



Thermal expansion and the glass transition

Lunkenheimer, Peter; Loidl, Alois; Riechers, Birte; Zaccone, Alessio; Samwer, Konrad

Published in: Nature Physics

DOI: 10.1038/s41567-022-01920-5

Publication date: 2023

Document Version Publisher's PDF, also known as Version of record

Citation for published version (APA):

Lunkenheimer, P., Loidl, A., Riechers, B., Zaccone, A., & Samwer, K. (2023). Thermal expansion and the glass transition. Nature Physics, Early View. https://doi.org/10.1038/s41567-022-01920-5

General rights Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
 You may not further distribute the material or use it for any profit-making activity or commercial gain.
 You may freely distribute the URL identifying the publication in the public portal.

Take down policy

If you believe that this document breaches copyright please contact rucforsk@kb.dk providing details, and we will remove access to the work immediately and investigate your claim.

nature physics

Article

Thermal expansion and the glass transition

Received: 12 July 2022

Accepted: 14 December 2022

Published online: 06 February 2023

Check for updates

Peter Lunkenheimer $\mathbb{O}^1 \boxtimes$, Alois Loidl \mathbb{O}^1 , Birte Riechers $\mathbb{O}^{2,3}$, Alessio Zaccone \mathbb{O}^4 & Konrad Samwer \mathbb{O}^5

Melting is well understood in terms of the Lindemann criterion, which essentially states that crystalline materials melt when the thermal vibrations of their atoms become so vigorous that they shake themselves free of the binding forces. This picture does not necessarily have to hold for glasses, where the nature of the solid-liquid cross-over is highly debated. The Lindemann criterion implies that the thermal expansion coefficients of crystals are inversely proportional to their melting temperatures. Here we find that, in contrast, the thermal expansion coefficient of glasses decreases more strongly with increasing glass temperature, which marks the liquid-solid cross-over in this material class. However, this proportionality returns when the thermal expansion coefficient is scaled by the fragility, a measure of particle cooperativity. Therefore, for a glass to become liquid, it is not sufficient to simply overcome the interparticle binding energies. Instead, more energy must be invested to break up the typical cooperative particle network that is common to glassy materials. The thermal expansion coefficient of the liquid phase reveals similar anomalous behaviour and is universally enhanced by a constant factor of approximately 3. These universalities allow the estimation of glass temperatures from thermal expansion and vice versa.

Many materials in technology and nature are glasses, that is, disordered materials that are solid but lack the periodicity of a crystalline lattice^{1,2}. This includes not only the common silica-based transparent materials used for windows, glass fibres, etc. but also many polymers and bio-derived materials, various solid-state electrolytes, supercooled molecular liquids and even amorphous metals. This state of matter is usually prepared by cooling a liquid sufficiently fast to avoid crystallization^{1–3}. Below the melting temperature T_m , a so-called supercooled liquid is formed first, before the material becomes a glass below the glass temperature $T_g < T_m$. The latter marks the boundary between liquid and solid, which usually is defined at a viscosity value of 10¹² Pa s. However, in contrast to crystallization, the solidification at T_g occurs smoothly, that is, without a discontinuous jump of the viscosity. Below T_g , most physical quantities of a glass-former exhibit a cross-over to weaker temperature dependence, that is, a jump in their derivatives, at first glance reminiscent of a second-order phase transition. This is also the case for the volume (Fig. 1a) as well as the thermal expansion, which is considered in the present work.

Although humans have used supercooling to prepare glasses for millennia, there is no consensus on the true nature of the glass transition¹⁻⁵. The temperature of the mentioned cross-over depends on the cooling rate, clearly excluding a canonical phase transition. Instead, it is commonly assumed that the liquid falls out of thermodynamic equilibrium at the glass transition, which happens just at T_g for a typical cooling rate of 10 K min⁻¹. Nevertheless, various competing theoretical approaches assume that an underlying, 'hidden' phase transition at a temperature above or below T_g may in fact govern the cross-over between liquid and glass^{2,4,6,7}. Alternatively, it could simply be a purely kinetic phenomenon^{4,8,9}.

 ¹Experimental Physics V, Center for Electronic Correlations and Magnetism, University of Augsburg, Augsburg, Germany. ²Bundesanstalt für Materialforschung und -prüfung, Berlin, Germany. ³Glass and Time, Department of Science and Environment, Roskilde University, Roskilde, Denmark.
 ⁴Department of Physics 'A. Pontremoli', University of Milan, Milan, Italy. ⁵I. Physikalisches Institut, University of Goettingen, Goettingen, Germany.
 ⁽²⁾e-mail: peter.lunkenheimer@physik.uni-augsburg.de

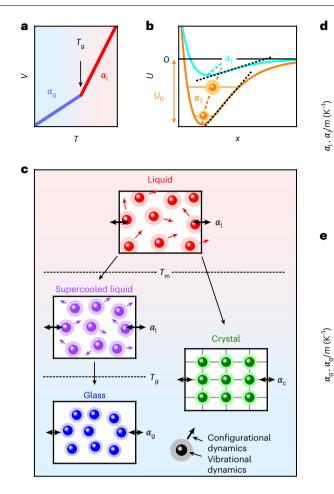
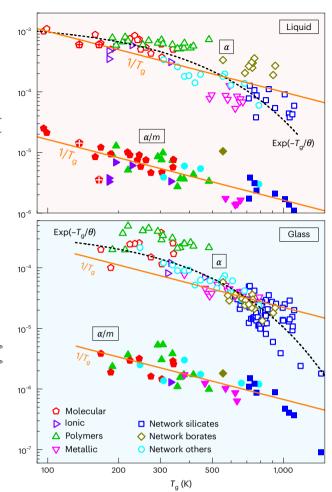


Fig. 1 | Contributions to the thermal expansion and its correlations with the glass temperature. a, Schematic of the temperature variation of the volume around the glass transition (blue line, glass state; red line, liquid). b, Schematic of the asymmetric pair potential giving rise to thermal expansion in a solid. Two potentials for two different binding energies (depths of minima) are shown (orange and cyan solid lines: potential for high and low binding energies, respectively). The dotted black lines show the slopes at the attractive parts of the potentials, which are smaller for lower binding energy. The dashed lines (orange, high binding energy; cyan, low binding energy) indicate the average location of the particle, which shifts to the right (larger interparticle distance) for higher temperature, leading to thermal expansion. For the deeper potential, the particle position is shown for two temperatures. c, Schematic of the different contributions to the thermal expansion of liquids, glasses and crystals: the vibrational dynamics is indicated by the shaded areas around the spheres, representing the atoms or molecules of the material. The additional configurational dynamics in the liquid phases is indicated by single-headed

In contrast, the transition between the liquid and solid states via crystallization and melting is much better understood¹⁰, in particular in terms of the basic ideas behind the Lindemann criterion^{11,12}. The latter predicts that melting occurs when the r.m.s. displacement of particles due to thermal vibrations exceeds a certain percentage of the interparticle spacing¹², often reported to be roughly on the order of 10% (refs.¹³⁻¹⁵). It is nowadays well established that these vibrations take place within potential wells whose asymmetry gives rise to thermal expansion. There are arguments (Supplementary Note 1 and ref.¹⁶) that, for higher melting temperatures, associated with deeper wells, the slope of the attractive part of the potential should be steeper (Fig. 1b). As this slope *s* is related to the thermal expansion for materials



arrows. The double-headed arrows illustrate the resulting thermal expansion. d,e, Double-logarithmic plot of the experimentally determined thermal volumeexpansion coefficients α_g in the glass phase (**e**) and of α_1 in the liquid phase (**d**) versus the glass temperature T_{g} for a large variety of glass-formers belonging to different material classes (see Supplementary Table 1 for detailed information on all the materials and values and the corresponding references; for water, shown by the crossed pentagons, two glass-transition scenarios were considered; see Supplementary Note 5). In addition to the bare expansion coefficients (open symbols), the figure also provides the α values divided by the fragility parameter m (filled symbols), being a measure of cooperative dynamics. The solid orange lines show linear fits with a slope of -1, based on all data points for each phase, except for α_1 of the borates and of water and except for α_{α} of SiO₂. The dashed lines represent fits with $\alpha \propto \exp(-T_{\sigma}/\theta)$ with the same $\theta \approx 270$ K for both data sets. Note that the ordinates of d and e have been adjusted to achieve the same decades per centimetre ratio. In **a** and **c**-**e**, bluish and reddish backgrounds indicate solid- and liquid-like states, respectively.

with higher $T_{\rm m}$. Making the reasonable approximations that $T_{\rm m} \propto U_0$ (with U_0 the depth of the well) and that $1/\alpha_{\rm c} \propto s \propto U_0$ (ref. ¹⁶; see Supplementary Note 1 for a more detailed discussion), one arrives at:

$$a_{\rm c}T_{\rm m} = {\rm const.}$$
 (1)

Here, α_c is defined as the relative volume change at constant pressure p, namely, $\alpha_c = 1/V (\partial V/\partial T)_p$. Indeed, such a relation was suggested to be directly related to the Lindemann criterion^{14,17} (see also Supplementary Note 1).

In crystalline solids, the ordered structure melts at the melting temperature, and in glasses, the rigid disordered structure dissolves above the glass temperature. Thus, it seems natural that these two phenomena should have a common basis, specifically bearing in mind that, for many glasses, the relation $T_{\rm g} \approx 2/3 T_{\rm m}$ holds^{18–22} (although exceptions are also reported²³). In light of a possible Lindemann-like criterion for the glass–liquid transition considered, for example, in refs. ^{4,21,22,24–28}, in analogy to crystals, one may thus expect the relation:

$$a_{\rm g}T_{\rm g} = {\rm const.}$$
 (2)

In general, the thermal expansion is of fundamental importance, defining universal quantities such as the Grüneisen parameter or the Prigogine–Defay ratio^{1,12,29}. It also reflects the occurrence of different dynamic processes in glasses³⁰. The change of slope of V(T) at $T_{\rm g}$ (Fig. 1a) is one of the most paradigmatic characteristics of the glass transition^{18,31,32}. The thermal expansion coefficient in liquids, $\alpha_{\rm l}$, is higher by about a factor of 1.5–4 than in solids^{32–35}. It is well established that $\alpha_{\rm l}$ contains two contributions: a vibrational one, also present in the solid state, and an additional configurational one, being caused by the translational motions of the particles that also give rise to the viscous flow defining a liquid^{22,33,34,36} (see the schematic representation in Fig. 1c). The vibrational contribution arises from the anharmonic interparticle potential and dominates the thermal expansions of crystals and glasses, which mostly are of similar magnitude.

Interestingly, Stillinger and co-workers suggested a Lindemannlike freezing criterion for liquids³⁷⁻³⁹. On the basis of molecular dynamics simulations, they found that melts freeze if the r.m.s. particle displacement falls below about one-half of the interparticle spacing. In analogy to equations (1) and (2), related to the Lindemann melting criterion, one could thus naively expect that:

$$a_{\rm l}T_{\rm g} = {\rm const.}$$
 (3)

with α_1 as the expansion coefficient of the liquid. However, α_1 is believed to be governed by additional configurational motions instead of the vibrations exclusively considered in the Lindemann scenario. Therefore, deviations from such a correlation, if present at all, may be expected. Nevertheless, in ref.⁴⁰, such a relation was predicted, on the basis of theoretical considerations. Moreover, within the framework of the recently developed Krausser–Samwer–Zaccone model⁴¹, equation (3) should also be approximately valid and consistent with a correlation of the repulsive part of the interparticle potential and the fragility index *m* (refs.^{42,43}) that was recently found for a variety of glass-formers⁴⁴ (see Supplementary Note 2 for details).

In literature, there are some reports on, partly contradicting, correlations of $T_{\rm g}$ with the thermal expansion or with $\Delta \alpha$, the jump of α at $T_{\rm g}$, namely, $\Delta \alpha T_{\rm g} = {\rm const.}$ (refs. ^{45,46}), $\Delta \alpha T_{\rm g} \propto T_{\rm g}$ (ref. ⁴⁷), $a_{\rm g} T_{\rm g}^2 = {\rm const.}$ (ref. ²⁰) and $\alpha_{\rm l} T_{\rm g} = {\rm const.}$ (refs. ^{40,45}) (equation (3)). However, they all were found for specific classes of glass-formers only, and the overall data base was limited. In contrast, in the present work, using data on more than 200 materials from literature (Supplementary Table 1), we check for such correlations across very different classes of glass-formers.

If equation (2) or (3) or alternative universal relations hold, α measured in a glass or liquid would allow one to predict glass temperatures, without any knowledge of microscopic pair potential parameters. At the same time, one could gain insight into the universality of configurational contributions to the thermal expansion at $T > T_g$ and concerning the relevance of a Lindemann-like mechanism for the glass transition. In any case, the explanation of a possible universal relationship of α and T_g would represent a severe benchmark for any model of the glass transition.

Experimental data and analysis

The values of α_g , α_l and T_g used in the present work are listed in Supplementary Table 1, and details on their selection and reliability are provided in Supplementary Notes 3 and 4. The included materials can be classified as molecular glass-formers (alcohols, van der Waals-bonded

and other systems), polymers, ionic glass-formers (including ionic liquids and melts), metallic systems (so-called bulk metallic glasses and others) and network glass-formers (including silicates, borates, phosphates, chalcogenides and halogenides, whose networks are mainly formed by covalent bonds, in contrast to hydrogen-bonded materials such as water or alcohols, which also can form molecular networks). Their interparticle bond types vary from covalent, hydrogen, ionic, metallic to van der Waals. Their glass temperatures cover about one decade, and their thermal expansion coefficients vary by approximately 2.5 and 1.5 decades in the glass and liquid phase, respectively. In general, the available data basis is broader for the glass state than for the liquid phase.

The open symbols in Fig. 1d, e show the complete $\alpha(T_{\alpha})$ data sets for the liquid and glass states, respectively, using a double-logarithmic representation. The first conclusion from these figures is a clear correlation of the thermal expansion with the glass temperature, namely, a decrease of α_{q} and α_{l} with increasing T_{q} . Notably, this correlation holds across very diverse material classes (indicated by different symbols in the figures) with different bond types and drastically varying glass temperatures. The scatter of the data certainly partly signals the fact that α was often measured employing very different techniques applied by various experimental groups during the last century. It probably also arises from variations in the width and separation from T_{σ} of the temperature regime where the thermal expansion was determined (see also Supplementary Notes 3 and 4). Figure 1d also includes data for water (crossed pentagons), whose glass transition is highly controversial. When considering the ambiguities in the determination of its α and T_{α} , for both proposed glass-transition scenarios (with or without assuming a liquid-liquid transition and with different T_{α} values; see Supplementary Note 5 for more details), its values reasonably match the suggested correlation.

As discussed above, in principle, a decrease of α with increasing T_{α} , as demonstrated in Fig. 1d,e, is expected if a Lindemann-like scenario would apply for the glass-liquid transition, too. However, when assuming the validity of equations (2) and (3), such double-logarithmic plots of α versus T_g (open symbols) should lead to approximately linear behaviour with a slope of -1. Instead, both data sets depend much more strongly on T_{α} , as becomes obvious from a comparison with the upper solid lines, indicating a slope of -1, that is $\alpha \propto 1/T_g$. At best, only part of the liquid data, especially at $T_g < 400$ K, are roughly consistent with equation (3). We find that an exponential T_{α} -dependent variation, $\alpha_i = \alpha_{0,i} \exp(-T_{\alpha}/\theta_i)$ (with i = g' or 'l' for glass or liquid, respectively), as indicated by the dashed lines in Fig. 1d,e, provides a much better formal description of the experimental data than the dependence $\alpha_i \propto 1/T_{\sigma}$ suggested by equations (2) and (3). Indeed, both data sets can be quite well linearized within a semi-logarithmic representation, plotting the logarithm of α_i versus T_{α} (Supplementary Fig. 1). The only exception are the values for the borates in the liquid state, whose thermal expansion seems to represent a special case. Indeed, exceptional thermal expansion properties of the borate glasses were identified earlier^{19,48,49} They are believed to be due to their specific network structure involving triangular-shaped BO₃ basic units, instead of the tetrahedral units prevailing in most other network glass-formers (Supplementary Fig. 1, circles and squares) in this high T_{g} range. Moreover, temperature- and composition-dependent structural rearrangements also may play a role^{50,51}.

The very similar α - T_g correlations for the liquid and glass state are astonishing, bearing in mind that the thermal expansion in the supercooled liquid includes vibrational as well as configurational contributions, while in the glass it should be dominated by vibrational contributions only. Moreover, we find an approximately identical exponential factor $\theta_1 = \theta_g \approx 270$ K for both glasses and liquids. This implies a fixed ratio $\alpha_l/\alpha_g = \alpha_{0,l}/\alpha_{0,g}$. Using $\alpha_{0,l} \approx 1.4 \times 10^{-3}$ K⁻¹ and $\alpha_{0,g} \approx 4.3 \times 10^{-4}$ K⁻¹, obtained from the fits, this ratio is approximately 3, which should be universally valid for all glass-formers. To check this prediction, Fig. 2 shows α_l/α_g versus T_g for those materials where both expansion

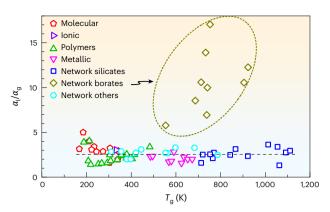


Fig. 2 | Ratio of the thermal expansion coefficients measured in the liquid and glass phases. Leaving the borate glasses aside, this ratio is essentially independent of the glass temperature and on the order of 3 for all systems (the horizontal dashed line indicates the average value of 2.6).

coefficients are available. Indeed, this ratio is close to 3 for a large variety of glass-formers belonging to different material classes. Only the borate glasses reveal much larger ratios, in accord with their known anomalous expansion behaviour^{19,48,49}.

Discussion and concluding remarks

We have shown that the thermal expansion data of about 200 glass-formers reveal a clear correlation with the glass temperature, which holds across vastly different material classes. However, the data are clearly inconsistent with $\alpha T_g = \text{const.}$, expected when assuming a Lindemann-like scenario for the glass transition. This expectation is met neither for the glass, nor for the liquid phase, where it was theoretically predicted^{40,41,44}. Instead, we find a much stronger decrease of α with T_g for both states. This only becomes obvious when considering data covering a broad range of glass temperatures and thermal expansion coefficients.

The invalidity of equation (2) implies that at least one of the intuitive proportionalities $T_g \propto U_0$ and $1/\alpha_g \propto U_0$ (analogous to the crystal case; see the introduction and Supplementary Note 1) must be invalid for glasses. A clue is given when considering that U_0 , the depth of the pair potential, essentially corresponds to the interparticle binding strength. As materials with very weak (van der Waals) and strong (covalent) bonds are included here, it should vary by about two or three decades. This is in accordance with the observed variation of α_g (Fig. 1e), that is, consistent with $1/\alpha_g \propto U_0$. In contrast, T_g varies by 1.2 decades only, and thus, $T_g \propto U_0$ should be invalid. Therefore, we conclude that the transition temperature from glass to liquid depends much more weakly on the microscopic quantity U_0 than for the crystal–liquid transition for which $T_m \propto U_0$. This marked difference seems somehow to reflect the fact that the glass transition differs qualitatively from crystal melting. This can be rationalized as follows:

Notably, the systems with small T_g and high α , lying in the upper left part of Fig. 1e (for example, the polymers and molecular materials), generally exhibit higher fragility index *m* than those with high T_g and small α such as the metallic or network systems⁵² (Supplementary Table 1 and Supplementary Fig. 2). *m* is a quantitative measure of the deviation of a material's viscosity η from the Arrhenius temperature dependence, $\eta \propto \exp[E/(k_B T)]$ (where k_B is the Boltzmann constant), expected when assuming canonical thermally activated particle dynamics with a well-defined energy barrier *E* (refs. ^{42,43}). Such deviations are a hallmark feature of glass-forming liquids and strongly material dependent, being most pronounced, for example, in many polymers and molecular liquids^{1,4,43}. They are often ascribed to an increase of the effective energy barrier with decreasing temperature, caused by the cooperative motion of ever larger numbers of molecules upon cooling a liquid towards its glass transition^{2,3,53}. Within this framework, higher *m* values (characterizing so-called fragile glass-formers^{1,4,43}) mean that this increase is stronger than for small *m* values ('strong' glass-formers).

The stronger T_{g} dependence of α_{g} compared with equation (2), observed in the present work, then could be due to this effective energy barrier enhancement. The glass temperatures of the more fragile materials in the upper left part of Fig. 1e are larger than expected from their pair potential depth alone, because, to liquify these glasses, more energy has to be invested to break up their cooperatively rearranging regions. Within this scenario, $T_{g} \propto mU_{0}$ instead of $T_a \propto U_0$ may be tentatively assumed. In contrast, the relation $\alpha_{q} \propto 1/U_{0}$ should be unaffected by cooperativity as the thermal expansion in a solid glass is governed by vibrational motions within the local pair potential only (Fig. 1b), for which cooperative motions play no role. Therefore, the proportionality $\alpha_g \propto 1/T_g$ should be invalid, in accordance with experimental observation (Fig. 1e) and, instead, the quantity α_g/m should be proportional to $1/T_g$. This expectation indeed is well fulfilled, as demonstrated by the filled symbols in Fig. 1e, showing α_{g}/m versus T_{g} for those systems where m is known (Supplementary Table 1). This finding corroborates the correctness of the assumption $T_g \propto mU_0$ mentioned above. The only clear exception is the data point for pure SiO₂, which is also exceptional by having the highest $T_{\rm g}$ and smallest $\alpha_{\rm g}$ of all systems and an anomaly in its temperature-dependent density⁵⁴ similar to water.

Notably, a corresponding cooperativity correction also is able to linearize the thermal expansion coefficients of the liquid state (Fig. 1d, filled symbols). That is, we find $\alpha_{\rm l}/m \propto 1/T_{\rm g}$. Thus, equations (2) and (3) should be replaced by:

$$(a_i/m)T_g = \text{const.} \quad (i = g, l).$$
(4)

Interestingly, a similar relation is an outcome of the free volume model, assuming that α is the thermal expansion coefficient due to free volume⁵⁵. Notably, the above-mentioned ratio $T_{\rm g} \approx 2/3 T_{\rm m}$ is incompatible with the simultaneous validity of equations (1) and (4), considering that $\alpha_{\rm g} \approx \alpha_{\rm c}$. As this ratio is quite well established¹⁸⁻²², some doubts about the validity of equation (1) may arise. It certainly would be interesting to check this relation for a similarly broad data base as in the present work.

Finally, it is remarkable that α_1 and α_2 (or α_1/m and α_2/m) exhibit the same dependence on glass temperature and are related by a universal factor of about 3, characterizing the increase of the thermal expansion when crossing the glass transition upon heating. A factor of 2-4 was occasionally quoted in literature^{33,34}, and here we document a factor close to 3 that is valid for the complete universe of glass-forming materials, leaving the borates aside. As discussed above, it is reasonable that the vibrational contributions to the thermal expansion are essentially the same in the glass and liquid states (Fig. 1c), ascribing the observed higher α_i to additional configurational contributions arising above $T_{\rm g}$ (refs. ^{33,34}). Then, $\alpha_{\rm l}/\alpha_{\rm g} \approx 3$ implies that the configurational part is universally two times higher than the vibrational one, which seems surprising when considering their different physical origins. It is reasonable that the thermal expansion is related to the maximum possible displacement of a particle during the corresponding motion (either vibrational and/or configurational). If one expands the third derivative of the pair potential versus distance (the thermal expansion coefficient) from one to three dimensions, assuming still the same local process, and adds the configurational (many body) motions, one can rationalize the detected factor of 3 (see Supplementary Note 6 for details). Thus, the enhancement of α above T_g essentially seems to be a dimensionality effect. Locally, we propose here the cross-over from a two-body interaction (vibrations on the picosecond time scale) to an additional many-body process (configurational changes on a much longer time scale).

Article

The found universal correlation of α_g and T_g , involving the degree of cooperativity of particle motion in different material classes, quantified by the fragility *m*, obviously is a typical, so far unnoticed, property of glasses. It markedly differs from the much simpler behaviour of crystalline systems, which can be explained in terms of the Lindemann criterion. This and the unexpected universal factor relating α in the glass to that in the liquid put severe constraints on existing and future models of the glass transition. Finally, the present results have predictive power for engineering glassy materials by design: one will be able to predict T_g in a bottom-up way based on interatomic/intermolecular parameters and to deduce it from a simple thermal expansion measurement. Conversely, a simple T_g measurement will yield a wealth of information about atomic-scale composition and thermal properties.

Online content

Any methods, additional references, Nature Portfolio reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at https://doi.org/10.1038/s41567-022-01920-5.

References

- 1. Angell, C. A. Formation of glasses from liquids and biopolymers. *Science* **267**, 1924–1935 (1995).
- 2. Debenedetti, P. G. & Stillinger, F. H. Supercooled liquids and the glass transition. *Nature* **410**, 259–267 (2001).
- 3. Kivelson, S. A. & Tarjus, G. In search of a theory of supercooled liquids. *Nat. Mater.* **7**, 831–833 (2008).
- Ediger, M. D., Angell, C. A. & Nagel, S. R. Supercooled liquids and glasses. J. Phys. Chem. 100, 13200–13212 (1996).
- Dyre, J. C. Colloquium: the glass transition and elastic models of glass-forming liquids. *Rev. Mod. Phys.* 78, 953–972 (2006).
- Kirkpatrick, T. R. & Wolynes, P. G. Stable and metastable states in mean-field Potts and structural glasses. *Phys. Rev. B* 36, 8552–8564 (1987).
- Albert, S. et al. Fifth-order susceptibility unveils growth of thermodynamic amorphous order in glass-formers. Science 352, 1308–1311 (2016).
- Angell, C. A. & Rao, K. J. Configurational excitations in condensed matter, and the "bond lattice" model for the liquid-glass transition. J. Chem. Phys. 57, 470–481 (1972).
- Chandler, D. & Garrahan, J. P. Dynamics on the way to forming glass: bubbles in space-time. *Annu. Rev. Phys. Chem.* 61, 191–217 (2010).
- 10. Cahn, R. W. Melting from within. Nature 513, 582–583 (2001).
- 11. Lindemann, F. A. The calculation of molecular vibration frequencies. *Phys. Z.* **11**, 609–612 (1910).
- 12. Gilvarry, J. J. The Lindemann and Grüneisen laws. *Phys. Rev.* **102**, 308–316 (1956).
- Stillinger, F. H. & Weber, T. A. Lindemann melting criterion and the Gaussian core model. *Phys. Rev. B* 22, 3790–3794 (1980).
- Granato, A. V., Joncich, D. M. & Khonik, V. A. Melting, thermal expansion, and the Lindemann rule for elemental substances. *Appl. Phys. Lett.* 97, 171911 (2010).
- Lawson, A. C. Physics of the Lindemann melting rule. *Philos. Mag.* 89, 1757–1770 (2009).
- MacDonald, D. K. C. & Roy, S. K. Vibrational anharmonicity and lattice thermal properties, II. *Phys. Rev.* 97, 673–676 (1955).
- Shi, B., Yang, S., Liu, S. & Jin, P. Lindemann-like rule between average thermal expansion coefficient and glass transition temperature for metallic glasses. *J. Non-Cryst. Solids* 503–504, 194–196 (2019).
- Sakka, S. & MacKenzie, J. D. Relation between apparent glass transition temperature and liquids temperature for inorganic glasses. J. Non-Cryst. Solids 6, 145–162 (1971).

- Scholze, H. Glas: Natur, Struktur und Eigenschaften (Springer, 1988).
- 20. Van Uitert, L. G. Relations between melting point, glass transition temperature, and thermal expansion for inorganic crystals and glasses. J. Appl. Phys. **50**, 8052–8061 (1979).
- 21. Malinovsky, V. K. & Novikov, V. N. The nature of the glass transition and the excess low energy density of vibrational states in glasses. *J. Phys. Condens. Matter* **4**, L139–L143 (1992).
- Angell, C. A., Ngai, K. L., McKenna, G. B., McMillan, P. F. & Martin, S. W. Relaxation in glass forming liquids and amorphous solids. J. Appl. Phys. 88, 3113–3157 (2000).
- 23. Lu, Z. & Lia, J. Correlation between average melting temperature and glass transition temperature in metallic glasses. *Appl. Phys. Lett.* **94**, 061913 (2009).
- 24. Xia, X. Y. & Wolynes, P. G. Fragilities of liquids predicted from the random first order transition theory of glasses. *Proc. Natl Acad. Sci. USA* **97**, 2990–2994 (2000).
- 25. Larini, L., Ottochian, A., De Michele, C. & Leporini, D. Universal scaling between structural relaxation and vibrational dynamics in glass-forming liquids and polymers. *Nat. Phys.* **4**, 42–45 (2007).
- 26. Chakravarty, C., Debenedetti, P. G. & Stillinger, F. H. Lindemann measures for the solid–liquid phase transition. *J. Chem. Phys.* **126**, 204508 (2007).
- 27. Zaccone, A. & Terentjev, E. Disorder-assisted melting and the glass transition in amorphous solids. *Phys. Rev. Lett.* **110**, 178002 (2013).
- Sanditov, D. S. A criterion for the glass–liquid transition. J. Non-Cryst. Solids 385, 148–152 (2014).
- 29. Schmelzer, J. W. P. & Gutzow, I. The Prigogine–Defay ratio revisited. *J. Chem. Phys.* **125**, 184511 (2006).
- 30. Simha, R. Transitions, relaxations, and thermodynamics in the glassy state. *Polym. Eng. Sci.* **20**, 82–86 (1980).
- 31. Zarzycki, J. Glasses and the Vitreous State (Cambridge Univ. Press, 1991).
- 32. Kauzmann, W. The nature of the glassy state and the behavior of liquids at low temperatures. *Chem. Rev.* **43**, 219–256 (1948).
- Stillinger, F. H. & Debenedetti, P. G. Distinguishing vibrational and structural equilibration contributions to thermal expansion. *J. Phys. Chem. B* 103, 4052–4059 (1999).
- Johari, G. P. Determining vibrational heat capacity and thermal expansivity and their change at glass-liquid transition. *J. Chem. Phys.* **126**, 114901 (2007).
- 35. Davies, R. O. & Jones, G. O. Thermodynamic and kinetic properties of glasses. *Adv. Phys.* **2**, 370–410 (1953).
- Potuzak, M., Mauro, J. C., Kiczenski, T. J., Ellison, A. J. & Allan, D. C. Resolving the vibrational and configurational contributions to thermal expansion in isobaric glass-forming systems. J. Chem. Phys. 133, 091102 (2010).
- Stillinger, F. H. A topographic view of supercooled liquids and glass formation. Science 265, 1935–1939 (1995).
- Stillinger, F. H. & Weber, T. A. Computer simulation of local order in condensed phases of silicon. *Phys. Rev. B* 31, 5262–5271 (1985).
- Laviolette, R. A. & Stillinger, F. H. Multidimensional geometric aspects of the solid liquid transition in simple substances. *J. Chem. Phys.* 83, 4079–4085 (1985).
- 40. Wool, R. P. Twinkling fractal theory of the glass transition. *J. Polym. Sci. B* **46**, 2765–2778 (2008).
- Krausser, J., Samwer, K. H. & Zaccone, A. Interatomic repulsion softness directly controls the fragility of supercooled metallic melts. *Proc. Natl Acad. Sci. USA* **112**, 13762–13767 (2015).
- Plazek, D. J. & Ngai, K. L. Correlation of polymer segmental chain dynamics with temperature-dependent time-scale shifts. *Macromolecules* 24, 1222–1224 (1991).

- 43. Böhmer, R. & Angell, C. A. Correlations of the nonexponentiality and state dependence of mechanical relaxations with bond connectivity in Ge-As-Se supercooled liquids. *Phys. Rev. B* **45**, 10091–10094 (1992).
- Lunkenheimer, P., Humann, F., Loidl, A. & Samwer, K. Universal correlations between the fragility and the interparticle repulsion of glass-forming liquids. J. Chem. Phys. 153, 124507 (2020).
- 45. Simha, R. & Boyer, R. F. On a general relation involving the glass temperature and coefficients of expansion of polymers. *J. Chem. Phys.* **37**, 1003–1007 (1962).
- 46. Boyer, R. F. & Simha, R. Relation between expansion coefficients and glass temperature: a reply. *Polym. Lett.* **11**, 33–44 (1973).
- Sharma, S. C., Mandelkern, L. & Stehling, F. C. Relation between expansion coefficients and glass temperature. *Polym. Lett.* **10**, 345–356 (1972).
- Shelby, J. E. Thermal expansion of alkali borate glasses. J. Am. Ceram. Soc. 66, 225–227 (1983).
- Shelby, J. E. Properties and structure of B₂O₃-GeO₂ glasses. J. Appl. Phys. 45, 5272–5277 (1974).
- Duffy, J. A. & Grant, R. J. Effect of temperature on optical basicity in the sodium oxide-boric oxide glass system. *J. Phys. Chem.* 79, 2780 (1975).
- 51. Klyuev, V. P. Viscosity and density of boron trioxide. *Glass Phys. Chem.* **31**, 749–759 (2005).
- Böhmer, R., Ngai, K. L., Angell, C. A. & Plazek, D. J. Nonexponential relaxations in strong and fragile glass formers. J. Chem. Phys. 99, 4201–4209 (1993).

- 53. Bauer, T., Lunkenheimer, P. & Loidl, A. Cooperativity and the freezing of molecular motion at the glass transition. *Phys. Rev. Lett.* **111**, 225702 (2013).
- 54. Brückner, R. Properties and structure of vitreous silica. I. *J. Non-Cryst. Solids* **5**, 123–175 (1970).
- Novikov, V. N. & Sokolov, A. P. Temperature dependence of structural relaxation in glass-forming liquids and polymers. *Entropy* 24, 1101 (2022).

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this license, visit http://creativecommons. org/licenses/by/4.0/.

 \circledast The Author(s), under exclusive licence to Springer Nature Limited 2023

Data availability

The data that support the findings of this study are available in Supplementary Table 1.

Acknowledgements

We thank G. Johari, F. Stillinger and D. Vollhardt for stimulating discussions. K.S. acknowledges constant support over many years by the DFG Sa/337 via the Leibniz Program and Caltech, Pasadena, CA via the visiting associate program. B.R. is grateful for support from the VILLUM Foundation's Matter Grant (no. 16515). A.Z. gratefully acknowledges funding from the European Union through Horizon Europe ERC, grant no. 101043968 'Multimech' and from the US Army Research Office through contract no. W911NF-22-2-0256.

Author contributions

K.S. initiated this work. P.L. and B.R. collected the experimental data. P.L. analysed the data and prepared the figures. A.L., P.L., K.S. and A.Z. wrote the manuscript. All authors discussed the results and commented on the manuscript.

Funding

Open access funding provided by Universitaet Augsburg.

Competing interests

The authors declare no competing interests.

Additional information

Supplementary information The online version contains supplementary material available at https://doi.org/10.1038/s41567-022-01920-5.

Correspondence and requests for materials should be addressed to Peter Lunkenheimer.

Peer review information *Nature Physics* thanks Giancarlo Franzese, Vladimir Novikov and the other, anonymous, reviewer(s) for their contribution to the peer review of this work.

Reprints and permissions information is available at www.nature.com/reprints.