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### Self-Mentoring: Discovering the Mentor Within

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## **Self-Mentoring: Discovering the Mentor Within**

PLM Description: This professional learning module (PLM) was created to help educators, including classroom teachers, administrators, and instructional support staff learn about self-mentorship. The module will describe the concept of self-mentoring as a process for engaging in self-directed professional and personal growth. Districts may find it beneficial to use this PLM to train educators on how self-mentoring can be used as a leadership development tool for improving their professional and instructional practices.

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