ORIGINAL ARTICLE



Mortality in acute pancreatitis with persistent organ failure is determined by the number, type, and sequence of organ systems affected

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Abstract

Background: Persistent organ failure (POF) is the strongest determinant of mortality in acute pancreatitis (AP). There is a paucity of data regarding the impact of different POF attributes on mortality and the role of different characteristics of systemic inflammatory response syndrome (SIRS) in the risk of developing POF.

Objective: We aimed to assess the association of POF dynamic features with mortality and SIRS characteristics with POF.

Methods: We studied 1544 AP subjects prospectively enrolled at 22 international centers (APPRENTICE consortium). First, we estimated the association of onset, duration, and maximal score of SIRS with POF. Then, we evaluated the risk of mortality based on POF onset, duration, number, type, and sequence of organs affected. Analyses were adjusted for potential confounders.

Results: 58% had SIRS, 11% developed POF, and 2.5% died. Early SIRS, persistent SIRS, and maximal SIRS score \geq 3 were independently associated with higher risk of POF (p < 0.05). Mortality risk in POF was higher with two (33%, odds ratio [OR] = 10.8, 3.3–34.9) and three (48%, OR = 20.2, 5.9–68.6) organs failing, in comparison to single POF (4%). In subjects with multiple POF, mortality was higher when the cardiovascular and respiratory systems failed first or concurrently as compared to when the renal system failed first or concurrently with other organ (p < 0.05). In multivariate regression model, the number and sequence of organs affected in POF were associated with mortality (p < 0.05). Onset and duration of POF had no impact mortality.

Conclusion: In AP patients with POF, the risk of mortality is influenced by the number, type, and sequence of organs affected. These results are useful for future revisions of AP severity classification systems.

KEYWORDS

acute pancreatitis, mortality, natural history, organ failure, systemic inflammatory response syndrome, severe acute pancreatitis

Key Summary

What is known?

- Persistent organ failure (POF; >48 h) is the strongest determinant of mortality in acute pancreatitis (AP).
- There is lack of evidence on the impact of different attributes of failing organs on AP mortality.
- The association of systemic inflammatory response syndrome (SIRS) characteristics with POF, has not been well studied.

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What is new here?

- Mortality risk in AP patients with POF is determined by the number, type, and sequence of organ systems affected.
- Multiple POF affecting the cardiovascular and respiratory systems first or concurrently carries the highest mortality in AP compared to the renal system.
- Involvement of the renal system as the first failing organ or concurrently with other organs during multiple POF is associated with lower mortality than respiratoy or cardiovascular systems as first failing organs.
- Onset and duration of POF are not associated with mortality in AP patients.
- SIRS on admission, persistent SIRS, and three to four SIRS criteria, are independently associated with higher risk of POF.

INTRODUCTION

The clinical course of acute pancreatitis (AP) is highly variable, ranging from rapid recovery in most, to death in 1%–3% of patients. Several studies have demonstrated that persistent organ failure (POF) lasting more than 48 h is the strongest determinant of mortality in AP. Several severity classification systems grades AP patients with POF in the severe category. However, both classifications used a dichotomous definition of POF, which assumes that all patients with POF have the same prognosis, and disregard the impact of specific features of POF on mortality. Better understanding of the prognosis of AP patients with different POF features is relevant so as to guide end of life discussions, to decide transfer to a higher level of care, and to inform future severity classification systems.

Given its importance, multiple studies have looked at the influence of the onset, duration, organ type, and the number of organs affected during POF. 3,5,8-14 Overall, these studies have consistently reported that multiple organ failure (MOF) is associated with higher mortality than single POF^{5,8,10,11,14}; although, previous studies did not systematically adjust for confounding. Furthermore, in critically ill patients with MOF the sequence of organ dysfunction and the first organ failing have been recognized as important determinants of mortality; however, this aspect has not been studied in AP. 15,16 Moreover, the association of the timing of onset, duration, and organ type of POF with mortality has been inconsistent across studies.^{5,9,11,12,14,17} Potential reasons for this inconsistency include single center retrospective designs, lack of adjustment for key confounding variables, restrictive eligibility criteria, and heterogeneous definitions of organ failure (OF). Therefore, large, multicenter, prospective studies that assess these associations and that overcome the limitations of prior research are needed.

The systemic inflammatory response syndrome (SIRS) is an easy to calculate, four-point scoring system, which is pathophysiologically associated with POF, and compares favorably with more complex clinical scores in predicting POF. ^{18,19} Previous studies have suggested that early onset (first day), persistent (>48 h), and three to four criteria of SIRS are associated with higher risk of POF and

mortality.^{8,20,21} Validating these associations and determining the accuracy of SIRS characteristics in a large international cohort is important for improving the generalizability of prior results.

The Acute Pancreatitis Patients Registry to Examine Novel Therapies in Clinical Experience (APPRENTICE) is a multinational study that prospectively enrolled over 1500 AP subjects from 22 international centers in four continents. Systemically collected data on disease phenotype, severity, and outcomes, provided us with an opportunity to study the impact of POF features on AP mortality and of SIRS characteristics on POF risk. Thus, our primary objective was to evaluate the effect of POF onset, duration, number, organ type, and sequence of organs on AP mortality. As a secondary objective, the current study aimed to assess the association and predictive value of the onset, duration, and maximal score of SIRS, on development of POF.

METHODS

Study population

We used data from APPRENTICE for this study. Adults hospitalized with AP at any of the participating centers (United States: 8, Europe: 6, Latin America: 5, and India: 3), between November 2015 and January 2018, were eligible for inclusion. Diagnosis of AP was based on presence of at least two of the three diagnostic criteria according to the American College of Gastroenterology (Table S1).²³ Subjects with chronic pancreatitis or pancreatic cancer were excluded. Eligible subjects were invited to participate. Informed consent was obtained from all subjects based on local requirements of the institutional review board (IRB).

The University of Pittsburgh served as the coordinating center and an umbrella IRB approved the study protocol (PRO15040389; approval date: 14 July 2015). Ethical committee approvals were obtained from local IRBs at all participating centers. The study protocol conforms to the ethical guidelines of the 1975 Declaration of Helsinki as reflected in a priori approval by the institution's human research committee. The study was registered in Clinicaltrials.gov (NCT03075618). The detailed methodology has been previously reported.^{22,24}

Data collection

Data were prospectively collected during the hospital admission through direct patient interview and medical chart review. Information on demographics, etiology, severity according to Revised Atlanta classification (Table S2), laboratory biomarkers, radiologic findings, treatment strategies, and hospital course was organized into 260 variables. Infected necrosis was defined as a positive culture from the necrotic bed, or the presence of gas in the necrotic collection on cross-sectional images. Deidentified data were entered by local study investigators to a central electronic database (REDCap) and managed by a data specialist at the coordinating center. To optimize data quality, a monitoring team verified data completeness, identified discrepancies, eliminated duplicate entries, and reconciled data directly with the participating centers.

SIRS, OF, and death

SIRS was defined by the presence of a score ≥ 2 (Table S3).²⁵ The timing of SIRS onset in relation to initial admission was categorized into five groups: on admission, Day 1, Day 2, Day 3, and Day 4 or thereafter. Duration of SIRS was classified as transient (\leq 48 h) or persistent (>48 h). The maximal SIRS score during the hospital admission was recorded as 2, 3, or 4.

OF was defined as a score ≥ 2 for cardiovascular (CV), respiratory or renal systems, using the modified Marshall scoring system (Table S4).²⁶ Involvement of two to three organ systems was defined as MOF. The date and time of initial OF detection was recorded. OF was assessed on a daily basis by local investigators, and the last day with any failing organ was used to calculate OF duration. Subjects with POF (>48 h) were further stratified based on the number of failed organs (one, two, three) and organ type affected. Furthermore, we categorized the time of onset (admission or Day 1, Day 2-3, Day 4-7, and after 7 days) and duration of POF (\leq 7, 8-14, and >14 days) into different intervals given the lack of data collinearity and guided by prior research using those cutoffs.^{5,12,14} In patients with persistent MOF, the first organ failing was recorded. Given the small number of subjects with CV failure in the cohort, the three categories for organ type affected and the first failing organ were collapsed into two groups: respiratory or CV versus renal. Mortality was recorded during the hospitalization related to study enrollment.

Statistical analysis

Descriptive statistics were reported as proportions for categorical data and as mean \pm standard deviation (SD) or median (interquartile range [IQR]) for continuous data. Univariate comparisons were performed using χ^2 test (or Fisher's exact test as appropriate) for categorical variables, and the Wilcoxon rank-sum test for continuous variables.

Among patients with SIRS, the risk of POF was compared across various SIRS characteristics. These comparisons were then adjusted

for age, sex, etiology, Charlson Comorbidity Index (CCI), transfer status, and obesity using multivariate logistic regression models. To assess the performance of combining SIRS characteristics in prediction of POF, a multivariate logistic regression model was constructed and the area under the receiver operating characteristic curve (AUC) was generated.

Mortality of subjects with different POF characteristics was then compared. Multivariate logistic regression models were used to determine the independent effect of POF characteristics on mortality. Only features significantly associated with mortality on univariate analyses were considered. The type of organ affected was not included because it could not be outlined in patients with three-organ persistent MOF. Age, sex, etiology, CCI, transfer status, and geographic location were selected a priori for inclusion in the model due to their clinical relevance. Cross-sectional imaging was not performed in 22/166 subjects with POF, in whom data on pancreatic necrosis was lacking, and thus, these covariates were not included in the final model. Instead, a sensitivity analysis that incorporated sterile and infected pancreatic necrosis, and pancreatic interventions as model covariates, was conducted among 144/166 subjects with POF and radiologic data available. Goodness of fit of the model was tested with the Hosmer-Lemeshow test. Comparisons are presented using odds ratios (ORs) and 95% confidence intervals (CIs). p-values < 0.05 were considered statistically significant. Statistical analyses were performed using R software (Version 3.5.1; R Foundation).

RESULTS

Study participants

A total of 1612 subjects with AP were enrolled in APPRENTICE. Sixty-eight (4%) subjects were excluded due to lack of data on OF, resulting in a final study population of 1544 (Figure S5). Mean age was 49.6 years (SD, 18.5), 52% were male, 63% were Caucasian, and 34% were transferred from another institution. The median interval from pain onset to admission was 8 h (IQR, 3–25). Most subjects had biliary etiology (45%), experienced mild interstitial AP (66%), and were enrolled during their first episode of AP (75%). Pancreatic necrosis was diagnosed in 311 (20%) participants, and became infected in 45 (3%). In this cohort, 892 (58%) met \geq 2 SIRS criteria, 354 (23%) had moderately severe AP, 166 (11%) developed POF (severe AP), 86 (5%) had MOF, and 39 (2.5%) died. Table 1 depicts the characteristics of subjects with and without POF.

Characteristics of SIRS

Figure 1 shows the frequency distribution of SIRS by onset, duration, and maximal score, in subjects with and without POF. The majority of subjects with SIRS had onset on admission (71%), persistent duration (57% based on 708 subjects with duration recorded), and reached maximal score of 2–3 (81%). SIRS was present in 43% of subjects

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TABLE 1 Characteristics of AP patients with and without POF

Age, mena ≥ SD	Characteristics	POF (n = 166)	No POF (n = 1378)	p-Value
Race or ethnicity, n (%) Caucasian 64 (38.6) 705 (51.2) Hispanic or Latino 15 (90) 299 (21.7) Asian Indian 81 (48.8) 285 (20.7) <0.001 Asian Indian 51 (30) 75 (5.4) Other 10.6) 14 (1.0) Geographic region, n (%) Europe 41 (24.7) 355 (25.8) 0.001 India 81 (48.8) 280 (20.3) Latin America 14 (8.4) 285 (20.7) North America 15 (8.6) No comorbidities, n (%) CCI = 1 36 (21.7) 248 (18.0) 0.24 CCI ≥ 2 18 (31.3) 518 (37.6) Transferred from other hospital, n (%) 113 (8.1) 415 (30.1) 0.001 Edilogy, n (%) Gallstone 55 (33.1) 642 (46.6) Alcohol 69 (41.6) 263 (19.1) Idiopathic 21 (12.7) 28 (16.5) 0.001 Hypertriplyceridemia 11 (6.6) 58 (4.2) Post-ECP 5 (3.0) 126 (9.1) Others 5 (3.0) 116 (4.4) First episode of AP, n (%) 134 (80.7) 1018 (73.9) 0.07 Pancreatic incerosis, n (%) 29 (27.4) 1018 (73.9) 0.07 Pancreatic incerosis, n (%) 29 (27.4) 112 (58.3) 0.001 Extent of pancreatic necrosis, n (%) 29 (27.4) 119 (8.6) 0.001 Infected pancreatic necrosis, n (%) 71 (42.8) 88 (4.2) 0.001 Infected pancreatic necrosis, n (%) 71 (42.8) 88 (4.2) 0.001 Endoscopic and/or percutaneous approach, n (%) 14 (45.5) 11 (0.8) 0.001 Endoscopic and/or percutaneous approach, n (%) 14 (40.5) 11 (0.8) 0.001	Age, mean ± SD	48.1 ± 17.4	49.8 ± 18.6	0.26
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Transferred from other hospital, n (%) 113 (68.1) 415 (30.1) <0.001	CCI = 1	36 (21.7)	248 (18.0)	0.24
Etiology, n (%) Gallstone 55 (33.1) 642 (46.6) Alcohol 69 (41.6) 263 (19.1) Idiopathic 21 (12.7) 228 (16.5) <0.001	CCl ≥ 2	52 (31.3)	518 (37.6)	
Gallstone 55 (33.1) 642 (46.6) Alcohol 69 (41.6) 263 (19.1) Idiopathic 21 (12.7) 228 (16.5) <0.001	Transferred from other hospital, n (%)	113 (68.1)	415 (30.1)	<0.001
Alcohol 69 (41.6) 263 (19.1) Idiopathic 21 (12.7) 228 (16.5) <0.001 Hypertriglyceridemia 11 (6.6) 58 (4.2) Post-ERCP 5 (3.0) 126 (9.1) Others 5 (3.0) 61 (4.4) First episode of AP, n (%) 134 (80.7) 1018 (73.9) 0.07 Pancreatic necrosis, n (%) 109 (65.7) 202 (14.7) <0.001 Extent of pancreatic necrosis* <30% 29 (27.4) 112 (58.3) <0.001 30%-50% 30 (28.3) 48 (25.0) >50% 47 (44.3) 32 (16.7) Peripancreatic necrosis, n (%) 89 (53.6) 119 (8.6) <0.001 Infected pancreatic necrosis, n (%) 24 (14.5) 21 (1.5) <0.001 Endoscopic and/or percutaneous approach, n (%) 61 (36.7) 47 (3.4) <0.001 Surgical intervention, n (%) 24 (14.5) 11 (0.8) <0.001	Etiology, n (%)			
Idiopathic 21 (12.7) 228 (16.5) <0.001 Hypertriglyceridemia 11 (6.6) 58 (4.2) Post-ERCP 5 (3.0) 126 (9.1) Others 5 (3.0) 61 (4.4) First episode of AP, n (%) 134 (80.7) 1018 (73.9) 0.07 Pancreatic necrosis, n (%) 109 (65.7) 202 (14.7) <0.001 Extent of pancreatic necrosis <30% 29 (27.4) 112 (58.3) <0.001 30%-50% 30 (28.3) 48 (25.0) >50% 47 (44.3) 32 (16.7) Peripancreatic necrosis, n (%) 24 (14.5) 119 (8.6) <0.001 Infected pancreatic necrosis, n (%) 71 (42.8) 58 (4.2) <0.001 Endoscopic and/or percutaneous approach, n (%) 61 (36.7) 47 (3.4) <0.001	Gallstone	55 (33.1)	642 (46.6)	
Hypertriglyceridemia 11 (6.6) 58 (4.2) Post-ERCP 5 (3.0) 126 (9.1) Others 5 (3.0) 61 (4.4) First episode of AP, n (%) 134 (80.7) 1018 (73.9) 0.07 Pancreatic necrosis, n (%) 109 (65.7) 202 (14.7) <0.001	Alcohol	69 (41.6)	263 (19.1)	
Post-ERCP 5 (3.0) 126 (9.1) Others 5 (3.0) 61 (4.4) First episode of AP, n (%) 134 (80.7) 1018 (73.9) 0.07 Pancreatic necrosis, n (%) 109 (65.7) 202 (14.7) <0.001 Extent of pancreatic necrosis³ 29 (27.4) 112 (58.3) <0.001 30%-50% 30 (28.3) 48 (25.0) >50% 47 (44.3) 32 (16.7) Peripancreatic necrosis, n (%) 89 (53.6) 119 (8.6) <0.001 Infected pancreatic necrosis, n (%) 24 (14.5) 21 (1.5) <0.001 Pancreatic interventions, n (%) 71 (42.8) 58 (4.2) <0.001 Endoscopic and/or percutaneous approach, n (%) 61 (36.7) 47 (3.4) <0.001 Surgical intervention, n (%) 24 (14.5) 11 (0.8) <0.001	Idiopathic	21 (12.7)	228 (16.5)	<0.001
Others 5 (3.0) 61 (4.4) First episode of AP, n (%) 134 (80.7) 1018 (73.9) 0.07 Pancreatic necrosis, n (%) 109 (65.7) 202 (14.7) <0.001	Hypertriglyceridemia	11 (6.6)	58 (4.2)	
First episode of AP, n (%) Pancreatic necrosis, n (%) Extent of pancreatic necrosis³ <30% 30%-50% 30 (28.3) 47 (44.3) Peripancreatic necrosis, n (%) Pancreatic interventions, n (%) Pancreatic interventions, n (%) Endoscopic and/or percutaneous approach, n (%) Surgical intervention, n (%) 1018 (73.9) 202 (14.7) 202 (14.7) 202 (14.7) 202 (14.7) 203 (14.7) 20.001 21 (1.5) 21 (1.5) 20.001 24 (14.5) 21 (1.5) 30.001 30.001 47 (3.4) 40.001 50.001 50.001	Post-ERCP	5 (3.0)	126 (9.1)	
Pancreatic necrosis, n (%) 109 (65.7) 202 (14.7) <0.001	Others	5 (3.0)	61 (4.4)	
Extent of pancreatic necrosis ^a <30%	First episode of AP, n (%)	134 (80.7)	1018 (73.9)	0.07
<30%	Pancreatic necrosis, n (%)	109 (65.7)	202 (14.7)	<0.001
30%-50% $30 (28.3)$ $48 (25.0)$ $>50%$ $47 (44.3)$ $32 (16.7)$ Peripancreatic necrosis, $n (%)$ $89 (53.6)$ $119 (8.6)$ <0.001 Infected pancreatic necrosis, $n (%)$ $24 (14.5)$ $21 (1.5)$ <0.001 Pancreatic interventions, $n (%)$ $71 (42.8)$ $58 (4.2)$ <0.001 Endoscopic and/or percutaneous approach, $n (%)$ $61 (36.7)$ $47 (3.4)$ <0.001 Surgical intervention, $n (%)$ $24 (14.5)$ $11 (0.8)$ <0.001	Extent of pancreatic necrosis ^a			
>50% 47 (44.3) 32 (16.7) Peripancreatic necrosis, n (%) 89 (53.6) 119 (8.6) <0.001	<30%	29 (27.4)	112 (58.3)	<0.001
Peripancreatic necrosis, n (%) 89 (53.6) 119 (8.6) <0.001	30%-50%	30 (28.3)	48 (25.0)	
Infected pancreatic necrosis, n (%) 24 (14.5) 21 (1.5) <0.001	>50%	47 (44.3)	32 (16.7)	
Pancreatic interventions, n (%) 71 (42.8) 58 (4.2) <0.001	Peripancreatic necrosis, n (%)	89 (53.6)	119 (8.6)	<0.001
Endoscopic and/or percutaneous approach, n (%) 61 (36.7) 47 (3.4) <0.001 Surgical intervention, n (%) 24 (14.5) 11 (0.8) <0.001	Infected pancreatic necrosis, n (%)	24 (14.5)	21 (1.5)	<0.001
Surgical intervention, <i>n</i> (%) 24 (14.5) 11 (0.8) <0.001	Pancreatic interventions, n (%)	71 (42.8)	58 (4.2)	<0.001
	Endoscopic and/or percutaneous approach, n (%)	61 (36.7)	47 (3.4)	<0.001
Total LOS, median days (IQR) 20 (12, 30) 7 (5, 12) <0.001	Surgical intervention, n (%)	24 (14.5)	11 (0.8)	<0.001
	Total LOS, median days (IQR)	20 (12, 30)	7 (5, 12)	<0.001

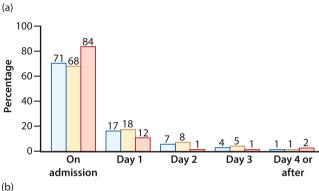
(Continues)

TABLE 1 (Continued)

Characteristics	POF (n = 166)	No POF (n = 1378)	p-Value
ICU admission, n (%)	136 (81.9)	121 (8.8)	<0.001
ICU LOS, median days (IQR)	7 (5, 12)	3 (2, 6)	< 0.001
Mortality, n (%)	34 (20.5)	5 (0.4)	<0.001

Abbreviations: AP, acute pancreatitis; CCI, Charlson Comorbidity Index; ERCP, endoscopic retrograde cholangiopancreatography; ICU, intensive care unit; LOS, length of stay; POF, persistent organ failure.

^aData on the extent of pancreatic necrosis were missing for 3 patients with POF and 10 patients without POF.



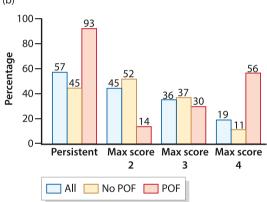


FIGURE 1 Frequency distribution among acute pancreatitis subjects with systemic inflammatory response syndrome (SIRS; n=892) and stratified by development of persistent organ failure (POF)—(a) by onset of SIRS and (b) by duration and maximal SIRS score

with mild AP (445/1024), 79% of subjects with moderately severe AP (281/354), and all subjects with POF (166/166). Among subjects with POF, 84% had SIRS on admission, 93% developed persistent SIRS, and 56% reached a maximal score of 4.

Impact of SIRS characteristics on POF

SIRS on admission was associated with higher risk of POF compared with delayed onset of SIRS (p < 0.05). Subjects with persistent SIRS had 26.3 greater odds of developing POF than subjects with transient SIRS (95% CI: 12.12–57.20, p < 0.001). Compared to subjects with two SIRS criteria, those with maximal SIRS scores of 3 (OR: 2.84, 95% CI: 1.70–4.73, p < 0.001) and 4 (OR: 17.94, 95% CI: 10.80–29.80, p = 0.02) had

higher odds of POF. These results were unchanged after adjusting for potential confounding variables (Table 2). When the SIRS characteristics were combined in a multivariate regression model that predicts POF, the AUC was 0.849 (95% CI: 0.818–0.879; Figure 2). An increase in the SIRS score from admission to 24 h was correlated with higher risk of developing POF (p < 0.001; Table S5).

Characteristics of POF

Figure 3 summarizes the characteristics of POF. The median time from admission to onset of POF was 1.3 days (IQR, 0.2–3 days), and 92% developed it within the first week. The median duration of POF was 6 days (IQR, 4–10), and lasted less than 2 weeks in 84% of 160 subjects with data available. Overall, the respiratory system was the most common organ failing (87%). MOF was present in 46% of POF subjects. In two-organ MOF, 38 subjects had failing respiratory and renal systems (84%), five CV and respiratory systems (11%), and two CV and renal systems (4%). The renal system failed first in 27 (60%) of patients with 2-organ MOF, and in 17 (55%) of those with 3-organ MOF.

Death occurred at a median of 10.7 days (IQR, 3.7-25.6) from initial admission. In patients with POF who died (n=34), death occurred at a median of 11.7 days from admission (IQR, 4.1-27), and at a median of 8.7 days (IQR, 3.5-24) after OF onset.

Impact of POF characteristics on mortality

Table 3 shows the association between POF subgroups and mortality. The odds of mortality with POF of 8–14 days (32%) was 2.7-folds greater than with shorter duration (15%, 95% CI: 1.03–6.92). In contrast, subjects with POF more than 14 days had similar mortality compared to those with POF \leq 7 days. Mortality rate was 4% in subjects with single POF (CV or respiratory 6% and renal 0%). In comparison, the odds of mortality were significantly higher with two (33%, OR: 10.8, 95% CI: 3.3–34.9) and three (48%, OR: 20.2, 95% CI: 5.9–68.6) organs failing. In subjects with two-organ MOF, the combination of CV and respiratory POF carried 10.5 greater odds of mortality (95% CI: 1.1–105) than the combination of renal with either CV or respiratory POF. Presence of CV or respiratory involvement as the first failing system in subjects with two-organ MOF was associated with higher mortality versus when renal failure occurred first

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TABLE 2 Risk of POF based on different characteristics of SIRS

Subgroups of SIRS	POF, n (%)	Unadjusted OR (95% CI)	p-value	Adjusted OR (95% CI) ^a	p-Value
Onset					
On admission	139/632 (21.9)	Reference	NA	Reference	NA
Day 1	20/150 (13.3)	0.55 (0.31-0.92)	0.02	0.56 (0.32-0.93)	0.03
Day 2	2/61 (3.3)	0.12 (0.01-0.47)	<0.001	0.10 (0.02-0.35)	<0.001
Day 3	2/38 (5.3)	0.20 (0.02-0.78)	0.01	0.17 (0.03-0.59)	0.02
Day 4 and after	3/11 (27.3)	1.33 (0.22-5.63)	0.71	1.20 (0.25-4.54)	0.80
Duration					
<48 h	7/305 (2.3)	Reference	NA	Reference	NA
>48 h	154/403 (38.2)	26.30 (12.12-57.20)	<0.001	26.46 (12.89-64.04)	<0.001
Maximal score					
2	24/399 (6.0)	Reference	NA	Reference	NA
3	49/319 (15.4)	2.84 (1.70-4.73)	<0.001	3.24 (1.91-5.63)	<0.001
4	93/174 (53.4)	17.94 (10.8-29.8)	<0.001	19.65 (11.42-35.07)	<0.001

Abbreviations: CI, confidence interval; OR, odds ratio; POF, persistent organ failure; SIRS, systemic inflammatory response syndrome.

^aAdjusted for age, sex, etiology, comorbidity index, transfer status, and obesity.

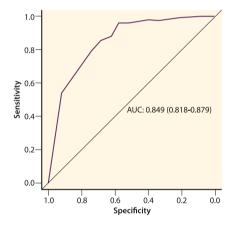


FIGURE 2 Area under the receiver operating characteristic (AUC) curve for prediction of persistent organ failure combining systemic inflammatory response syndrome characteristics

(OR: 9.0, 95% CI: 2.2–37.5). There was no difference in mortality based on the timing of POF onset.

The number and sequence of organs affected during POF were independently associated with mortality in final multivariate regression model (Table 4). Mortality was highest with three-organ MOF when the CV or respiratory systems failed first (OR: 601, p < 0.001), followed by two-organ MOF that started with CV or respiratory failure (OR: 108, p < 0.001), and then by three (OR: 30, p = 0.002) and two-organ (OR: 10, p = 0.002) MOF with renal failure occurring first. Duration of POF was not associated with mortality in the final model. After adding sterile and infected pancreatic necrosis, and pancreatic interventions as covariates, sensitivity analysis showed slight differences in the estimated effect sizes but were overall consistent with the main model. Infected pancreatic necrosis was

associated with mortality (OR: 21, p = 0.04), whereas sterile pancreatic necrosis was not.

DISCUSSION

There is a range of clinical outcomes based on POF characteristics that is not currently captured by the revised Atlanta classification severe group. In this large, prospective, multicenter study, we found that mortality of AP patients with POF was significantly higher with ≥2 organs failing, especially with the combination of CV and respiratory failure, and when the first organ failing was the CV or respiratory system. This study also underscores that the risk for developing POF is higher when SIRS occurs early, becomes persistent, or has higher scores. Our results provide data to serve as endpoints in future clinical trials, to guide physicians in clinical practice about patient subgroups requiring treatment escalation, and to inform discussions with patients and families about disease prognosis.

Consistent with previous studies, we confirmed that persistent MOF is associated with higher mortality than single POF. 3.5.8.10,11.14 Furthermore, we demonstrated a biological gradient based on the number of organs affected, and independence of this association from several potential confounding factors, including sterile and infected pancreatic necrosis. This evidence has fundamental clinical and research implications. Our study emphasizes the need to consider refining severity classification systems that differentiate subjects with persistent MOF from those with persistent single OF. While adding a new category to the current classification systems might reduce the number of patients within each stratum, 46% of patients with POF in our cohort would have been reclassified to the

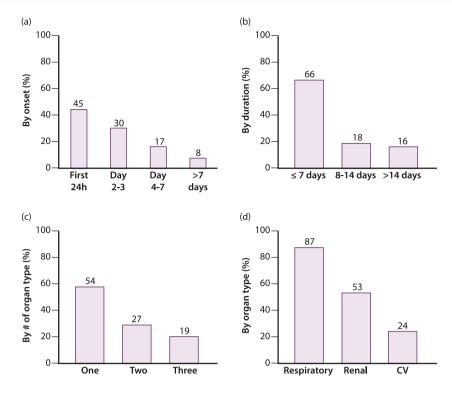


FIGURE 3 Frequency distribution among acute pancreatitis subjects with persistent organ failure (n = 166) based on—(a) onset, (b) duration, (c) number of organs affected, and (d) type of organ failing

most severe category due to multiorgan involvement. Lastly, our findings support the use of persistent MOF as a surrogate endpoint of mortality, or as part of a composite endpoint with mortality in clinical trials.

A novel finding of our study was that mortality in subjects with persistent MOF was determined by the sequence and type of organ failing. Specifically, mortality from persistent MOF was higher when the CV or respiratory systems failed first as compared to when the renal system failed first, even after adjusting for confounders. Moreover, mortality in subjects with two-organ MOF was higher when the CV and respiratory systems both failed as to when renal failure was combined with another organ. These findings suggest that involvement of the renal system as the first failing organ or concomitantly with other organs during persistent MOF, results in a less detrimental outcome. A less severe disease course in AP subjects with renal failure has also been observed in two recent US studies.^{27,28} This may be explained by enhanced survival of AP subjects with renal failure over time due to improved fluid resuscitation and dialysis strategies.²⁸ These results have a prognostic value for AP patients with MOF and inform clinicians about the natural history of this selective group of critically ill patients.

The impact of the onset and duration of POF on mortality has been controversial. Previous studies suggested that early POF within the first 48 h carried higher mortality than later onset POF. 9,11,12,17 Furthermore, Shi et al. 14 reported higher mortality in patients with prolonged duration of POF over 2 weeks, compared to those with shorter duration. More recently, the study of Schepers et al. 5

challenged these findings and found that mortality was not different based on the onset and duration of POF onset. Our study supports the lack of association between the onset and duration of POF with mortality. The discrepant results between early and more recent studies may be a result of improvements in critical care of POF over time, and transition from early, open surgery to less-invasive, step-up approaches in necrotizing pancreatitis.²⁹

The development of SIRS is central to the pathophysiology of POF and mortality. In APPRENTICE, all patients with POF were also found to have SIRS. After adjusting for potential confounders, we demonstrated that AP patients with SIRS on admission, persistent SIRS, and maximal SIRS score of 3–4 had higher risk of POF. This validates the findings from Singh et al., using a larger multicenter cohort, and applying a more robust approach to account for confounding. Our predictive model also suggests that the addition of SIRS characteristics may allow better prognostication of POF (AUC: 0.85) compared to the traditional dichotomous approach of SIRS "positive versus negative" (AUC: 0.70). 18,19

Our study has some limitations. Most participants were enrolled from tertiary-care centers with expertise in pancreatic disorders, so there may be potential for selection bias; however, the distribution of disease severity and mortality approximates to that observed in population-based studies. Ascertainment of death occurred during hospitalization; thus, it is possible that some subjects considered as survivors may have actually died later in the disease course, introducing potential misclassification bias. The lack of association of POF onset and mortality may be biased by the inability to define POF in very early deaths less than 48 h, and potential

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TABLE 3 Mortality of AP based on POF time of onset, duration, number, organ type, and sequence of organs affected

Subgroups of POF	Mortality, n (%)	OR (95% CI)	p-Value
By onset			
Within 24 h	17/74 (23.0)	Reference	0.57
Between Day 2-3	8/50 (16.0)	0.64 (0.25-1.62)	
Between Day 4-7	5/29 (17.2)	0.70 (0.23-2.11)	
After Day 7	4/13 (30.8)	1.49 (0.41-5.45)	
By total duration			
≤7 days	16/106 (15.1)	Reference	0.11
8-14 days	9/28 (32.1)	2.66 (1.03-6.92)	
>14 days	6/26 (23.1)	1.69 (0.59-4.85)	
By number of failed organs			
One organ (single POF)	4/90 (4.4)	Reference	<0.001
Two organ MOF	15/45 (33.3)	10.75 (3.31-34.94)	
Three organ MOF	15/31 (48.4)	20.16 (5.92-68.63)	
By organ type in single POF			
Respiratory/CV	4/73 (5.5)	Reference	1
Renal	0/17 (0)	0 (0-6.67)	
By organ type in two-organ MOF			
Renal with respiratory or CV	11/40 (27.5)	Reference	0.04
Respiratory and CV	4/5 (80.0)	10.5 (1.1–105)	
By organ sequence in two-organ MOF			
Renal first	4/27 (14.8)	Reference	0.003
Respiratory or CV first	11/18 (61.1)	9.0 (2.2-37.5)	
By organ sequence in three-organ MOF			
Renal first	6/17 (35.3)	Reference	0.16
Respiratory or CV first	9/14 (64.3)	3.3 (0.75-14.5)	

Abbreviations: AP, acute pancreatitis; CI, confidence interval; CV, cardiovascular; MOF, multiple organ failure; OR, odds ratio; POF, persistent organ failure.

underrepresentation of late onset POF more than 7 days. Unmeasured aspects of POF such as the severity gradation for each individual organ failing, the sequence of all failing organs, and the precise cause of POF may have caused residual confounding. Although we used the Marshall scoring system as suggested by the revised Atlanta classification,⁶ this limited our ability to ascertain POF beyond the CV, respiratory, and renal systems. Despite our efforts in data quality assurance, duration of SIRS and POF was not recorded in 184 and 6 patients, respectively. These patients were excluded from the analyses of these characteristics and might have biased the associations of SIRS and POF duration. Finally, screening methods, recruitment strategies, ancillary testing, imaging interpretation, and treatment strategies varied from site to site based on available resources and local clinical practices.²⁴

Our study has many strengths. First, it was conducted in a large, multiethnic population of AP subjects, prospectively enrolled at four

different continents, regardless of their predicted severity or imaging changes, allowing for better external validity and generalizability. Selective inclusion of patients with necrotizing pancreatitis and POF would have resulted in exclusion of 57/166 patients with POF who had no cross-sectional imaging or no pancreatic necrosis on imaging. Second, to optimize the internal validity of our study, we used logistic regression models to adjust for several potential confounders such as transfer status, geographic location, and sterile/infected pancreatic necrosis. Finally, local investigators prospectively monitored and recorded OF parameters on a daily basis, which resulted in only 4% of patients with incomplete data. Future observational studies that evaluate the prognostic role of other characteristics of POF unmeasured in our study are needed. Such studies should consider using alternative OF scoring methods that could also measure the impact of POF of other important systems such as the liver and nervous system.

TABLE 4 Multivariate regression model showing the effect of the number, sequence, and duration of POF on AP mortality

Variable	Reference category	OR (95% CI)	p-Value
Number and sequence of POF			
Three-organ MOF with CV or respiratory failure first	Single POF	601.49 (34.3-21167.75)	<0.001
Three-organ MOF with renal failure first		29.98 (4.2-311.93)	0.002
Two-organ MOF with CV or respiratory failure first		108.34 (16.4-1117.28)	<0.001
Two-organ MOF with renal failure first		9.91 (1.5-78.63)	0.02
Duration of POF > 7 days	POF ≤ 7 days	3.82 (0.9-18.4)	0.08
Age (years)	-	0.94 (0.86-1.01)	0.09
Male sex	Female sex	1.62 (0.26-9.78)	0.59
Etiology			
Gallstone	Other	2.46 (0.4–16.82)	0.34
Alcohol		0.91 (0.17-5.13)	0.91
CCI ≥ 2	CCI < 2	23.85 (2.41-374.19)	0.01
Transferred from another institution	Not transferred	0.18 (0.04-0.74)	0.02
Geographic location			
India	Europe	1.25 (0.18-10.15)	0.82
Latin America		1.02 (0.08-14.48)	0.99
North America		0.07 (0-0.72)	0.04

Note: p-value of Hosmer-Lemeshow goodness of fit test was 0.60, indicating no evidence of poor fit.

Abbreviations: AP, acute pancreatitis; CCI, Charlson Comorbidity Index; CI, confidence interval; CV, cardiovascular; MOF, multiple organ failure; OR, odds ratio: POF, persistent organ failure.

In summary, this large multicenter, international, prospective study showed that specific characteristics and dynamic features of SIRS and POF impact the clinical course and mortality of AP. A novel contribution of our study is that involvement of the CV and respiratory systems, either concurrently or as the first failing organ during persistent MOF, carries the highest mortality in AP as compared to when the renal system failed first or concurrently with other organ. Future refinement of severity classification systems should consider incorporating an additional category for patients with persistent MOF, which is independently associated with the highest risk of mortality in AP.

CONFLICT OF INTERESTS

The authors declare that there are no conflict of interests.

AUTHOR CONTRIBUTIONS

Study concept and design: Jorge D. Machicado, Amir Gougol, and Georgios I. Papachristou. *Data analysis*: Xiaoqing Tan, Xiaotian Gao, and Gong Tang. *Drafting of the manuscript*: Jorge D. Machicado and Georgios I. Papachristou. *Generation and collection of data, data interpretation, critical revision of the manuscript for important intellectual content, final approval of the manuscript*: all authors.

DATA AVAILABILITY

Data available on request due to privacy/ethical restrictions.

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of this article.

How to cite this article: Machicado JD, Gougol A, Tan X, et al. Mortality in acute pancreatitis with persistent organ failure is determined by the number, type, and sequence of organ systems affected. *United European Gastroenterol J.* 2021;9:139–149. https://doi.org/10.1002/ueg2.12057