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HIV, hepatitis B & C, and sexually transmitted infections

Innovations in prevention and testing

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Publication date

2019

Document Version

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Citation for published version (APA):

Bil, J. P. (2019). *HIV, hepatitis B & C, and sexually transmitted infections: Innovations in prevention and testing*. [Thesis, externally prepared, Universiteit van Amsterdam].

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Propositions

Pertaining to the thesis

HIV, hepatitis B & C, and sexually transmitted infections: Innovations in prevention and testing

Janneke Bil

25 November 2019

1. Although pre-exposure prophylaxis (PrEP) is effective and safe, the lack of confidence to correctly use PrEP and the fear of side effects are important barriers for its uptake. *(this thesis)*
2. The sexual health clinics of the Public Health Services are the preferred location for PrEP care but adequate training of healthcare professionals is key for successful implementation. *(this thesis)*
3. Healthcare providers should actively offer HIV, hepatitis B and C testing to risk groups if we want to reduce the disease burden from these infections. *(this thesis)*
4. Hepatitis B screening programs targeting first-generation migrants of Ghanaian, Turkish and African-Surinamese origin living in Amsterdam should be set up. *(this thesis)*
5. Integrating voluntary HIV, hepatitis B and C screening into the compulsory tuberculosis screening for newly arrived migrants can be effective if it includes a risk score and an opt-out testing strategy. *(this thesis)*
6. Programs offering HIV self-tests can increase testing rates but the Dutch legislation prohibiting the sale of HIV self-tests is the biggest obstacle for implementation. *(this thesis)*
7. Prevention is better than cure.
8. The commitment to write a PhD sometimes feels like marriage, and if your topics are sexually transmitted infections it even includes sex.
9. If one's thesis comprises eight articles, one should get the title Dr².