## Opportunities and challenges of mountain food systems - entry points for transformation







United Nations Educational, Scientific and Cultural Organization

> in partnership UNESCO World Heritage Swiss Alps Jungtrau-Ale

#### Theresa Tribaldos

UNESCO Chair on Natural and Cultural Heritage for Sustainable Mountain Development Centre for Development and Environment and Institute of Geography, University of Bern World Nature Forum and Swiss Alps Jungfrau Aletsch World Heritage Foundation, Naters



International Mountain Conference, 19 October 2022, Saignelégier

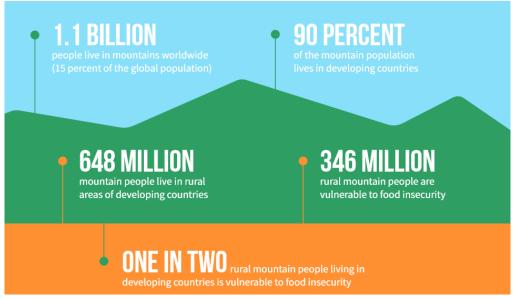
### Structure of the talk



- Challenges in mountain food systems
- Definition of a food system
- Sustainability and justice in food systems
- Entry points for transformation

# Challenges in mountain food systems: food insecurity





FAO 2022: Vulnerability of mountain peoples to food insecurity

#### Vulnerability to food insecurity:

- Physical access (remoteness in space, infrastructure, markets, decision-making processes)
- Economic access (education, poverty, social and gender inequality)
- Natural hazards, land degradation and conflicts
- Numbers are on the rise

## Challenges in mountain food systems: climate change and natural hazards







UNESCO Chair on Natural and Cultural Heritage for Sustainable Mountain Development, University of Bern

UNESCO World Heritage Swiss Alps Jungfrau-Alets Centre for Training and Integrative Research in ASAL Development (CETTA



Photo: VAW-ETHZ

### Climate change:

Supply for drinking water and irrigation



Photo: NZZ 2017

#### Extreme events:

Landslides, droughts, snowfall in summer

# Challenges in mountain food systems: land use change





Plane view of deforestation-induced erosion in Madagascar. Click image for more information. (Photo by R. Butler)

### Land degradation:

- Multi-dimensional (deforestation, resource extraction, agricultural conversion)
- Potential contributions to greenhouse gas emissions
- Reinforcing risk for natural hazards



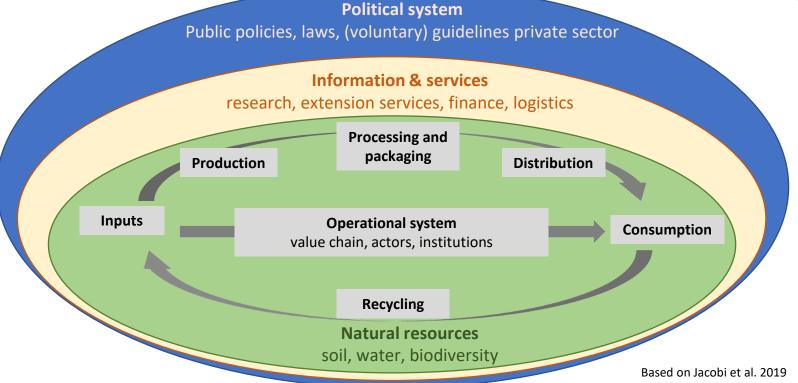




United Nations Educational, Scientific and Cultural Organization UNESCO Chair on Natural and Cultural Herita for Sustainable Mountain Developme

> in partnership w Alps Jungfrau-Alets svelopment (CETRA

## Food system definition









## Cheese: a food system example

Research: balance between robustness and performance Finance: investments in animal-friendly stables

Sectoral organisation: BOM defines target price for different milk segments

Feed, medicines

Milk production through dairy farmer

Cheese making on the alp

Sale in local shop Consumption at home



Cows need grass, hey, fresh water and potentially other feed

## What makes food systems sustainable?







UNESCO Chair on Natural and Cultural Heritag for Sustainable Mountain Developmer University of Bern

UNESCO World Heritage Swiss Alps JungtrauCentre for Training and Integrative Research in ASAL Development (CE)

- Buffer capacity
- Self-organization
- Learning and adaptation

- Landscape management
- Carbon footprint
- Health impacts



- Access to information
  - Effective participation



ecological

- Household level
- Power relations
- Capacity to store and process food
- Income and expenditure
- Access to infrastructure
- Performance of value chains

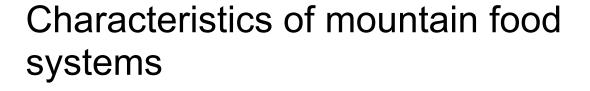
Rist and Jacobi, 2016

# United Nations Educational, Scientific and Cultural Organization UNESCO Chair on Natural and Cultural Herita for Sustainable Mountain Developme University of Berr

## What role does justice play in this?



What does it mean to transition from current food systems towards sustainable, healthy and climate-friendly food systems in a just way?





- Limiting topography and climate
  - > Resilient cultural and social traditions, specific governance mechanisms
  - Primarily pastoralists and small-scale farmers
  - Traditional and indigenous knowledge systems
  - Sustainable agricultural techniques and biodiversity richness
  - Marginalization, poverty and inequality, environmental hazards, food insecurity
- Attractive places for tourism and opportunities for income generation

Tribaldos: International Mountain Conference, 19 October 2022, Saignelégier

## Entry points for transformation: Governance mechanisms



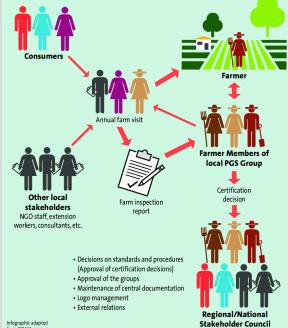
#### Traditional irrigation for water and nutrients

A combination of infrastructure, techniques, organisational structures and institutions, cultural practice and knowledge



#### Participatory guarantee systems

- Collective management, control and support for organic agriculture
- Credibility and trust
- Replacing expensive labels



African Centre for Biodiversity, 2019

# Entry points for transformation: Agricultural techniques







UNESCO Chair on Natural and Cultural Heritag for Sustainable Mountain Developmen University of Bern

UNESCO World Heritage Swiss Alps Jungtrau-/ Centre for Training and Integrative Research in ASAL Development (CE

Agroforestry combining forestry and crops or animal husbandry:

- Biodiversity
- Carbon-capture and storage
- Protection from sun and extreme weather





### Terrace farming:

- Cultivation in and stabilization of steep slopes
- Prevention of soil erosion
- Support for water harvesting and conservation







## Entry points for transformation: Value chains, marketing, and territorial branding

100%















UNESCO Chair on Natural and Cultural Heritage Educational, Scientific and . Cultural Organization

for Sustainable Mountain Development. University of Bern

theresa.tribaldos@unibe.ch

https://www.cde.unibe.ch/

