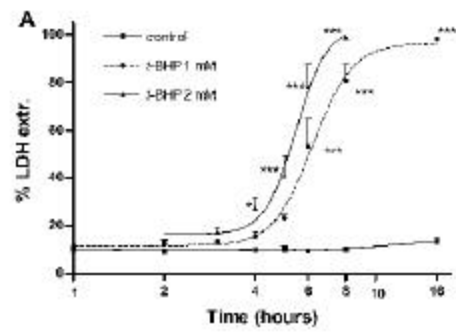
Phenolic compound	K_{ow}
Caffeic acid	-0.89 ± 0.10
Rosmarinic acid	-0.44 ± 0.13
Luteolin-7-glucoside	1.22 ± 0.01
Luteolin	2.68 ± 0.05
Quercetin	2.60 ± 0.09

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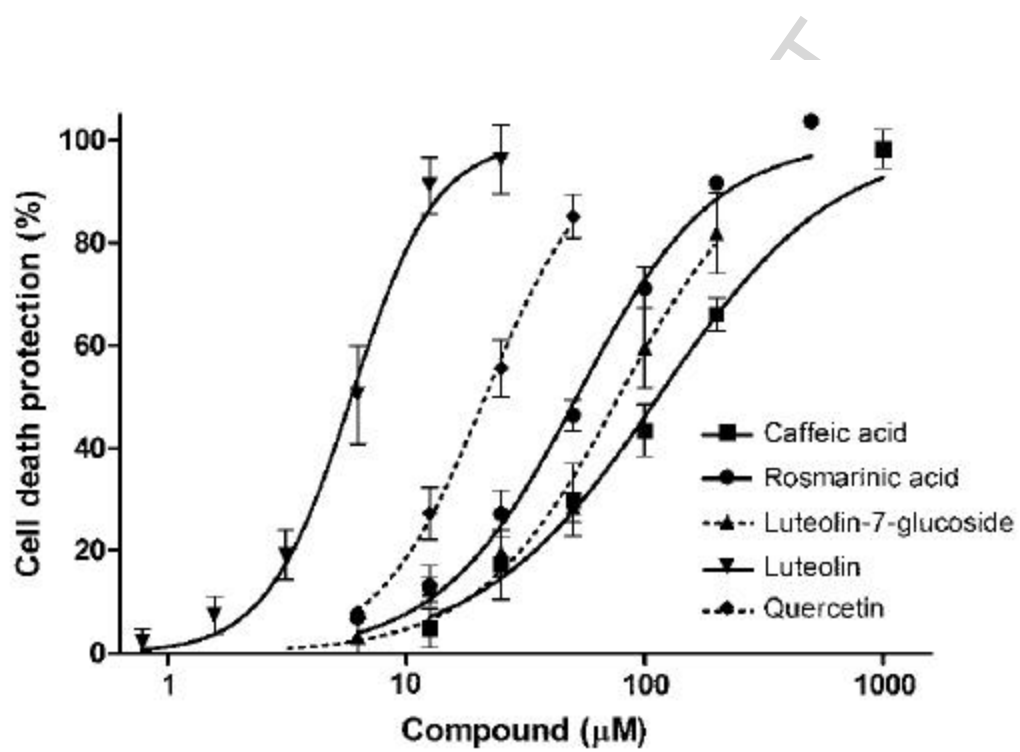


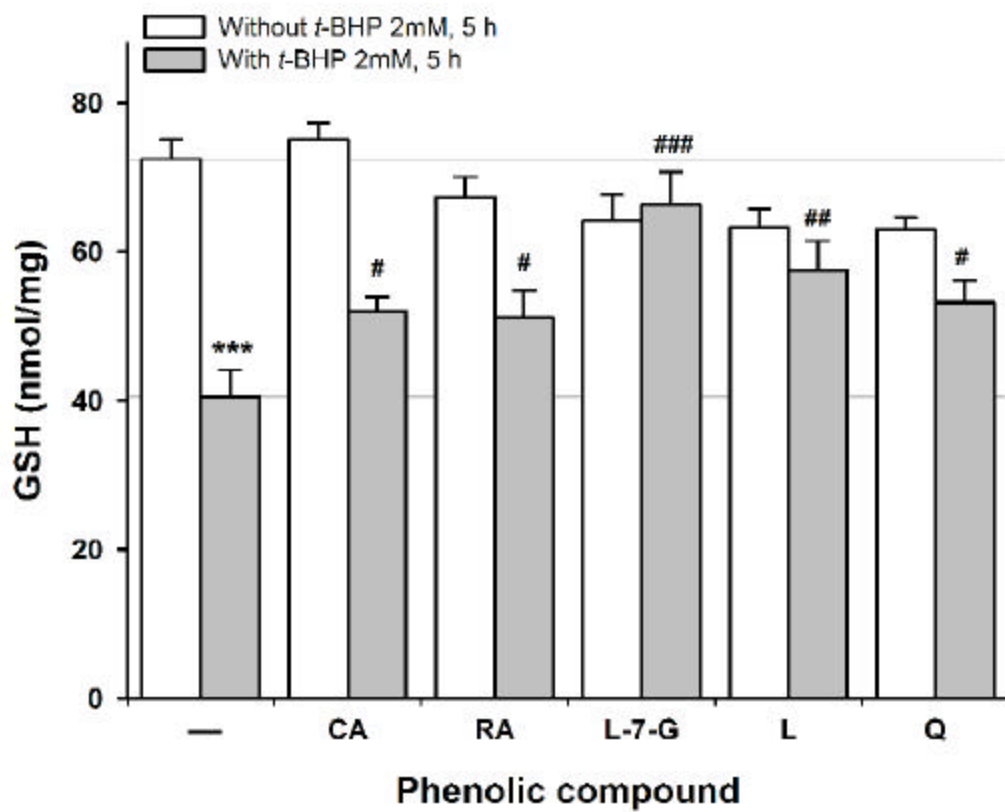
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Luteolin	H	OH
Quercetin	OH	OH

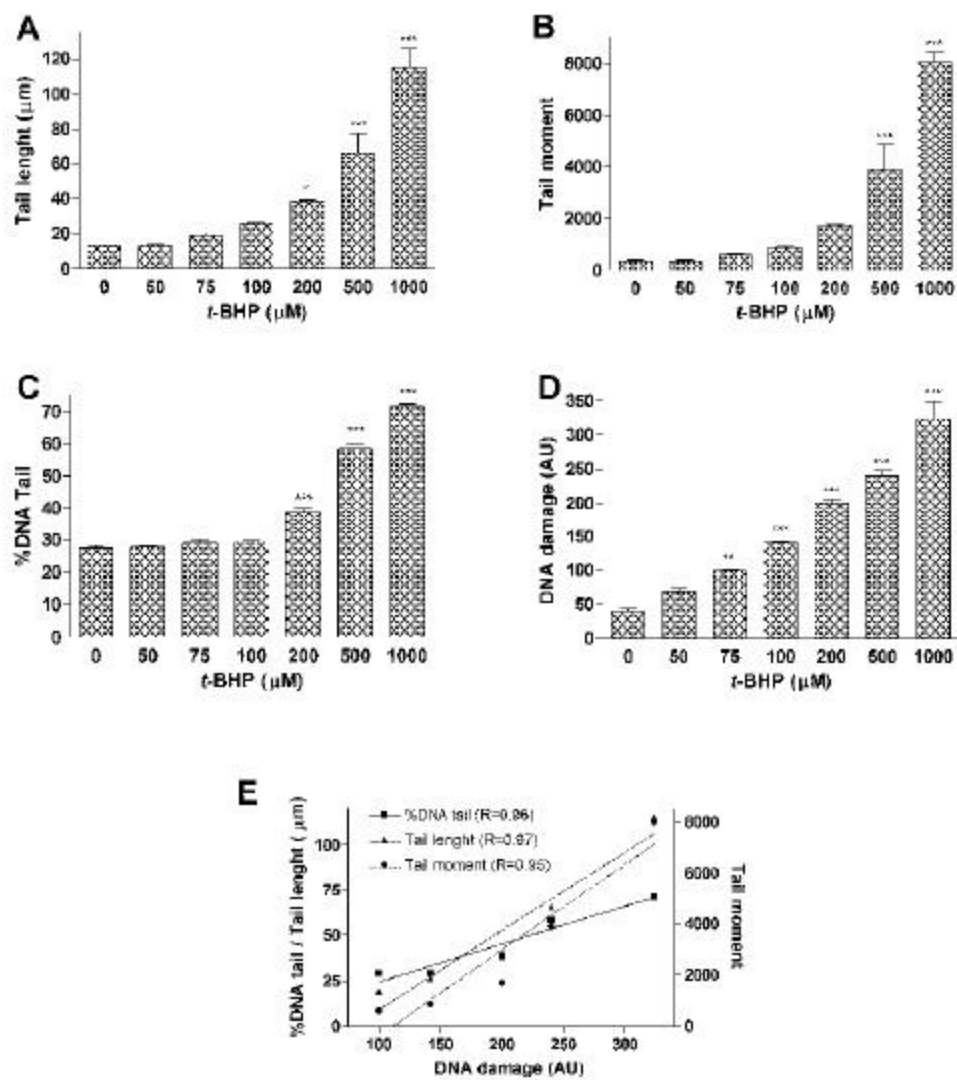
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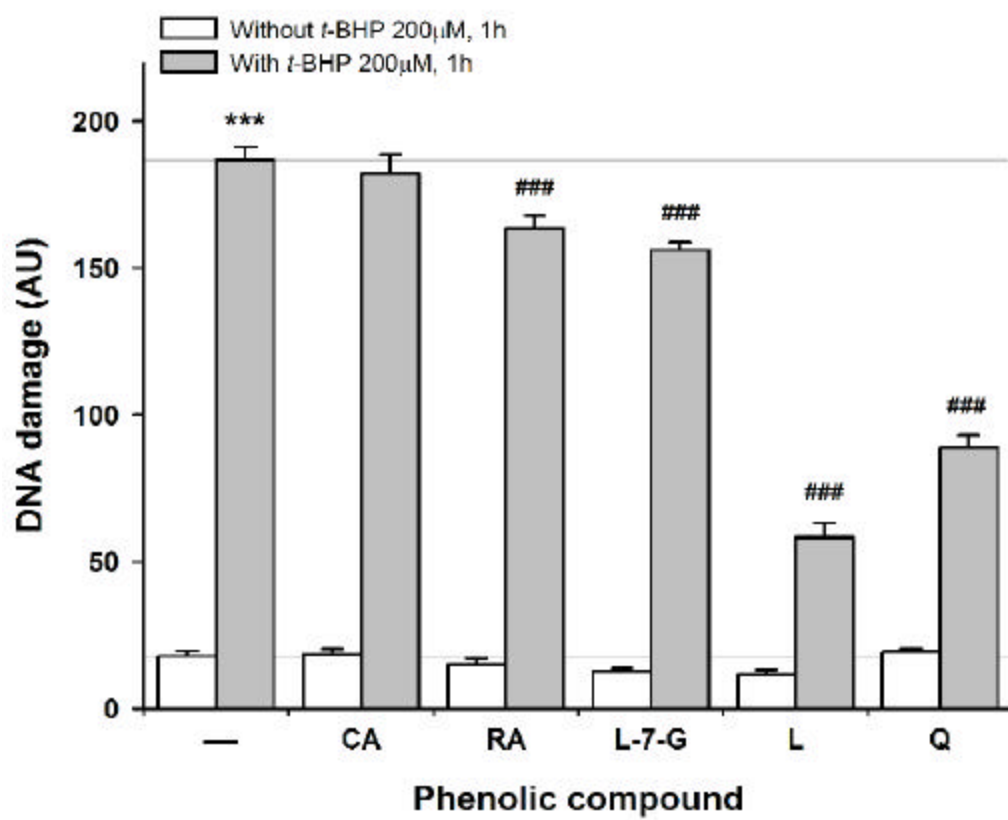


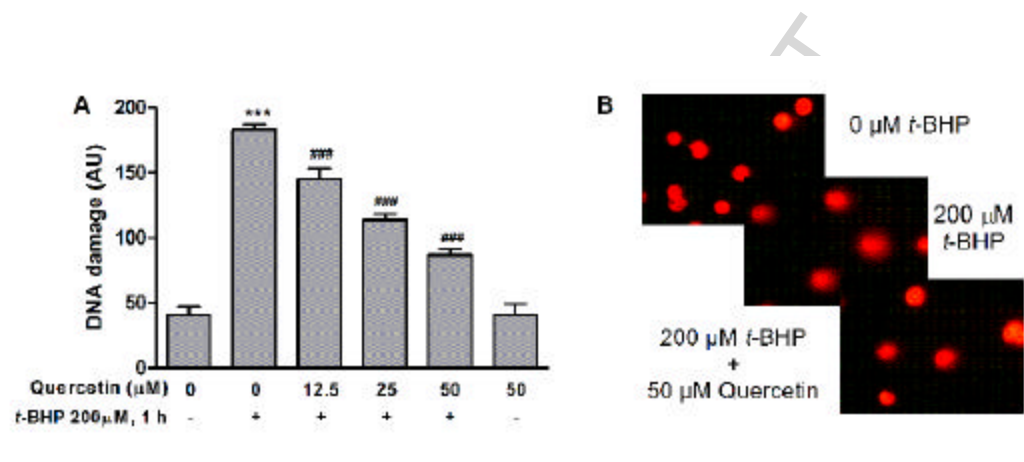
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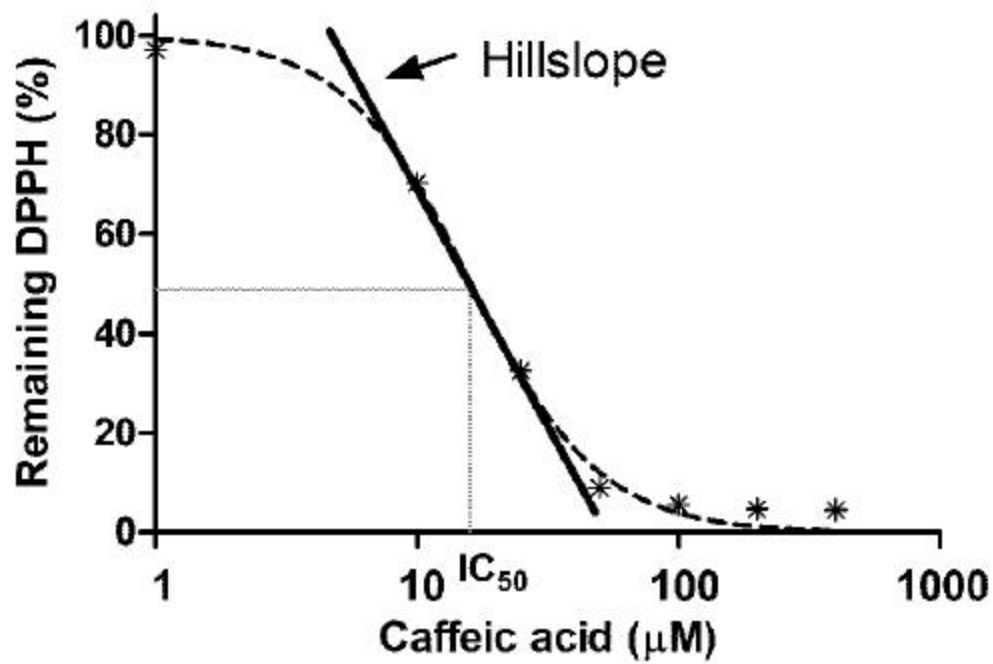








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