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9-26-2012

Swinging Bridge - September 26, 2012

Stephanie Wilson

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Wilson, Stephanie, "Swinging Bridge - September 26, 2012" (2012). *Student Newspapers*. 1012. https://mosaic.messiah.edu/studentnews/1012

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SWINGING BRIDGE MESSIAH COLLEGE/THE PULSE

VOL. 93//ED.2//SEPTEMBER 26

Messiah College's **Opportunities** to Study Abroad

With three new programs, the Intercultural Office continues to spark interest in Messiah students for studying abroad

By Shannon Cochran OFFICE MANAGER

essiah College's Intercultural office is currently offering 38 study abroad programs for the 2012-2013 school year. "We try our best to make it so all majors can have to opportunity to study abroad in some form," says Faith Minnich, Director of International Programs. An average of 200 Messiah students will study abroad per year in countries all over the world.

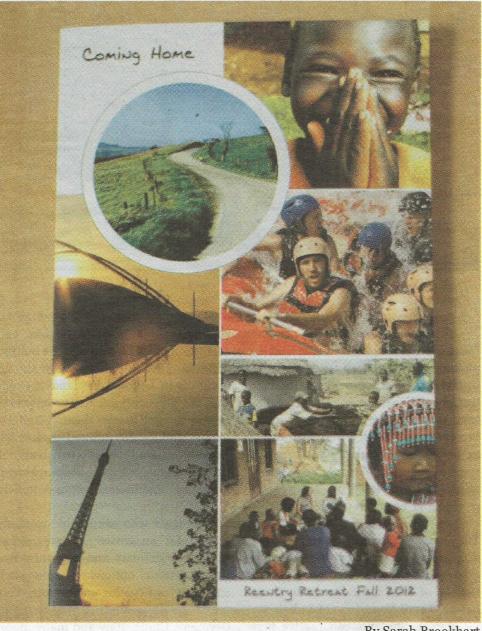
According to messiah.edu, during the 2010-2011 school year the top two study abroad destinations were Europe and Central/South America. "Europe, and specifically the University of Gloucester-

shire [located in Cheltenham, England], continue to be the most popular among Messiah students," says Minnich.

The University of Gloucestershire had been the most popular destination for years due to its versatile nature and class options. Almost any major can comfortably study abroad at this University. "[The University of Gloucestershire] works for virtually any student with its amount of course options," says Minnich. This program also entails a three week spring break for traveling.

Recently, the Intercultural office introduced three new programs. The most recent addition is the "Go-ED: Mekong,

//see STUDY ABROAD on page 2



By Sarah Brookhart

Student EMTs at Messiah

By Megan Bloom MUSIC MANAGER

mergency situations can strike at any moment even here on a small campus. To make sure tha students and faculty can be taken care of promptly and properly, the Department of Safety and student their Emergency Medical Technician (EMT) certification have created the Messiah Colleg Emergency Medical Service (MCEMS).

The program is quite new and has been developing since 2010. The proposal for the program was brought to President Kim Phipps' attention by current senior biochemistry major, Kyle Burch.

"I've been working on [the program] for a little over a year now, getting it set up. Campus EM programs are pretty common now throughout the country. Most campuses run an EMS squad withi their facility because there's a lot of people living in one area pretty close together," says Burch, th chief of MCEMS.

MCEMS has been present at various functions on campus like concerts, graduations, sporting events and even the wing eating contest at Lottie Nelson Dining Hall.

Once in full motion, MCEMS will operate like a Quick Response Service (QRS), which is havin EMTs present for pre-hospital care for patients and communicating with West Shore EMS fo ambulance services.

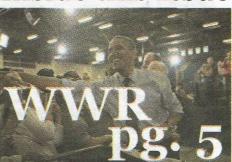
With ambulances sometimes taking 20-30 minutes to arrive on campus, having this equipmen available will allow EMTs to be able to take care of the patient for the prolonged time and prepar them for when the ambulance comes.

"We have all the equipment that you would find on a basic life support ambulance right on campus, savs Burch.

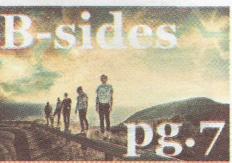
There is a main group of 12 EMTs on campus that are working with the program. They practic



Inside this Issue



Provided by barackobama.com



Provided by White Arrows



By Sarah Brookhart



By Sarah Brookhart



//STUDY ABROAD

By Sarah Brookhart

Thailand" program. This program focuses on issues of exclusion and exploitation in areas such as sex and labor trafficking. Go-ED provides a "holistic, transformative experience for students," says Minnich. The program requires a practicum with local NGOs, also known as nongovernmental organizations. In order to apply for this program, students must have completed two full years of college and have a 3.0 GPA to qualify.

The India Studies Program, or ISP, was also added this past year. This program partners with Bishop Appasamy College of Arts and Sciences in Coimbatore, Tamil Nadu (one of India's major states). Students can receive firsthand experience in poverty-stricken areas where social injustices and different religions are abundant. ISP will challenge students' faiths, beliefs, and customs as they learn about the culture of India. The last added study abroad option is in London, England at Goldsmiths University. This program is geared toward music, theatre, and art majors and is only offered during fall semester. "I am really excited about our new programs, but there is always room for more possibilities," says Minnich.

For students who are unable to study abroad for an entire semester, Messiah offers January and May term options. J-term options include such countries as Ecuador and Ghana. This year Messiah is offering May terms in Germany, China, Italy and many more.

Junior Zach Bruce who went on a May term trip to Costa Rica and Panama says, "Studying abroad changed me completely-and for the better. I would do it all again any day." For more information on what programs are being offer for J-term and May term, visit messiah.edu/offices/intercultural/international-programs.

Messiah encourages all students to study abroad at some point during their college career and works hard to make it financially possible for all students to do so. "Many students don't realize how easy it is to study abroad at Messiah. If you can afford Messiah College, then

you can afford to study abroad through Messiah," says Minnich. Those who have studied abroad have come back with a greater sense of self and knowledge of the world. Bittner Residence Director, Katie Rousopoulos said studying abroad in Athens, Greece during her college years was "life changing. It was the greatest experience of my life."

Minnich's passion for the global community is what drives her to help lead students in the right direction for studying abroad. "The world in some ways is getting smaller and students need to be equipped to work in a global market. Students need to get out of their comfort zone to meet new learning opportunities," says Minnich. Students across campus who plan to study abroad are more excited than ever for the experience ahead of them. "I cannot wait to go to England next semester. I know I will be challenged beyond belief," said junior Lauren Landis.

Messiah College continues to enforce the importance of being a part of a global community and studying abroad will prepare students to face global issues as they enter the work force. "[Studying abroad] is about engaging these different realities together and connecting the global to the local," says Minnich.

Whether you are an adventure education major or a biology major, be sure to stop by Messiah's intercultural office (located upstairs in Larsen Student Union) to learn more about studying abroad opportunities.

·//STUDENT EMTs

together on a weekly basis so they do not get rusty or forget what they have learned in their training.

The number of EMT students will be growing this semester because of the development of the progra and out-of-state students getting their certification to work in Pennsylvania.

Another student who is a leader of MCEMS is biology major Sean Teager. He is the lieutenant of th squad and has been doing EMS work since he was in high school.

His responsibilities as lieutenant includes managing the equipment, making sure the people handlin the medical calls have proper training, and making sure the general operation of the program runs smoothly.

"I see the EMS growing to having a strong presence on campus, providing professional care in a quick response setting 24/7. I think the coolest part is it's your own classmates that are doing this. That guy sitting next to you in math class is the same guy who one week later will be there helping you when you slip in Lottie and cut your arm

open. It's sort of a "classmates helping classmates" type deal. I am very excited to not only help the MCEMS grow, but just sitting back and watching it grow and blossom into something great," writes Teager in an e-mail.

With such a positive outlook on the program's development and active presence on campus, it will certainly be flourishing in the current semester.

Students and faculty can breathe a sigh of relief knowing that if there is an emergency on campus, there will be knowledgeable people to take care of these situations.

To get more information about working with MCEMS, the group's email is ems.messiah@gmail.com and their Facebook page is Messiah College EMS.



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A Clustered Community?

How cluster housing revolutionized the way Messiah students live together

Nicholas Tay FEATURES EDITOR

hen students applied for housing for the 2011-2012 academic year, they noticed a new rooming option — clustering. This unique housing alternative offered those interested the opportunity to live in aggregated groups of 3 to 6 rooms. That year, residence life designated clustering only to Miller and Hess dormitories. 85 men signed up for clusters. None were formed on Hess.

Fast forward a year; residence life offers clustering to all upperclassmen dormitories and dedicates at most two-thirds of all floors to clusters. Almost 500 students apply, with 58 distinct clusters present. What caused the significant shift in attitudes towards clustering?

Rhonda King, Director of Housing, believes reasons for the explosion of clustering are two-fold: upperclassmen's desire to live with their friends and first-years' intention of keeping their freshmen floor community.

Before Residence Life (Res Life) of-

fered First-Year housing in 2004, students lived in 'homesteads'. This housing arrangement allowed students from different academic years to live on the same floor.

When housing made the switch to first-year housing in an attempt to improve the first-year experience, they found decreased communication and weaker communal ties within the upperclassmen dormitories.

Noticing the lack of upper class community, Res Life discussed the issue and decided to introduce the option of clustering as a way for "first year students to continue living in their community or upperclassmen to live with their friends." In short, Res Life hoped to build better communities within upperclassmen halls.

Although there was no official student request for clustering, the Housebook cheating issue indirectly hinted students' desire to live together.

King states "even though we weren't asking the question, the feedback was 'we want to live with our friends



By Cait Fenello

and it's important for us to live with our friends'. That's not how we like to gather information, but we were trying to hear the student message, although that's not the way we wanted to hear it."

There was mixed reaction at student forum to Res Life's cluster housing proposal. Students voiced concern for those not in clusters. Questions such as "if I'm living on a floor where there's a cluster, will I be left out" dominated the forum.

Dave Downey, Mountain View Resident Director (RD), acknowledges these issues. He identifies the "tendency to create divides and cliques on the floors" and the possibility for non-clustered individuals to experience isolation from their floor communities as the major challenges cluster housing faces

Downey ensures students that "the Resident Assistants (RAs) and RDs have kept this problem in mind and we want to work at connecting the different clusters. More specifically, we want to concentrate on the people on clustered floors who aren't in clusters and making sure they aren't alienated from the floor community."

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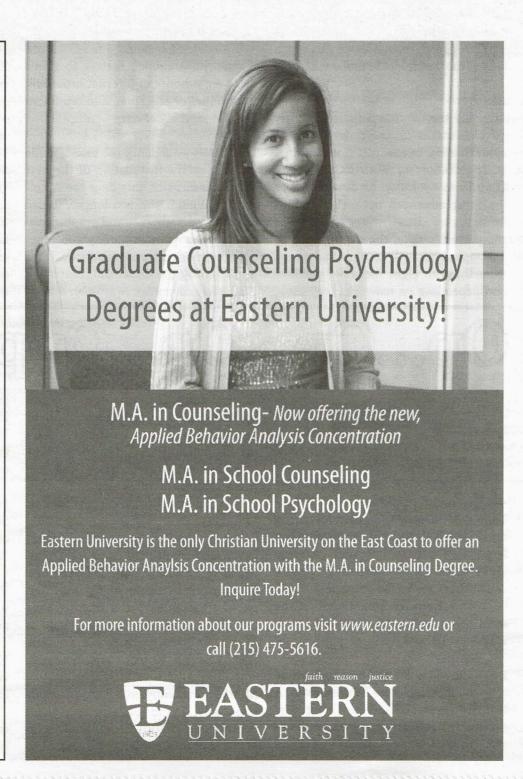
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By Huy Nguyen OPINIONS EDITOR

he wait is over. The new iPhone 5 finally hit the shelves Friday, Sept. 21. Hardcore fans of Apple products might already have their hands on this latest gadget while others are still left with the decision: is the iPhone 5 really worth it?

Like all things under the sun, the iPhone 5 comes with significant strengths as well as glaring weaknesses. Here's a look at the device's pros and cons.

PROS

Arguably the most-anticipated feature, 4G LTE makes its grand debut on the new iPhone 5. In case you're wondering, 4G LTE is short for "Fourth Generation, Long Term Evolution." It is regarded as the most advanced network standard in terms of data-transfer speed. For comparison's sake, the average download speed for 4G carriers can range from three to eight megabits per second depending on network congestion,

whereas the 3G networks allow download speeds of just around 800 to 950 kilobits per second. In other words, this feature represents a huge upgrade for regular internet users, especially online gamers and video watchers.

The 4G LTE technology is notoriously battery-draining, but Apple was smart enough not to let it become a problem by implementing a new battery system that even gives the iPhone 5 longer battery life than its predecessors. According to Apple's official website, a fully charged iPhone 5 has enough battery to afford up to eight hours of internet browsing, eight hours of talk time, and ten hours of video playback. Pretty significant.

The battery's efficiency increase is made possible by the installation of the new A6 processor. Not only does the A6 allow the iPhone 5 to last longer, it also increases performance and graphics noticeably. Jumps in efficiency and functionality mark a huge step forward for Apple, giving the Cupertino company a significant advantage over other smart-

phone producers in this regard.

Along with the aforementioned technological features, the iPhone 5 also comes with a larger screen (4 inches compared to 3.5 in previous versions). Despite the larger screen, it feels thinner and lighter.

CONS

The iPhone 5 does come with some flaws. According to NBC's review of the iPhone 5, the new camera is not much of an upgrade over the previous versions. Pictures will look slightly better and panorama shots are now possible, but overall it is "just a shrunk-down version of last year's 8-megapixel camera."

Users have also reported a number of bugs shortly after iPhone 5's official release. The majority of them are found in the new Apple's map app. According to CNN, users have pointed out that landmarks are misplaced, misspelled, or entirely omitted. They were also disappointed at the removal of public transportation routes on the new Ap-

nan, a nonular feature on Google

ple map, a popular feature on Google Maps.

The verdict: Admittedly, it's extremely tempting to shell out a few hundred dollars to get your hands on this new iPhone 5 and its cool new features. But for us college students, I would not recommend buying it for a couple of reasons. First, we spend most of our time on a campus fully covered with wireless internet. The use for 4G LTE is, therefore, greatly reduced, making the money you spend on a significant upgrade that is powerhouse data speed essentially go to waste. Secondly, in case you don't know, iPhone 3GS, 4, and 4G users are presented with a free iOS 6 upgrade that contains virtually all the new iPhone 5 apps/features (3-D maps, Siri, turn-byturn navigation, etc...). From a broke college student standpoint, I would be more content with updating my iPhone 4's operating system than having to spend 50 hours worth of toilet-cleaning, Lottie dishwashing, Union salad tossing, or whatever your campus job entails, on the new iPhone 5.

Op...Op...OppaGangnamStyle

By Victoria Scrima STUDENT WRITER

ost of you may have seen the catchy, entertaining, and unique recent You-Tube hit, "Oppa Gangnam Style," a music video that gained instantaneous fame with 220 million and counting views following its July release. As of September 23rd, the Guinness Book of World Records announced as the most liked video on YouTube, with 2,141,758 likes at time of publication.

I saw the video for the first time while with the Messiah cross country team. A teammate played the video before the pre-meet devotional, and I was immediately entertained by both the visual and musical elements. The artist Psy's horse-back riding dance moves and the catchy tunes attributed to the music video's instant popularity. Although the song contains mostly Korean lyrics, the lack of translation did not prevent the practically overnight worldwide success for Psy.

So who is this Psy (pronounced "sigh") guy and where does he come from? Psy, whose real name is Park Jae Sang, is a South Korean rapper and songwriter. He was born in 1977 and attended Boston College and the Berklee School of Music. He is currently married to Yoo Hye Yeon, a Korean model/actress.

Although currently enjoying worldwide popularity, Psy did not have a bright start to his career. In 2001, he was arrested for possession of marijuana and was fined

500 million won (about \$443,675.50). His debut album titled "PSY... from the Psycho World!" was accused of containing inappropriate content. His second album, "Ssa 2," was also banned.

Fortunately for Psy, "Oppa Gangnam Style" transformed his musical career of constant failures into a huge success. "Oppa Gangnam Style" currently enjoys the top spot on YouTube's "Most Viewed Video" monthly charts, and the video was also officially charted on August 21st as #1 on the iTunes Music Video Charts.

Non-Korean fans of the famous music video have wondered what the Korean lyrics mean. Psy told the show "EXTRA" in an interview that "Gangnam is a certain territory in Korea. The spot is noble in daytime and going crazy at

nighttime. So, I just described about a lady and a gentleman who's noble at daytime and going crazy at nighttime." The area of Gangnam that Psy refers to is a flourishing area in South Korea, known for its wealth. Psy also explained that "Oppa Gangnam Style" can mean "I'm Beverly Hills style". This analogy allows Americans to relate to the song's theme through popular perceptions of Beverly Hills and its upperclass lifestyle although the lyrics are mostly Korean, with exception to the phrase "sexy lady," which is repeated throughout the song. When Psy was asked why he only chose to include this English phrase, he told Yahoo! in an interview that, "because I cannot find any other words... sexy lady is sexy lady."

//see OPPA GANGNAM on page 5

//OPPA GANGNAM

Psy also told his fans that there will not be an English release of the video.

Reactions to the video have been nearly unanimous. The humor and satirical aspects of the video have definitely attracted viewers. The catchy beat and the equine-riding moves in the video led to its viral status and inspired countless parodies of the music video on YouTube. The video's story will also engage romantics, with the hit song beginning with the artist daydreaming of his dream woman at the beach and later finds his "sexy lady" in a subway station. If you haven't seen the video yet, I would definitely recommend checking it out.

As the economy remains a pivotal factor in the voters' decision-making process, Wednesday War Room takes an in-depth look at how the two candidates, President Barack Obama and Mitt Romney, plan to address current economy issues in their respective campaigns. The focus will be on three areas: setting the right taxes, addressing debts, and creating jobs.

Barack Obama

By Rachel D'Ascendis STUDENT WRITER

he big election is just around the corner. For the past year, presidential hopefuls have been creating campaigns focused around major issues such as the economy, health care, and the War on Terror. Whether you are a Republican, Democrat, or something in between, these issues affect all of us because the way in which our next president implements change will shape our futures. So what do these candidates have to say about our country's economy?

Before President Obama took office in 2008, the United States' financial situation was in crisis. With the economy losing around 800,000 jobs a month and interest rates skyrocketing, something needed to be done quickly.

After taking office, Obama got straight to work by implementing the American Job Act, which created around 144,000 jobs per month in 2011 and is keeping the unemployment rate from rising. Obama was also behind the creation of the Dodd-Frank Wall Street Reform Act, which puts regulations on the financial market to help prevent another economic crisis.

WEDNESDAY WARROOM THE ECONOMY



Provided by barackobama.com

Obama's three main objectives during his presidency were to create new jobs in America, implement tax cuts for struggling families and small businesses and give assistance to homeowners. All of these things would help stimulate economic growth and get our country back on track. Did Obama accomplish all of these things? No. Did he promise too much change, too rapidly? Perhaps.

What we do know from what we have seen from Obama is that radical change is possible. Even though it is not as much change as expected, Obama has managed to lower the deficit, create more jobs, put regulations on Wall Street and lower taxes. If elected again, how much more could his dream of change be fulfilled?

This election season focuses on many issues regarding the economy. While

we are still in a recession, it is important for the presidential candidates to have a firm course of action. Obama seems to be sticking to his guns as far as financial reforms. He is all about bringing in revenue for American businesses, namely small businesses.

One of his promises is to "grow the economy from the middle class out, not the top down." That means Obama will shift his focus to creating new jobs for the middle class, doubling the payroll tax cut, and adding new tax cuts for small businesses and businesses that hire American workers.

In order to get this economy moving, Obama believes that it needs to start with the middle class. Directly helping people and small business, having a clear plan for the future, implementing those plans and seeing immediate relief are what Obama has in mind. But why should we, as college students, care about the economy? What's in it for us? How is this making a direct impact on our lives?

We have all heard the post-graduation horror stories of people not finding jobs. When we graduate, do we want that same fate? Or do we want to chance to successfully chart our courses out in the real world?

With Obama's economic plan, he will create jobs for us to fill. Obama is giving us a chance to make our mark on this world.

Information from the Washington Post and Barack Obama's official campaign website (www.barackobama.com) was used in this opinion.

Gary Johnson

By Grant Meckley STUDENT WRITER

he lesser of two evils is still evil."
This has become the battle cry
of many disillusioned voters in
a political environment where the major parties have done little to endear the
undecided electorate. Many voters fol-

low a path of broken logic saying they'll pick the candidate they despise the least because both options are unappealing.

Despite the valiant efforts of the media, most Americans are aware that there are other options. They know there are such things as third parties but are convinced no one ever votes for them because of media bias, "unelectability," or simply a lack of information. These otherwise viable options for president are swept aside and the political arena is expurgated of dissenting ideologies. The presidential race has been distilled to an inane, vitriolic horse race

where democracy becomes a sort of dystopian binary code "Republican or Democrat." The truth is, the major parties are nigh-on indistinguishable. A vote for either is a vote for more endless wars, deficit spending, and the subtle erosion of civil liberties.

The Libertarian Party and their candidate for president Gary Johnson wish to changethis vicious cycle by implementing smaller government and more freedom.

First of all, what defines a libertarian? Where do they fall on the political spectrum? Are they conservative or liberal?

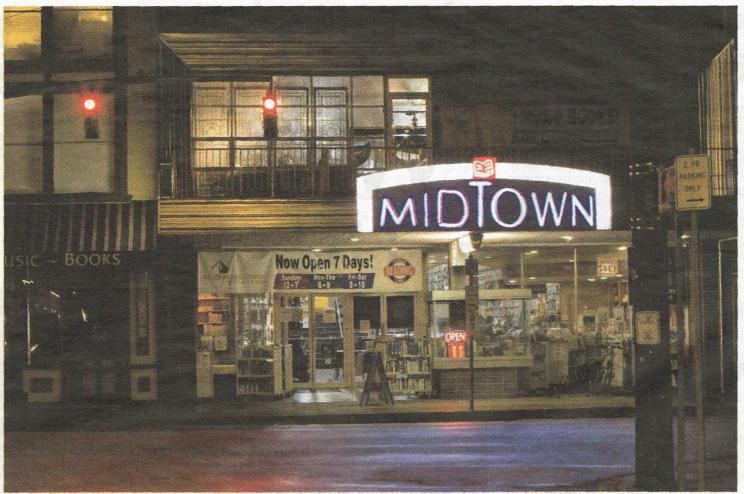
Truth is, the terms conservative and liberal have just about lost all meaning when describing one's political position.

Our founding fathers, neither conservative nor liberal in the modern sense, were classical liberals who (like libertarians) espoused limited government in both economic and personal matters. In the simplest sense, libertarians are socially liberal and economically conservative. Governor Gary Johnson runs on the Libertarian platform that says the government

//see JOHNSON on page 5

The Swinging Bridge

Midtown Scholar is located at 1302 North Third Street in Harrisburg. The Scholar is open Mondays through Thursdays, 8 a.m. to 9 p.m.; on Fridays and Saturdays, 8 a.m. to 10 p.m.; and on Sundays, noon to 7 p.m.



By Emma Huntington



HOLDS THE HEART OF HARRISBURG

Community oriented bookshop offers a cozy spot for one and all

> By Amie Miller STUDENT WRITER

ee you at the Scholar!" is an appropriate tagline for Midtown Scholar, a Harrisburg community hub for books, art, music, conversation and coffee. It is just about impossible to leave the Scholar without seeing a few familiar faces.

Barista Aubrey Bourgeois captured the uniqueness of Midtown Scholar's wel-

coming and inclusive atmosphere as she spoke about the bookshop. Bourgeois said that the Scholar is a community oriented "place for people coming from all different backgrounds. Everyone is welcome, regardless of economic, social, or religious background."

Midtown Scholar would not have such a rich atmosphere without its eclectic regulars, who have all found a place of belonging at the Scholar.

Senior Lauren Nickell, a regular visitor of Midtown Scholar, shared her affection for the unique bookstore. "I like the atmosphere. It's more community oriented ... you can see real people," she said.

The environment at the Midtown Scholar is like none other. Where else can you explore towering shelves of assorted books with a friend, work on homework, meet new friendly faces and enjoy some local music all with a warm beverage in hand?

Emma Huntington, another senior,

shared her first impressions of Midtown Scholar on a recent visit."Walking in, I liked that there was that huge coffee bar and that there were actually people there at such a late hour--sitting at the bar, chatting it up like it was a diner," Huntington said. "I've heard so much about Midtown Scholar, and this was my first time [visiting]. It did not disappoint!"

While there seems to be a constant flow of people coming and going at Midtown Scholar, Bourgeois said that the busiest times for the bookshop are during performances and events held at the Scholar.

Midtown Scholar offers an experience beyond books and coffee. The coffee bar offers a place to sit and chat with locals. The tall tables scattered around the ground floor await a casual encounter with a friend. The lofty shelves holding a motley of books can be explored as time seems to disappear. The tables and comfy couches upstairs provide the perfect spot to do work or just curl up and read a book.

Constantly housing a fresh display of featured art, the Midtown Scholar always offers something inspiring to absorb. The Scholar frequently features musicians as it transforms into a mini concert hall most weekend evenings. Their calendar is overflowing with community events, discussion groups, activities for children and live music.

Midtown Scholar has been established as a place in Harrisburg that brings people together in a big way while still retaining its inviting charm. Huntington took notice of this distinguishing characteristic when she said, "It [is] big, but it also [has] a homey feeling from people that really care about it.'

Through books, coffee, art and music, the Midtown Scholar captures the heart of the Harrisburg community and all those who visit. If you are planning a visit soon, Emma Huntington has a small request: "Take me with you next time you go!"

SAB Presents a Double-Header Line-Up for Next Week's B-Sides

By Jonathan Wolf STUDENT WRITER

FAMILY OF THE YEAR

hink relaxation, campfires under the stars and nights of fun with friends. This carefree, jovial attitude emanates from the music created by the band Family of the Year.

Brothers Joe and Sebastian Keefe (guitar and drums), James Buckey (guitar) and Christina Schroeter (keyboards) came together to form Family of the Year in 2009 around the creation of what would become their first album, "Songbook."

Since then, they have released a few EPs and their second full length album, "Loma Vista," on June 10, 2012.

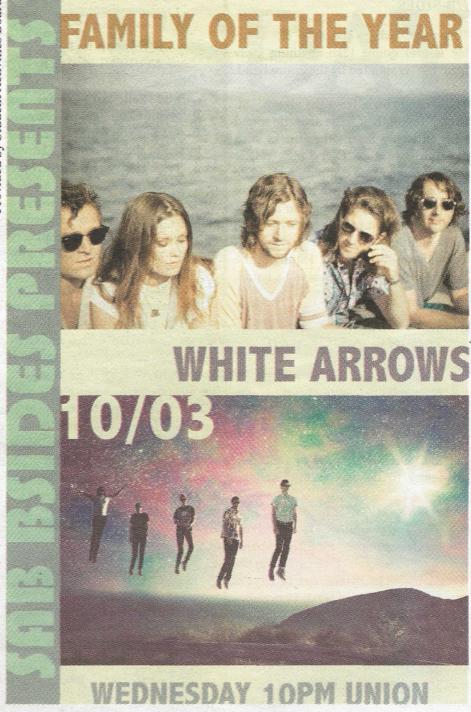
"Loma Vista" is characterized by expressive acoustic guitars, catchy synthesizer riffs, powerful electric guitars, piano and a slew of other percussion instruments including congas and maracas. Every now and then, they throw in a few handclaps for good measure. To top off the layered instrumentation, the album is filled to the brim with synchronized vocals. It seems as though every member of the band is singing at every moment of the album, creating a family-around-the-campfire sound.

The album opens up with "The Stairs," a song that fits snugly into modern "hipster culture" due to its pseudoinspirational "just having fun" message. References to marijuana and alcohol as well as a few swear words make an appearance on this track, which unfortunately can detract from the overall sunny message of the piece.

"The Stairs" is followed by the single

//see **B-SIDES** on page 8





Moonrise Kingdom Promises Laughter and Suspense

SAB's upcoming Lost Film presents the exciting story of two 12-year-old runaways

By Abigail Saunders SOCIAL MEDIA MANAGER

oonrise Kingdom will have you hysterically laughing in almost every way possible. It keeps you guessing from the beginning of the movie all the way to the ending scene. It is the perfect awkward comedy with hints of romance and action. The star-studded cast includes Bill Murray, Bruce Willis, Edward Norton and Tilda Swinton to name a few.

The two main stars in the movie are Sam (Jared Gilman) and Suzy Bishop (Kara Hayward). The story follows the rapidly blossoming romance of two 12-year-olds in the summer of 1965. The children bond over the common themes of dysfunctional families and feeling like they don't fit the stereotypical mold. After a year of being pen-pals, they conspire to run away together and live in the wilderness.

The two truly shine in this film and portray love-stricken, eccentric characters whose unique personalities are engaging. The children are chased down by their families, police and Sam's boy scout squad. Each character brings their own bold personalities to the movie, and the movie comes alive as the chase for Sam and Suzy begins.

Many obstacles get in the way of finding the young couple and just when it seems they are found, several twists appear and the outcome becomes blurry. The viewer becomes easily attached to the young couple, rooting for them from the beginning until the dramatic climax.

Throughout the movie, there are lines that stick out because of their quotable nature and unconventional humor. The methodical cinematography, dry humor, brilliant soundtrack and great acting makes Moonrise Kingdom another one of Wes Anderson's marvelous movies.

The New York Times praised the film, saying that "Mr. Anderson's visual style and narratives, in other words, are his own. He draws you into his fantastical worlds with beauty and humor, and while their artifice can keep you at somewhat of a distance, this only deepens the story's emotional power, especially when he lowers the boom, as he always does."

//B-SIDES

"Diversity," where the line "No Trouble is ever gonna take anything away from me" is shouted by the entire band.

The second single from the album, "St. Croix," mixes their indie acoustic sound with an island flair. Other tracks such as "Buried" and "Everytime" reflect the band's acoustic campfire feel, while "Living on Love" takes a heavy dose of synthesizers and electric guitar accents. Finally, the album ends with a search for something worthwhile on "Find it." For those still searching, Family of the Year is a band that deserves to found.

WHITE ARROWS

magine being a passenger on a spaceship, landing on a distant planet, with all new sights, and creatures roaming the surface. This amazing, confusing and interesting predicament is a good way to describe White Arrows.

Since birth, Mickey Church has seen the world differently. He was born blind. He endured extensive therapy and eye exercises until he finally gained his sight by the age of eleven. After graduating from NYU, Church became very interested in creating music.

He formed White Arrows with his younger brother Henry on drums, halfbrother John Paul Caballero on guitar, and friends Steven Vernet on bass and Andrew Naeve on various electronics. They released their first album, "Dry Land is Not a Myth," on June 9, 2012.

White Arrows' sound is characterized by grooving beats, catchy guitar riffs and Mickey Church's mesmerizing voice. Together, the combination creates an out-of-this-world sound that is evident throughout the album. The psychedelic tone and lyrics of songs like "Get Gone," "Coming or Going," "I Can Go" and "Getting Lost" all seem take the listener on a sci-fi journey through space.

The opening track, "Roll Forever," starts the album off in an intriguing fashion, pairing a synthesized drum beat and a droning guitar part. Church sings, "You know, I know, you know we're something good," and indeed they are, as the next track, "Get Gone," starts with a similar clap-infused hip hop beat.

They tread into new territory, wading out onto the dance floor with "Coming or Going." The beat is infectious, and very danceable, unlike the rougher hip hop rhythms on previous tracks.

"Getting Lost" contains some of the band's strangest work. Fumbling melodies and vocals take control of the track, until Church's haunting falsetto bursts forth from the mess, singing a triumphant, provocative confession of his love for an unnamed girl.

In the middle of the album is "Golden," a trippy, piano infused track that leans back on a drum groove that only Henry Church could produce. Overall, the track is a good description of the band. White Arrows is golden. Senior Acting Showcases Mark an Epic Conclusion for Some, an Inspiration All

By Megan LaTorre STUDENT WRITER

showcases - taking place Oct. 4 you graduate? to 6 – will feature performances by senior theatre majors Lauren Adkins, Tyler Henry and Liesl Nafziger.

of these seniors has assembled separate solo performances from a wide variety of sources and compiled them into a personal masterpiece for the upcoming showcase. The solo pieces range from originally written scenes to recitation of existing monologues and scripts and much more.

Each show, which will include all three performances, will begin at 8 p.m. in Miller Auditorium, located in the Climenhaga Fine Arts Center. Tickets are \$5 and can be purchased by visiting messiah.edu/tickets or by calling the Messiah College box office at 717-691-6036.



LAUREN ADKINS

"Thoughts On Love From a Cat Lady in the Making"

A collection of pieces about love in its different phases and stages

Q: What inspired you to select the pieces that you will perform?

A: I chose these pieces because, especially at our age, I think that many people are very much focused on the idea of love. I want my showcase to serve as a reminder that love is a universal phenomenon, and that we are not the only ones who have experienced all of the confusing emotions that love elicits. I wanted to choose pieces that take love in a very serious manner, but also pieces that make it something silly, something we can laugh at and have fun with.

Q: When did your love for theatre start?

A: I had been involved in theatre in some capacity since I was young, but one year, on a bit of a whim, I signed up for a musical theatre summer camp. I was terrified out of my mind for a solid week. One of the teachers scared me so much that I basically dreaded going to her class. One day, when it was my turn to stand up and perform, she even told me that I was wasting her time. I left camp that week with an incredible amount of respect for this woman and a drive to continue learning, I knew that this was something I was serious about and wanted to pursue.

he Fall 2012 senior acting Q: What are your plans for after

A: To cry on my sofa and eat lots of ice cream... and also to get out into the "real world" and start auditioning, take as many theatre classes as I can, and figure After months of arduous work, each out how I am going to make this dream work.



TYLER HENRY

"Let the Blind See With Their Tongues"

A combination of self-written pieces and pre-published works about African-American women

Q: What inspired the creation of your show?

A: The show is a one woman showcase, so I'll be playing three characters, three different African-American women. It's a glimpse into their lives. I wanted to do something that I can relate to. I'm familiar with these playwrights, and I like their work.

Q: What are you excited or nervous for about your performance?

A: I'm nervous about the amount of material--making sure I can do it and don't blank out. I'm excited to be able to put a performance on ... like having people see it - family, friends and alumni. I think at the end I'll feel very like "wow, I did it."

Q: What is your favorite part about your show?

A: Well there are three characters: one woman, a revolutionary and a performer. The performer has this one part where she starts to sing and play piano she's going to be kooky and crazy.

Q: When did you know that you wanted to be a theatre major?

A: I always loved the arts since I was really young – since I was six or seven. My mom would always take me to the operas in Philadelphia, and I grew up with a background of artsy people. I came [to Messiah] as a bio major. I was good at science and thought that it had more substance. I found out it wasn't for me and switched to theater my sophomore

Q: What is your favorite memory as a theatre major at Messiah?

A: In Connecticut, I studied at this semester long program, the Eugene O'Neill National Theater Institute. It was a semester long intensive program, almost like a conservatory. Classes are from 7 a.m. to 10 p.m. every day. Without being at Messiah I probably wouldn't have gone and studied there. Messiah allows you to further your education abroad. I also went to Russia.



LIESL NAFZIGER

"After the Rain is Gone"

A collection of self-written monologues that flow together to create a story of a young woman's journey to find herself through music, art and dance

Q: What inspired you to write your

A: Because I'm an English minor, I wanted to write it. I knew I wanted to write a show about art and life and love. The first image I had was of a woman in a white wedding dress standing by herself -- the moment where she realizes she can't do what she's about to do. I started with that image and then started writing it.

Q: What are you most nervous for about the show?

A: It's a big undertaking to do as a solo performance since you feed off the audience, and you wonder who is going to be in the audience ... There's a lot of myself in the piece, and putting it on stage for everyone to see puts you in vulnerable position.

Q: Did you have any last minute changes for the upcoming show?

A: My script has been changing daily since March. It's because writing it on paper and hearing it is so different than reading it or seeing it on stage. There were a lot of the artistic elements - piano, dancing, singing - that weren't fitting for who the character is and what she wants from life. So they were taken out. The character isn't trying to find all these things but trying to find out who

Q: What is your favorite memory as a theater major at Messiah?

A: Once, during the "Fertile Ground" rehearsal, we ended up outside in the breeches in the rain. ... The rehearsal was a lot of work, and we were exhausted. One day, when we were on break, we asked Jim (the director) if we could jump in the creek, and so we all did. There's a picture of Jim and all of us soaking wet. It was a huge bonding moment. I also went to Eugene O'Neill National Theater Institute in Connecticut last fall. It's a super intensive theater conservatory. I did theater all day every day for 14 weeks with 31 other people who were like-minded.



Mitt Romney

By Huy Nguyen OPINIONS EDITOR

itt Romney successfully utilized his business background on his path to securing the GOP presidential candidate spot earlier this year.

Now, he is hoping his private sector experience can help lead him to the White House.

Throughout his campaign, Romney never hesitates to openly attack President Obama by pointing out the nation's sluggish economy in the past few years. Among others, federal government's \$14-trillion debt and a rise in unemployment that once peaked at 10% make up one of the worst recessions in the history of the United States.

America doesn't need Romney to point out the painful truth for them. The people might not have access to the exact figures and statistics, but they know full well how badly the economy is struggling. Because they could certainly feel it themselves.

What they really need is someone to right the ship and take this economy out of the giant hole that it has dug itself in.

Can Romney be that person? That remains to be seen. Nevertheless, here are his proposed plans to improve the economy, compiled from his campaigns and announcements.

TAXES

Romney intends to cut taxes, announcing a plan that sees reduction across all tax brackets. Based on individual income, the top bracket will pay 28 percent instead of 35 percent, the middle will pay 20 percent instead of 25 percent, and the rate for the lowest bracket will drop from 10 percent to 8 percent.

Tax reduction inevitably results in decreased revenue, but Romney remains confident that the economic growth stimulated by the tax cuts will ultimately make up for that revenue loss. He is also not shy of limiting exemptions and credits if necessary.

DEBTS

On his campaign website, Romney views his job to cut national debt as a "moral imperative." To support his statement, he outlines a three-pronged plan.

The first part of the plan calls for the federal government to "stop doing things the American people can't afford." This part includes repealing Obamacare, privatizing Amtrak, reducing subsidies for the National Endowments for the Arts and Humanities, eliminating Title X family funding, and reducing foreign aid.

These moves, according to Romney's rough estimates, can result in \$97.6 billion of savings, with \$95 billion of them coming off Obamacare.

The second prong of Romney's plan is "empower states to innovate." He cites the potential benefit of block grants, which could "generate both superior results and cost savings by establishing local control and promoting innovation."

//JOHNSON

that governs the best governs the least.

Libertarians (like Johnson) support "laissez faire" capitalism that stresses free markets, lower taxes, higher oversight on the Federal Reserve and deficit reduction. Detractors on the left will say that free markets running amuck is what caused the current recession but this is only half the story. The Federal Reserve (or Fed), a private entity charged with managing our country's money supply is also largely responsible for the financial crisis.

To encourage borrowing, the Fed kept interest rates artificially low and printed more money. Furthermore. big government's folly exacerbated the United States' financial position as they bailed out banks and corporations and spent taxpayers' dollars on a nebulous stimulus bill. Libertarians support keeping inflation low and maintaining sound currency. To a libertarian, such expenditures undermine capitalism. Libertarians decry bailouts (a transfer of financial burden to taxpayers) and Keynesian economics (stimulus spending) because they incentivize dependence and devalue currency. The talk of job creation by Romney and Obama is preposterous; governments control inflation, not unemployment. On social issues, libertarians think the government has no business interfering with the life of private citizens so long as the actions of one individual do not interfere with the freedom other individuals. There is no other political vehicle in America that truly protects civil liberties whether it's gun rights, marriage equality, or free speech.

More controversial, however, is the libertarian stance on drugs. Johnson's running mate, Judge Jim Gray, has seen firsthand the fallacy of the failed War on Drugs. Under a libertarian administration, drugs like marijuana would be legalized, regulated, and taxed just like cigarettes and liquor; they will provide much needed tax revenue. Drug legalization will cripple the drug wars raging in Mexico and its impact on the United States, just as bootlegging was defeated after prohibition.

Libertarians represent a different direction for America, despite the false notion that a vote can be wasted. Ralph Nader, a former Green party said "Vote your conscience, not your fear." How will you vote on this November?

What do you think of the ideologies that Gary Johnson of the Libertarian Party stands for? Do you agree or disagree with them? Send us your thoughts at hn1169@messiah.edu and be part of the WWR debate!



Provided by mittromney.com

Romney also wants states to stay away from Washington "micromanagement" and develop their own innovative approaches. He claims this can save more than \$100 billion.

In the third and final part of his plan, Romney calls for improvement in efficiency and effectiveness in part by reducing the federal workforce and reducing waste and fraud at the federal level, which he says can result in a saving of \$112 billion.

JOBS

In a recently released ad, Romney says if his plan is successfully executed, the result will be 12 million new jobs in four years. What exactly does he have in mind?

Romney says in the ad: "My plan is to help the middle class. Trade has to work for America. That means crack down on cheaters like China. It means open up new markets. Next, got to balance the budget. You've got to cut the deficit. You've got to stop spending more money than we take in. And finally, champion small business. Have tax policies, regulations, and healthcare policies that help small business."

"I am Mitt Romney and I approve this message."

But do you?

Information from Mitt Romney's official campaign website was used in this report.

What do you think about these plans proposed by Obama and Romney? Would they fix the economy? Or they would create even more trouble? Are they attainable? Or could they use a reality check? Send your opinions to the Wednesday War Room mailbox at hn1169@messiah. edu and let your voice be heard.

Transition can be difficult for college sports teams from one season to another. As senior players graduate, returning team members work to fill their void while newcomers acclimate to the system they enter. It can be painful at times, and sometimes blunted by unforeseen circumstances, but it ultimately pays off with experience.

In the case of both the Messiah men's and women's soccer teams, this time of transition has been ongoing in the early weeks of the season, but is beginning to reap some rewards. Despite some difficult games and obstacles for both teams, the perennial contenders are beginning to round into form as conference play approaches.

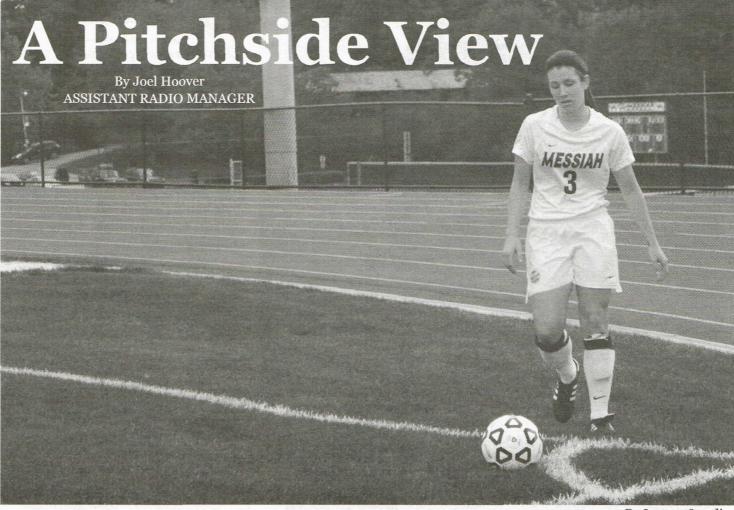
Women's Soccer

The early story for the women's team has been the reshaping of a squad missing several stalwarts from seasons' past, and the newcomers who have risen up in their place. In spite of the changes, the team currently sit at 5-1-1 on the year and ranked #4 in the latest NCAA Division III poll.

Graduating several key players who had been nationally recognized and major contributors on the team was always going to be a part of the new season. But an injury to senior Corinne Wulf against Emory in the second match of the season hastened more transition to a squad already ripe with new players.

After enduring a gauntlet of three straight games against top-10 teams in the nation and coming away with a loss, win, and draw, the Falcons entered their game with Muhlenberg on Sept. 12 at 2-1-1 on the season. Spearheaded by a 6th minute goal from freshman Trisha Tshudy, the Falcons ran out to a 3-0 victory over the visiting Mules at Shoemaker Field. Tshudy added a second goal in the second half to take her to four on the season, while fellow freshman Nikki Elsaesser added another goal 15 minutes from the end to round off the scoring.

Messiah's next test came on the weekend, as they travelled to Maryland to



By Lauren Landis

face Salisbury on Sept. 15. Despite a tough start in front of goal and an inability to finish early chances, the Falcons saved it late to grab a 2-0 win. Elsaesser struck her fourth goal of the season in the 71st minute, and defender Liz Phillips headed home an insurance goal in the 90th minute.

Returning back to the Shoe on Sept. 19, the Falcons made it three wins in a row with a 2-0 result against Eastern. Alex Brandt turned in a big game, scoring the opening goal in the 3rd minute, and assisting Emily Schneider's goal in the 22nd minute.

After facing some difficult opponents in attack to open the season, the Falcons and freshman goalkeeper Larson have now gone three incident-free games without conceding a goal. In spite of a changing crew in the center of defense, Ashley Locke and Tannia Nieto have begun to forge a solid partnership in the recent games.

The attack, while not the dynamic goal machine it was a year ago, has ably dealt with the absence of Wulf, the team's top returning goalscorer. Tshudy and Elsaesser each have scored four goals playing Wulf's target position, while Brandt also has four goals and three assists from the midfield. Winger and returning Commonwealth Conference Rookie of the Year Mackenzie Clapper has seen her time limited because of a shoulder injury against William Smith on Sept. 8. However, sophomore Lauren Federline has filled in with a goal and three assists on the wing, and freshmen Burgard and Emily Schneider have given speed to the wings.

While the attack is still taking shape and the team is trying to get healthy, the Falcons turn their attention to the beginning of Commonwealth Conference play in the coming weeks. They travel to Stevenson and Alvernia on Sept. 29 and Oct. 2 before hosting rival Elizabethtown on Oct. 6.

Men's Soccer

For the Falcon men, a strong defense has been the catalyst for a perfect 6-o-1 mark to open the season. Goalscoring has come and gone at times in the early weeks, but the defense has conceded just two goals in the opening seven matches.

One of the key replacement areas has been in attack, where last year's 17-goal top scorer Danny Thompson graduated in the offseason. Finding a go-to scorer to fill the void has continued to be an ongoing process, but Messiah continue to find goals across the squad in key moments.

The squad travelled down Route 15 for a "backyard brawl" with neighbors Gettysburg on Sept. 12. Despite seeing Carter Robbins' first half header overturned by an equalizer by the Bullets in the second half, two late goals secured a 3-1 Messiah victory. Fellow defender Luke Helmuth headed home the winner in the 71st minute, while sopho-

more Mike Kovach chipped in with another six minutes later. Each player's goal was their first of the season.

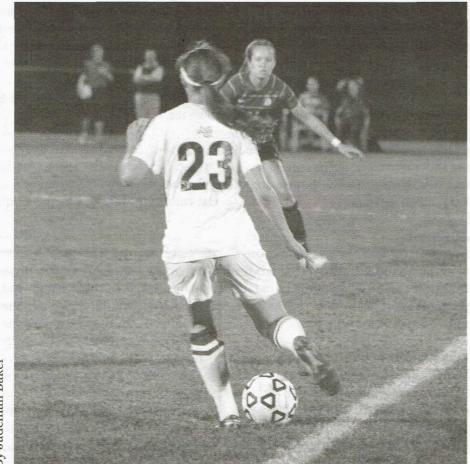
A weekend trip to Catholic University in Washington D.C. on Sept. 15 yielded another victory for the Falcons, as they squeezed out a 1-0 result. Despite a dominant performance, a 4th minute goal from Jack Thompson was the lone tally for Messiah.

The recent busy slate of matches ended with a home match with #13 Dickinson on Sept. 19, who came in unbeaten at 6-0. However, a late first-half tally from Dan Squire and a 90th minute tap-in for Jeremy Payne finished a 2-0 win for the Falcons in a tight, physical contest. The game had been moved back a day due to heavy rains on Sept. 18 in Grantham.

Sophomore goalkeeper Brandon West has shown strong command in the air to contend the many long balls launched at the defense. Centerbacks Carter Robbins and Luke Helmuth have teamed with players like Josh Kremers, Logan Thompson, Drew Frey, and others on the outside to create a strong understanding in defense.

The goalscoring numbers are not overwhelming in attack, but Messiah have found goals by committee across the squad at key times. Backed by a hattrick against Haverford on Sept. 5, Payne leads the team with five goals, while classmate Thompson has three. Fellow sophomore Brian Ramirez has four assists in the midfield, and freshman Bryant Myer has also assisted four times coming off the bench.

The men kick off conference play with two road matches at Stevenson on Sept. 29 and Alvernia on Oct. 3. The annual "Marshmallow Bowl" with rival Elizabethtown comes to Grantham this season, as the two teams square off on Oct. 6—a big indication of where the Falcons will stand going into the midway point of the season.



By Jademan Baker

Campus Wide Disc Golf Course Finally Complete

By James Reagan SENIOR SPORTS WRITER

or nearly a decade now, Messiah students have entertained themselves by playing catch with Frisbees. This has now morphed into all sorts of opportunities from rec frisbee to the club ultimate team. And now, at long last, there is a place for Messiah students to play disc golf.

You may have noticed the blue baskets all over campus. It's part of an ambitious plan to create a campus wide disc golf course and officially give Messiah's students access to this fast growing sport.

For those who are uninitiated, disc golf is a very different sport from ultimate. Though heavier, the discs are smaller than the typical frisbee.

"Yougottothrowwithyourbody," course designer and Collaboratory manager Tony Caito said. "You got to use a snapping motion and keep the disc lower."

Caito has been playing disc golf for eight years. About a year ago, Caito polled students on interest in a potential course and the level of interest was high enough that Caito was able to write a proposal to the administration. It was quickly approved.

In addition to designing the course, Caito is one of several people who regularly play on the course. Among these players, four of them competed in the collegiate northeastern regional disc golf tournament held at Everson, Pa last weekend.

While training for their competition, the four man team was able to utilize the recently completed course on Messiah's campus. The 18-hole course runs along the Yellow Breeches creek and is predominantly played in the woods behind the dorms.

Although some of Messiah's disc golf

players have years of experience, the kets on the ground. All 18 holes are goal is not to scare away new people from the sport. That is why the group held a disc golf clinic specifically tailored for beginners at Bittner Beach earlier this month.

"You've got to find someone that's done it before," said first year Andrew Cathro.

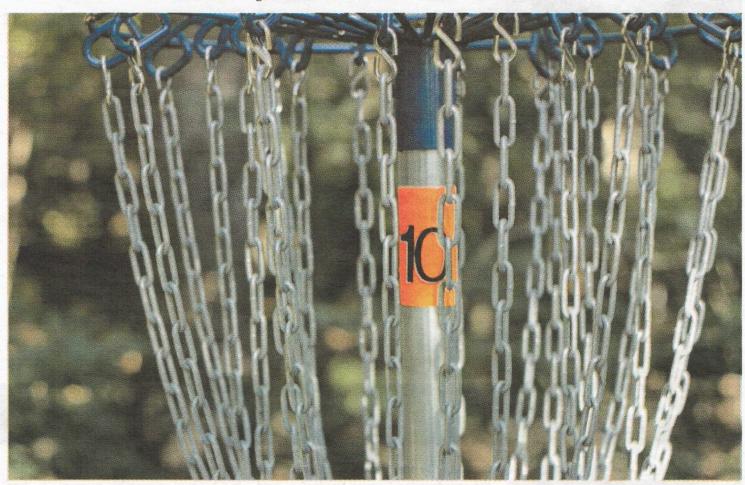
"It's not ultimate," first year Will Colfelt said. Both Colfelt and Cathro had experience playing disc golf prior to coming to Messiah, and both feel as though playing disc golf has aided in their transition to college life.

Even though the course is mostly complete, the process is not yet finished. The grounds department has been busy installing concrete tee pads on some holes, while also installing ground anchors that secure the basfinished; however, half of the concrete tee pads still need to be installed.

Tony hopes that the construction can be done soon as the team hopes to host tournaments at the site and start a weekly club. For now, students can play on the course by borrowing a disc from the desk in Larsen Student Union or buying one at the campus store.

The players are all hopeful that their disc golf games will soon include more people. "I'm excited for the potential of this course to show students, faculty and guests around campus," senior Kevin Clancy said.

Colfelt sums up the recruiting pitch for the sport with simplicity. "Do the disc... golf," he said.



By Sarah Brookhart

Field Hockey off to Impressive Start

Philip Naegely STUDENT WRITER

under the helm. In six games Messiah is 5-1 with their only loss coming against No. 2 Salisbury University. They have outscored opponents 16-6. They have recorded three shutouts and have only allowed more than one goal in a game only once. Five of Messiah's first six opponents were ranked in the top-25 at the time of the match.

To start the season Messiah traveled to no. 19 SUNY Cortland. The Falcons cruised to a 6-1 victory over the Red Dragons. In the next game, Messiah earned revenge of No. 6 Ursinus College. Last year Ursinus defeated Messiah in the NCAA tournament 3-1 to end Coach Trapp's legendary career at Messiah. However, this year they got off to a fast start on a young Ursinus' defense and scored goals in the eighth and ninth minute. They added two more goals later on to defeat the Bears 4-0.

Messiah field hockey is off Two days later Messiah took on familto a great start in coach iar rival Rowan University. The Fal-Good's inaugural season cons started off slower than they did in the Urisnus game, but Heather Quirk would score her first collegiate goal to get Messiah the lead. Quirk got a pass from Juliana Hershey and found the back of the cage. After an hour and a half lightening delay, would keep up the momentum. Messiah would add another goal from Kelly Martin quickly out of the break. For the second straight game, Messiah would earn a shutout against a top-20 opponent with Messiah defeated the Profs 2-0.

> Messiah traveled to Juniata College for a midweek matchup, and the result would be no different than their previous two matchups. Freshman Rachel Cox scored her first collegiate goal and teammate Natalie Ziegler added another as Messiah defeated Juniata 2-0 to move to 4-0 on the year.

No. 4 Messiah returned home for a highly anticipated matchup with No. 2 Salisbury University. The Falcons had their fair share of chances off of penalty corners, but couldn't convert. Salisbury however did what the Falcons couldn't do with their first three goals coming off of either a chance off of a penalty corner or a penalty stroke. Messiah's Juliana Hershey scored off a corner to cut Salisbury's lead to one and a 2-1 score, but Salisbury would score two more goals to seal the deal. Interestingly enough it had been 99 games since Messiah had lost by three or more goals, which happened to be a 3-0 loss to Salisbury on September 28, 2007.

The Falcons would not dwell long on their lost as they had a midweek game to prepare for. Messiah returned to their early season form by coming out fast against No. 12 Haverford College. Only 3:34 into the game, Juliana Hershey would find the net first. About six minutes later Emily Hursch would join the scoring party. Messiah would keep up a

solid defense throughout the game, and had more scoring chances as they rolled to a 2-1 victory of Haverford College.

On Saturday Messiah opened up Commonwealth Conference play against no other than arch rival and No. 14 ranked Elizabethtown. With about a crowd of 200 in attendance for family weekend, Messiah earned a 3-0 win over the Blue Jays. Unlike in the game against Salisbury, Messiah was successful scoring on penalty corners. Of the nine corners they had, Messiah scored twice.

This season has been impressive so far for Messiah College field hockey. Messiah's next game is Thursday September 27th at 7 p.m. If they can maintain the momentum heading into Commonwealth Conference play and the rest of the season, look for them to make a deep run into both the Commonwealth Championship and the NCAA Tourna-

The Swinging Bridge



Photo by Sarah Brookhart

ANNA MCARDLE swimming



By Zachary Specht SPORTS EDITOR

first-year marketing major, Anna McArdle is entering her first season as a member of the Messiah College swim team. McArdle has been involved in swimming her entire life.

"I've been swimming since I was four. What I like most about swimming is that even though there is a lot of individual emphasis, you never feel like you are just one swimmer with your own separate goals," said McArdle.

Born into a family of swimmers, swimming is a sport, which has allowed McArdle to bond with her siblings while maintaining a healthy level of competition.

"My three brothers all swim, it has brought our family so close since we grew up swimming together and continue to swim and practice with one another. One of my favorite swim memories is when the four of us swam a relay together. It was my favorite race I have ever swam," said McArdle.

Being from Buffalo, New York, McArdle chose to attend Messiah College because of the rich academic history and successful athletics department.

"I choose Messiah because I wanted to go to a Christian college that also had strong academics and athletics. The swim team is so welcoming. My first couple of weeks on campus was so much easier having the team for support, I felt like I was joining a new family," said McArdle.

McArdle enters her career at Messiah with intangible skills that she developed while in high school.

"I was a junior and senior Captain for my Varsity Team in high school. I swam on a state relay my senior year, and won a sportsmanship award," said McArdle.

As the swim team embarks upon a new season, both individual and teams goals will be embraced.

"This season I hope to place at our MAC championships and for our team to place higher at championships as well," said McArdle.

When McArdle is not swimming laps in the pool, she can be found running and biking around campus. McArdle also enjoys baking, shopping, traveling, and is aspiring to compete in her first triathlon this summer.

As an athlete, McArdle loves to watch a plethora of sporting events. McArdle is an avid fan of the Buffalo Bills and the New York Yankees. McArdle's favorite athletes are Derek Jeter, Hideki Matsui, and Missy Franklin. Pregame rituals come at a premium, and for McArdle, consistency is the greatest habit.

"When I was little I had a swim coach tell me to eat macaroni and cheese before swim meets, so since then I have Kraft Mac 'n Cheese before every meet," said McArdle.

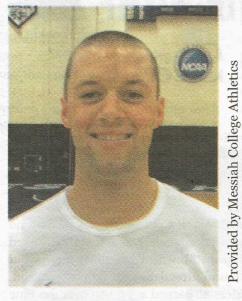
Similar to most athletics, swimming is a sport that successfully instills life values amidst competition and adversity.

"Swimming has taught me to have a strong passion in everything I do. Whether it is my relationship with God or school work it is never enough to give less than your best," said McArdle.

Playing on an athletics team at Messiah College provides student athletes with a truly unique opportunity to integrate talent and faith.

"Swimming here has made me realize that when I come to practice I'm doing more than just becoming a better swimmer. I'm learning to use the talents that God has given me and allow Him to work through me," said McArdle.

TYLER YEATON basketball



By Zachary Krueger STUDENT WRITER

yler Yeaton is a junior transfer student here at Messiah. Yeaton is an exercise science major who transferred to Messiah from NHTI Concords Community College.

Yeaton first started taking basketball seriously in his 7th and 8th grade basketball seasons. Prior to that time, Yeaton mostly played pickup basketball and in a few leagues that met just on Saturdays. When asked about how much he played his first few years in organized basketball, Yeaton said, "Not very much. When I first played I was a

fat kid. By the summer following my 8th grade year I grew six inches and weighed about 175lbs." Following his newfound height and size, Yeaton began attracting coaches in the area who wanted him to come play for their schools.

Tyler was a homeschooled student his entire life, and in 9th grade he began to draw interest from coaches at Penbroke Academy. His first year playing for Penbroke, Yeaton found himself playing behind two upper classmen as a forward. During the season both of the forwards went down with injuries, which opened the door for Yeaton to start four games as a freshman until he broke his hand while going for a rebound. By his sophomore year, Yeaton found himself more playing time however the team as a unit experienced a lack of chemistry.

By his junior year at Penbroke, Yeaton was named team captain and his team was under the leadership of new head coach, Coach Mattalosa. Mattalosa was an MVP in the European professional basketball league and brought great experience to the team. Yeaton said of Mattalosa, "He basically gave us a new team outlook and we started playing really well under his leadership."

During his junior and senior year, Yeaton and his team were state finals fa-

vorites heading into the season. During his junior year his team made it to the elite and suffered what Yeaton described as a, "tough" loss. During his senior year Yeaton's team went 20-1 on the season and found themselves enduring yet another heartbreaking loss. Yeaton said about the loss, "It was probably the worst loss I've ever been a part of, possibly our worst loss ever. You don't forget games like that."

After his high school graduation, Yeaton took a year off from school to work as a personal trainer. "We ran bootcamps for adults. We kicked their butts for an hour doing things like interval training and body weight training," said Yeaton. In addition to that, Yeaton also started his own personal training company, Adrenaline Performance Training. This type of personal training worked more around individual athletes and their sports, helping them get into shape for whatever sport they played.

Some of Yeaton's interests when he is not playing basketball are wakeboarding, and making attempts at playing guitar.

"I try to play the guitar, but I would say the sound that I produce is a nice mixture between John Mayer and a blender grinding up a brick," said Yeaton. In addition to those hobbies, Ty also posts an entertaining album on his Facebook known as, "LOL Cats." While he does not consider himself any kind of crazy cat person, Yeaton finds his cats to be very entertaining and wants to share, what are rather funny pictures, with his friends. Yeaton is however an avid fan of Massachusetts' sports teams such as the Patriots, Red Sox, Celtics and Bruins.

When asked about what made Messiah appealing to him, Yeaton said, "I actually Googled Messiah when I was trying to find a school that was a bit closer to home than Wheaton, which I was currently looking at, at the time." Yeaton said what he likes most about Messiah is the small, yet beautiful campus. He preferred to go to a smaller school over a large campus.

Yeaton also spoke highly of his teammates on the basketball team. "I like the guys a lot," said Yeaton. "I'm going to miss my old team but the team atmosphere here is great. I feel like the relationships that come out of here will be of a different quality and they are guys I could see myself being friends with for a long time." Yeaton's favorite Bible verse is 2 Thessalonians 3:13, "As for you, brothers, do not grow weary in doing good."