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Swinging Bridge - May 1, 2014

Dan Row

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THE SWINGING BRIDGE

MESSIAH COLLEGE//THE PULSE

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Constructing Diversity

By Nicholas Tay
FEATURES EDITOR

GRANTHAM, Pa. - As the population of the United States becomes increasingly heterogeneous, the emphasis on promoting diversity in higher education has gained traction. In an age where advertising is king, colleges and universities attempt to highlight the variation within their student body in digital form and in print media. Some schools tout their high female to male ratios as an indication of social progress while others emphasize their successful recruitment of underrepresented racial groups as a stepping-stone in improving the compositional diversity of their student body. Messiah College approaches the issue from a different angle.

According to Carla Gross, the Executive Director of Marketing and Communications, the college conveys diversity in light of its dedication to inclusivity and reconciliation. She quotes "race and ethnicity are part of the diversity plan, but the college also identifies and defines diversity through other factors such as culture, age, gender and even faith traditions."

If one were to define diversity entirely by the population of non-Caucasian students, they might be disappointed by the statistics reported by Messiah. As of the 2013-2014 academic year, 10% of the Messiah College student body are from underrepresented racial, ethnic and cultural populations while international students constitute an additional 2.4%. However, as Gross mentions, diversity is more than just having a varied racial student population.

Contemporary use of diversity has made it synonymous with race but there are other factors that must be considered. Gross appreciates that Messiah takes a holistic stance on this issue. She notes that "there's an overarching commitment to diversity and our department and admissions share this goal. The admissions office has especially played an important role in the college's diversity committee and diversity plan. They are constantly engaging with ways to communicate that Messiah is a genuinely inclusive and welcoming Christ-centered educational community."



Photography is the prominent medium used in the college's attempts to capture the Messiah's dedication to inclusivity. According to Gross, "photos have the ability to communicate the inclusive community we're interested in. Photography is always used to tell a story and to support the information we're communicating."

When using pictures to communicate the spirit of the campus to an outside audience, Gross notes the process of taking the right images to fit the desired themes is accomplished through a mix of creative freedom and guiding control.

"There are certain types of pictures that we need to communicate a specific aspect of the Messiah experience. For example, when we want to show that Messiah is a place where friendships and strong relationships grow, we tell our photographers to look for genuine conversations between students or between a faculty member and a student. We will provide the parameters, but the photos come organically."

But not everybody thinks that the student body is being represented accurately. There are several students, especially from underrepresented backgrounds or student groups, who indicate that Messiah's portrayal of its student body does not match the lack of compositional diversity—the numerical and proportional representation of different people groups within a campus environment — of the campus.

Gross acknowledges that there is indeed a difference between the diversity seen in pictures and in the numbers. Yet she notes that there is a difficulty in "providing an exact numerical representation of the student body in our publications, but we attempt to use a wide variety of photos to best reflect the community at Messiah." Thus the college attempts to acknowledge both the diversity and relative homogeneity of the campus through the "quantity of content" rather through individual pictures.

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CELEBRATE ASIAN PACIFIC- ISLANDER MONTH

By My Nguyen
STUDENT WRITER

GRANTHAM, Pa. - On April 16, the Asian Students' Association (ASA) hosted an event to celebrate the Asian-Pacific Islander Heritage Month. Titled "It's Nice To Go Trav'ling," the celebration took place at the Larsen Student Union. It was a celebration of culture, traditions and history of Asians, Asian-Americans and Pacific Islanders in the United States.

The event comprised of an introduction of geography, cultures

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Photos by Danielle Gingrich

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Demo Show Gets a Reaction

Ashlyn Miller
STUDENT WRITER

GRANTHAM, Pa. - Explosions, fizzes, and flashing lights all were coming from Kline 120 on April 15. The room quickly filled with people coming to observe. This wasn't a fire or any other cause for alarm: it was the annual Chemistry Demonstration Show.

The show, supported by the joint efforts of Messiah College Chemistry Club and Physics Club, was an opportunity for both organizations to reach out and educate the surrounding community about science. The auditorium was filled with curious children and adults alike, including a few Messiah professors who brought their children to the show.

"This is one of our favorite events of the year. We get to do things we normally wouldn't get to do," said Dr. Hannah Tims, assistant professor of chemistry at Messiah.

The event aimed to present key scientific principles to students in an exciting way. Between the two clubs, 17 Messiah students gave presentations throughout the 90-minute show.

Messiah senior Julie Fenton, a member of the Chemistry Club, taught students about hydrogen peroxide reactions through a fun demonstration known as "Elephant Toothpaste."



Photo by Sarah Berger

Dr. Richard Schaeffer and Seth Sharber participate in demo show.

In this demonstration, Fenton taught students that when certain

chemicals mix with hydrogen peroxide, they create a reaction that produces huge oxygen bubbles.

As the name would suggest, the bubbles create a column of foam that shoots up out of the beaker like an elephant's trunk. Shrieks of laughter emitted from the children as they got a chance to witness the reaction a second time.

On the physics side, first-year student Tyler McManiman demonstrated the concept of photo fluorescence. Using a blue laser and then a red laser on photosensitive material, McManiman explained, "The blue laser excites the electrons, making them emit light."

Sure enough, the blue laser left behind a mark that shone and slowly faded, while the red laser produced no reaction, much to the dismay of the audience.

The lists of concepts learned throughout the night stretched on and on, including conservation of momentum, oscillating reactions, fiber optics, the Doppler Effect and much more.

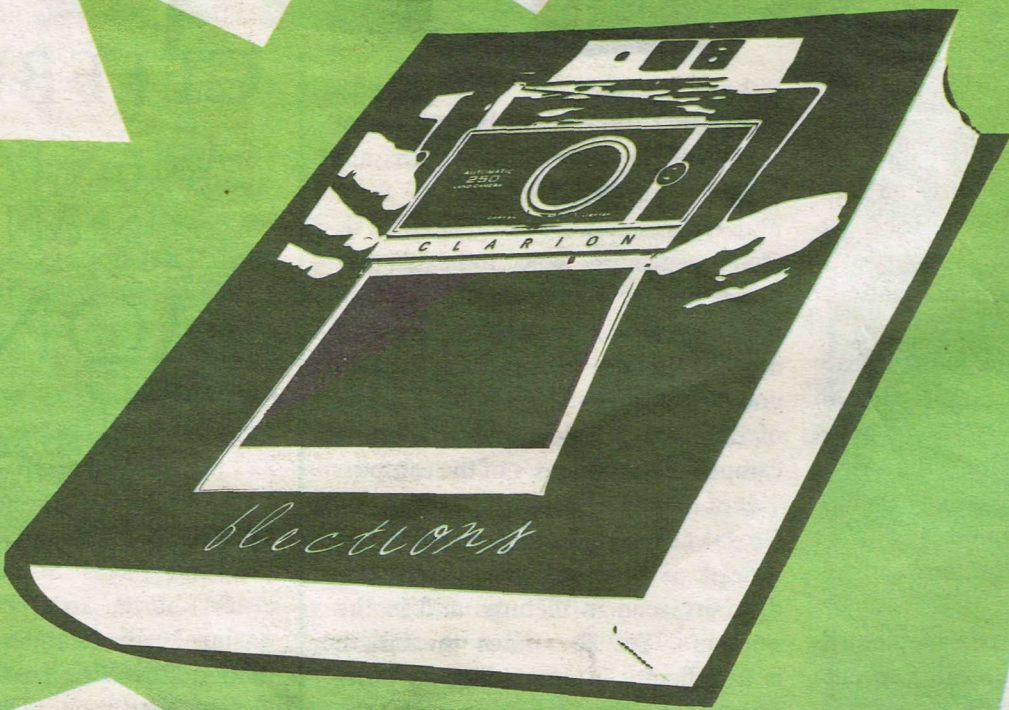
Most importantly, the student demonstrators always reminded students that no matter whether it is for fun or for school, safety always comes first in science.

Though creating explosions and drawing oohs and ahhs from the audience is exciting, both clubs stayed committed to their true goal for the night.

"It's all for a good purpose: to educate (and excite) students about science," said Dr. Tims.

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//CELEBRATE ASIAN PACIFIC-ISLANDER MONTH

and other traditional features of six different countries and a "passport game" in which students could get special awards. The six countries featured in the event were Pakistan, China, Malaysia, South Korea, Syria and the Philippines.

Before the game, students came to the entrance table placed to hear an explanation of the game and get a special "passport" to participate. Students then went around to each country's booth to answer questions from the representative of that country and receive a stamp in their passport. At the end, each person got to pick a little bundle of chocolate and had their names entered into a drawing for the top four prizes from Ten Thousand Villages.

Following the Asian theme of the event, prizes included a drum, two frisbees and a teapot from Nepal. "All prizes were from Ten Thousand Villages and every person got their choice of chocolates at the end for participating as well," said first-year student Kathryn Figura.

In organizing the Asian-Pacific Islander Month this year, ASA not only aimed to promote the richness of Asia's heritage and culture but they also wanted to emphasize the service aspect of their organization. According to sophomore Bryan Leong, President of the ASA, service became the core of all of the ASA's events.



Photo by Danielle Gingrich

"We desired to serve the student body by having member meetings that educated the campus of the international affairs in Asia where we touched upon the various topics such as 'the isolated North Korea', 'Human trafficking in India', and 'Religious dictation around the world'," said Leong.

The Asian-Pacific Islander Heritage Month has left largely good impression and communicated meaningful messages to students who participated in the event. Jodie Howard, a sophomore from Papua New Guinea, said that she felt good to have an event that celebrated her heritage.

"I think it's a fun and informative event for students because it helps promote countries and

cultures that people on campus might have never heard of or learn more about from students who are from those countries," she added.

This year, the ASA has previously organized special events such as a day trip to Philadelphia, the Lunar New Year celebration, or the Bubble Tea & Karaoke event to raise money for typhoon victims in the Philippines. They have so far raised a total of almost \$2,300 in donation.

The Asian Pacific Islander Heritage Month celebration provided another opportunity for the ASA to bring Asian cultures to students at Messiah College.

"With more support from the student body of our club, I believe God will be able to use us to do immeasurably more," said Leong.



Photo by Danielle Gingrich

//CONSTRUCTING DIVERSITY

It is then apparent that advertising diversity is more complex than it first looks. How then does Messiah approach the issue? Gross notes that her team "always starts with the communication goals when developing a piece of advertising. That usually begins with identifying our audience."

The audience in higher education is changing. While we focus on racial diversity, the traditional student is slowly losing its hold as the majority student population within colleges and universities as non-traditional student numbers increase across the nation. According to Gross, the "current admissions publications revolve around traditional students, which are the majority that we focus on recruiting. However as the face of higher education changes, we will have to readjust our efforts to best portray that majority in a consistent way."

Older students are becoming the norm through the rise of the digital classroom. With the success of the nascent graduate program at Messiah, the marketing department is working to feature these students in their publications.

"With Messiah adding graduate programs, we note the need to represent both the graduate and undergraduate students in our publications. We're becoming more aware of the presence of non-traditional students within the student body and better at representing these individuals. For example, we're working on a feature for The Bridge (the college's magazine) that's all about non-traditional students. We're telling their stories and their journey upon entering Messiah at different points in their life."

Overall, the act of portraying diversity in advertising is complex and requires attention to a multitude of factors. However, Gross believes that her office is doing the best they can to accomplish those goals.

"It's a balancing act. We're trying to put together all these pieces to best represent what Messiah is. The more factors we add to the mix, the more things we have to care for intentionally, which can be difficult. But we work hard with admissions to accomplish these things to the best of our abilities."



Photo by Danielle Gingrich

What's Happening Outside of The Bubble?

By Jen Morgan
STUDENT WRITER

Living in the "Grantham Bubble" often leaves Messiah students uninformed about the rest of the world. To keep you Grantham residents in the loop, here's a list of some of other world and national news in the past three weeks that you should be aware of:

* South Korean Ferry Tragedy: On April 16, MV Sewol, a South Korean ferry carrying 476 people, sank on the way from Jeju Island to Incheon. Most of the passengers are middle school students going on a field trip. As of this writing, 187 bodies have been found, while 115 are still missing. The captain, one of the survivors, has been arrested. The exact cause of the tragedy is still under investigation, with theories ranging from sudden turns from the ferry operator to oversizing.

- Search crews for flight MH370 are not giving up on their mission to find solutions to the missing flight, despite the odds set against them. The depth of the water in which the plane is said to be in is more than five times the height of the tallest building in the world, according to a World Report from CNN. New developments are suggesting, however, that the plane may not have crashed into the Indian Ocean. Meanwhile, Malaysian Airlines are looking to send death certificates to family members of those on board.

- A tea cup called a "Chicken Cup" from Hong Kong recently sold at an auction for over 36 million dollars, which is the highest price reached for a Chinese porcelain artifact, according to a World Report for CNN. It is called

a Chicken Cup because of the painting on the surface of the tea cup, which features two roosters and a chicken tending her chicks. The tea cup is over 500 years old, and is one of only 17 cups worldwide of the same variety. In the late 17th century, the tea cups were considered the most expensive objects money could buy according to the Chinese, and are still seen as the holy grail of Chinese ceramics.

- A woman was taken into federal custody on April 11 after throwing a shoe at former Secretary of State Hillary Clinton during a convention keynote speech. Clinton ducked and did not appear to be hit by the object. She then proceeded to joke about the incident, helping to lighten the mood of the tense room. According to a US Secret Service agent, the woman was then questioned and will be facing criminal charges. The woman who threw the shoe was said to have walked down the aisle to within six rows of the front of the seating area, threw the shoe, then turned around with her hands in the air as she walked towards the back of the room. Security guards soon caught up with her. A spokesman for the event said that the woman was

not part of the conference and not supposed to have been in the ballroom.

- U.S. Health Secretary Kathleen Sebelius will be resigning from her position. She is resigning following the problematic launch of the health care law, which was known for its early technical problems. Reports say that President Obama has now nominated Sylvia Mathews Burwell, the current budget director, to replace her.

- A student from Murrysville, Pennsylvania is arrested for a school stabbing earlier this month. He will be charged as an adult with four counts of attempted criminal homicide, 21 counts of aggravated assault, and one count of possession of weapons on school property. He is being held without bail in a juvenile detention center in Westmoreland County, according to ABC News. At least 20 students were injured as a result of this incident, and the motive for the rampage is still under investigation, according to authorities. There were apparently no warning signs from the suspect, currently a sophomore at the school. Reports say bullying may have been the cause of the student's outburst.

Senate Celebrates the Past, Looks Forward to Future

By Ashlyn Miller
STUDENT WRITER

GRANTHAM, Pa. - A special ceremony was held April 24 during Student Senate to both recognize the cabinet members who served this year, as well as the new elects who will serve in Messiah College SGA next year.

SGA President Kristen Houser took the time to extend a message to those who have served.

"It has been a pleasure to work with all of you. Thank you for pushing through difficult situations. As we pulled together, we really grew to become a family, and I value the friendships that I have [developed among this year's group]," said Houser.

Houser addressed some of the accomplishments that the cabinet achieved this year, such as overcoming the vacancy of the vice president position for most of the fall semester.

"It was difficult for the cabinet, and they had to pick up a lot of slack. It can be a thankless job, as there is a lot that goes on behind the scenes," said Houser.

Kris Hansen-Kieffer, Dean of Students, also made an appearance in Senate to recognize the work of the cabinet this year.

"What happens here [in Senate] gets fed directly to the administration, and they rely on the Senate to be the voice of the student body. This group has been great with presenting a professional image all year," said Hansen-Kieffer.

In other Senate business, a measure to split the SGA multicultural position into two roles was approved on a yay-nay vote. Christina Thomas, the current Vice President of Diversity affairs, explained that the original position was

overwhelming for just one student. The approved changes now split Thomas's role into two positions: the Vice President of Diversity Affairs, and the Chair of the Multicultural Council.

"This change is a really good idea, because it reflects what we've done with other leadership programs like Student Chaplains and the Pulse. Scott Hwang, the director of multicultural programs and myself both approve of this measure," said Ben Taylor, staff advisor for Senate.

There was some discussion on the floor about the hours allotted to the Chair of the Multicultural Council, but the Senate eventually approved the measure after adding an amendment to increase the hours of the Chair to 10 per week in order to mirror other organizations.

The final approved measure added the two new positions, the Vice President with 12 hours and the Chair with 10.

Tim Sensenig, Vice President of SGA, says that there are still six vacancies remaining on Senate committees for the next academic year. Sensenig says the committees, depending on which one is chosen, generally meet bi-weekly or bi-monthly.

"Committees are great to get involved in, because they allow you concentrate on more specific topics on campus," said Sensenig. If you are interested in applying for one of the vacant positions, contact Sensenig via email at ts1296@messiah.edu.

The final Senate meeting for this academic year will be held on Thursday, May 1 at 7 p.m. Senate will be wrapping up business for each committee, completing governance review, and allocating remaining funds through capital purchases.

3 Week Outlook: May 1 - Finals!

Greetings, our valued Swinging Bridge readers. Brace yourselves, Finals' Week is coming. As you stock up on caffeine in preparation for final exams, here's a list of events you don't want to miss in the last weeks of the 2013-2014 academic year:

Compiled by News staff

- Messiah Team Triathlon: The 6th annual Messiah Team Triathlon will be held this Saturday starting at 9 a.m. Sponsored by the Messiah Wellness Program, the event is open to Messiah current or former employees, current or former students, and their spouses. Register as a team of three and take turns to compete in a 800-meter swim, a 12.2-mile bike, and a 3.1-mile run.

- Concert Choir Car Wash/Bake Sale: Come join the Messiah Concert Choir as they raise money for their International Tour. Bring your car and hungry stomach over to Eisenhower Circle from 1 p.m. to 5 p.m. this Saturday and help the Choir's cause.

- Rock the Block: Cap off your busy Saturday with a block party hosted by the SAB. Come to Larsen Student Union patio anytime from 4 to 11 p.m. for some crafts, water games, music and cookout. A great opportunity for some refreshment before Finals' Week.

- Senior Week and Commencement: Senior Week begins on Sunday, May 11 with Senior Coffeehouse at the Larsen Student Union and ends with Commencement on Saturday, May 17, at 10 a.m. For all the events in between, check out messiah.edu/homepage/373/senior_week.

On behalf of the Swinging Bridge, Two-Week Outlook would like to express our gratitude to all of our readers this past academic year. We respect your feedback, as it helps us grow as individual student writers/designers/editors, and as an organization as a whole. We believe we have made significant progress with the paper this year and we hope that future versions of the Swinging Bridge will be even better. Once again, thank you.

The Forgotten Commuters

Forgotten



Photo by Danielle Gingrich

By Corinne Elliott
STUDENT WRITER

Being a college commuter is not for the faint of heart. If you've decided to become a commuter, for any reason, I most certainly applaud you. After living at Messiah College for almost two years, I had to make the difficult decision to become a commuter for the spring semester. Since I live roughly thirty minutes away and have a pretty flexible schedule, I thought I would be able to swing it. It hasn't been easy though, and commuters experience a number of highs and lows.

On the positive side, as a commuter you may save a little bit of money since you are not obligated to buy things like a complex meal plan. If you have a good relationship with your parents they might help you in a lot of ways. In my case, the drama at home has certainly declined since I began commuting. Also, one of the benefits to being at home is a space where you can focus on the more important things like school work and family. College life becomes a lot more simple when your only focus is the classes you are in.

As much as I love Messiah College and the experience I have gained thus far, Messiah is not the most friendly place for commuting students. Here are the quarrels I have with the system and suggested solutions.

It is well known that Messiah, unlike other local colleges, does not have a large population of commuting students. We

commuters are very few in number. But Messiah barely even acknowledges its off-campus students. When I first began commuting I was expecting some sort of informational packet, but never received one. I've heard that there is some sort of commuting lounge out there... but where?

This spring made it especially hard to commute. On the first day of the semester, the college was hit with a snow storm. Many of my classes are at night, as I suspect is true for other commuters. The college canceled day classes but

other similar instances. Despite the weather challenges I was blessed to have professors who were gracious and understanding in this regard. I would recommend that the college try to remember its commuters next time it has a winter advisory. Even the language of the emails completely forgets us struggling commuters out there.

Parking is another difficulty of driving. I completely understand that parking spaces are limited on our small campus. But putting the commuters's vehicles

little scary. If we were allowed more freedom in parking, it would be easier on our commute and safety.

Finally, I would like to talk about the chapel requirements. I think chapel is a crucial part of students and staff identity here at Messiah College. Being a commuter makes it more difficult to attend chapel. The current policy is that if you have a class before or after chapel you are required to go to all twenty-four chapels. I'll be honest, waking up earlier than necessary to get to chapel is especially hard for us commuters. In addition, when one is taking mostly night classes it is nearly impossible to attend any of the alternative chapels the college offers. This means that if you miss a few common chapels you are doomed as a commuter. My solution would be to make commuters attend only half of the usually required chapels. Chapel is important, but sometimes it is nearly impossible to make it as a commuting student.

I have seen both sides of the spectrum by living on and off campus, and it has been an interesting experience to say the least. Commuting has given me a great chance to be with my family more and has allowed me other privileges. If anything, commuting this semester has made me want to be more involved in the college community. Yes, I miss my friends, but they have been life-savers and have supported me through this whole process. Just like in any situation, there is room for improvement and I don't want to discourage those who are considering commuting.

“As much as I love Messiah College and the experience I have gained thus far, Messiah is not the most friendly place for commuting students.”

not evening ones, recommending students to be careful and stay off the roads. What kind of message does that send to those of us who have to drive and take night classes? Throughout the long winter there were many

all the way out in Starry Field (which is in another county, by the way) is a tad ridiculous. We are on campus for such a limited amount of time. Making the trek up the slippery hills, especially in wintery conditions, is a

Sustaining Can Not Re-Green the Earth



Photo by Danielle Gingrich

By Timothy Swartz
STUDENT WRITER

Sustainability alone will not “re-green” the Earth. It has been stripped of its environmental ethic. Sustainability is too open-ended. As a result, sustainability can be, and regularly is, manipulated in order to serve corporate greed and market trends. Unless it is tempered by a strong environmental ethic, sustainability is about perpetuating human systems of exploitation of the natural world. At some point sustainability traded the inconvenient truths of an environmental ethic for crowd-friendliness, profitability and political capital.

Sustainable initiatives do some good. It is important for me to clarify that using less water and plastic and gasoline are positive choices. But if we think that we have saved the polar bears, pandas and penguins by driving a Prius and

drinking from a Nalgene, then we will sadly watch these animals vanish into the past. Sustainability’s insidious reality is that it makes us feel as though we’ve achieved a balance with nature when it doesn’t go nearly far enough. Instead of patting ourselves on the back for buying a car that takes us farther for each gallon of gas, environmentalism requires us to ponder where we are going and why we need to go there.

Environmentalism must come first. We must scale back, reevaluate our needs, and change our lives before we can seek to make these new lives sustainable. Once we have decided where we truly need to go we can figure out how to get there while using the least amount of energy. But the fact is, our “needs” will drastically change once we have applied an environmental ethic.

Another fault of sustainability is that it has allowed carbon emissions

to dominate the discussion of our environmental impact. At the expense of vulnerable ecosystems and species, debate over environmental policy has become narrowed to the topic of global climate change. Climate change is divisive, terrifying, and controversial, so it makes good news and a great political campaign issue, but as sustainability has become equated with lowering carbon emissions, we miss the more immediate issues. A tropical rainforest will dry up as arid climates move into higher in latitudes. But it is unlikely that we will see the disappearance of tropical rain forests because of climate change. Rather, we will watch the last tree fall to the chainsaws of soybean and corn farmers. While governmental and institutional policy makers argue about carbon taxes, we will cut down forests for furniture, drain lakes to irrigate our crops and blast the tops off mountains in search of coal.

So here’s what you can do: First, go outside. Be out in nature and learn to love it for all its complexity. I think we find ourselves in the current environmental crisis because we experience nature on the National Geographic channel and not in person. I think that both the planet and we are suffering because we don’t know nature’s rhythms and we don’t understand our role in the global ecology. But when you begin to understand these things, you will realize how the world is changing. You will see that wetlands are being paved over for parking lots and that old trees are being turned to sawdust for the sake of shopping malls. And you will have something at stake.

Environmentalism means more than recycling initiatives, shorter showers, and carpooling. It connects us to nature in a way that sustainability cannot. And we need it if we truly want to live in a green world.

Christian Investments

By Alex Craver
STUDENT WRITER

People express a range of opinions when it come to financial ethics. Many Christians view “the love of money as evil” because of 1st Timothy 6:10, but there are many other parts of the Bible that say God wants us to be wealthy. Before we can accomplish anything on our own, we have to realize God’s vision for us. Therefore, we must understand that God wants to make us rich (3 John 2, Proverbs 10:22) and also that God will supply our needs (Phil 4:19).

I am an accounting major and the treasurer of Messiah College Investments club. Sometimes people want to argue with me that what I do is evil and badly motivated. However, I have found many verses that prove that God wants us to prosper. However, it is clear that God doesn’t want money to serve as the “be all, and end all.”

The Messiah College Investment Club views money as a tool. As an officer

of the club, my goal is to make the club more of a service group, focused on helping people rather than purely number crunching. Many members of the investment club are accounting majors that see their vocation as service. Accountants must carefully follow strict guidelines in order to provide those they serve with trustworthy numbers.

All the officers of the Investment Club attended an investing conference at the University of Dayton in Ohio. The goals was to be able to better serve members of the club and allow for the funds we manage to easily be transferred to the new presidents at the end of this month. At the conference, attendees were taught of the importance of serving clients. Much like the curriculum at Messiah College’s business school, the program emphasized good stewardship.

As a Christian investor, I try to invest my earnings in companies that I trust. The club doesn’t allow for investments in “sin stocks” which would be anything from tobacco companies to alcohol

companies. Personally, I shy away from companies of that sort as well, because I don’t want to expand those companies but want to expand the kingdom of God. Staying away from “sin stocks” and being a good stewards of what we’re given is what we live by as Messiah College Investment Club members.

I believe that Christians have a duty to invest. First, God encourages investing through Matthew 25:14-30. The master was pleased with the servants that invested their talents and doubled them and was displeased with the servant that hid the talent he was given. Hiding the talent is the equivalent of putting the talent in the bank and earning next to zero interest on it. I believe God wants us to have our money work for us much like a hammer does most of the work for us in building a house.

As we grow and graduate from Messiah with a faith-based background, I would encourage everyone to follow my plan for a wealthy future. Creating wealth starts with good habits. First, I would

have a checking account that is purely used for two reasons. You use it to drop your salary into it and also as a place to store your short-term savings. This account should be your most liquid, or easily converted to cash. Second, I would set up a mini brokerage (trading) account so that you can learn to manage your finances for yourself. It’s very simple if you understand the basics of trading stocks. So that is your second account, it’s not as liquid because you must buy shares of various companies stocks and leave them sit until you can execute your exit plan. An exit plan is when you have made it to a certain stock price and you decide to sell the shares.

I believe this is the most crucial thing we are called to do with our finances as Christians. We should put our money to work for us by researching companies and investing in them so we can live comfortable lives that allow us to give back to the kingdom of God. This is what I believe to be our true calling.

Shannon Cochran

Behind the Mask:



Photos by Danielle Gingrich

The View of Cosmetics Among Messiah College Students

By Shannon Cochran
PULSE STUDENT DIRECTOR

It takes all your money. It makes you examine every flaw, every fault, and every aspect of your face. It makes you question yourself. It's a task. It's an addiction... It is makeup.

Makeup isn't a novel idea or a recent invention. According to webmd.com, makeup stems back to the ancient Egypt. Egyptian women used burnt matches to darken their eyes, berries to stain their lips, and young boys' urine to fade freckles. Some women even swallowed ox blood in attempt to improve their complexions.

Although we have come a long way in improving makeup content, matters of self-esteem and competition have increased. "My first thought in the morning is usually 'dang I look rough.' I often make myself think I need makeup," said senior nursing major Jill Hagerott. According to new.instyle.com, in 2013, the average American woman will spend \$15,000 on makeup in her lifetime and \$3,770 on mascara alone. "Makeup is a social crutch. It can hinder us. It's continually setting impossible standards for women to live up to," said senior marketing major Lauren Landis.

A study entitled "Influence of Cosmetics on the Confidence of

College Women" by Sarah Scott of Hanover College discovered that women in college wear makeup with hopes that it will positively affect their level of physical attractiveness, accentuate good traits, and hide flaws. This belief is common because makeup is introduced at a young age.

In 2011, Jo Swinson, co-founder of the Campaign for Body Confidence stated both men and women strive towards impossible standards starting at a young age. "From children's toys to TV programs, images of the idealized body have permeated every level of our visual culture," said Swinson in the 2011 article, "False Beauty in Advertising and the Pressure to Look 'Good.'"

Scott also discovered that media doesn't conform to societal standards, rather, it shapes them. Media not only sculpts the way women use makeup but also the way others, including men, judge the use of it. "I notice that sometimes when I wear more makeup, my boyfriend and guy friends will say 'wow, you look really nice today.' Of course they mean no harm, but at the same time, it makes me wonder why I can't hear that more often when I allow people to see my natural face, the real me," said Hagerott.

In 2011, operationbeautiful.com created "No Makeup Mondays" which encouraged women to take a makeup-free photo and post it on the

internet. Recently, the hosts of the "Today" show went on air without makeup to support the movement.

The responses from several men on NBC.com were as follows: "Leave the makeup on. I don't want girls to start thinking this is acceptable." "What a scary pack of broads." "All [of them are] gross."

These thoughts stem from an unhealthy standard of beauty that the media has set for both men and women. "I think the media is the second to blame. We mostly repeat what we see in the media. If makeup and Photoshop hadn't been created, I think we'd live in a different world," said junior international business major Abbie Daley.

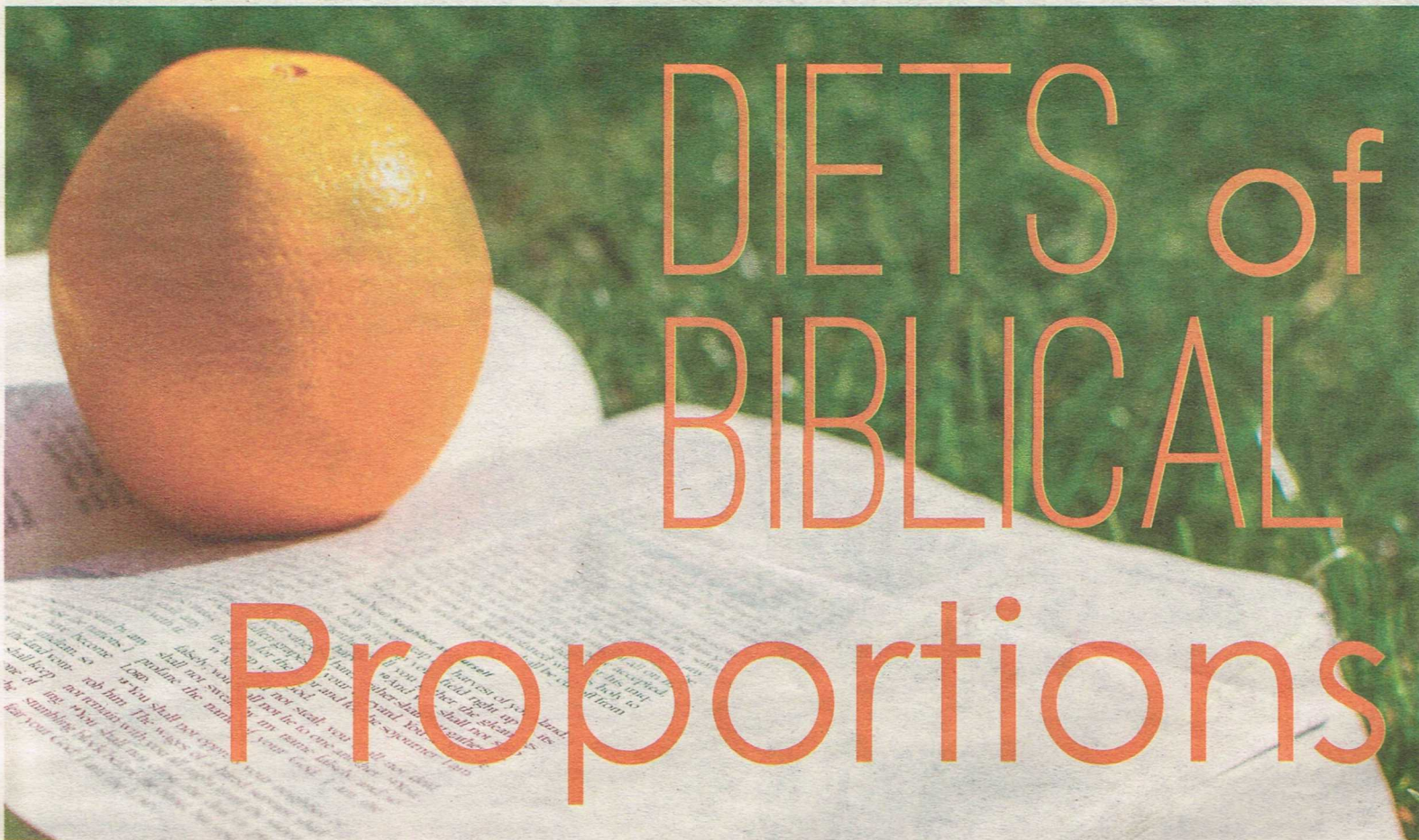
If the media is second to blame, what do Messiah College women believe to be the first cause? "I think [the first cause] is our own sinful nature, putting ourselves down. We don't give ourselves grace," said senior theatre major Christie Heimbach.

According to messiah.edu, Messiah College's mission is to "educate men and women toward maturity of intellect, character, and Christian faith in preparation for lives of service, leadership, and reconciliation in church and society." Through this mission, many women have recognized what they believe is the

root issue that secular colleges don't recognize due to variance in beliefs.

"I know in the Annapolis area women cake on makeup, but at Messiah that's not really the issue. Many girls here wear more natural makeup that reveals who they really are. In that sense, it makes me feel more self-conscious because many girls are just naturally beautiful here. Because of that, I have to remind myself that I'm naturally beautiful too because of who I belong to," said Hagerott.

Today, makeup is scrutinized more than ever, which has led to positive conversations about it. Campaigns such as Dove's Real Beauty and Aerie Real accentuate that women are beautiful. Aerie's advertisements are no longer retouched and use the tagline "the real you is sexy." Movements such as these encourage women to love their own skin. Makeup has two sides: the way it is portrayed by the media and the way the individual woman uses it. Women no longer see makeup as a hindrance, but recognize they have the power to decide its impact. According to Hagerott, the key is to remain in control. "Makeup isn't all that bad. It's the way you view it. When I look in the mirror, I'm not ashamed to admit that I'm wearing blush and a little mascara. It accentuates the beauty I have. Do I need it? No. Because I control what it does. It no longer controls me."



DIETS of BIBLICAL Proportions

Photo by Danielle Gingrich

By Jeremy Jensen
STUDENT WRITER

Now that it has been over a week since Lent ended, most will have ceased their seasonal self-denial. Those who participated probably gave up chocolate, social media, or some other vice and focused on God instead. However, some people went the extra mile and gave up whole food groups or fasted for an extended period of time. These people may cite Biblical diets as their inspiration and motivation.

In fact, there are quite a few diets in the Bible. Besides the Jewish dietary

laws found in the books of Leviticus and Deuteronomy, there is the Daniel diet, the Clean Meat diet, and the Rainbow diet, among others. These diets cite biblical texts to describe what may and may not be eaten while following the diet. Many people choose to do one of these diets during Lent in an effort to deny themselves a regular diet and instead cultivate discipline in their life.

Back at the beginning of Lent, I figured I could try out one of these diets. I thought that it must be easier than fasting, plus I could stand to eat a bit more healthfully.

I thought to myself, "Why not?" I blindly decided to try out the Daniel

diet when I heard someone mention it during a floor Bible study. According to the rules, I was allowed to eat only fruits and vegetables and drink water. I did not think through how narrow those limits were, instead I just went for it.

I found it to be one of the worst experiences of my life. The Daniel diet is described as a vegan diet, but stricter. It does not allow for meat, eggs, milk, or juice. I was further limited by only eating from campus dining. I now better understand the struggle of vegans on campus. It is tough finding filling, tasty items from the dining services offered.

Needless to say, I broke my fast early. It was doing the exact opposite of what

it was intended to do. I had figured that by denying myself foods, I could nurture discipline in my life and draw closer to God. In practice, I was more concerned with my hunger and how long I could go without eating just so I could put off eating another salad.

I think that the problem with these diets is that they are excessively restrictive and were not planned with modern dietary habits in mind. There is no fried food, no lunch meats, nothing high in carbs, and nothing that is not fresh. For a college student whose options can be limited, these diets can be mine fields. They make you watch everything you eat to the point where you might decide to skip a meal just to avoid the hassle. For a guy who barely maintains a weight of 145 pounds, that was something I was unable to do. I lost almost 5 pounds in the small time I did the fast and I had to spend some time getting myself back to my semi-healthy weight.

Personal grievances aside, I do believe that these diets may work for someone looking to do something different for Lent or to just try out a diet with clearly established parameters. With the addition of certain items (I strongly suggest allowing eggs and dairy products to get easy protein and calcium), these diets could be more manageable. Just because they may not work for me, does not mean they will not work for you. It may take some divine help, but isn't that the point anyway?

E-mail, E-Zpass, Why not E-cigs?

By Jen Davies
STUDENT WRITER

We've all heard that smoking and other tobacco products are harmful to our health. Messiah's community covenant prohibits students from using tobacco, and other drug and alcohol products on campus, but why are tobacco-free electronic cigarettes not allowed?

Doug Wood, the Associate Dean of Students, says that studying Messiah's founding principles answer that question. "If you look at the Community Covenant, it talks about how we don't use alcohol or other drugs or tobacco out of the scriptural mandate to care for our bodies," he says. "We believe, theologically, that the body is the temple of the Holy Ghost, and we want to preserve a wellness of our

body in honor of this indwelling of the Holy Spirit in our physical body."

But if an e-cigarette is tobacco-free, how is it harmful to the body? The battery-powered device simulates the act of smoking by releasing a vapor that houses a strong dose of nicotine and other chemicals not found in normal cigarettes. So while e-cigarettes don't have tobacco in them, they still contain nicotine, which is the highly addictive compound that is found in normal cigarettes. Nicotine is a stimulant that can cause physical stress for your central nervous system, by releasing the hormone epinephrine, which can make your breathing shallow, increase your heart rate, and raise your blood pressure. It can also increase the risk of developing cardiovascular disease, metabolic syndrome, and type 2 diabetes, and is as addictive as heroin and cocaine.

Not only does the e-cigarette present the danger of developing a strong addiction to nicotine, but also it exposes one to unknown chemicals. Although the e-cigarettes do not contain the same potent chemicals that traditional cigarettes do, they might contain a number of other chemicals that might be as harmful, or even more so than normal cigarettes. The FDA still hasn't approved e-cigarettes because they haven't discovered what those chemicals are, and what the effects may be, whether dangerous or not.

So due to the Community Covenant standards and behavioral guidelines, as well as information from the National Institute of Health and the FDA released by the Engle Center nurse practitioner Sandra Halbruner, the college committee made a unanimous decision to post e-cigarettes under the category of prohibited substances. They decided that even though there are a lot of unknowns with e-cigarettes, the potential risks to students' health were not worth it, and it would be better to be safe than sorry, even if students use e-cigarettes as a way to wean themselves off of smoking.

The campus recognizes that the cessation of smoking is a long process, which is why the Engle center offers a lot of support with the help of the American Cancer Society through smoking cessation programs and counseling for students with smoking addictions. Wood also commented on the penalties for students caught smoking. If the student truly struggles with addiction, the college does not look to punish the student through disciplinary probation. Instead, he says, "[the college] is just looking for them to make some achievable goals." He adds that "it's more of a, 'here's a warning, now let's get you some help.'"

The question remains, should e-cigarettes be banned from public locations? Since they contain nicotine and other toxic, unknown chemicals such as carcinogens, I would say they should be prohibited. If they are used as a way for someone to wean off of using regular cigarettes but might pose more harm than good then it is in the interest of public health to ban them. Even if they come in tasty flavors, like strawberry, chocolate and mint, this delectable alternative to smoking does not seem to be worth the potential risk.

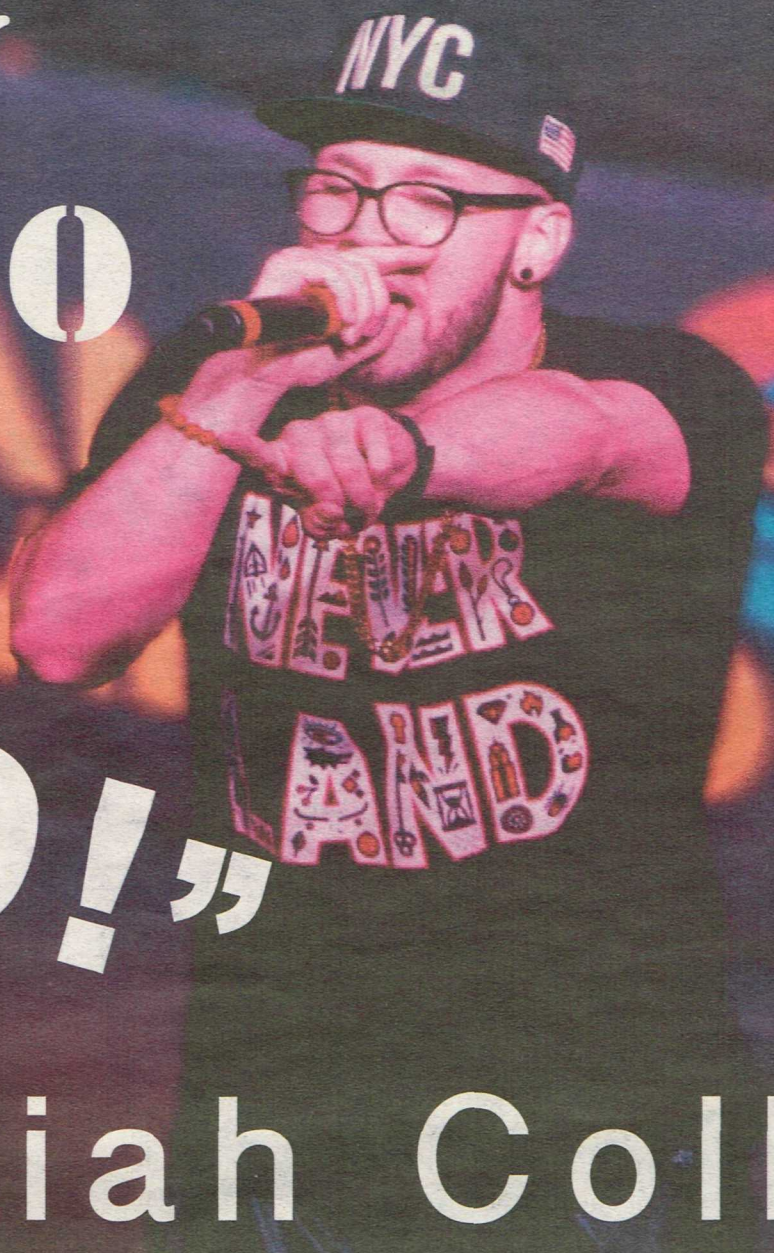
ANDY MINEO

Said

“AYO!”

to

Messiah College



Photos by Carly Groff

By Jen Morgan
STUDENT WRITER

Christian Hip-Hop artist Andy Mineo was dancing around the stage and busting rhymes at the Union on April 23.

Doors opened at 8:30 p.m. and the show started promptly at 9 p.m. Students and friends gathered together and looked forward to seeing Mineo tear up the stage.

Mineo took several moments throughout the show to offer up devotional thoughts for the audience. His passion for ministry through music was apparent though his questions and ideas.

He also made it a point to tell the story

behind his engagement to his now fiancée, whom he took to the spot where they first started dating to propose to her. He spoke about his devotion to her, as well as God’s loving sacrifice and devotion to us.

Some popular songs that he performed included “AYO!” and “Paganini.” Additionally, his performance of the song “Uno Uno Seis” got the crowd pumped up.

Once the show was over, Mineo took a seat at the Student Involvement and Leadership Program desk to meet fans and autograph merchandise.

The concert was free for Messiah students, but the event was ticketed. The general public was welcome to the concert as well, so the non-Messiah student price for a general admission ticket was \$10.

Mineo, formerly known as C-Lite, is not only a performer. In addition to his rapping experience, he is a producer and music and television director.

A Syracuse native, Mineo’s first job in the music industry was as a producer. He formed a hip hop group in high school, but then released that he wasn’t spiritually connected to God in the way that he needed to be, so he designed to flee from his old ways.

After abandoning his life as C-Lite, Mineo signed to Reach Records in 2011 and began to turn his life around for Christ. He began to work with artists like Lecrae and Tedashii as he got his foot in the door before releasing his own album in April 2013 called Heroes for Sale.

A few of Mineo’s career highlights include headlining at the 2012 Kingdom Choice Awards, as well as touring as a member of the 116 Clique during the 2012 Unashamed: Come Alive tour.

In the social media world, Mineo is known for his strong presence on Facebook, Instagram and Twitter. His Instagram videos have fans laughing, as he makes his content easily relatable to our generation.

To keep up with all things Andy Mineo,

be sure to “Like” his Facebook page and follow him on Twitter & Instagram

@AndyMineo



Jazzin' Up the BEATLES

By Sam Dougherty
A&E EDITOR

On the evening of April 23rd, The High Foundation Recital Hall hosted the annual Jazz Fusion concert before a packed crowd. The show was indeed a fusion, combining eight Beatles hits with original jazz arrangements and some incredible improvisation.

Before opening with a lively rendition of "Come Together," faculty advisor and director Kirk H. Reese explained that the rock covers were still part of a jazz show, and that "it's okay to applaud after solos." This would layout the night's format, as the Beatles covers would expand and



Photo by Sarah Berger

at Jazz Fusion



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the students took turns improvising over their energetic arrangements.

The instrumental performers included Luke Forshey on trumpet, Robby Crane on bass, Addie Gingell on Piano, Jake Kempf on alto and tenor sax, Aaron Neal on soprano and alto sax, Christ Pottiger on drums, and Matt Wood on guitar.

Two vocal performances were also delivered by a couple of seniors. The ballad, "Yesterday" was sung soulfully by Shannon Spreen, accompanied by only an electric guitar. Likewise, a Latin Jazz take on "Something" was sung by Michael Huerter.

Other Beatles tunes played that night include trumpet-heavy takes on "Got to Get You into My Life" and "Let it Be," as well as the bluesy "Hey Bulldog." The final two songs included a mash-up of "Norwegian Wood" and Miles Davis's "All Blues," and the epic "Hey Jude." Five of the songs were number one hits.

Luke Forshey, also the student director of Jazz Fusion, said of their creative process, "our plan started with us listening to other people's jazz covers

of Beatles songs and finding what we liked about them and didn't like about them." He added that "By the end, we focused on doing our own arrangements rather than completely copying other versions we listened too... we tried to make them as close to jazz songs as we could by adding instrumental solos, drum intros, and extended techniques."

From the seats, it was obvious that the band was having a lot of fun, often smiling and marveling as their peers took turns cranking out solos and keeping the songs flowing. They brought a great variety to this show, mixing up ballads, more straightforward rock, and all-out jazz sections to keep surprising the audience.

On what was the biggest takeaway from Jazz Fusion, Forshey said "the most fun part of this project has been learning how to arrange music... I also really enjoyed getting to know the rest of the people in the group through rehearsals, off-campus concerts, and group hangouts. It has been a joy to work with and learn from so many talented musicians. I've also learned a lot about the Beatles themselves, and I am a much larger fan of their music now than I was before."

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NEW SOUNDS @ pulse fm

By Dylan Lee Kalogris
PULSE FM MUSIC DIRECTOR

At Pulse FM, we have dozens of CDs make their way into our mailbox every week. Very few of these records make me reminisce as much as Banner Pilot's new record, *Souvenir*. Once you get past the curious, yet intriguing album art and crack this baby open, your mind will go right back to the first time you heard the Foo Fighters on the radio. This whole album is a trip down middle-school memory lane. Unlike what their sound suggests, the Minneapolis rock band released their latest project on April 15th on Fat Wreck Records. It is just in time.

The record starts off with an appropriately titled track called 'Modern Shakes.' It is a quick two and a half minute track that shakes the rust off post grunge greatness and readies you for a pristinely guttural 40 minutes. While paying homage to the alternative rock greats of the old, this song starts off a record that is unashamed to be the new retro.

Listening through this record, you're not going to hear glimmers of the Foo Fighters, and maybe even a little dash

of Green Day. Banner Pilots sit right in the more refined groove of modern punk. They employ a crisp wall of guitar sound that has been forgotten for the last decade, and they do it right. Sitting on top of that wall of sound are Nick Johnson's edge-of-your-seat vocals.

Banner Pilot's new record is a great re-entry point into post grunge punk for today's rock scene. Their sound is a fast moving freight train, dying for bystanders to jump in and enjoy the ride. Their sound landscape doesn't differ much across the record, but it is consistent and true.

Banner Pilot performed live on April 25th at The Barbary in Philadelphia. As always, you can check out this and other bands on PulseFM 90.7. Pulse FM is putting together a lot of great stuff for the end of the year, so be on the look out on the Messiah Pulse Facebook page and all of our other outlets.



Souvenir - Banner Pilot

Photo by Danielle Gingrich

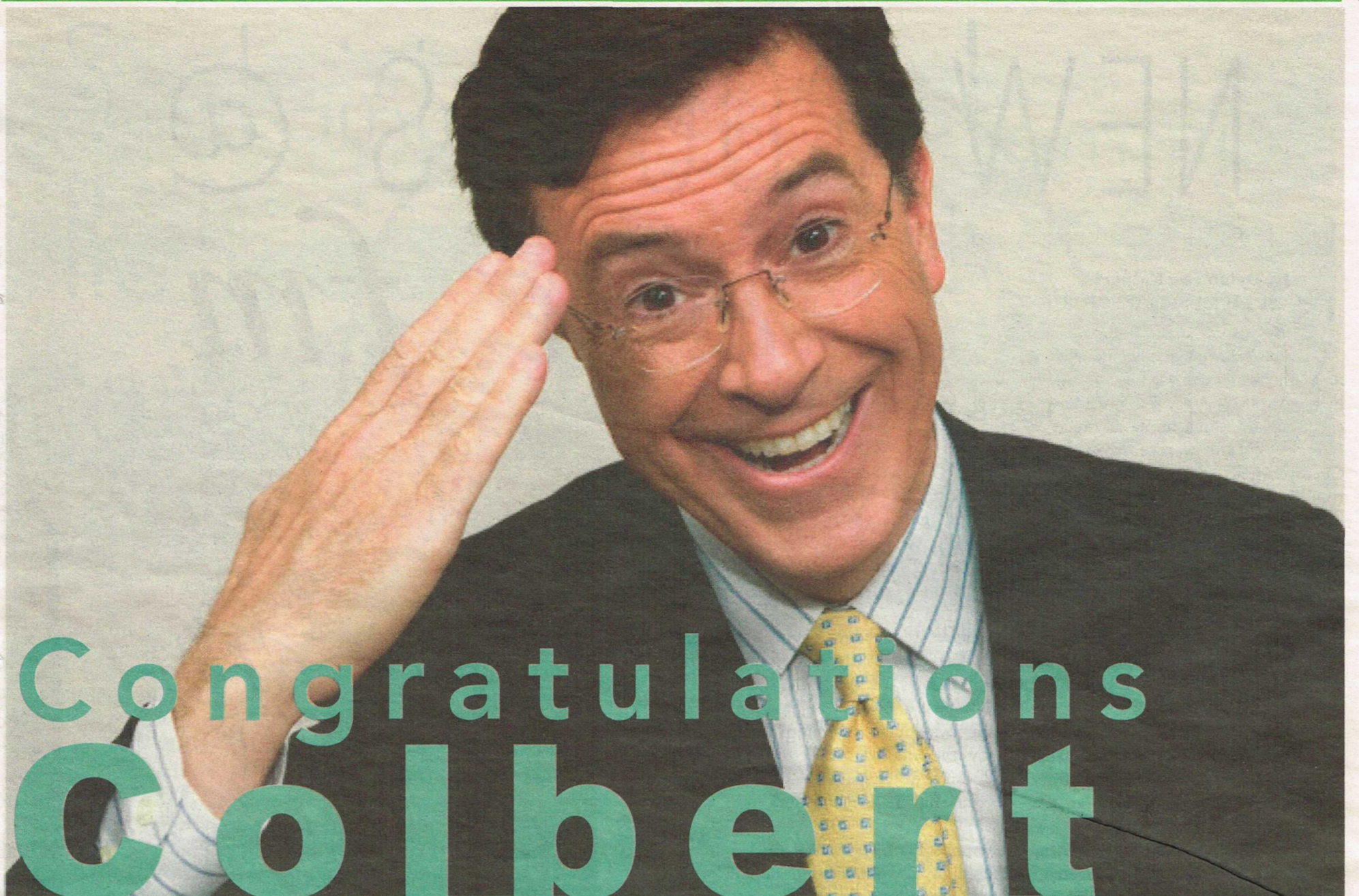
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The Swinging Bridge



Congratulations Colbert

Letterman's Late Show Replacement

Photo Provided by snowlife.org.uk

By **Jeremy Jensen**
STUDENT WRITER

David Letterman's retirement announcement came as a shock to everyone who watched his show. He had been doing well in the past couple of years, consistently beating Jay Leno, his rival, and showing no signs of slowing down. He did, however, announce that he would retire in 2015. However, unlike when Jay Leno announced his retirement, CBS did not immediately announce Letterman's replacement.

This gave the Internet ample time to speculate about possible hosts that might take over the coveted seat. The most logical answer that people came up with was Craig Ferguson, host of the Late Late Show, which comes on after the Late Show. It made sense on paper: Jimmy Fallon took over the tonight show; therefore Craig Ferguson would take over the Late Show in the same way.

Some people joked that Louis C.K. would get the seat. In Louis C.K.'s show Louie, there is a two-part episode where Louie is being looked into as the new host of the Late Show. I personally am a Tonight Show fan, but thought about who would make me watch the Late Show. The only late-night hosts that really attracted me were Jimmy Fallon, Jon Stewart, and Stephen Colbert. I figured CBS would copy NBC and replace Letterman with Ferguson and then fill Ferguson's spot with someone else.

Suffice to say I was floored when Stephen Colbert was announced a Letterman's replacement. Colbert had just recently won an Emmy for Best Writing and for Best Variety Show finally

ending Jon Stewart's 10-year streak of winning in that category. The Colbert Report was knocking it out of the park night after night and showed no signs of slowing down. I wondered if the Stephen Colbert on the Colbert Report would be the Stephen Colbert that would host the Late Show. Questions abounded, but now as the dust settles, details are becoming clearer.

For one, Colbert's right-wing satirical character will not be on the Late Show. The Colbert Report will be on until 2015. When Colbert takes over the Late Show, the satirical Colbert will cease to exist. Luckily, the real Colbert is hilarious and a really nice guy. This will give him a chance to show off his improvisational and stand-up comedic chops in a way he has not been able to for years.

Also, Colbert's whole writing staff is coming with him. This staff just won an Emmy for writing and is a large part of why Colbert finally beat Jon Stewart at the Emmys. The writing for the Colbert Report has been top-notch lately. I can only hope his staff adapts to the new format. They will need to add new jokes to their repertoires, not to mention having to come up with games to play with the celebrities that come on.

Colbert will now be a host of an hour long program. This means he will have a monologue, a couple interviews, and a band to introduce. He is going to have to change up his style to suit the show's demands. It was easy enough for him to be his character and get away with doing and saying anything, but now he will be somewhat constricted by how a regular person should act. It remains to be seen how it will pan out.

Overall, I applaud CBS's choice to put Colbert at the helm of the show. He has proven to be a good host with a sense of how to draw in a crowd night after

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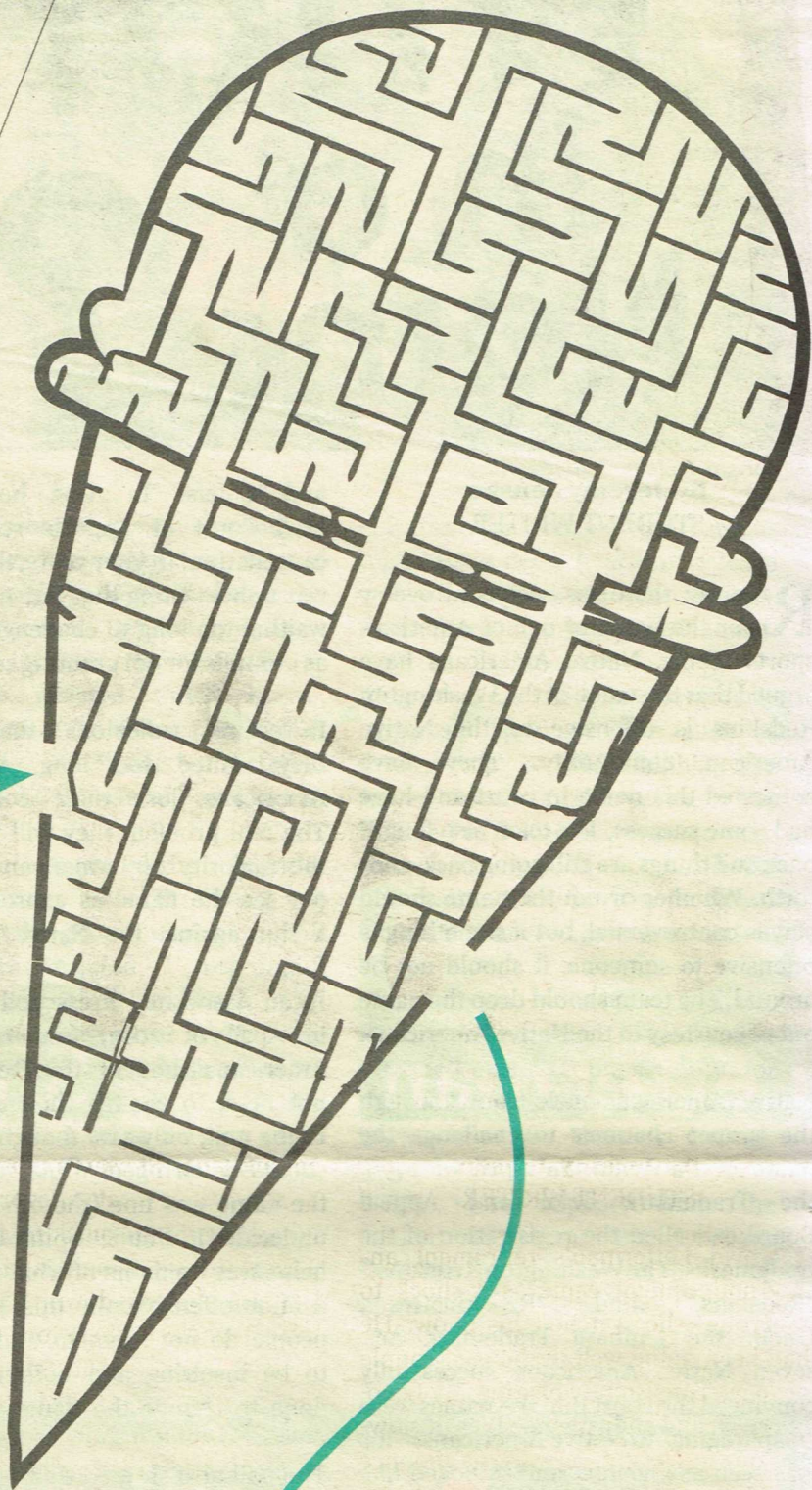
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Summer Sudoku

2	9	5	7			8	6	
	3	1	8	6	5		2	
8		6						
		7		5				6
			3	8	7			
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Puzzles & Fun

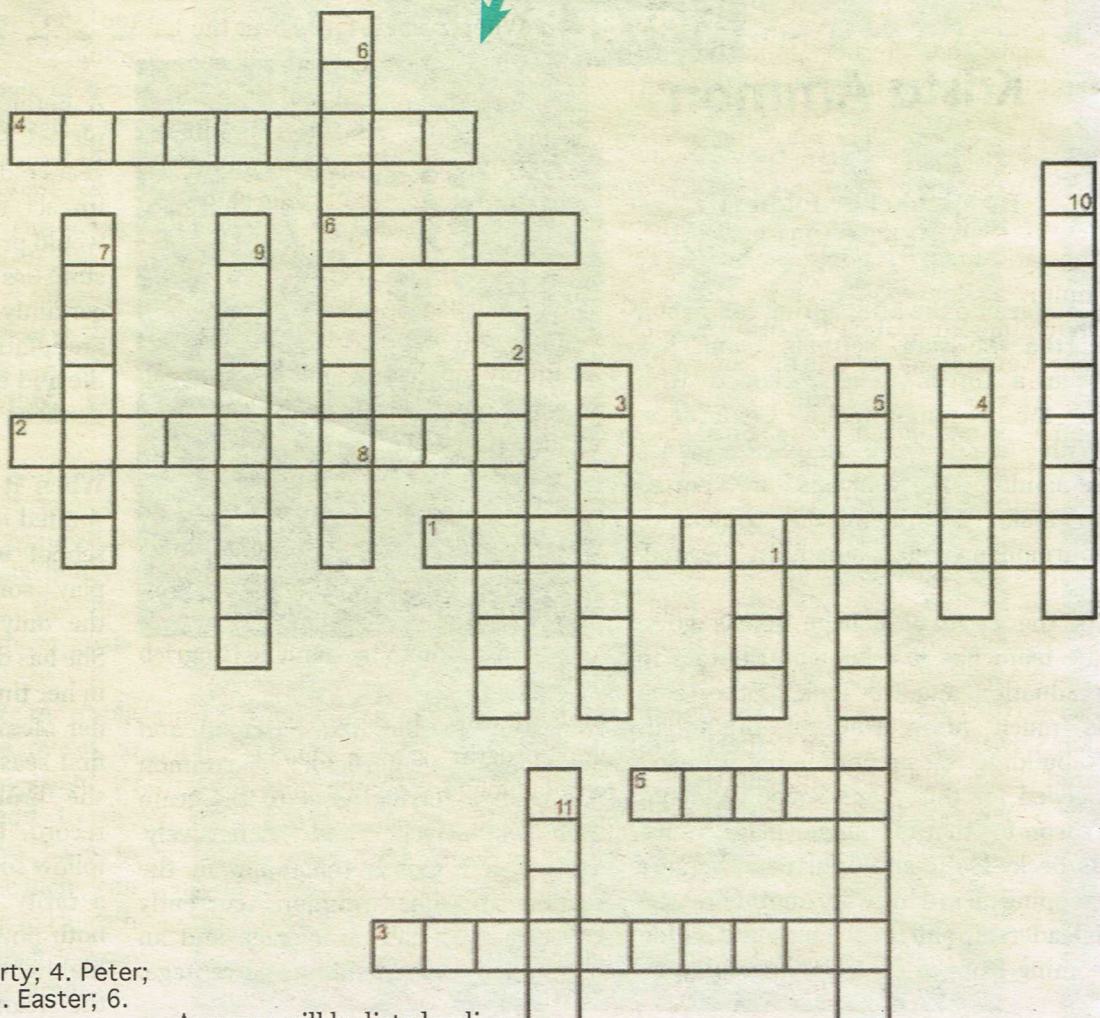
Summer/Graduation Crossword

Across

- was inspired by headgear worn by church dignitaries in the 16th century.
- something you build at the beach
- THE summer fruit
- popular muffin variety
- long standing, life sucking debt endowed upon our dear graduates
- How all fair food ever is cooked

Down

- what graduates do with their caps to signal the end of the ceremony
- When it's hot you want ALL the scoops of this delectable treat
- classic American grilling food.
- most common summer vacation spot
- stereotypically a child's first business venture
- you chase/catch them in open fields as they light up the summer nights.
- Child's summer beverage of choice #90sKids
- Hot
- protects from UV rays, can sting eyes
- long treks across vast areas of land in a vehicular device filled with friends and/or family, and a lot of junk food
- forced to wax and wain on the shore by the wishy washy attitude of the moon



Answers from Issue 9: ACROSS: 1. Mary Magdalene; 2. Eggs; 3. Thirty; 4. Peter; 5. Barabbas; Dye. DOWN: 1. Bunny; 2. Germany; 3. Peter Rabbit; 4. Lily; 5. Easter; 6. Canada; 7. Simon; 9. Chicks

Answers will be listed online

What's in a Name?

By **Jeremy Jensen**
STUDENT WRITER

Recently, there has been controversy over the name of one of America's sports teams. Native Americans have argued that the name of the Washington Redskins is offensive to the Native American community. They have contested this name in court and have had some success. The team also fought back and things are still going back-and-forth. Whether or not the name should stay is controversial, but if something is offensive to someone, it should not be around. The team should drop the name out of courtesy to the Native Americans.

Native Americans have gone through the proper channels to challenge the name of the team. In April of 1999, the Trademark Trial and Appeal Board cancelled the registration of the trademarks "The Washington Redskins," "Redskins," and "Redskinettes."¹ Under the Lanham Trademark Act, seven Native Americans successfully convinced the court that the names were "disparaging" to Native Americans. This was seen as a victory and it looked like the Native Americans were going to gain some traction to cancel other team names such as "Braves," "Indians,"

and "Chiefs." In 2005, however, the D.C. Court of Appeals reversed the cancellation. In later years, this decision was upheld citing the Native Americans waiting too long to challenge the name as grounds for not granting cancellation.

It seems ridiculous that because they waited too long, the Native Americans lost their court battle. The real problem they will face is that the majority of American people do not see the name as a problem or as a slur against the Native Americans.

In an Associated Press poll conducted in April of 2013, four out of five Americans thought the Redskins did not need to change their name. Also in the poll, only 11% thought the name should be changed, while 79% thought the name was fine (the other 10% was undecided). Public opinion tends to help sway opinions of what is offensive or not offensive. In this case, many people do not seem to find the name to be insulting and nothing is being done to change the name as a result.

The poll also showed that of non-white football fans, only 18% supported a name change. One could hazard a guess that non-white minorities might

support the name change more than whites (and they do), but one would also think that the percentage would be higher than 18%. The problem seems to be tradition. Many people who responded to the poll cited tradition as their reason for believing the name should not be changed. People seem to think that since the Redskins have always been the Redskins, the name should stay for tradition's sake.

Not only do Americans not find the name offensive today, but a poll conducted back in 2000 around the time of the Harjo trademark case found that the general population had more of a problem with the name "redskin" than Native Americans did. That being said, these results are skewed because some Native Americans use the term affectionately, much in the same way African Americans use the n-word.

I am from the Washington area so the Redskins have always been a big deal

to my family and community. I may be cynical, but I do not think the name will be changed. The main reason is because the name "Redskin", while understandably offensive to Native Americans, is not malicious in its intent or use. The team says that their name is part of their First Amendment right to free speech.

The name is considered commercial speech, which is protected by the First Amendment. The First Amendment covers all speech except for libel, obscenity, slander, and hate speech. For the Redskin name to be unprotected under the First Amendment, the name would have to be considered one of the four options. The problem is that while the Native Americans might view the name as hate speech, the name's utter lack of malicious intent takes away any argument against the name as hate speech or obscenity. The name simply does not carry that weight today. It is simply used to identify the team.



Photo by Danielle Gingrich

Player Profile:

Krista Ammon

By **Michael Brookhart**
STUDENT WRITER



Photo by Danielle Gingrich

So far into the 2014 spring campaign, the Messiah softball team has been a force to be reckoned with in the Commonwealth Conference. With a few conference games remaining, the Falcons are poised to make a run in the conference tournament and hopefully beyond.

As the cycle of college sports goes, the team has lost key contributors to graduation and the look of the team is much more youthful this year. Rebuilding was an option, but it wasn't needed for this year's squad. A major reason for that is younger players such as Becky Notte and Courtney Allen are stepping up in a big way. Another reason is leadership and consistent contribution coming from more experience players.

That is where senior Krista Ammon

comes in. As the first baseman and occasional centerfielder, Ammon has been a terrific asset to the team both offensively and defensively. With a few games remaining in the regular season, Ammon currently boasts a .307 batting average and an impressive .992 fielding percentage.

A Bethlehem, PA native, Ammon has played softball since she was seven years old. Her grandfather had a strong impact on her softball career, as he would practice with her every day. If her statistics are not enough proof, she was certainly getting good instruction as her grandfather played baseball his whole life and even tried out for the New York Yankees and the Philadelphia Phillies.

When it was time for college, Krista wanted to go to a small Christian school where she would be able to play softball. Messiah was actually the only school that she applied to. She has definitely made many memories in her time as a Falcon. The highlight of her Messiah career so far has been her first season with the Falcons, in which she broke the single season triples record. For those of you that do not follow softball closely, a triple is almost a rarity. It requires a combination of both power and speed. Another career highlight was in the same year when the team traveled to Nationals for the Division III NCAA World Series.

Apart from her softball life, Ammon is a Sport Management major with an Accounting minor and is an annual volunteer for the Special Olympics. She has also served as an Orientation Leader, helping First Year students with their transition into college life.

Ammon and the other Falcons start their trek back to Nationals on May 4 for the start of the conference tournament. The team has a long road ahead, but this year has been special to Ammon for many reasons beyond their win/loss record.

"We all count on one another and back each other up on and off the field. There is never a dull moment with this team either. We are always laughing and having fun. These girls have helped me so much and have given me a great end to senior year," she said.

Come out to Starry Field and support Ammon and Falcons as they start their hopeful journey back to the National Tournament!



By Sarah Newton
STUDENT WRITER

Widely considered the most exciting soccer league in the world, the Premier League has been an annual highlight for soccer fans everywhere. The 2013-2014 season has been no exception.

As of Week 35, Liverpool stands 5 points clear of Chelsea at the top of the table. The top five is completed by Manchester City, Arsenal and Everton. Liverpool has found itself in this enviable position thanks to the likes of a brilliant attacking lineup comprised of Luis Suárez and Daniel Sturridge, with assistance from veteran midfielder and captain, Steven Gerrard. The team's attacking prowess has led to a league-high 96 goals in 35 games – or an average of 2.74 goals per game.

On the opposite end of the spectrum, Cardiff City, Fulham and Sunderland are in position to be relegated next season as Leicester City, Burnley and Derby County look to move into

the Premier League. Cardiff City has really struggled to find the net this season. In 35 games they have scored just 31 goals, while allowing 65.

Manchester United, undeniably the most popular soccer club in the world, is currently experiencing a period of unrest and turbulence. Despite being the league winners in 2013 and the team with the most wins since the inception of the English Premier League, the team has struggled this season. After Sir Alex Ferguson's departure at the end of last season, the team has found themselves in 7th place – a disappointing position considering their legacy. As a result of their ineptitude, David Moyes has been sacked and replaced by player-manager Ryan Giggs. In their defense, the team has been hit by injuries, especially on the back line as the centerback duo of Nemanja Vidic and Rio Ferdinand struggled to stay healthy all season. The next transfer window will prove decisive for Manchester United as they seek to bring in new, younger talent and reignite their team.

Arsenal has also floundered during the second half of the season. Hopes were high around Christmas time when the team was in first place, but then injuries and poor performances ruined their chance for a Premier League title. The team has not won since the 2003-2004 season, when it finished 26-12-0 and earned the nickname, "The Invincibles." The new addition of former Real Madrid midfielder, Mesut Özil, brought more creativity to the team after losing Cesc Fàbregas and Samir Nasri to F.C. Barcelona and Manchester City, respectively. However, young talent such as Jack Wilshere, Aaron Ramsey, and Alex Oxlade-Chamberlain have yet to reach their prime. Promising young players will be the backbone of Arsenal in the years to come. The team currently sits in 4th place, which is enough to assure their spot in the European Champions League next year.

of Manchester United have been two of the largest. This only proves the effect new management can have in changing the course of an entire season. As the season comes to a close, each team will have to battle to retain their position

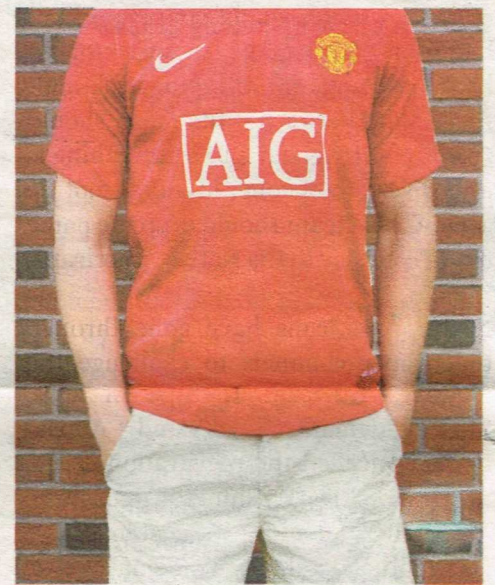


Photo Provided by gomessiah.com

on the table, but only one will lift the trophy that proves dominance and seal their name in the league record books.

Player Profile:

Caleb Miller

By Michael Brookhart
STUDENT WRITER

Whether you see him in the Union for Coffeehouse or on Witmer 2B acting as a Residence Assistant, you probably know who senior Caleb Miller is. One thing you may not know about him though, is that in addition to being a dance crew member and an RA, he is also a talented volleyball player.

This little-known fact about Miller fits right in with his team's, the Messiah Men's Club Volleyball, lack of popularity. Despite not being recognized as a varsity squad, the team has won back-to-back National Collegiate Volleyball Federation (NCVF) DII National Champions. Miller himself has been a 4-year contributor to the squad, constantly delivering opponents a surplus of thunderous, forearm-numbing hits.

"I originally ran track, but all my friends were playing on the volleyball team, and



Photo by Danielle Gingrich

it seemed much cooler than track. I loved the sport from day one," said Miller.

He played competitively in high school and has wrapped up a great career playing for the Men's Club team here at Messiah.

The team opened spring season against the club team from Penn State- a

team Messiah has lost to in the past two contests. However, this year was different. In front of a passionate home crowd, Messiah stormed to a 3-1 victory against the Nittany Lions. This season's accomplishments only continued from there. The team, with everyone returning from the 2013 NCVF DII National Championship roster, bumped, settled, and spiked their way back to the National Division II Club Tournament. With minimal hiccups, the team successfully defended their title in Reno.

Walking away from the courts, Miller takes with him two National Championships and a lot of memories.

"The group of guys I'm surrounded by have become my best friends, so to celebrate winning the championship with them and our families was just a huge blessing. However, the time spent on the volleyball court with them is only a fraction of where the memories have been made," he said.

As mentioned above, there is much more to Miller apart from volleyball.

He is actively involved in residence life, and has been a First-year RA for three years. He is also in the dance crew "The Power of RA," and they love to have fun and provide quality entertainment for SAB Coffeehouse. If you have never seen them perform, search on YouTube "Messiah College Power of RA.", and you won't be disappointed.

Being an RA has shaped Miller's view of who he would like to be in the future.

"Working in Residence Life here at Messiah has shaped me a lot into who I am now, and I have found a real passion in it. My plans after graduation are to go to graduate school for a master's in Higher Education or Counseling in College Student Personnel so I can pursue a career as a residence director, or other positions in student affairs," said Miller.

One thing's for certain, whether it is playing volleyball, dancing on a stage, or serving First Year students as an RA, Miller is a person who has taken advantage of every opportunity Messiah has to offer.



The New Soccer Recruits

Photo Provided by www.leaguelineup.com

By Breanna Whitelock
STUDENT WRITER

Four months after winning their tenth NCAA Division III National Championship, Messiah's Men's Soccer team has already announced the incoming first-year students, to the team for the upcoming 2014 season. Preparing for the loss of six players to this year's graduating class, including National player of the year Joshua Wood, the team isn't going to let anything stop them from lining up for next season's national title as well. The team has recruited seven new players to join the team in the fall, including Josh Bender, Zeb Cross, Caleb Griffith, David Figueroa, Kirby Robbins, Dakota Rosenberg, and Colby Thomas.

Josh Bender will be joining Messiah's Men's Soccer team from Baltimore, Md., where he graduated from Calvert Hall High School. He's a centerback with a long list of past playing experience. Bender played on his high school team all four years, was a three-year varsity member, and captain of the team in 2013. His high school team was Md. All-State in 2013, All League 2013, and MIAA Semifinalists in 2012. Bender also played for Pipeline Black (2009-2012), DC United USSD Academy (2012-2013), and the Baltimore Bays USSD Academy (2013-2014).

Zeb Cross will be joining Messiah's Men's Soccer team from Hop Bottom, Pa., graduating from Mountain View High School. As a midfielder, Cross "is a left footed player who has the athleticism, size, and technical ability to have an impact at Messiah." Cross was a three-time varsity starter, and two-time high school captain. His team was Pa. State Champions (2012), Pa. State Finalists (2013), and District Champions (2013, 2012, 2011). Cross was ranked #5 in Pa. for career assists (95 assists), ranked #6 in Pa. for assists in a season (42 assists), and ranked #5 in PA for consecutive wins. He also played for Super Nova FC and Super Y League.

Colby Thomas will be joining Messiah's Men's Soccer team from Kingslet, Pa., also graduating from Mountain View High School. As a forward, "Colby is a dynamic goal scorer whose strength, balance, and finishing touch has helped him lead both his high school and club teams to championships." Thomas was

a four-time varsity starter, two-time HS captain, League All-Star (2013, 2012, 2011, 2010), ranked #4 in Pa. for career goals (2010-2013), ranked #5 in Pa. for consecutive wins (2012-2013), ranked #10 in Pa. for goals in a season (2013) and ranked #12 in Pa. for goals in a season (2012). Thomas was also a part of Lehigh Valley United '95 (2009-2014). The team had USYSA National Championship Appearances (2013, 2012, 2010), was USYSA National Best 11 (2013, 2012), USYSA Regional Champions, USYSA National League (2013, 2012, 2011, 2010), Pa. State Cup Finalists (2013), and much more.

Caleb Griffith will be joining Messiah's Men's Soccer team from Mason, Ohio, graduating from William Mason High School. Griffith plays left back as, "a fast, tough, athletic, and technical left footed defender." Griffith played for his high school team who were Ohio State Champions (2013) and Ohio State Finalists (2012), receiving awards for All-State Honorable Mention (2013), All-Southwest Ohio Coaches Selection (2013), GMC All-Conference (2013, 2012), and Led GMC Conference in Assists (2013). Griffith also played on the Cincinnati United Premier team who were USYSA National Championship Finalists (2013).

David Figueroa will be joining Messiah's Men's Soccer team from Piscataway, N.J., graduating from Timothy Christian School. Playing at Midfield or Defense, "David is an imposing presence on the field at 6'1"/185." Figueroa's high school was N.J. All-State (2013), All-Conference (2013, and All-Division (2013, 2012, 2011). Figueroa was a four year varsity starter and a three year high school captain. David also played for FC Premier Milan (2009-2014) ranking #2 in N.J. and #16 in the Nation. FC Premier Milan was Potomac Tournament Champions (2013), Region 1 Colonial League Champions (2013) and State Cup Semi-Finalists (2013).

Kirby Robbins will be joining Messiah's Men's Soccer team from Randleman, N.C., graduating from Wesleyan Christian Academy. As a midfielder and forward, "Kirby has the frame and technical ability to have an impact at Messiah." Robbins was a three-year varsity member, two-year varsity starter, and 2013 captain in high school. His high school team was N.C. State Champions

(2012, 2011), N.C. All-State (2013), All Region (2013), All Area (2013), and All Conference (2013). He also played for N.C. Soccer Fusion 95 Elite who were two-time State Cup Finalists and two-time State Cup Semifinalists.

Dakota Rosenberg will be joining Messiah's Men's Soccer team from Loyalsock, Pa., graduating from South Williamsport High School. As a player, "Dakota is a fast and lively defender that likes to step hard, tackle hard, and

start the attack from out of the back." Rosenberg was a four-year varsity starter and a 2013 captain in high school. His high school team was Pa. All-State (2013), First Team All-Conference (2013, 2012, 2011), Williamsport Sun Gazette All-Star (2012), State Qualifier (2011), State Semifinalists (2010), District Finalists (2011, 2010). Rosenberg also played for the North Union United Santos (2012-2014) and STN North Penn (2007-2012).

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