



Prognostic factors related with outcomes in traumatic out-of-hospital cardiac arrest patients without prehospital return of spontaneous circulation: a nationwide observational study

Gwang Soo Jun¹, Jae Guk Kim^{1,2}, Hyun Young Choi¹, Gu Hyun Kang¹, Wonhee Kim¹, Yong Soo Jang¹, Hyun Tae Kim¹

Objective To evaluate the prognostic factors associated with the sustained return of spontaneous circulation (ROSC) and survival to hospital discharge in traumatic out-of-hospital cardiac arrest (TOHCA) patients without prehospital ROSC.

Methods We analyzed Korean nationwide data from the Out-of-Hospital Cardiac Arrest Surveillance, and included adult TOHCA patients without prehospital ROSC from January 2012 to December 2016. The primary outcome was sustained ROSC (> 20 minutes). The secondary outcome was survival to discharge. Multivariate analysis was performed to investigate factors associated with the outcomes of TOHCA patients.

Results Among 142,905 cases of OHCA, 8,326 TOHCA patients were investigated. In multivariate analysis, male sex (odds ratio [OR], 1.326; 95% confidence interval [CI], 1.103–1.594; P=0.003), and an initial shockable rhythm (OR, 1.956; 95% CI, 1.113–3.439; P=0.020) were significantly associated with sustained ROSC. Compared with traffic crash, collision (OR, 1.448; 95% CI, 1.086–1.930; P=0.012) was associated with sustained ROSC. Fall (OR, 0.723; 95% CI, 0.589–0.888; P=0.002) was inversely associated with sustained ROSC. Male sex (OR, 1.457; 95% CI, 1.026–2.069; P=0.035) and an initial shockable rhythm (OR, 4.724; 95% CI, 2.451–9.106; P<0.001) were significantly associated with survival to discharge. Metropolitan city (OR, 0.728; 95% CI, 0.541–0.980; P=0.037) was inversely associated with survival to discharge. Compared with traffic crash, collision (OR, 1.745; 95% CI, 1.125–2.708; P=0.013) was associated with survival to discharge.

Conclusion Male sex, an initial shockable rhythm, and collision could be favorable factors for sustained ROSC, whereas fall could be an unfavorable factor. Male sex, non-metropolitan city, an initial shockable rhythm, and collision could be favorable factors in survival to discharge.

Keywords Out-of-hospital cardiac arrest; Wounds and injuries; Survival; Prognosis; Observational study

elSSN: 2383-4625

Received: 3 July 2019 Revised: 17 August 2019 Accepted: 18 August 2019

Correspondence to: Gu Hyun Kang Department of Emergency Medicine, Kangnam Sacred Heart Hospital, Hallym University College of Medicine, 1 Singil-ro, Yeongdeungpo-gu, Seoul 07441, Korea

E-mail: drkang9@gmail.com

ORCID

http://orcid.org/0000-0003-0128-4175



How to cite this article:

Jun GS, Kim JG, Choi HY, Kang GH, Kim W, Jang YS, Kim HT. Prognostic factors related with outcomes in traumatic out-of-hospital cardiac arrest patients without prehospital return of spontaneous circulation: a nationwide observational study. Clin Exp Emerg Med 2020;7(1):14–20.

This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (https://creativecommons.org/licenses/by-nc/4.0/).

¹Department of Emergency Medicine, Kangnam Sacred Heart Hospital, Hallym University College of Medicine, Seoul, Korea

²Department of Emergency Medicine, Kangwon National University Graduate School of Medicine, Chuncheon, Korea



Capsule Summary

What is already known

The most influential factor associated with survival from out-of-hospital cardiac arrest is return of spontaneous circulation (ROSC) in the field, regardless of the subsequent in-hospital treatment. However, the prognostic factors for traumatic out-of-hospital cardiac arrest patients without prehospital ROSC remain unclear.

What is new in the current study

Male sex, initial shockable rhythms and collisions compared with traffic accidents could be favorable factors for sustained ROSC. In contrast, falls compared with traffic accidents may be unfavorable factors for sustained ROSC. Male sex, non-metropolitan city, initial shockable rhythms and collisions compared with a traffic accident may be favorable factors associated with survival to discharge.

INTRODUCTION

Out-of-hospital cardiac arrest (OHCA) is the leading etiology of mortality and an increasing concern in public health care. ^{1,2} Compared with the victims of cardiac arrest with cardiac origins, patients with traumatic cardiac arrest generally have worse outcomes. Even with medical improvements, the rate of survival to discharge for patients with traumatic out-of-hospital cardiac arrest (TOHCA) tends to be lower. ³⁻⁵ Recent studies of data from prospectively registered trauma systems have reported survival rates of traumatic cardiac arrest comparable to those for out-of-hospital medical cardiac arrest, ranging from 5.7% to 7.5%. ⁶⁻⁸ However, the reasons for this increase in survival from TOHCA are unclear.

The outcomes of patients with OHCA are associated with multiple variables, including age, comorbidities, initial rhythm recorded on the monitor, and the return of spontaneous circulation (RO-SC).9 Among these variables, the most influential factor associated with survival from OHCA is ROSC in the field, regardless of the subsequent in-hospital treatment.2 TOHCA is a fundamentally different disease process compared to non-traumatic cardiac arrest that is largely of primary cardiac etiology.¹⁰ Therefore, proqnostic factors of non-traumatic and traumatic cardiac arrest outcome could be different. In addition to the mechanism of trauma, the other determinants of survival identified could be the magnitude of neurological injury incurred during resuscitation. 11 Additionally, the neurological injury of TOHCA patients without prehospital ROSC could be more severe than that of TOHCA patients with prehospital ROSC. However, the prognostic factors for TO-HCA patients without prehospital ROSC remain unclear.

This study aimed to evaluate the prognostic factors associated with sustained ROSC and survival to hospital discharge in patients without prehospital ROSC after TOHCA.

METHODS

Study design, setting, and population

This retrospective observational study investigated all adult patients with TOHCA (18 years and older) admitted to the emergency department (ED) by using nationwide data from the Out-of-Hospital Cardiac Arrest Surveillance (OHCAS) of the Korean Centers for Disease Control and Prevention (KCDC) from January 2012 to December 2016. OHCAS was conducted in 17 provinces of South Korea (about 50 million people) and contained patient information from the moment of cardiac arrest to outcomes at hospital discharge. From January 2012 to December 2016, 142,905 OHCA patients were registered in the OHCAS. Among them, patients with OHCA were excluded from the study on the basis of any non-traumatic cause, age younger than 18 years, do-not-resuscitate order, death on arrival, prehospital ROSC, unknown mechanism of trauma, invalid data on ROSC status or survival data, and any missing variables.

The Kangnam Sacred Heart Hospital Institutional Review Board approved this study in 2019 (institutional review board approval no. 2019-07-003), and the need for informed consent was waived because of the retrospective nature of the study and the use of anonymous clinical data for the analysis. The KCDC approved the use of the data for this study. The methodology of this study was consistent with the STROBE checklist for observational studies.

Data collection

The OHCAS is a population-based, emergency medical service (EMS)-assessed OHCA registry and retrospective patient cohort. Information about the patients with OHCA was obtained from the EMS records entered by EMS providers immediately after the transport of these patients, and the data of patients with OHCA for hospital care and outcomes at hospital discharge were pro-



vided by the KCDC. Medical record reviewers of KCDC visited all EDs and hospitals to where the patients with OHCA were transported and reviewed the medical records.

The OHCAS included information about the patients and the mechanism of trauma, place of cardiopulmonary resuscitation (CPR), bystander CPR, ROSC, procedures during transportation, and survival to hospital discharge using an appropriately devised survey form.

Variables

Information on demographic factors (age and sex), geographical factors of the OHCA (metropolitan city versus non-metropolitan city), places of CPR (public places versus non-public places), initial cardiac rhythm (shockable versus non-shockable), hospital cardiac rhythm (shockable versus non-shockable), witnessed cardiac arrest, bystander CPR, time interval from CPR to ED arrival, and mechanism of trauma was collected. Metropolitan city is defined as any city with more than one million people and first-level administrative division within South Korea. There are eight first-level cities in South Korea: Busan, Daegu, Daejeon, Gwangju, Incheon, Sejong, Seoul, and Ulsan.

TOHCA was defined as cardiac arrests caused by traumatic events at the scene or prehospital phase, including traffic crash, fall, collision, stab injury, and gunshot injury. Traffic crash was defined as any damages related to transportation, such as automobile and motorbike. Collision was defined as any damage caused by colliding with object, being trapped between objects, or striking. Detailed classification of the cause of traumatic cardiac arrest is described in Supplementary Table 1.

Public places were defined as the places generally open and near to people, such as roads, public buildings, and commercial facilities. Detailed classification of cardiac arrest is summarized in Supplementary Table 2. A shockable rhythm was defined as ventricular fibrillation or pulseless ventricular tachycardia. Sustained ROSC was defined as spontaneous rhythm that was sustained for > 20 minutes. The interval from cardiac arrest to ED arrival was defined as the time from EMS calling for TOHCA to ED arrival of patients.

Outcomes

The primary outcome of this study was sustained ROSC, and the secondary outcome was survival to discharge of patients with TOHCA.

Statistical analysis

The data including demographic characteristics between the sustained ROSC and non-sustained ROSC groups, and survival to dis-

charge and non-survival groups are presented as a median and interquartile range (IQR) for continuous data or as a frequency and percentage for categorical data. The normality of each continuous variable was assessed using the Kolmogorov-Smirnov test. The independent sample t-test was used to analyze parametric data, Mann-Whitney U-test was used to analyze nonparametric continuous data, and Pearson chi-square or Fisher exact test was used to analyze categorical variables.

The model of multivariate logistic regression was stepwise backward elimination. Any variables with a P-value < 0.05 in univariate analyses were included in the multivariate regression analysis. All statistical analysis was conducted with IBM SPSS ver. 20.0 (IBM Corp., Armonk, NY, USA) and R package ver. 3.3.2 (R Foundation for Statistical Computing, Vienna, Austria), and P < 0.05 was considered statistically significant.

RESULTS

Characteristics of the study patients

Of 142,905 OHCA patients who were registered during the study period, we excluded patients for the following reasons: non-traumatic cause (n = 127,400), age < 18 years (n = 2,857), do-not-resuscitate or death on arrival (n = 3,409), prehospital ROSC (n = 624), unknown mechanism of trauma (n = 241), and unknown ROSC or survival at hospital discharge (n = 48) (Fig. 1). The remaining 8,326 patients were finally enrolled in this study.

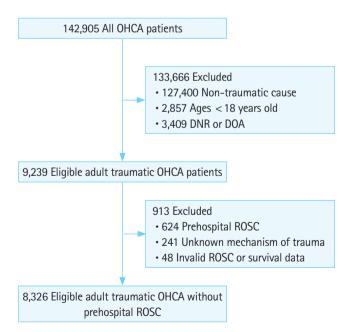


Fig. 1. Flow diagram of the study population. OHCA, out-of-hospital cardiac arrest; DNR, do not resuscitate; DOA, death on arrival; ROSC, return of spontaneous circulation.

16 www.ceemjournal.org



Table 1 summarizes the clinical characteristics of patients in the non-sustained ROSC and sustained ROSC groups. The percentages of male patients (70.6% vs. 76.4%, P < 0.001) and witnessed cardiac arrests (39.6% vs. 45.8%, P < 0.001) were significantly higher in the sustained ROSC group than in the non-sustained ROSC group. The time interval from cardiac arrest to ED arrival (22 minutes; IQR, 15–30 minutes) in the sustained ROSC group was significantly shorter than the median prehospital length of CPR (24 minutes; IQR, 18–34 minutes) in the non-sustained ROSC group (P < 0.001), and the mechanism of trauma differed significantly between the non-sustained ROSC and sustained ROSC groups (P < 0.001).

Table 1. Basic characteristics of TOHCA patients with and without sustained ROSC

Variable	Non-sustained ROSC (n = 5,634, 68.4%)	Sustained ROSC (n = 2,603, 31.6%)	P-value
Age (yr)	54 (41–67)	54 (41–66)	0.230
Sex			< 0.001
Female	1,656 (29.4)	615 (23.6)	
Male	3,978 (70.6)	1,988 (76.4)	
Metropolitan city			0.594
No	3,551 (63.0)	1,624 (62.4)	
Yes	2,083 (37.0)	979 (37.6)	
Place of cardiac arrest			0.013
Non-public places	1,980 (35.1)	841 (32.3)	
Public places	3,654 (64.9)	1,762 (67.7)	
Witnessed cardiac arrest			< 0.001
No	3,402 (60.4)	1,411 (54.2)	
Yes	2,232 (39.6)	1,192 (45.8)	
Bystander CPR			0.771
No	5,398 (95.7)	2,496 (95.9)	
Yes	241 (4.3)	107 (4.1)	
Initial cardiac rhythm			0.057
Non-shockable	5,580 (99.0)	2,565 (98.5)	
Shockable	54 (1.0)	38 (1.5)	
Hospital cardiac rhythm			0.223
Non-shockable	5,588 (99.2)	2,574 (98.9)	
Shockable	46 (0.8)	29 (1.1)	
Time interval (min)			
Cardiac arrest to ED arrivala)	24 (18–34)	22 (15–30)	< 0.001
Mechanism of trauma			< 0.001
Traffic accident	3,421 (60.7)	1693 (65.0)	
Fall	1,717 (30.5)	608 (23.4)	
Collision	320 (5.7)	229 (8.8)	
Stab injury	171 (3.0)	70 (2.7)	
Gunshot injury	5 (0.1)	3 (0.1)	

Values are presented as median (interquartile range) or number (%). TOHCA, traumatic out-of-hospital cardiac arrest; ROSC, return of spontaneous circulation; CPR, cardiopulmonary resuscitation; ED, emergency department.

a)Defined as time interval from emergency medical service calling for TOHCA to ED arrival of patients on the documented time of TOHCA to ED arrival.

Table 2 summarizes the clinical characteristics of patients in the non-survival and survival to discharge groups. The percentages of male patients (71.8% vs. 79.4%, P<0.001), TOHCAs in public places (65.4% vs. 69.6%, P=0.028), initial shockable rhythms (1.0% vs. 2.5%, P<0.001), and hospital shockable rhythms (0.8% vs. 1.8%, P<0.013) were significantly higher in the survival to discharge group than in the non-survival group. The percentage of TOHCAs in a metropolitan city was significantly lower in the survival to discharge group than in the non-survival group (37.6% vs. 32.5%, P=0.008). The mechanism of trauma differed significantly between the non-survival and survival to discharge groups (P<0.001).

Table 2. Basic characteristics of TOHCA patients with non-survival and survival to discharge

Survivar to discharge			
Variable	Non-survival (n = 7,524, 91.3%)	Survival to dis- charge (n = 713, 8.7%)	P-value
Age (yr)	54 (41-67)	53 (42-66)	0.904
Sex			< 0.001
Female	2,124 (28.2)	147 (20.6)	
Male	5,400 (71.8)	566 (79.4)	
Metropolitan city			0.008
No	4,694 (62.4)	481 (67.5)	
Yes	2,830 (37.6)	232 (32.5)	
Place of cardiac arrest			0.028
Non-public places	2,604 (34.6)	217 (30.4)	
Public places	4,920 (65.4)	496 (69.6)	
Witnessed cardiac arrest			0.531
No	4,388 (58.3)	425 (59.6)	
Yes	3,136 (41.7)	288 (40.4)	
Bystander CPR			0.093
No	7,197 (95.7)	692 (97.1)	
Yes	327 (4.3)	21 (2.9)	
Initial cardiac rhythm			< 0.001
Non-shockable	7,450 (99.0)	695 (97.5)	
Shockable	74 (1.0)	18 (2.5)	
Hospital cardiac rhythm			0.013
Non-shockable	7,462 (99.2)	700 (98.2)	
Shockable	63 (0.8)	13 (1.8)	
Time interval (min)			
Cardiac arrest to ED arrivala)	24 (16–32)	23 (14–29)	0.076
Mechanism of trauma			< 0.001
Traffic accident	4,652 (61.8)	462 (64.8)	
Fall	2,174 (28.9)	151 (21.2)	
Collision	461 (6.1)	88 (12.4)	
Stab injury	230 (3.1)	11 (1.5)	
Gunshot injury	7 (0.1)	1 (0.1)	

Values are presented as median (interquartile range) or number (%).

TOHCA, traumatic out-of-hospital cardiac arrest; CPR, cardiopulmonary resuscitation; ED, emergency department.

^{a)}Defined as time interval from emergency medical service calling for TOHCA to ED arrival of patients.



Table 3. Multivariate logistic analysis of sustained ROSC and survival to discharge

Adjusted odds ratio (95% CI)	P-value
1.326 (1.103-1.594)	0.003
0.845 (0.698-1.023)	0.083
1.956 (1.113-3.439)	0.020
0.816 (0.652-1.021)	0.075
Reference	
0.723 (0.589-0.888)	0.002
1.448 (1.086–1.930)	0.012
0.809 (0.484–1.353)	0.419
0.548 (0.057-5.303)	0.604
1.457 (1.026-2.069)	0.035
0.728 (0.541–0.980)	0.037
4.724 (2.451-9.106)	< 0.001
0.625 (0.366–1.066)	0.084
Reference	
0.823 (0.588-1.151)	0.255
1.745 (1.125–2.708)	0.013
0.664 (0.237-1.863)	0.435
0.000 (0.000-0.000)	0.999
	1.326 (1.103–1.594) 0.845 (0.698–1.023) 1.956 (1.113–3.439) 0.816 (0.652–1.021) Reference 0.723 (0.589–0.888) 1.448 (1.086–1.930) 0.809 (0.484–1.353) 0.548 (0.057–5.303) 1.457 (1.026–2.069) 0.728 (0.541–0.980) 4.724 (2.451–9.106) 0.625 (0.366–1.066) Reference 0.823 (0.588–1.151) 1.745 (1.125–2.708) 0.664 (0.237–1.863)

Model of multivariate logistic regression analysis is backward stepwise. ROSC, return of spontaneous circulation; CI, confidence interval; ED, emergency department.

Prognostic factors for sustained ROSC of patients with TOHCA

After multivariate logistic regression analysis, male sex (odds ratio [OR], 1.326; 95% confidence interval [CI], 1.103–1.594; P=0.003) and an initial shockable rhythm (OR, 1.956; 95% CI, 1.113–3.439; P=0.020) were significantly associated with sustained ROSC. Regarding the mechanism of trauma, collision (OR, 1.448; 95% CI, 1.086–1.930; P=0.012) was associated with sustained ROSC compared with traffic crash. Fall (OR, 0.723; 95% CI, 0.589–0.888; P=0.002) was inversely associated with sustained ROSC compared with traffic crash (Table 3).

Prognostic factors for survival to discharge of patients with TOHCA

After multivariate logistic regression analysis, male sex (OR, 1.457; 95% Cl, 1.026–2.069; P=0.035) and an initial shockable rhythm (OR, 4.724; 95% Cl, 2.451–9.106; P<0.001) were significantly associated with survival to discharge. Metropolitan city (OR, 0.728; 95% Cl, 0.541–0.980; P=0.037) was inversely associated with survival to discharge. Concerning the mechanism of trauma, collision (OR, 1.745; 95% Cl, 1.125–2.708; P=0.013) was associated with ROSC compared with traffic crash (Table 3).6

DISCUSSION

We analyzed nationwide data to identify prognostic factors associated with sustained ROSC and survival to discharge in adult TOHCA patients without prehospital ROSC. Regarding sustained ROSC, male sex and an initial shockable rhythm were favorable factors, and collision as a mechanism of trauma was a favorable prognostic factor for ROSC compared with traffic crash. However, fall was an unfavorable prognostic factor for ROSC compared with traffic crash. Concerning survival to discharge, male sex, and an initial shockable rhythm were favorable factors, but metropolitan city was an unfavorable factor. Regarding the mechanism of trauma, collision was a favorable factor for survival to discharge compared with traffic crash.

The survival rate in our study is higher than that reported in a recent large-scale study in North America that used data from two registry systems, but this difference was due to the measurement time of survival and rate of gunshot injury. The survival rate in this study was only measured at hospital discharge, not at 30 days after hospital discharge, and our study had a very low rate (0.1%) of gunshot injury compared to the North American study.⁶ Our study also demonstrated that 2,654 (31.9%) patients had sustained ROSC during ED resuscitation, although they did not have prehospital ROSC, and sustained ROSC was defined as ROSC > 20 minutes. The rate of sustained ROSC in our study was higher than that in a nationwide population-based study in Qatar (14.9%).¹² However, the rate was comparable to that of sustained ROSC in patients with TOHCA in other studies and ranged from 19.6% to 31.4%. These findings suggest that the resuscitation attempts in TOHCA patients without prehospital ROSC may be beneficial. However, the outcomes of TOHCA could be influenced by several factors, including the interval between the collapse and ED arrival, place of cardiac arrest, cardiac rhythm, and mechanism of trauma.

Unlike previous TOHCA studies in which male sex had no or a negative association with ROSC or survival to discharge, ^{11,16} male sex was a favorable factor for ROSC and survival to discharge in our study. The association between male sex and higher rate of sustained ROSC and survival to discharge remains unclear. However, this difference could be partially explained by the result of a recent study of OHCA in which female patients had lower chances than male patients to be resuscitated by a bystander and lower rate of an initial shockable rhythm.¹⁷

In our study, metropolitan city was an unfavorable factor for survival to discharge. Cardiac arrests that occurred in rural locations were less likely witnessed by bystanders and approached by EMSs, causing delayed hospital transportation and resuscitation. There is a significantly lower rate of survival among patients in

18 www.ceemjournal.org

a)Defined as time interval from EMS calling for TOHCA to ED arrival of patients.



areas lacking medical resources. This lower survival rate could be caused by various levels of medical resources in different areas. ¹⁶ Nevertheless, the pathophysiology of TOHCA is different depending on the medical causes of cardiac arrest, and different treatment priorities may be needed. ¹⁸ Traffic injury was the leading mechanism of TOHCA, and traffic injury in a metropolitan city was likely to be associated with more severe traumatic injury, which may need more medical care and interventions, compared with traffic injury in a non-metropolitan city. ¹⁶ Therefore, patients with TOHCA in a metropolitan city could have less chance of survival to discharge than patients with TOHCA in a non-metropolitan city.

Our results demonstrated that an initial shockable rhythm was a remarkable factor of the outcome. Consistent with several previous studies, cardiac arrest patients with shockable rhythm had better survival than those without it.^{19,20} Wolbinski et al.²¹ reported that OHCA patients with shockable presentations had a much higher survival rate than those without it (27% vs. 1%). Because a shockable rhythm was recorded in only 3% of total traumatic patients with OHCA compared with 17.1% of medical patients with OHCA, the survival rate of traumatic patients with OHCA was significantly lower.4 Even though 11.4% of patients who achieved spontaneous circulation on admission presented with an initial shockable rhythm, the proportion of shockable rhythm was elevated to 25% among the patients who survived to discharge. 12 This phenomenon was consistent with our findings that TOHCA patients with survival to discharge had a higher proportion of shockable rhythm than those without survival to discharge (2.5% vs. 1.0%). The underlying mechanism of the higher rate of shockable rhythm among TOHCA patients with survival to discharge remains unclear. However, Georgescu et al.22 revealed that one-third of traumatic patients with OHCA also presented with cardiovascular injuries or lesions, which is a reasonable explanation for our finding. It is very possible that cardiac problems increased the rate of shockable rhythm among patients with TOHCA. Consequently, an initial shockable rhythm played an important role in improving the survival to discharge of patients with TOHCA in this study.

In terms of the mechanism of trauma, traffic crash was the leading cause of OHCA in this study. This finding corresponds with the results of other TOHCA studies that identified traffic crash as the most common cause of trauma. However, the proportion of TOHCAs due to traffic crash was less in a North American study (28%–24%). Additionally, while gunshot wound (24%–26%) was the second leading cause of injuries in North America, it was a rare cause of traumatic cardiac arrest in our study.

In the multivariate logistic analysis for sustained ROSC and survival to discharge, compared with traffic crashes, collision was associated with a higher possibility of sustained ROSC and sur-

vival to discharge of patients with TOHCA, and these findings are similar to those of previous studies. However, unlike previous TOHCA-related studies in which fall was associated with a higher possibility of survival to discharge, fall was not associated with sustained ROSC and survival to discharge compared with traffic crash in our study. This difference may be because only TOHCA patients without prehospital ROSC were included in this study, and such patients could have a more severe traumatic injury than those in the previous TOHCA-related studies.

Our study has several limitations. First, since this was a retrospective observational study, it may have been subject to selection bias relating to ROSC and survival. Second, we could not assess the survival rate beyond hospital discharge because the survival rate was measured using data from the patients' medical records at hospital discharge. Therefore, a longer survival outcome, such as 30-day mortality, could be different from the outcomes of this study. Third, our retrospective registry did not contain data that described potential confounders, e.g., the patients' underlying diseases, hemodynamic statuses, and hemorrhage control. These factors could affect patient ROSC and survival to discharge. Thus, more studies that include more variables related to the patients' statuses are required to corroborate our results. Fourth, whether our study's findings can be generalized to other countries with different medical systems is uncertain. The study was performed in the context of South Korea's EMS, which does not permit the provision of advanced cardiac life support to patients. Hence, the findings from this study should be interpreted with caution with regard to their generalizability to other countries' medical systems that provide advanced cardiac life support to patients. Fifth, EMS-witnessed cardiac arrest and hemorrhage control were significant factors that affect the outcome of TO-HCA.^{12,23} However, these factors were not evaluated in this study. Therefore, the outcome of TOHCA in this study could be different if the EMS-witnessed TOCHA and hemorrhage control were identified. Finally, procedures performed by EMS during transportation, such as airway management, applying a splint or cervical collar, or adrenaline administration, were not assessed in this study. These procedures might be significant factors that affect the outcome of TOHCA. Therefore, the outcome of TOHCA in this study could be different if the procedures done by EMS were identified.

In conclusion, male sex, an initial shockable rhythm, and collision could be favorable factors associated with sustained ROSC. In contrast, patients with fall as a cause of trauma compared with traffic crash could be less likely to have sustained ROSC. Survival to discharge might be higher among patients who are men, reside in a non-metropolitan city, have an initial shockable rhythm, or have collision as a cause of trauma compared with traffic crash.



Nevertheless, these results should be cautiously interpreted considering the possible biases. Further nationwide studies will be needed to measure the long-term outcome, and they should include in-hospital data of patients.

CONFLICT OF INTEREST

No potential conflict of interest relevant to this article was reported.

SUPPLEMENTARY MATERIAL

Supplementary Tables are available from: https://doi.org/10.15441/ceem.19.057.

REFERENCES

- 1. Kitamura T, Iwami T, Kawamura T, et al. Nationwide public-access defibrillation in Japan. N Engl J Med 2010;362:994-1004.
- 2. Sasson C, Rogers MA, Dahl J, Kellermann AL Predictors of survival from out-of-hospital cardiac arrest: a systematic review and meta-analysis. Circ Cardiovasc Qual Outcomes 2010;3: 63-81.
- Chien CY, Su YC, Lin CC, Kuo CW, Lin SC, Weng YM. Is 15 minutes an appropriate resuscitation duration before termination of a traumatic cardiac arrest? A case-control study. Am J Emerg Med 2016;34:505–9.
- 4. Beck B, Tohira H, Bray JE, et al. Trends in traumatic out-of-hospital cardiac arrest in Perth, Western Australia from 1997 to 2014. Resuscitation 2016;98:79-84.
- Zwingmann J, Mehlhorn AT, Hammer T, Bayer J, Sudkamp NP, Strohm PC. Survival and neurologic outcome after traumatic out-of-hospital cardiopulmonary arrest in a pediatric and adult population: a systematic review. Crit Care 2012;16:R117.
- Evans CC, Petersen A, Meier EN, et al. Prehospital traumatic cardiac arrest: Management and outcomes from the resuscitation outcomes consortium epistry-trauma and PROPHET registries. J Trauma Acute Care Surg 2016;81:285–93.
- Barnard E, Yates D, Edwards A, Fragoso-Iniguez M, Jenks T, Smith JE. Epidemiology and aetiology of traumatic cardiac arrest in England and Wales: a retrospective database analysis. Resuscitation 2017;110:90-4.
- 8. Leis CC, Hernandez CC, Blanco MJ, Paterna PC, Hernandez Rde E, Torres EC. Traumatic cardiac arrest: should advanced life support be initiated? J Trauma Acute Care Surg 2013;74: 634–8.
- 9. Nielsen N. Predictive scores, friend or foe for the cardiac arrest patient. Resuscitation 2012;83:669–70.
- 10. Hayashi M, Shimizu W, Albert CM. The spectrum of epidemi-

- ology underlying sudden cardiac death. Circ Res 2015;116: 1887–906.
- Barnard EBG, Sandbach DD, Nicholls TL, Wilson AW, Ercole A. Prehospital determinants of successful resuscitation after traumatic and non-traumatic out-of-hospital cardiac arrest. Emerg Med J 2019;36:333-9.
- Irfan FB, Consunji R, El-Menyar A, et al. Cardiopulmonary resuscitation of out-of-hospital traumatic cardiac arrest in Qatar: a nationwide population-based study. Int J Cardiol 2017; 240:438-43.
- Goto Y, Maeda T, Nakatsu-Goto Y. Neurological outcomes in patients transported to hospital without a prehospital return of spontaneous circulation after cardiac arrest. Crit Care 2013; 17:R274.
- 14. Konesky KL, Guo WA. Revisiting traumatic cardiac arrest: should CPR be initiated? Eur J Trauma Emerg Surg 2018;44:903–8.
- 15. Beck B, Bray JE, Cameron P, et al. Predicting outcomes in traumatic out-of-hospital cardiac arrest: the relevance of Utstein factors. Emerg Med J 2017;34:786-92.
- Lai CY, Tsai SH, Lin FH, et al. Survival rate variation among different types of hospitalized traumatic cardiac arrest: a retrospective and nationwide study. Medicine (Baltimore) 2018; 97:e11480.
- 17. Blom MT, Oving I, Berdowski J, van Valkengoed IGM, Bardai A, Tan HL. Women have lower chances than men to be resuscitated and survive out-of-hospital cardiac arrest. Eur Heart J 2019:ehz297.
- Tarmey NT, Park CL, Bartels OJ, Konig TC, Mahoney PF, Mellor AJ. Outcomes following military traumatic cardiorespiratory arrest: a prospective observational study. Resuscitation 2011; 82:1194–7.
- Arrich J, Sterz F, Fleischhackl R, et al. Gender modifies the influence of age on outcome after successfully resuscitated cardiac arrest: a retrospective cohort study. Medicine (Baltimore) 2006;85:288-94.
- 20. Kitamura T, Iwami T, Kawamura T, et al. Nationwide improvements in survival from out-of-hospital cardiac arrest in Japan. Circulation 2012;126:2834-43.
- 21. Wolbinski M, Swain AH, Harding SA, Larsen PD. Out-of-hospital cardiac arrest patient characteristics: comparing ventricular arrhythmia and pulseless electrical activity. Heart Lung Circ 2016;25:639-44.
- 22. Georgescu V, Tudorache O, Nicolau M, Strambu V. Study regarding the survival of patients suffering a traumatic cardiac arrest. J Med Life 2015;8 Spec Issue:103–9.
- 23. Pickens JJ, Copass MK, Bulger EM. Trauma patients receiving CPR: predictors of survival. J Trauma 2005;58:951–8.

20 www.ceemjournal.org



Supplementary Table 1. Criteria for detailed classification of causes of traumatic cardiac arrest

Category	Definition
Traffic accident	Any damages related to means of transportation (automobile, motorbike, powerless transportation, trains, ships, airplanes, etc.)
Fall	Any damages from local energy including slipping and falling, falling down stairs, jumping, etc.
Collision	Hit by a fist, colliding with an object (bumping into a door), trapped between objects or people, trapped in a vehicle that is not in service, touching a machine, striking by explosives, collapsing of a building or structure, etc.
Stab injury	A knife or broken glass cuts hands, bites on animals or people, or pricks with sharp substances, such as knives
Gunshot injury	Damage caused by bullet or explosive substances fired from a gun

Supplementary Table 2. Criteria for detailed classification of cardiac arrest sites

Category	Definition	
Public place		
Road/highway	A road, a motorway, a paved road, a highway, a crossing, a car, etc.	
Public building	Schools, public playgrounds, public buildings, libraries, public welfare centers, etc.	
Leisure-related place	Amusement parks such as zoos, botanical gardens and plazas, parks, opera houses, cinemas, theaters, museums, galleries, and amusement parks in the Han River/Water lands, etc.	
Industrial facilities	Gas plant, all buildings under construction (home under construction, etc.); tunnels under construction; industrial parks; factory buildings; factory premises (including premises roads and parking lots; warehouses); mines, dry dock, power stations, docks, oil wells and other offshore facilities; workshops, shipyards, quarries, railway compartments, etc.	
Commercial facilities	Office, sauna, bathhouse, shopping mall, supermarket, convenience store, market, bank, gas station, bar, cafe, hotel, restaurant, rest area, wedding hall, funeral parlor, etc.	
Terminal	Railway station, bus stop, airport, subway, dock, harbor, anchored line	
Other public places	Land bridge, overloaded vehicle checkpoints, trains, churches, cathedrals, temples, public parking lots, cruise ships, ferries, airplanes, welfare centers, community centers, senior citizens' homes, river centers, kindergartens, daycare centers, etc.	
Non-public place		
House	Inside the house, private housing yard, private housing garden, entry road to private housing (road in apartment complex), private housing garage (park in apartment complex), swimming pool in private house or garden, security office (in apartment complex), playground (in apartment complex)	
Collective residence	Dormitories, test centers, military, orphanages, prisons, sports facilities belonging to collective residential facilities, etc.	
Nursing home	Nursing facilities, elderly care facilities, welfare centers, dementia centers, etc.	
Medical institution	General hospitals, hospitals, dental clinics, oriental hospitals, nursing hospitals, clinics, dental clinics, oriental clinics, and nursing homes	
Farm	Arable land (paddy fields, paddy banks, fields), farm buildings, farm water, farmlands, orchards, breeding grounds, etc.	
Ambulance	Inside an ambulance	
Other places	Mountains, rivers, seas, beaches, beaches, breakwater, valleys, lakes, bridges, railways, railroads, a walkway, a mineral spring, a vacant lot	