# Poster no 683



# Assessing the impact of farm diversification on household nutrition: evidence of four sub-Saharan African countries



Tropentag 2022, September 14<sup>th</sup> - 16<sup>th</sup>, Prague, Czech Aminou Arouna<sup>1</sup>, Wilfried G. Yergo<sup>1</sup>, Kazuki Saito<sup>1</sup>, Gaudiose Mujawamariya<sup>2</sup>, Mandiaye Diagne<sup>3</sup>, Edgar Twine<sup>4</sup>



<sup>1</sup>AfricaRice, Côte d'Ivoire, <sup>2</sup>AfricaRice, Madagascar, <sup>3</sup>AfricaRice, Senegal, <sup>4</sup>AfricaRice, Uganda

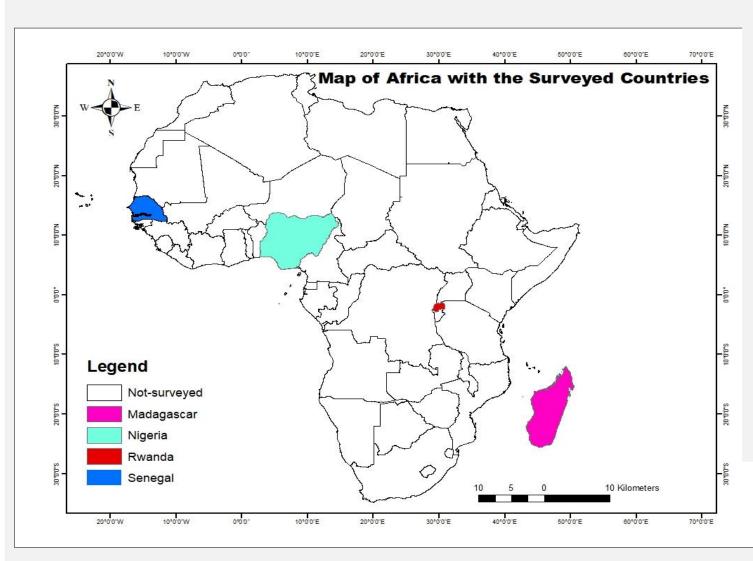
## Introduction

- ❖ In SSA, a large proportion of food is produced by smallholder farmers, and they are the main providers of work for the local labor.
- Unfortunately, smallholder farmers are facing a lot of challenges including food and nutrition insecurity, and income variability.
- Crop diversification can be used as a tool to increase farm incomes, create jobs, reduce poverty, and conserve soil and water resources.
- ❖ The impact of farm diversification on household dietary diversity and the analysis of factors that affect farm diversification and dietary diversity were analyzed.

### **Materials and Methods**

#### ☐ Study area

- The survey was conducted in Madagascar, Nigeria, Rwanda and Senegal (Fig. 1).
- ❖ Main rice producing areas where rice research innovations are integrated into the rice value chain were purposively selected.



#### ☐ Data analysis

The main analysis tool in the study is Instrumental Variables (IV) Poisson regression (IV poisson).

Fig. 1: Map of survey countries

#### ☐ Variables of interest

- ❖ Farm production diversity score (treatment variable).
- Household Dietary Diversity Score (HDDS) was the outcome variable.

## Results

Fig. 2: Socio-economic characteristics of the households: (A) Education level of household head (years), (B) =1 if received farming training, (C) =1 if received contract credit, (D) =1 if engaged in self-employment in the last 12 months



- Cereals and livestock are the main household productions (Fig 3) in the study countries.
- Only Nigeria has an HDDS greater than or equal to 6 (Table 1).

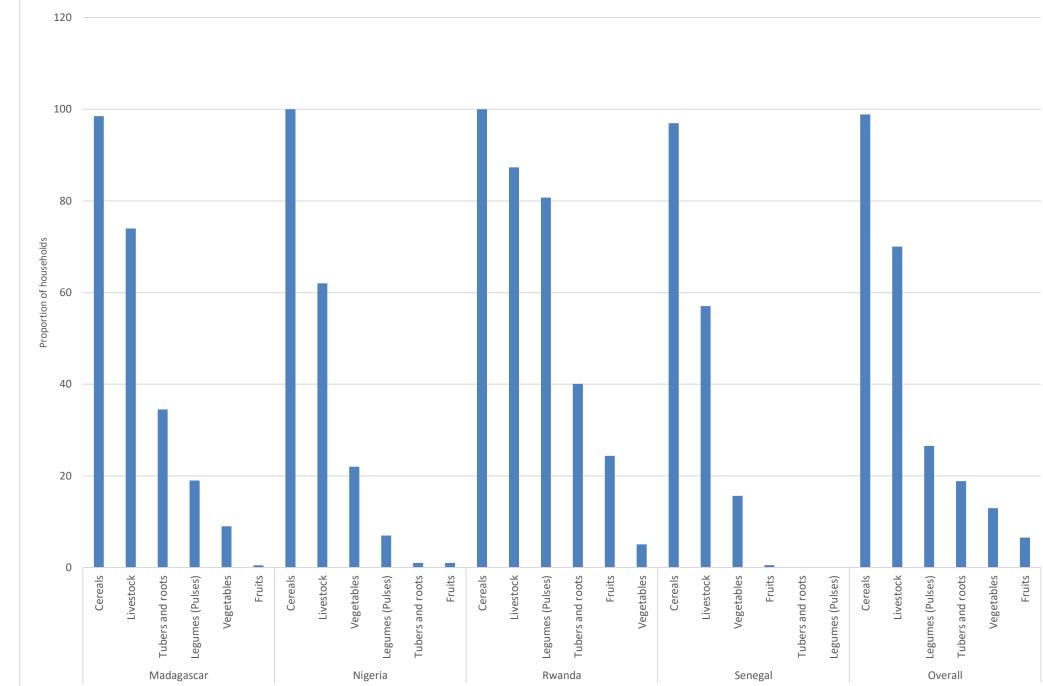


Fig. 3: Food groups produced by farm households.

Table 1. Household farm diversity and dietary diversity characters.

Variables	Madagascar (n=200)	Nigeria (n=200)	Rwanda (n=197)	Senegal (n=198)	Overall (n=795)
Farm diversity					
<ul><li>=1 if diversified crop production</li><li>(%)</li></ul>	80.50	61.50	92.39	15.66	62.52
Farm production diversity score	e 3.80	3.62	5.17	2.25	3.71
(Crop & livestock count)	(1.83)	(1.92)	(2.03)	(1.32)	(2.07)
Dietary diversity					
HDDS	4.03	6.47	4.32	4.98	4.95
	(1.91)	(3.25)	(2.16)	(2.09)	(2.59)

- ( ) Standard deviations
- \*Results showed positive impact of agricultural diversification on household dietary diversity in the four countries (Table 2).
- ❖ Higher education level is a key driver of dietary diversity in smallholder farming households (Table 2).

Table 2. Linkages between production diversification and on-farm diet (IV poisson regression (Control-function estimator)).

Madagasc	Nigeria	Rwanda	Senegal	Overall
ar (n=200)	(n=200)	(n=197)	(n=198)	(n=795)
0.050**	0.108**	0.063***	0.086**	0.029**
(0.025)	(0.043)	(0.019)	(0.042)	(0.013)
0.026***	0.007	0.011	0.019***	0.030***
(0.007)	(800.0)	(0.011)	(0.005)	(0.003)
0.099	0.086	0.316***	0.096*	0.210***
(0.069)	(880.0)	(0.074)	(0.051)	(0.035)
-0.258**	-0.334**	0.576***	0.598***	0.230***
(0.124)	(0.148)	(0.123)	(0.224)	(880.0)
0.511***	0.028	-0.068	0.426***	0.175**
(0.154)	(0.241)	(0.083)	(0.099)	(0.074)
1.237***	2.537***	1.132***	1.842***	1.195***
(0.177)	(0.335)	(0.212)	(0.198)	(0.121)
	o.050** (0.025) 0.026*** (0.007) 0.099 (0.069) -0.258** (0.124) 0.511*** (0.154) 1.237***	ar (n=200)(n=200)0.050** (0.025) (0.026*** (0.007) (0.007) (0.008) 0.0990.008 (0.088)(0.069)(0.088)-0.258** (0.124) (0.148) 0.511*** (0.241) 1.237***-0.028 (0.241) 2.537***	ar (n=200)       (n=200)       (n=197)         0.050**       0.108**       0.063***         (0.025)       (0.043)       (0.019)         0.026***       0.007       0.011         (0.007)       (0.008)       (0.011)         0.099       0.086       0.316***         (0.069)       (0.088)       (0.074)         -0.258**       -0.334**       0.576***         (0.124)       (0.148)       (0.123)         0.511***       0.028       -0.068         (0.154)       (0.241)       (0.083)         1.237***       2.537***       1.132***	ar (n=200)       (n=200)       (n=197)       (n=198)         0.050**       0.108**       0.063***       0.086**         (0.025)       (0.043)       (0.019)       (0.042)         0.026***       0.007       0.011       0.019***         (0.007)       (0.008)       (0.011)       (0.005)         0.099       0.086       0.316***       0.096*         (0.069)       (0.088)       (0.074)       (0.051)         -0.258**       -0.334**       0.576***       0.598***         (0.124)       (0.148)       (0.123)       (0.224)         0.511***       0.028       -0.068       0.426***         (0.154)       (0.241)       (0.083)       (0.099)         1.237***       2.537***       1.132***       1.842***

( ) Standard error; \*\* p<0.05, \*\*\* p<0.01

## Conclusion

- ➤ Encouraging farming households to produce various crop and animal species can be an effective strategy to improve dietary diversity among smallholder farmer.
- ➤ However, this relationship is complex; it may be influenced by demographics and socioeconomic characteristics; institutional characteristics, and farm characteristics of households.

# Acknowledgement

Authors thank the CGIAR Initiative TAFS-WCA and the International Fund for Agricultural Development (IFAD) project "Sustainable and Diversified Rice-based Farming Systems" under the Programme "Putting Research into Use for Nutrition, Sustainable Agriculture and Resilience (PRUNSAR) [Grant no. DCI-FOOD/2015/360-968] for providing financial support for the study.