

21 **Abstract**

22 The composition and concentration of airborne microorganisms in hospital indoor air has
23 been reported to contain airborne bacteria and fungi concentrations ranged $10^1 - 10^3$
24 CFU/m³ in inpatients facilities which mostly exceed recommendations from the World
25 Health Organization (WHO). In this work, a deeper knowledge of the performance of
26 airborne microorganisms would allow improving the designs of the air-conditioning
27 installations to restrict hospital-acquired infections (HAIs). A solution containing
28 *Escherichia coli* (*E. coli*) as a model of airborne bacteria was nebulized using the Collison
29 nebulizer to simulate bioaerosols in various hospital areas such as patients' rooms or
30 bathrooms. Results showed that the bioaerosol source had a significant influence on the
31 airborne bacteria concentrations since $4.00 \cdot 10^2$, $6.84 \cdot 10^3$ and $1.39 \cdot 10^4$ CFU mL⁻¹ were
32 monitored during the aerosolization for 10 min of urine, saliva and urban wastewater,
33 respectively. These results may be explained considering the quite narrow distribution
34 profile of drop sizes around 1.10 - 1.29 μm obtained for urban wastewater, with much
35 vaster distribution profiles during the aerosolization of urine or saliva. The airborne
36 bacteria concentration may increase up to 10^7 CFU mL⁻¹ for longer sampling times and
37 higher aerosolization pressures, causing several cell damages. The cell membrane damage
38 index (I_D) can vary from 0 to 1, depending on the genomic DNA releases from bacteria.
39 In fact, the I_D of *E. coli* was more than two times higher (0.33 vs. 0.72) when increasing
40 the pressure of air flow was applied from 1 to 2 bar. Finally, the ventilation air flow also
41 affected the distribution of bioaerosols due to its direct relationship with the relative
42 humidity of indoor air. Specifically, the airborne bacteria concentration diminished
43 almost below 3-logs by applying more than 10 L min^{-1} during the aerosolization of urine
44 due to their inactivation by an increase in their osmotic pressure.

45 **Keywords:** bioaerosol; hospital; saliva; urban wastewater; urine

46 **1. Introduction**

47 In recent years, the COVID-19 pandemic caused by the SARS-CoV-2 virus has aroused
48 the scientific interest in infectious organisms which are transmitted via the airborne route
49 (Ma et al., 2021). Not only viruses but also fungi and bacteria may be considered airborne
50 infectious organisms. In fact, more than one million people die each year caused by
51 fungal infections such as *Candida*, *Cryptococcus* and *Aspergillus* (Janbon et al., 2019).
52 Likewise, bacteria such as *Streptococcus pyogenes*, *Corynebacterium diphtheriae*,
53 *Klebsiella pneumoniae*, *E. coli*, *Neisseria meningitidis*, *Mycobacterium tuberculosis*,
54 *Legionella pneumophila* may cause scarlet fever, diphtheria, classical pneumonia, urinary
55 tract infection, meningitis, tuberculosis or legionellosis, respectively (Kim et al., 2018).
56 The airborne biological particles which are comprised of fungal spores, bacterial cells,
57 viruses, pollen grains, etc. may be defined as bioaerosols (Roca-Barcelo et al., 2020;
58 Stetzenbach, 2009; Zia et al., 2021).

59 Potentially pathogenic bioaerosols may lead to hospital-acquired infections (HAIs),
60 above all in hospital areas with natural ventilation where the bioaerosol concentrations
61 are around 201 CFU/m³ (Stockwell et al., 2019). It is estimated that 20 % of HAIs are
62 caused by contact of patients with airborne pathogens since the average person inhales
63 approximately 10 m³ of air per day (Hopman et al., 2019; López-Cerero, 2014; Montagna
64 et al., 2016; Weinstein, 1991). In this regard, humans produce more than 100, 1,000 and
65 100,000 particles as a consequence of the atomization of saliva and mucus in the oral
66 cavity due to shearing from breathing when talking, coughing and sneezing, respectively
67 (Xie et al., 2018). Additionally, liquid bioaerosols are also released during human hygiene
68 practices such as showering, operating taps or toilet flushing as consequence of the
69 biofilm growth on appliances and microbes present in wastewater as urine (Alsved et al.,
70 2020). Kizny Gordon et al. reported that wastewater was a source of transmission of

71 carbapenemase-producing Enterobacteriaceae in intensive care units (Kizny Gordon et
72 al., 2017). Likewise, the removal of sinks from rooms also resulted in a decrease in
73 infections with multidrug-resistant microorganisms in intensive care units (Hopman et
74 al., 2017; Mathers et al., 2018).

75 The capability of bacteria to survive and maintain their pathogenicity in the ambient air
76 depends on the following atmospheric conditions: relative humidity, temperature or
77 chemical composition (Lin and Marr, 2020). Indeed, the experimental aerosolization of
78 microorganisms inside atmospheric simulation chambers is influenced by aerosol
79 generation, injection, residence time or sampling (Alsved et al., 2020). The performance
80 of aerosol generators has not been widely studied since there is still a lack of information
81 about their availability to provide high particle concentrations while enhancing the
82 preservation of cultivability and structural integrity of the aerosolized microorganisms
83 (Zhen et al., 2014). The liquid atomization may be developed by twin-fluid atomization
84 (Collison nebulizer, Sparging Liquid Aerosol Generators (SLAG), Pari LC Sprint, Flow
85 focusing Monodisperse Aerosol Generator (FMAG), etc.), centrifugal aerosolization
86 (Spinning Top Aerosol generators (STAG)), ultrasonic aerosolization (Sonotek™,
87 Omron microair, etc.), vibrating mesh aerosolization (Omron, Pari, etc.), electrospray
88 ionization or pulsed droplet ejection (Alsved et al., 2020; Danelli et al., 2021). The
89 Collison nebulizer is the most frequently used bioaerosol generator due to its high
90 reproducibility and its widespread application which allows it to compare with other
91 studies (Hart et al., 2020; Ibrahim et al., 2015). The Collison nebulizer is based on the
92 Bernoulli principle since a high velocity air flow passes through the nebulizer's small
93 orifice and, simultaneously, it suctions the liquid contained in the nebulizer's jar to
94 atomize the liquid (to break the liquid into small droplets) (May, 1973).

95 The airborne particles attach to any surface in contact due to adhesive forces as van der
96 Waals, electrostatic or surface tension. Thus, the air sampling methodologies depend on
97 various parameters as aerodynamic diameter or adhesion of airborne particles (Robotto
98 et al., 2021; Verreault et al., 2008). The aerodynamic diameters in the order 0.1-100 μm
99 allow bioaerosols to move in a particular way called Brownian motion ($< 0.1 \mu\text{m}$)
100 influenced by gravitational attraction ($> 0.1 \mu\text{m}$). The bioaerosol samplers may be filters,
101 electrostatic precipitators, liquid impactors (All-Glass Impinger (AGI), BioSampler, etc.)
102 or solid impactors (Andersen, slit or cyclone samplers). Among them, liquid impactors
103 accelerate particles through a narrow orifice located at a fixed distance from the bottom
104 of a flask and thus, particles enter through the inlet of the impinger due to a pressure drop
105 in the flask containing a liquid. These biosamplers present a great bioefficiency since they
106 are the least destructive samplers and also prevent the desiccation of airborne particles,
107 improving the extraction of genetic material for data analysis (Haig et al., 2016; Mainelis,
108 2020).

109 The composition and concentration of bioaerosols in hospital indoor air reported in the
110 literature, show the importance of further study in improving air quality to restrict HAIs.
111 In this context, quantitative estimations of airborne microorganisms would allow to
112 improve the designs of the air-conditioning systems for the cleanliness of the indoor air.
113 Then, the present study was also conducted to determine the influence of the bioaerosol
114 source and the ventilation air flow on the distribution of bioaerosols in indoor hospital
115 environments. The *E. coli* ATCC25922 was used as a model of airborne bacteria. The
116 Collison nebulizer was used to simulate bioaerosols in various hospital areas as patients'
117 rooms or bathrooms and then, sampled in a liquid solvent not only to be monitored but
118 also to quantify the cell damage of airborne bacteria.

119

120 **2. Material and methods**

121 **2.1. Chemicals and bacterial strains**

122 The chemicals used to prepare the simulated hospital aqueous solutions (urine, saliva,
123 untreated urban wastewater) have been specified in the supplementary material.

124 *Escherichia coli* ATCC25922 provided from Scharlab, Spain, was used as a model of
125 bacteria in this research. A sterile phosphate buffer solution (PBS) was used to collect
126 bioaerosols and it was constituted of sodium chloride, potassium chloride, disodium
127 phosphate dodecahydrate and potassium dihydrogen phosphate received from Sigma
128 Aldrich.

129 **2.2. Experimental procedure**

130 Figure 1 shows the experimental setups to simulate bioaerosols in a hospital indoor air,
131 coupled to a collection unit. Synthetic aqueous solutions with 10^8 CFU mL⁻¹ of *E. coli*
132 are nebulized through a pneumatic nebulizer namely Collison nebulizer with 3-jet (CH
133 Technologies, USA) inside a PVC column with dimensions of 95 cm length and 11 cm
134 diameter. Table 1 shows the chemical composition of the synthetic aqueous solutions that
135 have been tested. An air compressor (JOSVAL SAUBER PORTABLE, Spain) is used to
136 introduce dry air to the experimental devices, previously filtered using HEPA filters
137 (Cytiva, Spain). The nebulized droplets are finally collected in a glass bubbler (Duran
138 45/40, Spain) which contains 60 mL of PBS. Additionally, the temperature and the
139 relative humidity inside the PVC column are monitored with a thermo-hygrometer 810-
140 195 (Gesa, Spain).

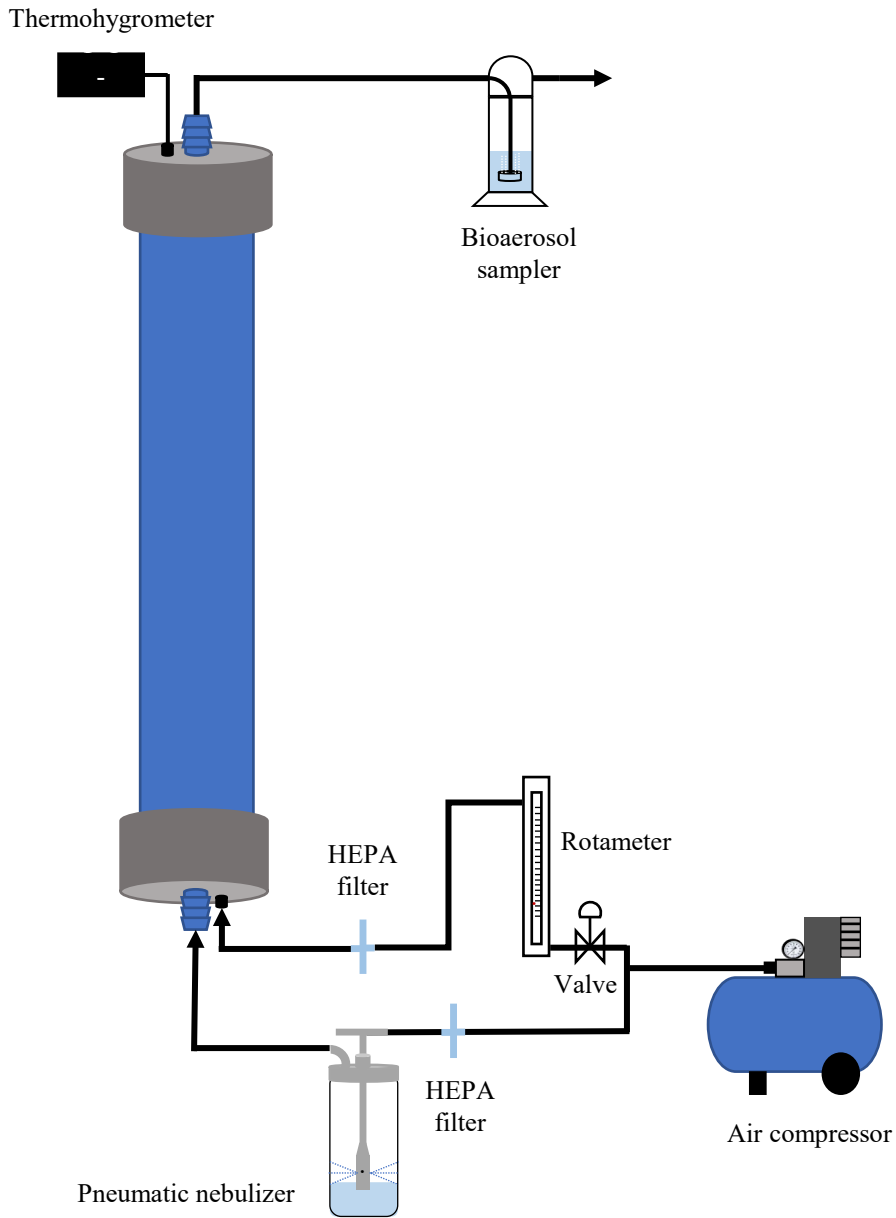
141 **Table 1.** Chemical composition of the synthetic aqueous solutions nebulize.

Aerosolized solutions	Chemicals	Concentration / mg L ⁻¹	Ref.
Urine, pH _{initial} = 5.98	CH ₄ N ₂ O	3333.34	(Herraiz-Carboné et al., 2020)
	C ₅ H ₄ N ₄ O ₃	50	
	C ₄ H ₇ N ₃ O	166.67	
	KCl	1000	
	MgSO ₄	170	
	(Ca) ₃ (PO ₄) ₂	28.34	
	Na ₂ CO ₃	166.67	
	(NH ₄) ₂ HPO ₄	83.34	
Saliva, pH _{initial} = 7.30	NaCl	9000	(Lakhloufi et al., 2020)
	KCl	400	
	CaCl ₂ , H ₂ O	200	
	NaHCO ₃	200	
Untreated urban wastewater, pH _{initial} = 7.00	(NH ₄) ₂ SO ₄	70	(Rawat et al., 2011)
	KH ₂ PO ₄	20	
	NaHCO ₃	100	
	MgSO ₄ · 7H ₂ O	10	
	CaCl ₂	50	
	Glucose	1500	
	Peptone	1500	

142

143 Synthetic aqueous solutions were infected with *E. coli* ATCC25922 to simulate
144 bioaerosols in a hospital indoor air. The bacterial strains used were cultured at 37 °C for
145 24 h in Tryptone Soy Agar plates (Scharlab S.L., Spain) and later, resuspended into the
146 synthetic aqueous solutions up to an initial concentration of 10⁸ CFU mL⁻¹.

147 All experiments were conducted in triplicate, and the results were expressed as the mean
148 values since the standard deviation in biological analyses was below 5 %.



149

150 **Figure 1.** Experimental setup of aerosolization process with a pneumatic nebulizer. The
 151 air supplied by the compressor regulates the flow rate for dilution air using a rotameter
 152 whereas a manometer was used to control the pressure for the nebulizer. The bioaerosol
 153 and dilution air were mixed in the column. The bioaerosol was collected in the glass
 154 bubbler named bioaerosol sampler.

155 **2.3. Aerosol particle number concentration**

156 An optical particle sizer (OPS) TSI Model 3330 (TSI Inc., USA) based on light scattering,
157 coupled to a diffusion dryer 3062-NC (TSI Inc., USA) is used to measure the
158 concentration of aerosolization particles at 30 seconds resolution. The inlet air flow was
159 1 L min⁻¹ and the results are mean values from 10 measurements carried out each 30
160 seconds, with a standard deviation below 5 %.

161 **2.4. Biological analyses**

162 A brief description of the biological analyses is developed in this section since the
163 analytical methods have been described elsewhere (Herraiz-Carboné et al., 2020; Zhen et
164 al., 2014). More detail information may be also found in the supplementary material.

165 **2.4.1. Analysis of *E. coli***

166 The concentration of *E. coli* was determined by an indirect impedance method using the
167 µ-Trac[®] 4200 system (SY-LAB, Austria).

168 **2.4.2. Analysis of 16S rRNA gene**

169 The analysis of 16S rRNA gene was developed as described in the literature by Zhen et
170 al. (Zhen et al., 2014). The 16S rRNA gene was previously extracted from samples and
171 then, it was quantified using a QuantStudio 5 Real-Time PCR System (Thermo Fischer
172 Scientific, Spain).

173 **2.4.3. Cell Membrane Damage Index**

174 The Cell Membrane Damage Index (I_D) was calculated following Equation (S1) (Zhen et
175 al., 2014).

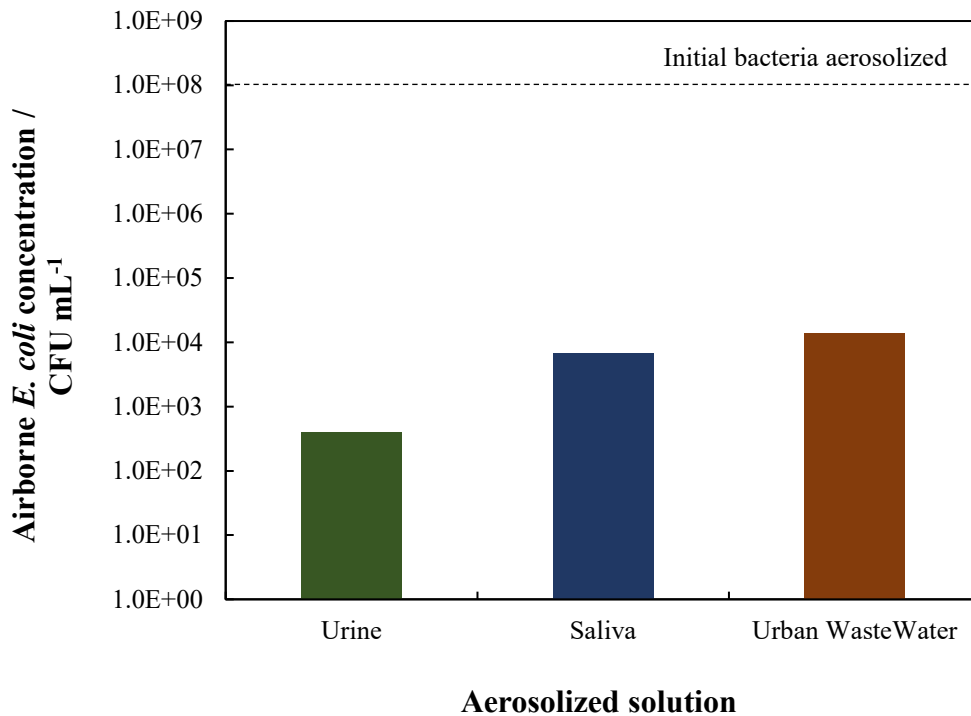
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177 3. Results and discussion

178 Table S1 summarizes a systematic review of the biological features in indoor bioaerosols
179 within worldwide hospitals. A total of 34 journal articles were published related to
180 airborne bacteria and fungi over the last five years. The most prevalent aerosolized
181 bacteria were the genus *Staphylococcus* whereas the genus *Aspergillus* and *Penicillium*
182 were the most frequent aerosolized fungi. The World Health Organization (WHO)
183 recommends relatively relaxed limits of 100 CFU/m³ for bacteria and 50 CFU/m³ for
184 fungi in the indoor air of hospitals (World Health Organization. Regional Office for,
185 1990). Nevertheless, the bioaerosol concentrations vary among hospital areas from 10¹ –
186 10³ CFU/m³ in inpatient facilities including bathrooms and 10¹ CFU/m³ within intensive
187 care units. These results are directly related to patients, building materials, air
188 conditioning systems, ventilation types and other sources that generate, concentrate, or
189 disperse bioaerosols in enclosed spaces.

190 The qualitative and quantitative estimations of airborne microorganisms are quite
191 significant from the point of view of improving the designs of the thermal installations in
192 hospitals for the cleanliness of the indoor air that is concerning human health. Therefore,
193 the present study was conducted to determine the influence of the bioaerosol source,
194 attending not only the aerosolized aqueous solutions but also how they are aerosolized,
195 and the ventilation air flow on the distribution of bioaerosols in indoor hospital
196 environments. Firstly, synthetic solutions of urine, saliva and urban wastewater spiked
197 with 10⁸ CFU mL⁻¹ of *E. coli* (ATCC 25922) were aerosolized to simulate the indoor
198 hospital air in various zones as patients' bathrooms during the flushing of a toilet,
199 patients' rooms or other hospital areas (Douwes et al., 2003; Hopman et al., 2019; Lou et
200 al., 2021). Figure 2 shows the total airborne bacteria concentration that was sampled in a
201 sterile phosphate buffer (150 mM, pH 7.2) after 10 min of aerosolization of these

202 synthetic solutions, using the Collison nebulizer under 1 bar of the pressure of air flow
203 applied.



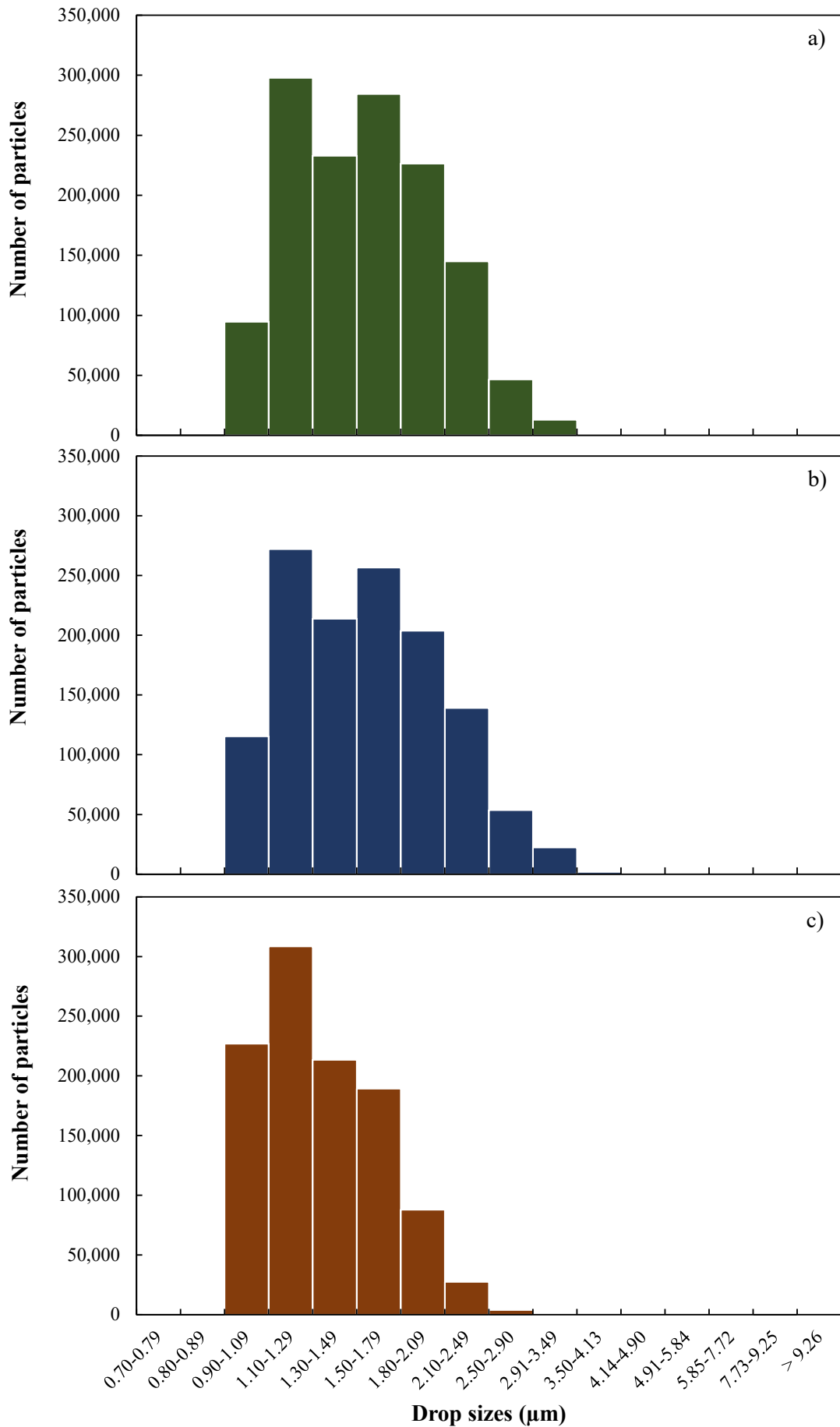
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205 **Figure 2.** Total airborne *E. coli* concentration collected in a liquid solvent as a function
206 of the aerosolized solution of synthetic urine, saliva or urban wastewater contained 10⁸
207 CFU mL⁻¹ using the Collison nebulizer. The pressure of aerosolization air flow applied
208 through the Collison nebulizer: 1 bar. Sample collection: 10 min.

209 The aerosolized aqueous solutions are observed to significantly influence the bacteria
210 concentrations in the simulated indoor air. Specifically, the airborne bacteria
211 concentration increases in the following order: urine (4.00 10² CFU mL⁻¹) < saliva (6.84
212 10³ CFU mL⁻¹) < urban wastewater (1.39 10⁴ CFU mL⁻¹) for an experimental time of 10
213 min. This fact means that the aerosolization of urban wastewater promotes a faster
214 production of airborne bacteria, despite the same initial concentration of bacteria being
215 spiked in each solution (10⁸ CFU mL⁻¹ of *E. coli*). Herein, aerosol physics may explain it
216 since the settling velocity of aerosol particles depends on particles sizes, e.g. aerosol

217 particles of 0.2, 0.5, 1, 2, 5, 10 and 20 μm with a density of 1 g/cm^3 in room air at 20 $^\circ\text{C}$
218 present settling velocities of 1.2, 7.5, 30, 119, 746, 2 985 and 11 942 $\mu\text{m}/\text{second}$,
219 respectively (Scheuch, 2020). To shed light on the influence of the aerosolized aqueous
220 solutions on the airborne bacteria concentrations, Figure 3 shows the distribution of
221 aerosolized particles during the aerosolization of urine (Figure 3a), saliva (Figure 3b) and
222 urban wastewater (Figure 3c). An optical particle sizer was used to measure aerosolized
223 particles in 16 user adjustable size channels. The particle size distribution was selected in
224 the size channels from 0.7 to higher than 9.26 μm (random selection).

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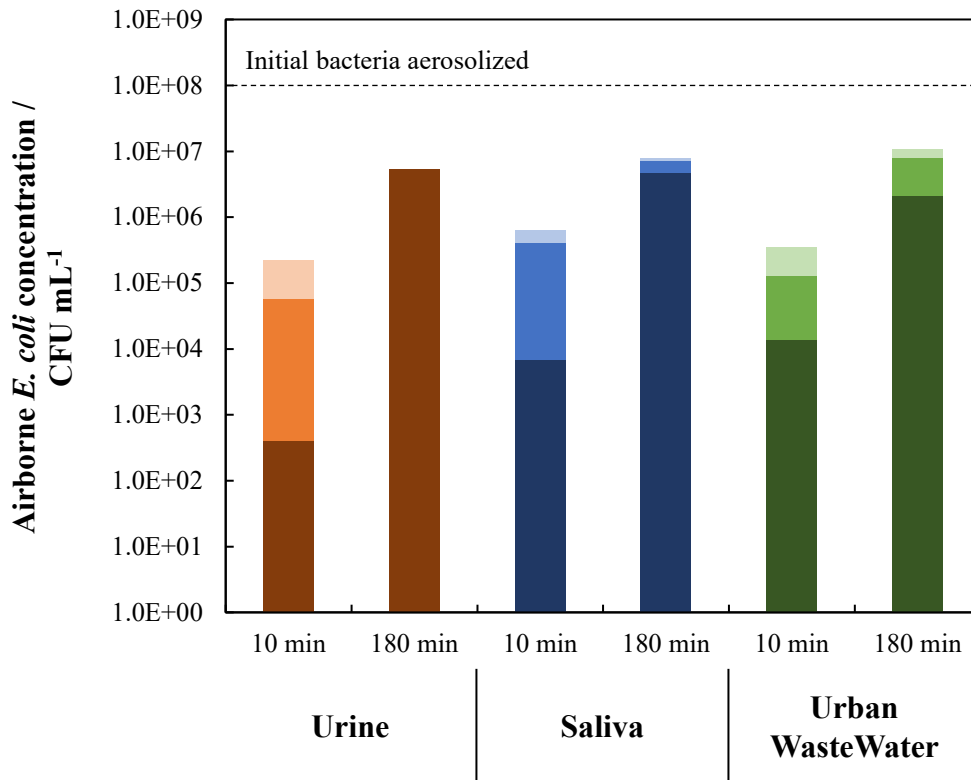


227 **Figure 3.** Distribution profiles of aerosolized particles, during the aerosolization of
228 synthetic urine (a), saliva (b) and urban wastewater (c) within an initial concentration of
229 10^8 CFU mL⁻¹ of *E. coli*.

230 As can be observed, the aerosolized droplets follow a log-normal distribution. However,
231 the distribution profile depends on the chemical composition of the nebulized solution. In
232 fact, the highest peak particle concentration occurs at the drop size range from 1.10 to
233 1.29 μm . Specifically, 297 767, 271 950 and 308 351 particles are attained during
234 aerosolization of urine, saliva and urban wastewater, respectively. Additionally, the
235 aerosolization of urban wastewater leads to a quite narrow distribution profile of drop
236 sizes around the main peak whereas it is observed a much vaster distribution profile
237 during the aerosolization of urine or saliva. Specifically, 227 000 particles within the drop
238 size range 0.90 - 1.09 μm are monitored during the aerosolization of urban wastewater
239 meanwhile less than half of the particles are detected for the other nebulized solutions
240 (115 368 for saliva, 94 461 for urine) at the same drop size range. Upper to a particle size
241 of 1.30 μm , a quite similar distribution of aerosolized particles is observed for saliva and
242 urine since their distribution percentages differ between 16.7 and 17.4 % at 1.30 - 1.49
243 μm , 20.1 and 21.2 % at 1.50 - 1.79 μm , 15.9 and 16.9 % at 1.80 - 2.09 μm , 10.9 and 10.8
244 % at 2.10 - 2.49 μm , 4.5 and 3.5 % at 2.50 - 2.90 μm , 1.7 and 1.0 % at 2.91 - 3.49 μm ,
245 respectively. In literature, it is reported that the surface tension of aqueous solutions
246 presents a great impact on the size of the produced droplet from nebulizers. The surface
247 tension depends on the chemical composition and the temperature of a liquid (Arzhavitina
248 and Steckel, 2010; Steckel and Eskandar, 2003). As shown in Table 1, the chemical
249 composition of the aerosolized liquids is quite different, and it may explain a decrease in
250 the droplet size when aerosolizing urban wastewater. Similarly, Zhang et al. reported that
251 the chemical composition of fog water was directly related to the droplet size since larger

252 droplets ($\geq 22 \mu\text{m}$) contained higher Ca^{+2} concentration from soil sources whereas smaller
253 droplets (4-16 μm) presented higher NO_3^- and NH_4^+ concentrations due to industrial
254 sources and vehicles (Zhang et al., 2021). Leena et al. found that the aerosol chemical
255 composition showed a higher sulphate and ammonium contribution during low aerosol
256 loading days in Western Ghats (India) (Leena et al., 2022). Likewise, Ivanov et al. studied
257 the influence of various chemical components on the size distribution of artificially
258 generated fog droplets. Higher mean particle size was observed when increasing the
259 concentration of potassium dihydrogen phosphate compared to pure water fog (Ivanov et
260 al., 2020). In this context, the formation of a large number of aerosolized particles with
261 smaller size may explain the highest airborne *E. coli* concentration observed in Figure 2
262 from urban wastewater.

263 Herein, not only the aerosolized aqueous solutions but also how they are aerosolized may
264 influence the airborne bacteria concentrations. For instance, human mouths may be
265 considered nebulizers that produce about 100 particles when speaking, 1000 particles
266 when coughing and more than 100 000 particles when sneezing (Xie et al., 2018).
267 Synthetic solutions of urine, saliva and urban wastewater spiked with 10^8CFU mL^{-1} of
268 *E. coli* (ATCC 25922) were aerosolized under different pressures to simulate the indoor
269 hospital air. Figure 4 depicts the influence of the pressure of air flow applied through the
270 Collison nebulizer from 1 to 3 bar on the airborne *E. coli* concentration that was
271 monitored after the collection in the liquid solvent at two different times (10 and 180
272 min).

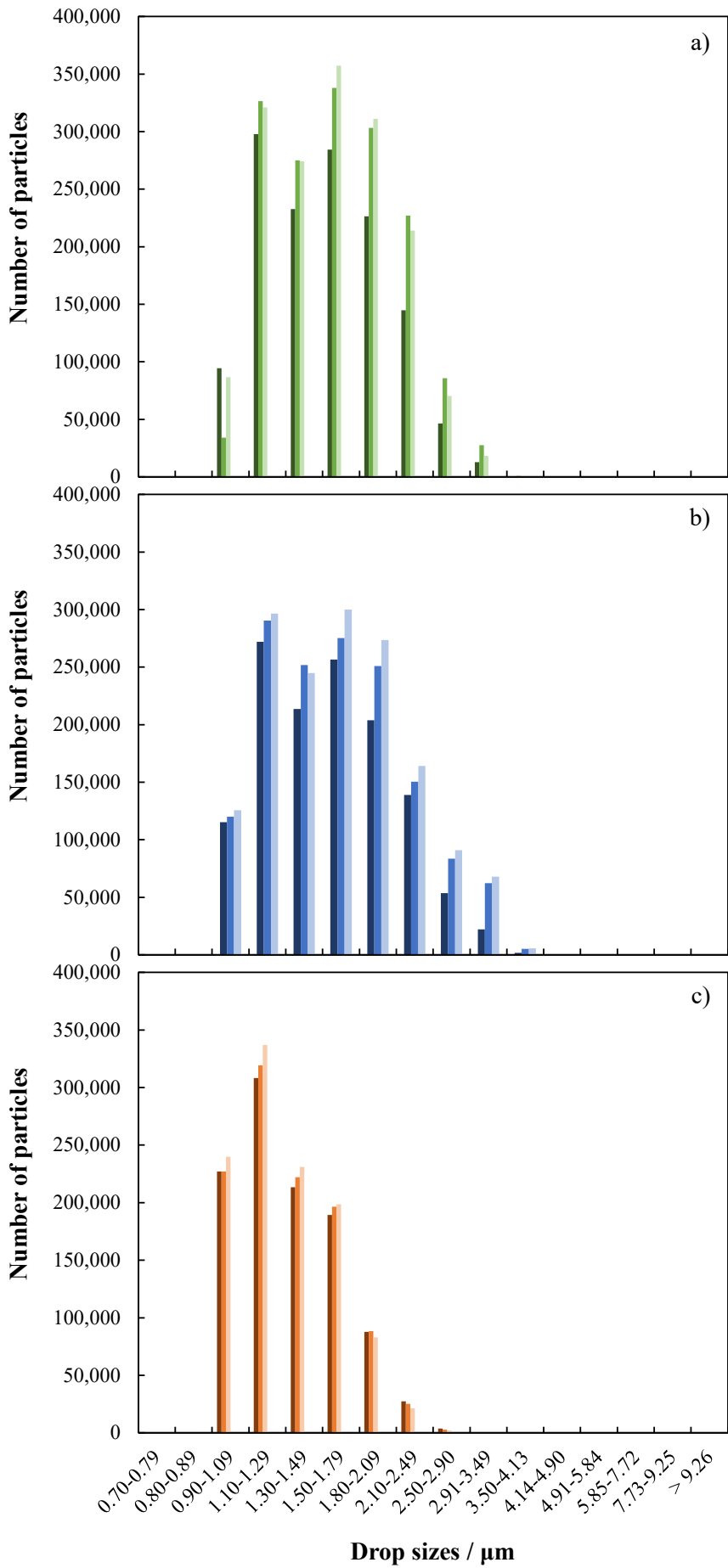


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274 **Figure 4.** Total airborne *E. coli* concentration collected in a liquid solvent as a function
 275 of the solution nebulized, during the aerosolization of synthetic urine, saliva or urban
 276 wastewater contained 10^8 CFU mL⁻¹ of *E. coli*. The pressure of aerosolization air flow
 277 applied through the Collison nebulizer: (dark-colored bars) 1 bar, (medium-colored bars)
 278 2 bar, (light-colored bars) 3 bar.

279 As can be observed, the higher the pressure of aerosolization air flow applied through the
 280 Collison nebulizer, the higher the airborne *E. coli* concentration for each nebulized
 281 solution tested. Within the first 10 min, the airborne *E. coli* concentration increases up to
 282 almost 2-logs when inlet air pressure increases 1 bar (from 1 to 2 bar) and even up to
 283 almost 3-logs with an increment of 2 bar (from 1 to 3 bar). Specifically, the airborne *E.*
 284 *coli* concentration is $4 \cdot 10^2$ CFU mL⁻¹ with an applied air pressure of 1 bar, $5.79 \cdot 10^4$ CFU
 285 mL⁻¹ for 2 bar and $1.64 \cdot 10^5$ CFU mL⁻¹ for 3 bar, during the first 10 min of aerosolization
 286 of urine. Conversely, a negligible influence of the pressure of aerosolization air flow may
 287 be considered at 180 min since the airborne *E. coli* concentration is increased by less than

288 1-log. Here, it is important to highlight that the experimental device (Figure 1) operates
289 in continuous mode and then, the stationary state is attained after 120 min (data not
290 shown). Once reached the stationary state, the airborne *E. coli* concentration is not
291 influenced by the chemical composition of the aerosolized solution. To shed light on how
292 the pressure of aerosolization air flow applied may influence the airborne bacteria
293 concentration, Figure 5 shows the distribution profiles of bioaerosol particles during the
294 aerosolization of urine (Figure 5a), saliva (Figure 5b) or urban wastewater (Figure 5c).

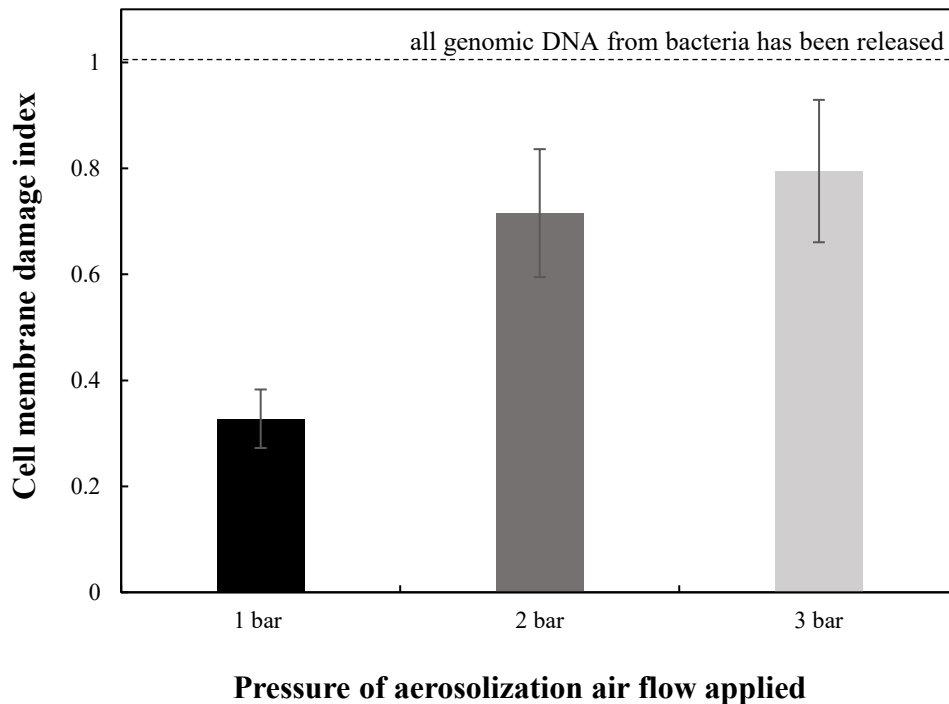


296 **Figure 5.** Distribution profiles of bacteria airborne particles, during the aerosolization of
297 synthetic urine, saliva or urban wastewater contained 10^8 CFU mL⁻¹ of *E. coli*. The
298 pressure of aerosolization air flow applied through the Collison nebulizer: (dark-colored
299 bars) 1 bar, (medium-colored bars) 2 bar, (light-colored bars) 3 bar.

300 As can be observed, the distribution profiles of particle sizes are similar to those explained
301 in Figure 3. As previously, 20 – 30 % of the total aerosolized particles have a size in the
302 range of 1.10 – 1.29 μm . Nevertheless, a larger number of particles are aerosolized when
303 increasing the pressure of air flow applied through the Collison nebulizer, regardless the
304 solution being nebulized. This increment is the most significant when nebulizing urine
305 since the number of total aerosolized particles increases up to 20.7 and 23.3 % when
306 applying air pressures of 2 and 3 bar, respectively. Conversely, the total number of
307 particles only increases up to 2.3 and 5.2 % during the aerosolization of urban wastewater
308 at 2 and 3 bar, respectively. This fact may explain the influence of the aerosol outlet on
309 the airborne *E. coli* concentration for the different nebulized solutions in Figure 4. The
310 higher the increase in the total number of particles, the higher the airborne *E. coli*
311 concentration since the distribution of particle sizes is the same, despite the pressure of
312 air flow applied.

313 In literature, the membrane of *E. coli* and *Bacillus atrophaeus* bacteria has been reported
314 to suffer impairment due to the stress experienced by bacteria due to aerosolization and
315 air sampling. As consequence, DNA is released as free molecules and the damage may
316 be quantified by calculating the cell membrane damage index (I_D) as shown in Equation
317 1 (May, 1973; Zhen et al., 2013). Figure 6 presents the I_D for *E. coli* aerosolized by the
318 Collison nebulizer till reach the steady state in the experimental device (180 min) at
319 pressures of 1, 2 and 3 bar of air flow applied. At each tested pressure, the plotted I_D value
320 is the arithmetic mean among the I_D values obtained for each nebulized solutions (urine,

321 saliva, urban wastewater). It is noticeable that I_D varies from 0 (no membrane damage of
322 bacterial cells) to 1 (all genomic DNA from bacteria has been released and it has been
323 measured as the amount of 16S rRNA genes released).



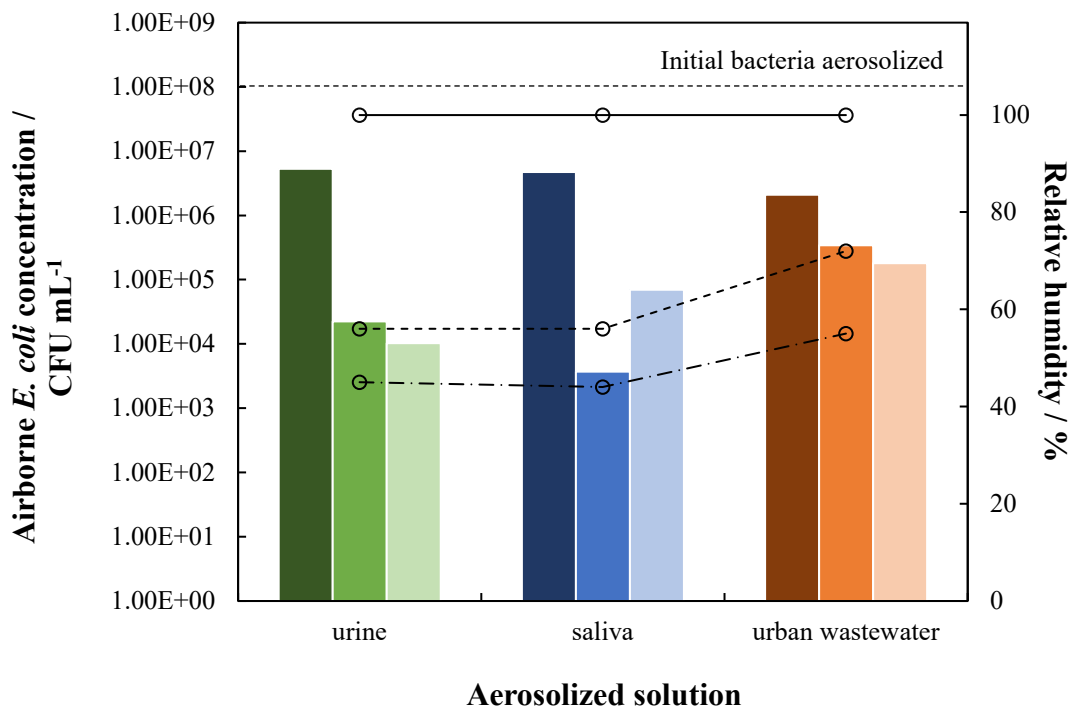
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325 **Figure 6.** Cell membrane damage index (I_D) of *E. coli* bacteria aerosolized under different
326 pressures of air flow applied through the Collison nebulizer during 180 min. Bars are
327 averages of I_D values obtained during the aerosolization of urine, saliva and urban
328 wastewater spiked with 10^8 CFU mL⁻¹ of *E. coli*.

329 As can be observed, a significant difference in I_D is found as a function of the
330 aerosolization pressures. The membrane damage of bacterial cells is higher when
331 increasing the pressure of air flow applied. The I_D values are 0.33, 0.72 and 0.80 with a
332 16.9 % of error for aerosolization pressures of 1, 2 and 3 bars, respectively. The I_D value
333 increases up to two-folds from 1 bar to 2 bar, although it increases less than 0.10 units
334 from 2 to 3 bar. This means that the cell membrane damage does not proportionally
335 depend on the increment of the pressure of air flow applied. Indeed, Zhen et al. found an

336 ID value of around 0.11 for 15 psi and 0.36 for 40 psi when nebulizing sterile deionized
 337 water with 10^9 CFU mL⁻¹ of *E. coli*, using the Collison nebulizer and sampling in a
 338 BioSampler for 5 min (Zhen et al., 2013).

339 Finally, the distribution of bioaerosols in indoor hospital environments may be changed
 340 by the ventilation air flow. The ventilation is a tool to maintain safe and healthy conditions
 341 by reducing or eliminating environmental pollutants generated in enclosed places. If the
 342 ventilation air is also air-conditioned, it allows being in comfortable conditions. Figure 7
 343 shows the influence of the ventilation air flow ($0 - 15$ L min⁻¹) as a function of the
 344 nebulized solution (urine, saliva, urban wastewater). The performance of the ventilation
 345 air flow is mainly focused on the airborne *E. coli* concentration and on the relative
 346 humidity attained under the steady state operation mode (180 min).



347 **Figure 7.** Total airborne *E. coli* concentration (bars) and relative humidity (points) as a
 348 function of the solution nebulized during the aerosolization of synthetic urine, saliva or
 349 urban wastewater contained 10^8 CFU mL⁻¹ for 180 min. The pressure of aerosolization
 350

351 air flow applied through the Collison nebulizer: 1 bar. Ventilation air flow: (dark-colored
352 bars) 0 L min⁻¹, (medium-colored bars) 10 L min⁻¹, (light-colored bars) 15 L min⁻¹.

353 In general, it is observed that the higher the ventilation air flow the lower the airborne *E.*
354 *coli* concentration. The aerosolization of urine leads to a more significant influence on
355 the ventilation air flow since the concentration of airborne *E. coli* diminishes almost
356 below 3-logs by applying more than 10 L min⁻¹. This performance is much less significant
357 when urban wastewater is aerosolized with less than 1-log of bacteria concentration
358 reduction. The influence of the ventilation air flow on the airborne *E. coli* concentration
359 seems to be directly related to the relative humidity monitored inside the test chamber at
360 each test. Specifically, the highest airborne *E. coli* concentration is observed at 100 % of
361 relative humidity without any ventilation air flow despite the aerosolized solution tested.
362 Additionally, the higher the ventilation air flow the lower the percentage of relative
363 humidity monitored and then, the lower concentration of *E. coli* monitored. For instance,
364 the airborne *E. coli* concentration varies among 2.09 10⁶, 3.41 10⁵ and 1.81 10⁵ CFU mL⁻
365 ¹ with a 100, 72 and 55 % of relative humidity under the aerosolization of urban
366 wastewater, using ventilation air flows of 0, 10 and 15 L min⁻¹, respectively. This may be
367 explained bearing in mind that microorganisms may survive better in an environment
368 with high relative humidity since it is known that they stop growing when their growth
369 medium dries out. A low relative humidity leads to an increase the concentrations of salts
370 as droplets evaporate and then, the osmotic pressure of bacteria increases resulting in their
371 inactivation (Lin and Marr, 2020; Wang et al., 2001). In literature, the greatest survival
372 of aerosolized Gram-negative bacteria (including *Pseudomonas*, *Enterobacter* and
373 *Klebsiella species*) was found to take place in high relative humidity (Marthi et al., 1990;
374 Tang, 2009; Walter et al., 1990). Likewise, Theunissen et al. observed an optimal survival

375 of *Chlamydia pneumoniae* in aerosols at a 95 % of relative humidity (Theunissen et al.,
376 1993).

377

378 4. Conclusions

379 This work studies the influence of various parameters on the formation of airborne
380 microorganisms that have allowed to optimize the operation conditions that make
381 possible the physical simulation of hospital indoor air under a laboratory scale. It will
382 allow a future improvement of the designs of the air-conditioning installations or even an
383 enhancement of the methodologies of air treatment in hospitals. Within this framework,
384 the following conclusions can be drawn:

- 385 • The bioaerosol source significantly affects the airborne bacteria concentrations
386 since the distribution of droplets is affected by the chemical composition of the
387 aerosolized solutions. Specifically, $4.00 \cdot 10^2$ CFU mL⁻¹ of airborne *E. coli* are
388 monitored during aerosolization of urine, $6.84 \cdot 10^3$ CFU mL⁻¹ with saliva and 1.39
389 10^4 CFU mL⁻¹ from urban wastewater after sampling the first 10 min. Likewise,
390 the pressure of air flow applied during aerosolization also causes damage to
391 airborne microorganisms. This damage was measured considering that the cell
392 membrane damage index (I_D) can vary from 0 to 1, depending on the genomic
393 DNA releases from bacteria. Results show that the I_D of *E. coli* is more than two
394 times higher (0.33 vs. 0.72) when increasing the pressure of air flow applied from
395 1 to 2 bar.
- 396 • The ventilation air flow also affects the distribution of bioaerosols in indoor
397 hospital environments. Specifically, the concentration of airborne *E. coli*
398 diminishes almost below 3-logs by applying more than 10 L min^{-1} during the

399 aerosolization of urine. Additionally, the ventilation air flow is directly related to
400 the relative humidity since the higher the ventilation air flow, the lower the
401 percentage of relative humidity monitored. This fact may explain a lower survival
402 of microorganisms under low relative humidity since it leads to an increase in the
403 concentrations of salts as droplets evaporate and then, the osmotic pressure of
404 bacteria increases resulting in their inactivation.

405

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411

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