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Managing Pandemics: How to Contain COVID-19 through Internal and External Lockdowns and their Release

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Abstract

Containing a pandemic is first and foremost a management problem: one has to find ways to reduce mobility and physical contacts in order to slow down the spread of the virus. We discuss and construct a novel database of internal and external lockdown measures around the world, and analyze whether they helped reduce the spread of infections and the number of deaths. We address the endogeneity of lockdowns by modeling anticipation effects. Our data cover 178 countries in the period from December 2019 to November 2020 and identify lockdown and release periods along with confirmed cases of infections and deaths due to COVID-19. Overall, we find that lockdowns were effective, reduced mobility, and saved about 3.6 million lives in developed countries within 100 days after they were implemented. Measures taken within countries (rather than border closure) and partial lockdowns (instead of more constraining measures) were the most effective. However, in developing countries, where the opportunity cost of staying home might be too high for people to comply, lockdowns were ineffective. Additionally, the release of lockdown measures, which started in mid-May 2020 in most countries, did not lead to a strong resurgence of the virus, except for border closure releases.

Keywords: Healthcare Management, Pandemics, COVID-19, Lockdown/Release Measures

24

Executive Summary

25 **Problem specification:** A key current healthcare management challenge is how to contain
26 the spread of COVID-19 and reduce mortality by sequentially using lockdown and release mea-
27 sures. These measures can be of two kinds: internal-constraining individuals' behaviors within
28 an area-and external-preventing entries into this area.

29 **Core insights:** Overall, lockdowns saved about 3.6 million lives in developed countries
30 during the first 100 days, essentially through one key mechanism: reducing people's mobility
31 with internal measures. More specifically, governments implementing measures within coun-
32 tries (rather than border closure) and timely partial lockdowns (instead of stricter ones) were the
33 most effective at mitigating the spread of the virus. Meanwhile, lockdowns were not effective
34 in developing countries, where the opportunity cost of staying home might have been too high
35 for people to comply. Release measures, which started in mid-May 2020 in most countries, did
36 not lead to a strong resurgence of the virus, except for the lifting of border closures.

37 **Practical implications:** This study's findings should help policymakers and hospital man-
38 agers plan for future policies and managerial actions to handle the pandemic. Local and partial
39 measures should be favored. However, other types of measures should be elaborated to fit the
40 case of developing countries.

41 Length: 188 Words

42 **1 Introduction**

43 On January 11, 2020, China reported the first death due to COVID-19, that of a 61-year-old
44 man who had visited a seafood market in Wuhan, a city in the Hubei province in central China.
45 By the middle of May 2020, a few months later, close to 300,000 deaths had been registered
46 across the world. The health and economic effects of COVID-19 have been unprecedented, and
47 countries implemented (Ru et al., 2021) various forms of lockdown measures at various speeds,
48 designed to reduce mobility and contacts between people.

49 While lockdowns have been the main measures adopted to manage the dyadic spread of the
50 virus and to reduce mortality rates by restraining the movement of individuals, it is not entirely
51 clear whether these measures have been successful. The announcement of a lockdown could
52 generate higher mobility and fuel infections (Kaplan, 2020), or lockdowns could be ineffective
53 simple because people cannot abide by them. Second, lockdowns have a higher opportunity
54 cost compared to other non-pharmaceutical interventions (NPIs) and could have heterogenous
55 effects across countries.¹

56 This paper studies how the responses put in place around the world to manage this crisis
57 have impacted the development of the global pandemic. Our dataset, which covers the January-
58 November 2020 period, allows us to study both how the first wave of the virus was managed
59 through various lockdown measures and whether lifting those measures led to a resurgence of
60 infections. More specifically, we study the overall effects of lockdown policies on infections
61 and death rates as well as differences in their strength and nature across most countries in the
62 world.

63 Past pandemics have essentially been managed through two organizational mechanisms,
64 which were innovations at the time: (1) quarantines, which were invented in the 14th century to
65 fight against the plague (in particular in Dubrovnik and Venice) and involve temporary isolation

¹Fenichel et al. (2011) and Eichenbaum et al. (2020b) discuss infection models where agents consider the benefits and costs of mobility and find that, e.g., social distancing, has a greater effect than in models that assume behavior is exogenous.

66 of one or several individuals to ensure that they are not contaminated and will not spread the
67 disease; (2) cordon sanitaires, which were invented in the 19th century in France (which sent
68 soldiers to the Spanish border to prevent the entry of yellow fever into the country) and are
69 surveillance positions established to block entries and exits into a geographical zone.

70 These two organizational measures are related and are not mutually exclusive, but they are
71 still conceptually different and rely on different behavioral mechanisms to be effective. In one
72 case (quarantines), one constrains the behaviors and relationships of people within a given ge-
73 ographical zone. In what follows, we call these types of measures "internal measures." In the
74 other (cordon sanitaire), the objective is to maintain a zone safe and protect it from the outside
75 so that people can continue to live freely within that zone. We call these measures "external
76 measures." Table 1 summarizes some of the key differences in these measures, in particular
77 regarding their costs and benefits and the potential constraints on their effectiveness. Internal
78 measures exhibit effects more rapidly (both regarding costs and benefits), but their effectiveness
79 can be limited if anticipation effects are high (individuals anticipate internal measures and go
80 out frequently in advance, increasing the spread of the virus) and as the opportunity costs of
81 staying home increase. External measures suffer less from these issues, but the timing of im-
82 plementing these measures can be difficult, and, if adopted too late, they might not be effective.
83 For similar reasons, releasing these external measures at the right time might be challenging.
84 As will become clear below, these conceptual distinctions will drive our empirical analysis.

85 Inspired by this analysis, we empirically explore the underlying mechanisms that can ex-
86 plain why certain types of lockdown measures were more effective than others and why they
87 worked better in some places than in others. Our hypothesis is that the effectiveness of lock-
88 downs depends on individuals' opportunity costs related to staying home. If these opportunity
89 costs are high enough, we expect that people would not adhere to lockdown restrictions, espe-
90 cially as the monitoring cost for authorities would typically be high. This issue is of particular
91 importance for the effectiveness of lockdown policies in developing countries. Indeed, in these

	INTERNAL MEASURES	EXTERNAL MEASURES
Main mechanism	Constrain individual behaviors (mobility, relationships) within a geographical area	Protect a geographical area from the outside
Benefits	Can be calibrated and adapted to individuals' habits and lifestyles in a specific geographical area. This should increase effectiveness	Could be effective in a globalized and connected world
Economic and social costs	High costs for individuals (as their behaviors can be heavily constrained immediately), and fast to appear	Lower and slower to appear (people within the geographical area can keep living a normal life, at least until the lack of imported goods or people become a problem)
Main constraint on effectiveness	<p>Might be less effective if anticipation effects are too high.</p> <p>Might be less effective if opportunity costs of staying home are too high for individuals in the geographical area.</p>	<p>Anticipation effects are probably less important.</p> <p>Timing can be an issue: If implemented too late, measures could be ineffective.</p>
Enforcement costs	High	Lower
Release considerations	Can be adapted and timed based on individuals' behaviors within the geographical area	Difficult to time well as it depends on the situation in many other countries

Table 1: Two main kinds of lockdown measures to fight pandemics.

92 countries, where many people earn their livings in the informal economy and do not have access
93 to social insurance, we predict that lockdown measures will be less effective than in developed
94 countries.

95 Endogeneity issues pose major barriers to assessing the causal effects of such lockdowns on
96 the spread of a disease. We address three sources of endogeneity. First, countries differ tremen-
97 dously around the globe. We model fixed effects in our panel data to absorb these country-
98 specific differences. Second, our focus is on measuring how lockdowns affect the spread of
99 the virus, which is complicated because governments implement lockdowns whenever the virus
100 spreads more rapidly. We devise an empirical specification that allows us to separate the effects
101 of a lockdown before it is implemented from those that occur after the lockdown is in place.
102 Infections that occur before a lockdown is in place are triggered by behavioral changes, in an-
103 ticipation that a lockdown will be implemented soon, but these infections are not caused by the
104 measures themselves. In contrast, infections that occur after measures have been implemented
105 are likely due to the lockdown that has been put in place. Third, the number of cases reported
106 depends on the rate of testing, and the number of cases might also influence the rate of testing.
107 We address this source of measurement error in cases through the fraction of tests that return
108 a positive result. This positivity rate provides information on the quality of the testing policy,
109 reflecting the relative rate of the outbreak to the rate of testing. The results are robust to the
110 inclusion of this control, which is of primary importance.

111 The key finding of our analysis is that lockdowns were effective and reduced infections
112 significantly after they were implemented. Lockdowns reduced mobility within a country and
113 saved about 3.6 million lives in developed countries during the first 100 days. We see some
114 evidence of anticipation effects, as the growth rate in cases increases by around 5 to 6 percentage
115 points in the week before a measure is adopted. These anticipation effects are quite small, but
116 our strategy to address anticipation is important. Measures taken within countries (rather than
117 border closure) and partial lockdowns (instead of stricter ones) were effective. However, we do

118 not find significant effects in developing countries, where the opportunity cost of staying home
119 might be too high for people to comply. The release of lockdown measures, which started in
120 mid-May 2020 in most countries, did not lead to a strong resurgence of the virus, except for
121 the release of border closures, which enable new virus variants to circulate in a country, thereby
122 triggering an increase in caseloads.

123 The outline of this paper is as follows. The next section provides an overview of the ex-
124 isting literature. Section 3 describes how we measure when lockdowns were implemented
125 and released. The section also discusses the information we use to assess whether the lock-
126 down measures were effective, how we assess the robustness of our results, and how we gauge
127 whether the effectiveness of the measures varied around the world. Section 4 presents our main
128 approach for estimating the effects of lockdowns, and Section 5 explains how we address the
129 endogeneity of lockdown adoption. Section 6 presents our main results on lockdowns and their
130 releases, both overall and in sub-samples of countries. The section also includes an attempt to
131 quantify the number of deaths averted due to lockdown measures. Section 7 discusses the results
132 in light of the opportunity costs of following lockdown orders, comments on the effectiveness
133 of external vs. internal measures, and concludes the paper.

134 **2 Existing Literature**

135 Our study relates to three strands in the literature. A first strand empirically studies the effects
136 of NPIs on disease transmission. Hatchett et al. (2007), for instance, looked at how the NPIs
137 adopted by cities in the United States contained the spread of Spanish influenza and sparked
138 interest in how policy measures could be used to manage pandemics. Similar studies have
139 emerged and are looking at the effects of NPIs on the COVID-19 pandemic (Harris, 2020; Hartl
140 et al., 2020; Flaxman et al., 2020a; Askitas et al., 2020). Chinazzi et al. (2020) and Kraemer
141 et al. (2020) explore the extent to which China’s lockdowns and cordon sanitaires have reduced
142 the spread of the disease. Maier and Brockmann (2020) find that measures put in place in China

143 before the lockdown contributed to slowing the spread of COVID-19. Hsiang et al. (2020) study
144 the effects of NPIs in China, South Korea, Italy, Iran, France, and the US and find that NPIs
145 reduce the growth of infections. Bendavid et al. (2021) estimate COVID-19 case growth in
146 relation to more and less restrictive NPIs on the subnational regions of 10 countries and find
147 significant reductions in the number of cases, especially for the less restrictive NPIs. Deb et al.
148 (2020) study the effects of lockdowns around the world and find sizable reductions in the num-
149 ber of new infections. Similarly, Blanco et al. (2020), relying on data covering 158 countries,
150 find that containment measures have been effective in reducing contagion and death rates de-
151 spite showing differences in effectiveness (i.e., restrictions on activities are more effective than
152 restrictions on personal liberties). Their results also indicate that the early adoption of coron-
153 avirus containment measures in Western Europe led other countries to accelerate their adoption.
154 Giordano et al. (2020) compare simulation results with real data on the COVID-19 epidemic in
155 Italy and show that restrictive social distancing measures were effective but that their effective-
156 ness could have been further enhanced if combined with widespread testing and contact tracing.
157 Atkeson et al. (2020) study the effects of NPIs on COVID-19 transmission on a sample of 25
158 countries and derive four stylized facts about COVID-19. First, growth rates of daily deaths fell
159 from a wide range of initially high levels to levels close to zero within 20-30 days after each
160 region experienced 25 cumulative deaths. Second, after this initial period, growth rates of daily
161 deaths hovered around zero or below everywhere in the world. Third, the cross-section stan-
162 dard deviation of growth rates of daily deaths across locations fell very rapidly in the first 10
163 days of the epidemic and remained at a relatively low level. Fourth, the three above-mentioned
164 facts imply that both the effective reproduction numbers and transmission rates of COVID-19
165 fell from high initial levels, and the effective reproduction number hovered around one after the
166 first 30 days of the epidemic virtually everywhere in the world. Finally, several groups have
167 collected information on policy responses, most notably Dale et al. (2020) but also Cheng et al.
168 (2020).

169 A second strand of the literature uses theoretical modeling to better understand the effects of
170 lockdown policies on individual behaviors. Fenichel (2013) shows that policies that limit move-
171 ment, interpersonal contacts, and impose social distancing help reduce the spread of viruses for
172 healthy individuals and directly impact the often-neglected behavior of recovered and immune
173 individuals. Toxvaerd (2019) model disease propagation where rational and forward-looking
174 individuals attempt to control their exposure to infection by engaging in costly preventive be-
175 havior and find that individuals often overexpose themselves to infections, which leads to a
176 suboptimally high disease prevalence. Several studies have already tried to use the ongoing
177 pandemic as a natural experiment to better understand the effect of public policy on the be-
178 havior of individuals. Bisin and Moro (2021) introduce a model of diffusion of an epidemic
179 with demographically heterogeneous agents interacting socially to assess the cost of naïve dis-
180 cretionary policies, ignoring agents' and firms' behavioral responses, and find that the adverse
181 effects and costs of policy interventions are potentially first order important. Toxvaerd (2020)
182 present an economic model, suggesting that uncoordinated social distancing acts to flatten the
183 curve of the epidemic by reducing peak disease prevalence. Their results show that the curve
184 becomes flatter the more infectious the disease is and the more severe the health consequences
185 of the disease are for the individuals.

186 A third strand of the literature explores the impact of lockdowns on economic activity, par-
187 ticularly household spendings. Eichenbaum et al. (2020a) find that older consumers reduce their
188 spending more than younger consumers in a way that mirrors the age dependency in COVID-
189 19 case-fatalities, especially for high-contact goods in periods with high numbers of COVID-19
190 cases. Baker et al. (2020) find that, in the first half of March 2020, individuals increased their
191 total spending by over 40 percent across a wide range of categories, a trend which was followed
192 by a decrease in overall spending of 25-30 percent during the second half of March, coinciding
193 with the spread of the disease, with only food delivery and grocery spending as major exceptions
194 to the decline. Ajzenman et al. (2020) look at how political leaders' words and actions affect

195 people's behavior. The study finds that when government officials publicly and emphatically
196 dismiss the risks associated with COVID-19 it leads to weakened social distancing measures
197 for the pro-government localities compared to places where political support of the government
198 is less strong, an effect that seems to be more impactful in localities with higher levels of media
199 penetration, active Twitter accounts, and a larger proportion of Evangelic parishioners. While
200 the focus is somewhat different from what we are examining in this paper, this literature is im-
201 portant for assessing the overall implications of lockdowns. We will return to this point in the
202 Discussion section.

203 We complement the existing literature in four ways. First, our paper is the first to introduce
204 a conceptual difference between internal and external measures and to look at differences in
205 how pandemics can be managed. We also provide a way to capture these differences empiri-
206 cally. Second, while several of the papers we reviewed focus on one or few countries, except
207 for Blanco et al. (2020), our analysis covers 178 countries around the world, which allows
208 us to analyze the heterogeneity in how lockdowns were implemented. Inspired by the history
209 of managing epidemics, we organize our study of heterogeneity in lockdowns around inter-
210 nal vs. external measures, an approach that, to the best of our knowledge, is unique. Third,
211 transmissions might increase before internal measures are implemented, which we refer to as
212 anticipation effects. Anticipation effects need to be taken into consideration when studying
213 the causal effects of lockdowns, and we propose an approach for doing so. Fourth, to the best
214 of our knowledge, we provide the first empirical analysis of what happened when the various
215 lockdown measures were released, something that should be considered as a crucial aspect in
216 evaluating the effectiveness of the management of pandemics. Information on whether or not
217 an epidemic remains contained after the release of a lockdown is crucial when managing the
218 pandemic.

219 **3 Data**

220 Our dataset covers 178 countries, observed over 127 days, from December 31, 2019 to Novem-
221 ber 24, 2020. We adopt a calendar time definition with December 31, 2019 as the starting date,
222 as it is the first day when a country other than China implemented measures to limit the spread
223 of COVID-19.²

224 **3.1 Explanatory variables: Lockdown measures**

225 The goal of this paper is to analyze and understand the effect of the internal and external lock-
226 down measures implemented by most governments around the world on COVID-19 spread and
227 mortality rates. To generate the data regarding the policies implemented by each government,
228 we relied on custom-coded a JAVA web-scraping program that extracted from LexisNexis: i) all
229 news headlines per country from December 31, 2019 to November 24, 2020 and ii) all COVID-
230 19 information from countries' US embassy COVID-19 bulletin.

231 The data-generation process was conducted in two stages to ensure its validity, enhance its
232 precision, and to provide a cross-source robustness check for the gathered information. In the
233 first stage, our program was linked to LexisNexis, where the algorithm executed an automatic
234 login function, specified the search parameter(s)³, the dates, pulled specific objects of interest
235 (the headline, date, and the link to the article), and stored them per country in “.csv” files. Be-
236 cause the “.csv” files held a sizable amount of data, we created a library of keywords (lock,
237 lockdown, COVID-19, coronavirus, etc.) to clean the surplus information and generate a sensi-
238 ble number of observations directly connected to COVID-19 headlines per country. A manual
239 re-check was done afterwards to ensure that the date of the headline matches the effective date

²Taiwan Centers for Disease Control (CDC) implemented inspection measures for inbound flights from Wuhan, China, in response to reports of an unidentified outbreak on December 31, 2019.

³To optimize the search parameter(s), we created a library that pulled all information from LexisNexis using the following search parameters: name of the country only (e.g., Switzerland), name of the country and COVID-19 (e.g., Switzerland & COVID-19), and name of the country and coronavirus (e.g., Switzerland & coronavirus). All the search results were aggregated and stored per country in separate “.csv” files.

240 for when the measure was implemented by the government.

241 In the second stage, because we were missing some information for some of the countries
242 involved, and because we wanted to provide additional robustness checks for our data, we per-
243 formed a second scraping of the information relying on each country's US Embassy COVID-19
244 bulletin. US embassies across the globe create bulletins that provide a constant flow of informa-
245 tion regarding important issues (e.g., COVID-19) within a given country to inform and enhance
246 the safety of their staff and employees⁴.

247 The final dataset contains the dates of implementation for several types of lockdowns de-
248 signed to stop the spread of COVID-19. Some of the lockdowns are related to measures internal
249 to the country, and some are related to movements between countries (see Figure 1).⁵

250 The group of internal measures includes the following measures. *State of Emergency* con-
251 siders the effective date when the country announced state of emergency (e.g., Bosnia declares
252 a nationwide state of emergency due to coronavirus - March 17, 2020), i.e., a situation in which
253 a government is empowered to perform actions or impose policies that it would normally not
254 be permitted to undertake, such as restriction of individuals' movement and closure of non-
255 essential and essential (if necessary) public and private entities. *Curfew* considers the effective
256 date of a country's announcement to limit the movement of individuals within a given period
257 of the day (e.g., President Roch Marc Christian Kabore closed airports and land borders and
258 imposed a nationwide curfew to curb the spread of the pandemic - March 21, 2020). *Partial*
259 *selective lockdown* considers the earliest effective date when the country announced a partial
260 limitation of movement by implementing, for example, school closures, limiting the number
261 of people permitted to gather in a group (usually less than 100), or closing religious institu-

⁴e.g., <https://mk.usembassy.gov/Covid-19-information/> (last accessed: 17.04.20)

⁵Our classification of lockdown measures could be further refined, e.g., regarding which sectors of the country were closed down in a partial lockdown. Our analysis should be interpreted as the average effect over the relatively broad classes of measures. Our classification of measures, while capturing lockdowns in a distinctly granular way, overlaps quite well with the Oxford government response tracker (OGRT) (Hale et al. (2020)). For inside measures, our data indicate a government response four days before the OGRT, while for outside measures the median delay is exactly zero days. Impact estimates that rely on OGRT timing data are similar to those we report. Results are available upon request.

	Measures	Explanation	Example	Severity
INTERNAL MEASURES	<i>Curfew</i>	The effective date when a country announced a restriction on the movement of individuals within a given time of the day.	<u>21st of March 2020:</u> President Roch Marc Christian Kabore closed airports, land borders and imposed a nationwide curfew to curb the spread of the pandemic.	
	<i>State of emergency</i>	The effective date when a country announced a state of emergency.	<u>17th of March 2020:</u> Bosnia declares nationwide state of emergency over coronavirus.	
	<i>Within country regional lockdown</i>	The effective date when a region within a country announced that it will be entering a total lockdown.	<u>12th of March 2020:</u> Quebec, Declares State of Emergency to Blunt Pandemic.	
	<i>Partial selective lockdown</i>	The earliest effective date for the partial restriction on the movement of people such as through school closures or through limiting the number of people allowed to gather in a group and/or closure of religious institutions.	<u>16th of March 2020:</u> Cambodia Announces Nationwide School Closures as COVID Response Ramps Up.	
EXTERNAL MEASURES	<i>Selective border closures stage 1</i>	The earliest effective date when a country closed its borders with a region or country significantly affected by COVID-19 (Wuhan, China, Iran, and Italy - individually or as a group).	<u>30th of January 2020:</u> Australia banned the entry of foreign nationals from mainland China.	
	<i>Selective border closures stage 2</i>	The earliest effective date after <i>Selective border closure stage 1</i> when a country closed its borders to people from one or multiple other countries in the world significantly affected by COVID-19.	<u>27th of February 2020:</u> Fiji extended its travel ban and announced that travelers from Italy, Iran and the South Korean cities of Daegu and Cheongdo would be denied entry.	
	<i>International lockdown</i>	The effective date when a country banned all flights, rail and automotive movements internationally.	<u>30th of March 2020:</u> Council of Ministers of Bosnia and Herzegovina issued a decision which bans entrance for all foreigners.	

Figure 1: This figure provides an overview of seven classes of lockdown measures, grouped into internal and external measures, and provides an explanation, an example, and our subjective ex ante assessment of severity.

262 tions (Cambodia Announces Nationwide School Closures as COVID Response Ramps Up. –
 263 16th of March 2020). *Within country regional lockdown* considers the first effective date when
 264 the country or region within a country announced that it would be entering a total lockdown
 265 (Quebec, Declares State of Emergency to Blunt Pandemic – March 12, 2020).

266 The group of external measures includes the following measures. *Selective border close*
 267 *stage 1* considers the first effective date when the country closed borders to any other country
 268 in the world, usually heavily infected regions and/or countries, such as Wuhan, China, Iran,
 269 and Italy (individually or as a group) (e.g., Australia banned the entry of foreign nationals from
 270 mainland China – January 30, 2020). Restrictions apply to both people traveling from and to the
 271 banned countries. *Selective border close stage 2* considers the first effective date, after Selective

272 border closure stage 1, when the country closed borders to one or multiple other countries in
273 the world significantly affected by COVID-19 (e.g., Fiji extended its travel ban and announced
274 that travelers from Italy, Iran, and the South Korean cities of Daegu and Cheongdo would be
275 denied entry – February 27, 2020). Again, restrictions apply to both people traveling from
276 and to the banned countries. *International lockdown of the country* considers the effective date
277 when a country totally closed its borders, including all flights, rail, and automotive movement
278 internationally (e.g., The Council of Ministers of Bosnia and Herzegovina issued a decision
279 banning entrance for all foreigners – March 30, 2020). The distribution in time of these variables
280 is summarized in Table S1 in the Appendix.

281 Additionally, and in an effort to enhance the predictive power of our explanatory variables,
282 we created an additional variable named *Total within country lockdown* that combines the infor-
283 mation from both the *State of Emergency* and *Curfew* data. The reasoning behind this variable
284 is that both *State of Emergency* and *Curfew* within a country closed public and private entities
285 and significantly restrained the movements of individuals (limited to bare necessities like food,
286 pharmacy, and hospitals); these measures thus represent a form of total within-country lock-
287 down. The only difference between the two is that the *Curfew* provides an additional level of
288 severity, as it totally forbids the movement of individuals within a given period of the day. Of
289 course, some countries in our sample have implemented both State of Emergency and Curfew.
290 For those cases, we take the earliest effective date between the two as the date for the variable
291 *Total within country lockdown*.

292 Relying on LexisNexis and using our web-scraping program, we compiled information on
293 each country’s release policies by extracting news headlines published between the end of April
294 2020 and the end of August 2020. To ensure robustness and accuracy, this information was also
295 cross-checked with the country information from COVID-19 bulletins issued by the United
296 States embassies. The final dataset contains the first dates, per country, when each of the imple-
297 mented COVID-19 lockdown policies were eased.

3.2 Outcome: COVID-19 reported cases and deaths

We use data from John Hopkins University (Dong et al., 2020) because it is, to the best of our knowledge, the most complete and reliable source of data on reported COVID-19 cases and deaths. We focus our analysis on the number of cases of infection for three reasons. First, people who die from the virus were infected first. Hence, controlling the number of contaminated persons inevitably reduces the number of deaths. Second, a major objective in the management of the pandemic, which is reflected by the “flatten the curve” argument, is to avoid the overcrowding of the medical sector (and in particular intensive care units). From this angle, the number of people who are infected by the virus is a better indicator of the future burden on the healthcare sector than the number of people who have died from the disease. Finally, there is a significant delay in how a measure might affect the number of deaths. Indeed, someone must contract the virus, pass the incubation time, experience complications, and then eventually pass away. This process is potentially long and variable from one individual to another, which makes it more difficult to assess the impact of the measure.

We transform the outcome using the natural logarithm for two reasons. First, we are interested in the variation of the outcome as a percentage rather than in absolute terms. Second, the distribution of the number of reported cases is highly asymmetric due to the exponential growth, with a mean of 1112.61, a median of 0, and a skewness of 19.54. To fit our linear regression model with an outcome with exponential growth and highly positively skewed data, we use the logarithm and add one to the number of reported cases ($\ln(\text{ConfirmedCases}_{it} + 1)$). In doing so, we reduce the skewness to 1.77. We proceed similarly for the number of deaths (skewness of 18.12).

It is important to note that the data on COVID-19 infections and deaths suffer from measurement errors. The data contain reported cases only, which are not equivalent to the total number of actual infections in the country due to testing limitations. In most countries, testing is limited to those who show symptoms and are part of an at-risk group or those who experience

324 severe symptoms and need to be hospitalized. In countries with no systematic testing, which is
325 the overwhelming majority, asymptomatic cases or those with mild symptoms who did not get
326 tested are not observed. Second, new cases have to be recorded and transmitted to the public
327 institute or authority that publishes the data. It is suspected that some countries under-report or
328 modify their data⁶. Third, these data must then be recorded by the source monitored by Johns
329 Hopkins University. Hence, our data represent a lower bound on the total number of people ever
330 infected. Arguably, systematic under-reporting, measurement error in the dependent variable,
331 is not a major concern in our context (e.g., if countries only report a fixed proportion of true
332 cases, the case growth rate would not be affected).

333 A more troubling problem would be the presence of non-classical errors-in-variables, which
334 may result, for example, if countries that under-report the number of cases systematically are
335 also those with a lower-quality health sector or are autocracies. This type of measurement error
336 might be present, as countries with a well-developed response to COVID-19 might also have
337 better testing facilities. We discuss below how we address this important concern.

338 Figure 2 shows the number of measures implemented and the number of confirmed cases
339 and deaths by time since the first case was detected (panel (A)) and by day of the year (panel
340 (B)). Governments initially adopted internal measures during the period from the end of January
341 to early February 2020 (20 to 40 days after Taiwan) before implementing external measures as
342 well.

343 **3.3 Robustness: Positivity rate**

344 The number of cases reported depends on the rate of testing, and the number of cases might also
345 influence the rate of testing. We address this source of measurement error in cases through the
346 fraction of tests that return a positive result, or the positivity rate. The positivity rate informs

⁶Can China's Covid-19 Statistics Be Trusted? (last accessed: 14.04.20) <https://thediplomat.com/2020/03/can-chinas-Covid-19-statistics-be-trusted/>. China's data, in fact, reveal a puzzling link between COVID-19 cases and political events (last accessed: 14.04.20) <https://www.economist.com/graphic-detail/2020/04/07/chinas-data-reveal-a-puzzling-link-between-Covid-19-cases-and-political-events>.

347 the quality of the testing policy, reflecting the relative rate of the outbreak to the rate of testing.

348 We use the data on 121 countries from Hasell et al. (2020), who provide a time series for
349 the daily number of tests performed, or people tested, together with metadata describing the
350 data quality and comparability issues that must be considered when interpreting the time series.
351 We augment our baseline model with the positivity rate as a control variable in a robustness
352 exercise. This is a central test to convey, as the number of cases reported depends on the testing
353 rate. The positivity rate is a good indicator of the relative testing rate to the spread of the virus.
354 We keep this control as a robustness test for two reasons. First, the data set is only available
355 for a subset of countries (121 compared to our 178 full sample). Second, the results are highly
356 robust to the inclusion of this control.

357 **3.4 Heterogeneous effects: Developing vs. developed countries**

358 To study the existence of heterogeneous effects between developed and developing countries,
359 we use the Human Development Index (henceforth HDI) produced by the United Nations (UN)
360 (Programme (2020)). The HDI is a composite index defined as the geometric mean of normal-
361 ized indices ($\in [0; 1]$) for life expectancy, education and gross national income (GNI). Note that
362 the median in our sample is 0.745. We define developing countries as those with an index up
363 to 0.699, indicating low and medium human development using the UN code-book definition,
364 while an index above 0.699 will be defined as developed countries. Table S4 in the Appendix C
365 shows the complete list of countries in the two categories.

366 We have explored models that allow for different impacts of the measures for each country.
367 We find that, on average, the models with country heterogeneity are similar to the analysis that
368 does not allow for country-specific heterogeneity. The results are available upon request from
369 the authors.

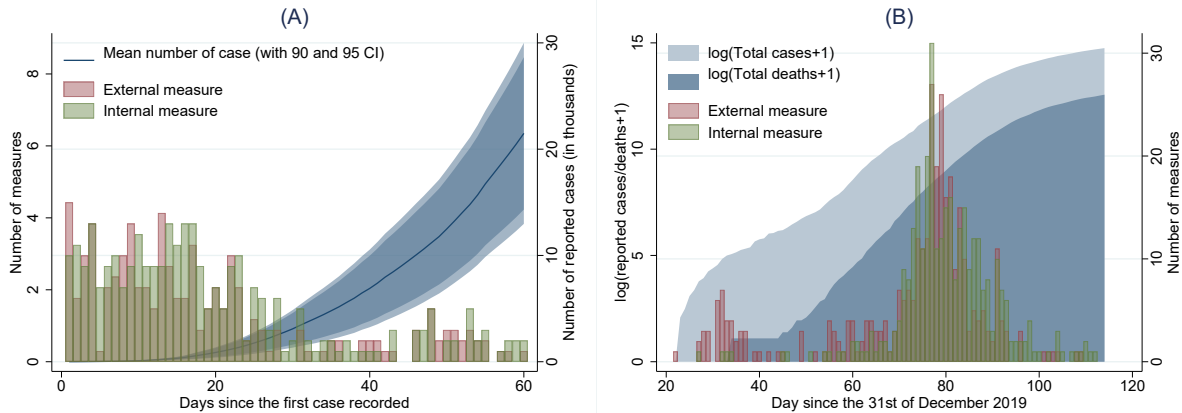


Figure 2: Figure shows the timing of lockdowns within countries since the beginning of the COVID-19 outbreak in each country (A) and since the end of 2019 (B). We exploit this variation to quantify the effect of each measure on the growth rate of COVID-19. “External” measures are those that restrict movements into or out of the country, while “Internal” measures are those restricting movements within a country. Both graphs exclude China. (A) Most lockdowns restricting movements within countries or movements between countries were implemented during the first 30 days after the first case was reported in the country, while some measures were implemented up to 60 days after the first case. The blue line represents the mean number of reported cases by country with 90% and 95% confidence intervals. (B) For identification, we also exploit variation through the year, as early lockdowns were implemented in February and others only a few months later.

4 Empirical model

Our main analyses are based on models of the growth rate in the total number of confirmed cases in a country. The growth rate in the number of cases, or new infections, captures the impact of the lockdown measures on the spread of the disease (Avery et al., 2020). The underlying mechanism to contain the pandemic should be the reduction in the number of contacts between people who could potentially be infected and those who are actually infected. Successful lockdown measures are expected to restrict the movements of both the susceptible people and the infected people (Kermack and McKendrick, 1927; Maier and Brockmann, 2020; Tian et al., 2020). As we will see later (c.f. Figure 4), using Google Mobility Reports, there is a stark reduction of occupation rates around the globe in most sensitive areas (grocery and pharmacy, retail and recreation, parks, workplace and transit stations).

381 The panel structure of our data allows us to control quite extensively for the risk of omitted
382 variable bias. First, the country fixed effects allow us to control for time-invariant unobservable
383 factors at the country level (quality of the healthcare system, age distribution of the population,
384 population density, geographical location, number of neighboring countries, climate conditions,
385 etc.). Some of these factors could vary over time, but we do not expect them to vary significantly
386 over the time period of interest (a few months). Second, the day fixed effects control for time-
387 varying unobservable factors affecting the world in the same way (global evolution of the virus
388 (early-stage vs. pandemic), global lockdowns, etc.). Finally, the fixed effects also address the
389 measurement errors by controlling for numerous factors that could correlate with the quality of
390 the reporting and the spread of the coronavirus. The country fixed effects allow us to exploit
391 within-country variation: if some policies or unobserved country characteristics affect the rate
392 of case reporting (constant bias over time), this does not affect the within-country variation that
393 we exploit.

394 The second main difficulty in measuring the effect of governmental measures implemented
395 to contain the spread of the disease comes from reverse causality. The spread of the disease
396 in a country influences the timing and extent of the lockdown measures implemented by the
397 government. For instance, governments may implement lockdown measures when the effective
398 reproduction number reaches a value larger than 1 or in the event of any other statistic that
399 signals a deterioration of the pandemic situation. In this case, the growth rate of infections
400 will increase before a measure is implemented. We find in our own data that case numbers
401 grow strongly several days before a lockdown is implemented, consistent with reverse causality
402 (Figure 3). We address this issue as follows: Due to the wide access to information on cases
403 and the news reporting the situation in the world, people might anticipate a lockdown and either
404 increase contact before the restriction or reduce contact preemptively because they understand
405 the risk. To control for this anticipation behavior, we include a dummy that takes the value
406 of one seven days before the lockdown measure. This dummy variable captures growth in the

407 number of cases at a time when governments decided to introduce the lockdown measure, and
408 we control for this directly in our baseline specification (Section 5 provides details).⁷ Day fixed
409 effects capture the global evolution of the coronavirus and how it affects the probability of a
410 lockdown.

411 **5 Addressing endogeneity**

412 Next, we describe how our main specification addresses endogeneity. Let $lc_{it} = \log(\text{cases}_{it} + 1)$
413 be the log of cases in country i at time t . Then, $dlc_{it} = lc_{it} - lc_{it-1}$ is the daily change in log
414 cases, or the daily growth rate in cases. Our empirical strategy models the growth rate of cases,
415 as it has a direct relationship with the evolution of the pandemic and, in some cases, an indirect
416 relationship with its reproduction number (Aguilar et al., 2020).

417 The central challenge in estimating the effects of lockdowns on the growth rate is the pres-
418 ence of endogeneity of lockdown adoption. Countries implemented lockdown measures to
419 protect their health systems. This means that a lockdown is implemented when the growth rate
420 of cases is high or if it is accelerating. Failure to model endogeneity in policy adoption leads to
421 biases in estimates. A strategy that compares a country after a lockdown has been implemented
422 to countries that have not (yet) implemented a lockdown will fail since countries with a lock-
423 down are in a situation of high, and possibly accelerating, growth, whereas countries that have
424 not yet implemented a lockdown are in a situation that can still be controlled.

425 Our strategy leverages the fact that lockdowns are very seldom implemented instantaneously
426 or overnight. Countries announce a lockdown but allow for a planning horizon p . This planning
427 horizon is short, ranging from a few days to perhaps about a week, as governments need to react
428 quickly to the exploding case numbers but still need to allow people to adjust to the measure.
429 Specifically, suppose a country adopts a lockdown if the cumulative number of cases exceeds a

⁷Technically, we introduce a control variable that absorbs the reverse causality in lockdowns. See Figure 4 justifying the choice of seven days. Robustness tests are available in the Appendix with 5 or 10 days of anticipation.

430 country-specific threshold γ_i .⁸ The government announces the lockdown in t , to take place in
 431 $t + p$.

$$Measure_{it+p} = I(lc_{it} > \gamma_i)$$

432 where $I()$ is a function that takes the value one if its argument is true and zero otherwise.
 433 The country decides to introduce the lockdown at time t because the number of cases exceeds
 434 the capacity of its health system. This situation is reached if a country had high growth in cases
 435 in the past.

436 **5.1 Baseline model: Number of days after the measure was taken**

437 We address the endogeneity problem related to lockdown measures as follows. We fix a specific
 438 value for the planning horizon, e.g., one week ($p = 7$).⁹ We then construct a binary variable
 439 $Anticipation_{it}^{7days}$, which is equal to zero until one week before the lockdown is implemented
 440 and takes the value of one from one week before the lockdown is implemented until the end
 441 of the observation period. We add this variable, $Anticipation_{it}^{7days}$, to our main estimation
 442 equation in our baseline model:

$$\begin{aligned}
 dlc_{it} = & & (1) \\
 & \beta_1 Measure_{it} + \beta_2 DaysAfterMeasure_{it} \\
 & + \beta_3 Release_{it} \\
 & + \beta_4 Anticipation_{it}^{7days} \\
 & + FE_i + FE_t + \epsilon_{it}
 \end{aligned}$$

⁸The parameter γ_i is unknown to us and set by each country i in ways that depend on the capacity of its health sector.

⁹We replicate our results with p equal to 5 and 10 days anticipation in Appendix. See Section 6.1 for more details on our methodology to estimate the potential anticipation effect.

443 dlc_{it} the daily change in log cases, or the daily growth rate in cases. $Measure_{it}$ is an indica-
 444 tor variable taking the value of one from the day the measure was implemented. $DaysAfterMeasure_{it}$
 445 is zero before a measure has been introduced and is equal to the number of days since the mea-
 446 sure was implemented after the measure was introduced. Indeed, we do not expect the effect to
 447 be revealed and observable on day zero even if no new transmission occurs, as the latest cases
 448 are not yet detected. $Release_{it}$ is a dummy taking the value of one when country i eases the
 449 lockdown measure. FE_i and FE_t are country and day fixed effects, which capture country-
 450 specific and calendar time effects.¹⁰ ϵ_{it} is an error term clustered at the country level.¹¹

451 The variables $Measure_{it}$ and $DaysAfterMeasure_{it}$ both capture the effects of the mea-
 452 sure, and their effects are identified through a comparison of the growth in cases after the mea-
 453 sure has been introduced to the situation before introducing a measure. $Anticipation_{it}^{7days}$ cap-
 454 tures the growth in cases *just before* the lockdown is put in place, and adding this dummy vari-
 455 able to the main estimation equation results in re-adjusting the level of counterfactual growth
 456 to the level that already existed just before the lockdown is implemented. Since the potentially
 457 fast growth in cases that triggered the lockdown is not caused by the lockdown, this excess
 458 growth needs to be removed and not captured in the estimate of the lockdown’s success. In-
 459 deed, for internal measures, there is excess growth in the number of cases before the measure
 460 is introduced, and adding $Anticipation_{it}^{7days}$ to the model neutralizes its impact on the effects
 461 of internal measures (Appendix D).¹²

¹⁰Our baseline specification does not model the fact that the growth rate in total cases tends to decline as the epi-
 demic in a country ages (Komarova et al., 2020). We have explored whether estimates of the impact of lockdowns
 are sensitive to whether countries implement them in a high- vs. low-growth environment. The initial impact of
 lockdowns on growth is larger for countries implementing measures in a high-growth environment, but long-run
 estimates of the impact of measures 100 days after implementing a measure are not sensitive to when countries
 implement lockdowns. Results are available upon request from the authors.

¹¹Our baseline specification models the effects of the first type of measure implemented by a country, even
 though most countries implement at least two types of measures, and the overlap in implementation is substantial.
 We probe the sensitivity of our results by introducing treatment effects for both inside and outside measures. The
 results, available upon request from the authors, are not sensitive to modeling two types of measures.

¹²While lockdown implementation could be anticipated easily, e.g., you can stop going to work or the grocery
 store before the lockdown, it seems unlikely that the population could change its behavior in anticipation of a
 release (e.g., traveling when there is still a ban or going to the gym when they are closed). We have experimented
 with models allowing for anticipation of release, which leave our main results unaffected (available upon request).

462 The key challenge in identifying the effects of $Measure_{it}$ and $DaysAfterMeasure_{it}$ is a
 463 shift in the average of the growth residuals, ϵ_{it} , which coincides with the introduction of the
 464 measure. The anticipation variable $Anticipation_{it}^{7days}$ shifts from zero to one in the period just
 465 *before* the measure is introduced. This variable therefore absorbs a shift in the mean of growth
 466 residuals, ϵ_{it} , between the period before the anticipation variable shifts to one and just before the
 467 measure was introduced. Models that include lagged dependent variables are prone to Nickell
 468 (1981) bias. In our context, the lagged growth rate of cases does not enter the model directly,
 469 so the standard argument due to lagged dependent variables does not apply.

470 Equation (5) describes our baseline model. For the baseline results, we focus on the first
 471 wave and hence restrict the sample for one hundred days after the implementation of a lock-
 472 down. When interpreting the release effect, it is important to bear in mind that countries might
 473 release from a strict lockdown to a less strict lockdown (e.g., from total to partial lockdown).
 474 This may attenuate the estimated acceleration of the pandemic after releasing the measures. The
 475 partial effects may be better interpreted as an upper bound on the effect of moving down to the
 476 next-most severe form of restrictions.

477 **5.2 Relation with SIR model**

Here we briefly discuss the relationship between our approach and Susceptible-Infected-Recovered (SIR) models. Giannitsarou et al. (2021) set up a (SIR)-type model of COVID-19 to capture the (numbers of shares of) individuals who are currently exposed, infected, recovered, or susceptible. Exposed individuals are asymptomatic or have not yet tested positive but could potentially develop the illness, while recovered individuals return to becoming susceptible. The main interesting output from their analysis is the number of new infections that occur between two days (their model is in continuous time, we adopt discrete time owing to the nature of our data):

$$nI(t) = [1 - d(t)]\beta(t)M(t)$$

Hence, we do not include an anticipation effect for release.

478 where $nI(t)$ is the number of new cases on day t , $d(t)$ is a measure of lockdown strength, $\beta(t)$
479 is the probability of transmission for one meeting, and $M(t)$ is the total number of meetings.
480 The total number of meetings is the total number of possible contacts between those who are
481 currently infected, $I(t)$, and those exposed, becoming infected at rate ϵ , $\epsilon E(t)$, with those who
482 are susceptible and recovered individuals who become susceptible again at rate α , so $M(t) =$
483 $[I(t) + E(t)][S(t) + R(t)]$.

We estimate the effects of lockdowns on the (changes in the log) total number of people ever infected, which is the ratio of new infections to total people ever infected:

$$\frac{nI(t)}{tI(t)} = \frac{nI(t)}{\sum_0^t nI(t)} = \frac{[1 - d(t)]\beta(t)M(t)}{\sum_0^t (1 - d(t))(t)M(t)}$$

484 Our estimates therefore provide information on the combined effects of the path of policy, $d(t)$,
485 the changes in the virus transmission probability, $\beta(t)$, and meetings. In a short period around
486 the lockdown, $\beta(t)$ and $M(t)$ could be considered as almost constant, so our approach can
487 uncover the policy effect on transmissions, $1 - d(t)$.

488 **5.3 Heterogeneity: Developed vs. Developing countries**

489 We extend our baseline model to compare the effect between the implementation of lockdowns
490 in developed and developing countries.¹³ We used the HDI to define developed and developing
491 countries.

$$\begin{aligned} dlc_{it} = & \hspace{15em} (2) \\ & \beta_1 Measure_{it} \times HighHDI_i + \beta_2 DaysAfterMeasure_{it} \times HighHDI_i + \\ & \beta_3 Measure_{it} \times LowHDI_i + \beta_4 DaysAfterMeasure_{it} \times LowHDI_i + \\ & + \beta_5 Release_{it} \end{aligned}$$

¹³The parameters capturing the effects of measures, β_1 and β_2 , vary across countries, but, on average, the findings from a model with country heterogeneity are rather similar to the baseline analysis. Results are available upon request from the authors.

$$\begin{aligned}
& +\beta_6 Anticipation_{it}^{7days} \\
& +FE_i + FE_t + \epsilon_{ct}
\end{aligned}$$

492 the variables $HighHDI_i$ and $LowHDI_i$ are indicator variables taking the value of one or zero
493 for developed ($HDI \geq 0.7$) and developing countries ($HDI < 0.7$), respectively. Note that we
494 can include both effects simultaneously (Developed and Developing countries) without suffer-
495 ing from perfect multicollinearity, as the baseline includes countries that did not implement
496 lockdown measures. Everything else is defined as in model (5).

497 **6 Results**

498 **6.1 Descriptive Analyses: Anticipation Behavior**

499 Here we start by presenting descriptive evidence on the rate of growth in confirmed cases and
500 mobility as a function of the days before and after the implementation of the first within-
501 lockdown measures. Figure 3 shows the residual variation in infections (top) conditional on
502 the infections that occurred until the previous day – the growth rate in confirmed cases. Con-
503 firmed cases increase very rapidly in the period before a lockdown is implemented, especially in
504 the period two weeks before implementing the lockdown. After the lockdown is implemented,
505 the growth rate is lower and remains so throughout the 30-day window. Increases in the number
506 of confirmed cases before a lockdown are typical of many countries that implement them to
507 deal with exponential growth in cases. However, cases may also increase if people who learn
508 about the lockdown become, temporarily, more mobile. Alternately, people might reduce their
509 contacts preemptively if they see neighboring countries locking down or in a difficult situation.

510 Figure 4 shows the percentage difference of occupation captured by the Google Mobility
511 Reports as a function of the days before and after the implementation of the first within-country
512 lockdown. We observe that mobility falls sharply after the lockdown is implemented. We
513 can see that the population slightly reduced its occupations approximately one week before

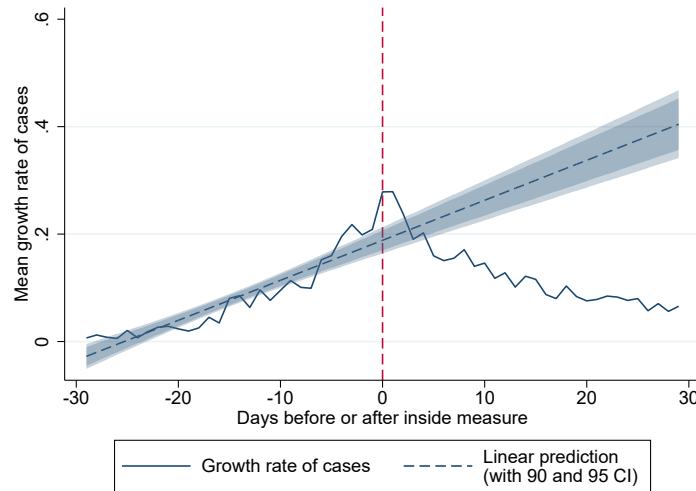


Figure 3: This graph reports the average growth rate of confirmed cases in the period 30 days before and after an internal measure was implemented. The graph also presents a prediction of the growth rate based on fitting a linear model to the data before the measure was introduced.

514 the implementation in non-necessary places, including retail and recreation, parks, or transit
 515 stations. Conversely, for grocery and pharmacy, the occupation is flat until the first day of
 516 implementation.¹⁴

517 We complement this qualitative analysis with a data-driven anticipation window. Using
 518 Google Mobility reports, we track mobility at "Transit stations," and we believe this provides
 519 information about anticipatory behavior for several reasons. First, people use transit for many
 520 reasons (e.g. work, shopping). Mobility at transit stations provides information on mobility
 521 overall. In contrast to mobility in cars, social distancing in transit stations is challenging, as
 522 many people need to use the same means of transit. Anticipatory behavior should therefore be
 523 detected in transit stations. To identify the anticipation window, we proceed as follows. First,

¹⁴Berry et al. (2021) and Goolsbee and Syverson (2021) claim that shelter-in-place measures in the U.S. had no additional effects on infections or deaths, beyond voluntary behavioral adjustments. Figure 4 also shows, *for all countries in our sample*, voluntary adjustments, but a further and stronger reduction in mobility after measures are introduced, results which are consistent with findings in Yan et al. (2021) for the U.S.. Quantitatively, the anticipatory reduction in mobility in anticipation of the measures is smaller – around 15 percent for transit stations and retail and recreation, and even less for parks, grocery shopping, and workplaces – than the drop in mobility triggered by the measures – 25 percent for transit stations and retail and recreation and around 20 percent for parks, grocery shopping, and workplaces. Measures contribute as much, or more, to containing the pandemic as voluntary behavioral adjustments.

524 we compute the change in mobility relative to the day of the lockdown from 30 days before
 525 to 30 days after for each measure. Then, we identify the first day when average mobility is
 526 statistically different from the 30 days prior (t-test with an alpha of 5%). This difference was
 527 6.75 days before the lockdown, on average across all measures, ranging from 3 to 13 days.
 528 Based on this data-driven approach, we adopt a seven-day anticipation window in the baseline
 529 results (robustness checks in the Appendix report estimates with 5- and 10-day anticipation
 530 effect; see Appendix F).¹⁵

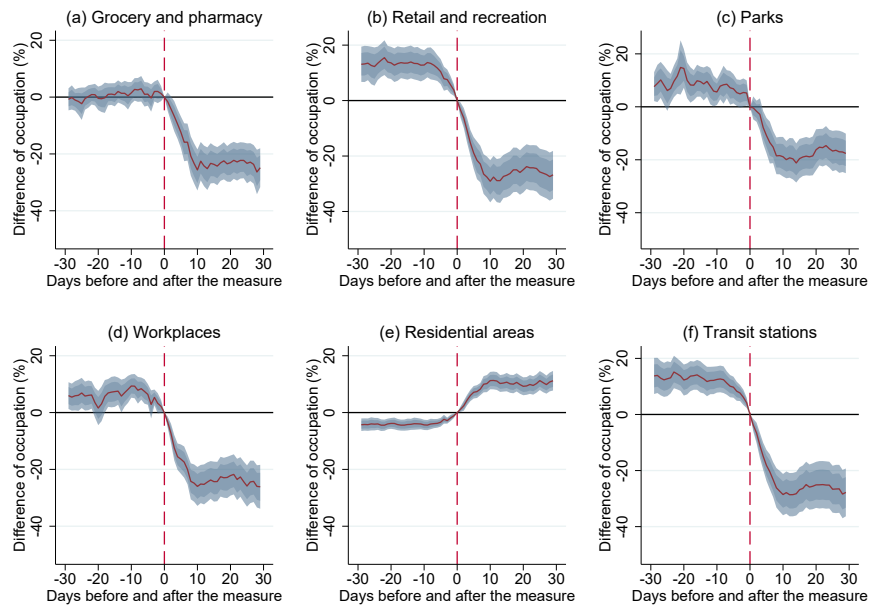


Figure 4: The figure shows the percentage difference in occupation of different areas (Google Mobility Trend) as a function of the days before and after the implementation of the first within-country lockdown. The y-axis represents percentage variation compared to the reference day (day 0). 90% and 99% confidence intervals are plotted in different shades of blue, while the line represents the mean value. The figure shows a very clear drop of occupations everywhere but in residential areas.

¹⁵Additionally, we also tried a "calibrated" approach, where each measure has a different anticipation effect based on the estimation from the Google Mobility data. The results were virtually identical (no statistical differences with an alpha of 5%).

531 **6.2 Baseline results: Effectiveness of lockdown measures**

532 We explore here how internal and external lockdown measures reduced the growth of infections
533 as a function of the time since the measure was implemented in comparison to countries that
534 had not implemented any measure yet. Panels (a) and (b) of Figure 5 show the marginal effects
535 of our baseline model. These two panels show that restrictions within the country are more
536 effective than external measures at limiting the spread of the virus. On average, countries that
537 implemented within-country movement restrictions experienced a statistically significant reduc-
538 tion in the growth rate of the virus after two weeks. After 100 days, the growth rate was reduced
539 by more than 15.1% on average.¹⁶ All the within-country measures lead to an approximate re-
540 duction of 10% of the growth rate after 100 days (see panels c, d, and e). Meanwhile, blocking
541 the borders (panel (b)) shows a statistically significant reduction only after two months and a
542 4.2% reduction after 100 days.¹⁷ Moreover, after one hundred days, the effects of international
543 lockdowns and border closure stages 1 and 2 are barely statistically significant and about half
544 the magnitude of within-country measures (after 100 days, the effects are, respectively: -3.9%,
545 -5.9% and -4.3%).¹⁸

546 The difference between within-country and external measures could be affected by the tim-
547 ing of the decision. For example, if one type of measure systematically succeeded the other,
548 the second might seem more effective because it benefits from the effect of the first one, or if
549 the decisions take place in different phases of the epidemic, it might also affect their efficiency.
550 First, 47 countries implemented an inside measure first, 97 implemented an outside measure
551 first, and 20 countries implemented both measures on the same day. Additionally, six countries
552 implemented only outside measures and eight only within-country measures. The median cal-
553 endar day when inside measures were implemented is 76 (16th of March), while it is 75.5 for
554 outside measures, so the two classes of measures have a very similar distribution with respect

¹⁶Model (1) from Table S9 in the Appendix reports the coefficients used for the quantification.

¹⁷Model (1) from Table S10 in the Appendix reports the coefficients used for the quantification.

¹⁸Models (2) to (4) from Table S10 in the Appendix report the coefficients used for the quantification.

555 to the timing of the implementation. Second, to completely address this worry we conduct a
 556 model including both our variable for within-country and external measures at the same time.
 557 This model allows us to compute the effect of one type of measure while capturing the effect of
 558 the other. The estimates are virtually unaffected by this alternative specification (See Appendix
 559 E).

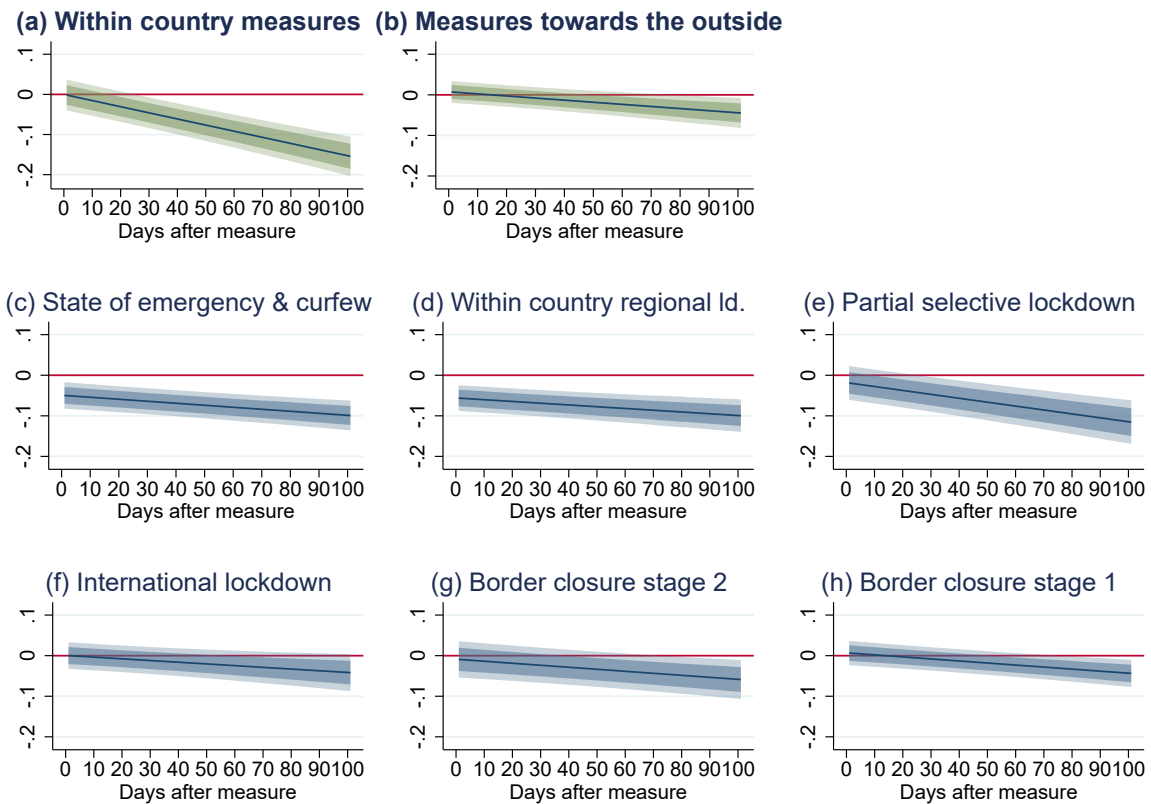


Figure 5: Marginal effect on the growth rate of COVID-19 cases. Internal measures were shown to be more efficient than external measures with respect to their effect on the spread of the virus. Each sub-figure shows the impact of a lockdown on the growth rate of infections as a function of the time since the measure was implemented. 90% and 99% confidence intervals are shown in different shades of blue or green.

6.3 Robustness: Controlling for the positivity rate

In this section, we show that our model is robust to the inclusion of the positivity rate as a control. Figure 7 represents the marginal effect of our baseline, with the positivity rate as a control.

The small differences could be due to the fact that the sample of countries with the positivity rate is smaller. In order to assess the differences due to the sample, Figure 8 shows the marginal effects of our baseline model when the sample is restricted to the same countries available with the positivity rate. Hence, by comparing our baseline (Figure 5) with the baseline model with the sample restricted to the countries with data on the positivity rate (Figure 8), we can observe that the effects are almost identical but somewhat slightly smaller with slightly larger confidence intervals (potentially due to the reduction of the sample size). Additionally, when comparing the baseline model with the model augmented with the positivity rate, the results are virtually identical.

Next, to assess the robustness of our model to the inclusion of the positivity rate more precisely, we compare the estimates (reduction after 100 days) of the two main models (Internal measures and External measures). The reduction in the growth rate after 100 days after an internal measure is 15.1%¹⁹ in our baseline, while it is 20.3%²⁰ for the model with the positivity rate included as a control and 16.22% when the baseline model has the restricted sample²¹.

Despite the average reduction being 5 percentage points larger while we control for positivity rate, the difference is not statistically significant. Hence, our main model will not include the positivity rate for two reasons. First, it allows keeping the full sample of 184 countries (instead of 115 with data on positivity rate). Second, if anything we are more conservative with our estimates.

¹⁹Model (1) from Table S9 in Appendix reports the coefficients used for the quantification.

²⁰Model (1) from Table S17 in Appendix H.2 reports the coefficients used for the quantification.

²¹Model (1) from Table S19 in Appendix H.2 reports the coefficients used for the quantification.

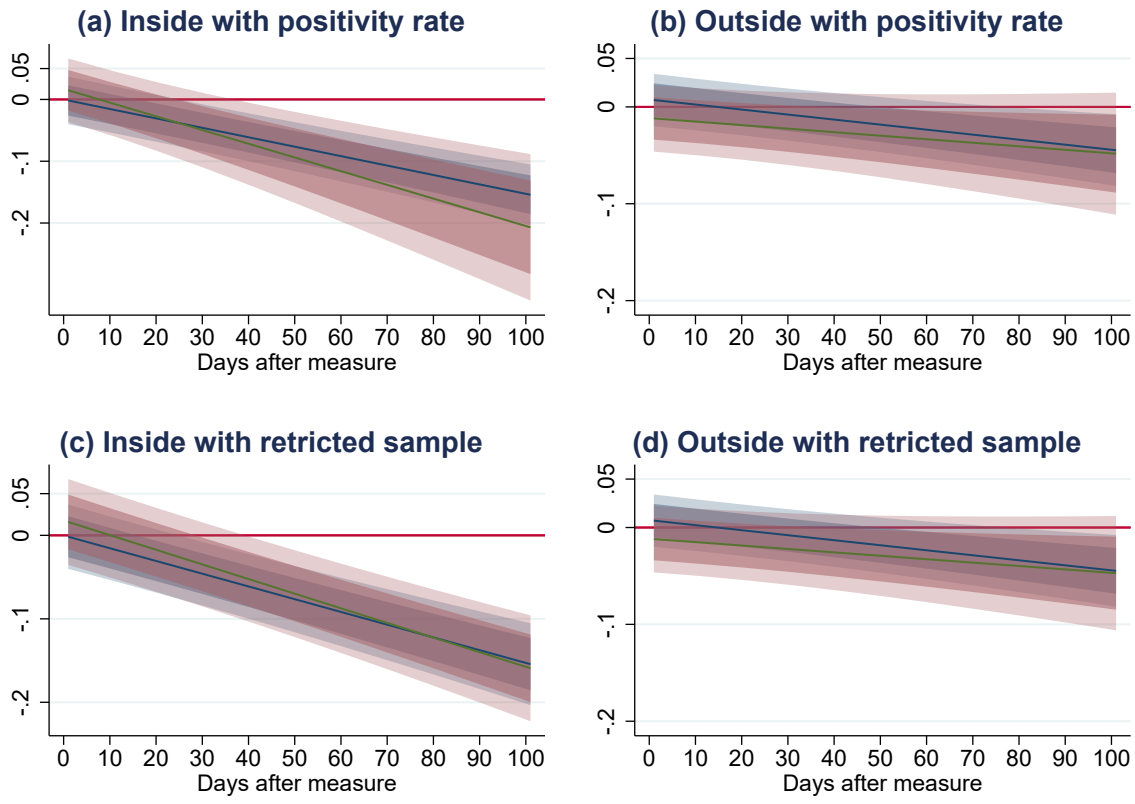


Figure 6: Comparison of the marginal effects of lockdowns on the growth rate of COVID-19 cases between our baseline, the model where we control for the positivity rate and the one where we restrict the sample to the countries with positivity rate data. Each sub-figure shows the impact of a lockdown on the growth rate of infections as a function of the time since the measure was implemented. 90% and 99% confidence intervals are shown in different shades of blue or red. The blue line with blue confidence intervals represent our baseline estimates while the green line with red confidence intervals in panel (a) and (b) represent the estimates while controlling for positivity rate. Finally, green line with red confidence intervals in panel (c) and (d) represent the marginal effect for the estimate wi the sample restricted to countries with data on positivity rate.

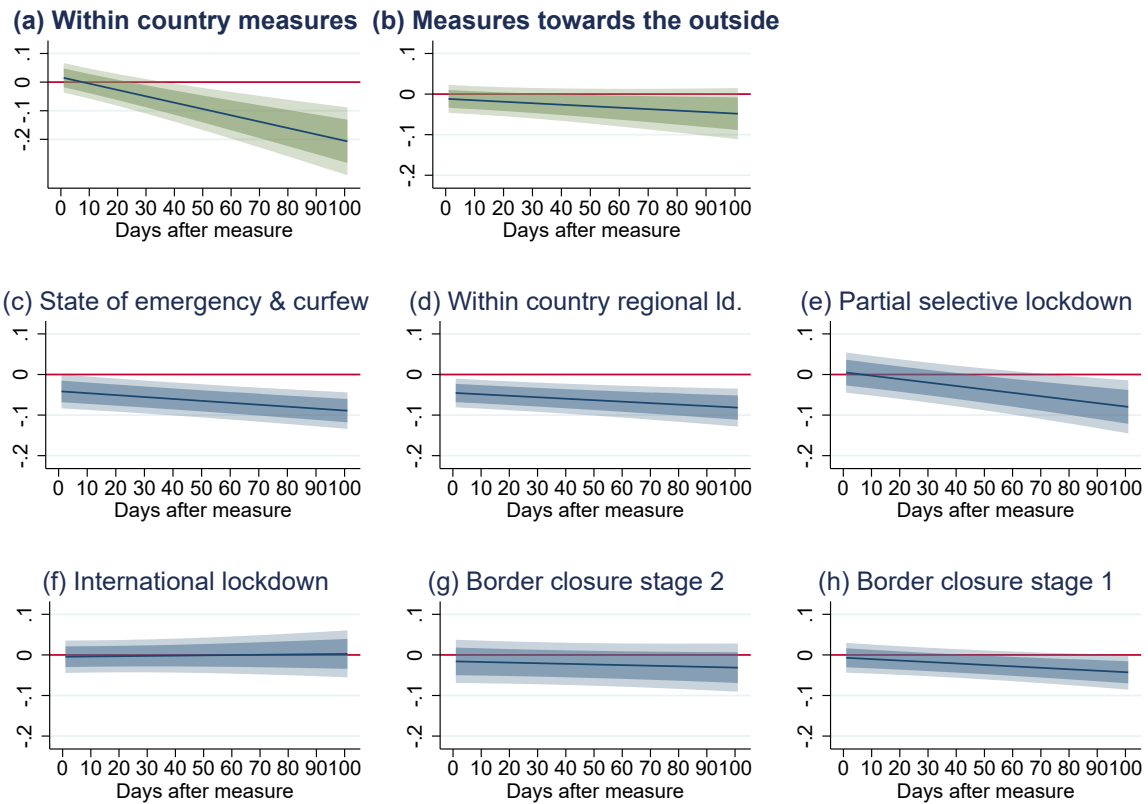


Figure 7: Marginal effect on the growth rate of COVID-19 cases controlling for the positivity rate. Internal measures were found to be more efficient than external measures with respect to their effect on the spread of the virus. Each sub-figure shows the impact of a lockdown on the growth rate of infections as a function of the time since the measure was implemented. 90% and 99% confidence intervals are shown in different shades of blue or green.

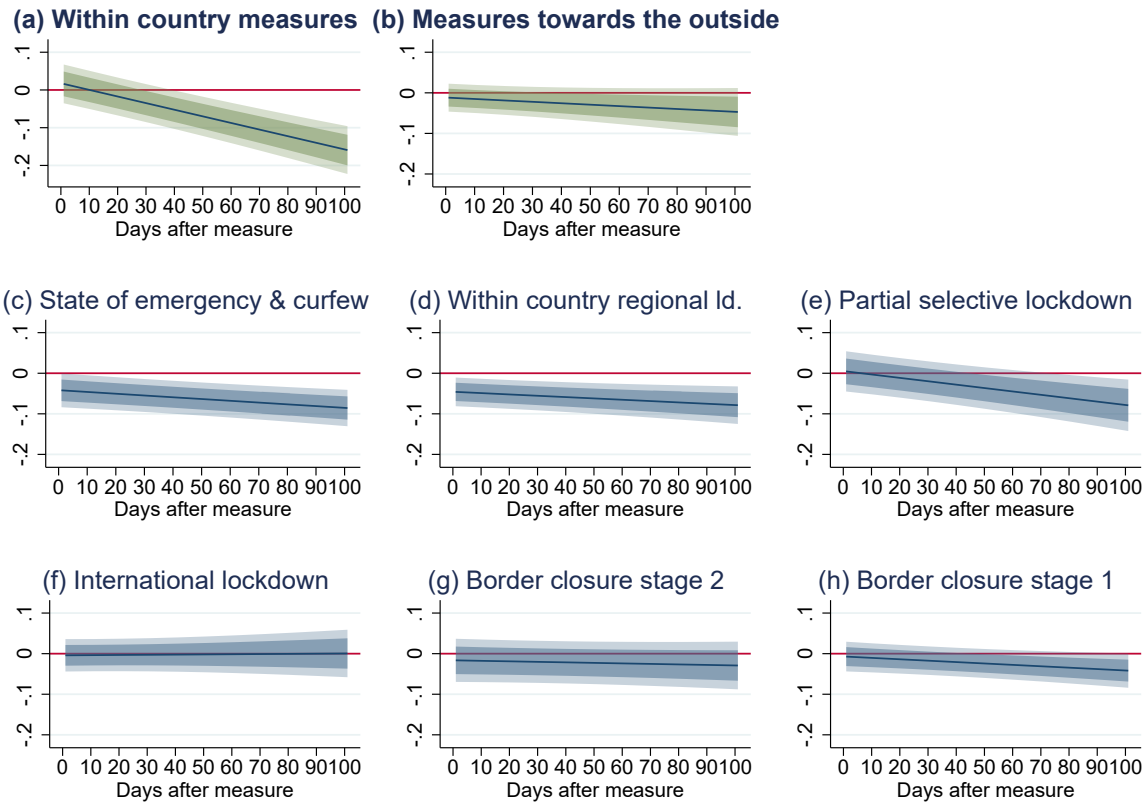


Figure 8: Marginal effect on the growth rate of COVID-19 cases when restricting the sample to countries with data on the positivity rate. Internal measures were found to be more efficient than external measures with respect to their effect on the spread of the virus. Each sub-figure shows the impact of a lockdown on the growth rate of infections as a function of the time since the measure was implemented. 90% and 99% confidence intervals are shown in different shades of blue or green.

583 **6.4 Quantifying Prevented Deaths**

584 We also estimate model (5) to assess how lockdowns affect death rates. More COVID-19 infec-
585 tions increase the number of admissions to hospitals, as more people experience a severe form
586 of COVID-19, and hospitals reach capacity sooner (Wood et al., 2020). The results show that
587 the growth rate in deaths is initially higher, but it declines significantly as the lockdown reduces
588 the spread of the virus (Figure 9). Internal measures are more effective than external measures,
589 replicating the result for the growth in the number of cases.

590 How effective were lockdowns in reducing deaths? A key challenge in quantification is how
591 to estimate the counterfactual path of the epidemic, that is, the path that the epidemic would have
592 taken without the lockdown measures. We use model (5) with the baseline anticipation window
593 of 7 days, for the number of deaths, to compare the evolution of the total number of deaths
594 with and without a measure. The model has two parameters that aid in this assesement: β_1 ,
595 which indicates how much more the number of deaths grows in a country that has implemented
596 a measure when the lockdown is implemented (intercept in Figure 9), and β_2 , which describes
597 the gradual slowing down of the growth rate in deaths due to the measure (slope in Figure 9,
598 results shown in section H.1.2). Overall, we find that almost 3.6 million deaths were prevented
599 during the first 100 days, which is our analysis period. Lockdowns prevent around five deaths
600 for each actual death (Appendix G).

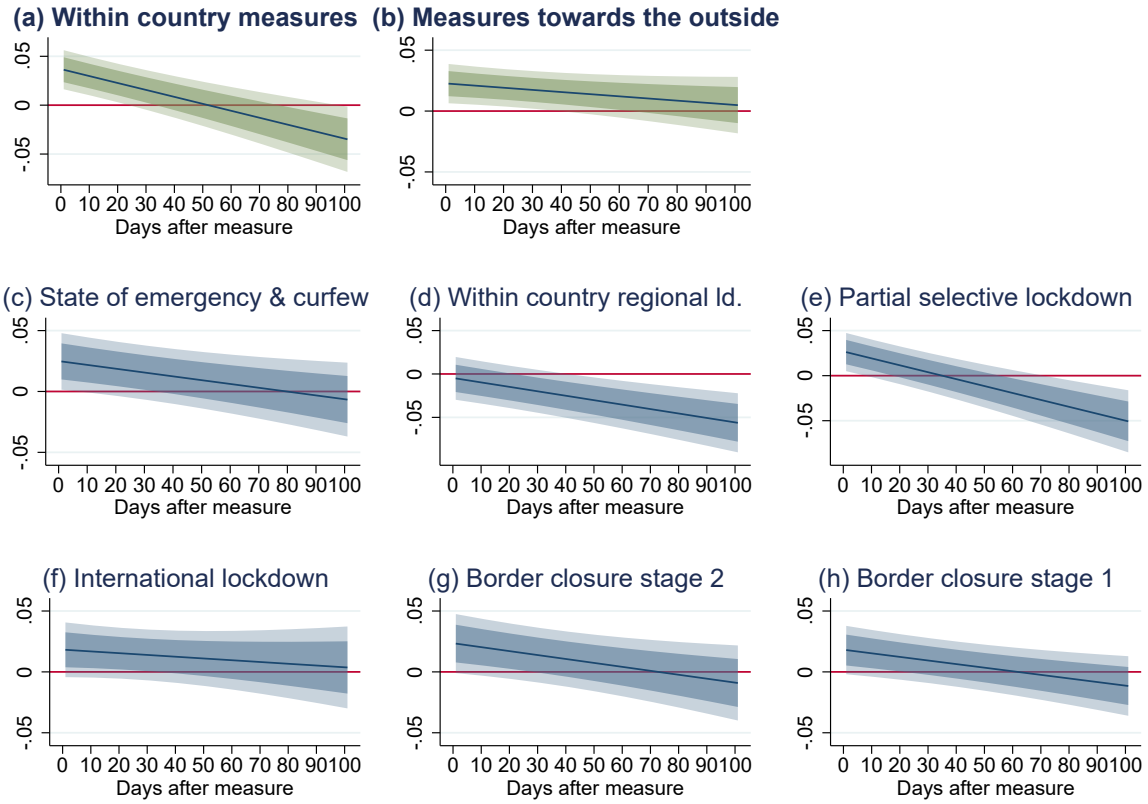


Figure 9: Marginal effect on the death growth rate. Internal measures were found to be more efficient than external measures with respect to their effect on the number of deaths. Each sub-figure shows the impact of a specific lockdown measure on the number of deaths as a function of the time since the measure was implemented. 90% and 99% confidence intervals are shown in different shades of blue or green. The model shows: i) the effectiveness of numerous lockdown measures that governments implemented across countries to mitigate the number of deaths from COVID-19 (statistically significant effects and the number of days before the growth rate of the number of deaths is reduced compared to countries that did not implement the measure), ii) the strength of the effect (steepness of the slope). The corresponding results for the number of deaths are reported in the Appendix.

6.5 Developing versus developed countries

This section explores whether the impact of lockdowns is different in developed and developing countries. Figure 10 shows the marginal effects of all the different types of measures for developed and developing countries.²² ²³ A clear pattern emerges. Lockdown measures did not reduce the growth rate of the virus in developing economies, while the effects are negative and statistically significant for developed economies. Most of the explanatory variation in our baseline model thus comes from lockdowns imposed in developed countries. We discuss these results in Section 7, suggesting that the difference in opportunity cost could be the main driver.

6.6 Lockdown release

We now turn to the effect of releasing lockdowns. As we are writing this paper, the third wave of COVID-19 is well under way, and many countries might re-enter a lockdown phase. It is thus important to understand whether releasing a lockdown triggers another wave and to estimate (5) for countries that release a lockdown.

Figure 11 presents the marginal effects of the release of the different internal and external measures.²⁴ Despite multiple efforts to address reverse causation, a counter-factual is more difficult to find for the release, as virtually every country was experiencing a lockdown over the summer, and countries that released lockdown measures tended to be those that controlled the spread of COVID-19 better. However, while the countries that released the lockdowns are better off compared to the others who are still in a lockdown (who potentially started later), the improvement is diminishing. This analysis reveals that, on the day of the release, the growth rate in cases is lower than in the counterfactual state of not releasing the measure. Releasing triggers a very slow increase in the growth rate of COVID-19 cases of about 0.008 after 100

²²We define developing countries as those with an HDI up to 0.699, indicating low and medium human development using the UN codebook definition, while those with an HDI above 0.699 are defined as developed countries.

²³The results with a split into three groups (high, medium, and low) are available in the Appendix (See Appendix I.2.2).

²⁴We use the same model as for our baseline (equation 5), and the "Days after measure" refers to the number of days after releasing a lockdown.

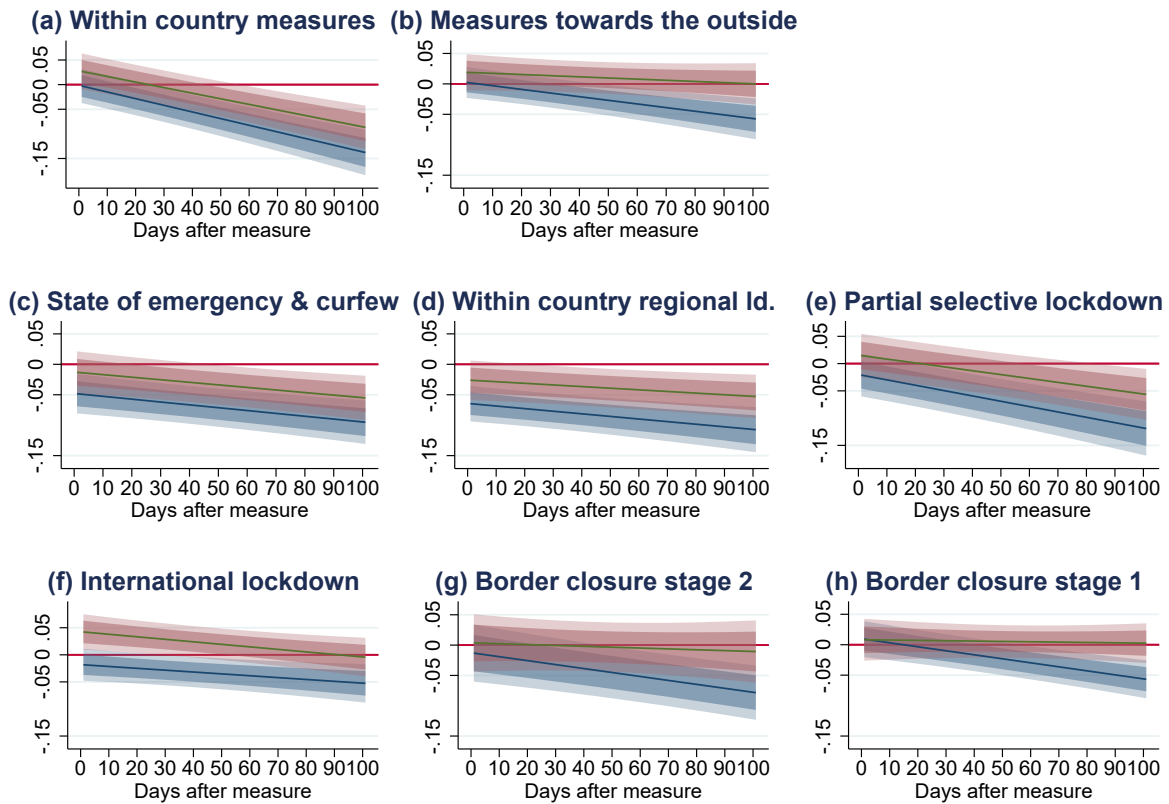


Figure 10: Lockdowns are found to be efficient only for developed countries. Developing countries are those with HDI values up to 0.699 (marginal represented in red), indicating low and medium human development using the UN codebook definition, while those with values above 0.699 are defined as developed countries (marginal represented in blue). Panels (a) to (f) show the impact of a measure on the growth rate of infections as a function of the time since the measure was implemented. 90% and 99% confidence intervals are shown in different shades of red or blue.

623 days. Releasing international border closure 2 is associated with a stronger increase in the
 624 growth rate of cases, suggesting that travel links could be relevant in the initial phase of a
 625 COVID-19 wave. As suggested early in the paper, this might also suggest that the timing of
 626 the release of external measures might be more difficult to manage than the release of internal
 627 measures.

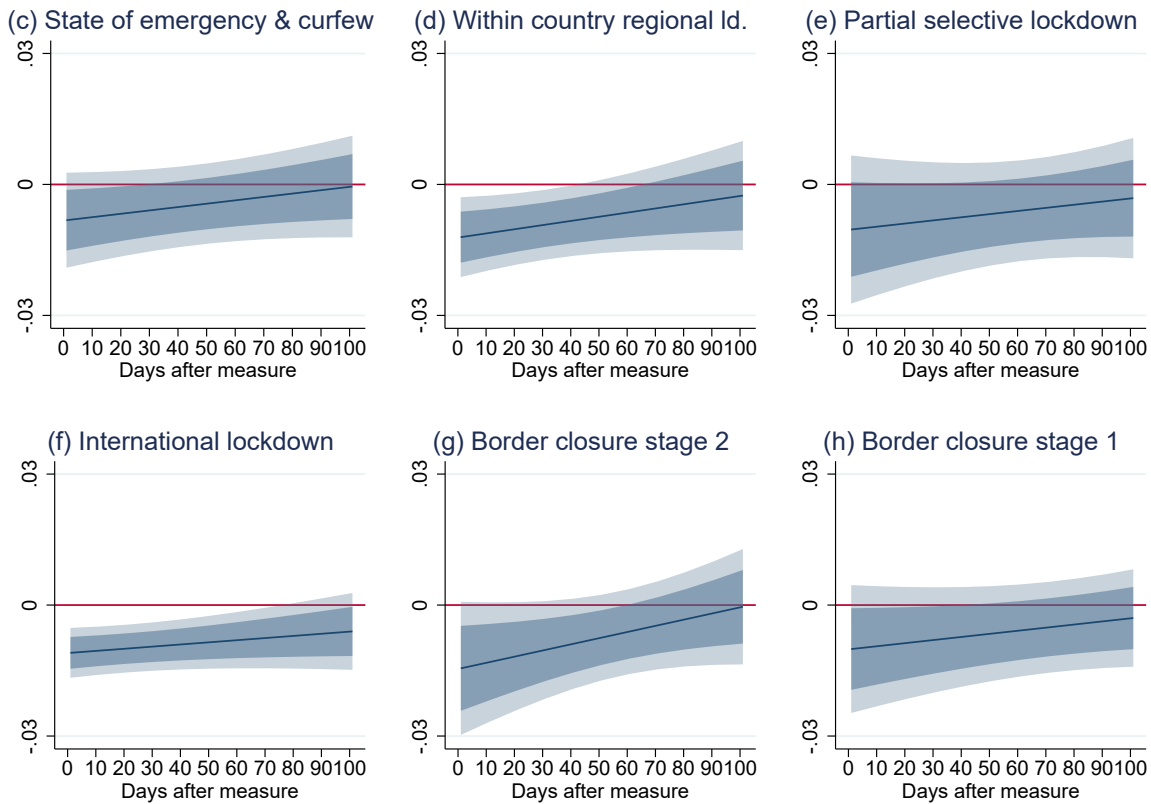


Figure 11: The release of NPIs is associated with a low but positive increase in the rate of COVID-19. 90% and 99% confidence intervals are shown in different shades of green or blue. The vertical dashed line shows the average day when the measure was implemented in the sample.

7 Discussion and Conclusions

628

629 Our paper studies the COVID-19 lockdown measures, both internal and external, adopted in
 630 178 countries and provides several important insights that are relevant for effectively managing
 631 pandemics. Note first that these results remain relevant even when vaccines become available,
 632 which has been the case for COVID-19 since late 2020. In part, this is because getting vacci-
 633 nation rates to a high enough level to reach collective immunity has proven to be harder than
 634 planned. Moreover, vaccines might not be effective for new variants of viruses. For similar
 635 reasons, we believe our results might also be relevant for future pandemics.

636 Overall, we find that lockdowns are effective measures to stop the growth in the number of
637 new cases and in the number of deaths due to the reduction of individuals' mobility related to a
638 broad range of daily activities. This result is in line with observations from previous pandemics.
639 In his review of evidence regarding the Spanish influenza, Garrett (2008) compares the city of
640 Philadelphia, where public officials allowed a large parade to take place, with that of St. Louis,
641 a comparable city, where public officials responded by closing nearly all public places as soon
642 as the influenza had reached the city, which resulted in much lower mortality rates. We estimate
643 that almost 3.6 million deaths were prevented within 100 days, our analysis period, or more
644 than five deaths for every single death that occurred.

645 Another striking result of our analysis is that internal measures matter much more than
646 external ones. In particular, closing borders is the least effective policy for containing the spread
647 of the pandemic, something that might be due to the difficulty of timing such measures correctly.
648 Even in a globalized world, local policies are the name of the game. This result is in sharp
649 contrast to current political discussions in the US and elsewhere, which often focus on border
650 closures instead of emphasizing within-country lockdowns. We believe that this is due to the
651 key effect of internal measures, as even a partial lockdown reduces the opportunity costs for
652 people of staying at home, whereas external measures do not have this effect. In addition, the
653 success of lockdown measures could also be due to their ability to trigger a strong adjustment
654 in individuals' behaviors. This would again explain why external measures matter only after
655 internal measures have been implemented, a result we obtained in a post-hoc analysis (available
656 from the authors upon request). External measures could deliver some added benefit in terms of
657 limiting the magnitude of social interactions by reducing the number of new people that enter
658 the country who might or might not abide by the internally implemented lockdowns.

659 Also in favor of internal measures, we did not find that these measures were plagued by
660 anticipation effects. For most human activities, the announcement of internal measures did not
661 lead to a surge of activity that could have strongly increased the number of infections.

662 Contrary to popular belief, however, our analysis suggests that the most extreme measures,
663 such as those related to declaring a state of emergency or implementing curfews and immediate
664 border closures, are not necessarily the most effective policies, even without considering their
665 economic costs. First, our empirical results show that partial or regional lockdowns are as
666 effective as stricter measures. Since partial measures are likely to be less damaging to the
667 economy than stricter lockdowns, they could be considered to be better. This analysis should
668 of course be confirmed by a joint study of both the economic and health impacts of COVID-19,
669 but the fact that partial internal measures are effective at reducing the spread of the disease and
670 decreasing mortality rates is an important result by itself.

671 Why are less strict measures as effective? One possible explanation is that partial and se-
672 lective lockdowns are enough to decrease the opportunity costs for people of staying at home,
673 as schools, stores, and local businesses are closed, when weighed against the risk of becom-
674 ing infected. Given that uncoordinated social distancing flattens the curve of the pandemic by
675 reducing peak disease prevalence (Toxvaerd, 2020), we speculate that partial lockdowns could
676 send even stronger signals to people not only to stay at home but also to quickly adopt sanitary
677 measures or avoid group activities that could increase the spread of the disease. In other words,
678 similarly to the way in which the pandemic altered the spending habits of individuals in general
679 (Baker et al., 2020; Eichenbaum et al., 2020a) and in accordance with their vulnerability to the
680 virus (Eichenbaum et al., 2020a), our results show that people adjust their behaviors signifi-
681 cantly even when only partial measures have been implemented, making the implementation of
682 partial measures sufficient to decrease the spread of COVID-19 at a lower economic cost. Thus,
683 total lockdowns would then be superfluous. This challenges purely epidemiological models,
684 which typically make projections about the spread of COVID-19 without taking into account
685 the adjustments made by rational individuals.

686 Extrapolating our results, one can infer that, at some level of strength of internal measures,
687 there are decreasing health benefits for making internal measures stricter. This could aid in

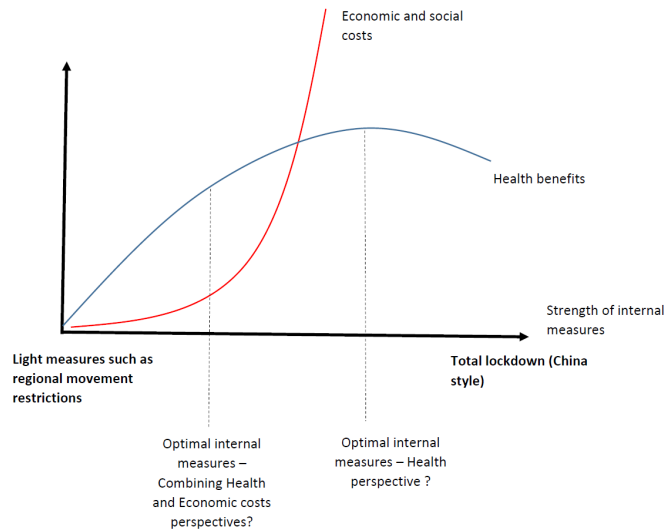


Figure 12: How to determine optimal internal measures

688 determining an optimal solution from a health perspective. However, while such a measurement
 689 is beyond the scope of this paper, it is also clear that internal measures generate economic and
 690 social costs that increase rapidly as the measures become stronger. This leads to the idea that
 691 optimal internal measures could be determined by integrating the two perspectives (Figure 11).

692 In order to explore our idea that the opportunity costs of staying at home are driving the
 693 results, we split our sample between developed and developing countries. The opportunity costs
 694 of adhering to lockdown rules and staying at home are much higher in developing economies,
 695 where many people work in the informal sector and do not have access to an adequate safety
 696 net. In line with our hypothesis, we find that internal lockdown policies had a significant effect
 697 on reducing both the number of cases and the number of deaths in developed economies, but
 698 we do not find such statistically significant effects in developing countries. We cannot firmly
 699 conclude from our analysis that lockdowns are not effective in developing countries, as the
 700 disease in these countries appeared later, and thus we lack a sufficient number of observations
 701 and statistical power. Nonetheless, our results so far indicate that lockdowns would have to be
 702 coupled with other measures that reduce the opportunity costs of staying at home to significantly
 703 affect the spread of the disease in developing countries.

704 Finally, our empirical results suggest that the lifting of lockdowns, which started around the
705 world in May 15, 2020 (Bonardi et al., 2020), did not lead to a resurgence of the virus within
706 100 days of their release. We do find that releasing border closures could increase infections.
707 This could be another indication that timing the release of external measures is more difficult
708 than timing the release of internal ones. But again, beyond this point, our results support the
709 idea that lockdowns have been relatively successful ways of managing the pandemic.

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SUPPLEMENTARY MATERIAL

Managing Pandemics: How to contain COVID-19 through Internal and External Lockdowns and their Releases

839

840 **Appendix A Government policy measures data**

	Mean	SD	Median	Min.	Max.	Count
International lockdown	83.56	9.30	81.00	73.00	151.00	162
State of emergency and curfew	85.83	17.90	83.00	32.00	205.00	123
Partial selective lockdown	74.89	9.19	76.00	27.00	104.00	134
Within-country regional lockdown	86.00	17.84	83.00	33.00	143.00	109
Selective border closing stage 2	71.71	13.11	72.50	31.00	140.00	78
Selective border closing stage 1	56.81	20.10	60.00	22.00	96.00	111
Within-country measures	76.33	11.70	76.00	27.00	141.00	172
Measures towards the outside	65.60	21.58	74.50	22.00	151.00	170

Table S1: When the measures were implemented in number of days since December 31, 2019 and how many countries implemented them

841 **Appendix B Comparison between our data set and Oxford**
 842 **government response tracker data**

843 Overall, our database provides somewhat different information compared to the OGRT. While
 844 both use actual implementation dates, we do not cover all the measures in the OGRT, that is,
 845 OGRT’s start date may refer to different measures than in our database. For example, the OGRT
 846 separately considers the cancellation of public events, restrictions on gathering size, and school
 847 closures with their respective dates of implementation, while we represent all of these measures
 848 under ”partial selective lockdowns,” and the date of implementation is the first date when any
 849 of these measures was implemented. In short, we aimed to capture significant shocks or major
 850 policy changes able to considerably change the trajectory of the pandemic, while the Oxford
 851 data contain every marginal change in policy. Hence, in the context of our study, we aimed to
 852 focus on major changes rather than capturing every potential small adjustment.

853 To explore these differences further, we conducted two comparative exercises. First, we
 854 compared the date of implementation of lockdowns in our dataset with the OGRT. Second, we

855 replicated our main results with data from the OGRT. The details of those two exercises are
856 provided below. Considering the difference in the nature of the data, the overlap between the
857 two databases remains substantial, and any differences in timing information are most likely
858 due to differences in the scope of tracking rather than measurement error.

859 We then compared the inside and outside lockdown measure dates with measures contained
860 in the OGRT (Hale et al. (2020)). The Oxford project collects data on 23 government measures,
861 which are then aggregated in an ordinal scale of stringency. The agreement is quite high. Ox-
862 ford also groups measures into inside and outside measures (restriction on internal movements,
863 restriction on international travel). Then, both variables have different levels of stringency (0-2
864 for internal movement restriction, 0-4 for international movement restriction). Hence, we coded
865 different variables for each of those levels in order to compare them with our own data. Tables
866 S2 and S3 present quartiles of the difference in implementation dates between the measures
867 in our database compared to the OGRT (Table 2 provides the same in absolute values). Our
868 measure of international travel restriction is the closest to the level 3 defined in Oxford, with
869 a median difference of 0 (with a difference between -4.5 and +1 for 50% of the countries).
870 Median absolute differences in implementation times are lowest for outside 3, three days, but
871 also quite low for outside 2, four days (Table S3). Our measure of internal restrictions is the
872 closest to the level 1 defined in Oxford. The median difference is four days earlier for our data
873 (first quartile eleven and third quartile zero). Based on absolute differences in implementation
874 times, inside measures of level 1 from the Oxford data are the closest to our data, with a median
875 difference of six days.

	p25	p50	p75	sd	count
Outside level 1	0.0	5.0	28.0	32.0	151
Outside level 2	-2.0	0.0	6.0	27.3	151
Outside level 3	-4.5	0.0	1.0	26.4	148
Outside level 4	-43.5	-12.0	-1.5	33.4	124
Inside level 1	-11.0	-4.0	0.0	13.9	143
Inside level 2	-14.0	-7.0	-1.0	23.4	132

Table S2: Difference in days between our measure and Oxford government response tracker

	p25	p50	p75	sd	count
Outside level 1	3.0	12.0	36.0	25.8	151
Outside level 2	1.0	4.0	18.0	23.8	151
Outside level 3	0.0	3.0	12.0	24.0	148
Outside level 4	4.0	16.5	46.0	29.9	124
Inside level 1	2.0	6.0	11.0	12.2	143
Inside level 2	3.0	8.0	16.0	22.2	132

Table S3: Difference (absolute value) in days between our measure and Oxford government response tracker

876 **Appendix C List of countries: Developing vs. developed**

Developing countries	Developed countries
<p>Afghanistan, Angola, Bangladesh, Benin, Bhutan, Burkina Faso, Burma, Burundi, Cabo Verde, Cambodia, Cameroon, Central African Republic, Chad, Comoros, Congo (Brazzaville), Congo (Kinshasa), Djibouti, Egypt, El Salvador, Eritrea, Eswatini, Ethiopia, Gambia, Ghana, Guatemala, Guinea, Guinea-Bissau, Guyana, Haiti, Honduras, India, Iraq, Ivory Coast, Kenya, Kyrgyzstan, Liberia, Madagascar, Malawi, Mali, Mauritania, Morocco, Mozambique, Namibia, Nepal, Nicaragua, Niger, Nigeria, Pakistan, Papua New Guinea, Rwanda, Sao Tome and Principe, Senegal, Sierra Leone, South Sudan, Sudan, Syria, Tajikistan, Tanzania, Timor-Leste, Togo, Uganda, Vietnam, Yemen, Zambia, Zimbabwe</p>	<p>Albania, Algeria, Andorra, Antigua and Barbuda, Argentina, Armenia, Australia, Austria, Azerbaijan, Bahamas, Bahrain, Barbados, Belarus, Belgium, Belize, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Brunei, Bulgaria, Canada, Chile, China, Colombia, Costa Rica, Croatia, Cuba, Cyprus, Czech Republic, Denmark, Dominica, Dominican Republic, Ecuador, Egypt, Estonia, Fiji, Finland, France, Gabon, Georgia, Germany, Greece, Grenada, Hungary, Iceland, Indonesia, Iran, Ireland, Israel, Italy, Jamaica, Japan, Jordan, Kazakhstan, Kuwait, Latvia, Lebanon, Libya, Liechtenstein, Lithuania, Luxembourg, Malaysia, Maldives, Malta, Mauritius, Mexico, Moldova, Monaco, Mongolia, Montenegro, Netherlands, New Zealand, North Macedonia, Norway, Oman, Panama, Paraguay, Peru, Philippines, Poland, Portugal, Qatar, Romania, Russia, Saint Kitts and Nevis, Saint Lucia, Saint Vincent and the Grenadines, San Marino, Saudi Arabia, Serbia, Seychelles, Singapore, Slovakia, Slovenia, South Africa, South Korea, Spain, Sri Lanka, Suriname, Sweden, Switzerland, Taiwan, Thailand, Trinidad and Tobago, Tunisia, Turkey, US, Ukraine, United Arab Emirates, United Kingdom, Uruguay, Uzbekistan, Venezuela</p>

Table S4: Developing and developed countries list

877 **Appendix D Effects of Measures vs Anticipation Effects**

878 This section provides further details on the strategy for identifying the causal effects of mea-
879 sures on the growth rate of cases by modeling anticipation. We contrast two models. The first
880 model, "With Anticipation," is the model we describe in the paper, and we reproduce it here for
881 convenience

$$\begin{aligned} dlc_{it} = & \hspace{15em} (3) \\ & \beta_1 Measure_{it} + \beta_2 DaysAfterMeasure_{it} \\ & + \beta_3 Release_{it} \\ & + \beta_4 Anticipation_{it}^{7days} \\ & + FE_i + FE_t + \epsilon_{it} \end{aligned}$$

882 This model controls for a binary variable, $Anticipation_{it}^{7days}$, which leads the introduction
883 of the measure by seven days (e.g., the variable shifts from zero to one seven days before the
884 policy is in place and remains one thereafter).

885 The second model, "No Anticipation," does not include the variable $Anticipation_{it}^{7days}$, but
886 it is otherwise identical to the first model (3). The model is defined as follows:

$$\begin{aligned} dlc_{it} = & \hspace{15em} (4) \\ & \beta_1 Measure_{it} + \beta_2 DaysAfterMeasure_{it} \\ & + \beta_3 Release_{it} \\ & + FE_i + FE_t + \epsilon_{it} \end{aligned}$$

887 We estimate both models on the set of internal measures (Table S5). The model "With
888 Anticipation" predicts that the growth rate of cases decreases by about one-tenth of a log point

	With Anticipation (1)	No Anticipation (2)
Days after measure	-0.001*** (0.000)	-0.001*** (0.000)
Inside measures	-0.016 (0.014)	0.046*** (0.010)
Anticipation, 7 days	0.091*** (0.013)	
Release internal measures	-0.013*** (0.004)	-0.012*** (0.004)
Constant	0.031*** (0.004)	0.042*** (0.004)
Observations	38405	38650
Adjusted R^2	0.146	0.138

Notes: Models absorb fixed effects for countries and calendar day. "With Anticipation" is the main model we use to identify the causal effects of measures (equation 5). "No Anticipation" does not include the binary variable $Anticipation_{i,t+7}$, which leads the binary variable $Measure_{it}$ by seven days, but it is otherwise identical to the "With Anticipation" model.

Table S5: Parameter Estimates of the Anticipation and No Anticipation Models

each day after internal measures are implemented ("Days after measure," -0.001). On the day that the measure is introduced, the growth rate of cases is not statistically different from the period just before enacting the policy ("Inside measures," -0.016). However, in the week before the policy is introduced, the growth rate of cases is 9.1 log points higher than in the period before that ("Anticipation, 7 days," 0.091). The release of measures reduces the growth rate by 1.3 log points.

Estimates of the "No Anticipation" model align well with the model that allows for anticipation effects, except for the coefficient $Measure_{it}$, which captures the effects of lockdowns on the day of their introduction. The "No Anticipation" model suggests that the growth rate of cases is 4.6 log points higher than it would be without the measure, and this effect is statistically significantly different from zero. The model with anticipation suggests that the growth rate is 1.6 log points lower but not statistically different from the situation without the measure. The "No Anticipation" estimate suggests that lockdowns increase the growth in the number of cases,

902 while internal measures reduce mobility and should therefore reduce the growth in the number
903 of cases.

904 To better understand why the two models differ, we compare the predictions of the two
905 models with the raw data (Figure D). Both models predict well in the period from 30 to 10
906 days before the measure is introduced and also after the measure has been introduced, but the
907 predictions diverge substantially in the period just before introducing the measure. The growth
908 rate of COVID-19 cases increases strongly, from about 10 log points to around 25 log points,
909 around one week before the measure is introduced ("Data," Figure D). The "No Anticipation"
910 model fails to capture this increase and predicts a gradual and slow increase in the growth rate
911 of cases. The model therefore predicts that the growth rate of cases increases substantially from
912 the day before the measure is introduced until the measure starts. In contrast, the "With Antici-
913 pation" model captures the dynamics of the growth rate fairly well, predicting a sharp increase
914 in the growth rate during the week before enacting the measure. Additionally, introducing the
915 measure has no effect on the growth rate of cases in the "With Anticipation" model, which is
916 consistent with the data.

917 The estimated residuals provide information about the differences in fit (Figure D). The
918 "No Anticipation" model shows a bad fit to the data in the week before the measure is imple-
919 mented, whereas the "With Anticipation" model improves substantially on the model without
920 anticipation effects.

921 Models that do not include a correction for anticipatory behavior tend to underestimate the
922 growth in cases *before* a measure is introduced. This tends to lead to an erroneous conclusion
923 that introducing lockdowns increases the growth rate of cases. The opposite is true: measures
924 reduce the growth in cases, as our analysis in the main text illustrates.

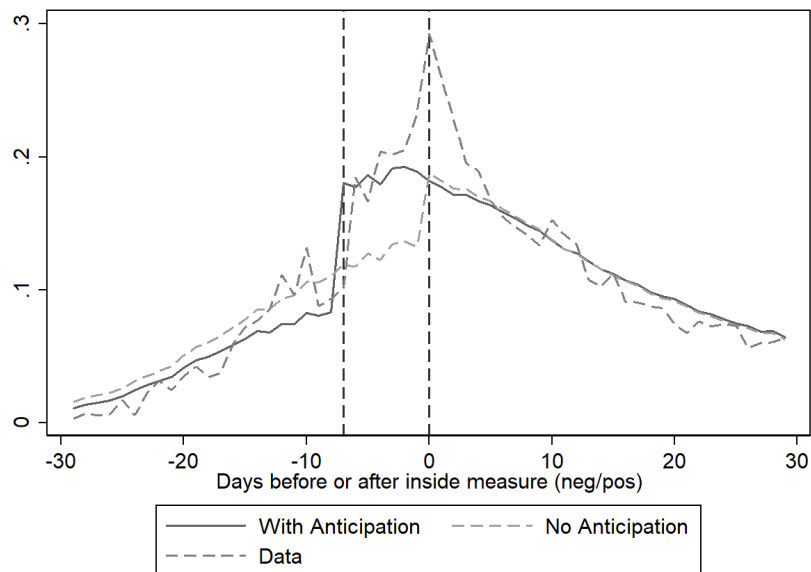


Figure S1: This graph reports the average growth rate of confirmed cases in the interval of 30 days before and after an internal measure was implemented (data) along with the prediction of the two models. "With Anticipation" is the main model we use to identify the causal effects of measures (equation 5). "No Anticipation" does not include the binary variable $Anticipation_{i,t+7}$, which leads the binary variable $Measure_{it}$ by seven days, but it is otherwise identical to the "With Anticipation" model.

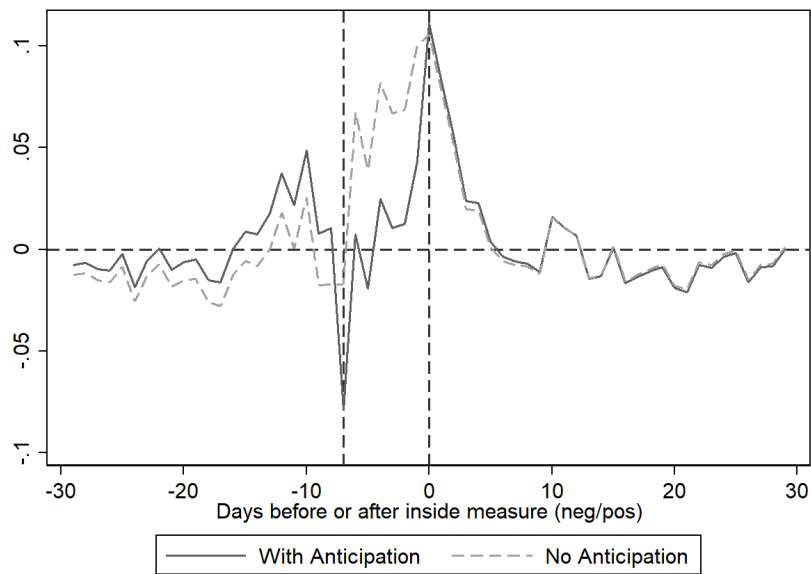


Figure S2: This graph reports the average residual growth rate of confirmed cases in the interval of 30 days before and after an internal measure was implemented (data) based on the two models. "With Anticipation" is the main model we use to identify the causal effects of measures (equation 5). "No Anticipation" does not include the binary variable $Anticipation_{i,t+7}$, which leads the binary variable $Measure_{it}$ by seven days, but it is otherwise identical to the "With Anticipation" model.

925 **Appendix E Timing and overlap**

926 In this section, we describe and present the results of our augmented model capturing the effect
 927 of within-country measures and external measures in one model.

$$\begin{aligned}
 dlc_{it} = & \\
 & \beta_1^I Measure_{it}^{Inside} + \beta_2^I DaysAfterMeasure_{it}^{Inside} \\
 & + \beta_3^I Release_{it}^{Inside} \\
 & + \beta_4^I Anticipation_{it}^{Inside;7days} \\
 & + \beta_1^O Measure_{it}^{Outside} + \beta_2^O DaysAfterMeasure_{it}^{Outside} \\
 & + \beta_3^O Release_{it}^{Outside} \\
 & + \beta_4^O Anticipation_{it}^{Outside;7days} \\
 & + FE_i + FE_t + \epsilon_{it}
 \end{aligned}$$

928 Note the superscript "Inside" or "Outside," which specifies the type of measure. The rest is
 929 defined as in our baseline model. The superscripts "I" or "O" for β parameters refer to "Inside"
 930 or "Outside" measures. $Measure_{it}$ is an indicator variable that takes the value of one from the
 931 day the measure was implemented. $DaysAfterMeasure_{it}$ is zero before a measure has been
 932 introduced and equals the number of days since the measure was implemented after the measure
 933 was introduced. Indeed, we do not expect the effect to be revealed and observable on day zero,
 934 even if no new transmission occurs, as the latest cases have not yet been detected. $Release_{it}$ is
 935 a dummy that takes the value of one when country i eases the lockdown measure. FE_i and
 936 FE_t are country and day fixed effects. ϵ_{it} is an error term clustered at the country level.

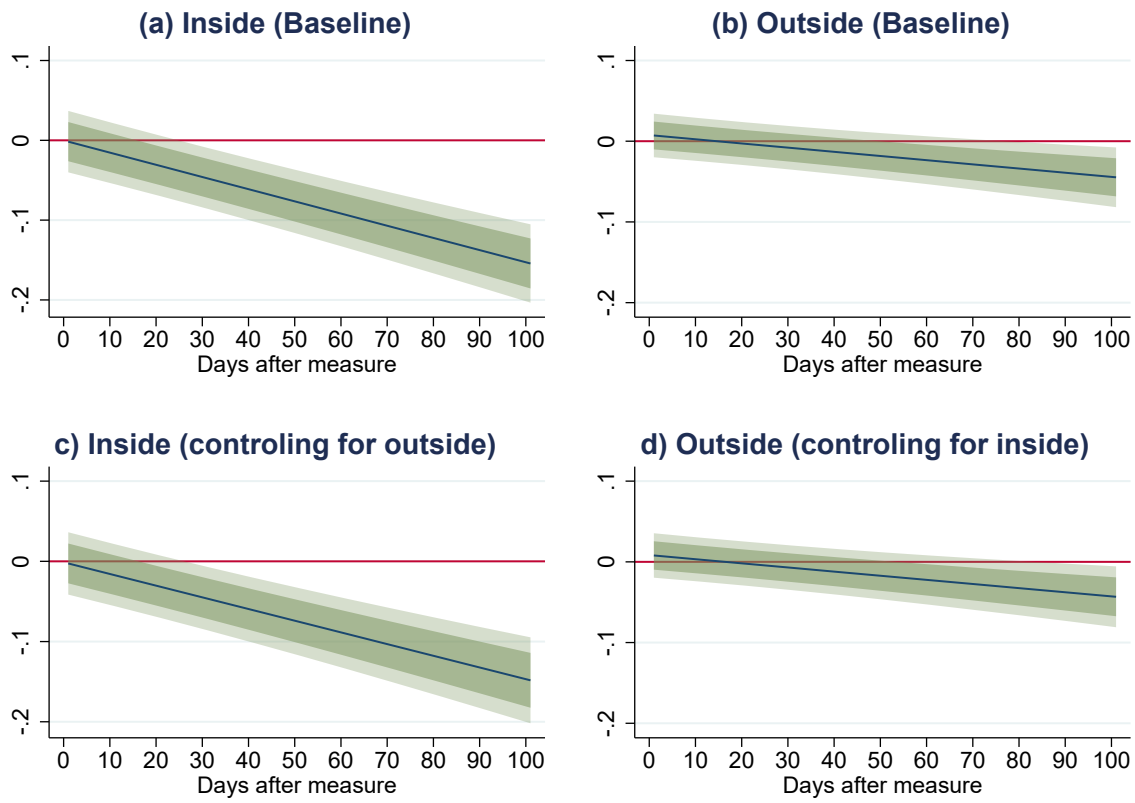


Figure S3: Marginal effect on growth rate of COVID-19 cases with seven-day anticipation effect. Panels a) and b) report our baseline effect, while panels c) and d) report the effects for our augmented model (capturing the effect of internal and external measures in the same model). Each sub-figure shows the impact of a lockdown on the growth rate of infections as a function of the time since the measure was implemented. 90% and 99% confidence intervals are shown in different shades of green.

937 **Appendix F Anticipation**

938 Figure S4 shows the occupation change relative to the first day of the lockdown implementation
939 for transit stations.

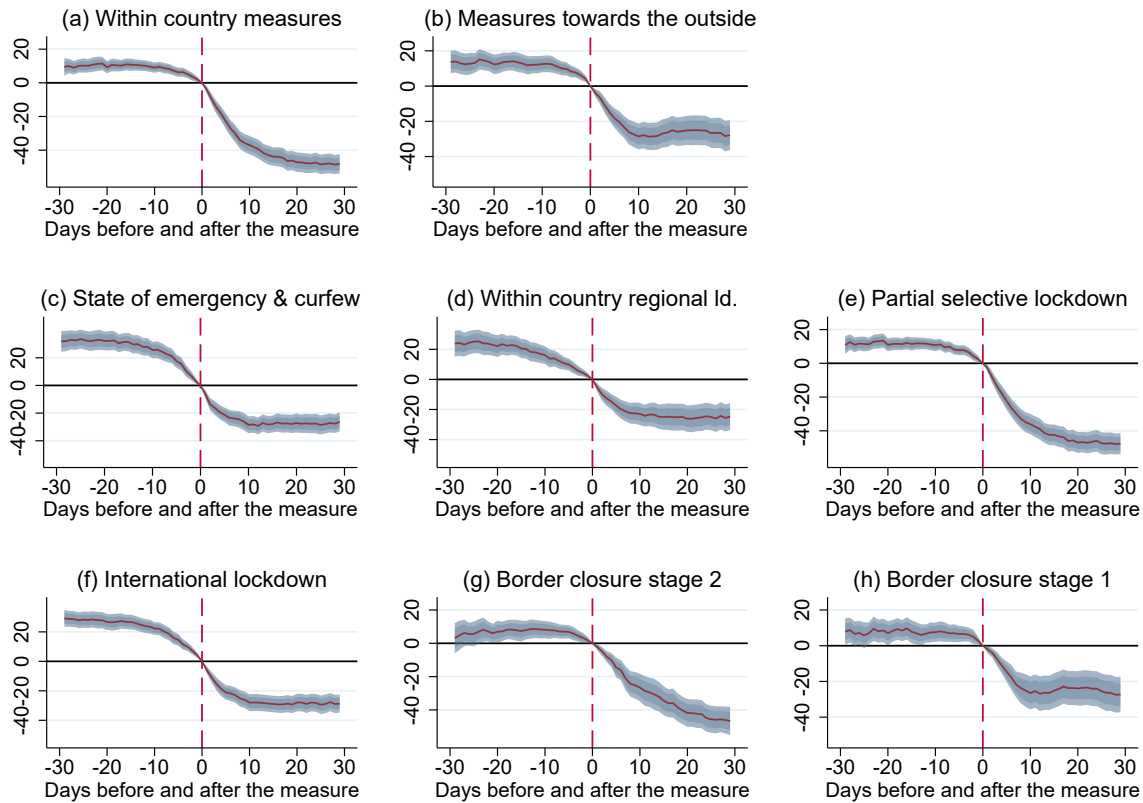


Figure S4: This figure shows the difference in occupation in percent of transit stations (Google Mobility Trend) as a function of the number of days before and after the implementation of the different types of lockdowns. The y-axis represents the percentage variation compared to the reference day (day 0). 90% and 99% confidence intervals are plotted in different shades of blue, while the line represents the mean value. The figure shows a very clear reduction in occupation everywhere but in residential areas.

Appendix G Prevented Deaths

Our models assume that lockdowns potentially reduce deaths from the date they are implemented. An alternative model that examines 35 days after the lockdown is implemented yields similar results (available upon request from the authors). Another approach to estimate the counterfactual path is based on R_0 , the basic reproduction number (Flaxman et al., 2020b). Assuming that the reproduction number remains unchanged, this approach does not take into account the fact that people adapt their behavior to lower reproduction numbers (Eichenbaum et al., 2020b).

We base our simulation on countries that have implemented internal measures, as they have been shown to be effective (Table S6). We consider a window of 100 days from the day when a measure has been implemented, day 0, until the average date of release during our analysis period. With a lockdown, the day-to-day ratio in the number of cases is $\exp(\hat{\beta}_1 + \hat{\beta}_2 \times t)$, where t is the number of days since the lockdown was implemented. The overall increase in the number of deaths between the day the measure was implemented and the end of the observation period is the product of all day-to-day ratios of cases, or $g_1 = \prod_{t=0}^T \exp(\hat{\beta}_1 + \hat{\beta}_2 \times t)$, where \prod is the product of its arguments. If the country had not implemented a lockdown, it would not benefit from the change in the growth rate, so $\beta_2 = 0$. The counterfactual increase in the number of deaths over the same period is $g_0 = \prod_{t=0}^T \exp(\hat{\beta}_1) = \exp(\hat{\beta}_1 \times T)$.

The ratio of $(g_0 - g_1)/g_1$ provides information on how many deaths were prevented per actual death that occurred. In our context, this ratio is 5.278, that is, somewhat more than five deaths were prevented per every death that occurred. We then use the total number of deaths in countries that implemented the measure in a window of 100 days after implementing the lockdown, which is around $D = 682$ thousand, to calculate the total number of prevented deaths, which is $D * (g_0 - g_1)/g_1 = 3.6$ million. A total of almost 3.6 million deaths were prevented during the first 100 days of a lockdown, or a little more than five prevented deaths for each actual death.

	log(deaths+1)			
	(1)	(2)	(3)	(4)
Within country lockdown				
DaysAfterMeasure	-0.0007*** (0.0001)			
Measure	0.0370*** (0.0078)			
Anticipation 7 days	0.0232*** (0.0081)			
MeasureRelease	-0.0090*** (0.0031)			
State of emergency lockdown				
DaysAfterMeasure		-0.0003*** (0.0001)		
Measure		0.0250*** (0.0090)		
Anticipation 7 days		0.0089 (0.0087)		
MeasureRelease		-0.0006 (0.0044)		
Within country lockdown				
DaysAfterMeasure			-0.0005*** (0.0001)	
Measure			-0.0046 (0.0096)	
Anticipation 7 days			0.0428*** (0.0100)	
MeasureRelease			0.0011 (0.0043)	
Partial lockdown				
DaysAfterMeasure				-0.0008*** (0.0001)
Measure				0.0269*** (0.0083)
Anticipation 7 days				0.0284*** (0.0095)
MeasureRelease				-0.0118** (0.0056)
Constant	0.0110*** (0.0025)	0.0154*** (0.0011)	0.0164*** (0.0010)	0.0162*** (0.0013)
Observations	36074	44478	46431	41492
Adjusted R^2	0.113	0.110	0.116	0.117

First difference model estimated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S6: Baseline (deaths): Internal measures (anticipation 7 days)

966 **Appendix H Regression tables**

967 The regression tables are presented in this section. Appendix H.1.1 reports the coefficient for
968 the baseline model for the growth rate of reported cases, while H.1.2 reports the coefficients for
969 the growth rate of deaths. More importantly, Tables S9 and S10 report the coefficients used to
970 produce the main Figure 5 and Tables S31 and S32 for Figure 9.

971 Then, Appendix H.3.1 and H.3.2 report the results for the growth rate of cases and deaths,
972 respectively, for the heterogeneity exercise between developed and developing countries. In
973 particular, Tables S23 and S24 report the coefficients for Figure 10 in the main text.

974 **H.1 Baseline model: Effectiveness of lockdown measures**

975 **H.1.1 Number of reported cases**

	log(cases+1)			
	(1)	(2)	(3)	(4)
Within country lockdown				
DaysAfterMeasure	-0.0015*** (0.0001)			
Measure	-0.0165 (0.0169)			
Anticipation 5 days	0.1091*** (0.0169)			
MeasureRelease	-0.0109*** (0.0040)			
State of emergency lockdown				
DaysAfterMeasure		-0.0005*** (0.0001)		
Measure		-0.0576*** (0.0147)		
Anticipation 5 days		0.1005*** (0.0152)		
MeasureRelease		-0.0015 (0.0045)		
Within countrytial lockdown				
DaysAfterMeasure			-0.0004*** (0.0001)	
Measure			-0.0501*** (0.0126)	
Anticipation 5 days			0.0642*** (0.0133)	
MeasureRelease			-0.0017 (0.0037)	
Partial lockdown				
DaysAfterMeasure				-0.0010*** (0.0001)
Measure				-0.0318* (0.0190)
Anticipation 5 days				0.0799*** (0.0203)
MeasureRelease				-0.0120* (0.0065)
Constant	0.0317*** (0.0043)	0.0300*** (0.0018)	0.0368*** (0.0014)	0.0378*** (0.0021)
Observations	36112	44614	46595	41606
Adjusted R^2	0.152	0.144	0.141	0.144

First difference model estimatated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S7: Baseline: Internal measures (anticipation 5 days)

	log(cases+1)			
	(1)	(2)	(3)	(4)
Measures toward the outside				
DaysAfterMeasure	-0.0005*** (0.0001)			
Measure	-0.0052 (0.0117)			
Anticipation 5 days	0.0488*** (0.0112)			
MeasureRelease	-0.0186*** (0.0037)			
International lockdown				
DaysAfterMeasure		-0.0004*** (0.0001)		
Measure		-0.0088 (0.0141)		
Anticipation 5 days		0.0412*** (0.0148)		
MeasureRelease		-0.0189*** (0.0052)		
Selective border closure 2				
DaysAfterMeasure			-0.0005*** (0.0001)	
Measure			-0.0106 (0.0200)	
Anticipation 5 days			0.0454** (0.0189)	
MeasureRelease			-0.0081* (0.0046)	
Selective border closure 1				
DaysAfterMeasure				-0.0005*** (0.0001)
Measure				0.0001 (0.0130)
Anticipation 5 days				0.0322*** (0.0116)
MeasureRelease				-0.0125** (0.0063)
Constant	0.0332*** (0.0039)	0.0355*** (0.0041)	0.0326*** (0.0010)	0.0351*** (0.0015)
Observations	34587	38779	49820	43075
Adjusted R^2	0.135	0.132	0.141	0.139

First difference model estimated with OLS with country and day fixed effects.
Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S8: Baseline: External measures (anticipation 5 days)

	log(cases+1)			
	(1)	(2)	(3)	(4)
Within country lockdown				
DaysAfterMeasure	-0.0015*** (0.0001)			
Measure	-0.0001 (0.0150)			
Anticipation 7 days	0.0974*** (0.0141)			
MeasureRelease	-0.0108*** (0.0040)			
State of emergency lockdown				
DaysAfterMeasure		-0.0005*** (0.0001)		
Measure		-0.0492*** (0.0126)		
Anticipation 7 days		0.0960*** (0.0127)		
MeasureRelease		-0.0016 (0.0045)		
Within countrytial lockdown				
DaysAfterMeasure			-0.0004*** (0.0001)	
Measure			-0.0559*** (0.0123)	
Anticipation 7 days			0.0745*** (0.0129)	
MeasureRelease			-0.0017 (0.0037)	
Partial lockdown				
DaysAfterMeasure				-0.0010*** (0.0001)
Measure				-0.0181 (0.0161)
Anticipation 7 days				0.0676*** (0.0170)
MeasureRelease				-0.0119* (0.0065)
Constant	0.0290*** (0.0043)	0.0287*** (0.0018)	0.0355*** (0.0014)	0.0372*** (0.0021)
Observations	36074	44478	46431	41492
Adjusted R^2	0.152	0.146	0.143	0.144

First difference model estimatated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S9: Baseline: Internal measures (anticipation 7 days)

	log(cases+1)			
	(1)	(2)	(3)	(4)
Measures toward the outside				
DaysAfterMeasure	-0.0005*** (0.0001)			
Measure	0.0076 (0.0105)			
Anticipation 7 days	0.0358*** (0.0095)			
MeasureRelease	-0.0186*** (0.0037)			
International lockdown				
DaysAfterMeasure		-0.0004*** (0.0001)		
Measure		0.0007 (0.0127)		
Anticipation 7 days		0.0313** (0.0131)		
MeasureRelease		-0.0190*** (0.0052)		
Selective border closure 2				
DaysAfterMeasure			-0.0005*** (0.0001)	
Measure			-0.0087 (0.0174)	
Anticipation 7 days			0.0453*** (0.0165)	
MeasureRelease			-0.0083* (0.0046)	
Selective border closure 1				
DaysAfterMeasure				-0.0005*** (0.0001)
Measure				0.0070 (0.0117)
Anticipation 7 days				0.0257** (0.0099)
MeasureRelease				-0.0126** (0.0064)
Constant	0.0333*** (0.0039)	0.0355*** (0.0042)	0.0322*** (0.0010)	0.0350*** (0.0015)
Observations	34545	38721	49594	42915
Adjusted R^2	0.134	0.131	0.141	0.139

First difference model estimated with OLS with country and day fixed effects.
Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S10: Baseline: External measures (anticipation 7 days)

	log(cases+1)			
	(1)	(2)	(3)	(4)
Within country lockdown				
DaysAfterMeasure	-0.0015*** (0.0001)			
Measure	0.0168 (0.0136)			
Anticipation 10 days	0.0839*** (0.0126)			
MeasureRelease	-0.0119*** (0.0042)			
State of emergency lockdown				
DaysAfterMeasure		-0.0005*** (0.0001)		
Measure		-0.0324*** (0.0113)		
Anticipation 10 days		0.0813*** (0.0115)		
MeasureRelease		-0.0017 (0.0045)		
Within countrytial lockdown				
DaysAfterMeasure			-0.0004*** (0.0001)	
Measure			-0.0537*** (0.0140)	
Anticipation 10 days			0.0773*** (0.0151)	
MeasureRelease			-0.0017 (0.0037)	
Partial lockdown				
DaysAfterMeasure				-0.0010*** (0.0001)
Measure				-0.0149 (0.0144)
Anticipation 10 days				0.0696*** (0.0148)
MeasureRelease				-0.0117* (0.0065)
Constant	0.0266*** (0.0044)	0.0278*** (0.0019)	0.0340*** (0.0014)	0.0351*** (0.0020)
Observations	36017	44274	46185	41321
Adjusted R^2	0.151	0.145	0.146	0.145

First difference model estimatated with OLS with country and day fixed effects.
Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S11: Baseline: Internal measures (anticipation 10 days)

	log(cases+1)			
	(1)	(2)	(3)	(4)
Measures toward the outside				
DaysAfterMeasure	-0.0005*** (0.0001)			
Measure	0.0165* (0.0099)			
Anticipation 10 days	0.0271*** (0.0088)			
MeasureRelease	-0.0186*** (0.0037)			
International lockdown				
DaysAfterMeasure		-0.0004*** (0.0001)		
Measure		0.0060 (0.0123)		
Anticipation 10 days		0.0264** (0.0129)		
MeasureRelease		-0.0191*** (0.0052)		
Selective border closure 2				
DaysAfterMeasure			-0.0005*** (0.0001)	
Measure			0.0044 (0.0147)	
Anticipation 10 days			0.0318** (0.0130)	
MeasureRelease			-0.0083* (0.0047)	
Selective border closure 1				
DaysAfterMeasure				-0.0005*** (0.0001)
Measure				0.0110 (0.0112)
Anticipation 10 days				0.0228** (0.0095)
MeasureRelease				-0.0126* (0.0065)
Constant	0.0331*** (0.0039)	0.0352*** (0.0043)	0.0324*** (0.0010)	0.0347*** (0.0014)
Observations	34482	38634	49255	42675
Adjusted R^2	0.133	0.131	0.140	0.139

First difference model estimated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S12: Baseline: External measures (anticipation 10 days)

976 **H.1.2 Number of reported deaths**

	log(deaths+1)			
	(1)	(2)	(3)	(4)
Within country lockdown				
DaysAfterMeasure	-0.0007*** (0.0001)			
Measure	0.0370*** (0.0078)			
Anticipation 7 days	0.0232*** (0.0081)			
MeasureRelease	-0.0090*** (0.0031)			
State of emergency lockdown				
DaysAfterMeasure		-0.0003*** (0.0001)		
Measure		0.0250*** (0.0090)		
Anticipation 7 days		0.0089 (0.0087)		
MeasureRelease		-0.0006 (0.0044)		
Within country lockdown				
DaysAfterMeasure			-0.0005*** (0.0001)	
Measure			-0.0046 (0.0096)	
Anticipation 7 days			0.0428*** (0.0100)	
MeasureRelease			0.0011 (0.0043)	
Partial lockdown				
DaysAfterMeasure				-0.0008*** (0.0001)
Measure				0.0269*** (0.0083)
Anticipation 7 days				0.0284*** (0.0095)
MeasureRelease				-0.0118** (0.0056)
Constant	0.0110*** (0.0025)	0.0154*** (0.0011)	0.0164*** (0.0010)	0.0162*** (0.0013)
Observations	36074	44478	46431	41492
Adjusted R^2	0.113	0.110	0.116	0.117

First difference model estimated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S13: Baseline (deaths): Internal measures (anticipation 7 days)

	log(deaths+1)			
	(1)	(2)	(3)	(4)
Measures toward the outside				
DaysAfterMeasure	-0.0002** (0.0001)			
Measure	0.0227*** (0.0063)			
Anticipation 7 days	-0.0005 (0.0053)			
MeasureRelease	-0.0183*** (0.0042)			
International lockdown				
DaysAfterMeasure		-0.0001 (0.0001)		
Measure		0.0183** (0.0088)		
Anticipation 7 days		0.0030 (0.0079)		
MeasureRelease		-0.0192*** (0.0058)		
Selective border closure 2				
DaysAfterMeasure			-0.0003*** (0.0001)	
Measure			0.0236** (0.0095)	
Anticipation 7 days			0.0091 (0.0087)	
MeasureRelease			-0.0103** (0.0041)	
Selective border closure 1				
DaysAfterMeasure				-0.0003*** (0.0001)
Measure				0.0182** (0.0077)
Anticipation 7 days				0.0063 (0.0070)
MeasureRelease				-0.0113* (0.0067)
Constant	0.0171*** (0.0021)	0.0169*** (0.0029)	0.0171*** (0.0006)	0.0183*** (0.0010)
Observations	34545	38721	49594	42915
Adjusted R^2	0.107	0.107	0.109	0.109

First difference model estimated with OLS with country and day fixed effects.
Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S14: Baseline (deaths): External measures (anticipation 7 days)

	log(deaths+1)			
	(1)	(2)	(3)	(4)
Within country lockdown				
DaysAfterMeasure	-0.0007*** (0.0001)			
Measure	0.0393*** (0.0074)			
Anticipation 10 days	0.0232*** (0.0075)			
MeasureRelease	-0.0093*** (0.0031)			
State of emergency lockdown				
DaysAfterMeasure		-0.0003*** (0.0001)		
Measure		0.0301*** (0.0081)		
Anticipation 10 days		0.0029 (0.0078)		
MeasureRelease		-0.0006 (0.0044)		
Within country lockdown				
DaysAfterMeasure			-0.0005*** (0.0001)	
Measure			-0.0067 (0.0110)	
Anticipation 10 days			0.0489*** (0.0122)	
MeasureRelease			0.0011 (0.0043)	
Partial lockdown				
DaysAfterMeasure				-0.0008*** (0.0001)
Measure				0.0297*** (0.0075)
Anticipation 10 days				0.0271*** (0.0083)
MeasureRelease				-0.0117** (0.0056)
Constant	0.0097*** (0.0025)	0.0157*** (0.0011)	0.0152*** (0.0011)	0.0156*** (0.0013)
Observations	36017	44274	46185	41321
Adjusted R^2	0.113	0.110	0.119	0.117

First difference model estimated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S15: Baseline (deaths): Internal measures (anticipation 10 days)

	log(deaths+1)			
	(1)	(2)	(3)	(4)
Measures toward the outside				
DaysAfterMeasure	-0.0002** (0.0001)			
Measure	0.0246*** (0.0058)			
Anticipation 10 days	-0.0034 (0.0042)			
MeasureRelease	-0.0182*** (0.0042)			
International lockdown				
DaysAfterMeasure		-0.0001 (0.0001)		
Measure		0.0187** (0.0087)		
Anticipation 10 days		0.0028 (0.0078)		
MeasureRelease		-0.0194*** (0.0058)		
Selective border closure 2				
DaysAfterMeasure			-0.0003*** (0.0001)	
Measure			0.0235** (0.0092)	
Anticipation 10 days			0.0099 (0.0087)	
MeasureRelease			-0.0105** (0.0042)	
Selective border closure 1				
DaysAfterMeasure				-0.0003*** (0.0001)
Measure				0.0204*** (0.0068)
Anticipation 10 days				0.0040 (0.0051)
MeasureRelease				-0.0115* (0.0067)
Constant	0.0179*** (0.0021)	0.0169*** (0.0030)	0.0170*** (0.0006)	0.0184*** (0.0010)
Observations	34482	38634	49255	42675
Adjusted R^2	0.107	0.107	0.109	0.109

First difference model estimated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S16: Baseline (deaths): External measures (anticipation 10 days)

977 **H.2 Robustness:Positivity rate**

978 **H.2.1 Number of reported cases (controlling for the positivity rate)**

	log(cases+1)			
	(1)	(2)	(3)	(4)
Short-term positive rate	0.0439** (0.0170)	0.0589*** (0.0149)	0.0726*** (0.0139)	0.0510*** (0.0194)
Within country lockdown				
DaysAfterMeasure	-0.0022*** (0.0004)			
Measure	0.0171 (0.0200)			
Anticipation 7 days	0.0714*** (0.0161)			
MeasureRelease	-0.0112** (0.0046)			
State of emergency lockdown				
DaysAfterMeasure		-0.0005*** (0.0001)		
Measure		-0.0412** (0.0162)		
Anticipation 7 days		0.0889*** (0.0162)		
MeasureRelease		0.0012 (0.0058)		
Within countrytial lockdown				
DaysAfterMeasure			-0.0004*** (0.0001)	
Measure			-0.0452*** (0.0138)	
Anticipation 7 days			0.0561*** (0.0152)	
MeasureRelease			0.0054 (0.0045)	
Partial lockdown				
DaysAfterMeasure				-0.0008*** (0.0002)
Measure				0.0056 (0.0193)
Anticipation 7 days				0.0393** (0.0181)
MeasureRelease				-0.0136 (0.0089)
Constant	0.0607*** (0.0175)	0.0328*** (0.0024)	0.0417*** (0.0023)	0.0455*** (0.0048)
Observations	19615	25568	25944	21995
Adjusted R^2	0.208	0.211	0.205	0.197

First difference model estimatated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S17: Baseline: Internal measures with positivity rate (anticipation 7 days)

	log(cases+1)			
	(1)	(2)	(3)	(4)
Short-term positive rate	0.0456*	0.0360**	0.0655***	0.0558***
	(0.0266)	(0.0150)	(0.0134)	(0.0194)
Measures toward the outside				
DaysAfterMeasure	-0.0004*			
	(0.0002)			
Measure	-0.0115			
	(0.0133)			
Anticipation 7 days	0.0438***			
	(0.0132)			
MeasureRelease	-0.0108**			
	(0.0048)			
International lockdown				
DaysAfterMeasure		0.0001		
		(0.0002)		
Measure		-0.0045		
		(0.0155)		
Anticipation 7 days		0.0355*		
		(0.0183)		
MeasureRelease		-0.0121**		
		(0.0048)		
Selective border closure 2				
DaysAfterMeasure			-0.0002	
			(0.0002)	
Measure			-0.0158	
			(0.0207)	
Anticipation 7 days			0.0361*	
			(0.0203)	
MeasureRelease			0.0003	
			(0.0052)	
Selective border closure 1				
DaysAfterMeasure				-0.0004***
				(0.0001)
Measure				-0.0067
				(0.0143)
Anticipation 7 days				0.0249**
				(0.0124)
MeasureRelease				-0.0025
				(0.0072)
Constant	0.0427***	0.0308***	0.0365***	0.0445***
	(0.0092)	(0.0077)	(0.0019)	(0.0024)
Observations	18684	21690	27275	22823
Adjusted R^2	0.189	0.194	0.205	0.199

First difference model estimated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S18: Baseline: External measures with positivity rate (anticipation 7 days)

979 **H.2.2 Number of reported cases (baseline model restricted to the sample with positivity**
980 **rate data)**

	log(cases+1)			
	(1)	(2)	(3)	(4)
Within country lockdown				
DaysAfterMeasure	-0.0018*** (0.0002)			
Measure	0.0178 (0.0200)			
Anticipation 7 days	0.0767*** (0.0157)			
MeasureRelease	-0.0105** (0.0046)			
State of emergency lockdown				
DaysAfterMeasure		-0.0004*** (0.0001)		
Measure		-0.0417** (0.0162)		
Anticipation 7 days		0.0891*** (0.0162)		
MeasureRelease		-0.0019 (0.0056)		
Within countrytial lockdown				
DaysAfterMeasure			-0.0003*** (0.0001)	
Measure			-0.0456*** (0.0137)	
Anticipation 7 days			0.0562*** (0.0152)	
MeasureRelease			0.0052 (0.0044)	
Partial lockdown				
DaysAfterMeasure				-0.0008*** (0.0002)
Measure				0.0054 (0.0193)
Anticipation 7 days				0.0392** (0.0181)
MeasureRelease				-0.0139 (0.0088)
Constant	0.0447*** (0.0107)	0.0331*** (0.0023)	0.0427*** (0.0023)	0.0462*** (0.0049)
Observations	20012	26416	26706	22441
Adjusted R^2	0.207	0.212	0.205	0.198

First difference model estimatated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S19: Baseline: Internal measures with positivity rate (anticipation 7 days)

	log(cases+1)			
	(1)	(2)	(3)	(4)
Measures toward the outside				
DaysAfterMeasure	-0.0004*			
	(0.0002)			
Measure	-0.0116			
	(0.0134)			
Anticipation 7 days	0.0440***			
	(0.0132)			
MeasureRelease	-0.0123***			
	(0.0044)			
International lockdown				
DaysAfterMeasure		0.0000		
		(0.0002)		
Measure		-0.0042		
		(0.0155)		
Anticipation 7 days		0.0357*		
		(0.0183)		
MeasureRelease		-0.0154***		
		(0.0047)		
Selective border closure 2				
DaysAfterMeasure			-0.0001	
			(0.0002)	
Measure			-0.0163	
			(0.0207)	
Anticipation 7 days			0.0360*	
			(0.0203)	
MeasureRelease			-0.0016	
			(0.0053)	
Selective border closure 1				
DaysAfterMeasure				-0.0003**
				(0.0001)
Measure				-0.0069
				(0.0143)
Anticipation 7 days				0.0250**
				(0.0124)
MeasureRelease				-0.0059
				(0.0077)
Constant	0.0422***	0.0310***	0.0377***	0.0448***
	(0.0087)	(0.0079)	(0.0019)	(0.0024)
Observations	19000	22127	27969	23459
Adjusted R^2	0.190	0.195	0.205	0.200

First difference model estimated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S20: Baseline: External measures with positivity rate (anticipation 7 days)

981 **H.3 Extension: Developed vs. Developing**

982 **H.3.1 Number of reported cases**

	log(confirmed+1)			
	(1)	(2)	(3)	(4)
Within country lockdown				
DaysAfterMeasure × LowHDI	-0.0011*** (0.0001)			
Measure × LowHDI	0.0192 (0.0154)			
DaysAfterMeasure × HighHDI	-0.0013*** (0.0002)			
Measure × HighHDI	-0.0110 (0.0147)			
Anticipation 5 days	0.0882*** (0.0147)			
MeasureRelease	-0.0104*** (0.0039)			
State of emergency lockdown				
DaysAfterMeasure × LowHDI		-0.0004*** (0.0001)		
Measure × LowHDI		-0.0144 (0.0151)		
DaysAfterMeasure × HighHDI		-0.0004*** (0.0001)		
Measure × HighHDI		-0.0506*** (0.0142)		
Anticipation 5 days		0.0780*** (0.0145)		
MeasureRelease		-0.0041 (0.0041)		
Within country lockdown				
DaysAfterMeasure × LowHDI			-0.0003** (0.0001)	
Measure × LowHDI			-0.0181 (0.0120)	
DaysAfterMeasure × HighHDI			-0.0004*** (0.0001)	
Measure × HighHDI			-0.0573*** (0.0110)	
Anticipation 5 days			0.0528*** (0.0106)	
MeasureRelease			-0.0040 (0.0034)	
Partial lockdown				
DaysAfterMeasure × LowHDI				-0.0007*** (0.0001)
Measure × LowHDI				0.0074 (0.0176)
DaysAfterMeasure × HighHDI				-0.0010*** (0.0001)
Measure × HighHDI				-0.0283 (0.0174)
Anticipation 5 days				0.0623*** (0.0181)
MeasureRelease				-0.0123** (0.0061)
Constant	0.0272*** (0.0045)	0.0299*** (0.0018)	0.0370*** (0.0014)	0.0374*** (0.0020)
Observations	36112	44614	46595	41606
Adjusted R ²	0.153	0.146	0.145	0.147

First difference model estimated with OLS with country and day fixed effects. Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S21: Extension: Internal measures (anticipation 5 days)

	log(confirmed+1)			
	(1)	(2)	(3)	(4)
Measures toward the outside				
DaysAfterMeasure × LowHDI	-0.0002 (0.0001)			
Measure × LowHDI	0.0096 (0.0123)			
DaysAfterMeasure × HighHDI	-0.0006*** (0.0001)			
Measure × HighHDI	-0.0068 (0.0107)			
Anticipation 5 days	0.0425*** (0.0099)			
MeasureRelease	-0.0134*** (0.0037)			
International lockdown				
DaysAfterMeasure × LowHDI		-0.0005*** (0.0001)		
Measure × LowHDI		0.0364*** (0.0133)		
DaysAfterMeasure × HighHDI		-0.0003*** (0.0001)		
Measure × HighHDI		-0.0243** (0.0122)		
Anticipation 5 days		0.0337*** (0.0122)		
MeasureRelease		-0.0151*** (0.0051)		
Selective border closure 2				
DaysAfterMeasure × LowHDI			-0.0001 (0.0002)	
Measure × LowHDI			0.0027 (0.0203)	
DaysAfterMeasure × HighHDI			-0.0006*** (0.0001)	
Measure × HighHDI			-0.0137 (0.0205)	
Anticipation 5 days			0.0427** (0.0180)	
MeasureRelease			-0.0072 (0.0046)	
Selective border closure 1				
DaysAfterMeasure × LowHDI				-0.0001 (0.0002)
Measure × LowHDI				0.0036 (0.0143)
DaysAfterMeasure × HighHDI				-0.0007*** (0.0001)
Measure × HighHDI				0.0051 (0.0122)
Anticipation 5 days				0.0265** (0.0103)
MeasureRelease				-0.0105* (0.0056)
Constant	0.0323*** (0.0038)	0.0348*** (0.0040)	0.0326*** (0.0010)	0.0351*** (0.0014)
Observations	34587	38779	49820	43075
Adjusted R^2	0.138	0.139	0.143	0.141

First difference model estimated with OLS with country and day fixed effects. Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S22: Extension: External measures (anticipation 5 days)

	log(confirmed+1)			
	(1)	(2)	(3)	(4)
Within country lockdown				
DaysAfterMeasure × LowHDI	-0.0011*** (0.0001)			
Measure × LowHDI	0.0192 (0.0154)			
DaysAfterMeasure × HighHDI	-0.0013*** (0.0002)			
Measure × HighHDI	-0.0110 (0.0147)			
Anticipation 5 days	0.0882*** (0.0147)			
MeasureRelease	-0.0104*** (0.0039)			
State of emergency lockdown				
DaysAfterMeasure × LowHDI		-0.0004*** (0.0001)		
Measure × LowHDI		-0.0144 (0.0151)		
DaysAfterMeasure × HighHDI		-0.0004*** (0.0001)		
Measure × HighHDI		-0.0506*** (0.0142)		
Anticipation 5 days		0.0780*** (0.0145)		
MeasureRelease		-0.0041 (0.0041)		
Within country lockdown				
DaysAfterMeasure × LowHDI			-0.0003** (0.0001)	
Measure × LowHDI			-0.0181 (0.0120)	
DaysAfterMeasure × HighHDI			-0.0004*** (0.0001)	
Measure × HighHDI			-0.0573*** (0.0110)	
Anticipation 5 days			0.0528*** (0.0106)	
MeasureRelease			-0.0040 (0.0034)	
Partial lockdown				
DaysAfterMeasure × LowHDI				-0.0007*** (0.0001)
Measure × LowHDI				0.0074 (0.0176)
DaysAfterMeasure × HighHDI				-0.0010*** (0.0001)
Measure × HighHDI				-0.0283 (0.0174)
Anticipation 5 days				0.0623*** (0.0181)
MeasureRelease				-0.0123** (0.0061)
Constant	0.0272*** (0.0045)	0.0299*** (0.0018)	0.0370*** (0.0014)	0.0374*** (0.0020)
Observations	36112	44614	46595	41606
Adjusted R^2	0.153	0.146	0.145	0.147

First difference model estimated with OLS with country and day fixed effects. Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S23: Extension: Internal measures (anticipation 7 days)

	log(confirmed+1)			
	(1)	(2)	(3)	(4)
Measures toward the outside				
DaysAfterMeasure × LowHDI	-0.0002 (0.0001)			
Measure × LowHDI	0.0096 (0.0123)			
DaysAfterMeasure × HighHDI	-0.0006*** (0.0001)			
Measure × HighHDI	-0.0068 (0.0107)			
Anticipation 5 days	0.0425*** (0.0099)			
MeasureRelease	-0.0134*** (0.0037)			
International lockdown				
DaysAfterMeasure × LowHDI		-0.0005*** (0.0001)		
Measure × LowHDI		0.0364*** (0.0133)		
DaysAfterMeasure × HighHDI		-0.0003*** (0.0001)		
Measure × HighHDI		-0.0243** (0.0122)		
Anticipation 5 days		0.0337*** (0.0122)		
MeasureRelease		-0.0151*** (0.0051)		
Selective border closure 2				
DaysAfterMeasure × LowHDI			-0.0001 (0.0002)	
Measure × LowHDI			0.0027 (0.0203)	
DaysAfterMeasure × HighHDI			-0.0006*** (0.0001)	
Measure × HighHDI			-0.0137 (0.0205)	
Anticipation 5 days			0.0427** (0.0180)	
MeasureRelease			-0.0072 (0.0046)	
Selective border closure 1				
DaysAfterMeasure × LowHDI				-0.0001 (0.0002)
Measure × LowHDI				0.0036 (0.0143)
DaysAfterMeasure × HighHDI				-0.0007*** (0.0001)
Measure × HighHDI				0.0051 (0.0122)
Anticipation 5 days				0.0265** (0.0103)
MeasureRelease				-0.0105* (0.0056)
Constant	0.0323*** (0.0038)	0.0348*** (0.0040)	0.0326*** (0.0010)	0.0351*** (0.0014)
Observations	34587	38779	49820	43075
Adjusted R^2	0.138	0.139	0.143	0.141

First difference model estimated with OLS with country and day fixed effects. Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S24: Extension: External measures (anticipation 7 days)

	log(confirmed+1)			
	(1)	(2)	(3)	(4)
Within country lockdown				
DaysAfterMeasure × LowHDI	-0.0012*** (0.0001)			
Measure × LowHDI	0.0392*** (0.0132)			
DaysAfterMeasure × HighHDI	-0.0014*** (0.0002)			
Measure × HighHDI	0.0103 (0.0126)			
Anticipation 10 days	0.0747*** (0.0117)			
MeasureRelease	-0.0111*** (0.0041)			
State of emergency lockdown				
DaysAfterMeasure × LowHDI		-0.0004*** (0.0001)		
Measure × LowHDI		-0.0024 (0.0120)		
DaysAfterMeasure × HighHDI		-0.0005*** (0.0001)		
Measure × HighHDI		-0.0370*** (0.0110)		
Anticipation 10 days		0.0709*** (0.0106)		
MeasureRelease		-0.0041 (0.0041)		
Within country lockdown				
DaysAfterMeasure × LowHDI			-0.0003*** (0.0001)	
Measure × LowHDI			-0.0266* (0.0140)	
DaysAfterMeasure × HighHDI			-0.0004*** (0.0001)	
Measure × HighHDI			-0.0640*** (0.0135)	
Anticipation 10 days			0.0694*** (0.0136)	
MeasureRelease			-0.0041 (0.0034)	
Partial lockdown				
DaysAfterMeasure × LowHDI				-0.0007*** (0.0001)
Measure × LowHDI				0.0156 (0.0137)
DaysAfterMeasure × HighHDI				-0.0010*** (0.0001)
Measure × HighHDI				-0.0194 (0.0139)
Anticipation 10 days				0.0603*** (0.0134)
MeasureRelease				-0.0119* (0.0061)
Constant	0.0236*** (0.0045)	0.0279*** (0.0019)	0.0343*** (0.0014)	0.0349*** (0.0020)
Observations	36017	44274	46185	41321
Adjusted R^2	0.153	0.147	0.149	0.149

First difference model estimated with OLS with country and day fixed effects. Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S25: Extension: Internal measures (anticipation 10 days)

	log(confirmed+1)			
	(1)	(2)	(3)	(4)
Measures toward the outside				
DaysAfterMeasure × LowHDI	-0.0002 (0.0001)			
Measure × LowHDI	0.0265** (0.0113)			
DaysAfterMeasure × HighHDI	-0.0006*** (0.0001)			
Measure × HighHDI	0.0104 (0.0097)			
Anticipation 10 days	0.0251*** (0.0082)			
MeasureRelease	-0.0132*** (0.0037)			
International lockdown				
DaysAfterMeasure × LowHDI		-0.0005*** (0.0001)		
Measure × LowHDI		0.0464*** (0.0125)		
DaysAfterMeasure × HighHDI		-0.0003*** (0.0001)		
Measure × HighHDI		-0.0142 (0.0114)		
Anticipation 10 days		0.0235** (0.0112)		
MeasureRelease		-0.0152*** (0.0051)		
Selective border closure 2				
DaysAfterMeasure × LowHDI			-0.0001 (0.0002)	
Measure × LowHDI			0.0160 (0.0163)	
DaysAfterMeasure × HighHDI			-0.0006*** (0.0001)	
Measure × HighHDI			-0.0004 (0.0160)	
Anticipation 10 days			0.0310** (0.0127)	
MeasureRelease			-0.0074 (0.0047)	
Selective border closure 1				
DaysAfterMeasure × LowHDI				-0.0001 (0.0002)
Measure × LowHDI				0.0111 (0.0130)
DaysAfterMeasure × HighHDI				-0.0007*** (0.0001)
Measure × HighHDI				0.0127 (0.0114)
Anticipation 10 days				0.0205** (0.0090)
MeasureRelease				-0.0107* (0.0057)
Constant	0.0329*** (0.0038)	0.0350*** (0.0041)	0.0324*** (0.0010)	0.0348*** (0.0014)
Observations	34482	38634	49255	42675
Adjusted R^2	0.137	0.139	0.143	0.141

First difference model estimated with OLS with country and day fixed effects. Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S26: Extension: External measures (anticipation 10 days)

983 **H.3.2 Number of reported deaths**

	log(deaths+1)			
	(1)	(2)	(3)	(4)
Within country lockdown				
DaysAfterMeasure× LowHDI	-0.0002 (0.0001)			
Measure× LowHDI	0.0221*** (0.0078)			
DaysAfterMeasure× HighHDI	-0.0010*** (0.0001)			
Measure× HighHDI	0.0660*** (0.0079)			
State of emergency lockdown				
DaysAfterMeasure× LowHDI		0.0000 (0.0001)		
Measure× LowHDI		0.0200** (0.0080)		
DaysAfterMeasure× HighHDI		-0.0005*** (0.0001)		
Measure× HighHDI		0.0413*** (0.0079)		
Within country lockdown				
DaysAfterMeasure× LowHDI			0.0000 (0.0001)	
Measure× LowHDI			0.0114 (0.0075)	
DaysAfterMeasure× HighHDI			-0.0008*** (0.0001)	
Measure× HighHDI			0.0404*** (0.0089)	
Partial lockdown				
DaysAfterMeasure× LowHDI				-0.0001 (0.0001)
Measure× LowHDI				0.0169* (0.0091)
DaysAfterMeasure× HighHDI				-0.0010*** (0.0001)
Measure× HighHDI				0.0617*** (0.0082)
Constant	0.0153*** (0.0022)	0.0079*** (0.0010)	0.0110*** (0.0009)	0.0123*** (0.0012)
Observations	36207	44954	47005	41891
Adjusted R^2	0.248	0.649	0.618	0.555

First difference model estimated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S27: Extension (deaths): Internal measures (anticipation 5 days)

	log(deaths+1)			
	(1)	(2)	(3)	(4)
Measures toward the outside				
DaysAfterMeasure× LowHDI	0.0003*** (0.0001)			
Measure× LowHDI	-0.0043 (0.0063)			
DaysAfterMeasure× HighHDI	-0.0004*** (0.0001)			
Measure× HighHDI	0.0352*** (0.0068)			
International lockdown				
DaysAfterMeasure× LowHDI		0.0003* (0.0001)		
Measure× LowHDI		0.0054 (0.0092)		
DaysAfterMeasure× HighHDI		-0.0005*** (0.0001)		
Measure× HighHDI		0.0308*** (0.0096)		
Selective border closure 2				
DaysAfterMeasure× LowHDI			0.0003 (0.0002)	
Measure× LowHDI			0.0015 (0.0114)	
DaysAfterMeasure× HighHDI			-0.0006*** (0.0001)	
Measure× HighHDI			0.0464*** (0.0088)	
Selective border closure 1				
DaysAfterMeasure× LowHDI				0.0002** (0.0001)
Measure× LowHDI				-0.0113 (0.0077)
DaysAfterMeasure× HighHDI				-0.0005*** (0.0001)
Measure× HighHDI				0.0384*** (0.0078)
Constant	0.0163*** (0.0020)	0.0145*** (0.0024)	0.0057*** (0.0006)	0.0096*** (0.0009)
Observations	34692	38924	50385	43475
Adjusted R^2	0.312	0.430	0.685	0.667

First difference model estimated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S28: Extension (deaths): External measures (anticipation 5 days)

	log(deaths+1)			
	(1)	(2)	(3)	(4)
Within country lockdown				
DaysAfterMeasure× LowHDI	-0.0002 (0.0001)			
Measure× LowHDI	0.0221*** (0.0078)			
DaysAfterMeasure× HighHDI	-0.0010*** (0.0001)			
Measure× HighHDI	0.0660*** (0.0079)			
State of emergency lockdown				
DaysAfterMeasure× LowHDI		0.0000 (0.0001)		
Measure× LowHDI		0.0200** (0.0080)		
DaysAfterMeasure× HighHDI		-0.0005*** (0.0001)		
Measure× HighHDI		0.0413*** (0.0079)		
Within country lockdown				
DaysAfterMeasure× LowHDI			0.0000 (0.0001)	
Measure× LowHDI			0.0114 (0.0075)	
DaysAfterMeasure× HighHDI			-0.0008*** (0.0001)	
Measure× HighHDI			0.0404*** (0.0089)	
Partial lockdown				
DaysAfterMeasure× LowHDI				-0.0001 (0.0001)
Measure× LowHDI				0.0169* (0.0091)
DaysAfterMeasure× HighHDI				-0.0010*** (0.0001)
Measure× HighHDI				0.0617*** (0.0082)
Constant	0.0153*** (0.0022)	0.0079*** (0.0010)	0.0110*** (0.0009)	0.0123*** (0.0012)
Observations	36207	44954	47005	41891
Adjusted R^2	0.248	0.649	0.618	0.555

First difference model estimated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S29: Extension (deaths): Internal measures (anticipation 7 days)

	log(deaths+1)			
	(1)	(2)	(3)	(4)
Measures toward the outside				
DaysAfterMeasure× LowHDI	0.0003*** (0.0001)			
Measure× LowHDI	-0.0043 (0.0063)			
DaysAfterMeasure× HighHDI	-0.0004*** (0.0001)			
Measure× HighHDI	0.0352*** (0.0068)			
International lockdown				
DaysAfterMeasure× LowHDI		0.0003* (0.0001)		
Measure× LowHDI		0.0054 (0.0092)		
DaysAfterMeasure× HighHDI		-0.0005*** (0.0001)		
Measure× HighHDI		0.0308*** (0.0096)		
Selective border closure 2				
DaysAfterMeasure× LowHDI			0.0003 (0.0002)	
Measure× LowHDI			0.0015 (0.0114)	
DaysAfterMeasure× HighHDI			-0.0006*** (0.0001)	
Measure× HighHDI			0.0464*** (0.0088)	
Selective border closure 1				
DaysAfterMeasure× LowHDI				0.0002** (0.0001)
Measure× LowHDI				-0.0113 (0.0077)
DaysAfterMeasure× HighHDI				-0.0005*** (0.0001)
Measure× HighHDI				0.0384*** (0.0078)
Constant	0.0163*** (0.0020)	0.0145*** (0.0024)	0.0057*** (0.0006)	0.0096*** (0.0009)
Observations	34692	38924	50385	43475
Adjusted R^2	0.312	0.430	0.685	0.667

First difference model estimated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S30: Extension (deaths): External measures (anticipation 7 days)

	log(deaths+1)			
	(1)	(2)	(3)	(4)
Within country lockdown				
DaysAfterMeasure× LowHDI	-0.0002 (0.0001)			
Measure× LowHDI	0.0221*** (0.0078)			
DaysAfterMeasure× HighHDI	-0.0010*** (0.0001)			
Measure× HighHDI	0.0660*** (0.0079)			
State of emergency lockdown				
DaysAfterMeasure× LowHDI		0.0000 (0.0001)		
Measure× LowHDI		0.0200** (0.0080)		
DaysAfterMeasure× HighHDI		-0.0005*** (0.0001)		
Measure× HighHDI		0.0413*** (0.0079)		
Within country lockdown				
DaysAfterMeasure× LowHDI			0.0000 (0.0001)	
Measure× LowHDI			0.0114 (0.0075)	
DaysAfterMeasure× HighHDI			-0.0008*** (0.0001)	
Measure× HighHDI			0.0404*** (0.0089)	
Partial lockdown				
DaysAfterMeasure× LowHDI				-0.0001 (0.0001)
Measure× LowHDI				0.0169* (0.0091)
DaysAfterMeasure× HighHDI				-0.0010*** (0.0001)
Measure× HighHDI				0.0617*** (0.0082)
Constant	0.0153*** (0.0022)	0.0079*** (0.0010)	0.0110*** (0.0009)	0.0123*** (0.0012)
Observations	36207	44954	47005	41891
Adjusted R^2	0.248	0.649	0.618	0.555

First difference model estimated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S31: Extension (deaths): Internal measures (anticipation 10 days)

	log(deaths+1)			
	(1)	(2)	(3)	(4)
Measures toward the outside				
DaysAfterMeasure× LowHDI	0.0003*** (0.0001)			
Measure× LowHDI	-0.0043 (0.0063)			
DaysAfterMeasure× HighHDI	-0.0004*** (0.0001)			
Measure× HighHDI	0.0352*** (0.0068)			
International lockdown				
DaysAfterMeasure× LowHDI		0.0003* (0.0001)		
Measure× LowHDI		0.0054 (0.0092)		
DaysAfterMeasure× HighHDI		-0.0005*** (0.0001)		
Measure× HighHDI		0.0308*** (0.0096)		
Selective border closure 2				
DaysAfterMeasure× LowHDI			0.0003 (0.0002)	
Measure× LowHDI			0.0015 (0.0114)	
DaysAfterMeasure× HighHDI			-0.0006*** (0.0001)	
Measure× HighHDI			0.0464*** (0.0088)	
Selective border closure 1				
DaysAfterMeasure× LowHDI				0.0002** (0.0001)
Measure× LowHDI				-0.0113 (0.0077)
DaysAfterMeasure× HighHDI				-0.0005*** (0.0001)
Measure× HighHDI				0.0384*** (0.0078)
Constant	0.0163*** (0.0020)	0.0145*** (0.0024)	0.0057*** (0.0006)	0.0096*** (0.0009)
Observations	34692	38924	50385	43475
Adjusted R^2	0.312	0.430	0.685	0.667

First difference model estimated with OLS with country and day fixed effects.

Standard errors in parenthesis clustered at the country level.

* $p < 0.1$, ** $p < 0.05$, *** $p < 0.001$.

Table S32: Extension (deaths): External measures (anticipation 10 days)

984 **Appendix I Additional figures**

985 Throughout this Appendix section, we report the marginal effects, allowing for an anticipation
986 effect of 5 or 10 days for the baseline model. The results are robust to this wide range of lags.
987 We also report the marginal effects for splitting the countries into three groups based on the
988 HDI (high, medium, and low). The corresponding Tables are available in Appendix H.

989 **I.1 Baseline model: Effectiveness of lockdown measures**

990 **I.1.1 Number of reported cases**

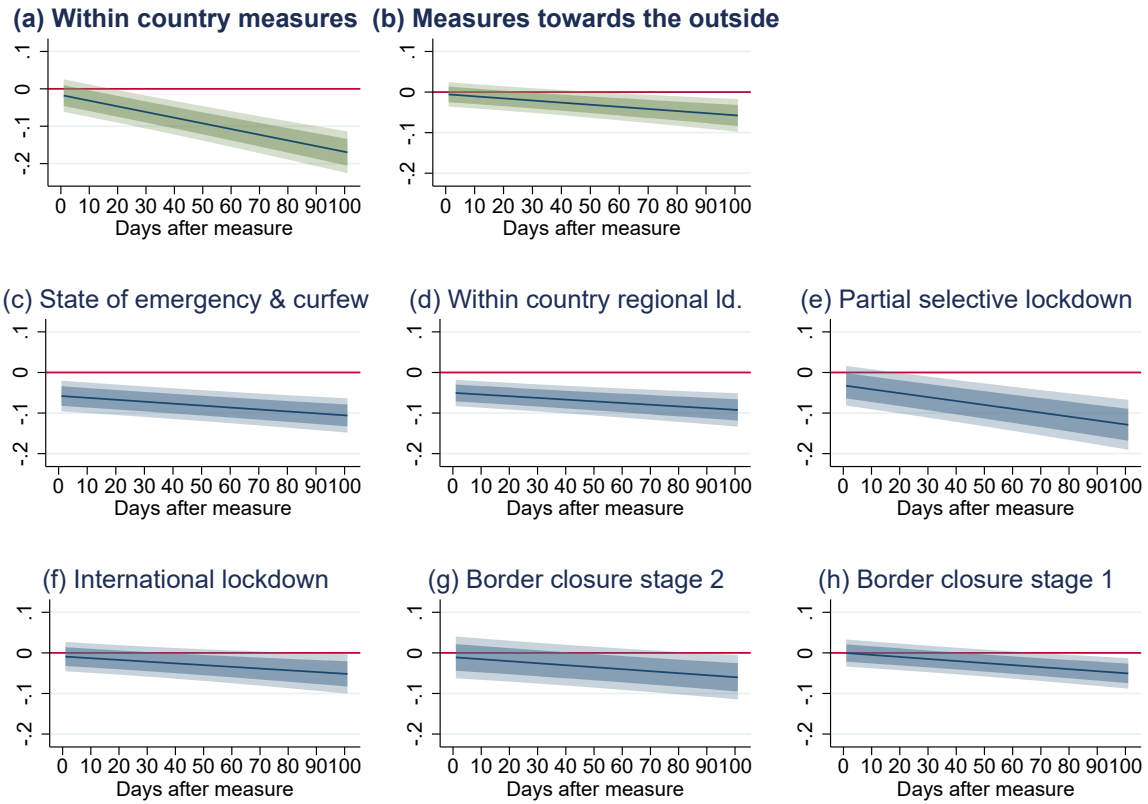


Figure S5: Marginal effect on the growth rate of COVID-19 cases with a 5-day anticipation effect. Internal measures were found to be more efficient than external measures with respect to their effect on the spread of the virus. Each sub-figure shows the impact of a lockdown on the growth rate of infections as a function of the time since the measure was implemented. 90% and 99% confidence intervals are shown in different shades of blue or green.

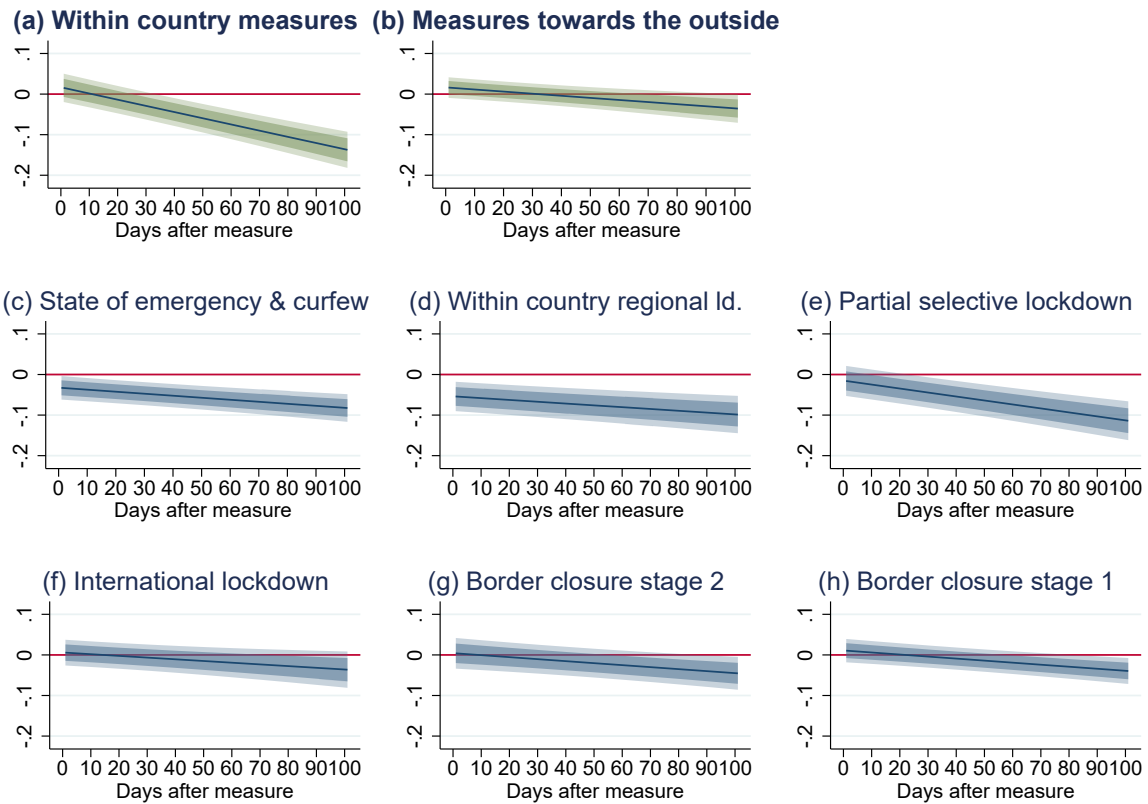


Figure S6: Marginal effect on the growth rate of COVID-19 cases with a 10-day anticipation effect. Internal measures were found to be more efficient than external measures with respect to their effect on the spread of the virus. Each sub-figure shows the impact of a lockdown on the growth rate of infections as a function of the time since the measure was implemented. 90% and 99% confidence intervals are shown in different shades of blue or green.

991 **I.1.2 Number of deaths**

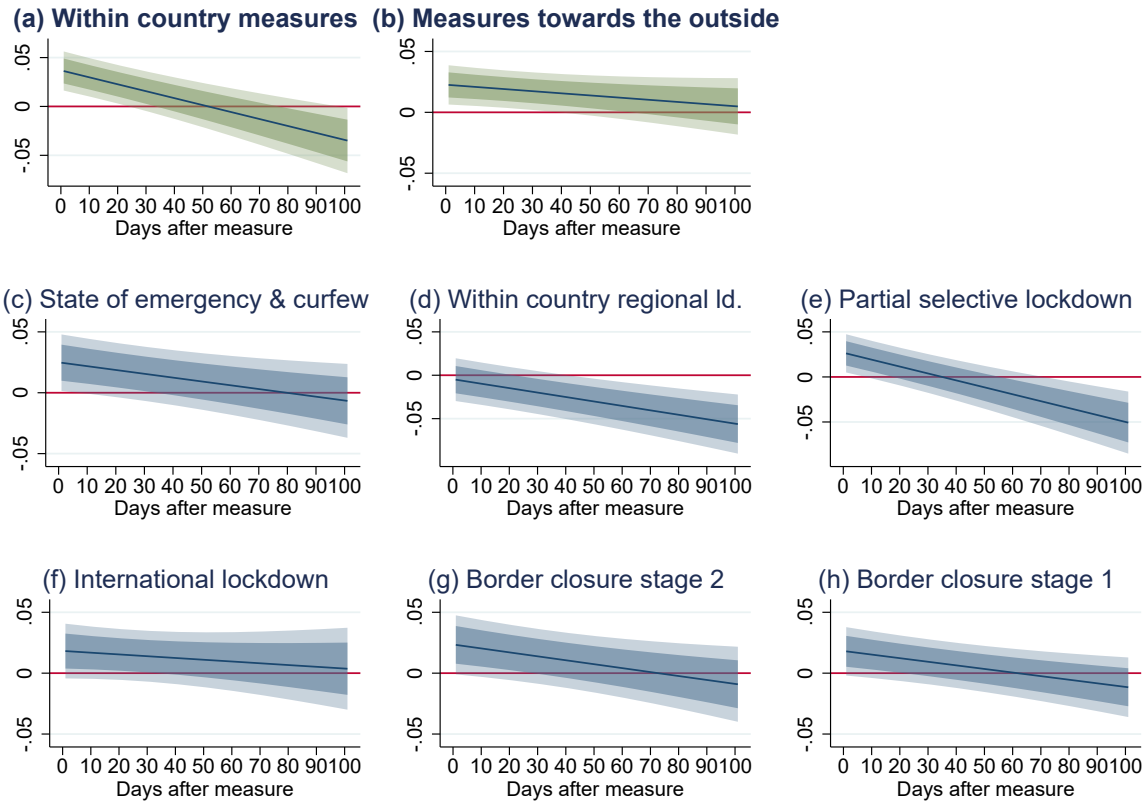


Figure S7: Marginal effect on the growth rate of COVID-19 deaths with a 7-day anticipation effect. Internal measures revealed to be more efficient than external measures with respect to their effect on the spread of the virus. Each sub-figure shows the impact of a lockdown on the growth rate of deaths as a function of the time since the measure was implemented. 90% and 99% confidence intervals are shown in different shades of blue or green.

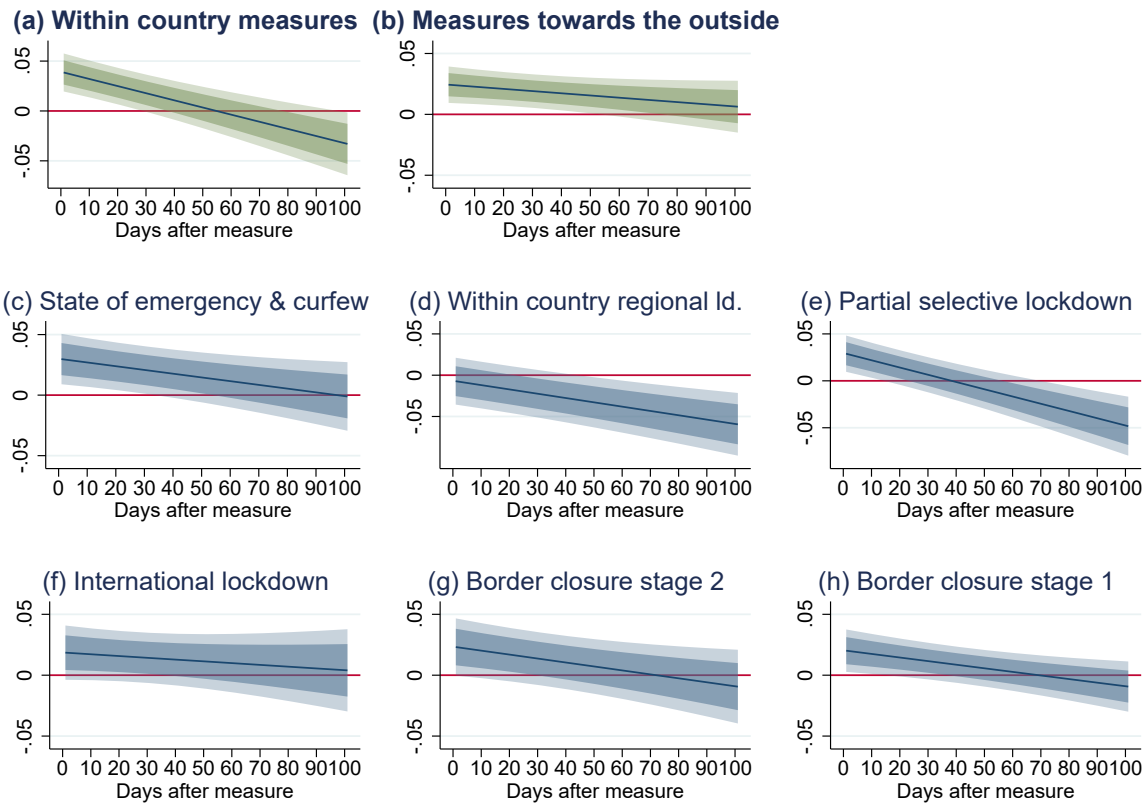


Figure S8: Marginal effect on the growth rate of COVID-19 deaths with a 10-day anticipation effect. Internal measures revealed to be more efficient than external measures with respect to their effect on the spread of the virus. Each sub-figure show the impact of a lockdown on the growth rate of deaths as a function of the time since the measure was implemented. 90% and 99% confidence intervals are shown in different shades of blue or green.

992 **I.2 Extension: Developed vs. Developing**

993 **I.2.1 Number of reported cases**

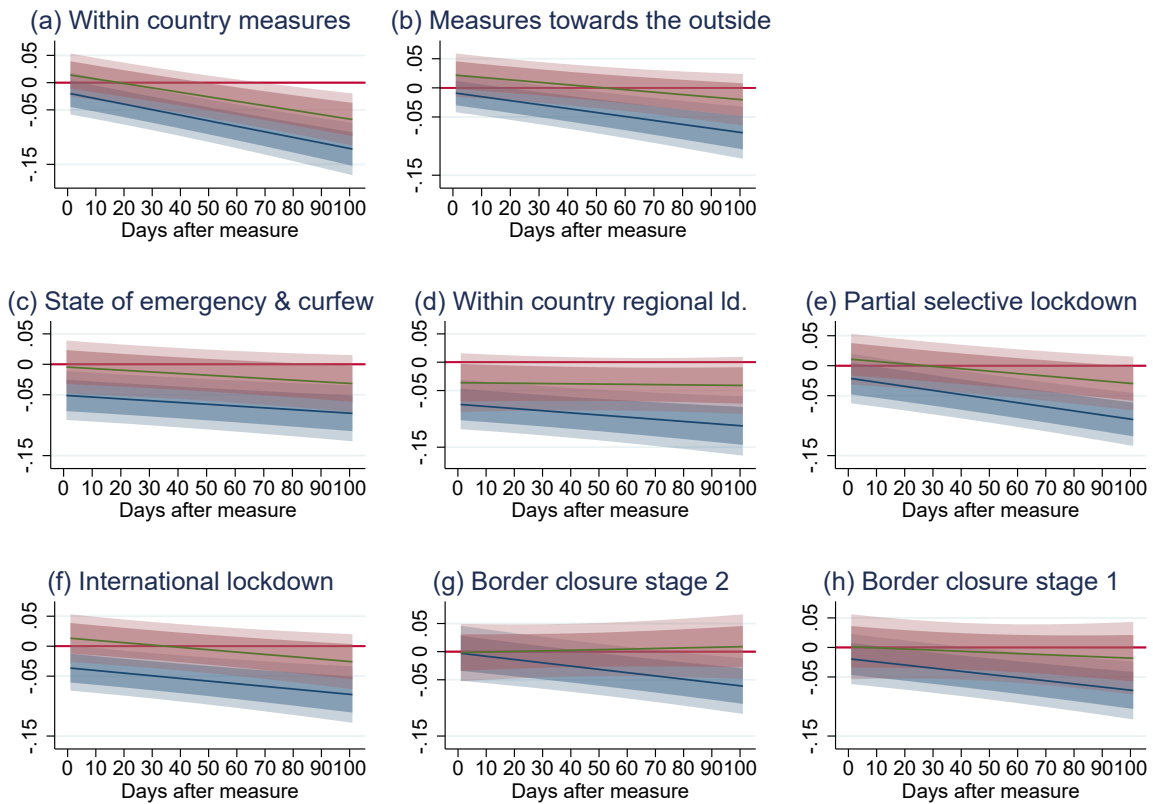


Figure S9: Marginal effect on the growth rate of COVID-19 cases with a 5-day anticipation effect. Developing countries are those with HDI values of up to 0.699 (marginal represented in red), indicating low and medium human development using the UN codebook definition, while those with values above 0.699 are defined as developed countries (marginal represented in blue). Panels (a) to (f) show the impact of a measure on the growth rate of infections as a function of the time since the measure was implemented. 90% and 99% confidence intervals are shown in different shades of red or blue.

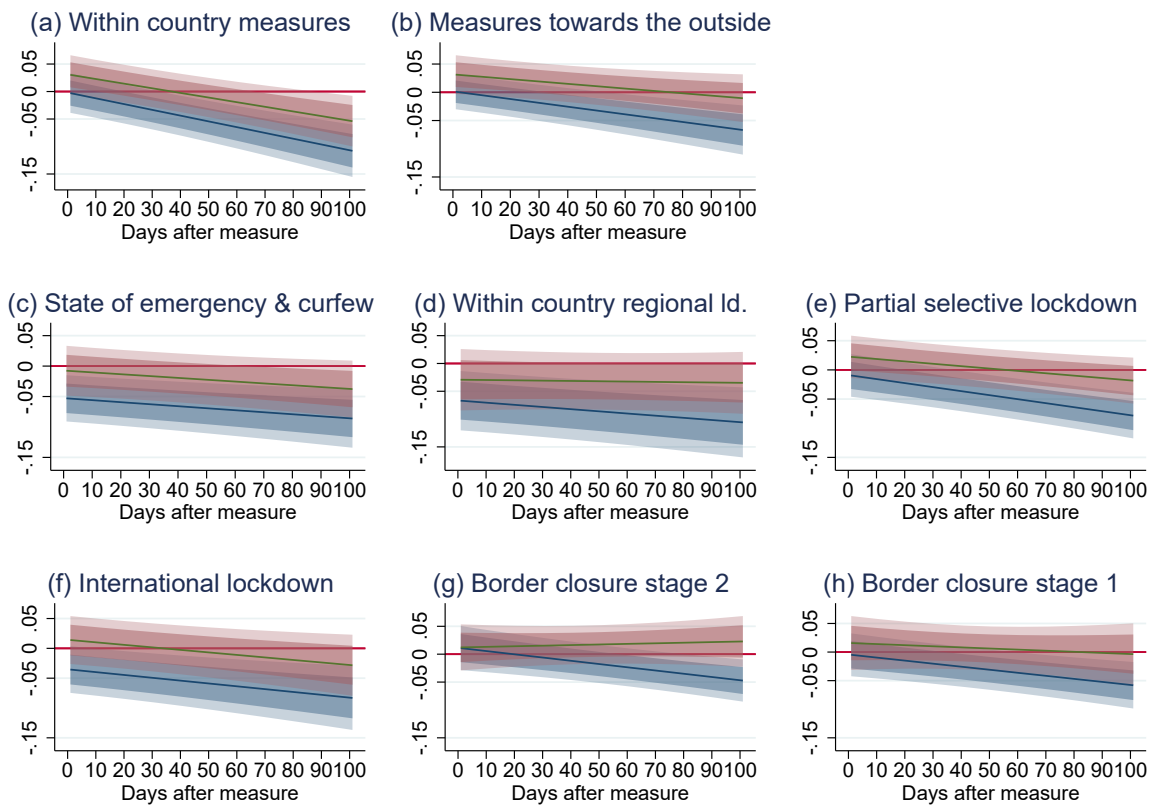


Figure S10: Marginal effect on the growth rate of COVID-19 cases with a 10-day anticipation effect. Developing countries are those with HDI values of up to 0.699 (marginal represented in red), indicating low and medium human development using the UN codebook definition, while those with values above 0.699 are defined as developed countries (marginal represented in blue). Panels (a) to (f) show the impact of a measure on the growth rate of infections as a function of the time since the measure was implemented. 90% and 99% confidence intervals are shown in different shades of red or blue.

994 **I.2.2 Low, medium, and high development**

995 In this section, we presents the results for a split into three groups based on the HDI. The
 996 three groups are defined as follows: high ($HDI \geq 0.799$), medium ($0.699 \geq HDI < 0.799$), and
 997 low ($HDI < 0.699$). The marginal effects reveal the same pattern as the split in the two cate-
 998 gories reported in the main paper. This additional result indicates that the lockdowns were only
 999 beneficial for countries with high or medium HDIs.

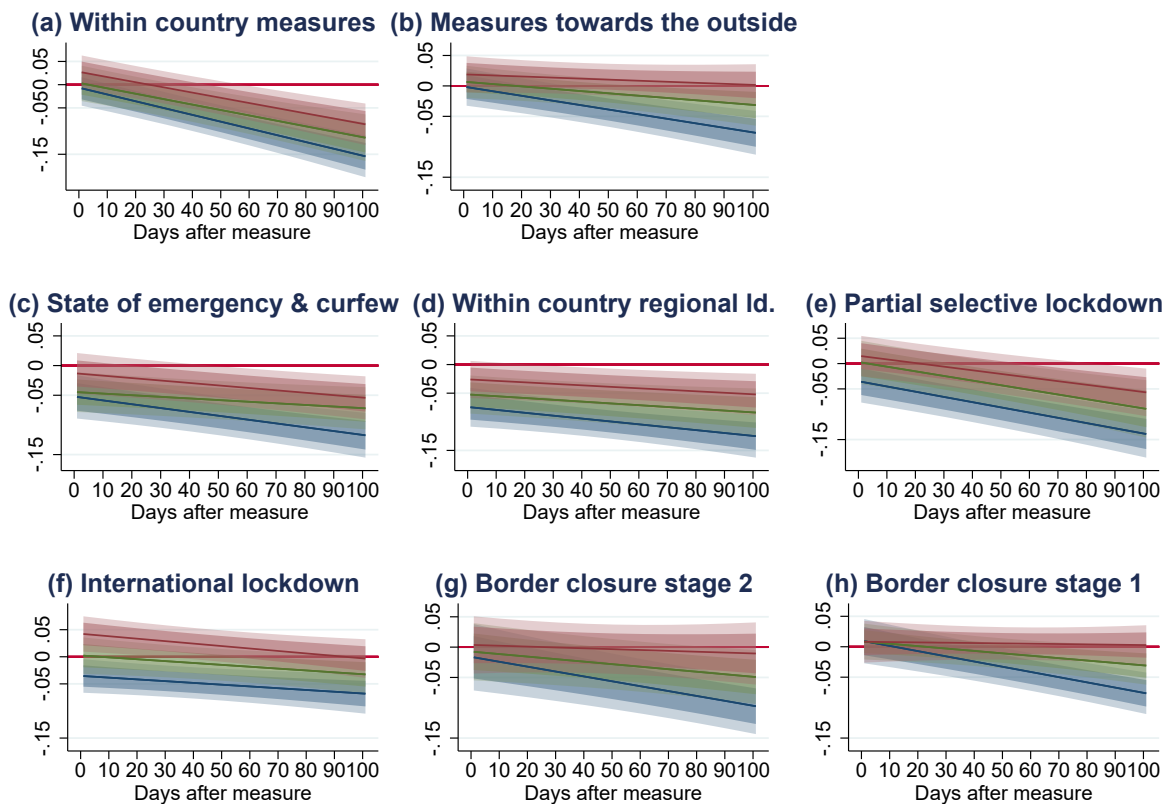


Figure S11: Marginal effect on the growth rate of COVID-19 cases with a 7-day anticipation effect. The three groups are defined as follows: high in blue ($HDI \geq 0.799$), medium in green ($0.699 \geq HDI < 0.799$), and low in red ($HDI < 0.699$). Panels (a) to (f) show the impact of a measure on the growth rate of infections as a function of the time since the measure was implemented. 90% and 99% confidence intervals are shown in different shades of red, green, or blue.