



Bayhead delta evolution in the context of late Quaternary and Holocene sea-level change, Richards Bay, South Africa

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1 Bayhead delta evolution in the context of late Quaternary and Holocene sea-level change,
2 Richards Bay, South Africa.

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9

10 **Abstract**

11 Richards Bay is part of a back-barrier lagoon fronted by high coastal dunes on the NE, Indian
12 Ocean coast of South Africa. In the early 1970s, a berm was constructed, dividing the original
13 Mhlathuze Estuary into two separate systems; the Richards Bay Harbour and the new
14 Mhlathuze Estuary. This study investigates the stratigraphic evolution of the incised valley
15 system and bayhead delta in the Richards Bay Harbour segment. Seven seismic units (Units 1–
16 7) were imaged. A single regionally developed sequence boundary (SB) along with two tidal
17 ravinement surfaces (tRS1 and tRS2) were identified. Surface SB is associated with the LGM
18 lowstand which developed when sea levels were ~130 m below present, until ~18 000 year BP.
19 Cretaceous age siltstones (Unit 1) form the basement. Transgressive material overlying SB
20 (Unit 2) reflects the filling of an incised valley located in the middle segment of a wave-
21 dominated back-barrier system. It is overlain by a bayhead delta (Unit 3), the geometry and
22 seismic signature of which indicate alternating periods of aggradation/progradation and
23 backstepping. The behaviour is attributed to episodic jumps in sea level, and is tentatively (on
24 the basis of elevations in relation to the regional sea-level curve) linked to periods of rapidly
25 rising sea level (8.2 ka event and Meltwater Pulse (MWP)-1d). These intervals of rapidly rising
26 sea level, combined with relatively low gradient settings facilitated backstepping of the delta.
27 Fills (Unit 4) occur within minor incisions along the delta top. These are interpreted as
28 distributary channels that fed sediment to the seaward edge of the bayhead delta system.
29 Elongated mounds on the seafloor (Unit 5) are interpreted as spoil from contemporary port
30 dredging. Slump deposits (Unit 6) along the delta front are attributed to a combination of

31 oversteepening of the delta by dredging, as well as deposition of modern sediments brought
32 into the system by tidal currents. The system is capped by fine-grained, tidally redistributed
33 and deposited sediments (Unit 7) which were possibly sourced from older organic material of
34 an indeterminate source. This site is especially sensitive to episodic rates of sea level change
35 due to the relatively small Glacial Isostatic Adjustments (GIA) during the postglacial
36 transgression and the flat antecedent gradients of both the subaerial unconformity and the
37 overlying tidal ravinement.

38

39 **1. Introduction**

40 Bayhead deltas are defined as fluvially-dominated deltas that prograde into a semi-enclosed
41 body of marine water (Nichol et al., 1997). On a transgressive coastline bayhead deltas form
42 where the rate of sediment input from a fluvial source surpasses the rate of sea-level rise
43 (Aschoff et al., 2018). As such, bayhead deltas are an integral component of most classic wave-
44 dominated lagoon/embayment systems (Dalrymple et al., 1992). They provide a link between
45 the fluvial and central basin depositional environments of many incised valley systems (Simms
46 and Rodriguez, 2015). However, they are not restricted to incised valley systems (Bhattacharya
47 and Giosan, 2003) and also form in fjords, structural basins, interdistributary bays, and other
48 backbarrier environments (see Simms et al., 2018).

49 In most cases, fluvial systems associated with bayhead deltas provide the majority of the
50 sediment and freshwater input to the upper portions of these systems (Smith et al., 2013). They
51 are also an important part of the rock record, providing vital information for sequence
52 stratigraphic models, and play host to important hydrocarbon reservoirs worldwide (Simms et
53 al., 2018). Many ports and coastal cities are also partly constructed on bayhead deltas,
54 underlining the importance of these shallow and flat-lying areas for land reclamation.

55 Here we document the stratigraphic evolution of a bayhead delta and incised valley system on
56 which one of the busiest ports in Africa, Richards Bay Harbour, is situated. The purpose of this
57 study is to: (1) provide a detailed and complete stratigraphic framework of the underlying
58 incised valley network of the palaeo-Mhlatuze Estuary, now the site of Richards Bay Harbour;
59 (2) describe the stratigraphic evolution of the backbarrier system and its bayhead delta and (3)
60 determine the process and controls on bayhead delta backstepping in the local context of sea-
61 level change.

62

63 **2. Regional setting**

64 2.1. Physiography

65 The Richards Bay Harbour is situated on the subtropical northeast coast of South Africa
66 (approximately 28°47'55.15" S, 32°03'26.71" E) and lies adjacent to the Mhlathuze Estuary
67 (Fig. 1). Before the harbour was developed, the two systems comprised a single large lagoonal
68 system (Weerts and Cyrus, 2002) connected to the Indian Ocean via a narrow inlet roughly in
69 the location of the modern harbour entrance (Jerling, 2003) (Fig. 1).

70 The original estuary system had five rivers flowing into it, the Mhlathuze, Bhizolo, Mzingazi,
71 Mtantatweni and Manzinyama rivers (Jerling, 2003), of which the west-east-trending
72 Mhlathuze River was dominant. The construction of a berm that divided the estuary into two
73 systems, commenced in 1972 and allowed the two embayments to now function independently,
74 with two separate inlets (Fig. 1) situated 4 km from each other (Weerts and Cyrus, 2002). The
75 Mhlathuze River was re-directed to flow into the new Mhlathuze Estuary and not into the
76 harbour (Jerling, 2003), though a small channel still occurs where the palaeo-Mhlathuze River
77 had previously entered. Large portions of the former back-barrier have now been reclaimed
78 and converted into various docks and industrial spaces (Fig. 1).

79 To the north of the harbour lies Lake Mzingazi, which enters the system via the Mzingazi Canal
80 (Weerts et al., 2014). Apart from the tidal inlets, the system is separated from the Indian Ocean
81 by a peninsula comprising a coastal dune-ridge with an elevation of approximately 20-30 m to
82 its west and 5 m in the east (Maud and Orr, 1975).

83

84 2.2. Hydrodynamic regime

85 Semi-diurnal tides dominate the northern KwaZulu-Natal coastal plain. The neap tidal range in
86 the Richards Bay area is 0.52 m, whereas the mean spring range is approximately 1.80 m
87 (Schoonees et al., 2006). The KwaZulu-Natal coast is thus described as microtidal (Davies,
88 1964) or lower mesotidal (Hayes, 1979; cf. Flemming 2005).

89 The open coast is dominated by high energy waves (Salzmann and Green, 2012). The average
90 significant wave height offshore Richards Bay is 1.5 m (Moes and Rossouw, 2008) and there

91 are only small seasonal changes in wave height and direction (Rossouw, 1984). For
92 approximately 40% of the time, southeast prevailing high-amplitude swells are dominant in the
93 area (Begg, 1978; Rossouw, 1984). However, when northeasterly winds prevail, low-amplitude
94 and short period waves develop for a further 40% of the time (Van Heerden and Swart, 1986).
95 Offshore the harbour, the middle to outer shelf is dominated by the Agulhas Current, a swiftly-
96 flowing western boundary current that can reach speeds of up to 2 m s⁻¹
97 (Lutjeharms, 2006) and which removes most of the sediment that accumulates along the shelf
98 edge since the early Holocene (Flemming, 1981).

99 Schoonees et al. (2006) outline both the swell and wind-wave climate of the harbour interior.
100 Significant wave heights in the centre of the main channel (Fig. 1) were modelled and values
101 of 0.7 m and 1.1 m obtained for return periods of 1 and 100 years respectively. Wave
102 penetration decreases substantially to landward in the backbarrier (Schoonees et al., 2006).

103

104 2.3. Fluvial sediment load

105 Before the development of the Richards Bay Harbour, the Mhlathuze River delivered a
106 sediment load of approximately 20 500 m³ per year to the unaltered estuary (Anon, 1972, cited
107 in Weerts, 2002). Subsequent to the harbour development, this increased to approximately
108 237 000 m³ per annum in the now separated Mhlathuze estuary to the south (Huizinga and Van
109 Niekerk, 2000, cited in Weerts, 2002). Sediment delivery to the current harbour is limited to
110 almost entirely marine materials (Begg, 1978), with very little fluvial sediment entering the
111 system (Cloete and Oliff, 1976; Mehlhorn et al., in 2021).

112

113 3. Methods

114 3.1. Seismic reflection data

115 This study focuses on a series of incised valleys and sedimentation related to the palaeo-
116 Mhlathuze River entrance to the Richards Bay backbarrier system. High resolution, single-
117 channel seismic data were collected using a Design Projects Boomer and a 20-element
118 hydrophone array at a power level of 175 J. Data were collected along coastal strike with a line
119 spacing of 25-50 m. Several tie lines were collected down-dip with a line spacing of ≤ 200 m
120 totalling approximately 180 line kilometres (Fig .1). These data were recorded using the

121 Hypack™ hydrographic software package and positioning was achieved using a Real Time
122 Kinematic DGPS of ~ decimetre accuracy. The raw seismic data were processed using the
123 Hypack SBP utility. Bandpass filtering and time-varied gains were applied to all data. Constant
124 sound velocities in water (1500 ms⁻¹) and sediment (1650 ms⁻¹) were used to extrapolate the
125 time-depth conversions. Post-processing, the vertical resolution of the Boomer system is
126 between 0.5 and 0.7 m. All data were interpreted according to standard seismic stratigraphic
127 principles (Mitchum and Vail, 1977).

128

129 3.2. Bathymetry

130 Multibeam bathymetry data were collected using a Norbit iWBMS narrow beam multibeam
131 echosounder with an integrated Applanix Wavemaster II inertial navigation unit. Sound
132 velocity in water was measured using an AML Base X system, and tides were corrected in real
133 time using the RTK GPS position. All data were processed in Hypack and the final product
134 exported as 0.5 x 0.5 m grid.

135

136 3.3. Coring and sediment sampling

137 Several gravity cores were collected to sample some of the key seismic surfaces and facies
138 observed in the seismic records. The cores were collected using a Uwitec large-gauge gravity
139 corer with an 86 mm diameter barrel. The cores were split, described, photographed, and
140 sampled for AMS C¹⁴ dating. Samples of organic sediment were sent for radiocarbon analysis
141 from two cores, RBH-18-23 and RBH-18-18. All samples were calibrated using the
142 marine20.14c model (Heaton et al., 2020), with a reservoir effect of 716 ±26 years (Maboya
143 et al. 2018).

144

145 **4. Results**

146 4.1. Bathymetry

147 The study area encompasses a shallow, low-gradient intertidal-subtidal bayhead delta of
148 sediment adjacent to the entry point of the palaeo-Mhlatuze River into the Richards Bay
149 Harbour. The platform is fringed landward by mangroves and is modified along its southeastern

150 and northeastern margins by regular seafloor dredging (Fig. 2). A clear, planar morphology is
151 evident, with the platform widening seaward (Fig. 2). Platform elevations range from +1 m
152 MSL along the mangrove fringes in the northwest of the study area, to -24 m where the bayhead
153 delta drops off steeply and where dredging is common in the main shipping channels. A series
154 of shallow channels incise the surface of the platform. They are up to 100 m-wide and ≤ 2 m
155 deep. These extend from the current channel that enters the port, to the southeastern terminus
156 of the platform (Fig. 2), decreasing in relief until they are barely perceptible in the gridded
157 bathymetry.

158

159 4.2. Seismic stratigraphy

160 Seven seismic units (Unit 1 – 7) were imaged beneath Richards Bay Harbour (Figs. 3-10). Of
161 these, Units 2 and 7 are subdivided into a number of sub-units (e.g. Unit 2a, b and c) (Fig. 3
162 and 4). Acoustic reflectors separate these units from each other (e.g. Reflector-1/3 separates
163 Unit 1 and Unit 3). Unit 1 is separated from the overlying units by Surface SB. Unit 2 occurs
164 between Surface SB and tRS1. Units 3, 4 and 6 occur above Reflector-1/3 and crop out on the
165 seabed. Unit 5 occurs between tRS1 and tRS2 or between tRS1 and the seabed, and Unit 7a
166 occurs between tRS1 and tRS2 or between tRS1 and the seabed. Unit 7b exclusively occurs
167 between tRS2 and the seabed. The elevations of the main seismic surfaces are presented in
168 figure 11.

169

170 Unit 1

171 Unit 1 is the oldest unit resolved in the study area. This unit is characterised by continuous,
172 parallel, seaward dipping and prograding reflectors of moderate amplitude. These reflectors are
173 truncated by high amplitude erosional surfaces SB and tRS1 or tRS2 (Figs. 3-10) or may crop
174 out on the seabed (Figs. 4 and 7b). In places, this unit also directly underlies Unit 3, where the
175 lateral extent of Surface SB is unknown (Figs. 8-10). The maximum thickness of this unit
176 cannot be determined but is at least 58 m.

177

178 Unit 2

179 Unit 2 occurs as fills within incisions of Surface SB. This unit is subdivided into three sub-
180 units (2a, b and c) which are present to varying degrees throughout the study area.

181

182 Unit 2a

183 Unit 2a occurs throughout the study area, forming the majority of the valley fills (Figs. 3-10).
184 It mainly manifests itself as aggrading/draping reflectors of low to moderate amplitude (e.g.
185 Fig. 3-7 and 9a). These either onlap Surface SB (Figs. 3-7 and 9a) or Reflector-2a/c (Figs. 3,
186 5-7a). In some incisions, these reflectors are randomly oriented, showing no particular
187 configuration (e.g. Figs. 7b and 10), while in others they are sigmoidal to oblique-parallel. They
188 downlap Surface SB and onlap Reflector- 2a/b (Figs. 8 and 9b). In all instances, reflectors of
189 Unit 2a are truncated by the overlying tRS1. The average thickness of this unit cannot be
190 determined as its basal surface is mainly beyond the penetration depth of the Boomer but
191 appears to reach maximum thicknesses of more than 30 m.

192 Unit 2b

193 Unit 2b occurs sporadically in the study area, comprising low amplitude, concave down to
194 oblique-parallel, valley-flank attached reflectors which form mounds (Figs. 7a, 8 and 9). These
195 reflectors onlap and downlap Surface SB. Where present, this unit is mainly attached to only
196 one valley-flank and is separated from Unit 2a by Reflector-2a/b. This unit attains a maximum
197 thickness of 2.5 m.

198 Unit 2c

199 Unit 2c occurs as lenses of prograding, sigmoid to oblique-parallel reflectors of low to
200 moderate amplitude (Figs. 3, 5-7a and 10). These onlap Surface SB and downlap Reflector-
201 2a/c. In all cases, this unit is truncated by tRS1 and is mainly attached to incised valley-flanks.
202 This unit is 4 to 8 m thick and lies approximately 24 m below sea level.

203

204 Unit 3

205 With a maximum thickness of 22 m, Unit 3 consists of continuous, high to moderate amplitude,
206 aggrading and prograding reflectors (Figs. 8-10). The unit is overall planar, with very flat
207 topsets confined to the distal margins. Clinofolds of this unit aggrade and also backstep, with

208 successive rollovers initiated further landwards and at shallower elevations. They all prograde
209 into and over the underlying incised valley fill of Unit 2 (Figs. 8-10). Along the delta
210 bottomsets, the reflectors are sub-parallel, exhibiting dip angles of 6 to 11° and either abut
211 against Unit 6 (Figs. 8, 9b and 10b) or intercalate with Unit 7 (Figs. 9a and 10a). The rollover
212 of Unit 3's clinoforms are associated with three distinct elevations at ~ -12.5 m, ~ -11 m and ~
213 -7.5 m (Fig. 11f).

214

215 Unit 4

216 Unit 4 forms fills within small, isolated incisions (Fig, 8, 9b and 10b). These incisions are
217 exclusively found within the upper portions of Unit 3 and reach depths of 7-15 m (Fig. 11).
218 This unit comprises low to moderate amplitude, aggrading to concave up reflectors.

219

220 Unit 5

221 Unit 5 forms as isolated mounds with chaotic, high amplitude reflectors showing no particular
222 configuration (Figs. 3-6). These mounds are found within or crop out of Unit 7 and lie directly
223 on tRS1. These form small peaks on the seafloor, surrounded by contemporary furrows formed
224 by active dredging (Fig. 3b)

225

226 Unit 6

227 Unit 6 forms adjacent to Unit 3 and comprises moderate to high amplitude, randomly oriented
228 to sigmoid parallel reflectors (Figs. 8, 9b and 10b). These may either onlap Reflector-2/6 (e.g.
229 Fig. 8) or Reflector-3/6 (e.g. Figs. 9b and 10b). This unit reaches maximum thicknesses of
230 approximately 10 m.

231

232 Unit 7

233 Capping most incised valleys is Unit 7, which can be divided into two sub-units (7a and b).
234 This unit may either be laterally extensive or may pinch out landward or seaward.

235 Unit 7a

236 Unit 7a occurs throughout the study area and consists of aggrading and prograding, moderate
237 to low amplitude reflectors (Figs. 3-10). The reflectors are mostly parallel and, drape the
238 depressions formed by the underlying tRS1 surface (e.g. Fig. 5). They may also be sigmoidal,
239 discontinuous, randomly oriented or show no particular internal configuration (Fig 3-10).
240 Where sigmoidal, they downlap tRS1 and in places, onlap Reflector-6/7 (Fig 9b and 10b). This
241 unit underlies tRS2 (Figs. 3-5 and 9a) and may be up to 5.5 m thick.

242 Unit 7b

243 Where present, Unit 7b lies directly above Unit 7a (Figs. 3-5 and 9a). This unit comprises very
244 low to low amplitude reflectors with no apparent configuration. The unit pinches out landward
245 and/or seaward and attains a maximum thickness of approximately 2 m.

246

247 Stratigraphic surfaces

248 Three major stratigraphic surfaces characterise the study area (SB, tRS1 and tRS2). Their
249 orientation, depth and attributes are shown in Fig. 11. Throughout the study area, reflectors of
250 Unit 1 are erosionally truncated by the high amplitude, continuous, rugged, undulating Surface
251 SB. Numerous incisions of various widths and depths characterise this surface. The incisions
252 in Surface SB either trend N-S or W-E and reach depths greater than 40 m (Fig. 11a).

253 Surface tRS1 occurs throughout the study area. This erosional surface is characterised by the
254 presence of numerous minor incisions and may either be limited to the major incised valley
255 network (Figs. 8-10) or may extend laterally beyond the incised valleys where it merges with
256 SB on the incision interfluves (Figs. 3-7). Where Units 3 and 6 are present, tRS1 abuts gently
257 against either of them (Figs. 8-10). Surface tRS1 reaches depths of ~ 29 m (Fig. 11b). The
258 combined tRS1 and SB surfaces (over which unit 3 progrades) are generally flat (Figure 11c),
259 with an average gradient of $\sim 0.1^\circ$. Local gradients of this combined surface increase where
260 there has been excavation by subsequent erosion during formation of tRS2 to remove tRS1.
261 This usually occurs where pronounced valleys are present in SB.

262 As mentioned, surface tRS2 is erosional, consisting of numerous minor incisions and small
263 scarps. This surface is not continuous across the system (Figs. 3-5 and 9a). Surface tRS2

264 extends to a depth of ~24 m (Fig. 11d). The small channels that house Unit 4 reach depths of
265 15 m relative to mean sea level (Fig. 11e).

266

267 Faults

268 A number of prominent normal faults are recognised in the study area. They are visible in the
269 NNE-SSW (e.g. Figs. 6 and 7a) and WNW-ESE (Fig. 3) trending seismic lines as well as the
270 N-S trending seismic line (Fig. 9b). Most of these faults occur within Unit 1 (Figs. 3, 6, 7a and
271 9b), with a single fault observed within the incised valley fill itself (Unit 2a) in Fig. 7a. In some
272 instances, the faults influence the seabed morphology, displacing the seafloor by approximately
273 2 m (e.g. Fig. 3a and b).

274

275 4.3. Core lithology

276 The cores grouped in the landward-most part of the study site (RBH-18-23 and 24) are
277 dominated by rhythmically interbedded silts and clays, with occasional sandy laminae and
278 regular organic-rich horizons (Fig. 12). Occasional, high-angle plan cross-bedded sandy
279 laminae occur. Towards the core tops, burrows are apparent. Core RBH-18-25 collected from
280 the more distal parts of the platform-top channel is more organic-rich, with few laminations
281 present and a lack of rhythmic interbedding (Fig. 12). Occasional shell debris occurs, marking
282 very crude, flat-lying beds. Mottling and burrowing are common in the upper portions of the
283 core where the sand content increases to medium sands with larger, grit-sized (2-4 mm) shell
284 fragments. These cores intersect only Unit 7b. The landward expression of Unit 7b appears
285 (Fig. 12a) sedimentologically different to the more seaward variant, as described below.

286 In the main dredge depression, cores RBH-18-18, RBH-18-11, RBH-18-12 and RBH-18-14
287 show similar alternating dark black and light brown silty laminations (Fig. 12b). RBH-18-14
288 has a brown, clay-rich basal section with very faint black laminae. Flat-lying sand lenses up to
289 1 cm-thick occur sporadically. Above the stratigraphically highest lens (~ 1.3 m downcore) the
290 core comprises uniform brown clay which is sharply overlain by rhythmic interbeds of black
291 and brown clays. These grade into dark black clays with stratigraphic height. The core
292 intersects both Unit 7a and b (Fig. 4), with tRS2 reconciled to the uppermost sand lens at 92
293 cm downcore (Fig. 12b).

294 The deepest parts of RBH-18-12 intersect a basal set of dark black clay laminae which are
295 sharply overlain by a faintly laminated brown clay with gently inclined sandy layers (Fig. 12b).
296 This grades vertically into a dark brown and light brown interbedded clay unit. The core
297 intersects tRS2 which is marked by a cm-thick sandy layer. Unit 7b can be reconciled with the
298 lower, faintly laminated brown clay, and Unit 7a the overlying darker materials. RBH-18-11
299 consists almost entirely of the dark black laminae that marks the upper horizons of the other
300 cores and appears to have terminated at tRS2 (Fig. 12b). RBH-18-18 comprises a similar dark
301 black upper laminated package that terminates sharply on a lower stiff grey clay. The entire
302 core represents Unit 7b.

303 The dates on RBH-18-23 are stratigraphically inconsistent. Organic sediment from a core depth
304 of 70-71 cm dated to 1845 ± 30 BP. This is overlain at 33-34 cm by organic sediment dated at
305 3745 ± 30 BP (Fig. 12B). A single organic sediment date from RBH-18-18 at a core depth of
306 42-43 cm returned an age of 6060 ± 165 cal BP.

307

308 **5. Discussion**

309 5.1. Seismic stratigraphic interpretation

310 5.1.1. Acoustic basement and LGM lowstand (Unit 1 and Surface SB)

311 Unit 1 forms the acoustic basement to the study area. This unit is intersected by numerous
312 boreholes in the region (Maud and Orr, 1975) and represents the Cretaceous age siltstones that
313 have been widely recognised along the shelf and underlying the coastal water bodies of the east
314 coast of South Africa (Green and Garlick, 2011; Green et al., 2013; Benallack et al., 2016;
315 Dladla et al., 2019). A series of incised valleys, represented by Surface SB, are cut into the
316 Cretaceous siltstones. This unconformity surface can be traced onto the shelf and for several
317 hundred kilometres along the east coast. Cores from incised valleys of similar stratigraphic
318 positions on the Durban shelf (Pretorius et al., 2016) and in Lake St Lucia (Dladla et al., 2019)
319 reveal the infilling materials to be Holocene in age. We thus associate this surface with the
320 LGM lowstand, when sea levels occupied a position of the shelf break at ~ 130 m below present,
321 $\sim 18\,000$ year BP (Ramsay and Cooper, 2002; Cooper et al., 2018).

322

323 5.1.2. Post-LGM incised valley fills (Unit 2)

324 The incised valley network is dominated by the thick and homogenous fills of Unit 2a. Though
325 these may occasionally show no particular reflector configuration, they are mainly aggrading
326 in nature, forming onlapping drapes with the valley walls. This architecture closely resembles
327 the central basin fills recognised in incised valleys to the south (e.g. Green et al., 2013) and to
328 the north (e.g. Benallack et al., 2016; Dladla et al., 2019) of the study area, suggesting that Unit
329 2 is mainly characterised by central basin deposits (Unit 2a), intercalated with other deposits
330 (e.g. Unit 2b). The thick nature of the central basin fill is in keeping with the location of the
331 incised valley in the middle segment of a wave-dominated back-barrier system (e.g. Zaitlin et
332 al., 1994).

333 The valley flank deposits of Unit 2b show strong similarity to the prograding point bars that
334 other authors have recognised from incised valley fills (e.g. Weber et al., 2004; Chaumillon et
335 al., 2008; Dladla et al., 2019). The high-angle, inclined reflectors and their location usually on
336 the gentler bank of the valley support this interpretation.

337 Unit 2c forms as flank attached or isolated prograding packages with sigmoid to oblique-
338 parallel reflectors. Simms et al. (2010) reported a similar, prograding, valley-flank attached
339 package in the Baffin Bay incised valley. Here, they suggest that a package with this type of
340 appearance can either be interpreted as buried prograding subtidal spits or lobes of a bayhead
341 delta. They propose that the attached nature of the unit to valley flanks favours a buried spit
342 interpretation over bayhead delta lobes. We similarly interpret Unit 2c as representing buried
343 subtidal spits. In Lake St. Lucia, Dladla et al. (2019) recognise units of similar seismic
344 architecture and describe these as wind-driven prograding sand spits. Such deposits are
345 suggested to have formed due to the transport and reworking of sediment by wind-induced
346 bottom currents (e.g. Nutz et al., 2015). These are commonly recognised in other large coastal
347 water bodies of the area (Wright et al., 2000). The spits (Unit 2c) were later truncated by
348 modern tidal processes (tRS1).

349 Surface tRS1 is characterised by numerous minor incisions, the morphology and scale of which
350 are similar to those of contemporary tidal creeks and channels of the modern back-barrier
351 system. tRS1 has a similar seismic expression to tidal ravinement surfaces documented
352 elsewhere (Menier et al., 2006; Nordfjord et al., 2006; Benallack et al., 2016; Dladla et al., 2019;
353 Engelbrecht et al., 2020). Such surfaces form due to migrating tidal inlets or channels during
354 sea-level rise (Catuneanu et al., 2009; Green et al., 2015).

355

356 5.1.3. Bayhead delta (Units 3 and 4)

357 The aggrading-prograding and backstepping seismic reflection architecture of Unit 3 closely
358 resembles that of bayhead deltas subject to episodic jumps in sea level. Such features have
359 previously been recognised worldwide (e.g. Allen and Posamentier, 1993; Nichol et al., 1997;
360 Rodriguez et al., 2010; Smith et al., 2013; Benallack et al., 2016; Aschoff et al., 2018). Episodic
361 landward shifts of many of these features have been directly linked to rapid sea level rise during
362 the early Holocene period (Rodriguez et al., 2010; Kendall et al., 2008; Törnqvist et al., 2004).

363 Unit 4 occurs as fills within minor incisions along the delta top (Fig. 11e). We interpret these
364 as tidal channels on the bayhead delta surface (distributaries) that fed sediment to the seaward
365 edge of the system. A similar series of small, shallow channels incise the surface of the modern
366 platform and are visible in the bathymetry (Fig. 2). The overall seismic architecture of Unit 3
367 and 4 is in combination similar to the bayhead deltas described from Florianopolis Bay of
368 southern Brazil (Meireles et al., 2016). The fact that clinoforms are restricted to the seaward
369 margin, points to vertical aggradation of the delta surface since its inception when sea level
370 reached ca. -20 m.

371 The distinct elevations in delta clinoform rollover at ~ -12.5 m, ~ -11 m and ~ -7.5 m (Fig. 11f)
372 are discussed below in section 5.3.2. Each of these can be considered approximate upper
373 intertidal palaeo-shoreline positions and thus markers of palaeo-sea level. Their degree of
374 accuracy can be related to palaeo-tidal influences, with larger tides extending the error of
375 interpretation. In most instances, and in the absence of data, the palaeo-tidal ranges are related
376 to the modern heights of these datums (Hijima et al., 2015). In the case of our study and the
377 palaeo-shorelines above, the underlying incised valley stratigraphy, in combination with the
378 wave-dominated shape of the delta, illustrates a former wave-dominated setting for an open
379 bayhead delta (Simms et al., 2018). When related to the upper micro-tidal framework currently
380 experienced in the area, these provide good sea level indicators with an approximate error of
381 half the tidal amplitude (cf. Hijima et al., 2015). Given the contemporary spring tide amplitude
382 of 1.8 m, this error equates to <0.9 m.

383 Despite the evidence for neotectonism presented later in section 5.2, the modelled glacial
384 isostatic adjustment (GIA) for the last deglaciation in the study area reveals local sea levels to
385 be within 1 m of the global predicted values (Milne and Mitrovica, 2008). This points to a
386 relatively good fit between palaeo-sea level inferences based on the stratigraphy and global
387 episodes of sea-level variation.

388

389 5.1.4. Anthropogenic features (Unit 5)

390 Figure 2 and 3 show several elongate mounded features of seafloor that crop out as semi-
391 cohesive sediment piles of Unit 5, surrounded by fainter reflectors of Unit 7. These are clearly
392 remnants of the dredging process, where small ridges remain between furrows that have been
393 scoured. The erosional furrows represent the excavation of the seabed and formation of the
394 tRS2 surface (discussed in section 5.1.6).

395

396 5.1.5. Slump deposits (Unit 6)

397 With randomly oriented reflectors, Unit 6 occurs in front of the bayhead delta and intercalates
398 with valley fill material. Based on its position and chaotic seismic architecture, we interpret
399 this unit as slump deposits, formed on the steepest part of the delta (distal delta front; cf.
400 Aschoff et al., 2018). This could be the result of the oversteepening of the delta by dredging
401 along its margins. However, we also recognise a strong association between the slumping
402 (Unit 6) and the feeder channels (Unit 4), as all the seismic lines with feeder channels are
403 characterised by the presence of slumping in front of the delta. We therefore suggest that the
404 slumping may be due to the steepness of the delta front (Aschoff et al., 2018).

405

406 5.1.6. Fine-grained tidally deposited sediment (Unit 7)

407 Unit 7 caps the incised valley stratigraphy and is subdivided into two sub-units (Unit 7a and
408 b). This unit is mostly characterised by low to moderate amplitude reflectors, which drape
409 underlying units or may lack any internal reflector configuration, suggesting low energy
410 depositional environments prevailed at the time of formation. Core data reveal that the
411 uppermost portions of the stratigraphy are characterised by laminated silts and clays. tRS2 is
412 revealed to be a sandy layer that separates a lower brown from upper dark black laminated clay.
413 The building of the harbour and construction of a second mouth increased the tidal range in the
414 area, leading to larger areas being exposed to tidal influences (Huizinga and van Niekerk
415 (2000). Surface tRS2 likely represents remobilisation and winnowing of the seabed, possibly
416 due to a combination of modern tidal reworking and dredging of the area.

417 The stratigraphical inconsistency of the dates of Unit 7b can be ascribed to reworking and
418 redeposition of older-aged carbon that has been transported into the system as organic
419 sediment. Their mixed age suggests that this unit is likely of recent origin, and that the seabed
420 materials have been reworked from a sediment source of older organic material.

421

422 5.2. Neotectonics

423 Numerous faults were recorded in the seismic records. Neotectonism is identified as being
424 pervasive across South Africa (Andreoli et al., 1996) and faults are found along the coastal
425 regions and on the ocean floor. Late Pleistocene to Holocene faults are exposed from Port
426 Durnford (Jackson and Hobday, 1980) northwards along the northern KwaZulu-Natal coastal
427 plain (Kruger and Meyer, 1988) all the way to south Mozambique (cf. Andreoli et al., 1996).
428 The faults reported in this study area are consistent with these other indicators of neotectonics.

429

430 5.3. Coastal evolution

431 We summarise the early geological evolution of the palaeo-Mhlatuze River and estuarine
432 complex as follows (Fig. 13):

433 The stratigraphy is underlain by Cretaceous age siltstones (Unit 1; forming the acoustic
434 basement), into which a single episode of incision occurred (SB), formed by the Mhlatuze
435 River. This was associated with the Last Glacial Maximum when sea level fell ~130 m below
436 present (Fig. 13a). This produced a very flat antecedent slope along the valley interflaves.

437 The subsequent initial transgressive material overlying SB (Unit 2) reflects the filling of an
438 incised valley located in the middle segment of a wave-dominated system (Fig. 13b). During a
439 period of sea level stability, a bayhead delta (Unit 3) prograded into the underlying incised
440 valley system, over a flat tidal ravinement surface (tRS1). This completely filled the remaining
441 accommodation space of the valley (Fig. 13b and c).

442

443 5.3.1. Backstepping of the bayhead delta

444 Factors such as sediment supply, climatic changes, sea level variations, gradient, etc., govern
445 the development and architecture of a sedimentary system (Feng et al., 2019). As such, the
446 progradation and eventual backstepping of bayhead deltas can be attributed to a number of
447 these processes. The position of multiple delta offset breaks can be used to describe changing
448 palaeo-shoreline trajectories and overall coastal changes over time (Helland-Hansen and
449 Gjelberg, 1994; Aschoff et al., 2018; Engelbrecht et al., 2020).

450

451 Factor 1. Sediment supply and local accommodation?

452 Apart from sea-level rise, Muto and Steel. (1992) and Feng et al. (2019) suggest that the main
453 driving factors of the autogenic evolution of deltas are the availability of accommodation as
454 well as sediment supply. A system's response to rapidly rising sea levels is dependent on the
455 sediment supply/accommodation creation ratio (Rodriguez et al., 2008). In general, a system
456 with a low sediment supply/accommodation creation ratio should respond instantaneously to
457 increases in sea level, whereas one that has a high sediment supply/accommodation ratio should
458 have very little to no response to rising sea levels (Cooper, 1993; Rodriguez et al., 2010).

459 Several lines of evidence suggest that the Mhlatuze lagoon had low sediment supply during the
460 mid- to late Holocene since sea level reached the present. In contrast to most large estuaries in
461 the region where sedimentation infilled the estuarine valleys with fluvial sediment (Cooper,
462 1993, 2002), the pre-engineered Mhlatuze lagoon was not completely infilled but had a
463 tripartite division with tidal inlet and deltas, central basin and bayhead delta. This was
464 associated with a large tidal prism that maintained the tidal inlet and is characteristic of
465 gradually infilling estuarine basins.

466 In our study area, other authors have noted a decrease in sediment supply since the separation
467 of the Mhlatuze River from the modern harbour (Cloete and Oliff, 1976), however this post-
468 dates the bayhead delta development reported above by several thousand years. No data
469 currently exist concerning sediment supply to the system, though seismic profiling directly
470 offshore the Richards Bay area, revealed an up to 4 m-thick depocenter containing $\sim 11.78 \times$
471 10^6 m^3 of Holocene-age sediment (Martin and Flemming, 1985). Assuming no significant
472 erosion, this equates to an average rate of sedimentation of 1000 m^3 of sediment per year since
473 the Holocene began 11 650 cal BP. This is significantly less than the $20\,500 \text{ m}^3$ per year
474 measured prior to the harbour construction, and given the shelf exposure to the strong Agulhas

475 Current in the area, likely reflects significant alongshore and off-shelf dispersal. Nonetheless,
476 on geomorphological evidence, we consider the Mhlatuze system to exhibit a low sediment
477 supply/accommodation ratio based on the shallow bedrock and thinly-developed sediment fill,
478 so backstepping may have indeed been exacerbated by a low local sediment supply.

479

480 Factor 2. Meltwater pulses: the “other” driving force behind backstepping bayhead deltas?

481 Rapid increases in the rate of sea-level rise as a result of sudden pro- or subglacial meltwater,
482 are referred to as meltwater pulses (Blanchon, 2011). Meltwater pulses, associated with the
483 collapse of ice sheets, are prominent in the deglaciation phase of the last glacial period (e.g.
484 Fairbanks, 1989). The study of these pulses is important as it provides a link between climatic,
485 glacial and oceanic systems (Tian et al., 2020). During the deglaciation period from 16.5 and
486 8.2 ka BP, global warming triggered the extensive melting of ice sheets, resulting in a eustatic
487 sea-level rise of ~130 m (Lambeck et al., 2014). Given the local GIA, which is relatively minor
488 in the context of the far field location of Richards Bay, the behaviour of the bayhead delta is
489 thus most probably a strong reflection of adjustments to sea level related to melt water pulses.

490 The first rollover that approximates palaeo-sea level occurs at -12.5 m, an elevation that places
491 a constraint on the timing for delta development to an age of > 8.3 ka, based on the local sea
492 level curve of Cooper et al. (2018). The aggrading landward planar reflectors of the delta
493 indicate a slow rise in sea level, corroborated by the data of De Lecea et al. (2017) who
494 observed a period of slowly rising sea level between 8.8 ka BP and 8.5 ka BP. We consider this
495 period the point where the delta first formed, followed by a sharp rise in sea level to cause the
496 first stage of backstepping in the clinoform rollovers from -12.5 to -11 m. Given the lack of sea
497 level data for this time in South Africa, we tentatively ascribe this to the 8.2 ka event described
498 by Liu et al. (2004). This hypothesis however remains to be tested by further coring and
499 radiocarbon dating.

500 A further jump in sea level has been ascribed to MWP-1d (Liu et al., 2004). Though not widely
501 recognised, this meltwater pulse is considered to have occurred between ~ 8.0 and 7.0 ka BP
502 (Liu et al., 2004). Here, sea levels are thought to have risen by 6 m (Blanchon and Shaw,
503 1995). The final retreat of the delta may possibly have been related to this event. The rollover
504 depth at -7.5 m implies that the delta stabilised at ~ 8 ka (Cooper et al., 2018), which matches
505 well with these slightly younger ages reported for the most recent episodic jump in sea level

506 (Blanchon and Shaw, 1995). Kirkpatrick et al. (2019) similarly link backstepping delta
507 geometries from the inner shelf of southern Namibia to these two episodes (8.2 ka event and
508 MWP-1d). We again emphasize that these are hypotheses, however the seismic and
509 stratigraphic data from the study area provide an alluring argument for the influence of
510 meltwater pulses as drivers of stratigraphic change in this bayhead delta.

511

512 Factor 3. Antecedent topography

513 Low topographic gradients, when coupled with abruptly rising sea levels, may be crucial in the
514 overall preservation of coastal systems (Sanders and Kumar, 1975) and the eventual
515 backstepping of the shoreline as a whole (Törnqvist et al., 2004). Rodriguez et al. (2010)
516 suggest that estuaries fringed by low lying gradients are more sensitive to low amplitude and
517 sudden sea-level rises, as is evident for the northern Gulf of Mexico estuaries. Locally, a flat
518 topographic surface and stepped rise in sea level has most likely aided in the preservation and
519 backstepping of the deltaic body offshore on the wave dominated Thukela Shelf (Engelbrecht
520 et al., 2020). Studies show that the inundation of flat-lying areas most likely exacerbates the
521 backstepping of bayhead delta systems (Rodriguez et al., 2005), as the system is especially
522 sensitive to any sea level variations in this case. The combined subaerial unconformity and
523 tRS1 surfaces over which the deltas have prograded and been preserved on are exceptionally
524 flat (between 0.1 and 0.02° on average-Fig. 11c). In tandem with stepped sea-level rise, this
525 flat antecedent gradient has exaggerated the translation of the shoreline. We therefore suggest
526 that the backstepping nature of the bayhead delta here is also partly a result of an autogenic
527 response to rapid sea level changing its shoreline trajectory over the gentle antecedent
528 topography. This likely dampened the bayline erosion along the edge of the bayhead delta and
529 as such we consider this area a particularly good site for further sea-level reconstructions using
530 palaeo-bayhead delta stratigraphy.

531 Considering the above arguments, we link the backstepping of the bayhead delta to rapid sea
532 level rise during the early Holocene, initiated by the 8.2 ka event (Fig 13.d). Minor incisions,
533 in the form of distributary channels, occurred above the bayhead delta and introduced further
534 sediment into the system (Fig 13d). A second phase of backstepping occurred after another
535 relatively stable period of sea level at ~ 8 ka BP. This backstepping is possibly related to MWP-
536 1d.

537

538 5.3.2. Anthropogenic influences

539 In the early 1970s, a berm was constructed, dividing the original Mhlathuze Estuary into two
540 separate systems; the Richards Bay Harbour and the new Mhlathuze Estuary (Fig. 13e). Here,
541 the Mhlathuze River was redirected to flow into the new Mhlathuze Estuary. The low rates of
542 sediment supply since have allowed the delta morphology to remain mostly unchanged apart
543 from the modifications of the steeply dipping margins by dredging and gravity collapse.
544 Dredging of the harbour has periodically occurred, pooling organic rich materials (Unit 7)
545 around isolated mounds of undredged sediment (Unit 5) and produced a steepened delta front
546 that has resulted in slumping (Unit 6) (Fig. 13e).

547 The tRS2 surface represents modern anthropogenic influence. The remobilisation and
548 winnowing of the seabottom is currently due to a combination of modern tidal reworking and
549 dredging of the area (Fig 13f).

550 The changes in system configuration from the pre-harbour to post development states can be
551 linked to a reduction in water volumes and tidal prism respectively.

552

553 **6. Conclusion**

554 The backstepping of bayhead deltas into underlying incised valleys is a global phenomenon.
555 The prograding and eventual backstepping of these bayhead deltas may be attributed to a
556 number of different factors. These include: (1) the amount of sediment brought into the system
557 by rivers, (2) the rate at which this sediment comes into the system, (3) the rate of
558 accommodation creation, (4) rapidly rising sea levels, (5) the gradient of the palaeo-landscape
559 surface, etc. For the Richards Bay Harbour bayhead delta, pulses of rapidly rising sea levels
560 in combination with a relatively low gradient setting were key factors that played a role in the
561 backstepping of the delta. The landward shift of the bayhead delta is proposed to have been
562 linked to both the 8.2 ka event and to MWP-1d. Given the (1) relatively small GIA during the
563 postglacial transgression and (2) the flat antecedent gradients of both the subaerial
564 unconformity and the overlying tidal ravinement, this site is especially sensitive to episodic
565 rates of sea level change. As such, it poses a key target for investigating these phenomena in
566 the far field.

567

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575

576 **Data availability**

577 The data used for the research described in this article are proprietary and were released to us.
578 They can be made available on request to Anchor Energy (Pty)Ltd.

579

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782

783 Figure Captions

784 **Fig. 1.** Locality map of the study area, outlining the Richards Bay Harbour situated on the
785 northeast coast of South Africa. Note the pre- and post-harbour development geomorphology
786 of the system (top right).

787 **Fig. 2.** Multibeam bathymetry of the study area with core locations. Note the clear apron-like
788 morphology that is between +1 to -10 m in elevation. The platform is modified along its
789 southeastern and northeastern margins by seafloor dredging (clear irregular lines in the

790 bathymetry). Note the presence of small channels ≤ 2 m deep in the northeastern portions of the
791 study area (lower right inset A to B). These are near imperceptible at the scale presented in the
792 bathymetry and at the gridding resolution of the shallow water areas.

793 **Fig. 3.** WNW-ESE seismic profile displaying interpreted (top) and raw (bottom) seismic data.
794 Unit 2a dominates the incised valley fill. Units 2b, 3, 4 and 6 are absent from this seismic line.
795 Enlarged seismic data (insets a and c) show the three major surfaces (SB, tRS1 and tRS2). A
796 prograding bedform (Unit 2c) is truncated by tRS1 (Fig. 3c). The seafloor is displaced by
797 faulting. Note the minor incisions formed by tRS2. Inset b shows the modern-day seabed
798 corresponding to inset a (dashed line), with pinnacles of intact or more cohesive material
799 surrounded by dredge scars. These correspond to Unit 5. The fault scarp at the seabed is labelled
800 f. Note the position of core RBH-18-18.

801 **Fig. 4.** WNW-ESE seismic profile displaying interpreted (top) and raw (bottom) seismic data.
802 Units 2b, 2c, 3, 4 and 6 are absent from this seismic line. Unit 2a dominates the fills. Enlarged
803 seismic data clearly show the LGM-age incisions (SB), tRS1 and tRS2. Note the position of
804 core RBH-18-14.

805 **Fig. 5.** NNE-SSW seismic profile displaying interpreted (top) and raw (bottom) seismic data.
806 Only Units 1, 2a, 2c, 5, and 7 are present on this seismic line. All major surfaces are also noted.
807 The enlarged seismic data show the prograding tidal bedform attached to tRS1. Note the
808 numerous minor incisions formed by tRS1.

809 **Fig. 6.** NNE-SSW seismic profile displaying interpreted (top) and raw (bottom) seismic data.
810 Only Units 1, 2a, 2c, 5 and 7a are present on this seismic line. Note the absence of tRS2.
811 Enlarged seismic data clearly show the prominent faulting that characterises the area.

812 **Fig. 7.** (a) Shows a NNE-SSW seismic profile displaying interpreted (top) and raw (bottom)
813 seismic data. Units 3, 4, 5, 6, 7b, as well as surface tRS2 are absent from this seismic line.
814 Possible faulting of Unit 1 is observed. a(i) Shows the prograding bedform attached to tRS1.
815 a(ii) Shows faulting within the incision itself. Draping fills dominate the incised valley. (b)
816 Shows a WNW-ESE seismic profile displaying interpreted (top) and raw (bottom) seismic data.
817 Only Unit 1, 2a and 7a are present on this seismic line. The incised valley fill may have
818 randomly oriented or aggrading draping reflectors. Note the randomly oriented reflectors of
819 Unit 7a. Surface tRS2 is absent from this line.

820 **Fig. 8.** WNW-ESE seismic profile displaying interpreted (top) and raw (bottom) seismic data.
821 A single incised valley, dominated by sigmoid to oblique-parallel reflectors of Unit 2a, is
822 present. Units 2c, 5 and 7b are absent from this seismic line. Enlarged seismic data (Fig. 8a)
823 displays a feeder channel within Unit 3. Note the backstepping bayhead delta (Unit 3) as well
824 as the slumping (Unit 6) occurring in front of it (Fig. 8b).

825 **Fig. 9.** (a) Shows a WNW-ESE seismic profile displaying interpreted (top) and raw (bottom)
826 seismic data. A single incision formed by the LGM-age Surface SB is displayed. Unit 2a
827 dominates the fills, with aggrading reflectors. Only Units 1, 2a, 2b, 3 and 7 are present on this
828 seismic line. Note the presence of the prograding and backstepping bayhead delta. Both tRS1
829 and tRS2 are present. (b) Shows N-S seismic profile displaying interpreted (top) and raw
830 (bottom) seismic data. An LGM-age incision is shown, dominated by Unit 2a. Units 2c, 5 and
831 7b, as well as surface tRS2, are absent from this seismic line. The enlargement clearly shows
832 the prograding and backstepping bayhead delta, with slumping occurring in front of it. Also,
833 note the presence of the feeder channel within the bayhead delta as well as the possible faulting
834 of Unit 1.

835 **Fig. 10.** (a) Shows a WNW-ESE seismic profile displaying interpreted (top) and raw (bottom)
836 seismic data. The incision is dominated by thick Unit 2a fills, which are aggrading in nature.
837 Units 2b, 4,5 and 6 are absent from this line. The three major surfaces are present. The bayhead
838 delta progrades into the underlying LGM-age incision. (b) Shows a WNW-ESE seismic profile
839 displaying interpreted (top) and raw (bottom) seismic data. Only Units 1, 2a, 2c, 3, 4, 6 and 7a
840 are present on this seismic. On the enlargement, note the prograding and backstepping bayhead
841 delta (Unit 3) as well as the slumping (Unit 6) that occurs in front of it.

842 **Fig. 11.** Sun-shaded relief surface of (a) the SB unconformity, (b) tRS1, (c) gradient of the
843 combined SB and tRS1 surfaces reflecting the antecedent gradient beneath Unit 3 (d) tRS2 and
844 (e) feeder channels of Unit 4. (f) Shows the three positions of the clinoform rollover of Unit 3.

845 **Fig. 12.** (a) WNW-ESE seismic profile displaying interpreted (left) and raw (right) seismic
846 data. Note the position cores RBH18-23; 24 and 25. (b) Shows seven cores from the study area.
847 RBH18-18; 23; 24 and 25 only intersect Unit 7a. RBH18-11; 12 and 14 intersect both Unit
848 7a and 7b. Note the position of tRS2 on the uppermost sand lens at 92 cm downcore on core
849 RBH18-11 and 14.

850 **Fig. 13.** The schematic evolution model of the Richards Bay Harbour estuarine stratigraphy.
851 (a) LGM-age incision into Cretaceous siltstones. (b) Post-LGM transgressive infilling of
852 incised valleys, tidal scouring (forming tRS1) and Prograding bayhead delta formation. (c)
853 Continued prograding of delta into underlying incised valleys. (d) Rapid sea-level rise events
854 resulting in backstepping of the bayhead delta. Increased sediment brought into the system by
855 feeder channels. (e) Dividing of the system into the harbour and the Mhlathuze Estuary.
856 Dredging of harbour, formation of dredge mounds and slumping on the delta front. Deposition
857 of organic sediment from an inland source (Unit 7a). (f) Tidal scouring (tRS2) and continued
858 deposition of organic material (Unit 7b).