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Visualization formats of patient-reported outcome measures in clinical practice: a systematic review about preferences and interpretation accuracy

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Abstract

Purpose: The use of Patient-Reported Outcome Measures (PROMs) for individual patient management within clinical practice is becoming increasingly important. New evidence about graphic visualization formats for PROMs scores has become available. This systematic literature review evaluated evidence for graphic visualization formats of PROMs data in clinical practice for patients and clinicians, for both individual and group level PROMs data.

Methods: Studies published between 2000 and 2020 were extracted from CINAHL, PubMed, PsychInfo, and Medline. Studies included patients ≥ 18 years old in daily clinical practice. Papers not available in English, without full-text access, or that did not specifically describe visualization of PROMs data were excluded. Outcomes were: visualization preferences; interpretation accuracy; guidance for clinical interpretation.

Results: Twenty-five out of 789 papers were included for final analysis. Most frequently studied formats were: bar charts, line graphs, and pie charts. Patients preferred bar charts and line graphs as these were easy and quick for retrieving information about their PROMs scores over time. Clinicians' interpretation accuracy and preferences were similar among graphic visualization formats. Scores were most often compared with patients' own previous scores; to further guide clinical interpretation, scores were compared to norm population scores. Different 'add-ons' improved interpretability for patients and clinicians, e.g. using colors, descriptions of measurement scale directionality, descriptive labels, and brief definitions.

Conclusion: There was no predominant graphical visualization format approach in terms of preferences or interpretation accuracy for both patients and clinicians. Detailed clarification of graph content is essential.

Keywords: Patient reported outcome measures, Data visualization, Shared decision-making, Systematic review

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Plain English summary

Patient-Reported Outcome Measures (PROMs) capture patients' self-reported health through the use of questionnaires. PROMs measure health related quality of life, daily functioning, and symptom experience, which are becoming increasingly important to incorporate in clinical practice for individual patient management. To present PROMs within clinical practice, raw or summarized PROMs scores can be visualized in graphical formats. To be useful during clinical encounters, both patients and clinicians ought to interpret such formats correctly. New evidence about graphic visualization formats for PROMs scores has become available. Therefore, we systematically reviewed the literature to evaluate evidence for graphic visualization formats of PROMs data in clinical practice. In 25 included papers, most studies used graphical formats like bar charts, line graphs, and pie charts for presenting PROMs scores. There was no predominant graphical visualization format approach in terms of preferences or interpretation accuracy for both patients and clinicians. Patients preferred bar charts and line graphs as these were easy and quick for retrieving information about their PROMs scores over time. Clinicians' interpretation accuracy and preferences were similar among graphic visualization formats. The graphical interpretation of PROMs data for patients and clinicians can be improved by using colors, descriptions of measurement scale directionality, descriptive labels, and brief definitions.

Introduction

With an increasing emphasis on patient-centred care, there is a growing interest in outcome measures most relevant to patients [1–6]. Patient-reported outcomes measures (PROMs) comprise data collected from individual patients and include an array of outcomes such as symptoms, daily functioning, and health-related quality of life (HRQoL). PROMs are increasingly used in daily clinical practice for individual patient management [7]. Individual PROMs data incorporates the patient's perspective on their health status and can detect issues that are most bothersome to the individual patient. By reporting these issues to both patients and clinicians, patient-physician communication improves [8–10]. This may support shared-decision making, and therefore offers considerable potential to enhance quality of care and clinical outcomes [8, 11]. A second application of PROMs data feedback is the use of aggregated PROMs scores collected in clinical studies or trials to inform patients about treatment harms and benefits [12].

Currently, when PROMs are incorporated within clinical practice, raw or summarized PROMs data are given as feedback to patients and/or clinicians by using different graphic visualization formats [13]. In order for them to understand and apply the information during clinical encounters, patients and clinicians ought to interpret such formats correctly [13]. A previous review by Bantug et al. [13] reported that the majority of patients and clinicians were able to interpret plain or straightforward graphs. Bantug et al. suggested that future research should focus on optimizing graphic visualization strategies. After the publication of this review in 2016, considerable new evidence has become available about this topic. Moreover, the focus of recent studies has shifted towards the effect of aspects such as score directionality [14–17] and axis labelling [1, 15] on

correct interpretation by patients and clinicians. Furthermore, there is increased attention for guiding the clinical interpretation of PROMs data, e.g. to distinguish severe or clinically relevant symptoms [1, 3–5, 14, 18]. For instance, the display of score thresholds and warnings if scores change over time would be helpful in daily practice [1], as well as scores from reference populations to compare individual scores to [1, 5, 14]. Both facilitate the correct use of scores during clinical encounters. The focus on clinical interpretation led to the introduction of funnel plots [2, 19], heat maps [4], and icon arrays [3, 15, 18, 20], underlining the relevance of assessing a wider variety of graphic visualization formats.

While worldwide implementation of PROMs data collection in clinical practice keeps progressing [21], new evidence on graphic visualization formats for PROMs scores for interpretation by patients and clinicians has become available. This systematic literature review aims to (1) address the latest evidence for graphic visualization formats of PROMs in clinical practice, by extracting preferences and interpretation accuracy for patient and clinicians, and (2) investigate how clinically relevant PROMs scores are distinguished, in order to guide clinical interpretation of PROMs scores for their use during clinical encounters.

Methods

A systematic literature review was conducted according to the Preferred Reporting Items for Systematic Reviews and Meta-Analysis (PRISMA) guidelines [22].

Search strategy

An exhaustive search strategy was developed by a medical librarian (E.W.) experienced in systematic literature searches. The following search terms were included: ("Patient reported outcome (PRO)" OR "Health-Related

Quality of Life") AND "data presentation/display" AND "health communication" AND ("cancer" OR "clinical decision-making"). We focused the search on oncology as we work in an oncological setting. Also, most of these studies have been conducted in oncology, as confirmed by our search and previously shown by Bantug et al. [13]. Literature from January 2000 to July 2020 was searched in MEDLINE (accessed through PubMed), Embase (assessed through Ovid Platform), PsycINFO (assessed through Ovid Platform), and CINAHL. The full search strategy is included in Additional file 1: Table 1. Duplicates were removed using the Bramer method [23]. A forward and backward reference check was performed on all final included articles.

Review procedure

After removing duplicates, two researchers (E.A., I.F.) independently reviewed potential abstracts. The researchers eliminated articles according to the predefined inclusion and exclusion criteria (see below). In case of discrepancies, a third researcher (K.d.L.) was consulted. Subsequently, both researchers (E.A., I.F.) independently reviewed the full text version of each paper for inclusion in the final selection. Disagreements were discussed between the three researchers (E.A., I.F., and K.d.L.) to reach consensus.

Studies were included when concerning patients of 18 years and older treated in clinical practice; addressed communication of individual level or group level PROMs data, using graphic visualisation formats, to either patients or clinicians; were published in English. Exclusion criteria were: studies without English or full-text version; systematic literature reviews; Delphi studies; studies where PROMs had not been completed by patients or were not applied or visually presented to patients and/or clinicians.

Analyses

Two researchers (E.A., K.d.L.) independently extracted data from the included articles. The findings of both researchers were compared and verified by a third researcher (I.F.). First, study characteristics were described, including study goal, population, and type of PROMs data that was visualised. Second, findings about visualisation preferences and interpretation accuracy were extracted. Furthermore, methods and strategies for guiding the interpretation of scores during clinical encounters were extracted. The findings were described for patients and clinicians separately, and a distinction was made between individual PROMs data for use during clinical encounters, and mean or aggregated PROMs data that could be included in treatment decision-making.

Quality assessment

Two researchers (E.A., K.d.L.) independently assessed the methodological quality of the papers and compared their final judgments. The Critical Appraisal Skill Program (CASP) was used for methodological assessment of the included papers. CASP enables to systematically assess the trustworthiness, relevance, and results of published papers by comprising several criteria for qualitative studies, randomized controlled trials, and cohort studies [24]. The reviewers scored the papers per criteria with a positive or negative response, or 'not applicable/unknown'. Studies with a positive score for half or more of the criteria were deemed of sufficient quality [24].

Results

Our search retrieved 1673 studies, from which 414 duplicates were excluded. Subsequently, from the remaining 1259 studies, 1186 were excluded; these did not describe PROMs data visualization (Fig. 1). Then, full-text articles from 73 eligible studies were assessed. From these, 47 were excluded based on inclusion and exclusion criteria, and/or because no full-text version was available ($n=15$, all conference abstracts). Ultimately, 25 studies were included in this review for data extraction (Additional file 1: Table 2). After quality assessment following the CASP criteria, all studies had a positive score for half or more of the criteria (Additional file 1: Table 3).

Most studies used either mixed methods design ($n=12$), including human-centered design, or a qualitative design ($n=9$), including interviews (Fig. 2). Sample sizes ranged from 8 (interview study) to 1,017 (survey study). Studies had been carried out in different clinical domains and in different countries, studying different graphic visualization formats and designs. The majority of studies included participants during or after treatment, whereas nine studies made use of hypothetical settings. PROMs data formats were either based on individual patient scores presented to patients ($n=17$) and/or clinicians ($n=14$), or based on mean group-reported data from for instance clinical trials that were presented to patients ($n=10$) and clinicians ($n=8$). The different graphic visualization formats that were studied are presented in Fig. 3. The results are presented according to the distinction between patients and clinicians, subdivided into preferences and interpretation accuracy.

Individual level PROMs data—patients

An overview of the extracted data for patients on individual and group level is presented in Table 1.

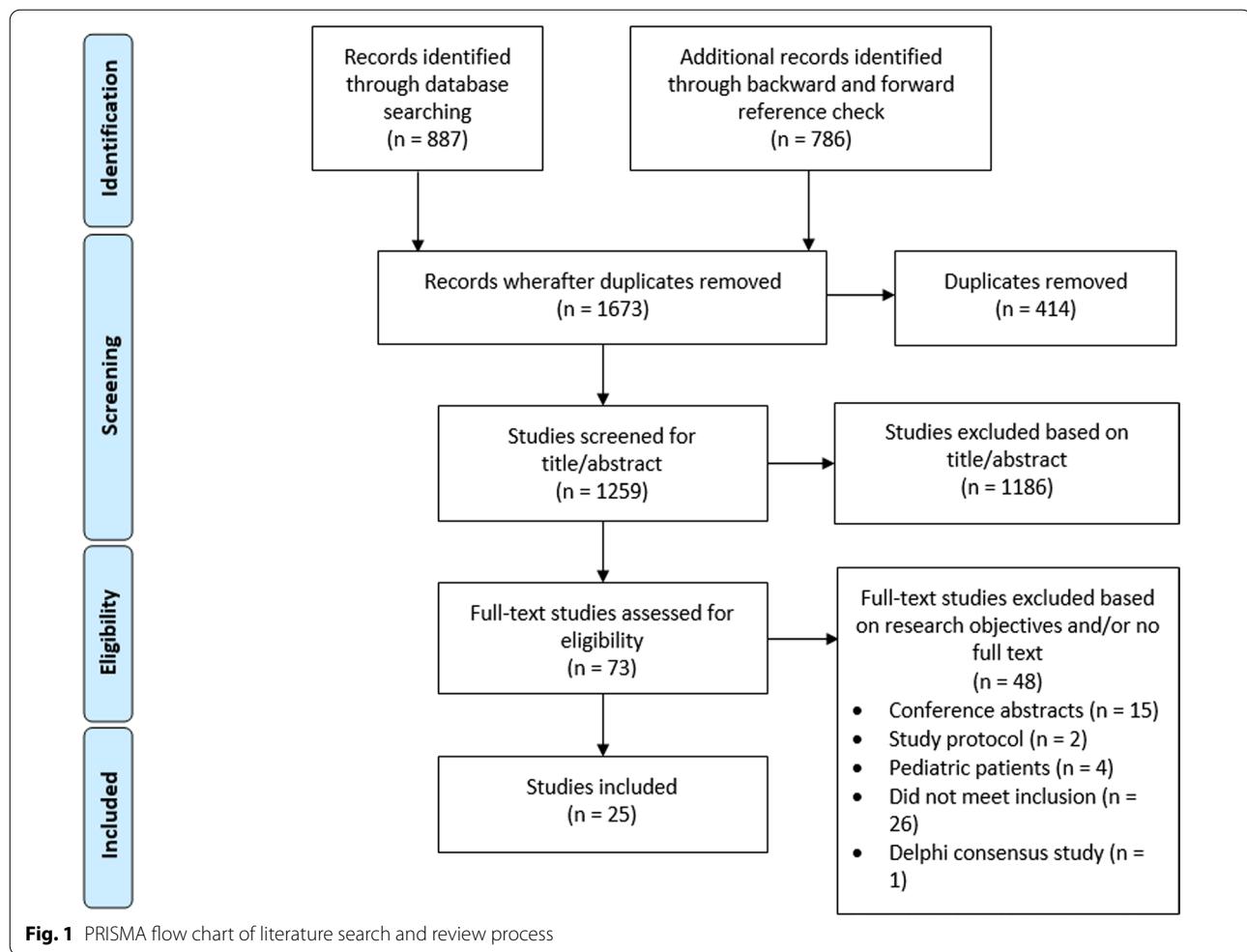


Fig. 1 PRISMA flow chart of literature search and review process

Preferences

From the 25 studies included in this study, 12 assessed patients' preferences. Patients appreciated that their individual PROMs scores were presented visually over time [16, 25]. Six studies reported that patients preferred bar charts over other graphic visualization formats for reporting longitudinal PROMs data [1, 3–6, 14]. Bar charts were 'visually clear', and facilitated 'appraisal at a glance', since bar charts are a generally well-known format for presenting data [2]. Five studies reported that line graphs were preferred as well [1, 6, 15, 16, 25]. Patients experienced line graphs as 'easy to understand' and 'quick to retrieve relevant information from' regarding their symptoms and well-being [1]. Furthermore, line graphs were preferred for overall ease-of-understanding and usefulness [16].

Interpretation accuracy

Eight studies assessed patients' interpretation accuracy for visualizing individual PROMs data. Bar charts were

more often interpreted correctly (87.8%) compared to line graphs (74.3%) [14]. According to Geerards et al. [26], a study conducted among 1386 participants of the general population, 92.9% of participants thought that bar charts were clear, and 82.4% thought bar charts were accurate. In a study by Loth et al. [17], among 40 patients, 90% reported that bar charts were "very easy" or "rather easy" to understand. Nevertheless, Grossman et al. [27] described that from 12 included patients, half of them failed to interpret bar charts correctly, and even patients who successfully read it, often required multiple attempts to do so. These participants were, however, introduced to bar charts for the first time [27]. One study reported that line graphs could be interpreted accurately by patients; nonetheless, an undefined proportion of patients needed initial guidance on how to read line graphs [1]. Liu et al. [28] reported that from 25 respondents (patients), several did not notice or understand the longitudinal nature of a line graph from left to right, particularly those with limited health literacy. Furthermore, a few patients misinterpreted a

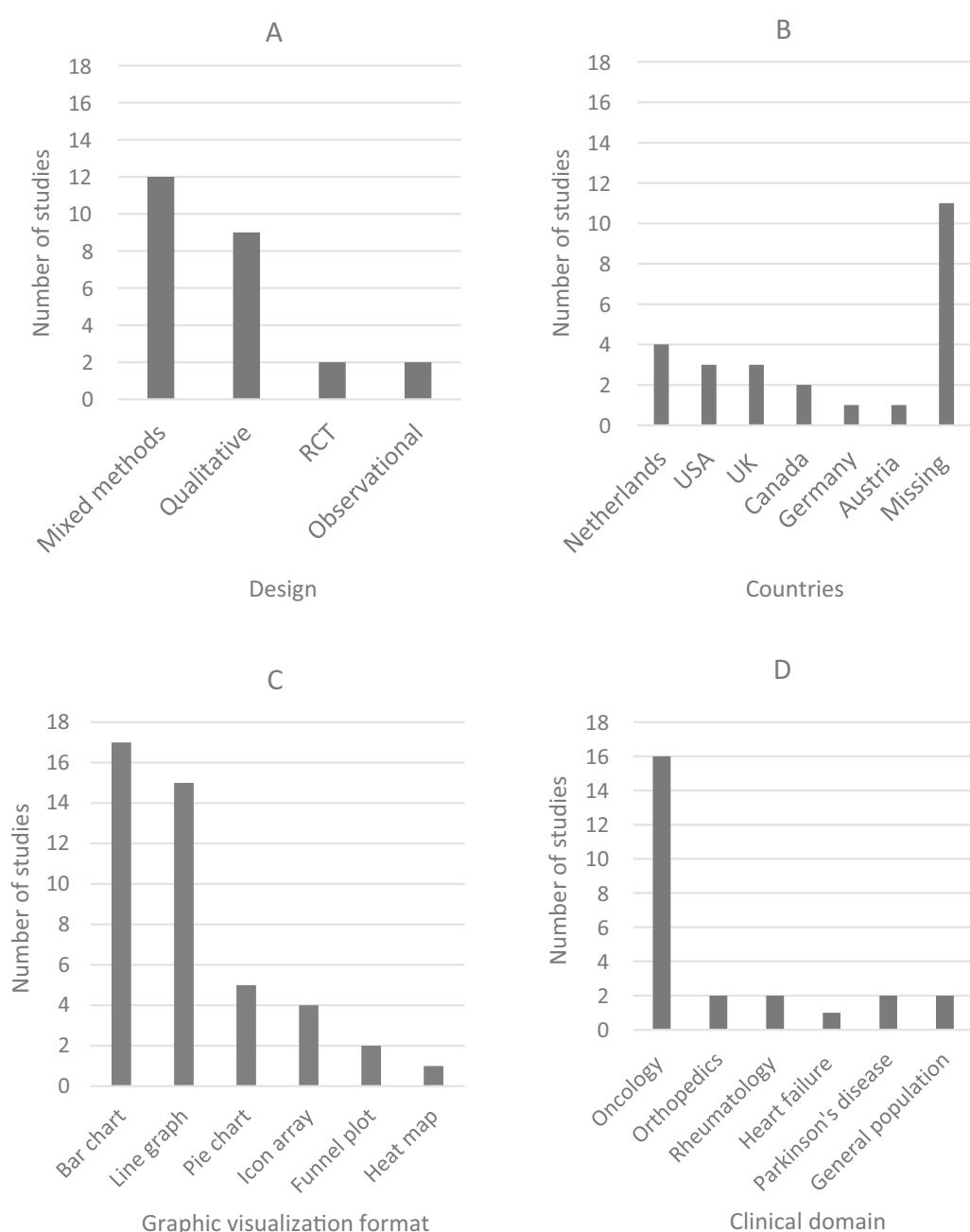


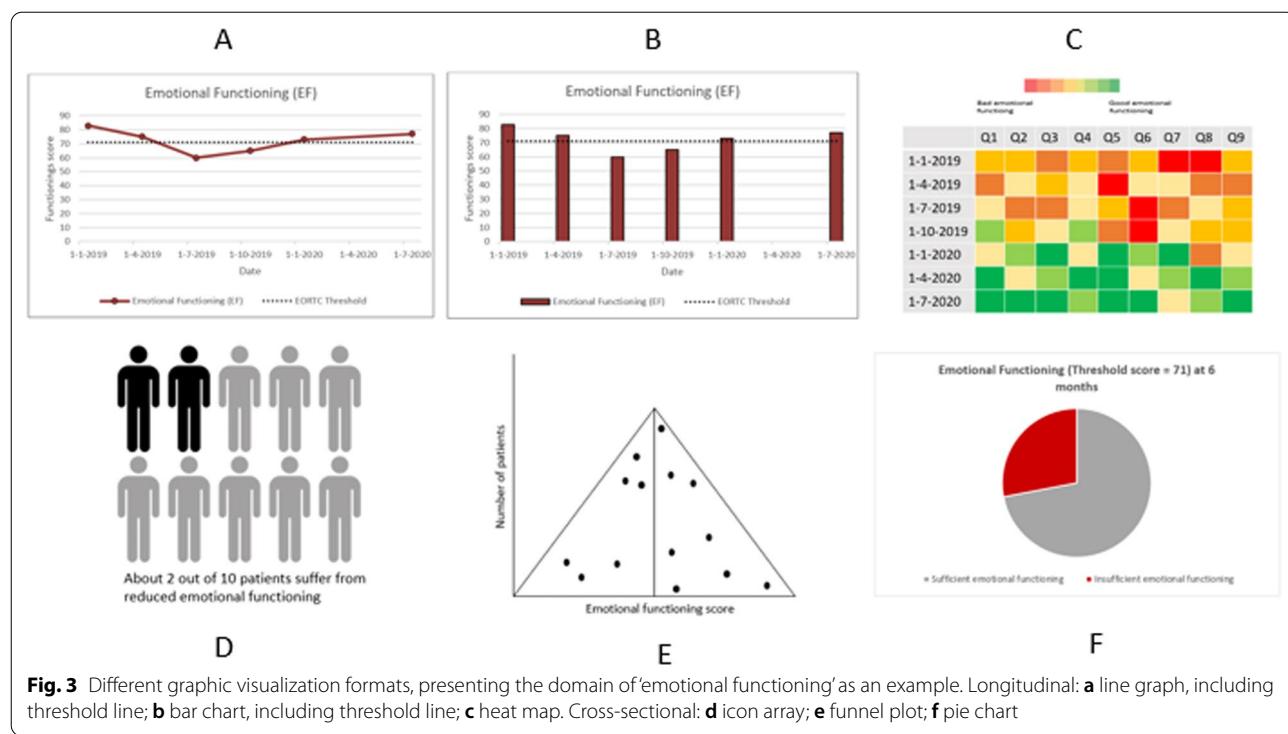
Fig. 2 Studies included in this review were carried out using **a** different designs; **b** in different countries; **c** investigating different graphic visualization formats*, and **d** among different clinical domains. RCT: Randomized Controlled Trial; USA: United States of America; UK: United Kingdom. *Studies included multiple formats

line drawn between two data points to mean information from between visits [28].

Group-level or aggregated PROMs data—patients

The aim of presenting aggregated or mean PROMs scores to patients is to inform them about potential

treatment outcomes, in order to support shared decision-making. In the included studies, aggregated PROMs data were mainly derived from clinical studies or RCTs. These were often presented to patients to (hypothetically) inform them about differences in outcomes between two treatments [12, 15, 20, 29–33].



Preferences

Seven studies assessed patients' preferences for presenting aggregated outcomes over time. Four studies reported that patients preferred line graphs over bar and pie charts [12, 14, 16, 30]. Line graphs were preferred because of their relative simplicity, straightforward layout, and perceived helpfulness [12, 16, 30]. The preference for line graphs decreased when confidence intervals were presented [12]. To present proportional data, three studies reported that patients preferred pie charts [18–20]. Pie charts were easy to read and enabled obtaining information quickly [20]. Smith et al. [18] reported that of 39 patients, 55% preferred pie charts, compared to a 25% preference for icon arrays, and a 20% preference for bar charts. Van Overveld et al. [19] reported that among 37 patients, pie and bar charts were both preferred.

Interpretation accuracy

Seven studies assessed patients' interpretation accuracy for presenting aggregated outcomes over time. In four studies, patients' most often correctly interpreted line graphs [14, 16, 29, 30]. Interpretation accuracy ranged from 98–100% [16, 30]. In particular, 56% of patients correctly answered questions for "better" (i.e. higher score means better outcomes) formatted lines, compared to 41% for "more" (i.e. higher score means more symptoms), and 39% for "normed" (i.e. score as compared to reference scores) line graphs [29]. Line graphs showing

results of two treatment options resulted in decisions that reflected adequate comprehension of the information in the graph [14]. One study reported that patients' accuracy was highest for pie charts and icon arrays, compared to bar charts [20]. Icon arrays were easy to understand for patients as well [20].

Individual level PROMs data—clinicians

An overview of the extracted data for clinicians on individual and group level is presented in Table 2.

Preferences

Thirteen studies assessed clinicians' preferences regarding visualization of PROMs scores from individual patients. In general, clinicians appreciated viewing PROMs scores repeated over time, in order to track their patients' symptom experiences [14–16, 25, 35, 36]. Moreover, six studies showed that bar charts were most preferred when plotting longitudinal individual PROMs data [1, 2, 4, 5, 14, 17]. Furthermore, line graphs were preferred in four studies [1, 14–16, 29]. However, Brundage et al. [37] and Izard et al. [3] both stated that clinicians did not universally find one approach for longitudinal data as appealing or preferred. Contrastingly, a study among 227 health professionals by Kuijpers et al. [4] showed that the majority of medical specialists (46%) and nurses (32%) preferred heat maps to line graphs and bar charts.

Table 1 Summary of data extraction: visualization strategies and preferences, interpretation accuracy, comparators; use of PRO data on individual and group level, in patients

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format	Comparator	
Fischer [1]	(b) For which purpose patients and clinicians use PROMs during consultations; (c) How patients interpret PROMs information presented in various formats To develop a PRO feedback report for mobile devices that is comprehensible and provides valuable information for patients after knee arthroplasty	Orthopedic patients (N = 8), Germany	Multiple (literature)	Individual scores	Text-based report and a graphical display (line graph, where scores are plotted over time, over a rainbow-colored background from red (bottom) to green (top) to visualize the grading of the individual scores)	Norm population	Short and condensed information using simple language (literature) A text-based report is the least preferred but less susceptible to misinterpretation (literature)
			PROMIS (development)			All participants correctly understood the line graph and were able to interpret the scores. Some needed some initial guidance on how to read a line graph Those (n = 3) in favor of graphs; easy and quick to get the relevant information from the linegraph	The rainbow-colored background was understood by all participants

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format	Comparator	
Geerards [26]	To assess the impact of tailored multimodal feedback and computerized adapted testing (CAT) on user experience in HRQoL assessment using validated PROMs	N = 1386 participants from the general population, United Kingdom (UK)	World Health Organization Quality of Life assessment (WHOQOL)	Individual scores	Graphical only	N/A	The text-based (n = 2) version is easier to understand and most people are used to read short text messages Respondents thought the questionnaire with graphical and text-based feedback was more interesting compared with no feedback assessment, whereas providing only graphical feedback did not make the questionnaire more interesting 92.9% of patients thought the graphical feedback was clear

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format	Comparator	
Grossman [27]	To identify the design requirements for an interface that assists patients with PRO survey completion and interpretation; to build and evaluate the interface of PROMs feedback	Interview: N = 13 patients with heart failure and N = 11 clinicians, study location or country was not described	Health IT Usability Evaluation Scale (Health-ITUES)	Individual scores	Small cards: Short sentence describing a severe symptom, which when clicked on provides textual educational information	N/A	Perceiving the mockup as useful and easy-to-use
Hartzler [6]	To conduct a HCD to engage patients, providers, and interaction design experts in the development of visual "PRO dashboards" that illustrate personalized trends in patients' HRQoL following prostate cancer treatment	Focus groups (N = 60 patients)	Not specified	Individual scores	Pictographs	The dashboard compares patients' trends with trends from "men like you" matched by default by age and treatment derived from a previously published prostate cancer cohort	Pictographs might reach patients with limited literacy

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format	Comparator	
Hildon [2]	To explore patients' views of different formats and content of data displays of PROMs	N=45 patients undergone or planning knee surgery in six focus groups, UK	Oxford Hip Score (OHS)	Individual scores	Different formats (table, bar chart, caterpillar and funnel plot)	N/A	Some patients expressed concern over inclusion of comparison scores without representation of data variability (e.g., confidence intervals, error bars), while others preferred simpler charts and graphs
					Content (uncertainty displays, volume of outcomes, color, icons, and ordering)		Representations of uncertainty were mostly new to the audience in numbers facilitated interpretation of uncertainty
							Traffic light colors were described as universally recognized
							Bar charts were liked because they were considered visually clear and facilitated appraisal at a glance, since it was a known format. But they do not give enough information
							Caterpillar plots were seen as visually clear and to give more information but you would need to learn how to read them
							Using colors consistently was important, as this enabled understanding across formats
							Stars were described as universally recognized and their interpretation did not require the ability to read
							Funnel plots were difficult to read, had to learn how to read them

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format	Comparator	
Izzard [3]	To develop graphic dashboards of questionnaire responses from patients with prostate cancer to facilitate clinical integration of HRQoL measurement	N=50 prostate cancer patients and N=50 providers, USA	Expanded Prostate Cancer Index	Individual scores	Bar chart	Previous scores; 'patients like me'	Tables with icons were seen as accessible to the average person Words (these were 'at average/better/ 'worse' etc.) were liked because they were perceived as needing no personal interpretation High reading scores for the table format 20% found pictograph too complicated (too many steps to interpret) 18% had difficulty disentangling facial expressions. Felt to be "too similar" 16% felt table to be easy to understand, 18% felt this format made HRQoL trends difficult to interpret

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format	Comparator	
Kuijpers [4]	To investigate patients' and clinicians' understanding of and preferences for different graphical presentation styles for individual-level EORTC QLQ-C30 scores	N = 548 cancer patients in four European countries and N = 227 clinicians, the Netherlands	EORTC QLQ-C30	Individual scores	Bar chart with color	The preferred comparison group was one's own previous results (40.9%)	39% preferred colored bar charts, over heat maps (20%) and colored line graphs (12%)
Liu [28]	To develop Rheumatoid Arthritis (RA) 'dashboard' that could facilitate conversations about PROs and is acceptable to a wide range of patients, including English and Spanish speakers, with adequate or limited health literacy	N = 25 RA patients and N = 11 clinicians from two academic rheumatology clinics, California	(1) Clinical Disease Activity Index (CDAI)	Individual scores	Heat map Line graph	Previous scores	Several, particularly in the limited health literacy groups, did not notice or understand the longitudinal nature of data from left to right nor the temporal connection between the different graphic elements as well (2) Patient-Reported Outcomes Measurement Information System (PROMIS)-physical function scale (3) Pain score

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Outcomes of included studies preferences	Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format	Comparator		
Loth [28]	To investigate patients' understanding of graphical presentations of longitudinal EORTC QLQ-C30 scores	N=40 brain tumor patients, Austria	EORTC QLQ-C30	Individual scores	Colored bar chart	Previous scores	N/A	Objective correct answers about overall change was between 74.4% (fatigue) and 90.0% (emotional functioning) Difficulties with correct interpretation of different directionality of the symptom and functioning scales The meaning of color-coding to highlight clinically important problems was answered correctly by 100% of patients (physical function and pain), and 92.5% (emotional function and fatigue)

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format	Comparator	
Oerlemans [5]	To investigate whether patients with lymphoma wished to receive PRO feedback, including the option to compare their scores with those of their peers, and how this feedback was evaluated	Lymphoma patients (N = 64), the Netherlands	EORTC-QLQ-C30 + item tingling in hands or feet	Individual scores	Bar chart	Previous scores	Respondents had a slight preference for bar charts 1 patient had trouble understanding the colors of the PRO feedback at first, but after looking for a second time it became clear
			Hospital Anxiety and Depression Scale (HADS)		Line graph	Reference population: Preferred dotted line over a solid line to indicate 'your score' in the bar chart	General population Preferred population: Patients: The vast majority (94%) compared their scores with those of the lymphoma reference cohort and 64% compared their scores with those of the normative population without cancer, whereas 6% viewed only their own scores
			Adapted Self-Administered Comorbidity Questionnaire				Scores other lymphoma patients Patients: The vast majority (94%) compared their scores with those of the lymphoma reference cohort and 64% compared their scores with those of the normative population without cancer, whereas 6% viewed only their own scores

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format	Comparator	
Ragouzeos [25]	To develop a "dashboard" for RA patients to display relevant PRO measures for discussion during a routine RA clinical visit	Patients with rheumatology (N = 45) and providers (N = 12), USA	Not specified	Individual scores	Prototype PRO dashboard (on paper)	N/A	Important to show progress over time
Smith [18]	To improve formats for presenting individual-level PRO data (for patient monitoring) and group-level PRO data (for reporting comparative clinical studies)	N = 40 clinicians in active practice and N = 39 patients diagnosed with cancer ≥ 6 months previously, not currently receiving chemotherapy/radiation or within 6 months of surgery, from JHCRN*	Not specified	Individual scores	Line graphs	Previous scores	A longitudinal line graph with coloring helped patients see their measures as a process instead of a moment in time N/A
Snyder [34]	To test approaches for presenting PRO data to improve interpretability	N = 627 cancer patients/survivors, N = 236 oncology clinicians, and N = 250 PRO researchers for survey, from JHCRN* N = 10 patients and N = 10 clinicians for interviews	Not specified	Individual scores	Icon array 3 line-graphs:	Previous scores	82–99% correctly responded across directionality items (1) Green-shaded normal range 74–83% correctly identified domains that changed > 10 points

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format	Comparator	
Brundage [12]	To explore patients' attitudes toward, and preferences for, 10 visual and written formats for communicating Health Related Quality of Life (HRQoL) information	N = 14 men and N = 19 women with variety of cancer diagnoses, post treatment ≥ 6 months earlier, Canada	PRO results from hypothetical clinical trial (cross-sectional, longitudinal)	Group mean scores	Mean HRQOL scores	Two treatments	53–86% accurately identified possibly concerning scores Red circles were interpreted more accurately than green shading Higher = better were interpreted more accurately versus higher = more Threshold line significantly more likely to be rated "very" clear and most useful compared with green shading and red circles N/A Line graphs were preferred, because of their relative simplicity and straightforward layout
							Trends in text Decrease in preferences for line graphs when error bars around the mean are presented Mean scores Mean scores with SD Text

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Outcomes of included studies preferences	Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format	Comparator		
Brundage [30]	To determine which formats for presenting HRQoL data are interpreted most accurately and are most preferred by patients	Patients with variety of cancer diagnosis, previously treated (N = 198), Canada	PRO results from hypothetical clinical trial (cross-sectional, longitudinal)	Group mean scores	Two treatments	N/A	Line graphs were preferred, due to high ease of interpretation and perceived helpfulness	Line graphs most often interpreted correctly (98%), most easy to understand, and most helpful (all p < 0.0001)
Brundage [16]	To investigate the interpretability of current PRO data presentation formats	N = 50 patients with variety of cancer diagnoses; N = 20 clinicians in active practice, from JHCRN*	EORTC-QLQ-C30 scores	Individual scores and group means	Line graph means over time	Two treatments	Simple line graphs were preferred, since they have a high ease-of-understanding and usefulness	Accuracy ranged from 36% (cumulative distribution function question) to 100% (line graph with confidence intervals question)

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format	Comparator	
Damman [14]	To investigate:	Interviews: patients with Parkinson's disease (N = 13) and clinicians (N = 14)	Not specified	Individual scores	Line graph with results of 2 treatment options	Patients with the same age, gender and disease duration	56% of patients found line graphs most useful Line graph showing results of two treatment options resulted in decisions reflecting adequate comprehension of information
McNair [32]							87% of patients accurately interpreted multidimensional graphical PROs from two treatments 81% of patients was able to interpret graph 4 correctly 67% of patients was able to integrate information from two graphs together (1) Treatment changes in a single PRO over time (2) Different PRO, reversed direction of treatment (3) Divergent and convergent PROs (4) Divergent and convergent PROs over 18 months

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format	Comparator	
Smith [18]	To improve formats for presenting individual-level PRO data (for patient monitoring) and group-level PRO data (for reporting comparative clinical studies)	N = 40 clinicians in active practice and N = 39 patients diagnosed with cancer ≥ 6 months previously, not currently receiving chemotherapy/radiation or within 6 months of surgery, from JHCRN*	Not specified	Individual scores, proportional data	Line graphs	Previous scores	55% of patients preferred pie charts N/A
Tolbert [29]	To identify the association of PRO score directionality and score norming on a) how accurately PRO scores are interpreted and b) how clearly they are rated by patients, clinicians, and PRO researchers	N = 629 patients (various oncologic diagnoses, N = 139 oncology clinicians, and N = 249 PRO researchers conducted at the Johns Hopkins Clinical Research Network (JHCRN)*	Two treatments	Mean scores	Line graph 3 versions:	Two treatments	56% of patients answered questions correctly for "better" formatted line graphs most often as "very clear" or "somewhat clear" 41% for "more" and 39% for "normed" graphs (1) Lines going up indicating "better" outcomes The normed value confused patients

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format	Comparator	
Tolbert [20]	To identify best practices for presenting PRO results expressed as proportions of patients with changes from baseline (improved/stable/ worsened) for use in patient educational materials and decision aids	N = 629 patients (various oncologic diagnoses, treated), N = 139 oncology clinicians, and N = 249 PRO researchers conducted at the Johns Hopkins Clinical Research Network (JCRN)*	Two treatments	Proportions	Pie chart	Two treatments	Patient's accuracy was highest for pie charts and icon arrays
Van Overveld [19]	To investigate the preferences of receiving feedback between stakeholders	N = 37 patients, medical specialists, allied health professionals and health insurers in the Netherlands	Audit data on professional practice and health care outcomes	National average scores	Bar graph	National average scores	Icon arrays would be easy to understand for patients

Table 1 (continued)

Author	Primary study goal	Study population	Presenting PROMs data			Visualization	Interpretation accuracy
			Type of PROMs	What is presented?	Graphic visualisation format		
						Point graph	
						Area graph	
						Box plot	
						Kaplan-Meier graph	
						Funnel plot	

Definitions: individual level PROMs data—The patient's perspective on their health status; Group level PROMs data—Aggregated PROMs scores collected in clinical studies or trials CDAI—Clinical Disease Activity Index; EHR—Electronic Health Record; EORTC-QLQ-C30—European Organization for Research and Treatment of Cancer Quality of life questionnaire Core 30; HADS—Hospital Anxiety and Depression Scale; HCD—Human Centered Design; HRQoL—Health-Related Quality of Life; HUI—Health Utility Index; Health-TUES—Health IT Usability Evaluation Scale; JHCRN—Johns Hopkins Clinical Research Network; N/A—Not Applicable; PRO(s)—Patient Reported Outcome(s); PROMs—Patient-Reported Outcomes Measurement; PROMIS—Patient-Reported Outcomes Measurement System; QoL—Quality of Life; REALM-SF—Rapid Estimate of Adult Literacy in Medicine Short Form; SD—Standard Deviation; WHQOL—World Health Organization Quality of Life

* JHCRN—Johns Hopkins Clinical Research Network. A consortium of academic and community health systems in the US mid-Atlantic with clinics outside the USA as well

Table 2 Summary of data extraction: visualization strategies and preferences, interpretation accuracy, comparators; use of PRO data on individual and group level, in clinicians

Table 2 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization Graphic visualisation format	Comparator	Outcomes of included studies	
			Type of PROMs	What is being presented?			Preferences	Interpretation accuracy
Damman [14]	To investigate:	Interviews: patients with Parkinson's disease (N = 13) and clinicians (N = 14)	Not specified	Individual scores	Line graph	Patients with the same age, gender and disease duration	Strong preference for individual PROMs data over time	Line and bar graphs
	(a) How patients and clinicians think about using PROMs during consultations; (b) For which purpose patients and clinicians use PROMs during consultations;	Survey: patients (N = 115), the Netherlands		Bar graph			Scores from repeated measurements over time	Line graph with comparative data over time (i.e. average scores of similar patients)

Table 2 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization format	Outcomes of included studies	
			Type of PROMs	What is being presented?		Preferences	Interpretation accuracy
	(c) How patients interpret PROMs information presented in various formats						
Grossman [27]	To identify the design requirements for an interface that assists patients with PRO survey completion and interpretation; to build and evaluate the interface of PROMs feedback	Interview: N=13 patients with heart failure and N=11 clinicians, study location or country was not described	Health IT Usability Evaluation Scale (Health-TUES)	Individual scores	Small cards: Contains a short sentence to describe a severe symptom, which when clicked on provides textual educational information	Two providers reported that PROs might reduce their cognitive load	Two providers reported that PROs might reduce their cognitive load

Table 2 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization Graphic visualisation format	Comparator	Outcomes of included studies	
			Type of PROMs	What is being presented?			Preferences	Interpretation accuracy
Hartzler [36]	To share lessons learned from engaging clinicians to inform design of visual dashboards	Clinicians: N=12 for interviews, N=40 for surveys and consensus meeting, N=9 for user testing, study location or country was not described	Not specified	Individual scores	PRO data needs appear to differ for health care providers and administrative staff as key target users	N/A	Participants liked viewing trends over time	Value was found in developing meaningful ways to report on this new source of data
Hartzler [6]	To conduct a HCD to engage patients, providers, and interaction design experts in the development of visual "PRO dashboards" that illustrate personalized trends in patients' HRQoL following prostate cancer treatment	Focus groups (N=60 patients)	Not specified	Individual scores	Pictographs	The dashboard compares patients' trends with trends from "men like you" matched by default by age and treatment derived from a previously published prostate cancer cohort	Pictographs less helpful than bar charts, line graphs, or tables ($P < .001$)	Pictographs might reach patients with limited literacy

Table 2 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization format	Outcomes of included studies	
			Type of PROMs	What is being presented?		Preferences	Interpretation accuracy
Izzard [3]	N=50 prostate cancer patients and N=50 clinicians, study location or country was not described		Bar charts		Preferred bar charts and line graphs	Some participants, both patients and providers, expressed concern over inclusion of comparison scores without representation of data variability (e.g., confidence intervals, error bars), while others preferred simpler charts and graphs	
Jagsi [35]	To develop graphic dashboards of questionnaire responses from patients with prostate cancer to facilitate clinical integration of HRQoL measurement	N=50 prostate cancer patients and N=50 providers from Seattle, USA	Expanded Prostate Cancer Index	Individual scores	Line graphs Bar chart	Previous scores; 'patients like me' No universally preferred dashboard format: 30% preferred tables, 34% preferred bar charts, and 34% preferred line graphs	Helpfulness and confidence ratings varied among dashboard format. Pictographs had the lowest helpfulness compared with table, bar, and line graph formats
					Line graph Table that display HRQOL data in raw form		
					Facial expression pictograph Bar chart	Previous scores	Ability to track symptoms over time and effect of intervention
							Keep it simple: limit number of symptoms
							Link number scale to narrative

Table 2 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Outcomes of included studies	
			Type of PROMs	What is being presented?	Graphic visualisation format	Comparator	Preferences	Interpretation accuracy
Kuijpers [4]	To investigate patients' and clinicians' understanding of and preferences for different graphical presentation styles for individual-level EORTC QLQ-C30 scores	N = 548 cancer patients in four European countries and N = 227 clinicians, the Netherlands	EORTC QLQ-C30	Individual scores	Bar chart with color	The preferred comparison group was one's own previous results (40.9%)	Medical specialist: Medical specialist:	Medical specialist: Medical specialist:

Table 2 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Outcomes of included studies	
			Type of PROMs	What is being presented?	Graphic visualisation format	Comparator	Preferences	Interpretation accuracy
Ragouzeos [25]	To develop a "dashboard" for RA patients to display relevant PRO measures for discussion during a routine RA clinical visit	Patients with rheumatology (N = 45) and providers (N = 12), USA	Not specified	Individual scores	Prototype PRO dashboard (on paper)	Previous scores	N/A	Information needs to be clearly focused on what is most essential
Santana[33]	To describe the process, feasibility and acceptability of use of the Health Utilities Index (HUI) in routine clinical care	Pre- and post-heart and-lung transplant patients (N = 151), Canada	Health Utilities Index (HUI)	Individual scores	HUI score card, using a color-coded system	Pre- and post-treatment scores	N/A	Important to show progress over time Clinicians did not need much time to understand the use of the HUI score card
Smith [18]	To improve formats for presenting individual level PRO data (for patient monitoring) and group-level PRO data (for reporting comparative clinical studies)	N = 40 clinicians in active practice and N = 39 patients diagnosed with cancer ≥ 6 months previously, not currently receiving chemotherapy/ radiation or within 6 months of surgery, from JHCRN*	Not specified	Individual scores, proportional data	Line graphs	Previous scores	75% preferred the line graph	Clinicians developed their own way of using the information over time Ease-of-understanding ratings were high for all formats Pie charts Directional inconsistency emerged as an interpretation challenge

Table 2 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization Graphic visualisation format	Comparator	Outcomes of included studies	
			Type of PROMs	What is being presented?			Preferences	Interpretation accuracy
Snyder [34]	To test approaches for presenting PRO data to improve interpretability	N = 627 cancer patients/survivors, N = 236 oncology clinicians, and N = 250 PRO researchers for survey, from JH-CRN*	Not specified	Individual scores	Icon array 3 line-graphs:	Previous scores	N/A	Format interpretation challenges included explaining the meaning of scores (i.e., whether scores are good/bad, what normal is)
Brundage [16]	To investigate the interpretability of current PRO data presentation formats	N = 50 patients with variety of cancer diagnoses; N = 20 clinicians in active practice, from JH-CRN*						Line graphs contributed to overall ease-of-understanding and usefulness

Group level/aggregated PROMs data visualization, clinicians

Brundage [16] To investigate the interpretability of current PRO data presentation formats N = 50 patients with variety of cancer diagnoses; N = 20 clinicians in active practice, from JH-CRN*

Table 2 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization format	Outcomes of included studies	
			Type of PROMs	What is being presented?		Preferences	Interpretation accuracy
Damman [14]	To investigate:	Interviews: patients with Parkinson's disease (N = 13) and clinicians (N = 14)	Not specified	Individual scores	Line graph with norms Line graph with confidence intervals Bar chart of average changes Bar chart with definition (improved, stable, worsened) • Cumulative distribution functions	Preference for line graphs of normed scores or with confidence intervals Some preference for bar charts to compare treatments Inconsistency between whether higher scores were better or worse contributes to incorrect accuracy	Normed scores provided basis for comparison beyond two treatments, p-values and confidence intervals were particularly important for publications Cumulative distribution function confusing and difficult to interpret Identified the possibility to use aggregated PROMs scores as evidence for treatment options Aggregated PROMs scores for provider options could be useful, but would not be used much in clinical practice
	(a) How patients and clinicians think about using PROMs during consultations;	Survey: patients (N = 115), the Netherlands					

Table 2 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization format	Outcomes of included studies	
			Type of PROMs	What is being presented?		Preferences	Interpretation accuracy
Liu [28]	(b) For which purpose patients and clinicians use PROMs during consultations; (c) How patients interpret PROMs information presented in various formats	N = 25 RA patients and N = 11 clinicians from two academic rheumatology clinics, California (USA)	(1) Clinical Disease Activity Index (CDAI)	Individual scores	Line graph	Aggregated clinical data	A 'snapshot' of relevant information for a particular patient would make HCP's own medical decisions easier
	To develop Rheumatoid Arthritis (RA) 'dashboard' that could facilitate conversations about PROs and is acceptable to a wide range of patients, including English and Spanish speakers, with adequate or limited health literacy						Clinicians were very interested in customizing the dashboard to their own needs and recommended that it can be designed to present information that is more detailed
			(2) Patient-Reported Outcomes Measurement Information System (PROMIS)-physical function scale				
			(3) Pain score				

Table 2 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Outcomes of included studies	
			Type of PROMs	What is being presented?	Graphic visualisation format	Comparator	Preferences	Interpretation accuracy
Smith [18]	To improve formats for presenting individual-level PRO data (for patient monitoring) and group-level PRO data (for reporting comparative clinical studies)	N = 40 clinicians in active practice and N = 39 patients diagnosed with cancer ≥ 6 months previously, not currently receiving chemotherapy/radiation or within 6 months of surgery, from JHCRN*	Not specified	Individual scores, proportional data	Line graphs	Average changes	For proportional data formats; pie charts (70%)	Median ease-of-understanding ranged from 6.5 to 8

Table 2 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization		Outcomes of included studies	
			Type of PROMs	What is being presented?	Graphic visualisation format	Comparator	Preferences	Interpretation accuracy
Tolbert [29]	To identify the association of PRO score directionality and score norming on a) how accurately PRO scores are interpreted and b) how clearly they are rated by patients, clinicians and PRO researchers	N = 629 patients (various oncologic diagnoses), N = 139 oncology clinicians, and N = 249 PRO researchers, conducted at the Johns Hopkins Clinical Research Network (JHCRN)*	Two treatments	Mean scores	Line graph 3 versions:	Two treatments	"Better" formatted line graphs were rated most often as "very clear" or "somewhat clear" by all three groups (84% by patients, 81% by clinicians, and 85% by researchers)	Answers correct for "better": 70%; "more": 65%; "normed": 65%
Tolbert [20]	To identify best practices for presenting PRO results expressed as proportions of patients with changes from baseline (improved/stable/ worsened) for use in patient educational materials and decision aids	N = 629 patients (various oncologic diagnoses, treated), N = 139 oncology clinicians, and N = 249 PRO researchers, conducted at the Johns Hopkins Clinical Research Network (JHCRN)*	Two treatments	Proportions changed	Pie chart	Two treatments	(1) Lines going up indicating "better" outcomes (2) Lines going up indicating "more" (better for function domains, worse for symptoms). 3) Lines "normed" to a general population average of 50	"More" line graph comments noted that up could mean different things, which could lead to errors to 85% "Better" line graph comments pointed out how changing the scale could result in interpretation errors as one must orient to the direction of the scale each time Clinician and researchers scored pie charts as the most accurately interpreted Preferred pie charts: these were easy to read and enabled obtaining information quickly

Table 2 (continued)

Author	Primary study goal	Study population	Presenting PROMs data		Visualization format	Outcomes of included studies	
			Type of PROMs	What is being presented?		Graphic visualisation	Comparator
van Overveld [19]	To investigate the preferences of receiving feedback between stakeholders	N = 37 patients, medical specialists, allied health professionals and health insurers in the Netherlands	Audit data on professional practice and health care outcomes	National average scores	Bar graph	National average scores	43% had positive feedback on icon arrays
							In general, bar graphs were less accurately interpreted than pie charts and icon arrays
					Icon array		38% had positive feedback on bar charts
							Noted helpful aspects of bar charts: "Side by side comparisons are much easier to read and comprehend"
					Pie chart		Preference for bar charts since they are easier to read
							Box plots, Kaplan-Meier graphs and funnel plots give a less clear overview and are more difficult to interpret
					Line graph		Box plots, Kaplan-Meier graphs and funnel plots give a less clear overview and are more difficult to interpret
					Point graph		Find a balance between giving feedback and giving too much information
					Area graph		Present it that one can easily understand without explanation
					Box plot		
					Kaplan-Meier graph		
					Funnel plot		

Definitions: individual level PROMs data—The patient's perspective on their health status; Group level PROMs data—Aggregated PROM scores collected in clinical studies or trials
 Abbreviations: CDI—Clinical Disease Activity Index; EHR—Electronic Health Record; EORTC-QLQ-C30—European Organization for Research and Treatment of Cancer Quality of life Questionnaire Core 30; HADS—Hospital Anxiety and Depression Scale; HCD—Human Centered Design; HRQoL—Health-Related Quality of Life; HUI—Health Utilities Index; Health IT USES—Health IT Usability Evaluation Scale; JHCRN—Johns Hopkins Clinical Research Network; N/A—Not Applicable; PRO(s)—Patient Reported Outcome Measurements; PROMs—Patient-Reported Outcomes Measurement System; QoL—Quality of Life; REALM-SF—Rapid Estimate of Adult Literacy in Medicine Short Form; SD—Standard Deviation; WHOQOL—World Health Organization Quality of Life

* JHCRN—Johns Hopkins Clinical Research Network. A consortium of academic and community health systems in the US mid-Atlantic with clinics outside the USA as well

Interpretation accuracy

Thirteen studies assessed clinicians' interpretation accuracy of graphic visualization formats for individual PROMs level data. Multiple studies showed that clinicians' interpretation accuracy was similar over different graphic visualization formats: both line graphs and bar charts were found easy to understand, and were interpreted accurately [3, 4, 18]. Hartzler et al. [36] reported that among twelve clinicians, respondents generally felt that both line graphs and bar charts provide a useful basis for comparison. Pictographs were reported to be the least helpful for clinicians, although clinicians stated these could be helpful for patients with limited literacy [3, 6]. Uniformity in directionality of scores could increase clinicians' interpretation accuracy in different graph formats. However, Brundage et al. [37] found that adding asterisks for clinical significance and confidence limits around scores did not contribute to a better interpretation accuracy in clinicians.

Group-level or aggregated PROMs data—clinicians.

Preferences

When presenting aggregated PROMs data, seven studies stated that clinicians mostly compared data between two treatments or compared scores to mean reference population scores. Brundage et al. [16] stated that for comparing treatments, 18 out of 20 clinicians preferred formats displaying multiple time-points, with the highest preference for line graphs with normed scores or confidence intervals, or bar charts. Smith et al. and Tolbert et al. [18, 29] describe a preference for line graphs, with over 75% of included clinicians preferring this graphical format; bar charts were less supported, as only 10% of 40 clinician participants preferred bar charts [18]. Van Overveld et al. [19] reported however that bar charts were preferred, since they were easy to read. To present proportional data, pie charts were most preferred in 3/8 studies [18, 20, 34]. To meet a variety of preferences, Liu et al. [28] found that a dynamic dashboard gave clinicians the opportunity to customize the formats to their own needs.

Interpretation accuracy

Six studies assessed clinicians' interpretation accuracy on aggregated data. Line graphs usually contributed to the ease of understanding PROMs scores for clinicians [16, 29]. Additionally, pie charts with proportional data were most often interpreted accurately by clinicians, for example when pie charts presented a proportional change in outcomes compared to baseline [20]. Clinicians both endorsed and objected that p-values, confidence intervals, and normed scores could contribute to their interpretation accuracy of aggregated PROMs data [16, 18]. Furthermore, directional consistency, balancing

information, and giving feedback, and clear labeling could improve interpretation accuracy [18, 19].

Throughout many of the included studies, challenges were described that may affect correctly interpreting visualized PROMs data, such as (1) Directional inconsistency, i.e. a *higher* functioning score means better health, but a *lower* symptom score means better health as well [5, 16, 17, 34, 37]; (2) Lack of standardisation rules for interpretation and visualization, that may cause interpretation inaccuracy [2, 25, 35]; (3) The need to designing multiple formats per target group, as no 'one-size-fits-all' solution in graphic visualisation exists for both patients and clinicians [3, 6, 28]; (4) The timing of providing feedback on PROMs visualization, as this affects assessment experience [14, 26], and (5) Patients' opposition to PROMs use in clinical practice [19, 36]. We summarize the challenges and the proposed solutions for these challenges in Table 3.

How to distinguish clinically relevant PROMs scores

Clinically alarming scores were put in perspective by comparing current scores to the patients' previous scores or to norm population scores. Ten studies described strategies to distinguish clinically relevant scores in practice [3–5, 16–18, 35]. These studies were conducted internationally among patients with different cancer diagnoses. Most frequently used comparator scores were the patients' own previous PROMs data [3–5, 16–18, 35]. Additionally, four studies used a norm population (i.e.; patients with the same disease) to determine the clinical relevance of scores [1, 5, 19, 37]. Patients pointed out that the comparison of their own data with the scores from 'patients like them' (i.e. same sex, and age) was most valuable: it puts the patients functioning in perspective of what is regarded 'normal' [5].

Studies showed different methods of applying color to highlight scores, including: visualizing clinically non-alarming scores in green and clinically alarming scores in red [17]; red and green shading to show undesirable and desirable score ranges, respectively [4, 5, 18, 25]; a background fading from red (bottom) to green (top) [1]; traffic light colors (i.e. green, orange, red) [2].

Smith et al. [18] reported that 74% of patients and 80% of clinicians preferred green shading of non-alarming scores or red shading of alarming scores. Hildon et al. [2] reported that traffic light colors could improve interpretation accuracy across different graphic visualization formats, since these are universally recognized. Loth et al. [17] reported that 93% of the studied patients correctly interpreted the meaning of traffic light colors. Nonetheless, PROMs visualization strategies must include a detailed explanatory legend of the meaning and interpretation of colors and scores [4].

Table 3 Challenges and factors for improvement to consider when implementing visual individual PROMs feedback in clinical practice

Challenges that may hinder graphic visualization format interpretation	Possible factors to improve graphic visualization format interpretation
Patients and clinicians	
Directional inconsistency in longitudinal data (i.e., sometimes higher scores can mean better or worse)	Make use of standard descriptive labels (consider using 'better*' instead of 'normed**' or 'more***' for describing directionality of scores) [34, 37] Preferred by 79% of patients and 90% of clinicians when concerning individual level PROMs data and 100% of clinicians when concerning group level PROMs data Consistent use of clear ratings: higher scores are always better results (i.e. in some frequently used PROMs, higher score are better when scores describe functioning, but lower score are better when symptom burden is described. This causes interpretation challenges) [37]
Interpretation accuracy of what exact PROMs information is represented in the graphic visualization format	Indicate with an arrow on the y-axis which direction means the score is better [16] Describe directionality by plain text that is understandable despite literacy or education level [5] Provide detailed information on the meaning of high and low score [17] Provide an instructive aid for patients and clinicians [2]
No 'one-size-fits-all' solution	Use simple iconography for demonstrating single PROMs values [25] Use brief definitions of different PROMs domains/values [25] Limit the number of presented symptoms per graphic visualization format [35] Make use of a dynamic dashboard, which can display multiple types of visualization strategies. Thereby, you provide users the ability to select a preferred format instead, including the ability to add or remove dashboard elements such as error bars and shading [3, 6, 28] Developing a clinic-based video tutorial for the dashboard to explain what is shown on the dashboard and how the patient and clinician can customize the dashboard to their needs [28]
Patients	
Interpretation accuracy of what exact PROMs information is represented in the graphic visualization format	Ask patients to prioritize their symptoms, to avoid an overload of information [35]
Timing of providing feedback on PROMs visualization	Provide feedback immediately after assessment, and before consultation, to significantly improve assessment experience when providing combined graphical and tailored text-based feedback [14, 26]
Patients' opposition to PROMs use in clinical practice	Ask permission to the patient to receive their own results and/or the results of the general population [19] Provide information so patients know what PROMs data might show and how their practice might change [36] Tell patients that data is trustworthy and are handled confidentially [19, 36] Do not provide anonymous feedback [19] Visualize as transparently as possible what type of care is delivered [19]
Clinicians	
Interpretation accuracy of what exact PROMs information is represented in the graphic visualization format	Eliminate comparison groups or inform comparison group scores with confidence intervals or error bars [3], to better counsel the patients about their score (makes it easier to understand) Link the PROMs outcome scores (scale in the graphic visualization format) to the meaning of the narrative (i.e.; tell the patient that a higher score on the scale means better functioning) [35]

PROMs: patient reported outcome measures

* 'Better' is defined as higher scores indicating "better" outcome

** 'Normed' is defined as normed to the general U.S. population

*** 'More' is defined as higher scores indicating "more" of what was being measured

Other visualization strategies included the use of red circles around important scores—these were interpreted more accurately than green shading [34]. Furthermore, threshold lines across score bars were used to indicate whether scores are better or worse than threshold scores. These visualization techniques pleased 69% of patients and 70% of clinicians [17, 18]. Contrastingly, Snyder et al. [34] reported that a threshold-line was significantly more often rated as ‘very clear’ and most useful compared to green shading, and red circles. In more detail, another study found that a dotted threshold line was preferred over a solid threshold line to indicate alarming scores in bar charts [5]. Lastly, exclamation points can be used to indicate possibly concerning score changes, which was the preferred method for 79% of 39 patients and 40% of 40 clinicians [18].

Discussion

This systematic review included 25 studies in different healthcare settings throughout Europe, the US, and Canada, that reported about preferences and interpretation accuracy of patients and clinicians for the visualization of PROMs scores. Very few graphical visualization formats for presenting PROMs data could be identified. Overall, a limited amount of literature was found on this matter, which was summarized as follows. For individual level PROMs data, patients and clinicians preferred line graphs and bar charts, since they were considered visually clear. Bar charts were most often interpreted correctly by patients, while clinicians had high interpretation accuracy across all graph formats. For presenting group level PROMs data, pie charts and line graphs were preferred: patients most often interpreted line graphs correctly; for proportional data, clinicians most often accurately interpreted pie charts. To guide clinical interpretation by distinguishing clinically relevant scores, PROMs scores were most often compared to patients’ previous scores, followed by comparison to mean norm population scores. Here, correct interpretation can be supported by highlighting patients’ clinically alarming scores with colors, and by using threshold lines across score bars or lines, or circles around alarming scores.

Furthermore, we looked into the challenges that may hinder graphic visualization format interpretation. An underlying cause of incorrect interpretation of graphs may be the lack of standardization in rules for interpretation; variability exists in score directionality (e.g. higher scores can either indicate better or worse outcomes), and scaling (e.g. scores ranging from 0 to 100 indicating the worst-to-best possible scores, or scores ‘normed’ to a defined population). Furthermore, meaningful interpretation of PROMs scores is complicated by the way the statistical and clinical significance of the

findings (i.e. thresholds to distinguish clinical importance) are addressed [16, 18, 38, 39]. Therefore, effort must be made to present PROMs scores to patients and clinicians more accurately by: improving directional consistency by making use of standard descriptive labels [34, 37], clear label ratings (i.e. consistent scales ranging from 0–100 [37]), detailed information on the meaning of high and low scores [17], simple iconography [25], and brief definitions to understand what the PROMs scores represent [25]. Furthermore, it was suggested is to visualize only a limited number of symptoms, and to ask patients to prioritize the symptoms they want feedback on [35]. Afore mentioned factors to guide clinical interpretation of graphic visualization formats of PROMs data, were identified as well in a Delphi-consensus study by Snyder et al. [15]. In this study, a panel including 15 doctor or nurse clinicians, 10 participants who identified as patient or caregiver advocates, 12 researchers, and 6 members of journal editorial boards, were asked to review data display issues, and give their perspectives on these issues to develop consensus statements. The authors conclude that implementation of graphic visualization formats of PROMs data have enormous potential to promote patient-centred care, however, it is critical that patients and clinicians understand what PROMs scores mean. More specifically, they recommended to use exceptionally clear labelling, titling, and other annotations to address potential confusion in direction of scores, and warn for mixing score direction in a single display. Furthermore, for conveying score meaning, descriptive labels along the y-axis are expected to be helpful [15]. The Setting International Standards of Patient-Reported Outcomes and Quality of Life Endpoints in Cancer Clinical Trials (SISAQoL) guideline [40] reported recommendations on directionality of scale scores similar to Snyder et al. [15]. In order to enhance clinicians’ interpretation of PROMs scores they recommended to reduce the number of metrics presented (e.g. a maximum of six bars in bar graphs and 4 lines in line graphs), use coloured arrows (e.g. green for better and red for worse scores) and to accompany more complex displays like funnel plots with a detailed interpretation [40]. This guideline will contribute to standardize rules for interpretation and visualization.

Another suggestion for clarifying PROMs visualisation formats is to develop a dynamic dashboard for PROMs feedback [3, 6, 28]. This way, patients and clinicians are able to change between different graphic visualization formats. We imagine options such as comparing scores to norms or threshold scores, as not all patients may want to do so. Based on the hypothesis that serving individual preferences may facilitate interpretation accuracy, this could improve interpretation of PROMs scores as well.

However, it should be taken into account that implementing a dynamic dashboard comes with challenges, like access and availability of suitable software and sufficient IT staff to support such a dashboard.

Last, the implementation of PROMs hinges on more factors than visualization of data, starting with the perceived value by patients and clinicians of discussing PROMs during clinical encounters. Nine studies included in our review noted that PROMs were perceived as valuable [4, 5, 12, 16, 25–27, 35, 36], where some studies ($n=5$) showed mixed results regarding the usefulness of PROMs [1, 3, 14, 17, 19]. How patients value PROMs may determine the interest in graphic visualization of PROMs. This could have affected the presented results in this review.

This systematic review is limited by the fact that only papers published in English were included. Studies in other languages regarding locally successful implemented feedback of PROMs data might have been missed. Furthermore, in this review, no distinction is made between objective (i.e. does a person actually interpret scores correctly), and subjective (i.e. does the person say he or she interprets scores correctly) interpretation accuracy. Only two included studies made a distinction between the different types of interpretation accuracy [4, 17]; for the other studies, based on the description of the study methods, we believe objective interpretation accuracy was assessed. Therefore, future research may investigate potential differences between actual and perceived interpretation accuracy.

Another potential bias is that for the majority of included studies it remains unclear how questions about preferences and interpretation of the presented visualization format(s) were framed to the study population. Besides, study participants may have had different background knowledge about graphic visualization formats, presentation of formats, and the content of PROMs data. This could confound our findings about how data and graphs were interpret, understood, and valued.

Furthermore, this review did not consider different levels of patients' health literacy, since this information was not presented in the majority of articles reviewed. Patients with a higher level of health literacy can have different preferences compared to patients with lower levels of health literacy [3]. Some patients with limited health literacy may not understand the longitudinal nature of data from left to right nor the temporal connection between different graphical elements [28]. Therefore, healthy literacy should be included as factor in studies dealing with data interpretation, for example measured through the use of the validated Health Literacy Questionnaire (HLQ) [41]. Furthermore, health literacy can differ among age, gender, and/or education

level and therefore should be studied among these separate groups of patients in relation to PROMs visualization [42, 43].

In conclusion, there was no predominant graphical visualization format approach in terms of preferences or interpretation accuracy for both patients and clinicians. To guide the clinical interpretation of scores during clinical encounters, PROMs scores can be compared to patients' previous scores or mean scores from a norm population, or compared to comparator scores or score thresholds. Furthermore, the use of colors, threshold lines, or circles around alarming scores can visualize the clinical meaning of PROMs scores that have been compared to previous scores, norms, thresholds, or reference populations. Finally, detailed clarification of each graph may be essential for accurate interpretation. Visualization strategies should therefore include descriptions of PROMs directionality as well as standard descriptive labels, brief definitions, and presentation of a limited number of symptoms in a graph.

Abbreviations

CASP: Critical appraisal skills programme; CDI: Clinical disease activity index; HER: Electronic Health Record; EORTC-QLQ-C30: European organization for research and treatment of cancer quality of life questionnaire Core 30; HADS: Hospital anxiety and depression scale; HCD: Human centered design; HRQoL: Health-related quality of life; HUI: Health utility index; Health-ITUES: Health IT usability evaluation scale; HLQ: Health literacy questionnaire; JCRN: Johns Hopkins clinical research network; N/A: Not applicable; PRISMA: Preferred reporting items for systematic reviews and meta-analysis; PROMs: Patient reported outcome measurements; PROMIS: Patient-reported outcomes measurement information system; QoL: Quality of life; REALM-SF: Rapid estimate of adult literacy in medicine short form; SISAQoL: Setting international standards of patient-reported outcomes and quality of life endpoints in cancer clinical trials; SD: Standard deviation; USA: United States of America; WHOQOL: World health organization quality of life.

Supplementary Information

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Additional file 1: Table S1. Search strategy for MEDLINE (accessed through PubMed), Embase (accessed through Ovid Platform), PsycINFO (accessed through Ovid Platform) and CINAHL.

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Authors' contributions

EA, IF: Conceptualization, article screening, data analysis, editing, writing. KdL: conceptualization, literature search, data analysis, editing, reviewing, writing. IW, LvdP: conceptualization, editing, reviewing, writing. EW: literature search, reviewing method section, PRISMA. SS, MW, LvdP: conceptualization, reviewing, writing. All authors read and approved the final manuscript.

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Declarations

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Consent for publication

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Competing interests

The authors declare that they have no competing interests.

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