

AperTO - Archivio Istituzionale Open Access dell'Università di Torino

## The chemistry of the temporal evolution of coffee flavor quality

### This is the author's manuscript

*Original Citation:*

*Availability:*

This version is available <http://hdl.handle.net/2318/1882765> since 2022-12-13T11:51:24Z

*Terms of use:*

Open Access

Anyone can freely access the full text of works made available as "Open Access". Works made available under a Creative Commons license can be used according to the terms and conditions of said license. Use of all other works requires consent of the right holder (author or publisher) if not exempted from copyright protection by the applicable law.

(Article begins on next page)

Giulia Strocchi<sup>1</sup>, Manuela R. Ruosi<sup>2</sup>, Giulia Ravaoli<sup>2</sup>, Francesca Trapani<sup>2</sup>, Gloria Pellegrino<sup>2</sup>, Carlo Bicchi<sup>1</sup>, Erica Liberto<sup>1</sup>

<sup>1</sup> Dipartimento di Scienza e Tecnologia del Farmaco, Università degli Studi di Torino, Via Pietro Giuria 9, I-10125 Torino, Italy  
<sup>2</sup> Luigi Lavazza Group, St. Settimo 410, 10156 Torino, Italy



## Aim and Scope



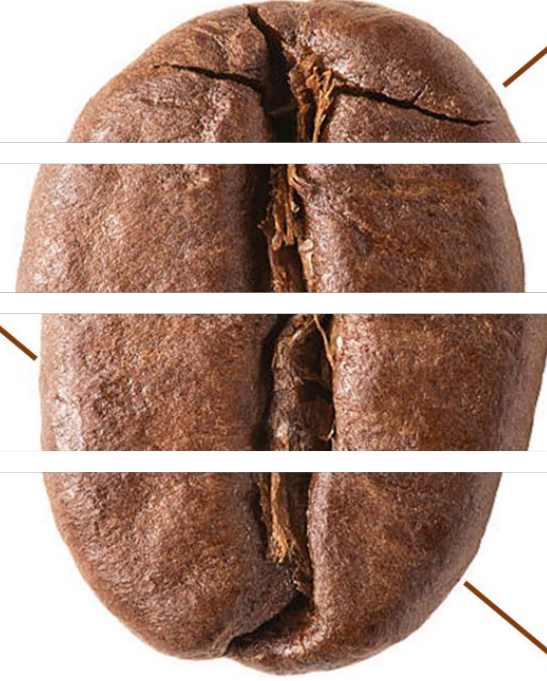
The pleasure related to drink a good cup of coffee is due to its unique sensory **quality**. This is due to the potent **taste** and **aroma** given off by coffee during the roasting process. The balance of these two chemical senses constitutes the most important determinant of what is defined as **flavour** perception [2,5-7].

### AROMA

The smell of coffee, responsible for a **palette of sensory features**. Volatiles (VOCs) released and perceived orthonasally and retronasally.

### BODY

Light or heavy perception of a beverage's **texture** and **mouthfeel** on the tongue.



The sensation of **sourness**, **astringency**, **bitterness** and **acidity**

### TASTE

Due to coffee sensory properties and its important financial value, it is essential to preserve and maintain its quality, especially during storage [1-4].



### INTRINSICS

- Geographical
- Species
- Agricultural practices
- Post-harvest processing
- Roasting
- Extraction

### EXTRINSICS

- Moisture: speed-up the kinetic of degradative reactions
- Oxygen: determine a quality deterioration of coffee
- Temperature: promote the loss of volatiles
- Packaging: physical and chemical changes pack dependent

### Impacting on the quality of coffee flavour

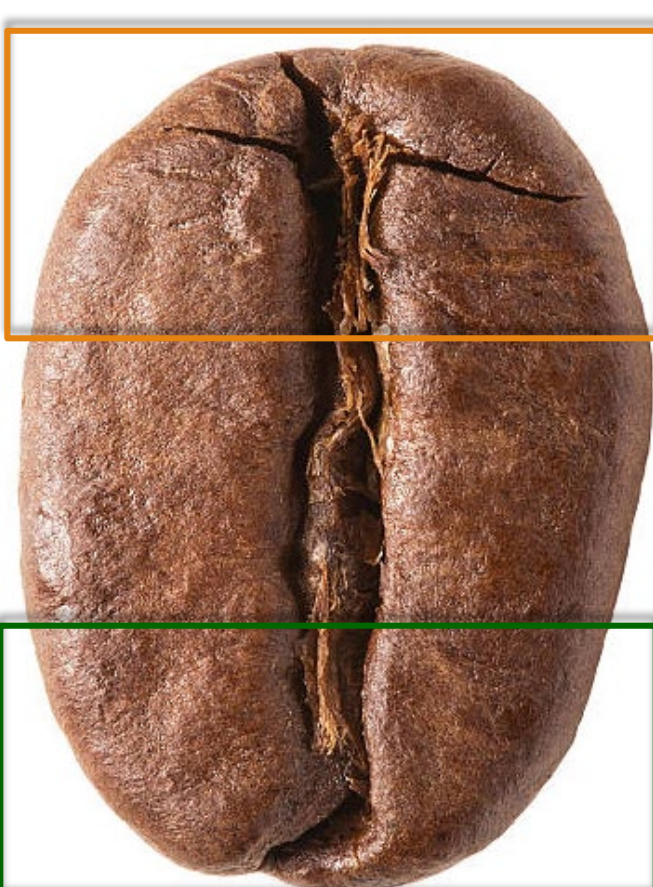
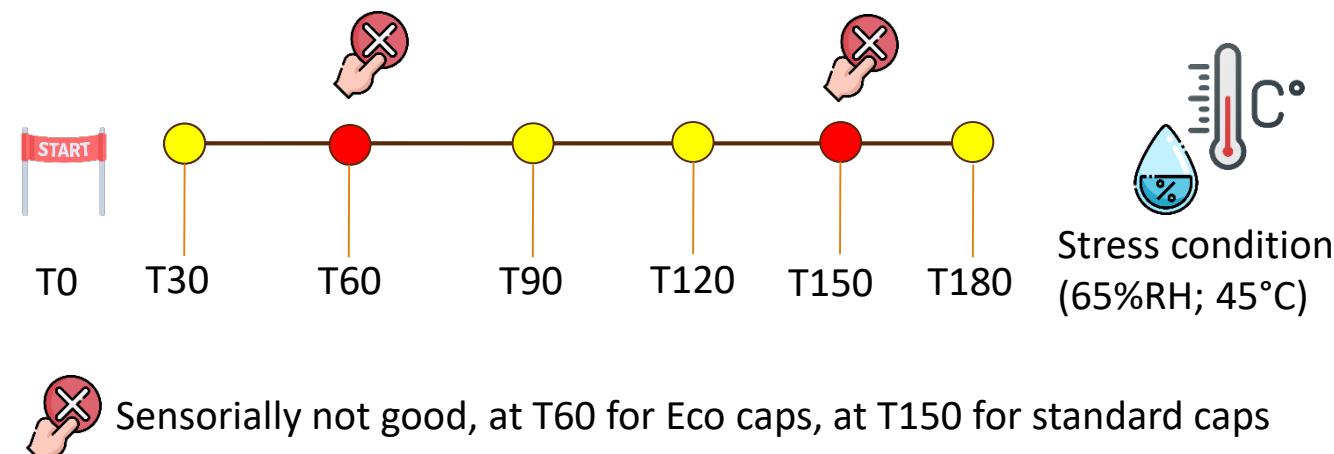
The quality of coffee flavor is a key step of the coffee production, since it determines the **consumer's acceptability** and delineate the **shelf-life** of the product. Nowadays the estimation is made by using cupping protocols, but this kind of procedure is time-consuming requiring panel training and aligned professional panelists and often it suffers of a too subjective evaluation. Due to the ever-increasing demand of coffee, there is a need for analytical techniques suitable for routine control (QC). For these reasons, nowadays, we are looking for potential alignment with the analytical instrumental measurements, capable to sample, separate, identify and extrapolate chemical information in a complex food matrix [2,8,9]. In particular, gas chromatography coupled with **mass spectrometry** is used in **foodomics** for the **quality control**, authentication and characterization of the products of interest.

This work aims to study the chemical changes of coffee flavour investigating the contemporary evolution over time of the coffee volatilome and of its lipid fraction.

## Materials and Methods

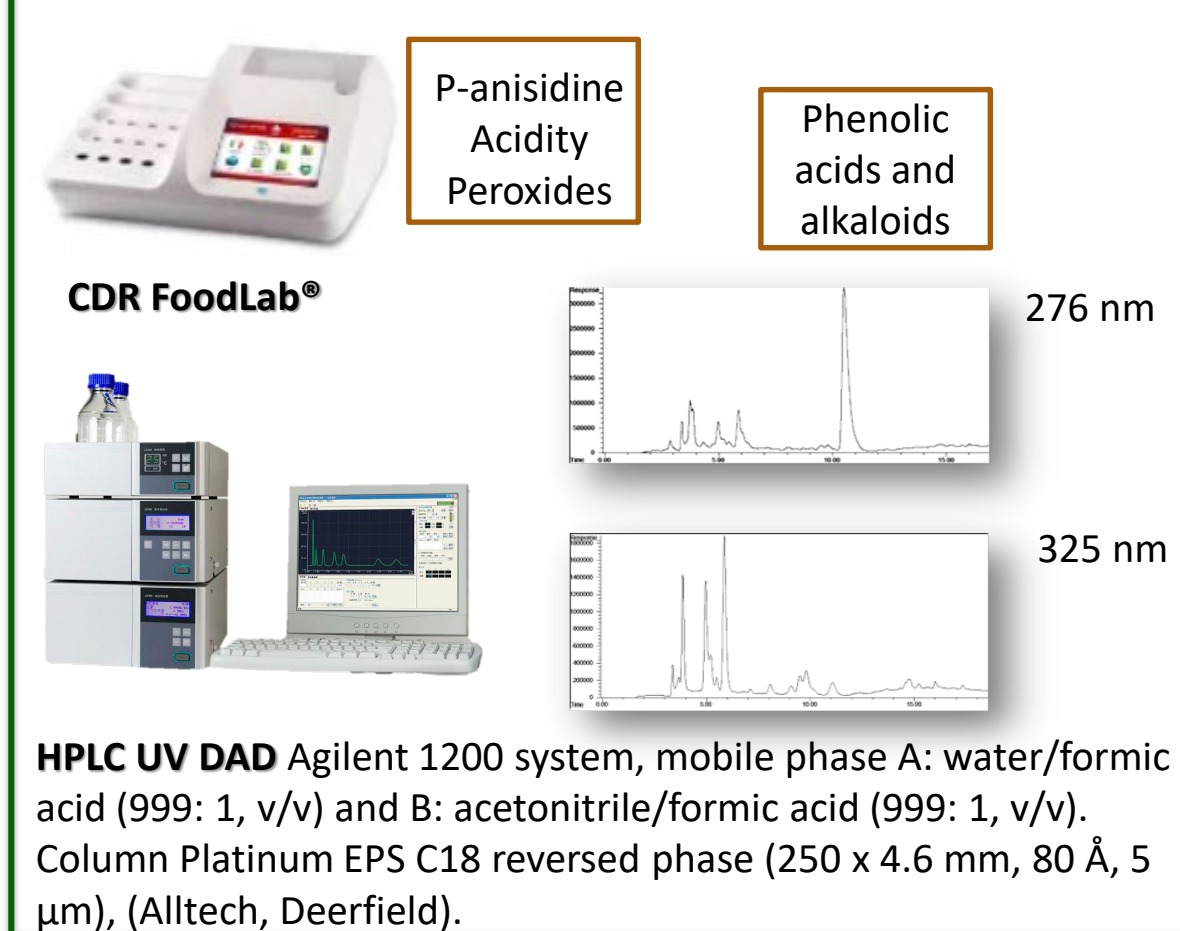
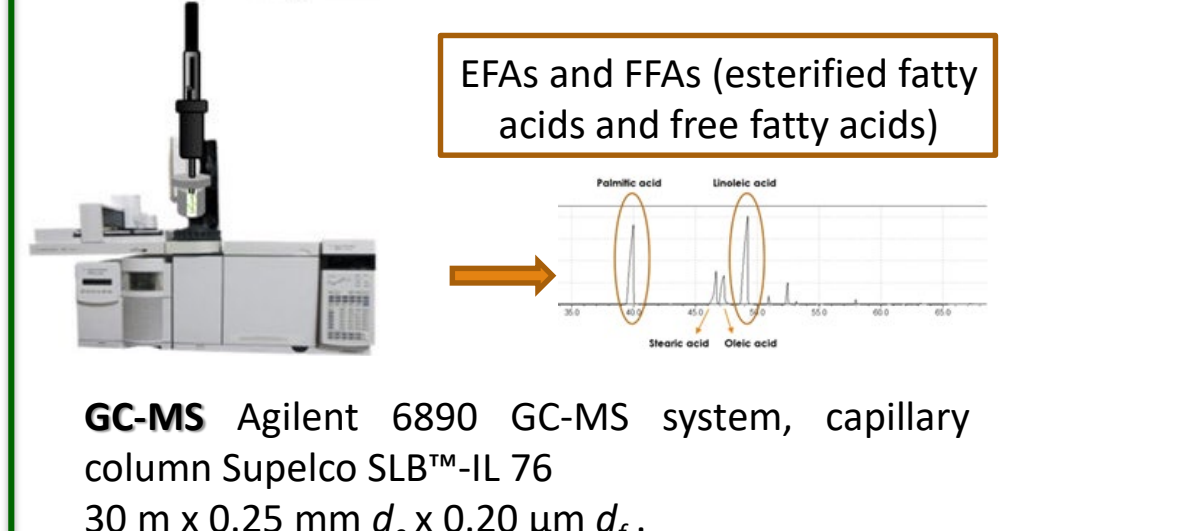
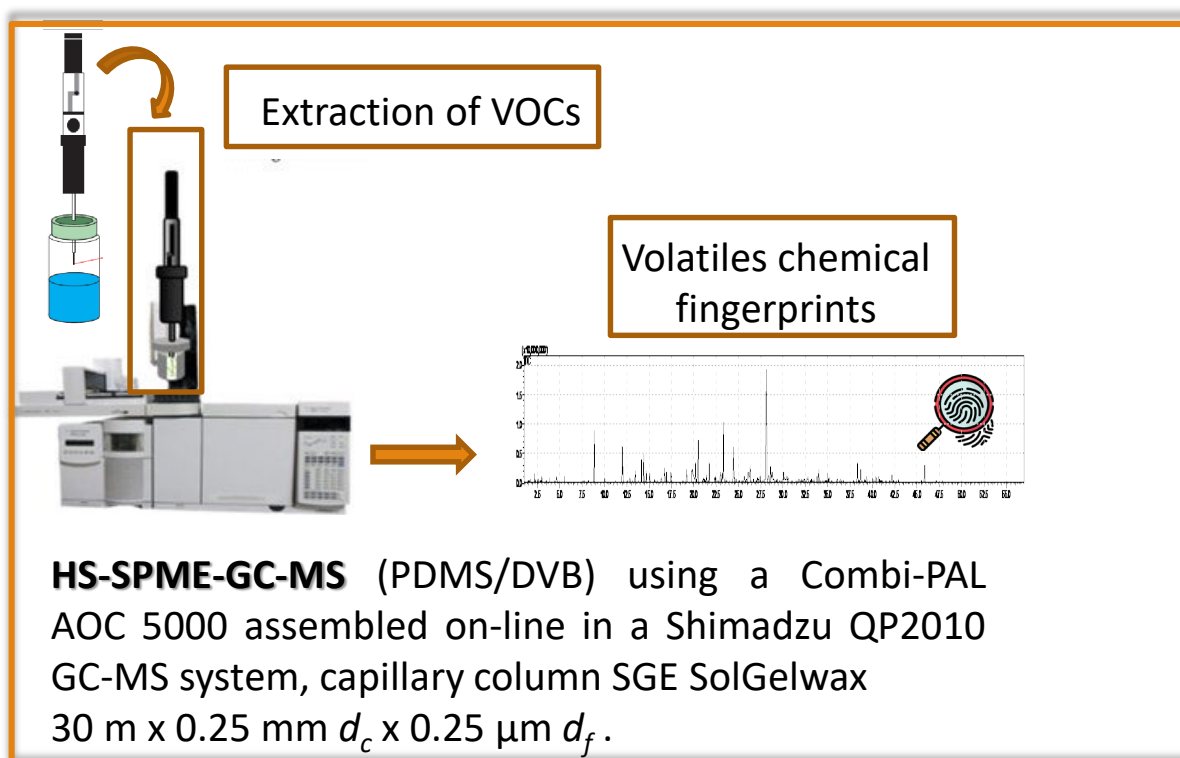


Coffee Type	Blends	Species	Packs
Capsules available for Espresso coffee	3 lots each		
	B	100% Arabica	Eco, standard
	P	100% Arabica	Eco, standard
	I	50% Arabica 50% Robusta	Eco, standard



### Volatile fraction

### Non-volatile fraction

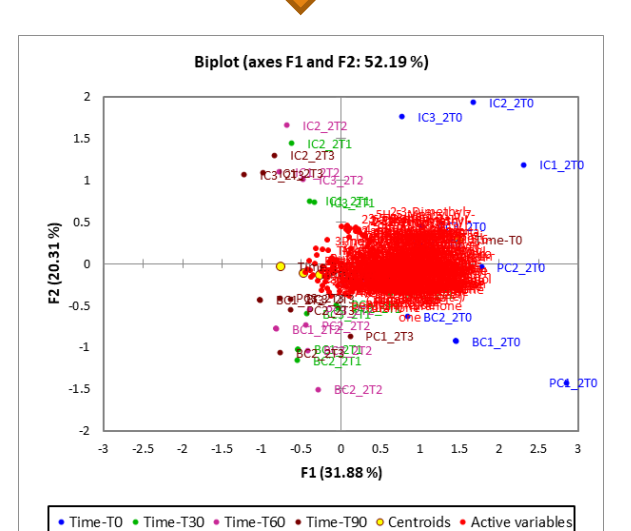


Data matrix

Variables

Samples

### Chemometrics

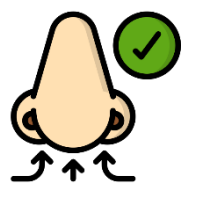


Data elaboration  
Chemometric analysis was performed with XLSTAT® (Addinsoft).

## Results and Discussion

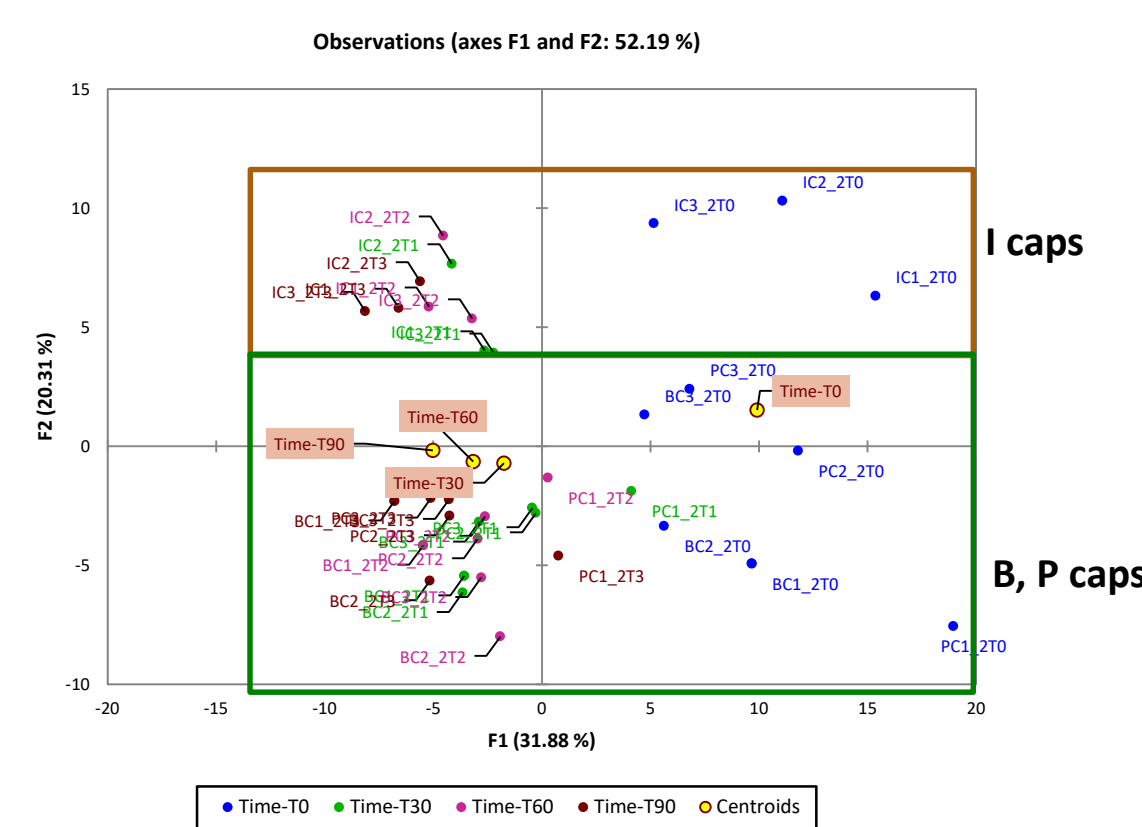


### Aroma

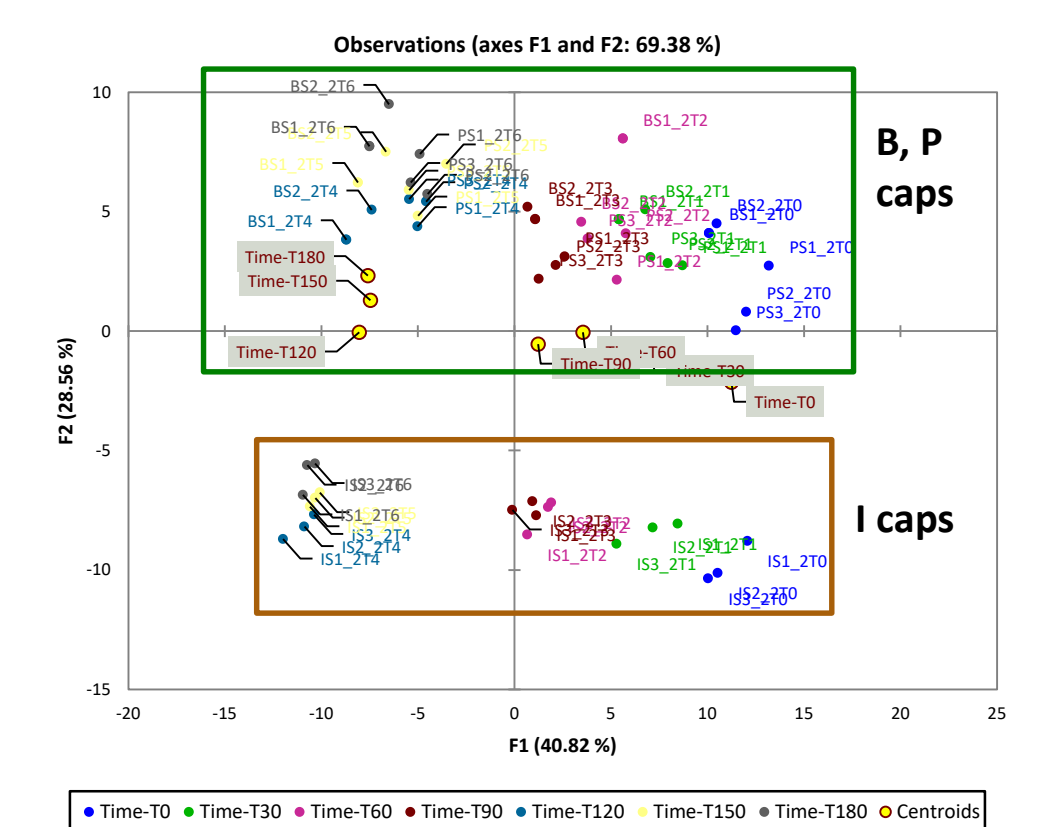


GC-MS data set were explored by **unsupervised multivariate analysis** to investigate diagnostic patterns.

### ECO caps: B, I and P



### STANDARD caps: B, I and P



PCA (Principal component analysis) score plots on **Eco caps**

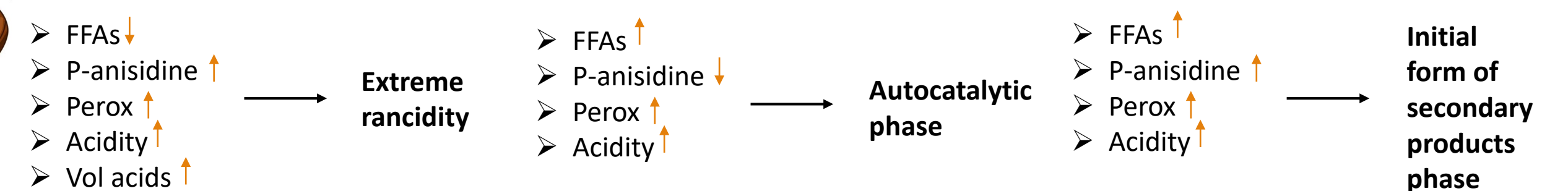
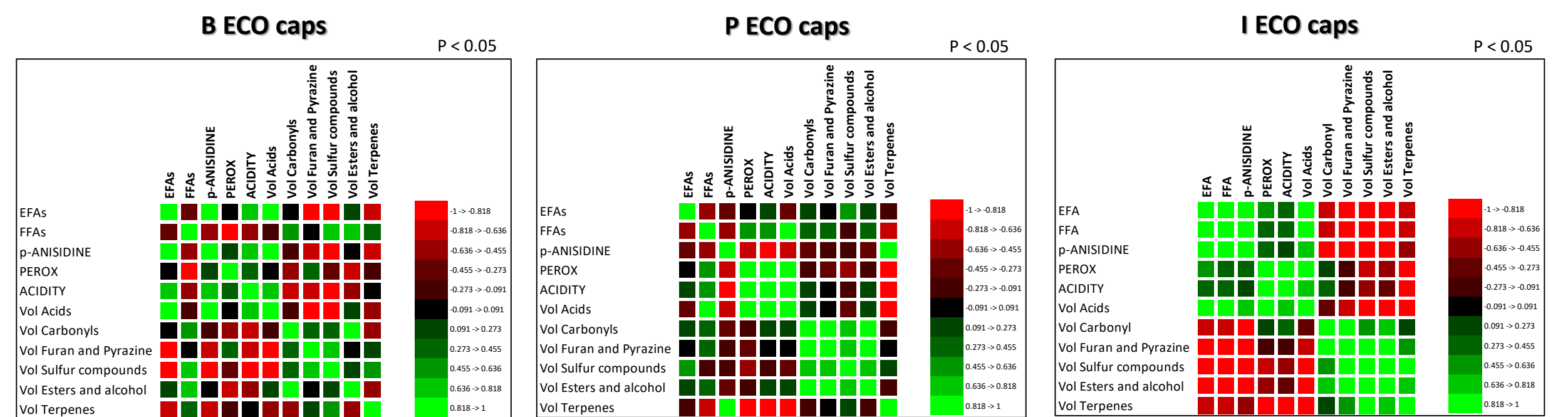
PCA (Principal component analysis) score plots on **Standard caps**

The analytical data of the normalized responses for the Eco and standard capsules report a spread, along the F1 component from right to left, between the reference (T0) and the samples aged from T30: In the **Eco caps**, at the initial monitoring time (T0), it is possible to notice a heterogeneous distribution, subsequently, however, from the time T30 the samples tend to cluster. In **standard caps**, samples result more homogeneous although a tendency to stand out among the starting times (from T0 to T90) and aged samples (from T120 to T180). PCA of the Eco and standard caps, highlighted discrimination in terms of blends. I samples (50% of Robusta and 50% of Arabica), in brown, are separated from the other blends, P and B, in green, that are 100% Arabica.

### Taste

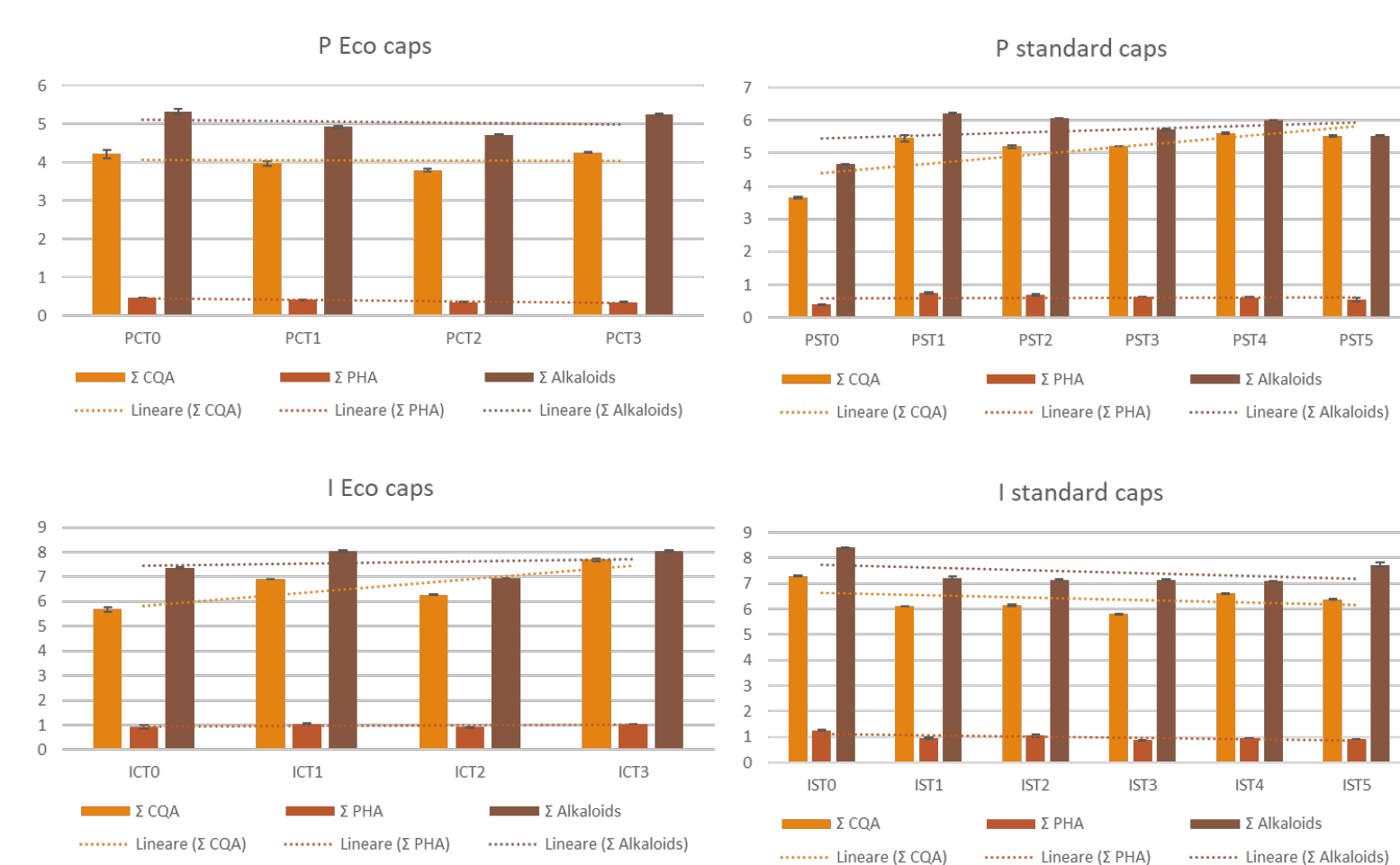


### Correlation between lipid fraction and aromatic fraction



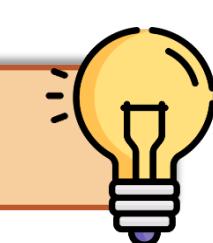
In **B caps** FFAs decreased for oxidative reactions consequently to hydrolyses of TAGs while anisidine together with Peroxides measures and vol acids increased. **P and I** presented a comune trend in which FFAs increases together with the peroxides. What distinguishes the two blends is the different behaviour of anisidine.

### Phenolic fraction and alkaloids



In the phenolic fraction, composed by chlorogenic acids (COAs), phenolic acids (PHA) and alkaloids, the compounds do not vary significantly (p>0.05). The fraction is very stable during time independently to the packaging and blend.

## Conclusions



This project investigated the sample volatile and non-volatile fractions. Among the volatiles constituting the coffee aroma, some markers describing the coffee aging independently from blends and packaging have been identified and also monitored over time in stress conditions. About the lipid fraction, it was evidenced the significant role played by the FFAs degradation and their derivatives on aging of samples. In any case, a different behaviour between blends and packaging was observed. About the phenolic acids and alkaloids, the fraction is very stable during the time independently to the packaging and the blend. The next step would be to apply a fusion of data from the above analytical approaches in order to have a more comprehensive knowledge (*omic* approach) of the chemistry of coffee aging and the relationship of the interactions between taste and aroma at molecular level.

### References

- [1] N. Bhurmitarata, K. Adhikari, and E. Chambers. (2011). LWT - Food Science and Technology 44(10): 2185-92.
- [2] B. Folmer. (2016). The Craft and Science of Coffee. Elsevier.
- [3] F. Kong, and R. P. Singh. (2016) The Stability and Shelf Life of Food Chemical Deterioration and Physical Instability of Foods and Beverages. Elsevier Ltd.
- [4] C. F. Ross, K. Pecka, and K. Weller. (2006). Journal of Food Quality 29(2006): 596-606.
- [5] Kringsbach M.L. Flavour (2015)
- [6] Prescott J. Current Opinion in Food Science 2015, 3:47-52
- [7] Wenny B. Sunarharum W.B., Williams D.J., Smyth H. E. Food Research International 62 (2014) 315-325
- [8] D. Bressanello, E. Liberto, C. Cordero, B. Sgorbini, P. Rubiolo, G. Pellegrino, M. Ruosi, C. Bicchi. (2018) Journal of Agricultural and Food Chemistry. 66(27): 7096-7109
- [9] G. Strocchi, E. Bagnulo, M. R. Ruosi, G. Ravaoli, F. Trapani, C. Bicchi, G. Pellegrino, E. Liberto, Food Chemistry submitted