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Dietary cholesterol, female gender and n-3 fatty acid deficiency are more important factors in the development of non-alcoholic fatty liver disease than the saturation index of the fat

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Additional table 1 - Composition of control and high-fat diets. The composition of the fatty acids in the respective diets with respect to saturation is shown. The high-fat diets contain 42 en% fat, whereas the control diet ("Control") contains 8 en% olive oil.

%	Fractionated	Cocoa butter	Olive oil	Sunflower	High oleic acid	Control
	palm fat			oil	sunflower oil	(with or without
						cholesterol)
Saturated (SFA)	95	39.6	14.2	12.2	7.2	14.2
Monounsaturated (MUFA)	3	48.4	72.1	23.7	88.1	72.1
Polyunsaturated (PUFA)	2	12.0	13.6	64.2	4.6	13.6
(FUFA)						
Carbohydrates (en%)	48	48	48	48	48	81
Protein (en%)	11	11	11	11	11	11
Choline (%)	0.2	0.2	0.2	0.2	0.2	0.2
Cholesterol (%)	0.2	0.2	0.2	0.2	0.2	0.2 or 0