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1 **Eicosapentaenoic Acid Modulates *Trichomonas vaginalis* Activity**

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22 Running Title: EPA and *T. vaginalis* death

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24
25 Abbreviations: EPA Eicosapentaenoic acid (20:5 ω-3)

26 DHA Docosahexaenoic acid (22:6 ω-3)

27 AA Arachidonic acid (20:4 ω-6)

28 ω-3 Omega-3

29 PUFA Polyunsaturated fatty acid

47 **ABSTRACT**

48

49 *Trichomonas vaginalis* is a sexually transmitted parasite and, while it is often asymptomatic in
50 males, the parasite is associated with disease in both sexes. Metronidazole is an effective
51 treatment for trichomoniasis, but resistant strains have evolved and, thus, it has become
52 necessary to investigate other possible therapies. In this study, we examined the effects of native
53 and oxidized forms of the sodium salts of eicosapentaenoic, docosahexaenoic and arachidonic
54 acids on *T. vaginalis* activity. Eicosapentaenoic acid was the most toxic with 190 μ M and 380
55 μ M causing approximately 90% cell death in Casu2 and ATCC 50142 strains, respectively. In
56 contrast, oxidized eicosapentaenoic acid was the least toxic, requiring >3 mM to inhibit activity,
57 while low levels (10 μ M) were associated with increased parasite density. Mass spectrometric
58 analysis of oxidized eicosapentaenoic acid revealed C20 products containing one to six
59 additional oxygen atoms and various degrees of bond saturation. These results indicate that
60 eicosapentaenoic acid has different effects on *T. vaginalis* survival, depending on whether it is
61 present in the native or oxidized form. A better understanding of lipid metabolism in *T. vaginalis*
62 may facilitate the design of synthetic fatty acids that are effective for the treatment of
63 metronidazole-resistant *T. vaginalis*.

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67 **Keywords**

68 Disease; Fatty Acid/Oxidation; Fish Oil; Infection; Lipids; Omega-3 Fatty Acids;
69 Polyunsaturated Fatty Acids; Trichomoniasis

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93 **INTRODUCTION**

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95 *Trichomonas vaginalis* was first identified by Donné in 1836, and is a protozoan microaerophilic
96 parasite that causes human trichomoniasis (Petrin et al. 1998). Trichomoniasis is the most
97 common non-viral sexually transmitted infection, as illustrated by the fact that there are
98 approximately 180 million cases per year worldwide, with about 8 million new cases occurring
99 in the U.S. every year (Schwebke 2005). The disease affects both women and men, but is slightly
100 more prevalent in women than men, and is disturbingly high in certain racial or ethnic groups
101 (Miller et al. 2005). *T. vaginalis* thrives in the lower genital tract of both males and females and,
102 notably, 70–85% of those infected are asymptomatic. It is considered to be a “neglected”
103 parasitic infection, because it is often left untreated, leading to an increased risk of many other
104 health problems (Cotch et al. 1997; Saurina and McCormack 1997; Schwebke and Burgess 2004;
105 Stark et al. 2009; Thurman and Doncel 2011; Meites 2013). For women, there is an increased
106 prevalence of other sexually transmitted infections, adverse outcomes of pregnancy, and pelvic
107 inflammatory disease (Cotch et al. 1997; Moodley et al. 2002; Allsworth et al. 2009). In addition,
108 *T vaginalis* pseudocysts have been isolated from patients with cervical cancer, indicating that the
109 parasite may play a role in the pathogenesis of this disease (Afzan and Suresh 2012).
110 Trichomoniasis in men may be underestimated, since the methods used for its detection are not
111 very sensitive (Kaydos-Daniels et al. 2004). In men, *T. vaginalis* is found to colonize the prostate
112 and is correlated with an increased risk of aggressive prostate cancer (Stark et al. 2009; Twu et al.
113 2014). Furthermore, men with trichomoniasis, who are also infected with HIV, displayed a
114 higher concentration of HIV RNA in their seminal fluid, and thus pose an increased risk of
115 transmission of HIV (Hobbs et al. 1999).

116
117 The only recommended regimens approved by the FDA for the treatment of
118 trichomoniasis involve the use of 5-nitroimidazole antimicrobials (Meites 2013). Treatment
119 consists of either metronidazole (marketed as Flagyl; 2-(2-methyl-5-nitro-1*H*-imidazol-1-
120 yl)ethanol) or tinidazole (marketed as Tindamax, Fasigyn and Simplotan; 1-(2-
121 ethylsulfonylethyl)-2-methyl-5-nitro-imidazole) (Workowski and Berman 2010). Use of
122 metronidazole has a number of side effects, including both peripheral and central nervous
123 system-associated neurotoxicity, although these effects appear to be reversible (Sarna et al. 2009).
124 Furthermore, metronidazole is teratogenic and its use in pregnancy has been controversial
125 (Nanda et al. 2006). Reports of metronidazole-resistant strains, however, have been on the rise
126 since first reported in 1962 (Robinson 1962; Krajden et al. 1986; Cudmore et al. 2004). Although
127 effective in some treatments, tinidazole is not effective against all metronidazole-resistant
128 isolates (Narcisi and Secor 1996). Thus, the treatment of trichomoniasis presents a challenging
129 clinical problem.

130
131 To date, very little is known concerning the effect of lipid mediators on parasites such as
132 *T. vaginalis*. Furthermore, there are no reports concerning the effect of eicosapentaenoic acid
133 (EPA, C20:5 ω -3) on this parasite. EPA is an omega-3 polyunsaturated fatty acid (PUFA) that is
134 found in fish oil and which cannot be synthesized *de novo* by humans. Increased intake of fish oil
135 has been found to increase the host’s ability to combat inflammation, infection and disease
136 (Connor and Connor 1997; Alexander 1998; Kris-Etherton et al. 2002; Leaf et al. 2003; Barnham
137 et al. 2004; Lukiw et al. 2005; Wong 2005; Calder 2006; Yokoyama et al. 2007). Interestingly,
138 PUFAs such as EPA, arachidonic acid (AA) and docosahexaenoic acid (DHA) are reported to

139 have anti-parasitic activity, causing the death of *P. falciparum* in vitro (Kumaratilake et al. 1992;
140 Arun Kumar and Das 1999). Furthermore, there is some evidence that the host-parasite
141 interaction can be modulated by dietary PUFA (Taylor et al. 1997; Schlotz et al. 2013). The fatty
142 acids may act directly on the parasites, although EPA may also activate neutrophils and
143 macrophages in the host resulting in increased killing of the parasites (Kumaratilake et al. 1997).
144

145 In this study, we examined the effects of the sodium salt of EPA, DHA and AA in the
146 native and oxidized forms on *T. vaginalis* survival. Our results indicate that *T. vaginalis* responds
147 differently to native and oxygenated PUFAs, and that fatty acids that incorporate the optimum
148 structure requirement may hold promise as future alternative targets for the treatment of
149 metronidazole-resistant *T. vaginalis*.
150

151 152 153 **MATERIALS AND METHODS**

154 **Materials**

155 *Cis*-5,8,11,14,17-eicosapentaenoic acid sodium salt (> 99+%), *cis*-4,7,10,13,16,19-
156 docosahexaenoic acid sodium salt (\geq 95%), and *cis*-5,8,11,14-eicosatetraenoic acid sodium salt
157 (arachidonic acid sodium salt; \geq 99%) were purchased from Sigma-Aldrich (Missouri, USA) and
158 stored in the solid form as received under an inert atmosphere at -80 °C. Henceforth, “EPA”,
159 “DHA” and “AA” denote the sodium salts of EPA, DHA and AA, respectively.
160
161

162 **Culture of *T. vaginalis***

163 In this study, we used *T. vaginalis* isolates that are metronidazole sensitive (Casu2, also
164 designated as SS-22; isolated 2008, Sardinia, Italy) (Strese et al. 2014) and metronidazole
165 resistant (ATCC 50142, also designated as RU 393, isolated 1983, New York, U.S.) (Muller et al.
166 1988). *T. vaginalis* parasites were maintained in tryptose/yeast extract/maltose (TYM) medium,
167 pH 6.2 (Diamond 1957) containing 10% (v/v) heat-inactivated horse serum, at 37 °C. The stock
168 cultures and experimental samples (5.5 mL) were maintained in screw-top glass tubes (16 x 125
169 mm, 16 mL capacity).
170

171 **Growth of *T. vaginalis* under ambient aerobic and anaerobic conditions**

172 *T. vaginalis* microbes were grown under ambient aerobic conditions at 37 °C to levels $\geq 1 \times 10^6$
173 mL⁻¹ in TYM media containing 10% horse serum (Lehker and Alderete 1990). *T. vaginalis*
174 samples (ATCC 50142) were incubated with or without native EPA (10 μ M and 100 μ M) in
175 TYM medium containing horse serum (2% v/v). The experiments were initiated with
176 approximately 2×10^4 parasites/mL. The lower levels of serum and parasite density facilitated
177 our ability to observe the direct effect of EPA on parasite activity and to monitor parasite
178 viability, respectively. In addition, the reduced amount of serum allowed us to better assess the
179 direct effect of EPA on the parasite, without any interference from the serum. For experiments
180 under ambient aerobic conditions, samples were prepared in air with no attempt to exclude
181 oxygen, and placed in an incubator at 37 °C for up to 48 h. These samples are designated as
182 “aerobic” samples. The concentration of oxygen in the air-saturated medium at 37 °C is reported
183 as 210 μ M, and is expected to decrease over time, as it becomes metabolized by the parasites
184 (Paget and Lloyd 1990). For experiments under anaerobic conditions, samples were placed in an

185 Oxoid Anaerojar (2.5 L capacity; Thermo Scientific™, North Carolina, USA) in the presence of
186 a GasPak™ EZ Gas Generating Sachet (Becton, Dickinson and Company, Maryland USA) that
187 allows the creation of an anaerobic atmosphere. The Oxoid Anaerojar was placed in an incubator
188 at 37 °C up to 48 h. Samples were prepared in triplicate and experiments were replicated at least
189 three times.

190

191 **Parasite counts**

192 Viable parasites were counted by placing resuspended culture media (20 µL) on an improved
193 Neubauer hemocytometer (1/400 sq. mm.) at various time points. Only viable parasites were
194 included in the counts. Counts were performed in triplicate and averaged.

195

196 **In vitro minimum inhibitory concentration (MIC) assay**

197 The effect of different concentrations of native EPA, DHA and AA and their oxidized forms
198 (oxEPA, oxDHA and oxAA) on the activity of *T. vaginalis* isolates (ATCC 50142 and Casu2)
199 was determined using an *in vitro* minimum inhibitor concentration (MIC) assay performed in a
200 96 well plate. TYM supplemented with 10% (v/v) horse serum was introduced to each well of
201 the plate (50 µL per well). Next, native PUFA or oxPUFA (50 µL; approximately 8 mg/mL in
202 molecular grade water) was added to the first well of three rows. PUFA or oxPUFA were serially
203 diluted along the same row of the plate in the following manner: 50 µL of the solution in well 1
204 containing the test compound was transferred to the second well of the same row, and the
205 process repeated for wells 3 through 12. The final 50 µL was discarded. *T. vaginalis* cultures
206 were diluted to approximately 5×10^5 cells/mL in TYM containing 10% horse serum and 150 µL
207 of this solution was added to each well, such that the total volume of each well was constant at
208 200 µL. The test compound concentrations examined included: 12 µM, 24 µM, 48 µM, 96 µM,
209 190 µM, 380 µM, 760 µM, 1.5 mM, 3.0 mM, and 6.0 mM. These concentrations represent a
210 range of solutions containing 4 µg/mL–2 mg/mL PUFA or oxPUFA. Two separate rows served
211 as control containing vehicle. The plates were incubated at 37 °C and examined microscopically
212 at 24 h.

213

214 **Growth curves**

215 *T. vaginalis* strains ATCC 50142 and Casu2 were cultured in TYM media supplemented with
216 10% (v/v) horse serum in glass screw-cap tubes as described above. For the determination of
217 growth curves, tubes were combined and diluted with TYM media containing 10% (v/v) horse
218 serum to give an initial cell count of 4×10^5 parasites/mL for each strain. The ATCC 50142 and
219 Casu2 cultures were each split into two volumes for each strain, with one volume serving as
220 control and the other incubated with oxEPA (10 µM). The parasites from the four groups (*i.e.*
221 ATCC 50142 and Casu2 strains with and without oxEPA) were aliquoted into several sterile
222 glass screw-cap tubes (5 mL/tube) and placed into a 37 °C incubator. For each time point, a
223 separate tube was removed from the incubator for the relevant group and viable parasites counted
224 as described above.

225

226 **Mass Spectrometry**

227 Native EPA was prepared immediately before use by dissolving solid EPA sodium salt (0.5 mg)
228 in molecular grade water (1 mL; distilled; deionized; DNase, RNase, and protease tested) from
229 Cellgro® Mediatech, Inc. (Vermont, USA), purged with nitrogen gas. Oxidized EPA (oxEPA)
230 was prepared by exposing solid EPA sodium salt (0.5 mg) to air at ambient temperature (22.2–

231 25.4 °C) for three days before dissolving the solid in molecular grade water to form solutions
232 (0.17 mM EPA or oxEPA) that were filtered (0.22 µm Millex-GP filter unit; EMD Millipore
233 Corporation; Maryland, USA). Native EPA and oxEPA samples were analyzed using an Applied
234 Biosystems MDS SCIEX API 2000 instrument. The mass spectrometer was operated in negative
235 ion mode with a mass range of m/z 250 to 650 amu, using a declustering potential (DP) of -
236 60.0V, a focusing potential (FP) of -400.0V and an entrance potential (EP) of -100.0V. Nitrogen
237 was used as both the sheath gas and the auxiliary gas. Data acquisition and analysis were
238 performed using Analyst software, version 1.4. Samples were introduced *via* syringe injection at
239 a flow rate of 10.00 µL/min. Spectra (100 cycles) were accumulated over a 5 min period.

240

241 **Statistical analysis**

242 Results are presented as means (\pm standard error of the mean, SEM) with significant differences
243 determined by a one-way analysis of variance (ANOVA) test. In cases where we obtained a
244 significant one-way ANOVA result, Tukey's Multiple Comparison test was applied (as a post-
245 hoc test) to determine where the significant differences occurred between the groups. All
246 statistical analyses were performed using GraphPad Prism 4.0a software (La Jolla CA, USA).

247

248

249

250 **RESULTS**

251

252 **The toxic effects of native EPA on *T. vaginalis* survival under both ambient oxygen and** 253 **anaerobic conditions**

254 Parasite motility counts demonstrate the effect of native EPA on *T. vaginalis* (strain ATCC
255 50142) growth at 24 and 48 h (**Fig. 1a**). Under ambient oxygen conditions, EPA (10 and 100
256 µM) caused significant decreases in *T. vaginalis* populations at 24 and 48 h compared to control.
257 Indeed, the higher concentration of EPA (100 µM) caused complete inhibition of parasite growth
258 at 48 h. A change in morphology from pear-shaped trophozoites to those classically described as
259 pseudocysts with a more rounded shape were seen after incubation with native EPA. These
260 pseudocysts, which are living cells but without apparent motility, have been reported to appear
261 under stressful environmental conditions (Pereira-Neves et al. 2003) and were followed by death
262 of the parasite within a few hours.

263

264 To explore the relationship between the effect of EPA on the parasite and the presence of
265 oxygen, we incubated *T. vaginalis* (strain ATCC 50142) with native EPA in the absence of
266 oxygen (**Fig. 1b**). Under anaerobic conditions, significant decreases in *T. vaginalis* populations
267 were observed at 24 and 48 h compared to control, with complete death of the parasite occurring
268 at 48 h under higher EPA concentrations (100 µM). Although EPA proved detrimental to the
269 survival of the parasite irrespective of oxygen concentration, a ratio of counts of parasites under
270 aerobic versus anaerobic conditions reveals differences in the rates of growth of samples (**Fig.**
271 **1c**). Under aerobic conditions, maximal growth was observed at 24 h, whereas under anaerobic
272 conditions, parasite growth was greater at 48 h. Trace levels of oxygen (< 0.25 µM) enhance
273 parasitic growth, but our ambient oxygen concentrations in solution are much higher (210 µM at
274 37 °C) (Paget and Lloyd 1990). Our data indicate a more rapid growth and subsequent faster
275 decline in parasite numbers under aerobic versus anaerobic conditions, suggesting a greater
276 sensitivity to these oxygen levels (**Fig. 1**). However, despite these differences in growth rates,

277 native EPA was toxic to the parasite regardless of the presence of oxygen. The differences in
278 growth rates may be the result of pH changes. Under aerobic conditions, the parasite produces
279 lactate and acetate, which will lower the pH but, under anaerobic conditions, the parasite
280 produces glycerol and lactate, which will take longer to decrease the pH and, hence, presumably
281 account for the continuous increase in parasite numbers out to 48 h.

282

283 **The anti-parasitic activity of PUFAs and oxidized PUFAs**

284 To determine whether other lipids exert a similar effect to EPA, we investigated the anti-parasitic
285 activity of docosahexaenoic acid (DHA; 22:6 ω -3), and arachidonic acid (AA; 20:4 ω -6), along
286 with EPA in an MIC assay. The effect of a range of native EPA, DHA and AA concentrations on
287 the activity of *T. vaginalis* isolates ATCC 50142 and Casu2 was tested and the results
288 demonstrate that of the three PUFAs, EPA was the most effective at killing *T. vaginalis* (**Fig. 2**).
289 In all cases, lower concentrations of PUFAs were required for killing the Casu2 versus the
290 ATCC 50142 isolates. At 24 h, approximately 90% of the Casu2 parasites were non-viable using
291 190 μ M EPA (**Fig. 2a**), whereas for the ATCC 50142 isolates, slightly higher levels of 380 μ M
292 EPA were required (**Fig. 2d**). At 48 h, 90% cell death was achieved with 48 μ M and 96 μ M EPA
293 in *T. vaginalis* strains Casu2 and ATCC 50142, respectively. In contrast to EPA, concentrations
294 higher than 380 μ M DHA (**Fig. 2b** and **2e**) and 760 μ M AA (**Fig. 2c** and **2f**) were required to kill
295 >90% of the parasite population.

296

297 *T. vaginalis* isolates ATCC 50142 and Casu2 were also exposed to a range of
298 concentrations of oxidized PUFAs, namely oxEPA, oxDHA and oxAA, in a MIC assay (**Fig. 3**).
299 Our results show that of all three oxidized PUFAs, oxEPA exhibited the least detrimental effect,
300 requiring > 3 mM oxEPA to cause a decrease in viability in both strains of *T. vaginalis* at 24 h
301 (**Fig. 3a** and **3d**). For instance, 3 mM oxEPA resulted in $25.8 \pm 13.1\%$ and $83.3 \pm 8.3\%$ viability
302 at 24 h for Casu2 and ATCC 50142 parasites, respectively. Using oxDHA, lower concentrations
303 (> 380 μ M oxDHA) were effective in killing the Casu2 and ATCC 50142 parasites (**Fig. 3e**). Of
304 the three oxidized PUFAs, oxAA demonstrated the best anti-parasitic activity (> 380 μ M oxAA)
305 against both Casu2 and ATCC 50142 species (**Fig. 3c** and **3f**). Overall, the greatest contrast in
306 activity of the three PUFAs examined was observed using EPA, with the native form exhibiting
307 the most potent anti-parasitic activity, and the oxidized form displaying the least.

308

309 **The effect of oxidized EPA on *T. vaginalis* growth**

310 Incubation of *T. vaginalis* with oxEPA led to increased motility of the parasite compared to
311 control samples, and since the parasites were resistant to oxEPA at concentrations < 3 mM, we
312 explored the hypothesis that lower concentrations of oxEPA may be protective. Thus, we
313 obtained growth curves for *T. vaginalis* isolates ATCC 50142 and Casu2 in the presence and
314 absence of oxEPA (10 μ M) (**Fig. 4**). The results show that the initial growth rates of the Casu2
315 and ATCC 50142 parasites grown in the presence of oxEPA did not vary significantly compared
316 to control samples. However, parasites grown in the presence of oxEPA statistically achieved
317 greater density at time points ≥ 20 h compared to controls.

318

319 **Mass spectrometric analysis of oxidized EPA**

320 The composition of native EPA compared to oxEPA (*i.e.* EPA sodium salt oxidized in air for
321 three days) was analyzed by negative mode mass spectrometry (**Fig. 5**). Native EPA shows a
322 parent ion at 300.9 m/z, which corresponds to the EPA anion (exact mass of $\text{EPA}^- = 301.2$ amu)

323 (Fig. 5a). The natural isotopes of EPA give rise to shoulders on the main peak at 301.7 and 302.7
324 amu. All manipulations involving native EPA prior to mass spectrometric analysis were
325 performed under nitrogen gas to prevent any deliberate oxidation. Despite these precautions, we
326 observed some oxidized products at 316.8 m/z and 332.9 m/z, reflecting the incorporation of one
327 and two oxygen atoms, respectively (black spectrum, Fig. 5b). These results may indicate that
328 the native EPA sodium salt solid was received in this state, or else some spurious autoxidation
329 occurred during the handling process, which could not be controlled. This observation, however,
330 was reproducible.

331
332 Mass spectral analysis of oxEPA shows a parent ion peak at 300.9 m/z (red spectrum, Fig.
333 5a) that is reduced in intensity compared to native EPA (black spectrum, Fig. 5a), and also the
334 presence of several clusters of peaks in the 310–410 m/z region that are centered at 316.8, 322.9,
335 348.8, 364.8, 380.5, and 396.8 m/z (red spectrum, Fig. 5b). The average separation between the
336 main peaks in these clusters is 16.0 ± 0.1 amu and thus represents the addition of one, two, three,
337 four, five and six oxygen atoms to the EPA anion, respectively (red spectrum, Fig. 5b).

338
339
340

341 DISCUSSION

342

343 Effective treatment for trichomoniasis, caused by the parasite *T. vaginalis*, includes
344 metronidazole [2-(2-methyl-5-nitro-1*H*-imidazol-1-yl)ethanol], but since metronidazole-resistant
345 strains are known (Robinson 1962; Krajden et al. 1986; Cudmore et al. 2004), it is important to
346 have other therapies available for treatment of this parasite. In recent decades, the search for
347 natural products that promote healthy outcomes has increased. Literature reports indicate that
348 EPA not only provides benefits in humans (De Caterina and Basta 2001), but also displays anti-
349 parasitic activity (Kumaratilake et al. 1992). In our study, an investigation of the effects of EPA
350 on both metronidazole-sensitive (Casu2) and -resistant (ATCC 50142) strains of *T. vaginalis*
351 survival yielded similar results, although the effect observed depended on whether native or
352 oxidized forms of EPA sodium salt (denoted as EPA) were used. Native EPA limited growth and
353 caused parasite death, while oxEPA showed evidence of increased cell density and motility
354 compared to control samples.

355

356 Using ATCC 50142 parasites, we observed that 10 μ M EPA caused approximately 50%
357 death at 24 h, which was significant compared to control, whereas 100 μ M completely killed the
358 parasite at 48 h under both aerobic and anaerobic conditions (Fig. 1). Notably, native EPA
359 displayed anti-parasitic activity in the presence and absence of oxygen, indicating that the
360 mechanism by which EPA causes cell death does not rely on reacting with dissolved oxygen and
361 scavenging it from the surrounding medium.

362

363 Metronidazole is thought to be reduced by low redox potential iron-sulfur proteins in the
364 trichomonad hydrogenosomes, producing a series of nitro radicals that disrupt the DNA of
365 microbial cells, although the mechanism of metronidazole activation is not completely
366 understood (Muller 1993; Land et al. 2004; Leitsch et al. 2009). Clinical isolates exhibiting
367 metronidazole tolerance have defective oxygen scavenging properties (Ellis et al. 1994), which
368 leads to quenching of the nitro radical (Lloyd and Pedersen 1985). Thus, metronidazole-resistant

369 strains of *T. vaginalis* are especially resistant under aerobic conditions. In this regard, it has
370 previously been reported that the mean aerobic and anaerobic susceptibilities at 48 h of
371 metronidazole-resistant strains, including ATCC 50142, is 195.5 µg/mL (1.14 mM) and 5.05
372 µg/mL (29.5 µM) metronidazole, respectively (Lossick et al. 1986; Muller et al. 1988). In our
373 study, native EPA inactivated *T. vaginalis* ATCC 50142 in the presence and absence of oxygen
374 (**Fig. 1**), indicating that EPA kills the parasite by a different mechanism compared to
375 metronidazole.

376
377 To determine whether other long-chain PUFAs exhibit a similar effect to EPA, we
378 investigated the anti-parasitic activities of AA and DHA, along with EPA, in their native and
379 oxidized forms, against Casu2 and ATCC 50142 strains in a MIC assay. AA (20:4 ω-6) is
380 structurally similar to EPA (20:5 ω-3), containing a similar number of carbon atoms, but with
381 one less double bond. DHA (22:6 ω-3), like EPA, is an omega-3 fatty acid, but is longer than
382 EPA (and AA) by two carbon atoms, and has six double bonds. In humans, products of omega-3
383 fatty acids (EPA and DHA) are associated with anti-inflammatory properties (Serhan et al. 2000;
384 Oh et al. 2011) and interfere with the arachidonic acid (AA) cascade that produces eicosanoids
385 with pro-inflammatory activities (Laneuville et al. 1995; Achard et al. 1997).

386
387 Of the three native PUFAs evaluated, native EPA showed the best anti-parasitic activity.
388 Our results indicated that approximately 90% inhibition of parasite activity at 24 h could be
389 achieved using 190 µM EPA (60 µg/mL) and 380 µM EPA (120 µg/mL) for the Casu2 and
390 ATCC 50142 strains, respectively (**Fig. 2**). At 48 h, these levels were reduced to 25% of the
391 original values, at 48 µM (15 µg/mL) EPA and 96 µM (30 µg/mL) EPA, respectively, for Casu2
392 and ATCC 50142. Thus, the ATCC 50142 strain required approximately twice the amount of
393 native EPA than the Casu2 strain. Native DHA was less effective than EPA requiring up to 760
394 µM DHA to cause parasite death. Native AA was the least effective of the three native PUFAs
395 examined, requiring concentrations in excess of 760 µM AA to cause cell death. The exact
396 mechanism by which EPA limits parasite growth is unknown, but its incorporation may lead to
397 the modulation of gene expression or the activation of harmful signaling pathways (Russell and
398 Burgin-Maunders 2012).

399
400 While native EPA causes parasite inactivity, our results indicate that oxEPA was
401 completely ineffective in causing parasite death requiring levels that are >3 mM oxEPA (**Fig. 3**).
402 In comparing the anti-parasitic activity of oxEPA with that of oxDHA and oxAA, it is apparent
403 that oxEPA is the least toxic. Also, oxAA was slightly more effective than native AA in causing
404 parasite death. These results indicate that small changes in structure can completely alter the
405 activity of a lipid molecule and highlights the need for a better evaluation of fatty acid-related
406 compounds as potential drug candidates and elucidation of their mechanism of action.

407
408 The fact that oxEPA was ineffective in causing cell death prompted us to evaluate
409 whether oxEPA could be beneficial to the parasite. Using low levels (10 µM), we observed that
410 oxEPA promoted the growth of denser populations of *T. vaginalis*, suggesting the possibility that
411 certain oxygenated forms of EPA may, in fact, be beneficial to the parasite (**Fig. 4**).

412
413 Native EPA autoxidizes readily in air, *via* non-enzymatic pathways, leading to the
414 observation by ESI-MS of different oxidized products containing one to six additional oxygen

415 atoms compared to EPA, with various degrees of bond saturation (**Fig. 5**). Thus, mass spectral
416 results indicate that the composition of oxEPA is complex, and several candidates may be
417 responsible for stimulating the proliferation and motility of *T. vaginalis*. These species are not
418 formed during the mass spectrometric process, as we previously demonstrated that they arise in a
419 time-dependent manner (Jordan and Upmacis 2013). More recently, using desorption
420 electrospray ionization-mass spectrometry (DESI-MS) to analyze oxidized EPA, up to 6 oxygen
421 atoms were also noted, representing three peroxidations of EPA (West et al. 2014). Our mass
422 spectral results monitoring the autoxidation of EPA sodium salt following three days in air are
423 consistent with our previous observations characterizing the autoxidized products of EPA
424 sodium salt at two and four days (Jordan and Upmacis 2013). Many isomers can result from
425 oxygen addition, since initial hydrogen abstraction can occur at several bis-allylic positions
426 between the double bonds of EPA (*i.e.* C-7, C-10, C-13 and C-16) (Jordan and Upmacis 2013).
427 These products may contain different combinations of hydroxyl, keto and peroxy moieties,
428 although compounds bearing dioxolane rings or cyclic peroxides are also possible (Yin et al.
429 2007; West et al. 2014).

430
431 Our mass spectral data indicate that the oxidation products that mainly differ from native
432 EPA possess ≥ 3 oxygen atom additions compared to EPA, and potentially include formulas that
433 are consistent with trihydroxyeicosapentaenoic acid isomers, $C_{20}H_{30}O_5$, also known as EPA-
434 derived or E-series resolvins (Serhan et al. 2002). Autoxidation pathways that lead to the
435 production of these species are given elsewhere (Jordan and Upmacis 2013). Thus, the higher
436 mass species within the complex oxEPA mixture, which are absent in native EPA, may be
437 responsible for the increased density observed.

438
439 While speculative, these results may indicate that host derived oxidized lipid products
440 may modulate parasite survival. Notably, aspirin-treatment, which leads to the production of E-
441 series resolvins (Serhan et al. 2000; Oh et al. 2011), increased the survival of *Trypanosoma cruzi*
442 in mice with Chagas disease (Mukherjee et al. 2011). In addition, *Candida albicans*, an
443 opportunistic fungal pathogen of humans, has been shown to biosynthesize resolvins that
444 modulate the host immune response (Haas-Stapleton et al. 2007). These reports highlight the fact
445 that the types and actions of bioactive lipids that modulate parasitic growth and activity are not
446 well understood.

447
448 Only a few studies have investigated the role of lipid metabolism in *T. vaginalis* (Beach
449 et al. 1990; Beach et al. 1991; Guschina et al. 2009; Singh et al. 2009). *T. vaginalis* can
450 incorporate AA and DHA (Beach et al. 1990; Shaio et al. 1992) but, to date, there are no reports
451 examining the effects of EPA on this parasite. Notably, uptake of AA by *T. vaginalis* leads to an
452 increased production of leukotriene B₄, indicating that *T. vaginalis* has the ability to metabolize
453 AA (Shaio et al. 1992; Nam et al. 2011; Nam et al. 2012). It is possible that oxAA interferes with
454 this pathway, leading to the observation in our study that oxAA is more detrimental to *T.*
455 *vaginalis* survival than native AA.

456
457 In summary, we have found that native and oxidized PUFAs can have different effects on
458 *T. vaginalis* activity. In particular, native EPA has a deleterious effect on the parasite, whereas
459 the presence of oxEPA was associated with an increased density of the parasite. In this regard,
460 our data suggest that the parasite may possess pathways that readily distinguish between native

461 EPA and oxidation products of EPA. Lipid metabolism in *T. vaginalis*, however, has not been
462 well-studied. A better understanding of the structure and function of lipids in *T. vaginalis* may
463 facilitate the design of synthetic fatty acids that incorporate the optimum structure requirements
464 that are effective for the treatment of metronidazole-resistant *T. vaginalis*.

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469

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734 **FIGURE LEGENDS**

735

736 **Figure 1: The toxic nature of native EPA is not dependent on aerobic conditions.**
737 *Trichomonas vaginalis* parasites (strain ATCC 50142) were incubated under (a)
738 aerobic and (b) anaerobic conditions with EPA (10 and 100 μ M). Motile parasites
739 were counted at 24 and 48 h. (a) By one-way ANOVA, a significant difference
740 was observed between the groups under aerobic conditions at 24 h and 48 h ($p <$
741 0.0001 at both time points). Compared to control, and using Tukey's Multiple
742 Comparison post-hoc test, 10 μ M and 100 μ M EPA significantly decreased
743 parasite counts at 24 h (*, $p < 0.05$ and < 0.001 , respectively), and at 48 h (*, $p <$
744 0.001 in both cases). 100 μ M EPA also significantly diminished parasite counts
745 compared to the lower dose of 10 μ M EPA at 24 h and 48 h (#, $p < 0.01$ and $<$
746 0.05 , respectively). (b) By one-way ANOVA, a significant difference was
747 observed between the groups under anaerobic conditions at 24 h and 48 h ($p =$
748 0.0027 and 0.0001 , respectively). Compared to control, and using Tukey's
749 Multiple Comparison post-hoc test, 10 μ M and 100 μ M EPA significantly
750 decreased parasite counts at 24 h (*, $p < 0.01$ and < 0.05 , respectively), and at 48
751 h (*, $p < 0.01$ and < 0.001). 100 μ M EPA significantly diminished parasite counts
752 compared to the lower dose of 10 μ M EPA at 48 h (#, $p < 0.05$). (c) A ratio of
753 parasite counts observed under aerobic versus anaerobic conditions.

754
755 **Figure 2: Anti-parasitic activity of native EPA, DHA and AA.** Anti-*T. vaginalis* activity
756 of native EPA, DHA and AA against isolates Casu2 (a)–(c), and ATCC 50142
757 (d)–(f). All determinations were performed in triplicate. The data are represented
758 as the mean and the error bars indicate SEM values.

759
760 **Figure 3: Anti-parasitic activity of oxidized EPA, DHA and AA.** Anti-*T. vaginalis*
761 activity of oxEPA, oxDHA and oxAA against isolates Casu2 (a)–(c), and ATCC
762 50142 (d)–(f). All determinations were performed in triplicate. The data are
763 represented as the mean and the error bars indicate SEM values.

764
765 **Figure 4: Oxidized EPA enhances the growth of *T. vaginalis*.** The effect of oxEPA on the
766 growth curves of *T. vaginalis* strains (a) Casu2, and (b) ATCC 50142. All
767 determinations were made in triplicate; error bars indicate \pm SEM values.

768
769 **Figure 5: A mass spectrum of oxidized EPA reveals products containing one to six**
770 **additional oxygen atoms.** Mass spectra showing a comparison of native EPA
771 sodium salt (black spectrum) and EPA sodium salt oxidized in air for three days
772 (red dotted spectrum) in the (a) 295–310 m/z (amu) range showing the parent ion
773 at 300.9 m/z (amu) and in the (b) 310410 m/z (amu) range displaying clusters of
774 ions with the mass of the central peak of each group corresponding to 1, 2, 3, 4, 5
775 or 6 oxygen [O] atom additions to EPA. Peaks either side of the dominant ion in
776 each cluster represent a difference of 2.06 ± 0.04 amu. Possible molecular
777 formulas are reported for the neutral oxidized fatty acid species.

Figure 1

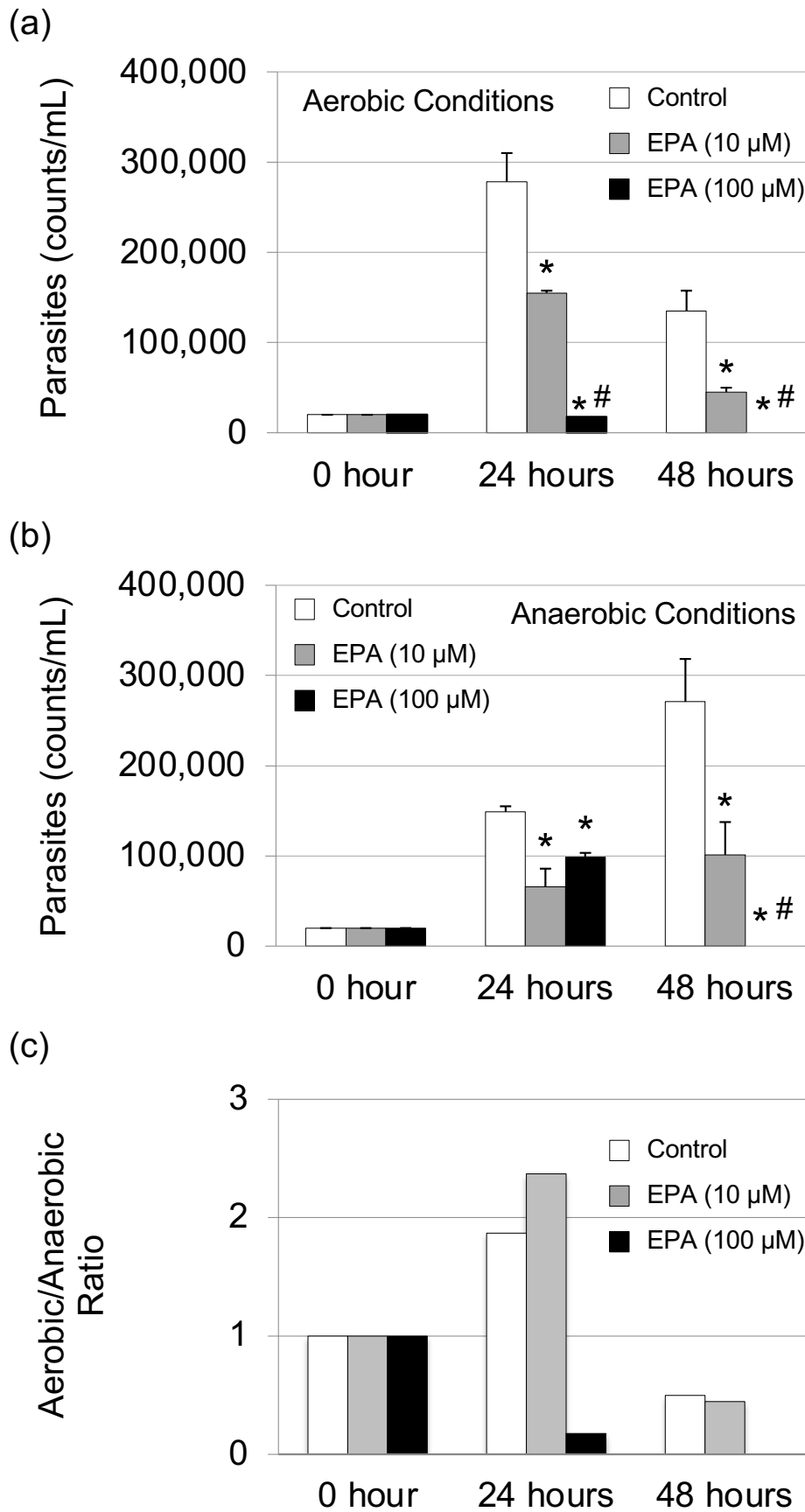


Figure 2

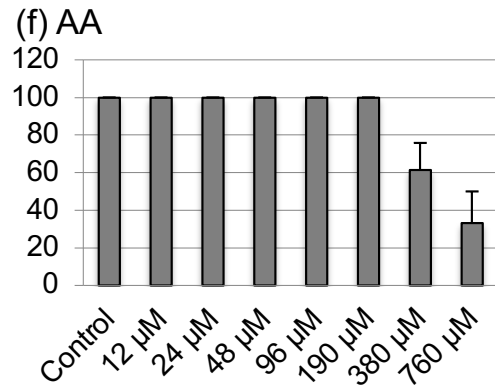
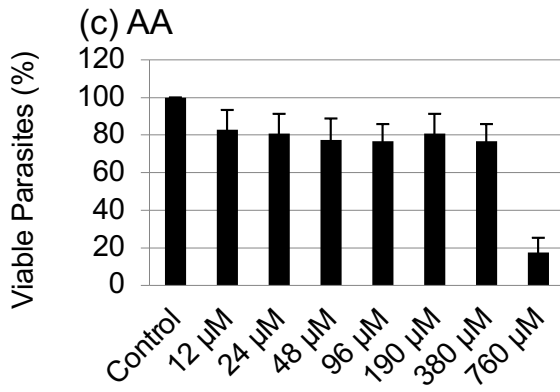
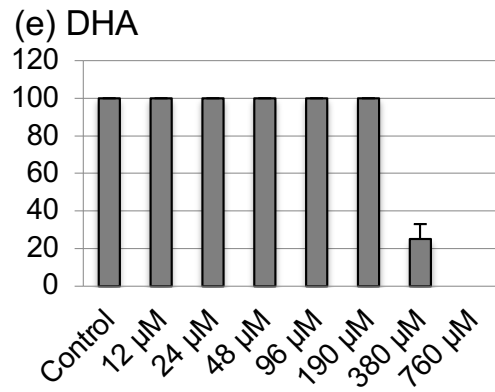
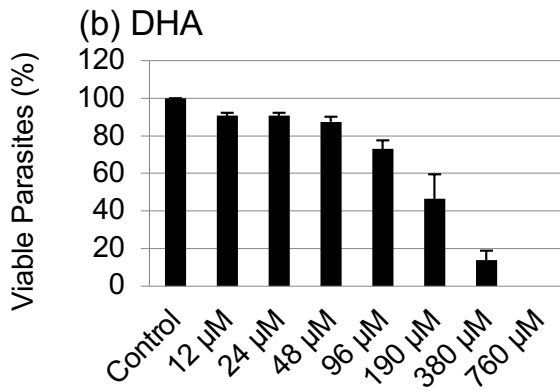
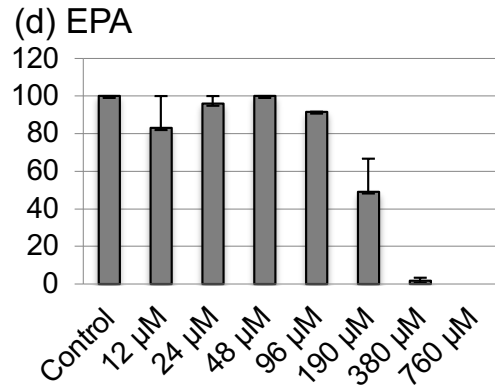
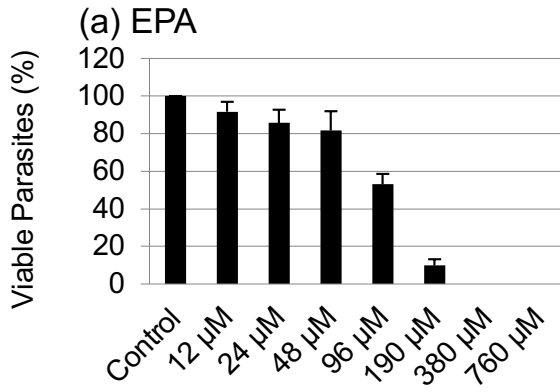


Figure 3

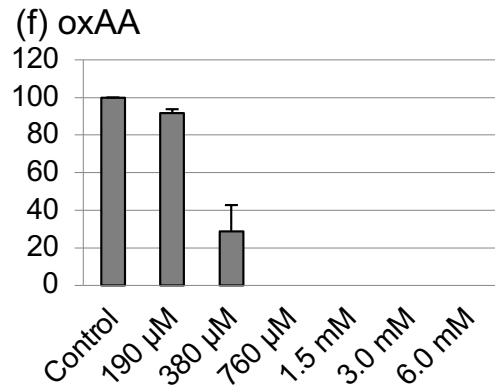
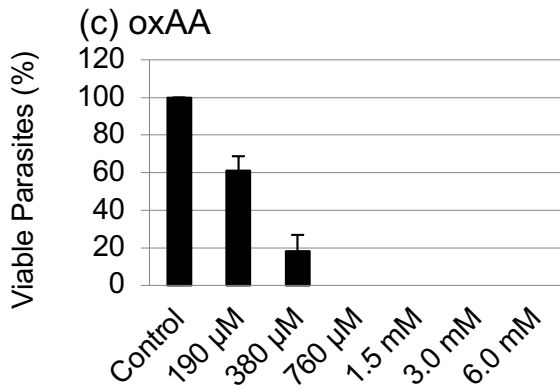
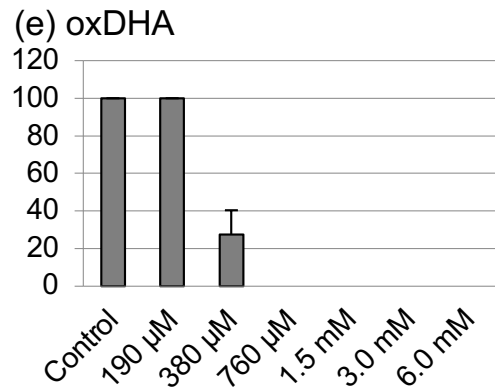
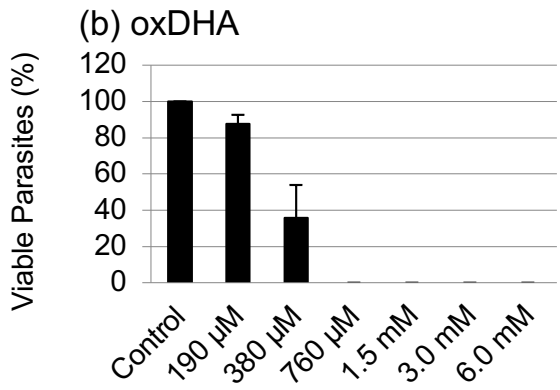
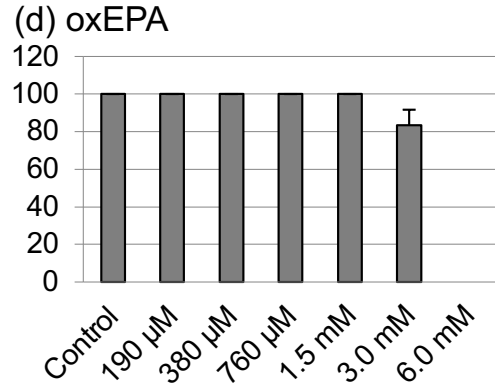
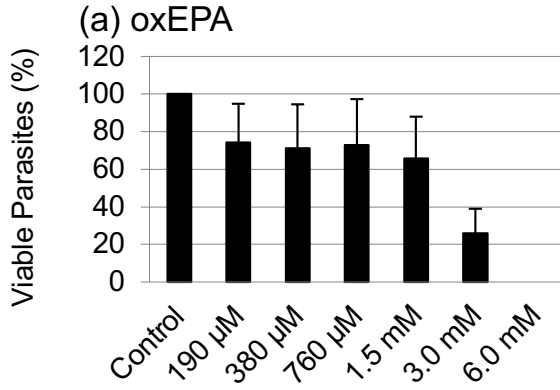
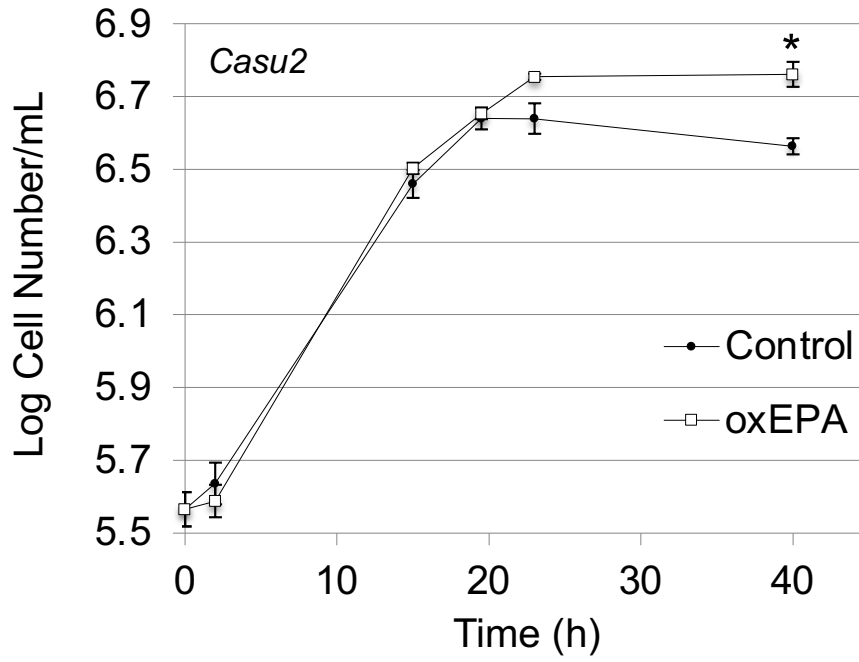


Figure 4

(a)



(b)

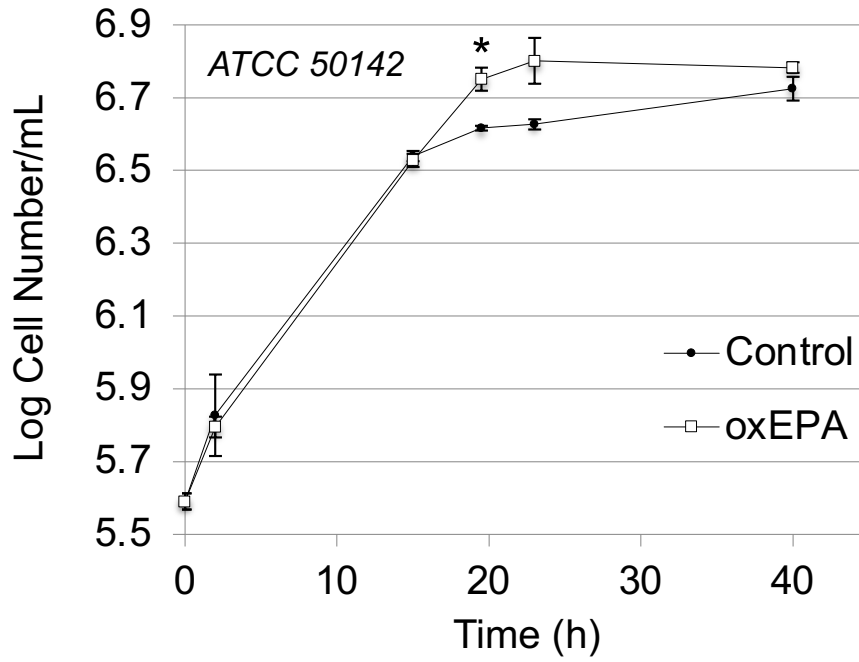


Figure 5

