Visceral Medicine

Visc Med 2020;36:407-410 DOI: 10.1159/000511534 Received: September 10, 2020 Accepted: September 11, 2020 Published online: October 2, 2020

Precision Medicine

Florian Lordick^a Michael Ghadimi^b Ines Gockel^c Ulrich Graeven^d

C. Benedikt Westphalen^e

^aDepartment of Oncology, Gastroenterology, Hepatology, Pulmonology, and Infectious Diseases, Leipzig University Medical Center, Leipzig, Germany; ^bDepartment of General-, Visceral-, and Pediatric Surgery, University Medical Center Göttingen, Göttingen, Germany; ^cDepartment of Visceral, Transplant, Thoracic, and Vascular Surgery, University Hospital of Leipzig, Leipzig, Germany; ^dKlinik für Hämatologie, Onkologie und Gastroenterologie, Kliniken Maria Hilf GmbH, Mönchengladbach, Germany; ^eDepartment of Medicine III, University Hospital, LMU Munich, Munich, Germany

Lordick: Surgery, Local Ablation, Interventional Techniques, and Systemic Chemotherapy in Oligometastases of the Liver – When to Use Which Technique and How Would a Multimodal Concept Look Like?

Ghadimi:

This depends on the tumor type, patient characteristics, dynamics of tumor disease, time span from primary diagnosis to metastases, metastasis location, and number of metastases. It also depends on the type of metastatic disease, i.e., synchronous or metachronous.

Gockel:

As the biology of oligometastases is decisive for the treatment algorithm, prognostic information (e.g., the holistic context of the disease stage) and predictive parameters (e.g., selection of a primary systemic vs. ablative therapy) are essential to the clinician. According to the ESMO Consensus Guidelines, oligometastatic disease (OMD) is characterized by the presence of metastases at up to 2 or occasionally 3 sites and no more than 5 (or sometimes more) lesions, predominantly visceral [1]. Irrespective of the primary tumor entity, systemic therapy is generally the standard of care, and it should be considered as the initial strategy. Exceptions are patients with single (few) resectable liver (or lung) metastases. The specific type of treatment depends on (i) exact OMD localization, (ii) the treatment goal (e.g., the more curative intent, the more application of surgical resection; impor-

karger@karger.com www.karger.com/vis

Karger^{*}

© 2020 S. Karger AG, Basel

tance of local vs. systemic control), (iii) local expertise and availability, (iv) treatment-related morbidity, as well as (v) patient comorbidities and biological age, and (vi) recurrence of OMD in the same organ.

The multimodal concept in our own clinical practice is as follows: (1) induction (chemo)therapy with response evaluation (e.g., 6–8 weeks after treatment start), (2a) surgical resection first in patients with manageable surgical risks and comorbidities or, alternatively, (2b) a "toolbox" of local ablative methods: RFA (radiofrequency ablation) > MWA (microwave ablation) > IRE (irreversible electroporation). Cryoablation is not performed in our center. High-precision radiotherapy, such as SBRT (stereotactic body radiotherapy), is noninvasive and has no "heating effect" – with respective advantages. In case of palliative intent, locoregional treatments with embolic techniques, such as radiotherapy (SIRT [selective internal radiotherapy) or chemoembolization (TACE [transarterial chemoembolization)/beads) are applied.

Graeven:

I think the concept of multimodal therapy in OMD is best established in colorectal cancer and should be considered standard of care for those patients. In esophageal/ gastric cancer, this concept has gained more and more acceptance. In pancreatic cancer, the concept of a multimodal approach in OMD is in my opinion limited to very rare and selected cases.

In addition to the localization of the primary cancer, it is also important to differentiate between synchronous or metachronous metastases. A colorectal cancer patient who presents with metachronous liver metastasis would be reviewed by an interdisciplinary tumor board. Our first option would be surgical resection. The second option would be whatever technique seems suitable to destroy the metastasis or for which the best local expertise exists. If no local approach is promising, we would opt for a systemic therapy, i.e., complete resection or destruction of the metastasis, according to the pathological characteristics of the tumor. These patients would be re-evaluated routinely for secondary resection within the interdisciplinary tumor board. In synchronous metastases, an option could be to start with systemic therapy to test the biology of the disease; patients that progress under a presumed active systemic therapy would have rarely benefited from surgery of liver metastasis, for example, whereas patients that do not progress during this "induction" therapy may well be candidates for local measures.

Westphalen:

This is a very broad question and nearly impossible to answer on a general level. In the end, the ultimate goal is to achieve liver clearance to improve individual patient outcomes. To reach this goal, it is imperative to work in a multidisciplinary team to implement all tools available in the patient's best interest.

Lordick: Molecular Tumor Board: Still Research or Already Clinical Routine?

Ghadimi:

It depends on the tumor type. In lung cancer, it is routine for certain subtypes. In pancreatic cancer, I rather think that is still research.

Gockel:

A molecular tumor board is already clinical routine, with weekly meetings.

Graeven:

I think that for gastrointestinal tumors, the information for those few molecular markers that for the moment impact the decision for systemic therapy can easily be integrated in a regular interdisciplinary tumor board. This might change in the future when we identify more specific mutations or patterns of resistance to molecular therapeutics like, for example, in lung cancer. For the moment, I believe we do not need a separate molecular tumor board for gastrointestinal cancer.

Westphalen:

With the rapidly increasing use of comprehensive genomic profiling in oncology, novel ways to integrate testing results into clinical care are needed. In my opinion, molecular tumor boards close this gap in our health care system as they incorporate therapeutically relevant testing results into a multidisciplinary care plan. Furthermore, they serve as an important "knowledge hub" to distribute information on the chances and challenges in precision oncology. Furthermore, as more and more molecularly guided therapy options become available, precision oncology programs and molecular tumor boards can serve as important screening platforms for innovative clinical trials. All of these activities are labor and time intensive; accordingly, molecular tumor boards have not been established uniformly. However, this does not mean that these clinical structures can be considered research activities.

Lordick: Which Biomarker Do You Use Routinely for Precise Stratification of Treatment in Patients with Gastric, Pancreatic, and Colorectal Cancer?

Ghadimi:

- Gastric Cancer. MSI, PDL-1, HER2-Neu, and EBV.
- *Pancreatic Cancer.* We routinely analyze a multigene panel of >80 genes for research purposes. In single patients, this has a therapeutic effect.
- Colorectal Cancer. MSI, BRAF, RAS

Gockel:

- Gastric Cancer. (1) HER2-Neu amplification: stratification according to the HER2-Neu status. The EORTC 1203 INNOVATION study evaluates if the HER2 antibodies trastuzumab or trastuzumab/pertuzumab in combination with perioperative chemotherapy improve disease-free survival (NCT02205047) [2]. (2) MSI-H (microsatellite instability-high): first analyses question the efficacy of perioperative chemotherapy in patients with MSI-H status [3]. MSI is assessed in routine practice. However, it is still discussed with controversy if patients with resectable MSI-H gastric cancer should undergo perioperative chemotherapy [4]. Studies designed specifically for MSI-H localized gastric cancers are warranted. (3) Claudin 18.2: claudin is determined in primary metastatic or recurrent gastric cancer/adenocarcinoma of the distal esophagus, and patients are evaluated for the SPOTLIGHT study (phase III efficacy, safety, and tolerability study of zolbetuximab plus mFOLFOX6 chemotherapy compared to placebo plus mFOLFOX6 as treatment for gastric and gastroesophageal junction cancer) (NCT03504397).
- Pancreatic Cancer. (1) KRAS: the most common mutation in ductal adenocarcinoma (>90%) is KRAS oncogene. In patients with KRAS wild type (WT), panel sequencing is performed, and they are included, if eligible in the NCT (National Center for Tumor Diseases) master program. Routinely, we screen patients with advanced disease for the presence of NTRK fusions

and MSI. (2) BRCA1/2: BRCA is the most frequent mutation in familiar pancreatic cancer and detected in about 5%. In these patients and in a subgroup of sporadic cancers, targeted therapies with PARP (poly[adenosine diphosphate-ribose]polymerase) inhibitors are now approved. BRCA1/2 alterations are analyzed routinely in our center. Olaparib is offered to patients with metastatic pancreatic cancer who are clinically stable for a minimum of 4 months during platinum-based first-line chemotherapy, although published data have not yet been able to demonstrate a benefit in overall survival [5]. With longer follow-up, hopefully, a more consistent benefit will also become visible. Another intent of BRCA analysis is response prediction to conventional chemotherapy (especially to FOLFIRINOX) and to targeted therapies.

Colorectal Cancer. (1) KRAS mutation (MT): MT of exons 2, 3, and $4 \rightarrow$ negatively predictive; no proven efficacy of anti-EGFR therapy. (2) NRAS MT: MT of exons 2, 3, and $4 \rightarrow$ negatively predictive; no proven efficacy of anti-EGFR therapy. (3) RAS WT: positively predictive; anti-EGFR antibodies \rightarrow in left-sided RAS WT tumors. (4) BRAF V600E: negatively predictive; BRAF and MEK inhibitor + combination with anti-EGFR therapy: BEACON study. (5) MSI-H: positively predictive; immune checkpoint inhibitors (PD-1, PDL-1, and CTLA4 inhibitors), particularly in familiar colorectal cancer testing of hereditary cancer and Bethesda criteria; stage III: adjuvant immune therapy (ATOMIC study). (a) Monotherapy: pembrolizumab and nivolumab (metastatic colorectal cancer) and (b) combination therapy: nivolumab and ipilimumab (after oxaliplatin and irinotecan). (6) NTRK1-3 fusions: larotrectinib or entrectinib in second-line therapy. (7) HER2 amplification: negatively predictive for anti-EGFR response (resistance mechanisms) and potential efficacy for trastuzumab and pertuzumab. (8) cfDNA/ctDNA: in liquid biopsies; colorectal cancer stage II: CIRCULATE study. Third line metastatic colorectal cancer: FIRE4 study. RAS-MT analysis in liquid biopsies predictive for re-induction of anti-EG-FR therapy.

Graeven:

Gastric Cancer. We routinely ask for the HER-2 and MSI status. For pancreatic cancer, we integrate the BRAC-1 status and MSI in our decision in the metastatic setting. For patients with colorectal cancer, we ask for the all-RAS, BRAF mutation status, MSI, and HER-2.

Westphalen:

Generally, we run comprehensive molecular profiling with next-generation sequencing panels for a significant proportion of patients in the beyond-first-line setting. Accordingly, we cover most standard and experimental biomarkers at some point for all our patients.

Standard of care is HER2, EBV, MSI, and PDL-1/CPS score for gastric cancer and all-Ras, BRAF, and MSI for colorectal cancer. For pancreatic cancer, all patients undergo next-generation sequencing at initial diagnosis of metastatic disease. We aim to identify BRCA1/2 alterations and Kras WT patients and other rare therapeutic targets. Furthermore, all patients are tested for MSI.

Lordick: What Is the Biggest Challenge in Establishing Precision Medicine in Visceral Oncology?

Ghadimi:

(1) Randomized clinical trials (basket trials) and (2) relevant biomarkers with reliable targets and effective drugs.

Gockel:

The biggest challenges of precision medicine in visceral oncology are: molecular heterogeneity of tumors, including intratumoral heterogeneity, and low frequency of some targetable molecular alterations in general (e.g., NTRK fusions in many common cancers). Consequently, the "real" prognostic benefit for single patients has to be evaluated with continuous caution, while establishing precision medicine. More basket trials on molecular-targeted agents are needed, as single studies are not able to recruit adequate numbers of patients timely. With respect to precision surgery, the challenge remains to identify patients who become resectable following induction/conversion chemotherapy and to define more radical surgical indications for patients with metastatic disease.

Graeven:

I believe that the concept of targeted medicine is fully accepted in visceral oncology. The main problem, however, is the limited number of druggable targets. Therefore, we have continuously to strive for a better understanding of the underlying tumor biology. The same holds true for immune oncology in visceral oncology where we need to understand how we can make microsatellite-stable tumors suitable for immune oncology treatments.

Westphalen:

There are multiple challenges in the implementation of precision oncology (in visceral medicine) [6]. Personally, especially in the setting of multiple novel therapeutic modalities being approved or being in late-stage clinical development across most entities of gastrointestinal cancers, I believe that we now have to find ways to pave the way for structured access to quality-assured comprehensive genomic profiling in the setting of dedicated structures. This will allow for optimal integration of testing results into the clinical management of the individual patient. Establishing such structures will require transsectoral work including – but not limited to – health care professionals, health technology assessment/regulatory agencies, and payers.

Participants

Michael Ghadimi

Klinik für Allgemein-, Viszeral- und Kinderchirurgie Universitätsmedizin Göttingen Robert-Koch Strasse 40 DE–37075 Göttingen (Germany) mghadim@uni-goettingen.de

Ines Gockel

Klinik und Poliklinik für Viszeral-, Transplantations-, Thorax- und Gefässchirurgie Universitätsklinikum Leipzig Liebigstrasse 20, Haus 4 DE–04103 Leipzig (Germany) chi2@medizin.uni-leipzig.de

Ullrich Graeven Klinik für Hämatologie, Onkologie und Gastroenterologie Kliniken Maria Hilf GmbH Viersener Strasse 450 DE–41063 Mönchengladbach (Germany) ullrich.graeven@mariahilf.de C. Benedikt Westphalen Medizinische Klinik und Poliklinik III LMU Klinikum der Universität München Marchioninistrasse 15 DE–81377 München (Germany) Christoph_Benedikt.Westphalen@med.uni-muenchen.de

Conflict of Interest Statement

Florian Lordick: personal fees from Amgen, Astellas Pharma, AstraZeneca, Bayer, Biontech, Eli Lilly, Elsevier, Excerpta Medica, Imedex, Infomedica, Medscape, MedUpdate, Merck Serono, Merck Sharp & Dohme, Oncovis, Promedicis, Roche, Springer Nature, StreamedUp!, and Zymeworks; grants and personal fees from BMS outside the submitted work.

Michael Ghadimi: nothing to disclose.

Ines Gockel: nothing to disclose.

Ullrich Graeven: honoraria from Sirtex Medical, Daiichi Sankyo, Boehringer Ingelheim, Amgen, Servier, AstraZeneca; consulting or advisory role for Merck KGaA, Bristol-Myers Squibb, Hexal, Amgen, Celgene, Johnson & Johnson, MSD Oncology; and travel/accommodation expenses from Merck KGaA, Amgen, Boehringer Ingelheim.

C. Benedikt Westphalen: received personal and speaker fees, reimbursement for travel/accommodation, and honoraria for participance in advisory boards from Bayer, Celgene, Ipsen, Med-Scape, Rafael Pharmaceuticals, RedHill, Roche, Servier, Shire/Baxalta, and Taiho, and scientific grant support from Roche.

References

- 1 Van Cutsem E, Cervantes A, Adam R, Sobrero A, Van Krieken JH, Aderka D, et al. ESMO consensus guidelines for the management of patients with metastatic colorectal cancer. Ann Oncol. 2016 Aug;27(8):1386–422.
- 2 Wagner AD, Grabsch HI, Mauer M, Marreaud S, Caballero C, Thuss-Patience P, et al. EORTC-1203-GITCG-the"INNOVATION"trial: Effect of chemotherapy alone versus chemotherapy plus trastuzumab, versus chemotherapy plus trastuzumab plus pertuzumab, in the perioperative treatment of HER2 positive, gastric and gastroesophageal junction adenocarcinoma on pathologic response rate: a ran-

domized phase II-intergroup trial of the EORTC-Gastrointestinal Tract Cancer Group, Korean Cancer Study Group and Dutch Upper GI-Cancer group. BMC Cancer. 2019 May;19(1):494.

- 3 Pietrantonio F, Miceli R, Raimondi A, Kim YW, Kang WK, Langley RE, et al. Individual patient data meta-analysis of the value of microsatellite instability as a biomarker in gastric cancer. J Clin Oncol. 2019 Dec;37(35): 3392–400.
- 4 Lordick F. Chemotherapy for resectable microsatellite instability-high gastric cancer? Lancet Oncol. 2020 Feb;21(2):203.
- 5 Golan T, Hammel P, Reni M, Van Cutsem E, Macarulla T, Hall MJ, et al. Maintenance olaparib for germline BRCA-mutated metastatic pancreatic cancer. N Engl J Med. 2019 Jul;381(4):317–27.
- 6 Westphalen BC, Bokemeyer C, Büttner R, Fröhling S, Gaidzik VI, Glimm H, et al; Working Group Molecular Diagnostics and Therapy. Conceptual framework for precision cancer medicine in Germany: Consensus statement of the Deutsche Krebshilfe working group 'Molecular Diagnostics and Therapy'. Eur J Cancer. 2020 Aug;135: 1–7.