



# INTERNATIONAL COUNSELLING CONVENTION 2022

1st - 4th November 2022

Riverside Majestic Hotel, Kuching, Sarawak, MALAYSIA

*Standing Alone  
TOGETHER:  
Managing  
the  
PARADOX*

## Abstract Proceedings

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# **INTERNATIONAL COUNSELING CONVENTION 2022**

## **ORGANIZED BY:**

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## Editorial Remarks

All praise to God for the abundance of mercy and love. With His permission, the Abstract Proceedings successfully published for the International Counseling Convention 2022 (ICC 2022) being held from 1<sup>st</sup> to 4<sup>th</sup> November 2022, at the Riverside Majestic Hotel, Kuching, Sarawak, Malaysia!

The theme of the convention is Standing Alone Together: Managing the Paradox by highlighting various sub-themes namely Counseling Ethics, Counseling Intervention & Skills, Counseling Supervision, Teaching and Learning in Counseling, Multicultural Counseling, Career Counseling, School Counseling, Organizational Counseling, Mental Health Counseling, Rehabilitation Counseling, Family, Adolescents & Children Counseling, Testing & Measurement Counseling, Technology in Counseling, Spiritual Counseling, Counseling and Human Resource and Wellbeing Counseling.

Through this theme, a total of 118 abstracts have been accepted and successfully published in this proceeding. Of these, a total of 88 full articles have been reviewed and successfully accepted for publication in several indexed and popular publication mediums. Among them are publications in The International Journal for the Advancement in Counseling (SCOPUS), European Journal of Educational Research (SCOPUS), International Journal of Academic Research in Business and Social Sciences (ERA), Journal of Cognitive Sciences and Human Development, UNIMAS ( My Cite), PERKAMA Journal, PERKAMA Book Chapter and UNIMAS Book Chapter.

This convention acts as a platform to gather experts in the field through the presentation and publication of research, especially in the field of counseling. They consist of counselor educators, counseling practitioners and trainee counselors from all over the world. Hopefully, with this continuous effort, we can contribute to the development of scientific disciplines and empower the well-being and mental health of the community.

Finally, the highest appreciation and millions of thanks go to all parties involved in this convention, especially the organizing committee as well as the presenters who have participated in contributing research results to be published through ICC 2022. Thank you and see you again. Long lasting greetings.

Associate Professor Dr. Ku Suhaila Ku Johari  
Head of Scientific Reviewer & Publications  
International Counselling Convention 2022

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**ID 134**

**Pandemik Covid-19: Realiti Kegusaran Pekerja Berkaitan Jaminan dari Pekerjaan**

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**ABSTRAK**

Pandemik COVID-19 di Malaysia memberikan pelbagai impak yang besar terhadap kehidupan seharian masyarakat. Pandemik yang menular ini secara tidak langsung telah menjejaskan pelbagai sektor dari sudut kesihatan, keselamatan, ekonomi dan sosial. Wabak ini telah menimbulkan perasaan takut dan keresahan seluruh masyarakat dunia apabila hasil kajian mendapati bahawa wabak ini boleh berjangkit daripada seseorang individu ke individu lain dengan cepat melalui titisan cecair dan sentuhan. Pandemik COVID-19 telah banyak memberikan kesan kepada ekonomi Malaysia terutamanya dalam sektor pekerjaan dan kadar pengangguran juga telah menunjukkan trend peningkatan. Kesannya amat menyeluruh terhadap skala dan jenis pekerjaan serta tiada satu pun yang terkecuali. Terdapat perniagaan yang terpaksa ditutup atau diisytiharkan bankrap dan pelbagai jenis skim pemberhentian atau pembuangan pekerja terpaksa dijalankan. Ada juga sesetengah pekerja yang masih berjuang berhabis-habisan agar kekal dalam konteks perkhidmatan dan perniagaan yang mereka lakukan. Untuk itu kekuatan dari kepelbagaian kecerdasan adalah diperlukan. Pelbagai pihak berfikir secara serius dan mencari formula terbaik bagi membantu pekerja-pekerja yang terjejas disebabkan oleh pandemik COVID-19 ini.

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