



# Evaluation of both expression and serum protein levels of caspase-8 and mitogen-activated protein kinase 1 genes in patients with different severities of COVID-19 infection

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## Abstract

**Aim** The current study aimed to evaluate the effects of caspase-8 (*CASP8*) and mitogen-activated protein kinase 1 (*MAPK1*) gene expression levels and their products on preventing severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) infection.

**Methods** A total of 40 patients (men, 15 [37.5%]; women, 25 [62.5%]) with COVID-19 infection were included in the current study. The patients were divided into four main groups based on disease severity: mild (n = 7), moderate (n = 10), severe (n = 14), and critical (n = 9). Individuals aged < 18 years and pregnant women were excluded. Patients were classified according to the World Health Organization (WHO) classification system (WHO/2019-nCoV/clinical/2021.1).

**Results** Considering all groups, statistically significant differences were detected among all groups for both  $CASP8^{2-\Delta\Delta Ct}$  ( $p = 0.006$ ) and  $MAPK1^{2-\Delta\Delta Ct}$  values ( $p = 0.015$ ). Moreover, statistically significant differences were detected between mild and moderate ( $p = 0.013$ ), moderate and critical ( $p = 0.018$ ), and severe and critical ( $p = 0.023$ ) groups for lymphocytes.

**Conclusion** The *CASP8/MAPK1* expression levels and/or its products are essential in preventing injury caused by COVID-19 infection. They play crucial roles in maintaining cellular homeostasis and viability. Furthermore, *CASP8/MAPK1* levels can provide information about disease severity.

**Keywords** *CASP8* gene · Cellular homeostasis · *MAPK1* · SARS-CoV-2

## Introduction

The disease was named “coronavirus disease 2019 (COVID-19)” by the World Health Organization (WHO) in February after it was understood that the epidemic, which started with pneumonia of unknown etiology, was caused by a new coronavirus-related infection and associated with a seafood market in Wuhan, China, in December 2019 [1]. Coronaviruses are RNA viruses with rod-like protrusions on their surface and are enclosed and single-stranded and have positive polarity. They are called coronaviruses because the protrusions resemble “corona,” the Latin for “crown.” Coronaviruses belong to the Coronaviridae family, Orthocoronavirinae subfamily, which is divided into four genera: alpha, beta, gamma, and delta coronavirus [2].

Mitogen-activated protein kinases (*MAPKs*) may alter host defense and apoptotic mechanisms; they are a family of highly conserved serine-threonine protein kinases that link external stimuli, such as viral infections, to the cell nucleus and activate the *MAPK* pathway in viral infections [3]. In

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virus-infected cells, the *MAPK* cascade is also implicated in controlling immune response and apoptosis [4]. Various DNA and RNA viruses use *MAPK* cascades to activate signal transduction pathways in infected host cells. *MAPK* signaling can act as a positive or negative viral replication regulator. *MAPK* pathways can be triggered by the presence of both active and dormant viral cells [3].

*CASP8* (aspartate-specific cysteine protease), has roles in the induction of exogenous apoptosis, the inhibition of necroptosis, and is a critical regulator of programmed cell death activation [5]. *CASP8* can control inflammasome activation and generation and maturation of pro-inflammatory cytokines IL1 and IL18 and regulate inflammation without death receptor signaling [5].

*CASP8* and *MAPK1* have been studied in the context of viral infections [6]. In addition to revealing the roles of genes in the etiopathogenesis of diseases [7, 8], the detection of both the expression levels of the genes [9, 10] and their products [11–14] are crucial to understand their function and their role maintaining cellular homeostasis and viability. The current study aimed to evaluate the effects of *CASP8* and *MAPK1* gene expression levels and their products to determine their function in individuals with different severities of COVID-19 infection.

## Methods

### Patients and groups

A total of 40 patients (men, 15 [37.5%]; women, 25 [62.5%]) with COVID-19 infection were included in the current study. The patients were divided into four main groups: mild disease (n=7), moderate (n=10), severe (n=14) and critical (n=9). Patients aged under 18 years of age and pregnant women were excluded.

**Mild disease:** Individuals who have any of the various signs and symptoms of COVID-19 (e.g., fever, cough, sore throat, malaise, headache, muscle pain, nausea, vomiting, diarrhea, and loss of taste and smell) but do not have shortness of breath, dyspnea, or abnormal chest imaging.

**Moderate disease:** Individuals who show evidence of lower respiratory disease during clinical assessment or imaging and have an oxygen saturation (SpO<sub>2</sub>) of  $\geq 94\%$  on room air at sea level.

**Severe disease:** Individuals who have SpO<sub>2</sub> of  $< 94\%$  on room air at sea level, ratio of arterial partial pressure of oxygen to fraction of inspired oxygen (PaO<sub>2</sub>/FiO<sub>2</sub>)  $< 300$  mmHg, respiratory frequency  $> 30$  breaths/min, or lung infiltrates  $> 50\%$ .

**Critical disease:** Individuals who have respiratory failure, septic shock, and/or multiple organ dysfunction (<https://www.covid19treatmentguidelines.nih.gov/overview/clinical-spectrum/>).

[www.covid19treatmentguidelines.nih.gov/overview/clinical-spectrum/](https://www.covid19treatmentguidelines.nih.gov/overview/clinical-spectrum/)).

### Ethics

The study was approved by the Ministry of Health and Local Ethics Committee (Karabuk University Local Ethic Committee's approval document dated November 11, 2020, and numbered 338). Individuals with COVID-19 infection were divided into four main groups based on disease severity: mild (n=7), moderate (n=10), severe (n=14), and critical (n=9). Patients were classified according to the WHO classification system (WHO/2019-nCoV/clinical/2021.1). Individuals aged  $< 18$  years and pregnant women were excluded from the study.

### Detection of blood parameters

The Beckman Coulter LH 780 analyzer was used to examine the values of hemogram parameters (hemoglobin [HB], platelet, and lymphocyte). Using original commercial kits, the Roche Cobas Integra 400 plus auto-analyzer was used to assess C-reactive protein (CRP) readings.

The Cobas Roche t511 analyzer was used to measure D-dimer levels. The serum lactate dehydrogenase (LDH) and ferritin levels were measured using a Roche Cobas 702 auto-analyzer.

Polymerase chain reactions were performed using SARS-CoV-2 RTqPCR Detection Kit (Bioeksan, Turkey) via a real-time polymerase chain reaction (PCR) analyzer (Anatolia Geneworks, Turkey).

### Detection of human *CASP8* and *MAPK1* levels via enzyme-linked immunosorbent assay (ELISA)

Both human *CASP8* and *MAPK1* levels were determined from blood serum samples of patients using the human *CASP8* (Invitrogen) (Catalog No. BMS2024) and *MAPK1* (Fine Test) (Catalog No. EH0665) kits via the ELISA method based on biotin double antibody sandwich technology. Bio-Tek Instruments E.L.X. 50 Strip Washer was used as a microplate washer. Each well's optical density was determined immediately using a 450-nm wavelength microplate reader (Bio-Tek Instruments E.L.X. 800 Absorbance Microplate Reader). The findings of the samples were obtained by substituting the device's absorbance values in the calibration graph.

### RNA isolation and cDNA synthesis

The patient's peripheral blood samples for RNA isolation were placed in RNase and DNase-free tubes containing ethylenediaminetetraacetic acid. Then, according to

the manufacturer's instructions, RNA was extracted from peripheral blood samples of patients using RiboEx (Catalog No. 301-001) and Hybrid-R (Catalog No. 305-101) kits. Measurements were obtained with a spectrophotometer to determine the adequacy of the RNA quality for the investigation. The extracted RNA was kept in RNase-free water at  $-20\text{ }^{\circ}\text{C}$ . Using the ABT cDsNA Synthesis Kit (High Capacity) (Catalog No. C03-01-05), cDNA was obtained from isolated RNA Mastermix used for cDNA synthesis including  $2\text{ }\mu\text{L}$  RNA,  $2\text{ }\mu\text{L}$  10X RTase Reaction Buffer,  $1\text{ }\mu\text{L}$  dNTP mix,  $3.5\text{ }\mu\text{L}$  RNase-free distilled water,  $1\text{ }\mu\text{L}$  Reverse Transcriptase,  $0.5\text{ }\mu\text{L}$  RNase Inhibitor, and  $2\text{ }\mu\text{L}$  Random Hexamer.

### Relative gene expressions of CASP8 and MAPK1 gene by real-time qPCR

The expression levels of *CASP8*, *MAPK1*, and the reference gene (*ACTB*) were detected via the Applied Biosystems 7500 and ViiA7 real-time PCR systems for each cDNA sample of the patients. The ABT 2X qPCR SYBR-Green Mastermix (without ROX) (Catalog No. Q03-01-05) kit was used for the PCR in a final volume of  $20\text{ }\mu\text{L}$ :  $4\text{ }\mu\text{L}$  cDNA,  $10\text{ }\mu\text{L}$  2X MasterMix (with SYBR-Green),  $3\text{ }\mu\text{L}$  RNase-free distilled water,  $1\text{ }\mu\text{L}$  QN ROX Reference Dye (Applied Biosystems cyclor only),  $1\text{ }\mu\text{L}$  forward primer ( $10\text{ }\mu\text{M}$ ), and  $1\text{ }\mu\text{L}$  reverse primer ( $10\text{ }\mu\text{M}$ ). Cycle conditions of the real-time qPCR were initial denaturation at  $95\text{ }^{\circ}\text{C}$  for  $300\text{ s}$ ,  $40$  cycles of denaturation at  $95\text{ }^{\circ}\text{C}$  for  $15\text{ s}$ , and  $40$  cycles of annealing at  $60\text{ }^{\circ}\text{C}$  for  $60\text{ s}$ . *ACTB* transcript was used as a reference for the quantitation of mRNA expressions and normalized

according to the control group. Calculation of fold change had been calculated via processing  $\Delta\Delta\text{Ct}$  values as  $2^{-\Delta\Delta\text{Ct}}$ .

### Statistical analysis

The data were analyzed via the Statistical Package for Social Sciences (IBM Corp., Armonk, NY, USA) for Windows 23.0. The Shapiro-Wilk test was used in determining the data distribution. Because the data were not normally distributed ( $p < 0.05$ ), nonparametric tests were used for statistical analysis. In addition to descriptive statistics (number, mean, standard deviation [SD]) for each variable, the Kruskal-Wallis test was used to compare all groups; additionally, a polynomial regression test was performed. A p-value of  $< 0.05$  was accepted as statistically significant.

### Results

The mean age of patients was  $63.225 \pm 14.995$  years. For age, no statistically significant differences were found among all groups ( $2 = 1.569$ ,  $p = 0.666$ ) (Table 1).

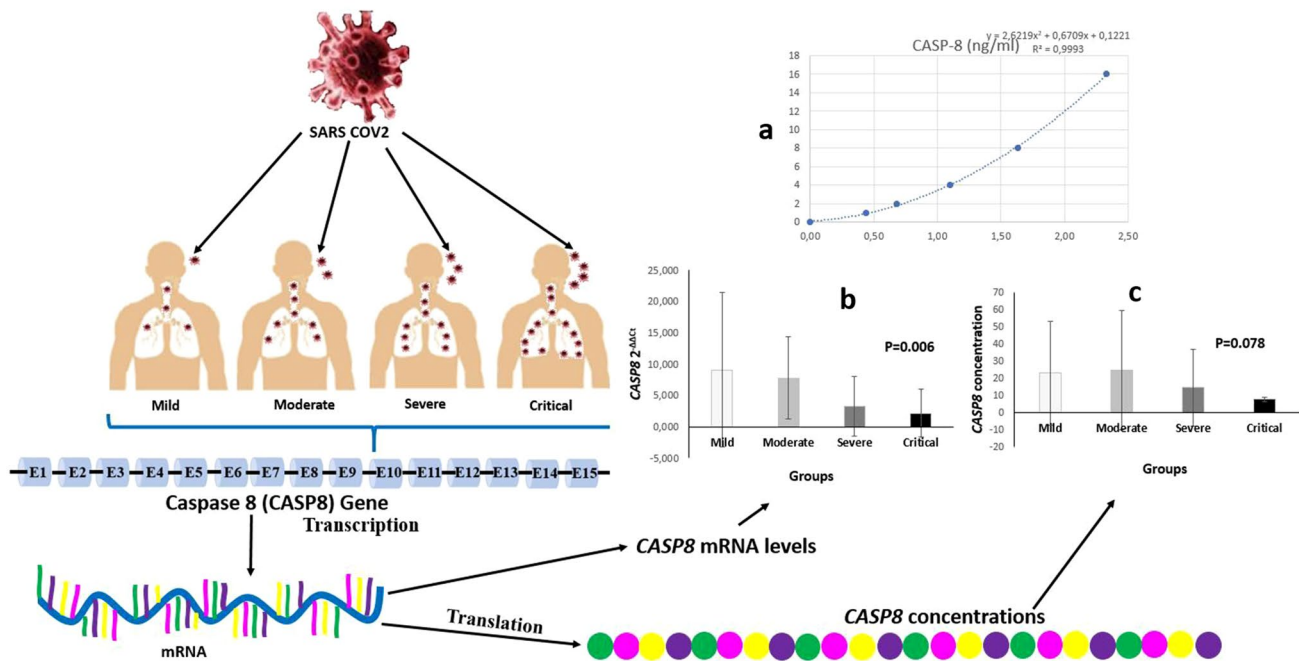
The mean *CASP8*  $2^{-\Delta\Delta\text{Ct}}$  and *MAPK1*  $2^{-\Delta\Delta\text{Ct}}$  expression and *CASP8* and *MAPK1* serum levels of each group are presented in Table 1; Fig. 1b and c, and Fig. 2b and c. When all the groups were compared, statistically significant differences were detected among all groups for both *CASP8*  $2^{-\Delta\Delta\text{Ct}}$  ( $\chi^2 = 12.413$ ;  $p = 0.006$ ) (Table 1) (Fig. 1b) and *MAPK1*  $2^{-\Delta\Delta\text{Ct}}$  values ( $\chi^2 = 10.429$ ;  $p = 0.015$ ) (Table 1) (Fig. 2b). To detect this differences caused from which groups, binary comparison of the groups was performed. Statistically significant differences were found between mild

**Table 1** Hemogram values and *CASP8*  $2^{-\Delta\Delta\text{Ct}}$ , *MAPK1*  $2^{-\Delta\Delta\text{Ct}}$ , *CASP8*, and *MAPK1* levels of each group

	Groups				$\chi^2/p$
	Mild (n=7)	Moderate (n=10)	Severe (n=14)	Critical (n=9)	
Age (years)	$66.143 \pm 14.893$	$68 \pm 8.26$	$58.5 \pm 17.783$	$63 \pm 16.248$	1.569/0.666
HB	$11.943 \pm 1.885$	$12.46 \pm 0.672$	$13.021 \pm 2.113$	$12.522 \pm 2.116$	2.105/0.551
PLT	$236.142 \pm 103.798$	$251 \pm 125.992$	$283.785 \pm 106.610$	$236.888 \pm 869.057$	1.971/0.578
Lymphocyte	$455.714 \pm 297.706$	$1011 \pm 481.582$	$755.714 \pm 354.547$	$465.556 \pm 305.414$	11.641/ <b>0.009*</b>
CRP	$157.973 \pm 139.250$	$138.725 \pm 114.137$	$139.037 \pm 87.098$	$157.888 \pm 106.882$	0.354/0.950
Ferritin	$474.829 \pm 537.602$	$355.540 \pm 235.059$	$474.664 \pm 275.687$	$544.422 \pm 392.461$	1.956/0.582
D-dimer	$1.121 \pm 0.457$	$2.048 \pm 2.037$	$2.134 \pm 0.95$	$4.52 \pm 6.407$	8.913/ <b>0.030*</b>
LDH	$410.571 \pm 166.399$	$374.500 \pm 181.785$	$349.857 \pm 102.096$	$485.222 \pm 162.243$	4.160/0.245
<i>CASP8</i> $2^{-\Delta\Delta\text{Ct}}$	$313.959 \pm 318.206$	$197.214 \pm 236.022$	$88.097 \pm 107.45$	$45.991 \pm 60.256$	12.413/ <b>0.006*</b>
<i>CASP8</i> conc.	$0.68 \pm 0.698$	$0.547 \pm 0.499$	$0.378 \pm 0.273$	$0.228 \pm 0.116$	6.826/0.078
<i>MAPK1</i> $2^{-\Delta\Delta\text{Ct}}$	$9.1 \pm 12.386$	$7.804 \pm 6.589$	$3.321 \pm 4.770$	$2.150 \pm 3.834$	10.429/ <b>0.015*</b>
<i>MAPK1</i> conc.	$22.953 \pm 30.254$	$24.506 \pm 34.85$	$14.341 \pm 22.337$	$7.552 \pm 1.479$	3.249/0.355

*CASP8* caspase 8, *MAPK1* mitogen-activated protein kinase 1, *Conc* concentration, *HB* hemoglobin, *PLT* platelet, *CRP* C-reactive protein, *LDH* lactate dehydrogenase. \*Statistically significant

Significant values ( $p < 0.05$ ) in bold



**Fig. 1** Demonstrative examples of COVID-19 infection. The patients were divided into four main groups based on the severity of COVID-19 infection: mild, moderate, severe, and critical. Both  $CASP8\ 2^{-\Delta\Delta C_t}$  and  $CASP8$  levels of patients were detected. The COVID-19 infection causes cellular damage, and a response occurs in the nucleus of cells. The  $CASP8$  gene is transcribed  $CASP8$  mRNA, and  $CASP8$  proteins are translated from mature  $CASP8$  mRNA. The ELISA standard curve is presented in Fig. 1(a). Statistically significant differences were detected among all groups for  $CASP8\ 2^{-\Delta\Delta C_t}$  levels. As the severity of COVID-19 infection increased, the expression level of

$CASP8$  gene significantly decreased. Considering the  $CASP8$  gene expression level in the pairwise comparison, there were statistically significant differences between mild and severe, mild and critical, moderate and severe, moderate and critical groups [Fig. 1(b)]. Serum caspase8 levels of groups are shown in Fig. 1(c). As the severity of COVID-19 infection increased, the serum  $CASP8$  levels significantly decreased. There was a statistically significant difference between mild and critical and between moderate and critical groups in terms of serum  $CASP8$  levels

and severe groups ( $Z = -2.164$ ;  $p = 0.030$ ), between mild and critical groups ( $Z = -2.17$ ;  $p = 0.030$ ), between moderate and severe groups ( $Z = -2.284$ ;  $p = 0.022$ ), and between moderate and critical groups ( $Z = -2.613$ ;  $p = 0.009$ ) for  $CASP8\ 2^{-\Delta\Delta C_t}$  values. However, there were no differences between mild and moderate groups ( $Z = -1.464$ ;  $p = 0.143$ ) and between severe and critical groups ( $Z = -1.512$ ;  $p = 0.131$ ) (Table 2). The differences between the mild and critical groups ( $Z = -2.276$ ;  $p = 0.023$ ) and between the moderate and critical groups ( $Z = -1.922$ ;  $p = 0.05$ ) were statistically significant in terms of serum  $CASP8$  level (Table 2).

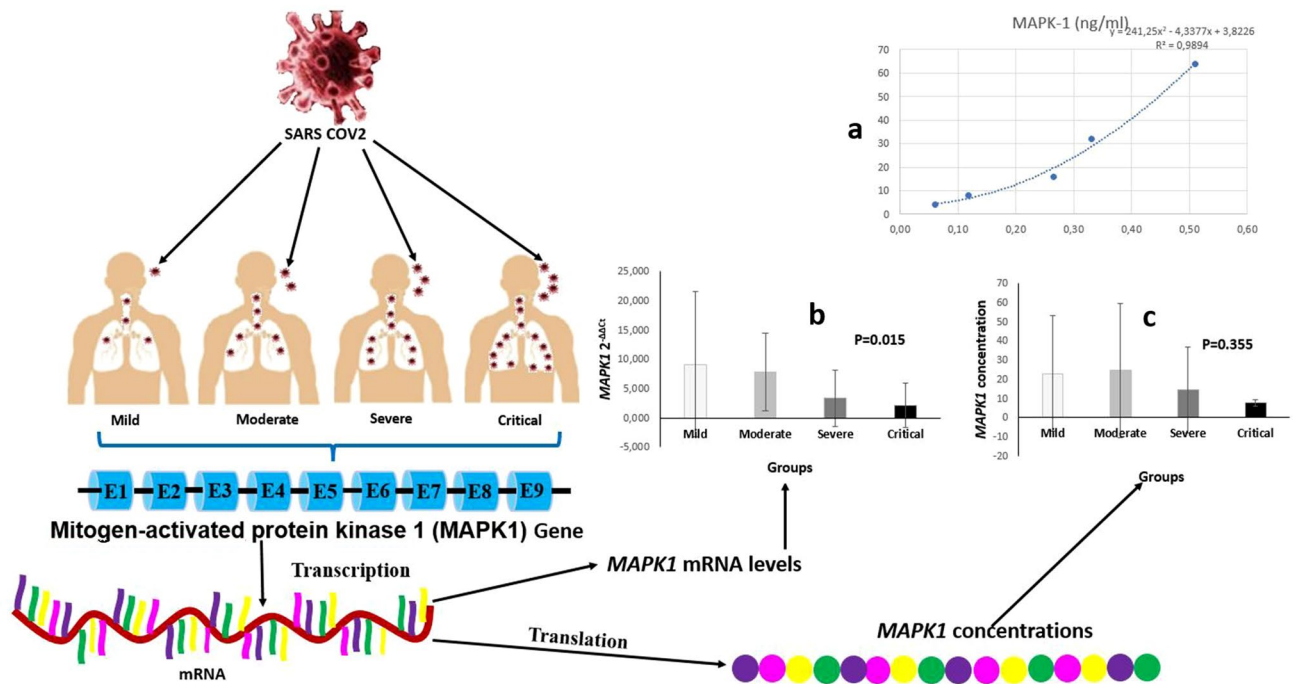
When the binary comparison of the groups was performed based on  $MAPK1\ 2^{-\Delta\Delta C_t}$ , statistically significant differences were found between the mild and critical groups ( $Z = -2.170$ ;  $p = 0.030$ ), moderate and severe groups ( $Z = -2.197$ ;  $p = 0.028$ ), and moderate and critical groups ( $Z = -2.531$ ;  $p = 0.011$ ). When the serum  $MAPK1$  levels of all groups were evaluated, there were no statistically significant differences between them ( $\chi^2 = 3.249$ ;  $p = 0.355$ ) (Table 2).

In Table 1, the hemogram values of each group are listed. When all groups were evaluated, statistically significant differences in D-dimer ( $p = 0.030$ ) and lymphocyte ( $p = 0.009$ ) levels were found (Table 1) (Fig. 3). When binary comparison of the groups was performed to determine which groups were responsible for the differences, statistically significant differences were found between the mild and severe groups ( $Z = -2.164$ ,  $p = 0.030$ ) and between mild and critical groups ( $Z = -2.911$ ,  $p = 0.004$ ) for D-dimer levels (Table 2) (Fig. 3).

The differences between mild and moderate ( $Z = -2.490$ ;  $p = 0.013$ ), moderate and critical ( $Z = -2.370$ ;  $p = 0.018$ ), and severe and critical ( $Z = -2.269$ ,  $p = 0.023$ ) groups were also statistically significant for lymphocytes (Table 2) (Fig. 3).

## Discussion

This study found a statistically significant difference for both  $CASP8\ 2^{-\Delta\Delta C_t}$ , and  $MAPK1\ 2^{-\Delta\Delta C_t}$  values among all patient groups. Moreover,  $CASP8$  levels are inversely related to



**Fig. 2** Demonstrative examples of COVID-19 infection. The patients were divided into four main groups based on the severity of COVID-19 infection: mild, moderate, severe, and critical. Both  $MAPK1 2^{-\Delta\Delta Ct}$  and  $MAPK1$  levels of patients were detected. The COVID-19 infection causes cellular damage, and a response occurs in the nucleus of cells.  $MAPK1$  gene is transcribed  $MAPK1$  mRNA, and  $MAPK1$  proteins are translated from mature  $MAPK1$  mRNA. The ELISA standard curve is presented in Fig. 2(a). Statistically significant differences were detected among all groups for  $MAPK1 2^{-\Delta\Delta Ct}$

levels. As the severity of COVID-19 infection increased, the expression level of the  $MAPK1$  gene significantly decreased. Considering the  $MAPK1$  gene expression level in a pairwise comparison, there was a statistically significant difference between mild and critical and between moderate and critical groups [Fig. 2(b)]. Serum  $MAPK1$  levels of groups are presented in Fig. 2(c). When the severity of COVID-19 infection increased, the serum level significantly decreased. Considering the serum  $MAPK1$  levels in pairwise comparison, there was no statistically significant differences between the groups

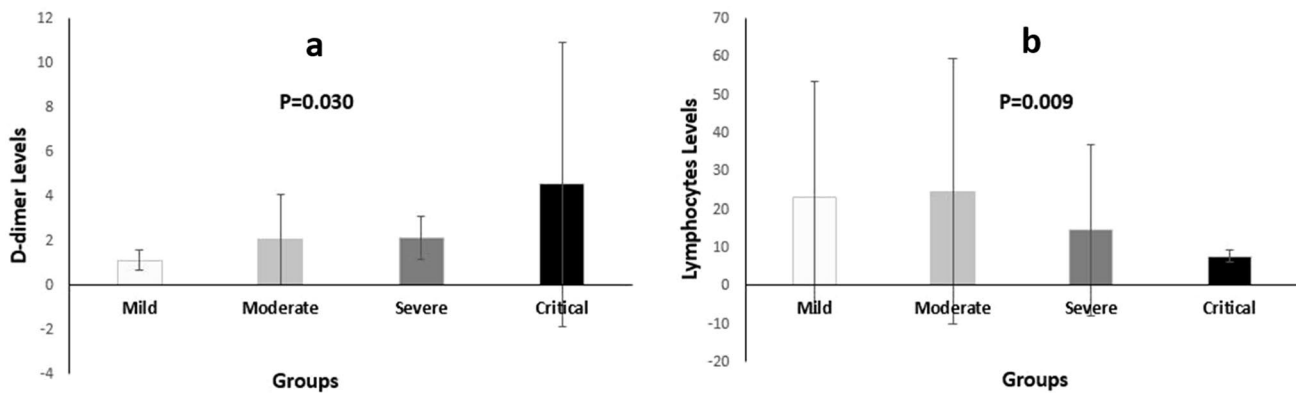
**Table 2** Binary comparison of the groups for  $CASP8 2^{-\Delta\Delta Ct}$ ,  $MAPK1 2^{-\Delta\Delta Ct}$ ,  $CASP8$ , and  $MAPK1$  levels and blood parameters

	Groups											
	Mild vs. moderate		Mild vs. severe		Mild vs. critical		Moderate vs. severe		Moderate vs. critical		Severe vs. critical	
	Z	P	Z	P	Z	P	Z	P	Z	P	Z	P
$CASP8 2^{-\Delta\Delta Ct}$	-1.464	0.143	-2.164	<b>0.03*</b>	-2.170	<b>0.03*</b>	-2.284	<b>0.022*</b>	-2.613	<b>0.009*</b>	-1.512	0.131
$CASP8$ Conc	-0.781	0.435	-1.419	0.136	-2.276	<b>0.023*</b>	-0.411	0.681	-1.922	<b>0.05*</b>	-1.577	0.115
$MAPK1 2^{-\Delta\Delta Ct}$	-0.586	0.558	-1.567	0.117	-2.170	<b>0.03*</b>	-2.197	0.028	-2.531	<b>0.011*</b>	-1.355	0.175
$MAPK1$ Conc.	-0.878	0.380	-1.492	0.136	-1.535	0.125	-0.703	0.482	-0.980	0.327	-1.355	0.175
D-dimer	-0.782	0.434	-2.164	<b>0.03*</b>	-2.911	<b>0.004*</b>	-0.820	0.412	-1.633	0.102	-1.323	0.186
Lymph	-2.490	<b>0.013*</b>	-1.830	0.067	-0.53	0.958	-1.670	0.095	-2.370	<b>0.018*</b>	-2.269	<b>0.023*</b>

$CASP8$  caspase 8,  $MAPK1$  mitogen-activated protein kinase 1, Conc concentration, Lymph lymphocyte. \*Statistically significant vs.:versus Significant values ( $p < 0.05$ ) in bold

disease severity in all study population groups, but the difference was close to statistically significant among them. Considering the serum  $CASP8$  levels, as the severity of COVID-19 infection increased, the serum  $CASP8$  levels significantly decreased. There was a statistically significant difference

between mild and critical and between moderate and critical groups in terms of serum  $CASP8$  levels. Although there was a statistically significant difference between mild and critical and between moderate and critical groups in terms of  $CASP8 2^{-\Delta\Delta Ct}$ ,  $CASP8$ , and  $MAPK1 2^{-\Delta\Delta Ct}$  levels. Conversely, no



**Fig. 3** As the severity of COVID-19 infection increased, D-dimer level significantly increased. Considering the D-dimer level in the pairwise comparison, there was a statistically significant difference between mild and critical and between mild and severe groups (a) and

lymphocytes (b). Considering the lymphocyte level in the pairwise comparison, there was a statistically significant difference between mild and moderate, moderate and critical, and severe and critical groups

difference was detected in *MAPK1* level between the whole study population. Furthermore, we found a significant difference between the groups for D-dimer and lymphocyte levels, which are among the poor prognostic factors (LDH, ferritin, D-dimer, hemoglobin, lymphocyte, CRP) and used clinically for COVID-19 infection.

When the HB [15] and lymphocyte [16] levels decrease, LDH [17], D-dimer [18], and ferritin [19] levels and disease severity increase. Similarly, we found that the disease severity increased as the D-dimer level, one of the poor prognostic factors used in the clinic, increased. Lymphopenia was detected as the disease severity increased. The main reason we could not find a statistical significance for CRP and ferritin levels, which are the indicators of inflammation, may be caused the use of anti-inflammatory medications, such as prednisolone and IL-1 and IL-6 antagonists, by severe and critical patients.

Because *MAPKs* are heterogeneous kinases that can phosphorylate serine and threonine residues in various proteins, the formation of *MAPK*-associated pathways is thought to be the most likely cause of significant pro-inflammatory cytokine production (activation of the host's innate response) [20, 21].

Tiwari et al. designed an experimental study to describe the viral pathogenesis mechanism associated with complement and coagulation pathways in COVID-19 infection [21]. As a result, they hypothesized that the *MAPK* signaling pathway is essential for the innate immune response to COVID-19 infection and the pathophysiology that underpins it [21]. According to our results, as the severity of COVID-19 infection increased, the expression level of the *MAPK1* gene significantly decreased. Considering the *MAPK1* gene expression level in pairwise comparison, there was a statistically significant difference between mild and critical and

between moderate and critical groups. Additionally, when the severity of COVID-19 infection increased, although the serum *MAPK1* levels decreased, there were no statistically significant differences in pairwise comparison of the groups.

Patients with COVID-19 infections have a severe inflammatory reaction to the virus and various systemic symptoms linked to the release of high amounts of pro-inflammatory cytokines (cytokine storms) [22]. Pyroptosis and necroptosis are inflammatory cell death methods that release cytokines and other cellular components to trigger inflammation and alert immune cells to pathogenic or sterile damage, whereas apoptosis is considered immune-silent [22]. *CASP3* and *CASP7* promote apoptosis following the activation of upstream initiator *CASP8/CASP10* or *CASP9* [23].

The *MAPK* pathway, which regulates the expression of cytokines and chemokines, promotes the formation of cytokine storms. The type I interferon, *MAPK*, and ferroptosis pathways were activated while the disease was active, and they gradually recovered as the patient's health improved [24].

In the apoptosis process, *CASP8* plays the initiator role, whereas *CASP3* and *CASP6* play the executioner role. In lung epithelial cells, COVID-19 infection activates *CASP8*, resulting in cell death and inflammatory cytokine processing. The analysis of postmortem lung sections of fatal COVID-19 patients revealed not only massive inflammatory cell infiltration, necrotic cell debris, and pulmonary interstitial fibrosis but also apoptosis and necroptosis [25]. Gulhan et al. [9] investigated the relationship between *CASP3* and severity of COVID-19 infection and discovered a significant difference in *CASP3*  $2^{-\Delta\Delta C_t}$  levels among all groups in a disease severity classification. They found that statistically significant differences between mild and critical groups and between intermediate and critical groups for *CASP3*  $2^{-\Delta\Delta C_t}$  levels.

Statistically significant changes in *CASP3* levels between mild and severe groups and between mild and critical groups were also detected [24].

We concluded that, when the *CASP8* 2<sup>-ΔΔCt</sup>, *MAPK1* 2<sup>-ΔΔCt</sup>, and *CASP8* levels decreased, the disease severity increased. Moreover, we detected a significant relationship between both *CASP8* 2<sup>-ΔΔCt</sup> and *MAPK1* 2<sup>-ΔΔCt</sup> levels and disease severity. *CASP8* and *MAPK1* gene expression levels may provide information about the severity of COVID-19 infection. *CASP8* and *MAPK1* gene expression begins to increase when the virus is encountered. The severity of the disease probably decreases when the *CASP8* and *MAPK1* gene expression capacity increase.

This study would have more impact if a control group of healthy individuals could have been included and then compared to the different SARS-CoV-2 groups of patients. This is a limitation of the study, and including a control group is still needed in a future study.

*CASP8* and *MAPK1* gene expression and/or their products may change depending on the cellular damage caused by COVID-19 infection. This cycle can be repeated until the system reaches equilibrium. *CASP8* and *MAPK1* expression levels should not be lower than those required to trigger and maintain apoptosis and should not be adequately high to cause a cytokine storm. This should be at a level that keeps the body in a state of homeostasis. Therefore, it is logical to say that the *CASP8/MAPK* gene and/or its products play a role in preventing damage and maintaining cellular homeostasis and viability. Furthermore, *CASP8/MAPK* level can serve as an indicator of COVID-19 disease severity. The discovery of disease pathology processes during COVID-19 infection may pave the way for developing evidence-based treatment solutions to address this public health problem. More research on the activity levels of *CASP8* and *MAPK1* is needed to better understand the current condition.

## Declarations

**Competing interest** This study was supported by the Karabuk University coordinatorship of scientific research projects. (Project no: KBÜBAP-21-ABP-035)

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