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Validation of a novel numerical model to predict regionalized blood flow in the coronary arteries

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Aims

Ischaemic heart disease results from insufficient coronary blood flow. Direct measurement of absolute flow (mL/min) is feasible, but has not entered routine clinical practice in most catheterization laboratories. Interventional cardiologists, therefore, rely on surrogate markers of flow. Recently, we described a computational fluid dynamics (CFD) method for predicting flow that differentiates inlet, side branch, and outlet flows during angiography. In the current study, we evaluate a new method that regionalizes flow along the length of the artery.

Methods and results

Three-dimensional coronary anatomy was reconstructed from angiograms from 20 patients with chronic coronary syndrome. All flows were computed using CFD by applying the pressure gradient to the reconstructed geometry. Side branch flow was modelled as a porous wall boundary. Side branch flow magnitude was based on morphometric scaling laws with two models: a homogeneous model with flow loss along the entire arterial length; and a regionalized model with flow proportional to local taper. Flow results were validated against invasive measurements of flow by continuous infusion thermodilution (Coroventis™, Abbott). Both methods quantified flow relative to the invasive measures: homogeneous (r 0.47, P 0.006; zero bias; 95% CI –168 to +168 mL/min); regionalized method (r 0.43, P 0.013; zero bias; 95% CI –175 to +175 mL/min).

Conclusion

During angiography and pressure wire assessment, coronary flow can now be regionalized and differentiated at the inlet, outlet, and side branches. The effect of epicardial disease on agreement suggests the model may be best targeted at cases with a stenosis close to side branches.

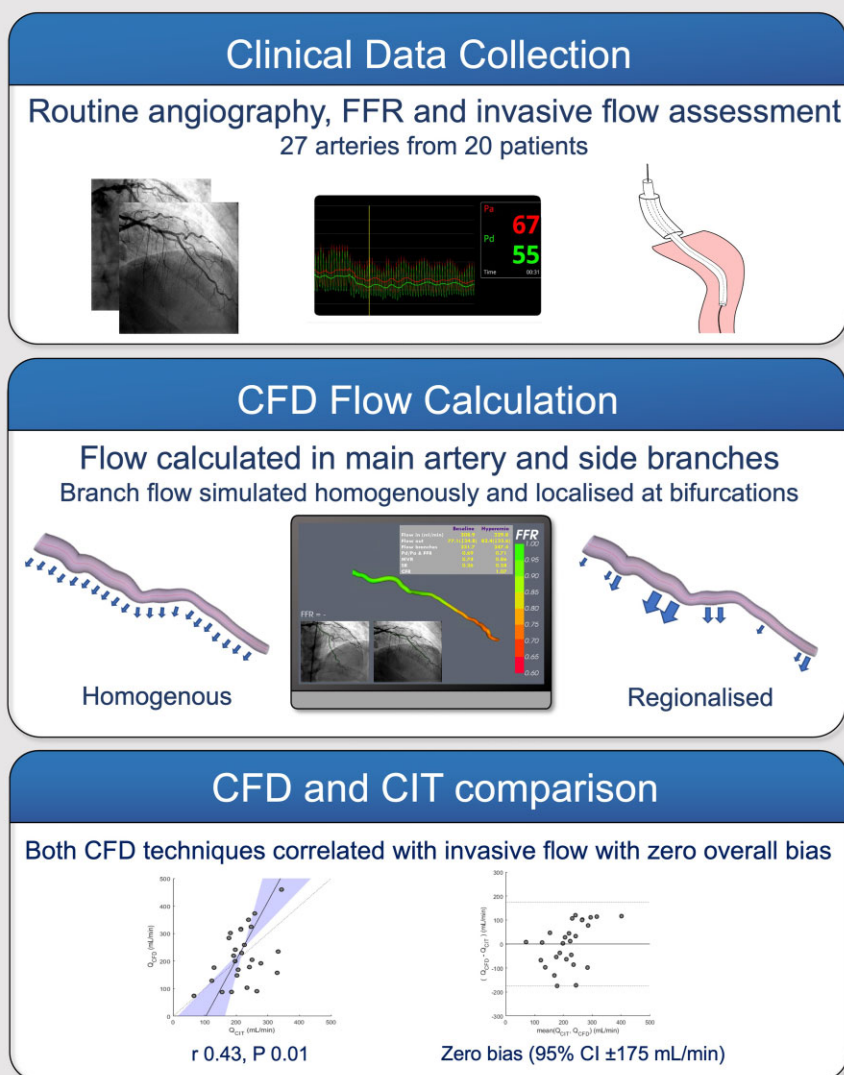
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Work performed at The University of Sheffield.

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Graphical Abstract

**Keywords**

Coronary flow • Bifurcation • Computational Fluid Dynamics

Introduction

Ischaemic heart disease (IHD) is the leading cause of death worldwide. IHD results from an insufficiency of coronary blood flow (Q), commonly caused by occlusive coronary arterial disease and encompasses a wide variety of clinical syndromes including symptomatic ischaemia (angina), myocardial infarction, and heart failure. Interventional treatments are effective in restoring Q , but should only be targeted at lesions that result in ischaemia. There is, however, no technique available for routine clinical use in the cardiac catheterization laboratory which directly measures Q . Over several decades, cardiologists have relied upon indirect surrogate markers, such as thermodilution-derived mean transit time, Doppler-derived flow velocity, and pressure-derived fractional flow reserve (FFR) and related indices^{1–3} and, more recently, ‘virtual’ FFR (vFFR), computed from angiographic images.⁴ All these methods

have strengths and weaknesses, but none measure ‘absolute’ Q in mL/min. FFR is the ratio of distal to proximal translesional pressure measurements, but it only expresses *fractional* and not absolute reductions in Q and it cannot diagnose coronary microvascular disease (MVD); a common but often overlooked cause of IHD.^{5–10}

Two methods have been developed to quantify Q . The first, continuous infusion thermodilution (CIT), is the most established and validated method and uses the Rayflow™ infusion catheter (Hexacath, Paris, Fr).^{11,12} The second, virtuQ™, derives Q from a computational fluid dynamics (CFD) simulation based upon the 3D angiographic anatomy and pressure wire measurements, and is the subject of this study.¹³ Both methods also quantify absolute microvascular resistance (R_{micro}) and so provide a comprehensive evaluation of the entire coronary circulation. A limitation of the CFD method was that it only considered the main vessel and was agnostic to side branch flow.¹³ While

Table 2 Correlations between Q_{CFD} and Q_{CIT} agreement and $R_{micro_{CFD}}$ and $R_{micro_{CIT}}$ agreement with various arterial reconstruction and demographic variables

	Homogeneous method		Regional method	
	Pearson's <i>r</i>	<i>P</i>	Pearson's <i>r</i>	<i>P</i>
Q				
Percentage stenosis				
Visual assessment	0.237	0.117	0.371	0.0282
2D QCA	0.355	0.0345	0.471	0.0065
3D QCA	0.369	0.0292	0.489	0.0048
Pressure wire assessment				
$P_a - P_d$	0.449	0.0094	0.391	0.0217
FFR	-0.399	0.0196	-0.334	0.0441
Vessel taper				
Inlet diameter – outlet diameter	-0.313	0.0561	-0.194	0.166
[Rmicro]				
Percentage stenosis				
Visual assessment	-0.020	0.462	0.028	0.445
2D QCA	0.172	0.195	0.184	0.179
3D QCA	0.064	0.375	0.066	0.372
Pressure wire assessment				
$P_a - P_d$	0.359	0.0330	0.340	0.0415
FFR	-0.368	0.0295	-0.364	0.0310
Vessel taper				
Inlet diameter – outlet diameter	0.136	0.249	0.132	0.256

QCA, quantitative coronary angiography; P_a , proximal pressure under adenosine-induced hyperaemia (mmHg); P_d , distal pressure under adenosine-induced hyperaemia (mmHg).

+2.08 ± 3.45 mL/min¹³ and our previous validation of inlet Q_{CFD} using the homogeneous porous wall boundary method reported zero bias between CIT results with 95% limits of agreement of ±168 mL/min.¹⁵ More data are available for the latest, monorail Rayflow catheter design. An *in-vitro* trial of Q_{CIT} reported a bias of -6.5 ± 15.5 mL/min¹² and one animal study reported a bias of $+5 \pm 8$ mL/min from Q measured in 12 pigs (mean Q 37 mL/min).²⁸ A direct validation study of the CIT method with [¹⁵O]H₂O positron emission tomography (PET) in 25 patients referred for coronary angiography showed a bias between techniques of -0.9 ± 35 mL/min (95% limits of agreement -70 to +68 mL/min; mean Q across all included vessels 176 mL/min).²⁹

In the present study, we reported moderate correlation between CIT and CFD Q for the regional porous wall boundary method. The 95% limits of agreement were ±175 mL/min. These limits of agreement are larger than reported in previous studies of different datasets,^{12,13,28,29} even when accounting for the larger mean Q of patients included in the current study. Several factors may have negatively influenced agreement, the most important of which is likely to be characteristics of included arteries. Q_{CFD} accuracy is critically dependent upon agreement between simulated flow patterns and those occurring *in-vivo*. In healthy arteries, coronary flow is governed predominantly by Poiseuille (viscous) effects and as such, results are extremely sensitive to errors in reconstruction diameter. To put this into context, in a theoretical case taking the average outlet diameter and Q_{CFD} of cases

included in this study, an error in outlet reconstruction diameter of ± one single pixel would vary outlet Q_{CFD} from -42 to +62 mL/min (assuming Poiseuille's law with a constant pressure gradient across the artery). This error will be further magnified for inlet Q_{CFD} , when side branch flow is accounted for. Conversely, the complex flow patterns observed in diseased arteries reduce the dominance of Poiseuille effects on flow local to the disease, thereby reducing the sensitivity of Q_{CFD} to small errors in reconstruction diameter. This phenomenon is evidenced by both the correlations observed between Q_{CFD} and Q_{CIT} agreement with percentage luminal stenosis and translesional pressure gradients; both of which are markers of disease severity, and the clustering of cases without any appreciable epicardial disease at the higher error ranges. This means agreement between the two methods would likely have improved through inclusion of cases with moderate to severe epicardial disease.

Furthermore, the CIT method is dependent upon assumptions such as the complete mixing between saline infusate and blood prior to side branches and negligible heat loss to the vessel wall. These conditions may not be observed in patients, therefore resulting in inaccuracies of the CIT technique.^{12,28,29} It is therefore important to consider the limits of agreement reported in this study as an amalgamation of the errors of both CFD and CIT methods and not solely attribute them to either technique.

The absence of any significant difference in *total* side branch flow between the homogeneous and regional porous wall boundary method was reassuring. The main advantage of the regionalized technique is that it seeks to concentrate side branch flow to the location of side branches. This may have advantages for more precise flow predictions when planning intervention just proximal or distal to significant bifurcation points. This, however, is more challenging to validate given that there are no methods that accurately predict coronary blood flow with this level of localization.

Intra-operator variability was excellent for both Q_{CFD} and $R_{micro_{CFD}}$. For both porous wall boundary methods, intra-observer variability was less than 5% for outlet Q_{CFD} and 4% for $R_{micro_{CFD}}$, which is considerably lower than previously reported results, of 10% and 11% for the same parameters, respectively.¹³

Limitations

The number of included patients was modest and case exclusion rate was high, but this in keeping with similar retrospective computational studies and no exclusion criteria were applied on successfully modelled cases to improve accuracy. A disproportionate number of LAD arteries were included in this study. Moreover, our model of side branch flow relies on vessel taper, and the proximal RCA has less taper due to a relative lack of major side branches. For both these reasons, the model may lack generalisability for RCA modelling. Future studies will therefore aim to include more RCA's and include posterior descending and posterior left ventricular branches. Of the included arterial cases, only two (7%) met the criteria for moderate stenosis (>40%) as graded by either 2D or 3D QCA and three (11%) met the FFR threshold of haemodynamic significance (≤ 0.80). As previously described, this has negative implications for the accuracy of Q_{CFD} and provides the first clinical, supporting evidence of the previously reported requirement for a translesional pressure drop.¹³ Because this was a retrospective analysis of angiograms captured at another centre, the protocols were not optimized for virtuQ processing⁴ which may have affected reconstruction accuracy of included cases. Also, the correction calculation to accommodate for the partial coronary arterial lumen occlusion introduced by the *in-situ* Rayflow catheter is currently unvalidated. Clinically, the patient cohort for which absolute Q assessment will be of value and thresholds for intervention are currently unknown and subject to ongoing research.³⁰ Fournier et al. have previously reported a difference in hyperaemic LAD flow between healthy and

