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Implicit Bias Mask: The Me I Want You To See

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The Me I Want You to See

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Learning Community: Brown 11





The outside of the mask:

- 6 different colors represent each of our unique personalities and backgrounds
 - These all mix together into brown, to show how we are all combined and united within our learning community
- Words (**advocacy, curiosity, precision, care**) encompass our shared, chief identities as medical students
- Open communications....
 - Working on **Finding our Voice** as medical students
- My role is defined by....
 - **Inclusion and advocacy** is at the front of the mask and over the bridge of the nose because this will be our prominent role as medical students
- Exploring medicine and **health care**, and looking to be more involved with helping others as medical students
 - **Research and Discovery** are on the sides of the cheeks because these characteristics are foundational to health care and advocacy
 - **Education** is at the center of our mask as this is a central part of our current role as medical students



The inside of the mask:

- The inside of the mask features a brown background, this represents our brown 11 house. The background serves as the foundation for the inside of the mask representing the relationships that we are cultivating throughout medical school.
- The inside of the mask appears more disorganized than the outside. This is due to the fact that as future physicians it is important to appear put together and well groomed to be respected by our patients and colleagues. However, internally we are overwhelmed by the amount of expectations and tasks that are assigned to us and it is difficult to keep them organized. We are still only students, so it's difficult to be at the level that we would want to be.
- The word “**best**” highlights how we all strive for perfection, but deep down all 6 of us experience many doubts that often fall under the concept of imposter syndrome
- Our implicit bias is analogous to **sharks**, who have two blind spots. Our blind spots are that we are privileged as medical students and that we don't know what it will be like to be a physician in the clinic.
- The exploding **cannon** symbolizes the immense pressure we feel to learn so much information while maintaining our personal lives, making us feel that we could just *explode* at any minute

