



TITLE:

# An effective and practical method of net settings in rearing tank to suppress hypermelanosis in Japanese flounder

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- 1 An effective and practical method of net settings in rearing tank to suppress hypermelanosis in Japanese
- 2 flounder
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## 19 Abstract

20 In Japanese flounder aquaculture, hypermelanosis occurs widely on the blind side. Rearing flounders in a  
21 net-lined tank was recently reported to prevent hypermelanosis. To effectively apply this method to larger  
22 tanks for aquaculture farming, the net setting method was examined. Juvenile flounders without darkened  
23 areas on the blind side (total length TL=13 cm) were selected, and reared for 6 months (TL = 32 cm). In  
24 the control tank without a net, the median value of darkened area ratio (darkened area / blind side area) was  
25 46%. By only covering the tank bottom with slack-net, darkened area ratio was suppressed to 8%, less than  
26 1/5 of that in the control tank. at the end of experiment Bottom coverage ratios of 0%, 10%, 30%, 50%, and  
27 100% revealed a negative correlation between bottom net coverage and darkened area ratio. In this  
28 experiment, the darkening area in the tank with 50% bottom net coverage reduced to 1/3 of the control.  
29 Although the occurrence of hypermelanosis differs depending on the production lot, these results are  
30 expected to be a reference to select the suitable net size to meet the level of clearness of the blind side.

31

32 Keywords: Color abnormality · Hypermelanosis · Flatfish · Japanese flounder aquaculture · Bottom net ·

33 Covering ratio · Net-lined tank

34

35

36

## 37 Introduction

38 Japanese flounder *Paralichthys olivaceus* belongs to Pleuronectiformes, a large group of Heterosomata,  
39 and has a bilaterally asymmetrical body. The left side (ocular side) has two eyes, and the right side (blind  
40 side) has no eyes. On the ocular side, melanophores and xanthophores of the adult type appear after the  
41 normal completion of eye relocation, while they do not appear on the blind side. Consequently, the ocular  
42 side appears brown, and the blind side appears white (Seikai et al. 1987; Nakamura et al. 2010).

43 Japanese flounder is an important species in Japanese and Korean aquaculture and Japanese coastal  
44 fisheries. Notably, the aquaculture production of the species was 2,186 t, which is approximately 1/4 of the  
45 total yield in Japan in 2017 (Statistical survey of seawater fishery production 2018). Therefore, Japanese  
46 flounder is a species that has been successfully used in aquaculture production at the industrial level.

47 However, there are various unsolved problems in Japanese flounder aquaculture. One of the problems is  
48 color abnormality on the blind side; the white skin of the blind side gradually turns dark after the normal  
49 completion of eye relocation (see reviews, Aritaki and Seikai 2017; Tagawa 2017). This phenomenon is  
50 called hypermelanosis, and darkened flounders are sold at lower prices than normal (Kaji et al. 1999; Aritaki  
51 2004). Therefore, establishing a method for preventing hypermelanosis is required, and various basic and  
52 applied studies have been conducted. For example, the contribution of chromatophore-related hormones,  
53 the stimulating effect of melanophore-stimulating hormone (Yamanome et al. 2007b; Kang and Kim 2012,  
54 2015; Matsuda et al. 2018a), and the suppressing effect of melanin-concentrating hormone (Yamanome et

55 al. 2005, 2007a; Kang and Kim 2012, 2013a) have been clarified. Higher rearing density (Fukunaga 1998)  
56 and cortisol (Matsuda et al. 2018b), a stress-responsive hormone, also increase hypermelanosis. Vitamin A  
57 (Miwa and Yamano 1990; Tarui et al. 2006) and D (Haga et al. 2004) have been shown to stimulate  
58 hypermelanosis. Although the control mechanisms of hypermelanosis have been gradually clarified, a  
59 practical method that has strong reproducibility and easy applicability to aquaculture is still lacking.

60 Interestingly, the light-colored bottom of rearing tanks has been reported to decrease or delay  
61 hypermelanosis (Amiya et al. 2005; Yamanome et al. 2005, 2007a; Nakata et al. 2017). However, in Kang  
62 and Kim (2013a, 2013b), the light-colored bottom of rearing tanks did not suppress hypermelanosis.  
63 Therefore, the effectiveness of the light color could be unstable depending on unknown factors. On the  
64 other hand, rearing flounders in tanks with bottom sand can prevent hypermelanosis (Seikai 1991; Iwata  
65 and Kikuchi 1998; Kang and Kim 2012, 2013b; Isojima et al. 2013a, 2014). As shown by several  
66 independent groups, bottom sand strongly prevents hypermelanosis with higher reproducibility. However,  
67 such a method of rearing has not been applied in aquaculture farm because the bottom sand is an obstacle  
68 for tank cleaning, and uncleaned particles, remnant food, and excretes are deleterious to water and bottom  
69 quality, as well as to fish health. Among various characteristics of bottom sand, Nakata et al. (2017) pointed  
70 out the importance of undulation of the bottom of the tank for the prevention of hypermelanosis, and further  
71 demonstrated that rearing juveniles in net-lined tanks also effectively prevented hypermelanosis  
72 “expansion.” Mizutani et al. (2020), using flounders before the first appearance of hypermelanosis, proved

73 that rearing in net-lined tanks was also effective in preventing the “appearance” of hypermelanosis. From  
74 these two studies, a net-lined tank is a strong candidate for a practical method for the prevention of  
75 hypermelanosis.

76 Much larger tanks (several kL or more) than experimental tanks (mostly less than 1 kL) are used in the  
77 aquaculture farm of Japanese flounder. It is difficult to install a net that covers the entire inner surface of a  
78 large tank. In addition, tank cleaning is not easy because of the difficulty to remove the large net without  
79 damaging the juvenile flounders inside of the net. Therefore, we conducted experiment to find a better way  
80 of net settings that is easier to install and therefore more practical for larger tanks, and determine the suitable  
81 net size.

82

## 83 Materials and methods

### 84 Fish rearing

85 The rearing experiment was conducted at the Nagasaki Prefectural Institute of Fisheries. Juvenile Japanese  
86 flounders (total length, TL, =  $12.82 \pm 1.59$  cm, mean  $\pm$  SD) without hypermelanosis or negligible  
87 hypermelanosis (<1% of the darkened area ratio, see below in detail) on the blind side were selected and  
88 kindly provided by a private hatchery (Ootawa Shubyo, Saikai, Nagasaki, Japan). They were randomly  
89 allocated to seven experimental tanks (500 L circular tank, bottom diameter = 97.5 cm, transparent  
90 polycarbonate) with the following characteristics: (1) net-lined tank (net-lined); (2) 100% coverage bottom-

91 net without slack (100% tight net); (3) 100% coverage bottom-net with slack (100% loose net); (4) 50%

92 coverage bottom-net with slack (50% loose net); (5) 30% coverage bottom net with slack (30% loose net);

93 (6) 10% coverage bottom-net with slack (10% loose net); and (7) without net (control).

94 In treatment (1) net-lined tank, white net (mesh size 12 mm, Russell knitting, polyethylene, Dionet; Dio

95 Chemicals Co., Ltd., Tokyo, Japan) was processed into a pouch shape of a size approximately similar to the

96 tank, and loosely set inside the tank, consequently covering the entire inner surface of the tank with

97 undulated net material. In treatment (2) 100% tight net tank, a framed round net (diameter = 97.5 cm, the

98 same size as the bottom of the tank, consequently covering 100% of the tank bottom) was made by fixing

99 the same net material without undulation to a circular white frame (fiber-reinforced plastics,  $\text{Ø} = 7$  mm,

100 GF-7; Yamaten Co., Ltd., Osaka, Japan), and further fixed to the tank bottom. In treatment (3) 100% loose

101 net tank, a framed round net of the same size was made, but with 10% larger net material, resulting in an

102 undulated net surface with approximately 5 cm bumping. In treatments (4) 50% loose net, (5) 30% loose

103 net, and (6) 10% loose net tanks, a similar undulated framed net was made, but with smaller round frames

104 (diameter = 68.9 cm, 53.4 cm and 30.8 cm, respectively) in order to adjust the bottom covering ratio [=

105 (area of the framed net)/(bottom area of the tank) $\times$ 100] to 50, 30 and 10%, respectively. All framed nets

106 were fixed on the bottom with a silicone sealant (Bus Bond Q Clear, Konishi Co., Ltd., Osaka, Japan) to

107 prevent floating up from the bottom.

108 All rearing tanks were placed indoors and only received indirect and weak sunlight, even during the

109 daytime (max 10 lx; measured about 20 cm above the water surface). The rearing tanks were placed on a  
110 white Styrofoam sheet, and the side walls of the tanks were covered with the same Styrofoam sheet on the  
111 outside. Since the rearing tanks were transparent, the entire inner surface of the tank was white including  
112 the area that uncovered by white net. On April 6, 2018, 30 juveniles were stocked in each experimental  
113 tank. Ultraviolet-sterilized natural seawater was supplied at a rate of ten rotations per day, and an air stone  
114 was set at the center of each tank. The water temperatures at the beginning and end of the experiment were  
115 19.5°C and 22.7°C, respectively. The lowest and highest water temperatures during the experiment were  
116 18.0°C (April 28, 2018) and 28.5°C (September 7, 2018), respectively.

117 Flounders were fed commercial pellets (initially Hirame EPF-2 and later Hirame EPF-3 according to fish  
118 size, Marubeni Nisshin Feed Co., Ltd., Tokyo, Japan) every morning. Starting from April 27, the total body  
119 weight of all flounders in each experimental tank was weighed once a month, and the pellet (0.7-3% of the  
120 total body weight of the tank) was fed for the next month. Diet was not supplied from one day before  
121 measurement and taking photographs, but was supplied in the evening after the manipulation. Remnant diet  
122 and excretes in tanks were discarded once a day before feeding with a syphon tube. On October 26, 2018,  
123 the rearing experiment was finished.

124

125 Photography and image analyses

126 Approximately once a month, all flounders in each experimental tank were anesthetized with 200 ppm 2-



127 phenoxyethanol, and photographs of the blind side were individually taken with a ruler using a digital  
128 camera ( $\alpha$ 550, DSLR-550, Sony Marketing Inc., Tokyo, Lens; AF 50/2.8 macro, MINOLTA Co., Ltd.,  
129 Osaka, Japan, Photographic conditions; ISO = 200, aperture = 22 for 0 month and 6.3-8 for others, shutter  
130 speed = 1/125 for 0 month and 1/2-1/15 for others). Using ImageJ (National Institute of Health, USA,  
131 <https://imagej.nih.gov/ij/>. Accessed 4/6/2021), standard length (from the tip of the lower jaw to the posterior  
132 end of the hypural), head length (to the posterior end of the operculum), body depth (maximum length in  
133 the dorsal-ventral axis), blind side area (excluding fins), and darkened area of the blind side were measured  
134 manually from the pictures of the blind side. Although the hypural itself was not visible on the pictures,  
135 standard length could be determined with sufficient accuracy for the purpose of this study.

136 The darkened area ratio was calculated as follows:

$$137 \quad (\text{darkened area ratio}) = (\text{darkened area}) / (\text{blind side area}).$$

138 The fish coverage ratio of the tank was calculated as follows:

$$139 \quad (\text{fish coverage ratio})$$

$$140 \quad = (\text{sum of blind side area of all individuals in each tank}) / (\text{bottom area of the tank})$$

141 Because single value of fish coverage ratio is available from one tank, statistical analysis was not carried  
142 out for this value.

143 To determine the timing suitable for comparison among groups, we first examined the time course  
144 changes in the darkened area ratio in the following two tanks: control as the most heavily darkened, and

145 30% loose net tank as mildly darkened. The lightly darkened group (net-lined tank) was not examined at  
146 this step because almost no darkening was observed even at the end of the experiment. In addition, changes  
147 in the standard length and fish coverage ratio were examined in the two tanks.

148

149 Blood sampling and cortisol measurement

150 After taking the final photographs at the end of the experiment, blood samples were collected from fish in  
151 the control tank and net-lined tank, from the tail vein using a heparinized syringe under anesthesia with 200  
152 ppm 2-phenoxyethanol. To minimize the influence of stress-induced increase of cortisol on the comparison  
153 between the tanks, blood samples were collected from three individuals at once (scooped and anesthetized  
154 together) from each tank, and alternately from control and net-lined tanks. Blood samples were then  
155 centrifuged, and the separated plasma was frozen at -20°C, and the cortisol concentration was measured by  
156 a specific radioimmunoassay after diethyl ether extraction and carbon tetrachloride washing following the  
157 methods of Hiroi et al. (1997).

158

159 Statistical analysis

160 All statistical analyses were performed using EZR (Kanda 2013; available at  
161 <https://www.jichi.ac.jp/saitama-sct/> Accessed 4/6/2021, Saitama Medical Center, Jichi Medical University,  
162 Saitama, Japan), which is a graphical user interface for R (R Core Team 2014). The significance level was

163 set at  $p < 0.05$ . First, the normality of data was confirmed using the Shapiro-Wilk test. When normality was  
164 not rejected, the equality of variance of the data was confirmed using the Bartlett test. When both normality  
165 of the data and equality of variance were not rejected, the statistical differences among the averages of the  
166 data values were parametrically examined by one-way analysis of variance followed by the Tukey method.  
167 When either normality or equality of the variance was rejected, the statistical differences among the  
168 averages of the data values were non-parametrically examined by the Mann-Whitney  $U$  test (two groups)  
169 or Kruskal-Wallis test followed by the Steel-Dwass method (three groups or more). For the survival of  
170 juveniles, statistical significance was tested by the Fisher's exact test with significance level adjusted by  
171 the Bonferroni method.

172

## 173 Results

174 Time course changes in the darkened area ratio and body size

175 To determine the timing suitable for comparison among groups, we first examined the time course changes  
176 in the darkened area ratio in control and 30% loose net tank as described in materials and methods section.  
177 Although the darkened area ratio was higher in the control tank, as expected, the value continued to increase  
178 and did not saturate even at the end of the sixth month in both tanks (Fig. 1a). As shown in the figure, the  
179 30% loose net tank showed a significantly lower darkened area ratio consistently after 4 months (Mann-  
180 Whitney  $U$  test,  $p < 0.05$ ,  $n = 29-30$ ). In addition, the first appearance of the significantly darkened area looked

181 similar in the two tanks; almost no darkened area in the first month, appeared in the second month, and  
182 significantly increased in the third month. The standard length (Fig. 1b) and fish coverage ratio (Fig. 1c)  
183 increased similarly between the two tanks, with slightly higher values in the control tank. For standard  
184 length, statistical differences were detected at three time points (Mann-Whitney  $U$  test,  $p < 0.05$ ,  $n = 29-30$ ).

185

186 Comparison of survival, body size and body shape at the sixth month

187 As basic information, survival of the juveniles, body size and body shape were compared among  
188 treatments. The survival of juveniles at the sixth month were not statistically different among experimental  
189 tanks (Fisher's exact test,  $p > 0.05$ , net-lined;  $n = 29$ , 100% tight net;  $n = 29$ , 100% loose net;  $n = 30$ , 50% loose  
190 net;  $n = 28$ , 30% loose net;  $n = 29$ , 10% loose net; control;  $n = 30$ ).

191 For the standard length of all tanks, as shown in Figure 2a, there was no statistical difference at the sixth  
192 month (Kruskal-Wallis test,  $p > 0.05$ ,  $n = 28-30$ ). However, statistical differences were detected in head length  
193 ratio (100% loose net  $<$  30% loose net, Fig. 2b) and body depth/standard length (100% tight net  $<$  net lined,  
194 30% loose net, 10% loose net and control, Fig. 2c) (Tukey method,  $p < 0.05$ ,  $n = 28-30$ ).

195

196 Comparisons of the darkened area ratio at the sixth month

197 At first, to find a better way of net settings the effects of the net-setting method are examined (Figure 3  
198 and 4). The darkened area ratios in the tank with 100% tight net (median = 14%) and 100% loose net (8%)

199 were significantly lower than, and approximately 1/3 and 1/5, respectively, of the control tank (46%) (Steel-  
200 Dwass method,  $p < 0.05$ ,  $n = 28-30$ ). However, these values were significantly higher, approximately three  
201 times and two times higher, respectively, than those in the net lined tank (4%) (Steel-Dwass method,  $p < 0.05$ ,  
202  $n = 28-30$ ). Although the difference of darkened area ratio between the net-lined tank and the 100% loose  
203 net was statistically significant, the blind side appearance of 50% individuals was not much different by the  
204 naked eye (Fig. 4).

205 Because a strong suppression effect was observed in the tank with a loose net on the tank bottom, next,  
206 using loose net, we examined the effect of the bottom covering ratio on the darkened area ratio at the sixth  
207 month (Figs. 5 and 6). There was a clear dose-response relationship; a smaller darkened area ratio was  
208 attained in the tank with a higher bottom covering ratio.

209

210 Plasma cortisol concentration in control tank and net-lined tank at the sixth month

211 To examine the possible contribution of stress-cortisol axis to the hypermelanosis prevention by the net,  
212 plasma cortisol concentration was measured in the juveniles in control tank and net-lined tank. However,  
213 there was no significant difference in the plasma cortisol concentration between the control tank and net-  
214 lined tank (Fig. 7, Mann-Whitney  $U$  test,  $p > 0.05$ ,  $n = 29$  and 28, respectively).

215

216 Discussion

217 Although the occurrence of the hypermelanosis is known to differ among the production lot of  
218 flounders, loosely installing net material covering only 50% of the bottom area significantly suppressed  
219 hypermelanosis, as low as 1/3 of the control tank (ordinary flat bottom tank), in this specific experiment.  
220 In addition, a strong negative correlation was found between bottom net coverage ratio with slack-net and  
221 darkened area ratio. Because the juvenile flounders of about 13 cm in standard length without  
222 hypermelanosis were selectively used in this experiment, there is a limitation of the applicability of results,  
223 individual values of net size and darkened area ratio, for example. But effectiveness of loosely-installed  
224 bottom net, together with the negative correlation between bottom net size and severity of hypermelanosis,  
225 were clearly indicated in the present study.

226

227 Changes in darkened area ratio and body size during experiment

228 This study was the first trial to examine the time course of the appearance and expansion of  
229 hypermelanosis using a net material. During the planning of the experiment, we expected that the increase  
230 in the darkened area ratio would stop in the second month, because stasis of darkening expansion was  
231 previously observed at about 60-80 days (Seikai 1991) or two months (Isojima et al. 2013b) of rearing  
232 without bottom sand. Although the experimental period was extended to six months, the longest possible  
233 period due to the restriction of experimental equipment, the darkening area expansion did not stop until the  
234 sixth month in this study. Therefore, comparisons among experimental groups were conducted using the

235 data obtained in the sixth month. Between preceding studies and the present experiments, various factors  
236 are different: the origin of flounder juveniles, initial size, and experimental season. At present, it is unclear  
237 why the hypermelanosis expansion did not stop even after sixth months. It would be helpful to understand  
238 the control mechanism of darkening expansion by further accumulating the information.

239 On the other hand, the appearance timing of the darkened area were similar between the control tank and  
240 the 30% loose net tank. This result indicates that the effect of installing a net material does not delay the  
241 appearance timing, but reduces the expansion speed. In addition, in the second month, the fish coverage  
242 ratio of both tanks increased from approximately 0.3 to approximately 0.5. This is reasonable because the  
243 growth speed was similar between the two tanks. Although we cannot exclude the possible “spontaneous”  
244 appearance of hypermelanosis according to time, the appearance of darkened area is possibly “triggered”  
245 by the fish coverage ratio of over 0.3-0.4, at least in the individuals used in the present experiment.

246 As shown in Fig. 1, the darkened area ratio at zero months was statistically different; average, not median,  
247 was higher in the 30% loose tank. This was probably due to unexpected deviations in the random allocation  
248 of individuals. Since all the individuals at zero months had smaller values of the darkened area ratio (less  
249 than 1%), it is highly possible that this difference affected the comparison among treatments at the sixth  
250 month.

251 The speculated mechanism(s) of the appearance and expansion of darkened area during the experiment  
252 is 1) increase in melanin contents on non-pigmented cells on the skin, 2) increase in number of

253 melanophores potentially differentiated from melanoblasts, 3) both of them. However, we did not examine  
254 the changes in melanin contents and number of melanophores on the blind side skin. Future studies on these  
255 points will provide fundamental understanding on the staining type hypermelanosis.

256 Comparison of standard length and body shape at the sixth month

257 Nakata et al. (2017) and Mizutani et al. (2020) reported that the standard length of flounders reared in net-  
258 lined tanks was significantly smaller than that in control tanks. From the results of the first experiment by  
259 Mizutani et al. (2020), they attributed the reduced growth to the lower food availability due to the  
260 inaccessible pellets between the net and the tank bottom, because pellets of the sinking type were offered,  
261 and some of them sink through the mesh before consumption. However, in the second experiment, although  
262 floating-type pellets were used, similar results were obtained. Therefore, Mizutani et al. (2020) suggested  
263 the presence of other possible factors for reduced growth in net-lined tanks. In addition, body  
264 depth/standard length in the net-lined tank was significantly lower than that in the control tank and was  
265 closer to that of wild-caught flounders in Mizutani et al. (2020).

266 In the present study, we used floating-type pellets; however, there was no significant difference in the  
267 standard length among the seven experimental tanks. In addition, regarding body depth/standard length and  
268 head length ratio, although statistical differences were observed among several tanks, we could not find any  
269 simple and logical explanations for the results. Therefore, to reduce growth and alter body shape, further  
270 research is needed to clarify the effect of net-lined tanks, starting with the confirmation of the



271 reproducibility of the phenomena.

272

273 Comparisons of the darkened area ratio at the sixth month

274 In this study, the darkening suppression effect was first compared among various methods of net setting,

275 including a net-lined tank (covering the entire inner surface of the tank), in which the prevention effect has

276 been proven in our previous studies (Nakata et al. 2017; Mizutani et al. 2020), and a bottom net, in which

277 the setting of the net is expected to be easier than the net-lining when applied to much larger tanks of actual

278 aquaculture scene.

279 The median darkened area ratio was 4% in the net-lined tank, which was the smallest among all the

280 experimental tanks. The value was 9% in tanks with a 100% loose net, though larger than net-lined, but

281 significantly less than, and only approximately 1/5 of the control tank (46%). In the net-lined tank, it is

282 clear that the bottom portion of the net has a major effect, and the vertical portion has a minor effect on the

283 prevention of hypermelanosis. In our observation, some individuals occasionally locate themselves on the

284 side wall of the tank, attaching themselves vertically. Therefore, for fish in the net-lined tank, there is a

285 higher probability of being able to contact the net material.

286 The tension of the bottom net is another contributing factor. Although there was no significant difference,

287 the loose net (9%) had a slightly stronger effect than tight nets (14%). Together with the smaller variance

288 of the darkening area ratio, it is better to loosely set the bottom net, giving undulation on the net surface.

289 This conclusion is reasonable because the undulated surface increases the contact area between the blind  
290 side of the flounder and the net, and therefore effectively prevents hypermelanosis (Nakata et al., 2017). As  
291 shown in the photograph, although the net-lined tank seems to be the best, the 100% loose net has practically  
292 comparable prevention effect.

293 For the effect of the bottom covering ratio on the darkened area ratio, we initially expected the presence  
294 of a net size of “necessary and sufficient”, in a range less than 100% bottom coverage. However, as shown  
295 in Figure 5, the higher the coverage, the lower the ratio of the darkening area. Therefore, for application to  
296 actual aquaculture scenarios, it is necessary to first know the required clean level of the blind side from the  
297 aquaculture farm. Next, based on the required clean level in terms of the darkened area ratio, the suitable  
298 bottom covering rate by the net can be proposed. Although it seems difficult to decrease the darkened area  
299 ratio of the “darkest” fish, a 50% loose net may be a candidate for practical application in aquaculture  
300 (Fig.6).

301 Among the factors contributing for hypermelanosis suppression, tank color (Amiya et al. 2005;  
302 Yamanome et al. 2005, 2007a; Nakata et al. 2017) and undulation of the bottom (Nakata et al. 2017) are  
303 important. In this experiment, to have a similar color condition among tanks, the experimental tanks were  
304 transparent and covered with white Styrofoam sheet, and color of the net was also white. In addition, to  
305 have a similar undulation among different size nets, all loose nets were made with net materials having  
306 10% larger size than their frames. Therefore, color condition of the tank and degree of undulation of the net

307 are expected to be similar among experimental tanks, and the difference among the tanks are expected to  
308 be due to the difference of the net size. In this experiment, all darkened areas on the blind side were  
309 measured together without considering the location. Hypermelanosis preventing effect of net-lined tank  
310 was different depending on the location, minor on the darkened area at the base of pectoral fin and stronger  
311 on those at the base of dorsal and anal fins (Mizutani et al., 2020). As shown in figure 6, similar tendency  
312 was found in this experiment. Because the darkened areas at the base of dorsal and anal fins are larger than  
313 those at other locations, it is possible that loose net on the tank bottom exerted its hypermelanosis-  
314 preventing effect mainly through these areas.

315 Because the bases of dorsal and anal fins have different chance to contact with bottom substrate between  
316 flat bottom and loose net, contact stimulation is a candidate as a direct inhibitor of the hypermelanosis in  
317 net tanks, as suggested for the undulated bottom by Nakata et al. (2017). This idea could be supported by  
318 the discussion on the relationship between the net size and the fish coverage rate (Online Resource 1).  
319 Staying time of individual juveniles on the net and on the flat surface possibly affects the effectiveness of  
320 hypermelanosis prevention but was not examined in this experiment. Therefore, this point should be  
321 clarified in future. If the contact stimulation is the main inhibitor of the hypermelanosis, the prevention  
322 effectiveness of the loose net may not be limited for circular tanks used in this experiment, and probably  
323 also effective for larger rectangular concrete tanks. This point should be examined in the next step for the  
324 application of loose net in aquaculture farms at industrial scale. More detailed mechanisms of

325 hypermelanosis prevention by loose net should be examined in future.

326

327 Blood cortisol levels of the fish reared in the control tank and net-lined tank at the sixth month

328 Cortisol is secreted by stress (Pickering and Pottinger 1989). Addition of cortisol in rearing water promotes

329 hypermelanosis in spotted halibut (Yamada et al. 2011) and cortisol supplementation in diet also promotes

330 hypermelanosis in Japanese flounder (Matsuda et al. 2018b). Therefore, in tanks with net materials on the

331 bottom, one of the possible mechanisms for hypermelanosis prevention is the lowered cortisol level caused

332 by possible stress reduction due to the comfortable environment. However, as shown in Figure 7, there was

333 no significant difference in the blood cortisol concentration at the end of experiment between the most

334 heavily darkened group (control tank) and the least darkened group (net-lined tank). This finding does not

335 support the contribution of stress-cortisol axis to the hypermelanosis prevention by the net. We could not

336 find information on the contribution of upstream regulatory hormone of cortisol, adrenocorticotropic

337 hormone (ACTH), for hypermelanosis. But in the two papers on the enhancing effect of cortisol on

338 hypermelanosis (Yamada et al. 2011; Matsuda et al. 2018b), ACTH levels are expected to be decreased

339 because of negative feedback. Hypermelanosis enhancing effect of ACTH should be minor compared to

340 cortisol.

341 It was better to collect blood samples several times during the experiment to cover the progression period

342 of hypermelanosis, not one time at the end of experiment. However, to avoid additional stress and damage

343 to juveniles, and not to affect the result of hypermelanosis, blood was collected only at the end of the  
344 experiment. In order to examine the presence or absence of cortisol contribution on spontaneously  
345 progressing hypermelanosis, further experiment is required.

346

347 In conclusion, this study demonstrated that loosely set bottom nets, an easier method to be applied to larger  
348 tanks, can prevent hypermelanosis with effectiveness comparable to that of a net-lined tank. In addition,  
349 covering 50% of the bottom significantly reduced the darkening area at approximately 1/3 of the ordinary  
350 flat bottom tank in this experiment. When lesser darkening is required, the use of a larger bottom net with  
351 a higher coverage ratio is recommended. For effective hypermelanosis prevention at the industrial scale,  
352 the use of a rearing tank with a loosely set bottom net is a strong alternative for introducing bottom sand  
353 for flounder aquaculture.

354

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362

363

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462

463

464 **Figure captions**

465 **Fig. 1 Time course changes in darkened area ratio (a), standard length (b), and fish coverage ratio**  
466 **(c)**

467 Open circles, 30% loose net; closed circle, control. Data are presented as median values with 25th and 75th  
468 percentiles. Asterisks indicate statistical difference between the groups (Mann-Whitney *U* test,  $p < 0.05$ ,

469  $n=29 - 30$ )

470

471 **Fig. 2 Comparisons of standard length (a), head length ratio (b), and body depth / standard length**  
472 **(c), at the sixth month**

473 The upper and lower ends of the vertical bars show the maximum and minimum values, respectively. The  
474 top and bottom of the boxes show the 75 and 25% values, respectively, and the horizontal line in the box  
475 shows the median value. The different lowercase letters indicate statistical difference between the groups  
476 (Kruskal-Wallis test,  $p<0.05$ ,  $n=28 - 30$ )

477

478 **Fig. 3 Comparison of darkened area ratio among different net settings at sixth month**

479 Different letters indicate statistical significance among groups (Steel-Dwass method,  $p<0.05$ ,  $n=28 - 30$ ).  
480 The upper and lower ends of the vertical bars show the maximum and minimum values, respectively. The  
481 top and bottom of the boxes show the 75 and 25% values, respectively, and the horizontal line in the box  
482 shows the median value

483

484 **Fig. 4 Blind side photographs of flounders reared in tanks with different net settings at the sixth**  
485 **month**

486 The upper photographs are individuals with 75% values, the middle with median, and the lower with 25%

487 values in each tank

488

489 **Fig. 5 Comparison of darkened area ratio among tanks having different bottom covering ratio with**  
490 **net at the sixth month**

491 Different letters indicate statistical significance between groups (Steel-Dwass method,  $p < 0.05$ ,  $n = 28 - 30$ ).

492 The upper and lower ends of the vertical bars show the maximum and minimum values, respectively. The

493 top and bottom of the boxes show the 75 and 25% values, respectively, and the horizontal line in the box

494 shows the median value. Dots represent individual values

495

496 **Fig. 6 Blind side photographs of flounders reared in tanks having different bottom covering ratio**  
497 **with net at the sixth month**

498 The upper photographs are individuals with 75% values, the middle with median, and the lower with 25%

499 values in each tank

500

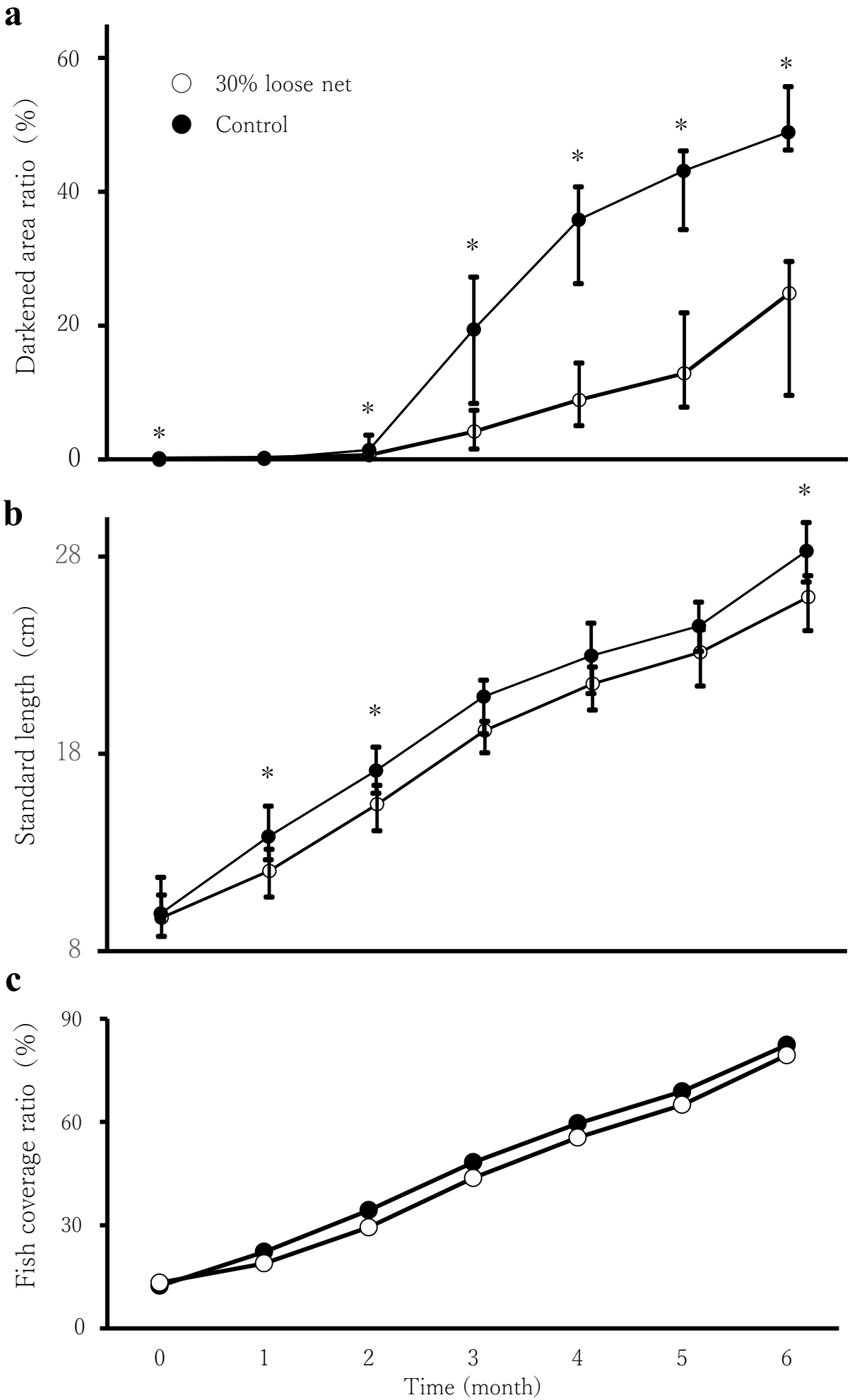
501 **Fig. 7 Comparison of plasma cortisol concentrations between control and net-lined tanks at the sixth**  
502 **month**

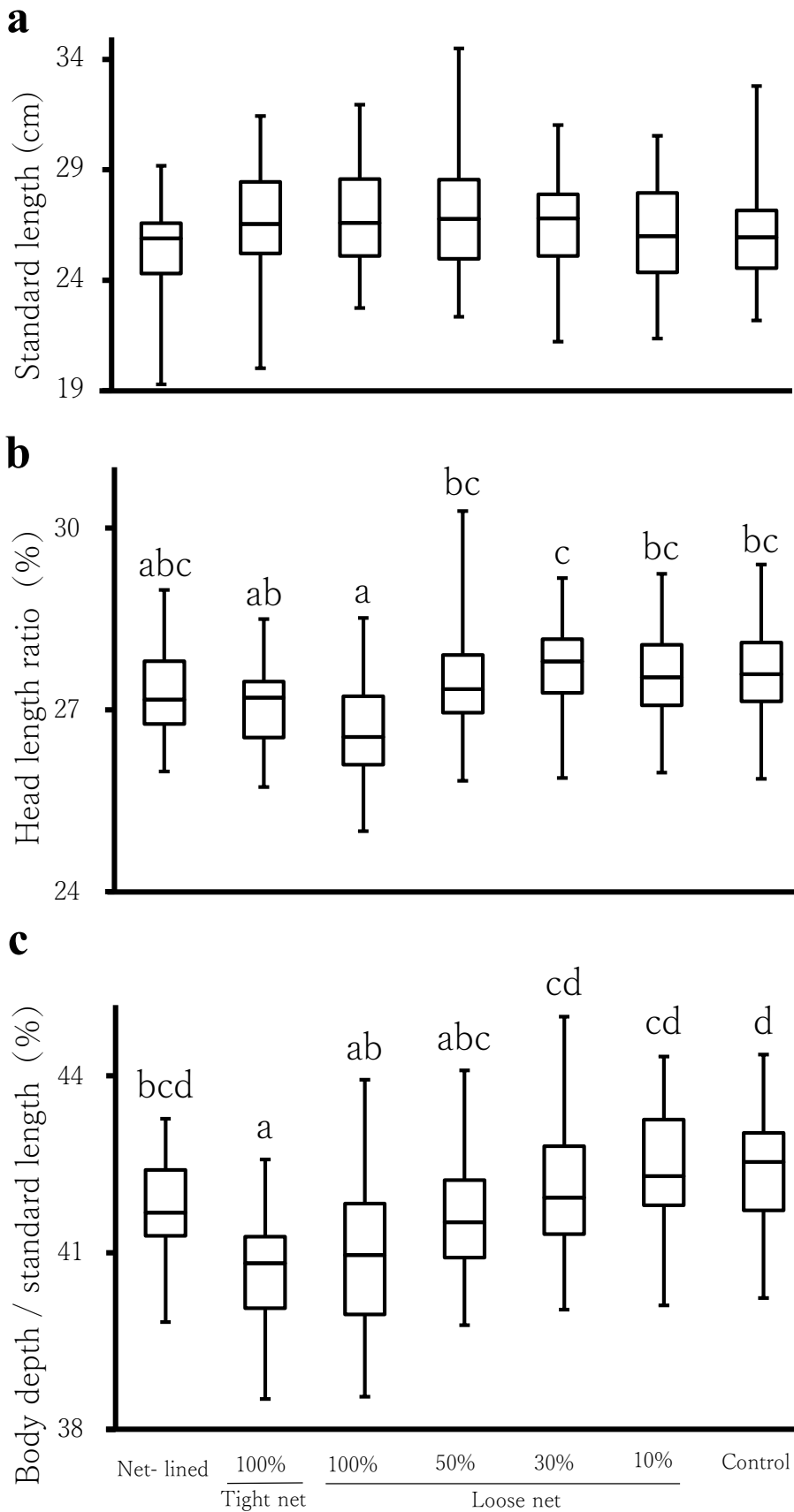
503 There was no statistical difference (Mann-Whitney  $U$  test,  $p = 0.08$ ; control:  $n = 29$ , net-lined:  $n = 28$ ). The

504 upper and lower ends of the vertical bars show the maximum and minimum values, respectively. The top

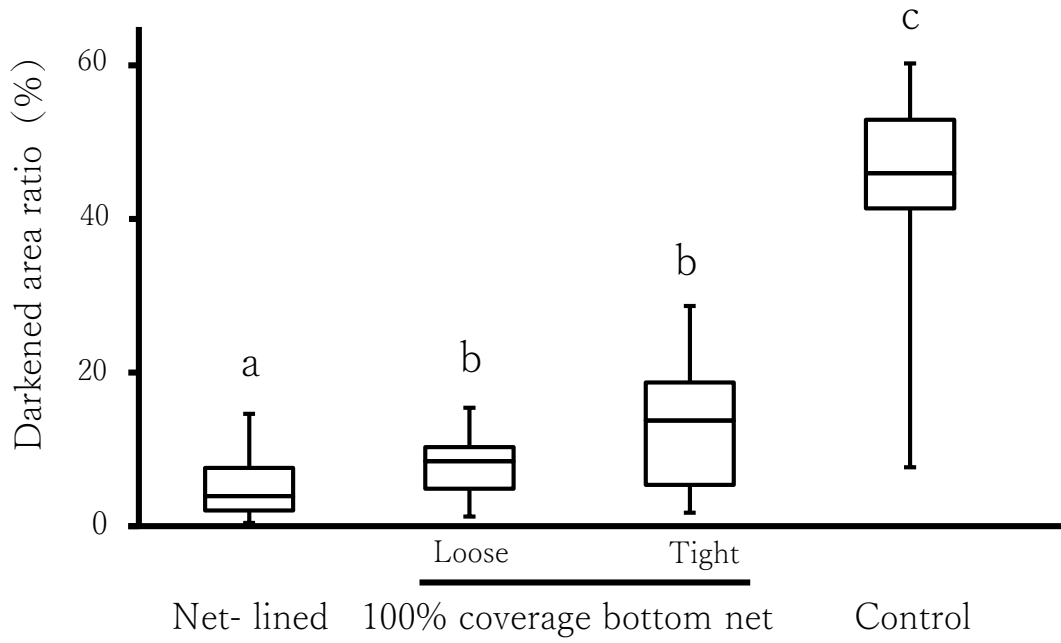
505 and bottom of the boxes show the 75 and 25% values, respectively, and the horizontal line in the box shows

506 the median value



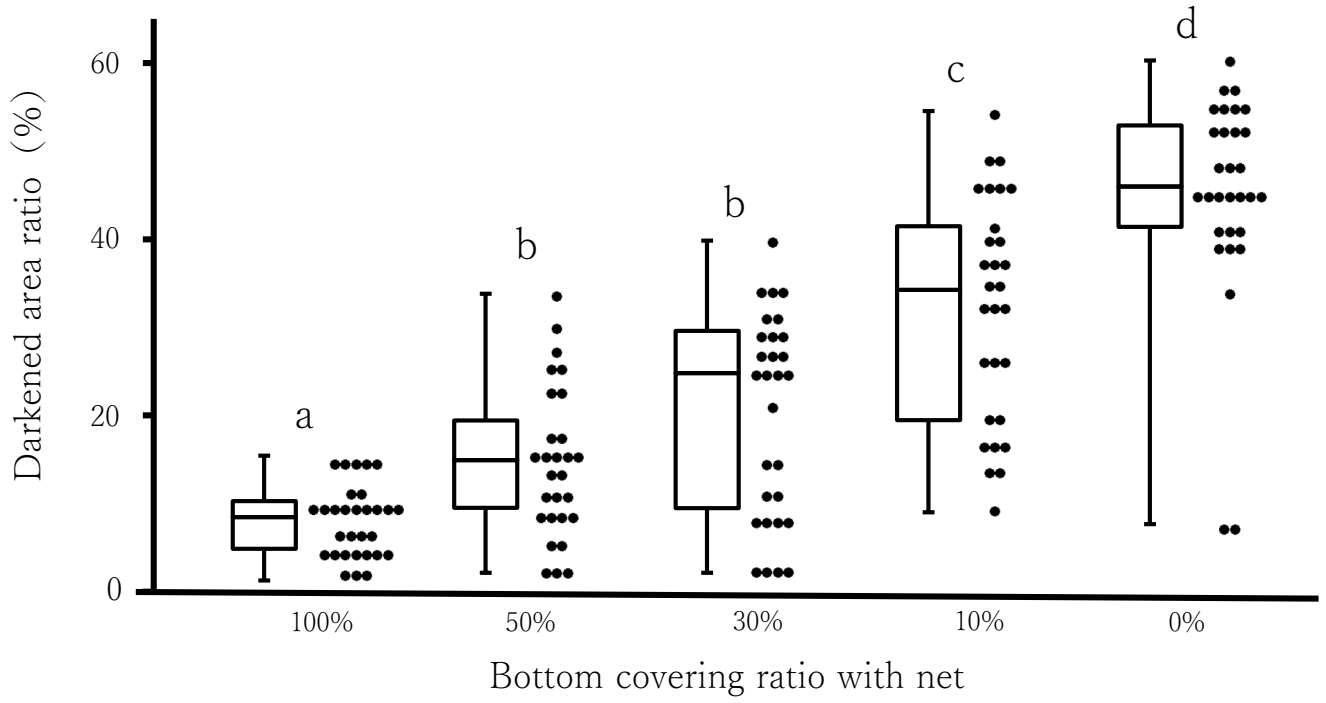








	Loose	Tight	
	<hr/>		
Net-lined	100% coverage bottom net		Control





100

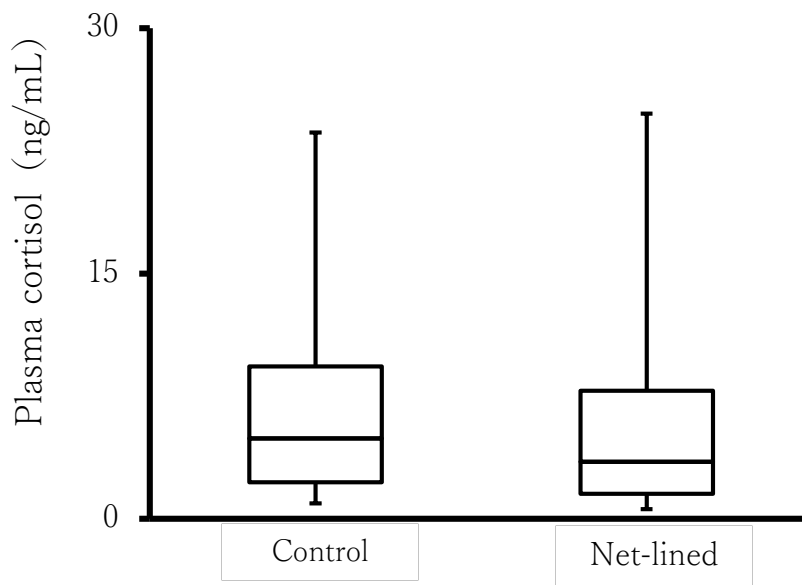
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Bottom covering ratio with net (%)



Article title:

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Journal name:

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The fish covering ratio of the tank bottom was approximately 80% at the sixth month, as shown in Figure 1c. Therefore, some individuals cannot lie on the net in tanks having the net size of, and the size less than, 50%. The number of individuals that could not lie on the net (therefore on flat bottom, or possibly on other individuals) in each tank was calculated from the bottom coverage ratios of the net and the fish at the sixth month, and compared with the observed number of individuals with a greater darkened area ratio than the darkest individual in the 100% loose net tank, in which all individuals theoretically can fit on the net (Table 1 in this Online Resource 1). In this study, the two numbers matched fairly well. Although we cannot exclude the possibility of coincidence, this observation may suggest the possible prediction of the effectiveness of hypermelanosis prevention from the relationship between the total fish coverage and the net size at a certain time. In addition, it may be possible that individuals with a lower darkened area ratio “prefer” to be located on the bottom net, and spend more time on it. This point should be examined in behavioral studies, with individual identification of experimental juveniles as the next step in this line of research.

**Table 1.** Comparison of the calculated number of individuals unable to lie on the net material due to insufficient area and the observed number of individuals having a higher darkened area ratio than the maximum value in the 100% loose net tank

group	calculated number	observed number
50% loose net	9.25	13
30% loose net	17.75	17
10% loose net	26.25	26
control	30	28